

# GRIMSON TIDE



# A MEET



## ALABAMA 🖅 NCAA CROSS COUNTRY CHAMPIONSHIPS

NOV. 17, 2018 / 11:45 A.M. CT / MADISON, WIS. ZIMMER CHAMPIONSHIP COURSE

Meet Notes: Alabama senior Alfred Chelanga will cap off the 2018 cross country season when he competes at the NCAA Cross Country Championships on Saturday, Nov. 17 at the Zimmer Championship Course in Madison, Wis. The men's 10,000-meter race will get underway at 11:45 a.m. CT. Chelanga is making his second-consecutive appearance at the NCAA Championships this season. He finished 37th in 2017 to earn All-America honors and help lead the Tide men to a 14th-place finish in Louisville, Ky.

**Alabama at the NCAA Championships:** Alabama has recorded 14 top-25 team finishes at the NCAA Cross Country Championships, including three consecutive top-10 finishes in 2007 (sixth), 2008 (10th) and 2009 (third). Thirteen Crimson Tide runners have earned All-America honors, including German Beltran (1989), Faizal Emamaullee (1995), Tim Broe (1996, 1999), Chris Mutai (1999), David Kimani (2000, 2002), Augustus Maiyo (2007), Emmanuel Bor (2009), Tyson David (2009), Moses, Kiptoo (2009), Julius Bor (2010), Alfred Chelanga (2017), Gilbert Kigen (2017) and Vincent Kiprop (2017).

Chelanga Wins NCAA South Regional Title: Senior Alfred Chelanga captured the NCAA South Region individual championship on Nov. 9 at Apalachee Regional Park in Tallahassee, Fla., to qualify for the NCAA Championships. Chelanga circled the 10k course in 30:59.2 to secure the victory. He is the sixth men's South Region individual champion in Alabama history and joins Antibahs Kosgei (2015) and Gilbert Kigen (2017) as the third Tide runner to win the regional meet in the last four seasons. David Kimani won three regional crowns from 2000-02.

#### Follow the 2018 NCAA Cross Country Championships

Live Results: https://www.ncaa.com/di-mens-and-womens-cross-country-results

Watch Live: https://www.flotrack.org/

# 2018 SCHEDULE

Meet	Date	Location
<b>CROSS COUNTRY</b>		
Miss. College Season Opener SEC Preview Meet Nuttycombe Invitational UAB Blazer Classic SEC Championships NCAA South Regional NCAA Championships	Aug. 31 Sept. 7 Sept. 28 Oct. 12 Oct. 26 Nov. 9 <b>Nov. 17</b>	Clinton, Miss. Auburn, Ala. Madison, Wis. Montevallo, Ala. Auburn, Ala. Tallahassee, Fla. <b>Madison, Wis</b> .

## **QUICK HITS**

#### **Chelanga Named South Region Runner of the Year**

Alabama senior Alfred Chelanga was selected as the NCAA South Region Men's Runner of the Year, the United States Track & Field and Cross Country Coaches Association (USTFCCCA) announced Nov. 13.

The Nairobi, Kenya native won the NCAA South Region cross country championship on Nov. 9, completing the 10,000-meter course at Apalachee Regional Park in Tallahassee, Fla., in 30:59.2 to qualify for the NCAA Championships. Chelanga also took second at the SEC Cross Country Championships in October.

He is the fourth Tide runner to earn regional runner of the year honors and the third the last four seasons, joining Gilbert Kigen (2017), Antibahs Kosgei (2015) and David Kimani (2000, 2001, 2002)

#### **Head Coach Dan Waters Outlook**

"Alfred has been a stalwart for us over the last two seasons. I think it's fitting he will have the opportunity to cap off the season at the NCAA Championships this weekend."

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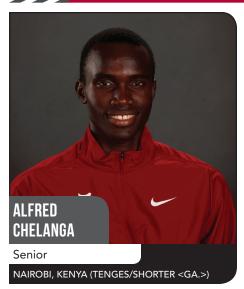


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## 2018 NCAA QUALIFIER ALFRED CHELANGA



#### **ACCOLADES**

- School record-holder, 10,000 meters (2017)
- First Team All-American, cross country (2017)
- First Team All-American, indoor 5,000 meters (2017)
- Second Team All-American, 10,000 meters (2017, 2018)
- South Region Runner of the Year, cross country (2018)
- South Region Champion, cross country (2018)
- First Team All-Region, cross country (2017, 2018)
- SEC Champion, 10,000 meters (2017)
- First Team All-SEC, cross country (2017, 2018)
- Second Team All-SEC, outdoor 5,000 meters (2018) Second Team All-SEC, 10,000 meters (2018) Second Team All-SEC, 3,000 meters (2017) Second Team All-SEC, indoor 5,000 meters (2017)

