
Rice Owls

Women's T&F/Cross Country Fact Book



2023 C-USA INDOOR & OUTDOOR CHAMPIONSHIPS

2023 Conference USA Indoor Championship

CrossPlex (UAB) – Birmingham, Alabama

Team Results

1. Charlotte	129.5	7. North Texas	4
2. Rice	94.5	8. FAU	33
3. MTSU	82	9. LA Tech	28
4. UTSA	75	10. UAB	26.5
5. FIU	67.5	11. WKU	23
6. UTEP	63		

200m

7. Kennedy Gamble - 24.38

60m

4. Kennedy Gamble - 7.49

800m

2. Alyssa Balandran - 2:08.65
3. Taigen Hunter-Galvan - 2:10.64

Mile

3. Caitlin Wosika - 4:51.25
6. Amelie Attenborough - 4:58.37
8. Ava White - 5:02.28

5000m

8. Lina Spjut - 17:19.37

3000m

6. Caitlin Wosika - 9:46.76

60m Hurdles

7. Lindsay Simms - 8.86

4x400 Relay

5. Kennedy Gamble, Arayna Mickles Alyssa Balandran, Savannah Simms - 3:48.43

Distance Medley Relay

1. Amelie Attenborough, Savannah Simms, Taigen Hunter-Galvan, Alyssa Balandran- 11:34.36

Pole Vault

4. Elena Siemens - 3.82m (12-06.25)
8. Lauren Schmitt - 3.52m (11-06.50)

Triple Jump

3. Ginnie Okafor - 12.64m (41-05.75)
7. Savannah Simms - 12.01m (39-05.00)

Shot Put

1. Erna Gunnarsdottir - 17.92m (58-09.50)
8. Morgan Fey - 13.79m (45-03.00)

Weight Throw

1. Tara Simpson-Sullivan - 22.18m (72-09.25) - C-USA Meet Record
8. Julie Perez - 16.85m (55-03.50)

Pentathlon

2. Lindsay Simms - 3594 points

2023 Conference USA Outdoor Championship

UNT Track & Field Stadium (UNT) - Denton, Texas

Team Results

1. Rice	187	7. North Texas	57
2. Charlotte	146.5	8. UAB	28
3. UTSA	111	9. FAU	25
4. UTEP	95	10. WKU	24
5. MTSU	70	11. LA Tech	11
6. FIU	59.5		

800m

2. Alyssa Balandran - 2:08.05
3. Taigen Hunter-Galvan - 2:09.08
5. Amelie Attenborough - 2:11.94
7. Ava White - 2:14.70

400m

4. Arayna Mickes - 54.85

1500m

1. Alyssa Balandran - 4:33.75
2. Taigen Hunter-Galvan - 4:34.11
5. Amelie Attenborough - 4:37.85

3000m Steeplechase

8. Katlyn Schmeltzer - 11:21.70

10,000m

1. Caitlin Wosika - 36:10.93
8. Lina Spjut - 37:17.65

5000m

2. Lina Spjut - 16:51.73
7. Caitlin Wosika - 17:11.17

100m Hurdles

6. Lindsay Simms - 14.19

100m

3. Kennedy Gamble - 11.50

400m Hurdles

3. Savannah Simms - 1:00.19
7. Lindsay Simms - 1:03.58

200m

3. Kennedy Gamble - 23.59

4x100m Relay

5. Lindsay Simms, Kennedy Gamble, Sydney Bogan, Arayna Mickles - 46.14

4x400m Relay

6. A. Mickles, K. Gamble, Taigen Hunter-Galvan, Savannah Simms - 3:50.70

High Jump

2. Josie Taylor - 1.79m (5-10.50)
7. Eliza Kraule - 1.65m (5-05.00)

Triple Jump

2. Savannah Simms - 12.68m (41-07.25)
3. Ginnie Okafor - 12.67m (41-07.00)

Long Jump

8. Eliza Kraule - 5.85m (19-02.50)

Pole Vault

4. Elena Siemens - 3.80m (12-05.50)

Javelin

2. Mckyla Van der Westhuizen - 54.19m (177-09)

Discus

2. Julie Perez - 50.57m (165-11)
6. Morgan Fey - 47.92m (157-02)

Shot Put

2. Erna Gunnarsdottir - 16.96m (55-07.75)

Hammer

1. Tara Simpson-Sullivan - 67.86m (222-07)
6. Julie Perez - 55.53m (182-02)

Heptathlon

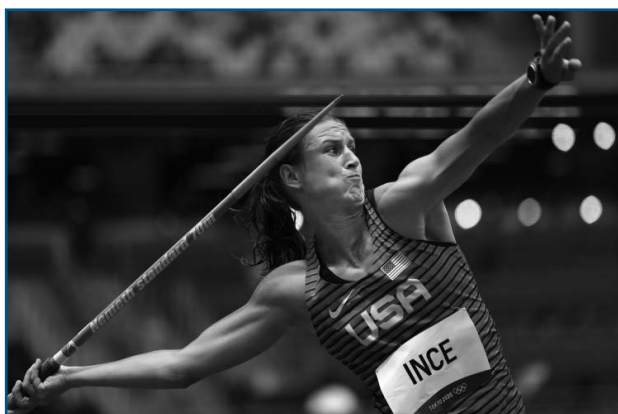
1. Eliza Kraule - 5501 points - Rice Record
2. Lindsay Simms - 5214 points

