



CRIMSON TIDE

CROSS COUNTRY



MEET 6



ALABAMA *at* NCAA SOUTH REGIONAL

NOV. 10, 2017 / 9 A.M. CT / TUSCALOOSA, ALA.

HARRY PRITCHETT RUNNING PARK

THIS WEEK: NCAA SOUTH REGIONAL

Meet Notes: The Alabama men's and women's cross country teams will continue postseason competition this week with the 2017 NCAA South Regional at UA's Harry Pritchett Running Park in Tuscaloosa on Friday, Nov. 10. The women's 6,000-meter race will begin at 9 a.m. CT, followed by the men's 10,000-meter race at 10 a.m. The top two teams in each race, along with the top four men's and women's individual finishers who are not members of those teams, will qualify for the 2017 NCAA Cross Country Championships in Louisville, Ky., on Nov. 18.

Alabama at the NCAA South Regional: The Crimson Tide men have won seven NCAA South Region titles (1999, 2000, 2001, 2007, 2008, 2009, 2010) and have posted consecutive top-six finishes in the last two seasons. The Tide women extended their streak of top-six regional finishes to six in a row with a fourth place finish in 2016. Individually, the UA men have won four South Region individual titles - three by David Kimani (2000, 2001, 2002) and one by Antibahs Kosgei (2015).

ALABAMA MEN

ALABAMA WOMEN

Clay Austell So./Collierville, Tenn.	Caroline Barlow Sr./Naples, Fla.
J.P. Brinyark So./Berry, Ala.	Rebecca Buteau So./Madison, Miss.
Chase Buckelew Fr./Arab, Ala.	Elisabeth Danis So./Nottingham, N.H.
Andrew Bull Sr./Nashville, Tenn.	Maddie Dearborn Fr./Yorkville, Ill.
Garrett Bull Sr./Nashville, Tenn.	Nicole Gardner Jr./Murfreesboro, Tenn.
Alfred Chelanga Jr./Nairobi, Kenya	Jessica Gray Jr./Manassas, Va.
Gilbert Kigen Jr./Kipkabus, Kenya	Shannon Marsh R-Fr./John's Creek, Ga.
Vincent Kiprop Jr./Kericho, Kenya	McKenzie Yanek So./Bettendorf, Iowa
Evan Prizy Sr./Schaumburg, Ill.	
Josh Short Jr./Cedarburg, Wis.	

2017 SCHEDULE

Meet	Date	Location
CROSS COUNTRY		
Struts Season Opener	Sept. 1	Oxford, Ala.
UC Riverside Invitational	Sept. 16	Riverside, Calif.
Joe Piane Invitational	Sept. 29	South Bend, Ind.
CRIMSON CLASSIC	OCT. 13	TUSCALOOSA, ALA.
SEC Championships	Oct. 27	Athens, Ga.
NCAA SOUTH REGIONAL	NOV. 10	TUSCALOOSA, ALA.
NCAA Championships	Nov. 18	Louisville, Ky.

QUICK HITS

Kiprop Named SEC Runner of the Year

Alabama junior Vincent Kiprop was selected as the Southeastern Conference Men's Runner of the Year, the league office announced Nov. 8. He is the fifth UA athlete to be honored and the second in the last three seasons.

Kiprop Wins SEC Championship

Alabama junior Vincent Kiprop led from wire-to-wire en route to claiming the individual men's title at the 2017 SEC Cross Country Championships on Oct. 27. Kiprop's victory was the ninth for UA and the second in the last three years for Alabama at the SEC meet. Kiprop and fellow Tide juniors Gilbert Kigen and Alfred Chelanga finished 1-2-3 to earn All-SEC honors.

In the Rankings

The Alabama men's cross country team broke into the national rankings this week, checking in at No. 28 in the latest U.S. Track & Field Cross Country Coaches Association (USTFCCCA) South Region rankings released Oct. 31. The men moved up to No. 2 and the Tide women jumped to No. 4 in the most recent USTFCCCA regional rankings.

Head Coach Dan Waters' Outlook

"We ran well at the SEC championships so I feel we're peaking at the right time. I think our men's and women's teams are in position to perform well on Friday and I know they are all looking forward to running in front of the home crowd."

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NCAA SOUTH REGIONAL INFORMATION

Date

Friday, Nov. 10

Time

9 a.m. CT: Women's 6,000 meters

10 a.m. CT: Men's 10,000 meters

Field

34 men's teams/41 women's teams

Venue

Harry Pritchett Running Park

Results

pttiming.com

HARRY PRITCHETT RUNNING PARK

The Harry Pritchett Running Park has been the exclusive home of Alabama cross country since its conversion from a golf course in November 2003. In addition to playing host to the annual Crimson Classic, the facility has been the venue for the SEC Cross Country Championships as well as the NCAA South Regional Championships and is hosting the latter event for the sixth time in 2017.

The SEC Championships were most recently held at Harry Pritchett Running Park in 2014, when the UA women finished third and the men finished sixth. The venue also hosted the SEC meet in 1972, 1979, 1988, and 2000. The Alabama men were second in 1972, fifth in 1979, fourth in 1988, and second in 2000, while the Crimson Tide women finished second in 1988 and fifth in 2000.

The Harry Pritchett Running Park has previously hosted the NCAA Regional in 2001, 2004, 2009, 2013 and 2015. The Alabama men won the regional title in 2001 and 2009, finishing eighth in 2004, 16th in 2011, 13th in 2013 and sixth in 2015. The Alabama women finished 16th in 2001, 15th in 2004, seventh in 2009, sixth in 2011, third in 2013, Alabama's best showing since 1987, and third in 2015.

The running park is able to accommodate course lengths of 5,000, 6,000, 8,000 and 10,000 meters. The course is a flat to rolling all-grass surface with limited cart path crossings.

THE FIELD

Men- 34

Alabama*#
Alabama State
Auburn*
Austin Peay
Belmont*
Chattanooga
East Tennessee State*
Florida*
Florida A&M
FAU
Florida Gulf Coast
Florida State*
Georgia*
Georgia Tech*
Jackson State
Jacksonville
Kennesaw State
Lipscomb*
Memphis
Miami (Fla.)
Middle Tennessee*#
Mississippi State
North Florida*
Ole Miss*#
Samford*
South Alabama
South Florida
Stetson
Tennessee*
Tennessee Tech
UT Martin*
Troy
Vanderbilt

Women- 41

Alabama*
Alabama State
Auburn*
Austin Peay
Belmont*
Chattanooga
East Tennessee State
Florida
FAU
FIU
Florida Gulf Coast
Florida State*
Georgia*#
Georgia Southern
Georgia State
Georgia Tech*
Jackson State
Jacksonville*
Kennesaw State
Lipscomb*
Memphis
Mercer
Miami (Fla.)
Middle Tennessee*
Mississippi State*
Mississippi Valley State
North Florida*
Ole Miss*#
Samford*
South Alabama
South Florida
Southern Miss*
Stetson
Tennessee*
Tennessee Tech
UT Martin
Troy
UAB*
UCF
Vanderbilt*

*-Regionally ranked teams

#-Nationally ranked teams

TOP COURSE TIMES

Men's 10,000 Meters

Time	Name	School	Event
1. 29:35.85	Felix Kiboiywo	Auburn	2009 NCAA South Regional
2. 29:35.86	Steve Ziemanski	Florida	2004 NCAA South Regional
3. 29:36.38	Henok Lechebo	Florida	2004 NCAA South Regional
4. 29:37.5	Tonny Okello	South Alabama	2004 NCAA South Regional
5. 29:44.3	Mark Parrish	Florida	2013 NCAA South Regional
6. 29:44.39	Simon Ngata	Georgia	2004 NCAA South Regional
7. 29:44.48	Barnabas Kirui	Ole Miss	2009 NCAA South Regional
8. 29:47.69	Andrew Lemoncello	Florida State	2004 NCAA South Regional
9. 29:48.16	Chris Walsh	Auburn	2004 NCAA South Regional
10. 29:49.5	Jimmy Clark	Florida	2013 NCAA South Regional

Women's 6,000 Meters

Time	Name	School	Event
1. 19:22.8	Dominique Scott	Arkansas	2014 SEC Championships
2. 19:32.3	Grace Heymsfield	Arkansas	2014 SEC Championships
3. 19:32.4	Chelsea Blaase	Tennessee	2014 SEC Championships
4. 19:53.8	Rhianwedd Price	Mississippi State	2014 SEC Championships
5. 19:56.1	Hillary Montgomery	Texas A&M	2014 SEC Championships
6. 19:58.55	Colleen Quigley	Florida State	2013 NCAA South Regional
7. 20:00.19	Cory McGee	Florida	2013 NCAA South Regional
8. 20:03.22	Hannah Walker	Florida State	2013 NCAA South Regional
9. 20:04.3	Kaitlyn Fischer	Missouri	2014 SEC Championships
10. 20:05.8	Jessica Kamilos	Arkansas	2014 SEC Championships

QUICK FACTS

UNIVERSITY

Location Tuscaloosa, Ala.
 Founded April 12, 1831
 Enrollment 38,563
 Conference Southeastern
 Colors Crimson and White
 Nickname Crimson Tide
 President Dr. Stuart Bell
 Athletic Director Greg Byrne
 Faculty Athletics Representative Dr. James King

COACHING STAFF

Head Coach Dan Waters
 Alma Mater Kansas, 1995
 Years at Alabama Seventh Season
 Assistant Coach Adam Tribble
 Alma Mater Georgia, 2002
 Years at Alabama Seventh Season

TEAM INFORMATION

2016 SEC Finish Men- 5th/Women- 6th
 2016 NCAA Regional Finish Men- 4th/Women 4th
 Returnees Men- 12/Women- 22
 Newcomers Men- 9/Women- 10
 Home Course Harry Pritchett Running Park

PROGRAM HISTORY

Men's SEC Championships 3
 (1973, 2008, 2009)
 Women's SEC Championships 2
 (1986, 87)
 Men's NCAA Regional Championships 7
 (1999, 2000, 01, 05, 07, 08, 09)
 Women's NCAA Regional Championships 3,
 (1978, 79, 86)
 Men's NCAA Top 25 Finishes 13
 (1973, 76, 89, 94, 96, 97, 99, 2005, 06, 07, 08, 09, 10)
 Women's NCAA Top 25 Finishes 4
 (1984, 87, 93, 94)
 Men's All-Americans 11
 Women's All-Americans 10

ATHLETICS COMMUNICATIONS

Cross Country Contact Todd Bell
 Office 205-348-6084
 Cell 972-825-6686
 E-mail tbell@ia.ua.edu
 Fax 205-348-8841
 Website www.RollTide.com
 Mailing Address 1201 Coliseum Drive
 Room 170
 Tuscaloosa, AL 35487

USTFCCCA RANKINGS

Latest rankings as of 10/31/17

MEN'S NATIONAL

Rank	School (1st votes)	Conference	Pts.	Previous
1	Northern Arizona (8)	Big Sky	355	1
2	BYU (4)	WCC	352	2
3	Syracuse	ACC	332	4
4	Stanford	PAC-12	324	6
5	Colorado	PAC-12	307	5
6	Portland	WCC	209	3
7	Furman	Southern	289	7
8	Colorado State	MWC	275	9
9	Virginia Tech	ACC	242	11
10	UCLA	PAC-12	236	14
	Michigan	Big Ten	236	13
12	Southern Utah	Big Sky	235	12
13	Oregon	Pac-12	211	8
14	Iowa State	Big 12	202	23
15	Michigan State	Big Ten	194	15
16	Air Force	MWC	159	17
17	Texas	Big 12	157	24
	Arkansas	SEC	157	27
19	Oklahoma State	Big 12	153	10
20	Washington	PAC-12	135	21
21	Middle Tennessee	C-USA	103	25t
22	Iona	MAAC	87	25t
23	N.C. State	ACC	75	22
	Utah State	MWC	75	19
25	Wisconsin	Big Ten	74	NR
26	Boise State	MWC	71	RV
27	Washington State	PAC-12	59	20
28	ALABAMA	SEC	57	RV
29	Ole Miss	SEC	52	16
30	Illinois	Big Ten	22	RV

MEN'S SOUTH REGIONAL

Rank	School	Conference	Previous
1	Middle Tennessee	C-USA	2
2	ALABAMA	SEC	3
3	Ole Miss	SEC	1
4	Florida State	ACC	6
5	Georgia Tech	ACC	4
6	Tennessee	SEC	5
7	Georgia	SEC	10
8	Belmont	OVC	8
9	Lipscomb	A-Sun	12
10	North Florida	A-Sun	9

WOMEN'S SOUTH REGIONAL

Rank	School	Conference	Previous
1	Georgia	SEC	1
2	Ole Miss	SEC	2
3	Mississippi State	SEC	7
4	ALABAMA	SEC	9
5	Florida State	ACC	3
6	Vanderbilt	SEC	5
7	Samford	Southern	8
8	Georgia Tech	ACC	4
9	Belmont	OVC	10
10	North Florida	A-Sun	13

2017 MEN'S ROSTER

Name	Class	Hometown (Last School)
Clay Austell	So.	Collierville, Tenn. (Briarcrest Christian)
Hayden Blalock	Fr.	Charlotte, N.C. (Providence)
J.P. Brinyark	So.	Berry, Ala. (Northside)
Chase Buckelew	Fr.	Arab, Ala. (Arab)
Andrew Bull	Sr.	Nashville, Tenn. (Brentwood Academy)
Garrett Bull	Sr.	Nashville, Tenn. (Brentwood Academy)
Alfred Chelanga	Jr.	Nairobi, Kenya (Tenges/Shorter <Ga.>)
Connor Ferrentino	Jr.	Orlando, Fla. (Freedom)
Nathan Gamble	Fr.	Raleigh, N.C. (Leesville Road)
Patrick Grant	So.	Southampton, Pa. (LaSalle)
Noah Karr	R-Fr.	Tuscaloosa, Ala. (American Christian Academy)
Gilbert Kigen	Jr.	Kipkabus, Kenya (Eldoret/Central Arizona College)
Vincent Kiprop	Jr.	Kericho, Kenya (Londiani Boys High School/Missouri Southern)
Elliott Miller	So.	Cheyenne, Wyo. (Cheyenne Central)
Andrew Powell	R-Fr.	Brentwood, Tenn. (Brentwood Academy/Texas)
Evan Prizy	Sr.	Schaumburg, Ill. (Schaumburg)
Jackson Reed	Fr.	Summersville, WVa. (Nicholas County)
Oliver Rigg	So.	Zionsville, Ind. (Zionsville)
Paul Selden	Fr.	Homewood, Ala. (Homewood)
Josh Short	Jr.	Cedarburg, Wis. (Cedarburg)
Colton Smith	Fr.	Scottsboro, Ala. (Scottsboro)
Conner Thompson	Sr.	Murfreesboro, Tenn. (Oakland)
Drew Williams	R-Fr.	Mountain Brook, Ala. (Mountain Brook)
Alex Wind	Sr.	North Canton, Ohio (Jackson/Ohio University)

2017 WOMEN'S ROSTER

Name	Class	Hometown (Last School)
Caroline Barlow	Sr.	Naples, Fla. (Gulf Coast)
Ameena Benselloum	Fr.	Herndon, Va. (Westfield)
Caroline Brooks	So.	Plano, Texas (Plano)
Rebecca Buteau	So.	Madison, Miss. (Madison Central)
Daley Cline	R-Fr.	Estero, Fla. (Estero)
Calli Coggins	Jr.	Franklin, Tenn. (Independence)
Alexa Cruz	So.	Miami, Fla. (St. Thomas Aquinas)
Caroline Cumbest	R-Fr.	Mobile, Ala. (Cottage Hill Christian Academy)
Elisabeth Danis	So.	Nottingham, N.H. (Coe-Brown Northwood Academy)
Maddie Dearborn	Fr.	Yorkville, Ill. (Yorkville)
Margot Dooley	Fr.	Evanston, Ill. (Loyola Academy)
Ebie Douglas	So.	Mobile, Ala. (McGill-Toolen)
Ashley Eavenson	Fr.	Northport, Ala. (Tuscaloosa County)
Savannah Fraleigh	R-Fr.	Raleigh, N.C. (Leesville Road)
Nicole Gardner	Jr.	Murfreesboro, Tenn. (Siegel)
Jessica Gray	Jr.	Manassas, Va. (Osborn Park)
Maya Halprin-Adams	So.	Cambridge, Mass. (Cambridge Rindge & Latin/South Carolina)
Brianna Koshy	Jr.	Brentwood, Tenn. (Brentwood)
Shannon Marsh	R-Fr.	John's Creek, Ga. (Northview)
Sarah Mohan	Jr.	Huntsville, Ala. (Huntsville)
Gabby Prizio	R-Fr.	Derby, Conn. (Derby)
Rachael Reddy	Jr.	Mountain Brook, Ala. (Mountain Brook/Texas)
Alison Ringle	Sr.	Bossier City, La. (Parkway)
Emma Sidman	Fr.	Atlanta, Ga. (Lovett)
Brittany Tolson	So.	Powell, Tenn. (Powell)
Eliza Witherspoon	Fr.	Brevard, N.C. (Brevard)
Haley Wright	So.	Boonsboro, Md. (Boonsboro)
McKenzie Yanek	So.	Bettendorf, Iowa (Pleasant Valley)
Kaitlin York	Jr.	Tuscaloosa, Ala. (American Christian Academy)

2017 COACHING STAFF

Dan Waters	Head Coach
Adam Tribble	Assistant Coach

2017 MEN'S CROSS COUNTRY RESULTS

Date	Event	Location	Time (CT)	Distance	Team Finish	Top Individual	Finish	Time
Sept. 1	Struts Season Opener	Oxford, Ala.	6:40 p.m.	5k	3rd	Oliver Rigg	9th	15:32.40
Sept. 16	UC Riverside Invitational	Riverside, Calif.	10:05 a.m.	8k/8k	11th/No team score	Brinyark/Kiprop	38th/1st	25:02.8/24:23.0
Sept. 29	Joe Piane Notre Dame Invitational	South Bend, Ind.	1:45 p.m.	5 miles	8th	Gilbert Kigen	1st	23:23.7
Oct. 13	Crimson Classic	Tuscaloosa, Ala.	9 a.m.	8k	2nd	Vincent Kiprop	2nd	23:26.4
Oct. 27	SEC Championships	Athens, Ga.	9 a.m.	8k	2nd	Vincent Kiprop	1st	23:15.4
Nov. 10	NCAA South Regional	Tuscaloosa, Ala.	10 a.m.	10k				
Nov. 18	NCAA Championships	Louisville, Ky.	TBD	10k				

2017 WOMEN'S CROSS COUNTRY RESULTS

Date	Event	Location	Time (CT)	Distance	Team Finish	Top Individual	Finish	Time
Sept. 1	Struts Season Opener	Oxford, Ala.	6 p.m.	4k	2nd	Shannon Marsh	5th	14:55.90
Sept. 16	UC Riverside Invitational	Riverside, Calif.	9:30 a.m.	6k/5k	2nd/4th	Yanek/Dearborn	15th/6th	20:37.3/17:45.5
Sept. 29	Joe Piane Notre Dame Invitational	South Bend, Ind.	1 p.m.	5k	18th	Caroline Barlow	81st	17:47.4
Oct. 13	Crimson Classic	Tuscaloosa, Ala.	9:45 a.m.	6k	5th	Nicole Gardner	18th	21:13.8
Oct. 27	SEC Championships	Athens, Ga.	10 a.m.	6k	7th	McKenzie Yanek	14th	20:52.1
Nov. 10	NCAA South Regional	Tuscaloosa, Ala.	9 a.m.	6k				
Nov. 18	NCAA Championships	Louisville, Ky.	TBD	6k				

2017 MEET RECAPS

STRUTS SEASON OPENER - SEPT. 1

The Alabama women's cross country team finished second while the men's team came in third in their season-opening meet at the Struts Season Opener in Oxford, Ala. Georgia Tech won both the men's and women's races.

