



Sarah Says...

One of the amazing things about Alabama Gymnastics is all the different ways in which we are successful. We have always taken great pride in the fact that we are not just successful in the gym, but in all aspects of collegiate life.

That's why this year, our team poster is designed the way it is. In addition to featuring the 2005 team, it carries the slogan "She's a Lady" followed by 'She's an athlete, she's a scholar, she's a champion, she's a leader, she's a winner, she's a volunteer'. The poster also includes the phrase that encompasses all of those things - 'She's an Alabama Gymnast.'

Last year saw our ladies prove all those statements time and again. We won three individual NCAA Championships, five NCAA Regional titles and four SEC Championships as well as earning 10 All-American honors. We also had eight Scholastic All-Americans and 11 gymnasts earned Academic All-SEC honors. The ladies were generous with their time as always, volunteering in the community, trying to making things a little better for those around them.

We once again reaped the benefits of those accomplishments. NCAA All-Around Champion Jeana Rice earned the Honda Award for Gymnastics and was named SEC Athlete of the Year. Stephanie Kite was voted the CoSIDA Academic All-American of the Year and NCAA Woman of the Year for the State of Alabama. She was also named to the SEC Good Works Team.

We accomplished all this while finishing third in the nation and with a 3.31 team grade point average.

One of the most exciting parts of coaching this program is seeing how each team works to live up to the legacy of success created by the team before. So many things go into the make up of each team and like snow flakes, each team is utterly unique. But each team is also bound together by our history, by our tradition of excellence. So each year, while our ultimate team goal is to be on the floor of the national championship, on the last night, with a chance to win, each gymnast is also striving to add her own personal touch to the tradition of excellence that is Alabama Gymnastics.



A Tradition of Excellence

A Championship Tradition Continues...

Welcome to the 2005 Alabama Gymnastics Media Guide. This year there is a lot of information to fit into one publication, so we started packing it in on the front cover and didn't stop until we ran out of pages. There is information about the 2005 team, which is the 31st for Alabama and 27th for coaches Sarah and David Patterson. There's plenty about the last 30 years and of course there's plenty of space dedicated to last year's exciting championship season, which included a dozen individual postseason titles.

And because Alabama Gymnastics is so much more than what you see on a Friday night in Coleman Coliseum, we have striven to give you an inside look into all aspects of the program, from its academic triumphs to each of its four NCAA Championships and 198 All-American honors to its involvement in the community and everything else that makes these ladies and this program so special.

So we hope you enjoy the media guide and of course the season.

Roll Tide!



ON THE COVER: Alabama assistant coach Bryan Raschilla designed a cover that features three-time NCAA Champion Ashley Miles and two-time Olympic Silver Medalist Terin Humphrey and Alabama's drive for a 5th NCAA Championship.

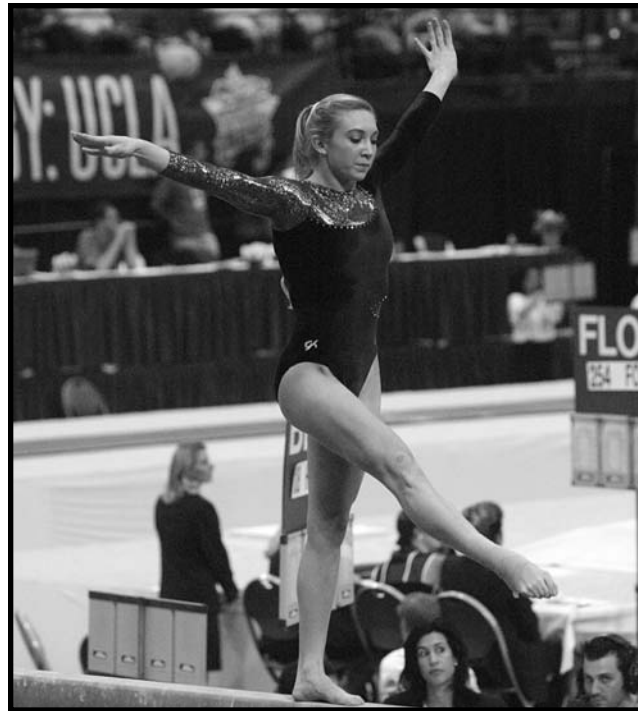
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Crimson Olympian
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Alabama's Gymnastics Media Guides have been honored as "Best in the Nation" five times since 1996 by the College Sports Information Directors of America. The cover of the 1999 media guide, designed by assistant coach Bryan Raschilla, was also recognized as the nation's best by CoSIDA.



A Tradition of Excellence

2005 Quick facts

UNIVERSITY INFORMATION

Location: Tuscaloosa, AL

Enrollment: 20,969

Founded: April 12, 1831

Conference: Southeastern (SEC)

Colors: Crimson & White

Nickname: Crimson Tide

President: Dr. Robert E. Witt

NCAA Faculty Representative: Joe Hornsby

Athletics Director: Mal Moore

Senior Associate AD - CFO: Finus Gaston

Senior Associate AD - External Relations:
Johnny Williams

Associate AD/Senior Woman Administrator:
Marie Robbins

Associate Athletics Directors:

Sarah Patterson, Kevin Almond, Jon Gilbert,
Wendell Hudson, Chris King and Larry White

Assistant AD - Student Services: Jon Dever

Gymnastics Academics: Fern Hampton

Assistant AD - Business: Carol Keys

Assistant AD - Lifeskills/Community

Outreach: Karin Lee

Athletics Ticket Manager: Rhoda Vaughn

Director of Tide Pride: Tommy Ford

Director of Athletic Marketing & Trademark

Licensing: Daniel Hopper

Director of Facilities: Bobby Rice

Director of Athletic Capital Projects:
Thad Turnipseed

Associate AD/Media Relations Director:
Larry White

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Becky Hopf

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Murphy, Reid Strickland and Chris Woodfin



Media Notes

ALABAMA MEDIA RELATIONS: The Alabama Athletic Media Relations Office is located on the ground level of Coleman Coliseum.

INTERVIEWS: Coaches Sarah and David Patterson and Bryan Raschilla are available for interviews in person or by telephone. Coaches are available for phone interviews weekday mornings or after practice. Gymnasts are available following practice either in person or by phone. All interview requests should be made through Roots Woodruff of the Media Relations Office, at least 24 hours in advance, at (205) 348-2088. Gymnasts and coaches will not be available on the day of competition until after completion of the meet.

CREDENTIALS: Credentials will be issued to working media ONLY and should be requested no later than 48 hours prior to any home event.

INTERNET: Information about The University of Alabama's athletics can be found several places on the world wide web, including the official site for Crimson Tide Athletics at www.rolltide.com. The Tide's booster club, the Medalist Club, has a site at www.gymtide.com. For information about The University of Alabama, go to www.ua.edu.

MEDIA SERVICES: Up-to-date rankings and meet notes will be available to working media prior to the meet. Results will be distributed following the competition. Requested coaches and gymnasts will be brought into the interview room following all home meets.

SATELLITE FEEDS: The University of Alabama, through Crimson Tide Sports Marketing, offers a weekly 15-minute satellite feed consisting of interviews with coaches and athletes, taped video highlights and narrated tape packages from September through May. The gymnastics team will be featured in this package regularly during the season. Call the Media Relations office for more details, including dates of the feed and coordinates.

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Recapping the 2004 Crimson Tide Season		
Dual Meet Record		12-1-0, 5-1-0 (SEC)
SEC Championships		2nd (197.950 pts)
SEC "Athlete of the Year"		Jeana Rice
SEC Good Works Team		Stephanie Kite
All-SEC	2	Ashley Miles, Jeana Rice
SEC Champions	2	Jeana Rice (3) AA, V, UB; Ashley Miles (1) FX
Academic All-SEC	11	Mari Bayer, Rachael Delahoussaye, Johnna Gay, Lauren Holdefer, Shannon Hrozek, Stephanie Kite, Meredith Laxton, Ashley Miles, Michelle Reeser, Erin Rightley, Larissa Stewart
NCAA West Regional		2nd (196.900 pts)
NCAA West Regional Champions	3	Jeana Rice (2) AA, UB; Ashley Miles (2) V, FX; Shannon Hrozek (1) UB
NCAA Championships		t-3rd (197.125 pts)
NCAA Champions	2	Jeana Rice (1) AA; Ashley Miles (2) V, FX
All-Americans	3	Alexis Brion (2) V, FX; Ashley Miles (3) V, UB, FX; Jeana Rice (5) AA, V, UB, BB, FX
Honda Award for Gymnastics		Jeana Rice
NCAA Woman of the Year - State Winner		Stephanie Kite
NCAA Postgraduate Scholarship		Stephanie Kite
Scholastic All-Americans	8	Mari Bayer, Lauren Holdefer, Stephanie Kite, Michelle Reeser, Meredith Laxton, Johnna Gay, Rachael Delahoussaye, Shannon Hrozek

Gymnastics Directory

HEAD COACH: Sarah Patterson
Alma Mater: Slippery Rock State College, '78
Overall record/years: 333-73-4/26 years
Record at School (years): same
Office Phone: (205) 348-3830
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ASSISTANT HEAD COACH: David Patterson
Alma Mater: Alabama, '82
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Office Phone: (205) 348-8381
e-mail: dpatterson@ia.ua.edu

ASSISTANT COACH: Bryan Raschilla
Alma Mater: Youngstown State, '89
Record at Alabama/years: 97-26-1/8 years
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e-mail: braschilla@ia.ua.edu

VOLUNTEER ASSISTANT COACH: Dana Duckworth
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Coaching Years: Sixth Year

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 Hill Luscher and Naoki Negishi (fall semester)

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A Tradition of Excellence



TOP

10.0

Things you
should know about
Alabama Gymnastics



Alabama Gymnastics 2004 10 Things You Should Know

1. Alabama won its fourth NCAA Championship in 2002 and finished third last season, marking the 15th time the Tide has finished in the top-3 nationally.

2. Alabama gymnasts like to bring home the gold. Seventeen times since 1985, an Alabama gymnast has won an individual NCAA Championship. That mark includes five all-arounds and 12 individual events titles.



3. Four Alabama gymnasts have been named Southeastern Conference Athlete of the Year since the award got started in 1984.

4. No one collects NCAA Postgraduate Scholarships like the Crimson Tide. The Alabama Gymnastics program leads the nation in this prestigious award with 10 honors.



5. Since 1996, the Tide has averaged over 9,200 fans per meet, including a best in the nation 10,274 per meet last season. But on March 1, 1997, Alabama's house wasn't crowded, it was full when 15,043 fans swarmed in to watch the Tide face Georgia, setting a school, state and Southeastern Conference gymnastics record. The Tide owns the top-15 single meet attendance marks in SEC history.

6. When it comes to NCAA Regional Championships, Alabama is virtually automatic, winning 19 titles in the past 22 years. The Crimson Tide will host the Championships for the ninth time in 2005.

7. Since the Academic All-SEC Honor Roll came into being in 1984, Alabama gymnasts have dominated the list, earning the award 141 times, two dozen more times than anyone else in the Southeastern Conference.

8. Alabama Gymnasts have earned 198 All-American awards. Dee Foster earned 17 first team honors, an NCAA record. 2004 senior Jeana Rice earned 18 honors during her career, an NCAA record for first and second team honors combined.

9. It's a tough honor to get, but that hasn't stopped Alabama from racking up 92 Scholastic All-American honors since 1991. Over the last six years, the Tide has averaged 9 honors a season.



10. Giving back to the community that supports them so well is a big priority for the Crimson Tide gymnastics program. Over the last six years, Alabama gymnasts have logged almost 1,500 hours of community outreach.



A Tradition of Excellence

Crowded House



Did You Know...

Alabama led the nation in attendance last season with 10,274 fans per meet.



Alabama gymnastics fans are as loyal as they are numerous. Last season, the Tide led the nation with 10,274 fans per meet. Over the last decade, Alabama has averaged over 9,000 fans per meet, a total of well over 300,000 fans over seven years. Not only are Crimson Tide fans numerous, but they are vocal as well. Alabama has won three national championships within the confines of Coleman Coliseum and the fan support has had a lot to do with that.





A Tradition of Excellence

Tumbling in Splendor

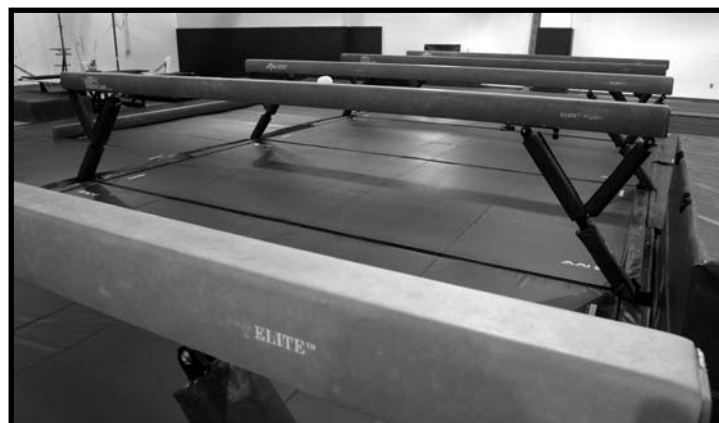


Did You Know...

Alabama's practice facility, constructed in 1996, is considered one of the finest in the nation.



It is the perfect marriage of form and function. Alabama's practice facility contains all the elements needed to produce championship teams in an environment that manages to be cozy despite its 12,500-square foot dimensions. The Tide's dance/aerobics studio is connected to the main practice facility while the gymnastics locker room and team room are a few steps away.





A Tradition of Excellence

A Championship Ring to It

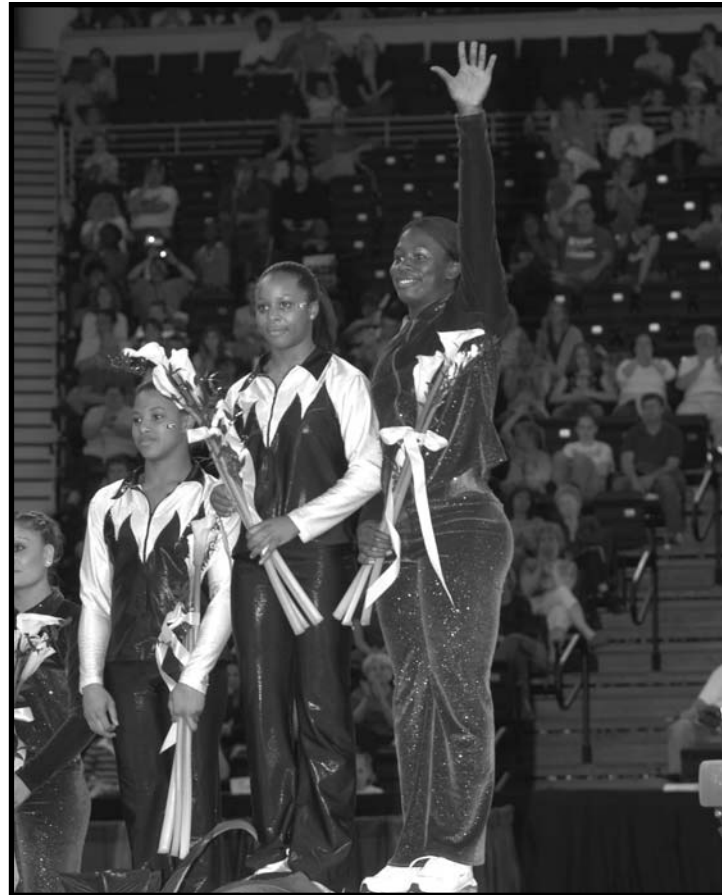
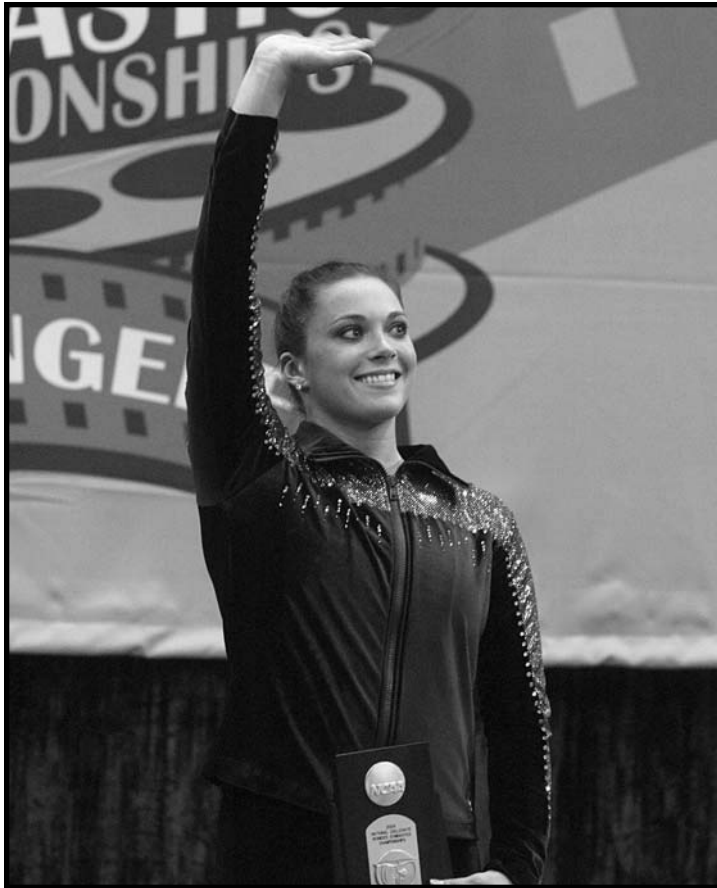


Did You Know...

Over the last six years, Alabama maintained better than a 3.4 team grade point average.



Alabama gymnasts won 12 individual titles during last year's three championship meets. Jeana Rice swept the postseason all-around championships, including Alabama's fifth NCAA All-Around crown. Ashley Miles won two NCAA titles, defending her vault championship and adding the floor exercise title as well, giving her three NCAA titles so far in her career. Shannon Hrozek won the NCAA West Regional Uneven Bars, which proved crucial for Alabama in advancing to its 22nd NCAA Championship.





A Tradition of Excellence



THE UNIVERSITY OF

ALABAMA

- For three consecutive years, U.S. News & World Report has named The University of Alabama one of the top 50 public universities in the nation.
- Four University of Alabama students have been named to the 2004 USA Today All-USA College Academic Team. UA came in second only to Harvard, which had five team members, and tied Northwestern at four team members. Five UA students were chosen for the 2003 team, the most of any school. UA's combined two-year total of nine leads the nation.
- The University of Alabama's graduates include 15 Rhodes Scholars, 16 Goldwater Scholars, and nine Truman Scholars.
- The National Science Foundation has awarded Dr. Guy Caldwell, assistant professor of biological sciences, and Dr. Tonya Klein, Reichold-Shumaker Assistant Professor of Chemical Engineering, CAREER Awards, NSF's most prestigious awards for top-performing scientists and engineers who are early in their careers.
- UA's Fall 2003 freshman class accounts for 50 of the 300 National Merit, National Achievement, and National Hispanic Scholars enrolled at the University.
- In 2002, Kiplinger's Personal Finance ranked UA among its top 100 Best Public Colleges in the nation based on quality education at an affordable cost. In Fall 2003, a record number of freshman students—413—enrolled in the University Honors Program. The National Collegiate Honors Council chose UA student Kana Ellis as the first recipient of its Honors Student of the Year Award in 2002 and named Rob Davis as one of three 2003 Portz Scholars in its competition for outstanding undergraduate honors papers.
- For over a decade, The University of Alabama has been one of the top public flagship universities in the Southeast in enrollment of African-American students. In Fall 2003, African-Americans comprised 10 percent of enrolled freshmen, 14 percent of total undergraduate enrollment, and 13 percent of the student body on campus. The UA College of Engineering ranks third in the nation among traditionally white institutions in the percentage of African-Americans enrolled.
- UA's immediate economic impact on the state measures \$1.7 billion each year.
- U.S. News & World Report ranks the UA School of Law 40th in the nation. U.S. News also ranks UA's undergraduate business program 53rd, our undergraduate engineering program 84th, our undergraduate accounting program 25th, and the Manderson Graduate School of Business 61st in the nation.
- In 2002, the Ph.D. program in health education/health promotion, a joint program with UAB, was ranked seventh in the nation in an article published by the Journal of Health Education.
- More than 36 percent of the University's entering freshmen and 23 percent of all undergraduates received merit-based scholarships for the academic year 2003–04. Approximately 66 percent of UA's undergraduates receive some type of financial aid.
- The UA School of Law class of 2003 had a bar exam passage rate of 97 percent, well above the overall state of Alabama rate of 70 percent.
- The most recent U.S. News & World Report rankings for communication graduate programs placed UA's advertising program 12th and our telecommunication program 14th in the nation. The Association for Communication Administration has also ranked the College of Communication and Information Sciences sixth in the nation in research productivity for telecommunication and media studies.
- Founded in 1831, The University of Alabama was the state's first university.
- The University of Alabama National Alumni Association is among the nation's leading public-university-based comprehensive associations, ranking among the top 10 in alumni support.





"We are an academic community committed to moving to the next level. I believe that transformation should be guided by the following vision for the future of The University of Alabama: First, to be THE university of choice for the best and brightest students in Alabama and A university of choice for all other exceptional students; second, to be a student-centered tier-1 research university, and, third, to be an academic community united in its commitment to enhancing the quality of life for all Alabamians."

--Dr. Robert E. Witt

Dr. Robert E. Witt

President
The University of Alabama



Dr. Robert E. Witt became president of The University of Alabama on March 1, 2003. Highlights of his first year at UA included the development of an Honors College, which officially opens in Fall 2004; celebrating the 40th anniversary of the desegregation of the University, and the development of a plan to significantly expand student housing on campus. Dr. Witt has announced a goal of increasing enrollment from 20,300 in Fall 2003 to 28,000 students within 10 years. In addition, he has committed the University to significant growth in research.

Dr. Witt came to UA with 35 years' experience in the University of Texas System. He was appointed president of the University of Texas at Arlington in June 1995. In April 1986, he was appointed dean of the College and Graduate School of Business at the University of Texas at Austin where he held the Centennial Chair in Business Education Leadership. Also at UT Austin, before becoming dean, he was acting dean, associate dean for academic affairs, and chairman of the department of marketing administration.

Dr. Witt received his B.A. in economics from Bates College, his M.B.A. from Tuck School at Dartmouth College, and his Ph.D. from Penn State University. He serves on the board of directors of the Black Warrior Council Boy Scouts of America, is a member of the West Alabama Chamber of Commerce, the Tuscaloosa County Industrial Development Authority, and the Elizabeth Project Care Board

Pictured to the left:
Four students from The University of Alabama have earned spots on USA Today's 2004 All-USA College Academic Team. This year's winners are (l-r) Abigail Smith, Tuscaloosa, speech communication; Cody Locke, Boaz, biology; Rob Davis, Montgomery, aerospace engineering; Kristin Robinson, Birmingham, social work.



MAL MOORE

Director of Athletics

If you notice Mal Moore smiling a lot lately, understand that he has reason to be happy. Alabama's athletic teams are on the rise and he is now a full two-thirds of the way into his campaign to revitalize the Crimson Tide's athletic and administrative facilities. It has been Moore's leadership and vision that has enabled this monumental project to get off the ground.

Already on line are new stadiums for soccer and tennis; football is enjoying a state-of-the-art weight facility, lockerroom and sports medicine area and a Hall of Champions and administrative area makes it one of top venues in the nation.

Now working in his sixth season as Alabama's Director of Athletics, Moore is in the midst of directing a facilities improvement plan that will enable Crimson Tide student-athletes to reach unprecedented heights. Crimson Tide student-athletes will soon benefit from a state-of-the-art academic center that is scheduled to come on line in early 2005. Renovation of Coleman Coliseum is underway and a north endzone expansion to Bryant-Denny Stadium began in mid December.

This has been an era of unprecedented facility growth for the athletic department and that expansion plan can be directly attributable to Mal Moore.

His leadership has been crucial in helping guide Alabama through a period that has, at times, been extremely difficult. It has been his guidance and efforts that have helped Alabama weather the storm, while continuing to move in a positive direction toward a future that will shine as brightly as Alabama's storied past.

For two years now, Moore has invited a select group of Crimson Tide legends to Tuscaloosa for the Crimson Tide Celebrity Golf Classic held at North River Yacht Club. Led by such notables as Joe Namath, Ozzie Newsome, Johnny Musso and Dwight Stephenson, the weekend's event has generated over \$300,000 the past two years. First year funds were designated to assist the Tide's men's and women's golf programs and this year's proceeds will be directed to the newly formed Crimson Tide Foundation to benefit all of Alabama's athletics programs.

"What an exciting weekend for everyone," said Moore, who initiated and spearheaded the fund-raising event.

"This was a wonderful opportunity to bring back some of the Crimson Tide's most well-recognized athletes and let them see the exciting things that are happening on our campus. At the same time, the event generated some much-needed revenue for the department.

"With the success we had, we certainly intend to continue to host a yearly event of this type. We look forward each year to bring back a group of our former athletes."

It has been through his vision and leadership that the department has embarked on a \$100 million project to improve and upgrade Crimson Tide facilities. With funding continuing to pour in through the Moore-initiated Crimson Tradition Capital Campaign, groundbreaking ceremonies for the overall building project were held on Feb. 1, 2003.

During his tenure, Moore has also supervised the completion of a number of other facility projects, highlighted by the building of the Women's Softball Stadium, the expansion of Sewell Thomas

Stadium; new lighting systems for Coleman Coliseum, Sewell Thomas Stadium and the women's soccer field and installation of new artificial turf in the Hank Crisp Indoor Practice Facility.

Since 1999, under Moore's direction, Alabama's athletic teams have produced a

number of Southeastern Conference titles, including men's basketball, gymnastics and SEC tournament titles in both baseball and softball, and an NCAA gymnastics title. Alabama athletes have earned some of the highest honors the SEC and NCAA have to offer, including SEC Athlete of the Year, SEC Scholar-Athlete of the Year, NCAA Top VIII, NCAA Postgraduate Scholarships and NCAA Sportsman of the Year. These honors are over and above the individual conference and national titles that Alabama athletes continue to bring home to the Capstone.

Hired on Nov. 23, 1999, Moore's stint as Director of Athletics is the latest phase of his 30-plus years of service to the Capstone. Well-known in athletic circles, Moore brings a vision of championships and success to the office of athletics director thanks to his three decades of experience in collegiate athletics.

As a player and coach at Alabama, Moore was part of seven national championships, 14 SEC championships, and 27 bowl trips.

Alabama capitalized on that background, and Moore's popularity, by naming him as Associate Athletics Director for External Affairs in 1994, a position that required constant travel to speaking engagements around the Southeast.

In his career, Moore has worked with a diversified field of constituents, from fellow coaches to former players, to fans and the business community. All those experiences and relationships make him the ideal to lead Alabama athletics into the 21st century.

"Coach Bryant was successful, in great part, because he had a plan," Moore said. "Our plan is to work towards the future and the department is making significant headway in that direction."

One of Moore's first priorities was to institute a five-year facilities and endowment initiative, the Crimson Tradition Fund. A well-

developed plan, the Crimson Tradition Fund is the driving force behind the important project of upgrading all of the Tide's athletic facilities. Moore has placed particular emphasis on creating a state-of-the-art academic center housed in the former Bryant Hall and completing a major renovation of Alabama's strength and conditioning facility. Another area of attention for Moore has been the need for increased and improved parking for Crimson Tide sporting events.

A 1963 graduate of the University of Alabama, Moore holds both an undergraduate degree in Sociology and a 1964 Master's Degree in Secondary Education from the Capstone. A scholarship player for Coach Paul Bryant, Moore was a member of Alabama's 1961 national championship team. Coaching football for 31 years, 22 of those at Alabama, provided Moore with a wealth of experience and knowledge in the world of college athletics. As a coach, Moore served as Bryant's graduate assistant in 1964 and then Alabama's defensive backfield coach from 1965-70. He served as the Tide's quarterback's coach from 1971-82 and from 1975-82 took on the additional responsibility and elevated role as the Tide's offensive coordinator.

Alabama won national championships, in 1964, 1965, 1973, 1978, 1979 and 1992 with Moore coordinating all the offensive plays for the last four of those championship teams. He is the only man connected with the Alabama coaching staffs, past or present, which was a member of all seven of those title squads. In addition to Alabama, his coaching career included stops at Montana State, Notre Dame and the NFL's Phoenix Cardinals.

Moore, 64, was born December 19, 1939 in Dozier, Alabama. He has been married to the former Charlotte Davis of Tuscaloosa since July 20, 1968. They have one daughter, Mrs. Steve (Heather) Cook of Scottsdale, Arizona, a granddaughter, Anna Lee and a grandson Charles Cannon.



Athletic Department Support Staff

Faculty Athletics Representative



Joe Hornsby
Faculty Athletics Representative

Dr. Joe Hornsby is an Associate Professor of English and Director of the Blount Undergraduate Initiative. He was born and raised in Gadsden, Ala.

He received his B.A (1976) and M.A in English (1980) and J.D. (1979) in Law from the University of

Alabama. After his extended stint as a student at Alabama, he continued his studies at the University of Toronto where he specialized in Old English and Chaucer. He received his Ph.D. in English from the University of Toronto in 1984 and then he returned to the English department of the University of Alabama. There he has taught a variety of courses, including Chaucer, and served as Undergraduate and Graduate Director.

In 2000 he left the department of English to serve as Director of the Blount Undergraduate Initiative. Hornsby's publications include articles on law and medieval literature, and a book entitled "Chaucer and the Law."

During his tenure at Alabama he has received several honors including, the University of Alabama Outstanding Commitment to Teaching, College of Arts and Sciences Distinguished Teaching Fellow, Penny Allen Award for Commitment to Students, SAADE Distinguished Teaching Award, and the Morris L. Mayer Award.

His wife, Anne Sikes Hornsby, is an attorney who practices in Birmingham.



Finus Gaston
Senior Associate Athletics Director — CFO



Johnny Williams
Senior Associate Athletics Director — External Relations



Kevin Almond
Associate Athletics Director — Support Services



Jon Dever
Assistant Athletics Director — Academic Services for Intercollegiate Athletics



Jon Gilbert
Associate Athletics Director — Events



Daniel Hopper
Director of Marketing and Promotions



Wendell Hudson
Associate Athletics Director — Alumni Relations



Carol Keys
Assistant Athletics Director — Business Office



Chris King
Associate Athletics Director — Compliance



Karin Lee
Assistant Athletics Director — Student Development/LifeSkills



Sarah Patterson
Associate Athletic Director — Community/University Relations



Marie Robbins
Associate Athletics Director — Senior Woman Administrator



Thad Turnipseed
Director of Athletic Capital Projects

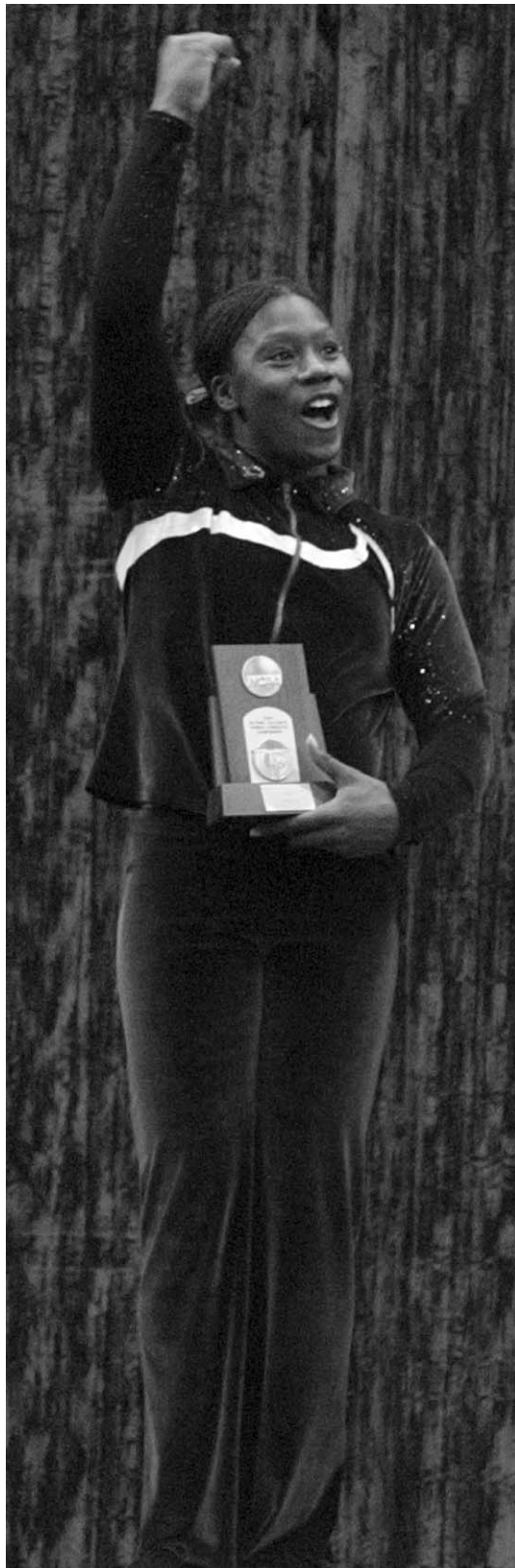


Rhoda Vaughn
Director of Athletic Ticket Office



Junior Ashley Miles - Three-time NCAA Champion

Three NCAA Titles & Counting



During her Crimson Tide career, junior Ashley Miles has been virtually unstoppable, which hasn't always been the case with her floor exercise music.

Last season, during her floor routine at the Southeastern Conference Championships, Miles had an outstanding routine in progress when, with about 15 seconds to go, her music stopped playing. The unflappable Miles continued without a hitch and finished off with a flourish. The routine earned a 10.0 and she repeated as SEC Floor Exercise champion.

"That had never happened to me before, but I knew that if it ever did, you're supposed to just keep going with your routine, so that's what I did," Miles said. "And it turned out pretty good."

Miles entire sophomore season turned out 'pretty good,' including three 10.0 routines and five postseason titles. She won all three post-season floor exercise titles,

capping her season by tying UNC's Courtney Bumpers for the NCAA Floor Exercise crown.

"I actually didn't know I'd won until Courtney congratulated me, and I was like 'whoa!'" Miles remembers. "It threw me off guard, it was cool to be really surprised like that. It was awesome to win two national championships as a sophomore."

Miles now owns three NCAA Championships, after successfully defending her NCAA Vault title last season.

"That was amazing to me, to be able to come back and do that again," Miles said. "A little pressure had built up, to see if I could repeat, and I like pressure."

Being a pressure player has made Miles an invaluable asset to the Crimson Tide as much as her high flying, powerful style of gymnastics. As a freshman she focused on the vault and floor exercise. Last season she added the uneven bars to the mix, earning All-American honors in the

process. After earning two honors as a rookie, Miles now has five first-team All-American honors for her young career.

She has also won five of a possible six postseason floor exercise titles over her first two seasons.

"I didn't know," Miles said. "That is really cool, and I hope I can keep that going over the next two years."

She is slated to add another event to repertoire this season, having put together a strong balance beam routine which will put her in all-around contention. But her ultimate goal revolves around the team and how far it can go.

"I look forward to seeing people step up this year," Miles said. "I'm looking forward to seeing new people and new faces get out there and make our team better. It's going to be a great year and I'm really excited to get started."





Freshman Terin Humphrey - Two-time Olympic Silver Medalist

Silver Lined Success



It has always been Terin Humphrey's dream. "Ever since I got into gymnastics I wanted to go to the Olympics," Humphrey said. "Even before I really knew what they were."

And last summer, knowing exactly what the Olympics were, she made years of hard work pay off when she made the 2004 United State Team.

It wasn't easy. She had to go through a qualifications process that included the U.S. Olympic Trials and then a training camp from which the final six were chosen. Even for a seasoned veteran like Humphrey, it was a nerve wracking process.

"That was most stressful time that I've ever had," Humphrey said of the selection process. "It was the longest hour from the end of the last competition to when they announced the team. I was definitely relieved when they called out my name. I started crying and I've never done that before. I've never been that emotional."

And that was just the process to get to Athens for the chance to face the world. But once there, Humphrey was one of the U.S. squad's go-to athletes, keying their silver medal team performance with her routines. But those were the kind of performances expected out of the Bates City, Mo. native after her clutch routines at the 2003 World Championships led the United States to an unexpected gold medal.

"Without her floor routine, popping in at the last moment," Olympic coach Martha Karolyi said, "we couldn't have won that gold medal for the team last year."

And now she had played a major role in the United States winning the silver team medal at the Olympic Games. Humphrey wasn't done though. She still had one more routine to go and a chance

for another medal. She was up last on the uneven bars in the individual competition, waiting patiently while each competitor went in turn. And then it was her turn and she made the most of it, turning in the second best score of the night and winning a silver medal all her own. And for the second night of the Olympics, she stood on the podium and had a medal draped over her neck.

"It was special in two different ways," Humphrey said of her podium experience. "The team medal was wonderful because I was part of a team and we were representing our country. And to me, that's what the Olympics are all about. But the individual medal was special, too, because that's all up to you and I felt like I did a pretty good job."

And when the Olympics were over and she returned home, Humphrey and her teammates came back as celebrities, being interviewed on Access Hollywood, sitting on Jay Leno's couch on the Tonight Show and being introduced during a Dallas Cowboy's game.

She also opted to spend the fall semester on the TJ Maxx Olympic Tour, after enjoying a similar experience after the World Championships.

"I had a really good time on tour, but I'm glad that it's done, because it was really long," she said.

And when the tour was done, she joined her Crimson Tide teammates and focused on the task of trying to turn Olympic silver into NCAA gold. But first, she's just

looking forward to being a part of campus life.

"I'm excited to compete with the girls and live in my apartment and be out on my own," Humphrey said. "I love the facilities here, and the coaches were what I was looking for and the girls are great. It's everything, it's the whole package and I can't wait."

The excitement goes both ways. The Tide is just as happy to have her on campus for many reasons.

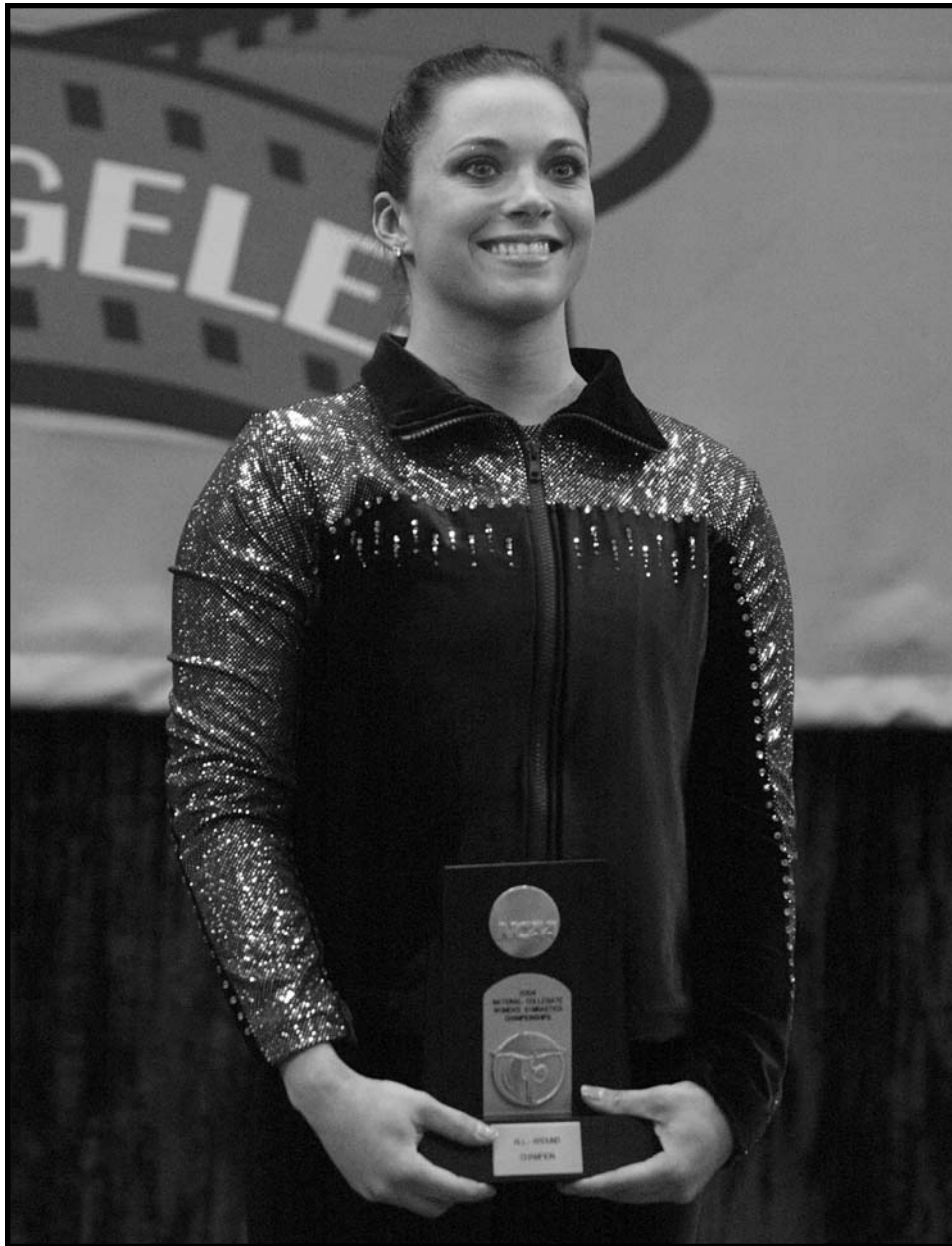
"It's been awesome having Terin here at Alabama," Sarah Patterson said. "She is an incredible athlete, so very talented. But for us, the best thing about Terin is not only is she very talented, but she's also a real joy to be around."





Jeana Rice - NCAA All-Around Champion, Honda Award Winner, SEC Athlete of the Year

A Championship Sweep



For Jeana Rice, the 2004 season capped off an extraordinary career in incredible fashion. Already one of the nation's top gymnasts, Rice was incandescent in her senior season, making a clean sweep of postseason all-around titles, including the Crimson Tide's fifth NCAA All-Around crown.

"My goals when I came here were to help this team win a national championship and to win the all-around, and I was able to accomplish that," Rice said of her all-around crown. "I'm happy. I feel my career is complete now. If I had to go out, this is the best way. It just kind of tops it off."

She also earned five All-American honors as a senior, making her the first gymnast in NCAA history to earn five honors in three different seasons. Her career total of 18 is also an NCAA record.

She won six individual postseason titles as a senior, including her third NCAA Regional All-Around title. And when the season was done, she was named the Honda Award winner, denoting the national gymnast of the year.

"I was so shocked," she said. "I knew it was a huge award. I was just honored to get nominated, but I hadn't thought it through."

After winning her second straight Southeastern Conference all-around title, this time with a league record 39.850, Rice was named SEC Female Athlete of the Year, an award that spans all the conference's athletes.

"I just thought winning SEC Gymnast of the Year was a big deal, but I never even considered this award," Rice said. "It all comes to this being a great program, and that has a lot to do with me being where I am today."

In addition to being one of the Crimson Tide's most dazzling gymnasts, she is also one of its most consistent. Over her final two seasons she has competed in the all-around 22 times, winning 17 of those, including four post season titles. Over the course of her Tide career she has scored 39.5 or better in the all-around an amazing 23 times and won 14 individual postseason titles, including six all-arounds. She was very good, she was consistently very good and when the lights were brightest and the stakes highest, she was at her very best.

"There's no doubt that Jeana was an extremely talented gymnast," head coach Sarah Patterson said. "But she also worked very hard in the gym to make the most of that talent. She was never afraid to be in the 'go-to' spot in our lineup. She was at her best in the big meets."

And that fearlessness, dedication to her sport and talent made her one of nation's very best gymnasts and gives her a place high among the Tide's all-time greats.



Did You Know...

Jeana Rice won the NCAA All-Around Championship, the NCAA West Regional All-Around Championship and the SEC All-Around Championship.



Stephanie Kite - SEC Good Works Team • Academic All-American • Alabama NCAA Woman of the Year

Well Rounded Success



An All-American in the gym and all-world in the classroom, Stephanie Kite enjoyed a tremendous career at Alabama, one that saw her excel in all aspects of the Crimson Tide's storied program.

"Stephanie was such a joy to have here at Alabama," Sarah Patterson said. "She worked very hard in everything she did and it showed. She had the kind of career that I would wish for everyone that comes through out program. A career that saw her grow as a person, an athlete and as a leader. She has been a credit to the University and this program."

The combination of all her accomplishments earned her a bevy of awards as a senior. She was named the NCAA Woman of the Year for the State of Alabama and earned an NCAA Postgraduate Scholarship. She was named CoSIDA Academic All-American of the Year, a first for an Alabama athlete, after earning her second consecutive berth to the highly competitive Academic All-American At-Large team.

In the gym, Kite was a floor exercise All-American as a junior and helped spark the Tide to the 2003 Southeastern Conference Championship when she posted a career best 9.925 on the floor exercise in the next to the last spot in the Tide's lineup.

Out of the gym, she was the gymnastic team's representative to Alabama's Student-Athlete Advisory Board and she was named to the SEC's inaugural gymnastics Good Works Team as a senior. She also volunteered countless hours in the community, including putting her fluency in Spanish to good use, tutoring children from Tuscaloosa's Hispanic community.

And in the classroom, the Austin, Texas native was unstoppable, graduating with a perfect 4.0 grade point average in International Marketing with a minor in Spanish.

Kite was a four-year NACGC/W Scholastic All-American in addition to earning Delta Sigma Pi's Scholarship Key and the School of Commerce and Business Administration Scholar/Athlete Award this year. As a junior the Austin, Texas native earned the Dow Chemical Undergraduate Award, which denotes the business school's top junior. Kite earned Academic All-SEC three times and has been inducted into ODK and Gamma Beta Sigma honor societies.

Kite graduated in August and is already putting her degree to good use working with for the Bruno's Event Team putting on professional golf tournaments, including the Bruno's Memorial, a stop on the PGA Champions Tour.





Alabama's Academic Success

Not all accolades gathered by Alabama gymnasts come during competition when the bright lights are focused on them. In fact, the accomplishments the Crimson Tide coaching staff are most proud of come in the classrooms and study sessions.

The Tide's success is in direct correlation to the level of importance the coaching staff puts on academics. Priority one at Alabama is a tremendous education that will catapult the Tide gymnasts into exciting futures.

"From the day we begin recruiting an athlete to the day they walk across the stage at graduation, we stress academics as the most important aspect of their experience here at Alabama," coach Sarah Patterson says. "I want our ladies to win national championships and I want them to break records, but first and foremost I want them to do the best they can in the classroom."

The emphasis the Pattersons put on academics have paid huge dividends. Alabama has produced 10 NCAA and seven Southeastern Conference Scholarship recipients since 1983. Three Alabama gymnasts have been named the SEC's Scholar Athlete of the Year, an honor bestowed on the conference's top senior student-athlete, regardless of sport. The award carries with it the H. Boyd McWhorter Scholarship, a \$10,000 grant that can be applied to the graduate program of the recipient's choice. Tide gymnasts have placed their names on national honor societies more than 125 times over the last 25 years, including three with membership in Phi Beta Kappa.

And while the Crimson Tide has built a sparkling reputation in the academic arena, that reputation is not just a case of letting a squad of naturally academically talented athletes loose in the classroom.

"Many of our athletes are what I would consider average college students, and yet they continue to perform at above average levels, and that is what I am most proud of," Sarah Patterson said. "There's a misconception, I think, that all these young ladies have a great deal of natural ability. They're all bright young women, but I attribute our success to the fact that they come in here knowing that school comes first. They know we feel that way, and they take the support system, which is second to none, and they surround themselves with it and work within that system. That's why we do so well. I think if the same student came in here and worked the same amount of time, but didn't use the support system, I don't think their grades would be as good."

Some of Alabama's greatest success stories involve student-athletes that came in as at-risk students. Through a combination of their own hard work, unflagging support from the coaching staff

Stephanie Kite became the first Alabama athlete to be named CoSIDA Academic All-American of the Year on her way to graduating with a 4.0 grade point average in International Marketing.



Stephanie Kite (pictured above with Assistant AD for Student Services Jon Dever) was a four year Scholastic All-American, a two-time member of the CoSIDA Academic All-American At-Large Team and NCAA Woman of the Year for the State of Alabama.

and the resources Alabama put at their disposal, they were able to graduate. They then went on to careers that might not have been possible without the education they received at the Capstone.

Once a prospective student-athlete signs, it is up to her how successful she is academically. But because of Alabama's Center of Athletic Student Services and the commitment of its coaches, every opportunity for success is there for the taking.

During the first year, freshmen are required to attend a nightly study hall. After that first year, attendance is based on the individual's GPA and study needs. Every member of the gymnastics team utilizes the study hall and tutorial staff throughout their career.

Between the Pattersons, CASS and individual initiative of the student-athletes, the gymnastics program is assured of capturing more perfect 10s in the gym and perfect 4.0s in the classroom.

Scholastic Honors in 2004

- Stephanie Kite graduated with a perfect 4.0 in International Marketing. Kite earned numerous honors for her academic prowess, including an NCAA Postgraduate Scholarship, being named to the CoSIDA Academic All-American At-Large team for the second time and Scholastic All-American by the coaches association for a fourth time. For a complete rundown of Kite's academic accomplishments, see page 21.
- Eight gymnasts earned Scholastic All-American honors in 2004. Stephanie Kite earned her fourth consecutive honor while Lauren Holdefer, Shannon Hrozek and Michelle Reeser all earned the honor for the third time. Mari Bayer and Rachael Delahoussaye were second time honorees while Meredith Laxton and Johnna Gay were named to the list for the first time.
- Alabama gymnasts earned Academic All-SEC honors 11 times in 2004. The Tide's total included: Bayer, Delahoussaye, Gay, Holdefer, Hrozek, Kite, Laxton, Ashley Miles, Reeser, Erin Rightley and Larissa Stewart.
- Tide gymnasts added their names to several honor societies during the 2004 school year, including: Rachael Delahoussaye - National Society of Collegiate Scholars; Shannon Hrozek - Golden Key; Meredith Laxton - Phi Eta Sigma; and Erin Rightley - Gamma Beta Phi.
- Michelle Reeser earned the College of Commerce and Business Administration Scholar-Athlete award.



Academic Success

Always a source of pride, Alabama gymnastics' academic excellence has hit an impressive stride over the last several years providing some truly awe inspiring results.

- Alabama gymnasts have earned 10 NCAA Postgraduate Scholarships, twice as many as any other gymnastics program in the nation.
- Alabama has earned 92 Scholastic All-American honors since the award's inception in 1991. The Tide has averaged nine Scholastic All-American per year over the last five seasons.
- A Crimson Tide best 13 gymnasts earned Scholastic All-American honors during the 2002 NCAA Championship run.
- Alabama has earned Academic All-Southeastern Conference honors 141 times since the award was first given out in 1984. That total includes an average of 11 per year over the past five season.
- The Tide's 15 Academic All-SEC honorees in 2002 stands as a league record for a single year.
- Over the last decade, Alabama has been a fixture in the top five nationally among all gymnastics programs in team grade point average. On its way to its fourth NCAA title in 2002, the Tide checked in at No. 3 with a 3.6 GPA.

Lending A Hand

One service offered by the Center of Athletic Student Services many student-athletes find invaluable is the personal monitor. If it appears a student-athlete may struggle early in their academic career, CASS will assign a personal monitor to help make the student-athlete's transition to college easier. The personal monitor will help with study, note taking and organizational skills. A personal monitor stays with a student-athlete as long as the student-athlete or the team's academic advisor feels it is necessary in order for that student-athlete to be successful in the classroom.

All-American Kim Bonaventura can attest to the benefits of the personal monitor program. When she joined the Tide for the 1994 season, Bonaventura had not been in a structured classroom environment in several years, having been home schooled through high school. Upon her arrival on campus she was assigned a personal monitor. Though the going was often hard, Bonaventura learned the ropes and by working steadily throughout her career with her monitor, Darby Kennedy, she finished work on her degree and graduated in December 1997 with a degree in Human Development. She carried a 4.0 grade point average her last two semesters at Alabama. She is a shining testament to what a student-athlete can do when armed with determination, a willingness to work hard and the tools that the Alabama gymnastics program puts at her disposal.

The Paul W. Bryant Academic Center

Academic Splendor



Already a huge help for Crimson Tide student-athletes, the Center for Athletic Student Services (CASS) is about to get a huge boost when they move into their new home in February of 2005.

CASS' new home, the Paul W. Bryant Academic Center, is the crown jewel in Alabama's \$113 million Crimson Tradition building initiative.

"This project was certainly one of our focal points when we started the current renovations of our athletic facilities," athletics director Mal Moore said. "Academics are at the center of our mission at Alabama and we wanted to create a place that would aid all our student-athletes in their educational pursuits. Bryant Hall will provide everything that we need in that regard."

Through the auspices of the Crimson Tradition Fund, Alabama has taken its former athletic dorm and converted it into a 55,000-square foot state-of-the-art facility that will benefit all 425-plus Crimson Tide student-athletes.

"We couldn't be more excited to move into our new home," assistant athletics director for student services Jon Dever said. "There is no doubt that in terms of both aesthetics and services offered, this

will be an outstanding facility and one that everyone associated with the Crimson Tide can be proud of."

Among the building's many amenities will be a 48-seat computer lab with brand new equipment. The computer lab will also house 25 laptop computers that can be checked out by student-athletes for use on road trips. There will be math, English, and writing labs as well as individual study rooms. The athletic academic advisor offices will also be housed in the building along with several study lounges, two 50 seat classrooms and a 140 seat classroom.

The classrooms will have cutting edge teaching devices, including digital overhead projectors and "smart boards" that will allow instructors to interact with students on the go. Throughout the building there will be 16 information stations that will provide student-athletes with news about tutorials, study sessions and even practice schedules.

The building will also house the Crimson Tide's Academic Hall of Fame and its nationally recognized LifeSkills program.



Alabama's NCAA & SEC Postgraduate Scholarships

It is one of the most coveted and hard to acquire national honors available to collegiate athletes. The NCAA Postgraduate Scholarship is awarded to athletes in their final year of competition who have performed with distinction both athletically and academically. Some programs never have an athlete receive the scholarship. Alabama gymnastics has had 10, including 2004 senior Stephanie Kite, the 2004 CoSIDA Academic All-American Team Member of the Year. The Tide's total lead all gymnastics programs.

In addition to the NCAA honors, Alabama gymnasts have earned eight Southeastern Conference Postgraduate Scholarships, including 2003 senior Kristin Sterner and 2002 senior Andréé Pickens. The Tide's eight SEC scholarships also leads all gymnastics programs.

All told 12 Alabama gymnasts have earned either NCAA or SEC postgraduate scholarships, with six earning both.

Julie Garrett



Julie Garrett was the first Alabama gymnast to receive the scholarship. Garrett was also the Tide's first All-American and SEC Champion. She competed before the Southeastern Conference gave postgraduate scholarships. The league first gave its scholarship in 1985.

Barbara Mack



Barbara Mack earned the NCAA scholarship in 1985. Mack was an All-American, SEC and Regional Champion and the winner of the AMF American Award as the nation's most outstanding senior. She was also a Rhodes Scholarship finalist. Mack, now Barbara Harding

used her scholarships to go on to Georgetown law school. She served as a prosecutor for the U.S. Department of Justice and is now in private practice.

Julie Estin



Julie Estin, a 1987 recipient of both the NCAA and SEC scholarships, attended Alabama-Birmingham medical school and is now Dr. Julie Estin Vaughn, a Tuscaloosa area pediatrician. During her tenure at the Capstone, Vaughn was a six-time All-American, two-time

SEC Champion, five-time Regional Champion and Alabama's first SEC Scholar-Athlete of the Year. She was also a two-time GTE Academic All-American.

Kelly Good



Kelly Good graduated with an SEC and NCAA Championship ring and a matching pair of scholarships to go with them. The All-American attended Alabama-Birmingham. Good, now Kelly Baham, received a Master's of Science in physical therapy. She works for Healthsouth in Richmond, Va.

Marie Robbins



Marie Robbins graduated with one NCAA and two SEC Championship rings as well as an SEC Postgraduate scholarship. The four-time All-American and two-time SEC Champion graduated from Alabama Law School. She then went to work for the Southeastern Conference.

She returned to Alabama as Associate Athletics Director for Compliance in 1996 and was promoted to Senior Woman Administrator in 2002.

Katherine Kelleher



Katherine Kelleher, now Katherine Laubenthal, graduated with an NCAA and SEC championship ring to keep her NCAA and SEC Postgraduate scholarships company. A three-time All-American, SEC Champion and two-time Regional Champion, she graduated

with a degree in corporate finance and investment management. She is a Systems Consultant for Blue Cross Blue Shield in Birmingham.

Dana Dobransky



Dana Dobransky, now Dana Duckworth, earned both SEC and NCAA Postgraduate Scholarships to go with an SEC Championship ring, an NCAA Championship ring and a pair of individual NCAA Balance Beam titles. In the fall of 1996, she returned to Alabama to obtain a Masters

of Business Administration. She now works for Pfizer Pharmaceutical and is a volunteer assistant coach with the Tide.

Meredith Willard



Meredith Willard, now Meredith Luber, graduated with a pair of championship rings, one each SEC and NCAA as well as the 1996 NCAA All-Around title. She also took home an NCAA and SEC scholarship. She was an 11-time first team All-American during her tenure

and an NCAA Top VIII award winner. An NCAA Woman of the Year finalist, she recently finished a Master's of Business Administration from UNC-Charlotte and now works for Racing Champions, a public relations' company whose hottest property is NASCAR.

Merritt Booth



Merritt Booth, now Merritt Baumgartner, was part of NCAA and SEC Championship squads. She earned six All-American honors, three each first and second team. A finalist for the NCAA Woman of the Year award and a four-year Scholastic All-American, she

earned an NCAA Postgraduate Scholarship. She used her scholarship to earn a physician's assistant degree at South Alabama. She just returned from living in Italy, where her husband Greg, was a Navy helicopter pilot. While there she volunteered at the military hospital in Sicily.

André Pickens



In 2002, André Pickens became the first Crimson Tide gymnast to earn the Southeastern Conference's Community Service Postgraduate Scholarship which was first awarded in 1995. As the president of

Alabama's Student Athlete Advisory Board, she directed the Tide's student-athlete community to new heights in the area of community outreach and service. Pickens, assistant coach at Southeast Missouri State University, has begun work on her Master's degree.

Kristin Sterner



In 2003, Kristin Sterner became the sixth Alabama gymnast to earn both an NCAA and SEC Postgraduate Scholarship. She also became the third to be named SEC Scholar-Athlete of the Year. She

earned three championship rings during her Crimson Tide tenure, including the 2002 NCAA championship and the 2000 and 2003 SEC titles. Sterner was named to the 2003 Verizon Academic All-American At-large team. She was an NCAA Woman of the Year finalist and earned NCAA Top VIII honors. She started medical school at Michigan State in the fall of 2004.

Stephanie Kite



Stephanie Kite helped Alabama to an NCAA and SEC Championship during her years at the Capstone. In 2004, she also became the 10th Alabama gymnast to earn an NCAA Postgraduate

Scholarships and was named the 2004 CoSIDA Academic All-American of the Year, a first for a Crimson Tide athlete. She is currently working for the Bruno's Event team in their golf division, putting on events like the Bruno's Classic, a stop on the PGA's Champion's Tour.

Asst. Director of the Center for Athletic Student Services

Fern Hampton

Fern Hampton is in her fourth year as an academic advisor with the Center of Athletic Student Services (CASS) and her first working with the gymnastics program.

"I've known Fern for a long time and have always been impressed with her work and her commitment to creating the best environment for Alabama students," Patterson said. "When the opportunity presented itself to have her work with our program, I jumped at the chance. It's great to have her as a part of our program."

Hampton's job includes helping the athletes under her guidance map out their academic plan, from picking a major and registering for classes to requesting a personal monitor and scheduling a tutor. Hampton, in her 14th year overall with the University, worked in student recruitment through the undergraduate admissions office before joining the athletics department.

"I'm excited about working with Sarah," Hampton said. "I've known her for a number of years and have always known the reputation she has for the success of her student-athletes both in the gym and in the classroom. I am thrilled to be part of that now and look forward to continuing that tradition."

For Alabama gymnasts, the impetus to succeed academically is all around them. The coaching staff makes it clear from day one that their very best is expected in the classroom while their teammates encourage them to excel both through word and deed. And while the bar is set high by the coaches and athletes themselves, Hampton is there to add her encouragement and provide the tools for that success.

"There are tremendous resources here at Alabama and we make sure that the student-athletes have full access to them, that they have everything they need to be successful," Hampton said. "I absolutely believe you get a top rate education at the University of Alabama, and we're continuing to move up academically all the time. If you look at the growth, not just in athletics, but across the board, it's an exciting time to be on this campus."

CASS is headed by Assistant Athletics Director for Student Services Jon Dever. In addition to Hampton, Dever is assisted by Heather Anders, Tom Buttram, Barbara Davis, Brenda Elliott, Chris Elrod and Lisa Patrick. Assistant Athletics Director for LifeSkills and Community Outreach Karin Lee rounds out the CASS staff. Joining this group are four interns and 65 part-time tutors. The entire operation will be housed in the Bryant Hall Academic Center, which opens for business in February of 2005 (see page 23 for more details on Bryant Hall).

The CASS staff works as a liaison between the Athletic Department, undergraduate divisions, and the administrative offices of the university. The staff assists with class-scheduling and registration, makes

sure all athletes are maintaining satisfactory progress toward their degrees, monitors academic eligibility and provides career counseling. The advisors also secure tutors and schedule study sessions.

Hampton's relationship with a student-athlete starts on their recruiting trip. She sets up individual appointments within the department of the recruit's area of study and then the recruit is given a tour of campus and learns about the services provided by CASS. From that point on, she works with the athletes until the day they graduate.

One of the big things that makes the Winnipeg, Manitoba native's job easier, is the commitment the coaching staff has to the education process.

"One of the things that has impressed me the most is Sarah's total accessibility for any questions on academic issues," Hampton said. "I can walk in at any point and we take care of business. Her accessibility and desire for her student-athletes to be successful academically makes it clear that she considers it a top priority."

Hampton and her husband Robert Meintzer have two children, a son Robbie and a daughter Caroline.





Alabama's Unprecedented Fan Support

For Alabama gymnasts, competing at home is electrifying, especially last year when the Crimson Tide averaged a best in the nation 10,274 fans per meet. As they march into Coleman Coliseum and one by one their names are called and 10,000-plus fans roar their approval, it is an experience like no other. And for most of them, it is the largest crowd they have ever competed in front of.

"Our ladies have worked, for some since they were four and five years old, in relative obscurity," Sarah Patterson said. "They don't get near the recognition during their club careers, even at the Elite level, that they will here. I think the recognition they get here is one of the nicer things in their careers."