CROSS COUNTRY HISTORY

Year-by-Year Results

Year	Conf.	Rice Invitational	Conf. Champs	NCAA Regionals	NCAA Championships
1984	SWC	1 st /7	4 th /8	5 th /33	--
1985	SWC	1 st /8	4 th /9	4 th /33	*Pam Klassen - 25 th
1986	SWC	2 nd /8	4 th /9	5 th /33	*Pam Klassen - 11 th
1987	SWC	1 st /8	3 rd /7	3 rd /33	15 th /16
1988	SWC	2 nd /7	3 rd /9	3 rd /33	Kirsten Aure - 48 th
1989	SWC	2 nd /5	4 th /9	--	--
1990	SWC	1 st /4	3 rd /9	--	Julie Jiskra - 81 st
1991	SWC	2 nd /5	5 th /8	7 th /33	--
1992	SWC	1 st /4	2 nd /8	3 rd /33	Nicole Aleskowitch - 126 th
1993	SWC	1 st /6	2 nd /8	2 nd /33	19 th /22
1994	SWC	1 st /4	1 st /8	3 rd /33	Candace Lessmeister - 42 nd
1995	SWC	1 st /8	3 rd /8	7 th /33	Stacy Swank - 167 th
1996	WAC	1 st /6	8 th /16	7 th /33	--
1997	WAC	1 st /8	3 rd /16	5 th /33	--
1998	WAC	1 st /6	8 th /16	t-5 th /33	Erin Brand - 133 rd
1999	WAC	1 st /5	1 st /8	7 th /33	--
2000	WAC	1 st /6	2 nd /9	8 th /33	--
2001	WAC	--	2 nd /10	6 th /33	--
2002	WAC	2 nd /5	1 st /10	6 th /33	--
2003	WAC	1 st /4	3 rd /9	6 th /33	Kate Gorry - 53 rd
2004	WAC	1 st /4	2 nd /9	9 th /33	Marissa Daniels - 53 rd
2005	C-USA	1 st /10	1 st /11	3 rd /33	25 th /31
2006	C-USA	1 st /5	2 nd /12	6 th /33	--
2007	C-USA	1 st /6	1 st /12	1 st /33	16 th /31
2008	C-USA	cancelled	2 nd /12	2 nd /33	22 nd /31
2009	C-USA	1 st /3	3 rd /12	5 th /21	--
2010	C-USA	1 st /6	2 nd /12	2 nd /18	31 st /31
2011	C-USA	1 st /7	3 rd /12	5 th /23	*Becky Wade - 23 rd
2012	C-USA	2 nd /13	4 th /12	11 th /19	-
2013	C-USA	2 nd /14	9 th /15	9 th /20	-
2014	C-USA	1 st /14	2 nd /13	5 th /20	Cali Roper- 47 th
2015	C-USA	1 st /11	1 st /13	5 th /19	Cali Roper- 56 th
2016	C-USA	1 st /14	1 st /13	3 rd /20	Jensen- 161 st /Cartwright- 247 th
2017	C-USA	1 st /9	3 rd /13	11 th /24	-
2018	C-USA	2 nd /12	3 rd /13	5 th /22	Vivas de Lorenzi- 135 th
2019	C-USA	3 rd /8	4 th /13	5 th /22	Grace Forbes- 87 th
2020	C-USA	cancelled	4 th /12	cancelled	Grace Forbes- 19 th
2021	C-USA	2 nd /10	3 rd /13	2 nd /23	31 st /31
2022	C-USA	1 st /10	3 rd /11	9 th /27	-

RICE OLYMPIANS



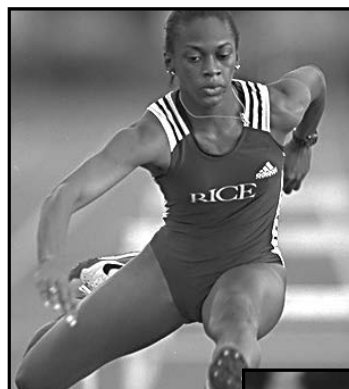
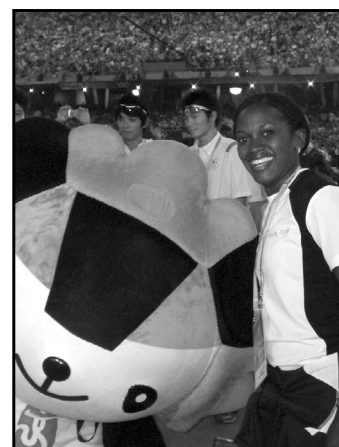
2021 - Tokyo Olympics
Arianne Ince placed 15th in Group B of the Qualifying Round of the javelin in Tokyo with a best throw of 54.98m.



2016 - Rio De Janeiro Olympics
Reese qualified for the Olympics in the 3000m steeplechase with a run of 9:35.91 on June 12, becoming the ninth athlete in Rice history to accomplish the feat. Reese suffered a foot injury while competing at Rio and placed 47th out of 48 athletes with a mark of 10:14.18.



2008 - Beijing Olympics
Rice was well represented at the 2008 Beijing Olympics as former Owl great Funmi Jimoh competed in the women's long jump and was coached by Rice head coach Jim Bevan. Also, Rice assistant coach, Andrea Blackett, served as Barbados' head track and field coach during the Beijing Games.



Andrea Blackett competed for Barbados at the 2000 Sydney Olympics in the 400m hurdles and the 4x400m relay and in the 2004 Athens Olympics in the 400m hurdles.

Allison Beckford competed for Jamaica at the 2004 Athens Olympics in the 400m. She won a bronze medal in the 4x400m relay at the 2003 IAAF World Championship for Jamaica.



Rosey Edeh competed in three Olympiads (1988 Seoul, 1992 Barcelona, and 1996 Atlanta) for Canada in the 400m hurdles.



Maureen Stewart competed for Costa Rica in the 800m at the 1988 Seoul Olympics.



Margaret Fox competed for Canada in the 4x400m relay at the 2000 Sydney Olympics.

RICE OLYMPIANS



Cherita Howard competed in the 1996 Atlanta Olympics for Barbados in the long jump.



Melissa Straker competed in the 1996 Atlanta Olympics for Barbados in the 400m and the 4x400m relay in 2000.



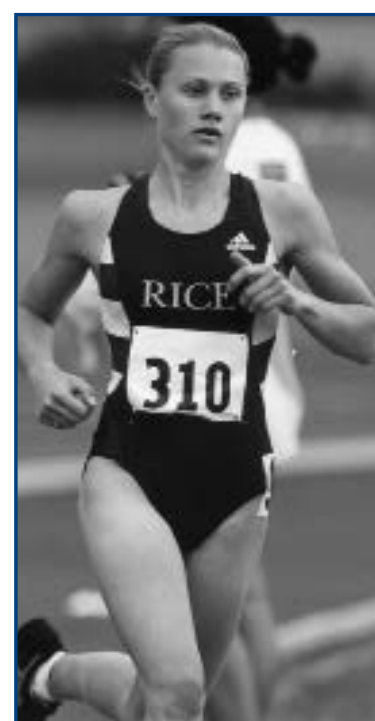
Alice Falaiye, competing for Canada, won the gold medal at the 2003 Pan American Games in Santo Domingo, Dominican Republic and the 2010 Commonwealth Games.



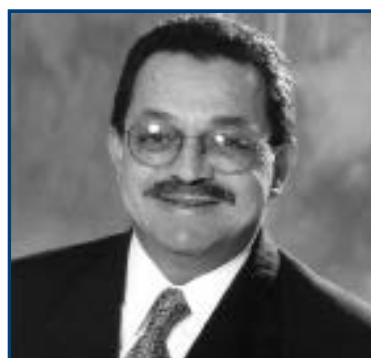
Heather McDermid, an 800m All-America runner at Rice, competed for Canada's crew team (eight) that won silver in 2000 Sydney Olympics and bronze at the 1996 Olympics in Atlanta.