In the women's 4,000-meter race, redshirt freshman Shannon Marsh was the Tide's first finisher, coming in fifth in 14:55.90. Freshman Margot Dooley finished seventh in 15:00.50. Sophomore Caroline Brooks finished 13th in 15:14.60. Junior Sarah Mohan finished 17th in 15:18.80 and sophomore Haley Wright finished 18th in 15:27.00 to round out the scoring for Alabama. Other runners for the Tide included sophomore Brittany Tolson, who finished 20th in 15:32.80, junior Brianna Koshy, who finished 26th in 15:50.20 and freshman Ameena Benselloum who finished 31st in 16:06.40.

In the men's 5,000-meter race, sophomore Oliver Rigg the Tide's top runner, finishing ninth in a time of 15:32.40. Freshman Hayden Blalock finished 18th in 15:38.90, one spot ahead of sophomore teammate Elliott Miller who finished in 15:40.60. Freshman Nathan Gamble finished 27th in 16:13.50 while fellow freshman Paul Selden rounded out the scoring for Alabama, finishing 43rd in 16:53.20. Also competing for the Tide on Friday were freshmen Jackson Reed (51st/17:18.80) and Colton Smith (53rd/17:22.30).

**UC RIVERSIDE INVITATIONAL - SEPT. 16**

Alabama juniors Vincent Kiprop, Gilbert Kigen and Alfred Chelanga finished 1-2-3 in their UA cross country debut to cap Alabama's day at UC Riverside Invitational in Riverside, Calif., on Sept. 16. Running in the men's open 8,000-meter race, the trio finished nearly simultaneously with Kiprop claiming first place and Kigen second in identical times of 24:23.0. Chelanga was third in 24:23.3.

In the women's 6,000-meter race, sophomore McKenzie Yanek led the Tide across the finish line, placing 18th (15th collegiate finisher) in 20:37.3. Fellow sophomores Elisabeth Danis and Rebecca Buteau finished 20th (16th) and 25th (18th), respectively. Danis finished in 20:39.1 while Buteau clocked a time of 20:47.0. Junior Jessica Gray finished 43rd (33rd) in 21:16.9. Junior Nicole Gardner rounded out the scoring for UA, finished 44th (34th) in 21:17.0. In the women's open 5,000-meter race, freshman Maddie Dearborn finished seventh overall (sixth collegian) in 17:45.5 to lead the Tide. Redshirt freshman Shannon Marsh finished 13th (12th) in 17:57.7. Senior Alison Ringle was 34th (26th) in 18:31.6. Sophomore Caroline Brooks was the Tide's fourth finisher, running 18:40.7 to come in 52nd (40th). Freshman Margot Dooley was 61st (46th) in 18:51.0 in her collegiate debut.

In the men's invitational 8,000-meter race, sophomore J.P. Brinyark was the Tide's top runner, finishing 46th (38th collegian) in 25:02. Senior Garrett Bull finished 62nd (53rd) in 25:16.5, followed by freshman Chase Buckelew, who placed 72nd (61st) in 25:20.9 in his collegiate debut; sophomore Elliott Miller, 86th (71st) in 25:30.4 and sophomore Clay Austell, 93rd (77th) in 25:35.5.

**JOE PIANE NOTRE DAME INVITATIONAL - SEPT. 29**

Alabama juniors Gilbert Kigen, Vincent Kiprop and Alfred Chelanga finished 1-2-3, respectively, in the men's 5-mile race to highlight Alabama cross country's day at the Joe Piane Notre Dame Invitational on Sept. 29.

Running at Notre Dame's Burke Golf Course, Kigen crossed the finish line first for the Crimson Tide, covering the men's 5-mile course in 23:23.7, just ahead of Kiprop (23:24.2) and Chelanga (23:26.9) to win his first individual title with the Tide. Friday's finish marks the second time in two meets that the trio has swept the top three spots. Junior Josh Short (24:55.3) and senior Garrett Bull (25:45.9) were the Tide's fourth and fifth runners as Alabama finished eighth in the 21-team field.

Alabama finished 18th in the women's 5,000-meter race with senior Caroline Barlow (17:47.4), sophomore Rebecca Buteau (17:51.9), junior Nicole Gardner (18:00.2), junior Jessica Gray (18:03.0) and freshman Maddie Dearborn (18:06.7) finishing as the scoring runners for the Tide.

Southern Utah won the men's race while Colorado took home the women's crown.

**CRIMSON CLASSIC - OCT. 13**

The Alabama and Middle Tennessee men's cross country teams lived up to their South Region rankings, as the two teams tied for first at the 2017 Crimson Classic at the Harry Pritchett Running Park on Oct. 13. The top-ranked Blue Raiders took home team honors based on the meet tie-breaker over the third-ranked Crimson Tide. Middle Tennessee and Alabama each scored 110 points to take the top spots in the team competition. Georgia Tech finished third with 124 points, followed by Auburn (134) and Belmont (138).

Alabama junior Vincent Kiprop finished second on Friday, completing the 8,000-meter course in 23:26.4. Junior Gilbert Kigen was third in 23:34.7, while fellow junior Alfred Chelanga was fourth in 23:42.0. Middle Tennessee's Jacob Choge took individual honors in 23:22.3. The times by Choge, Kiprop and Kigen are the three fastest ever run on the 8,000-meter course at UA's Harry Pritchett Running Park. Chelanga's time ranks No. 5 in course history. Also scoring for the Tide were sophomore J.P. Brinyark, who finished 52nd in 25:37.1 and senior Andrew Bull, who placed 53rd in 25:38.1.

The Crimson Tide women were led by senior Nicole Gardner, who finished 18th in 21:13.8. Sophomores Rebecca Buteau (21:15.3) and McKenzie Yanek (21:20.5) finished 20th and 24th, respectively. Freshman Maddie Dearborn finished 30th in 21:39.9 and senior Jessica Gray finished 45th in 21:46.8 to round out the scoring for Alabama.



2017 MEET RECAPS

SEC CHAMPIONSHIPS - OCT. 27

Alabama junior Vincent Kiprop led from wire-to-wire en route to claiming the individual men's title at the 2017 SEC Cross Country Championships at the University of Georgia Golf Course on Oct. 27.

Kiprop circled the 8,000-meter course 23:15.4 to headline an Alabama sweep of the top three spots as fellow UA juniors Gilbert Kigen (23:18.8) and Alfred Chelanga (23:23.4) finished second and third, respectively, to lead the Tide to a second-place finish in the team standings. The runner-up finish is the first in the top two for Alabama since 2010.

Kiprop is the seventh man to win an individual SEC title for UA in cross country and the crown is the 10th individual title for the program. The victory gives the Crimson Tide two men's champions in the last three years. Antibahs Kosgei took home individual honors at the 2015 SEC Cross Country Championships in College Station, Texas.

Alabama also got strong performances from seniors Garrett Bull (25:00.4) and Andrew Bull (25:08.4), who finished 37th and 40th, respectively, to round out the scoring for the Tide.

Arkansas won the men's title with 41 points, followed by Alabama (81), Ole Miss (82), Kentucky (110) and Tennessee (125).

The Crimson Tide women posted a seventh-place finish for their fifth-straight top-seven finish at the SEC Championships. Sophomore McKenzie Yanek was the Tide's lead runner, finishing 14th in 20:52.1. Fellow sophomores Elisabeth Danis (21:32.3) and Rebecca Buteau (21:41.0) finished 32nd and 38th, respectively. Senior Caroline Barlow finished 44th in 21:48.0 and junior Nicole Gardner finished 49th in 21:54.2 to round out the scoring for Alabama.

Arkansas (35 points) won the women's title, followed by Georgia (88), Ole Miss (103), Missouri (164), Mississippi State (167), Kentucky (170) and the Tide (171).



2017 TEAM/INDIVIDUAL MEET RESULTS

STRUTS SEASON OPENER

September 1, 2017
Oxford, Ala. • Oxford Lakes

Men's Race
5,000 Meters
Seven teams • 71 runners
Third Place • 81 points

Men's Team Results

Team	Pts.
1. Georgia Tech	15
2. Troy	53
3. ALABAMA	81
4. Mercer	115
5. Samford	129
6. Jacksonville St.	165
7. Alabama State	200

Alabama Men's Individual Results

Place	Name	Time
9.	Oliver Rigg	15:32.40
18	Hayden Blalock	15:38.90
19	Elliott Miller	15:40.60
27	Nathan Gamble	16:13.50
43	Paul Selden	16:53.20
51	Jackson Reed	17:18.80
53	Colton Smith	17:22.30

Women's Race
4,000 Meters
Nine teams • 72 runners
Second Place • 57 points

Women's Team Results

Team	Pts.
1. Georgia Tech	23
2. ALABAMA	57
3. Troy	80
4. Kennesaw State	106
5. Samford	147
6. Alabama State	147
7. Jacksonville St.	186
8. Mercer	214
9. Alabama A&M	233

Alabama Women's Individual Results

Place	Name	Time
5.	Shannon Marsh	14:55.90
7	Margot Dooley	15:00.50
13	Caroline Brooks	15:14.60
15	Sarah Mohan	15:18.80
18	Haley Wright	15:27.00
20	Brittany Tolson	15:32.80
26	Brianna Koshy	15:50.20
31	Ameena Benselloum	16:06.40

UC RIVERSIDE INVITATIONAL

September 16, 2017
Riverside, Calif. • UCR Ag Ops Course

Men's Invitational Race
8,000 Meters
13 teams • 100 runners
9th Place • 200 points

Men's Team Results

Team	Pts.
1. Southern Utah	23
2. Utah Valley	89
3. Cal St. Fullerton	130
4. Loyola Marymount	142
5. UC Santa Barbara	152
9. ALABAMA	200

Alabama Men's Individual Results

Place	Name	Time
26.	J.P. Brinyark	25:02.8
35.	Garrett Bull	25:16.5
43.	Chase Buckelew	25:20.9
51.	Elliott Miller	25:30.4
55.	Clay Austell	25:35.5
60.	Hayden Blalock	25:44.1
74.	Nathan Gamble	26:09.0
87.	Oliver Rigg	26:41.0
91.	Evan Prizy	26:55.8

Men's Open Race
8,000 Meters
8 teams • 35 runners
No Team Score

Men's Team Results

Place	Name	Time
1.	Vincent Kiprop	24:23.0
2.	Gilbert Kigen	24:23.0
3.	Alfred Chelanga	24:23.3

Women's Invitational Race
6,000 Meters
17 teams • 122 runners
2nd Place • 102 points

Women's Team Results

Team	Pts.
1. Arkansas	30
2. ALABAMA	102
3. Utah Valley	140
4. UC Santa Barbara	143
5. Southern Utah	151

Alabama Women's Individual Results

Place	Name	Time
14.	McKenzie Yanek	20:37.3
15.	Elsabeth Danis	20:39.1
17.	Rebecca Buteau	20:47.0
30.	Jessica Gray	21:16.9
31.	Nicole Gardner	21:17.0
33.	Rachael Reddy	21:20.9
40.	Caroline Barlow	21:29.9

Women's Open Race
5,000 Meters
5 teams • 39 runners
2nd Place • 48 points

Women's Team Results

Team	Pts.
1. Arkansas	16
2. ALABAMA	48
3. Loyola Marymount	80
4. Utah Valley	82
5. USC	100

Alabama Women's Individual Results

Place	Name	Time
5.	Maddie Dearborn	17:45.5
7.	Shannon Marsh	17:57.7
10.	Alison Ringle	18:31.6
16.	Caroline Brooks	18:40.7
18.	Margot Dooley	18:51.0

2017 TEAM/INDIVIDUAL MEET RESULTS

JOE PIANE NOTRE DAME INVITATIONAL

September 29, 2017
South Bend, Ind. • Burke Golf Course

Men's Race
5 Miles
21 teams • 172 runners
8th Place • 200 points

Men's Team Results

Team	Pts.
1. Southern Utah	72
2. Colorado	101
3. Air Force	154
4. Michigan	156
5. Eastern Kentucky	168
8. ALABAMA	200

Alabama Men's Individual Results

Place	Name	Time
1.	Gilbert Kigen	23:23.7
2.	Vincent Kiprop	23:24.2
3.	Alfred Chelanga	23:26.9
75.	Josh Short	24:55.3
131.	Garrett Bull	25:45.9
150.	Elliott Miller	26:05.3
157.	Andrew Bull	26:15.9
158.	J.P. Brinyark	26:17.5
166.	Chase Buckelew	27:12.5

Women's Race
5,000 Meters
20 teams • 159 runners
18th Place • 438 points

Women's Team Results

Team	Pts.
1. Colorado	47
2. New Mexico	51
3. North Carolina St.	118
4. Arkansas	171
5. Utah	190
18. ALABAMA	438

Alabama Women's Individual Results

Place	Name	Time
81.	Caroline Barlow	17:47.4
85.	Elisabeth Danis	17:49.3
88.	Rebecca Buteau	17:51.9
101.	Nicole Gardner	18:00.2
105.	Jessica Gray	18:03.0
109.	Maddie Dearborn	18:06.7
112.	McKenzie Yanek	18:08.5
118.	Sarah Mohan	18:17.4
140.	Rachael Reddy	18:49.0

CRIMSON CLASSIC

Oct. 13, 2017
Tuscaloosa, Ala. • Harry Pritchett Running Park

Men's Race
8,000 Meters
26 teams • 224 runners
2nd Place • 110 points

Men's Team Results

Team	Pts.
1. Middle Tennessee	110
2. ALABAMA	110
3. Georgia Tech	124
4. Auburn	134
5. Belmont	138
6. Texas A&M	147

Alabama Men's Individual Results

Place	Name	Time
2.	Vincent Kiprop	23:26.4
3.	Gilbert Kigen	23:34.7
4.	Alfred Chelanga	23:42.0
51.	James Brinyark	25:37.0
53.	Andrew Bull	25:38.1
74.	Chase Buckelew	26:00.8
95.	Hayden Blalock	26:18.8
107.	Clay Austell	26:29.5
131.	Nathan Gamble	26:53.6
150.	Oliver Rigg	27:11.0
156.	Paul Selden	27:15.2
162.	Jackson Reed	27:29.1
164.	Colton Smith	27:33.4

Women's Race

6,000 Meters
30 teams • 269 runners
5th Place • 147 points

Women's Team Results

Team	Pts.
1. Georgia Tech	74
2. Auburn	124
3. Mississippi State	126
4. Samford	133
5. ALABAMA	147
6. Texas A&M	163