In the realm of women's collegiate athletics, there are only a handful of programs that enjoy the level of fan support that Alabama gymnastics does. Along with Tennessee basketball, Utah gymnastics and UConn basketball, Alabama is a perennial among the top-5 in attendance.

"Our fans love when we win," Patterson said. "And they love when we bring home championships, but they are just as appreciative of our success in other areas as well. People like that we have a well-rounded program. Our fans come in the years that we finish second, third or fifth at the national championships as much as they do the years that we win it all. I think that's because of what the program stands for. The fans appreciate the type of people who are involved in the program, the emphasis on community involvement and academics; it's the total package. That's why people support us, not just for any one reason."

That appreciation is a two-way street. Alabama gymnasts are mindful of how great their fan base is. It is one of the factors that draws athletes to the Tide. Lexa Evans-McDaniels, a 2000 graduate, turned down scholarship offers to other schools to walk on at Alabama. For the 2000 Alabama captain, the reason was simple.

"Out of high school I was offered scholarships to other schools, but I knew I wanted to compete in front of the Alabama fans," the Gilford, N.H. native said.

And she did, earning All-American honors and NCAA Woman of the Year for the state of Alabama along the way. None of those honors compared, she said, to the moments on the floor of Coleman Coliseum.

"There is nothing like it," she said. "The feeling you get when you stick an uneven bars landing and you hear the crowd erupt. It's amazing."

Outstanding fan support can push a good team to greatness and a great team to championships, a fact that Patterson and the Alabama Gymnastics program can well attest. The Crimson Tide has won three NCAA Championships at home in front of



some of the biggest crowds in NCAA history, including the NCAA record crowd, set in 1996.

When Alabama sold out the Coliseum on Feb. 1, 1997, against Georgia, 15,043 fans poured into the Coliseum, it was one of the high points of the Pattersons' career.

"We are very lucky to have the kind of support we do," Patterson said. "When we sold out the Coliseum, it was one of the highlights of our career. It was such a great feeling to see something that our program has been working toward for so long finally happen."

The trip from Alabama's inaugural meet in 1975 to the packed houses of the last dozen years has been a long one. Success in terms of "box office receipts" came gradually, built by each generation of Alabama gymnasts

"I remember in the early days, looking up into the stands between rotations and being able to count the crowd . . . easily," Patterson said. "But we worked at it, every year, in ways big and small. It was important to us not only to have a great team, but that people see that team as well."

The fan support shown the Alabama gymnastics team not only heralds the program's success, it sparks that success.

"The crowd can elevate your performance another notch, to a level above where it has been," Patterson said. "We have used that in a lot of different respects. I like the type of crowd we have; I think they've become extremely educated in the sport of gymnastics, and they continue to get better every year."

Patterson is well aware of the potential impact the team she guides can have on the community.

*"There is nothing like it...
The feeling you get when stick an
uneven bars landing and you
hear the crowd erupt.
It's amazing."*

—Lexa Evans

"Our program has been in the forefront, and it's nice to know that our fan support is also in the forefront. The growth of the sport and our fan base has helped us reach a goal in that our ladies can be role models. The importance of excelling both as a student and as an athlete is one of the best ways we can serve as role models to the young girls of the state, and I think that's important."

Alabama's Yearly Home Attendance Averages

Rank	Average	Year
1.	10,301	1997
2.	10,274	2004
3.	9,815	1998
4.	9,510	2000
5.	9,427	1999
6.	9,301	1996
7.	8,983	2002
8.	8,496	2001
9.	8,120	2003
10.	7,997	1995



Note-worthy Attendance Figures

- Alabama has averaged over 10,000 fans per meet twice, in 2004 and 1997.
- The 15,043 fans that attended the 1997 Alabama-Georgia meet is the largest gymnastics crowd in the nation since 1992.
- Over the past decade, Alabama has posted seven of the 10 largest crowds in the nation, including three of the top four.
- Alabama holds the top 15 single meet attendance marks in SEC history.
- Alabama has averaged over 9,000 fans per meet for the last decade.
- The Crimson Tide has had the largest single meet attendance mark five times in the last eight years.

National Single Meet Attendance Highs Over the Past Decade

1. 15,043	Alabama vs. Georgia	Tuscaloosa	2-1-97
2. 14,285	Utah vs. BYU	Salt Lake	3-23-02
3. 14,097	Alabama vs. Georgia	Tuscaloosa	2-13-99
4. 13,563	Alabama vs. Georgia	Tuscaloosa	3-1-96
5. 13,363	Utah vs. Michigan/UCLA	Salt Lake	2-20-95
6. 13,325	Utah vs. BYU	Salt Lake	3-19-04
7. 12,971	Alabama vs. Georgia	Tuscaloosa	2-20-04
8. 12,573	Alabama vs. Georgia	Tuscaloosa	1-17-98
9. 12,316	Alabama vs. Georgia	Tuscaloosa	2-4-00
10. 12,201	Utah vs. BYU	Salt Lake	2-4-00

Alabama's All-Time Home Attendance Highs

1. *15,043	vs. Georgia	Feb. 1, 1997
2. **14,079	vs. Georgia	Feb. 13, 1999
3. **13,573	vs. Georgia	March 1, 1996
4. **12,971	vs. Georgia	Feb. 20, 2004
5. **12,573	vs. Georgia	Jan. 17, 1998
6. **12,316	vs. Georgia	March 4, 2000
7. 12,021	vs. Georgia	March 4, 1995
8. 11,380	vs. Florida	Jan. 30, 2004
9. 11,212	vs. Minnesota	Jan. 30, 1999
10. 10,823	vs. Auburn	Jan. 18, 1997
11. 10,378	vs. Georgia	Jan. 18, 2002
12. 10,077	vs. UCLA	March 16, 2002
13. 10,053	vs. Penn State	Jan. 31, 1998
14. 10,007	vs. Florida	Feb. 7, 1998
15. 10,003	vs. Auburn	Jan. 15, 2000

* SEC and Alabama Record and largest single-meet crowd in the nation in 1997 and the first sellout of Coleman Coliseum for a women's event.

** Largest attendance in the nation that year.

No Vacancy at Coleman

"Lights twinkled in a square around the floor. More lights danced in a circle across the sky. Otherwise it was dusk indoors Saturday night as the gymnasts from Alabama and Georgia marched into Coleman Coliseum.

They couldn't see the faces, but they could hear the voices. Rolling. Cresting. Crashing and building again. It sounded like more voices than usual, more voices than ever, Alabama senior Meredith Willard said, because "it sounded extra loud."

Guided by the voices, they understood. As the lights came up, a light went on. As far as they could see, they could see faces. This was bigger than big. This was capacity. This was history."

— Kevin Scarbinsky, Birmingham News
On Alabama's record attendance against Georgia Saturday, Feb. 1, 1997

One fan after another made their way into Coleman Coliseum Saturday, February 1 until finally, just before 7:00 p.m. and the start of the Alabama-Georgia gymnastics meet, history was made and Alabama Gymnastics sold out.

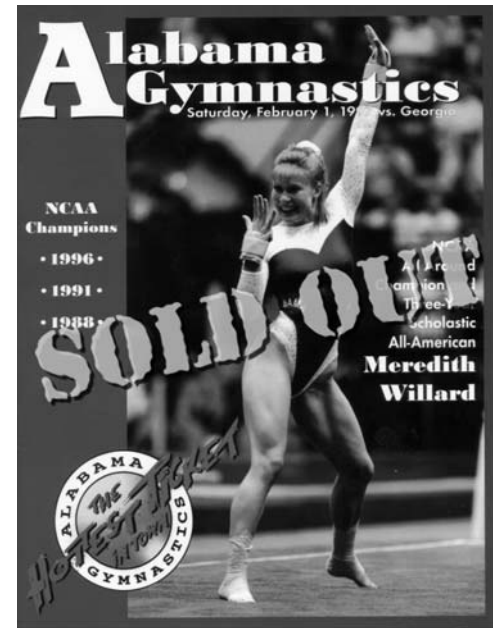
A capacity crowd of 15,043 filled Alabama's home arena. It is the largest crowd to ever see a women's athletic event in Alabama and the largest crowd to ever see an SEC Gymnastics contest.

Alabama had come close before. A total of 13,563 fans showed up in 1996 for the Alabama-Georgia meet. The year before Sarah Patterson's program broke the 10,000 mark in grand fashion as 12,021 fans poured into the coliseum to see Alabama-Georgia. Those three marks stand atop the SEC's all-time gymnastics attendance list. Two of the three are among the 10 largest crowds to ever see a collegiate gymnastics meet.

The all-time record for collegiate gymnastics attendance, 15,238, belongs to Utah and was set in 1991. Alabama's challenge for the record was foiled not by lack of fans, but lack of seats. Reportedly more than 400 fans were turned away from the doors of the coliseum. The Alabama mark is the largest crowd to see a collegiate gymnastics meet since 1993.

Sarah Patterson, who has worked unceasingly throughout her career toward the sell-out, was gratified after 18 seasons to look up into the stands and see the building filled.

"This was a special moment in time. We've had a lot of national champions and All-Americans in our program, but none of them got to stand in front of a sold-out crowd. Our gymnasts were a part of history tonight."



It was a moment in time shaped by Sarah, David and 18 years worth of Crimson Tide gymnasts. Even with three NCAA Championships under her belt, Sarah is still out there every day, promoting her program, asking those who have never been to come watch and asking those who have been to come back.

The easy sell is those who have already seen an Alabama gymnastics meet. In addition to being able to watch a level of excellence that has kept Alabama in the top-4 nationally for a dozen years, Alabama meets exude a family atmosphere and level of fun and excitement that sells itself.

Maybe Ray Melick of the Birmingham Post-Herald, with a little help from from All-American Meredith Willard, summed it up best.

"Cool?"

A three-time scholastic All-American selection, member of numerous honor societies, one of 28 student-athletes across the nation selected to serve on the NCAA Student-Athlete Advisory Committee, and the best word Meredith Willard could come up with was 'cool'?

'Fifteen thousand people,' Willard said. 'That is really cool.'

No, Meredith. Fifteen thousand and 43 people buying every ticket available inside Coleman Coliseum to see an Alabama gymnastics meet is not 'cool.' It's 'hot.'

As in, 'The Hottest Ticket in Town.'"

— Ray Melick, Birmingham Post Herald
On Alabama's record attendance against Georgia Saturday, Feb. 1



Unparalleled Generosity



A tireless speaker and promoter for the Crimson Tide athletic program, it takes quite a bit to render Sarah Patterson speechless, but a recent gift to the athletic department's Crimson Tradition Fund on the gymnastic team's behalf nearly did it.

"I am in awe of the support shown this program and the department as a whole by Mr. Steve Smith and his family," Patterson said. "It is an incredibly generous and wonderful donation and we are humbled by the gesture."

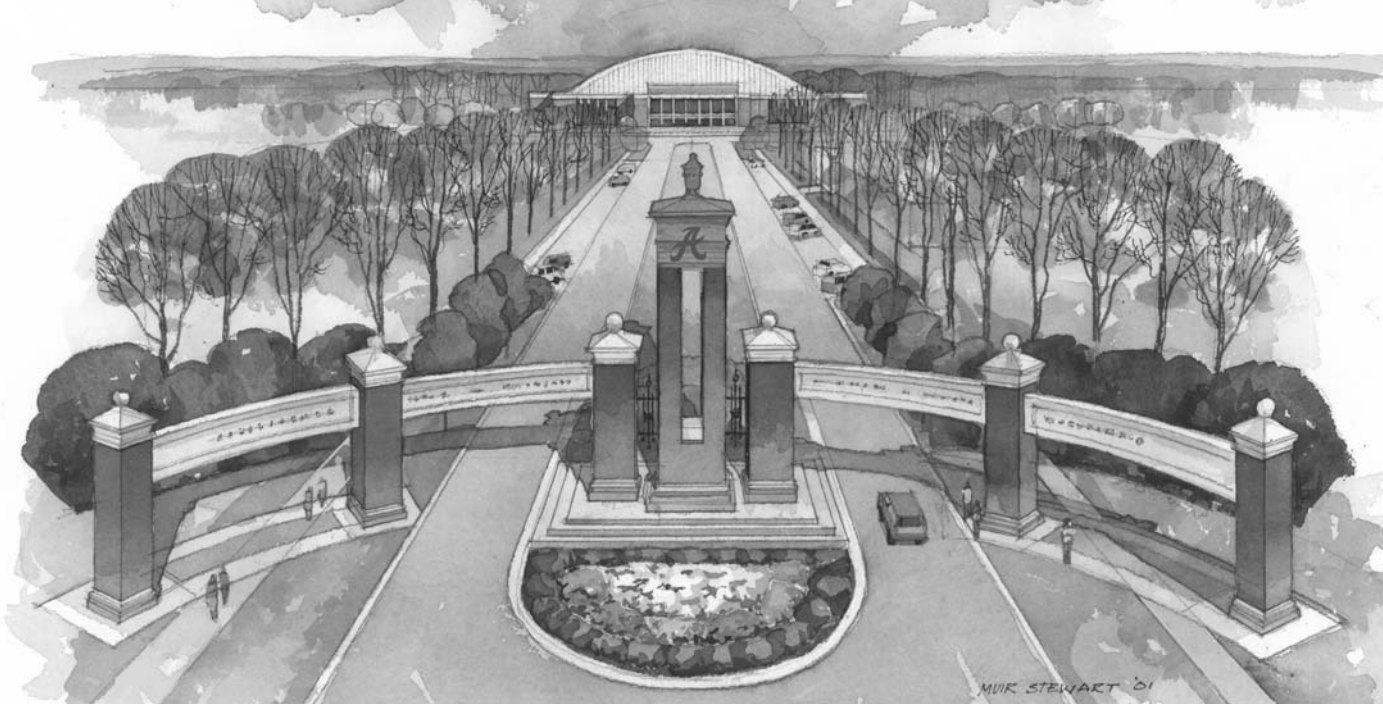
Smith made a one million dollar gift to the Crimson Tradition Fund in honor of his mother, a life-long Alabama fan who "never misses a home gymnastics meet." In honor of his donation, the University of Alabama Gymnastics Practice Facility, part of the Coleman Coliseum Annex, was dedicated the "Frances Smith Gymnastics Practice Facility" on November 5 during a ceremony at Coleman Coliseum.

"All of my life our family have been loyal fans and spectators of the Crimson Tide," Mr. Steve Smith said. "In 45 years as a local business in Tuscaloosa, we have been the beneficiaries

of an extraordinary institution like The University of Alabama. I felt this was my opportunity to give back to a school that has meant so much to us as community members and Crimson Tide fans."

The Smith family has lived in the Tuscaloosa community since 1960 when T.W. Smith moved his wife and five children from Maynardville, Tennessee to start a Krispy Kreme franchise. Frances Smith worked alongside her husband until his death in 1987. She and her children operated the local franchise from 1987 to 1994, a demanding job that often required 16 hour days, seven days a week. Her dedication resulted in her being named "Franchisee of the Year" in 1991, an honor that T.W. Smith earned in 1986 and Steve Smith, who operated franchises in Florida, earned in 1988 and 1996. The "Franchisee of the Year" is the highest honor given by the corporation.

The Crimson Tradition Fund is a comprehensive \$113 million campaign targeted at improving and enhancing Crimson Tide athletic facilities and programs.



Building Success a Brick at a Time

It is one of the most comprehensive and far ranging building projects in all of collegiate athletics and when it is finished, Alabama's facilities will rank with the very best in the nation. The Crimson Tradition Fund, the brainchild of Alabama Athletics Director Mal Moore, will raise more than \$113 million to complete a building project that will touch every team on campus. The Tide is raising \$50 million in private donations with the rest being raised through a bond issue.

"These are exciting times at Alabama," Moore said. "The Crimson Tradition building project will benefit and support all of our student-athletes in a way that will reap far-reaching and long lasting results."

Construction on various projects has been underway for over a year and several are already complete. The football building has been completely renovated and has an all-sport weight room, which covers 22,000 square feet, added to the building. The area occupied by the former weight room is now a state-of-the-art athletic training area complete with a rehabilitation center. The Tide is also enjoying its new soccer and tennis stadiums as

well as a new men and women's golf facility.

Probably the most exciting project is the conversion of Paul W. Bryant Hall from an athletic dorm into a spectacular, three-story academic support center that will assist all student-athletes at the University.

"The Bryant Hall project has been priority one since the very beginning," Moore said. "I feel very strongly that it is a project that will benefit every one of our student-athletes, not just during their years at Alabama, but for a lifetime."

Bryant Hall will be ready to go in February 2005. For more on this particular project, see page 23.

Another exciting project is the nearly \$30 million renovation of Coleman Coliseum, which got underway in September. In addition to modernizing the facility, the project will add offices,

locker and meeting rooms as well as a new 6,400-square foot club level on the east side that opens into the arena.

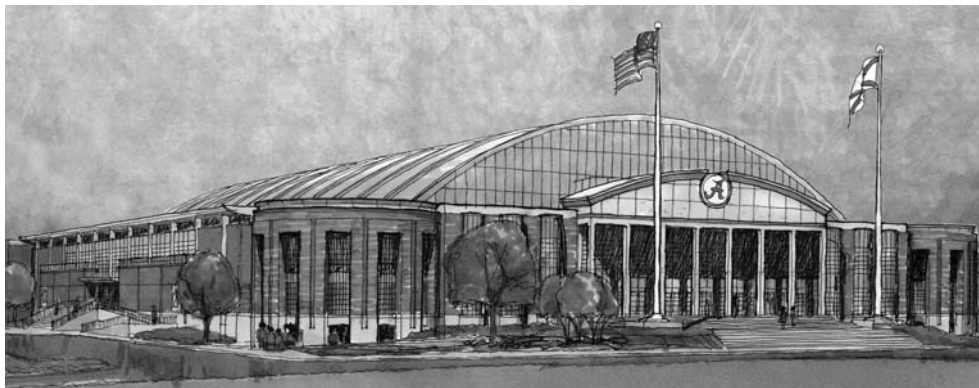
"I was told by the architects that they think when it's over and done, it'll be one of the top five college arenas in the nation," Moore said. "It will have a totally new look that everyone that uses it will be proud of."

The interior of the coliseum will feature new and expanded lobbies and concourses as well as new training and equipment rooms. The project will also see the refurbishment of all 15,000 seats.

There are many more projects in the works as part of the Crimson Tradition initiative, including a new entryway into the main athletic campus and an addition on Bryant-Denny Football stadium. All the elements of the project are specifically designed to enhance the athlete and

fan experience at the University of Alabama.

"As an athletics department, we expect to be at the forefront of collegiate athletics," Moore said. "And the current building projects will ensure that our faculties measure up to those expectations."





Think Pink for a Cure

Sarah Patterson likes pink. She has pink blouses, sweaters, jackets and even pink tennis shoes. Somewhere, she's probably even has a pair of pink sunglasses. But on February 4, 2005, she won't need those sunglasses in Coleman Coliseum.

That day, when Alabama and Auburn meet in Tuscaloosa to decide bragging rights for their cross-state gymnastics rivalry, they won't be wearing their traditional crimson and white nor orange and blue. On Feb. 4, both teams will be wearing shades of pink as part of Patterson's "Target a Cure" initiative to bring awareness about breast cancer prevention and research.

"For the Alabama-Auburn meet this year, we decided to do what we could to focus everyone on an issue that is important to every woman," Patterson said. "Everyone knows someone that has been affected by cancer and breast cancer is particularly devastating to women. Anything we can do to help spur awareness and raise money for research is a very good thing."

To that end, Patterson has been active in the community all fall, meeting with businesses, University and community leaders and members of the medical community to drum up support for "Target the Cure" night.

"From the first moment, the response has been overwhelmingly positive," Patterson said. "Everyone has asked what they can do to help make this night a success. We're very excited about the possibilities such a night brings."

"Target the Cure" is just another example of Sarah Patterson's tireless work in the community. Her service is a gesture of appreciation given in return for the support the community offers to Patterson and her program.

"The community gives so much to our program in terms of support and recognition," Patterson said. "Being involved in community service, we are in some small way giving back to the community."

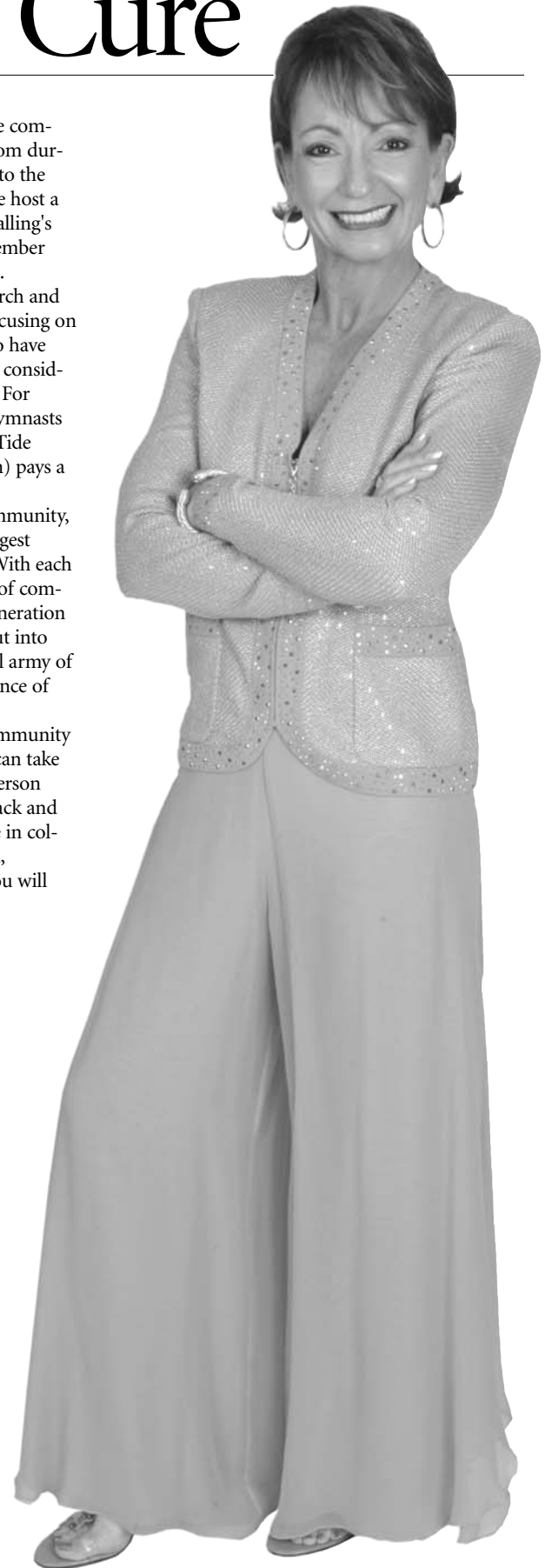
Through her efforts, Patterson has become an essential member of the Tuscaloosa and Alabama community. And in the process she has become a valuable resource, helping many worthy causes with her time, encouragement and hard work. She has served as chairperson for the Help & Hope Barbecue, the proceeds of which go to the DCH Regional Medical Center's Cancer Center. Patterson has also worked tirelessly for the United Way, United Cerebral Palsy and the Salvation Army among a host of others. Sarah and David Patterson also served as honorary chairpersons of the Chamber of Commerce of West Alabama's Adopt a School Benefit Golf and Tennis Tournaments for the Tuscaloosa City and County School System.

In addition to spending time in the community, the head coach also makes room during practices to bring the community to the gym. Each year, Patterson and the Tide host a Christmas party for children of the Stalling's RISE Center, a tradition each team member looks forward to in the holiday season.

RISE is a 25-year-old service, research and training program at The University focusing on infants, toddlers and preschoolers who have identifiable disabilities or who may be considered at risk for developing disabilities. For nearly three hours, the children and gymnasts play while Santa Claus (aka Crimson Tide Assistant Head Coach David Patterson) pays a visit.

Despite her many hours in the community, and her projects, Sarah Patterson's biggest impact is on the lives of her athletes. With each class she introduces to the fulfillment of community service, she creates another generation of gymnasts who take those lessons out into the world with them, creating a virtual army of young women who know the importance of helping those around them.

"Learning to be involved in the community at this young point is something you can take with you for the rest of your life," Patterson explained. "If you've learned to give back and be very unselfish with your time while in college, then when you are grown, settled, matured and have your own career, you will continue to give back to society."



Riding for a Good Cause



Photos - Clockwise from top left: 1) David Patterson (bottom row center) and friends raised over \$50,000 last summer for Camp SAM. 2) Bryan Raschilla, Whitney Morgan, David Patterson, Kristin Sterner are greeted at Camp SAM by Ashton Welborn, gymnast and cancer survivor. 3) The "Ride of Love" makes its way into Camp SAM. 4) David and Camp SAM campers pose for pictures.

This year was hard, really hard. The first year David Patterson rode 140 miles from Tuscaloosa to shores of Lake Martin in the heat of Alabama summer was tough, if for no other reason that he'd never gone that far on his bike before. But the "Ride of Love" was for children with cancer, so they could go to a camp designed just for them, and that was all the motivation that David, a cancer survivor himself, needed.

And so the second year was a little easier, because he knew what to expect and he knew what was waiting for him at the end. He knew what it felt like to cycle over the bridge and into Camp Smile-a-Mile.

But last year, his third ROL was very hard. Patterson had come down with the flu just two days before the ride, but was determined that he wasn't going to miss the ride that he and ROL founder Stephanie Wilkins had spearheaded for three years.

"Last year we ended up with 13 riders and I was thrilled that our group had grown to over 40 riders for this year," Patterson said. "The children of Camp Smile-a-Mile don't let their illness stop

them and I was determined not to let the flu stop me."

So after two days of rest and plenty of orange juice, he joined Wilkins and a record 40 other riders at 6 a.m. in the parking lot of the Tuscaloosa IHoP and got underway. That started a very, very long day.

By lunch, Patterson was struggling, but no where near giving up.

"This was a new experience for me," Patterson said. "The year before I was helping others that struggled, letting them ride behind me to break the wind when they struggled. This year I was on the other end and grateful for the help."

In the end, Patterson, with help from other riders, made the entire ride, and once again rode over the bridge into Camp SAM to the cheers of campers gathered on the other side. And once again, even through the tremendous struggle of that long day, it was all worth it.

Patterson wasn't the only member of the Alabama Gymnastics family making the Ride in 2004. In addition to Wilkins, the Tide's nutritionist, assistant coach Bryan Raschilla made the trek

as did team physician Jimmy Robinson. Former gymnasts Kristin Sterner and Whitney Morgan also rode for the cause.

"The whole decision process involved my five-year anniversary of having kidney cancer," Patterson said. "I felt like I wanted to do more for others with cancer. I had known Stephanie for several years because she had been our team nutritionist, so I decided I would get involved with her project. From there it has snowballed. It was great to have so many members of the Tide family involved this year."

His involvement isn't relegated to the ride itself, which takes over 10 hours. There is a lot of time and effort put into fundraising as well as training for the ride.

The ROL started in 2001 with Wilkins riding alone and raising approximately \$12,200. In June 2002, Wilkins partnered with Patterson and together they raised approximately \$21,500. Sixteen riders strong in 2003, the Ride raised \$33,000. Last year, 40-plus riders far exceed their initial goal of \$40,000, raising \$50,000, enough to send 200 children to Camp SAM.



A Tradition of Excellence

Alabama in the Community

Alabama gymnasts have long been recognized for their efforts to help out in the community. Whether it is speaking to local school children about staying away from drugs and alcohol or organizing a bake sale to raise funds for Project Angel Tree, Alabama gymnasts are busy throughout the community. Over the past half-dozen years, they have logged over 1,500 hours of their time in the community.

Coach Sarah Patterson also stresses that while Alabama gymnastics strives to win national championships each year, the program's central goal is to develop the entire person.

"In the grand scheme of things, we are trying to develop the most balanced student-athlete possible," Patterson said. "Part of that balance includes helping out where we can."

In this way, the service not only benefits the community, but also pays big dividends for the gymnasts. Involvement in programs such as the annual RISE Christmas party is just one example of where the gymnasts walk away with a new outlook. The children receive the special treat of playing with the gymnasts in their training facility, but it is the athletes who walk away with so much more. Perspective is just one gift the children give to the gymnasts.

There are several annual projects, such as the RISE Christmas party, the Beat Auburn/Beat Hunger food drive, Project Angel Tree and the American Heart Association's Walk-A-Thon.

The team also undertakes a bake sale every year, buying the ingredients, making the baked goods themselves and selling their wares at a stand set up on the University Quad to raise money for Project Angel Tree. The bake sale, in its eighth year, raises approximately \$300 to buy Christmas presents for children whose parents are in prison.

Another program near to the gymnastics team's collective heart is Camp Smile-a-Mile, an organization that benefits children with cancer. The Tide has hosted receptions and interacted with the campers over the years and a close relationship between the team and the program has developed. One camper in particular has become a Tide favorite. Ashton Welborn is a nine-year old with leukemia. A part of the local gymnastics club team, Tumbling Tides, she met David Patterson, a cancer survivor himself, and soon became a regular, when her treatment would allow, at the Tide's gymnastics meets.

Each athlete finds their own way to make a difference, from working in soup kitchens to visiting the elderly at assisted living facilities and nearly every gymnast has encouraged schoolchildren through various speaking engagements.



Alabama gymnasts are involved in a variety of annual projects, from their holiday party with the children of the Stallings RISE Center, to helping host a Halloween party for area children to an annual Bake Sale (pictured above) that raises money for area children in need.

In 2002, two-time NCAA Champion Andréé Pickens earned the Southeastern Conference Community Service award for her tireless work in the Tuscaloosa and University of Alabama community.

"The community has already given so much to this team in terms of support," she said. "When you have crowds in excess of 10,000, it's a great tribute to our program. This is our small way to give to them."

It's important to note that the Pattersons do not press their athletes to participate in community service. Individual efforts are strictly voluntary. But each athlete finds their own way to make a difference, from working

in soup kitchens to visiting the elderly at assisted living facilities and nearly every gymnast has encouraged schoolchildren through various speaking engagements.

"Any time you have a recognizable student-athlete volunteering her time, it shows people in the community the types of individuals we have involved in our program," Sarah Patterson said. "Community service helps our student-athletes to realize that winning and losing aren't the entire game. The collegiate experience should be about the experiences of life. Our involvement with these programs does just that."

Director of LifeSkills

Karin Lee

Take a look at Karin Lee's day planner and you see pages and pages of appointments, meetings and things to do, but she doesn't mind, acknowledging that a hectic schedule is all part of directing one of the nation's most successful LifeSkills programs.

"There are a lot of plates to keep spinning," Lee said with a smile. "But the work is so worthwhile that it really doesn't feel like work."

Lee, who has been on staff with the athletics department since 1997, was promoted to Assistant Athletic Director for LifeSkills and Community Outreach this fall. She coordinates the variety of elements that fall under her program with unfailing good humor, making her a popular on-campus fixture. Under Lee's direction the Athletics Department's program has been cited as a Program of Excellence by the National Athletic Directors Association. Only a handful of programs have been awarded with this recognition.

Just a few of Lee's many functions includes serving as staff advisor for Alabama's Student-Athlete Advisory Board, coordinating the Crimson Tide's community outreach program as well as its career development efforts. She also serves as athletic department's liaison with Student Affairs Department, the Dean of Student's office and the Student Government Association.

As part of the community outreach program, Lee coordinates requests for student-athlete speakers and guests at various Tuscaloosa area schools and other appearances that fall under the community umbrella, including volunteering with the Boys and Girls Club, the Salvation Army Soup kitchen and speaking for area youth sports banquets.

"This is just one of the areas where the gymnastics program really excels," Lee said. "Community involvement is a voluntary aspect of a student-athlete's life, but it is one that the entire gymnastics program has embraced wholeheartedly, which in this area makes my life very easy."

Under the umbrella of personal development, she brings experts to campus who speaks to student-athletes on such topics as time and stress management, interacting with the media, public speaking, leadership, personal relationships, alcohol and drug education and violence prevention.

Many freshmen athletes participate in a semester-long orientation class that helps them adapt to a college life involving athletics. CASS (Center of Athletic Student Services) advisors teach the classes.

"We work hard to provide information that will help our students not just with the next four years, but for the rest of their lives," Lee said. "When we make the decision to bring a speaker to campus, the question is, will this topic and this speaker further the student-athlete as a person. Is this something that will benefit them? And if it is, then we bring that person in."

Lee also coordinates the athletics department's efforts with the career center on campus, helping to provide classes on resume writing and interviewing techniques. The gymnasts are involved in many professional-development programs including Career Day, an annual event that brings 60-70 successful business leaders to campus. It serves as a career fair where athletes can make professional connections for the future once grips are hung up and leotards are retired.

A native of Chapel Hill, N.C. Lee earned a bachelor's degree in political science from The University of North Carolina-Greensboro before obtaining a master's degree in sports administration from The University of North Carolina.





Catching up with Merritt Booth



It's hard for Merritt Booth, now Merritt Baumgartner, to believe that it's been 10 years since she and her teammates won the 1995 Southeastern Conference Championship. Baumgartner was a freshman that season and a key player in the Tide's come from behind victory.

"I remember that meet vividly," she said. "We didn't do so hot on the first couple of events and I thought we were trying to be third or fourth. I thought at one point we were just trying not to be last."

Things weren't quite that dire, but Alabama needed some big scores down the stretch to have any kind of chance to win.

"Sarah (Patterson) came up to me before my floor routine, I think I was up last, and she'd never said anything like this, but she said 'We need a big one Merritt'," and I told her ok," Baumgartner said. "Again, I thought we were just trying to back to the middle."

Baumgartner responded to Patterson's request with a team best 9.925, setting the stage for one of the great vaulting performances in the history of the SEC. But first, there was a bye to go to and Sarah and David Patterson wanted to have a word with their team.

"After floor we went to the locker room and boy were we in trouble," Baumgartner said. "Sarah and David were pretty mad, but they also kept saying that it wasn't over, that we had one more event. Even at that point, I didn't have a clue."

The Tide responded to their pep talk with a then NCAA record vault performance, counting nothing less than a 9.9. Baumgartner and

senior Chasity Junkin both scored career high 9.975s and junior Kim Kelly finished the night off with a 10.0. Even then, Baumgartner and her teammates didn't know what they'd done.

"We thought maybe we'd gotten third and we hoped for second," she said. "And every team they called during the award ceremony we were like 'well at least we're not last, at least we're fourth'. And then they called out the third place team and we were really excited, because we were second."

And then they came the announcement that LSU and Georgia had tied for second place, and Baumgartner and her teammates realized what they'd done.

"It was just an amazing feeling, one that I remember really well even today" she said. "I remember standing next to Chasity on the award stand, which was really tiny, so we were all on our tip toes, hanging on to each other."

Booth would have other great moments to remember. She was an integral part of the Tide's 1996 NCAA Championship, earned eight All-American honors and was an NCAA Woman of the Year top-10 finalist.

And since her graduation in 1998, she has been around the world and back again, literally. She and her husband Greg, a Navy helicopter pilot, were married in Malta, a small island off the coast of Sicily. Greg was stationed in Sicily after the tragedy of September 11, 2001. The couple, who met in a class during Merritt's junior year, was married on Dec. 21, 2001. She returned to the United States soon after to complete her Physician's Assistant degree at South Alabama with the help the NCAA and SEC Postgraduate Scholarships she earned during her Tide career.

After graduating in July of 2002, she returned to Sicily where she volunteered her services at the base hospital. Even from around the world, she still kept up with the Crimson Tide.

"The first year I was there, I would get up the morning after a meet and look at the scores and read on the commentary on the Medalist Club website," she said. "Last year, I didn't sleep very well while I was pregnant, so sometimes I would get up at 2:30 a.m. Sicily time, which was just when the meets were starting in Alabama and I would watch the scores and commentary live."

And while the ease of keeping up with the Tide abroad was nice, the Baumgartner family, which now includes Robert Aden Baumgartner, was happy to return to the United States in October 2004. Aden was born May 16, 2004 at the American Hospital in Sicily.

"It's so good to be home," she said. "I really enjoyed living overseas, and we got to see so much that we never, at our age, would have gotten to otherwise, but it's nice to be home."

The Baumgartners moved to Pensacola, Fla. in January 2005, where Greg is a flight instructor at the naval base. And once she gets Aden and the household settled, Merritt plans to put her physician's assistant degree back to work. She also plans on catching up with some old friends.

"It's nice to get in the car instead of flying all day to see family and friends," she said. "And it will be great to see a gymnastics meet in person again. I've finally gotten to the point, I think, where I can watch a meet without getting 'too' nervous. I'm glad to be back."

Catching up with Alli Beldon



The Kustoffs, from the top left, clockwise - Annie, Emily, Danny, Alli, Hilary and Jeremy

For Alli Beldon Kustoff being a part of the Alabama gymnastics team from 1985-88 was like adding to her family.

"Our families would all travel to the meets," Kustoff said. "So you didn't just know your teammates, you knew their families too. It was really neat. Sarah (Patterson) should have an alumni meet for the parents of the gymnasts one year, that would be a lot of fun."

And in addition to meeting her 'sisters' as a rookie, Kustoff was introduced to her future husband Danny that first year as well, paving the way for a family all her own.

"I met Danny when I was a freshman, so he went through the whole thing with us," she said. And the whole way meant traveling to Salt Lake City, Utah Alli's senior year in 1988 when Alabama won its first NCAA Championship.

"It was great, Kathy (Bilodeau) and I got to go out on top. We didn't have to worry about defending our title or anything," Kustoff said with a laugh. "But really it was a great time, winning Alabama's first SEC and NCAA Championships, it really was kind of magical."

Kustoff's tenure in Tuscaloosa was one of growth for the gymnastics squad. As a freshman, all her meets were in Foster Auditorium. By her sophomore season they had their first meet in Coleman Coliseum. As a junior they split the meets between tiny Foster and Alabama's current home, which holds 15,000 fans. And by her senior year, they were competing in front of 5,000 to 6,000 fans.

"I don't know of another period of time that saw that kind of change," Kustoff said of her years at the Capstone. "We were going all over town handing out flyers and asking people to come to our meets. It was really great to be there for that kind of change."

This past year, Sarah Patterson once again asked Alli's help in bringing fans to the Coliseum.

"When we started the "Fun Family Fridays" campaign last year, Alli and her family were the first ones I thought of to help us advertise," Patterson said.

So the Kustoffs shot a commercial promoting the virtues of a gymnastics Friday night that ran throughout the year.

These days the Kustoff's children, Hilary, Jeremy, Emily and Annie, all look upon coaches Sarah and David Patterson and the gymnasts of the late 80s as more than just mom and dad's old friends.

"I don't think they look on them as my former coach and teammates, but more like aunts, and in David's case, an uncle," Kustoff said. "They've known them all their lives. They just

love Sarah and David to death."

Of course part of that might be because 'Aunt' Sarah makes her famous chocolate chip cookies for every Kustoff visit.

It's obvious that family, her own and her Alabama gymnastic family, are important to Kustoff. She and her crew recently moved into their new house, one that they built right next to Alli's parents in San Antonio. The highlights include being able to run next door for a quick visit anytime they want, making living in a rental house for two years while waiting for the new house well worth it.

"It's been great, we've really enjoyed it, especially the kids," Kustoff said. "They can see my parent's driveway from our house, so they can see when their grandparents get home and they can run over there and see them."

Last year, the Kustoffs, with grandparents along for the ride, came back to Tuscaloosa for a football game.

"They really enjoyed that," Kustoff said of her children. "They like coming back for the gymnastics meets, but they really liked the atmosphere and all that goes along with a Crimson Tide football Saturday."

Her kids were also impressed that mom knew the Tide football coach. Mike Shula was quarterbacking Alabama at the same time that Alli and her teammates were winning championships.

"Yeah, they thought was kind of neat," Kustoff said. "I didn't think we'd get to see Mike, but it worked out that we ran into each other for a few minutes before the game."

And while her kids are interested in and play different sports, including tennis and swimming, there is also a gymnast in the bunch. Her youngest, Annie, trained at same gym that produced current junior Ashley Miles and she attended the Alabama Gymnastics camp this past summer, where she stayed with Alli's former teammate and current Associate Athletics Director Marie Robbins.

"She had a blast, and for me it was an excuse to visit Tuscaloosa again," Kustoff said. "Annie used to work out at the same gym that Ashley did, so she's always looked up to her. So it was fun for her to see Ashley during camp."

These days, on those trips back to Tuscaloosa for alumni meets, the Kustoff's are part of the 10,000-plus fans that come to the Crimson Tide create, adding to the legacy of fan support that Alli and her teammates helped create. And maybe one day Annie Kustoff will follow in mom's footsteps, and add her own chapter to the legacy that Alli Beldon and her gymnastics sisters got rolling.



A Tradition of Excellence



Keeping up with the Tide

Keeping up with the Alabama Gymnastics team is no problem these days. Newspapers, television, radio, magazines and the internet . . . if it carries information, you can be guaranteed Alabama Gymnastics has a voice in it.

Over the last two-dozen years, coverage of the Crimson Tide gymnastics program has grown exponentially. There's no secret formula for the Tide's media success. Alabama wins a lot, with four NCAA Championships and five Southeastern Conference Championships since 1988 to go with over 300 regular season wins since 1979.

The second part of Alabama's formula for media success is interest. To have such a wide variety of media outlets covering its doings on a regular basis, Alabama had to prove that people cared. An average of 9,000-plus fans per meet over the last decade, including an NCAA best 10,274 per meet last season, certainly qualifies as interest.

"It's not just enough to win if you want the media to cover you," head coach Sarah Patterson said. "You have to convince them, especially if you are a women's team, that people care. Once our attendance started to rise into the thousands, I think the newspapers and television stations started to understand."

And as the number of media outlets has grown, so too has the Tide's exposure. This season, Alabama will again be staples on CBS, ESPN and Fox Sports.

And new for the 2005 season, Alabama will simulcast its meets on the radio and internet.

The broadcast will originate from WVUA-FM in Tuscaloosa and will be available over the internet at www.newrock907.com.

"We're excited about bringing our meets to life via the radio," head coach Sarah Patterson said. "Our fans have really enjoyed following us through live scoring and commentary on the internet, and this is just another way that we can bring the meet experience to our fans no matter where they are."

And in addition to the Tide's meet broadcasts, Sarah Patterson and the gymnasts are regulars on "Hey Coach!"; the Crimson Tide's weekly radio program. Radio show hosts throughout the state who like lively and knowledgeable guests on their shows call on Patterson often.

Technology has taken a definite hand in broadening the scope of Alabama Gymnastics' reach. The internet has been a boon to Alabama fans around the world.

Not only can they read newspaper accounts from their home computer, they can also access a pair of websites devoted to the Alabama gymnasts and their accomplishments. The official University of Alabama Athletics site is located at www.rolltide.com. The Medalist Club was one of

the first booster organizations for any sport to have its own website, which underwent an extensive redesign this fall, is located at www.gymtide.com.

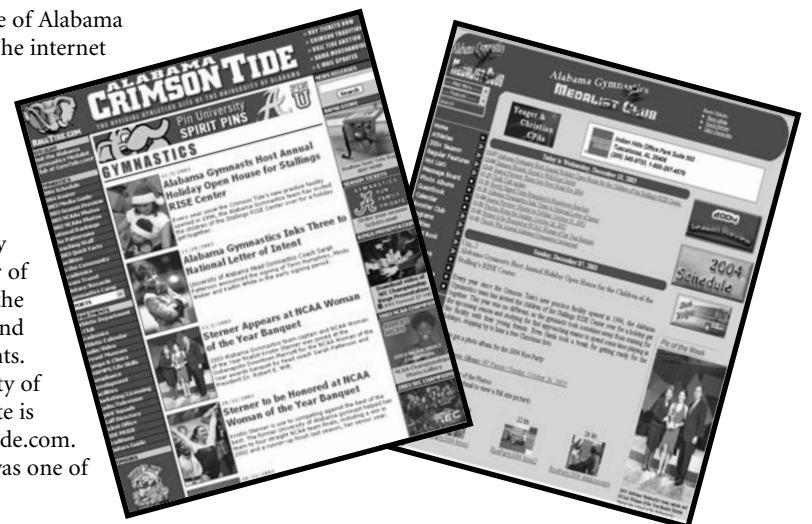
Both sites feature a wide variety of exclusive information, including webchats, live meet scoring and video clips.

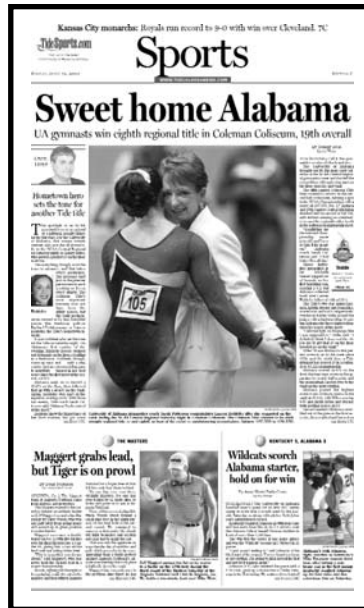
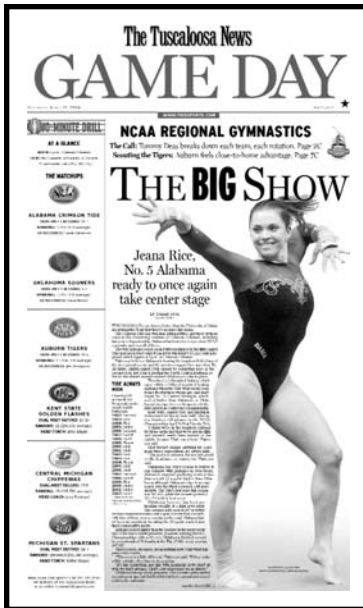
"When I started, I had no way of knowing the advances that would be made in communication and technology," Patterson said. "But I did know that I wanted Alabama to compete and achieve at the highest level and I wanted people to know about it. Some of the ways in which we receive coverage boggles my mind. The amount of coverage is what I had hoped for."

Alabama also has its own weekly show. The "Sarah Patterson Show" is in its sixth season this year. The half-hour program, co-hosted by Sarah Patterson and long-time Tide personality Tom Roberts, is broadcast to nearly a million homes per week in Alabama, Georgia, Tennessee and Mississippi.

Patterson and company are also featured on a weekly satellite feed that broadcasts highlights and interviews. Television stations around the country pick up this feed for use in local and national broadcasts.

Newspaper coverage from Alabama's 11 daily papers has grown to the point that coach Patterson has a weekly media teleconference to accommodate all the writers. In the past several years, The Tuscaloosa News has done several "Gameday" sections on the Crimson Tide. The gymnastics team is a regular on the front page of sports and occasionally makes its way onto the front page of the paper. The Birmingham Post-Herald has





Whether it's television, newspapers or the internet, the Alabama Gymnastics team is well covered. There are two webpages dedicated to the gymnastics program (opposite page, bottom right) www.rolltide.com, the official website of Crimson Tide athletics, and www.gymtide.com, the official website of The Medalist Club, the official booster organization for the gymnastics team.



done three full-page spreads on Alabama's program over the last several years.

Magazines devoted to Crimson Tide athletics, such as Bama Magazine, routinely cover the gymnastics program, but

national magazines such as Sports Illustrated for Women, Sports Illustrated on Campus and Glamour Magazine have also featured Tide gymnasts.

In fact this fall, Sports Illustrated on Campus featured junior Ashley Miles as one of six

collegiate athletes, regardless of sport or gender, to watch in 2005.

Alabama is also one of the few women's teams in the nation that has a full program for each of its home events. Crimson Tide Sports Marketing, the marketing arm of the athletic department, produces a full

color, 52-page program for each regular season home meet of the season. The programs include interviews, statistics, features and opponent information.



A Tradition of Excellence

Sweet Home Coleman Coliseum

Whether practice or competition, the Alabama gymnastics program has one of the finest homes in the nation. And in terms of the competition arena, one of the best is getting better as Coleman Coliseum is in the midst of a massive renovation that will make it one of the top collegiate arenas in the country (see page 29 for details on the renovation).

The Alabama practice gym, part of the Coliseum annex completed in 1996, is a state of the art training facility. The main practice space boasts a design that is at once attractive and extremely functional. The equipment is all arranged to give an increased fluidity in practice. There are six uneven bars stations, five balance beams, three vaults and an oversized floor in place.

All aspects of the complex come together in a marriage of form and function that gives Alabama a training edge. That is important to the coaching staff, which spent countless hours in designing the 12,500-square foot gym, but the most important aspect of the space isn't readily apparent to the casual observer.

"We train everyday in a beautiful facility that has everything we could ever need," Sarah Patterson said. "Most importantly though, it was totally designed to minimize and alleviate impact on the gymnasts. If you look at it, the facility is aesthetically pleasing, but if you look close, you will notice that it was designed with the gymnasts' bodies in mind."

Multiple soft landing pits are available for all four apparatus, giving the Tide the freedom to train skills in enhanced safety. It also gives Alabama the capability of teaching a variety of skills at the same time.

"We have the equipment and space to choose how we want to run practice," assistant head coach David Patterson said. "We can split into two or three groups or we can all be on one event if we are having an intra-squad. It gives us the freedom to do that or to have everyone on four different events at the same time. We have the room and the staff to do that and be effective with it. Also, we put enough diverse things into the design of the facility where it is very helpful in terms of teaching new skills."

The main practice area includes an in-ground trampoline and tumbling strips. The sound system that drives the Tide's practices is top-notch, surrounding the floor exercise area with the same level of sound the Tide will encounter in a meet setting. There is also an array of cardio equipment, including a pair of treadmills, a stair stepper, two elliptical trainers and a recumbent bicycle.

A mini training room is stationed in one corner of the gym where athletes can get taped in comfort. Alabama's main training room is located just down the hall and has all the latest equipment.



A separate 2,000-square foot aerobics/dance studio is connected to the main practice area. That area houses another sound system, utilized during the Tide's spinning workouts and yoga sessions. The gymnastics team has 20 spinning bikes, all housed in the aerobics/dance studio.

Just outside the practice gym and dance room is the Tide's team room and locker room. The team room, furnished in large part by Alabama gymnastics' booster organization, The Medalist Club, contains a stereo and television console. The room also contains both Windows and MacIntosh computer stations, along with both a color inkjet printer and a laser printer. Both computer stations are connected directly to the internet, allowing the gymnasts to check e-mail, write papers and do research all from one spot. The locker room is furnished with cherry wood lockers, as well as a lighted vanity and adjoining shower facility.

Even before the current renovations, Coleman Coliseum was already one of the best places in the nation to watch gymnastics. There are few atmospheres better in collegiate athletics than a gymnastics Friday night in Coleman Coliseum. The roar of the crowd as Alabama marches in, the program's accomplishments being touted on the twin Jumbo Tron video screens at either of the arena, is deafening.

Coleman Coliseum has hosted some of the biggest gymnastics meets in the country including the 1991, 1996 and 2002 NCAA Championships and the 1988, 1993 and 1999 SEC Championships. This season, the NCAA Regional Championships returns to Coleman for the ninth time.





The Crimson Tide's practice facility has a built in video imaging system that allows Alabama the luxury of immediate video feedback at any point in practice. The system uses an array of video cameras to record and then breakdown a gymnast's performance frame by frame.

"Our video system has been a big plus," David Patterson said. "We have multiple cameras in the gym and at any given moment, without having to go get a video camera, you can push a button and watch that event. It has become more and more of an integral part of practice. Gymnasts can look at their skills and see a technical thing that they need to do to fix something or see where they need to be a little tighter and keep that leg a little straighter."



Alabama's team room contains all the comforts of home, along with a computer station with two printers and internet connections.



"These young ladies are excellent role models and excellent students and transition into solid community citizens. It's great watching them grow into women of distinction."

-- Medalist Club President Russell Moore



Bama Gymnastics Medalist Club

Officially organized in 1987, The Medalist Club was formed to support all aspects of Alabama gymnastics. Since that time, the group has grown to over 300 memberships representing more than 700 people.

As the Alabama gymnastics program continues to grow, so does its fan base. The Medalist Club seeks not only to cheer on the gymnasts, but also provide a means by which fans can come together in an organized way to support the program. More than that, members of the club have the opportunity to get close to the program.

Without the Medalist Club, Crimson Tide head coach Sarah Patterson believes the gymnastics team would be missing an important link on its chain of successes.

"This goes beyond the realm of a plain booster organization that provides financial support," Patterson said. "The emotional support they provide is what sets them apart from any other organization."

"This is a group of people focused together on providing support for our student-athletes in terms of fans and fellowship in a family atmosphere," Patterson explained. "They have taken the art of being a fan and turned it into something that allows everyone, including the student-athletes, to enjoy the benefit of it."

In addition to hosting pre and post-competition receptions and the end-of-the-year banquet, club members have other chances to mingle with the athletes, coaches and other Alabama gymnastics enthusiasts.

"In some sports, you have booster organizations where athletes never really get to know their supporters," Patterson explained. "Through our Medalist Club, fans feel connected to our athletes and our coaches, thereby becoming an extension of our program."

"We have the enviable opportunity as Medalist Club members to get to know the gymnasts as people, which is almost unheard of in these days," 2004-05 club president Russell Moore said. "I've been involved with Alabama Gymnastics since 1984 and love the whole basis for the program."

Families are a focal point of the booster group. With the inception of "Tide Tykes/Tide Teens" in 1999, children have had the chance to hang out with the gymnasts in their own special reception. That program continues the sense of family that the Tide gymnastics program has fostered over the last 26 years under Sarah and David Patterson.

"It's a great family activity," Patterson said. "It provides children with the opportunity to be involved with some terrific role models."

The Medalist Club is also instrumental in helping the Tide host the number of conference and national competitions that come to Tuscaloosa and Coleman Coliseum over the years, including the 2002 NCAA Championships and this year's NCAA Central Regional Championships.

"The support we get from the Medalist Club in hosting championship meets is one of the reasons that our hospitality is nationally known," Patterson said.

"We've had excellent leadership in the past and I plan to continue the tradition of leading and expanding the nation's flagship gymnastics booster club," Moore said. "One of the things we've worked on and will unveil this year is the "Sarah Patterson Distinguished Alumni Award". This will be similar to the Paul Bryant Alumni Athlete award except for a former gymnast or someone involved in the program. Nominations are being taken and a panel of experts will review and name the winner which will be recognized at a home meet."

The Sarah Patterson Distinguished Alumni Award will recognize those members of the Alabama Gymnastics family who continue to lead lives of distinction after their gymnastics careers are over.

The Medalist Club also continues to seek improvements within its organization. Its website, www.gymtide.com, sponsored through corporate partnerships, was among the nation's first. This fall, the highly popular site went through a major redesign and is better than ever because of it. Throughout the season, the club sponsors different advertising campaigns. Moreover, the group has donated several items to the team over the years, including computers and printers for the team room and a bookcase and television unit that covers an entire wall of that room.

Photos: From the left - Sarah Patterson confers with 2003-04 Medalist Club President Ken Donaldson, the "Tide Tykes" gather during a meet and Meredith Laxton and Shannon Hrozek visit with some young Medalist Club members



Medalist Club Scholarships

As if being the best support group in the country wasn't enough, the Medalist Club has taken their support of Alabama Gymnastics another step forward, creating a postgraduate scholarship that gives members of the Crimson Tide gymnastics family a chance to continue their education at The University of Alabama.

The postgraduate scholarship has been a long time goal of the Medalist Club, one that came to fruition at the 2000 year end banquet. That night, the organization awarded its first two scholarships, one to 1999 graduate Gwen Spidle and the other to 2000 grad Lexa Evans. Since then, 2002 seniors Alexa Martinez and Andréé Pickens have both pursued Master's degrees utilizing the Medalist Club scholarship.

"We are continually raising funds for the Postgraduate Scholarship Fund which allows former gymnasts at Alabama to continue their post-undergraduate education at Alabama," 2004-05 Medalist Club president Russell Moore said.

"To my knowledge, we are still the only University that has this sort of program and I think it is among the best things that we do. First and foremost these young ladies are at Alabama to receive a top-notch education and to be able to help women like Alexa Martinez and Andréé Pickens continue their education is outstanding."

The Medalist Club isn't sitting on its laurels either. Already awarding scholarships in the amount of 5,000 dollars, the organization is looking toward doubling that amount.

"We currently award a scholarship that is equivalent in value to an SEC Postgraduate Scholarship," former Medalist Club president Chuck Karr said. "Our goal is to be able to award a scholarship that is equivalent in value to an NCAA Postgraduate Scholarship - one of the most prestigious awards available."

Spidle earned a Master's Degree in Sociology in the spring of 2001 while Evans earned her Master's in public relations a year later. Martinez earned her Master's in Marketing in May of 2004.

"Earning that scholarship is such an honor," Martinez said. "I'm excited about the opportunity to further my education at the University and I can't thank the Medalist Club enough for all their support and encouragement."

Patti Eggers chaired the committee for the postgraduate scholarship. As a former Alabama gymnastics stand out, Eggers recognized the importance and significance of finally awarding the gifts.

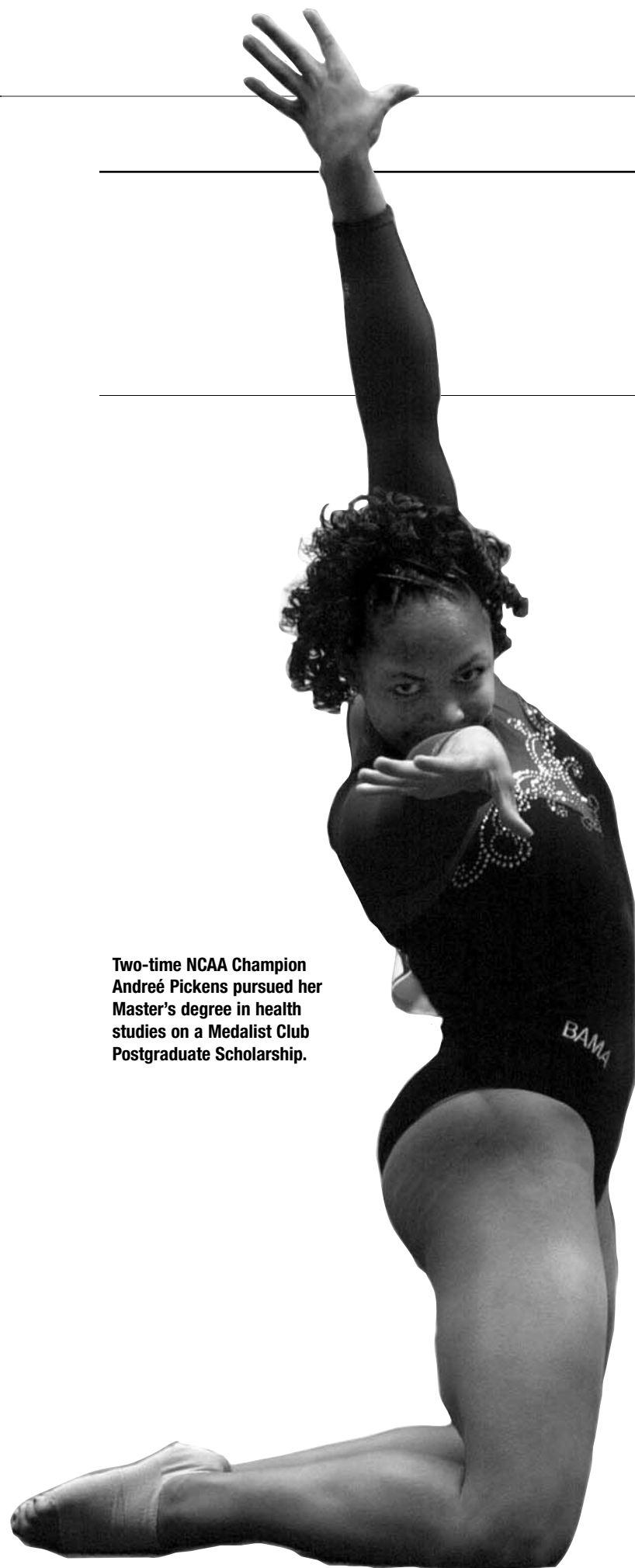
"It was tremendous," Eggers said. "We can show success and how important academics are to all the people who supported us."

"This once again demonstrates that the Medalist Club supports student-athletes," Alabama Gymnastics Sarah Patterson explained. "It exemplifies the things about the program that we want to emphasize: we are about athletes and education."

Anyone who has made a significant contribution to the Alabama gymnastics program may apply for the postgraduate scholarship. This includes alumni, trainers and managers. The money is awarded upon completion of eligibility and graduation.

The scholarship is the first of its kind to be awarded, Patterson said. "It's nice to set the standard. We lead the nation in NCAA and SEC postgraduate scholarship winners in our program. This is just another arena that we have opened up to our student-athletes."

Two-time NCAA Champion Andréé Pickens pursued her Master's degree in health studies on a Medalist Club Postgraduate Scholarship.

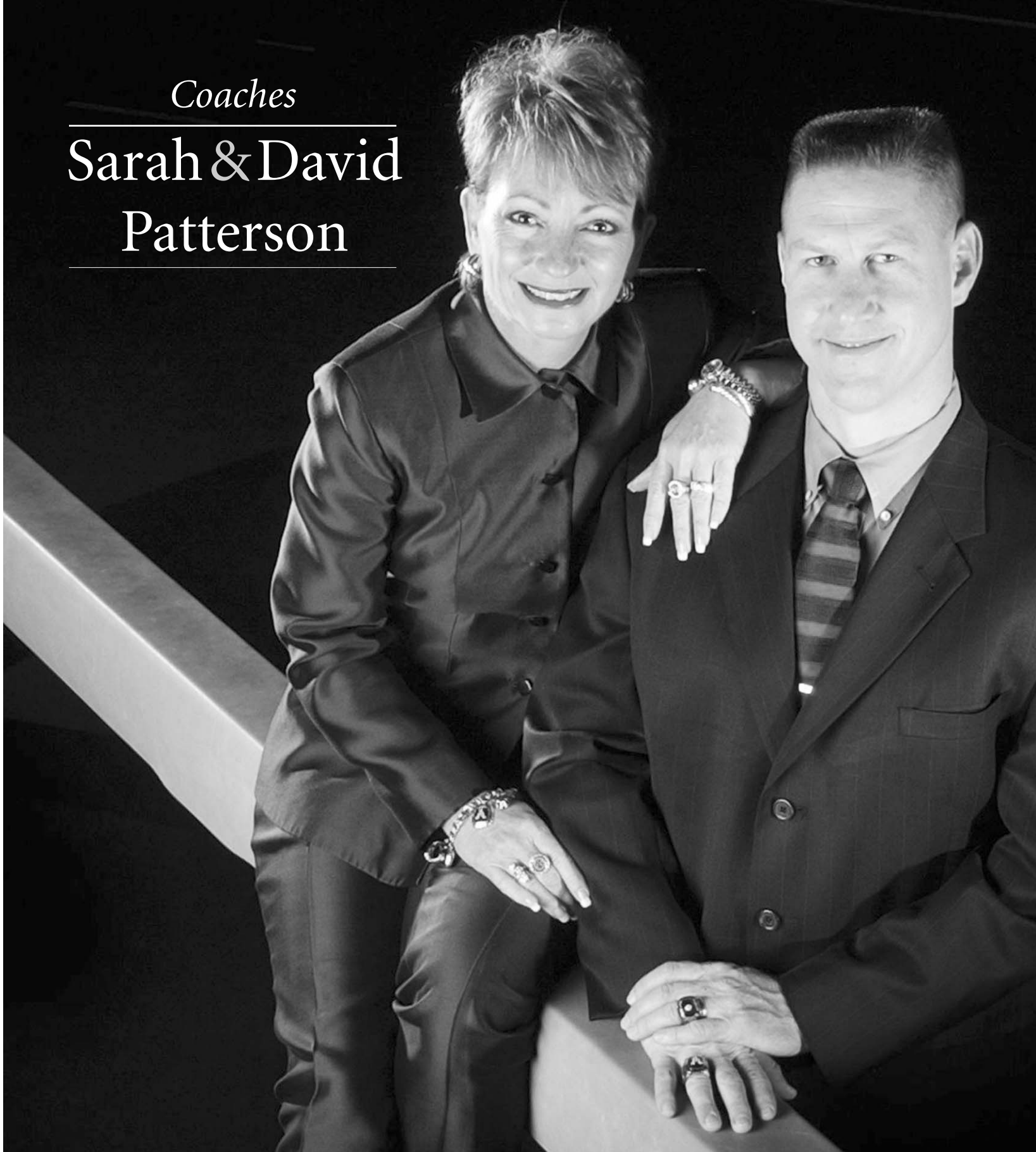




A Tradition of Excellence

Coaches

**Sarah & David
Patterson**



Did You Know...