Regina Cavanaugh, served as an alternate for the United States in the shot put for the 1984 Los Angeles and 1988 Seoul Olympics.



Aimee Teteris, competed internationally for Canada in the 800m at the 2004 IAAF World Indoor Championship in Budapest.



Former Rice head coach Victor Lopez coached the Puerto Rican track and field team at the 2004 Athens Games and the Olympic teams that competed in Barcelona in 1992 and Sydney in 2000. Lopez is a five-time WAC coach of the year and earned NCAA district coach of the year three times. Presently he serves as Chairman of the IAAF Coaches Commission and is president of the Central American and Caribbean Athletics Confederation and of the North America, Central American, and Caribbean Track and Field Coaches Association. He is also president for the Pan American Games.

NCAA INDOOR CHAMPIONSHIP RESULTS

NCAA INDOOR CHAMPIONS

1984	Regina Cavanaugh, shot put (54-8)
1985	Regina Cavanaugh, shot put (54-1.75)
1986	Regina Cavanaugh, shot put (57-11.75)
1997	4x400 meter relay (3:34.44) (Andrea Blackett, TaNisha Mills, Margaret Fox, Melissa Straker)
2002	Allison Beckford, 400m (52.16)

NCAA INDOOR TEAM RESULTS

Year	Place	Points
1983	t29th	4
1984	t9th	11
1985	t7th	20
1986	t11th	11
1987	t16th	8
1988	t18th	6
1989	6th	18
1990	t25th	6
1991	t25th	4
1992	t22nd	8
1993	t38th	1
1994	t17th	11
1995	t34th	5
1997	t18th	10
1999	t47th	3
2000	t23rd	8
2001	t31st	6
2002	t5th	25
2004	t49th	1.5
2009	51	3
2014	55	1
2015	t52nd	1
2021	t40th	3
2022	57th	0.2
2023	t43rd	2

USTFCCA INDOOR ALL-AMERICAS

1983	Regina Cavanaugh, shot put	1999	<u>Distance Medley Relay</u> (Kari Vigerstol, Margaret Fox, Aimee Teteris, Erin Brand)
1984	Regina Cavanaugh, shot put <u>4x400m relay</u> (Katrice Harris, Monique Millar, Laura Shoppa, Tammy Welch)	2000	Alice Falayie, long jump <u>Distance medley relay</u> (Kari Vigerstol, Kelechi Anderson, Aimee Teteris, Shaquandra Roberson)
1985	Regina Cavanaugh, shot put Tanya McIntosh, 400m <u>4x400m relay</u> (Katrice Harris, Tanya McIntosh, Monique Millar, Tammy Welch)	2001	Alice Falaiye, long jump
1986	Regina Cavanaugh, shot put	2002	Allison Beckford, 400m Alice Falaiye, long jump Aimee Teteris, 800m <u>Distance medley relay</u> (Tanya Wright, Yvonne Umeh, Aimee Teteris, Erin Brand) <u>4x400 meter relay</u> (Yvonne Umeh, Aimee Teteris, Keitha Moseley, Allison Beckford)
1987	Pam Klassen, 3000m <u>4x400 meter relay</u> (Robyn Bryant, Tanya McIntosh, Maureen Stewart, Tammy Welch)	2004	Beth Hinshaw, pole vault
1988	Tanya McIntosh, 400m <u>4x400m relay</u> (Robyn Bryant, Michele Lynch, Tanya McIntosh, Maureen Stewart)	2009	Lennie Waite, mile
1989	Rosey Edeh, 400m hurdles Wendi Miller, shot put Diane Sommerville, triple jump <u>4x400 meter relay</u> (Robyn Bryant, Rosey Edeh, Tanya McIntosh, Maureen Stewart)	2009	Becky Wade, 5000m, (2nd Team)
1990	Rosey Edeh, 400m Sonya Henry, long jump	2012	Becky Wade, 5000m, (2nd Team)
1991	Claudia Haywood, triple jump	2014	Claire Uke, shot put (1st team)
1992	Claudia Haywood, triple jump	2015	Claire Uke, shot put (1st team)
1993	<u>4x800 meter relay</u> (Pam Brooks, Chepella Scurlock, Emily Massad, Candace Lessmeister)	2017	Katie Jensen, 3000m, (2nd Team)
1994	Vonda Newhouse, 200m Candace Lessmeister, mile <u>4x400m relay</u> (Pam Brooks, TaNisha Mills, Vonda Newhouse, Melissa Straker)	2019	Michelle Fokam, triple jump, (2nd Team) Michelle Fokam, long jump, (2nd Team)
1995	Candace Lessmeister, mile <u>4x400 meter relay</u> (TaNisha Mills, Vonda Newhouse, Andrea Blackett, Melissa Straker)	2020	Michelle Fokam, triple jump* Grace Forbes, 3000m* *Meet was canceled due to COVID
1997	<u>4x400m relay</u> (Andrea Blackett, TaNisha Mills, Margaret Fox, Melissa Straker)	2021	Grace Forbes, 5000m (1st Team) Erna Gunnarsdottir, shot put (2nd Team)
		2022	Josie Taylor, high jump (1st Team) Tara Simpson-Sullivan, weight throw (2nd Team)
		2023	Erna Gunnarsdottir, shot put (1st Team) Tara Simpson-Sullivan, weight throw (2nd Team)

NCAA OUTDOOR CHAMPIONSHIP RESULTS

NCAA OUTDOOR CHAMPIONS

1981*	Catherine Baker, 800m
1985	Regina Cavanaugh, shot put
1986	Regina Cavanaugh, shot put
1987	Regina Cavanaugh, shot put
1992	Valerie Tulloch, javelin
1993	Claudia Haywood, triple jump
1994	Valerie Tulloch, javelin
1995	Valerie Tulloch, javelin
2001	Allison Beckford, 400m
2002	Allison Beckford, 400m

NCAA OUTDOOR TEAM RESULTS

Year	Place	Points
1983	39th	10
1985	t22nd	12
1986	19th	13
1987	20th	13
1988	t47th	2
1989	t20th	11
1990	t25th	8
1991	t39th	5
1992	18th	13
1993	17th	18
1994	t10th	19
1995	t24th	10
1996	t23rd	9
1997	t25th	10
2000	t23rd	10
2001	9th	26
2002	t24th	10
2003	t43rd	5
2004	65th	2
2005	t47th	5
2006	t37th	6
2007	t56th	4
2008	t53rd	4
2009	t52nd	4
2012	t63rd	1
2015	t68th	1
2021	t21st	13
2022	t30th	8
2023	t49th	4