- SEC Fall Academic Honor Roll (2017)

### **2018 Cross Country**

- NCAA South Region Runner of the Year
- Won the individual title at the NCAA South Regional, covering the 10k course in 30:59.2
- Finished second, and was Alabama's No. 1 runner at the SEC Cross Country Championships, covering the 8k course in
- Finished 10th, and was Alabama's No. 1 runner, in his season debut at the Nuttycombe Invitational, covering the 8k course in 23:33.8

#### 2017-18 2018 Outdoor Season

- Earned second-team Al-America honors with a 16th-place finish in the 10.000 meters at the NCAA Outdoor Track & Field Championships with a time of 29:33.08
- Also finished 20th in the 5,000 meters in 14:19.36 at the NCAA meet
- Qualified for the NCAA Championships in the 10,000 meters (29;26.35) and 5,000 meters (14:02.72) at the NCAA East
- Finished second in the 10,000 meters (29;17.30) and third in the 5,000 meters (13:53.70) at the SEC Outdoor Track & Field Championships to earn all-conference honors in both races
- The second place finish in the 10k was part of a 1-2-3 Tide finish with teammates Vincent Kiprop (first) and Gilbert Kigen (third)
- Finished seventh in the 5,000 meters at the Cardinal Classic with a personal best time of 13:42.11 that ranks No. 4 alltime at Alabama
- Finished fifth and was the No. 4 collegiate finisher in the 10,000 meters at the Stanford Invitational in a time of 28:32 66

#### 2018 Indoor Season

- Finished fifth in the 5,000 meters at the SEC Championships with a time of 14:07.80. Also ran the anchor leg of the Tide's distance medley relay which finished 10th with a time of
- Finished 12th in the 5,000 meters at the Iowa State Classic with a time of 13:49.34
- Finished seventh in the 3,000 meters at the Bob Pollock Invitational with a time of 8:16.24
- Made his season debut at the Vanderbilt Invitational and finished fourth in the 3,000 meters in 8:06.17

#### **2017 Cross Country**

- Finished 37th as Alabama's No. 3 runner at the NCAA Championships, earning All-America honors with a time of 29:58.35 over the 10k course
- Placed second behind teammate Gilbert Kigen and earned All-Regional at the NCAA South Regional Championships with a time of 29:47.1 over the 10k course
- Finished third at the SEC Championships and was the Tide's No. 3 runner with a time of 23:23.4 over the 8k course to earn All-SEC honors
- Finished fourth, and was the Tide's No. 3 runner, at the Crimson Classic with a time of 23:42.0 over the 8k course
- Finished third behind teammates Vincent Kiprop and GIlbert Kigen at the Joe Piane Notre Dame Invitational with a time of 23:26.9 over the five-mile course
- Finished third in his season debut in the open 8K race at the UC Riverside Invitational and was the Tide's No. 3 runner behind teammates Gilbert Kigen and Vincent Kiprop with a time of 24:23.3

#### 2016-17 2017 Outdoor Season

- Set at UA school record in the 10,000 meters (28:04.98)
- Finished 11th in the 10,000 meters at the NCAA Championships in 29:12.34, which was the 10th-fastest in school history at the time
- Finished eighth in the 10,000 meters in 29:59.98 at the NCAA East Regional to qualify for the NCAA Track & Field
- Won the 10,000 meters at the SEC Outdoor Track & Field Championships in a time of 30:24.27 to edge out teammate Antibahs Kosgei for the victory Also finished sixth in the 5,000 meters at the SEC Championships in 13:57.79

- Finished second in the 1,500 meters at the SEC Relays in 3:49.11 in his first outdoor appearance in the event at Alabama
- Finished second in the invitational 5,000 meters at the War Eagle Invitational in a personal-best 13:53.07
- Finished second in the 10,000 meters and was the first collegiate finisher - at the Stanford Invitational in a schoolrecord time of 28:04.98