Alabama Women's Individual Results

Place	Name	Time
18.	Nicole Gardner	21:13.8
20.	Rebecca Buteau	21:15.3
24.	McKenzie Yanek	21:20.5
40.	Maddie Dearborn	21:39.9
45.	Jessica Gray	21:46.8
48.	Lizzy Danis	21:50.2
54.	Shannon Marsh	21:55.6
57.	Caroline Barlow	21:57.6
79.	Sarah Mohan	22:16.3
86.	Alison Ringle	22:21.8
94.	Brianna Koshy	22:28.5
106.	Caroline Brooks	22:41.6
108.	Haley Wright	22:44.0
116.	Brittany Tolson	22:46.8
121.	Kaitlin York	22:49.8
144.	Alexa Cruz	23:12.2
179.	Eliza Witherspoon	23:34.6
182.	Marogt Dooley	23:37.6
192.	Gabby Prizio	23:53.4
199.	Ashley Eavenson	23:58.2
207.	Emma Sidman	24:09.3
216.	Savannah Fraleigh	24:34.5
222.	Isabel Caddo	24:42.0
223.	Daley Cline	24:43.7
237.	Caroline Cumbest	25:08.4

SEC CHAMPIONSHIPS

Oct. 27, 2017

Athens, Ga. • University of Georgia Golf Course

Men's Race

8,000 Meters

12 teams • 113 runners

2nd Place • 81 points

Men's Team Results

Team	Pts.
1. Arkansas	41
2. ALABAMA	81
3. Ole Miss	82
4. Kentucky	110
5. Tennessee	125
6. Georgia	143
7. Missouri	201
8. Texas A&M	201
9. Auburn	206
10. Florida	272
11. LSU	312
12. Vanderbilt	342

Alabama Men's Individual Results

Place	Name	Time
1.	Vincent Kiprop	23:15.4
2.	Gilbert Kigen	23:18.8
3.	Alfred Chelanga	23:23.4
37.	Garrett Bull	25:00.4
40.	Andrew Bull	25:08.4
74.	Clay Austell	25:47.2
78.	Chase Buckelew	25:50.2
80.	Evan Prizy	25:52.1
100.	Hayden Blalock	26:43.9
DNF	James Brinyark	

Women's Race

6,000 Meters

14 teams • 136 runners

7th Place • 171 points

Women's Team Results

Team	Pts.
1. Arkansas	35
2. Georgia	88
3. Ole Miss	103
4. Missouri	164
5. Miss State	167
6. Kentucky	170
7. ALABAMA	171
8. Texas A&M	181
9. Vanderbilt	191
10. Tennessee	231
11. Auburn	241
12. South Carolina	304
13. Florida	366
14. LSU	396

Alabama Women's Individual Results

Place	Name	Time
14.	McKenzie Yanek	20:52.1
32.	Lizzy Danis	21:32.3
38.	Rebecca Buteau	21:41.0
44.	Caroline Barlow	21:48.0
49.	Nicole Gardner	21:54.2
78.	Jessica Gray	22:32.5
81.	Shannon Marsh	22:34.6
85.	Maddie Dearborn	22:42.4
91.	Sarah Mohan	22:49.2
97.	Alison Ringle	23:03.2
102.	Rachael Reddy	23:13.7
110.	Brianna Koshy	23:33.3

2017 MEN'S TOP TIMES BY DISTANCE

5 KILOMETERS

Time	Name	Event	Date	Finish
1. 15:32.40	Oliver Rigg	Struts Season Opener	Sept. 1, 2017	9
2. 15:38.90	Hayden Blalock	Struts Season Opener	Sept. 1, 2017	18
3. 15:40.60	Elliott Miller	Struts Season Opener	Sept. 1, 2017	19
4. 16:13.50	Nathan Gamble	Struts Season Opener	Sept. 1, 2017	27
5. 16:53.20	Paul Selden	Struts Season Opener	Sept. 1, 2017	43
6. 17:18.80	Jackson Reed	Struts Season Opener	Sept. 1, 2017	51
7. 17:22.30	Colton Smith	Struts Season Opener	Sept. 1, 2017	53

5 MILES

Time	Name	Event	Date	Finish
1. 23:23.7	Gilbert Kigen	Joe Plane Invitational	Sept. 29, 2017	1
2. 23:24.2	Vincent Kiprop	Joe Plane Invitational	Sept. 29, 2017	2
3. 23:26.9	Alfred Chelanga	Joe Plane Invitational	Sept. 29, 2017	3
4. 24:55.3	Josh Short	Joe Plane Invitational	Sept. 29, 2017	75
5. 25:45.9	Garrett Bull	Joe Plane Invitational	Sept. 29, 2017	131
6. 26:05.3	Elliott Miller	Joe Plane Invitational	Sept. 29, 2017	150
7. 26:16.9	Andrew Bull	Joe Plane Invitational	Sept. 29, 2017	157
8. 26:17.5	J.P. Brinyark	Joe Plane Invitational	Sept. 29, 2017	158
9. 27:12.5	Chase Buckelew	Joe Plane Invitational	Sept. 29, 2017	166

8 KILOMETERS

Time	Name	Event	Date	Finish
1. 23:15.4	Vincent Kiprop	SEC Championships	Oct. 27, 2017	1
2. 23:18.8	Gilbert Kigen	SEC Championships	Oct. 27, 2017	2
3. 23:23.4	Alfred Chelanga	SEC Championships	Oct. 27, 2017	3
4. 23:26.4	Vincent Kiprop	Crimson Classic	Oct. 13, 2017	2
5. 23:34.7	Gilbert Kigen	Crimson Classic	Oct. 13, 2017	3
6. 23:42.0	Alfred Chelanga	Crimson Classic	Oct. 13, 2017	4
7. 24:23.0	Vincent Kiprop	UC Riverside Invitational	Sept. 16, 2017	1
8. 24:23.0	Gilbert Kigen	UC Riverside Invitational	Sept. 16, 2017	2
9. 24:23.3	Alfred Chelanga	UC Riverside Invitational	Sept. 16, 2017	3
10. 25:00.4	Garrett Bull	SEC Championships	Oct. 27, 2017	37
11. 25:02.8	James Brinyark	UC Riverside Invitational	Sept. 16, 2017	26
12. 25:08.4	Andrew Bull	SEC Championships	Oct. 27, 2017	40
13. 25:16.5	Garrett Bull	UC Riverside Invitational	Sept. 16, 2017	35
14. 25:20.9	Chase Buckelew	UC Riverside Invitational	Sept. 16, 2017	43
15. 25:30.4	Elliott Miller	UC Riverside Invitational	Sept. 16, 2017	51
16. 25:35.5	Clay Austell	UC Riverside Invitational	Sept. 16, 2017	55
17. 25:37.0	James Brinyark	Crimson Classic	Oct. 13, 2017	51
18. 25:38.1	Andrew Bull	Crimson Classic	Oct. 13, 2017	53
19. 25:44.1	Hayden Blalock	UC Riverside Invitational	Sept. 16, 2017	60
20. 25:47.2	Clay Austell	SEC Championships	Oct. 27, 2017	74
21. 25:50.2	Chase Buckelew	SEC Championships	Oct. 27, 2017	78
22. 25:52.1	Evan Prizy	SEC Championships	Oct. 27, 2017	80
23. 26:00.8	Chase Buckelew	Crimson Classic	Oct. 13, 2017	74
24. 26:09.0	Nathan Gamble	UC Riverside Invitational	Sept. 16, 2017	74
25. 26:18.8	Hayden Blalock	Crimson Classic	Oct. 13, 2017	95
26. 26:29.5	Clay Austell	Crimson Classic	Oct. 13, 2017	107
27. 26:41.0	Oliver Rigg	UC Riverside Invitational	Sept. 16, 2017	87
28. 26:43.9	Hayden Blalock	SEC Championships	Oct. 27, 2017	100
29. 26:53.6	Nathan Gamble	Crimson Classic	Oct. 13, 2017	131
30. 26:55.8	Evan Prizy	UC Riverside Invitational	Sept. 16, 2017	91
31. 27:11.0	Oliver Rigg	Crimson Classic	Oct. 13, 2017	150
32. 27:15.2	Paul Selden	Crimson Classic	Oct. 13, 2017	156
33. 27:29.1	Jackson Reed	Crimson Classic	Oct. 13, 2017	162
34. 27:33.4	Colton Smith	Crimson Classic	Oct. 13, 2017	164

2017 WOMEN'S TOP TIMES BY DISTANCE

4 KILOMETERS

Time	Name	Event	Date	Finish
1. 14:55.90	Shannon Marsh	Struts Season Opener	Sept. 1, 2017	5
2. 15:00.50	Margot Dooley	Struts Season Opener	Sept. 1, 2017	7
3. 15:14.60	Caroline Brooks	Struts Season Opener	Sept. 1, 2017	13
4. 15:18.80	Sarah Mohan	Struts Season Opener	Sept. 1, 2017	15
5. 15:27.00	Haley Wright	Struts Season Opener	Sept. 1, 2017	18
6. 15:32.80	Brittany Tolson	Struts Season Opener	Sept. 1, 2017	20
7. 15:50.20	Brianna Koshy	Struts Season Opener	Sept. 1, 2017	26
8. 16:06.40	Ameena Benselloum	Struts Season Opener	Sept. 1, 2017	31

5 KILOMETERS

Time	Name	Event	Date	Finish
1. 17:45.5	Maddie Dearborn	UC Riverside Invitational	Sept. 16, 2017	5
2. 17:47.4	Caroline Barlow	Joe Plane Notre Dame Invitational	Sept. 29, 2017	81
3. 17:49.3	Elisabeth Danis	Joe Plane Notre Dame Invitational	Sept. 29, 2017	85
4. 17:51.9	Rebecca Buteau	Joe Plane Notre Dame Invitational	Sept. 29, 2017	88
5. 17:57.7	Shannon Marsh	UC Riverside Invitational	Sept. 16, 2017	7
6. 18:00.2	Nicole Gardner	Joe Plane Notre Dame Invitational	Sept. 29, 2017	101
7. 18:03.0	Jessica Gray	Joe Plane Notre Dame Invitational	Sept. 29, 2017	105
8. 18:06.7	Maddie Dearborn	Joe Plane Notre Dame Invitational	Sept. 29, 2017	109
9. 18:08.5	McKenzie Yaneek	Joe Plane Notre Dame Invitational	Sept. 29, 2017	112
10. 18:17.4	Sarah Mohan	Joe Plane Notre Dame Invitational	Sept. 29, 2017	118
11. 18:31.6	Alison Ringle	UC Riverside Invitational	Sept. 16, 2017	10
12. 18:40.7	Caroline Brooks	UC Riverside Invitational	Sept. 16, 2017	16
13. 18:49.0	Rachael Reddy	Joe Plane Notre Dame Invitational	Sept. 29, 2017	140
14. 18:51.0	Margot Dooley	UC Riverside Invitational	Sept. 16, 2017	18

6 KILOMETERS

Time	Name	Event	Date	Finish
1. 20:37.3	McKenzie Yaneek	UC Riverside Invitational	Sept. 16, 2017	14
2. 20:47.0	Lizzy Danis	UC Riverside Invitational	Sept. 16, 2017	15
3. 20:47.0	Rebecca Buteau	UC Riverside Invitational	Sept. 16, 2017	17
4. 20:52.1	McKenzie Yaneek	SEC Championships	Oct. 27, 2017	14
5. 21:13.8	Nicole Gardner	Crimson Classic	Oct. 13, 2017	18
6. 21:15.3	Rebecca Buteau	Crimson Classic	Oct. 3, 2017	20
7. 21:16.9	Jessica Gray	UC Riverside Invitational	Sept. 16, 2017	30
8. 21:17.0	Nicole Gardner	UC Riverside Invitational	Sept. 16, 2017	31
9. 21:20.5	McKenzie Yaneek	Crimson Classic	Oct. 13, 2017	24
10. 21:20.9	Rachael Reddy	UC Riverside Invitational	Sept. 16, 2017	33
11. 21:29.9	Caroline Barlow	UC Riverside Invitational	Sept. 16, 2017	40
12. 21:32.3	Lizzy Danis	SEC Championships	Oct. 27, 2017	32
13. 21:39.9	Maddie Dearborn	Crimson Classic	Oct. 13, 2017	40
14. 21:41.0	Rebecca Buteau	SEC Championships	Oct. 27, 2017	38
15. 21:46.8	Jessica Gray	Crimson Classic	Oct. 13, 2017	45
16. 21:48.0	Caroline Barlow	SEC Championships	Oct. 27, 2017	44
17. 21:50.2	Lizzy Danis	Crimson Classic	Oct. 13, 2017	48
18. 21:54.2	Nicole Gardner	SEC Championships	Oct. 27, 2017	49
19. 21:55.6	Shannon Marsh	Crimson Classic	Oct. 13, 2017	54
20. 21:57.6	Caroline Barlow	Crimson Classic	Oct. 13, 2017	57
21. 22:16.3	Sarah Mohan	Crimson Classic	Oct. 13, 2017	79
22. 22:21.8	Allison Ringle	Crimson Classic	Oct. 13, 2017	86
23. 22:28.5	Brianna Koshy	Crimson Classic	Oct. 13, 2017	94
24. 22:32.5	Jessica Gray	SEC Championships	Oct. 27, 2017	78
25. 22:34.6	Shannon Marsh	SEC Championships	Oct. 27, 2017	81
26. 22:41.6	Caroline Brooks	Crimson Classic	Oct. 13, 2017	106
27. 22:42.4	Maddie Dearborn	SEC Championships	Oct. 27, 2017	85
28. 22:44.0	Haley Wright	Crimson Classic	Oct. 13, 2017	108
29. 22:46.8	Brittany Tolson	Crimson Classic	Oct. 13, 2017	116
30. 22:49.2	Sarah Mohan	SEC Championships	Oct. 27, 2017	91
31. 22:49.8	Kaitlin York	Crimson Classic	Oct. 13, 2017	121
32. 23:03.2	Alison Ringle	SEC Championships	Oct. 27, 2017	97
33. 23:12.2	Alexa Cruz	Crimson Classic	Oct. 13, 2017	144
34. 23:13.7	Rachael Reddy	SEC Championships	Oct. 27, 2017	102
35. 23:33.3	Brianna Koshy	SEC Championships	Oct. 27, 2017	110
36. 23:34.6	Eliza Witherspoon	Crimson Classic	Oct. 13, 2017	179
37. 23:37.6	Margot Dooley	Crimson Classic	Oct. 13, 2017	182
38. 23:53.4	Gabby Prizio	Crimson Classic	Oct. 13, 2017	192
39. 23:58.2	Ashley Eavenson	Crimson Classic	Oct. 13, 2017	199
40. 24:09.3	Emma Sidman	Crimson Classic	Oct. 13, 2017	207
41. 24:34.5	Savannah Fraleigh	Crimson Classic	Oct. 13, 2017	216
42. 24:42.0	Isabel Caddo	Crimson Classic	Oct. 13, 2017	222
43. 24:43.7	Daley Cline	Crimson Classic	Oct. 13, 2017	223
42. 25:08.4	Caroline Cumbest	Crimson Classic	Oct. 13, 2017	237

ALABAMA MEN'S PERFORMANCE LIST [2003-PRESENT]

5 KILOMETERS

Time	Name	Event	Date	Finish
1. 14:44.61	Josephat Waweru	Belmont Opener	Sept. 5, 2003	1
2. 14:57.13	Anitbahs Kosgei	Chattanooga Powerade	Sept. 9, 2016	4
3. 15:05	Emmanuel Bor	UTC Invitational	Sept. 6, 2006	1
4. 15:08.03	Alex Korir	MSU Short Course	Oct. 25, 2004	2
5. 15:08.59	Kevin McDonough	MSU Short Course	Oct. 25, 2004	3
6. 15:09	August Maiyo	UTC Invitational	Sept. 6, 2006	2
7. 15:10	Abraham Kutingala	UTC Invitational	Sept. 6, 2006	3
8. 15:15	Andrew Kirwa	UTC Invitational	Sept. 7, 2007	2
9. 15:19.54	Alex Korir	Belmont Opener	Sept. 4, 2004	1
10. 15:21	Abraham Kutingala	UTC Invitational	Sept. 7, 2007	3

6 KILOMETERS

Time	Name	Event	Date	Finish
1. 18:57.75	Matt Airola	Iowa Black and Gold	Sept. 13, 2013	6
2. 19:00.25	Gil Walton	Iowa Black and Gold	Sept. 13, 2013	9
3. 19:01.17	Justin Ahalt	Iowa Black and Gold	Sept. 13, 2013	10
4. 19:03.97	Parker Deuel	Iowa Black and Gold	Sept. 13, 2013	13
5. 19:14.04	Conner Thompson	Iowa Black and Gold	Sept. 13, 2013	16
6. 19:22.61	Eric Sivill	Iowa Black and Gold	Sept. 13, 2013	17
7. 19:29.37	Andrew Faris	Iowa Black and Gold	Sept. 13, 2013	21
8. 19:34.23	Evan Prizy	Iowa Black and Gold	Sept. 13, 2013	24
9. 19:47.26	Payton Ballard	Iowa Black and Gold	Sept. 13, 2013	26
10. 20:06.17	Matt Joyner	Iowa Black and Gold	Sept. 13, 2013	31

4 MILES

Time	Name	Event	Date	Finish
1. 19:09.57	Augustus Maiyo	Memphis Twilight Invitational	Sept. 10, 2005	2
2. 19:11.13	Anitbahs Kosgei	Brooks Memphis Twilight	Sept. 3, 2016	1
3. 19:25.63	Moses Kiptoo	Memphis Twilight Invitational	Sept. 5, 2009	4
4. 19:35.75	Abraham Kutingala	Memphis Twilight Invitational	Sept. 10, 2005	4
5. 19:43.64	Titus Koeh	Memphis Twilight Invitational	Sept. 10, 2005	5
6. 19:49.75	Antibahs Kosgei	Brooks Twilight Classic	Sept. 5, 2015	1
7. 19:59.45	Alex Korir	Memphis Twilight Invitational	Sept. 10, 2005	7
8. 20:02.83	Josh Short	Brooks Memphis Twilight	Sept. 3, 2016	9
9. 20:04.56	Conner Thompson	Brooks Memphis Twilight	Sept. 3, 2016	11
10. 20:07.89	Robbie Farnham-Rose	Brooks Twilight Classic	Sept. 5, 2015	2