Sarah Patterson has been named National Coach of the Year four times.



They lead a life that rarely, if ever slows down, but in their 27th year coaching the Alabama Gymnastics program, Sarah and David Patterson wouldn't have it any other way.

Last year alone, the Pattersons coached Alabama to its 22nd NCAA Championship appearance where the Crimson Tide finished tied for third and won three individual NCAA titles. Taking third gives Alabama 19 top-4 finishes under the Pattersons, no other school, let alone coach, has as many. Senior Jeana Rice earned the Honda Award, denoting the national gymnast of the year and she was voted the Southeastern Conference Female Athlete of the Year.

It wasn't just a busy year in the gym. The 2004 season saw eight Alabama gymnasts earn Scholastic All-American honors and 11 named Academic All-SEC. Senior Stephanie Kite earned the Tide's 10th NCAA Postgraduate Scholarship, was named to the Southeastern Conference's Good Works Team and became the eighth Tide gymnast to be named NCAA Woman of the Year for the State of Alabama.

And if work didn't keep the duo hopping their daughter's Jessie and Jordan certainly did. Both Jessie, 19, and Jordan, 12, have a balance of their own, participating in a wide variety of extracurricular activities while making excellent grades. Last year was Jessie's senior year in high school, meaning a spring of prom and graduation gave way to a summer and fall of starting her

freshman year at Alabama. And Jordan made a move her own, starting junior high school at American Christian Academy this fall.

After a standout high school volleyball career, Jessie is now on a different side of sports, working part time for the Tuscaloosa News. She spent the fall covering high school football in addition to getting accustomed to college life. Jordan plays volleyball, basketball and softball at ACA as well as playing on a travel softball team. Both girls are active in church youth group activities.

David, in his scant spare time, is an avid fly fisherman and cyclist. He has caught fish in 45 states, with an ultimate goal of conquering all 50. As a cyclist, for the last three years he has helped spearhead the "Ride of Love", a one-day, 150-mile ride through Alabama to raise money for Camp Smile-a-Mile, which caters to children with cancer. And as if all that weren't enough, this past year he has taken up woodworking.

And while it may seem that Sarah Patterson's favorite hobby is speaking to groups about Alabama gymnastics, she has become an enthusiastic scrapbooker over the last several years and has become a big country music fan, filling her iPod with Martina McBride, Kenney Chesney and others.

Such a full lifestyle requires nearly superhuman time management skills. Sarah and David acquired those skills as they added more and more tasks, responsibilities and passions to their lives.

"When we first started out, we'd either be in the office or the gym all the time," Sarah Patterson remembers. "We'd get to the office early, work until practice, then after practice we'd go over to Storyville, a restaurant a few blocks from the athletic department, grab some dinner and then come back to the Coliseum and make recruiting calls until 10:30 p.m. Then we'd go home and start the whole thing over again. As we started a family and our schedule started filling up, we learned to work smarter, to find a fit for everything."

While the couple's time management skills have grown along with the program, the tenants of excellence upon which the Pattersons have built the Alabama program have been a constant from day one.

"David and I are basically doing the same thing we did 25 years ago," Sarah explains "Our philosophy of developing not just the athlete but the whole person has not changed. It's still recruiting. It's still coaching. It's still promoting. The framework of our job has not really changed, but the details, and the number of those details certainly has. We've come a very long way in that regard."

And while Sarah and David have come a long way in terms of their job, they have also taken Alabama gymnastics a long way from very humble beginnings. The Tide hadn't enjoyed a winning season or even the same coach in its four years prior to Sarah taking the helm as head coach. In fact, Sarah had been hired as an assistant coach for the program's fifth year, but received a letter during the summer before she arrived on campus that changed her life and Alabama's fortunes.

"I was going to be the assistant coach," Sarah remembers. "But I got a letter during the summer saying the previous coach had left and did I want to be the head coach. I asked my coach at Slippery Rock, Cheryl Levick (now athletics director at St. Louis University) about it and she told me that it would be a great place to build a program."

Upon her arrival, Sarah found a program on its last leg. The 22-year-old New York native was the Tide's fifth coach in as many years. After four losing seasons, no one expected success, except Sarah.

After getting the Alabama job, she put in a call to David Patterson, an Alabama diver whom she had worked with the summer before at a gym in Huntsville, Ala. With the lure of a left-





over women's basketball scholarship, David joined the gymnastics program.

"After my freshman year, Sarah called and said she was going to be here and asked if I would help out with the team. It was a tough decision, but I decided to go with coaching. I just assumed it would be something to help me pay for a little bit of school for a couple of years. Somewhere along the way, I fell in love with it."

With the coaches in place, Sarah making about \$5000 a year in what amounted to a graduate assistant's salary and David receiving a \$500-a-year scholarship for his efforts, Alabama started on its fifth season.

It was a partnership that immediately clicked. The two balanced each other in such a way that their combined talents are more than the sum of their parts.

"David is such a great technical coach, while I tend to enjoy the artistic side of the sport," Sarah said. "I think both of us are good motivators, though we have different styles in that respect. David also helps me keep focused on what's best for us and the program. And while I love to be out speaking and promoting the program, he's much more comfortable in the background, providing the plan and structure."

Sarah Patterson Career Capsule

Education: Slippery Rock State College (Penn.), 1978
Major: Physical education

HONORS:

- Alabama Sports Hall of Fame (inducted March 2003)
- 2002, 1991, 1988 & 1986 National Coach of the Year
- 1985, 1995 & 2000 SEC Coach of the Year
- 1997 U.S. World University Games coach (silver medal)
- 1983 U.S. World University Games coach
- Honorary member of the University of Alabama National Alumni Association
- Alabama State Gymnastics Association Coach of the Year 1978-79

ADMINISTRATION:

- Associate Athletic Director 1985-present
- Senior Women's Administrator, 1985-96
- SEC Executive Committee
- NCAA Women's Gymnastics Committee, 1985-90
- NCAA Recruiting Committee, 1991-96

David Patterson Career Capsule

Education: University of Alabama, 1982
Major: Coaching and public relations

CLUB COACHING ACHIEVEMENTS:

- Bama Bounder Age Group Club
 - 60 state champions
 - 10 regional champions
 - 2 national champions
- Named assistant coach for the 1989 and 1991 World University Games.

HONORS:

- 1982-83 Alabama State Gymnastics Association Coach of the Year
- 1992 & 1993 NCAA Central Region Assistant Coach of the Year



Sarah Patterson with sophomore Erin Rightley

With Sarah and David in place, the difference was immediately discernable. Excellence wasn't a quality to hope for, it was expected. Results were swift and a snowball effect was underway. But while things were shaping up in a hurry for the Crimson Tide, there were still plenty of bumps in the road.

"I was naïve," Sarah Patterson said. "I didn't realize there were obstacles in my way. I guess in that way we were lucky. If I had known everything that would stand in my way, we might not have made it this far."

And they've come very far indeed over the past 26 years. In Sarah and David's first season the Tide won seven meets, matching the total of number of victories from the program's first four years combined. Things would only get better from there.

The duo promised their first recruiting class that Alabama would make it to the national championships during their careers. As seniors, that first recruiting class marched into the 1983 NCAA Championships. The Tide finished an amazing fourth at their first national championship appearance and hasn't missed the big

dance since. Alabama has made 22 straight appearances at the NCAA Championships, finishing in the top five 20 times.

In 1988, Alabama won the first of four NCAA Championships to date. That victory gave credence to a coaching philosophy of developing the overall person instead of just the athlete. Titles followed in 1991, 1996 and 2002. Alabama has collected five Southeastern Conference crowns under the Pattersons, 1988, 1990, 1995, 2000 and 2003.

In the classroom, Sarah and David's charges have enjoyed unparalleled success, earning a nation-leading 10 NCAA Postgraduate Scholarships and eight SEC Postgraduate Scholarships. Since the award's inception in 1984, Alabama gymnasts have brought home an astounding 141 Academic All-SEC honors, a total that is two dozen better than the next best school in the league.

In the area of community service, Sarah and David Patterson give countless hours and encourage their athletes to do the same. Over the last six years alone, Alabama gymnasts have given over 1500 hours of their time to Tuscaloosa area causes.

"I think as David and I have matured we've placed a greater emphasis in our own lives on community service and how we can help," Sarah Patterson said. "I feel that if we can instill that quality, that characteristic of giving in our athletes when they are 18 to 22, and they have the sense of accomplishment that working in the community gives, then when they graduate and go out into the world, they will have gained so much from that experience that they will always



Alabama Under The Pattersons

Year at Alabama: 27th Overall Record: 333-73-4/26 years

- 2002, 1996, 1991 & 1988 NCAA Team Champion
- 2003, 2000, 1995, 1990 & 1988 SEC Team Champion
- 1983-85, 1987-96, 1998-03 NCAA Regional Team Champion (19 total)
- 17 individual NCAA Champions
- 10 NCAA Postgraduate Scholarships
- 8 SEC Postgraduate Scholarships
- 43 athletes with 198 All-American honors
- 39 athletes with 92 Scholastic All-American honors (since 1991)
- 43 All-SEC honors
- 141 Academic All-SEC honors
- 30 individual SEC Championships
- 3 NCAA Top VIII Honors
- 5 NCAA Region Gymnast of the Year Honors
- 4 SEC Athletes of the Year
- 3 SEC Scholar Athletes of the Year
- 5 SEC Gymnast of the Year Honors
- 3 SEC Freshmen of the Year
- SEC Single meet attendance record (15,043 vs UGA 2/1/97)
- SEC Single season attendance record (10,301 per meet, 1997)

“It’s not just winning. It’s the type of people who are involved in the program, the emphasis on being involved in the community and academics; it’s the total package. That’s why people support us”

— Sarah Patterson



The Pattersons: Jessie, Sarah, David and Jordan

be giving people. That's something that's very important."

One offshoot of being out in the community is an ever-growing fan base.

"Our fans come in the years that we finish second, third or fifth at the national championships as much as they do the years that we win it all," Sarah Patterson said. "I think that's because of what the program stands for. It's not just winning. It's the type of people who are involved in the program, the emphasis on being involved in the community and academics; it's the total package. That's why people support us"

And they support the Crimson Tide in force. Alabama has averaged over 9,000 fans a meet for the past decade. In 1997, the gymnastics program sold out Coleman Coliseum to the tune of 15,043 fans, the largest crowd to ever see a meet in Southeastern Conference history. That total is

also the largest to see a collegiate gymnastics meet since 1993. All that success came from a program that could count its fans in the stands of Foster Auditorium in the 1970s in increments of 10.

In addition to the team titles, Alabama's success has resulted in 17 individual NCAA Champions, 198 All-American honors and 92 Scholastic All-American accolades. Four times Sarah Patterson has been National Coach of the Year while David Patterson has twice been Region Assistant Coach of the Year.

And in addition to her coaching duties, Sarah Patterson has served in Alabama's athletic administration as Associate Athletics Director since 1985. Other administrative duties include serving on the SEC Executive Committee, the NCAA Women's Gymnastics Committee and the NCAA Recruiting Committee.

THE PATTERSON RECORD

Year	Record	SEC Finish	Regional Finish	NCAA Finish
2004	12-1-0	2nd	2nd	3rd
2003	10-7-0	1st	1st	2nd
2002	12-3-0	2nd	1st	1st
2001	15-2-1	2nd	1st	4th
2000	14-3-0	1st	1st	5th
1999	8-3-0	2nd	1st	3rd
1998	10-3-0	4th	1st	3rd
1997	13-2-0	4th	2nd	9th
1996	12-1-0	2nd	1st	1st
1995	15-1-0	1st	1st	2nd
1994	7-3-1	2nd	1st	2nd
1993	9-2-0	2nd	1st	2nd
1992	9-4-0	2nd	1st	3rd
1991	16-0-0	2nd	1st	1st
1990	14-1-0	1st	1st	2nd
1989	13-3-0	2nd	1st	3rd
1988	14-3-2	1st	1st	1st
1987	12-5-0	3rd	1st	4th
1986	18-2-0	3rd	2nd	3rd
1985	16-4-0	2nd	1st	4th
1984	15-5-0	—	1st	6th
1983	15-1-0	—	1st	4th
1982	17-2-0	—	—	—
1981	14-1-0	—	—	—
1980	16-4-0	—	—	—
1979	7-7-0	—	—	—

Just like their days, Sarah and David Patterson seemingly never stop. Their time is filled with family and work and the wide variety of details that intertwine everything together. It is an intricate act of balance to keep everything going at such a high level for such a long time, but it is a balancing act that the Patterson family excels at and thrives upon. Every day is different, and that's where the fun is.



A Tradition of Excellence



Assistant Coach

Bryan Raschilla

Now in his ninth season with the Crimson Tide, assistant coach Bryan Raschilla has helped coach Alabama to an NCAA Championship in 2002 and Southeastern Conference titles in 2000 and 2003.

But most importantly to him, Raschilla has seen class after class of Alabama gymnasts come through the program, grow as athletes and people and graduate, ready to make something great of their lives.

"I'm at Alabama to be a part of a program that does things the right way," Raschilla said. "I have the good fortune to coach athletes who excel in academics, athletics and community service.

To be able to have some part in their development is really at the heart of why I coach."

Since he joined the Tide for the 1997 season, Alabama gymnasts have earned 85 All-American honors and 67 Scholastic All-American hon-

ors. Raschilla's gymnasts haven't been the only ones to grow and prosper. He and wife Laura have a son, Adam, born in 1998, and a daughter, Kathryn, born in 2001. Adam and Kathryn seem to grow every they turn around and with their infectious smiles, are team favorites when they visit in the gym.

Raschilla's duties with the Crimson Tide are as wide ranging as his talents. In addition to in-the-gym coaching, the Mineral Ridge, Ohio native also develops the Tide's strength and conditioning program and coordinates, along with David Patterson, Alabama's recruiting efforts.

"Bryan not only brings his keen technical analysis to the team," said Crimson Tide Head Coach Sarah Patterson. "He also brings the sort of stability that is expected of this program. After all, he is now in his ninth year with us, and he is only the third coach to serve as an assistant. He adds a comforting continuity for the athletes."

He also brings a talent for graphic design to the Tide. Before joining the collegiate coaching ranks, in addition to coaching club gymnastics, Raschilla worked in the art department of one of Ohio's top advertising agencies. Every year, Raschilla



Did You Know...

Assistant coach Bryan Raschilla does all the graphic design work for the gymnastics team, including the cover of the 1999 media guide which was named Best in the Nation.

brings his skills to bear on the Tide's posters, logos, advertising, media guide covers along with a host of other projects.

"I've always been able to draw," Raschilla said. "And I've always been interested in computers. What I am able to do for the team is a great marriage of those two things."

So how did the 6-foot, 5-inch redhead with a degree in graphic design get involved in the one sport he'd never tried?

"I probably get asked that question a hundred times a year," Raschilla laughed.

Asked to spot for his high school team, Raschilla's interest continued to develop throughout his time at Youngstown State University in Ohio when he coached age-group gymnastics. After eleven years of club gymnastics and countless state champions, national qualifiers and national team members, he moved into the collegiate arena. "I started in 1983," Raschilla said. "And I've been coaching ever since."

Following a two-year stretch at the University of Michigan, where the Wolverines were second and sixth at nationals during his tenure, Raschilla moved on to The University of Alabama.

As a native northerner, Raschilla knew little about Alabama. He coached at the University's summer camp with Tide Assistant Head Coach David Patterson and enjoyed the atmosphere as well as the people behind it. Once he received the call from the Pattersons asking him to join their staff, Raschilla was ready to join on with the championship program.

Nine years later, Raschilla has accumulated masses of memories. "When you have the kind of job I do, it's hard to have just one favorite memory," he said. "Winning the national championship at home certainly is right up there, but there are so many others as well. Selling out Coleman Coliseum, that's 15,043 people, the first year I was here at the second competition. That was incredible. In 1998, we weren't the superstars at the NCAA Championships, but we made it into the top-3 because we competed as a team and were solid and consistent. And then in 2003, to win an SEC Championship by .05 because we were mentally tough and stayed strong to the end, that was very satisfying."

But Raschilla's greatest memory thus far is the birth of both his children. "They are the first Southern-born Raschillas," he exclaimed.

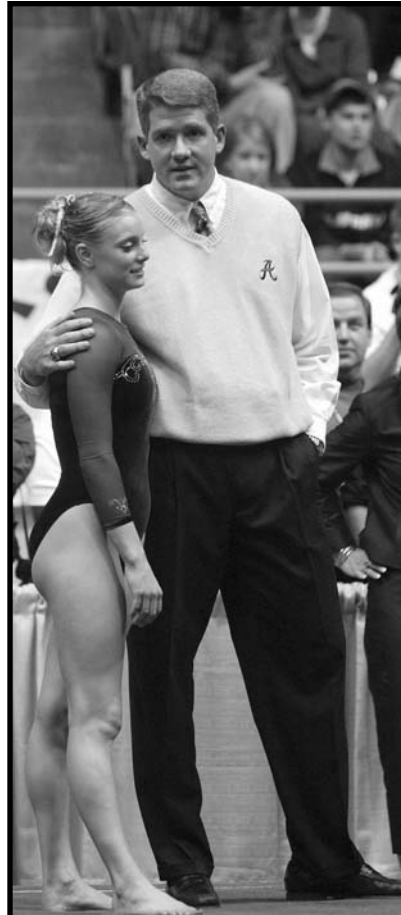
While fathers are supposed to teach their children, his have taught Raschilla a thing or two already. "This has made me so much more patient in the gym," he said. "I think, most importantly, I've learned what's really important."

Raschilla believes he is fortunate to have the opportunity to raise his children in Tuscaloosa with the collegiate atmosphere.

"I just really like Tuscaloosa a lot, and bringing up my children where they can be positively influenced by these collegiate athletes is just great," Raschilla said.



The Raschillas - Laura, Adam, Kathryn and Bryan



Bryan Raschilla Capsule

Family: *Wife* - Laura

Son - Adam, *Daughter* - Kathryn

Hometown: Mineral Ridge, Ohio

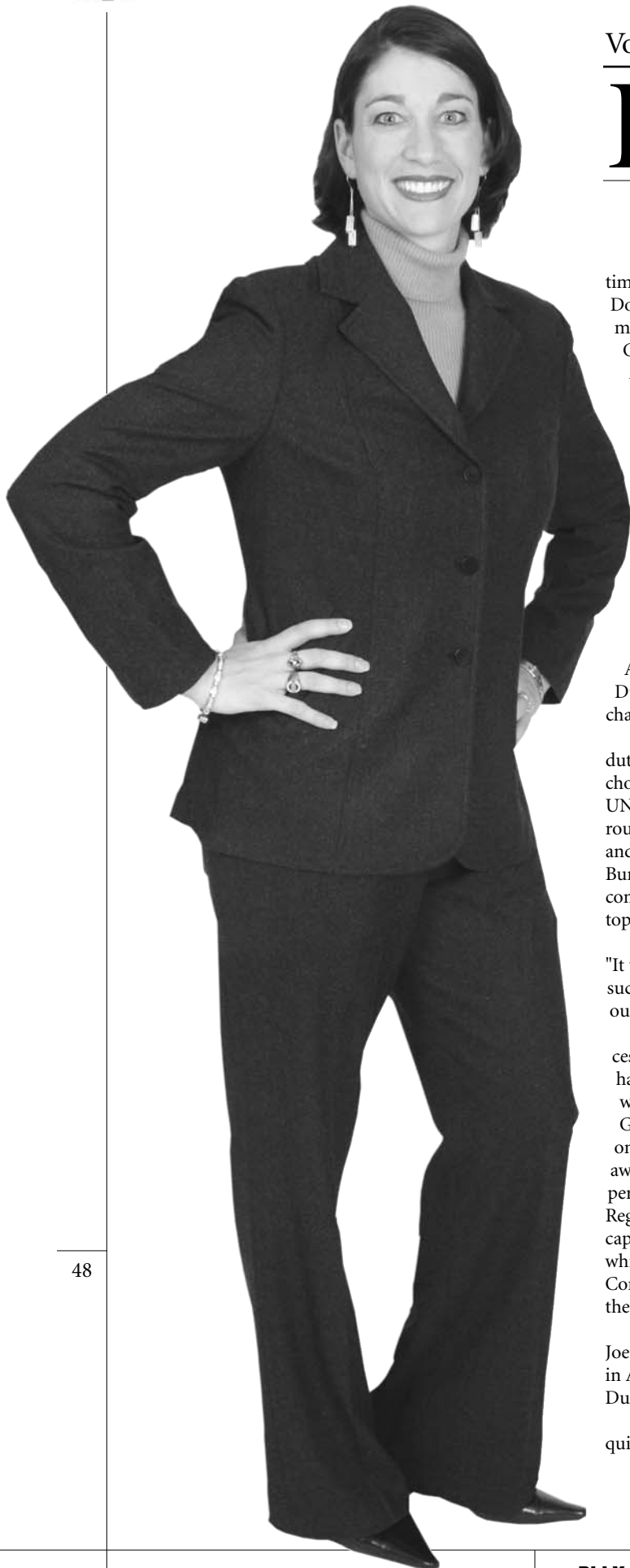
Education: Youngstown State University (Ohio), 1989

Major: Graphic Design

Record at Alabama/Years: 107-26-1/8

The Crimson Tide With Raschilla

- 2002 NCAA Team Champion
- 2003 & 2000 SEC Team Champion
- 1998-03 NCAA Regional Team Champion
- 6 individual NCAA Champions
- 4 NCAA Postgraduate Scholarship
- 3 SEC Postgraduate Scholarships
- 20 athletes with 85 All-American honors
- 33 athletes with 67 Scholastic All-American honors
- 18 All-SEC honors
- 81 Academic All-SEC honors
- 18 individual SEC Championships
- 3 NCAA Top VIII Honors
- 5 NCAA Region Gymnast of the Year Honors
- SEC Freshman of the Year
- 5 SEC Gymnast of the Year Honors
- 2 SEC Athlete of the Year
- 2 SEC Scholar Athletes of the Year
- SEC Single meet attendance record (15,043 vs UGA 2/1/97)
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Volunteer Assistant Coach

Dana Duckworth

It would be hard to cram more into a year's time than Alabama volunteer coach Dana Dobrańsky Duckworth did in the past 12 months. The always on the go former Crimson Tide NCAA Champion and All-American had an incredible span that included honors a plenty in her role as a healthcare representative with Pfizer Pharmaceuticals, a unique accomplishment at the NCAA Championships and of course her new role as a mother.

It's a well known fact that Duckworth is one of the nation's premiere choreographers. And nothing could drive that point home quite like the success she enjoyed at the 2004 NCAA Championships in Los Angeles. In addition to creating routines that led three Alabama gymnasts to All-American honors, Duckworth also created not one, but two championship routines.

Last fall, in addition to her regular coaching duties with the Crimson Tide, she also helped choreograph floor exercise routines for the UNC Tarheels. The result of her work were two routines, one by Tide sophomore Ashley Miles, and the other by UNC sophomore Courtney Bumpers, that not only won their respective conference and regional titles, but tied for the top spot at the national championships.

"That was such an honor," Duckworth said. "It was extremely gratifying to work with two such talented athletes and to see them come out on top and win NCAA titles."

Professionally, Duckworth was just as successful. In only her third year with Pfizer, she has already become a Vice President Cabinet winner denoting the top representative in the Gulf Coast Region with highest rank based on sales index, earned the Circle of Excellence award which means she is was in the top ten percent of the representatives in Southeast Region. And this year, she was elected district captain for the Legislative Action Committee, which works with state and local Senators and Congressman to address healthcare issues and the impact they have on constituents.

And most importantly, she and her husband Joe, who married in 2000, had their first child in August of 2004, when Camryn Elizabeth Duckworth came into the world.

"Life changes so fast and priorities shift so quickly once you have your first child,"



Duckworth said. "It's been wonderful, extremely busy, but amazing time and I wouldn't trade a moment of it for anything in the world."

Balancing her family life, her profession and coaching is challenging, but well worth it, she says.

"My decision to continue to volunteer with Alabama stems from the passion I have for the sport, the love I have for the University and the example I strive to set for our ladies in and out of the gym," Duckworth said. "My goal is to bring an element of creativity and fun during our ladies quick four years here at the Capstone. It's my way of giving back to a sport and a program that has given me so much."

Duckworth, a two-time NCAA National Balance Beam Champion for the Crimson Tide in addition to countless other honors throughout her 1990-1993 career, is now in her second stint as a volunteer assistant coach. She served as a volunteer coach from 1997-99 and then rejoined the Tide's staff again in the fall of 2001.

Duckworth's pride in the Alabama gymnastics program also contributed to her decision to



make a return engagement. Throughout her career, she witnessed the way in which the program changed her teammates, and, more importantly, how it impacted her own life.

"When I came aboard in 1989, I was just a 17-year-old girl. Over those four years, I really matured into a young woman with leadership skills," Duckworth explained. "The opportunity to compete with Alabama completely structured my life in such a positive way - from winning championships to going to graduate school on postgraduate scholarships. Who could ask for anything more? I am so glad to have this opportunity to give back and watch the same thing happen to these young ladies."

Alabama head coach Sarah Patterson is thrilled to have Dana in the gym not just for her choreography talents.

"I felt that because we have such a great nucleus of technical expertise, we needed to add to our artistic expression," Patterson explained. "Dana not only adds some artistic flair to our program, but gives our ladies invaluable experience as an NCAA Champion and stellar student-athlete, as well."

Duckworth has now seen both sides of a national team championship, having been a part of the Tide's 1991 NCAA title as a soph-



Joe, Camryn and Dana Duckworth

omore and the 2002 NCAA Championship as a coach. She has also won a conference title as an athlete (1990) and as a coach (2003).

In addition to her team championships, Duckworth earned eight All-American accolades and finished her career in 1993 by winning her second consecutive NCAA Balance Beam title with a perfect 10.0. She was named NCAA Woman of the Year for the State of Alabama in 1993.

As a student, she soared to great heights, becoming a three-year Scholastic All-American and a two-time CoSIDA At-Large Academic All-American, an award the spans several sports. She was inducted in Mortar

Board as an undergraduate and earned both an NCAA and Southeastern Conference Postgraduate Scholarship, using them to attend graduate school at Alabama and obtain her Master's of Business Administration in 1999.

After graduating with her Bachelor's degree, she moved up the corporate ladder quickly at AMX Corporation, a high tech firm out of Dallas. She finished her tenure there as manager of their training programs. After receiving her Master's degree, she served as Vice President of Corporate Solutions in Birmingham before returning to Tuscaloosa to work for Pfizer.





A Tradition of Excellence

Preview 2005

Reaching Higher

Sarah and David Patterson have led Alabama to 19 top-4 national finishes over the past 22 seasons, including last year's third place NCAA Championship finish. Under their guidance, Alabama has won four NCAA Championships and posted five second place finishes. The Pattersons, now in their 27th season coaching the Crimson Tide, know what it takes to compete at the highest level, year in and year out. They know that each season comes with its own set of challenges, but that if they follow the plan, then success will follow.

One of this year's challenges will be replacing 18-time All-American and 2004 NCAA All-Around champion Jeana Rice along with Lauren Holdefer and All-American Stephanie Kite.

It's hard to replace that kind of experience and proven ability, but the Pattersons, along with assistant coach Bryan Raschilla, in his ninth season with the Tide, and volunteer coach Dana Dobransky Duckworth, have been working hard to get the cur-

rent Tide in a position to make a run at NCAA title No. 5.

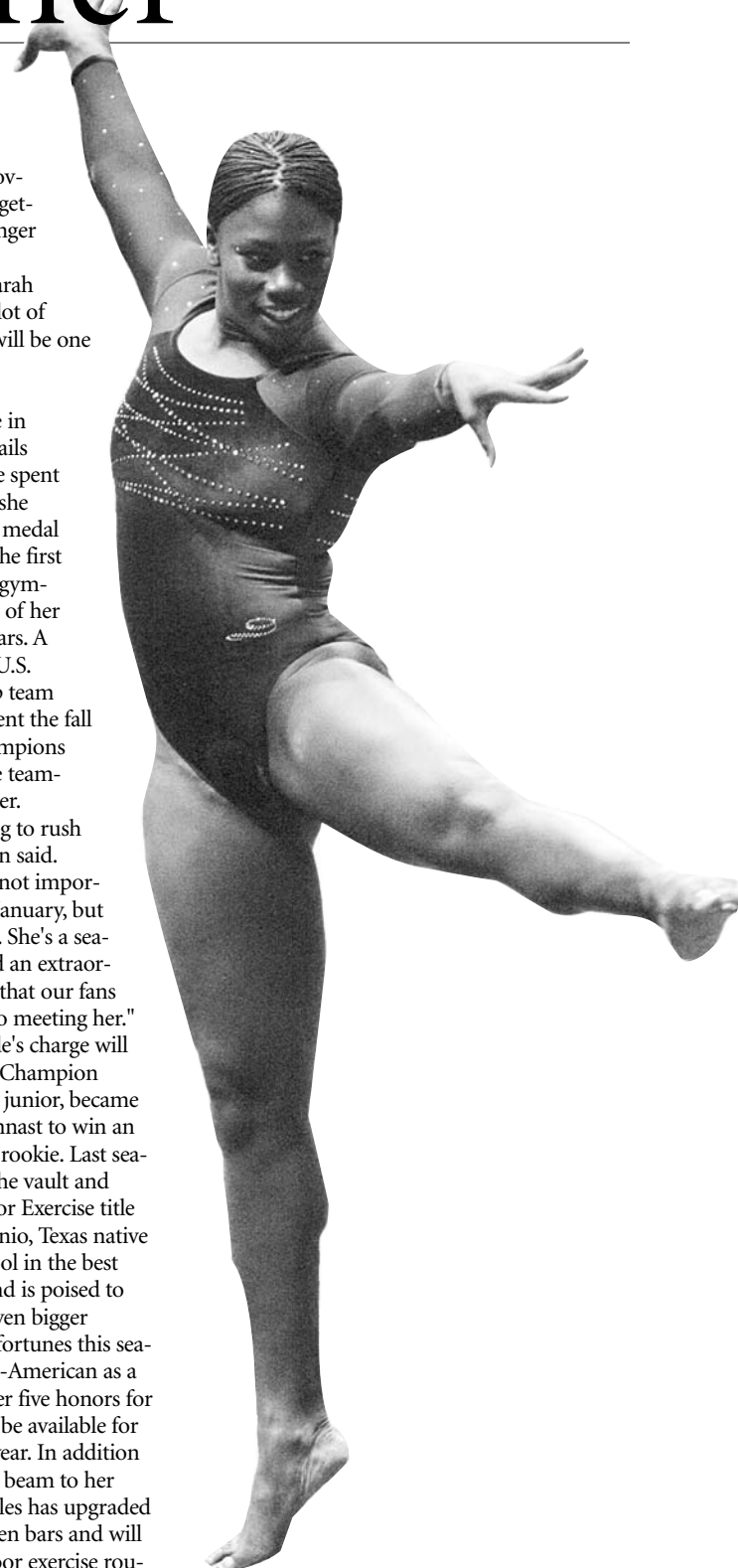
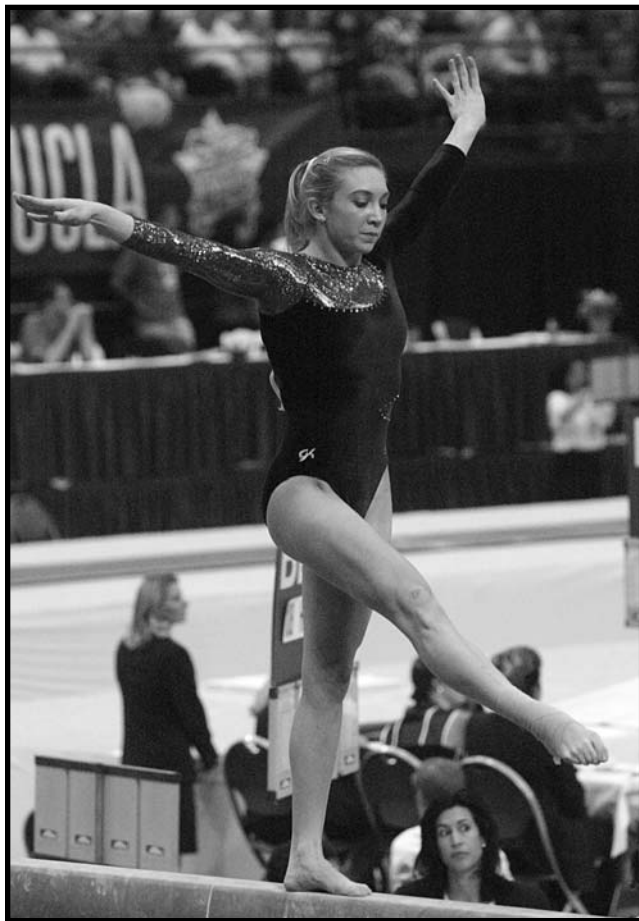
And soon, when the season starts, they will go about the work of improving through the competitive season, getting stronger each week, getting stronger with each meet.

"We are very talented this year," Sarah Patterson said. "But we don't have a lot of depth, so keeping everyone healthy will be one of the keys to our success."

One of the key players in 2005 is arguably the most anticipated rookie in Alabama history. Terin Humphrey hails from Bates, Mo. but this summer she spent some time in Athens, Greece, where she helped the United States win a silver medal at the Olympic Games. Humphrey, the first Olympian to join the Crimson Tide gymnastics team, also won a silver medal of her own on the uneven bars. A member of the 2003 U.S. World Championship team that won gold, she spent the fall on the T.J. Maxx Champions Tour, joining her Tide teammates in late December.

"We're not going to rush Terin along," Patterson said. "I've told her that it's not important where we are in January, but where we are in April. She's a seasoned competitor and an extraordinary talent. I know that our fans are looking forward to meeting her."

Leading the Tide's charge will be three-time NCAA Champion Ashley Miles. Miles, a junior, became the first Alabama gymnast to win an NCAA vault title as a rookie. Last season she repeated on the vault and added the NCAA Floor Exercise title as well. The San Antonio, Texas native reported back to school in the best shape of her career and is poised to have, if possible, an even bigger impact on the Tide's fortunes this season. A three-event All-American as a sophomore (giving her five honors for her career) Miles will be available for all-around duty this year. In addition to adding the balance beam to her normal workload, Miles has upgraded her skills on the uneven bars and will be unveiling a new floor exercise rou-





tine that could, by midseason, include a very rare fourth tumbling passes.

The senior trio of Alexis Brion, Shannon Hrozek and Michelle Reeser were freshmen on the Tide's 2002 NCAA Championship team and they would like nothing better than to close out their careers with another title. Brion, a three-year All-American, earned two honors last season, one each on the vault and floor exercise. The Virginia Beach, Va. native has worked hard to upgrade her routines going into her final season and will be available for all-around duty throughout the season.

Hrozek was an All-American as a freshman and sophomore, but an injury during warm-up at last year's NCAA Championships hampered her bid to earn the honor again. Hrozek slammed her shoulder into the vault table during a practice run. The tough Texan came back though and turned in gritty performances during both the prelims and Super Six Team Finals. Before nationals she had scored career high marks in the all-around and won a share of the NCAA West Regional Uneven Bars Championship. The Woodlands, Texas native has come back on fire this season and should return to all-around duty again this year with some exciting additions to her repertoire.

Reeser has been the Tide's lead-off rock on the balance beam the last two years, a vital role she should carry into her senior season. A crowd favorite on the floor exercise, the Monroe, La. native could also see action on the uneven bars as well.

From the junior class, All-American Mari Bayer will again contend for an all-around berth. She will debut a new vault this season as well a new dismount to her popular uneven bars routine. With her long lines and graceful presence, the San Jose, Calif. native bring a classical style to her gymnastics, especially the balance beam and floor exercise.

Juniors Dana Filetti and Dana Pierce have both made strides coming into this season and both will be available for all-around duty. Filetti is in the best shape of her career, starting off in the gym ahead of where she finished last season. The Chesapeake, Va. native has added skills to all her routines and her floor routine should quickly become a favorite. Pierce is another Tide gymnast in the best shape of her career coming into this season and another one that has upgraded her skills. The Advance, Ind. native also brings an upbeat and positive outlook to the gym that is another plus for the team.

A beam specialist her first two seasons, Rachael Delahoussaye, should figure in that lineup again this season. She has also put together a floor exercise routine that should prove highly entertaining letting the Mandeville, La. native put her vivacious personality on display.

Sophomore Brittany Comeaux saw extensive duty on the uneven bars and vault as a freshman and will again be available on those events this season. Sophomores Meredith Laxton and Erin Rightley both saw limited action last season, but both have stepped it up this year and are ready for more. Laxton, from Papillion, Neb., has come a long way since her rookie season. She will be pushing for a spot in the balance beam lineup, putting her long, clean lines to good use. She is also working a 10.0



vault that could help the Tide down the line.

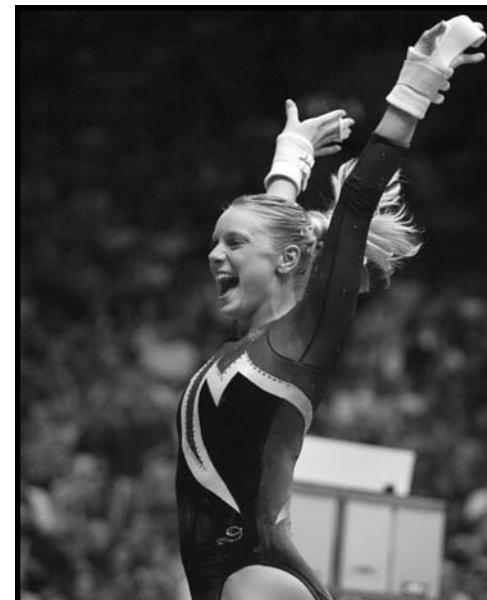
Rightley, who spent last year on the verge of the lineup, is ready to make a big statement in 2005. She brings great power to her routines, and has the highest leaps on the beam of anyone on the Tide roster. If the Ft. Walton Beach, Fla. native can maintain the pace she has set in the preseason, fans will see a lot of her in the vault, balance beam and floor exercise lineups.

The rest of the Tide's freshman class struggled a little early in the preseason, but have worked hard to catch up. Kaitlin White had to have surgery early in the preseason which has put her behind while Jessie Silver has been working to get back in the swing of things. White, a four-year member of the U.S. National team, will be working toward a spot in the Tide's uneven bars lineup early on and could help on the vault and floor exercise before the season is over. Silver, a happy surprise for the Tide when she showed up in August, had been out of the sport for more than two years when she enrolled at Alabama. The Forney, Texas native has combined a hearty work ethic and talent to make great strides early on.

The road to April, and the NCAA Championships, will again be a tough one for the Crimson Tide, including five teams that finished in last year's top-7. The 2005 schedule features perennial powerhouses Georgia, Stanford, LSU and Florida along with up and coming programs UNC, Iowa State and Auburn. The season again starts with a bang as Alabama will defend its Super Six Challenge crown against Georgia, host Florida, Iowa, Arizona and Penn State on Jan. 7 in Gainesville, Fla. The home opener, the first of the Tide's five "Fun Family Fridays", comes against Iowa State Jan. 14.

The postseason will be a 'close to home' affair for the Tide. The Southeastern Conference Championships will be in Marietta, Ga., the NCAA Central Region Championships will be in Tuscaloosa and the NCAA Championships will be just down the road in Auburn. It will mark the fourth time the national championships have been held in the state of Alabama, which will put the Tide's streak on the line. Sarah Patterson and the Tide have never lost an NCAA title contested in Alabama.

And that is of course the goal of this program, this year and every year, to find a way between now and April to contend for a fifth NCAA crown, to be on the floor of the national championships on the last night of competition, with a chance to win.





2005 Roster Breakdown



LETTERWINNERS RETURNING (12)

- Seniors (3)** Alexis Brion, Shannon Hrozek, Michelle Reeser
Juniors (5) Mari Bayer, Rachael Delahoussaye, Dana Filetti, Ashley Miles, Dana Pierce
Sophomores (3) Brittany Comeaux, Meredith Laxton, Erin Rightley

LETTERWINNERS LOST (5) Johnna Gay, Lauren Holdefer, Stephanie Kite, Jeana Rice, Larissa Stewart

ALL-AMERICANS LOST (2) Stephanie Kite, Jeana Rice

NCAA CHAMPION LOST (1) Jeana Rice - 2004 All-Around

ALL-AMERICANS RETURNING (4)

- Mari Bayer (2): 2003 — Bars, Beam*
 Alexis Brion (5): 2004 — Vault*, Floor
 2003 — Vault
 2002 — Vault, Floor
 Shannon Hrozek (2): 2003 — Beam
 2002 — Beam*
 Ashley Miles (5): 2004 — Vault, Bars, Floor
 2003 — Vault, Floor

* Denotes second team All-American

NCAA CHAMPION RETURNING (1)

Ashley Miles — 2003 & 2004 Vault, 2004 Floor Exercise

2004 SCHOLASTIC ALL-AMERICANS (8) Mari Bayer, Rachael Delahoussaye, Lauren Holdefer, Shannon Hrozek, Stephanie Kite, Dana Pierce, Michelle Reeser, Kristin Sterner

2004 ACADEMIC ALL-SEC (8) Mari Bayer, Rachael Delahoussaye, Lauren Holdefer, Shannon Hrozek, Stephanie Kite, Dana Pierce, Michelle Reeser, Kristin Sterner

Name	Yr.	Exp.	Hgt.	Hometown	Club Team
Mari Bayer	Jr.	2VL	5-5	San Jose, Calif.	West Valley Gymnastics
Alexis Brion	Sr.	3VL	5-2	Virginia Beach, Va.	Excalibur Gymnastics
Brittany Comeaux	So.	1VL	5-3	Addis, La.	Elite Gymnastics
Rachael Delahoussaye	Jr.	2VL	5-2	Mandeville, La.	Northshore Gymnastics
Dana Filetti	Jr.	2VL	5-0	Chesapeake, Va.	Excalibur Gymnastics
Shannon Hrozek	Sr.	3VL	5-3	The Woodlands, Texas	Flips Gymnastics of Texas
Terin Humphrey	Fr.	HS	5-0	Bates City, Mo.	Great American Gymnastics Express
Meredith Laxton	So.	1VL	5-4	Papillion, Neb.	Nebraska Gold
Ashley Miles	Jr.	2VL	5-7	San Antonio, Texas	South Texas Gymnastics Academy
Dana Pierce	Jr.	2VL	5-1	Advance, Ind.	DeVeau's School of Gymnastics
Michelle Reeser	Sr.	3VL	4-9	Monroe, La.	River City Gymnastics
Erin Rightley	So.	1VL	5-3	Ft. Walton Beach, Fla.	Emerald City Gymnastics
Jessie Silver	Fr.	HS	5-0	Forney, Texas	Mesquite Institute
Kaitiin White	Fr.	HS	5-5	Allen, Texas	World Olympic Gymnastics Academy

HEAD COACH	ASST. HEAD COACH	ASST. COACH	VOLUNTEER ASST. COACH
Sarah Patterson 27th Year	David Patterson 27th Year	Bryan Raschilla 9th Year	Dana Duckworth 6th Year

STAFF

Assistant Athletic Trainers: Monica Decker-Veal

Student Athletic Trainers:

- Bryant Grice (spring semester)
- Hill Luscher and Naoki Negishi (fall semester)

Managers: Claire Harris and Lynsey Tibbs

Director of Gymnastics Operations: Rita Martin

Administrative Assistant: Robin Kelley

Academic Advisor: Fern Hampton

Strength and Conditioning Coaches:

- Jesper Sjokvist and Pam Johnston

Cardio Fitness Director: Mary Cartee

PRONUNCIATION GUIDE:

- Alexis **Brion**Bree-own
- Brittany **Comeaux**Coe-Mo
- Rachael **Delahoussaye**Della-Who-Say
- Shannon **Hrozek**Row-zek



The Crimson Tide at a Glance



MARI BAYER
San Jose, Calif.
Junior
All-American



ALEXIS BRION
Virginia Beach, Va.
Senior
All-American



BRITTANY COMEAUX
Addis, La.
Sophomore



RACHAEL DELAHOUSAYE
Mandeville, La.
Junior



DANA FILETTI
Chesapeake, Va.
Junior



SHANNON HROZEK
The Woodlands, Texas
Senior
All-American



TERIN HUMPHREY
Bates, Mo.
Freshman



MEREDITH LAXTON
Papillion, Neb.
Sophomore



ASHLEY MILES
San Antonio, Texas
Junior
All-American



DANA PIERCE
Advance, Ind.
Junior



MICHELLE REESER
Monroe, La.
Senior



ERIN RIGHTLEY
Ft. Walton Beach, Fla.
Sophomore



JESSIE SILVER
Forney, Texas
Freshman



KAITLIN WHITE
Allen, Texas
Freshman



Mari Bayer

THE MARI BAYER FILE

Junior • 2VL • 5-5
Hometown: San Jose, Calif.
Major: Nutrition
Events: All-Around
High School: Lynbrook
Club: West Valley

Alabama Highlights:

2004 — sophomore

- Posted a career best 9.925 on the uneven bars against Georgia
- Matched her career best 9.9 on the floor exercise three times - against Penn State, Florida and at the SEC Championships
- Competed on the balance beam in all 13 meets
- Scholastic All-American
- Academic All-SEC

2003 — freshman

- First team All-American on the uneven bars and second team All-American on the balance beam
- Finished eighth on the uneven bars at the NCAA Championships
- Scored a career best 9.9 on the uneven bars during the NCAA Super Six
- Scored season best marks of 9.9 or higher on all four apparatus
- Only freshman to compete on all four events during the season
- Inducted into Phi Eta Sigma honor society
- Scholastic All-American
- Academic All-SEC

Prep Highlights:

- Competed for West Valley Gymnastics under coaches Diane Amos and Chris Swircek
- As a elite level gymnast, was invited to two Pre-Olympic training camps with Bela Karolyi
- Competed at the 2001 Finland International Friendship competition taking fourth on the balance beam
- Took eighth on the uneven bars and 15th in the all-around at the 2001 USA Championships
- Won the floor exercise and finished fourth on the uneven bars and fifth in the all-around at the 2000 Level 10 National Championships
- Finished ninth in the all-around, fifth on the uneven bars and sixth on the vault at U.S. Classic
- Led West Valley to the 2001 Level 10 State Championship
- Earned Lynbrook's Red, White and Blue Award for Algebra

Personal Information:

- Full name: Mari-Christine Ruth Bayer
- Parents are Anton and Cynthia Bayer
- Two Brothers: Anton and Nyle
- Uncles, Steve and Chris Weber, both played football at Stanford
- Born July 5, 1984

Bayer's Top Scores

Vault: 9.900
Bars: 9.925
Beam: 9.925
Floor: 9.900



Alexis Brion

THE ALEXIS BRION FILE

Senior • 3VL • 5-2
 Hometown: Virginia Beach, Va.
 Major: Psychology
 Events: All-Around
 High School: Kempsville
 Club: Excalibur

Alabama Highlights:

2004 — junior

- Earned All-American honors on the vault and floor exercise, taking first team on the floor and second team on the vault, boosting her career total to five
- Posted a career high 9.975 on the vault twice, against Georgia and at Michigan
- Scored a career high 9.9 on the balance beam against Arkansas
- Scored a 9.9 or better in 10 of 13 floor exercise routines, including season high 9.95s at Michigan and at the SEC Championships

2003 — sophomore

- Earned All-American honors on the vault
- Returned to the Tide lineup in February after off-season ankle surgery

2002 — freshman

- Earned two All-American honors at her inaugural NCAA Championships, vault and floor exercise
- 2002 regional champion on vault after scoring a career-high 9.9
- Competed on floor exercise in every competition of her rookie season
- Second-team All-SEC honors on the floor exercise after placing second at the SEC Championships
- Scored 9.9 or higher on the floor exercise 14 times in 16 outings
- The Tide's top finisher on the floor exercise six times, taking first-place honors four of those times

Prep Highlights:

- Graduated from Kempsville High School
- Coached by Dena and Jim Walker at Excalibur Gymnastics
- First person in the world to compete a double full-in-back-out in the pike position on the floor exercise
- National Honor Society
- Help lead the United States to a win in the USA vs. Ukraine meet
- Finished fifth in the all-around at the 1996 Hungarian International Gymnastics Championship in Budapest
- Took 10th in the all-around at the 1995 Subway World Gymnastics Challenge in Ontario, Canada
- Led the United States to a first place finish at the 1995 Pacific Ocean Games held in Cali, Columbia, taking third in the all-around
- Competed at the 1995 U.S. Olympic Festival, winning the floor exercise and leading her squad to the gold medal

Personal Information:

- Full name: Alexis Renee Brion
- Parents: Dan and Laura Brion
- Brother: Dan
- Born: November 18, 1982

Brion's Top Scores

Vault: 9.975
 Beam: 9.900
 Floor: 9.975





A Tradition of Excellence



Brittany Comeaux

THE BRITTANY COMEAUX FILE

Sophomore • 1VL • 5-3
Hometown: Addis, La.
Major: Interior Design
Events: All-Around
High School: Brusly
Club: Elite Gymnastics

Alabama Highlights:

2004 — freshman

- Posted a season best 9.9 on the vault at Michigan and at the SEC Championships
- Scored a season best 9.925 on the uneven bars at LSU

Prep Highlights:

- Competed for coach Johnny Moyal at Elite Gymnastics in Baton Rouge, La.
- Five-time National Qualifier
- Finished 16th in the all-around at the 2001 National Championships
- Two-time Junior Olympic National Team Member, 2001 and 2002
- Honors Senior

Personal Information:

- Full name: Brittany Danielle Comeaux
- Parents are James and Tana Comeaux
- Sisters: Blair and Bryn
- Born: November 22, 1984

Comeaux's Top Scores

Vault: 9.900
Bars: 9.925

Did You Know...

Besides competing in gymnastics, Brittany Comeaux played softball for 10 years and took dance for 12 years.



Rachael Delahoussaye

THE RACHAEL DELAHOUSSAYE FILE

Junior • 2VL • 5-2
Hometown: Mandeville, La.
Major: Pre-med Biology & Art History
Events: All-Around
High School: St. Scholastica Academy
Club: Northshore

Alabama Highlights:

2004 — sophomore

- Posted a season best 9.850 on the balance beam three times, including the SEC Championships and the NCAA Championship Super Six Team Finals
- National Society of Collegiate Scholars
- Scholastic All-American
- Academic All-SEC

2003 — freshman

- Scored a career best 9.9 on the balance beam at the NCAA Regional Championships
- Earned the William Ray Moore Physical Sciences Scholarship
- Scholastic All-American
- Academic All-SEC

Prep Highlights:

- Competed for Bryan Neal at Northshore Gymnastics
- Seven-time Louisiana State Champion
- Competed at regionals seven times
- National Honor Society
- Alpha Honor Roll
- Student Council

Personal Information:

- Full name: Rachael Marie Delahoussaye
- Parents are Jerry and Nancy Delahoussaye
- Sisters: Rebecca, Sarah and Abby
- Born September 21, 1984

Delahoussaye's Top Scores

Beam: 9.900
Floor: 9.675





A Tradition of Excellence



Dana Filetti

THE DANA FILETTI FILE

Junior • 2VL • 5-1

Hometown: Chesapeake, Va.

Major: Restaurant and Hospitality Management

Events: All-Around

High School: Nansemond-Suffolk Academy

Club: Excalibur

Alabama Highlights:

2004 — sophomore

- Scored a career best 9.9 on the vault at the SEC Championships
- Posted a 9.850 on the uneven bars against Florida, tying her career best
- Competed on the vault and uneven bars in all 13 meets of the season
- Scored 9.85 or better on the vault eight times in 13 meets

2003 — freshman

- Scored 9.85 or better on the uneven bars six times during the season, including a 9.85 at the NCAA Super Six Team Finals

Prep Highlights:

- Competed for Jim and Dena Walker at Excalibur Gymnastics
- Alternate on the 2001 United States World Championship squad
- Finished sixth in the all-around as part of the U.S. National team at the 2001 DeHypotheekshop Gymnastics Top in Amsterdam, Netherlands
- Member of the USA Senior International Team 2001-02
- Took ninth at the 2001 U.S. National Championships in the all-around
- Finished 10th in the all-around at the 2001 U.S. Classic
- Led her team to the team title at the 2001 Capital Cup, winning the all-around and vault in the process
- Won the all-around at the 1999 American Challenge

Personal Information:

- Full name: Dana Brown Filetti
- Parents are Dante and Jean Filetti
- Older sister Mara is a senior at Alabama
- Born August 1, 1984

Filetti's Top Scores

Vault: 9.900

Bars: 9.850

Floor: 9.725

Did You Know...

Dana Filetti has an older sister, Mara, who is a senior at The University of Alabama.



Shannon Hrozek

THE SHANNON HROZEK FILE
 Senior • 3VL • 5-3
 Hometown: The Woodlands, Texas
 Major: Consumer Sciences
 Events: All-Around
 High School: The Woodlands
 Club: Flips Gymnastics of Texas

Alabama Highlights:

2004 — junior

- NCAA West Region Uneven Bars Champion, leading the Tide off with a 9.9
- Posted a career best tying 9.9 on the uneven bars against Florida and at the NCAA West Region Championships
- Scored a career best 39.500 twice, against Georgia and at Michigan
- Posted a career best 9.925 on the vault, against Georgia and at Michigan
- Scored 9.9 or better in seven of her last eight meets
- Competed all-around five times
- Inducted in Golden Key Honor Society
- Scholastic All-American
- Academic All-SEC

2003 — sophomore

- Second team All-American on the balance beam
- Posted a career best 39.45 against LSU in the all-around
- Scored a career best 9.95 on the floor exercise against LSU and at Auburn
- Scored a career best 9.9 on the balance beam at Nebraska and the uneven bars against Auburn
- National Society of Collegiate Scholars
- Scholastic All-American
- Academic All-SEC

2002 — freshman

- Earned All-American honors on the balance beam
- Competed in the all-around twice
- Posted a season high 9.900 on the uneven bars at the NCAA Central Regional Championships
- Helped Alabama to an NCAA record 49.725 on the balance beam at the NCAA Central Regional with a season high 9.9
- Won her first all-around outing, scoring a 39.250 against Florida

- Earned a 39.250 in the all-around at Auburn, again taking home first place where she also won the floor exercise
- Scored a season high 9.90 in her first outing on floor exercise against Auburn in Birmingham
- Ranked as high as No. 11 nationally on floor exercise
- Named to Phi Eta Sigma honor society
- Scholastic All-American
- Academic All-SEC

Prep Highlights:

- Graduated from The Woodlands High School
- Coached by Randy Scott at Flips Gymnastics of Texas
- Level 10 National competitor 1996, '98, '99 and '00
- 2000 Region 3 All-Around Champion
- 1998 Texas State Vault Champion
- 1998 Level 10 National Championship All-Around Runner-up
- Finished in the all-around top-10 at the Level 10 National Championships three years in a row, 1998-2000

Personal Information:

- Full name: Shannon Marie Hrozek
- Parents are Richard and Carrie Hrozek
- Brother: Wayne
- Born December 16, 1982

Hrozek's Top Scores

Vault: 9.925
 Bars: 9.900
 Beam: 9.900
 Floor: 9.950
 All Around: 39.500



Did You Know...

Shannon Hrozek won the NCAA West Regional Uneven Bars Championship as a junior.



Terin Humphrey

THE TERIN HUMPHREY FILE

Freshman • HS • 5-1
Hometown: Bates, Mo.
Major: Pre-major Studies
Events: All-Around
High School: Odessa
Club: Great American Gymnastics Express

Prep Highlights:

- Member of the 2004 United States Olympic Team, competing in Athens, Greece
- Earned two Olympic Silver medals, one as part of the USA squad and individually on the uneven bars
- Alabama gymnastics' first Olympian
- Posted the highest balance beam score on the second day of the 2004 Olympic Trials
- Member of the United State's 2003 World Championships Gold Medal Team in Anaheim, Calif.
- Took third in the vault, uneven bars and floor exercise at the 2004 Visa American Cup
- Led the United States to a silver medal after taking second in the vault and sixth in the all-around at the 2003 Pacific Challenge
- Member of the United State's 2002 World Gymnastics Championships in Debrecen, Hungary taking ninth in the vault and 11th in the floor exercise
- Led the USA to a Gold Medal at the 2002 Pacific Alliance Championships in Vancouver, Canada, taking second in the all-around and fourth in the uneven bars
- Led the USA to a gold medal at the 2000 USA vs. France Challenge in St. Etienne, France, taking gold in the all-around
- Took third in the all-around at the 2004 USA Championships
- Took sixth in the all-around at the 2003 USA Championships
- Took seventh in the all-around at the 2002 USA Championships
- Took second in the all-around at the 2000 USA Championships
- Competed for Ai Fong and Armine Barutyan-Fong at Great American Gymnastics Express, the same gym that produced Crimson Tide All-Americans Marna Neubauer, Kim Masters and Gwen Spidle
- An accomplished horsewoman, competed in barrel racing
- National Honor Society

Personal Information:

- Full name: Terin Marie Humphrey
- Parents are Steve and Lisa Humphrey
- Brother: Shannon
- Born August 14, 1986



Meredith Laxton

THE MEREDITH LAXTON FILE

Sophomore • 1VL • 5-4
Hometown: Papillion, Neb.
Major: Pre-Major Studies
Events: All-Around
High School: Papillion LaVista
Club: Nebraska Gold

Alabama Highlights:

2004 — freshman

- Inducted into Phi Eta Sigma honor society
- Scholastic All-American
- Academic All-SEC

Prep Highlights:

- Competed for coaches Don and Terry Houlton and Barb Bottieri at Nebraska Gold gymnastics club in Omaha, Neb.
- Competed for Scott Zymball and Becky Wickstrom at Papillion LaVista High School
- Led Papillion LaVista to the Metro and State High School Championships
- 2000 Nebraska High School State Floor Exercise Champion
- Took third in the all-around at the 2000 Nebraska High School State Championships
- Regional qualifier in 1998-2001 and 2003
- Concert and Free Spirit Show Choir
- National Honor Society

Personal Information:

- Full name: Meredith Leigh Laxton
- Parents are Neal and Susan Laxton
- Sister: Caroline
- Born: February 1, 1985





Ashley Miles

THE ASHLEY MILES FILE

Junior • 2VL • 5-7

Hometown: San Antonio, Texas

Major: Advertising

Events: All-Around

High School: Radiance Academy

Club: South Texas Gymnastics Academy

Alabama Highlights:

2004 — sophomore

- NCAA Vault and Floor Exercise Champion
- First Alabama Gymnast to win back-to-back NCAA titles (vault) since Dana Dobransky won the balance beam in 1992 and 1993
- First Alabama gymnast to win two NCAA apparatus titles in a single year
- Scored three 10.0s on the season, two on the vault, against Florida and at Kentucky and on the floor exercise at the SEC Championships to defend her title
- Posted a career best 9.925 on the uneven bars against Florida and at the NCAA Championships Preliminaries
- Won all three postseason floor exercise titles, repeating as SEC and NCAA Regional Champion
- Defended her NCAA Regional Vault Championship
- Scored 9.95 or better on the vault nine times
- Academic All-SEC

2003 — freshman

- NCAA Vault Champion
- Scored two 10.0s at the NCAA Championships, both on the vault, tying the NCAA Record on that event
- Earned All-American honors on the vault and floor exercise
- Won the NCAA Central Regional floor exercise title with a 10.0, tying the NCAA Record on that event
- Also won the NCAA Central Regional vault title, scoring a 9.95
- Won the SEC floor exercise title marking the first time a Tide freshman won a league title since Katherine Kelleher's 1989 vault title
- Clinched Alabama's 2003 SEC Championship with a 9.975 on the floor exercise, winning the event and earning All-SEC honors
- Scored a 10.0 on the vault at her very first meet at Coleman Coliseum (vs. Auburn 3/1)
- Out of 28 routines scored 9.9 or better 24 times, including 16 marks of 9.95 or better

- Scored 9.95 or better nine times on the floor exercise, a stretch that included a 10.0 at the NCAA Central Regional and three 9.975s
- Came back from an injury that sidelined her for four meets in the middle of the season and scored a 10.0 on the vault her first event back

Prep Highlights:

- Four-year member of the U.S. National Team, 1997-98, 1999-2002
- Helped the US National Team to a bronze medal at the 2001 World Championships
- Led the United States to a gold medal at the 2002 Spring Cup in Burlington, Ontario by collecting gold of her own in the all-around and balance beam and silver on the floor exercise and vault
- Helped the US National Team to a gold medal performance at the 2001 American Team Cup and the 2000 International Team Championships in Honolulu, Hawaii and Syracuse, NY respectively
- Took fifth in the all-around, second on the vault and fourth on the uneven bars at the 2001 U.S. Gymnastics Championships
- Finished fourth in the all-around at the 1999 Japan Junior International Championships
- At the 2001 U.S. Classic, took sixth in the all-around, fourth on the uneven bars and fifth on the vault
- Took 13th in the all-around and third on the vault at the 2000 U.S. National Championships
- Won the all-around at the 1997 Monja Blanca Invitational where she also took first in the floor exercise, second on the vault, balance beam and uneven bars

Personal Information:

- Full name: Ashley Rae Miles
- Parents are Milton and Sherine Miles
- Brothers: Daniel and Joshua - Sister: Lauren
- Born March 3, 1985

Miles' Top Scores

Vault: 10.000

Bars: 9.925

Floor: 10.000



Dana Pierce

THE DANA PIERCE FILE

Junior • 2VL • 5-1
Hometown: Advance, Ind.
Major: Secondary Education/Coaching
Events: All-Around
High School: Western Boone
Club: DeVeau's School of Gymnastics

Alabama Highlights:

2004 — sophomore

- Scored a career best 9.9 on the floor exercise against Georgia
- Competed on all four apparatus during the season

2003 — freshman

- Only freshman to compete in every meet during the season
- Scored a career best vault of 9.925 against Auburn
- Posted a career best 9.925 on the balance beam at Georgia
- Council of Presidents' Freshman Academic Achievement Award
- Inducted into Phi Eta Sigma honor society
- Scholastic All-American
- Academic All-SEC

Prep Highlights:

- Member of the United States National Team
- Led the 2000 Region 5 All-Star team to a silver medal in France
- Placed fourth in the all around at the 2000 U.S. Classic
- A member of the famed Bela Karolyi's pre-Olympic training group
- Finished second on the vault and third on the floor exercise at the 1999 US Classic
- Also competed in diving, undefeated throughout the regular season as a junior and track and field, competing in the long jump, winning the sectional and conference championships
- National Honor Society Vice-President
- Voted Western Boone's "Miss Congeniality" as a senior
- Homecoming Queen as a freshman and a senior

Personal Information:

- Full name: Dana Marie Pierce
- Parents are Danny and Lisa Pierce
- Brothers: David and Daniel - Sister: Amy
- Born June 28, 1983

Pierce's Top Scores

Vault: 9.925
Bars: 9.850
Beam: 9.925
Floor: 9.900





Michelle Reeser

THE MICHELLE REESER FILE

Senior - 3VL • 4-9
Hometown: Monroe, La.
Major: Accounting
Events: All-Around
High School: St. Frederick
Club: River City Gymnastics

Alabama Highlights:

2004 — junior

- Led the Tide off on the balance beam in 12 of 13 meets
- Posted a season best 9.875 on the balance beam four times, all from the lead off spot, including against Penn State, at LSU and at the SEC Championships and the NCAA West Region Championships
- Earned the College of Commerce and Business Administration Scholar-Athlete award
- Scholastic All-American
- Academic All-SEC

2003 — sophomore

- Earned second team All-SEC honors on the balance beam
- Scored a career best 9.9 on the balance beam four times
- Inducted into Beta Alpha Psi national honor society
- Scholastic All-American
- Academic All-SEC

2002 — freshman

- Competitive debut came on a 9.900 floor exercise against Nebraska
- Posted a 9.975 on the floor against Auburn, winning the event
- Scored 9.9 or better on the floor exercise six times
- Member of Alabama's Honor Program
- Inducted into Gamma Beta Phi national honor society
- National Society of Collegiate Scholars
- Scholastic All-American
- Academic All-SEC

Prep Highlights:

- Graduated from St. Frederick
- Coached by Steve Biondo at River City Gymnastics
- Elite Level Gymnast
- Led Region 8 to a second place at the 1997 Level 10 National Championships
- Finished second on the floor exercise at the 1999 American Challenge
- Finished second on the floor exercise at the 1999 US Challenge
- National Honor Society
- Delta Beta Sigma Charity Sorority
- Octagon Club
- Member of the "A" Honor Roll throughout high school career
- Valedictorian of her class

Personal Information:

- Full name: Michelle Anne Reeser
- Parents are Michael and Mary Anne Reeser
- Brother: Corey
- Born May 21, 1983

Reeser's Top Scores

Bars: 9.825
Beam: 9.900
Floor: 9.975



Erin Rightley

THE ERIN RIGHTLEY FILE

Sophomore • 1VL • 5-3
Hometown: Ft. Walton Beach, Fla.
Major: Pre-Physical Therapy
Events: All-Around
High School: Choctawhatchee
Club: Emerald City Gymnastics

Alabama Highlights:

2004 — freshman

- Provided depth on the balance beam and floor exercise
- Inducted into Gamma Beta Phi Honors Society
- Academic All-SEC

Prep Highlights:

- Competed for coaches Bud Gill and Serra Abel at Emerald City Gymnastics
- 2003 Florida's NAWGJ Outstanding Gymnast Role Model Award
- First alternate for the 2002 National Championships
- Finished eighth in the all-around and fifth on the uneven bars at the 2002 Region Championships
- 1998 Region VIII All-Around Champion
- 1998 NW Florida All-Sports Association Amateur Athlete of the year Nominee
- 1998 Florida State Beam Champion
- 1997-2003 Florida State and Regional Qualifier
- 1998 East National Balance Beam Champion
- Took second in the all-around and third on the floor exercise at the 1998 East National Championships
- National Honor Society member and Honors Graduate
- 2003 U.S. Marine Corps Distinguished High School Student-Athlete Award

Personal Information:

- Full name: Erin Theresa Rightley
- Daughter of Patricia Rightley
- Brothers: Brian and Jereme
- Born: November 18, 1984





A Tradition of Excellence

Jessie Silver

THE JESSIE SILVER FILE

Freshman • HS • 5-0
Hometown: Forney, Texas
Major: Pre-major Studies
Events: Vault, Beam, Floor
High School: Bishop Lynch
Club: Mesquite Institute

Prep Highlights:

- Two-time Regional Balance Beam Champion
- Western National Balance Beam Champion
- Two-time Texas State Floor Exercise Champion
- Two-time Texas State All-Around Champion
- Three-time Texas State Balance Beam Champion
- Regional Floor Exercise Champion
- TOPS National Team Member

Personal Information:

- Full name: Jessica Susan Silver
- Parents are Steve and Debbie Silver
- Sisters: Carly and Melanie
- Brothers: Clay, Luke, Johnny, and Troy
- Born: March 26, 1986

Did You Know...