#### 2017 Indoor Season

- Finished fifth in the 5,000 meters at the NCAA Indoor Track & Field Championships in 3:48.56
- Alabama's high point scorer at the SEC Indoor Track & Field Championships with 14 points
- Finished second in the 5,000 meters in 13:58.61 and third in the 3,000 meters in a personal-best 8:02.30 at the SEC meet
- Finished sixth in the invitational 5,000 meters at the lowa State Classic in a personal-best 13:48.12
- Made his Alabama debut at the Bob Pollock Invitational, winning the 3,000 meters in a time of 8:06.79

#### **SHORTER UNIVERSITY (Ga.)** 2015-16

- Runner-up at the 2016 NCAA Division II Cross Country Championships, covering the 10k course in 29:36.3
- Won the 2016 Division II South Region Cross Country Championships with a 10k time of 31:23.3
- Won the 2016 Gulf South Cross Country Championships in a time of 24:54.5 over the 8k course
- Won the college division of the Crimson Classic
- Finished sixth in the 5,000 meters and 10,000 meters at the 2016 NCAA Division II Outdoor Track & Field Championships
- Won the 5,000 meters at the 2016 Florida Relays
- Finished fifth in the 3,000 meters and sixth in the 5,000 meters at the 2016 NCAA Division II Indoor Track & Field Championships
- NCAA Division II national and South region cross country champion in 2015
- Finished fourth in the 3,000 meters at the 2015 NCAA Division II Indoor Track & Field Championships

#### PERSONAL INFORMATION

- Son of Joshua and Lorah Chelanga
- Born April 2, 1994.
- Majoring in public health.



## **ALABAMA AT THE NCAA CHAMPIONSHIPS**

MEN'S	NCAA TEAM AP	PEARANCES	
Year	Place	Points	Location
1970	27th	645	Williamsburg, Va.
1972			Houston, Texas
1973	16th	352	Pullman, Wash.
1976	24th	519	Denton, Texas
1989	7th	261	Annapolis, Md.
1994	20th	427	Fayetteville, Ark.
1996	13th	365	Tuscon, Ariz.
1997	19th	433	Greenville, S.C.
1999	23rd	501	Bloomington, Ind.
2000	28th	681	Ames, Iowa
2001	29th	681	Greenville, S.C.
2002	28th	598	Terre Haute, Ind.
2005	21st	516	Terre Haute, Ind.
2006	15th	245	Terre Haute, Ind.
2007	6th	280	Terre Haute, Ind.
2008	10th	319	Terre Haute, Ind.
2009	3rd	173	Terre Haute, Ind.
2010	11th	338	Terre Haute, Ind.
2017	14th	420	Louisville, Ky.

MEN'S ALL	AMER	ICANS
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Year	Name	Place	Time	Location	
1989	German Beltran	3rd	29:33.51	Annapolis, Md.	
1995	Faizal Emamaullee	18th	31:19	Ames, Iowa	
1996	Tim Broe	24th	31:32	Tucson, Ariz.	
1999	Tim Broe	11th	30:52	Bloomington, Ind.	
1999	Chris Mutai	19th	31:02.9	Bloomington, Ind.	
2000	David Kimani	4th	30:21.6	Ames, Iowa	
2002	David Kimani	10th	29:48	Terre Haute, Ind.	
2007	Augustus Maiyo	18th	30:12.80	Terre Haute, Ind.	
2009	Tyson David	22nd	30:03.7	Terre Haute, Ind.	
2009	Emmanuel Bor	25th	30:05.8	Terre Haute, Ind.	
2009	Moses Kiptoo	26th	30:08.6	Terre Haute, Ind.	
2010	Julius Bor	35th	30:26.60	Terre Haute, Ind.	
2017	Gilbert Kigen	4th	29:11.20	Louisville, Ky.	
2017	Vincent Kiprop	7th	29:27.13	Louisville, Ky.	
2017	Alfred Chelanga	37th	29:58.35	Louisville, Ky.	

WOMEN'S NCAA/AIAW TEAM APPEARANCES			
Year	Place	Points	Location
1978*	18th	438	Denver, Colo.
1979*	19th	452	Tallahassee, Fla.
1980*	23rd	539	Seattle, Wash.
1981*	15th	347	Pocatello, Idaho
1984	12th	269	State College, Pa.
1987	6th	161	Charlottesville, Va.
1993	13th	367	Bethlehem, Pa.
1994	20th	427	Favetteville, Ark.