USTFCCA OUTDOOR ALL-AMERICAS

1981*	Catherine Baker, 800m^
	Jodi Radziewicz, 400m hurdles
	Laura Shoppa, 400m
	<u>Sprint Medley Relay</u>
	(Catherine Baker, Susan Conte, Jodi Radziewicz, Laura Wright)
	<u>4x400m relay</u>
	(Catherine Baker, Anne MacMaster, Jodi Radziewicz, Laura Wright)
1982*	Lisa Ferdinand, high jump
	Lisa Ferdinand, heptathlon
	Pennie Goff, high jump
	Disa Lewis, 1500m
	Laura Shoppa, 400m
	<u>Sprint Medley Relay</u>
	(Alecia Abraham, Susan Conte, Jodi Radziewicz, Laura Wright)
	<u>Mile Relay</u>
	(Alecia Abraham, Lisa Myers, Jodi Radziewicz, Laura Wright)
1983	Regina Cavanaugh, shot put
1985	Regina Cavanaugh, shot put
	<u>4x100m relay</u>
	(Katrice Harris, Tanya McIntosh, Cecilia Nunez, Laura Wright)
1986	Regina Cavanaugh, shot put
	Pam Klassen, 3000m
	Catherine Spradley, 10,000m
1987	Regina Cavanaugh, shot put
	Pam Klassen, 3000m
1988	Pam Klassen, 3000m
	Tanya McIntosh, 400m
1989	Rosey Edeh, 400m hurdles
	Wendi Miller, shot put
1990	Rosey Edeh, 400m hurdles
	<u>4x100 meter relay</u>
	(Robyn Bryant, Mary McCoy, Lila Washington, Desiree Woods)
1991	Julie Jiskra, 10,000m
1992	Yvette Haynes, triple jump
	Claudia Haywood, triple jump
	Valerie Tulloch, javelin
1993	Pam Brooks, 400m hurdles
	Claudia Haywood, triple jump
	Valerie Tulloch, javelin
1994	Nicole Aleskowitch, 3000m
	Pam Brooks, 400m hurdles
	Valerie Tulloch, javelin

1995	Valerie Tulloch, javelin
	Stacy Swank, 3000m
1996	Andrea Blackett, 400m hurdles
	<u>4x400m relay</u>
	(Andrea Blackett, TaNisha Mills, Melissa Straker, Vonda Newhouse)
1997	Andrea Blackett, 400m hurdles
	<u>4x400m relay</u>
	(Andrea Blackett, Melissa Straker, TaNisha Mills, Margaret Fox)
2000	Shaquandra Roberson, 800m (1st Team)
	Shaquandra Roberson, 1500m (1st Team)
2001	Allison Beckford, 400m (1st Team)
	Allison Beckford, 400m hurdles (1st Team)
	Alice Falaiye, long jump (1st Team)
2002	Allison Beckford, 400m
2003	Nina Mayes, 100m
	Allison Beckford, 400m
2004	Allison Beckford, 400m
2005	Krystal Robinson, discus (1st Team)
2006	Krystal Robinson, discus (1st Team)
2007	Funmi Jimoh, long jump (1st Team)
	Marissa Daniels, 10,000m
2008	Rachel Greff, pole vault (1st Team)
	Becky Wade, 10,000m (Honorable Mention)
2009	Lennie Waite, 3000m steeplechase (1st Team)
	Becky Wade, 10,000m (Honorable Mention)
2012	Becky Wade, 10,000m (1st Team)
2013	Claire Uke, shot put (Honorable Mention)
2014	Claire Uke, shot put (2nd Team)
	Cali Roper, 10,000m (Honorable Mention)
	McKenzie Johnson, pole vault (Honorable Mention)
	Belle MacFarlane, high jump (Honorable Mention)
2015	Daisy Ding, triple jump (1st Team)
	Cybil Obiozor, triple jump (Honorable Mention)
2016	Daisy Ding, triple jump (Honorable Mention)
	Claire Uke, shot put (Honorable Mention)
2018	Michelle Fokam, triple jump (Honorable Mention)
	Hannah Jackson, 200m (Honorable Mention)
2019	Michelle Fokam, triple jump (2nd Team)
2021	Michelle Fokam, triple jump (1st Team)
	Grace Forbes, 10,000m (1st Team)
	Tara Simpson-Sullivan, hammer throw (1st Team)
2022	Grace Forbes, 10,000m (1st Team)
	Tara Simpson-Sullivan, hammer throw (2nd Team)
	Erna Gunnarsdottir, shot put (2nd Team)
2023	Tara Simpson-Sullivan, hammer (1st Team)
	Erna Gunnarsdottir, shot put (2nd Team)
	Mckyla Van der Westhuizen, javelin (2nd)

CONFERENCE INDOOR RESULTS

Southwest Conference Results

Year	Rice Finish	Points	SWC Champion
1983	4	30	Houston
1984	3	60	Houston
1985	3	39	Texas
1986	3	53	Texas
1987	3	63	Texas
1988	2	96	Texas
1989	2	91	Texas
1990	2	93	Texas
1991	6	21	Texas
1992	2	75	Texas
1993	4	71	Texas
1994	3	90	Texas
1995	2	79	Texas
1996	2	83	Texas

WAC Results

Year	Rice Finish	Points	WAC Champion
1997	3	83	BYU
1998	t-7	34	BYU
1999	5	51	BYU
2000	1	163	Rice
2001	1	144.5	Rice
2002	1	141	Rice
2003	2	120	Nevada
2004	3	91.5	Nevada
2005	2	84	Louisiana Tech

Conference USA Results

Year	Rice Finish	Points	C-USA Champion
2006	2	126	Houston - 141.5
2007	1	100	Rice
2008	1	133.5	Rice
2009	1	148	Rice
2010	2	110	UTEP - 113.5
2011	8	33	UCF-123.5
2012	5	51	East Carolina-123
2013	11	28	UCF-132.5
2014	8	52	East Carolina-88
2015	3	81.5	UTEP-122
2016	3	102	UTEP-120
2017	2	110	UTEP-113
2018	5	63.5	MT-127
2019	4	65	UTEP-89.5
2020	1	110	Rice
2021	4	75.5	Southern Miss-109
2022	5	69	Southern Miss-101
2023	2	94.5	Charlotte-129.5