Jessie Silver has six siblings, including four brothers and two sisters.



Kaitlin White

THE KAITLIN WHITE FILE

Freshman • HS • 5-5
Hometown: Allen, Texas
Major: Communications
Events: All-Around
High School: Allen
Club: World Olympic Gymnastics Academy

Prep Highlights:

- Coached by Evgeny Marchenko and Natasha Boyarskaya at World Olympic Gymnastics Academy
- Four-year member of the United States National Team
- Competed internationally over half a dozen times
- Finished ninth in the all-around as a member of the United State's 2001 Goodwill Games in Brisbane, Australia
- Took second in the all-around and the floor exercise at the 2002 American Classic
- Took fourth in the all-around and second in the floor exercise at the 2001 U.S. Gymnastics Championships

Personal Information:

- Full name: Kaitlin Elizabeth White
- Parents are Monte and Tammy DeVinny
- Brothers: Tanner and Tucker
- Born October 6, 1986





Athletic Trainer

Monica Decker-Veal

There is nothing quite so reassuring for members of the Alabama Gymnastics team as walking into the gym and seeing Monica Decker-Veal's smiling face.

Decker-Veal, in her fifth year as a member of the gymnastics staff, is an invaluable part of the Crimson Tide program.

"Monica is by far one of the finest athletic trainers that I have worked with," head coach Sarah Patterson said. "Her rapport with the staff and the athletes is exceptional and her knowledge of rehabilitation is outstanding. She has a gift for working with elite level athletes. I think anyone can know the nuts and bolts of training, but I think it takes someone who is gifted to work with elite level athletes."

A native of Phoenix, Ariz., Decker-Veal came a long way to work with the Crimson Tide. She earned her Bachelor's Degree in Exercise Science from Arizona State in 2000, and in 2002 she earned a Master's in Sports Medicine Health Care from The University of Alabama.

"Even though I'm out of school," Decker-Veal said. "I feel like I'll still be learning something new no matter how long I'm in the profession. You can never know enough when it comes to working with elite-level athletes."

In addition to serving as a certified athletic trainer on the Tide staff, Decker-Veal is also an instructor in Alabama's athletic training undergraduate program as well as serving as coordinator of the University's clinical proficiency lab.

Much of her day to day work, especially in the preseason, is spent on preventative measures, helping stop problems before they get started. During the season, most of Decker-Veal's time is spent helping the athletes maintain their health and fitness levels.

"Positive reinforcement is a big part of the job," Decker-Veal said. "To be there everyday, encouraging them, letting them know that they are making progress and keeping them positive."

And in the case of injuries, she is there through their rehab to help them return to peak health as quickly and safely as possible. Decker-Veal worked extensively with 2002 senior Andreé Pickens, helping her come back from a torn Achilles tendon. She was part of a team that included orthopedic surgeon Dr. James Andrews, that helped Pickens not only come back in record time, but helped Alabama to its fourth NCAA Championship in 2002.

For her efforts during the 2002 season, Decker-Veal was awarded the David Dutton Award, given to individuals who go above and beyond the call of duty for the Alabama Gymnastics program.

In addition to her other duties, Decker-Veal also tries to teach her charges the importance of carrying on healthy habits into the life beyond their career.

"I hope that I can teach them all enough about taking care of themselves, that when they go out into the world, they enjoy healthy and successful lives," Decker-Veal said. "And being part of the Alabama gymnastics 'family' I look forward to watching them grow and mature over the years."

Decker-Veal is married to Jeremy Veal. The couple have a daughter, Ayana Berenice.



The Veals, from the left - Jeremy, Ayana and Monica



Alabama's student trainers, from the left - Bryant Grice (spring semester), Hill Luscher and Naoki Negishi (fall semester)

Strength & Conditioning

To maintain its status as a top team in the nation, Alabama gymnasts must stay in top form. Enter Jesper Sjkovist, Pam Johnston and Mary Cartee, the Crimson Tide's strength and cardio coaches.

Every year, the gymnastics coaches meet with Sjkovist, Johnston and Cartee to modify the Tide program to make sure it best meets the needs of the current team. On average, the team spends nearly five hours a week improving and enhancing their flexibility as well as their physical and aerobic strength. The Tide also utilizes a Pilates program in its training régime to help with flexibility and overall strength.

"The exercises the gymnasts do build a good power base," Sjkovist said. "Our goal is to increase their strength and endurance."

This preseason, the gymnasts spent one day lifting in the weight room working on individual weaknesses, two days conditioning in the gym and a day of spinning with Mary Cartee.

"In the gym, the girls are given gymnastics-specific exercises," Sjkovist said. "We use the equipment as much as possible."

Sjkovist and Cartee work closely with the Alabama coaching staff, especially assistant coach Bryan Raschilla, who designs, with input from Sjkovist, Johnston and Cartee, the overall program.

The preseason workouts are designed to build the gymnast's core strength, Raschilla explained. "Once the season arrives, we are still building, but we don't increase our levels of frequency," Raschilla said. "We also add more joint stabilization exercises to prevent injury."

Sjkovist and Johnston's job isn't finished when the final Alabama gymnast competes at the NCAA Championships. Instead, they are busy preparing the squad's summer conditioning. The gymnasts get



four to six weeks off depending on individual needs. Then its back to maintaining the strength they worked so hard to develop over the last year. Sjkovist and Johnston designs a summer conditioning program tailored to each gymnast's requirements, and incoming freshmen receive a general program designed to prepare them for the team's pre-season.

As the Tide's aerobics instructor, Cartee leads the team through spinning, the core of the aerobic program. "While spinning is basically an aerobic exercise, we've modified it to be more strength oriented, more explosive," Raschilla said.

"Spinning not only improves cardiovascular endurance," Cartee said. "But I also see it helping in improving a gymnast's power. At the first competition in the first year we did this, all the girls were coming to me and telling me how strong they felt. So, they are gaining strength that can help them in



things like the floor exercise, on vault, even on bars."

Leaner, faster and stronger. That is the aim of the Crimson Tide strength and conditioning program and staff for the athletes. Every step an Alabama gymnast makes to build these characteristics is just another step closer to another national championship title.

Jesper Sjkovist (top) and Mary Cartee (above, center) work hard in conjunction with the coaching staff to make sure that the Crimson Tide stays in the best possible shape.



Gymnastics Support Staff

For every minute that Alabama Gymnastics shines in the white hot spotlight of national success, there are thousands of behind the scene details that make it possible.

For the Crimson Tide, there are two women charged with handling those details and keeping everything running smoothly. Rita Martin, the gymnastics operations director, and Robin Kelley, the Tide's administrative assistant, work hard every day to keep the Alabama Gymnastics world shining bright and running like a well oiled machine.

As director of operations, Martin is responsible for a wide variety of tasks, from daily paperwork to being the meet director, and everything in between.

The New Jersey native has been a part of the athletics department for more than 20 years. Before joining the gymnastics office,

she was administrative assistant for Assistant Athletics Director/Senior Women's Administrator Ann-Marie Lawler. When Sarah Patterson assumed that role in 1985, Martin became her assistant, and one of the great teams in athletics was created.

"Rita is so great at keeping everything together," Patterson said. "She allows us to be our best because she handles all the details so well."

Martin is married to Buddy Martin and the couple has a daughter, Kelly, and two sons, Paul, a junior at Alabama, and Brett.

Kelley is in her third year with the gymnastics program, though she has been a part of the athletics department for the past fourth years.

A native of Northport, Ala., Kelley and her husband Jay have two sons, Tanner and Jesse.



Rita Martin
Director of Gymnastics Operations



Robin Kelley
Administrative Assistant



Gymnastics Team Managers

Claire Harris and Lynsey Tibbs

One is a veteran and the other a rookie, but both Claire Harris and Lynsey Tibbs, the gymnastics team's managers, will be there every day of the season, helping to get the Crimson Tide ready for whatever comes up next.

And while Harris and Tibbs don't dress out for practice or go through conditioning and training, they do have very specific jobs that keep them just as busy, whether it is making sure each gymnast has the right size apparel, videotaping routines and individual skills or helping with the floor exercise music. Both women are always jumping and on the go, right up to traveling to the meets with the team.

Harris is in her second year with the team and at the University. A native of Tuscaloosa, she spent her freshman year at Troy State before transferring to Alabama. She is a graduate of Central High School where she was on the varsity volleyball squad. Salutatorian at Central, she is majoring in biology at the Capstone with an eye on pharmacy school down the road.

Tibbs may be in her first year as a man-

ager, but she is no stranger to the University of Alabama or the gymnastics team. She graduated with a Bachelor's degree in Industrial Engineering in August of 2004 and is currently pursuing her Master's degree in the same subject. A volunteer with the program for the last four years, Tibbs is a lifelong Alabama gymnastics fan.

A native of Birmingham, Ala., Tibbs graduate from McAdory High School.

The Tide's managers are tremendously important and play a key role in the program's accomplishments.

Harris is the daughter of Robert and Kay Harris of Tuscaloosa. Tibbs is the daughter of LouAnn and Wayne Tibbs of Birmingham.



Tony Giles

The Voice of Crimson Tide Athletics

Tony Giles is in his 13th season as the voice of Alabama Gymnastics. Giles, the public address announcer for the Crimson Tide home meets since 1993, is considered one of the nation's best. In addition to serving as the announcer for the Tide's regular season home schedule, he has also been the voice of the 1996 and 2002 NCAA Championships as well as several NCAA Regional and Southeastern Conference Championships.

Giles is also Alabama's announcer for men's basketball and football. He is a financial advisor and estate planning consultant for Morgan and Stanley. A 1976 graduate of The University of Alabama, Giles and his wife Lynn have two sons, Scott and Rowdy.



Kent Gidley

Photography Coordinator for Athletics



Garrett Klassy

Assistant Athletic Ticket Manager



Steve Wilson

Coleman Coliseum Manager



Joe Whitehead

Assistant Coleman Coliseum Manager



Jana Morrison

Assistant Director of Event Management

As Assistant Director of Event Management Jana Morrison's responsibilities include planning and coordinating athletic events and championships. She is in her sixth season working with gymnastics.

In 2002, Morrison was the meet director for the NCAA Gymnastics Championships, hosted and won by Alabama. She will reprise that role at the 2003 NCAA Central Regional Championship, held in Coleman Coliseum and will serve as meet director of this season's NCAA Central Regional Championships.

A 1991 graduate of Vanguard (Fla.) High School, Morrison earned a Bachelor of Science in Athletic Administration from Stetson University and a master's degree in Athletic Administration from Springfield College.

A native of Ocala, Fla., Morrison played softball and ran cross country at Stetson.



Alabama's Medical Staff

Maintaining the Crimson Tide

When Dr. Jimmy Robinson talks about his work with the Alabama Crimson Tide, you can hear the excitement in his voice.

"When I was doing my residency, I got bit by the sports medicine bug," Robinson said. "The more I worked with the teams, the more I wanted to do this kind of medicine."

One of Robinson's rotations during his Family Practice Residency in Tuscaloosa was with Alabama team physician Dr. Bill DeShazo. Not only did he work the required hours of his rotation, but he found himself hanging around and helping out even when he wasn't on duty.

As a matter of fact, Robinson traveled with the gymnastics team to Salt Lake City, Utah in 1988 and was on hand for the Tide's first ever NCAA Championship.

"It was a blast," Robinson said. "I was still in training and just getting interested in sports medicine. So to be out there with the gymnasts when they won the first championship Alabama's ever had outside of football, it was definitely an exciting moment."

After doing a fellowship in sports medicine at the Cleveland Clinic in Cleveland, Ohio, Robinson received a call from Sang Lyda, the trainer in charge of the Tide's Olympic Sports. Dr. DeShazo was retiring and Lyda wanted to know if Robinson would be interested in taking over as the team physician for the Olympic Sports. It was an opportunity Robinson jumped at. "I came back and opened a practice in August of 1989 and have been with the University ever since," Robinson said.

As Robinson's practice began to grow, he began to look for someone to join him. With high standards, his search took quite a while. He had been practicing seven years when he asked Craig Buettner to join him and another five after that when Jeff Laubenthal was asked to join the practice.

"Both Craig and Jeff were handpicked. Both have the right kind of personalities and are smart as can be to boot," Robinson said. "When I identified them through the residency program, and they caught the sports medicine bug, we tried to set them on the path that would bring them back here. Both men are big Alabama fans, so working with the athletics department was a big incentive."

Laubenthal in particular is very familiar



with the Alabama athletics department. Not only is he a former stand-out baseball player for the Tide, but he is married to former All-American gymnast Katherine Kelleher.

Now the three men serve as the primary physicians for the Crimson Tide. Robinson and his colleagues are involved in all levels of an athlete's healthcare, from the first physical of the year before an athlete can even start practice, to an exit physical at the end of an athlete's career and everything in between. The hours involved are long to say the least, but for Robinson and his cohorts, the effort is worth it.

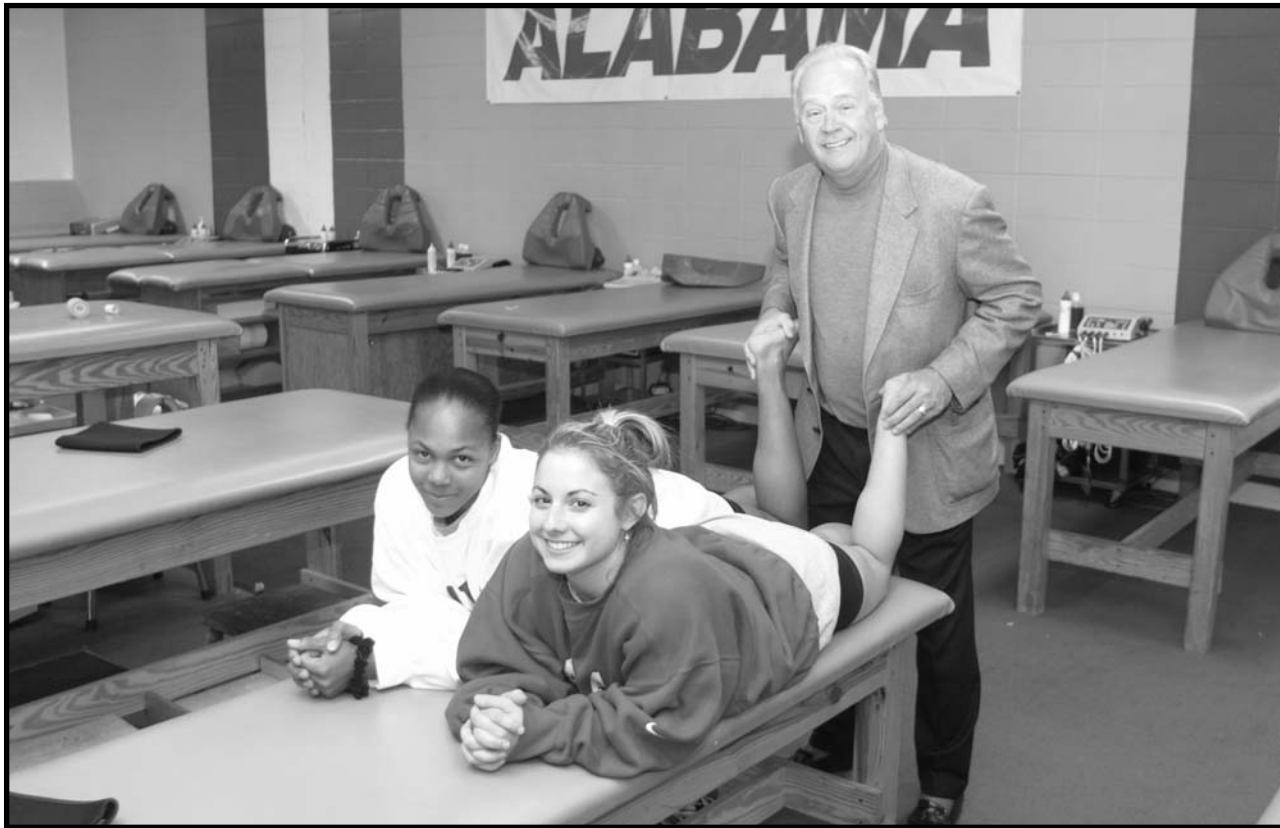
"I'm a fan and the opportunity to work with the department is better than a paycheck," Robinson said. "To me, the biggest thrill is when I get to work with an athlete and maybe something I do helps them be as



TOP: From the left — Dr. Craig Buettner, Dr. Jimmy Robinson, Dr. Les Fowler and Dr. Jeff Laubenthal are all part of the Crimson Tide's medical staff. **ABOVE:** Bernard Burroughs, Ginger Gilmore, Sherry Kimbro, Monica Decker and John Morr head up the training staff in Coleman Coliseum.

good an athlete as they can be. There's nothing like feeling that in some small way, I made a positive difference in an individual or team's performance."

Robinson's expertise in the sports medicine has reached international acclaim. For the 2000 Olympics in Sydney he was one of eight team physicians for the U.S. Olympic squad. He served in the same capacity at the



Dr. James Andrews, one of the nation's foremost experts in orthopedic medicine, here with NCAA Champion Andréé Pickens (left) and Michelle Reeser, who earned All-SEC on the balance beam in 2003.

1998 Goodwill Game and 1999 Pan Am Games.

In addition to the near daily attention of Drs. Robinson, Buettner and Laubenthal, Alabama has several specialists on call including former Alabama quarterback Dr. Les Fowler who serves as the department's orthopedist.

Alabama athletes can also count on Dr. James Andrews who serves on the Tide's medical staff as a consultant. Andrews is one of the world's foremost orthopedic surgeons, internationally known and recognized for his scientific and clinical research contributions in knee, shoulder and elbow injuries and his skill as an orthopedic surgeon. Many of the world's outstanding athletes seek his expertise in sports injuries. His work with Andréé Pickens's ruptured Achilles' tendon allowed her to not only compete her senior year but compete at a higher level than before the injury. She led Alabama to the 2002 NCAA Championship and captured the NCAA Uneven Bars crown.

THE TRAINING STAFF

Keeping Crimson Tide gymnasts fine-tuned is the No. 1 job of the University of Alabama trainers. Their "body shop" is the state-of-the-art training room located in Coleman Coliseum, and

their tools consist of hot and cold whirlpools, electrical stimulation and ultrasound machines, tape and pre-wrap and QDA spray, and a brain full of knowledge needed to make sure each gymnast performs to her full potential.

Bill MacDonald is over the Crimson Tide's athletic training program. Rodney Brown is the head of football's athletic training staff, though he works out of the football-training complex, he has been instrumental in helping Crimson Tide gymnasts of past come back from injury in record time. Former Crimson Tide All American Shay Murphy recovered from a torn knee ligament and surgery and was competing in a span of less than five months working with Brown.

The full-time staff at Coleman Coliseum includes Monica Decker (gymnastics), Sherry Kimbro (women's basketball, swimming and diving, and volleyball), John Morr (men's basketball, men and women's tennis, softball and men and women's golf), Ginger Gilmore (baseball, soccer and cheerleading) and Bernard Burroughs, (men's track and field).

The athletic training staff also consists of eight graduate assistants: Brian Cramer (swimming and diving), Clint Haggard (Football) Brian Metz

(softball), Renarda Tolbert (women's track and field), Christine Pawluk (cheerleading), Mandy Ward (volleyball), Eric Law (men and women's tennis) and Kana Takiguchi (soccer).

Student athletic trainers receive hands-on experience as a part of the CAAHEP athletic training education program at the University of Alabama. Each student trainer gains experience by working with one contact sport as well as with one non-contact sport. Dr. Ken Wright's high school outreach was designed to give more student trainers the opportunity to work with contact sports. The gymnastics team will have three student-trainers working with it this season. Ben Cleveland will be with the team during the spring semester while Shelley McDaniel and Matt Smith helped out during the fall.

Student trainers must maintain a GPA of at least 2.50. Student trainers are given a monthly stipend depending on their level of experience in the program.

Alabama ensures the safety of its athletes by assigning at least one trainer to each team to cover home and away events, conditioning, practice and travel.



A Tradition of Excellence

2004



in Review



It was a year of championships and championship challenges for the Crimson Tide. It was a year of gutsy performances and crowded houses as well as individual glory and strong finishes. It was another outstanding season for a program that has come to expect nothing less.

Alabama got 2004 started with a win at the season opening Super Six Challenge and finished things off with three individual NCAA Championships and a third place national finish. It was the 22nd consecutive trip to the national championships, a total bettered by just one school, and its 19th top-4 finish, the most in NCAA history.

After outscoring the field by nearly a point at the Super Six Challenge, Alabama went on to post 12 wins during the dual meet season and post a school record 11 scores of 197 or better, including eight in a row, also a school record. The Tide also finished the season as the nation's top attendance draw, welcoming 10,274 fans per meet, an average that included a season high 12,971 fans against Georgia on Feb. 20.

Senior Jeana Rice got an outstanding championship season underway by winning three Southeastern Conference championships, including her second consecutive all-around and uneven bars titles as well as the vault title.



Her all-around total of 39.850 not only tied the school record, but broke the SEC Championship record.

For junior Ashley Miles, a funny thing happened on the way to defending her SEC floor exercise title. With about 10 seconds left in her routine, a technical glitch caused her music to stop, but the San Antonio native rolled on with her routine without a hitch and scored a perfect 10 to shut out the competition.

As a team, the Tide posted its highest score of the season and its highest SEC Championship total, 197.950, finishing just behind Georgia and well ahead of the rest of the field.

The NCAA Regional Championship is always the most stressful meet of the season. To advance to the NCAA Championships, a team has to finish first or second at one of the six regionals. The Tide went cross country to Corvallis, Oregon for the NCAA West Region Championships and an NCAA Championships bid.

Alabama had things well in hand over the first three events and seemed to be cruising towards its 22nd consecutive trip to the NCAA Championships when two falls on the uneven bars and a hot vaulting streak by the home standing Oregon State beavers brought the Tide's season down to Jeana Rice's uneven bars routine. Oregon State was done and Rice had to score better than 9.85 earn Alabama a bid to nationals. Rice came through with a 9.9 and Alabama was on its way to Los Angeles and the national championships. Rice won her third regional all-around title in four years while she and Hrozek tied for top honors on the uneven bars. Miles won a pair of titles, repeating as regional vault and floor exercise champion.

The drama wasn't over once the Tide hit Hollywood. Hrozek, red hot over the second half of the season, stumbled while warming up vault during the practice day in Los Angeles and slammed into the table



Crimson Tide Coaches with the Seniors of 2004 - from the left, Bryan Raschilla, Lauren Holdefer, Sarah Patterson, Jeana Rice, David Patterson and Stephanie Kite

severely bruising her shoulder. Constant work by the Tide's training staff meant that she would be available for limited duty during the championships first day, but others would have to step up for Alabama to advance to the Super Six team finals.

The Tide responded to the challenge and this time, when it came down to the Jeana Rice and the Tide's last routine, something other than the Tide's survival was on the line.

If Rice hit her routine, Alabama was guaranteed the second of three slots in the NCAA Super Six Team final and if she hit big, she would win the NCAA All-Around title.



She did both, scoring a session best 9.9 on the balance beam to advance the Tide and score a 39.650 all-around total.

"We did extremely well tonight," Sarah Patterson said at the time. "Especially considering the fact that one of our top all-arounders, Shannon Hrozek, got hurt yesterday during warm-ups. While she was able to go on the balance beam tonight, we put our depth to the test and we came through with flying colors."

The Super Six Team Finals saw

Alabama again put together a solid team effort, but the home team, UCLA, couldn't be caught, and Alabama, again led by Rice in the all-around, tied with Stanford for third place with a 197.125.

The championships weren't over though. Rice, Miles and junior Alexis Brion all earned spots in individual event finals, and they made the most of them. Miles won two titles, defending her NCAA Vault title and adding gold in the floor exercise to her resume. Rice, in addition to her NCAA All-Around title, took second on the balance beam, giving her three consecutive NCAA top-3 finishes on the beam.

Brion took fifth on the floor exercise. All three ladies earned All-American honors as well. Rice earned five honors on the season, making her the first gymnast in NCAA history to do so in three different seasons. Her career total of 18 first and second-team All-American honors is also an NCAA record.

For her incredible season, Rice earned the Honda Award, given annually to the nation's top gymnast. She was also voted by the league's athletics directors the SEC "Athlete of the Year". Senior Stephanie Kite capped her career by earning an NCAA Postgraduate Scholarship, a spot on the SEC Good Works Team and being named NCAA Woman of the Year for the State of Alabama.



2004 Team Results

Date	Ala. Rank	Opponent (Opp. Rank)	Ala. Score	Opp. Score	Attendance	Site	Overall	SEC
Jan. 9	No. 3	Super 6 Challenge	196.725		9,817	Tuscaloosa		
		Florida (No. 7)		195.950			1-0-0	
		Georgia (No. 2)		195.550			2-0-0	
		Oklahoma (No. 13)		195.275			3-0-0	
		Oregon State (No. 11)		193.775			4-0-0	
		Denver (No. 18)		193.600			5-0-0	
Jan. 16	No. 2	Penn State (*)	197.125	194.600	8,065	Tuscaloosa	6-0-0	0-0-0
Jan. 23	No. 2	LSU (No. 19)	197.600	196.750	4,170	Baton Rouge	7-0-0	1-0-0
Jan. 30	No. 1	Florida (No. 4)	197.925	196.175	11,380	Tuscaloosa	8-0-0	2-0-0
Feb. 6	No. 1	Auburn (No. 16)	197.075	196.325	5,604	Auburn	9-0-0	3-0-0
Feb. 13	No. 1	Kentucky (No. 36)	197.075	195.025	2,183	Lexington	10-0-0	4-0-0
Feb. 20	No. 1	Georgia (No. 2)	197.550	197.825	12,971	Tuscaloosa	10-1-0	4-1-0
Feb. 27	No. 3	Arkansas (No. 17)	197.325	196.450	9,138	Tuscaloosa	11-1-0	5-1-0
March 12	No. 5	Michigan (No. 19)	197.725	197.025	3,023	Ann Arbor	12-1-0	5-1-0
March 20	No. 3	SEC Championships	197.950		8,570	Duluth, Ga.	2nd	
April 3	No. 3	NCAA West Region	196.900		4,059	Corvallis, Ore.	2nd	
April 15	No. 3	NCAA Championships - prelims	197.325		3,559	Los Angeles, Calif.	2nd	
April 16	No. 3	NCAA Championships - Super 6	197.125		4,167	Los Angeles, Calif.	t-3rd	

* Penn State's season opener, therefore they were unranked

2004 Individual Results

Mari Bayer						Brittany Comeaux						Dana Filetti					
Vault	Bars	Beam	Floor	AA		Vault	Bars	Beam	Floor	AA		Vault	Bars	Beam	Floor	AA	
Super Six Challenge	--	9.225	9.875	--	--	Super Six Challenge	--	9.875	--	--	--	Super Six Challenge	9.800	9.825	--	9.325	--
Penn State	--	--	9.800	9.900	--	Penn State	--	9.875	--	--	--	Penn State	9.850	9.300	--	9.725	--
at LSU	--	9.150	9.850	9.850	--	at LSU	--	9.925	--	--	--	at LSU	9.825	9.775	--	--	--
Florida	--	--	9.875	9.900	--	Florida	9.750e	9.875	--	--	--	Florida	9.850	9.850	--	--	--
at Auburn	--	9.825	9.775	9.875	--	at Auburn	--	9.750	--	--	--	at Auburn	9.850	9.775	--	--	--
at Kentucky	--	9.850	9.850	9.825	--	at Kentucky	9.200	9.800	--	--	--	at Kentucky	9.800	9.825	--	--	--
Georgia	--	9.925	9.850	--	--	Georgia	--	9.875	--	--	--	Georgia	9.875	9.825	--	--	--
Arkansas	--	9.875	9.825	--	--	Arkansas	9.800	9.850	--	--	--	Arkansas	9.825	9.125	--	9.850e	--
at Michigan	--	9.875	9.850	--	--	at Michigan	9.900	9.825	--	--	--	at Michigan	9.850	9.825	--	9.825e	--
at SECs	--	9.825	9.300	9.900	--	at SECs	9.900	9.825	--	--	--	at SECs	9.900	9.825	--	--	--
at NCAA Regional	--	9.025	9.850	9.875	--	at NCAA Regional	9.800	9.850	--	--	--	at NCAA Regional	9.850	9.250	--	--	--
at NCAA Champ.-Prelims	--	9.875	9.825	9.850	--	at NCAA Champ.-Prelims	9.875	9.825	--	--	--	at NCAA Champ.-Prelims	9.800	9.875	--	--	--
at NCAA Champ.-Super 6	--	9.700	9.850	9.675	--	at NCAA Champ.-Super 6	9.800	9.825	--	--	--	at NCAA Champ.-Super 6	9.850	9.725	--	--	--
Career Best		9.900	9.925	9.925	9.900	Career Best	9.900	9.925	--	--	--	Career Best	9.900	9.850	--	9.850e	--
Alexis Brion						Rachael Delahoussaye						Lauren Holdefer					
Vault	Bars	Beam	Floor	AA		Vault	Bars	Beam	Floor	AA		Vault	Bars	Beam	Floor	AA	
Super Six Challenge	9.850	--	--	9.925	--	Super Six Challenge	--	--	9.825	--	--	Super Six Challenge	9.625	--	--	9.875	--
Penn State	9.850	--	--	9.925	--	Penn State	--	--	9.800	--	--	Penn State	--	--	--	9.750e	--
at LSU	9.925	--	--	9.900	--	at LSU	--	--	9.850	--	--	at LSU	--	--	--	9.325	--
Florida	9.950	--	--	9.925	--	Florida	--	--	9.675	--	--	Florida	--	--	--	9.850	--
at Auburn	9.925	--	9.825e	--	--	at Auburn	--	--	9.775	--	--	at Auburn	9.775	--	--	9.850	--
at Kentucky	9.925	9.650e	8.550	9.925	--	at Kentucky	--	--	9.825	--	--	at Kentucky	9.800e	--	--	9.825	--
Georgia	9.975	--	--	9.775	--	Georgia	--	--	9.825	--	--	Georgia	9.825	--	--	9.800	--
Arkansas	9.825	--	9.900	9.925	--	Arkansas	--	--	9.775	--	--	Arkansas	9.850	--	--	9.875	--
at Michigan	9.975	--	9.100	9.950	--	at Michigan	--	--	9.775e	--	--	at Michigan	9.725e	--	--	9.850	--
at SECs	9.875	--	9.825	9.950	--	at SECs	--	--	9.850	--	--	at SECs	--	--	--	9.875	--
at NCAA Regional	9.900	--	9.675	9.800	--	at NCAA Regional	--	--	9.800	--	--	at NCAA Regional	--	--	--	9.850	--
at NCAA Champ.-Prelims	9.900	--	9.775	9.925	--	at NCAA Champ.-Prelims	--	--	9.750	--	--	at NCAA Champ.-Prelims	9.750	--	--	9.850	--
at NCAA Champ.-Super 6	9.875	--	9.750	9.900	--	at NCAA Champ.-Super 6	--	--	9.850	--	--	at NCAA Champ.-Super 6	--	--	--	9.850	--
at NCAA Champ.-Ind Finals	--	--	--	9.8875	--	Career Best	--	--	9.900	9.675	--	Career Best	9.850	--	--	9.925	--
Career Best	9.975	9.650e	9.900	9.975	--												

Did You Know...

Ashley Miles scored three 10.0s on two different events last season, putting her career total up to six.



Shannon Hrozek	Vault	Bars	Beam	Floor	AA
Super Six Challenge	--	9.825	9.775	--	--
Penn State	9.300	9.850	9.775	--	--
at LSU	9.725	9.875	9.850	--	--
Florida	9.875	9.900	9.800	--	--
at Auburn	9.900	9.850	9.775	--	--
at Kentucky	9.900	9.800	9.800	9.800	39.300
Georgia	9.925	9.875	9.825	9.875	39.500
Arkansas	9.900	9.875	9.725	9.825	39.325
at Michigan	9.925	9.875	9.850	9.850	39.500
at SECs	9.900	9.825	9.800	--	--
at NCAA Regional	9.900	9.900	9.800	9.875	39.475
at NCAA Champ.-Prelims	--	--	9.775	--	--
at NCAA Champ.-Super 6	9.850	9.800	9.450	--	--
Career Best	9.925	9.900	9.900	9.950	39.500

Stephanie Kite	Vault	Bars	Beam	Floor	AA
Super Six Challenge	--	--	--	9.900	--
Penn State	--	--	--	9.275	--
at LSU	--	--	--	9.900	--
Florida	--	--	--	9.875	--
at Auburn	--	--	--	9.725	--
at Kentucky	--	--	--	9.825	--
Georgia	--	--	--	9.800	--
Arkansas	--	--	--	9.900	--
at Michigan	--	--	--	9.875	--
at SECs	--	--	--	9.675	--
at NCAA Champ.-Prelims	--	--	--	9.850	--
at NCAA Champ.-Super 6	--	--	--	9.850	--
Career Best	9.850	--	9.725	9.925	--

Ashley Miles	Vault	Bars	Beam	Floor	AA
Super Six Challenge	9.925	9.300	--	9.950	--
Penn State	9.950	9.875	--	--	--
at LSU	9.950	9.850	--	9.975	--
Florida	10.000	9.925	--	9.975	--
at Auburn	9.900	9.900	--	9.950	--
at Kentucky	10.000	--	9.800e	--	--
Georgia	9.950	9.850	9.650e	--	--
at Michigan	9.875	9.875	--	--	--
at SECs	9.950	9.900	--	10.000	--
at NCAA Regional	9.950	9.875	--	9.950	--
at NCAA Champ.-Prelims	9.925	9.925	--	9.925	--
at NCAA Champ.-Super 6	9.900	9.800	--	9.950	--
at NCAA Champ.-Ind Finals	9.9438	9.8750	--	9.9375	--
Career Best	10.000	9.925	9.800e	10.000	--

Dana Pierce	Vault	Bars	Beam	Floor	AA
Super Six Challenge	9.875	--	9.725	--	--
Penn State	9.850	9.800	9.750	--	--
at LSU	9.775	9.700e	9.225	9.825	--
Florida	9.825	9.825	9.800	--	--
at Auburn	--	--	9.300	--	--
at Kentucky	--	--	9.800	9.800	--
Georgia	--	--	9.825	9.900	--
Arkansas	9.800e	9.825e	9.800e	9.850	--
at Michigan	9.800e	--	9.775	9.875	--
at NCAA Champ.-Prelims	--	9.800	--	--	--
Career Best	9.925	9.850	9.925	9.900	--



Michelle Reeser	Vault	Bars	Beam	Floor	AA
Super Six Challenge	--	--	9.825	--	--
Penn State	--	--	9.875	9.825	--
at LSU	--	--	9.875	--	--
Florida	--	--	9.850	9.825e	--
at Auburn	--	--	9.825	--	--
at Kentucky	--	--	9.850	--	--
Georgia	--	--	9.825	--	--
Arkansas	--	--	9.850	--	--
at Michigan	--	--	9.825	--	--
at SECs	--	--	9.875	--	--
at NCAA Regional	--	--	9.875	--	--
at NCAA Champ.-Prelims	--	--	9.300	--	--
at NCAA Champ.-Super 6	--	--	9.850	--	--
Career Best	--	9.825	9.900	9.975	--

Jeana Rice	Vault	Bars	Beam	Floor	AA
Super Six Challenge	9.925	9.900	9.150	9.950	38.925
Penn State	9.850	9.900	9.900	9.950	39.600
at LSU	9.900	9.975	9.950	--	--
Florida	9.900	9.950	9.925	9.925	39.700
at Auburn	9.850	9.900	9.900	9.925	39.575
at Kentucky	9.925	9.925	--	--	--
Georgia	9.950	9.900	9.375	9.925	39.150
Arkansas	9.975	9.875	9.800	9.925	39.575
at Michigan	9.925	9.950	9.950	9.925	39.750
at SECs	9.975	9.950	9.975	9.950	39.850
at NCAA Regional	9.900	9.900	9.825	9.925	39.550
at NCAA Champ.-Prelims	9.900	9.950	9.900	9.900	39.650
at NCAA Champ.-Super 6	9.900	9.900	9.925	9.925	39.650
at NCAA Champ.-Ind Finals	--	9.2625	9.9125	--	--
Career Best	10.000	9.975	10.000	9.975	39.850

Erin Rightley	Vault	Bars	Beam	Floor	AA
Penn State	--	--	9.200e	--	--
at LSU	--	--	9.825e	9.825e	--
Florida	--	--	9.800e	--	--
Career Best	--	--	9.825e	9.825e	--

Larissa Stewart	Vault	Bars	Beam	Floor	AA
Florida	--	9.750e	--	--	--
at Auburn	--	9.700e	--	--	--
at Kentucky	--	9.800	--	--	--
Georgia	--	9.700e	--	--	--
Arkansas	--	9.850	--	--	--
at Michigan	--	9.800e	--	--	--
Career Best	--	9.900	9.800	--	--

e = exhibition routine

2004 NCAA Championships Team Scores April 15-17 • Los Angeles, Calif.

— PRELIMINARIES

AFTERNOON SESSION

	Vault	Bars	Beam	Floor	Totals
Florida	49.375	49.000	49.125	49.350	196.850
Stanford	49.050	49.350	48.975	49.475	196.850
Georgia	49.225	49.350	48.975	49.225	196.775
Nebraska	49.250	49.125	48.875	48.900	196.150
Oklahoma	49.200	48.725	48.600	49.225	195.750
Iowa	48.950	48.725	47.800	49.300	194.775

EVENING SESSION

	Vault	Bars	Beam	Floor	Totals
UCLA	49.350	49.650	49.225	49.450	197.675
Alabama	49.400	49.450	49.025	49.450	197.325
Utah	49.275	49.350	49.100	49.200	196.925
LSU	49.300	49.275	48.775	49.300	196.650
Michigan	49.150	49.025	49.100	49.225	196.500
Arizona State	49.300	48.950	48.925	49.150	196.325

— SUPER SIX FINALS

	Vault	Bars	Beam	Floor	Totals
UCLA	49.525	49.425	49.600	49.575	198.125
Georgia	49.425	49.125	49.200	49.450	197.200
Alabama	49.375	49.050	49.225	49.475	197.125
Stanford	49.350	49.200	49.250	49.325	197.125
Florida	49.400	48.800	49.300	49.300	196.800
Utah	49.150	48.325	49.225	49.075	195.775

2004 Alabama's Team Scores

	Vault	Bars	Beam	Floor	Totals
Super Six Challenge	49.375	48.725	49.025	49.600	196.725
Penn State	49.350	49.300	49.150	49.325	197.125
at LSU	49.375	49.400	49.375	49.450	197.600
Florida	49.575	49.500	49.250	49.600	197.925
at Auburn	49.425	49.250	49.050	49.350	197.075
at Kentucky	49.550	49.200	49.125	49.200	197.075
Georgia	49.675	49.400	49.150	49.300	197.550
Arkansas	49.375	49.325	49.150	49.475	197.325
at Michigan	49.600	49.400	49.250	49.475	197.725
at SECs	49.625	49.325	49.325	49.675	197.950
at NCAA Region	49.500	48.775	49.150	49.475	196.900
NCAA Prelims	49.400	49.450	49.025	49.450	197.325
NCAA Super 6	49.375	49.050	49.225	49.475	197.125
Season High	49.675	49.500	49.375	49.675	197.950

The Crimson Tide's 2004 Top Individual Scores:

	V	UB	BB	FX	AA
Alabama	49.675	49.500	49.375	49.675	197.950
Mari Bayer	--	9.925	9.875	9.900	--
Alexis Brion	9.975	--	9.900	9.950	--
Brittany Comeaux	9.900	9.925	--	--	--
R. Delahoussaye	--	--	9.850	--	--
Dana Filetti	9.900	9.850	--	9.725	--
Lauren Holdefer	9.850	--	--	9.875	--
Shannon Hrozek	9.925	9.900	9.850	9.875	39.500
Stephanie Kite	--	--	--	9.900	--
Ashley Miles	10.000	9.925	--	10.000	--
Dana Pierce	9.875	9.825	9.825	9.900	--
Michelle Reeser	--	--	9.875	9.825	--
Jeana Rice	9.975	9.975	9.975	9.950	39.850
Erin Rightley	--	--	--	9.750	--
Larissa Stewart	--	9.850	--	--	--





Traveling with the Tide

Traveling with the gymnastics team requires more than meets the eye. Between balancing academics and a successful competition, the travel schedule is designed to help us be successful in both areas. Versatility, convenience and fun are ultimately combined, creating a winning squad both in and out of the gym.

Even before we travel to our first competition, Sarah Patterson gives us travel schedules to hand to our professors on the first day of spring semester classes. While many understand that classes may be missed and are willing to work with us, some professor's attendance policies are too stringent for our schedules. Another class is found to replace it.

When it comes to accommodating our classes, we are fortunate to have the support of an athletic department that provides charter flights to competitions. This way, if a test is to be taken or a paper is to be turned in, Sarah can choose when the plane will take off based on our schedules.

Usually we travel by bus to competitions that are close to home. In the past, this meant bussing to Auburn. However, during the 2000 season, we hit the open road three times, which ties the amount of times total I have traveled bus-style to a competition prior to my senior year. The first two bus trips were expected, but the third came as a surprise when hurricane-force winds and storms ripped through the Florida region the Sunday after the Southeastern Conference Championships. With all flights grounded, Sarah opted to charter a bus and bring us back to Tuscaloosa instead of wait for flights to resume. Our arrival time was delayed ten hours, but we were grateful to be home safe and sound in order to attend class, make deadlines and attend meetings the following day that would have otherwise been missed had it not been for the ability to change our transportation options.

Sarah runs a tight ship when we travel, but makes sure we have time to relax, have fun and are fully mentally and physically prepared for competition. Upon arrival, usually the night before competition, we can be found at a restaurant, checking out the local cuisine. Once fed, we return to the hotel, where we might rent a movie

Over the past 30 years, the Alabama gymnastics team has come a long way in many areas, including travel. The days of cars and vans gave way to the motor home, which gave way to the bus, then commercial airplane and now, by and large, Alabama travels via a chartered airplane. Former Alabama All-American Lexa Evans spent four years traveling the country with the Crimson Tide. What follows is her first hand account of being on the road with her teammates.



Three months of pre-season do not compare to what one "away" competition can do for our team. Some of the most memorable team stories come during season.

to watch as a team, work on homework, or, at championships, get a massage from our massage therapist. We eat breakfast on our own. Sarah arranges a trip to a local mall for those of us who wish to hit the shops in the morning. Team lunch is a time to come together before the meet. After competing we are either taken directly to the plane or leave for Tuscaloosa early the next morning.

Traveling is a time for us to become a true team. Pre-season is spent learning to work with each other. We become a cohesive unit, however, after the first few competitions. Three months of pre-season do not compare to what one "away" competition can do for our team. Some of the most memorable team stories come during season. Whether it is sabotaging our trainer's room, "singing" to the Dixie Chicks in the plane's confined quarters or fooling around in the hotel, traveling has always proven to be the best method of molding a team.

Probably the best part of traveling is our loyal fans that follow us. At some competitions, our fans outnumber the home squad's crowd. Their dedication to our team is inspiring. They are always there to give us a boost, and we do our best for them. Without our fans, we would not be Alabama Gymnastics.

Looking back over my years with the team, I realize how special it has been to be given the opportunity to travel across the United States. From Utah to Pennsylvania, Massachusetts to California, I have experienced more in these past four years than the average student. I know that this would not have been possible ten years ago, when the team did not have access to a chartered plane. It is still not possible for other teams today. Alabama Gymnastics is blessed with the support that provides us the possibility to travel in a style matching that of the program itself.

by Lexa Evans McDaniel, '00



The 2005 Opponents

Friday, January 7 Super-6 Challenge,
Gainesville, Fla. • 7:00 p.m.



Head Coach
Bill Ryden



Monica
Bisordi

Location: Tucson, Arizona
Enrollment: 37,000
Athletics Director: Jim Livengood
Senior Woman Administrator:
Kathleen 'Rocky' LaRose
Home Arena (Capacity):
McKale Center (14,545)
Nickname: Wildcats
Colors: Cardinal and Navy
Conference: Pacific-10

Head Coach: Bill Ryden
Overall Record (Years): 69-92-3 (6)
Record at School (Years): same
Coach's Phone: 520-621-4777
Best time to reach coach: Contact
Arizona Media Relations

2004 Dual Meet Record: 13-10-2
2004 Pac-10 Record: 2-3-1
2004 Pac-10 Finish: 4th (196.775)
2004 High Score: 197.300
2004 NCAA Finish: N/A
2004 NCAA South Central Regional
Finish: 3rd (196.375)
Letter winners returning/lost: 12/15
All-Americans returning/lost: 1/0

WWW Site: www.arizonaathletics.com

Sports Information Contact: Blair Willis
E-mail: bmw23@email.arizona.edu
Office Phone: (520) 621-4163
Home/Cell Phone: (520) 419-2979
Fax Number: (520) 621-0909

Friday, January 7 Super-6 Challenge,
Gainesville, Fla. • 7:00 p.m.
Friday, January 28
Gainesville, Fla.
7:00 p.m.



Head Coach
Rhonda Faehn



Erin
Dooley

Location: Gainesville, Florida
Enrollment: 48,500
Athletics Director: Jeremy Foley
Senior Women's Administrator:
Lynda Tealer
Home Arena (Capacity):
Stephen C. O'Connell Center (11,120)
Nickname: Gators
Colors: Orange and Blue
Conference: Southeastern

Head Coach: Rhonda Faehn
Overall Record (Years): 43-14 (2)
Record at School (Years): Same
Coach's Phone: (352) 375-4683 ext. 5500
Best time to reach coach: Mid-late
morning

2004 Dual Meet Record: 16-9
2004 SEC Record: 3-3
2004 SEC Finish: 4th (197.225)
2004 High Score: 198.225
2004 NCAA Finish: 5th (196.800)
2004 NCAA South Central Regional
Finish: 2nd (198.225)
Letter winners returning/lost: 9/4
All-Americans returning/lost: 7/2

WWW Site: www.gatorzone.com

Sports Information Contact: Mary Howard
E-mail: maryh@gators.uaa.ufl.edu
Office Phone: (352) 375-4683 ext. 6100
Home Phone: (352) 331-6964
Fax Number: (352) 375-4809

Friday, January 7 Super-6 Challenge,
Gainesville, Ga. • 7:00 p.m.
Friday, February 18
Athens, Ga. • 7:30 p.m.



Head Coach
Suzanne Yoculan



Brittany
Smith

Location: Athens, Georgia
Enrollment: 33,878
Athletics Director: Damon Evans
Senior Women's Administrator:
Carla Williams
Home Arena (Capacity):
Stegeman Coliseum (9,951)
Nickname: Gym Dogs
Colors: Red and Black
Conference: Southeastern

Head Coach: Suzanne Yoculan
Overall Record (Years): 666-94-6 (22)
Record at School (Years): Same
Coach's Phone: (706) 542-7934
Best time to reach coach: Weekday
mornings

2004 Dual Meet Record: 30-6
2004 SEC Record: 6-0
2004 SEC Finish: 1st (198.175)
2004 High Score: 198.175
2004 NCAA Finish: 2nd (197.200)
2004 NCAA Northeast Regional Finish:
1st (197.525)
Letter winners returning/lost: 5/8
All-Americans returning/lost: 1/6

WWW Site: www.georgiadogs.com

Sports Information Contact: Tyler Sabo
E-mail: tyler@sports.uga.edu
Office Phone: (706) 542-1621
Home Phone: (706)-769-2881
Fax Number: (706) 542-9339

Friday, January 7 Super-6 Challenge,
Gainesville, Fla. • 7:00 p.m.



Head Coach
Larissa Libby



Annie
Rue

Location: Iowa City, Iowa
Enrollment: 29,697
Athletics Director: Robert A. Bowsby
Senior Women's Administrator:
Jane C. Meyer
Home Arena (Capacity):
Carver-Hawkeye Arena (15,500)
Nickname: Hawkeyes
Colors: Black and Old Gold
Conference: Big Ten

Head Coach: Larissa Libby
Overall Record (Years): First Year
Record at School (Years): First Year
Coach's Phone: (319) 335-9269
Best time to reach coach: Through SID

2004 Dual Meet Record: 9-6
2004 Big Ten Record: 2-0
2004 Big Ten Finish: 3rd (196.50)
2004 High Score: 197.150
2004 NCAA Finish: 12th
2004 NCAA North Central Regional
Finish: 2nd (195.70)
Letter winners returning/lost: 10/5
All-Americans returning/lost: 0/2

WWW Site: www.hawkeyesports.com

Sports Information Contact:
Jana Hemphill
E-mail: Jana-Hemphill@uiowa.edu
Office Phone: (319) 335-9411
Fax Number: (319) 335-9417



A Tradition of Excellence

The 2005 Opponents

Friday, January 7 Super-6 Challenge,
Gainesville, Fla. • 7:00 p.m.



Head Coach
Steve Sheppard



Kate
Stopper

Location: University Park, Pa
Enrollment: 41,050
Athletics Director: Tim Curley
Senior Women's Administrator:
Sue Scheetz
Home Arena (Capacity): Rec Hall (6,846)
Nickname: Nittany Lions
Colors: Blue and White
Conference: Big Ten

Head Coach: Steve Sheppard
Overall Record (Years): 151-105-2 (12)
Record at School (Years): Same
Coach's Phone: (814) 863-7461
Best time to reach coach: Mornings

2004 Dual Meet Record: 11-6-2
2004 Big Ten Record: 1-0-1
2004 Big Ten Finish: 2nd
2004 High Score: 196.625
2004 NCAA Finish: N/A
2004 NCAA Northeast Regional Finish:
4th (196.075)
Letter winners returning/lost: 12/1
All-Americans returning/lost: 1/0

WWW Site: www.goPSUsports.com

Sports Information Contact: Jen Armson
E-mail: jma19@psu.edu
Office Phone: (814) 865-1757
Home Phone: (814) 867-8561
Fax Number: (814) 863-3165

Friday, January 14
Tuscaloosa, Ala.
7:30 p.m.



Head Coach
KJ Kindler



Janet
Anson

Location: Ames, Iowa
Enrollment: 27,898
Athletics Director: Bruce Van De Velde
Senior Women's Administrator:
Calli Sanders
Home Arena (Capacity):
Hilton Coliseum (14,002)
Nickname: Cyclones
Colors: Cardinal and Gold
Conference: Big 12

Head Coach: K.J. Kindler
Overall Record (Years): 33-25-1 (4)
Record at School (Years): 33-25-1 (4)
Coach's Phone: (515) 294-4182
Best time to reach coach: Through SID

2004 Dual Meet Record: 9-1-1
2004 Big 12 Record: 3-0-1
2004 Big 12 Finish: 2nd (196.925)
2004 High Score: 198.00
2004 NCAA Finish: N/A
2004 NCAA Northeast Regional Finish:
3rd (196.150)
Letter winners returning/lost: 13/1
All-Americans returning/lost: N/A

WWW Site: www.cyclones.com

Sports Information Contact:
Tiffany Hartkemeyer
E-mail: tiffyh@iastate.edu
Office Phone: (515) 598-9008
Fax Number: (515) 294-0558

Friday, January 21
Tuscaloosa, Ala.
7:30 p.m.



Head Coach
"D-D" Breaux



April
Burkholder

Location: Baton Rouge, LA
Enrollment: 31,582
Athletics Director:
Stanley "Skip" Bertman
Senior Women's Administrator:
Judy Southard
Home Arena (Capacity):
Pete Maravich Assembly Center (14,164)
Nickname: Tigers
Colors: Purple and Gold
Conference: Southeastern

Head Coach: Sara "D-D" Breaux
Overall Record (Years): 450-279-7 (28)
Record at School (Years): Same
Coach's Phone: (225) 578-5050
Best time to reach coach: Mornings

2004 Dual Meet Record: 22-9
2004 High Score: 197.650
2004 SEC Record: 3-3
2004 SEC Finish: 3rd (197.950)
2004 NCAA Finish: 7th
2004 NCAA Central Regional Finish: 1st
(197.50)
Letterwinners returning/lost: 13/2
All-Americans returning/lost: 3/0

WWW Site: www.lsusports.net

Sports Information Contact:
Laurie Cannon
E-mail: lcannon1@lsu.edu
Office Phone: (225) 587-7947
Home Phone: (225) 924-3364
Fax Number: (225) 587-1861

Friday, February 4
Tuscaloosa, Ala.
7:30 p.m.



Head Coach
Jeff Thompson



Courtney
Puckett

Location: Auburn, AL
Enrollment: 22,928
Athletics Director: David Housel
Senior Women's Administrator:
Barbara Camp
Home Arena (Capacity):
Beard-Eaves-Memorial Coliseum
Nickname: Tigers
Colors: Burnt Orange and Navy Blue
Conference: Southeastern

Head Coach: Jeff Thompson
Overall Record (Years): 41-55 (5)

Record at School (Years): Same
Coach's Phone: (334) 844-5046
Best time to reach coach: Through SID

2004 Dual Meet Record: 12-11
2004 SEC Record: 2-4
2004 SEC Finish: 5th (195.925)
2004 High Score: 197.000
2004 NCAA Finish: N/A
2004 NCAA Central Regional Finish: 4th
(195.750)
Letter winners returning/lost: 8/5
All-Americans returning/lost: 1/0

WWW Site: www.auburntigers.com

Sports Information Contact: Carol White
E-mail: whitecr@auburn.edu
Office Phone: (334) 844-9182
Fax Number: (334) 844-9708

Did You Know...

This season, Alabama will defend its 2004 Super Six Challenge title, trying to win for the fourth time in event's six-year history.

The 2005 Opponents

Friday, February 11
Tuscaloosa, Ala.
7:30 p.m.



Kentucky



Head Coach
Mo Muhammad

Michelle
Gales

Location: Lexington, KY
Enrollment: 25,397
Athletics Director: Mitch Barnhart
Home Arena (Capacity): Memorial Coliseum (8,700)
Nickname: Wildcats
Colors: Blue and White
Conference: Southeastern

Head Coach: Hajile "Mo" Muhammad
Overall Record (Years): 4-12 (1)
Record at School (Years): 4-12 (1)
Coach's Phone: (859) 257-5185
Best time to reach coach: Before noon

2004 Dual Meet Record: 4-12
2004 SEC Record: 0-6
2004 SEC Finish: 7th (193.850)
2004 High Score: 195.200
2004 NCAA National Finish: N/A
2004 NCAA Regional Finish: N/A
Letter winners returning/lost: 10/2
All-Americans returning/lost: N/A

WWW Site: www.ukathletics.com

Sports Information Contact:
Amber Kuhns
E-mail: arkuhn2@email.uky.edu
Office Phone: (859) 257-3838
Cell Phone: (859) 699-0034
Fax Number: (859) 323-4310

Friday, February 25
Fayetteville, Ark.
7:00 p.m.



Arkansas



co-Head Coach
Mark Cook

co-Head Coach
Rene Cook

Location: Fayetteville, Arkansas
Enrollment: 16,035
Athletics Director: Bev Lewis
Home Arena (Capacity): Barnhill Arena (9,000)
Nickname: Lady Razorbacks
Colors: Cardinal and White
Conference: Southeastern

Co-Head Coach: Mark and Renee Cook
Overall Record (Years): Mark 77-28-3 (6); Rene 16-28-1 (2)
Record at School (Years): 16-28-1 (2)
Coach's Phone: (479) 575-4479
Best time to reach coach: Mornings

2004 Dual Meet Record: 11-14
2004 High Score: 196.625
2004 SEC Record: 2-4
2004 SEC Finish: 6th (194.825)
2004 NCAA Finish: N/A
2004 NCAA South Central Regional Finish: 4th (195.550)
Letterwinners returning/lost: 10/1
All-Americans returning/lost: N/A

WWW Site: www.ladybacks.com

Sports Information Contact: Jeri Thorpe
E-mail: jthorpe@uark.edu
Office Phone: (479) 575-5037
Home Phone: (402) 443-3291
Fax Number: (479) 575-7410



Dana
McQuillin

Sunday, March 6
Stanford, Cal.
2:00 p.m.



Stanford



Head Coach
Kristen Smyth

Natalie
Foley

Location: Stanford, California
Enrollment: 13,075
Athletics Director: Ted Leland
Senior Women's Administrator: Debi Gore-Mann
Home Arena (Capacity): Burnham Pavillion (1,500) and Maples Pavilion (7,400)
Nickname: Cardinal
Colors: Cardinal and white
Conference: Pacific-10

Head Coach: Kristen Smyth (California, '93)
Overall Record (Years): 44-11-2 (6)
Record at School (Years): same
Coach's Phone: (650) 725-1994
Best time to reach coach: Weekday afternoons

2004 Dual Meet Record: 26-5-2
2004 High Score: 198.875
2004 PAC-10 Record: 10-2
2004 PAC-10 Finish: 1st (197.875)
2004 NCAA Finish: T-3rd (197.125)
2004 NCAA North Central Regional Finish: 1st (196.575)
Letterwinners returning/lost: 5/8
All-Americans returning/lost: 1/3

WWW Site: www.gostanford.com

Sports Information Contact:
William Kiss
E-mail: wkiss@stanford.edu
Office Phone: (650) 723-4418
Home Phone: (415) 310-5913
Fax Number: (650) 725-2957

Friday, March 18
Tuscaloosa, Ala.
7:30 p.m.