#### **WOMEN'S ALL-AMERICANS**

Name	Place	Time	Location
Sue Jackson	17th	17:33	Seattle, Wash.
Jeni Nielsen	26th	17:41	Tucson, Ariz.
Elspeth Turner	30th	17:46	Tucson, Ariz.
Elspeth Turner	16th	16:41.88	Charlottesville, Va.
Heidi Olafsdottir	17th	16:43.55	Charlottesville, Va.
Carole Trepanier	5th	16:43	Ames, Iowa
Evelyn Adiru	23rd	17:11	Ames, Iowa
Becki Wells	19th	17:03.6	Bethlehem, Pa.
Malin Ohlund	19th	17:25.6	Fayetteville, Ark.
Jessica Fry	24th	17:48	Ames, Iowa
	Sue Jackson Jeni Nielsen Elspeth Turner Elspeth Turner Heidi Olafsdottir Carole Trepanier Evelyn Adiru Becki Wells Malin Ohlund	Sue Jackson         17th           Jeni Nielsen         26th           Elspeth Turner         30th           Elspeth Turner         16th           Heidi Olafsdottir         17th           Carole Trepanier         5th           Evelyn Adiru         23rd           Becki Wells         19th           Malin Ohlund         19th	Sue Jackson         17th         17:33           Jeni Nielsen         26th         17:41           Elspeth Turner         30th         17:46           Elspeth Turner         16th         16:41.88           Heidi Olafsdottir         17th         16:43.55           Carole Trepanier         5th         16:43           Evelyn Adiru         23rd         17:11           Becki Wells         19th         17:03.6           Malin Ohlund         19th         17:25.6

\* denotes AIAW



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## **HEAD COACH DAN WATERS**



In his eighth season at the helm of The University of Alabama men's and women's cross country and track & field programs, head coach Dan Waters has made an extraordinary impact on the Crimson Tide. Waters has unified and transformed the program and made it one of the nation's best track & field and cross country programs during his tenure.

Since taking over the program in June of 2011, Waters has completely remade the Alabama program. A multi-million dollar facelift of the Sam Bailey Track & Field Complex dramatically changed the functionality and capabilities of the facility. Those improvements are an outward reflection of the overhaul that has occurred within the team. In seven years with Waters as head coach, Alabama has developed into a complete program featuring top student-athletes in all disciplines.

The 2018 track & field season saw the Crimson Tide men capture the program's first USTFCCCA Program of the Year Award, presented annually to the cross country and track & field program with the best combined finishes at the NCAA cross country, indoor and outdoor championships. Alabama earned the honor on the strength of a fifth-place finish at the NCAA outdoor meet, a ninth-place finish at the indoor championships and a 14th-place finish at the NCAA Cross Country Championships.

The top-5 finish at the NCAA Outdoor Track & Field Championships was the first for the Tide since 1986 and gave UA its first back-to-back top-10 outdoor placings since finishing seventh and sixth in 2000 and 2001. The eighth place finish indoors also gave the Tide back-to-back indoor top-10 finishes for the first time since finishing fourth and second in 2001 and 2002.

In addition to its national success in 2018, Alabama captured its first Southeastern Conference indoor championship since 1972 to earn Waters his first SEC Coach of the Year award. Outdoors, the men finished fourth at the SEC meet, giving the Tide three straight top-four finishes in conference for the first time since 1989-91.

The 2017 cross country season was the best of Waters' tenure and continues the growth curve the program has been on over the last several years. In addition to their 14th-place team finish in their first trip to the national meet since 2010, juniors Gilbert Kigen

(fourth), Vincent Kiprop (seventh) and Alfred Chelanga (37th) earned All-America honors. The men finished second at the SEC Championships and third at the NCAA South Regional as Kiprop (SEC) and Kigen (Regional) captured individual titles at the two races and earned SEC Runner of the Year and South Region Athlete of the Year honors, respectively.

The Tide women were led by sophomore McKenzie Yanek, who followed up her SEC All-Freshman debut in 2016 with First-Team All-SEC honors in 2017.

In his first seven seasons at the Capstone, Waters' track & field teams have earned 107 All-American certificates (64 men's/43 women's) and seen five individuals win at total of eight individual national titles during that span.

The Tide men have recorded three top-10 NCAA Indoor Championships finishes in the last five years (2014, 2017, 2018) and back-to-back men's top-10 finishes at the NCAA Outdoor Championships over the last two seasons. The Crimson Tide women posted their first top-three finish in 23 years at the 2017 NCAA indoor meet

In SEC competition, the Tide men have recorded three top-four finishes at the conference indoor meet (2014, 2017, 2018) - including the 2018 SEC indoor title - and three consecutive top-four finishes at the SEC outdoor meet over the last three seasons. In 2017, the Tide men and women both finished in the top-10 at the NCAA indoor championships for the first time in school history.

