

2006-07 WOMEN'S TENNIS



# RICHMOND SPIDERS

2002, 2004, 2005 & 2006  
**ATLANTIC 10  
CHAMPIONS**



2002, 2004, 2005 & 2006  
**NCAA  
CHAMPIONSHIPS**





**UNIVERSITY OF RICHMOND** ● **2006-07 WOMEN'S TENNIS SCHEDULE**

**FALL 2006**

Date	Opponent	Location	Time
Sept. 9-10	Intra squad matches	RICHMOND, VA.	All Day
Sept. 15-17	W&M Tournament	Williamsburg	All Day
Sept. 29-Oct. 1	Wolfpack Invitational	Raleigh, N.C.	All Day
Oct. 20-24	ITA Regional Championships	Dartmouth, N.H.	All Day

**SPRING 2007**

Date	Opponent	Location	Time
Jan. 26	Virginia	RICHMOND, VA. (CCV)	5:00 p.m.
Feb. 2	at Pennsylvania	Philadelphia, Pa.	3:00 p.m.
Feb. 3	at Temple*	Philadelphia, Pa.	4:30 p.m.
Feb. 9	at Old Dominion	Norfolk, Va.	2:30 p.m.
Feb. 17	at Maryland	College Park, Md.	1:00 p.m.
Feb. 24	at George Washington*	Washington, D.C.	1:00 p.m.
March 1	at VCU	Richmond, Va.	2:00 p.m.
March 11	Marshall	RICHMOND, VA.	11:00 a.m.
March 14	at James Madison	Harrisonburg, Va.	2:30 p.m.
March 17	at William & Mary	Williamsburg, Va.	12:00 p.m.
March 27	EAST CAROLINA	RICHMOND, VA.	2:00 p.m.
March 31	MASSACHUSETTS*	RICHMOND, VA.	10:00 a.m.
TBA			
April 20-22	Atlantic 10 Championships	Pittsburgh	All Day
May 12-13	NCAA Regionals	TBA	TBA

\*Atlantic 10 Opponent

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**QUICK FACTS**

**UNIVERSITY INFORMATION**

School.....University of Richmond  
 Location.....Richmond, Va.  
 Founded.....1830  
 Enrollment.....2,950  
 President.....Dr. William E. Cooper  
 Website (Non-Athletics).....www.Richmond.edu

**ATHLETIC DEPARTMENT**

Affiliation.....NCAA Division I  
 Conference.....Atlantic 10  
 Varsity Teams.....9 men's, 10 women's  
 Nickname.....Spiders  
 Colors.....Red and Blue  
 Director of Athletics.....Jim Miller  
 Athletics Website.....www.RichmondSpiders.com

**TEAM INFO**

2006 Record.....14-8  
 2006 A-10 Record/Finish.....3-0 (First)  
 Postseason Appearance.....2006 NCAA First Round  
 Atlantic 10 Champions.....2002, 2004, 2005, 2006  
 Letterwinners Returning/Lost.....7/1  
 Newcomers.....0

**COACHING STAFF**

Head Coach.....Mark Wesselink  
 Record at UR .....211-143  
 Assistant Coach.....Courtney Klein  
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**NOTE FROM THE HEAD COACH**



Welcome to the University of Richmond! I am excited that you are interested in our women's tennis team and want to introduce you to our program. We had a successful 2005-06 season which was highlighted by our third consecutive Atlantic 10 Championship and participation in the NCAA Championships. Our players are dedicated to this program and look forward to its continuing success.

As you begin to look into your future, you will need to ask yourself some important questions. Am I willing to push myself for two to three hours on the practice court each day? Can I handle the weight-training, lifting and running? Am I ready to raise my level of competition?

Being a member of the University of Richmond women's tennis team will require a lot of work, but the rewards will be worth the sacrifices.

You will be amazed at how much excitement and energy can be generated when working toward a common goal. Whether you are playing a match or cheering on a teammate, you will soon realize that team unity creates bonds that cannot be broken. Our players demonstrate that teamwork is a vital component for success, both on and off the courts.

If you are ready to experience teamwork first hand and are prepared to accept the daily challenges of being a student-athlete, then we invite you to consider the University of Richmond.

*Mark Wesselink*

Mark Wesselink



**CREDITS**

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Picture on the front cover: Seniors Robin Carter, Beatrice Grasu, and Jessica Hubbard



# THIS IS RICHMOND WOMEN'S TENNIS

- Freshman Pamela Duran was named 2006 Most Outstanding Rookie Performer and head coach Mark Wesselink earned his fourth Coach of the Year honor after the Spiders captured their fourth Atlantic 10 Championship. Meghan Wolfram, Beatrice Grasu, Robin Carter, Lindsay Cox, Jeanette Cluskey, Vanessa Bagnato, Courtney Klein, and Pamela Duran received All-Conference accolades in the 2002, 2004, 2005, or 2006 Championship seasons. In addition, Beatrice Grasu was honored as the 2004 Most Outstanding Rookie Performer and the ITA's 2004 East Region Rookie of the Year.
- Richmond advanced to the 2006 NCAA Championships, its sixth trip in the past ten years, after earning the league's automatic bid to the tournament. Since joining the A-10 five years ago, the Spiders have captured four titles.



- The Spiders won the 2002 Atlantic 10 Championship in their inaugural season of league competition, earning the automatic bid to the NCAA tournament.



- Richmond has posted double-digit win totals for eleven of the past 13 seasons. Over that span, the Spiders have a record of 159-111 in dual match play.
- The Spiders captured the 1982 AIAW Division II National Championship, marking Richmond's first national title in any sport. That same year, the team compiled a 27-5 dual match record and six players were honored as All-Americans.



- In the CAA Tournament quarterfinals in the spring of 2000, head coach Mark Wesselink garnered his 200th career coaching victory.
- Former Spider women's tennis All-American Sharon Dunsing was enshrined into the University of Richmond Athletics Hall of Fame in 1999. She joined Martha Puryear as the only two players in program history to enter the Hall of Fame.



- Richmond has made back-to-back NCAA Tournament appearances in 1997 and 1998 and then again in 2004, 2005 and 2006.
- Richmond's 1998 doubles tandem of Bridget Merrick and Lesia Bilak climbed to as high as a No. 9 national ranking and qualified for the NCAA Doubles Championships as one of the top 32 pairings nationally.