UNC



Head Coach
Derek Galvin

Courtney
Bumpers

Location: Chapel Hill, North Carolina
Enrollment: 26,359
Athletics Director: Dick Baddour
Senior Women's Administrator: Beth Miller
Home Arena (Capacity): Carmichael Auditorium (10,180)
Nickname: Tar Heels
Colors: Carolina blue and white
Conference: East Atlantic Gymnastics League

Head Coach: Derek Galvin (UNC, '76)
Overall Record (Years): 256-155 (23)
Record at School (Years): same
Coach's Phone: (919) 962-5213
Best time to reach coach: Through SID

2004 Dual Meet Record: 22-1
2004 EAGL Record: 9-0
2004 EAGL Finish: 2nd (196.725)
2004 High Score: 197.350
2004 NCAA Finish: N/A
2004 NCAA Southeast Regional Finish: 3rd (196.35)
Letterwinners returning/lost: 12/4
All-Americans returning/lost: 1/0

WWW Site: www.TarHeelBlue.com

Sports Information Contact: Kim Conrad
E-mail: conrad1@email.unc.edu
Office Phone: (919) 962-2123
Home Phone: (919) 945-5228
Fax Number: (919) 962-0612



A Tradition of Excellence

Alabama Gymnastics

...

A Tradition of Excellence - a Legacy of Champions

It started quietly. The University of Alabama's brand new gymnastics squad, under the direction, that first year, of Riki Sutton came together in the fall of 1974 and would compete for the first time in January of 1975. That first team finished third at the state championships and sixth at the regionals. Through the first four seasons of the program there are four different coaches and no winning seasons, and there is talk about discontinuing the program. That talk will come to an abrupt halt soon though, because things are about to get better for the young program, much, much better.

In the summer of 1978, "Grease" reigned at the box office and ABBA's "Take a Chance on Me" filled dance floors coast to coast. Laverne and Shirley was the most popular TV series on the air, though it was in re-runs. "Friends" won't even make its television debut for another 15 years and Mathew Perry, the youngest of the six Friends, is only 10 years old. It's the summer of 1978 and things are about to turn around for the Crimson Tide because Sarah Patterson has said **yes**.

Great Moments in Alabama Gymnastics History

'04

Stephanie Kite's career was a balanced attack. The All-American was an all-star in the classroom and a tireless worker in the community. As such she became the seventh Alabama Gymnast to be named NCAA Woman of the Year for the State of Alabama on **October 31, 2004**. As a senior, Kite earned an NCAA Postgraduate Scholarship, was named to the SEC's inaugural "SEC Good Works Team" and the CoSIDA Academic All-American of the Year, a first for a Crimson Tide athlete.



She didn't ask about salary, or facilities or equipment. When the letter came asking if she would be Alabama's head coach, Patterson, all of 22 years old and just out of Slippery Rock State College gave the Crimson Tide an emphatic and unequivocal yes.

Her first move as Alabama's head coach was to hire David Patterson, coming out of his freshman year as a diver on the Tide swimming and diving team, as an assistant coach. The couple, married in 1984, then turned to the task at hand, taking a team without a winning season and creating a juggernaut that has performed at the highest conceivable level for 20 years.

A fast 26 years later, "Friends" has just completed an 11 season run, the Shrek2 and Spiderman2 were the summer movie blockbusters and Outkast and U2 top the music charts. And 2005 finds the little program that couldn't quite find its feet before Sarah and David Patterson came along, has won four NCAA Championships, five Southeastern Conference crowns, 19 NCAA Regional titles and 198 All-American honors.

The adventures along the way came fast and furious. Sarah found herself explaining to her boss Paul "Bear" Bryant, the Tide's legendary football coach and athletics director, why a wrestling mat with a hole in the middle wouldn't do as a floor exercise mat.

"Once I explained what we needed," Sarah Patterson said, "Coach Bryant told Coach (Sam) Bailey (Bryant's right hand man administratively) to get us what we needed. Coach Bryant wanted all our sports to be winners and he was willing to provide us with the tools."

And the facilities that Sarah hadn't asked about when taking the job, started as Foster Auditorium, where the Tide shared its practice space with the volleyball team.

On **April 17, 2004** Ashley Miles became the first Crimson Tide gymnast to defend an NCAA Vault title. And for good measure, she threw in the NCAA Floor Exercise title as well. Miles became the first Alabama gymnast to win two different NCAA apparatus titles at the in the same season. In addition to winning the NCAA Floor Exercise crown, Miles repeated as SEC and NCAA Regional floor exercise champion.

'04



Jeana Rice won six postseason titles as a senior, including a clean sweep of the SEC, NCAA West Regional and NCAA All-Around Championships and finished her career with an NCAA record 18 All-American honors. For all that she accomplished, on **April 23, 2004** Rice was named the 2004 Honda Award Winner given annually to the nation's best gymnast. It marked the fifth time an Alabama gymnast earned that recognition. She was also named SEC "Athlete of the Year" by the conference's athletics directors.

'04

"It was interesting," David Patterson said. "Every once in a while you'd have a stray volleyball come zinging through practice. Before every practice we'd have to set up all the equipment and the mats and at the end of every practice we'd have to break it all down again."

Things progressed quickly though. Their first season, Sarah and David scoured the dorms on campus looking for anyone with tumbling experience, just so they could fill their lineup. They were though, doing some far more important recruiting farther afield.

In signing their first class, Sarah and David made one one basic promise to their recruits. They promised the freshmen of 1980 that they would go to the National Championships.

"The first real defining moment of our program was the first year we went to NAAs," Sarah said. "Our first recruiting class was in their senior year. We had promised them that we would make it NAAs. In their junior year, we finished 11th, and they took 10 teams. At the end of 1982, we all knew that we had one year to fulfill our commitment to these ladies. Seeing it happen their senior year, making it to the NCAA Championships — I couldn't have been prouder."

One promise fulfilled and another goal on the horizon. Sarah and David built their program, almost from scratch on the simple premise that Alabama would develop the whole person instead of just the athlete. From the beginning, Patterson-coached student-athletes excelled not just in the gym, but also in the classroom. And beyond that, they developed lives outside of both. By the mid-1980s, Sarah and David Patterson began to wonder if their system would take the Tide to a national championship. They began to wonder if the Tide could truly have the best of all worlds.

The answer came as another emphatic yes in 1988 when the Tide won its first Southeastern Conference and NCAA Championships.

"Before '88, I think sometimes we looked back and said, 'Maybe you can't have this philosophy of developing the whole person and be number one.' When we won, it was a validation of that philosophy. We could do it this way and be successful on all fronts. We may not win every year, but we will be successful."

And just to prove that '88 was no fluke, the Pattersons led the Tide to NCAA titles in 1991,

"The first real defining moment of our program was the first year we went to NAAs... Our first recruiting class was in their senior year. We had promised them that we would make it to NAAs."

—Sarah Patterson

1996 and 2002. In fact, every Alabama class since the freshmen of 1985 have graduated with at least one championship ring, a span that goes through the seniors of 2006.

Everything else has progressed as well. Alabama is one of the nation's top academic teams too, earning a national best eight NCAA Postgraduate Scholarships and over 125 Academic All-SEC honors. And long gone are the days of stray volleyballs flying through practice. Since 1996, the Tide has trained in a state-of-the-art practice facility dedicated just to them.

The fan base has grown by leaps and bounds. Alabama gymnastics is one of the top draws in women's collegiate athletics, averaging over 9,000 fans since the mid-90s. That wasn't always the case though.

"In the early days we'd have three dozen people and two dozen would be Ann Wood's family and friends," Sarah Patterson said.

And most importantly to the Pattersons is that the student-athletes who helped turn Alabama into a national powerhouse have themselves developed into outstanding women making a difference in the world around them. The Tide's all-time roster is filled with doctors, lawyers, mothers and executives all excelling at the highest level.

"When we started, winning championships was the biggest reward," Sarah Patterson said. "And that's still our goal every year, to be in a position on the last night of the season, to win the national title. But now, David and I are proudest not of the trophies and rings, but of the ladies that have won them and wear them still. We are proud of the lives they are leading and to have been a small part of their lives."

That attitude has created more than one of the nation's best overall athletic programs, it has built a family that stretches back to the class of 1979 and up through the freshmen of 2005. And that attitude gives credence to another top-song from 1978 by Sister Sledge, one that sums up the first quarter century of Alabama gymnastics under Sarah and David Patterson. "We are family... I got all my sisters and me..."



A Tradition of Excellence

Great Moments in Alabama Gymnastics History



'03

Not only will Kristin Sterner graduate with three championship rings, including one for the 2002 NCAA

Championship and one each for the 2000 and 2003 Southeastern Conference titles, but she will also earn 11 All-American honors, serve as the Tide's captain as a junior and senior and post a 3.9 grade point average in biology during her standout career. Such excellence is recognized on **May 29, 2003** when she is named the Southeastern Conference's Scholar-Athlete of the Year. It marks the third time in school history that an Alabama gymnast has earned this award with Sterner joining Julie Estin (1987) and Meredith Willard (1997). Sterner will also earn the prestigious NCAA Top VIII award, making her the third Alabama gymnast to do, joining Willard (1997) and Andréé Pickens (2002).



'03

After wowing fans throughout the season with her soaring vaults, on **April 26, 2003**, freshman Ashley Miles impresses the toughest crowd of all by winning the Crimson Tide's first national vault crown, scoring a 10.0 on her first vault and a 9.875 on her second to secure the NCAA Championship in Lincoln, Neb. Miles had already scored two 10.0s in NCAA Championship competition, winning the NCAA Central Region floor

exercise title with a perfect mark and scoring a 10.0 during the first night of the NCAA team competition.



'03

It's **March 15, 2003** and Alabama wins Southeastern Conference title No. 5 in a competition that comes down to the Tide's last competitor on the last event, clipping second place Georgia 197.275-197.225. Junior Jeana Rice wins the all-around, balance beam and uneven bars and is named SEC Gymnast of the Year, marking the fourth year in a row an Alabama athlete has won the award. Freshman Ashley Miles, whose

9.975 floor exercise routine not only clinches the Tide's title, but wins the event and earns her All-SEC honors as well. Freshman Larissa Stewart posts a career best on the uneven bars, earning second team All-SEC honors in the process and sophomore Michelle Reeser's lead off balance beam routine earns her second team All-SEC honors on that event. Senior Kristin Sterner, juniors Lauren Holdefer and Stephanie Kite, sophomore Alexis Brion and Shannon Hrozek and freshmen Mari Bayer, Rachael Delahoussaye, Dana Filetti, Dana Pierce and Lauren Pruitt all do their part to bring home the big trophy to Tuscaloosa.



On **March 8, 2003**, Sarah Patterson is inducted into the Alabama Sports Hall of Fame.

'03

She is just the sixth woman ever elected to the hall and the first female coach. "It's my name they're going to call out," Sarah Patterson said of the honor. "But as anybody who has followed our program knows, it is honoring what David and I have accomplished together." The induction comes on the heels of the Tide's fourth NCAA Championship under the Pattersons and Sarah Patterson being named National Coach of the Year for a fourth time. It precedes Alabama winning its fifth SEC Championship under the Pattersons and posting its 14th top-3 finish at the NCAA Championships, where the Tide finishes second.



'03

On **January 12, 2003**, Andréé Pickens caps a career that is second to none with the most prestigious award given by the NCAA. The 14-time All-American and two-time NCAA Champion is chosen as one of the NCAA's Top-VIII, and award that spans both men and women as well as all sports and divisions of the NCAA. Not only is Pickens chosen for this award, she is also asked to give the key-note address, giving a speech that brings those gathered at the NCAA Convention to their feet.



'02

Alabama rolls to NCAA Championship No. 4 on **April 19, 2002** in Coleman Coliseum with a rock solid performance on all four events, especially the balance beam, where the Tide finished off the meet (and all the other teams) for the fourth meet in a row. Senior Andréé Pickens posts the night's top all-around score and earns five All-American honors in leading the Tide to victory. In all, Alabama earns a meet high 14 All-American honors with sophomore Jeana Rice earning three, junior Kristin Sterner and sophomore Alexis Brion taking two a piece while senior Natalie Barrington and freshman Shannon Hrozek earn one each. Seniors Alexa Martinez,

Whitney Morgan and Raegan Tomasek, junior Sara Scarborough, sophomores Helen Burgin, Tiffany Byrd, Erin Holdefer, Lauren Holdefer and Stephanie Kite and freshman Michelle Reeser round out the championship roster.

'02

Andréé Pickens wins her second NCAA Championship and the 13th in Alabama history **April 20, 2002**. It is her 12th routine in three days and the Houston, Texas native is exhausted, but she finds the energy for one more routine, the last of her career, and makes it count. The 14-time All-American and winner of both the AAI American Award and the Honda Award for Gymnastics, scores a 9.925 to win. With a tired wave to crowd which is giving her a standing ovation, Pickens closes out a career that was legend even before she won the title.



'02

Senior Andréé Pickens has the most dominating performance in Southeastern Conference Championship history on **March 23, 2002** when she wins four of the five individual titles up for grabs that night at Bartow Arena. Not only is she the

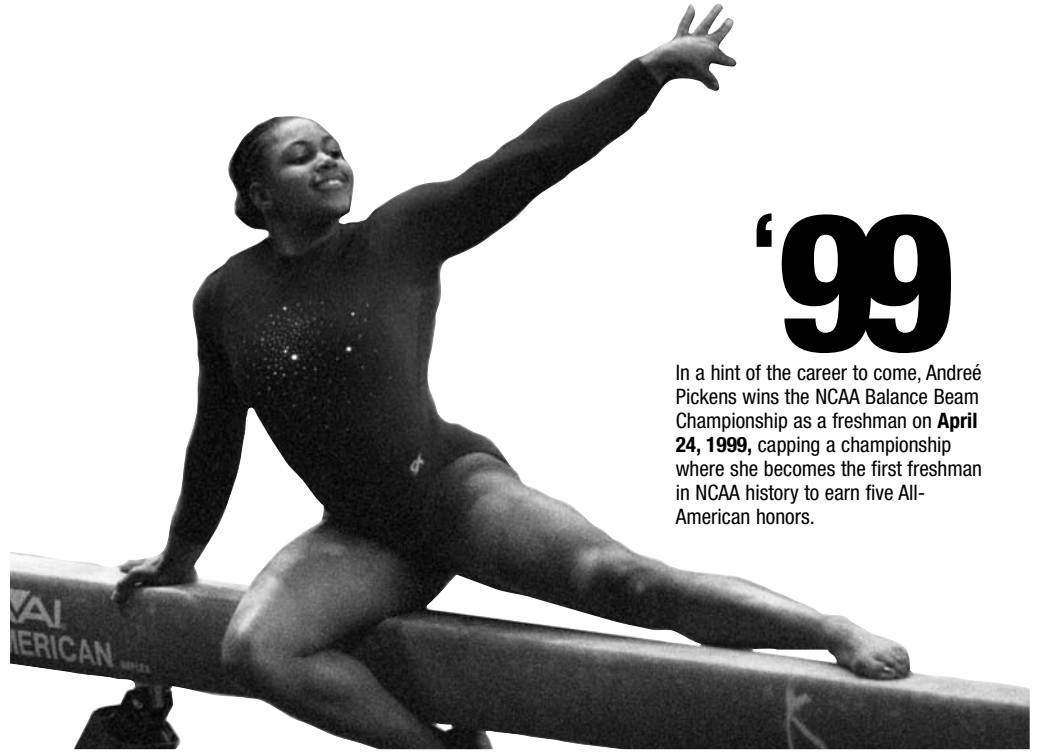
first gymnast to win four SEC titles in one year, she also earns her third SEC Gymnast of the Year honor. Pickens is the only gymnast to win the award more than once. She finishes her career with seven SEC titles, including two all-arounds, the SEC Community Service Postgraduate Scholarship and the SEC Athlete of the Year award..



A Tradition of Excellence



'00 Alabama travels to Gainesville for the 2000 Southeastern Conference Championship and falls into a groove that carries it through a dominating performance to win SEC title No. 3 on **March 18, 2000**. Sophomore **André Pickens** wins the vault, uneven bars and all-around titles and is named SEC Gymnast of the Year. She and freshman **Kristin Sterner** earn first team All-SEC honors, while juniors **Katie Hornecker** and **Dara Stewart** (pictured above with their championship rings) along with sophomore **Natalie Barrington** all earned second team All-SEC honors. Seniors **Lexa Evans** and **Gina Logan**, juniors **Robin Hawkins**, **April Makinson** and **Lissy Smith**, sophomores **Krista Gole**, **Alexa Martinez**, **Whitney Morgan** and **Raegan Tomasek** and freshman **Sara Scarborough** round out the championship roster.



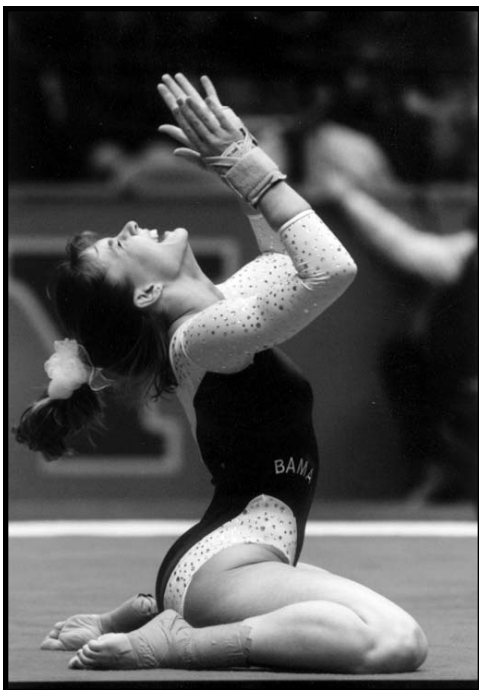
'99

In a hint of the career to come, **André Pickens** wins the NCAA Balance Beam Championship as a freshman on **April 24, 1999**, capping a championship where she becomes the first freshman in NCAA history to earn five All-American honors.

'98

The shine on **Meredith Willard's** career, in and out of the gym, continues to grow. On **January 11, 1998**, the **Clemmons, N.C.** native becomes the first Alabama athlete to earn the NCAA's prestigious **Top VIII** award, given annually to the nation's top eight senior athletes regardless of gender or sport. The award encompasses athletics, academics and character.

ior athletes regardless of gender or sport. The award encompasses athletics, academics and character.



'97

One fan after another made their way into Coleman Coliseum Saturday, **February 1, 1997** until finally, just before 7:00 p.m. and the start of the Alabama-Georgia gymnastics meet, history was made and Alabama Gymnastics sold out. A capacity crowd of 15,043 fills Alabama's arena. It is the largest crowd to ever see a women's athletic event in the State of Alabama and the largest crowd to ever see an SEC Gymnastics contest. Alabama's challenge for the record was foiled not by lack of fans, but lack of seats. Reportedly more than 400 fans were turned away from the doors of the coliseum.



'96

She didn't believe it. "Check again," she admonished everyone within her grasp. "There's been some kind of mistake," she told them. She tugged urgently at the sleeve of the nearest meet official, asking him to check, then double check the scores. There had been a mistake, someone else was supposed to be where she was. No mistake, the scores were right. On Thursday, **April 25, 1996**, Meredith Willard, the ultimate team player in a sport filled with individuals, had won the NCAA All-Around Championship.



'96

On Friday, **April 26, 1996**, paced by three individual NCAA Champions and a program record eight All-Americans, the Tide posted an NCAA Super Six record 198.025 to win its third NCAA title, second in the '90s. Senior Kim Kelly and juniors Meredith Willard and Stephanie Woods, all earned individual NCAA titles. Junior Kim Bonaventura, sophomore Merritt Booth, Kelly, sophomore Danielle McAdams, sophomore Shay Murphy, senior Marna Neubauer, Willard and Woods combined to earn 18 All-American honors. Sophomore Heather Nasser and freshmen Mandy Chapman, Lisa Gianni and Gwen Spidle round out Alabama's championship roster.

'96

Stephanie Woods knew that the uneven bars routine she had just finished had been special, she just wasn't sure if anyone else knew. It was the night of the event finals at the NCAA Championships and she had just completed her routine. But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something of championship caliber. On Saturday, **April 27, 1996**, Woods won the NCAA Uneven Bars Championship, etching her name in Crimson legend.



'96

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat and tears streamed down her face, Kim Kelly's success-studded career turned golden. The King of Prussia, Penn., native won the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause. For Kelly, that's how it ended, Saturday, **April 27, 1996**. One last floor routine, perfect in execution - a moment in time - for all time, filled with tears of joy and sadness - and rolls upon rolls of cheers.



'95

After three rotations of the 1995 Southeastern Conference Championships being held in Gainesville, Fla., the Crimson Tide finds themselves in fourth place with the chance for a third SEC Championship looking bleak. Fortunately, Alabama sees not a chance to give up, but a chance to make history. Alabama soars past Georgia, LSU and Florida on the strength of the best vault total in NCAA history on rotation No. 4 to win the '95 title on **March 25, 1995**. The Tide's 196.175 is just .05 in front of second-place LSU. Alabama counts nothing less than a 9.900 on the way to setting the vault mark. Junior Kim Kelly hits a 10.0 to win the vault. Senior Chasity Junkin and freshman Merritt Booth both turn in career-high 9.975s. Sophomore Stephanie Woods wins the SEC uneven bars title. Junior Marna Neubauer, sophomores Kim Bonaventura and Meredith Willard, freshmen Danielle McAdams, Shay Murphy and Heather Nasser all contribute to bringing SEC title No. 3 home to Tuscaloosa.





'93

No one could say that Dana Dobransky was not a pressure player. Dana wins two NCAA balance beam titles during her legendary Crimson Tide career. The first in 1992 and the second, as a senior, in Corvallis, Ore. on April 17, 1993, with a perfect 10.0. With her perfect performance, Dana becomes the only Tide gymnast to repeat as national champion on an individual event. Dana goes on to earn an NCAA and SEC Post-Graduate Scholarship, putting an exclamation on one of the greatest careers in Crimson Tide history.

'92

Junior Dee Foster, already a Crimson Tide legend, turns perfect on **March 14, 1992**, during a dual meet with Georgia in Athens, scoring a 10.0 on a vault. Foster will earn eight 10.0s during her storied Tide career — five 10.0s on the vault, one on the uneven bars and two on the floor exercise.

'91

The theme of the 1991 NCAA Gymnastics Championships is "Stars Fall on Alabama" and nothing could be closer to the truth as the host Crimson Tide use a slew of talented ladies

on **April 19, 1991**, to keep the championship in Tuscaloosa. Alabama's 195.125 total is a new NCAA Championship scoring record. The Tide outdistances second-place Utah by three quarters of a point. Georgia is third followed by Oregon State, Penn State and Florida. Senior Kim Masters, juniors Gina Basile, Katherine Kelleher and Shea McFall, sophomores Dana Dobransky and Dee Foster, and freshman Kara Stip all earn All-America honors. Senior Tina Rinker, freshmen Keri Duley, Sheryl Dundas, and Marti Watson round out the Tide's hometown championship roster.



'90

On **May 29, 1990**, Dee Foster became the first freshman in Southeastern Conference history to be named the league's Athlete of the Year. Foster was an obvious choice after winning the NCAA All-Around title with an NCAA record of 39.30 and earning four All-American honors as a rookie. She led Alabama to a second place national finish and the Tide's second SEC Team title.

'90

The Crimson Tide starts the '90s off on the right foot. Alabama marches into the Georgia Coliseum on **March 25, 1990** and marches out with its second SEC Team title. Alabama finishes more than a point ahead of second-place LSU. The Tide's 193.55 total is a new SEC Championship record. Senior Marie Robbins caps an outstanding career wearing the crimson and white of Alabama by posting the Tide's second-ever SEC all-around title, with a new championship record. That same year, a program record eight members of the championship squad earn Academic All-SEC honors and Robbins earns an SEC Post-Graduate Scholarship. Seniors Ali Blumberg, Tracey Tillman and Cheri Way, juniors Kim Masters and Tina Rinker, sophomores Gina Basile, Katherine Kelleher and Shea McFall and freshman Dana Dobransky all help bring home the Tide's second SEC trophy.



'88

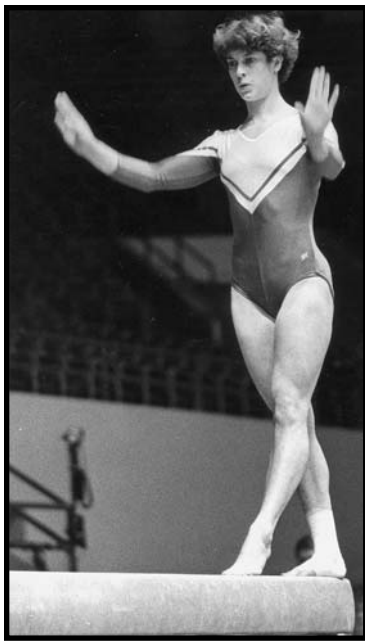
Eleven gymnasts and a lifetime of dreams come together on **April 22, 1988** as Alabama wins its first NCAA Team Championship. Alabama scores an NCAA Championship record 190.05 in front of a rowdy handful of Tide faithful in Salt Lake City, Utah. Utah is second followed by UCLA, LSU, Georgia and Florida. The Tide is led by four All-Americans - senior Kathy Bilodeau, sophomores Marie Robbins and Cheri Way and freshman Tina Rinker. Senior Alli Beldon, sophomores Ali Blumberg and Tracey Tillman and freshmen Wendy Anderson, Kim Masters and Susie Pierce round out the Tide's championship roster.



'87

On **May 27, 1987**, Julie Estin becomes the first athlete from Alabama to be honored as the Southeastern

Conference Scholar-Athlete of the Year. Julie also wins NCAA and SEC Post-Graduate Scholarships, which she puts to good use. In July 1996, Dr. Julie Vaughn set up practice in Tuscaloosa as a pediatrician.



Crimson Tide legend Penney Hauschild caps a brilliant Crimson Tide career with her second consecutive Honda Broderick Award on **January 11, 1986**. The Honda Broderick Award is given annually to the nation's best gymnast. Hauschild's career includes two NCAA All-Around championships, an NCAA Uneven Bars title and an NCAA Floor Exercise title. Hauschild earned 10 All-American honors during her fabled career. She earned five NCAA Central Regional titles and one SEC All-Around crown.

'86



Alabama is at its third NCAA Championship **April 12-13, 1985**, when junior Penney Hauschild explodes into a Crimson Tide

legend by winning the NCAA All-Around title in Salt Lake City, Utah. It is the first time that an athlete from Utah fails to win the all-around title. The Pennsylvania native also wins the uneven bars title. Penney is the first individual NCAA champion in Alabama Gymnastics' history. Penney's all-around total is an NCAA Championship Record. Penney will win four NCAA titles during her legendary career, repeating as all-around champion in 1986 and adding the floor exercise title to her resume that same year.

'85

All-American Barbara Mack, a Rhodes Scholarship finalist, the first Alabama gymnast to win the Paul W. Bryant Award, an NCAA Post-Graduate Scholarship winner and a two time Region Champion, caps a brilliant Crimson Tide career by becoming the first Alabama Gymnast to win the AMF American Award on **April 13, 1985**.

'85



'83

Alabama wins its first NCAA Regional title on **March 26, 1983**, earning its first trip to the NCAA Championships which will be held at Salt Lake City, Utah, in two weeks. Sarah and David Patterson's first recruiting class helps take the Tide to top of the South Region, downing the region's until-then dominant team, Florida, the meet's host.

'82

Julie Garrett becomes Alabama's first All-American on **April 4, 1982**. Julie paces the Tide to a fourth-place finish at the 1982 AIAW National Championships before attending the first NCAA Championship as an individual. Undaunted by her first NCAA appearance, Julie earns All-America recognition on the uneven bars.



'75

History didn't record the first meeting, the first practice or the first vault, those dates are lost in time, but first meet, the first time The University of Alabama put forth a group of young women wearing crimson and white leotards came on **January 10, 1975**. Alabama opens at home, falling to Georgia College 83.75-65.80. And with that, the program that will become one of the most celebrated in collegiate athletics is underway.





A Tradition of Excellence

Alabama's NCAA Team Championships — 2002, 1996, 1991, 1988

Alabama's NCAA Champions: Ashley Miles - 3, Jeana Rice - 1, Andréé Pickens - 2, Meredith Willard - 1, Kim Kelly - 1, Stephanie Woods - 1, Dana Dobransky - 2, Dee Foster - 1, Penney Hauschild - 4

Alabama & the NCAA Championships



Alabama at the NCAA Championships

2004	t-3rd
2003	2nd
2002	1st
2001	4th
2000	5th
1999	3rd
1998	3rd
1997	9th
1996	1st
1995	t-2nd
1994	2nd
1993	2nd
1992	3rd
1991	1st
1990	2nd
1989	3rd
1988	1st
1987	4th
1986	3rd
1985	4th
1984	6th
1983	4th

1991, while Dana Dobransky became the first Crimson Tide gymnast to repeat on an individual event when she won back-to-back balance beam titles in 1992 and 1993.

Kim Kelly finished off a stellar career with a winning 10.0 floor exercise performance at the 1996 NCAA Individual Finals. That same year, Stephanie Woods won the uneven bars title as a junior. In 1999, Andréé Pickens won the NCAA balance beam as a rookie. She added a Cinderella finish to her standout Alabama career with the 2002 NCAA Uneven Bars titles.

In the category of All-Americans, Alabama has been extremely prolific as 43 Tide gymnasts have earned All-American honors a total of 198 times. In 1993, Foster set an NCAA record when she ended her career with 17 first team All-America honors, a mark that still stands today. Last season, Rice set the national mark for All-American honors in a career, finishing with 18 combined first and second team honors.

In 1996, the Alabama-hosted NCAA Championships posted the highest attendance in history, 36,573 over the three-day event.

On the national level, Alabama has enjoyed staggering success for more than 20 years ever since vaulting into the NCAA standings in 1983 with a fourth place finish. Last season marked Alabama's 22nd consecutive NCAA Championship appearance and 20th top-5 finish. Alabama's championship run includes four NCAA Championships (2002, 1996, 1991, 1988) and nine top-2 finishes.

Alabama gymnasts have also excelled individually at NAAs, winning 17 individual NCAA Championships, including three last season alone.

Junior Ashley Miles has now won three NCAA titles, including back-to-back vault championships and the 2004 floor exercise crown. She capped her rookie season with the Tide's first NCAA Vault

title. She came back in 2004 to repeat as vault champion, adding the floor exercise title as well. Jeana Rice brought home Alabama's fifth NCAA All-Around title in 2004.

Penney Hauschild, Alabama's first NCAA Champion, won two all-around titles in 1985 and 1986. Dee Foster and Meredith Willard managed the feat in 1990 and 1996 respectively. Foster became the first gymnast to finish top-3 in the all-around all four years of her career. She was first in 1990, second in 1991 and 1993, and third in 1992.

In addition to her all-around titles, Hauschild won the uneven bars championship in 1985 and took home top marks in the floor exercise in 1986. Gina Basile was awarded the balance beam title in



1982 at Salt Lake City, Utah

1. Utah	148.600
2. Cal State Fullerton	144.150
3. Penn State	143.100
4. Oregon State	143.000
5. Arizona State	142.950
6. UCLA	142.400
7. Florida	140.900
8. Nebraska	138.100
9. Oklahoma State	137.200
10. Michigan	136.900

1983 at Salt Lake City, Utah

1. Utah	184.650
2. Arizona State	183.300
3. Cal State Fullerton	179.250
4. ALABAMA	179.050
5. Florida	177.850
6. LSU	177.800
UCLA	177.800
8. Ohio State	176.650
9. Oregon State	173.550
10. Nebraska	165.550

1984 at Los Angeles, Calif.

1. Utah	186.050
2. UCLA	185.550
3. Cal State Fullerton	193.900
4. Arizona State	183.650
5. Florida	182.200
6. ALABAMA	180.800
7. Penn State	179.450
8. Washington	178.550
9. Georgia	177.600
10. Arizona	176.900

1985 at Salt Lake City, Utah

1. Utah	188.350
2. Arizona State	186.600
3. Florida	184.300
4. ALABAMA	184.050
5. Cal State Fullerton	183.500
6. Oregon	183.150
7. Georgia	180.900
8. Ohio State	179.750
9. Penn State	179.000
10. Oklahoma	177.400

Alabama NCAA Champion-
Penney Hauschild - UB, AA 37.95

1986 at Gainesville, Fla.

1. Utah	186.950
2. Arizona State	186.700
3. ALABAMA	186.350
4. Georgia	185.450
5. Cal State Fullerton	185.000
6. Penn State	182.700
7. UCLA	181.700
8. Florida	181.300
9. LSU	180.550
10. Ohio State	177.800

Alabama NCAA Champion-
Penney Hauschild - FX, AA 38.20

1987 at Salt Lake City, Utah

1. Georgia	187.900
2. Utah	187.550
3. UCLA	187.000
4. ALABAMA	186.600
5. Arizona State	184.000
6. Florida	183.800
7. LSU	181.500
8. Ohio State	180.200
9. Washington	179.850
10. Nebraska	179.500
11. Arizona	179.450
12. Oregon State	174.500

1988 at Salt Lake City, Utah

1. ALABAMA	190.050
2. Utah	189.500
3. UCLA	188.800
4. LSU	187.900
5. Georgia	186.800
6. Florida	186.650
7. Oregon State	186.500
8. Arizona State	185.100
9. Arizona	184.000
10. Nebraska	183.550
11. Penn State	179.700
12. Michigan State	178.800

1989 at Athens, Ga.

1. Georgia	192.650
2. UCLA	192.600
3. ALABAMA	192.100
4. Nebraska	190.800
5. Utah	190.200
6. Cal State Fullerton	189.450
7. Arizona State	187.900
Oregon State	187.900
9. Oklahoma	187.050
10. Florida	187.000
11. Arizona	186.500
12. Ohio State	186.400

1990 at Corvallis, Ore.

1. Utah	194.900
2. ALABAMA	194.575
3. Georgia	193.225
4. UCLA	193.100
5. Nebraska	192.225
6. LSU	192.100
7. Oregon State	189.950
8. Cal State Fullerton	189.700
9. Towson State	187.975
10. Arizona	187.175
Florida	187.175
12. Ohio State	183.650

Alabama NCAA Champion-
Dee Foster - AA 39.30

1991 at Tuscaloosa, Ala.

1. ALABAMA	195.125
2. Utah	194.375
3. Georgia	193.375
4. Oregon State	192.350
5. Penn State	190.950
6. Florida	189.700
7. LSU	188.600
8. BYU	187.700
9. Arizona State	187.650
Auburn	187.650
11. Arizona	187.450
12. Utah State	185.950

1992 at Saint Paul, Minn.

1. Utah	195.650
2. Georgia	194.600
3. ALABAMA	193.350
4. Penn State	192.700
5. Arizona	191.950
6. Oregon State	191.300
7. Arizona State	191.000
8. California	190.700
9. UCLA	189.800
10. Stanford	189.100
11. Florida	188.700
12. BYU	187.700

Alabama NCAA Champion-
Dana Dobransky - BB

1993 at Corvallis, Oregon

1. Georgia	198.000
2. ALABAMA	196.825
3. Utah	195.825
4. UCLA	194.925
5. Auburn	194.725
6. Arizona	194.075

Alabama NCAA Champion-
Dana Dobransky - BB

1994 at Salt Lake City, Utah

1. Utah	196.400
2. ALABAMA	196.350
3. Georgia	195.850
4. Michigan	195.150
5. UCLA	194.975
6. Florida	194.850

1995 at Athens, Ga.

1. Utah	196.650
2. ALABAMA	196.425
Michigan	196.425
4. UCLA	196.150
5. Georgia	196.075
6. Oregon State	194.850

1996 at Tuscaloosa, Ala.

1. ALABAMA	198.025
2. UCLA	197.475
3. Utah	196.775
Georgia	196.775
5. Oregon State	196.525
6. Michigan	196.375

Alabama NCAA Champions-
Meredith Willard - AA 39.450
Kim Kelly - FX
Stephanie Woods - UB

1997 at Gainesville, Fla.

1. UCLA	197.150
2. Arizona State	196.850
3. Georgia	196.600
4. Michigan	196.500
5. Florida	196.425
6. Nebraska	195.250
7. Utah	196.025
8. Washington	195.975
9. ALABAMA	195.600
10. Minnesota	194.775
11. Penn State	194.300
12. LSU	193.825

1998 at Los Angeles, Calif.

1. Georgia	197.725
2. Florida	196.350
3. ALABAMA	195.300
4. Utah	196.025
5. UCLA	195.750
6. Arizona State	196.450

1999 at Salt Lake City, Utah

1. Georgia	196.850
2. Michigan	196.550
3. ALABAMA	195.950
4. Arizona State	195.900
5. UCLA	195.850
6. Nebraska	194.800

Alabama NCAA Champion-
André Pickens - BB

2000 at Boise, Idaho

1. UCLA	196.850
2. Utah	196.550
3. Georgia	195.950
4. Nebraska	195.900
5. ALABAMA	196.500
6. Michigan	194.800

2001 at Athens, Ga.

1. UCLA	197.575
2. Georgia	197.400
3. Michigan	197.275
4. ALABAMA	196.550
5. Utah	196.025
Nebraska	196.025

2002 at Tuscaloosa, Ala.

1. ALABAMA	197.575
2. Georgia	197.250
3. UCLA	197.150
4. Utah	196.950
5. Nebraska	196.425
6. Stanford	196.025

Alabama NCAA Champion-
André Pickens - UB

2003 at Lincoln, Neb.

1. UCLA	197.825
2. ALABAMA	197.275
3. Georgia	197.150
4. Nebraska	197.125
5. Michigan	196.050
6. Utah	195.300

Alabama NCAA Champion-
Ashley Miles - V

2004 at Los Angeles, Calif.

1. UCLA	198.125
2. Georgia	197.200
3. ALABAMA	197.125
Stanford	197.125
5. Florida	196.800
6. Utah	195.775

Alabama NCAA Champions-
Ashley Miles - V, FX
Jeana Rice - UA 39.650



Alabama's National Honors



Honda Award for Gymnastics

Awarded to the nation's best collegiate gymnast.

- 2004 Jeana Rice
- 2002 Andréé Pickens
- 1993 Dee Foster
- 1986 Penney Hauschild
- 1985 Penney Hauschild

NCAA Top VIII Award

The NCAA Top VIII Award is the NCAA's most prestigious award, given annually to the nation's top eight senior athletes regardless of gender or sport. The award encompasses athletics, academics and character.

- 2003 Kristin Sterner
- 2002 Andréé Pickens
- 1997 Meredith Willard

NCAA Woman of the Year

First awarded in 1991, the NCAA Woman of the Year program honors academic and athletics excellence, as well as community service and leadership, on a national level. There are three levels: state winner, finalist (top-10) and Woman of the Year.

- 2004 Stephanie KiteTop-10 Finalist
- 2003 Kristin SternerTop-10 Finalist
- 2002 Andréé PickensState Winner
- 2000 Lexa EvansState Winner
- 1998 Merritt BoothTop-10 Finalist
- 1997 Meredith WillardTop-10 Finalist
- 1993 Dana DobranskyState Winner
- 1992 Katherine KelleherState Winner

NCAA Postgraduate Scholarships

- 2004 Stephanie Kite
- 2003 Kristin Sterner
- 1998 Merritt Booth
- 1997 Meredith Willard
- 1993 Dana Dobransky
- 1992 Katherine Kelleher
- 1989 Kelly Good
- 1987 Julie Estin
- 1985 Barbara Mack
- 1983 Julie Garrett

National Coach of the Year

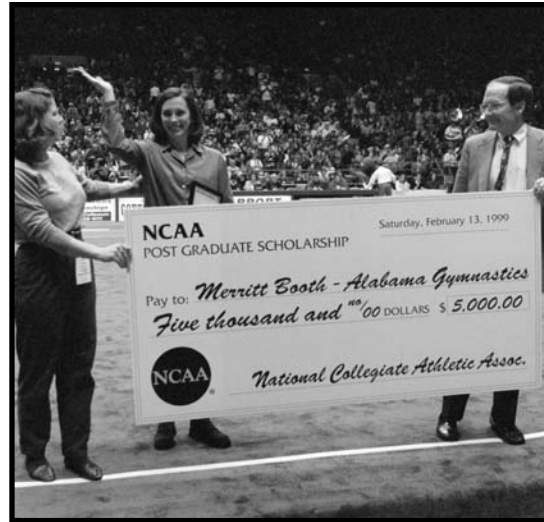
- 2002 Sarah Patterson
- 1991 Sarah Patterson
- 1988 Sarah Patterson
- 1986 Sarah Patterson

Did You Know...

Since the award began in 1991, Alabama gymnasts have been named NCAA Woman of the Year for the State of Alabama eight times.



Jeana Rice won Alabama's fifth Honda Award for Gymnastics in 2004 after winning the Crimson Tide's fifth NCAA All-Around title. She received her Honda Award during an Alabama football game.



NCAA Woman of the Year finalist Merritt Booth (center) is presented with her NCAA Postgraduate Scholarship check by gymnastics academic advisor Cathy Elliott and Alabama's faculty athletic representative Gene Marsh during the 1999 Georgia meet.



Former Alabama Athletics Director Cecil "Hootie" Ingram presents Dee Foster with her 1993 Honda-Broderick Award while her father looks on.



André Pickens earned the NCAA Top VIII award, the Honda Award and was named NCAA Woman of the Year for the State of Alabama during her career.



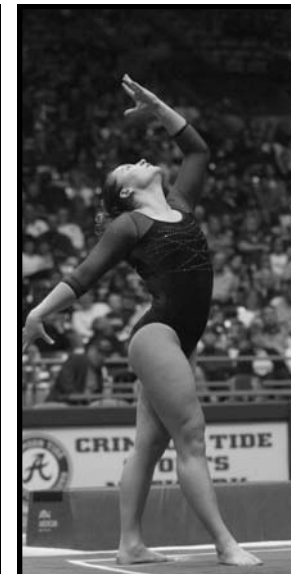
In addition to earning Alabama's first NCAA Top VIII award, Meredith Willard was a top-10 finalist in the 1997 NCAA Woman of the Year voting.



Julie Garrett also earned a Southeastern Conference Postgraduate Scholarship in addition to her NCAA Postgraduate Scholarship.



Penney Hauschild receives one of her two Honda Broderick Awards from former University President Dr. Joab Thomas.



Kristin Sterner earned an NCAA Postgraduate Scholarship, NCAA Top VIII award and was a finalist for the NCAA Woman of the Year Award.



The 2002 NCAA Champions



Sarah Patterson and the 2002 NCAA Champion Crimson Tide share their excitement with **Bonnie Bernstein** of CBS and the national television audience after winning national title No. 4.

On the way to winning its fourth NCAA Championship, Alabama was a study in contrast. In the locker room, which the coaches and gymnasts had turned into a beach getaway, complete with sand, umbrellas, floats and beach music, the Tide was laid back and laughing. Out in the arena, moving ever closer to the title, they were cool, calm and collected.

"We have always done our best when we are loose and laughing," All-American Kristin Sterner said. "So the coaches made sure that while we were in the locker room, we didn't get tense or uptight."

On the night of the Super Six, head coach Sarah Patterson even went so far as to pull out the dress she wore to the championships the first time Alabama won at home, in 1991, a red and white striped, strapless sequined number.

"At first they were surprised, and then they started laughing pretty hard," Patterson said. "I think they really enjoyed seeing that, especially since it's pretty far removed from the kinds of things I wear today."

Sarah and David Patterson, coaching at their 20th NCAA Championship, knew that staying loose would give their team an edge in a tight competition. The night of the NCAA Super Six, none of the six teams had a fall. It would be the second highest scoring night in championship history.

It didn't seem to matter though, the higher the other teams turned up the heat, the cooler Alabama gymnasts got.

For two nights in a row, Alabama started the night on the floor exercise, which means that for two nights in a row, Alabama's championship hopes came down to six routines on the balance beam, often the most daunting event of the four, especially when the pressure is on.

And on the final night, just to add more drama to the evening, Alabama was on the balance beam during the last rotation while second place Georgia was on the floor exercise. Not only would Alabama have to hit their routines, but they would also have to hold Georgia off.

Each routine grew in importance as both teams moved through the rotation. Alabama hit routine after routine until Sterner came up in the number five spot. A hit routine from Sterner and the championship belonged to Alabama; a miss would open the door for Georgia.

Sterner put together a rock solid routine and finished it off by nailing her landing. The title belonged once again to the Tide. But the team didn't know that, not for sure, so for them, there was one more routine to go, this time from Andree Pickens, the Tide's all-everything senior.

"I started to cry when Kristin landed her routine," Pickens said. "Jeana (Rice) came over to me and told me that it was ok, I could do it, I could do it one more time. That whole routine was in slow motion. It wasn't rushed and I wasn't nervous, I was happy and I was confident."

She nailed her routine. And when she threw her arms in the air after her dismount, the Coleman Coliseum crowd knew what had happened. They knew the Bama team had again, as the Tide fight song says, "Writ her name

in crimson flame..." and brought a fourth national title to Tuscaloosa. They roared their approval, stomping, clapping and screaming, much like the pandemonium that had broken out on the floor amongst the Tide athletes, coaches and staff.

It had been a remarkable run. Since counting a fall on the last event of the SEC Championships, Alabama had gone a perfect 72 for 72 during their championship march. Pickens, senior Natalie Barrington, Sterner, sophomore Jeana Rice and freshmen Alexis Brion and Shannon Hrozek earned 14 All-American honors between them, the most of any team at the championship. On Saturday, an exhausted Pickens, who went 12 routines in three days, had enough energy left to win the NCAA Uneven Bars title to go with the American Award she'd picked up earlier in the day which denotes the nation's top senior.

There would be more moments of celebration in the days and weeks that followed. Alabama received their championship rings in front of 83,000-plus fans at the halftime of the Alabama-Southern Mississippi football game. They were also honored at the Homecoming parade and the pep rally/bonfire the night before.

But perhaps the best moment came just after the team received the trophy from Alabama Athletics Director Mal Moore, when everyone was laughing and hugging. It was Pickens, who had come back from a torn Achilles that ended her junior season just days before the 2001 NCAA Championship, who put it best.

Standing in the middle of her teammates tightly clutching the Tide's golden prize to her chest she said, "This is why I came back. This is why I worked so hard for so many months to get back – to be able to share this moment, this feeling with these girls and this crowd."

"This," she said again, sweeping her eyes over the mob scene in Coleman Coliseum. "Is what we wanted."



The 1996 NCAA Champions

For the Alabama Gymnastics team, two long years of planning, training and dedication had come down to the next 24 hours. Their motto for the season had been "Enjoy the Journey," and they had with great success. Now, in April 1996, Alabama was on the verge of competing for the national championship on its home floor. Sarah and David Patterson gathered their team and told them, "We've enjoyed the journey, now it's time to enjoy our destination."

Alabama started its drive for its third NCAA Championship on the same two events on which it had counted falls on the first night of team competition. On the uneven bars, sophomore Danielle McAdams produced a 9.875, a mark echoed by freshman Gwen Spidle. Spidle was followed junior Meredith Willard, who posted a 9.9. In the fourth position senior Kim Kelly suffered a fall, putting the Tide's final two performers in clutch positions. Junior Stephanie Woods responded with a 9.95. Senior Marna Neubauer came up in the final position. The senior had been battling a sore shoulder for the latter half of the season but came up big for the Tide, swinging to a 9.875. Alabama produced a 49.475, the second best total in school history.

Alabama then moved to the balance beam. Willard took to the beam in her customary first spot and for the first time all season, on any event, she fell. Sarah Patterson gathered the team together and told them, "Meredith has been our rock all season long. Now we'll be there for her."

Sophomore Shay Murphy was next up and responded with a solid 9.8. Senior Kim Bonaventura posted a 9.825 and Kelly scored 9.9. McAdams came up in the fifth position. Midway through her routine, she wobbled on a landing, staying on the beam seemingly through sheer force of will. She steadied herself and finished the routine to thunderous applause and a 9.725 score. Woods finished things off for the Tide with a 9.9. The Tide posted a 49.150.

Despite a strong first half, Alabama still trailed UCLA, a squad making a push for the top, by .075 with two rotations left.

The Tide moved to the floor exercise, and it



Alabama totaled a 198.025, a new NCAA 'Super Six' record, to win its third NCAA title, second in front of the home crowd.

was there that the Tide and the crowd of 10,000-plus fans caught fire. Neubauer scored a 9.85 followed by Booth's 9.875.

Then Kelly brought her floor routine out, the routine she had learned during the season, and introduced only four meets before. To the strains of "Yea Alabama" and "Sweet Home Alabama" the Pennsylvania native captured her audience and judges, producing a perfect 10.0 performance and raising the decibel level in Coleman Coliseum to near-deafening heights.

Willard carried the banner of enthusiasm throughout her performance, producing a 9.95. McAdams came up in the final spot and capped Alabama's performance with a career high 9.95.

When the counting was done, Alabama had produced a NCAA Floor Exercise record 49.625.

The Bruins were tenacious though, matching the Tide's record floor effort with an NCAA record of their own on the balance beam (49.50). Going into the last rotation, perennial favorites

Georgia and Utah were already out of the championship picture - barring a complete meltdown by both the Crimson Tide and UCLA. It came down to two teams and one last rotation.

Alabama headed to the vault, just .05 ahead of floor exercise bound UCLA.

What happened during the last rotation is the stuff of legend. Alabama ran off a blistering set of vaults in which the Tide scored nothing less than a 9.9 and posted two perfect, golden 10.0s.

Booth got Alabama off to a 9.925 start. Bonaventura and Neubauer chimed in with back-to-back 9.9 scores. McAdams came up in the fourth spot and put the ultimate exclamation point on what had already been a career night. She flew down the runway, hit the springboard, then the vault, landed on the mat and did not move. Feet planted, arms thrown back and head held high, McAdams scored her first perfect 10.0 and the fans roared, clapped and screamed their approval. Kelly responded with a 10.0 of her own, the sixth perfect vault of her career and one that raised the roof right off the coliseum. Willard finished the Tide's evening with a 9.95.

The Tide's vault total, 49.775, set yet another NCAA record. UCLA mustered a 49.275 on the floor. The title was Alabama's.

Alabama totaled a 198.025, a new NCAA 'Super Six' record, to win its third NCAA title, second in front of the home crowd. UCLA was second with a 197.475, a score that would have won all but one other NCAA Championship. Utah and Georgia tied for third with a 196.775. Oregon State was fifth with a 196.525, while Michigan finished sixth with a 196.375. It marked the first time in NCAA history that all six members of the "Super Six" scored 196 or better.

Willard started the Tide's winning ways on the first night of competition, earning Alabama's fourth NCAA All-Around title.

The Tide would roll to two more titles during Saturday night's individual competition. Woods posted a 9.975 to win the NCAA Uneven Bars title. And Kelly, in the last meet of her storied career, inked the perfect final chapter. She posted yet another perfect 10.0 floor routine to win that title.



The 1991 NCAA Champions



Alabama hosted the NCAA Championships for the first time in 1991, coming away with the title. The Crimson Tide also won the title the next two times it hosted in 1996 and 2002.

For the 1991 season, after running the Crimson Tide gymnastics program for thirteen years, Sarah Patterson finally had the championships right where she wanted them: in Coleman Coliseum.

The Alabama program had already gained national prominence, winning its first title in 1988. In 1990, the team brought home the Southeastern Conference title and placed second to Utah at the championship. The 1991 Tide team boasted a contingent that included five All Americans and the 1990 NCAA all-around champion. If the gymnasts did their jobs, there was no doubt in Sarah Patterson's mind they would be competing in front of the home crowd that final Friday of competition.

Hosting the championships had been a Patterson goal since her team began its climb to distinction. Competing for the title on her turf would not only validate the program, but also bring in the support Patterson felt the team deserved.

"I remember being told that you build a crowd by winning a national championship, but you could also do it by hosting a championship," Patterson explained. The first step toward building the fan base was accomplished with the 1988 NCAA title, which spurred increased interest in the program.

The Tide was young in 1991, with six underclassmen, including four freshmen. The two seniors, Kim Masters and Tina Rinker, sought to weave the eleven girls together to form a squad reminiscent of the 1988 championship team of which they were members as freshmen.

"I remember feeling that the team had so

much talent that we should be able to win the national championship if we could become unified and get into the flow," Rinker reminisced.

Alabama had the opportunity to shine at home, but the team was not fulfilling expectations in the pre-season. "I can remember in December thinking that we were hosting the championships and that we might not even be there," Patterson explained. Pre-season practices were not characteristic of a team that should be in contention for first-place gold, and Patterson predicted a nightmarish outcome if

the team did not shape up.

"One day, Sarah sat us down and we got a good lecture," freshman Kara Stilp recalled. "I will never forget it. She told us that we were going to be really embarrassed when we hosted nationals, and we would not be competing in it. We agreed that we all needed to get in gear."

That proved to be a turning point for the gymnasts. Once its first competition rolled around, the Tide was ready to go. If pre-season was tough, the competition season was just as demanding.

The Tide defeated the Auburn Tigers in the 1991 season opener even though they had to count three falls on balance beam, an event on which the program had built its reputation. In its home opener against Penn State, the team tumbled to three more falls from the 4-inch wide apparatus. Fortunately, they still came away with a hash mark in the "W" column.

To Patterson, these mistakes were unacceptable for a championship-caliber team. Beam intra-squads came frequently, and the team's self-assurance rose. The team members began to refer to themselves as the "Beam Team."

"We had so much confidence because Sarah made us do so many intra-squads," sophomore Sheryl Dundas said. "We could do routines in our sleep if we had to."

Even half way through the season, the Tide would not take a moment's rest.

"We can't rest because we still have to learn," Patterson explained to the media at the time.

The Tide traveled to Lexington, Ky. for the Southeastern Conference Championships. Forced to count two falls on the final event, vault, the SEC title slipped from Alabama's hands by .05.

The disappointment and frustration made the Tide even more determined to earn the national crown.

"Good teams aren't going to let defeats defeat them overall," junior Katherine Kelleher told reporters. "They use it to their advantage. That's what we are going to do."

"I've always said that in this conference, you can be third at the conference championship and win the national championship," Patterson explained. "1991 was definitely indicative of that scenario."

Moving onto the regional championships at Auburn, the Tide turned in one of its best performances of the season. The team entered the NCAAs as the No. 1 seed.

At the NCAA Championships, the Tide drew a favorable rotation, starting on the vault, finishing on the floor exercise. After charging through the first two events, the "Beam Team" was put to its final test. The Crimson Tide hit all six routines, passing the exam with flying colors. No other team competed on the balance beam without a fall.

Before the team rotated to floor, Patterson offered only one piece of advice to her charges: "I just told the kids to land on their feet and stay in bounds."

The floor music reverberated through the Coliseum and each tumbling pass was met with the type of cheers that had once been reserved for the extra point kicked for the win in the final seconds of a football game. The Crimson Tide emerged victorious, earning the second national title for the gymnastics program.

"Winning one (the championship in 1988) was great, but there was nothing like winning at home," the excited head coach said.

"I felt like winning one championship was exciting, but to win a second one just validated our program at that point," Patterson continued. "It wasn't just a one-time thing. Yes, we can have this philosophy of having the best students and athletes and well-rounded individuals and still win a championship."

The team also taught Patterson a thing or two about the 7-month journey to the national championship competition, as well as the expectations that come with the quest.

"It doesn't matter where you start in December," Patterson said. "It only matters where you end in April. Sometimes, when it looks like you have your hardest road to go in pre-season, you need to stay focused on the outcome and take it one step at a time. So, more than anything, I learned from this team to not look too far down that road."

The 1988 NCAA Champions

Sarah and David were celebrating their 10th anniversary of coaching the Crimson Tide in 1988. Their success had been nothing short of amazing, with five consecutive top-6 finishes including a high of third in 1986. Alabama was a strong team, with a solid foundation built on its coaches and the type of athletes that they chose to bring into the program.

The questions began brewing in Sarah and David's mind though - could their philosophy of developing the whole person produce championships? Would they be able to do things the way they wanted and still climb the final rung and produce a championship? The questions were answered emphatically in 1988.

Alabama started the 1987-88 school year 10-strong. It was a young squad, with two seniors, one junior, four sophomores and three freshmen. The Pattersons added to the Tide's arsenal in January, when Kim Masters joined the Tide. Masters had planned to delay college for a year to train for the Seoul Olympics. After finishing ninth at the USA Gymnastics Championships the summer before, her aspirations for the Olympic rings seemed within her grasp. Striving for that goal lost its appeal though and after much thought, she opted for college and the Crimson Tide. With its roster set, the season began.

Alabama reeled off a trio of wins to get things going. Then something strange happened - Alabama tied LSU. With fractions of points being added up over the course of 24 individual performances, ties are rare in collegiate gymnastics. Then, at the next meet, Alabama did it again; tying Georgia at the Tide hosted Red and White Classic. While Alabama tied the Dogs, it defeated Utah at the Classic.

In any other season, that would have been what the year would be known by, the year of two ties. This squad, though, was destined to be known for far greater things.

Alabama made it out of February sporting a 10-0-2 mark, having faced some of the toughest competition in the nation. Alabama finished the regular season at 14-3-2.

Alabama then set the tone for the post season by winning its first ever Southeastern Conference Championship with a 190.15. It was only the second time in school history that it had scored in the 190s. The Tide outpointed second-place Georgia by .95.

The regionals were next for the Tide and to advance to the NCAA Championships, a good performance would be necessary. Instead of a good performance, Alabama produced a school and NCAA-best mark of 191.75. Alabama posted the meet's top score, both individually and as a team, on all four events. Kelly Good was back in

the lineup and Masters won the all-around title followed by Marie Robbins in second and Tina Rinker in fourth.

"I didn't think it was going to be possible to exceed what we did at the Southeastern Conference Championship, but they certainly did," Sarah said. "They came back and did a better job."

Nationals were in Salt Lake City, Utah, home of five-time NCAA Champion Utah, the No. 2 seed. Among others, Alabama would face defending NCAA Champs Georgia, No. 3 seeded LSU and No. 4 seeded Florida. Both the competition and the floor were familiar. The position, being the No. 1 seed, was not, but that did not seem to weigh on the Tide.

"I don't think there's extra pressure on us being the No. 1 seed," Sarah said. "We just achieved so many things - winning the SEC, the record in the regionals and the No. 1 seed - that we're too proud of what we've already accomplished to feel pressure."

If Alabama disagreed with their coach, it did not show. Alabama was cited by those watching from the stands and those on press row as being calm and loose going into the championships, having fun, being playful and displaying an indomitable team spirit.

Alabama scored an NCAA Championship record, shattering the mark previously held by Utah, (188.35), with a 190.05. Alabama's highest all-around finish was ninth-place, highlighting the team effort it took to win the championship.

Consistency, along with confidence and enthusiasm were the keys for the Crimson Tide. The Pattersons' crew hit 23 of 24 routines, including a six-for-six balance beam rotation.

"It was the beam - that's where we won it," Sarah said. "That was our best beam score of the year." And if the beam was the event that led Alabama to the title, its seniors were the class pointing the way.

"This national championship is for our two seniors - Alli Beldon and Kathy Bilodeau. They hit all three events tonight. They were models for



On April 30, 1988, the State of Alabama declared "Alabama Gymnasts' Day." There was a parade and a ceremony at the base of Denny Chimes. The next fall, the Alabama gymnasts were recognized at half time of the Vanderbilt football game and given their championship rings.

us all year. We just learned from their consistency which has been our forte all season."

Four Alabama gymnasts earned seven All-American honors. Sarah was named NCAA Coach of the Year, but most importantly, Alabama had its first NCAA Championship.

"It's so unbelievable," Robbins said. "We had so much fun. That's when we are at our best."

Sophomore Cheri Way said the seeds of the championship were sown long before the trip to Utah. "I realized we could win the national title after one long and tiresome Tuesday practice when we decided to go out and do it for us," Way said. "When I realized we had won . . . my whole body went numb."

The good times were far from over. "The best part about winning the championship was coming back home to Alabama," Blumberg said, a sentiment echoed by all her teammates at one point or another during that magic year.

On April 30, 1988, the State of Alabama declared "Alabama Gymnasts' Day." There was a parade and a ceremony at the base of Denny Chimes. The next fall, the gymnasts received their championship rings at half time of the Vanderbilt football game. The celebration faded into the quiet of accomplishment, but the effects last until this day.



Individual NCAA Champions



Ashley Miles

**2004 NCAA Floor Exercise Champion
2004 NCAA Vault Champion
2003 NCAA Vault Champion**

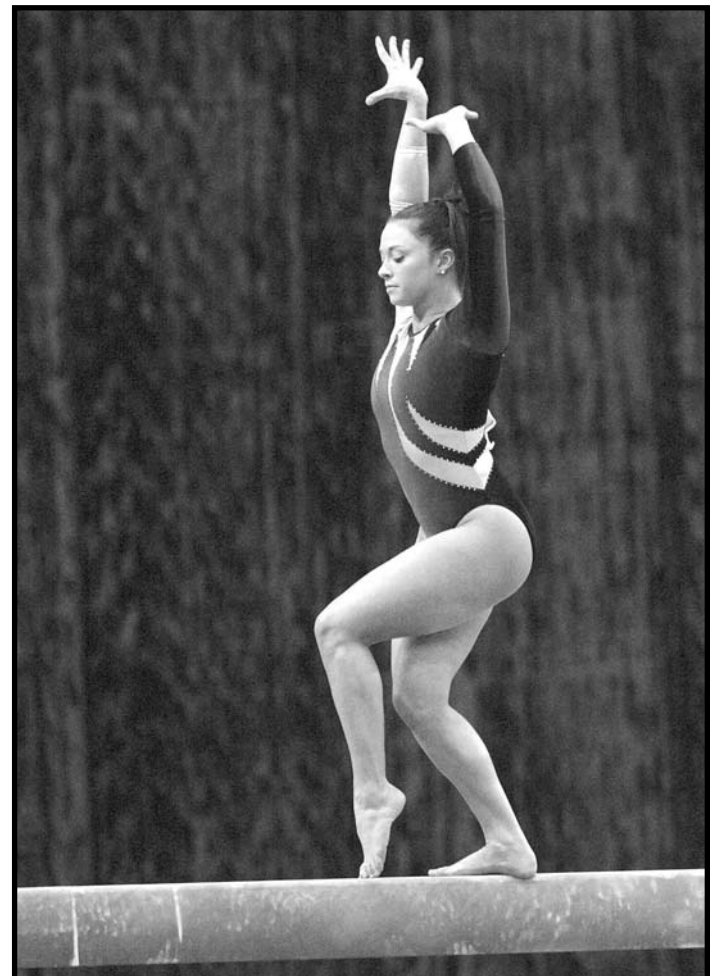
Before she landed on campus, only one Alabama gymnast had won more than two NCAA Individual Championships and that was Penney Hauschild who won four during the last two years of her 1983-86 career. Junior Ashley Miles is going a different route. Two years into her career, and she's already won three NCAA Titles, including two as a sophomore. She repeated as NCAA Vault Champion and added the NCAA Floor Exercise championship to her haul.

"It means a lot to me to win two events in one year," Miles said. "It's not often done I don't think. It's cool."

When it comes to the floor exercise, Miles has been on fire in postseason competition, winning back-to-back SEC and NCAA Regional titles and now an NCAA Championship during her first two seasons. As a vaulter, she was the first Alabama gymnast to win an NCAA title and only the second to defend her title on an individual event.

"I noticed there was bars and beam and floor and even all-around, but no vault champion," Miles said after her freshman win. "We've been working on my landings a lot and making that the most important thing on my vault, and that's what it came down to."