8 KILOMETERS

Time	Name	Event	Date	Finish
1. 23:01.18	Augustus Maiyo	SEC Championships	Oct. 29, 2005	2
2. 23:15.4	Vincent Kiprop	SEC Championships	Oct. 27, 2017	1
3. 23:18.8	Gilbert Kigen	SEC Championships	Oct. 27, 2017	2
4. 23:19	Emmanuel Bor	NCAA Pre-Nationals	Oct. 13, 2007	3
5. 23:23.4	Alfred Chelanga	SEC Championships	Oct. 27, 2017	3
6. 23:24.20	Antibahs Kosgei	SEC Championships	Oct. 30, 2015	1
7. 23:26	Emmanuel Bor	Bill Dellinger Invitational	Sept. 29, 2007	3
8. 23:26.4	Vincent Kiprop	Crimson Classic	Oct. 13, 2017	2
9. 23:30	Augustus Maiyo	Bill Dellinger Invitational	Sept. 29, 2007	4
10. 23:30.10	Tyson David	NCAA Pre-Nationals	Oct. 18, 2008	1

5 MILES

Time	Name	Event	Date	Finish
1. 23:23.7	Gilbert Kigen	Joe Plane Notre Dame Invitational	Sept. 29, 2017	1
2. 23:24.2	Vincent Kiprop	Joe Plane Notre Dame Invitational	Sept. 29, 2017	2
3. 23:26.9	Alfred Chelanga	Joe Plane Notre Dame Invitational	Sept. 29, 2017	3
4. 23:53.4	Anitbahs Kosgei	Joe Plane Notre Dame Invitational	Sept. 30, 2016	6
5. 24:55.3	Josh Short	Joe Plane Notre Dame Invitational	Sept. 29, 2017	75
6. 24:58.4	Conner Thompson	Joe Plane Notre Dame Invitational	Sept. 30, 2016	107
7. 25:32.3	Evan Prizy	Joe Plane Notre Dame Invitational	Sept. 30, 2016	150
7. 25:41.7	Garrett Bull	Joe Plane Notre Dame Invitational	Sept. 30, 2016	149
8. 25:45.9	Garrett Bull	Joe Plane Notre Dame Invitational	Sept. 29, 2017	131
9. 25:49.0	Robbie Farnham-Rose	Joe Plane Notre Dame Invitational	Sept. 30, 2016	87
10. 25:59.3	Josh Short	Joe Plane Notre Dame Invitational	Sept. 30, 2016	176

10 KILOMETERS

Time	Name	Event	Date	Finish
1. 28:53.4	Abraham Kutingala	Chile Pepper Festival	Oct. 14, 2006	12
2. 29:06.30	Augustus Maiyo	Chile Pepper Festival	Oct. 15, 2005	9
3. 29:18.6	Augustus Maiyo	Chile Pepper Festival	Oct. 14, 2006	15
4. 29:20.6	Emmanuel Bor	Chile Pepper Festival	Oct. 14, 2006	17
5. 29:24.50	Abraham Kutingala	Chile Pepper Festival	Oct. 15, 2005	13
6. 29:39.50	Alex Korir	Chile Pepper Festival	Oct. 15, 2005	18
7. 29:48.60	Titus Koeh	Chile Pepper Festival	Oct. 15, 2005	22
8. 30:01.11	Augustus Maiyo	NCAA South Regional	Nov. 12, 2005	4
9. 30:03.70	Tyson David	NCAA Championships	Nov. 23, 2009	22
10. 30:05.80	Emmanuel Bor	NCAA Championships	Nov. 23, 2009	25
30:05.80	Carison Kemei	NCAA South Regional	Nov. 13, 2010	2

ALABAMA WOMEN'S PERFORMANCE LIST [2003-PRESENT]

3 KILOMETERS

	Time	Name	Event	Date	Finish
1.	10:15	Julia Hicks	Mississippi State Invitational	Oct. 25, 2003	4
2.	10:18	Tara Enebak	Mississippi State Invitational	Oct. 25, 2003	5
3.	10:31	Elizabeth Wancowicz	Mississippi State Invitational	Oct. 25, 2003	8
4.	10:32.59	Julia Hicks	Mississippi State Invitational	Oct. 22, 2004	4
5.	10:37.96	Megan Carnes	Mississippi State Invitational	Oct. 22, 2004	6
6.	10:41	Blair Davis	Mississippi State Invitational	Oct. 25, 2003	11
7.	10:46.90	Elizabeth Wancowicz	Mississippi State Invitational	Oct. 22, 2004	7
8.	11:02	Megan Carnes	Mississippi State Invitational	Oct. 25, 2003	12
9.	11:05.31	Paylee Myrex	Crimson Tide Kick-Off	Sept. 1, 2012	3
10.	11:07.71	Katelyn Greenleaf	Crimson Tide Kick-Off	Sept. 1, 2012	4

2 MILES

	Time	Name	Event	Date	Finish
1.	11:06	Julia Hicks	Belmont Opener	Sept. 5, 2003	4
2.	11:13.19	Veronica Lyle	Samford Dual	Aug. 29, 2014	1
3.	11:18	Tara Enebak	Belmont Opener	Sept. 5, 2003	10
4.	11:22.76	Meropi Panagiotou	Samford Dual	Aug. 31, 2013	1
5.	11:22.88	Katelyn Greenleaf	Samford Dual	Aug. 31, 2013	2
6.	11:23.45	Hilary Stafford	Samford Dual	Aug. 31, 2013	3
7.	11:24.14	Emily Edwards	Samford Dual	Aug. 29, 2014	2
8.	11:27.81	Rebecca Stover	Samford Dual	Aug. 31, 2013	4
9.	11:28.62	Abigail Tankersley	Samford Dual	Aug. 31, 2013	5
10.	11:28.54	Emily Edwards	Chattanooga Powerade	Sept. 9, 2016	6

4 KILOMETERS

	Time	Name	Event	Date	Finish
1.	13:59.00	Katelyn Greenleaf	Iowa Black and Gold	Sept. 13, 2013	2
2.	13:59.52	Hilary Stafford	Iowa Black and Gold	Sept. 13, 2013	3
3.	14:14.43	Julia Hicks	Belmont Opener	Sept. 5, 2005	2
4.	14:25.61	Kelsey Johnson	Belmont/Vanderbilt Opener	Sept. 4, 2009	3
5.	14:28.36	Kimberley Ficenec	Iowa Black and Gold	Sept. 13, 2013	9
6.	14:28.81	Sara Vaughn	Belmont/Vanderbilt Opener	Sept. 5, 2008	2
7.	14:29.55	Meropi Panagiotou	Iowa Black and Gold	Sept. 13, 2013	10
8.	14:30.05	Hannah Waggoner	Iowa Black and Gold	Sept. 13, 2013	11
9.	14:32.43	Andrea Torske	Belmont-Vandy Opener	Sept. 3, 2010	5
10.	14:37.95	Susie Kemper	Iowa Black and Gold	Sept. 13, 2013	16

5 KILOMETERS

	Time	Name	Event	Date	Finish
1.	16:47.41	Katelyn Greenleaf	Crimson Classic	Oct. 16, 2015	3
2.	17:01.59	Julia Hicks	Auburn Invitational	Oct. 5, 2005	5
3.	17:06.26	Rachael Reddy	Brooks Twilight Classic	Sept. 5, 2015	1
4.	17:06.7	Hannah Waggoner	Joe Plane Notre Dame Invitational	Sept. 30, 2016	47
5.	17:13.69	Katelyn Greenleaf	Brooks Twilight Classic	Sept. 5, 2015	2
6.	17:17.72	Hannah Waggoner	Brooks Memphis Twilight	Sept. 3, 2016	2
7.	17:17.95	Sara Vaughn	Crimson Classic	Sept. 20, 2008	1
8.	17:21.2	McKenzie Yanek	Joe Plane Notre Dame Invitational	Sept. 30, 2016	69
9.	17:22.22	Katelyn Greenleaf	Crimson Classic	Oct. 18, 2013	2
10.	17:22.70	Hannah Waggoner	Crimson Classic	Oct. 16, 2015	13

6 KILOMETERS

	Time	Name	Event	Date	Finish
1.	20:01.1	Hannah Waggoner	NCAA Regionals	Nov. 14, 2014	11
2.	20:04	Katelyn Greenleaf	NCAA Regionals	Nov. 14, 2014	12
3.	20:06.90	Katelyn Greenleaf	SEC Championships	Oct. 30, 2015	7
4.	20:16.13	Katelyn Greenleaf	NCAA South Regional	Nov. 13, 2015	3
5.	20:23.62	Katelyn Greenleaf	SEC Championships	Oct. 31, 2014	11
6.	20:25.20	Rachael Reddy	SEC Championships	Oct. 30, 2015	16
7.	20:32.9	Julia Hicks	SEC Championships	Oct. 29, 2005	14
8.	20:37.45	Hannah Waggoner	SEC Championships	Oct. 31, 2014	15
9.	20:37.30	McKenzie Yanek	UC Riverside Invitational	Sept. 16, 2017	14
10.	20:37.50	Katelyn Greenleaf	NCAA Championships	Nov. 21, 2015	63

2017 MEN'S INDIVIDUAL TIMES

CLAY AUSTELL

8-kilometer • PR - 25:35.5 • Sept. 16, 2017

Time	Event	Date	Finish
25:47.2	SEC Championships	Oct. 27, 2017	74
26:29.5	Crimson Classic	Oct. 13, 2017	107
25:35.5	UC Riverside Invitational	Sept. 16, 2017	55

HAYDEN BLALOCK

5-kilometer • PR - 15:38.90 • Sept. 1, 2017

Time	Event	Date	Finish
15:38.90	Struts Season Opener	Sept. 1, 2017	18

8-kilometer • PR - 25:44.1 • Sept. 16, 2017

Time	Event	Date	Finish
26:43.9	SEC Championships	Oct. 27, 2017	100
26:18.8	Crimson Classic	Oct. 13, 2017	95
25:44.1	UC Riverside Invitational	Sept. 16, 2017	60

J.P. BRINYARK

8-kilometer • PR - 25:02.8 • Sept. 16, 2017

Time	Event	Date	Finish
25:37.0	Crimson Classic	Oct. 13, 2017	51
25:02.8	UC Riverside Invitational	Sept. 16, 2017	26

5-mile • PR - 26:06.9 • Sept. 30, 2016

Time	Event	Date	Finish
26:17.5	Joe Plane Notre Dame Invitational	Sept. 29, 2017	158

CHASE BUCKELEW

8-kilometer • PR - 25:20.9 • Sept. 16, 2017

Time	Event	Date	Finish
25:50.2	SEC Championships	Oct. 27, 2017	78
26:00.8	Crimson Classic	Oct. 13, 2017	74
25:20.9	UC Riverside Invitational	Sept. 16, 2017	43

5-mile • PR - 27:12.5 • Sept. 29, 2017

Time	Event	Date	Finish
27:12.5	Joe Plane Notre Dame Invitational	Sept. 29, 2017	166

ANDREW BULL

8-kilometer • PR - 25:08.4 • Oct. 27, 2017

Time	Event	Date	Finish
25:08.4	SEC Championships	Oct. 27, 2017	40
25:38.1	Crimson Classic	Oct. 13, 2017	53

5-mile • PR - 26:09.8 • Sept. 30, 2016

Time	Event	Date	Finish
26:15.9	Joe Plane Notre Dame Invitational	Sept. 29, 2017	157

GARRETT BULL

8-kilometer • PR - 25:00.4 • Oct. 27, 2017

Time	Event	Date	Finish
25:00.4	SEC Championships	Oct. 27, 2017	37
25:16.5	UC Riverside Invitational	Sept. 16, 2017	35

5-miles • PR - 25:31.7 • Sept. 30, 2016

Time	Event	Date	Finish
25:45.9	Joe Plane Notre Dame Invitational	Sept. 29, 2017	131

ALFRED CHELANGA

8-kilometer • UA PR - 23:23.4 • Oct. 27, 2017

Time	Event	Date	Finish
23:23.4	SEC Championships	Oct. 27, 2017	3
23:42.0	Crimson Classic	Oct. 13, 2017	4
24:23.3	UC Riverside Invitational	Sept. 16, 2017	3

5-mile • UA PR - 23:26.9 • Sept. 29, 2017

Time	Event	Date	Finish
23:26.9	Joe Plane Notre Dame Invitational	Sept. 29, 2017	3

GILBERT KIGEN

8-kilometer • UA PR - 23:18.8 • Oct. 27, 2017

Time	Event	Date	Finish
23:18.8	SEC Championships	Oct. 27, 2017	2
23:34.7	Crimson Classic	Oct. 13, 2017	3
24:23.0	UC Riverside Invitational	Sept. 16, 2017	2

5-mile • UA PR - 23:23.7 • Sept. 29, 2017

Time	Event	Date	Finish
23:23.7	Joe Plane Notre Dame Invitational	Sept. 29, 2017	1

VINCENT KIPROP

8-kilometer • UA PR - 23:15.4 • Oct. 27, 2017

Time	Event	Date	Finish
23:15.4	SEC Championships	Oct. 27, 2017	1
23:26.4	Crimson Classic	Oct. 13, 2017	2
24:23.0	UC Riverside Invitational	Sept. 16, 2017	1

5-mile • UA PR - 23:24.2 • Sept. 29, 2017

Time	Event	Date	Finish
23:24.2	Joe Plane Notre Dame Invitational	Sept. 29, 2017	2

NATHAN GAMBLE

5-kilometer • PR - 16:13.50 • Sept. 1, 2017

Time	Event	Date	Finish
16:13.50	Struts Season Opener	Sept. 1, 2017	27

8-kilometer • PR - 26:09.0 • Sept. 16, 2017

Time	Event	Date	Finish
26:53.6	Crimson Classic	Oct. 13, 2017	131
26:09.0	UC Riverside Invitational	Sept. 16, 2017	74

ELLIOTT MILLER

5-kilometer • PR - 15:40.60 • Sept. 1, 2017

Time	Event	Date	Finish
15:40.60	Struts Season Opener	Sept. 1, 2017	19

8-kilometer • PR - 25:30.4 • Sept. 16, 2017

Time	Event	Date	Finish
25:30.4	UC Riverside Invitational	Sept. 16, 2017	51

5-mile • PR - 26:05.3 • Sept. 29, 2017

Time	Event	Date	Finish
26:05.3	Joe Plane Notre Dame Invitational	Sept. 29, 2017	150

EVAN PRIZY

8-kilometer • PR - 25:40.4 • Oct. 14, 2016

Time	Event	Date	Finish
25:52.1	SEC Championships	Oct. 27, 2017	80
26:55.8	UC Riverside Invitational	Sept. 16, 2017	91

JACKSON REED

5-kilometer • PR - 17:18.80 • Sept. 1, 2017

Time	Event	Date	Finish
17:18.80	Struts Season Opener	Sept. 1, 2017	51

8-kilometer • PR - 27:29.1 • Oct. 13, 2017

Time	Event	Date	Finish
27:29.1	Crimson Classic	Oct. 13, 2017	162

OLIVER RIGG

5-kilometer • PR - 15:32.40 • Sept. 1, 2017

Time	Event	Date	Finish
15:32.40	Struts Season Opener	Sept. 1, 2017	9

8-kilometer • PR - 26:41.0 • Sept. 16, 2017

Time	Event	Date	Finish
27:11.0	Crimson Classic	Oct. 13, 2017	150
26:41.0	UC Riverside Invitational	Sept. 16, 2017	87

2017 MEN'S INDIVIDUAL TIMES

PAUL SELDEN

5-kilometer • PR - 16:53.20 • Sept. 1, 2017

Time	Event	Date	Finish
16:53.20	Struts Season Opener	Sept. 1, 2017	43

8-kilometer • PR - 27:15.2 • Oct. 13, 2017

Time	Event	Date	Finish
27:15.2	Crimson Classic	Oct. 13, 2017	156

JOSH SHORT

5-mile • PR - 24:55.3 • Sept. 29, 2017

Time	Event	Date	Finish
24:55.3	Joe Piane Notre Dame Invitational	Sept. 29, 2017	75

COLTON SMITH

5-kilometer • PR - 17:22.30 • Sept. 1, 2017

Time	Event	Date	Finish
17:22.30	Struts Season Opener	Sept. 1, 2017	53

8-kilometer • PR - 27:33.4 • Oct. 13, 2017

Time	Event	Date	Finish
27:33.4	Crimson Classic	Oct. 13, 2017	164

2017 WOMEN'S INDIVIDUAL TIMES

CAROLINE BARLOW

5-kilometer • PR - 17:47.4 • Sept. 29, 2017

Time	Event	Date	Finish
17:47.4	Joe Piane Notre Dame Invitational	Sept. 29, 2017	81

6-kilometer • PR - 21:23.6 • Nov. 11, 2016

Time	Event	Date	Finish
21:48.0	SEC Championships	Oct. 27, 2017	44
21:57.6	Crimson Classic	Oct. 13, 2017	57
21:29.9	UC Riverside Invitational	Sept. 16, 2017	40