Indoor Champions

1983	Regina Cavanaugh, shot put, 53-6.5	
1984	Regina Cavanaugh, shot put, 53-9	
1985	Regina Cavanaugh, shot put, 54-5.5	
1986	Regina Cavanaugh, shot put, 54-6.5	
1987	Pam Klassen, two mile, 10:06.14	
	Maureen Stewart, 600 yds, 1:21.40	
	Mile Relay, 3:43.54	
	Robyn Bryant, Tanya McIntosh,	
	Tammy Welch, Maureen Stewart	
1988	Pam Klassen, mile, 4:40.86	
	Tanya McIntosh, 400m, 54.05	
	Wendi Miller, shot put, 47-3.75	
1990	Claudia Haywood, triple jump, 42-8	
	3200m relay, 9:02.15	
	Ali Uberecken, Heather McDermid,	
	Julie Jiskra, Michelle Barz	
1991	Claudia Haywood, triple jump, 42-11	
1992	Nicole Aleskowitch, 3000m, 10:14.84	
	3200m relay, 9:04.77	
	Chepelle Scurlock, Emily Massad,	
	Natalie Aleskowitch, Candace Lessmeister	
1993	Nicole Aleskowitch, 3000m, 10:02.84	
	Candace Lessmeister, 800m, 2:12.53	
	Candace Lessmeister, mile, 4:51.14	
1994	Candace Lessmeister, 800m, 2:07.38	
	Candace Lessmeister, mile, 4:45.65	
1995	Candace Lessmeister, 3000m, 10:08.76	
1996	Distance Medley Relay, 11:41.28	
	Holly Welch, Chaundra Frank,	
	Alex Gajewski, Shaquandra Roberson	
1997	4x400m relay, 3:41.98	
	Andrea Blackett, TaNisha Mills,	
	Margaret Fox, Melissa Straker	
1998	Kim Smallwood, 55m hurdles, 7.67	
1999	4x400m relay, 3:42.99	
	Aimee Teteris, Margaret Fox,	
	LaKeisha Robertson, Kelechi Anderson	
2000	Alice Falaiye, Long jump, 20-9.75	
	Keitha Moseley, Pentathlon, 3,570 pts.	
	Keitha Moseley, 60m hurdles, 8.67	
	Jessica Sommerfeld, shot put, 47-0.25	
	Allison Beckford, 400m, 54.33	
	Shaquandra Roberson, mile, 4:46.99	
	Shaquandra Roberson, 3000m, 9:45.84	
	Distance Medley Relay, 12:03.11	
	Kari Vigerstol, Kelechi Anderson,	
	Aimee Teteris, Shaquandra Roberson	
2001	Allison Beckford, 400m, 54.66	
	Alice Falaiye, long jump, 20-5.75	
	Keitha Moseley, 55m hurdles, 7.97	
	Elizabeth Ruckman, mile, 5:09.41	
	Jessica Sommerfeld, shot put, 50-2.75	
	Keia Watkins, high jump, 5-6	
	Distance Medley Relay, 12:12.30	
	Aimee Teteris, Tanya Wright,	
	Benecia Newhouse, Liza Ruckman	
2002	Allison Beckford, 400m, 53.72	
	Alice Falaiye, long jump, 21-0	
	Distance Medley Relay, 12:05.69	
	Shannon Murto, Keia Watkins,	
	Aimee Teteris, Liza Ruckman	
	Beth Hinshaw, pole vault, 12-8	
2003	Nina Mayes, 60m, 7.48	
	Allison Beckford, 400m, 53.97	
	4x400m relay, 3:40.40	
	Yvonne Umeh, Keia Watkins,	
	Ruthann Gairdner, Allison Beckford	
2004	Keia Watkins, 400m (54.33)	
	Beth Hinshaw, pole vault (12-10.25)	
2006	Callie Wells, mile (4:52.90)	
	Callie Wells, 3000m (9:44.74)	
	Marissa Daniels, 5000m (16:50.00)	
	Rachel Greff, pole vault (12-11.75)	
2007	Rachel Greff, pole vault (12-1.5)	
2008	Sarah Lyons, 400m 54.55	
	Rachel Greff, pole vault, 4.07m/13-04.25	
	Sarah Agara, triple jump, 12.80m/42-0.00	
2009	Lennie Waite, mile, 4:49.45	
	Lennie Waite, 3000m, 9:40.16	
	DMR (Williams,Walker,Peeters,Waite)	
	Ariana Ince, pole vault, 3.77/12-4.5	
2010	Keltie John, 800m, 2:11.40	
	Becky Wade, mile, 4:50.11	
	Ari Ince, pole vault, 3.85m/12-7.5	
2011	Ari Ince, pole vault, 4.10m/13-5.25	
2012	Becky Wade, mile, 4:48.32	
2013	McKenzie Johnson, pole vault, 4.12m/13-6.25	
	Claire Uke, shot put, 16.51m/54-2	
2014	Belle MacFarlane, high jump, 1.76m	
	Claire Uke, shot put, 16.10m	
2015	Cali Roper, 5000m, 16:14.78	
	Marielle Brisbois, pole vault, 3.90m/12-09.50	
	Daisy Ding, triple jump, 12.85m/42-02.00	
	Claire Uke, shot put, 17.95m/58-10.75	

CONFERENCE INDOOR RESULTS

Indoor Champions

2016	Cali Roper, 3000m, 9:32.10 Marielle Brisbois, pole vault, 3.96m/12-11.75 Ijeoma Ugwunze, shot put, 14.19m/46-06.75
2017	Katie Jensen, mile, 4:39.61 Katie Jensen, 3000m, 9:22.24 Daisy Ding, triple jump, 12.65m DMR (Racasan, Rideaux, Bablak, Jensen-11:34.73)
2018	Hannah Jackson, 200m, 23.25 Michelle Fokam, LJ, 6.13m Michelle Fokam, TJ, 12.58m
2019	Michelle Fokam, LJ, 6.11m
2020	Hannah Jackson, 200m, 23.57 Grace Forbes, Mile, 4:40.05 Grace Forbes, 3000m, 9:21.19 Michelle Fokam, Triple Jump, 13.32m Tara Simpson-Sullivan, Weight Throw, 19.45m Zinedine Russell, Pentathlon, 3715 points
2021	Grace Forbes, Mile, 4:37.53 Grace Forbes, 3000m, 9:18.76 DMR (Balandran, Simms, Ivackovic, Forbes-11:56.19) Erna Gunnarsdottir, shot put, 16.95m (55-07.50)
2022	Josie Taylor, high jump, 1.86m (6-01.25) Erna Gunnarsdottir, shot put, 16.79m (55-01.00) Tara Simpson-Sullivan, weight throw, 22.15m (72-08.00) Eliza Kraule, pentathlon, 3981 points
2023	Amelie Attenborough, Savannah Simms, Taigen Hunter-Galvan, Alyssa Balandran, DMR, 11:34.36 Erna Gunnarsdottir, shot put, 17.92m (58-09.50) Tara Simpson-Sullivan, weight throw, 22.18m / 72-09.25