**THE SPIDERS HAVE CAPTURED FOUR ATLANTIC 10 TITLES IN JUST FIVE YEARS OF LEAGUE COMPETITION. RICHMOND HAS APPEARED IN THE NCAA CHAMPIONSHIPS SIX TIMES IN THE PAST 10 YEARS.**



# REVIEW/OUTLOOK

## 2006-07 SEASON PREVIEW

*The four-time A-10 Champions have high hopes for the upcoming season.*

The Spiders, who have now earned four Atlantic 10 titles in just five years of league competition, in addition to advancing to the NCAA tournament for the sixth time in 2006, are looking to add even more to their growing list of accomplishments in the 2006-07 season.

"We are coming off a very successful year," stated University of Richmond head women's tennis coach Mark Wesselink. "We finished strong and we only lost one player off a championship team and, with the added experience of the three freshmen, I only expect us to be stronger this year."

Last year, the Spiders climbed to a No. 71 national ranking after facing a challenging schedule and journeying past several top ranked opponents. The Spiders finished with a flourish, winning nine of their last ten matches, and after sweeping through the A-10 tournament without allowing a point, the Spiders captured their third-straight A-10 title to earn the league's automatic berth to the NCAA Championships.

Winning nine of their last eleven matches, the Spiders look to continue their success into the 2006-07 season.

With the return of All-Atlantic 10 performers Robin Carter, Beatrice Grasu and Pamela Duran, Wesselink commends the strength and solidity on his team. "The chemistry on the team was very good last year and that should be a positive for us and help us as we meet the challenges of the upcoming year."

After posting a team-best 16-5 mark in singles play (9-2 at the No. 3 spot) and a 10-6 record at No. 2 doubles, senior **Robin Carter** (Mendham, N.J.) will once again be a key contributor for the Spiders in the 2006 season.

The two-time All-Conference performer put together a team-high ten match win streak in the middle of the 2006 season. "Robin's consistency and ability to bring intensity to every match has made her a player that every player looks up to," stated Wesselink. "Everyone expects Robin to win."

Senior **Beatrice Grasu** (Reisertown, Md.) posted a 5-8 mark competing at the No. 1 position and an 11-9 mark at first and second doubles. According to Wesselink, the All-Conference honoree was able to work hard and train through an

injury and by the end of the season, she was playing her best tennis. "We expect that to continue through her senior year."

Senior **Jessica Hubbard** (Johannesburg, South Africa) recorded an 8-1 mark at sixth singles and stepped into the Spiders' No. 1 doubles line-up with Meghan Wolfgram to record a 7-11 mark. "She came right in and helped the team chemistry; she has a calm and confident attitude that is a nice influence on the team."

Junior **Jelena Zivanovic** (Mississauga, Ontario) continued to develop and gain confidence and should make an impact on the team this year.

Sophomore **Pamela Duran** (Guayaquil, Ecuador), posted a 4-2 mark at first singles and recorded a team-best doubles record of 15-4, competing at the No. 2 and 3 spots. The Atlantic 10's Most Outstanding Rookie earned a No. 74 national ranking and was selected to the A-10 All-Conference team.

"Pamela plays some of the smartest and most efficient points on the team as she is so adept at exploiting her opponents' weaknesses. As she gets physically and mentally stronger, she will be one of the division's top players."

Sophomore **Ashlee Vosters** (Bethany, Del.) posted a 13-4 singles record at the No. 4-6 spot, compiling a win streak of nine. Additionally, she earned a team-best 16 doubles wins. "Ashlee's work ethic and energy helped drive the team and make everyone push themselves harder. She gained consistency and poise with every match and she will be a big factor in our success this year."

Sophomore **Xenia Schneider** (Oberusel, Germany) recorded a 5-2 mark at fifth singles, compiling a win streak of four. "Xenia came in as a talented hard-hitting player and gained experience through the year that allowed her to work the court and the points to her advantage. She should take it to another level this year."

Challenged with a competitive schedule that includes up to seven nationally-ranked teams, the Spiders remain optimistic and enthusiastic about the challenges ahead of them. "This team will continue to be competitive with anyone we play, especially with the top nationally-ranked teams." Led by the four-time Atlantic 10 Coach of the Year, the Spiders are ready for anything that comes their way.

"I like the unity of this group and their commitment to succeed," concluded Wesselink. "The team is willing to do the work it takes to win. We are looking to make it four championships in a row and five out of six since joining the Atlantic 10."

### 2006 STATISTICS - 14-8 Overall, 3-0 in A-10 2006 Atlantic 10 Champions

Player	Pos #1	Pos #2	SINGLES				Overall
			Pos #3	Pos #4	Pos #5	Pos #6	
Meghan Wolfgram	0-0	1-2	5-3	3-3	0-0	0-0	9-8
Robin Carter	0-0	3-0	9-3	4-1	0-0	0-0	16-5
Beatrice Grasu	4-8	2-1	0-0	0-0	0-0	0-0	7-9
Jessica Hubbard	0-0	0-0	0-0	1-1	2-2	8-1	11-4
Jelena Zivanovic	0-0	0-0	0-0	0-0	0-0	0-1	0-1
Xenia Schneider	0-0	0-0	0-0	2-1	5-2	2-1	9-4
Pamela Duran	4-2	3-6	0-0	0-0	0-0	0-0	7-8
Ashlee Vosters	0-0	0-0	0-0	3-0	7-3	3-1	13-4
Team	Pos #1	Pos #2	Pos #3	Pos #4	Pos #5	Pos #6	Overall
Robin Carter/Beatrice Grasu	1-0	10-6	0-0				11-6
Meghan Wolfgram/Beatrice Grasu	0-3	0-0	0-0				0-3
Meghan Wolfgram/Jessica Hubbard	7-8	0-0	0-0				7-8
Robin Carter/Jessica Hubbard	0-0	0-1	0-0				0-1
Robin Carter/Xenia Schneider	0-0	0-0	0-1				0-1
Robin Carter/Ashlee Vosters	0-0	0-0	1-1				1-1
Pamela Duran/Ashlee Vosters	0-0	2-0	12-3				14-3
Pamela Duran/Jessica Hubbard	0-0	0-2	0-0				0-2
Xenia Schneider/Ashlee Vosters	0-0	0-0	0-2				0-2
Jelena Zivanovic/Xenia Schneider	0-0	0-0	1-0				1-0



# MEET THE SPIDERS

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## HEAD COACH MARK WESSELINK



University of Richmond head women's tennis coach Mark Wesselink enters his 18th year at the helm of the program. With 14 winning seasons and six NCAA Tournament appearances, Wesselink has built a nationally-competitive program at Richmond.

In just five years of Atlantic 10 competition, Wesselink has earned four Coach of the Year honors after leading the Spiders to four conference championships (2002, 2004, 2005 and 2006). Additionally, Wesselink has led Richmond to the NCAA Championships six times in the past nine years.