AMEENA BENSELLOUM

4-kilometer • PR - 16:06.40 • Sept. 1, 2017

Time	Event	Date	Finish
16:06.40	Struts Season Opener	Sept. 1, 2017	31

CAROLINE BROOKS

4-kilometer • PR - 15:14.60 • Sept. 1, 2017

Time	Event	Date	Finish
15:14.60	Struts Season Opener	Sept. 1, 2017	13

5-kilometer • PR - 18:40.7 • Sept. 16, 2017

Time	Event	Date	Finish
18:40.7	UC Riverside Invitational	Sept. 16, 2017	16

6-kilometer • PR - 22:41.6 • Oct. 13, 2017

Time	Event	Date	Finish
22:41.6	Crimson Classic	Oct. 13, 2017	106

REBECCA BUTEAU

5-kilometer • PR - 17:50.5 • Sept. 30, 2016

Time	Event	Date	Finish
17:51.9	Joe Piane Notre Dame Invitational	Sept. 29, 2017	88

6-kilometer • PR - 20:47.0 • Sept. 16, 2017

Time	Event	Date	Finish
21:41.0	SEC Championships	Oct. 27, 2017	38
21:15.3	Crimson Classic	Oct. 13, 2017	20
20:47.0	UC Riverside Invitational	Sept. 16, 2017	17

ISABEL CADDO

6-kilometer • PR - 24:42.0 • Oct. 13, 2017

Time	Event	Date	Finish
24:42.0	Crimson Classic	Oct. 13, 2017	222

DALEY CLINE

6-kilometer • PR - 24:43.7 • Oct. 13, 2017

Time	Event	Date	Finish
24:43.7	Crimson Classic	Oct. 13, 2017	223

ALEXA CRUZ

6-kilometer • PR - 23:12.2 • Oct. 13, 2017

Time	Event	Date	Finish
23:12.2	Crimson Classic	Oct. 13, 2017	144

CAROLINE CUMBEST

6-kilometer • PR - 25:08.4 • Oct. 13, 2017

Time	Event	Date	Finish
25:08.4	Crimson Classic	Oct. 13, 2017	237

ELISABETH DANIS

5-kilometer • PR - 17:49.3 • Sept. 29, 2017

Time	Event	Date	Finish
17:49.3	Joe Piane Notre Dame Invitational	Sept. 29, 2017	85

6-kilometer • PR - 20:39.1 • Sept. 16, 2017

Time	Event	Date	Finish
21:32.3	SEC Championships	Oct. 27, 2017	32
21:50.2	Crimson Classic	Oct. 13, 2017	48
20:39.1	UC Riverside Invitational	Sept. 16, 2017	15

MADDIE DEARBORN

5-kilometer • PR - 17:45.5 • Sept. 16, 2017

Time	Event	Date	Finish
17:45.5	UC Riverside Invitational	Sept. 16, 2017	5

18:06.7 Joe Piane Notre Dame Invitational

Time	Event	Date	Finish
18:06.7	Joe Piane Notre Dame Invitational	Sept. 29, 2017	109

6-kilometer • PR - 21:39.9 • Oct. 13, 2017

Time	Event	Date	Finish
22:42.4	SEC Championships	Oct. 27, 2017	85
21:39.9	Crimson Classic	Oct. 13, 2017	40
20:37.3	UC Riverside Invitational	Sept. 16, 2017	14

MARGOT DOOLEY

4-kilometer • PR - 15:00.50 • Sept. 1, 2017

Time	Event	Date	Finish
15:00.50	Struts Season Opener	Sept. 1, 2017	7

5-kilometer • PR - 18:51.0 • Sept. 16, 2017

Time	Event	Date	Finish
18:51.0	UC Riverside Invitational	Sept. 16, 2017	18

6-kilometer • PR - 23:37.6 • Oct. 13, 2017

Time	Event	Date	Finish
23:37.6	Crimson Classic	Oct. 13, 2017	182

ASHLEY EAVENSON

6-kilometer • PR - 23:58.2 • Oct. 13, 2017

Time	Event	Date	Finish
23:58.2	Crimson Classic	Oct. 13, 2017	199

SAVANNAH FRALEIGH

6-kilometer • PR - 24:34.5 • Oct. 13, 2017

Time	Event	Date	Finish
24:34.5	Crimson Classic	Oct. 13, 2017	216

NICOLE GARDNER

5-kilometer • PR - 18:00.2 • Sept. 29, 2017

Time	Event	Date	Finish
18:00.2	Joe Piane Notre Dame Invitational	Sept. 29, 2017	101

6-kilometer • PR - 21:13.8 • Oct. 13, 2017

Time	Event	Date	Finish
21:54.2	SEC Championships	Oct. 27, 2017	49
21:13.8	Crimson Classic	Oct. 13, 2017	18
21:17.0	UC Riverside Invitational	Sept. 16, 2017	31

JESSICA GRAY

5-kilometer • PR - 18:03.0 • Sept. 29, 2017

Time	Event	Date	Finish
18:03.0	Joe Piane Notre Dame Invitational	Sept. 29, 2017	105

6-kilometer • PR - 21:16.9 • Sept. 16, 2017

Time	Event	Date	Finish
22:32.5	SEC Championships	Oct. 27, 2017	78
21:46.8	Crimson Classic	Oct. 13, 2017	45
21:16.9	UC Riverside Invitational	Sept. 16, 2017	30

BRIANNA KOSHY

4-kilometer • PR - 15:50.20 • Sept. 1, 2017

Time	Event	Date	Finish
15:50.20	Struts Season Opener	Sept. 1, 2017	26

6-kilometer • PR - 22:28.5 • Oct. 13, 2017

Time	Event	Date	Finish
23:33.3	SEC Championships	Oct. 27, 2017	110
22:28.5	Crimson Classic	Oct. 13, 2017	94

SHANNON MARSH

4-kilometer • PR - 14:55.90 • Sept. 1, 2017

Time	Event	Date	Finish
14:55.90	Struts Season Opener	Sept. 1, 2017	5

5-kilometer • PR - 17:57.7 • Sept. 16, 2017

Time	Event	Date	Finish
17:57.7	UC Riverside Invitational	Sept. 16, 2017	7

6-kilometer • PR - 21:55.6 • Oct. 13, 2017

Time	Event	Date	Finish
22:34.6	SEC Championships	Oct. 27, 2017	81
21:55.6	Crimson Classic	Oct. 13, 2017	54

2017 WOMEN'S INDIVIDUAL TIMES

SARAH MOHAN

4-kilometer • PR - 15:18.80 • Sept. 1, 2017

Time	Event	Date	Finish
15:18.80	Struts Season Opener	Sept. 1, 2017	15

5-kilometer • PR - 18:17.4 • Sept. 29, 2017

Time	Event	Date	Finish
18:17.4	Joe Plane Notre Dame Invitational	Sept. 29, 2017	118

6-kilometer • PR - 22:16.3 • Oct. 13, 2017

Time	Event	Date	Finish
22:49.2	SEC Championships	Oct. 27, 2017	91
22:16.3	Crimson Classic	Oct. 13, 2017	79

GABBY PRIZIO

6-kilometer • PR - 23:53.4 • Oct. 13, 2017

Time	Event	Date	Finish
23:53.4	Crimson Classic	Oct. 13, 2017	192

RACHAEL REDDY

5-kilometer • PR - 17:06.26 • Sept. 5, 2015

Time	Event	Date	Finish
18:49.0	Joe Plane Notre Dame Invitational	Sept. 29, 2017	140

6-kilometer • PR - 21:20.9 • Sept. 16, 2017

Time	Event	Date	Finish
23:13.7	SEC Championships	Oct. 27, 2017	102
21:20.9	UC Riverside Invitational	Sept. 16, 2017	33

ALISON RINGLE

5-kilometer • PR - 18:31.6 • Sept. 16, 2017

Time	Event	Date	Finish
18:31.6	UC Riverside Invitational	Sept. 16, 2017	10

6-kilometer • PR - 22:09.8 • Sept. 26, 2015

Time	Event	Date	Finish
23:03.2	SEC Championships	Oct. 27, 2017	97
22:21.8	Crimson Classic	Oct. 13, 2017	86

ASHLEY EAVENSON

6-kilometer • PR - 24:09.3 • Oct. 13, 2017

Time	Event	Date	Finish
24:09.3	Crimson Classic	Oct. 13, 2017	207

BRITTANY TOLSON

4-kilometer • PR - 15:32.80 • Sept. 1, 2017

Time	Event	Date	Finish
15:32.80	Struts Season Opener	Sept. 1, 2017	20

6-kilometer • PR - 22:34.8 • Oct. 14, 2016

Time	Event	Date	Finish
22:46.8	Crimson Classic	Oct. 13, 2017	116

ELIZA WITHERSPOON

6-kilometer • PR - 23:34.6 • Oct. 13, 2017

Time	Event	Date	Finish
23:34.6	Crimson Classic	Oct. 13, 2017	179

HALEY WRIGHT

4-kilometer • PR - 15:27.00 • Sept. 1, 2017

Time	Event	Date	Finish
15:27.00	Struts Season Opener	Sept. 1, 2017	18

6-kilometer • PR - 22:44.0 • Oct. 13, 2017

Time	Event	Date	Finish
22:44.0	Crimson Classic	Oct. 13, 2017	108

MCKENZIE YANEK

5-kilometer • PR - 17:21.2 • Sept. 30, 2016

Time	Event	Date	Finish
18:08.5	Joe Plane Notre Dame Invitational	Sept. 29, 2017	112

6-kilometer • PR - 20:37.3 • Sept. 16, 2017

Time	Event	Date	Finish
20:52.1	SEC Championships	Oct. 27, 2017	14
21:20.5	Crimson Classic	Oct. 13, 2017	24
20:37.3	UC Riverside Invitational	Sept. 16, 2017	14

KAITLIN YORK

6-kilometer • PR - 22:49.8 • Oct. 13, 2017

Time	Event	Date	Finish
22:49.8	Crimson Classic	Oct. 13, 2017	121

ALABAMA AT THE NCAA MEN'S SOUTH REGIONAL

Men's NCAA South Region Team Titles

2010, 2009, 2008, 2007, 2001, 2000, 1999

Men's South Regional Top 10 Finishes

Year	Place	Points	Location
1973	6th		
1988	8th		
1999	1st	69	Auburn, Ala.
2000	1st	47	Tuscaloosa, Ala.
2001	1st	55	Birmingham, Ala.
2002	2nd	79	Maryville, Tenn.
2003	5th	132	Auburn, Ala.
2004	8th	241	Tuscaloosa, Ala.
2005	1st	40	Gainesville, Fla.
2006	2nd	88	Maryville, Tenn.
2007	1st	28	Gainesville, Fla.
2008	1st	49	Knoxville, Tenn.
2009	1st	45	Tuscaloosa, Ala.
2010	1st	30	Birmingham, Ala.
2015	6th	183	Tuscaloosa, Ala.
2016	4th	122	Tallahassee, Fla.

Men's NCAA South Regional Individual Titles(10k)

Year	Name	Time	Location
2000	David Kimani	30:25.15	Tuscaloosa, Ala.
2001	David Kimani	30:06.43	Birmingham, Ala.
2002	David Kimani	32:09.91	Maryville, Tenn.
2015	Antibahs Kosgei	30:25.66	Tuscaloosa, Ala.

Men's NCAA All-South Regional Finishers (by year)

2000	David Kimani, Japheth Koech, Frank Rono, Chris Mutai
2001	David Kimani, Peter Kiprono, Japheth Koech, Matt Legrand
2002	David Kimani, Peter Kiprono, Tyler Stanfield
2003	Kevin McDonough, Josphat Waweru
2004	Alex Korir
2005	Peter Etoot, Titus Koeh, Alex Korir, Abraham Kutingala, Augustus Maiyo
2006	Emmanuel Bor, Abraham Kutingala, Augustus Maiyo
2007	Emmanuel Bor, Andrew Kirwa, Titus Koeh, Abraham Kutingala, Augustus Maiyo
2008	Emmanuel Bor, Tyson David, Andrew Kirwa, Abraham Kutingala, Augustus Maiyo
2009	Emmanuel Bor, Julius Bor, Tyson David, Andrew Kirwa, Fred Samoei
2010	Julius Bor, Carison Kemei, Moses Kiptoo, Andrew Kirwa, Joel Rop
2014	Robbie Farnham-Rose
2015	Antibahs Kosgei
2016	Robbie Farnham-Rose, Antibahs Kosgei

Men's NCAA All-South Regional Finishers (by athlete)

Emmanuel Bor	2006, 2007, 2008, 2009
Julius Bor	2009, 2010
Tyson David	2008, 2009
Peter Etoot	2005
Robbie Farnham-Rose	2014, 2016
Carison Kemei	2010
David Kimani	2000, 2001, 2002
Peter Kiprono	2001, 2002
Moses Kiptoo	2010
Andrew Kirwa	2007, 2008, 2009, 2010
Japheth Koech	2000, 2001
Titus Koeh	2005, 2007
Alex Korir	2004, 2005
Antibahs Kosgei	2015, 2016
Abraham Kutingala	2005, 2006, 2007, 2008
Matt Legrand	2001
Augustus Maiyo	2005, 2006, 2007, 2008
Kevin McDonough	2003
Chris Mutai	2000
Frank Rono	2000
Joel Rop	2010
Fred Samoei	2009
Tyler Stanfield	2002
Josphat Waweru	2003

Men's South Region Coach of the Year

Joe Walker 2000, 2001, 2007, 2008, 2009, 2010

ALABAMA AT THE NCAA WOMEN'S SOUTH REGIONAL

Women's NCAA/AIAW South Region Top-10 Finishes

Year	Place	Points	Location
1977*	2nd	-	
1978*	1st	-	
1979*	1st	-	
1980*	2nd	-	
1981*	3rd	-	
1984	3rd	-	
1985	6th	180	
1986	1st	-	
1987	3rd	-	
1988	5th	-	
1997	8th	205	
1999	7th	194	Auburn, Ala.
2000	10th	269	Tuscaloosa, Ala.
2008	8th	219	Knoxville, Tenn.
2009	7th	208	Tuscaloosa, Ala.
2010	7th	239	Birmingham, Ala.
2011	6th	217	Tuscaloosa, Ala.
2012	6th	248	Tallahassee, Fla.
2013	3rd	143	Tuscaloosa, Ala.
2014	3rd	135	Tallahassee, Fla.
2015	3rd	135	Tuscaloosa, Ala.
2016	4th	177	Tallahassee, Fla.

* denotes AIAW

Women's AIAW South Region Individual Titles (6k)

Year	Name
1978	Cindy Strum
1979	Cindy Strum
1980	Sue Jackson

Women's NCAA All-South Regional Finishers (by year)

1998	Ashley LaBudde, Aly Mills
1999	Dawn Boggs, Amanda Grout, Ashley LaBudde
2000	Ashley LaBudde
2005	Julia Hicks
2006	Julia Hicks
2007	Haley Moody
2008	Kelsey Johnson, Sara Vaughn
2009	Kelsey Johnson
2013	Katelyn Greenleaf, Meropi Panagiotou
2014	Katelyn Greenleaf, Hannah Waggoner
2015	Katelyn Greenleaf
2016	Hannah Waggoner

Women's NCAA All-South Regional Finishers (by athlete)

Dawn Boggs	1999
Katelyn Greenleaf	2013, 2014, 2015
Amanda Grout	1999
Julia Hicks	2005, 2006
Kelsey Johnson	2008, 2009
Ashley LaBudde	1998, 1999, 2000
Aly Mills	1998
Haley Moody	2007
Meropi Panagiotou	2013
Sara Vaughn	2008
Hannah Waggoner	2014, 2016

Women's South Region Coach of the Year

David Troy 1986



CLAY AUSTELL

DISTANCE

Sophomore

Collierville, Tenn./
Briarcrest Christian

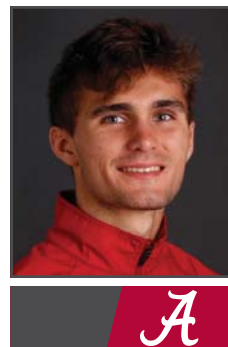


J.P. BRINYARK

DISTANCE

Sophomore

Berry, Ala./
Northside



CHASE BUCKELEW

DISTANCE

Freshman

Arab, Ala./
Arab

2017-18

Cross Country: Finished 74th at the SEC Championships on Oct. 27 with a time of 25:47.2 over the 8k course ... finished the Crimson Classic on Oct. 13 with a time of 26:29.5 over the 8k course ... finished 55th in his season debut at the UC Riverside Invitational on Sept. 16th with a personal-best time of 25:35.5 over the 8k course.

2016-17

Outdoor Season: Finished 13th in the 1,500 meters at the SEC Relays on April 29 in 4:18.59 ... ran the anchor leg on Alabama's 4x800-meter relay that finished fifth at the SEC Relays on April 28 in 7:51.98 ... finished 12th in the 800 meters at the Crimson Tide Invitational on April 8 in a personal-best 1:54.50 ... also ran the anchor leg on Alabama's "B" 4x400-meter relay that finished eighth in 3:25.45 ... finished eighth in the 1,500 meters at the Florida State Relays on March 24 in a personal-best 3:57.23 in his first outdoor outing of the season.