CONFERENCE OUTDOOR RESULTS

Southwest Conference Results

Year	Rice Finish	Points	Champion
1983	4	37	Houston
1984	4	43.5	Houston
1985	3	90	Texas
1986	3	69	Texas
1987	3	83	Texas
1988	2	119	Texas
1989	3	117.5	Texas
1990	2	135	Houston
1991	6	37	Texas
1992	3	107	Texas
1993	3	101	Texas
1994	2	126	Texas
1995	t2	110	Texas
1996	4	77.25	Texas

WAC Results

1997	3	78	BYU
1998	5	63	BYU
1999	t-7	42	BYU
2000	1	153	Rice
2001	1	142.5	Rice
2002	2	126	Fresno State
2003	1	172.83	Rice
2004	1	161.5	Rice
2005	2	159	Louisiana Tech

Conference USA Results

2006	3	108.5	Houston
2007	1	146.5	Rice
2008	1	175	Rice
2009	1	131	Rice
2010	3	87	UCF-114
2011	7	64.5	UCF-157
2012	5	60.5	UCF-160
2013	6	68	UCF-167
2014	3	74	East Carolina-140
2015	3	76	WKU-157
2016	1	114	Rice-114
2017	5	82	UTEP-153
2018	3	106	Southern Miss-131
2019	3	93.5	Charlotte-103.5
2020	--	--	CANCELED
2021	2	121.5	MTSU - 150
2022	5	88	Charlotte - 121
2023	1	187	Rice

Outdoor Champions

1983	Regina Cavanaugh, shot put (52-8)
	Regina Cavanaugh, discus (158-1)
	Disa Lewis, 800m, 2:08.32
1985	Regina Cavanaugh, shot put, 53-9.5
	Regina Cavanaugh, discus, 157-3
	Tanya McIntosh, 400m, 52.90
	Bronwen Morrison, javelin, 150-4
1986	Regina Cavanaugh, shot put, 58-1
	Regina Cavanaugh, discus, 169-7

1987	Regina Cavanaugh, shot put, 58-1	Allison Beckford, 400m hurdles, 57.71
	Regina Cavanaugh, discus, 164-11	Keitha Moseley, 100m hurdles, 13.77
	Tanya McIntosh, 400m, 52.71	2003 Allison Beckford, 400, 53.30
	Tammy Welch, 400m hurdles, 59.75	Funmi Jimoh, 100m hurdles, 13.75
	4x400 meter relay, 3:39.72	Allison Beckford, 400m hurdles, 57.75
	Robyn Bryant, Maureen Stewart,	4x400 meter relay, 3:36.23,
	Rosey Edeh, Tanya McIntosh	Keia Watkins, Aimee Teteris,
1989	Rosey Edeh, 400m hurdles, 57.78	Ruthann Gairdner, Allison Beckford
	Wendi Miller, shot put, 49-11.75	Alice Falaiye, long jump, 21-10.75w
	Mile relay, 3:36.88	Beth Hinshaw, pole vault, 13-5.75
	Robyn Bryant, Maureen Stewart,	Ruthann Gairdner, heptathlon, 5,205 pts.
	Tammy Welch, Tanya McIntosh	2004 Nina Mayes, 100m, 11.51
1990	Michelle Barz, 1500m, 4:28.81	Nina Mayes, 200m, 23.61
	Cherisse Traylor, triple jump, 42-4	Allison Beckford, 400m, 52.50
	Desiree Woods, 200m, 23.14w	Kate Gorry, 10,000m, 35:38.63
1992	Claudia Haywood, triple jump, 42-9w	Allison Beckford, 400m hurdles, 57.19
	Valerie Tulloch, javelin, 180-11	Beth Hinshaw, pole vault, 13-3.5
1993	Pam Brooks, 400m hurdles, 57.39	Ruthann Gairdner, heptathlon, 5,283 pts.
	Claudia Haywood, long jump, 19-9.75	2005 Marissa Daniels, 10,000m, 35:34.41
	Claudia Haywood, triple jump, 44-6.25	Funmi Jimoh, long jump, 6.31/20-8.5
	Candace Lessmeister, 1500m	Krystal Robinson, discus, 54.62/179-2
	Valerie Tulloch, javelin, 156-9	Yvonne Umeh, 200m, 23.36
1994	Nicole Aleskowitz, 3000m, 9:33.92	2006 Callie Wells, 1500m, 4:34.51
	Pam Brooks, 400m hurdles, 58.27	Kate Gorry, 3000m steeplechase, 10:56.15
	Candace Lessmeister, 1500m, 4:20.97	Marissa Daniels, 5000m, 17:24.98
	Valerie Tulloch, javelin, 179-3	Rachel Greff, pole vault, 13-6.25
1995	Andrea Blackett, 400m hurdles, 1:00.22	Krystal Robinson, discus, 183-6
	Cherita Howard, triple jump, 40-4.25	2007 Kate Gorry, 3000m steeplechase, 10:42.87
	Candace Lessmeister, 1500m, 4:34.89	Marissa Daniels, 10,000m, 35:26.24
	Valerie Tulloch, javelin, 184-8	Chandra Ewing, 400m hurdles, 59.45
1996	Cherita Howard, triple jump, 43-7.25	Rachel Greff, pole vault, 4.00/13-1.5
1997	Andrea Blackett, 400m hurdles, 56.15	2008 Sarah Lyons, 400m, 53.11
	TaNisha Mills, 400m, 53.44	Marissa Daniels, 10,000m, 36:22.93
	4x400 meter relay, 3:36.95	4x400m relay, 3:39.07
	TaNisha Mills, Margaret Fox,	Desarie Walwyn, Brittany Washington
	Andrea Blackett, Melissa Straker	Chandra Ewing, Sarah Lyons
1998	4x400m relay	Rachel Greff, pole vault, 4.13*/13-6.50
	Kelechi Anderson, LaKeisha Robertston,	Sarah Agara, triple jump, 12.80/42-00.00
	Benecia Newhouse, Margaret Fox	2009 Lennie Waite, 1500m, 4:30.15
1999	4x100m relay, 44.37	Lennie Waite, 3000m steeplechase, 10:13.92
	Konnett Mays, Kim Smallwood,	Becky Wade, 10,000m, 34:41.14
	LaKeisha Robertson, Margaret Fox	Ariana Ince, pole vault, 3.65/11-11.75
	4x400m relay, 3:37.30	2011 Ariana Ince, pole vault, 3.87m/12-8.25
	Kelechi Anderson, LaKeisha Robertson,	2012 Becky Wade, 5000m, 16:27.57
	Aimee Teteris, Margaret Fox	Becky Wade, 10,000m, 34:54.57
2000	Katie Waite, 10,000m, 39:57.48	Sharae Robinson, discus, 48.49m/159-1
	Alice Falaiye, long jump, 20-9.75	2013 Sharae Robinson, discus, 53.68m/176-1
	Jessica Sommerfeld, shot put, 48-10.75	2014 Heather Olson, steeplechase, 10:09.87
	Keitha Moseley, 100 meter hurdles, 13.85	Cali Roper, 10,000m, 35:47.32
	Keitha Moseley, heptathlon, 4,549 pts.	Claire Uke, shot put, 56-04.50
2001	Allison Beckford, 400m 52.06	2015 Cali Roper, 10,000m, 36:14.70
	Allison Beckford, 400 meter hurdles, 58.59	Daisy Ding, triple jump, 12.99m/42-07.50
	Alice Falaiye, long jump, 21-2.50	2016 Claire Uke, shot put, 16.66/54-8.25
	Keitha Moseley, heptathlon, 4,862 pts.	Daisy Ding, triple jump, 13.00/42-8.00
	Jessica Sommerfeld, shot put, 48-3.5	Cali Roper, 10,000m, 34:30.9
2002	Allison Beckford, 400m, 51.86	