Wesselink reached the 200-career victory plateau in Richmond's 2000 CAA Tournament win over James Madison and currently owns a career record of 271-167 after 20 years.

Since his arrival at Richmond, the Spiders have won almost 60 percent of their matches, owning a 211-143 mark in his 16 years. He has been instrumental in leading Richmond's rise to prominence, totaling double-digit wins in eleven of the past thirteen seasons, including consecutive NCAA Tournament appearances in 1997



and 1998 and 2004, 2005, and 2006. In addition, Richmond captured the ITA East Region fall team title in October 1995.

As the 1997 CAA Coach of the Year, Wesselink guided Richmond's No. 1 doubles tandem of Lesia Bilak and Bridget Merrick to a national ranking of ninth. As one of the top 32 pairs in the country, the duo qualified for the NCAA Doubles Championship.

Prior to Richmond, Wesselink spent three seasons as the head coach at Drake University and posted a 60-24 mark. Previously, he served as an assistant coach at Harvard University where he helped the Crimson capture three Ivy League championships.

During his tenure, five Harvard players garnered All-American recognition.

One of the most well-respected coaches in the tennis community, Wesselink served as chairman of the 83-team ITA Division I Eastern Regional Committee from 1992-1994.

Wesselink and his wife, Dr. Shanan Raines, a neuropsychologist with a private practice, reside in Richmond with their two children, Isaak, age twelve, and Paige, nine.

## ASSISTANT COACH COURTNEY KLEIN



Klein, a native of East Amhurst, N.Y., is in her second year as an assistant coach for the University of Richmond women's tennis team. A former Spider standout and 2005 University of Richmond graduate, Klein was a team captain and member of the Atlantic 10 All-Conference team her senior year, in addition to remaining undefeated in three A-10 Championships.

Prior to her tennis career at Richmond, Klein was a five-year letterwinner at Williamsville East High School where she recorded a perfect match record of 60-0.

## ASSISTANT COACH JACK CUMMINGS, JR.

Jack Cummings, Jr. is entering his sixth year as an assistant coach with the University of Richmond women's tennis team. He is currently the Director of Tennis at Meadowbrook Country Club and previously held the same position at Salisbury County Club for 25 years.

Cummings and his wife Lee-Lee have four children and their daughter Kathleen was a college women's tennis All-American and played on the Women's Professional Pro Tour for two years.



## 2006-07 WOMEN'S TENNIS ROSTER

<u>NAME</u>	<u>HT.</u>	<u>CL.</u>	<u>HOMETOWN/HIGH SCHOOL</u>
Robin Carter	5-3	Sr.	Mendham, N.J./Newark Academy
Pamela Duran	5-3	So.	Guayaquil, Ecuador/Colegio Aleman Humboldt of Guayaquil
Beatrice Grasu	5-5	Sr.	Reisterstown, Md./Franklin
Jessica Hubbard	5-6	Sr.	Johannesburg, South Africa/Crawford College
Xenia Schneider	5-6	So.	Oberusel, Germany/Saddlebrook Preparatory
Ashlee Vosters	5-4	So.	Bethany, Del./Worcester Preparatory
Jelena Zivanovic	5-10	Jr.	Mississauga, Ontario/Lorne Park

2006-07 WOMEN'S TENNIS



# MEET THE SPIDERS

## ROBIN CARTER

Senior  
Mendham, N.J.  
Newark Academy



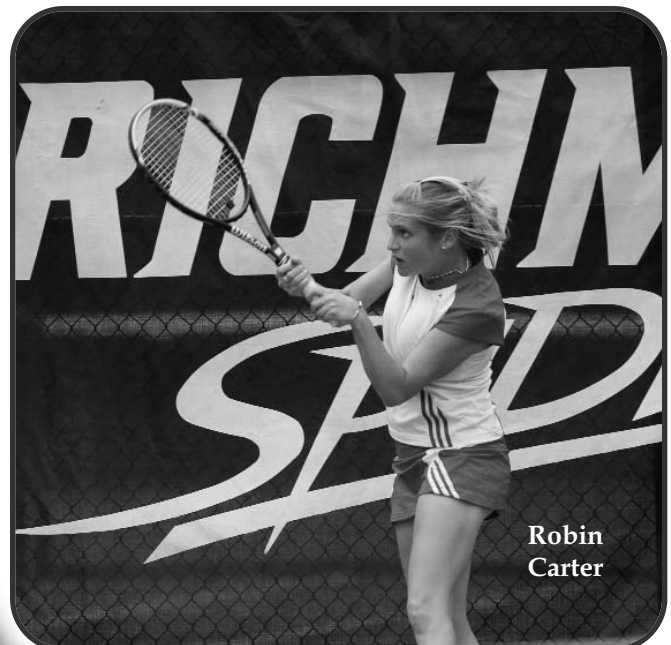
**AS A JUNIOR IN 2006:** Posted a team-best 16-5 singles record, competing at the No. 2, 3, and 4 spots ... recorded a 9-3 mark at third singles and went undefeated (3-0) at second singles ... put together a team-high 10-match win streak ... compiled a 12-9 doubles mark, competing at the No. 1, 2, and 3 spots ... paired mostly at No. 2 doubles with Beatrice Grasu for a 10-6 mark ... went 3-0 with Grasu at No. 2 doubles to help the Spiders win the A-10 Championships ... longest doubles win streak of three on two different occasions ... named A-10 Player of the Week (3/13) ... selected to the A-10 All-Conference Team. **AS A SOPHOMORE IN 2005:** Posted a 12-8 mark in singles play, all at the No. 2 spot ... put together a six match win streak mid-season ... paired with Courtney Klein at No. 2 doubles ... the duo compiled a 12-9 record ... named to the 2005 Atlantic 10 All-Conference Team ... in fall action, went 4-2 in both singles and doubles play. **AS A FRESHMAN IN 2004:** Tallied a team-best 16-6 singles record in the spring and 8-1 in the fall ... posted a 10-match winning streak during the season ... selected A-10 co-Rookie of the Week (3/29) ... combined with Courtney Klein at No. 3 doubles and posted a team-best 15-6 record in the spring and 5-1 in the fall. **HIGH SCHOOL:** Played No. 1 singles for three years ... named New Jersey Player of the Year ... three-time All-State first team member ... three-time All-Essex County first team honoree ... led team to State title in 2002 ... honored as State Athlete of the Month (Oct. 2002). **PERSONAL:** Born August 6, 1985 ... daughter of Naomi and Dr. Mitchell Carter ... has one older brother, Jeffrey.