Indoor Season: Finished 11th in the mile in a personal-best time of 4:19.75 at the Tiger Paw Invitational on Feb. 10 ... finished sixth in the mile in 4:13.61 in his collegiate indoor debut at the Auburn Invitational on Jan. 21.

Cross Country: Finished 93rd at the SEC Championships in a time of 27:12.6 ... finished as Alabama's No. 5 runner at the Crimson Classic with a personal-best time of 27:021.8 on the 8k course ... finished 29th in a time of 16:26.06 in the 5k Chattanooga Powerade Invitational on Sept. 9 ... opened the season with a time of 21:20.11 at the four-mile Brooks Memphis Twilight Classic.

2015-16

Outdoor Season: Clocks a 1,500-meter time of 4:03.49 to finish eighth in the event at the War Eagle Invitational.

Indoor Season: Did not compete.

Cross Country: Did not compete.

Prep and Personal: A four-time TSSAA state medalist at Briarcrest Christian School ... set the school record for the 5k in cross country and the 4x800 relay ... all-metro selection twice for both cross country and track & field ... a 2015 Indoor Tennessee Track All-State selection ... named the 2012 and 2014 Briarcrest Most Valuable Runner for Cross Country ... also a three-time Briarcrest Most Valuable Runner for Track ... Freshman County Champion in the 800 and 1,600 meters ... has three older brothers who all competed collegiately in track & field - Kent (University of Arkansas, 2004-08), Drew (Chattanooga, 2010-13; Memphis, 2013-14), and Lane (University of Arkansas, 2012-16) ... son of Steve and Carole Austell ... born Sept. 16, 1996 in Germantown, Tenn.

2017-18

Cross Country: Competed in the SEC Championships on Oct. 27 but did not finish ... finished as the Tide's No. 4 runner at the Crimson Classic on Oct. 13 with a time of 25:37.0 over the 8k course ... finished 158th at the Joe Plane Notre Dame invitational on Sept. 29 with a time of 26:17.5 over the five-mile course ... finished 26th at the UC Riverside Invitational in his season debut on Sept. 16 and was the Tide's No. 4 runner with a personal-best time of 25:02.8 over the 8k course.

2016-17

2017 Outdoor Season: Finished fourth in the 3,000-meter steeplechase at the SEC Relays on April 28 in 9:41.40 in his first collegiate outing in the event ... finished eighth in the invitational 1500 meters at the War Eagle Invitational on April 21 in a personal-best 3:59.55 ... finished seventh in the 5,000 meters at the Crimson Tide Invitational on April 7 in a personal-best 14:52.49 ... anchored Alabama's distance medley relay at the Florida Relays on April 1 that finished third in 10:03.98 ... finished third in the 2,000-meter steeplechase at the Florida State Relays on March 24 in 6:11.18 in his collegiate outdoor debut.

2017 Indoor Season: Finished third in the 3,000 meters at the Tiger Paw Invitational on Feb. 11 in a time of 8:40.40 ... made his collegiate track & field debut at the Auburn Invitational, finishing fifth in the 3,000 meters in 8:39.19.

2016 Cross Country: Finished 76th at the SEC Championships in a time of 26:30.3 ... ran the five-mile course at the Joe Plane Notre Dame Invitational in a time of 26:06.9 ... finished ninth and was the Crimson Tide's third runner in a time of 15:45.97 at the 5k Chattanooga Powerade Invitational on Sept. 9 ... made his college debut at the Brooks Memphis Twilight Classic and covered the four-mile course in 20:34.11 to finish 28th and come in as Alabama's fifth runner.

Prep and Personal: Coached by Sue Robertson at Northside High School ... runner-up at the 2015 Alabama 4A state cross country championships with a personal-best 5k time of 16:18 ... state champion in the 1,600 and 3,200 meters and runner-up in the 800 meters at the Alabama indoor state championships in 2015 ... member of Northside's 2014 Alabama Class 4A state cross country championship team and 2015 4A/5A state indoor championship team ... also played baseball and basketball at Northside ... born October 13, 1997 in Birmingham, Ala.

2017-18

Cross Country: Finished 78th at the SEC Championships on Oct. 27 with a time of 25:50.2 over the 8k course ... finished 74th at the Crimson Classic on Oct. 13 with a time of 26:00.8 over the 8k course ... finished 166th at the Joe Plane Notre Dame invitational on Sept. 29 with a time of 27:12.5 over the five-mile course ... made his collegiate debut at the UC Riverside Invitational on Sept. 16 ... finished 43rd with a time of 25:20.9 over the 8k course.

Prep and Personal: Coached by Trent Martin and Russ Polheimus at Arab High School ... 2017 Alabama Class 5A state champion at 1,600 and 3,200 meters indoors and 800 meters, 1,600 meters and 3,200 meters outdoors ... indoor state 3,200 meters record-holder ... school record-holder in the 800 meters, 1,600 meters, 3,200 meters, two-mile and 4x800-meter relay ... son of Jerry Buckelew and Doris Swann ... born Sept. 14, 1998.



ANDREW BULL

DISTANCE

Senior

Nashville, Tenn/
Brentwood Academy

2017-18

2017 Cross Country: Finished 40th at the SEC Championships on Oct. 27 and was the Tide's No. 5 runner with a time of 25:08.4 over the 8k course ... finished as the Tide's No. 5 runner at the Crimson Classic on Oct. 13 with a time of 25:38.1 over the 8k course ... finished 157th in his season debut at the Joe Plane Notre Dame invitational on Sept. 29 with a time of 26:15.9 over the five-mile course.

2016-17

2017 Outdoor Season: Competed in the 10,000 meters at the SEC Outdoor Track & Field Championships on May 11 but did not finish ... finished sixth in the invitational 5,000 meters at the War Eagle Invitational on April 21 in a time of 14:48.85 ... finished 15th in the 1,500 meters at the Crimson Tide Invitational in a personal-best 3:58.15 ... opened the outdoor season with a 12th-place finish in the 5,000 meters at the Florida Relays on March 30 in a personal-best time of 14:45.49.

2017 Indoor Season: Finished fifth in the 5,000 meters at the Tiger Paw Invitational on Feb. 10 in a personal-best time of 15:04.22 ... made his 2017 debut at the Auburn Invitational,

finishing sixth in the 5,000 meters in a time of 15:16.87.

2016 Cross Country: Finished 101st at the NCAA South Regional in a time of 33:04.3 ... finished 75th at the SEC Championships in a time of 25:25.2 ... posted a time of 26:09.8 at the five-mile Joe Plane Notre Dame Invitational on Sept. 30 ... finished 16th in a personal-best time of 15:57.50 at the 5k Chattanooga Powerade Invitational on Sept. 9 ... opened the season with a time of 20:39.44 at the four-mile Brooks Memphis Twilight Classic.

2015-16

2016 Outdoor Season: Registered a 5,000-meter time of 15:12.97 to finish 11th in the invitational section of the event at the War Eagle Invitational.

2016 Indoor Season

Did not compete.

2015 Cross Country: Ran a time of 32:48.50 to place 76th at the NCAA South Regional meet ... finished the Crimson Classic 8k in 26:15.49 ... clocked an 8k time of 27:11.8 at the Cowboy Jamboree ... ran the Brooks Twilight Classic 4-mile course in a time of 21:15.44 ... crossed the 5k finish line in 16:44.02 at the Samford Cross Country Opener.

2014-15

2015 Outdoor Season: Did not compete.

2015 Indoor Season: Did not compete.

2014 Cross Country: Clocks an 8k time of 26:43.61 at the SEC Championships ... ran a 26:56.78 8k at the Crimson Classic ... finished the Paul Short Invitational 8k with a time of 26:06 ... clocked an 8k time of 25:57.08 at the Asheville Cross Country Carnival ... ran a 5k time of 16:31.87 to open the season at the Samford Dual meet, finishing fourth.

Prep and Personal: Coached by Marshal Smith at Brentwood Academy in Nashville, Tenn. ... finished as the runner-up in the 3,200 meters with a time of 9:39.43 at the Tennessee Secondary School Athletic Association Division II State Championships ... set a personal-best of 9:20.74 in the 3,200 meters at the 2014 Eastern Relays ... finished fifth in the 1,600 meters with a time of 4:26.29 at the TSSAA Division II State Championships in 2014 ... set a personal-best of 4:21.34 in the 1,600 meters while finishing third at the TSSAA Middle Sub-Sectional Meet in 2014 ... helped the Brentwood Academy Eagles in winning the TSSAA Division II State Championships in 2011, 2012 and 2013 ... member of 4x800 relay unit that set a Brentwood Academy school record in 2014 ... held the position of cross country team captain for the Eagles in the fall of 2013 ... joined on the team by his twin brother, Garrett, at The University of Alabama ... son of Donald and Kathryn Bull ... born Aug. 2, 1995, in Nashville, Tenn.



GARRETT BULL

DISTANCE

Senior

Nashville, Tenn/
Brentwood Academy

2017-18

Cross Country: Finished 37th at the SEC Championships on

Oct. 27 and was the Tide's No. 4 runner with a time of 25:00.4 over the 8k course ... Alabama's No. 5 runner at the Joe Plane Notre Dame invitational on Sept. 29 with a time of 25:45.9 over the five-mile course ... finished 35th in his season debut at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 5 runner with a personal-best time of 25:16.5 over the 8k course.

2016-17

2017 Outdoor Season: Finished seventh in the invitational 5,000 meters at the War Eagle Invitational on April 21 in a personal-best 14:50.54 ... finished 20th in the 1,500 meters at the Crimson Tide Invitational on April 8 in a personal-best 4:00.80 ... opened the outdoor season with a 22nd-place finish in the 5,000 meters at the Florida Relays on March 30 in a personal-best time of 14:51.41.

2017 Indoor Season: Finished fourth in the 5,000 meters at the Tiger Paw Invitational on Feb. 10 in a personal-best time of 15:00.12 ... opened the 2017 season at the Auburn Invitational, finishing seventh in the 5,000 meters in a time of 15:20.82.

2016 Cross Country: Finished 73rd at the NCAA South Regional in a personal-best time of 32:32.0 ... finished 41st, and was Alabama's No. 4 runner, in a personal-best time of 25:45.2 at the 8k Crimson Classic ... posted a time of 25:31.7 at the Joe Plane Notre Dame Invitational to finish as Alabama's No. 4 runner over the five-mile course ... finished 14th in a personal-best time of 15:56.63 at the 5k Chattanooga Powerade Invitational on Sept. 9 ... finished 24th and was Alabama's fourth runner at the season-opening Brooks Memphis Twilight Classic with a time of 20:31.71 over the four-mile course.

2015-16

2016 Outdoor Season: Clocks a 5,000-meter time of 14:57.88 to finish seventh in the invitational section of the event at the War Eagle Invitational ... opened the track and field season at the Alabama Relays, running 4:08.81 in the 1,500 meters.

2016 Indoor Season: Did not compete.

2015 Cross Country: Ran a time of 32:36.43 to place 64th at the NCAA South Regional meet ... crossed the finish line in 75th place and scored 70 points at the SEC Cross Country Championships with a time of 25:25.00 ... finished the Crimson Classic 8k in 26:12.20 ... clocked an 8k time of 26:45.5 to finish 34th at the Cowboy Jamboree ... ran 21:27.16 in the Brooks Twilight Classic 4-mile race ... opened the season with a 16:23.07 5k-finish at the Samford Cross Country Opener.

2014-15

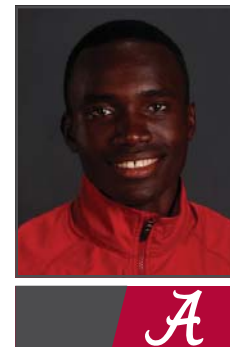
2015 Outdoor Season: Crossed the finish line in the 5,000 meters with a time of 15:11.53 to finish seventh at the Border Clash ... finished the 5,000 meters in 15:29.13 at the Alabama Relays.

2015 Indoor Season: Did not compete.

2014 Cross Country: Ran the SEC championship 8k in 26:58.14 ... finished the Crimson Classic 8k in a time of 26:53.95 ... clocked an 8k time of 25:42 at the Paul Short Invitational ... ran the Asheville Cross Country Carnival 8k in a time of 25:53.24 ... opened the season with a 5k time of 16:32 at the Samford Dual and finished fifth.

Prep and Personal: Coached by Marshal Smith at Brentwood Academy in Nashville, Tenn. ... set a personal-best of 4:22.60 in the 1,600 meters and finished fourth at the Tennessee Secondary School Athletic Association Division II Middle Sub-Sectional Meet ... finished fourth in the 1,600 meters at the TSSAA Division II State Championships in 2014 with a time of 4:23.40 ... recorded a personal-best of 9:27.33 in the 3,200 meters at the 2014 Eastern Relays ... was a member of the Brentwood Academy track and field team that won the TSSAA Division II State

Championships in 2011, 2012 and 2013 ... aided his high school's cross country team to a state championship in 2011 ... running alongside his twin brother, Andrew, for the Crimson Tide ... son of Donald and Kathryn Bull ... born Aug. 2, 1995, in Nashville, Tenn.



ALFRED CHELANGA

DISTANCE

Junior

Nairobi, Kenya/
Tenges/Shorter
University

Accolades

- School record-holder, 10,000 meters (2017)
- First Team All-SEC, Cross Country (2017)
- Second Team All-American, 10,000 meters (2017)
- SEC Champion, 10,000 meters (2017)
- First Team All-American, indoor 5,000 meters (2017)
- Second Team All-SEC, 3,000 meters (2017)
- Second Team All-SEC, indoor 5,000 meters (2017)

2017-18

Cross Country: First-team All-SEC cross country selection ... finished third at the SEC Championships on Oct. 27 and was the Tide's No. 3 runner with a time of 23:23.4 over the 8k course ... finished fourth, and was the Tide's No. 3 runner, at the Crimson Classic on Oct. 13 with a time of 23:42.0 over the 8k course ... finished third behind teammates Vincent Kiprop and Gilbert Kigen at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 23:26.9 over the five-mile course ... finished third in his season debut in the open 8K race at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 3 runner behind teammates Gilbert Kigen and Vincent Kiprop with a time of 24:23.3.

2017 Outdoor Season: School record-holder in the 10,000 meters (28:04.98) ... finished 11th in the 10,000 meters at the NCAA Championships on June 7 in 29:12.34 ... the time is the 10th-fastest in school history ... finished eighth in the 10,000 meters in 29:59.98 at the NCAA East Regional on May 25 to qualify for the NCAA Track & Field Championships ... won the 10,000 meters at the SEC Outdoor Track & Field Championships on May 11 in a time of 30:24.27 to edge out teammate Antibahs Kosgei for the victory ... finished sixth in the 5,000 meters at the SEC Championships on May 13 in 13:57.79 ... finished second in the 1,500 meters at the SEC Relays on April 29 in 3:49.11 in his first outdoor appearance in the event at Alabama ... finished second in the invitational 5,000 meters at the War Eagle Invitational on April 21 in a personal-best 13:53.07, the sixth-fastest time in school history ... finished second in the 10,000 meters - and was the first collegiate finisher - at the Stanford Invitational on March 31 in a school-record time of 28:04.98.

2017 Indoor Season: Alabama's high point scorer at the SEC Indoor Track & Field Championships with 14 points ... finished fifth in the 5,000 meters at the NCAA Indoor Track & Field Championships on March 10 in 3:48.56, the fifth-fastest time in school history ... finished second in the 5,000 meters at the SEC Indoor Track & Field Championships on Feb. 25 in 13:58.61 ... finished third in the 3,000 meters at the SEC Indoor Track & Field Championships on Feb. 24 in a personal-best 8:02.30, the seventh-fastest time in school history ... finished sixth in the invitational 5,000 meters at the Iowa State Classic in a personal-best

13:48.12, the fourth-fastest time in Alabama history ... made his Alabama debut at the Bob Pollock Invitational on Jan. 28 ... Won the 3,000 meters in a time of 8:06.79, the 10th-fastest time in school history.

Shorter University (Ga.)

2015-16

Runner-up at the 2016 NCAA Division II Cross Country Championships, covering the 10k course in 29:36.3 ... won the Division II South Region Cross Country Championships with a 10k time of 31:23.3 ... won the 2016 Gulf South Cross Country Championships in a time of 24:54.5 over the 8k course ... won the college division of the Crimson Classic ... finished sixth in the 5,000 meters and 10,000 meters at the 2016 NCAA Division II Outdoor Track & Field Championships ... won the 5,000 meters at the 2016 Florida Relays ... fifth in the 3,000 meters and sixth in the 5,000 meters at the 2016 NCAA Division II Indoor Track & Field Championships ... NCAA Division II national and South region cross country champion in 2015 ... fourth in the 3,000 meters at the 2015 NCAA Division II Indoor Track & Field Championships.

Prep and Personal: Son of Joshua and Lorah Chelanga ... born April 2, 1994 in Baringo, Kenya.