CONFERENCE OUTDOOR RESULTS

	Cali Roper, 5,000m, 16:21.75
	McKenzie Johnson, pole vault, 3.80m, 12-5.25
2017	Daisy Ding, triple jump, 13.26m
	Hannah Jackson, 100m, 11.51
	Lourdes Vivas de Lorenzi, 10,000m, 36:30.80
2019	Hannah Jackson, 200m, 23.16
	Michelle Fokam, long jump, 6.27m
	Michelle Fokam, triple jump, 13.48m
	Erna Gunnarsdottir, shot put, 15.72m
2021	Tara Simpson-Sullivan, hammer, 66.01m/216-7
	Grace Forbes, 10,000m, 33:50.06
	Julie Perez, discus, 49.26m/161-7
	Grace Forbes, 1500m, 4:14.42
	Michelle Fokam, triple jump, 13.60m/44-7.50
	Grace Forbes, 5000m, 16:19.82
2022	Grace Forbes, 5000m, 16:28.92
	Grace Forbes, 10,000m, 34:54.95
	Erna Gunnarsdottir, shot put, 17.15m (56-03.25)
	Tara Simpson-Sullivan, hammer throw, 69.39m (227-08)
2023	Eliza Kraule, heptathlon, 5501 points
	Alyssa Balandran, 1500m, 4:33.75
	Caitlin Wosika, 10,000m, 36:10.93
	Tara Simpson-Sullivan, hammer throw, 67.86m (222-07)