## BEATRICE GRASU

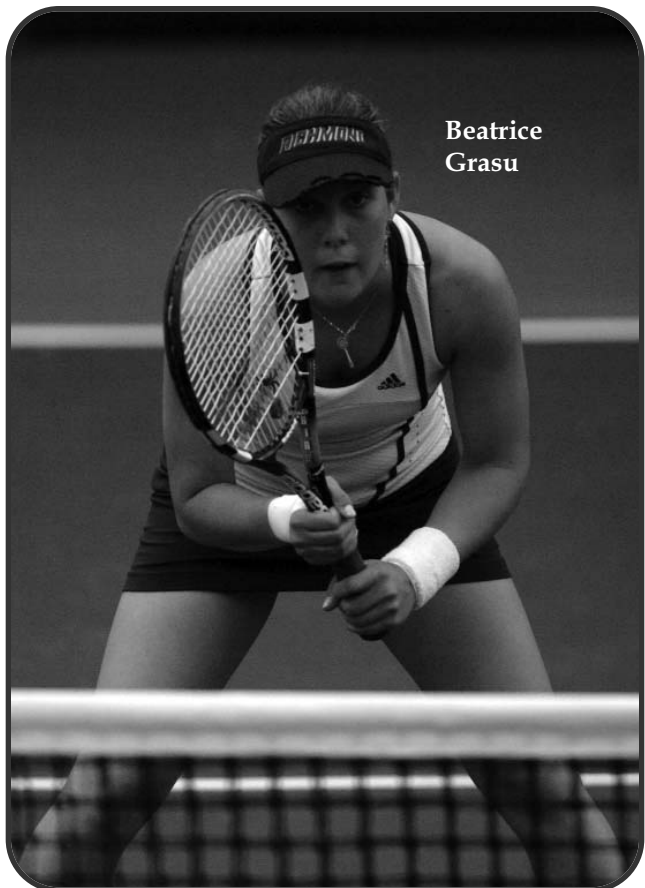
Senior  
Reisterstown, Md.  
Franklin



**AS A JUNIOR IN 2006:** Posted a 7-9 singles mark, competing at the No. 1 and No. 2 spots ... played primarily at No. 1, recording a 5-8 mark ... longest win streak of three ... compiled an 11-9 doubles mark at first and second doubles ... played mostly at No. 2 doubles, recording a 10-6 pairing with Robin Carter ... went 3-0 with Carter at No. 2 doubles to help the Spiders win the A-10 Championships ... longest doubles win streak of three on three different occasions ... selected to the A-10 All-Conference Team. **AS A SOPHOMORE IN 2005:** Missed majority of the season due to injury ... posted a 1-3 mark at No. 5 singles ... compiled a 3-3 record in doubles action ... paired with Lindsay Cox for a 1-2 mark at top doubles ... posted a 2-1 mark at No. 3 doubles with Jelena Zivanovic. **AS A FRESHMAN IN 2004:** Competed at No. 1 singles in both the fall and spring ... tallied a 6-12 spring record and 5-3 in the fall ... selected as the 2004 Atlantic 10 Most Outstanding Rookie Performer ... paired with Lindsay Cox at No. 1 doubles and posted a 12-5 record in the spring. **HIGH SCHOOL:** Four-year varsity letterwinner ... three-time State Finalist ... State Champion as a senior ... four-time All-County Team ... two-time *Baltimore Sun* All-County ... *Baltimore Sun* All-Metro ... graduated in Top 10 in class. **PERSONAL:** Born May 20, 1985 ... daughter of Wanda and Stefan Grasu ... has one younger brother, Alexander.



Robin Carter



Beatrice Grasu



# MEET THE SPIDERS

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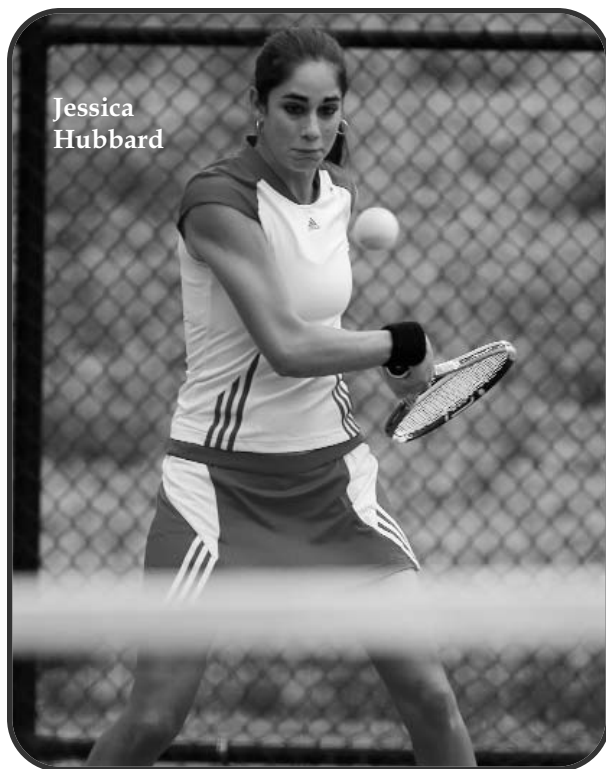
2006-07 WOMEN'S TENNIS

## JESSICA HUBBARD

Senior  
Johannesburg, South Africa  
Crawford College



**AS A JUNIOR IN 2006:** Posted an 11-4 singles mark, competing at the No. 4, 5, and 6 spots ... competed primarily at sixth singles, recording an 8-1 mark ... longest win streak of seven ... recorded a 7-11 doubles mark, playing at the No. 1 and 2 positions ... played primarily at first doubles with Meghan Wolfgram ... longest doubles win streak of four. **HIGH SCHOOL:** Four year letter winner in tennis ... team captain... represented South Africa in Europe. **PERSONAL:** Born January 24, 1985...daughter of Alastair and Hilda Hubbard...has three siblings, Bronwyn, Sarah and Stuart.



Jessica Hubbard

**HIGH SCHOOL:** Two-time national lacrosse champions ... honored to lacrosse All-Region team. **PERSONAL:** Born November 30, 1985 ... daughter of John and Desa Zivanovic ... has two siblings, Milica and Mike.



