

Site:	Ripon College Willmore Center Fieldhouse 504 S Union St – Ripon, WI 54971 (ripn.edu/map) Meet Director: Bob Wood woodr@ripn.edu 920-748-8778
Buses and Team Camps:	Unload in front of Willmore Center in parking lot. Buses must park off campus. A parking lot is available at: Ingalls Field in Ripon (770 St. Wenceslaus St) Team Camps will be located in the Auxiliary Practice Gym to the East of the Fieldhouse. Keep team food in the team camp area and not in the fieldhouse.
Time Schedule:	Facility Opens 9:00 am Running Events 10:45 am Field Events 11:00 am
Entries:	Collegiate Co-Ed Meet - \$200 per team, \$400 for men and women \$20 per individual / unattached Entries will be due Thursday February 8th at NOON Submit all entries via Direct Athletics Unattached entries – enter on Direct Athletics
Scoring:	Plaque to Men's and Women's Team Champions 8 Places for Individual and Relay events (10-8-6-5-4-3-2-1) Top 9 collegians to finals of field events, plus any Unattached in the top 9 Top 8 collegians to sprint finals – <i>no unattached or club athletes</i>
Spectators:	Adult - \$5.00 Children K-8 - Free
Track:	8 lane straightaway and 6 lane oval – entire fieldhouse is Beynon BSS 1000 surface – ¼ inch pyramid spikes only, NO spikes outside of the fieldhouse
Trainer:	There will be a trainer on site from SSM Healthcare
Check-Ins:	Athletes should pick up hip numbers for ALL running events at the table in the northeast corner of the fieldhouse near the finish line. Races will be clerked at the start line for that race
Results:	Live results will be available and broadcast on the wall by the finish line. Heat Sheets and Time Schedule will be emailed Fri Feb 10th
Seeding:	Preliminary races will advance the top 8 fastest collegiate times. 200m-400m: Heats will be seeded in lanes 5, 6, 4 with top of field and then filled in lanes 3, 2, 1. Adjustments may be made based on field sizes.
Throws:	Implements will be weighed from 9:30-10:30 am by the throwing cage

Ripon College Willmore Center Fieldhouse

Accommodations and Rules

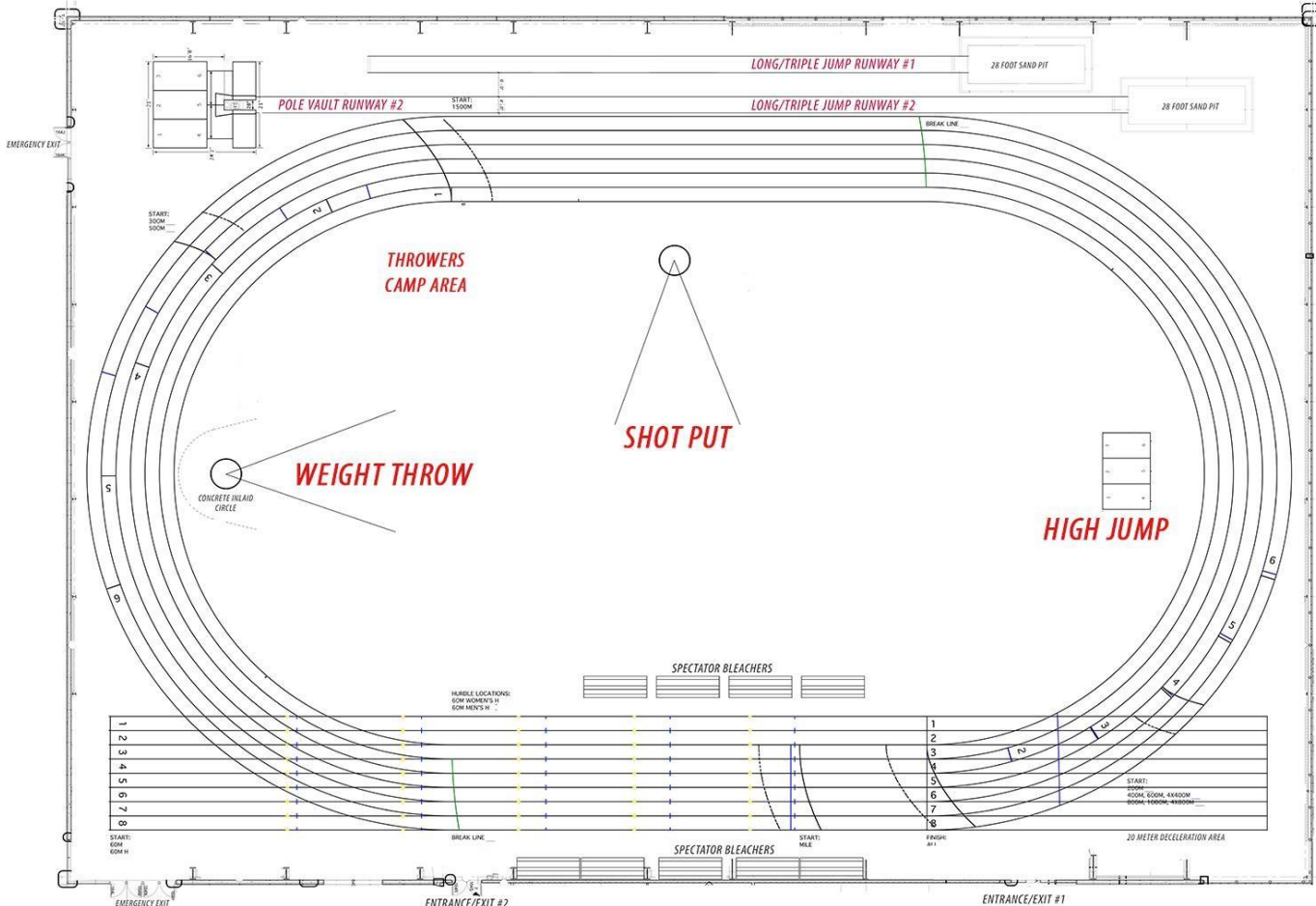
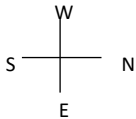