There is still more work to do, but there is no doubt that Ashley Miles, is on the right track.



Jeana Rice

2004 NCAA All-Around Champion

She'd spent a career being as good as anyone in the nation and during her last NCAA Championships, Jeana Rice proved herself better than anyone else. On the first day of competitions at the UCLA-hosted championships, Rice, who had already won the two SEC All-Around and three NCAA Regional All-Around titles in her career, posted a 39.650 to win the NCAA All-Around Championship.

"It's still sinking in," Rice said during the post meet press conference. "I'm very excited because this is why I came to college. I wanted to win a team and an individual championship and now I've done both."

Rice's career had been building to this moment from day one. She won six individual SEC Championships and seven NCAA Regional titles over her four years. At the NCAA Championships she finished in the top six of the all-around competition every year as well as posting five finishes in the top six on individual events.

She was rewarded for an outstanding senior year by being named the Honda Award winner for Gymnastics, given annually to the national gymnast of the year.

"She's just in a league all her own," Sarah Patterson said. "I'm so proud of her and her accomplishments."

In addition to all her championship hardware, Rice set a national record as a senior, becoming the first NCAA Gymnast to earn five All-American honors in three different seasons. She also set the record for All-American honors in a career, earning 18 first and second team accolades.

"When you look at that record, she was at her best in championship events," David Patterson said.



Andreé Pickens

**1999 NCAA Balance Beam Champion
2002 NCAA Uneven Bars Champion**

It is a testament to Andreé Pickens' talent and drive that she managed not only to win two NCAA titles, but to win them in the most challenging fashion imaginable.

As a freshman she competed in every event all three days of the NCAA Championship. On the last day, after leading Alabama to a third place finish in the thin air of Salt Lake City, Utah the day before, she harnessed her strength and boundless energy to win the NCAA Balance Beam title, earning gold on the event that made her nervous all season.

Three years later, after coming back from a ruptured Achilles tendon that ended her junior season, Pickens again competed in 12 events over three days. But the four events on Saturday were just icing on the cake for the Austin, Texas native who the night before had led the Tide to its fourth NCAA team title.

In the waning moments of a spectacular career, she brought the grit and determination that carried her through injury and rehab to bear on one last routine, winning the NCAA Uneven Bars title. After landing that routine, she gave a tired wave to the crowd, knowing she had given everything she had and it had been more than enough.



Meredith Willard

1996 NCAA All-Around Champion

She tugged urgently at the sleeve of the nearest meet official, asking him to check then double check the scores. There had been a mistake, someone else was supposed to be where she was.

No mistake, the scores were right. Meredith Willard, the ultimate team player in a sport filled with individuals, had won the 1996 NCAA All-Around Championship.

Meredith's title shouldn't have come as a surprise. She had been, throughout the 1996 season, the nation's most consistent gymnast. Going into the Main Event, she had hit an astounding and perfect 44 of 44 routines. She had, going into the championships, competed in 45 of a possible 48 events. She had been very nearly unstoppable.

And Willard had not just been consistent, she had been consistently brilliant. She bettered or tied her career best all-around mark six times during the season. And at the Main Event on the night of the all-around, she was the best of the best, winning with a 39.450 total. Her talent and ability led her to Alabama's ninth individual NCAA crown. Her poise and leadership led Alabama to a national team championship the next day.



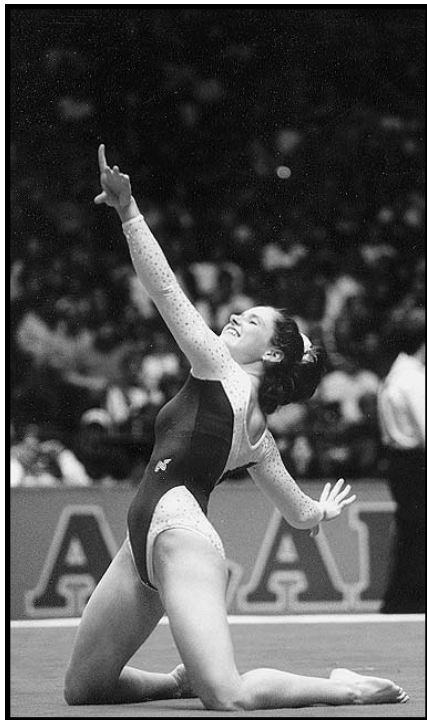
Stephanie Woods 1996 NCAA Uneven Bars Champion

Stephanie Woods knew that the uneven bars routine she had just finished had been special - she just wasn't sure if anyone else knew. It was the night of the event finals at the NCAA Championships and she had just completed her routine.

But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something special, something of championship calibre.

In the history of the NCAA Championships, only three competitors have scored better. There are three 10s scattered over the years. Woods is the first to earn a 9.975.

Woods had been brilliantly consistent all season on the uneven bars. Of her 15 routines, 12 scored 9.9 or better. She collected the 1996 NCAA Central Regional uneven bars and balance beam titles coming into the Main Event. She scored back-to-back 9.950s in the NCAA preliminary and Super Six rounds. Her national championship performance was a career best.



Kim Kelly 1991 NCAA Floor Exercise Champion

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat, and tears streamed down her face, Kim Kelly's success-studded career turned golden. The King of Prussia, Penn. native won the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause.

As extraordinary as the ending was, the genesis of her championship floor routine is even more so. In college gymnastics, the norm is to change floor routines just once during a career and a mid-season change was unheard of, until Kim Kelly.

Tide freshman Lisa Gianni's floor routine was to the strains of the Alabama fight song. When Gianni went down after the second meet of the season with a ruptured Achilles tendon, there was no one to carry the routine into the Tide-hosted nationals, until Kelly undertook the challenge.

It was a move that Tide coach Sarah Patterson says she would not have been able to consider with anyone except Kelly. The move paid off when Kelly completed the post season triple play, winning the SEC, NCAA Central Regional and NCAA Championships.



Dana Dobransky 1992 NCAA Balance Beam Champion 1993 NCAA Balance Beam Champion

On her 1993 beam title:

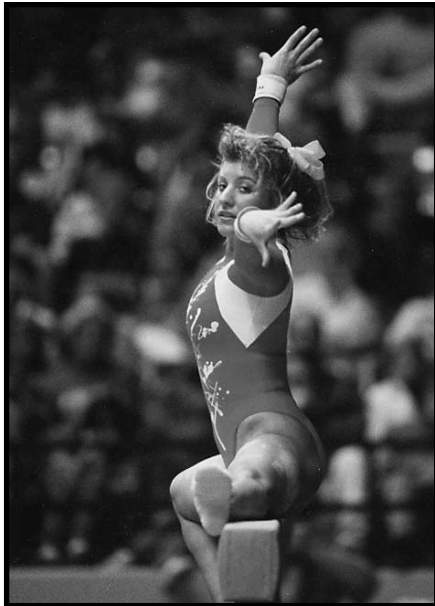
"Ending my career with a 10.0 on balance beam finally represented that I had worked for perfection. It made all of the mental perfection, all of the hard work, all of the falling, and getting up, worth it. It was great to be able to represent The University of Alabama with a perfect 10."

Best memory:

"My most lasting memory is the love and support of our fans. That fan support was one of the reasons that I was attracted to Alabama, and when I got there, it was just great. I know that we wouldn't have been as successful as we were, or are, without the love and support of all of our fans. The fans at Alabama are so supporting of everything, and that is the one thing that really stands out in my mind."



Gina Basile 1991 NCAA Balance Beam Champion



On the 1991 team title:

“It was a very rewarding experience for me. It was especially great because it was at home in front of our families and our fans. It’s really a feeling that you can’t put into words. The best way that I can describe winning the national team title is that it is 11 girls, separated around the country, who are bonded together for life by a ring which represents talent, dedication, friendship, and crimson pride.”

Best memory:

“Really the thing that stands out in my mind is that there was no real pressure. There was some pressure, but really we just had a good time. Usually the person who wants it the most wins, and we just always pulled together, had a good time, and usually won.

That’s what I will always remember.”

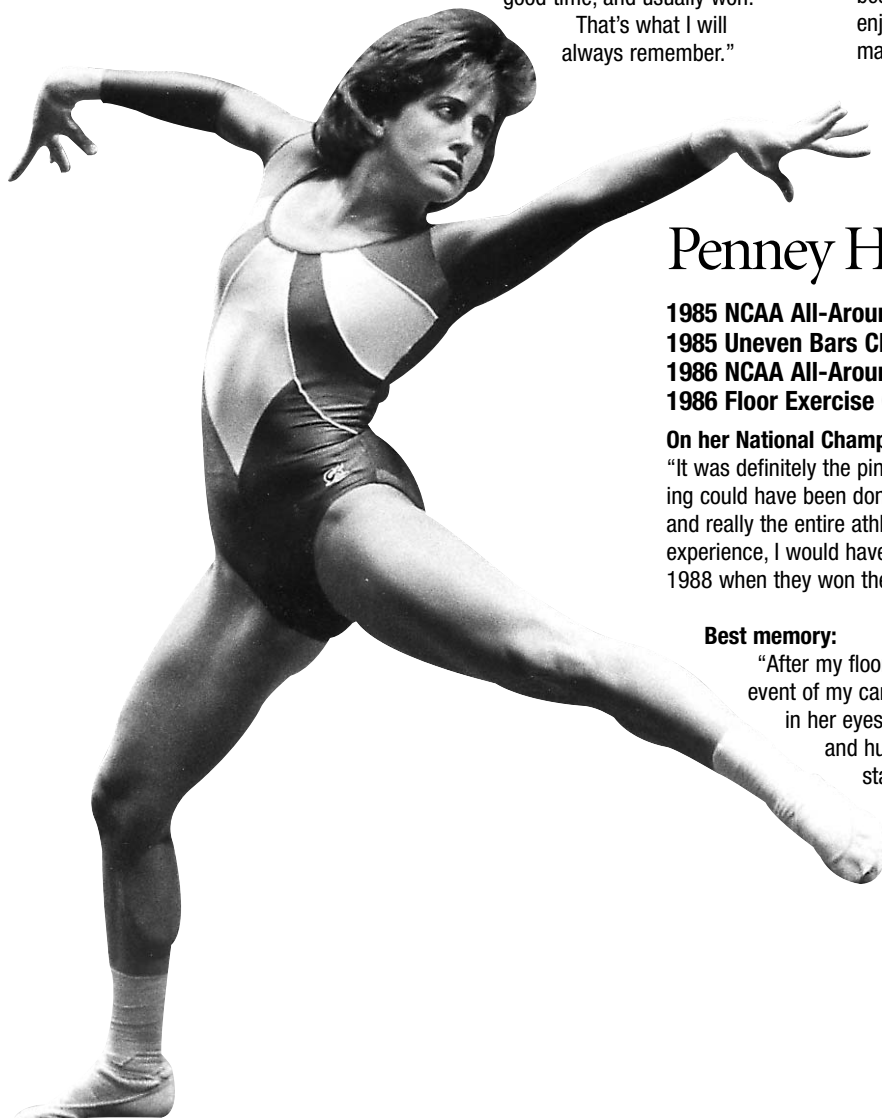
Dee Foster 1990 NCAA All-Around Champion

On her title:

“There were advantages and disadvantages to winning a national title. The advantages were, of course, the respect and national recognition in a sport that I had dedicated my life to. And the main disadvantage was the pressure to repeat. Thankfully I had 10 other people there to help me through each of the next 3 years.”

Best memory:

“My junior year, during the Homecoming football game, we got our National Championship rings down on the field at halftime. My best friend was there to enjoy it with me, and that made it extra special.”



Penney Hauschild

1985 NCAA All-Around Champion
1985 Uneven Bars Champion
1986 NCAA All-Around Champion
1986 Floor Exercise Champion

On her National Championships:

“It was definitely the pinnacle of my gymnastic career. But I know that nothing could have been done without Sarah, David, my teammates, the trainers, and really the entire athletic department. Although my titles were a great experience, I would have given anything to be able to be with the team in 1988 when they won the team national title.”

Best memory:

“After my floor exercise at 1986 Nationals, which was the last event of my career, Sarah was standing right there. She had tears in her eyes, I had tears in my eyes, and we just came together and hugged. That will always be the one moment that will stand out in my mind.”



Alabama's All-Americans

From 1982 to 1990 the top eight all-arounders on the night of team competition and the top eight finishers on the night of individual competition at the NCAA Championship were All-Americans. Since 1991, all qualifiers for the night of individual competition and the top-4 all-arounders from each of the first day's session are All-Americans.



1982

Julie Garrett - UB (4th),
AIAW AA (5th), AIAW UB (4th)

1984

Penney Hauschild - AA (4th),
UB (2nd), BB (4th)
Barbara Mack - BB (6th)

1985

Julie Estin - V (7th), UB (4th)
Penney Hauschild - AA (1st),
UB (1st), BB (4th)

1986

Julie Estin - AA (5th)
Lisa Farley - BB (7th)
Kelly Good - V (6th)
Penney Hauschild - AA (1st),
V (3rd), UB (3rd), FX (1st)

1987

Julie Estin - AA (4th), BB (4th),
FX (7th)
Marie Robbins - UB (5th), FX (3rd)

1988

Kathy Bilodeau - BB (6th), FX (7th)
Tina Rinker - UB (7th)
Marie Robbins - UB (2nd), BB (5th)
Cheri Way - UB (3rd), FX (6th)

1989

Kim Masters - AA (6th)
Cheri Way - BB (7th)

1990

Dee Foster - AA (1st), V (4th),
UB (T2nd), BB (T2nd)
Katherine Kelleher - BB (7th)
Shea McFall - V (7th)

1991

Gina Basile - BB (3rd)
Dana Dobransky - BB (6th),
FX (T3rd)
Dee Foster - AA (2nd), V, UB, BB, FX
Katherine Kelleher - V (7th)
Shea McFall - V (6th)
Kim Masters - V (5th), AA (8th)
Kara Stilp - FX (8th)

1992

Dana Dobransky - BB (1st)
Sheryl Dundas - BB (6th)
Dee Foster - AA (3rd), UB (3rd),
BB (3rd), FX (2nd)
Katherine Kelleher - V (11th)

1993

Dana Dobransky - BB (1st),
FX (11th)
Dee Foster - AA (2nd), V (4th),
UB (T9th), FX (T4th)

1994

Chasity Junkin - AA (6th), V (7th)
Kim Kelly - V (8th), UB (11th),
FX (11th)
Kara Stilp - UB (10th)
Meredith Willard - AA (3rd), FX (4th)

1995

Kim Bonaventura - UB (3rd)
Merritt Booth - FX (9th)
Meredith Willard - FX (11th)
Stephanie Woods - BB (5th),
UB (6th)

1996

Merritt Booth - V (5th)
Kim Kelly - FX (1st), BB (8th)
Danielle McAdams - FX (3rd)
Marna Neubauer - V (9th)
Meredith Willard - AA (1st),
UB (4th), FX (7th)
Stephanie Woods - UB (1st)

1997

Meredith Willard - AA (2nd), V,
UB (4th), BB (3rd), FX (4th)
Stephanie Woods - UB (2nd)

1998

Merritt Booth - FX (17th)
Shay Murphy - FX (8th)
Gwen Spidle - AA (3rd), BB (8th)

1999

André Pickens - AA (4th), V (5th),
UB (4th), BB (1st), FX (10th)
Lissy Smith - BB (4th)
Gwen Spidle - V (8th)

2000

Natalie Barrington - UB (7th)
Katie Hornecker - V (8th)
André Pickens - AA (8th),
V (2nd), UB (4th)
Kristin Sterner - UB (11th), FX (5th)
Dara Stewart - UB (9th)

2001

Natalie Barrington - UB (6th)
Jeana Rice - AA (3rd), FX (6th)
Lissy Smith - BB (6th)
Kristin Sterner - BB (5th)

2002

Natalie Barrington - UB (4th)
André Pickens - AA (2nd), V (3rd),
BB (5th), UB (1st), FX (5th)
Shannon Hrozek - BB (9th)
Alexis Brion - V (6th), FX (4th)
Jeana Rice - AA (6th), BB (2nd)
Kristin Sterner - BB (3rd), FX (11th)

2003

Mari Bayer - UB (8th)
Alexis Brion - V
Ashley Miles - V (1st), FX (3rd)
Jeana Rice - AA (4th), V (8th),
BB (3rd), UB (4th)
Kristin Sterner - BB (6th)

2004

Alexis Brion - FX (5th)
Ashley Miles - V (1st), FX (1st),
UB (6)
Jeana Rice - AA (1st), BB (2nd), UB
(13th)

In addition to winning the 1990 NCAA All-Around Title, Dee Foster earned 17 first team All-American honors, best in NCAA history.

Did You Know...

A school record eight gymnasts earned All-American honors in 1996.



Katherine Kelleher, now Katherine Laubenthal, earned three first team All-American honors between 1989 and 1992. She and her husband, Alabama team physician Jeff Laubenthal, returned to Tuscaloosa in 2001.

Second Team All-Americans

Second Team All-America honors, from 1992 - 96, went to athletes who finish in the second eight of the all-around and individual events. Starting in 1997, second team honors go to the second four scorers in each session.

1992	Dana Dobransky - AA, UB Katherine Kelleher - UB
1993	Dana Dobransky - AA Kara Stilp - FX
1994	Kim Bonaventura - UB Meredith Willard - V, UB, BB Stephanie Woods - BB
1995	Kim Bonaventura - BB Kim Kelly - BB, FX, V Marna Neubauer - UB Meredith Willard - AA
1996	Kim Bonaventura - BB Merritt Booth - FX Kim Kelly - AA, V Danielle McAdams - V, UB Shay Murphy - BB Marna Neubauer - FX Meredith Willard - BB

1997	Merritt Booth - FX Mandy Chapman - BB Gwen Spidle - FX
1998	Merritt Booth - V Gwen Spidle - V Dara Stewart - UB
1999	Lexa Evans - FX Dara Stewart - UB
2000	André Pickens - FX Lissy Smith - BB Kristin Sterner - AA
2001	Jeana Rice - V, UB, BB Kristin Sterner - AA, V, FX Raegan Tomasek - BB
2002	Jeana Rice - V
2003	Mari Bayer - BB Shannon Hrozek - BB Stephanie Kite - FX Jeana Rice - FX Kristin Sterner - AA
2004	Alexis Brion - V Jeana Rice - V, FX

Alabama All-Americans by Career Total

A total of 43 athletes have earned 198 All-American honors.

1	Jeana Rice, 2001-04	18**
2	Dee Foster, 1990-93	17*
3	Meredith Willard, 1994-97	16
4	André Pickens, 1999-2002	14
5	Kristin Sterner, 2000-03	11
6	Penney Hauschild, 1983-86	10
	Kim Kelly, 1993-96	10
8	Dana Dobransky, 1990-93	8
7	Merritt Booth, 1995-98	6
	Julie Estin, 1984-87	6
11	Stephanie Woods, 1994-97	5
	Gwen Spidle, 1996-99	5
	Alexis Brion, 2002-present	5
	Ashley Miles, 2003-present	5
15	Marie Robbins, 1987-90	4
	Kim Bonaventura, 1994-97	4
	Katherine Kelleher, 1989-92	4
18	Marna Neubauer, 1993-96	3
	Lissy Smith, 1998-2001	3
	Kim Masters, 1988-91	3
	Kara Stilp, 1991-94	3
	Julie Garrett, 1982-83	3
	Dara Stewart, 1998-2001	3
	Danielle McAdams, 1995-98	3
	Cheri Way, 1987-90	3
	Natalie Barrington, 1999-2002	3
27	Shea McFall, 1989-92	2
	Shay Murphy, 1995-98	2
	Kathy Bilodeau, 1985-88	2
	Chasity Junkin, 1992-95	2
	Shannon Hrozek, 2002-present	2
	Mari Bayer, 2003-present	2
33	Tina Rinker, 1984-87	1
	Sheryl Dundas, 1991-94	1
	Raegan Tomasek, 1999-present	1
	Mandy Chapman, 1996-98	1
	Lisa Farley, 1985-87	1
	Lexa Evans, 1997-2000	1
	Kelly Good, 1986-89	1
	Katie Hornecker, 1998-2001	1
	Gina Basile, 1989-92	1
	Barbara Mack, 1982-85	1
	Stephanie Kite, 2001-04	1
43	TOTAL	198

* Dee Foster's total of 17 first-team All-American honors is best in NCAA History

** Jeana Rice's 18 combined first and second team All-American honors is best in NCAA History



A Tradition of Excellence

The NCAA Regional Championships



Alabama has dominated the NCAA Regional Championships for over 20-plus years, having won 19 team championships since 1983.

The regional is a crucial step to making it to the NCAA Championships. The top 18 teams around the nation are seeded into the six regions. The remaining three spots at each championship are filled from within the region. To advance to the NCAA Championships, a team must finish first or second in one of the six regions.

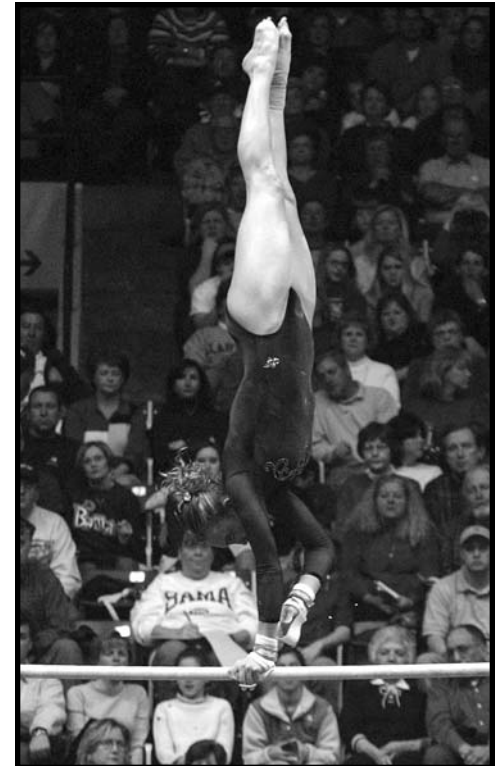
Alabama gymnasts have won 92 individual regional titles over the last 24 years. Twice, in 1992 and 1993, assistant head coach David Patterson was named NCAA Central Region Assistant Coach of the Year. In 2000 and 2002, former UA gymnast and current Associate Athletics Director for the Crimson Tide Marie Robbins was named NCAA Central Region Administrator of the Year.

André Pickens won NCAA Region Gymnast of the Year honors four years running, giving way to Jeana Rice in 2003.

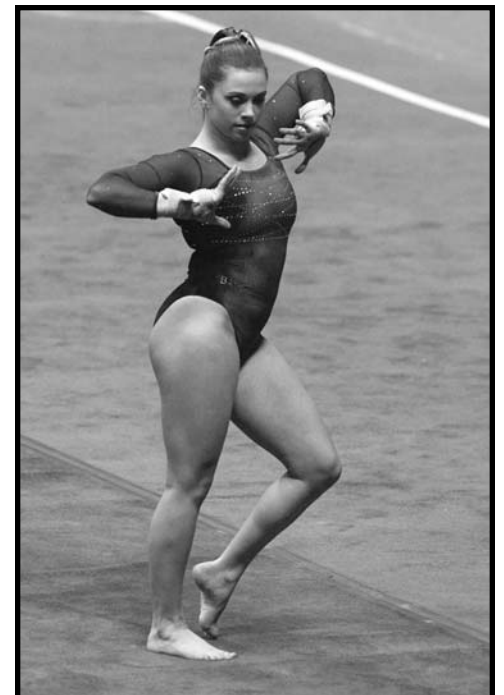
Pickens and Dee Foster tied for the most regional titles of any Tide gymnast, taking nine a piece. Foster also holds the most titles in a single season, having won four in 1993.

The Crimson Tide owns one Southeast Regional title, 1983, before making the jump to the Central Regional, and winning 13 there. In 1999, the region structure changed, going to six regions. Alabama won the inaugural Region 6 title in 1999 and the Region 4 title in 2000. For the 2001 season, the names of the regions were changed back to directional designations and Alabama was once again in the Central Region.

Coleman Coliseum has long been a popular spot to host a regional. The 2005 season marks hosting turn number nine for the Tide as the NCAA Central Region Championships again returned to Coleman Coliseum.



Far left - André Pickens won nine career NCAA Regional titles, including three on the floor exercise. Above left- Jeana Rice and Ashley Miles both won a pair of NCAA West Region titles last season. Above right - Senior Shannon Hrozek shared the 2004 NCAA West Regional Uneven Bars title with Jeana Rice. Below left - Dee Foster won nine NCAA Regional titles during her 1990-93 career, including three floor exercise championships. Below right - Jeana Rice won seven regional titles in four years, including three all-around championships.



Did You Know...

Alabama gymnasts have won 15 NCAA Regional All-Around championships since 1984, including last season when Jeana Rice won for third time in four years.



Alabama in the NCAA Regionals

The list below includes all of Alabama's NCAA Regional appearances. The Crimson Tide competed in the Southeast region in 1982 and 1983. From 1984 to 1998, the Tide competed in the Central region. In 1999 and 2000, after the NCAA went from five to six regions, Alabama competed out of Region 4. In 2002, Region 4 was renamed the Central region.

<p>1982 - Athens, Ga.</p> <ol style="list-style-type: none"> 1. Florida 144.850 2. Alabama 143.900 3. Georgia 143.700 <p>AA Ann Woods, UF 37.450 V Ann Woods, UF 9.500 UB Kathy McMinn, UGA 9.550 BB Lynn McDonnell, UF 9.600 FX Ann Woods, UF 9.450</p>	<p>1987 - Tuscaloosa, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 189.050 2. LSU 186.600 3. Michigan State 183.600 <p>AA Marie Robbins, UA 38.150 V Michelle Spillman, LSU 9.600 UB Marie Robbins, UA 9.700 BB Patti Kieckhefer, LSU 9.700 FX Cheri Way, UA 9.700</p>	<p>1992 - Columbia, Mo.</p> <ol style="list-style-type: none"> 1. Alabama 193.125 2. Michigan 189.775 3. Auburn 188.525 <p>AA Beth Wymer, Mich. 39.050 V Dee Foster, UA 9.850 UB Beth Wymer, Mich. 9.925 BB Gina Basile, UA 9.800 FX Beth Wymer, Mich. 9.700 Danielle Pritts, Auburn 9.700 Kara Stilp, UA 9.700</p>	<p>1996 - Baton Rouge, La.</p> <ol style="list-style-type: none"> 1. Alabama 198.075 2. Michigan 196.275 3. LSU 194.525 <p>AA Kim Kelly, UA 39.750 V Kim Kelly, UA 9.950 UB Meredith Willard, UA 9.925 Stephanie Woods, UA 9.925 BB Kim Kelly, UA 9.900 Meredith Willard, UA 9.900 Stephanie Woods, UA 9.900 FX Kim Kelly, UA 10.00</p>	<p>2001 - Tuscaloosa, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 198.000 2. Arizona State 195.950 3. Minnesota 195.800 <p>AA Jeana Rice, UA 39.475 V Andree Pickens, UA 9.925 Kristin Sterner, UA 9.925 UB Andree Pickens, UA 9.950 BB Lissy Smith, UA 9.950 FX Jeana Rice, UA 9.975</p>
<p>1983 - Gainesville, Fla.</p> <ol style="list-style-type: none"> 1. Alabama 184.750 2. Florida 184.650 3. LSU 182.650 <p>AA Elfi Schlegel, UF 38.300 V Kathy McMinn, UGA 9.800 UB Liz Parry, OSU 9.750 BB Elfi Schlegel, UF 9.650 FX Maria Anz, UF 9.550</p>	<p>1988 - Baton Rouge, La.</p> <ol style="list-style-type: none"> 1. Alabama 191.750 2. LSU 190.050 3. Michigan State 187.150 <p>AA Kim Masters, UA 38.600 V Kim Masters, UA 9.750 UB Kim Masters, UA 9.750 BB Marie Robbins, UA 9.750 Kathy Bilodeau, UA 9.700 FX Cheri Way, UA 9.750</p>	<p>1993 - Baton Rouge, La.</p> <ol style="list-style-type: none"> 1. Alabama 196.075 2. LSU 194.700 3. Auburn 194.200 <p>AA Dee Foster, UA 39.800 V Dee Foster, UA 9.925 UB Beth Wymer, Mich. 10.000 BB Dee Foster, UA 9.950 Becky Erwin, Auburn 9.950 FX Dee Foster, UA 9.975</p>	<p>1997 - Ann Arbor, Mich.</p> <ol style="list-style-type: none"> 1. Michigan 197.700 2. Alabama 196.250 3. Louisiana State 196.175 <p>AA Meredith Willard, UA 39.625 V Stephanie Hyett, LSU 9.950 Lisa Simes, Mich. 9.950 UB Sarah Cain, Mich. 9.975 BB Meredith Willard, UA 9.925 FX Sarah Cain, Mich. 9.975</p>	<p>2002 - Morgantown, WV</p> <ol style="list-style-type: none"> 1. Alabama 197.900 2. Minnesota 196.050 3. West Virginia 194.850 <p>AA Jeana Rice, UA 39.625 V Alexis Brion, UA 9.900 Jeana Rice, UA 9.900 UB Andree Pickens, UA 9.975 BB Alexis Martinez, UA 9.950 Andree Pickens, UA 9.950 Jeana Rice, UA 9.950 Kristin Sterner, UA 9.950 FX Andree Pickens, UA 9.950 MaryAnne Kelley, Minn. 9.950</p>
<p>1984 - Columbia, Mo.</p> <ol style="list-style-type: none"> 1. Alabama 180.500 2. Southern Illinois 173.550 3. Missouri 173.300 <p>AA Julie Estin, UA 37.350 V Michelle Spillman, So. Ill. 9.650 UB Penney Hauschild, UA 9.400 BB Julie Estin, UA 9.200 FX Julie Estin, UA 9.400 Penney Hauschild, UA 9.400</p>	<p>1989 - Tuscaloosa, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 192.750 2. LSU 187.550 3. Michigan State 186.700 <p>AA M. Roethlisberger, Minn. 38.750 V Julianne Wilson, LSU 9.750 UB Gina Basile, UA 9.800 M. Roethlisberger, Minn. 9.800 Cheri Way, UA 9.800 BB Katherine Kelleher, UA 9.700 M. Roethlisberger, Minn. 9.700 FX Tina Rinker, UA 9.850</p>	<p>1994 - Tuscaloosa, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 196.900 2. LSU 194.400 3. Michigan 193.600 <p>AA Beth Wymer, Mich. 39.600 V Wendy Marshall, Mich. 10.000 UB Jennifer Wood, LSU 9.950 BB Becky Erwin, Auburn 9.925 FX Kim Kelly, UA 9.925</p>	<p>1998 - Tuscaloosa, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 196.550 2. Michigan 196.000 3. Louisiana State 195.250 <p>AA Heather Kabnick, Mich. 39.375 V Stephanie Hyett, LSU 9.875 Sarah Cain, Mich. 9.875 UB Dara Stewart, UA 9.900 Lisa Simes, Mich. 9.900 BB Gina Logan, UA 9.900 Gwen Spidle, UA 9.900 Danielle McAdams, UA 9.900 FX Heather Kabnick, Mich. 9.950</p>	<p>2003 - Tuscaloosa, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 197.550 2. Auburn *196.350 3. Central Michigan 196.350 <p>AA Kristin Sterner, UA 39.625 V Ashley Miles, UA 9.950 Katie Teft, CMU 9.900 Courtney Puckett, AU 9.900 BB Kristin Sterner, UA 9.950 FX Ashley Miles, UA 10.000</p> <p>*Advanced on the tie-breaker</p>
<p>1985 - Tuscaloosa, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 186.350 2. LSU 181.500 3. Michigan State 178.350 <p>AA Penney Hauschild, UA 37.700 V Cindy Wilson, UA 9.550 UB Penney Hauschild, UA 9.550 Barbara Mack, UA 9.550 BB Barbara Mack, UA 9.600 FX Kathy Bilodeau, UA 9.550</p>	<p>1990 - Minneapolis, Minn.</p> <ol style="list-style-type: none"> 1. Alabama 194.150 2. LSU 190.850 3. Minnesota 188.650 <p>AA M. Roethlisberger, Minn. 39.075 V Marie Robbins, UA 9.800 UB M. Roethlisberger, Minn. 9.900 BB Dana Dobransky, UA 9.725 FX Dee Foster, UA 9.825</p>	<p>1995 - Ann Arbor, Mich.</p> <ol style="list-style-type: none"> 1. Alabama 196.675 2. Michigan 195.725 3. LSU 195.075 <p>AA Jennifer Wood, LSU 39.475 V Kim Kelly, UA 10.000 Wendy Marshall, Mich. 10.000 Jennifer Wood, LSU 10.000 UB Kimbo Bonaventura, UA 9.850 Sytreeta Barnett, LSU 9.850 Larissa Lowing, LSU 9.85 Wendy Minch, MSU 9.850 BB Stephanie Woods, UA 9.950 Beth Wymer, Mich. 9.950 FX Jennifer Wood, LSU 9.850</p>	<p>1999 - Morgantown, WV</p> <ol style="list-style-type: none"> 1. Alabama 196.625 2. West Virginia 195.275 3. NC State 194.900 <p>AA Robin Hawkins, UA 39.225 V Lindsey Vagedes, Ohio St. 9.950 UB Andree Pickens, UA 9.875 BB Lissy Smith, UA 9.925 FX Andree Pickens, UA 9.950</p>	<p>2004 - Corvallis, Ore.</p> <ol style="list-style-type: none"> 1. Oklahoma 197.100 2. Alabama 196.900 3. Oregon State 196.850 <p>AA Jeana Rice, UA 39.550 V Ashley Miles, UA 9.950 Ashley Cooney, OK 9.950 UB Jeana Rice, UA 9.900 Shannon Hrozek, UA 9.900 Kassie Tomayo, OK 9.900 BB Tonya Ricoli-Hebron, OSU 9.950 FX Ashley Miles, UA 9.950</p>
<p>1986 - Baton Rouge, La.</p> <ol style="list-style-type: none"> 1. LSU 185.250 2. Alabama 185.050 3. Michigan State 177.950 <p>AA Julie Estin, UA 37.850 V Jennifer Lyerly, LSU 9.650 UB Julie Estin, UA 9.600 Frances Marine, Mich. St. 9.600 BB Angie Topham, LSU 9.500 FX Penney Hauschild, UA 9.650</p>	<p>1991 - Auburn, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 195.575 2. Auburn 192.150 3. LSU 191.750 <p>AA Dee Foster, UA 39.375 V Kim Masters, UA 9.850 Danielle Pritts, Auburn 9.850 Rachelle Fruge, LSU 9.850 UB Dee Foster, UA 9.825 Katherine Kelleher, UA 9.825 BB Sheryl Dundas, UA 9.925 FX Dee Foster, UA 9.925</p>	<p>2000 - Tuscaloosa, Ala.</p> <ol style="list-style-type: none"> 1. Alabama 197.300 2. Iowa State 196.100 3. Central Michigan 193.200 <p>AA Andree Pickens, UA 39.475 V Shelly Krigen, Iowa St. 9.950 UB Dara Stewart, UA 9.975 BB Lissy Smith, UA 9.925 FX Andree Pickens, UA 9.925</p>		



A Tradition of Excellence



Alabama and the SEC



The Southeastern Conference has long been the most dominating gymnastics conferences in the NCAA and Alabama has led the charge. Since the first NCAA championship in 1982, the SEC has had at least one team in the top-10 and since 1983, the conference has placed at least one team in the top-5 and at least two teams in the top-10. **Alabama has been the league's top finisher at the NCAA Championships 10 times.**

During the past 16 years, the conference has placed at least one team in the NCAA top-3. In 1998, the entire national top-3 hailed from the SEC, as Georgia, Florida and Alabama took first, second and third respectively. The SEC put a conference-high five teams in the national top-10 twice in 1993 and 2003. An SEC school has stood atop the collegiate gymnastics world as national champions nine times since 1987, with Alabama winning the league's latest NCAA title in 2002.

The SEC has done well on an individual level as well. Twelve times a conference athlete has taken home the NCAA all-around title, including Alabama's Jeana Rice in 2004. Alabama athletes have been especially productive in that arena as four Crimson Tide athletes have produced five all-around titles (Penney Hauschild 1985, 1986; Dee Foster 1990, Meredith Willard, 1996, Jeana Rice 2004). From 1989-98, the conference claimed nine of the 10 crowns, including six straight from 1993-98.

Of the 12 conference schools, seven sponsor gymnastics programs: Alabama, Arkansas, Auburn, Florida, Georgia, Kentucky and Louisiana State.

Alabama in the Southeastern Conference

The Crimson Tide has won five SEC Championships, with the first coming in 1988 and the latest in 2003. Individually, Alabama has tallied 32 conference crowns, including an incredible 12 titles over the last three years. Tide gymnasts have also won four SEC All-Around titles over the past five seasons, including back to back crowns for Jeana Rice in '03 and '04.

Four times an Alabama gymnast has been voted SEC Female Athlete of the Year, an award that spans all sports offered by the league. The league's top scholar-athlete has come from the Tide three times as well. The SEC Gymnast of the Year has hailed from Alabama five times and the Freshman Gymnast of the Year has worn Alabama's crimson and white three times. In the classroom Alabama has earned SEC Academic All-SEC honors 141 times, including a conference record 15 in 2002.



Jeana Rice
2004 SEC Athlete of the Year



Ashley Miles
2004 SEC Floor Exercise
Champion



Jeana Rice
2004 SEC All-Around,
Vault, Uneven Bars
Champion

SEC Quick Facts

Founded: 1933

Headquarters: Birmingham, Ala.

Commissioner: Mike Slive

Members (Those with Gymnastics in bold):

Alabama, Arkansas, Auburn, Florida, Georgia, Kentucky, Louisiana State, Mississippi, Mississippi State, South Carolina, Tennessee & Vanderbilt

First Year to Sponsor Championship: 1985

2004 Champion: Georgia

2005 Championship Site:

Duluth, Georgia - Gwinnett County Civic Center (11,000)

Assistant Commissioner for Gymnastics: Debbie Corum

Media Contact for Gymnastics: Chuck Dunlap

Dunlap's e-mail address: cdunlap@sec.org

Phone: (205) 458-3010 **FAX:** (205) 458-3030

World Wide Web Site: www.sec.org

Mailing Address:

2201 Civic Center Blvd, Birmingham, AL 35203



SEC Championship Results

1985 at Tuscaloosa, Ala.

1.	Florida	185.65
2.	Alabama	183.65
3.	Georgia	181.80
4.	LSU	180.50
5.	Kentucky	173.45
6.	Auburn	158.90
V	Kelly McCoy, UF	18.875
UB	Anita Botnen, UF	19.050
	Barbara Mack, UA	19.050
BB	Michelle Godwin, UF	19.250
FX	Maria Anz, UF	19.350
AA	Penney Hauschild, UA	37.700

1986 at Gainesville, Fla.

1.	Georgia	185.15
2.	Florida	184.10
3.	Alabama	183.75
4.	LSU	176.60
5.	Kentucky	175.95
6.	Auburn	171.40
V	Julie Estin, UA	9.550
	Tammy Smith, UF	9.550
	Paula Maheu, UGA	9.550
UB	Julie Estin, UA	9.550
BB	Elfi Schlegel, UF	9.600
FX	Melissa Miller, UF	9.600
AA	Julie Klick, UGA	37.400

1987 at Athens, Ga.

1.	Georgia	189.40
2.	Florida	185.65
3.	Alabama	185.30
4.	LSU	184.45
5.	Auburn	181.40
6.	Kentucky	180.95
V	Corrinne Wright, UGA	9.650
UB	Terri Eckert, UGA	9.750
BB	Julie Klick, UGA	9.700
FX	Corrinne Wright, UGA	9.650
AA	Terri Eckert, UGA	37.900

1988 at Tuscaloosa, Ala.

1.	Alabama	190.15
2.	Georgia	189.20
3.	Florida	188.85
4.	LSU	187.40
5.	Kentucky	183.40
6.	Auburn	183.20
V	Jennifer Lyerly, LSU	9.650
	Julianne Wilson, LSU	9.650
UB	Lucy Wener, UGA	9.800
BB	Melissa Miller, UF	9.750
FX	Melissa Miller, UF	9.750
AA	Melissa Miller, UF	38.600

1989 at Gainesville, Fla.

1.	Florida	191.50
2.	Alabama	191.05
3.	Georgia	190.40
4.	LSU	187.90
5.	Kentucky	182.65
6.	Auburn	185.05
V	Karen Brennalt, UF	9.550
	Katherine Kelleher, UA	9.550
UB	Lucy Wener, UGA	9.800
BB	Andrea Thomas, UGA	9.800
FX	Melissa Miller, UF	9.750
	Pam Titus, UF	9.750
AA	Melissa Miller, UF	38.550

1990 at Athens, Ga.

1.	Alabama	193.55
2.	LSU	192.05
3.	Georgia	191.85
4.	Auburn	188.15
5.	Florida	188.00
6.	Kentucky	186.30
V	Jami Snopek, LSU	9.850
UB	Corrinne Wright, UGA	9.850
BB	Andrea Thomas, UGA	9.850
FX	Corrinne Wright, UGA	9.850
AA	Marie Robbins, UA	38.800

1991 at Lexington, Ky.

1.	Georgia	194.10
2.	Alabama	194.05
3.	LSU	192.40
4.	Florida	191.30
5.	Auburn	189.25
6.	Kentucky	186.00
V	Dee Foster, UA	9.950
UB	Gina Basile, UA	9.850
	Kelly Macy, UGA	9.850
	Christina McDonald, UF	9.850
	Elizabeth Wilson, LSU	9.850
	Sandy Rowlette, UGA	9.850
BB	Dee Foster, UA	9.850
	Rachelle Fruge, LSU	9.850
	Kelly Macy, UGA	9.850
FX	Dee Foster, UA	9.950
AA	Rachelle Fruge, LSU	39.250

1992 at Baton Rouge, La.

1.	Georgia	196.40
2.	Alabama	194.50
3.	Auburn	191.35
4.	Florida	189.60
5.	LSU	188.65
6.	Kentucky	185.95
V	Heather Stepp, UGA	9.900
	Hope Spivey, UGA	9.900
	Sandy Rowlette, UGA	9.900
UB	Agina Simpkins, UGA	9.950
BB	Dana Dobransky, UA	9.900
	Nneka Logan, UGA	9.900
FX	Hope Spivey, UGA	10.000
AA	Heather Stepp, UGA	39.600

1993 at Tuscaloosa, Ala.

1.	Georgia	197.05
2.	Alabama	196.05
3.	Auburn	193.20
4.	LSU	192.90
5.	Florida	192.10
6.	Kentucky	189.35
V	Jenny Hansen, UK	10.000
UB	Jenny Hansen, UK	9.950
	Lori Strong, UGA	9.950
BB	Nneka Logan, UGA	9.900
FX	Hope Spivey-Sheely, UGA	10.000
AA	Dee Foster, UA	39.650
	Jenny Hansen, UK	39.650

1994 at Auburn, Ala.

1.	Georgia	196.700
2.	Alabama	195.175
3.	LSU	194.150
4.	Florida	194.125
5.	Auburn	192.700
6.	Kentucky	189.750
V	Jenny Hansen, UK	10.000
UB	Jennifer Wood, LSU	9.925
BB	Becky Erwin, AU	9.925
FX	Jenny Hansen, UK	10.000
	Hope Spivey-Sheely, UGA	10.000
AA	Leah Brown, UGA	39.500

1995 at Gainesville, Fla.

1.	Alabama	196.175
2.	LSU	196.125
3.	Georgia	195.875
4.	Florida	195.650
5.	Kentucky	191.975
6.	Auburn	190.675
V	Kim Kelly, UA	10.000
UB	Stephanie Woods, UA	9.900
	Kristen Guise, UF	9.900
	Andrea Dewey, UGA	9.900
BB	Jenny Hansen, UK	9.950
FX	Jenny Hansen, UK	9.975
AA	Kristen Guise, UF	39.650

1996 at Lexington, Ky.

1.	Georgia	197.450
2.	Alabama	196.950
3.	Florida	195.650
4.	Kentucky	195.250
5.	LSU	193.150
6.	Auburn	191.150
V	Leah Brown, UGA	9.975
UB	Jenni Beathard, UGA	9.950
BB	Jenny Hansen, UK	9.950
FX	Kim Kelly, UA	9.950
	Jenny Hansen, UK	9.950
	Leslie Angeles, UGA	9.950
	Leah Brown, UGA	9.950
AA	Lori Strong, UGA	39.575

1997 at Athens, Ga.

1.	Georgia	198.375
2.	Florida	196.050
3.	LSU	196.025
4.	Alabama	195.775
5.	Kentucky	195.075
6.	Auburn	192.550
V	Leah Brown, UGA	10.000
	Kim Arnold, UGA	10.000
UB	Leah Brown, UGA	9.950
	Karin Lichey, UGA	9.950
BB	Kim Arnold, UGA	9.950
	Karin Lichey, UGA	9.950
FX	Leah Brown, UGA	9.975
AA	Kim Arnold, UGA	39.800

1998 at Baton Rouge, La.

1.	Georgia	198.375
2.	Florida	196.050
3.	LSU	196.025
4.	Alabama	195.775
5.	Kentucky	195.075
6.	Auburn	192.550
V	Karin Lichey, UGA	10.000
UB	Karin Lichey, UGA	9.950
	Jenni Beathard, UGA	9.950
BB	Kim Arnold, UGA	9.925
	Amy McClosky, LSU	9.925
FX	Kim Arnold, UGA	10.000
AA	Kim Arnold, UGA	39.700

1999 at Tuscaloosa, Ala.

1.	Georgia	197.475
2.	Alabama	196.775
3.	Florida	195.875
4.	LSU	195.375
5.	Kentucky	194.875
6.	Auburn	194.000
V	Karin Lichey, UGA	9.950
	Suzanne Sears, UGA	9.950
UB	Jenni Beathard, UGA	9.950
BB	Chrissy Van Fleet, UF	9.925
FX	Karin Lichey, UGA	9.950
AA	Karin Lichey, UGA	39.675

2000 at Gainesville, Fla.

1.	Alabama	197.200
2.	LSU	196.825
3.	Georgia	196.825
4.	Florida	195.775
5.	Kentucky	194.650
6.	Auburn	192.500
V	André Pickens, UA	9.925
UB	André Pickens, UA	9.925
BB	Kristi Lichey, UGA	9.925
FX	Suzanne Sears, UGA	9.950
AA	André Pickens, UA	39.600

2001 at Birmingham, Ala.

1.	Georgia	198.000
2.	Alabama	197.425
3.	Florida	196.450
4.	LSU	196.300
5.	Kentucky	195.850
6.	Auburn	194.500
V	Kristi Lichey, UGA	9.950
UB	Natalie Barrington, UA	9.950
	Cory Fritzing, UGA	9.950
	Kathleen Shrieves, UGA	9.950
BB	Lissy Smith, UA	9.950
	Cory Fritzing, UGA	9.950
FX	Suzanne Sears, UGA	9.950
	Marline Stephens, UGA	9.950
AA	Cory Fritzing, UGA	39.700

2002 at Birmingham, Ala.

1.	Georgia	197.025
2.	Alabama	196.925
3.	Florida	196.425
4.	LSU	196.225
5.	Auburn	194.325
6.	Kentucky	194.325
V	André Pickens, UA	9.950
	Marline Stephens, UGA	9.950
UB	André Pickens, UA	9.950
BB	André Pickens, UA	9.925
FX	Marline Stephens, UGA	9.950
AA	André Pickens, UA	39.725

2003 at Birmingham, Ala.

1.	Alabama	197.575
2.	Georgia	197.525
3.	Florida	195.950
4.	LSU	195.650
5.	Auburn	195.025
6.	Arkansas	194.875
	Kentucky	194.875
V	Chelsa Byrd, UGA	10.000
UB	Jeana Rice, UA	9.925
BB	Jeana Rice, UA	9.950
FX	Ashley Miles, UA	9.975
	Chelsa Byrd, UG	9.975
AA	Jeana Rice, UA	39.600

2004 at Gwinnett, Ga.

1.	Georgia	198.175
2.	Alabama	197.950
3.	LSU	197.275
4.	Florida	197.225
5.	Auburn	195.925
6.	Arkansas	194.825
7.	Kentucky	193.850
V	Jeana Rice, UA	9.975
UB	Jeana Rice, UA	9.950
	Corey Fritzing, UGA	9.950
	Corey Fritzing, UGA	10.000
BB	Ashley Miles, UA	10.000
FX	Chelsa Byrd, UG	10.000
AA	Jeana Rice, UA	39.850



Alabama's SEC Honors



SEC Athlete of the Year

2004	Jeana Rice
2002	Andréé Pickens
1990	Dee Foster
1985	Penney Hauschild

H. Boyd McWhorter SEC Scholar Athlete of the Year

2003	Kristin Sterner
1997	Meredith Willard
1987	Julie Estin

SEC Gymnast of the Year

2003	Jeana Rice
2002	Andréé Pickens
2001	Andréé Pickens
2000	Andréé Pickens
1997	Meredith Willard

SEC Freshman of the Year

1999	Andréé Pickens
1998	Robin Hawkins
1994	Meredith Willard

SEC Postgraduate Scholarship

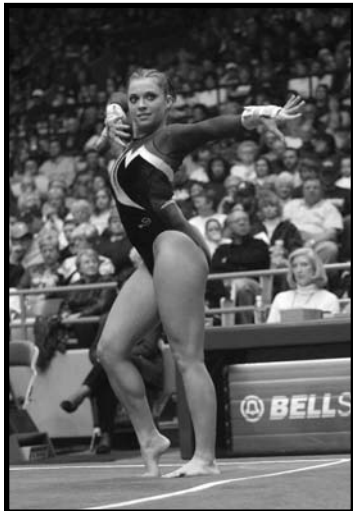
2003	Kristin Sterner
2002	Andréé Pickens
1997	Meredith Willard
1993	Dana Dobransky
1992	Katherine Kelleher
1990	Marie Robbins
1989	Kelly Good
1987	Julie Estin

Did You Know...

Four Alabama gymnasts have been named Southeastern Conference Athletes of the Year and three others have been named SEC Scholar-Athlete of the Year, awards that span all sports.



SEC Athletes of the Year



Jeana Rice - 2004



Andréé Pickens - 2002.



Dee Foster 1990



Penney Hauschild - 1985

SEC Scholar-Athletes of the Year



Julie Estin - 1987



Meredith Willard - 1997



Kristin Sterner - 2003

SEC Gymnasts and Freshmen of the Year



Meredith Willard was named SEC Gymnast of the Year in 1997 and SEC Freshman Gymnast of the Year in 1994.



Robin Hawkins was named 1998 Southeastern Conference Freshman Gymnast of the Year.



Andréé Pickens was named 2000, 2001 and 2002 Southeastern Conference Gymnast of the Year & 1999 SEC Freshman Gymnast of the Year.



Jeana Rice was named 2003 Southeastern Conference Gymnast of the Year.



Alabama's SEC Champs & All-SEC



Three-time SEC Gymnast of the Year Andréé Pickens

Southeastern Conference Champions

1982	Julie Garrett	uneven bars
1983	Patti Rice	floor exercise
1985	Penney Hauschild	all-around
	Barbara Mack	uneven bars
1986	Julie Estin	vault, uneven bars
1988	Alabama	Team
1989	Katherine Kelleher	vault
1990	Alabama	Team
	Marie Robbins	all-around
1991	Gina Basile	uneven bars
	Dee Foster	vault, balance beam, floor exercise
1992	Dana Dobransky	balance beam
1993	Dee Foster	all-around
1995	Alabama	Team
	Kim Kelly	vault
	Stephanie Woods	uneven bars
1996	Kim Kelly	floor exercise
2000	Alabama	Team
	Andréé Pickens	all-around, vault, uneven bars
2001	Natalie Barrington	uneven bars
	Lissy Smith	balance beam
2002	Andréé Pickens	all-around, vault, uneven bars, balance beam
2003	Alabama	Team
	Jeana Rice	all-around, uneven bars, balance beam
	Ashley Miles	floor exercise
2004	Jeana Rice	all-around, vault, uneven bars
	Ashley Miles	floor exercise

All-Southeastern Conference

From 1981-84, when competition was held on two nights, All-SEC gymnasts were the top six all-arounders on the night of team competition. From 1985-90, the top six all-arounders from the one night of competition were chosen All-SEC. At the 1991 Championships, the champions on each event were named All-SEC. From 1992-2002, the top six all-around finishers and the event champion are named All-SEC. Starting in 2003, the event winners and the top-3 all-arounders were first team All-SEC.

1982	Julie Garrett	all-around
1983	Julie Garrett	all-around
	Patti Rice	all-around
1984	Julie Estin	all-around
1985	Julie Estin	all-around
	Penney Hauschild	all-around
1986	Julie Estin	all-around
	Penney Hauschild	all-around
1987	Julie Estin	all-around
1988	Kim Masters	all-around
	Tina Rinker	all-around
	Marie Robbins	all-around
1989	Katherine Kelleher	all-around
	Kim Masters	all-around
	Tina Rinker	all-around
1990	Dee Foster	all-around
	Marie Robbins	all-around
1991	Gina Basile	uneven bars
	Dee Foster	vault, balance beam, floor exercise
1992	Dana Dobransky	all-around
	Katherine Kelleher	all-around
1993	Dee Foster	all-around
1994	Kim Kelly	all-around
1995	Kim Kelly	vault
	Stephanie Woods	uneven bars
1996	Kim Kelly	floor exercise, all-around
	Meredith Willard	all-around
1997	Mandy Chapman	all-around
1998	Mandy Chapman	all-around
2000	Andréé Pickens	all-around, vault, uneven bars
	Kristin Sterner	all-around
2001	Natalie Barrington	uneven bars
	Andréé Pickens	all-around
	Jeana Rice	all-around
	Lissy Smith	balance beam
	Kristin Sterner	all-around
2002	Andréé Pickens	all-around, vault, uneven bars, balance beam
	Alexis Brion	floor exercise (2nd team)
	Natalie Barrington	uneven bars (2nd team)
	Raegan Tomasek	floor exercise (2nd team)
2003	Ashley Miles	floor exercise
	Jeana Rice	all-around, uneven bars, balance beam
	Michelle Reeser	balance beam (2nd team)
	Larissa Stewart	uneven bars (2nd team)
2004	Ashley Miles	floor exercise
	Jeana Rice	all-around, vault, uneven bars



Ashley Miles 2004, 2003



Jeana Rice 2004, 2003, 2001



Michelle Reeser - 2003

Alabama's SEC Championships

2003 SEC Champions

It was a battle from the word 'go'. But in the end, the youngest team Alabama had ever put on the floor won the program's fifth Southeastern Conference team title, upending second place Georgia 197.575-197.525. Junior Jeana Rice was named SEC Gymnast of the Year after winning three events including the all-around. Freshman phenom Ashley Miles won the floor exercise with a 9.975 that clinched the Tide's victory. Sophomore Michelle Reeser earned second team All-SEC honors on the balance beam and freshman Larissa Stewart was second team All-SEC on the uneven bars. For more on the Tide's championship, go to pages 12-13 and 18-19.

2000 SEC Champions

Sarah Patterson and company couldn't have been much looser coming into the championships. Warm-ups in Florida's O'Connell Center were filled with laughter. Time in the locker room was spent playing games and singing along with CDs the Tide had brought along. And along with the laughter and the smiles there was a quiet confidence.

"Our ladies were relaxed and loose from the start of the warm-up," Sarah Patterson said. "They were confident. I told them at the beginning to focus only on themselves, because they controlled their own destiny."

From start to finish the Tide stayed loose and stayed in control of the meet. By the time Alabama finished up, they knew after the very last vault, that they had won the meet over LSU and Georgia, which tied for second, by .375.

In addition to winning the all-around, vault and uneven bars, Pickens earned All-SEC honors and was named SEC Gymnast of the Year. Her three SEC titles in one season matched Dee Foster's 1991 effort for best in Tide history.

"I couldn't be more proud of this team," Sarah Patterson said just after the meet. "What they have endured throughout the season and what they have overcome, has made them the team they are today. We have great memories of all our Southeastern Conference championships, but the road we traveled to win this one makes it the most rewarding."



The 1988 Southeastern Conference Champions

1995 SEC Champions

Alabama was in Gainesville, Fla., for the SEC Championships and going into the last rotation, the vault, Alabama was fourth.

"We dug a tremendous hole for ourselves on bars, the first event," Sarah said. "David told the ladies, 'We can be first or we can be fourth, you just have to go out there and lay it on the line and do the absolute best job that you can.'"

Alabama responded with the highest vault total in NCAA history, counting nothing less than a 9.9. Freshman Merritt Booth and senior Chasity Junkin both posted career-best marks of 9.975. Junior Kim Kelly posted a perfect 10.0 to finish the series. Now the Tide had to wait and see if their best had been good enough. Even the coaches didn't know until the scores were announced. Auburn was sixth, Kentucky fifth, Florida fourth, Georgia third, at this point a sigh of relief went up from the Crimson Tide contingent - they were at least second. LSU was second, and the Alabama contingent roared with the pleasure of winning by .05.

1990 SEC Champions

Alabama started the decade of the '90s off with a bang. Sarah and David Patterson and company won the 1990 SEC Championship in Athens, Ga. Senior Marie Robbins led the Tide, winning the all-around. It marked a triumphant return from an ankle injury that had cut short her 1989 season.

If Florida was Alabama's main rival in the early to mid '80s, Georgia stepped into that position in the late '80s through today.

"It was nice because we quieted them, quieted their crowd," Sarah Patterson said of winning in Georgia's arena. "In the '80s, our main rival was Florida, and we would have to go down to Gainesville for the regional championships. I remember finally beating them in Gainesville in 1983. The '90 SEC Championships was very reminiscent of that, going into our main rival's arena and coming away with a title."

1988 SEC Champions

At the 1988 SEC Championships the Crimson Tide faced Georgia, LSU and Florida, all three of which were ranked in the top-10 nationally. All three, along with the Tide, would be in the hunt for the NCAA title come April.

The championships were in Tuscaloosa, where they had been in 1985, the year Alabama's captains, the senior duo of Alli Beldon and Kathy Bilodeau had been freshmen.

"I remember when we had SECs here when I was a freshman, and we didn't do a good job at all and I felt really bad for our senior, Barbara Mack," Beldon said. "I said if we get SECs here my senior year, I want to win it more than anything."

Alabama didn't claim a single individual title, but came away with its first conference crown, and an SEC championship record as well. UA's 190.15 marked only the second time in school history that it had scored in the 190s. The Tide outpointed second-place Georgia by .95.

In 1988, Sarah noted how important the senior leadership was for that team.

"The depth and strength of our team is with our freshman and sophomore class," Sarah said at the time. "I don't think those young ladies could ever have competed on this level without Alli and Kathy. They have been the backbone of our team. If it weren't for them, I don't think we could have gotten here tonight."



While it is clearly evident that Alabama gymnastics is one of the Southeastern Conference's best teams in the gym, it is absolutely dominant when it comes to the classroom. The best barometer of such success, on a conference level, is the SEC Academic Honor Roll, instituted in 1984. From 1984-2001 the honor roll was open to all athletes that are sophomores or better in academic standing. To earn the honor, a student-athlete must hold a 3.0 or better grade point average, either for their career or for the past semester. Starting in 2002, the awards were determined by the academic year (fall and spring semester) or cumulative GPA, making freshmen eligible for the first time. A league-best 141 Alabama gymnasts have earned the award. Alabama's top count is 15 in one season, a feat accomplished in 2002.