The success of the 2017 cross country team capped a three-year run that saw the men's team move from ninth to second at the SEC Cross Country Championships and sixth to third at the NCAA South Regional to earn UA its first team trip to the NCAA Championships since 2010. From 2013-16, the Tide women also posted four consecutive top-four finishes at the South Regional.

Alabama has also experienced considerable individual success in cross country under Waters. The Tide men have won two of the last three SEC and NCAA South Regional individual titles with Antibahs Kosgei taking both the SEC and regional crowns in 2015 and Vincent Kiprop leading a Tide sweep of the top three spots at the 2017 SEC meet and Gilbert Kigen winning the South Regional that same season. Kosgei (2015, 2016), Kiprop (2017), Kigen (2017), Robbie Farnham-Rose (2014, 2016) and Alfred Chelanga (2017) have all earned men's All-South Region honors under Waters while Katelyn Greenleaf (2013, 2014, 2015), Meropi Panagioutou (2013) and Hannah Waggoner (2014, 2016) have earned the honor for the women.

Alabama's All-SEC honorees have included Carison Kemei (2011), Kosgei (2015, 2016), Kiprop (2017), Kigen (2017) and Chelanga (2017) on the men's side and Greenleaf (2013, 2014, 2015) and Rachael Reddy (2015) for the women.

The foundation for 2017's success was laid in 2016 as Alabama recorded its best finishes to that point under Waters at the SEC Outdoor Track & Field Championships as the women finished sixth and the men finished third at the meet, which was held at the Sam Bailey Track Stadium. The finishes were the best since 1989 for the men and since 2006 for the women.

One of the finest honors in the Waters era was earned when the men's track & field squad was named the 2014 Indoor Scholar Team of the Year by the U.S.

#### THE DAN WATERS FILE

#### PERSONAL INFORMATION

Birthdate: October 25, 1971 Hometown: Prairie Village, Kansas High School: Bishop Miege High School

College: University of Kansas – Bachelor's Degree (Secondary Education), 1995

#### **COACHING CAREER**

2011-Present: Head Coach, Alabama 2004-11: Assistant Coach, Texas A&M 2001-04: Assistant Coach, Georgia 1996-2001: Assistant Coach, TCU 1995-96: Volunteer Assistant Coach, Texas

#### ACHIEVEMENTS

- In 2017-18 Alabama won the USTFCCCA Men's Program of the Year award for the first time in school history
- 2018 SEC Men's Indoor Coach of the Year
- In 2018, the Alabama men posted their third consecutive top-3 SEC outdoor finish for the first time since 1989-91
- In 2017, Alabama posted top-10 men's and women's finishes at the NCAA Indoor Championships for the first time in school history
- Alabama's sixth-place finish in the women's team standings at the 2016 SEC Outdoor Championships was the best by a UA team since 2006
- In 2014, Alabama produced top-20 team finishes by both the men's and women's teams at the NCAA Indoor and NCAA Outdoor meets for the first time since 1984
- Alabama's men's team finished 11th in the team standings at the 2013 NCAA Outdoor Championships, the highest UA team finish in 11 years
- First-year Crimson Tide athletes scored 45 of Alabama's 52 men's team points at the 2013 SEC Outdoor Championships
- Alabama's 2017 men's and women's recruiting class was ranked No. 5 and No. 3, respectively, in the nation by Track & Field News
- Has recruited national top-10 recruiting classes in 1998, 1999, 2000, 2006, 2007, 2008, 2009, 2010, 2013, 2014, 2015 and 2017 (by Track & Field News)
- Member of coaching staffs that have produced 21 NCAA top-10 team finishes
- Member of the Texas A&M coaching staff of the 2009 and 2010 men's and women's NCAA national outdoor championship teams
- Coached the 2008 Texas A&M men's cross country team that won the NCAA South Central Regional championship, breaking a 19-year winning streak held by the University of Arkansas
- Member of the Texas A&M coaching staff of the 2007, 2008, 2009 and 2010 women's indoor and outdoor Big 12 Conference championship teams
- Coached the 2003 Georgia men's team to NCAA Cross Country Championship appearance (first in school history)
- Coached the 2003 Georgia men's team to an NCAA South Regional Cross Country Championship appearance
- Coached the Georgia men's and women's team that was runnerup at the 2003 SEC Cross Country Championship (highest finish ever for the men; equaled the highest finish for the women)
- Assistant coach of the 2000 and 2001 WAC indoor men's team champions at TCU (the first conference title in program history)
- Coached the 2000 WAC cross country women's team champions at TCU (the first conference title in program history)
- Member of the 1996 Texas staff for the team that won the Southwest Conference Outdoor Track and Field Championships

## HEAD COACH DAN WATERS

Championships, the program's highest team finish in 11 years.