Willmore Center:

1. ¼ inch pyramid spikes only
2. NO Spikes outside of the fieldhouse – athletes will be given a warning and then removed from competition if found with spikes on outside of the fieldhouse a second time
3. NO food or drinks inside the fieldhouse (water is the only exception)
4. Team camp areas will be located in the auxiliary gym (Keipe Gym) to the east of the fieldhouse
5. Visitor Locker Rooms are available on the South end of the building and are marked with signs

Fieldhouse:

1. 8 lane straightaway and 6 lane oval – entire fieldhouse is Beynon BSS 1000 surface
2. Reference the facility layout for field event and spectator locations
3. Throwing circle is a concrete recessed ring for weight throw, plywood ring for shot put
4. Horizontal Jump Board Distances
 - a. Long Jump – 8ft for both runways
 - b. Triple Jump – 24, 28, 32, 36ft on both runways
5. Approach Distances
 - a. Jump Runway #1 – 140ft (Long Jump)
 - b. Jump Runway #2 – 240ft (shared with Pole Vault Runway #2)
 - c. High Jump Approach – 70ft back from pit on both sides



Order of Events

Field Events:	Weight Throw: Throw in order by flight 1-1-1, top 9 advance to finals		
	Shot Put: Throw in order by flight 1-1-1, top 9 advance to finals		
	High Jump: five alive		
	Long Jump/Triple Jump: Jump in order 1-1-1 by flight, top 9 advance to finals		
	Next gender will start 15 min after finals concludes		
Opening Heights:	High Jump – Women	Men	Increase by 5cm and 3cm Pole
	Vault – Women	Men	Increase by 15cm and 10cm

JUMPING EVENTS

11:00 am	Long Jump	Men Followed By Women	Jump Runway #2
11:00 am	Triple Jump	Women Followed By Men	Jump Runway #1
11:00 am	High Jump	Women Followed by Men	North Pit
11:00 am	Pole Vault	Men Followed by Women	Runway #2

THROWING EVENTS

11:00 am	Weight Throw	Men Followed by Women	South Circle
11:00 am	Shot Put	Women Followed by Men	North Circle

RUNNING EVENTS

RUNNING EVENTS WILL STAY ON SCHEDULE

Women will Run First in All Events (Except for 60m Hurdle Finals, Men will Run First)

10:45 am	Sprint Medley Relay (200-200-400-800)
	4x200m Relay
	5000m Run
	60m Hurdle Prelims
	60m Dash Prelims
	Mile Run
	400m Dash
	60m Hurdle Finals (Men First)
	60m Dash Finals
	800m
	200m
	3000m Run
3:30 pm	4x400m Relay