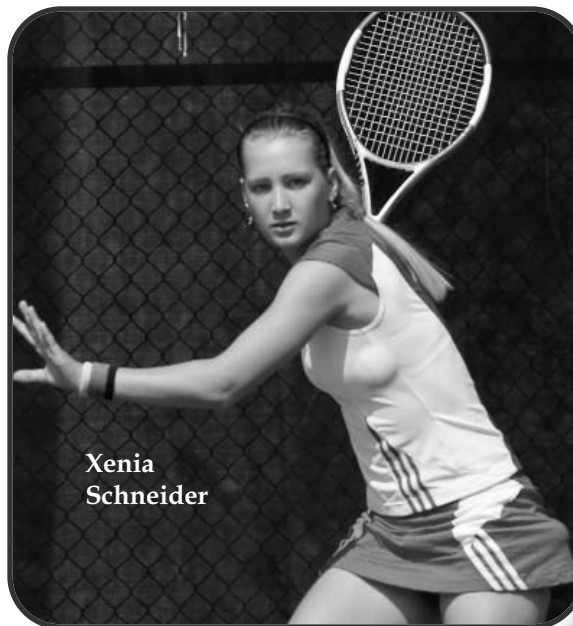
Jelena Zivanovic

## XENIA SCHNEIDER

Freshman  
Oberusel, Germany  
Saddlebrook Preparatory



**AS A FRESHMAN IN 2006:** Posted a 9-4 singles record, playing at the No. 4, 5, and 6 spots ... played mostly at No. 5, compiling a 5-2 mark ... longest win streak of four ... compiled a 1-3 record at No. 3 doubles ... named A-10 Rookie of the Week (3/20). **HIGH SCHOOL:** Ranked 194 in Germany for Juniors ... 295th in the country for women's Under 21 ... 443rd in the country for women's division. **PERSONAL:** Born May 2, 1987...daughter of Hannelore and Albrecht Schneider... has three siblings, Kolja, Julia and Susanne.



Xenia Schneider

## JELENA ZIVANOVIC

Sophomore  
Mississauga, Ontario  
Lorne Park



**AS A SOPHOMORE IN 2006:** Posted a 0-1 singles mark at sixth singles ... recorded a 1-0 mark at No. 3 doubles. **AS A FRESHMAN IN 2005:** Recorded a 7-14 singles mark, playing predominately at the No. 5 spot ... went 4-2 in doubles action, all at third position ... posted a 3-3 record in fall singles and a 6-1 mark in fall doubles.



# MEET THE SPIDERS

## PAMELA DURAN

Sophomore  
Guayaquil, Ecuador  
Colegio Aleman Humboldt of  
Guayaquil



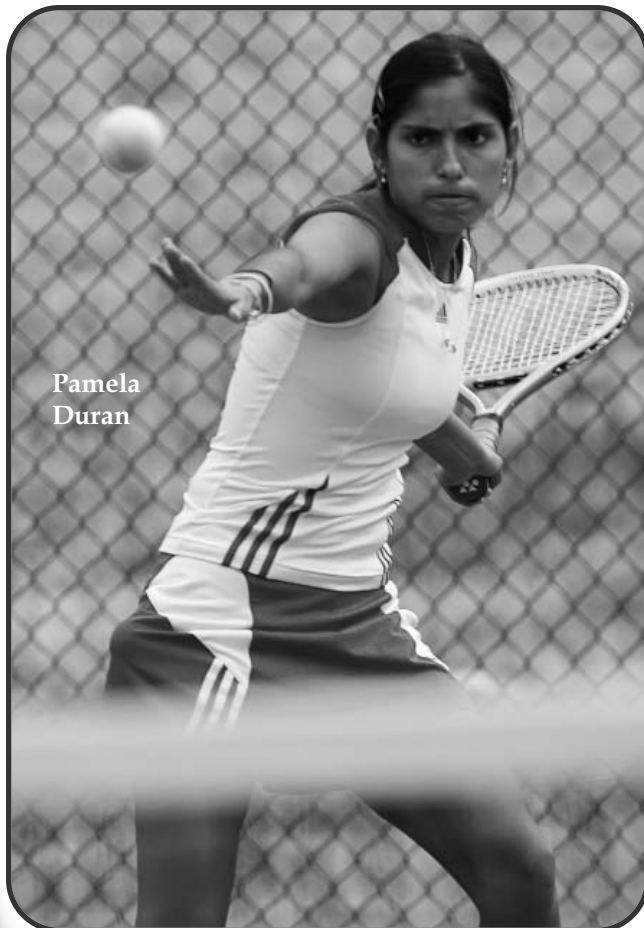
## ASHLEE VOSTERS

Sophomore  
Bethany, Del.  
Worcester Preparatory

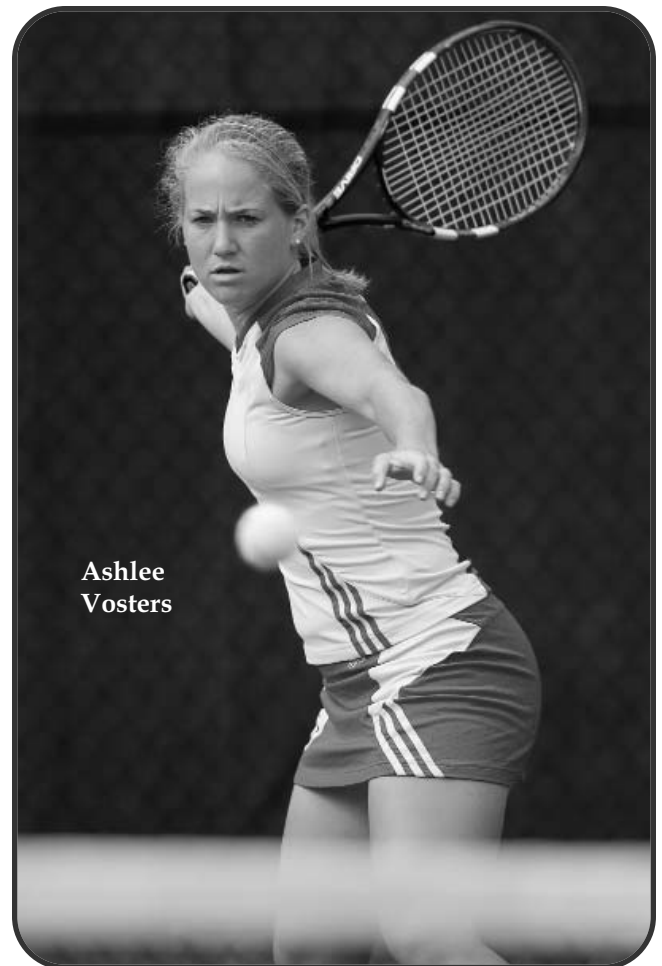


**AS A FRESHMAN IN 2006:** Compiled a singles mark of 7-8, playing at the No. 1 and 2 spots ... recorded a 4-2 mark at first singles and a 3-6 mark at second singles ... longest win streak of four ... recorded a team-best doubles record of 15-4, competing at No. 2 and No. 3 ... played primarily at No. 3 with Ashlee Vosters to record a 13-2 mark ... longest doubles win streak of six ... ranked No. 74 in ITA rankings (1/10) ... A-10 Rookie of the Week (4/10) ... selected to the A-10 All-Conference Team and named the A-10 Most Outstanding Rookie. **HIGH SCHOOL:** Ranked 177th in Junior Rankings...played in tournaments in Costa Rica, Bermuda, Bahamas, Aruba and St. Maarten...won four out of the five tournaments. **PERSONAL:** Born February 17, 1987...daughter of Sofia de Duran and Walter Duran...has two siblings Walter and Sofia.