Alabama produced nine All-Americans in the 2013 outdoor season, after qualifying 18 athletes for the NCAA Outdoor Championships. Sprinter Diondre Batson led the way by finishing fourth in the men's 100-meter dash and running a leg on the Tide's second-place 4x100-meter relay unit that shattered the school record.

While serving as recruiting coordinator and distance coach at Texas A&M, Waters was a key contributor to a coaching staff that led the Aggies to unprecedented success on the national scene. The Aggies won six NCAA national championships, including three-straight men's and women's outdoor titles, the first program to accomplish that feat.

The Aggie women won eight consecutive Big 12 titles (four indoor, four outdoor) in a four-year span. One of the nation's top distance coaches, Waters also served as the recruiting coordinator at A&M and assisted the process of upgrading the program's talent level to be consistently competitive on the national level. His recruiting and coaching efforts were vital to the men and women each winning three-consecutive NCAA Outdoor Championships in 2009, 2010 and 2011 – becoming the second school to achieve the NCAA Championship double-double (LSU 1989-90) and the first to have both programs win three in a row.

Recruiting classes coordinated by Waters at Texas A&M earned No. 1 rankings by Track & Field News. The 2009 men's and women's recruiting classes were chosen the top recruiting classes in the nation by the monthly magazine, with A&M becoming the second school to earn that acclaim in the 15-year history of Track & Field News ranking collegiate classes. The Aggie women also enjoyed a three-year run as the No. 1 class, from 2007-09, becoming the first women's program to achieve that distinction.

Known for his strong administrative and organizational skills, Waters directed event management at several championship events at A&M, including the 2009 and 2011 NCAA Indoor Championships, 2009 Big 12 Indoor Championships, and 2003 SEC Cross Country Championships.

In cross country, Waters earned the South Central Region Men's Coach of the Year honor in 2008 when A&M won the team title during the regional meet and qualified for the NCAAs. It was the first time in 18 years that a team defeated powerhouse Arkansas for the region title. The regional team title the Aggie men claimed in 2008 was the school's first since 2003 and only the sixth overall. It also marked the first time that a distance coach on Henry's staff had qualified a cross country team for the NCAAs.

Waters came to A&M in August 2004, after serving a three-year stint overseeing the distance program at the University of Georgia and an earlier five years at TCU in a similar capacity.

During his stay in Athens, Ga., Waters led the Bulldogs men's team to the program's first appearance in the NCAA Cross Country Championship, as well as a team victory at the NCAA South Regional Championships. At the conference level, the Georgia men placed second (highest in school history), while the women's team matched its highest finish with an SEC runner-up effort. On the track, his distance runners broke seven school records.



At TCU, Waters helped the Horned Frogs win four Western Athletic Conference team championships - two in indoor track & field, one in outdoor track & field and one in cross country. The 2000 WAC cross country and indoor track crowns were the first team conference titles in TCU history. During his stay in Fort Worth, the Horned Frogs notched four top-four NCAA team finishes and TCU was ranked No. 1 nationally by Trackwire.com in 2001. Athletes at TCU during Waters' tenure included Khadevis Robinson, who won the 1998 NCAA 800 meter crown. Robinson is a two-time U.S. Champion who competed in the 800 at the 2004 and 2012 Olympic Games.

Waters began his coaching career as a volunteer assistant coach at the University of Texas from 1995-96.

He earned his bachelor's degree in secondary education from the University of Kansas in 1995. A standout for the Jayhawks, he was the 1992 Big Eight champion in the 800 meters and ran a leg on KU's 1992 All-America indoor 3,200-meter relay. He was elected the Jayhawks' team captain in 1993 and 1995, and was named a CoSIDA Academic All-American in 1995.

Waters is married to the former Jennifer Miller. They have two children, Alexis and Charlie.

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