Alabama's Academic All-SEC Selections

1984

Barbara Mack	JR	3.77	Political Science
Patti Rice	SO	3.71	Marketing

1985

Julie Estin	SO	4.00	Pre-Medicine
Barbara Mack	SR	3.85	Political Science

1986

Alli Beldon	SO	3.48	Fashion Marketing
Julie Estin	JR	3.96	Pre-Medicine
Stephanie Kehr	SO	3.40	Marketing

1987

Alli Beldon	JR	3.51	Interdisciplinary
Kathy Bilodeau	JR	3.05	Public Relations
Julie Estin	SR	3.92	Mathematical Stats

1988

Alli Beldon	SR	3.59	Marketing
Kathy Bilodeau	SR	3.22	Public Relations
Kelly Good	JR	3.61	Biology
Marie Robbins	SO	3.61	Arts & Sciences
Tracey Tillman	SO	3.78	Communications

1989

Wendy Anderson	SO	3.02	Sports Fitness Mgt.
Kelly Good	SR	3.68	Interdisciplinary
Tina Rinker	SO	3.47	Engineering
Marie Robbins	JR	3.72	Interdisciplinary
Tracey Tillman	JR	3.76	Advertising
Cheri Way	JR	3.02	Advertising

1990

Gina Basile	SO	3.03	Communication
Ali Blumberg	SR	3.18	Rec. & Park Leadership
Katherine Kelleher	SO	3.89	Commerce & Business
Shea McFall	SO	3.44	Arts & Sciences
Tina Rinker	JR	3.57	Chemical Engineering
Marie Robbins	SR	3.84	Interdisciplinary
Tracey Tillman	SR	3.70	Public Relations
Cheri Way	SR	3.00	Advertising

1991

Dana Dobransky	SO	3.58	Communication
Katherine Kelleher	JR	3.83	Corporate Finance
Shea McFall	JR	3.55	Corporate Finance
Tina Rinker	SR	3.49	Chemical Engineering

1992

Gina Basile	SR	3.11	Advertising
Dana Dobransky	JR	3.53	Telecommunication/Film
Sheryl Dundas	SO	3.60	Pre-Major Studies
Katherine Kelleher	SR	3.88	Corporate Finance
Shea McFall	SR	3.60	Corporate Finance
Kara Stilp	SO	3.13	Pre-Major Studies
Marti Watson	SO	3.05	Human Envir. Science

1993

Dana Dobransky	SR	3.54	Telecommunication/Film
Sheryl Dundas	JR	3.57	Interdisciplinary
Chasity Junkin	SO	3.61	Pre-Major Studies
Gretchen Stockley	SO	3.15	Pre-Medicine

1994

Sheryl Dundas	SR	3.48	Accounting
Chasity Junkin	JR	3.51	Accounting
Kara Stilp	SR	3.16	Marketing
Gretchen Stockley	JR	3.06	Sports Psychology
Marti Watson	SR	3.25	Management

1995

Chasity Junkin	SR	3.42	Accounting
Kim Kelly	JR	3.50	Elementary Education
Marna Neubauer	JR	3.24	Elementary Education
Meredith Willard	SO	3.92	Pre-Business

1996

Merritt Booth	SO	3.62	Pre-Major Studies
Kim Kelly	SR	3.00	Elementary Education
Danielle McAdams	SO	3.61	Pre-Business
Shay Murphy	SO	3.24	Biology
Heather Nasser	SO	3.28	Early Child. Education
Marna Neubauer	SR	3.25	Early Child. Education
Meredith Willard	JR	3.91	Marketing

1997

Merritt Booth	JR	3.58	Psychology
Mandy Chapman	SO	3.06	Biology
Lisa Gianni	SO	3.63	Interior Design
Gina Logan	SO	3.23	Health Care Mgt.
Danielle McAdams	JR	3.49	Sports Fitness Mgt.
Shay Murphy	JR	3.05	Biology
Heather Nasser	JR	3.35	Education
Meredith Willard	SR	3.94	Marketing

1998

Merritt Booth	SR	3.64	Psychology
Mandy Chapman	JR	3.38	Food & Nutrition
Lexa Evans	SO	3.51	Journalism
Becca Fields	SO	3.11	Pre-major studies
Gina Logan	SO	3.23	Health Care Mgt.
Danielle McAdams	SR	3.57	Sports Fitness Mgt.
Shay Murphy	SR	3.15	Biology

1999

Mandy Chapman	SR	3.49	Food & Nutrition
Lexa Evans	JR	3.50	Journalism
Robin Hawkins	SO	3.44	Telecommunication/Film
Katie Hornecker	SO	3.51	Chemical Engineering
Gina Logan	JR	3.24	Health Care Mgt.
April Makinson	SO	3.97	Human Development
Lissy Smith	SO	3.38	Elementary Education
Gwen Spidle	SR	3.07	Social Work
Dara Stewart	SO	3.20	Pre-major Studies

2000

Natalie Barrington	SO	3.46	Elementary Education
Krista Gole	SO	3.16	Pre-business
Lexa Evans	SR	3.61	Journalism
Robin Hawkins	JR	3.59	Telecommunication/Film
Katie Hornecker	JR	3.50	Mechanical Engineering
Gina Logan	SR	3.24	Health Care Mgt.
Alexa Martinez	SO	3.73	Advertising
Whitney Morgan	SO	3.48	Biology
André Pickens	SO	3.03	Biology
Lissy Smith	JR	3.54	Psychology
Dara Stewart	JR	3.20	Human Development
Raegan Tomasek	SO	3.41	Nutrition

2001

Natalie Barrington	JR	3.65	Sports Fitness Mgt.
Krista Gole	JR	3.67	Health Care Mgt.
Robin Hawkins	SR	3.83	Telecommunication/Film
Katie Hornecker	SR	3.92	Mechanical Engineering
Alexa Martinez	JR	3.63	Advertising
Whitney Morgan	JR	3.25	American Studies
André Pickens	JR	3.08	Biology
Sara Scarborough	SO	3.35	Human Nutrition
Lissy Smith	SR	3.26	Psychology
Kristin Sterner	SO	3.87	Pre-major Studies
Dara Stewart	SR	3.31	Human Development
Raegan Tomasek	JR	3.57	Human Nutrition

2002

Natalie Barrington	SR	3.55	Sports Fitness Mgt.
Helen Burgin	SO	3.52	Elementary Education
Tiffany Byrd	SO	4.00	Pre-Med
Erin Holdefer	SO	3.34	Public Relations
Lauren Holdefer	SO	3.34	Psychology
Shannon Hrozek	FR	3.53	Pre-major Studies
Stephanie Kite	SO	4.00	Marketing
Alexa Martinez	SR	3.73	Advertising
Whitney Morgan	SR	3.54	Secondary Education - Science
André Pickens	SR	3.27	Biology
Jeana Rice	SO	3.06	Advertising
Sara Scarborough	JR	3.37	Nursing
Kristin Sterner	JR	3.94	Biology
Raegan Tomasek	JR	3.42	Restaurant & Hospitality Management

2003

Mari Bayer	FR	3.74	Pre-major Studies
Rachael Delahoussaye	FR	3.57	Pre-Med
Lauren Holdefer	JR	3.47	Psychology
Shannon Hrozek	SO	3.57	Consumer Science
Stephanie Kite	JR	4.00	International Marketing
Dana Pierce	FR	3.66	Physical Education
Michelle Reeser	SO	3.95	Accounting
Kristin Sterner	SR	3.93	Biology

2004

Mari Bayer	SO	3.75	Nutrition
Rachael Delahoussaye	SO	3.62	Pre-Med
Johnna Gay	FR	3.68	Elementary Education
Lauren Holdefer	SR	4.00	Psychology
Shannon Hrozek	JR	3.60	Consumer Science
Stephanie Kite	SR	4.00	International Marketing
Meredith Laxton	FR	3.71	Pre-Major Studies
Ashley Miles	SO	3.09	Advertising
Michelle Reeser	JR	3.94	Accounting
Erin Rightley	FR	3.10	Pre-physical Therapy
Larissa Stewart	SO	3.07	Pre-Med

Did You Know...

Of the four gymnasts who have earned the Boyd McWhorter Southeastern Conference Scholar-Athlete of the Year awards, three, Julie Estin, Meredith Willard and 2003 senior Kristin Sterner, have been from Alabama.



Alabama's Honor Roll

NCAA Postgraduate Award

1983 Julie Garrett
1985 Barbara Mack
1987 Julie Estin
1989 Kelly Good
1992 Katherine Kelleher
1993 Dana Dobransky
1997 Meredith Willard
1998 Merritt Booth
2003 Kristin Sterner
2004 Stephanie Kite

H. Boyd McWhorter SEC Scholar Athlete of the Year

1987 Julie Estin
1997 Meredith Willard
2003 Kristin Sterner

SEC Postgraduate Award

1987 Julie Estin
1989 Kelly Good
1990 Marie Robbins
1992 Katherine Kelleher
1993 Dana Dobransky
1997 Meredith Willard
2003 Kristin Sterner

SEC "Good Works" Team

2004 Stephanie Kite

CoSIDA Academic All-America At-Large Team Member of the Year

2004 Stephanie Kite

CoSIDA Academic All-America

1986 Julie Estin, first team
1987 Julie Estin, first team
1988 Kelly Good, third team
1992 Dana Dobransky, second team
1993 Dana Dobransky, second team
1997 Meredith Willard, first team
1998 Merritt Booth, third team
2003 Kristin Sterner, first team
Stephanie Kite, first team
2004 Stephanie Kite, first team

NCAA Foundation Leadership Conference

2001 Andréé Pickens

National Association of Collegiate Gymnastics Coaches - Scholastic All-America

1991 Dana Dobransky
Sheryl Dundas
Katherine Kelleher
Shea McFall
1992 Dana Dobransky
Sheryl Dundas
Chasity Junkin
Katherine Kelleher
Shea McFall
1993 Dana Dobransky
Sheryl Dundas
Chasity Junkin

1994 Sheryl Dundas
Chasity Junkin
Kara Stip
Meredith Willard
1995 Merritt Booth
Chasity Junkin
Danielle McAdams
Marna Neubauer
Meredith Willard
1996 Merritt Booth
Lisa Gianni
Danielle McAdams
Marna Neubauer
Meredith Willard
1997 Merritt Booth
Mandy Chapman
Heidi Harriman
Danielle McAdams
Meredith Willard
1998 Merritt Booth
Mandy Chapman
Lexa Evans
April Makinson
Danielle McAdams
1999 Natalie Barrington
Mandy Chapman
Lexa Evans
Robin Hawkins
Gina Logan
April Makinson
Alexa Martinez
Whitney Morgan
Lissy Smith
Raegan Tomasek
2000 Lexa Evans
Robin Hawkins
Katie Hornecker
Alexa Martinez
Whitney Morgan
Sara Scarborough
Lissy Smith
Kristin Sterner
Dara Stewart

2001 Natalie Barrington
Tiffany Byrd
Krista Gole
Robin Hawkins
Katie Hornecker
Stephanie Kite
Alexa Martinez
Jeana Rice
Kristin Sterner
2002 Natalie Barrington
Helen Burgin
Tiffany Byrd
Krista Gole
Erin Holdefer
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Alexa Martinez
Whitney Morgan
Andréé Pickens
Michelle Reeser
Kristin Sterner
2003 Mari Bayer
Rachael Delahoussaye
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Dana Pierce
Michelle Reeser
Kristin Sterner
2003 Mari Bayer
Lauren Holdefer
Stephanie Kite
Michelle Reeser
Meredith Laxton
Johnna Gay
Rachael Delahoussaye
Shannon Hrozek

F. David Mathews Award

1997 Meredith Willard

Alumni Student Award — University of Alabama National Alumni Association

1997 Meredith Willard
2002 Andréé Pickens

Paul W. Bryant Memorial Award

1985 Barbara Mack
1986 Julie Estin
1990 Marie Robbins
1992 Katherine Kelleher
1997 Meredith Willard
2003 Kristin Sterner

Freshman Scholarship Achievement Award in Women's Athletics

1986 Kelly Good

Sington Soaring Spirit Award

1989 1988 NCAA Championship Team
1993 Dee Foster
1997 Meredith Willard
2000 Andréé Pickens

Commerce & Business Administration Athlete of the Year

1985 Patti Rice
1996 Meredith Willard
1997 Meredith Willard

College of Arts and Sciences Dean's Award of Merit

1985 Barbara Mack

University of Alabama Outstanding Junior

1986 Julie Estin

College of Arts & Sciences — Woodrow Alvin David Family Student-Athlete Award

1988 Julie Estin
2003 Andréé Pickens
2004 Kristin Sterner

Comer Mathematics Medal

1988 Julie Estin

Commerce & Business Administration Outstanding Undergraduate Award

1991 Katherine Kelleher
1992 Katherine Kelleher
Shea McFall

Alpha Epsilon Rho Outstanding TCF Senior Award

1993 Dana Dobransky

Dept. of Marketing Recognition of Excellence

1994 Kara Stip
2001 April Makinson
2004 Stephanie Kite

New College Award of Excellence in Athletics

1993 Dee Foster

New College Outstanding Independent Studies/Out-of-Class Learning Experiences

1993 Dee Foster

Outstanding Healthcare Management Undergraduate Student

1998 Gina Logan
1999 Gina Logan
2001 Krista Gole
2002 Krista Gole

Economics Freshman Achievement Award

2001 Stephanie Kite

Barbara Rene Shoemaker Memorial Scholarship

2001 Lexa Evans

Charles A. Odewahn Managerial Excellence Award

2002 April Makinson

Dow Chemical Undergraduate Award

2003 Stephanie Kite

William Ray Moore Physical Scholar

2003 Rachael Delahoussaye

National Society of Collegiate Scholars

2002 Michelle Reeser
2003 Shannon Hrozek
2004 Rachael Delahoussaye

Council of President's Freshman Academic Achievement Award

2003 Dana Pierce

Honor Societies

XXXI

Merritt Booth
Lexa Evans
Dee Foster
Kelly Good
Robin Hawkins
Andréé Pickens
Marie Robbins
Kristin Sterner
Meredith Willard

Alpha Lambda Delta

Lisa Gianni
Lauren Graffeo
Robin Hawkins
Katie Hornecker
Stephanie Kite
April Makinson
Danielle McAdams
Whitney Morgan
Kristin Sterner
Raegan Tomasek

Beta Alpha Psi

Michelle Reeser

Beta Beta Beta

Shay Murphy
Kristin Sterner

Beta Gamma Sigma

Stephanie Kite
April Makinson
Alexa Martinez
Meredith Willard

Blue Key

Lexa Evans

Delta Sigma Pi

Stephanie Kite

Gamma Beta Phi

Merritt Booth
Mandy Chapman
Lexa Evans
Lauren Graffeo
Erin Holdefer
Lauren Holdefer
Katie Hornecker
Katherine Kelleher
Gina Logan
Whitney Morgan
Danielle McAdams
Shea McFall
Whitney Morgan
Andréé Pickens
Michelle Reeser
Tina Rinker
Dara Stewart
Meredith Willard

Golden Key

Merritt Booth
Mandy Chapman
Lexa Evans
Krista Gole
Robin Hawkins
Katie Hornecker
Shannon Hrozek
Chasity Junkin
Gina Logan
Danielle McAdams
Whitney Morgan
Lissy Smith
Raegan Tomasek
Meredith Willard

Kappa Tau Alpha

Lexa Evans
Robin Hawkins
Alexa Martinez

Mortar Board

Alli Beldon
Dana Dobransky
Julie Estin
Lexa Evans
Kelly Good
Katherine Kelleher
Patti Kleckner
Barbara Mack
Patti Rice
Tina Rinker
Marie Robbins
Tracey Tillman
Meredith Willard

Omega Chi Epsilon

Tina Rinker

Omicron Delta Kappa

Alli Beldon
Kathy Bilodeau
Merritt Booth
Mandy Chapman
Julie Estin
Lexa Evans

Dee Foster

Kelly Good
Chasity Junkin
Katherine Kelleher
Kim Kelly
Stephanie Kite
Patti Kleckner
Barbara Mack
Alexa Martinez
Shea McFall
Heather Nasser
Andréé Pickens
Patti Rice
Tina Rinker
Marie Robbins
Kristin Sterner
Ann Wilhide
Meredith Willard

Phi Beta Kappa

Merritt Booth
Julie Estin
Kelly Good
Barbara Mack

Phi Delta Phi

Natalie Barrington

Phi Eta Sigma

Mari Bayer
Helen Burgin
Tiffany Byrd
Sheryl Dundas
Lisa Gianni
Lauren Graffeo
Robin Hawkins
Katie Hornecker
Shannon Hrozek
Stephanie Kite
Meredith Laxton
April Makinson
Danielle McAdams
Whitney Morgan
Dana Pierce
Chasity Junkin
Sara Scarborough
Raegan Tomasek
Holly Voorheis
Meredith Willard

Phi Kappa Phi

Kathy Bilodeau
Katherine Kelleher
Meredith Willard

Phi Upsilon Omicron

Mandy Chapman
Raegan Tomasek

Pi Tau Sigma

Katie Hornecker

Psi Chi

Lauren Holdefer
Lissy Smith

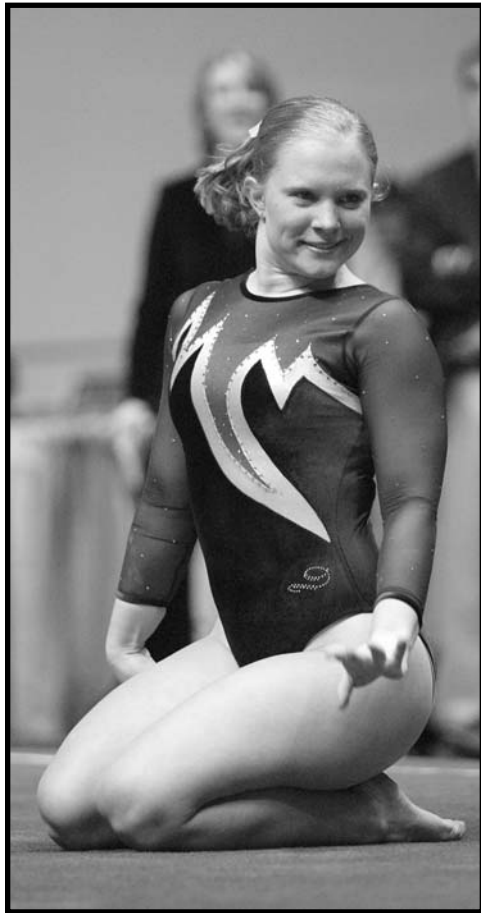
Tau Beta Pi

Whitney Morgan
Tina Rinker



The Alabama Gymnastics Hall of Fame

There have been 43 inductees since Sarah Patterson created the Alabama Gymnastics Hall of Fame. Each new member brings a particular brand of excellence to the hall, a different perspective, a unique experience. Each one has added to the legacy of success that is Alabama Gymnastics, each has added to the Tradition of Excellence that has been on going for more than a quarter of a century now. This year Stephanie Kite and Jeana Rice were added to the hall in recognition of their standout careers.



Stephanie Kite

2004 INDUCTEE

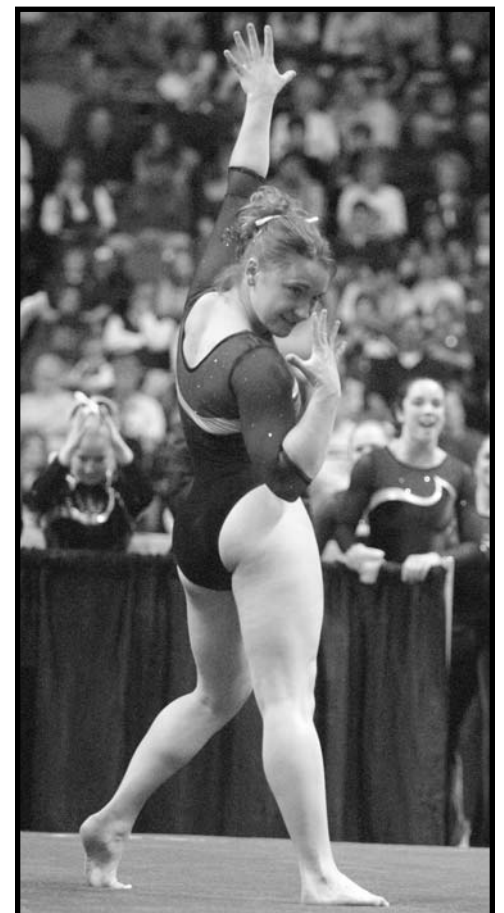
2002 NCAA Championship team • 2003 SEC Championship team • All-American • NCAA Woman of the Year State Honoree • Four-year Scholastic All-American • CoSIDA Academic All-American At-Large Student-Athlete of the Year • Two-year CoSIDA Academic All-American At-Large First Team • Three-year Academic All-SEC



Jeana Rice

2004 INDUCTEE

2002 NCAA Championship team • 2003 SEC Championship team • 18-time All-American • NCAA All-Around Champion • Honda Award • SEC Athlete of the Year • SEC Gymnast of the Year • Six-time SEC Champion • Three-year NCAA Regional All-Around Champion • SEC All-Around Record



Kristin Sterner

2003 INDUCTEE

2002 NCAA Championship team • 2000 and 2003 SEC Championship team • NCAA Top VIII Award winner • NCAA Woman of the Year finalist • SEC Scholar-Athlete of the Year • NCAA Postgraduate Scholarship • SEC Boyd McWhorter Scholarship • CoSIDA Academic All-American At-Large First Team • 11-time All-American • Four-time NCAA Regional Champion • Two-year All-SEC • Paul Bryant Student-Athlete Award • Four-year Scholastic all-America • Three-year Academic All-SEC



Natalie Barrington

2002 INDUCTEE

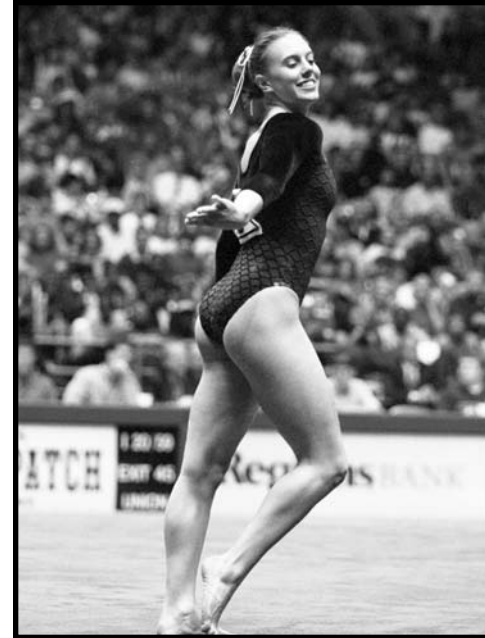
2002 NCAA Championship team • 2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year Academic All-SEC



Andréé Pickens

2002 INDUCTEE

2002 NCAA Championship team • 2000 SEC Championship team • 13-time All-American • Scholastic All-American • Three-year Academic All-SEC • State of Alabama NCAA Woman of the Year • SEC Postgraduate Scholarship Winner



Raegan Tomasek

2002 INDUCTEE

2002 NCAA Championship team • 2000 SEC Championship team • All-American • Scholastic All-American • Three-year Academic All-SEC



Katie Hornecker

2001 INDUCTEE

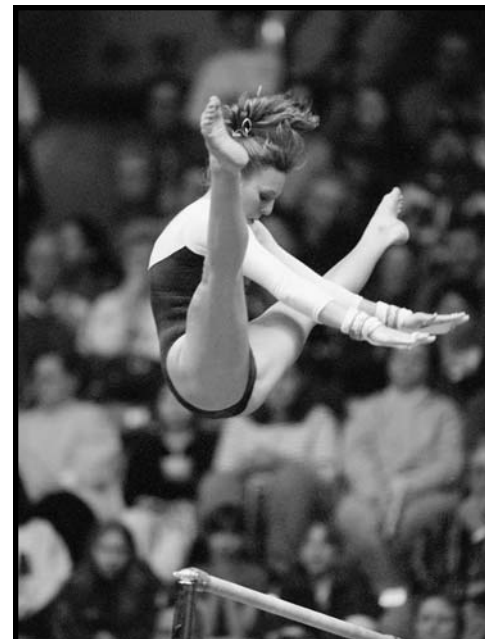
2000 SEC Championship team • All-American • Two-year Scholastic All-American • Three-year Academic All-SEC • Second team All-SEC



Lissy Smith

2001 INDUCTEE

2000 SEC Championship team • Two-time All-American • Second team All-American • Three-year Scholastics All-American • Three-year Academic All-SEC • All-SEC • 2001 SEC Balance Beam Champion • Three-year NCAA Regional Balance Beam Champion



Dara Stewart

2001 INDUCTEE

2000 SEC Championship team • Two-time All-American • Second team All-American • Two-year Scholastic All-American • Three-year Academic All-SEC • 1998 and 2000 NCAA Regional Uneven Bars Champion • Second team All-SEC

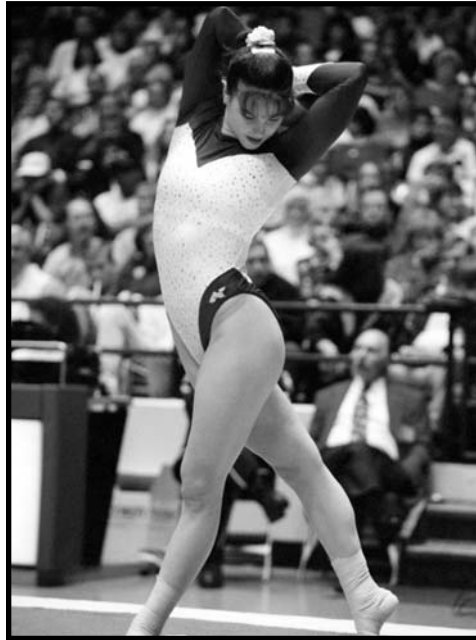


A Tradition of Excellence



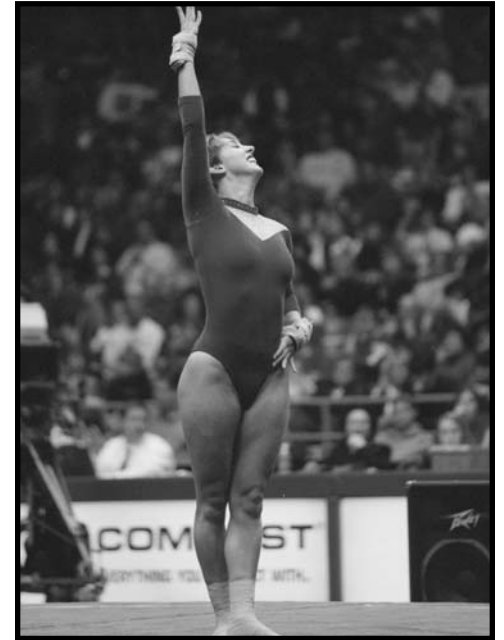
Lexa Evans

2000 INDUCTEE
 2000 SEC Championship team
 NCAA Woman of the Year — State of Alabama
 Second team Floor Exercise All-American
 Three-year Academic All-SEC
 Three-year Scholastic All-American



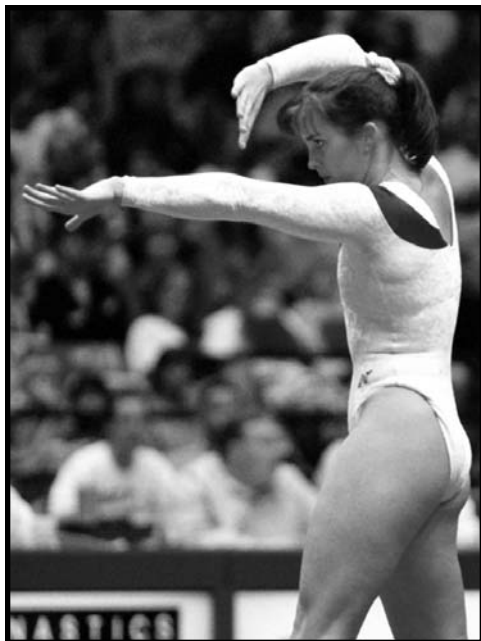
Mandy Chapman

1999 INDUCTEE
 1996 NCAA Championship team
 Second Team Balance Beam All-American
 Three-year Scholastic All-American
 Two-year All-SEC • Three-year Academic All-SEC



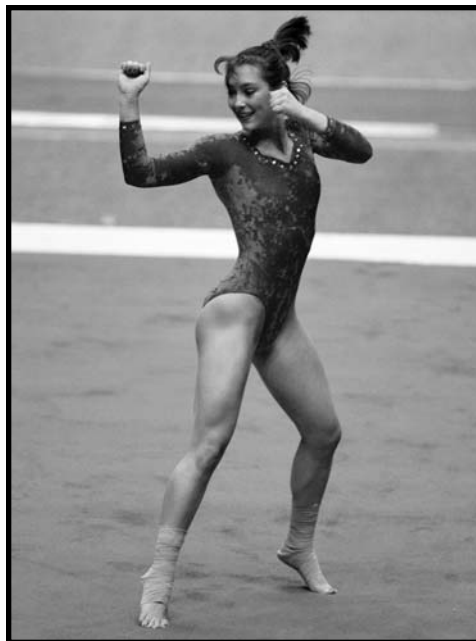
Gwen Spidle

1999 INDUCTEE
 1996 NCAA Championship team
 Three-time All-American • Two-time second team
 All-American • Three-year Academic All-SEC
 NCAA Team Record squad



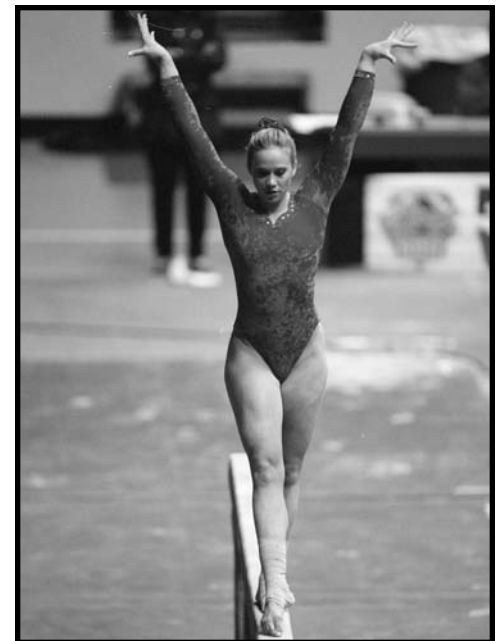
Merritt Booth

1998 INDUCTEE
 1996 NCAA Championship team • 1995 SEC
 Championship team • Three-time All-American •
 Three-time second team All-American • Four-year
 Scholastic All-American • Three-year Academic All-
 SEC • NCAA Woman of the Year finalist • GTE
 Academic All-American • NCAA Postgraduate
 Scholarship Winner



Shay Murphy

1998 INDUCTEE
 1996 NCAA Championship team • 1995 SEC
 Championship team • All-American • Second team
 All-American • Three-year Academic All-SEC •
 Scored a 10.0 on the floor exercise in 1998 • NCAA
 Team Record squad

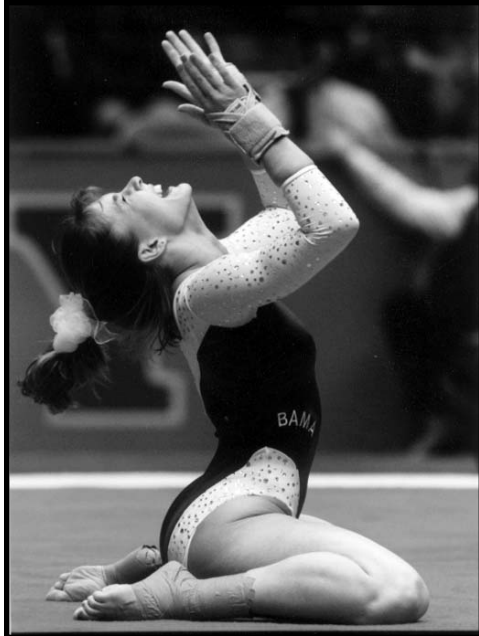


Danielle McAdams

1998 INDUCTEE
 1996 NCAA Championship team • 1995 SEC
 Championship team • All-American • Two-time sec-
 ond team All-American • Four-year Scholastic All-
 American • Three-year Academic All-SEC • Scored a
 10.0 on the vault at the 1996 NCAA Championships
 • NCAA Team Record squad

Did You Know...

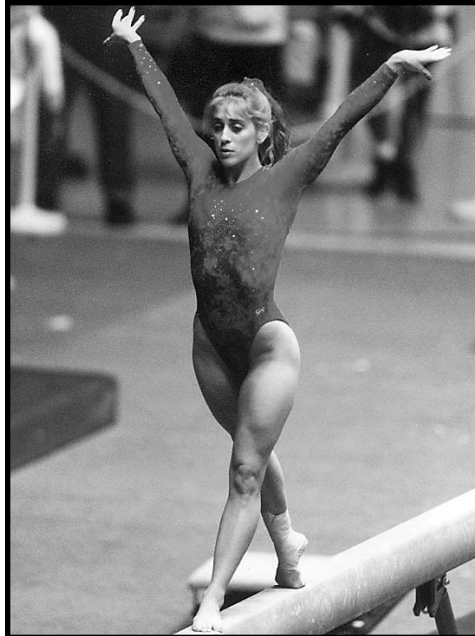
Lissy Smith, competed on the balance beam in every meet of her career and did not have a single fall in two different seasons. For her career she only had four falls in 60 routines.



Meredith Willard

1997 INDUCTEE

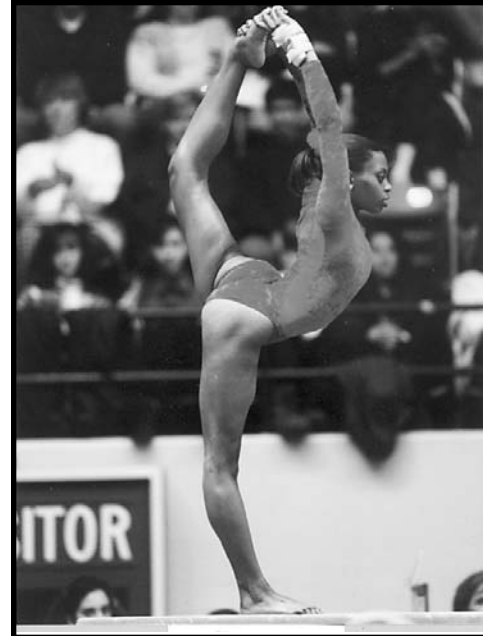
1996 NCAA Championship Team • 1995 SEC Championship team • NCAA Team Record squad • NCAA All-Around Champion • 11-time All-American • NCAA "Top-Eight" Award • Southeastern Conference "Scholar-Athlete of the Year" • H. Boyd McWhorter SEC Postgraduate Scholarship Winner • NCAA Postgraduate Scholarship Winner • Southeastern Conference "Gymnast of the Year" • NCAA "Woman of the Year" finalist • NCAA Central Regional Champion • Four-year Scholastic All-American • GTE Academic All-American



Kim Bonaventura

1997 INDUCTEE

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad All-American • Three-time Second Team All-American • NCAA Central Regional Champion



Stephanie Woods

1997 INDUCTEE

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Uneven Bars Champion • NCAA Team Record squad • Four-time All-American • Second Team All-American • Three-time NCAA Regional Champion • SEC Uneven Bars Champion



Kim Kelly

1996 INDUCTEE

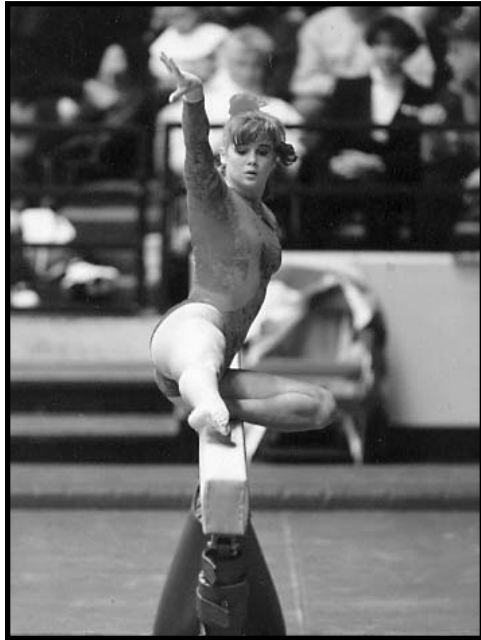
1996 NCAA Championship team • 1995 SEC Championship team • NCAA Floor Exercise Champion • NCAA Team Record • Five-time All-American • Four-time Second Team All-American • NCAA Team Vault Record • NCAA Team Floor Exercise Record • Five-time Regional Champion • Two-time SEC Champion • Three-year All-SEC • Scholastic All-American • Two-year Academic All-SEC



Marna Neubauer

1996 INDUCTEE

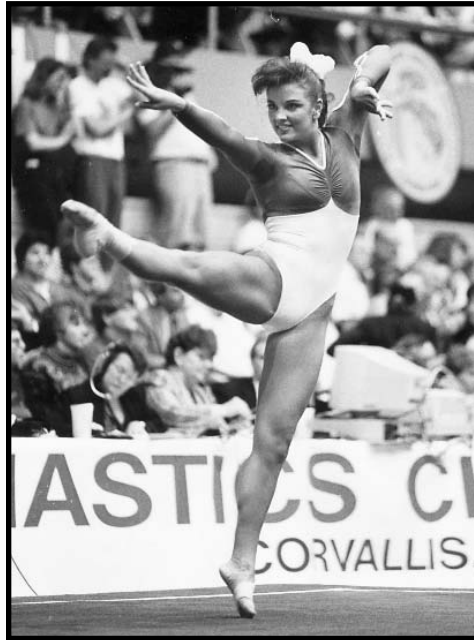
1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad All-American • Two-time Second Team All-American • NCAA Floor Exercise Team Record • Two-year Scholastic All-American • Two-year Academic All-SEC



Chasity Junkin

1995 INDUCTEE

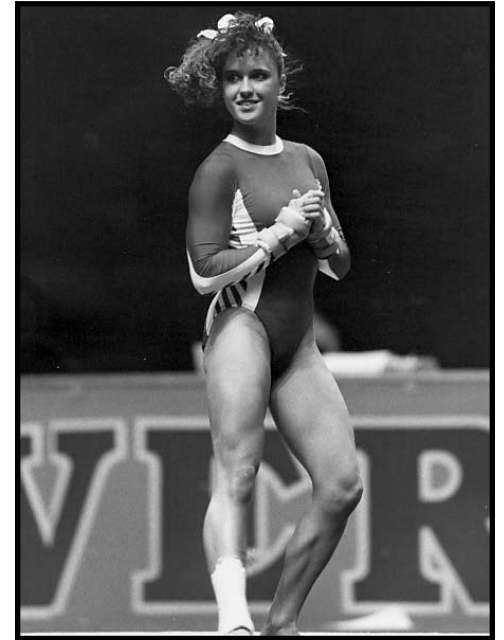
1995 SEC Championship Team • Two-time All-American • AAI Senior Award Finalist • Three-year Scholastic All-American • Three-year Academic All-SEC



Sheryl Dundas

1994 INDUCTEE

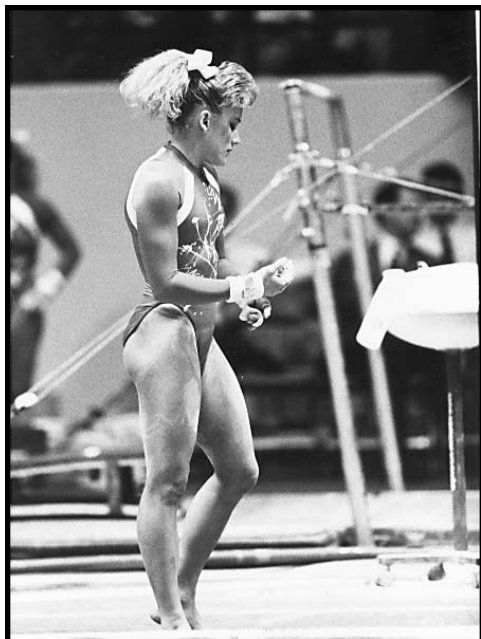
1991 NCAA Championship Team • NCAA Central Region Balance Beam Champion • Phi Eta Sigma • All-American • Academic All-SEC • Scholastic All-American



Shea McFall

1994 INDUCTEE

1991 NCAA Championship Team • Two-time All-American • Three-time Academic All-SEC • Scholastic All-American



Kara Stilp

1994 INDUCTEE

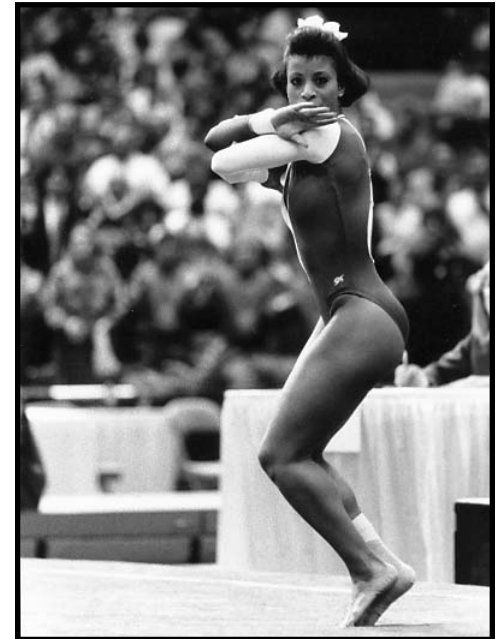
1991 NCAA Championship Team • Two-time All-American • Scholastic All-American Academic All-SEC



Dana Dobransky

1993 INDUCTEE

1991 NCAA Championship team • 1990 SEC Championship team • Two-time National Champion • Five-time All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • NCAA Woman of the Year - State Honoree • Second Team GTE Academic All-American • Academic All-SEC • All-SEC • Regional Champion • SEC Champion



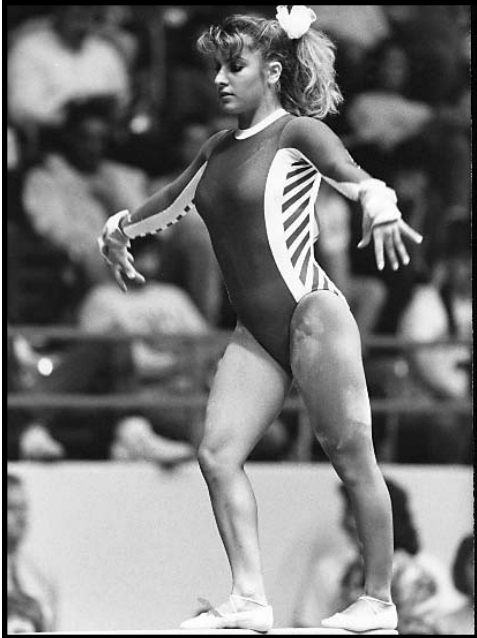
Dee Foster

1993 INDUCTEE

1991 NCAA Championship team • 1990 SEC Championship team • Honda Award for Gymnastics NCAA All-Around Champion • SEC Athlete of the Year • 17-time All-American • Four-time SEC Champion • Nine-time Regional Champion • Four-time All-SEC • 1993 Alabama Amateur Athlete of the Year

Did You Know...

Dana Dobransky closed out her career with back-to-back NCAA Balance Beam Championships.



Gina Basile

1992 INDUCTEE

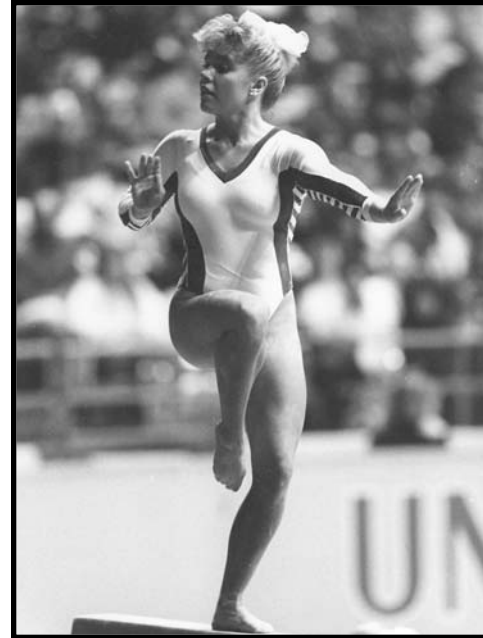
1991 NCAA Championship Team • 1990 SEC Championship Team • NCAA Champion • All-American • All-SEC • Two-time Academic All-SEC SEC Champion • Regional Champion



Katherine Kelleher

1992 INDUCTEE

1991 NCAA Championship Team • 1990 SEC Championship Team • Three-time All-American • NCAA & SEC Postgraduate Scholarship • Alabama NCAA Woman of the Year • Two-time All-SEC • Three-time Academic All-SEC • Paul W. Bryant Award • SEC Champion • Two-Time Regional Champion • Scholastic All-American



Kim Masters

1991 INDUCTEE

1988 & 1991 NCAA Championship Teams • 1988 & 1990 SEC Championship Teams • Three-time All-American • Two-time All-SEC • Four-time Regional Champion • Academic All-SEC



Tina Rinker

1991 INDUCTEE

1988 & 1991 NCAA Championship Teams • 1988 & 1990 SEC Championship Team • All-American • Two-time All-SEC • Regional Champion • Three-Time Academic All-SEC



Marie Robbins

1990 INDUCTEE

1988 NCAA Championship Team • 1988 SEC Championship Team • Four-time All-American • Two-time SEC Champion • Two-time Regional Champion • Two-time All-SEC • Paul W. Bryant Award • NCAA Postgraduate Scholarship • Three-time Academic All-SEC



Cheri Way

1990 INDUCTEE

1988 NCAA Championship Team • 1988 SEC Championship Team • Three-time All-American • Two-time Academic All-SEC • Four-time Regional Champion



Kelly Good

1989 INDUCTEE

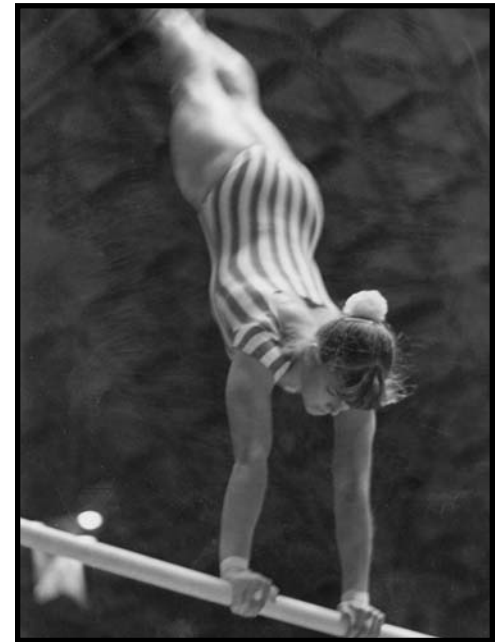
1988 NCAA Championship Team • 1988 SEC Championship Team • All-American • GTE District IV Academic All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • Two-time Academic All-SEC



Kathy Bilodeau

1988 INDUCTEE

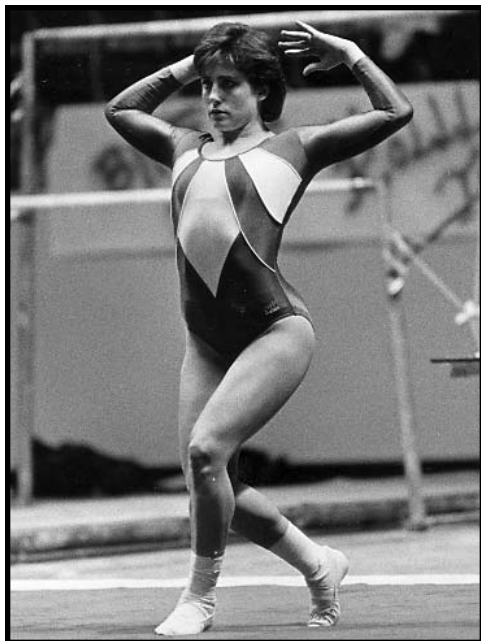
1988 NCAA Championship Team • 1988 SEC Championship Team • Two-time All-American • Two-time Academic All-SEC



Julie Estin

1987 INDUCTEE

Six-time All-American • Two-time SEC Champion • Five-time Regional Champion • NCAA Postgraduate Scholarship • SEC Scholar Athlete of the Year • Four-time All-SEC • Two-time GTE Academic All-American • Paul W. Bryant Award • Three-time Academic All-SEC



Penney Hauschild

1986 INDUCTEE

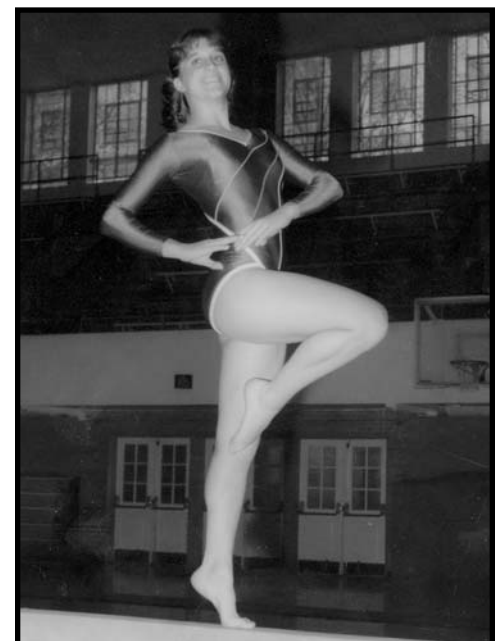
Two-time NCAA All-Around Champion • Floor Exercise Champion • NCAA Uneven Bars Champion • 10-time All-American • Two-time Broderick Award Winner • AMF American Award • SEC Athlete of the Year • SEC Champion • Five-time Regional Champion • Two-time All-SEC • World University Games



Barbara Mack

1985 INDUCTEE

All-American • SEC Champion • AMF American Award • Rhodes Scholarship Finalist • Paul W. Bryant Award • NCAA Postgraduate Scholarship • Two-time Regional Champion • Two-time Academic All-SEC



Patti Rice

1984 INDUCTEE

SEC Champion • All-SEC • Academic All-SEC

Did You Know...

Former SEC All-Around Champion Patti Rice received her MBA from Harvard School of Business.



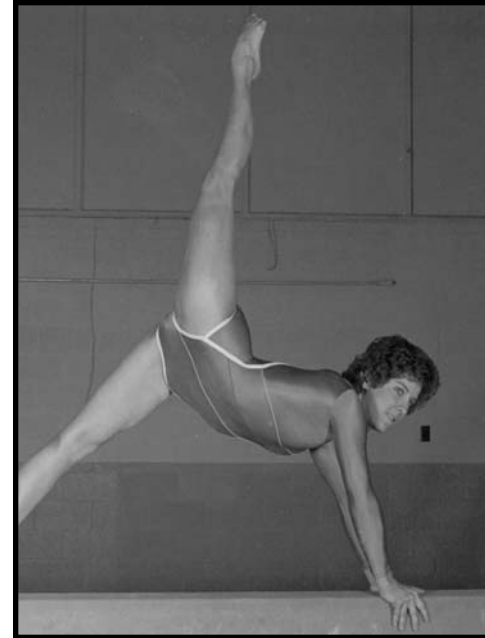
Denise Balk

1983 INDUCTEE
All-SEC



Julie Garrett

1983 INDUCTEE
Three-time All-American • SEC Champion •
Two-time All-SEC • Regional Champion • NCAA
Post-graduate Scholarship



Luann Guzzetti

1983 INDUCTEE
All-SEC



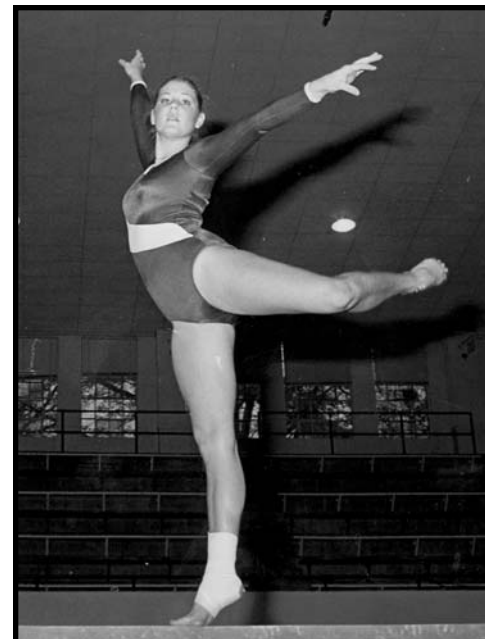
Patti Kleckner

1983 INDUCTEE
All-SEC



Ann Wilhide

1983 INDUCTEE
All-SEC



Angie Alexander

1982 INDUCTEE
All-SEC



Alabama Sports Hall of Fame



It came sooner than she thought it would, and to be honest, she wasn't sure it would ever happen.

"I never really thought about making it into the hall much," Sarah Patterson said. "I guess in the back of mind I thought that if I ever did make it, it would be long after my career was over and you'd have to push me up in my wheelchair."

But Sarah Patterson's induction into the Alabama Sports Hall of Fame came sooner rather than later. Sarah and David Patterson were in the midst of their 25th season coaching the Crimson Tide when the induction ceremony rolled around on March 8, 2003.

"For me, the most important thing to understand is that while it's my name on the plaque, this honor is David and mine together," Patterson said. "Because everything we've been able to accomplish over the past 25 years, we've done together."

So on that night, the Pattersons, surrounded by family, friends and supporters, traveled to Birmingham for the induction ceremony.

They were surrounded by living reminders of just how much they have accomplished over the years. Many of their former gymnasts made the trip from all over the country for the induction banquet.

"To our student-athletes, past and present, you are the reason I continue to coach," Patterson said during her induction speech. "To see you grow and

mature into confident, successful young women - doctors, lawyers, businesswomen and mothers - I stand in awe of your accomplishments in life and feel honored that David and I have been a small part of your success."

Patterson also thanked her staff, both past and present, making special mention of current assistant coach Bryan Raschilla, past assistants Marc Cohen and Scott Mackall and long time administrative assistant Rita Martin.

"You believed in our dream and shared in our vision for the future," Patterson said. "I am grateful for your loyalty, your support and most of all your friendship."

In being inducted, she joins an impressive group. Founded in 1967, nine of ESPN's top 100 athletes of the past century are also members of the Alabama Sports Hall of Fame. Olympic champions Jesse Owens and Carl Lewis are both members as is legendary Alabama football coach Paul "Bear" Bryant, who hired Patterson in his role as athletics director in 1978.

Among the legends in the hall, Patterson is both worthy and unique. In the history of the hall of fame, among its hundreds of inductees, Patterson is both the first coach of a women's sport and the first female coach. She is only the sixth woman to gain entrance.

Patterson was inducted with friend and former boss Steve Sloan, who in addition to an All-American football career at Alabama that included a national title in 1965, was athletics director in the late 1980s.

"Steve, it is an honor to stand here with you tonight," Patterson said during her speech. "I will never forget the thrill of you presenting me with our first national championship ring in front of 85,000 fans. It doesn't get much better than that."

The Pictures - Top, left- Sarah Patterson is greeted by the rest of the ASHoF class of 2003.

Bottom left, from left to right: 1) David Patterson 2) Jordan, Sarah and Jessie Patterson 3) Sarah Patterson giving her acceptance speech.

Right, from the top down-

1) The Alabama Gymnastics family gathers together with Sarah and David Patterson.

2) David and Sarah Patterson with Brenda and Steve Sloan and athletics director Mal Moore.

3) Sarah Patterson with Governor Bob Riley



Alabama's Year-by-Year Results



1975 Riki Sutton 4-4

Jan. 10 Georgia College 83.75, **ALABAMA 65.80**
 Jan. 18 LSU 77.00, **Alabama 72.50**
 Jan. 25 Auburn 76.85, **Alabama 61.00**, Jefferson St. 58.10
 Jan. 31 **ALABAMA 70.95**, Miss. Univ. for Women 47.10
 Feb. 15 **ALABAMA 56.90**, UAB 42.45
 Feb. 22 Memphis St. 65.36, **ALABAMA 60.85**, Jefferson St.
 (State Championship at Alabama) Athens College 81.65,
 Auburn 81.35, **Alabama 63.80**, Jefferson St. 63.30
 (Regional Meet at Summit, Miss.) **Alabama 70.05—6th place**



1976 Sheila Hill 3-7

No individual meet records available from this season.

1977 Phyllis Draper 1-7

Georgia 91.90, **Alabama 90.3**
Alabama 76.15, South Carolina 74.30
 Auburn 122.05, **Alabama 107.30**
 Florida 121.80, **Alabama 98.20**
 LSU, **Alabama** (LSU won, no scores available)
 Jefferson St., Georgia College, **Alabama** (Jeff. St. won, no
 scores available)
 Memphis St. 110.0, **Alabama 107.90**
 (State Championship) **Alabama—3rd place**
 (Regional Championship) **Alabama 8th**

1978 Tom Steele 6-7

Jan. 14 Jefferson St. 116.75, **Alabama 110.15**
 Jan. 22 **Alabama 117.95**, South Carolina 114.05
 Jan. 27 **Alabama 122.00**, Georgia College 117.85, Appalachian
 St. 117.85
 Jan. 28 Georgia 134.75, Appalachian St. 117.90, **Alabama**
113.00
 Feb. 4 **Alabama 117.00**, East Tenn. St. 101.40
 Feb. 11 Auburn 129.40, **Alabama 121.60**, Miss. Univ. for
 Women 120.75, Furman 99.25
 Feb. 25 Indiana St. 131.97, Jefferson St. 121.48, Memphis St.
 116.24, **Alabama 113.32**
 (State Championship) Jacksonville St. 131.95, Auburn
 125.95, **Alabama 122.10**
 (IAAW Region III Championship) Georgia 134.80,
 Jacksonville St. 130.15, Auburn 117.90, Florida 117.00,
 Miss. Univ. for Women 117.00, **Alabama 106.30**



1979 Sarah Campbell 7-7

March 19, '78 JACKSONVILLE ST. 134.00, **Alabama 123.80**
 Dec. 8 **Alabama 115.05**, MISS. UNIV. FOR WOMEN 113.15
 Dec. 10 **ALABAMA 120.40**, Memphis St. 116.70
 Jan. 13, '79 Bowling Green St. 124.30, Indiana 122.25, **Alabama**
114.25, Western Kentucky 111.75
 Jan. 15 Appalachian St. 126.40, **Alabama 120.05**, East
 Tennessee St. 59.55
 Jan. 20 AUBURN 117.95, **Alabama 116.45**
 Jan. 21 **ALABAMA 119.10**, Jefferson St. 118.40
 Jan. 22 Georgia 130.45, **ALABAMA 121.10**
 Feb. 3 Florida 121.50, **ALABAMA 119.30**
 Feb. 6 **ALABAMA 122.65**, Georgia College 118.75, Miss. Univ.
 for Women 106.85
 Feb. 27 (State Championship at Alabama) Jacksonville St.
 131.95, Auburn 125.95, **Alabama 122.10**
 (IAAW Region III Championship at Jacksonville St.)
 March 13 Georgia 135.20, Jacksonville St. 134.30, Auburn 127.75,
 Florida 120.300, **Alabama 119.55**



1980 Sarah Campbell 16-4

Dec. 8, '79 **ALABAMA 131.50**, Indiana 127.45
 Jan. 19 **Alabama 122.95**, AUBURN 117.10, Kentucky 115.00
 Jan. 11 UNC 127.70, **Alabama 125.60**, Towson St. 120.75
 Jan. 19 **ALABAMA 130.35**, Auburn 127.70, East Tennessee St.
 112.35

Jan. 26 **ALABAMA 133.10**, Texas A&M 130.50, Western
 Kentucky 118.25
 Feb. 1 **Alabama 135.95**, MEMPHIS ST. 126.05
 Feb. 3 **Alabama 132.25**, JEFFERSON ST. 122.80, Georgia
 College 122.50
 Feb. 8 Louisville 135.05, GEORGIA 131.20, **Alabama 128.20**
 Feb. 9 **Alabama 128.65**, Duke 124.70, GEORGIA COLLEGE
 115.20
 Feb. 16 Jacksonville St. 139.80, **ALABAMA 136.20**, SE Missouri
 St. 128.70, Southern Miss 46.05
 March 1 **Alabama 137.32**, JEFFERSON ST. 111.68
 March 21-22 (IAAW Region III Championship at Alabama) Jacksonville
 St. 139.05, Georgia 138.45, Florida 138.00, **Alabama**
136.30, Auburn 132.05



1981 Sarah Campbell 14-1

SEC CHAMPIONSHIP FINISH - 4th
 Nov. 11, '80 **Alabama 134.70**, Illinois St. 127.65, SE MISSOURI ST.
 125.30, Emporia St. 106.45
 Dec. 4, '80 **Alabama 130.95**, SLIPPERY ROCK 125.75
 Dec. 6, '80 PITT 136.30, **Alabama 130.325**, Maryland 118.00
 Jan. 8 **ALABAMA 131.30**, Missouri 130.30
 Jan. 16 **ALABAMA 134.04**, Kentucky 120.10
 Jan. 24 **Alabama 126.70**, EAST TENNESSEE ST. 115.90
 Jan. 30 **ALABAMA 134.80**, Auburn 125.50
 Feb. 13 **ALABAMA 141.45**, Georgia 138.75, UNC 135.75,
 Georgia College 125.65
 Feb. 24 **Alabama 137.95**, JACKSONVILLE ST. 137.20
 Feb. 27 **ALABAMA 140.10**, Southern Miss 103.75
 Feb. 20-21 (SEC Championship at LSU) LSU 141.10, Florida 139.90,
 Georgia 135.05, **Alabama 134.15**, Auburn 125.45,
 Kentucky 125.25
 March 7 (State Championship at Alabama) **Alabama 142.00**,
 Jacksonville St. 138.50, Auburn 135.55
 March 27-28 (IAAW Region III Championship at Florida) Florida
 145.25, **Alabama 138.25**, Georgia 136.20, Jacksonville
 St. 135.15, Auburn 129.20



1982 Sarah Campbell 17-2

SEC CHAMPIONSHIP FINISH — 2nd
SOUTHEAST REGIONAL FINISH — 2nd
IAAW NATIONAL CHAMPIONSHIP FINISH — 4th
 Nov. 11, '81 **Alabama 137.90**, AUBURN 131.65
 Dec. 4, '81 **ALABAMA 141.70**, Memphis St. 130.90



A Tradition of Excellence

Dec. 10, '81 LSU 145.35, **Alabama 140.75**
 Jan. 14 **ALABAMA 143.05**, Illinois-Chicago Circle 139.75
 Jan. 23 GEORGIA 140.25, **Alabama 140.05**, Eastern Kentucky 128.75, Georgia College 125.00
 Jan. 29 **ALABAMA 141.25** Georgia College 127.50, Texas Christian 117.60, Texas Women's Univ. 90.85 (Duke Invitational) **Alabama 140.30**, Maryland 133.50, West Virginia 131.70, Kentucky 129.85
 Feb. 5 **ALABAMA 141.50**, Jacksonville St. 136.20
 Feb. 11 **Alabama 143.45**, Southern Illinois 136.70, MISSOURI 139.65, 136.70
 Feb. 14 (SEC Championship at) Florida 145.60, **Alabama 144.55**, LSU 144.15, Georgia 142.05, Kentucky 135.00, Auburn 134.95
 Feb. 26 **ALABAMA 142.90**, Georgia College 130.75, East Tennessee St. 128.45
 March 5 **ALABAMA 143.85**, Auburn 138.35
 March 12-13 (NCAA S.E. Regional Championship at Florida) Florida 145.45, **Alabama 142.80**, LSU 142.05, UNC 137.40
 March 19-20 (IAIW Regional Championship at Georgia) Florida 144.65, **Alabama 143.90**, Georgia 143.70, Auburn 139.40, Jacksonville 136.75
 April 3-4 (IAIW National Championship, at Memphis St.) Florida 143.90, **Alabama 142.85**, West Virginia 141.40, Georgia 141.30, Ohio St. 141.05, BYU 140.85, Minnesota 140.65, Oklahoma St. 138.80, Utah St. 137.45, Oral Roberts 136.95, Washington St. 134.40, Southern Illinois 133.25



1983 Sarah Patterson 15-1

SEC CHAMPIONSHIP FINISH - 2nd
SOUTHEAST REGIONAL FINISH - 1st
NCAA CHAMPIONSHIP FINISH - 4th
 Jan. 14 **ALABAMA 180.25**, LSU 175.25, Minnesota 174.70, Auburn 167.10
 Jan. 22 FLORIDA 179.20, **Alabama 175.40**
 Jan. 27 **Alabama 178.35**, PENN ST. 176.30
 Jan. 29 **Alabama 178.95**, WEST VIRGINIA 168.60
 Feb. 4-5 **ALABAMA 181.75**, Georgia 178.25, Ohio St. 175.25, Nebraska 174.35, Maryland 169.55
 Feb. 9 **Alabama 176.90**, JACKSONVILLE ST. 174.65
 Feb. 11 **ALABAMA 183.60**, UNC 172.55
 Feb. 18 (SEC Championship at Florida) Florida 181.95, **Alabama 181.75**, LSU 176.70, Georgia 175.10, Kentucky 170.50
ALABAMA 182.10, Auburn 65.05
 Feb. 25 **ALABAMA 182.80**, Illinois-Chicago Circle 166.35
 March 4 **ALABAMA 185.40**, Georgia 178.65, Missouri 177.05 (South Region Championship at Florida) **Alabama 184.75**, Florida 184.65, LSU 182.65, Georgia 179.25, Oklahoma 178.80, Oklahoma St. 174.95
 April 8-9 (NCAA Championship at Utah) Utah 184.65, Arizona St. 183.30, Cal St. Fullerton 179.25, **Alabama 179.05**, Florida 177.85, UCLA 177.80, LSU 177.80, Ohio St. 176.65, Oregon St. 173.55, Nebraska 165.55



1984 Sarah Patterson 15-5

SEC CHAMPIONSHIP FINISH - 3rd
CENTRAL REGIONAL FINISH - 1st
NCAA CHAMPIONSHIP FINISH - 6th
 Dec. 2, 1983 **Alabama 178.70**, GEORGIA 178.30
 Jan. 20 **ALABAMA 180.90**, Florida 179.95
 Jan. 28 **Alabama 178.75**, PENN ST. 178.10
 Feb. 3 Georgia 181.70, **ALABAMA 181.45**, Ohio St. 179.30, Oklahoma 177.45, Nebraska 174.75, Maryland 174.10
Alabama 181.20, UNC 173.80
 Feb. 9 (SEC Championship at Florida) Florida 184.15, Georgia 177.05, **Alabama 175.90**, LSU 173.20, Kentucky 165.35, Auburn 161.55
 Feb. 17 UCLA 179.70, Arizona 179.40, Ohio St. 178.80, Oregon ST. 178.00, **Alabama 177.55**, BYU 173.15, Missouri 172.80
 March 2 **ALABAMA 182.35**, Jacksonville St. 175.45, Auburn 166.10, Georgia College 164.60
 March 4 **Alabama 179.80**, MISSOURI 177.75
 March 14 **ALABAMA 179.10**, Auburn 168.10
 March 24 (NCAA Central Regional at Missouri) **Alabama 180.50**, Southern Illinois 173.55, Missouri 173.30, Illinois 173.00, Illinois St. 171.85, Indiana St. 129.60
 April 7-8 (NCAA Championship at UCLA) Utah 186.05, UCLA 185.55, Cal St. Fullerton 183.90, Arizona St. 183.65, Florida 182.20, **Alabama 180.80**, Penn St. 179.45, Washington 178.55, Georgia 177.60, Arizona 176.90



1985 Sarah Patterson 16-4

SEC CHAMPIONSHIP FINISH - 2nd
CENTRAL REGIONAL FINISH - 1st
NCAA CHAMPIONSHIP FINISH - 4th
 Dec. 8, 1984 **Alabama 182.50**, Georgia 180.80
 Jan. 10 **Alabama 179.00**, Northern Illinois 169.90, Auburn 156.35
 Jan. 12 **Alabama 181.60**, UNC 173.45, Cornell 169.20, James Madison 139.40
 Jan. 18 **Alabama 183.40**, LSU 177.70
 Jan. 26 **Alabama 180.85**, Jacksonville St. 177.30
 Feb. 1-2 **Alabama 186.20**, Ohio St., Oklahoma, Maryland, Georgia (scores not available), **Alabama 181.95**
 Feb. 7 Georgia (score not available), **Alabama 181.95**
 Feb. 16 Florida 186.60, **Alabama 185.65**
 Feb. 22-23 (SEC Championship at Alabama) Florida 185.65, **Alabama 183.85**, Georgia 181.80, LSU 180.50, Kentucky 17345, Auburn 158.90
 March 1 **Alabama 185.40**, Penn St. 179.65
 March 9 Arizona St. 187.45, **Alabama 185.60**, Arizona 182.60, Minnesota 180.30
 March 11 Utah 189.10, **Alabama 187.50**, Cal St. Fullerton 187.25
 March 30 (NCAA Central Regional at Alabama) **Alabama 186.35**, LSU 181.50, Michigan St. 178.35, Illinois 177.80, Illinois St. 177.25, Missouri 173.85
 April 12-13 (NCAA Championship at Utah) Utah 188.35, Arizona St. 186.60, Florida 184.30, **Alabama 184.05**, Cal St. Fullerton 183.50, Oregon St. 183.15, Georgia 180.90, Ohio St. 179.75, Penn St. 179.00, Oklahoma 177.40



1986 Sarah Patterson 18-2

SEC CHAMPIONSHIP FINISH - 3rd
CENTRAL REGIONAL FINISH - 2nd
NCAA CHAMPIONSHIP FINISH - 3rd
 Jan. 11 **Alabama 181.95**, Missouri 174.35
 Jan. 17 Georgia 185.45, **Alabama 183.60**
 Jan. 24 **Alabama 182.60**, Penn St. 179.75, Michigan St. 178.75, New Hampshire 170.85
 Jan. 31 **Alabama 184.55**, Jacksonville St. 169.55
 Feb. 7 **Alabama 185.40**, Georgia 183.05, Illinois St. 173.70, Maryland 172.90
 Feb. 14 **Alabama 183.75**, Florida 183.50
 Feb. 22 (SEC Championship at Florida) Georgia 185.15, Florida 184.10, **Alabama 183.75**, LSU 176.60, Kentucky 175.95, Auburn 171.40
 Feb. 28 **Alabama 182.65**, LSU 180.65
 March 7 Arizona St. 189.20, **Alabama 186.05**, Florida 184.00, Penn St. 183.50, Cal St. Fullerton 183.45
 March 15 **Alabama 184.60**, Florida 184.10, LSU 181.25
 March 22 **Alabama 188.55**, LSU (score not available), UNC 179.55
 March 27 **Alabama 190.95**, Auburn 180.10
 April 5 (NCAA Regional Championship at LSU) LSU 185.25, **Alabama 185.05**, Michigan St. 183.45, Indiana St. 177.95, Missouri 177.65, Southern Illinois 175.55
 April 18-19 (NCAA Championship at Florida) Utah 186.95, Arizona St. 186.70, **Alabama 186.35**, Georgia 185.45, Cal St. Fullerton 185.00, Penn St. 182.70, UCLA 181.70, Florida 181.30, LSU 180.55, Ohio St. 177.80



1987 Sarah Patterson 12-5

SEC CHAMPIONSHIP FINISH - 3rd
CENTRAL REGIONAL FINISH - 1st
NCAA CHAMPIONSHIP FINISH - 4th
 Jan. 16 **ALABAMA 180.15**, LSU 179.35, Auburn 174.65
 Jan. 23 **Alabama 183.10**, Missouri 176.85, Iowa St. 169.30
 Jan. 30 GEORGIA 186.05, **Alabama 184.55**
 Feb. 14 Georgia 188.20, **ALABAMA 186.85**, Oklahoma 183.45, Minnesota 180.45
 Feb. 21 **ALABAMA 188.70**, Utah 187.95
 Feb. 27 LSU 186.50, Alabama 184.95
 March 3 **ALABAMA 188.75**, Penn St. 183.40
 March 9 UTAH 190.95, **Alabama 187.35**, Oklahoma 187.30, UCLA 186.10
 March 15 Georgia 189.35, **ALABAMA 189.05**
 March 20 **ALABAMA 190.90**, Arizona St. 188.40
 March 28 (SEC Championship at Georgia) Georgia 189.40, Florida 185.65, **Alabama 185.30**, LSU 184.45, Auburn 181.40, Kentucky 180.95
 April 2 **Alabama 188.80**, AUBURN 184.55
 April 11 (NCAA Central Regional at Alabama) **Alabama 189.05**, LSU 186.80, Michigan St. 183.60, Illinois 183.30, Minnesota 180.20, Auburn 178.60, Illinois St. 178.00
 (NCAA Championship at Utah) Georgia 187.90, Utah 187.55, UCLA 187.00, **Alabama 186.60**, Arizona St. 184.00, Florida 183.80, LSU 181.50, Ohio St. 180.20, Washington 179.85, Nebraska 179.50, Arizona 179.45, Oregon St. 174.50

Did You Know...