**AS A FRESHMAN IN 2006:** Posted a 13-4 singles record, playing at the No. 4, 5, and 6 spots ... played primarily at No. 5, compiling a 7-3 record ... longest win streak of nine ... earned a team best 16 doubles wins ... posted a 16-5 doubles mark, competing at the No. 2 and 3 spots ... played primarily at the No. 3 spot with Pamela Duran for a 14-5 record ... longest doubles win streak of six ... named A-10 Rookie of the Week (3/13). **HIGH SCHOOL:** Was a four year letterwinner in tennis ... was a captain her senior year ... was a Delaware State Champion six years in a row ... ranked in the Top 100 nationally in singles ... ranked in the Top 20 in doubles ... named the 2005 Delaware State Woman's Champion ... named the 2003 Middle States Region Most Improved Player ... earned the coaches award her senior year ... was No. 1 in the Middle States region at various times throughout her junior and sophomore year. **PERSONAL:** Born October 18, 1986 ... daughter of Neil and Lee Vosters ... has one younger sister, Christina ... grandmother Bunny Vosters played professional tennis and reached No. 9 in the world ... parents played squash at Harvard and Lee was intercollegiate champion ... hobbies and interests include playing sports, being active, living life to the fullest and being happy.



Pamela  
Duran



Ashlee  
Vosters



# MY PERSPECTIVE

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## LINDSAY WOODWORTH RALL

There were many reasons why I chose the University of Richmond over all the other colleges I was looking to attend: the quality of the business school, the gorgeous campus, the friendly students and the location. Most of all, I chose Richmond because of the tennis program and because of Mark Wesselink.

I just can't say enough good things about my experiences as a tennis player at Richmond. I knew that tennis was going to be a big part of my college life, but just how big was quite a shocker.

Practice everyday, weekend road trips, weight training, team meetings, etc. - it was challenging balancing all of that with classes, homework, group projects and a typical college social life.

But Mark made being a well-balanced student-athlete much easier than I think most coaches would have. He took our tennis very seriously, but was also sensitive to and appreciative of our lives off the court as well.

He wanted us to be well-rounded and happy because I think he believed that it would ultimately make us better tennis players. He made things fun for the most part (except for the track days) and always made himself available to chat. Mark is more than a coach—he's a listener, a counselor and a friend.

Mark was also very sensitive to the personality of the team and its members. Although not everyone got along all the time, the overall dynamics of the team were great and some of my best friends were on that team. And if you've never experienced college tennis, you have no idea how much more fun it is to be part of team

rather than playing individually all the time like in juniors competition. Who doesn't want to win more and fight harder when there are seven scream-

ing girls backing you up on every shot?

Two of the most memorable and rewarding moments of my college career, and of my life, were when upsets of highly ranked teams, South Florida and Virginia, came down to my final doubles match. More than anything, I wanted to win these matches, not for myself, but for the two graduating seniors that year who had never beaten South Florida, and for Mark because he had never defeated Virginia.

We fought off multiple match points in both contests and pulled them out in the end. Without being a college athlete, I never would have gotten to experience the natural high that I felt on those days.

In addition to Mark and his dedication, the University of Richmond Athletic Department was very supportive of the women's tennis program and the resources provided were plentiful. I was, and still am, very proud to say I was on the tennis team at Richmond.



*Lindsay Woodworth Rall was a four-year letterwinner for the Richmond women's tennis program from 1995-99. She graduated summa cum laude and garnered The Presidential Citation Award for having the highest grade point average of any Richmond student-athlete. Woodworth Rall now works as a marketing manager for the firm of Handango.*

I feel like we, as a team, accomplished a lot in my four years, and I know it's a little trite to say this, but all the hard work really did pay off. I matured both personally and in my tennis game. I gained life-long friends and took away with me a valuable diploma and four years worth of fun and meaningful memories.