VINCENT KIPROP

DISTANCE

Junior

Kericho, Kenya/
Londiani Boys School/
Missouri Southern
State University

Accolades

- SEC Cross Country Men's Runner of the Year (2017)
- SEC Cross Country champion (2017)
- First Team All-SEC, Cross Country (2017)
- SEC Runner of the Week (10-17-17)

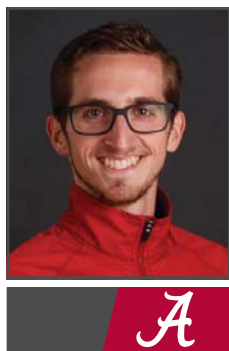
2017-18

Cross Country: Earned SEC Men's Runner of the Year honors after winning the SEC Championships on Oct. 27 with a time of 23:15.4 over the 8k course ... becomes the 10th individual SEC champion and fifth athlete honored as SEC Runner of the Year in Alabama cross country history ... time is the second-fastest for a Crimson Tide runner since 2003 ... finished second at the Crimson Classic on Oct. 13 and was the Tide's top runner with a time of 23:26.4 over the 8k course ... the time is the second-fastest ever run at UA's Harry Pritchett Running Park ... finished second behind teammate Gilbert Kigen at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 23:24.2 over the five-mile course ... finished first in his Alabama debut in the open 8K race at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 1 runner with a time of 24:23.0.

Missouri Southern State University

2015-17: Won back-to-back Division II 10,000 meters titles and the 2017 Division II indoor 5,000 meters championships ... also won the 2016 Division II Cross Country crown ... two-time USTFCCCA Outdoor Regional Track & Field Athlete of the Year and 2017 USTFCCCA Indoor Regional Athlete of the Year at MSSU ... earned 2016 USTFCCCA National Division II Cross Country Athlete of the Year honors ... two-time USTFCCCA National Scholar-Athlete of the Year ... holds MSSU school records in the 3,000 meters and 5,000 meters indoors and the 1,500 meters, 5,000 meters and 10,000 meters outdoors.

Prep and Personal: Son of Samwel and Selly Koskei ... born April 28, 1995.



VINCENT KIPROP

DISTANCE

Senior

Schaumburg, Ill./
Schaumburg

2017-18

Cross Country: Finished 80th at the SEC Championships on Oct. 27 with a time of 25:52.1 over the 8k course ... finished 91st

in his season debut at the UC Riverside Invitational on Sept. 16 with a time of 26:55.8 over the 8k course.

2016-17

2017 Outdoor Season: Finished 15th in the invitational 5,000 meters at the War Eagle Invitational on April 21 in 15:28.51 ... made his 2017 outdoor season debut at the Crimson Tide Invitational on April 7, finishing 19th in the 5,000 meters at 15:29.71.

2017 Indoor Season: Opened the 2017 season at the Auburn Invitational, finishing eighth in the 5,000 meters in a time of 16:02.16.

2016 Cross Country: Finished 55th at the NCAA South Regional, and was Alabama's No. 5 runner, in a personal-best 10k time of 32:11.0 ... finished 53rd at the SEC Championships, and was Alabama's No. 5 runner, in a time of 25:51.0 ... finished 32nd and was Alabama's No. 3 runner, in a personal-best time of 25:40.4 over the 8k course ... clocked a time of 25:32.3 in the Joe Plane Notre Dame Invitational to finish as the Tide's No. 5 runner on the five-mile course ... finished 13th and was Alabama's fifth finisher at the 5k Chattanooga Powerade Invitational in a personal-best time of 15:54.17 ... opened the season with a time of 20:50.81 at the four-mile Brooks Memphis Twilight Classic.

2015-16

2016 Outdoor Season: Finished fourth in the 5,000 meters with a time of 15:15.95 at the LSU Invitational ... clocked a time of 14:53.41 in the 5,000 meters to finish fifth in the invitational section of the meet at the War Eagle Invitational ... won the 5,000 meters with a time of 15:07.62 at the FSU Relays.

2016 Indoor Season: Did not compete.

2015 Cross Country: Crossed the finish line with a time of 25:50.20 at the SEC Cross Country Championships ... finished the Crimson Classic 8k in a time of 26:16.18 ... clocked a time of 28:17.7 in the Cowboy Jamboree 8k ... ran 20:37.77 in the Brooks Twilight Classic 4-mile race ... opened the season at the Samford Cross Country Opener, finishing the 5k in 16:26.93.

2014-15

2015 Outdoor Season: Did not compete.

2015 Indoor Season: Did not compete.

2014 Cross Country: Clocked a time of 16:31.91 to open the season at the Samford Dual meet and finished third.

2013-14

2014 Outdoor Season: Did not compete.

2014 Indoor Season: Did not compete.

2013 Cross Country: Competed at the SEC Championships, posting an 8k time of 27:58.00 ... in his first collegiate meet, finished 24th in the 6k run at the Iowa Invitational with a time of 19:34.23.

Prep and Personal: Coached by Jam Macnider (2009-10) and Scott Lilley (2011-13) at Schaumburg High School in Schaumburg, Ill. ... helped his team qualify for the Illinois state cross country championships as a freshman and sophomore in 2009 and 2010 ... qualified for the state meet in the 3,200 meters for three consecutive years from his sophomore through senior seasons (2011-13) ... a two-time Sectional Track champion (2011, 2013) ... set the freshman indoor school record for the 1,600 with a 4:43.4 in 2010 ... the 2013 Daily Herald Prep Sports Excellence Athlete ... Most Valuable Player for his cross country team as a junior and a senior (2011 and 2012) ... Schaumburg's cross country team captain as a junior and senior (2011 and 2012) ...

Accolades

- First Team All-SEC, Cross Country (2017)

2017-18

Cross Country: Finished second at the SEC Championships on Oct. 27 and was the Tide's No. 2 runner with a time of 23:18.8 over the 8k course ... finished third, and was the Tide's No. 2 runner, at the Crimson Classic on Oct. 13 with a time of 23:34.7 over the 8k course ... finished first at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 23:23.7 over the five-mile course ... finished second behind teammate Vincent Kiprop in his Alabama debut in the open 8K race at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 2 runner with a time of 24:23.0

Central Arizona College

2015-2017: The most decorated junior college runner in NJCAA history ... won nine individual NJCAA track and field championships - back-to-back titles in 2016 and 2017 in the 5,000 and 10,000 outdoors and the 5,000 and 3,000 indoors as well as the indoor mile championship in 2017 - and two individual NJCAA cross country championships running for Central Arizona College.

Prep and Personal: Son of Simeon and Susan Bartilol Kigen ... born December 23, 1994.

named Schaumburg's Track Distance Captain as a junior and senior (2012 and 2013) ... began competing in track at the age of 13 ... son of Mike and Sandy Prizy ... the youngest of three children ... his father ran track and cross country at Eastern Illinois ... born September 9, 1994, in Schaumburg, Ill.



JOSH SHORT

DISTANCE

Junior

Cedarburg, Wis./
Cedarburg



2017-18

2017 Cross Country: Finished as the Tide's No. 4 runner in his season debut at the Joe Plane Notre Dame Invitational on Sept. 29th with a time of 24:55.3 over the five-mile course.

2016-17

2017 Outdoor Season: Competed in the 3,000-meter steeplechase at the NCAA East Regional on May 26 but did not finish ... competed in the 3,000-meter steeplechase at the SEC Outdoor Track & Field Championships on May 12 but did not finish ... finished 14th in the 3,000-meter steeplechase at the Mount SAC Relays on April 13 in a personal-best time of 9:04.71 ... finished sixth in the 800 meters at the Crimson Tide Invitational on April 8 in a personal-best 1:53.02 ... finished 19th in the 1,500 meters at the Florida Relays on March 31 in a time of 3:51.01 ... finished second in the 2,000-meter steeplechase at the Florida State Relays on March 24 in 5:58.13 in his first outdoor outing of the season.

2017 Indoor Season: Competed in the 5,000 meters at the 2017 SEC Indoor Track & Field Championships on Feb. 25 but did not finish ... finished 21st in the 3,000 meters at the SEC Indoor Track & Field Championships on Feb. 24 in a time of 8:56.92 ... finished fourth in the 3,000 meters at the Tiger Paw Invitational on Feb. 11 in a time of 8:41.78 ... competed in the 3,000 meters at the Bob Pollock Invitational on Jan. 28 but did not finish the race ... finished 14th in the 800 meters in a personal-best time of 1:54.85 at the season-opening Commodore Invitational on Jan. 14 ... also anchored the Tide's 4x400-meter relay "C" squad that finished 12th in 3:29.03.

2016 Cross Country: Finished 42nd at the NCAA South Regional, and was Alabama's No. 4 runner, at the NCAA South Regional in a personal-best time of 31:47.4 ... finished 43rd at the SEC Championships, and was Alabama's No. 3 runner, in a personal-best time of 25:32.8 ... competed in the Joe Plane Notre Dame Invitational and posted a time of 25:59.3 over the five-mile course ... finished 15th in a time of 15:56.80 at the 5k Chattanooga Powerade Invitational on Sept. 9 ... finished ninth with a time of 20:02.83 at the four-mile Brooks Memphis Twilight Classic to finish as Alabama's No. 2 runner.

2015-16

2016 Outdoor Season: Clocks a 3,000-meter steeplechase time of 9:27.76 to finish 15th in the event at the SEC Championships ... competed in the 1,500-meter race at the LSU Invitational ... registered a 1,500-meter time of 3:50.18 to finish 12th in the invitational section of the event at the War Eagle

Invitational ... clocked a time of 5:56.43 in the 2,000-meter steeplechase to finish fourth in the event at the FSU Relays.

2016 Indoor Season: Clocks a time of 8:24.85 in the 3,000 meters at the SEC Championships to finish 12th in the event ... registered a time of 8:28.84 in the 3,000 meters to finish seventh at the Samford Elite Team Invite ... finished 11th in the 3,000 meters at the Indiana Relays, clocking a time 8:36.80 ... clocked a mile-time of 4:13.36 at the Conference Clash ... ran the mile in 4:11.07 at the Commodore Indoor Invitational to finish 10th.

2015 Cross Country: Clocks an 8k time of 26:53.4 to finish 37th at the Cowboy Jamboree ... crossed the Brooks Twilight Classic 4-mile finish as the Tide's third runner, clocking a time of 20:22.71 ... ran 16:12.50 in the Samford Cross Country Opener 5k

2014-15

2015 Outdoor Season: Did not compete.

2015 Indoor Season: Did not compete.

2014 Cross Country: Did not compete.

Prep and Personal: Coached by Mark Allen at Cedarburg High School in Cedarburg, Wis. ... one of the top distance and cross country runners in the state of Wisconsin high school ranks ... won conference, regional and sectional championships in the 1,600 and 3,200 outdoors in 2013 ... voted Cedarburg's Cross Country MVP in 2012 ... qualified for the state meet at 1,600 and 3,200 in 2013 ... first-team all-conference in cross country in 2012 ... ran his cross country personal-best 5k of 16:05.20 while finishing fourth at the 2012 Cudahy Purgolder Invitational ... finished third at the 2012 Port Washington Cross Country Invitational (5k - 16:28.69) ... placed 32nd at the 2012 Wisconsin Division I State Championships (5k - 16:18.58) ... finished fifth in the 3,200 at the 2013 Myrhum Invitational (9:37.23) ... ran his 3,200 personal-best of 9:29.70 on the way to a ninth-place finish at the 2013 Wisconsin Division I Outdoor State Championships ... also lettered in soccer ... began competing in track at age 13 ... son of Brad and Colleen Short ... his mother, Colleen (Wisner) Short competed in cross country and track at the University of Wisconsin-Parkside from 1984-88 ... born April 16, 1996 in McHenry, Ill.



CAROLINE BARLOW

DISTANCE

Senior

Naples, Fla./
Gulf Coast



2017-18

Cross Country: Finished 44th at the SEC Championships and was the Tide's No. 4 runner with a time of 21:48.0 over the 6k course ... finished 57th at the Crimson Classic on Oct. 13 with a time of 21:55.6 over the 6k course ... finished as the Tide's No. 1 runner at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 17:47.4 over the 5k course ... finished 40th in her season debut at the UC Riverside Invitational on Sept. 16 with a time of 21:29.9 over the 6k course.

2016-17

2017 Outdoor Season: Made her outdoor season debut at the Florida Relays on March 31 and finished 42nd in the 1,500 meters in a time of 4:41.70.

2017 Indoor Season: Ran the lead leg on Alabama's distance medley relay that finished 11th at the 2017 SEC Indoor Track & Field Championships on Feb. 25 in 11:50.15, the ninth-fastest time in school history ... finished 21st in the prelims of the mile at the SEC Indoor Track & Field Championships in 5:04.55 and did not advance to the final ... competed in the invitational mile at the Iowa State Classic on Feb. 10 but did not finish ... finished 12th in the 800 meters in a personal-best 2:16.00 and sixth in the mile in 4:57.29 at the Bob Pollock Invitational ... finished 10th in the 800 meters at the Auburn Invitational in a time of 2:16.84 ... also anchored the Tide's Distance Medley Relay squad that finished second at the Auburn meet in 12:13.49 ... opened the season with a ninth-place finish in the mile in a time of 4:58.56 at the Commodore Invitational on Jan. 14.

2016 Cross Country: Finished 45th at the NCAA South Regional, and was Alabama's No. 4 runner, in a personal-best time of 21:23.6 ... finished 55th at the SEC Championships, and was Alabama's No. 5 runner, in a time of 22:00.6 ... finished 22nd at the Crimson Classic in a personal-best time of 21:32.3 and was Alabama's No. 4 finisher ... clocked a personal-best time of 17:54.0 at the 5k Joe Plane Notre Dame Invitational ... finished 12th in the season-opening Brooks Memphis Twilight Classic ... covered the 5k course in a time of 17:57.48 to finish as Alabama's No. 3 runner.

2015-16

2016 Outdoor Season: Clocks a 1,500-meter prelim time of 4:37.92 to finish 10th in heat one of the event at the SEC Championships ... also ran the 5,000 meters in a time of 17:02.52 to finish 20th at the SEC Championships ... posted a 1,500-meter time of 4:29.84 to finish fifth in the event at the LSU Invitational ... recorded a time of 17:13.53 in the invitational section of the 5,000 meters at the War Eagle Invitational to finish 10th ... registered an 800-meter time of 2:15.92 to finish 22nd and ran 4:33.19 in the 1,500 meters to finish 10th at the Battle on the Bayou ... ran 4:26.57 in the 1,500 meters at the Alabama Relays to finish sixth.

2016 Indoor Season: Registered a personal record time of 4:46.95 in the mile prelims at the SEC Championships to clock

the 11th-best time of the day in the event and ran a leg of the distance medley relay that finished fifth with a time of 11:23.59 ... clocked a time of 4:55.78 in the mile to finish fifth at the Samford Elite Team Invite ... finished 16th in the Indiana Relays 800-meter race (2:17.37) and 12th in the mile (5:02.91) ... ran the 800 meters in a time of 1:16.59 and the mile in a time of 5:00.19 to finish 17th at the Conference Clash ... clocked a time of 4:59.72 in the mile at the Commodore Indoor Invitational.

2015 Cross Country: Finished in 49th place with a time of 21:33.05 at the NCAA South Regional meet ... Crossed the finish line in 44th place and scored 41 points with a time of 21:11.70 at the SEC Cross Country Championships ... Clocks a 6k time of 22:18.9 at the Cowboy Jamboree ... ran 18:44.58 in the Brooks Twilight Classic 5k to open her season... finished the Crimson Classic 5k in 18:14.57.

2014-15

2015 Outdoor Season: Registered a time of 4:33.20 in the LSU Invitational 1,500 meters to finish eighth in the event ... ran 17:21.52 and finished 14th in the 5,000 meters at the Florida Relays ... crossed the 1,500-meter finish line in 4:34.65 at the Crimson Tide Invitational to finish third ... ran the 5,000 meters in a personal record time of 17:34.77 to finish 22nd at the Alabama Relays.

2015 Indoor Season: Finished 12th in the 3,000 meters with a time of 10:16.39 at the Frank Sevigne Husker Invitational ... competed in the mile race with a time of 5:07.34 at the Auburn Invitational.

2014 Cross Country: Ran her fastest 6k of the year at the NCAA South Regional, posting a time of 21:33.3 ... finished 65th at the SEC Championships 6k with a time of 21:43.3 ... ran the Crimson Classic 5k in 19:08.37 ... finished her first career 6k in 22:07 at the Paul Short Invitational ... ran 19:02.77 in the 5k at the Asheville Cross Country Carnival ... clocked a 3k time of 12:12.40 to finish eighth at the Samford Dual.

Prep and Personal: One of Florida's top prep distance and cross country runners ... coached by Paul Barlow at Gulf Coast High School in Naples, Fla. ... finished among the top 10 at the Florida Class 3A Cross Country Championships all four years of her prep career, earning all-state honors each time ... set school and conference records in the 1,600 meters, 3,200 meters and 5k ... named the 2013 Runner of the Year by the Naples Daily News ... runner-up at the 2013 Florida Class 3A Cross Country Championships (5k - 18:15.19) ... the 2013 Class 3A District 12 cross country champion (5k - 18:22.58) ... placed third at the 2013 Class 3A Region 3 cross country championships (5k - 19:18.60) ... was third in the 3,200 meters (11:17.15) at the 2013 Class 3A Outdoor Championships ... finished second (11:14.33) in the 3,200 at the 2013 Class 3A Region 3 Outdoor Championships ... won the Elite Division race at the 2013 Florida State Cross Country Invitational (5k - 17:53.99) ... as a junior, placed fourth at the 2012 Class 3A Cross Country Championships (5k - 18:12.91) ... won the 1,600 at the 2012 Florida Relays (5:03.79) ... placed second in the 1,600 (4:58.91) and second in the 3,200 (10:55.82) at the 2012 Class 3A Region 3 meet ... was fifth in the 1,600 (5:00.36) and fourth in the 3,200 (10:51.22) at the 2012 Class 3A Outdoor Championships ... as a sophomore, finished 16th (5k - 19:04.96) at the 2011 Class 3A Cross Country Championships ... ran a 2011 seasonal best of 18:46.99 for 5k at the Little Everglades Ranch Pre-State cross country meet ... daughter of Paul and Julie Barlow ... born Nov. 6, 1995 in Littleton, Colo.