Alabama owns the top 15 attendance marks in Southeastern Conference history.



1988 Sarah Patterson 14-3-2

SEC CHAMPIONSHIP FINISH — 1st
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 1st
 Jan. 16 **ALABAMA 187.75**, Auburn 181.60
 Jan. 22 **Alabama 184.35**, PENN ST. 180.55, New Hampshire 174.10
 Jan. 28 **Alabama 187.10**, LSU 187.10, Houston Baptist 181.55
 Feb. 6 **ALABAMA 188.95**, Georgia 188.95, Utah 186.85, Wisconsin 180.15, Minnesota 177.30
 Feb. 13 **ALABAMA 188.75**, Arizona St. 185.65
 Feb. 27 **Alabama 186.00**, KENTUCKY 180.15, Iowa St. 175.35
 March 6 GEORGIA 189.95, **Alabama 189.35**, Arizona 188.20, N.C. St. 176.60
 March 10 ARIZONA ST. 189.30, **Alabama 186.80**, Nebraska 186.30
 March 14 UTAH 190.50, **Alabama 188.80**
 March 26 (SEC Championship at Alabama) **Alabama 190.15**, Georgia 189.20, Florida 188.85, LSU 187.40, Kentucky 183.40, Auburn 183.20
 March 31 **Alabama 187.30**, AUBURN 183.20
 April 9 (NCAA Central Regional at LSU) **Alabama 191.75**, LSU 190.05, Michigan St. 187.15, Auburn 186.10, Minnesota 181.80, Missouri 181.75, Illinois 181.70
 April 22-23 (NCAA Championship at Utah) **Alabama 190.05**, Utah 189.50, UCLA 188.80, LSU 187.90, Georgia 186.80, Florida 186.65, Oregon St. 186.50, Arizona St. 185.10, Arizona 184.00, Nebraska 183.55, Penn St. 179.70, Michigan St. 178.80



1990 Sarah Patterson 14-1

SEC CHAMPIONSHIP FINISH — 1st
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 2nd
 Jan. 13 **ALABAMA 190.00**, Auburn 183.30, Oklahoma 181.95
 Jan. 20 **Alabama 188.40**, Wisconsin 185.30, MINNESOTA 184.40
 Jan. 27 **Alabama 187.00**, PENN ST. 184.10
 Feb. 3 **ALABAMA 189.85**, LSU 186.45
 Feb. 10 **ALABAMA 191.75**, Georgia 190.85, Florida 185.65
 Feb. 19 UTAH 193.70, **Alabama 192.10**
 Feb. 23 **ALABAMA 191.90**, Nebraska 189.80, Arizona 186.30, Oregon St. 185.55
 March 3 **ALABAMA 192.30**, Utah 192.05
 March 16 **Alabama 192.55**, OKLAHOMA 190.35
 March 24 (SEC Championship at Georgia) **Alabama 193.55**, LSU 192.05, Georgia 191.85, Auburn 188.15, Florida 188.00, Kentucky 186.30
 March 30 **Alabama 192.65**, AUBURN 188.40
 April 7 (NCAA Central Regional at Minnesota) **Alabama 194.15**, LSU 190.85, Minnesota 188.65, Auburn 187.125, Illinois 186.525, SE Missouri St. 185.40, Missouri 185.075
 April 20-21 (NCAA Championship at Oregon St.) Utah 194.90, **Alabama 194.575**, Georgia 193.225, UCLA 193.10, Nebraska 192.225, LSU 192.10, Oregon St. 189.95, Cal St. Fullerton 189.70, Towson St. 187.975, Arizona 187.175, Florida 187.175, Ohio St. 183.65



1992 Sarah Patterson 9-4

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 3rd
 Jan. 11 **Alabama 191.35**, AUBURN 189.90
 Jan. 17 **ALABAMA 192.35**, N.C. St. 181.35
 Jan. 19 **Alabama 189.55**, ARIZONA ST. 188.95
 Jan. 25 **ALABAMA 193.30**, Nebraska 187.40
 Jan. 31 **Alabama 191.85**, KENTUCKY 189.55
 Feb. 7 **Alabama 192.10**, LSU 188.55
 Feb. 16 Arizona 192.05, Oregon St. 192.00, **Alabama 191.95**, NEBRASKA 187.60
 Feb. 22 Georgia 195.35, **ALABAMA 194.80**
 March 8 **ALABAMA 194.30**, Florida 191.10
 March 14 GEORGIA 195.70, **Alabama 194.00**
 March 20 **ALABAMA 195.55**, Auburn 190.20
 March 28 (SEC Championship at LSU) Georgia 196.40, **Alabama 194.50**, Auburn 191.35, Florida 189.60, LSU 188.65, Kentucky 185.95
 April 11 (NCAA Central Regional at Missouri) **Alabama 193.125**, Michigan 189.775, Auburn 188.525, Missouri 188.325, Iowa 187.35, SE Missouri St. 185.525, LSU 184.85
 April 24-25 (NCAA Championship at Minnesota) Utah 195.65, Georgia 194.60, **Alabama 193.35**, Penn St. 192.70, Arizona 191.95, Oregon St. 191.30, Arizona St. 191.00, California 190.70, UCLA 189.80, Stanford 189.10, Florida 188.70, BYU 187.70



1989 Sarah Patterson 13-3

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 3rd
 Jan. 13 **Alabama 188.35**, AUBURN 177.25
 Jan. 21 **ALABAMA 188.65**, Penn St. 182.50
 Jan. 27 **ALABAMA 188.25**, Oklahoma 185.40, Minnesota 182.60
 Jan. 30 UTAH 191.55, **Alabama 187.55**
 Feb. 3 **ALABAMA 191.60**, Arizona 189.85
 Feb. 10 FLORIDA 191.95, **Alabama 191.05**
 Feb. 18 **ALABAMA 194.30**, Utah 192.55
 Feb. 25 **ALABAMA 190.95**, Maryland 185.20, Wisconsin 185.20
 March 3 **Alabama 192.00**, OKLAHOMA 189.80, Missouri 183.45
 March 5 GEORGIA 191.00, **Alabama 187.85**, Nebraska 187.70, Penn St. 181.55
 March 18 (SEC Championship at Florida) Florida 191.50, **Alabama 191.05**, Georgia 190.40, LSU 187.40, Auburn 185.05, Kentucky 182.65
 March 23 **ALABAMA 193.70**, Auburn 187.90
 April 1 (NCAA Central Regional at Alabama) **Alabama 192.75**, LSU 187.55, Michigan St. 186.70, Minnesota 186.10, Auburn 185.65, Wisconsin 182.40, Illinois 181.85
 April 14-15 (NCAA Championship at Georgia) Georgia 192.65, UCLA 192.60, **Alabama 192.10**, Nebraska 190.80, Utah 190.20, Cal St. Fullerton 189.45, Arizona St. 187.90, Oregon St. 187.90, Oklahoma 187.05, Florida 187.00, Arizona 186.50, Ohio St. 186.40



1991 Sarah Patterson 16-0

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 1st
 Jan. 19 **Alabama 188.65**, AUBURN 185.95
 Jan. 25 **ALABAMA 192.10**, Penn St. 189.50
 Feb. 2 **Alabama 192.75**, GEORGIA 191.80, LSU 190.20
 Feb. 9 **ALABAMA 192.00**, Arizona St. 188.85, Auburn 186.75, Minnesota 183.75
 Feb. 16 **ALABAMA 194.15**, UCLA 191.15
 Feb. 22 **Alabama 193.25**, OKLAHOMA 189.95, Missouri 188.45
 Feb. 24 **Alabama 192.80**, NEBRASKA 187.20, Arizona St. 186.65
 March 2 **Alabama 192.50**, FLORIDA 192.40
 March 8 **Alabama 192.55**, ARIZONA 190.45, Michigan St. 174.55
 March 16 **ALABAMA 194.20**, Nebraska 189.95
 March 23 (SEC Championship at Kentucky) Georgia 194.10, **Alabama 194.05**, LSU 192.40, Florida 191.30, Auburn 189.25, Kentucky 186.00
 April 6 (NCAA Central Regional at Auburn) **Alabama 195.575**, Auburn 192.15, LSU 191.75, SE Missouri St. 189.025, Northern Illinois 186.925, Missouri 186.675, Iowa 186.425
 April 19-20 (NCAA Championship at Alabama) **Alabama 195.125**, Utah 194.375, Georgia 193.375, Oregon St. 192.35, Penn St. 190.95, Florida 189.70, LSU 188.60, BYU 187.70, Arizona St. 187.65, Auburn 187.65, Arizona 187.475, Utah St. 185.95



1993 Sarah Patterson 9-2

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 2nd
 Jan. 16 **Alabama 194.95**, AUBURN 191.30
 Jan. 22 GEORGIA 195.65, **Alabama 193.10**
 Jan. 30 **ALABAMA 195.35**, Kentucky 188.90
 Feb. 6 **ALABAMA 195.10**, SE Missouri St. 188.65, Minnesota 184.25
 Feb. 12 **ALABAMA 196.10**, LSU 192.50
 Feb. 19 **Alabama 193.95**, PENN ST. 191.90
 Feb. 26 Georgia 196.75, **ALABAMA 195.90**
 March 5 **Alabama 195.05**, FLORIDA 192.45, Michigan 191.55, Michigan St. 189.25
 March 20 (SEC Championship at Alabama) Georgia 197.05, **Alabama 196.05**, Auburn 193.20, LSU 192.90, Florida 192.10, Kentucky 189.35
 April 3 (NCAA Central Regional at LSU) **Alabama 196.075**, LSU 194.70, Auburn 194.20, Michigan 193.00, Michigan St. 192.175, Missouri 189.825, SE Missouri St. 189.00
 April 15-17 (NCAA Championship at Oregon St. - top six qualified for finals) Georgia 196.40, Utah 196.325, **Alabama 195.275**, UCLA 194.125, Arizona 194.025, Auburn 193.775, Oregon St. 193.425, LSU 193.425, Michigan 193.125, Florida 192.95, Penn St. 192.70, Arizona St. 192.175 (Super Six) Georgia 198.00, **Alabama 196.825**, Utah 195.825, UCLA 194.925, Auburn 194.725, Arizona 194.075



A Tradition of Excellence



1994 Sarah Patterson 7-3-1

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 2nd

Jan. 15 **ALABAMA 194.00**, Auburn 188.575
 Jan. 23 ARIZONA ST. 192.60, **Alabama 192.15**, Stanford 189.625
 Jan. 28 **Alabama 192.125**, KENTUCKY 188.325
 Feb. 5 Georgia 195.275, **ALABAMA 194.00**
 Feb. 11 **ALABAMA 193.95**, Penn St. 192.275
 Feb. 18 **Alabama 194.925**, LSU 194.925
 Feb. 25 **ALABAMA 194.125**, Florida 192.725
 March 5 **Alabama 195.05**, AUBURN 191.825
 March 12 GEORGIA 196.65, **Alabama 193.75**
 March 18 **ALABAMA 196.25**, LSU 195.55
 (SEC Championship at Auburn) Georgia 196.70, **Alabama 195.175**, LSU 194.15, Florida 194.125, Auburn 192.70, Kentucky 189.75
 April 9 (Central Regional at Alabama) **Alabama 196.90**, LSU 194.40, Michigan 193.60, Auburn 191.475, Minnesota 187.30, Missouri 185.075, Iowa St. 184.225
 April 21-23 (NCAA Championships at Utah) (SuperSix) Utah 196.40, **Alabama 196.35**, Georgia 195.85, Michigan 195.15, UCLA 194.975, Florida 194.85



1995 Sarah Patterson 15-1

SEC CHAMPIONSHIP FINISH — 1st
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 2nd

Jan. 13 **Alabama 193.825**, AUBURN 189.625
 Jan. 20 **Alabama 193.900**, PENN ST. 193.024, Oregon St. 191.550
 Jan. 28 **ALABAMA 194.800**, Kentucky 191.425
 Feb. 3 **ALABAMA 196.700**, LSU 195.550
 Feb. 12 GEORGIA 196.200, **Alabama 194.825**
 Feb. 18 **ALABAMA 195.875**, Arizona St. 193.625, Illinois St. 187.975
 Feb. 26 (Captain Crunch Invitational at S.E. Missouri) **Alabama 196.100**, SOUTHEAST MISSOURI ST. 193.975, Missouri 190.100, Texas Women's 188.450, Bowling Green St. 187.375
 March 4 **ALABAMA 197.200**, Georgia 195.225
 March 10 **Alabama 195.525**, FLORIDA 194.600, Kentucky 190.600
 March 17 **ALABAMA 196.375**, Auburn 188.650

March 25 (SEC Championship at Florida) **Alabama 196.175**, LSU 196.125, Georgia 195.875, Florida 195.650, Kentucky 191.975, Auburn 190.675
 April 9 (Central Regional at Michigan) **Alabama 196.675**, Michigan 195.725, LSU 195.075, Illinois St. 189.875, Illinois-Chicago 189.600, Northern Illinois 189.450, SE Missouri St. 188.900
 April 21-23 (NCAA Championships at Georgia) (SuperSix) Utah 196.650, **Alabama 196.425**, Michigan 196.425, UCLA 196.150, Georgia 196.075, Oregon St. 194.850



1996 Sarah Patterson 12-1

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 1st

Jan. 13 **Alabama 194.450**, AUBURN 189.600
 Jan. 19 **ALABAMA 195.725**, Penn St. 191.700, Nebraska 189.450
 Jan. 27 **ALABAMA 196.725**, Florida 193.675
 Feb. 2 GEORGIA 197.425, **Alabama 196.125**
 Feb. 10 **Alabama 196.950**, KENTUCKY 195.400
 Feb. 16 **ALABAMA 196.675**, UMass
 Feb. 23 **Alabama 196.500**, LSU 193.275
 March 1 **ALABAMA 197.550**, Georgia 196.675
 (Corvette Cup at Missouri) **Alabama 195.175**, MISSOURI 188.450, Illinois St., 187.825, Bowling Green, 187.050
 March 16 **ALABAMA 196.875**, Auburn 193.975
 March 25 (SEC Championship at Kentucky) Georgia 197.450, **Alabama 196.950**, Florida 195.650, Kentucky 195.250, LSU 193.150, Auburn 191.150
 April 13 (Central Regional at LSU) **Alabama 198.075**, Michigan 195.725, LSU 195.075, Illinois St. 189.875, Illinois-Chicago 189.600, Northern Illinois 189.450, SE Missouri St. 188.900
 April 25-27 (NCAA Championships at Alabama) (SuperSix) **Alabama 198.025**, UCLA 197.475, Utah 196.775, Georgia 196.775, Oregon St. 196.525, Michigan 196.375



1997 Sarah Patterson 13-2

SEC CHAMPIONSHIP FINISH — 4th
CENTRAL REGIONAL FINISH — 2nd
NCAA CHAMPIONSHIP FINISH — 9th

Jan. 11 **Alabama 193.750**, PENN ST. 190.300
 Jan. 18 **ALABAMA 195.700**, Auburn 189.850
 Jan. 24 **Alabama 196.750**, FLORIDA 195.475
 Feb. 1 Georgia 196.525, **ALABAMA 196.350**
 Feb. 7 **ALABAMA 196.525**, Kentucky 193.525
 (Heart's Invitational at N.C. St.) **Alabama 196.250**, N.C. ST. 192.575, New Hampshire 191.700, Kent 191.525, Rhode Island 189.275
 Feb. 21 **ALABAMA 197.325**, LSU 195.650
 Feb. 28 GEORGIA 197.875, **Alabama 196.600**
 March 8 **ALABAMA 196.850**, Michigan St. 193.750, West Va. 192.525, SE Missouri 191.650
 March 15 **Alabama 195.300**, AUBURN 194.700
 March 22 (SEC Championship at Georgia) Georgia 198.375, Florida 196.050, LSU 196.025, **Alabama 195.775**, Kentucky 195.075, Auburn 192.550
 April 5 (Central Regional at Michigan) Michigan 197.700, **Alabama 196.250**, LSU 196.175, Minnesota 195.125, Michigan St. 194.700, Iowa St. 194.475, SE Missouri St. 193.450
 April 21-23 (NCAA Championships at Florida) (Prelims Session 1) Georgia 197.075, UCLA 196.425, Nebraska 196.025, Utah 196.025, Penn St. 194.300, LSU 193.825
 (Prelims Session 2) Arizona St. 196.275, Michigan 196.200, Florida 196.075, Washington 195.975, **Alabama 195.600**, Minnesota 194.775



1998 Sarah Patterson 10-3

SEC CHAMPIONSHIP FINISH — 4th
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 3rd

Jan. 10 MINNESOTA 192.925, **Alabama 192.300**
 Jan. 17 Georgia 196.550, **ALABAMA 195.650**
 Jan. 23 **Alabama 193.825**, AUBURN 190.450
 Jan. 31 **ALABAMA 195.575**, Auburn 193.125
 Feb. 7 **ALABAMA 195.800**, Florida 194.775
 Feb. 14 GEORGIA 197.900, **Alabama 196.500**
 Feb. 20 **Alabama 195.600**, KENTUCKY 193.750
 Feb. 27 **ALABAMA 195.775**, Arizona St. 194.975, N.C. St. 193.425, UMass 191.800
 March 6 **Alabama 195.975**, LSU 195.475, Penn St. 194.175
 March 14 **ALABAMA 196.950**, Utah St. 193.500
 March 21 (SEC Championship at LSU) Georgia 197.600, Florida 196.725, LSU 196.450, **Alabama 195.400**, Kentucky 193.525, Auburn 192.425
 April 4 (Central Regional at Alabama) **ALABAMA 196.550**, Michigan 196.00, LSU 195.250, Iowa St. 193.400, Minnesota 192.800, Illinois 191.575, Michigan St. 190.000
 April 16-18 (NCAA Championships at UCLA) (SuperSix) Georgia 197.725, Florida 196.350, **Alabama 196.300**, Utah 195.025, UCLA 195.750, Arizona St. 195.450



1999 Sarah Patterson 8-3

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 3rd

Jan. 8 **ALABAMA 195.075**, Ohio St. 190.275
 Jan. 16 Georgia 196.450, **Alabama 195.725**
 Jan. 22 **ALABAMA 196.800**, Auburn 190.950
 Jan. 30 **ALABAMA 196.025**, Minnesota 194.650
 Feb. 6 **Alabama 195.875**, FLORIDA 195.225
 Feb. 13 Georgia 197.300, **ALABAMA 196.350**
 Feb. 19 PENN ST. 197.025, **Alabama 196.825**
 Feb. 21 **Alabama 197.800**, UMass 193.850
 Feb. 26 **ALABAMA 196.875**, Kentucky 194.925
 March 6 **ALABAMA 197.825**, LSU 196.475
 March 13 **Alabama 196.850**, UTAH ST. 195.575
 March 27 SEC Championships (Tuscaloosa) Georgia 197.475, **Alabama 196.775**, Florida 195.875, LSU 195.375, Kentucky 194.875, Auburn 194.000
 April 10 NCAA Region 4 Championships (Morgantown, WV) **Alabama 196.625**, WEST VIRGINIA 195.275, NC St. 194.900, Maryland 194.125, Ohio St. 193.050, Towson St. 192.850
 April 23 (NCAA Championships at Utah) (SuperSix) Georgia 196.850, Michigan 196.550, **Alabama 195.950**, Arizona St. 195.900, UCLA 195.850, Nebraska 194.800



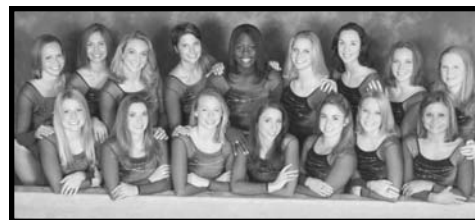
2000 Sarah Patterson 14-3

SEC CHAMPIONSHIP FINISH — 1st
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 5th
 Jan. 8 Super Six Challenge at UGA
Alabama 195.750, GEORGIA 195.400, Michigan 194.925, Nebraska 193.325, UCLA 193.300, Florida 193.025
 Jan. 15 **ALABAMA 195.525**, Auburn 191.950
 Jan. 21 **ALABAMA 196.125**, Florida 192.725
 Jan. 28 GEORGIA 197.175, **Alabama 197.050**
 Jan. 30 **Alabama 197.000**, AUBURN 194.175
 Feb. 4 LSU 196.325, **Alabama 195.250**
 Feb. 11 **ALABAMA 196.100**, UNC 191.300
 Feb. 18 ARIZONA ST. 195.850, **Alabama 195.300**, Minnesota 195.150, Utah 194.675
 Feb. 25 **Alabama 196.125**, KENTUCKY 193.925
 March 4 **ALABAMA 196.950**, Georgia 195.850
 March 11 **ALABAMA 196.500**, Penn St. 195.375
 March 18 SEC Championships (Gainesville) **Alabama 197.200**, LSU 196.825, Georgia 196.825, FLORIDA 195.775, Kentucky 194.650, Auburn 192.500
 April 1 NCAA Region 4 Championships (Tuscaloosa) **ALABAMA 197.300**, Iowa St. 196.100, Central Michigan 193.200, Ohio St. 193.625, Kent St. 193.100, Michigan St. 192.925
 April 14 (NCAA Championships at Boise, Idaho) (SuperSix) UCLA 197.300, Utah 196.875, Georgia 196.800, Nebraska 196.725, **Alabama 196.500**, Michigan 195.725



2002 Sarah Patterson 12-3-0

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 1st
 Jan. 6 Super Six Challenge at Florida
 Georgia 196.525, **Alabama 195.725**, UCLA 195.650, FLORIDA 193.800, LSU 193.825, Penn St. 193.375
 Jan. 18 **ALABAMA 195.675**, Georgia 195.025
 Jan. 26 **ALABAMA 195.675**, Denver 195.225
 Feb. 2 **ALABAMA 196.925**, Nebraska 196.100
 Feb. 8 LSU 196.925, **Alabama 196.575**
 Feb. 10 (in Birmingham) **Alabama 197.250**, Auburn 193.525
 Feb. 15 GEORGIA 197.200, **Alabama 196.950**
 Feb. 22 **ALABAMA 196.925**, Florida 194.950
 March 1 **Alabama 196.700**, AUBURN 193.350
 March 8 **Alabama 197.425**, KENTUCKY 195.100
 March 16 **ALABAMA 197.650**, UCLA 197.000
 March 23 SEC Championships (Birmingham) Georgia 197.025, **Alabama 196.925**, Florida 196.425, LSU 196.225, Kentucky 194.325, Auburn 194.325
 April 6 NCAA Central Region Championships (W.Va.) **Alabama 197.900**, Minnesota 196.050, WEST VIRGINIA 194.850, Kentucky 194.225, Michigan St. 194.225, UNC 193.150
 April 19 (NCAA Championships at Tuscaloosa) (SuperSix) **Alabama 197.575**, Georgia 197.250, Nebraska 196.425, Stanford 196.025, UCLA 197.15, Utah 196.95



2004 Sarah Patterson

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 2nd
NCAA CHAMPIONSHIP FINISH — 3rd
 Jan. 9 Super 6 Challenge (Tuscaloosa) **ALABAMA 196.725**, Florida 195.950, Georgia 195.550, Oklahoma 195.275, Oregon State 193.775, Denver 193.600
 Jan. 16 **ALABAMA 197.125**, Penn State 194.600
 Jan. 23 **Alabama 197.600**, LSU 196.750
 Jan. 30 **ALABAMA 197.925**, Florida 196.175
 Feb. 6 **Alabama 197.075**, AUBURN 196.325
 Feb. 13 **Alabama 197.075**, KENTUCKY 195.025
 Feb. 20 Georgia 197.825, **ALABAMA 197.550**
 Feb. 27 **ALABAMA 197.325**, Arkansas 196.450
 March 12 **Alabama 197.725**, MICHIGAN 197.025
 March 20 SEC Championships (at Gwinnett, Ga.) Georgia 198.175, **Alabama 197.950**, LSU 197.275, Florida 197.225, Auburn 195.925, Arkansas 194.825, Kentucky 193.850
 April 3 NCAA West Region (at Corvallis, Ore.) Oklahoma 197.100, **Alabama 196.900**, Oregon State 196.850, Boise State 195.275, California 195.125, Cal-State Fullerton 193.150
 April 19 (NCAA Championships at UCLA) (SuperSix) UCLA 198.125, Georgia 197.200, **Alabama 197.125**, Stanford 197.125, Florida 196.800, Utah 195.775



2001 Sarah Patterson 15-2-1

SEC CHAMPIONSHIP FINISH — 2nd
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 4th
 Jan. 6 Super Six Challenge at Alabama
ALABAMA 195.350, Georgia 195.350, Stanford 195.300, Michigan 194.475, Florida 194.425, Penn St. 193.275
 Jan. 12 **ALABAMA 195.525**, Auburn 192.350
 Jan. 19 **Alabama 196.650**, FLORIDA 195.550
 Jan. 28 UCLA 197.500, **Alabama 196.975**, CS- Fullerton 194.400, Southern Utah 191.525
 Feb. 2 **ALABAMA 197.350**, LSU 194.700
 Feb. 9 **Alabama 197.075**, Auburn 194.675
 Feb. 16 **ALABAMA 197.500**, Georgia 197.350
 Feb. 24 **ALABAMA 195.900**, Kentucky 195.825
 March 3 GEORGIA 197.225, **Alabama 197.075**
 March 17 **Alabama 197.525**, PENN ST. 196.650, Rutgers 189.775, Cornell 184.600
 March 23 SEC Championships (Birmingham) Georgia 198.00, **Alabama 197.425**, Florida 196.375, LSU 196.825, Kentucky 194.650, Auburn 192.500
 April 7 NCAA Central Region Championships (Tuscaloosa) **ALABAMA 198.000**, Arizona St. 195.950, Minnesota 195.800, Ohio St. 195.150, Kentucky 194.925, Kent St. 192.675
 April 14 (NCAA Championships at Athens, Ga.) (SuperSix) UCLA 197.300, Utah 196.875, Georgia 196.800, Nebraska 196.725, **Alabama 196.500**, Michigan 195.725



2003 Sarah Patterson 10-7-0

SEC CHAMPIONSHIP FINISH — 1st
CENTRAL REGIONAL FINISH — 1st
NCAA CHAMPIONSHIP FINISH — 2nd
 Jan. 11 Super Six Challenge (Athens, Ga.) GEORGIA 197.325, Nebraska 196.650, Florida 196.625, **Alabama 196.00**, Penn St. 194.375, Oklahoma 193.375
 GEORGIA 197.075, **Alabama 197.050**
 Jan. 18 **Alabama 197.200**, ARKANSAS 194.475
 Jan. 24 NEBRASKA 197.475, **Alabama 197.175**
 Jan. 26 **ALABAMA 197.200**, Michigan 196.525
 Jan. 31 **Alabama 196.875**, DENVER 196.125, Air Force 188.650
 Feb. 8 **ALABAMA 197.400**, LSU 193.800
 Feb. 14 FLORIDA 197.125, **Alabama 196.600**
 Feb. 21 **ALABAMA 197.975**, Auburn 196.600
 March 1 **ALABAMA 196.425**, Kentucky 195.125
 March 8 Georgia 197.625, **ALABAMA 197.250**
 March 15 **Alabama 197.300**, AUBURN 196.600
 March 22 SEC Championships (Birmingham) **Alabama 197.575**, Georgia 197.525, Florida 195.950, LSU 196.650, Auburn 195.025, Kentucky 194.875, Arkansas 194.850
 March 23 NCAA Central Region Championships (Tuscaloosa) **Alabama 197.550**, Auburn
 April 6 (NCAA Championships at Nebraska) (SuperSix) UCLA 197.15, **Alabama 197.575**, Georgia 197.250, Nebraska 196.425, Stanford 196.025, Utah 196.95



Alabama's All-Time Roster

1975

**3rd State Championship,
4th AIAW Regionals**

Deane Chapman, Fr.
Carmen Charnock, Fr.
Lucy Harris, Sr.
Joy Kelly, Sr.
Pam McAnery, Jr.
Debbie Moore, So.
Francie Scarborough, So.
Susan Smith, So.
Janice Stramiello, So.
Head Coach: Riki Sutton

1976

**2nd State Championship,
4th AIAW Regionals**

Cindy Beckler, Fr.
Sherry Johnson, Fr.
Beth Mandy, So.
Becky Payne, Fr.
Patty Sprado, Fr.
Beth Troxell, Fr.
Harriet Troxell, Fr.
Snow White, Fr.



Judie Norton
1977-80

Head Coach: Sheila Hill

1977

**3rd State Championship,
8th AIAW Regionals**

Cindy Beckler, So.
Melissa Hunt, Fr.
Beth Mandy, So.
Judie Norton, Fr.
Patty Sprado, So.
Carla Spruill, So.
Janice Stramiello, So.
Snow White, So.
Head Coach: Phyllis Draper

1978

**3rd State Championship,
6th AIAW Regionals**

Holley Brauer, So.
Cindy Dorman, Jr.
Beth Mandy, Jr.
Judie Norton, So.
Patty Sprado, Jr.
Snow White, Jr.
Kathy Willis, Fr.
Ann Wood, Fr.
Head Coach: Tom Steele

1979

**2nd State Championship,
5th AIAW Regionals**

Debra Bodley, Jr.
Leslie Chrisman, Fr.
Judie Norton, Jr.
Snow White, Sr.
Kathy Willis, So.
Stacey Willis, Fr.
Ann Wood, So.
Head Coach: Sarah Campbell
Assistant Coach: David Patterson

1980

4th Place AIAW Regionals

Susan Blake, Fr.
Beth Cook, Jr.
Alison Green, Fr.
LuAnn Guzzetti, Fr.
Patti Kleckner, Fr.
Staci Murin, Fr.
Judie Norton, Sr.
Lisa Palk, Fr.
Ann Wilhide, Fr.
Head Coach: Sarah Campbell
Assistant Coach: David Patterson

1981

1st Place AIAW Regionals

Angie Alexander, Fr.
Cindy DeLucas, Fr.
Alison Green, So.
LuAnn Guzzetti, So.
Patti Kleckner, So.
Stacy Murin, So.
Lisa Palk, So.
Ann Wilhide, So.
Head Coach: Sarah Campbell
Assistant Coach: David Patterson

1982

2nd place AIAW

Angie Alexander, So.
Denise Balk, Jr.
Kim Drane, Fr.
Julia Garrett, Jr.
LuAnn Guzzetti, Jr.
Nora Kirk, Fr.
Patti Kleckner, Jr.
Barbara Mack, Fr.
Ann Wilhide, Jr.
Head Coach: Sarah Campbell
Assistant Coach: David Patterson

1983

4th place NCAA

Denise Balk, Sr.
Beverly Fry, Fr.
Julie Garrett, Sr.
LuAnn Guzzetti, Sr.
Penney Hauschild, Fr.
Stacey Helm, Fr.
Nora Kirk, So.
Patricia Kleckner, Sr.
Barbara Mack, So.
Patti Rice, So.
Ann Wilhide, Sr.
Wendy Wilfong, Fr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson



Cindy Wilson
1984-86

1984

6th place NCAA

Julie Estin, Fr.
Beverly Fry, So.
Penney Hauschild, So.
Stacey Helm, So.
Nora Kirk, So.
Barbara Mack, Jr.
Patti Rice, So.
Wendy Wilfong, Fr.
Cindy Wilson, Fr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson



Alli Beldon
1985-88

1985

4th place NCAA

Alli Beldon, Fr.
Kathy Bilodeau, Fr.
Julie Estin, So.
Lisa Farley, Fr.
Penney Hauschild, Jr.
Stephanie Kehr, Fr.
Barbara Mack, Sr.
Patti Rice, Sr.
Cindy Wilson, So.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson

1986

3rd place NCAA

Alli Beldon, So.
Kathy Bilodeau, So.
Julie Estin, Jr.
Lisa Farley, So.
Kelly Good, Fr.
Penney Hauschild, Sr.
Jamie Jenkins, Fr.
Stephanie Kehr, So.
Patty O'Donohue, Fr.
Cindy Wilson, Jr.
Ann Winston, Fr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson
Assistant Coach: Marc Cohen

1987

4th place NCAA

Alli Beldon, Jr.
Kathy Bilodeau, Jr.
Ali Blumberg, Fr.
Julie Estin, Sr.
Lisa Farley, Jr.
Kelly Good, So.
Jamie Jenkins, So.
Marie Robbins, Fr.
Tracey Tillman, Fr.
Cheri Way, Fr.
Ann Winston, So.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson
Assistant Coach: Marc Cohen

1988

**NCAA Champions
SEC Champions**

Wendy Anderson, Fr.
Alli Beldon, Sr.
Kathy Bilodeau, Sr.
Ali Blumberg, So.
Kelly Good, Jr.
Kim Masters, Fr.
Susie Pierce, Fr.
Tina Rinker, Fr.
Marie Robbins, So.
Tracey Tillman, So.
Cheri Way, So.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson
Assistant Coach: Marc Cohen

1989

3rd place NCAA

Wendy Anderson, So.
Gina Basile, Fr.
Ali Blumberg, Jr.
Kelly Good, Sr.
Katherine Kelleher, Fr.
Kim Masters, So.
Michelle Maxwell, Fr.
Shea McFall, Fr.
Tina Rinker, So.
Marie Robbins, Jr.
Tracey Tillman, Jr.
Cheri Way, Jr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson
Assistant Coach: Marc Cohen

1990

**2nd place NCAA
SEC Champions**

Gina Basile, So.
Ali Blumberg, Sr.
Dana Dobransky, Fr.
Dee Foster, Fr.
Katherine Kelleher, So.
Shea McFall, So.
Kim Masters, Jr.
Tina Rinker, Jr.
Marie Robbins, Sr.
Tracey Tillman, Sr.
Cheri Way, Sr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson



Marti Watson
1991-93

1991

1st place NCAA

Gina Basile, Jr.
Dana Dobransky So.
Keri Duley, Fr.
Sheryl Dundas, Fr.
Dee Foster, So.
Katherine Kelleher, Jr.
Shea McFall, Jr.
Kim Masters, Sr.
Tina Rinker, Sr.
Kara Stilp, Fr.
Marti Watson, Fr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson

1992

3rd place NCAA

Gina Basile, Sr.
Dana Dobransky, Jr.
Keri Duley, So.
Sheryl Dundas, Jr.
Dee Foster, Jr.
Chasity Junkin, Fr.
Katherine Kelleher, Sr.
Shea McFall, Sr.
Kara Stilp, So.
Gretchen Stockley, Fr.
Holly Voorheis, Fr.
Marti Watson, So.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson

1993

2nd place NCAA

Dana Dobransky, Sr.
Keri Duley, Jr.
Sheryl Dundas, Jr.
Dee Foster, Sr.
Chasity Junkin, So.
Kim Kelly, Fr.
Marna Neubauer, Fr.
Jenny McKernan, Fr.
Kara Stilp, Jr.
Gretchen Stockley, So.
Marti Watson, Jr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson
Assistant Coach: Scott Mackall

1994

2nd place NCAA

Kim Bonaventura, Fr.
Keri Duley, Sr.
Sheryl Dundas, Sr.
Kim Gigante, Fr.
Chasity Junkin, Jr.
Kim Kelly, So.
Marna Neubauer, So.
Kara Stilp, Sr.
Gretchen Stockley, Jr.
Marti Watson, Sr.
Meredith Willard, Fr.
Stephanie Woods, Fr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson
Assistant Coach: Scott Mackall

1995

**2nd place NCAA
SEC Champions**

Kim Bonaventura, So.
Merritt Booth, Fr.
Chasity Junkin, Sr.
Kim Kelly, Jr.
Danielle McAdams, Fr.
Shay Murphy, Fr.
Heather Nasser, Fr.
Marna Neubauer, Jr.
Meredith Willard, So.
Stephanie Woods, So.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson
Assistant Coach: Scott Mackall

1996

NCAA Champions

Kim Bonaventura, Jr.
Merritt Booth, So.
Mandy Chapman, Fr.
Lisa Gianni, Fr.
Kim Kelly, Sr.
Danielle McAdams, So.
Shay Murphy, So.
Heather Nasser, So.
Marna Neubauer, Sr.
Gwen Spidle, Fr.
Meredith Willard, Jr.
Stephanie Woods, Jr.
Head Coach: Sarah Patterson
Assistant Coach: David Patterson
Assistant Coach: Scott Mackall

1997

9th place NCAA

Kim Bonaventura, Sr.
Merritt Booth, Jr.
Mandy Chapman, So.
Lexa Evans, Fr.
Becca Fields, Fr.
Lisa Gianni, So.
Lauren Graffeo, Fr.
Heidi Harriman, Fr.
Gina Logan, Fr.
Danielle McAdams, Jr.
Shay Murphy, Jr.
Heather Nasser, Jr.
Rachel Rochelli, Fr.
Gwen Spidle, So.
Meredith Willard, Sr.
Stephanie Woods, Sr.
Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla



Robin Hawkins
1998-2001

1998

3rd place NCAA

Merritt Booth, Sr.
Mandy Chapman, Jr.
Lexa Evans, So.
Becca Fields, So.
Robin Hawkins, Fr.
Katie Hornecker, Fr.
Gina Logan, So.
April Makinson, Fr.
Danielle McAdams, Sr.
Shay Murphy, Sr.
Lissy Smith, Fr.
Gwen Spidle, Jr.
Dara Stewart, Fr.
Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky

1999

3rd place NCAA

Natalie Barrington, Fr.
Mandy Chapman, Sr.
Lexa Evans, Jr.
Krista Gole, Fr.
Robin Hawkins, So.
Katie Hornecker, So.
Gina Logan, Jr.

April Makinson, So.
Alexa Martinez, Fr.
Whitney Morgan, Fr.
André Pickens, Fr.
Lissy Smith, So.
Gwen Spidle, Sr.
Dara Stewart, So.
Raegan Tomasek, Fr.
Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky

2000

**5th place NCAA
SEC Champions**

Natalie Barrington, So.
Lexa Evans, Sr.
Krista Gole, So.
Robin Hawkins, Jr.
Katie Hornecker, Jr.
Gina Logan, Sr.
April Makinson, Jr.
Alexa Martinez, So.
Whitney Morgan, So.
André Pickens, So.
Sara Scarborough, Fr.
Lissy Smith, Jr.
Kristin Sterner, Fr.
Dara Stewart, Jr.
Raegan Tomasek, So.
Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Tom Haley

2001

4th place NCAA

Natalie Barrington, Jr.
Helen Burgin, Fr.
Tiffany Byrd, Fr.
Robin Hawkins, Sr.
Erin Holdefer, Fr.
Lauren Holdefer, Fr.
Katie Hornecker, Sr.
Stephanie Kite, Fr.
Alexa Martinez, Jr.
Whitney Morgan, Jr.
André Pickens, Jr.
Jeana Rice, Fr.
Dara Stewart, So.
Lissy Smith, Sr.
Kristin Sterner, So.
Dara Stewart, Sr.
Raegan Tomasek, Jr.
Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Tom Haley

2002

1st place NCAA

Natalie Barrington, Sr.
Alexis Brion, Fr.

Helen Burgin, So.
Tiffany Byrd, So.
Erin Holdefer, So.
Lauren Holdefer, So.
Shannon Hrozek, Fr.
Stephanie Kite, So.
Alexa Martinez, Sr.
Whitney Morgan, Sr.
André Pickens, Sr.
Michelle Reeser, Fr.
Jeana Rice, So.
Sara Scarborough, Jr.
Kristin Sterner, Jr.
Raegan Tomasek, Sr.
Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky

2003

**2nd place NCAA
SEC Champions**

Mari Bayer, Fr.
Alexis Brion, So.
Rachael Delahoussaye, Fr.
Dana Filetti, Fr.
Lauren Holdefer, Jr.
Shannon Hrozek, So.
Stephanie Kite, Jr.
Ashley Miles, Fr.
Dana Pierce, Fr.
Lauren Pruitt, Fr.
Michelle Reeser, So.
Jeana Rice, Jr.
Kristin Sterner, Sr.
Larissa Stewart, Fr.
Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky Duckworth

2004

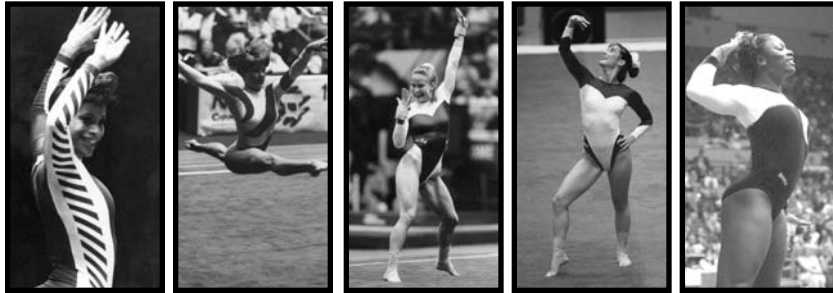
3rd place NCAA

Mari Bayer, So.
Alexis Brion, Jr.
Brittany Comeaux, Fr.
Rachael Delahoussaye, So.
Dana Filetti, So.
Johnna Gay, Fr.
Lauren Holdefer, Sr.
Shannon Hrozek, Jr.
Stephanie Kite, Sr.
Meredith Laxton, Fr.
Ashley Miles, So.
Dana Pierce, So.
Michelle Reeser, Jr.
Jeana Rice, Sr.
Erin Rightley, Fr.
Larissa Stewart, So.
Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky Duckworth



A Tradition of Excellence

The Alabama Record Book



From the left — Dee Foster, Kim Kelly, Meredith Willard, Shay Murphy and sophomore Ashley Miles all earned 10.0s on the floor exercise during their Crimson Tide careers.

Individual Records

All-Around

39.850	André Pickens	UCLA 3/16/02
39.850	Jeana Rice	SECs 3/20/04
39.800	Dee Foster	NCAA Central Regional 4/3/93, NCAA - Super Six 4/16/93
39.775	Meredith Willard	Quad Meet 3/8/97
39.750	Dee Foster	Kentucky 1/30/93, UGA 2/26/93
39.750	Kim Kelly	LSU 3/18/94, NCAA Central Regional 4/13/96
39.750	Jeana Rice	Michigan 1/31/03, UGA 3/15/03

Vault

10.000	Dee Foster	UGA 3/14/92, Auburn 1/16/93, UGA 1/22/93, Kentucky 1/30/96, NCAA - Super Six 4/16/96
10.000	Kim Kelly	UGA 3/12/94, UGA 3/4/95, SEC 3/25/95, NCAA Central Regional 4/8/95, Auburn 3/19/96, NCAA - Super Six 4/26/96
10.000	Danielle McAdams	NCAA - Super Six 4/26/96
10.000	André Pickens	UMass 2/21/99, Kentucky 2/26/99, LSU 2/8/02, UCLA 3/16/02
10.000	Ashley Miles	Auburn 3/1/03, NCAA Prelims 4/24/03, NCAA Event Finals 4/26/03, Florida 1/30/04, Kentucky 2/13/04
10.000	Jeana Rice	UGA 3/15/03
9.975	Kim Kelly	LSU 3/18/94, SEC Champ. 3/26/94, NCAA 4/21/94
9.975	Chasity Junkin	SEC Champ. 3/25/95
9.975	Merritt Booth	SEC Champ. 3/25/95
9.975	Kim Bonaventura	Kentucky 2/7/97
9.975	André Pickens	Nebraska 2/2/02, UGA 2/15/02, Florida 2/22/02, Auburn 3/1/02
9.975	Jeana Rice	Kentucky 3/8/03, Arkansas 2/27/04, SECs 3/20/04
9.975	Ashley Miles	UGA 3/15/03,
9.975	Alexis Brion	Georgia 2/20/04, Michigan 3/12/04

Uneven Bars

10.000	Dee Foster	LSU 2/12/93
10.000	André Pickens	Minnesota 1/30/99, UMass 2/21/99, UGA 3/4/00, UGA 2/16/01, Auburn 2/10/02
10.000	Natalie Barrington	UGA 2/16/01
9.975	Stephanie Woods	NCAA - Event Finals 4/27/96
9.975	André Pickens	Auburn 1/22/99, Penn State 2/19/99, Regionals 4/6/02
9.975	Dara Stewart	NCAA Regional 4/1/00
9.975	Jeana Rice	Michigan 1/31/03, LSU 1/23/04

Balance Beam

10.000	Dana Dobransky	UGA 2/26/93, NCAA - Event Finals 4/17/93
10.000	Stephanie Woods	Kentucky 2/7/97
10.000	Raegan Tomasek	UMass 2/21/99
10.000	Jeana Rice	UGA 1/18/03
9.975	Danielle McAdams	Florida 1/24/97
9.975	Lissy Smith	UMass 2/21/99
9.975	Jeana Rice	SECs 3/20/04

Floor Exercise

10.000	Dee Foster	SE Missouri St./Minnesota 2/6/93, UGA 2/26/93
10.000	Kim Kelly	NCAA Central Regional 4/13/96, NCAA - Super Six 4/26/96, NCAA - Event Finals 4/27/96
10.000	Meredith Willard	LSU 2/21/97, Quad Meet 3/8/97
10.000	Shay Murphy	Utah State 3/14/98
10.000	Ashley Miles	NCAA Central Regional 4/12/03, SECs 3/20/04
9.975	Dee Foster	NCAA Central Regional 4/3/93
9.975	Kim Kelly	LSU 3/18/94, NCAA - Event Finals 4/23/94, NCAA - Prelims 4/25/96
9.975	André Pickens	Minnesota 1/30/99, UCLA 3/16/02
9.975	Jeana Rice	UGA 2/16/01, NCAA Central Regional 4/7/01
9.975	Kristin Sterner	UGA 2/16/01, Nebraska 2/2/02, Auburn 3/1/03
9.975	Michelle Reeser	Auburn 2/10/02
9.975	Ashley Miles	Arkansas 1/24/03, Kentucky 3/8/03, SEC Championships 3/29/03

Team Records

Team Total

198.075	NCAA Central Regional 4/13/96
198.025	NCAA Champ. - Super Six 4/26/96
198.000	NCAA Regional 4/3/01
197.975	Auburn 3/1/03
197.950	SEC Championships 3/20/04
197.925	Florida 1/30/04
197.900	NCAA Regional 4/6/02
197.825	LSU 3/6/99
197.800	UMass 2/21/99
197.725	Michigan 3/12/04
197.650	UCLA 3/16/02
197.600	LSU 1/23/04
197.575	SEC Championship 3/29/03
197.550	Georgia 3/1/96
197.550	Georgia 2/20/04
197.525	Penn State 3/17/01
197.500	Georgia 2/16/01
197.425	SEC Championship 3/23/01
197.425	Kentucky 3/8/02
197.400	LSU 2/14/03
197.350	LSU 2/2/01
197.325	LSU 2/21/97
197.325	Arkansas 2/27/04
197.300	NCAA Reg. 4/1/00
197.250	Georgia 2/15/02
197.200	Georgia 3/4/95
197.200	SEC Championships 3/18/00
197.200	Arkansas 1/24/03
197.200	Michigan 1/31/03
197.175	Nebraska 1/26/03
197.125	Penn State 1/16/04
197.075	Auburn 2/9/01
197.075	Georgia 3/3/01
197.075	Auburn 2/6/04
197.075	Kentucky 2/13/04
197.050	Georgia 1/28/00
197.050	Georgia 1/18/03
197.000	Auburn 1/30/00

Vault

49.775	NCAA Champ. - Super Six 4/26/96
49.750	SEC Championships 3/35/95
49.675	Georgia 2/20/04
49.625	SEC Championships 3/20/04
49.625	Auburn 3/1/03

Uneven Bars

49.625	NCAA Central Regional 4/7/01
49.600	Penn State 2/19/99
49.575	NCAA SE Regional 4/6/02
49.550	NCAA Central Regional 4/13/96
49.550	Minnesota 1/30/99
49.550	Auburn 1/30/00

Balance Beam

49.725*	NCAA SE Regional 4/6/02
49.625	UMass 1/21/99
49.550	Georgia 1/18/03
49.500	NCAA Central Regional 4/8/95
49.500	Quad Meet 3/8/97

Floor Exercise

49.700	Georgia 2/16/01
49.675	SEC Championships 3/20/04
49.625	NCAA Champ. - Super Six 4/26/96
49.625	Auburn 3/1/03
49.600	Nebraska 2/2/02
49.600	Kentucky 3/8/03
49.600	Georgia 3/15/03
49.600	SEC Championships 3/29/03
49.600	Super Six Challenge 1/9/04
49.600	Florida 1/30/04

* NCAA Record Scores in bold posted in 2004 season.

Did You Know...

Jeana Rice tied the school all-around record last season with a 39.85 at the SEC Championships. That mark is an SEC Championships record.



Coleman Coliseum Records

Individual Records

All-Around

39.850	André Pickens (UA)	3/16/02
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Vault

10.00	Dee Foster (UA)	1/30/93
	Hope Spivey-Sheeley (UGA)	2/26/93
	Jenny Hansen (UK)	3/20/93, 4/25/96
	Kim Kelly (UA)	3/4/95, 3/16/96, 4/26/96
	Kim Arnold (UGA)	3/4/95
	Leah Brown (UGA)	4/25/96, 4/26/96, 4/27/96
	Danielle McAdams (UA)	4/26/96
	André Pickens (UA)	2/26/99, 3/16/02
	Ashley Miles (UA)	3/1/03, 4/12/03, 1/30/04
	Jeana Rice (UA)	3/15/03

Uneven Bars

10.00	Dee Foster (UA)	2/12/93
	André Pickens (UA)	1/30/99, 3/4/00, 2/24/01
	Natalie Barrington (UA)	2/24/01

Balance Beam

10.00	Dana Dobransky (UA)	2/26/93
	Stephanie Woods (UA)	2/7/97

Floor Exercise

10.00	Dee Foster (UA)	2/6/93
	Hope Spivey-Sheeley (UGA)	2/26/93, 3/20/93
	Kim Kelly (UA)	4/26/96, 4/27/96
	Heidi Hornbeek (Ariz)	4/27/96
	Meredith Willard (UA)	2/21/97, 3/8/97
	Shay Murphy (UA)	3/14/98
	Ashley Miles (UA)	4/12/03

Team Records

Team Total

198.025	Alabama	4/26/96
198.000	Alabama	4/7/01
197.925	Alabama	1/30/04
197.825	Alabama	3/6/99
197.650	Alabama	3/16/02

Vault

49.775	Alabama	4/26/96
49.675	Georgia	4/26/96
49.675	Alabama	2/30/04

Uneven Bars

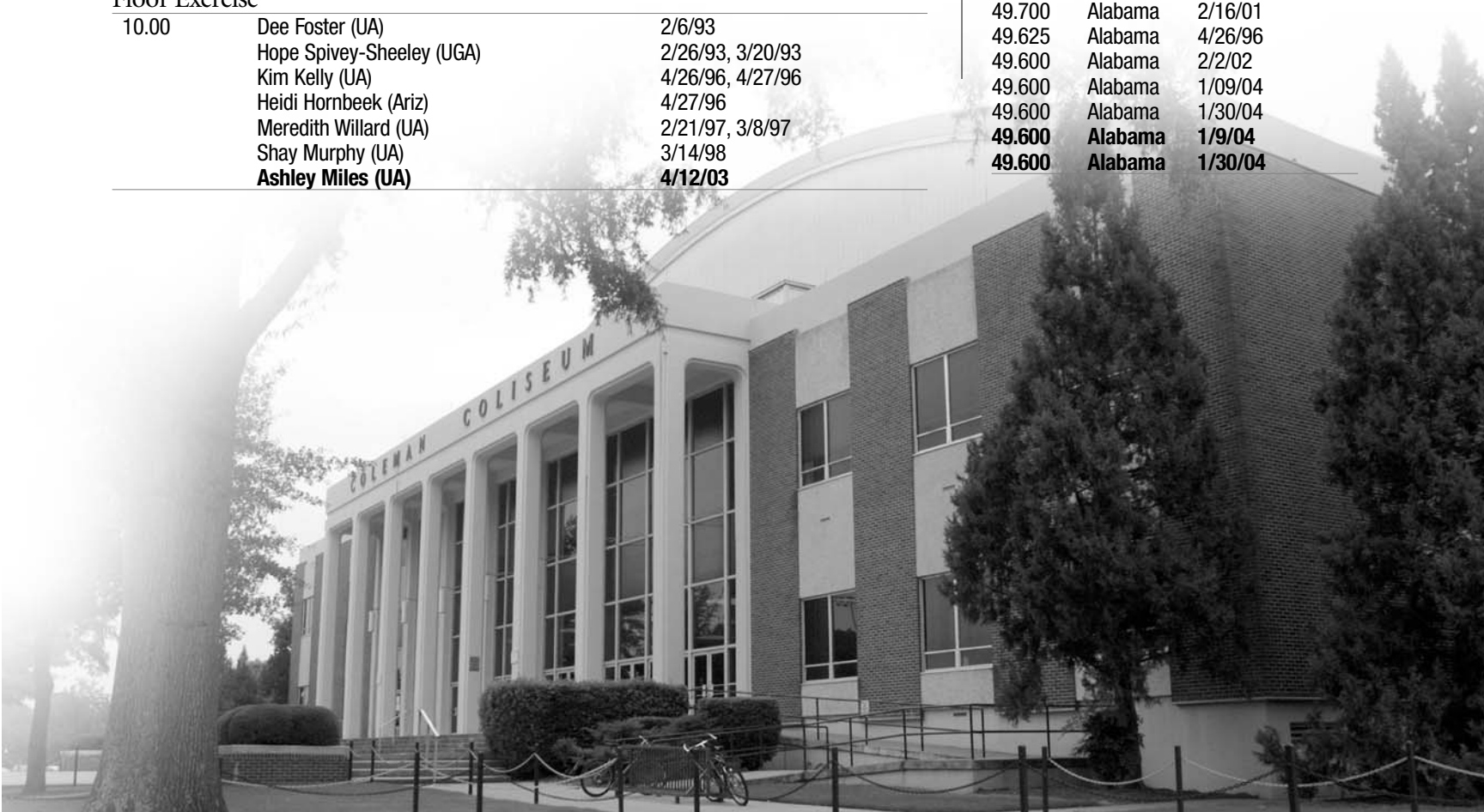
49.625	Alabama	4/7/01
49.550	Alabama	1/30/99
49.550	Georgia	3/20/93
49.525	Alabama	3/14/98
49.525	Alabama	3/4/00

Balance Beam

49.500	Alabama	3/8/97
49.500	UCLA	4/26/96

Floor Exercise

49.700	Alabama	2/16/01
49.625	Alabama	4/26/96
49.600	Alabama	2/2/02
49.600	Alabama	1/09/04
49.600	Alabama	1/30/04
49.600	Alabama	1/9/04
49.600	Alabama	1/30/04





Adding Up Crimson Tide Success

1 Alabama has finished No. 1 in the nation four times. The first time came in 1988 and the latest was in 2002. The Tide is one of only four programs in NCAA history to win an NCAA title.

4 Four Crimson Tide gymnasts have been named Southeastern Conference Female Athletes of the Year. As a school, Alabama has been named SEC Female Athlete of the Year five times, more than any other school. The four gymnasts to be honored are as many as any other school with all sports combined.

5 Alabama has won the Honda Award for Gymnastics, which recognizes the national gymnast of the year, five times, including Jeana Rice in 2004.

8 Since its inception in 1991, Alabama has had 8 gymnasts named NCAA Woman of the Year for the State of Alabama, including three that went on to be named top-10 finalists for the award. Those figures lead the nation. The next closest program has four.

10 Alabama gymnasts have earned 10 NCAA Postgraduate Scholarships over the years, the next closest program has five.

22 The Crimson Tide has gone to 22 consecutive NCAA Championships, the second longest streak in the history of the championships.

18 Jeana Rice finished her career with an NCAA best 18 All-American honors, including 11 first team honors and seven second team honors. Alabama's Dee Foster holds the national record for first team All-American honors at 17.

17 Individual national championships are hard to come by, but the Crimson Tide has won 17, including five all-around titles. Last season Alabama won three of the five individual championships up for grabs.

19 Since first making it to the NCAA Championships in 1983, Alabama has finished in the top-4 nationally 19 times, more than any other program in the nation.

92 Alabama gymnasts have earned Scholastic All-American honors 92 times since the award's inception in 1991.

141 Since the award was first given in 1984, Alabama gymnasts have earned Academic All-SEC honors 141 times, more than two-dozen better than the next school.

198 Every year Alabama has some of the nation's top gymnasts, which is why every year, Alabama adds to its All-American count. Since 1982, the Crimson Tide has had 43 gymnasts rack up 198 honors.