2006-07 WOMEN'S TENNIS

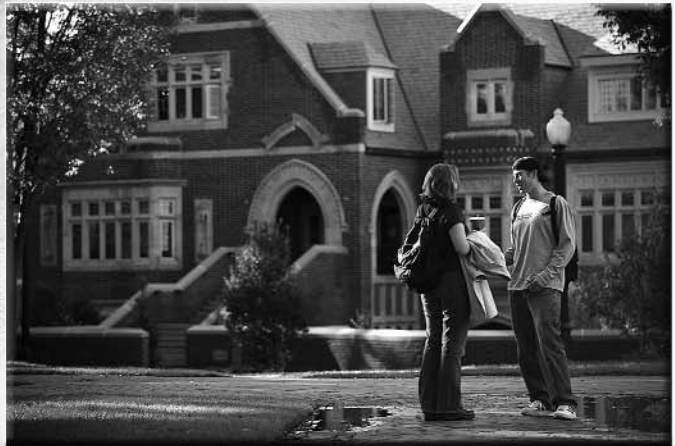


# THE UNIVERSITY OF RICHMOND

*Given Four Stars*

*(the highest possible rating)*

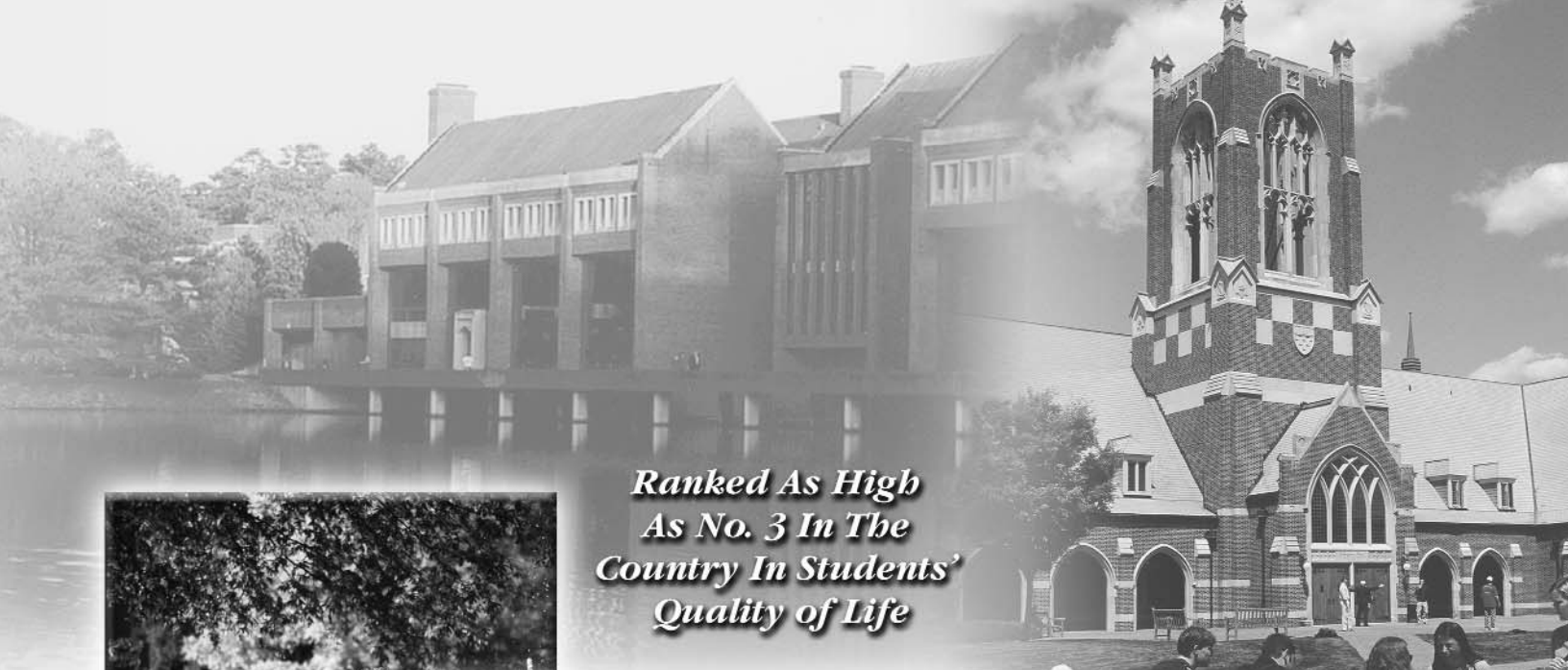
*for academics, student selectivity and  
campus life by the Princeton Review*



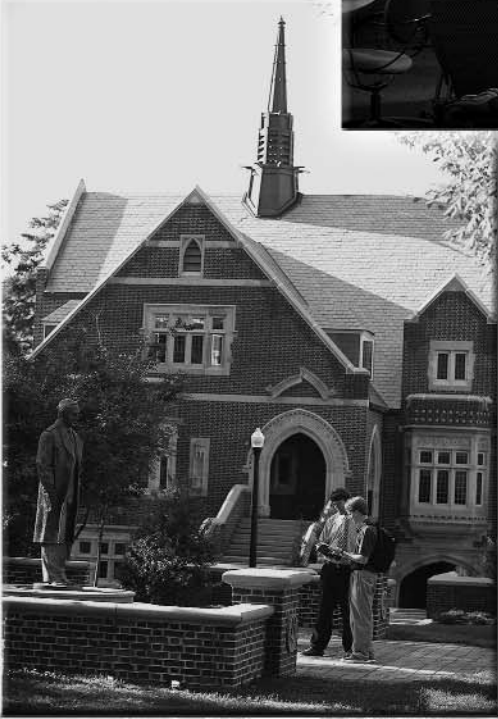
*“Exceptional academic  
programs set in a  
comfortable and beautiful  
environment.”*

*- The Unofficial, Unbiased, Guide To  
The 331 Most Interesting Colleges*

UNIVERSITY of



***Ranked As High  
As No. 3 In The  
Country In Students'  
Quality of Life***



***"Small classes and  
terrific faculty  
interaction are just  
a few of the perks  
of being a  
Richmond Spider."***

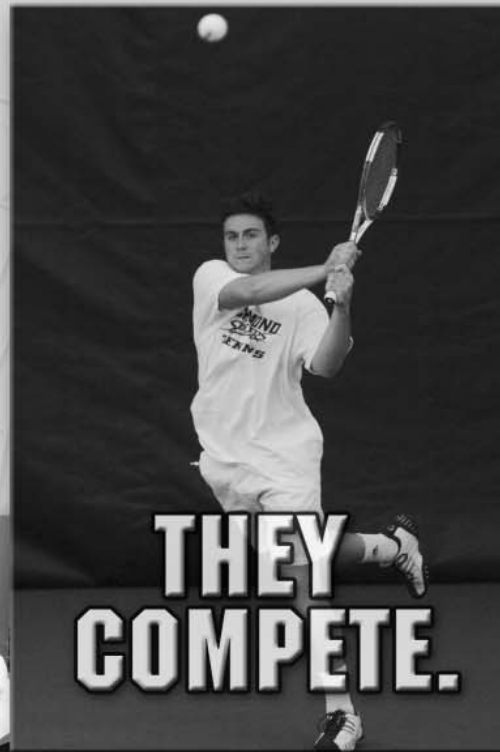
*- The Fiske Guide To Colleges*



RICHMOND



***Consistently ranked among the  
top-20 Most Beautiful Campuses  
In the Country by the Princeton Review***



# RICHMOND STUDENT-ATHLETES DO IT **ALL**

Student-Athlete Leadership Program at the University of Richmond — *Academics - Life Skills - Leadership*

**A.L.L.** is a unique and interactive program that promotes academic excellence, builds life skills and provides leadership training for Richmond's student-athletes. Through services and seminars, A.L.L. develops individuals who make positive contributions to the University, their families and the community.

## ACADEMICS

**EXCEL - CHALLENGE - ACHIEVE**

Academic counselors advise student-athletes about study skills, course selection, potential majors and lifelong goals. Counselors encourage student-athletes to utilize the following resources:

- Tutorial Support
- Core Assistance Program
- A.L.L. Blackboard Database
- Academic Skills Center
- Speech Center
- Writing Center
- Wellness Center
- Career Development Center

*A.L.L. guides and supports student-athletes in their journey toward academic excellence.*

## LIFE SKILLS

**EXPLORE - CONNECT - DISCOVER**

A.L.L. sponsors seminars and workshops that prepare student-athletes for the real world:

- Financial Planning
- Diversity Training
- Personality Assessment
- Spider Career Alumni Network (SCAN) - a web of former Spider student-athletes willing to share their career experiences with current student-athletes.
- Healthy Lifestyle Development
- Major/Career Exploration

*Beyond the classroom and the playing field, there is a whole world waiting...*



## STUDENT-ATHLETE LEADERSHIP

In order to achieve excellence in all areas, Richmond student-athletes are encouraged to utilize the department's academic support services.