ALL-TIME OUTDOOR PERFORMANCE LIST

100m			3000m Steeplechase		
11.34	Shakera Reece	April 7, 2007 at Providenciales, Turks & Caicos	9:48.08	Becky Wade	June 16, 2012 at Rice
11.36	Kennedy Gamble	May 14, 2023 at Denton, TX - C-USA	9:50.48	Lennie Waite	June 11, 2009 at Fayetteville, Ark.
11.44	TaNisha Mills	April 13, 1996 at College Station, Texas	10:07.13	Nicole Mericle	April 16, 2009 at Walnut Calif.
11.45	Hannah Jackson	Mar. 28, 2018 at Austin, Texas	10:09.87	Heather Olson	May 15, 2014 at Rice
11.45	Desarie Walwyn	April 12, 2008 at El Paso, Texas	10:23.14	Heather Olson	April 18, 2013 at Walnut, Calif.
11.50	Nina Mayes	May 17, 2003 at El Paso, Texas	10:31.57	Sarah Yoder	May 29, 2006 at Rice
11.51	Dionne Wright	April 13, 1996 at College Station, Texas	10:43.59	Shannon Murto	April 17, 2004 at Walnut, Calif.
11.51	Margaret Fox	May 9, 1998 at El Paso, Texas	10:47.93	Halsey Fowler	April 18, 2013 at Walnut, Calif.
11.59	Katrice Harris	May 5, 1985 at Houston, Texas	10:48.54	Lindsay Miller	May 14, 2011 at Rice
11.62	Shelly Northover	May 23, 1992 at Houston, Texas	10:50.51	Kate Gorry	May 27, 2006 at Austin, Texas
11.34w	Mayes	May 29, 2004 at College Station, Texas			
11.51w	Northover	May 28, 1992 at Houston, Texas			
11.57w	Robertson	April 20, 2001 at Austin, Texas			
200m			5000m		
23.16	Hannah Jackson	May 9, 2019 at Charlotte, NC	15:57.38	Becky Wade	April 29, 2012 at Palo Alto, Calif.
23.35	Vonda Newhouse	May 7, 1994 at Houston, Texas	16:11.34	Britany Williams	April 16, 2010 at Walnut, Calif.
23.36	Yvonne Umeh	May 14, 2005 at Tulsa, Okla.	16:16.91	Allison Pye	April 6, 2012 at Palo Alto, Calif.
23.42	TaNisha Mills	May 8, 1997 at College Station, Texas	16:19.82	Grace Forbes	May 15, 2021 at Murfreesboro, Tenn.
23.42	Kennedy Gamble	May 14, 2023 at Denton, TX - C-USA	16:20.95	Callie Wells	May 2, 2009 at Palo Alto, Calif.
23.58	Margaret Fox	May 8, 1997 at College Station, Texas	16:28.87	Marissa Daniels	April 30, 2006 at Palo Alto, Calif.
23.60	Tanya McIntosh	May 7, 1988 at Austin, Texas	16:31.03	Abigail Cartwright	May 12, 2016 at Murfreesboro, Tenn.
23.61	Desiree Woods	May 13, 1990 at Houston, Texas	16:31.62	Pam Klassen	April 8, 1988 at Austin, Texas
23.61	Nina Mayes	May 15, 2004 at Rice	16:41.80	Katie Jensen	April 8, 2014 at Palo Alto, Calif.
23.75	LaKeisha Robertson	May 20, 2000 at El Paso, Texas	16:42.16	Catherine Spradley	April 4, 1986 at Austin, Texas
23.14w	Desiree Woods	May 19, 2010 at College Station, Texas			
23.74 (3.0)	Shakera Reece	May 2, 2009 at Austin, Texas			
400m			10,000m		
50.83	Allison Beckford	June 1, 2002 at Baton Rouge, La.	32:24.38	Grace Forbes	April 2, 2021, at Riverside, Calif.
51.76	Tanya McIntosh	June 18, 1988 at Tampa, Fla.	32:40.82	Becky Wade	April 6, 2012, Palo Alto, Calif.
52.26	Melissa Straker	April 21, 1996 at Walnut, Calif.	33:22.14	Julie Jiskra	May 31, 1991 at Eugene, Ore.
53.01	Kelechi Anderson	May 22, 1999 at Ft. Collins, Colo.	33:57.37	Marissa Daniels	June 7, 2007 at Sacramento, Calif.
53.11	Sarah Lyons	May 17, 2008 at El Paso, Texas	33:58.84	Catherine Spradley	June 4, 1986 at Indianapolis, Ind.
53.24	Vonda Newhouse	April 24, 1994 at Rice	34:01.75	Cali Roper	April 16, 2015 at Walnut, Calif.
53.38	Pam Brooks	May 14, 1993 at Rice	34:12.30	Caitlin Wosika	April 14, 2023 at Azusa, Calif.
53.44	TaNisha Mills	May 23, 1997 at San Diego, Calif.	34:20.35	Kate Gorry	April 14, 2006 at Walnut, Calif.
53.63	Robyn Bryant	April 14, 1990 at Rice	34:49.32	Lourdes Vivas de Lorenzi	April 28, 2022 at Philadelphia, Pa.
53.64	Yvonne Umeh	May 17, 2002 at Rice	34:59.36	Allison Pye	April 19, 2012 at Walnut, Calif.
800m			100m Hurdles		
2:03.33	Shaquandra Roberson	June 2, 2000 at Durham, N.C.	13.42	Funmi Jimoh	April 4, 2007 at Austin, Texas
2:04.29	Heather McDermid	June 10, 1989 at Canada	13.46	Andrea Blackett	May 23, 1997 at San Diego, Calif.
2:04.81	Alyssa Balandran	March 25, 2023 at Rice	13.52w	Moseley	April 20, 2001 at Austin, Texas
2:05.31	Tanya Wright	April 27, 2001 at Des Moines, Iowa	13.53	Kim Smallwood	May 21, 1999 at Ft. Collins, Colo.
2:05.46	Aimee Teteris	July 18, 2003 at Victoria, B.C., Canada	13.68w	Haynes	May 1, 1992 at College Station, Texas
2:05.76	Taigen Hunter-Galvan	April 22, 2023 at Rice	13.60	Keitha Moseley	April 24, 2000 at St. Georges, Grenada
2:06.20	Maureen Stewart	May 30, 1986 at Austin, Texas	13.70	Justice Coutee-McCullum	March 9, 2021 at Rice
2:06.91	Candace Lessmeister	April 8, 1995 at Rice	13.74	Lindsay Simms	May 11, 2023 at Denton, TX - C-USA
2:07.18	Disa Lewis	April 16, 1983 at Houston, Texas	13.83	Rosey Edeh	June 10, 1989 at Vancouver, Canada
2:07.20	Chepelle Scurlock	April 17, 1993 at Houston, Texas	13.85 (3.7)	Luci Cincinatis	May 16, 2009 at Tulsa, Okla.
			13.92	Yvette Haynes	May 23, 1992 at Houston, Texas
			13.99	Kimberly Stanford	April 17, 2010 at Waco, Texas
			14.02	Monique Millar	April 16, 1984 at Austin, Texas
			14.02	Eliza Kraule	May 11, 2023 at Denton, TX - C-USA
1500m			400m Hurdles		
4:14.16	Grace Forbes	April 24, 2021 at Rice	54.78	Andrea Blackett	June 6, 1997 at Bloomington, Ind.
4:16.09	Lennie Waite	April 17, 2009 at Walnut, Calif.	55.18	Allison Beckford	April 5, 2003 at Austin, Texas
4:16.86	Shaquandra Roberson	July 14, 2000 at Sacramento, Calif.	56.10	Rosey Edeh	June 2, 1989 at Provo, Utah
4:18.60	Pam Klassen	May 18, 1986 at Rice	57.39	Pam Brooks	May 19, 1993 at Austin, Texas
4:19.06	Disa Lewis	May 22, 1983 at Austin, Texas	59.20	Savannah Simms	May 5, 2023 at Houston
4:19.42	Candace Lessmeister	May 20, 1994 at Santa Monica, Calif.	59.45	Chandra Ewing	May 12, 2007 at Rice
4:20.94	Erin Brand	April 18, 1998 at Austin, Texas	59.75	Tammy Welch	May 17, 1987 at Lubbock, Texas
4:22.36	Elsa Racasan	May 7, 2016 at Los Angeles, Calif.	59.96	Yvette Haynes	April 18, 1992 at Houston, Texas
4:22.36	Callie Wells	June 8, 2006 at Sacramento, Calif.	1:01.21	Chaundra Frank	May 22, 1998 at Rice
4:22.45	Heather Olson	May, 9 2014 at Charlottesville, Va.	1:01.81	Sojourner Brown	March 27, 2010 at Rice
3000m			4x100m Relay		
9:03.39	Pam Klassen	June 4, 1987 at Baton Rouge, La.	44.37	Kelechi Anderson, Kim Smallwood, LaKeisha Robertson, Margaret Fox	May 22, 1999 at Ft. Collins, Colo.
9:27.89	Nicole Aleskowitch	June 3, 1994 at Baton Rouge, La.	44.55	Funmi Jimoh, Desarie Walwyn, Yvonne Umeh, Nina Mayes	May 27, 2005 at Norman, Okla.
9:29.33	Kristen Aure	May 21, 1988 at Houston, Texas	44.57	Funmi Jimoh, Keia Watkins, Yvonne Umeh, Nina Mayes	May 28, 2004 at College Station, Texas
9:33.25	Julie Jiskra	May 11, 1991 at Los Angeles, Calif.	44.58	Katrice Harris, Laura Wright, Cecilia Nunez, Tanya McIntosh	May 29, 1985 at Austin, Texas
9:35.25	Kari Vigerstol	May 4, 200 at Palo Alto, Calif.	44.63	Konnett Mays, Kim Smallwood, LaKeisha Robertson, Margaret Fox	May 9, 1998 at El Paso, Texas
9:36.98	Stacy Swank	May 20, 1995 at Van Nuys, Calif.			
9:40.45	Disa Lewis	March 5, 1993 at Laraedo, Texas			
9:40.84	Candace Lessmeister	April 2, 1994 at Rice			
9:42.65	Shaquandra Roberson	April 1, 2000 at Rice			
9:45.67	Catherie Spradley	May 4, 1986 at Houston, Texas			

ALL-TIME OUTDOOR PERFORMANCE LIST

44.85	Sarah Lyons, Shakera Reece, Brittany Washington, Desarie Walwyn	May 31, 2008 at Lincoln, Neb.
44.88	Desiree Woods, Nicole Wright, Michele Lynch, Shelly Northover	May 22, 1992 at Rice

4x400m Relay

3:31.68	Andrea Blackett, Melissa Straker, Vonda Newhouse, TaNisha Mills	April 21, 1996 at Eugene, Ore.
3:34.35	TaNisha Mills, Melissa Straker, Vonda Newhouse, