

SRU JOHN PAPA Invt.
Thursday, April 16th 2026

General Notes: SRU Track and Field is proud to host the SRU John Papa Invt. Coaches interested in attending this meet please confirm with Bill Jordan at William.Jordan@sru.edu as soon as possible.

Future Dates of John Papa Invt: 4/15/27, 4/20/28, 4/19/29

Invited Teams: Allegheny, Carnegie Mellon, Clarion, Edinboro, Geneva, Grove City, Lake Erie, Pitt.-Johnstown, Mt Union, Point Park, PSU-Behrend, Seton Hill, Slippery Rock, Thiel, Waynesburg, West Liberty, Westminster (Pa.), Youngstown St., RMU

Entry Fee: The entry fee is \$500 per team (\$1000 both genders) and \$50 for individual entries.
All payments will be done through direct athletics.

Entry Procedures: All entries will be done through www.directathletics.com. The entry deadline will be Tuesday, April 15th at 8:00 p.m. No scratches or additions on the day of competition. Performance list will be posted at www.rockathletics.com by noon on Wednesday.

Entry Limits: Teams will be limited to 3 athletes in the Long Throws, Pole Vault and Long Jump.

Field Sizes Limitations: Due to the number of participation schools, all field events will be limited in size. The following are the projected cutoffs for each of the field events. More athletes will be added if time permits.

| | |
|---------------------------|--------------------|
| Long Jump 3 flights | Discus 3 flights |
| Triple Jump 3 flights | Javelin 3 flights |
| Pole Vault Top 24 entries | Shot Put 3 flights |
| High Jump Top 24 entries | Hammer 2 flights |

Tentative Meet schedule: We will make corrections to the meet information and schedule as needed.
All updated meet information will be sent to coaches on Wednesday afternoon.

Timing / Live Results: All timing services will be handled by Wolf Creek Timing.

Implement Inspection: Weigh-ins for all throwing events will take place in the garage located at the main stadium entrance. The weigh-ins will begin at 10:30 a.m. and end promptly at 1:00 p.m. Please bring your, CLEAN implements to garage door.

Check-in procedures:

- Running Events: (800 meters and above) will check in to receive hip numbers at the clerking tent.
- Sprinting Events: (400m and down) will check in at the start line for their respective events.

Re-seeding Races: (200m & 4x400m)

- 200m Athletes must declare at the clerking tent before the start of the 400IH.
- 4x400m Teams must declare at the Finish Line before the start of the 5000m run.

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|---|----------------|--|----------------|
| SRU T/F Staff Contact Information: | Bill Jordan: | William.Jordan@sru.edu | (724) 372-3596 |
| | Tabitha Bemis: | tabitha.bemis@sru.edu | (724) 601-8805 |
| | Robert Over: | Robert.over@sru.edu | (330) 703-8315 |

SRU John Papa INVITATIONAL

TENTATIVE MEET SCHEDULE: Schedule will be finalized after entries close.

RUNNING EVENTS:

WOMEN FIRST IN ALL RUNNING EVENTS

| | | |
|------------------|--------------------|----------------------------------|
| 1:30 p.m. | 4 x 100m relay | Check in at starting line |
| | 400m | Check in at starting line |
| | 110 hurdles finals | Check in at starting line |
| | 100 hurdles finals | Check in at starting line |
| | 100m finals | Check in at starting line |
| | 800m finals | Check in at white tent for hip # |
| | 400 hurdles | Check in at starting line |
| | 200m | Declare at white tent for hip # |
| | 1500m | Check in at white tent for hip # |
| | 4 x 400m relay | Declare at white tent for hip # |
| 6:00pm | 3000m Steeplechase | Check in at white tent for hip # |
| | 5000m | Check in at white tent for hip # |

THROWING EVENTS:

| | | |
|----------------|----------|---|
| 12:00pm | HT/DT | <u>South Throwing Cage/Circle</u> |
| | 1. | Men's Hammer (2 Flights & 9 to finals) |
| | 2. | Women's Hammer (3 Flights & 9 to finals) |
| | 3. | Men's Invt. Discus (Top 14 & 9 to finals) |
| 12:00pm | Discus | <u>North Discus Cage</u> |
| | 1. | Women's Open Discus (All flights + 9 to finals) |
| | 2. | Men's Open Discus (Flights 1-2) |
| 1:30 pm | Javelin | <u>All-weather runway across Harmony Rd</u> |
| | 1. | Men's Javelin (1 Flights & 9 to finals) |
| | 2. | Women's Javelin (2 Flights & 9 to finals) |
| 2:00 pm | Shot Put | <u>Main Shot Sector</u> |
| | 1. | Men's Shot Put (3 Flights & 9 to finals) |
| | 2. | Women's Shot Put (3 Flights & 9 to finals) |

JUMPING EVENTS:

| | | |
|-----------------|---|--|
| 12:30 pm | Long Jump | <u>Score Board Runway</u> |
| | | Men's Long Jump, followed by Women's Long Jump |
| 1:00 pm | Triple Jump | <u>Windward TJ Runway</u> |
| | | Women's Triple Jump, followed by, Men's Triple Jump |
| 1:00 pm | Women's Pole Vault followed by men's PV | |
| | (Women Progression: | 2.80, 2.95, 3.10, 3.25, 3.40, 3.55, 3.70, 3.80, 3.90, 4.00 +5cm) |
| | (Men Progression: | 3.88, 4.03, 4.18, 4.33, 4.48, 4.63, 4.78, 4.93, 5.03, 5.08 +5cm) |
| 2:00 pm | Women's High Jump followed by Men's HJ | |
| | (Women Progression: | 1.40, 1.45, 1.50, 1.55, 1.60, 1.65, 1.70, 1.73, 1.76, 1.79) |
| | (Men Progression: | 1.70, 1.75, 1.80, 1.85, 1.90, 1.95, 2.00, 2.05, 2.08, 2.11) |