Under the direction of Assistant Director of Athletics for Academics Bruce Matthews and Academic Coordinator Maria Hickman, the office is dedicated to enriching the student-athlete experience.

Richmond's Student-Athlete Development and Academic Support office oversees the academic services for all 19 varsity sports. In addition, the academic coordinators advise student-athletes in the areas of life skills, tutoring, class scheduling, and career planning.

## LEADERSHIP

**COMMUNITY • TEAMWORK • TRANSFORMATION**

The Student-Athlete Leadership Council (SALC) serves as the liaison between the student-athletes, athletic administration and the University faculty. SALC provides student-athletes with opportunities for leadership:

- Community Service
- Food and Clothing Drives
- Internships
- Reading Programs
- Partnership with the Center for Civic Engagement

*Leaders for life: the commitment to leadership doesn't end with the buzzer, the last lap or the final out...it's just the beginning.*

### SPIDERS IN THE COMMUNITY

Spider student-athletes reach out to the community that so proudly supports them. Some of the most rewarding moments of Richmond Tennis occur off the court...

# THIS IS RICHMOND ATHLETICS

THE SPIDERS CAPTURED SIX ATLANTIC 10 TITLES IN 2005-06 AND HAVE  
WON 26 ATLANTIC 10 CHAMPIONSHIPS IN THE PAST FIVE YEARS

FIVE STUDENT-ATHLETES EARNED ATLANTIC 10 PLAYER OF THE YEAR HONORS IN 2005-06

RICHMOND TIED FOR FIFTH NATIONALLY AMONG DIVISION I SCHOOLS WITH A GRADUATION SUCCESS  
RATE OF 97% AMONG STUDENT-ATHLETES



FOOTBALL WON THE 2005 ATLANTIC 10 CHAMPIONSHIP, ITS  
THIRD TITLE IN EIGHT YEARS. THE SPIDERS RANKED AS HIGH  
AS NO. 8 IN THE NATION



WOMEN'S LACROSSE  
HAS WON BACK-TO-  
BACK ATLANTIC 10  
CROWNS AND RANKED  
AS HIGH AS NO.9 IN  
THE NATION



FIELD HOCKEY HAS WON FOUR-  
STRAIGHT ATLANTIC 10 TITLES  
AND RANKED AS HIGH AS  
NO. 16 IN THE NATION



MEN'S AND WOMEN'S TENNIS  
HAVE EACH WON THREE-STRAIGHT  
ATLANTIC 10 CHAMPIONSHIPS



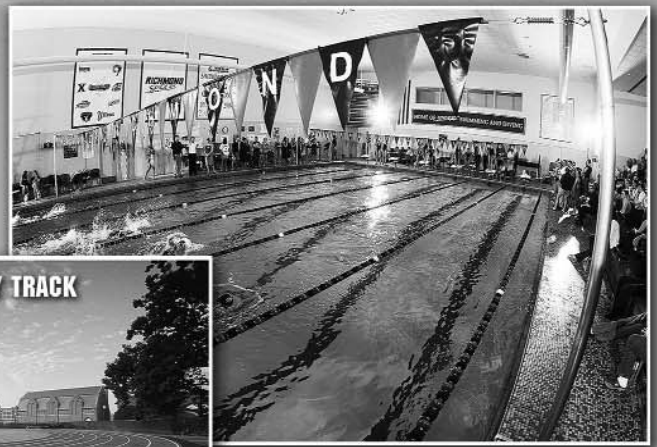
WOMEN'S SWIMMING AND DIVING HAS WON FIVE-STRAIGHT  
ATLANTIC 10 CHAMPIONSHIPS

# RICHMOND FACILITIES

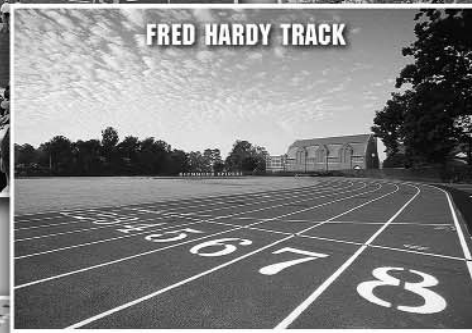
RICHMOND HAS MADE A COMMITMENT  
TO EXCELLENCE AND THAT INCLUDES  
PROVIDING SPIDER STUDENT-ATHLETES  
WITH STATE-OF-THE-ART FACILITIES



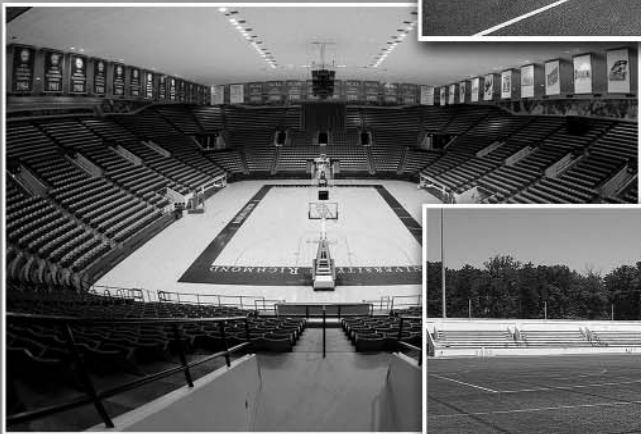
UR STADIUM



ROBINS CENTER NATATORIUM



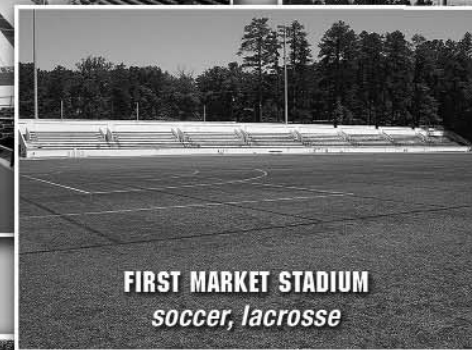
FRED HARDY TRACK



ROBINS CENTER



PITT FIELD



FIRST MARKET STADIUM  
*soccer, lacrosse*



UR TENNIS COMPLEX



UR GOLF PRACTICE FACILITY



CRENSHAW FIELD - *field hockey*