REBECCA BUTEAU

DISTANCE

Sophomore

Madison, Miss./
Madison Central



2017-18

Cross Country: Finished 38th at the SEC Championships and was the Tide's No. 3 runner with a time of 21:41.0 over the 6k course ... finished 20th at the Crimson Classic on Oct. 13 and was the Tide's No. 2 runner with a time of 21:15.3 over the 8k course ... finished as the Tide's No. 3 runner at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 17:51.9 over the 5k course ... finished 17th in her season debut at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 3 runner with a time of 20:47.0 over the 6k course.

2016-17

2017 Outdoor Season: Finished 23rd in the 5,000 meters at the SEC Outdoor Track & Field Championships on May 13 in a personal-best 17:00.99 ... finished 20th in the prelims of the 1,500 meters at the SEC Championships on May 12 in 4:38.16 ... finished 14th in the 1,500 meters at the SEC Relays on April 29 in 4:36.75 ... finished fourth in the 1,500 meters at the Jim Bush Collegiate in a personal best 4:32.45 ... finished 14th in the 5,000 meters at the Crimson Tide Invitational on April 8 in a personal-best 17:35.52 ... finished 31st in the 1,500 meters at the Florida Relays on March 31 in a time of 4:36.52 ... finished seventh in the 1,500 meters at the Florida State Relays on March 24 in 4:33.10 in her outdoor collegiate debut.

2017 Indoor Season: Finished 27th in the 5,000 meters at the 2017 SEC Indoor Track & Field Championships on Feb. 25 in a personal-best 17:38.17 ... finished 21st in the 3,000 meters at the SEC Indoor Track & Field Championships on Feb. 24 in a time of 10:08.02 ... recorded her third top-10 finish in the mile in as a many meets with a 10th-place finish in a personal-best 5:00.89 at the Bob Pollock Invitational on Jan. 27 ... followed up that performance the following day with a sixth-place finish in the 3,000 meters in a time of 9:49.98 ... finished ninth in the mile at the Auburn Invitational in 5:03.41 ... also ran the third leg on the Tide's Distance Medley Relay squad that finished second at the Auburn meet in 12:13.49 ... made her collegiate track & field debut at the Commodore Invitational on Jan. 14 ... finished 10th in the mile in a time of 5:00.91.

2016 Cross Country: Finished 99th at the NCAA South Regional in a time of 22:22.9 ... finished 71st at the SEC Championships in a time of 22:17.5 ... finished 26th and was Alabama's No. 5 runner at the 6k Crimson Classic, posting a time of 21:37.3 ... competed in the Joe Plane Notre Dame Invitational and finished as the Tide's No. 4 runner with a time of 17:50.5 in the 5K race ... made her collegiate debut at the Brooks Memphis Twilight Classic and finished 18th in a time of 18:07.23.

Prep and Personal: Coached by Geary Howell at Madison Central High School ... holds all distance records at Madison Central High School ... won multiple state championships in cross country, 3,200 meters, 1,600 meters, and the 800 meters including placing second at the MHSAA State Cross Country Championships in 2014 ... competed on the high school cross country team since she was a middle schooler ... five-time

MHSAA all-state performer in cross country and a four-time MHSAA all-state performer in track and field ... daughter of Phil and Patty Carol Buteau ... born July 18, 1998 in Flowood, Miss.



ELISABETH DANIS

DISTANCE

Sophomore

Nottingham, N.H./
Coe-Brown
Northwood Academy



2017-18

Cross Country: Finished 32nd at the SEC Championships and was the Tide's No. 2 runner with a time of 21:32.3 over the 6k course ... finished 48th at the Crimson Classic on Oct. 13 with a time of 21:50.2 over the 6k course ... finished as the Tide's No. 2 runner at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 17:49.3 over the 5k course ... finished 15th in her season debut at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 2 runner with a time of 20:39.1 over the 6k course.

2016-17

2017 Outdoor Season: Competed in the 10,000 meters at the SEC Outdoor Track & Field Championships on May 11 but did not finish ... finished 12th in her first collegiate outdoor 1,500 meter race at the SEC Relays on April 29 in 4:35.25 ... finished fourth in the 5,000 meters at the Crimson Tide Invitational on April 7 in a personal-best 16:56.51 ... finished fourth in the 5,000 meters at the Florida State Relays on March 24 in 17:35.36 in her outdoor collegiate debut.

2017 Indoor Season: Finished 24th in the 5,000 meters at the 2017 SEC Indoor Track & Field Championships on Feb. 25 in a personal-best 17:19.47 ... finished eighth in her first collegiate 5,000 meter competition at the Tiger Paw Invitational on Feb. 10 in a time of 17:30.34 ... finished 10th in the 3,000 meters in a time of 10:09.51 at the Bob Pollock Invitational on Jan. 28 ... finished second in the 3,000 meters in a personal-best 9:56.77 and 11th in the mile in 5:09.48 at the Auburn Invitational ... made her collegiate track & field debut at the Commodore Invitational on Jan. 14 ... finished 12th in the mile in a time of 5:02.64.

2016 Cross Country: Finished 53rd at the NCAA South Regional, and was Alabama's No. 5 runner, in a time of 21:31.7 ... finished 47th at the SEC Championships, and was Alabama's No. 4 runner, in a time of 21:55.6 ... finished 13th in a time of 21:14.3, and was Alabama's No. 3 runner, at the 6k Crimson Classic ... posted a time of 18:12.1 at the 5k Joe Plane Notre Dame Invitational ... was Alabama's No. 4 runner in her collegiate debut at the 5k Brooks Memphis Twilight Classic where she finished 16th in a time of 18:05.16.

Prep and Personal: Coached by Tim Cox and Brent Tkaczyk at Coe-Brown Northwood ... the 2013 New England champion in the 3,200 meters ... placed second at the 2015 New Balance outdoor meet in the 2-mile race ... two-time Nike Cross Nationals qualifier ... was the 2014 and 2015 New Hampshire state champion in the 3,200 meters ... daughter of Eric and Donna Danis ... born March 26, 1998.



NICOLE GARDNER

DISTANCE

Junior

Murfreesboro, Tenn./
Siegel



2017-18

Cross Country: Finished 49th at the SEC Championships and was the Tide's No. 5 runner with a time of 21:54.2 over the 6k course ... finished 18th at the Crimson Classic on Oct. 13 and was the Tide's No. 1 runner with a time of 21:13.8 over the 6k course ... finished as the Tide's No. 4 runner at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 18:00.2 over the 5k course ... finished 31st in her season debut at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 5 runner with a time of 21:17.0 over the 6k course.

2016-17

2017 Outdoor Season: Finished 13th in the final of the SEC Outdoor Track & Field Championships on May 13 in 4:43.01 ... advanced to the final with a personal-best time of 4:24.46 in the prelims ... finished fifth in the 1,500 meters at the SEC Relays on April 29 in 4:31.45 ... finished 12th in the invitational 5,000 meters at the Mount SAC Relays on April 14 in a personal-best 16:46.08 ... finished second in the 1,500 meters in a personal-best 4:25.53 at the Crimson Tide Invitational on April 8 ... finished fourth in the 1,500 meters at the Florida State Relays on March 24 in a personal-best 4:30.22 in her first outdoor outing of the season.

2017 Indoor Season: Finished 15th in the 3,000 meters at the 2017 SEC Indoor Track & Field Championships on Feb. 24 in a personal-best 9:40.33 ... finished 36th in the invitational 3,000 meters at the Iowa State Classic on Feb. 10 in 9:52.57, her second-fastest time of the season ... ran a personal-best 9:45.08 to finish fifth in the 3,000 meters at the Bob Pollock Invitational on Jan. 28 ... finished third in the 5,000 meters in 17:42.00 and fourth in the mile in 4:55.60 at the Auburn Invitational ... posted a personal-best time of 9:54.55 in the 3,000 meters at the season-opening Commodore Invitational on Jan. 14.

2016 Cross Country: Finished 79th at the SEC Championships in a time of 22:26.8 ... finished 57th at the 6k Crimson Classic in a personal-best time of 22:05.2 ... finished 28th in the season-opening Brooks Memphis Twilight Classic ... covered the 5k course in a time of 18:23.72.

2015-16

2016 Outdoor Season: Clocked a 5,000-meter time of 18:06.35 to finish third at the LSU Invitational ... recorded a 5,000-meter time of 17:37.09 to finish 12th in the invitational section of the event at the War Eagle Invitational ... registered a 3,000-meter steeplechase time of 11:45.64 to finish fifth in the event at the Battle on the Bayou ... ran 7:33.57 in the 3,000-meter steeplechase to finish second in the event at the FSU Relays ... clocked a time of 4:52.24 in the 1,500 meters at the Alabama Relays.

2016 Indoor Season: Registered a time of 4:55.78 in the 3,000 meters to finish 11th at the Samford Elite Team Invite ... crossed the 3,000-meter finish line in 10:10.64 at the Conference

Clash ... ran 10:07.68 in the 3,000 meters to finish 11th at the Commodore Indoor Invitational.

2015 Cross Country: Ran a time of 18:56.73 in the Crimson Classic 5k ... made her Crimson Tide debut at the Samford Cross Country Opener, finishing the two-mile race in 11:48.8.

Prep and Personal: A talented long distance runner coming out of Tennessee ... coached by Phil Young at Siegel High School ... was a part of the 2012 Tennessee State Championship Team ... three-time Siegel High School girls' team MVP (2011-2013) ... three-time recipient of the Daily New Journal Cross Country Runner of the Year in Tennessee (2011-2013) ... member of the student council, Key Club, FCA, Excalibur Club and the Science Olympiad ... daughter of Brent and Nancy Gardner ... born Feb. 2, 1997 in Murfreesboro, Tenn.



JESSICA GRAY

DISTANCE

Junior

Manassas, Va./
Osborn Park



2017-18

Cross Country: Finished 78th at the SEC Championships with a time of 22:32.5 over the 6k course ... finished 45th, nd was the Tide's No. 5 runner, at the Crimson Classic on Oct. 13 with a time of 21:46.8 over the 6k course ... finished as the Tide's No. 5 runner at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 18:03.0 over the 5k course ... finished 30th in her season debut at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 4 runner with a time of 21:16.9 over the 6k course.

2016-17

2017 Outdoor Season: Finished fifth in the 3,000-meter steeplechase at the SEC Relays on April 28 in 11:26.24 ... finished eighth in the 1,500 meters at the Jim Bush Collegiate on April 15 in a personal-best 4:36.43 ... finished 11th in the 1,500 meters at the Crimson Tide Invitational on April 8 in 4:40.81 ... finished 11th in her first collegiate 3,000-meter steeplechase at the Florida Relays on March 31 in a time of 11:01.51 ... won the 2,000-meter steeplechase at the Florida State Relays on March 24 in a personal-best 7:07.53 in her first outdoor outing of the season.

2017 Indoor Season: Finished ninth in the mile at the Tiger Paw Invitational on Feb. 10 in a time of 4:59.86 ... finished 11th in the 3,000 meters in a personal-best time of 10:10.90 in her season debut at the Bob Pollock Invitational on Jan. 28.

2016 Cross Country: Finished 73rd at the SEC Championships in a time of 22:18.2 ... posted a time of 22:22.3 at the 6k Crimson Classic on Oct. 14 ... made her season debut at the Chattanooga Powerade Invitational, finishing seventh in a time of 11:30.71 over the two-mile course and crossing the finish line as Alabama's No. 2 runner.

2015-16

2016 Outdoor Season: Ran 19:11.27 in the 5,000 meters to finish seventh in the event at the LSU Invitational ... recorded

a 1,500-meter time of 4:48.27 to finish fifth in the event at the War Eagle Invitational.

2016 Indoor Season: Registered a time of 10:25.18 in the 3,000 meters to finish 18th at the Samford Elite Team Invite ... clocked a time of 18:12.11 in the 5,000 meters at the Conference Clash ... ran 10:21.61 in the 3,000 meters at the Commodore Indoor Invitational.

2015 Cross Country: Crossed the finish line with a time of 21:24.30 at the SEC Cross Country Championships ... ran a time of 18:17.79 in the Crimson Classic 5k ... finished the Samford Cross Country Opener two-mile race in a time of 11:47.84.

2014-15

2015 Outdoor Season: Recorded a personal-best 4:36.50 in the 1,500 meters at The Border Clash ... clocked a 1,500-meter time of 4:39.74 at the Crimson Tide Invitational to finish eighth ... ran the 1,500 meters in 4:44.86, placing 33rd at the Alabama Relays

2015 Indoor Season: Ran the mile at the Vanderbilt Invitational, clocking a time of 5:09.32 ... competed in the mile race with a time of 5:16.8 at the Auburn Invitational.

2014 Cross Country: Did not compete.

Prep and Personal: Won the Virginia High School League Class 6A Conference 8 indoor 1,000 meters in 2014 ... aided the 4x400 and the 4x800 teams to wins at the Class 6A North Regional Championship ... named Most Valuable Player for the 2013 outdoor track season ... was a member of a travel soccer team, as well as the National Honor Society, Key Club, Environmental Club and Spanish Honor Society ... received the AP Scholar Award in 2013 ... coached by Mike Schuster and Mike Feldman at Osborn Park High School in Manassas, Va. ... daughter of Walter Donald Gray III and Susan Gray ... born May 5, 1996, in Fairfax, Va.



SHANNON MARSH

DISTANCE

Redshirt Freshman

John's Creek, Ga./
Northview



2017-18

Cross Country: Finished 81st at the SEC Championships with a time of 22:34.6 over the 6k course ... finished 54th at the Crimson Classic on Oct. 13 with a time of 21:55.6 over the 6k course ... finished 7th at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 2 finisher with a time of 17:57.7 over the 5k course ... made her collegiate debut at the Struts Season Opener on Sept. 1 ... finished fifth and was the Tide's No. 1 runner with a time of 14:55.90 over the 4k course.

2016-17

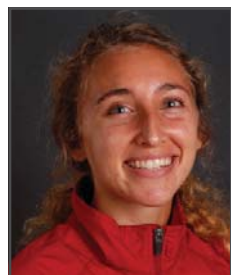
2017 Outdoor Season: Did not compete.

2017 Indoor Season: Did not compete.

2016 Cross Country: Did not compete.

Prep and Personal: Coached by Mike Morris and Bill

Hedgecock at Northview ... member of two state champion cross country teams (2013, 2014) and two regional champion cross country teams (2012, 2013) at Northview ... team also finished third in the state in 2015 ... two-time cross country and track & field scholar-athlete of the year at Northview ... cross country and track & field captain as a junior and senior ... member of the National Honor Society and National Spanish Honor Society ... daughter of Dwight and Susan Marsh ... born Dec. 29, 1997.



MCKENZIE YANEK

DISTANCE

Sophomore

Bettendorf, Iowa./
Pleasant Valley



Accolades

- SEC All-Freshman Team, cross country (2016)

2017-18

Cross Country: Finished 14th at the SEC Championships and was the Tide's No. 1 runner with a time of 20:52.1 over the 6k course ... finished 24th at the Crimson Classic on Oct. 13 and was the Tide's No. 3 runner with a time of 21:20.5 over the 8k course ... finished 112th at the Joe Plane Notre Dame Invitational on Sept. 29 with a time of 18:08.5 over the 5k course ... finished 14th in her season debut at the UC Riverside Invitational on Sept. 16 and was the Tide's No. 1 runner with a time of 20:37.3 over the 6k course.

2016-17

2017 Outdoor Season: Did not compete.

2017 Indoor Season: Did not compete.

2016 Cross Country: Earned 2016 SEC All-Freshman honors ... finished 36th at the NCAA South Regional, and was Alabama's No. 3 runner, in a time of 21:12.2 ... finished 22nd at the SEC Championships, and was Alabama's No. 1 runner, in a time of 21:13.2 ... Alabama's No. 1 runner at the Crimson Classic, finishing sixth in a time of 21:00.1 over the 6k course ... posted a personal best of 17:21.2 to finish as Alabama's No. 2 runner at the 5k Joe Plane Notre Dame Invitational on Sept. 30 ... finished ninth and was Alabama's No. 2 runner in her collegiate debut at the Brooks Memphis Twilight Classic ... covered the 5k course in a time of 17:43.43.

Prep and Personal: Coached by Jane Wheeler at Pleasant Valley High School ... won the 2015 Iowa Girls High School Athletic Union 4A cross country state championship with a 5k time of 17:55 ... won the 2013 IGHS AU 4A cross country state championship with a 4k time of 14:00.2 ... finished fifth in the 2015 New Balance Nationals 5k with a time of 17:01 ... claimed the runner-up title in both the 3,000 meters and the 1,500 meters at the IGHS AU 4A state championships ... competed as a member of the Pleasant Valley High School team that won the 2015 IGHS AU 4A State Team Championships ... three-time Mississippi Athletic Conference cross country champion ... three-time district cross country champion ... holds Pleasant Valley school records in the 3,000 meters (9:50.87) and the 1,500 meters (4:39.79) ... holds state record in the 5k (17:55) ... member of National Honor Society ... daughter of Jeremy and

Toni Yanek ... born May 22, 1998 in Warner Robins, Ga.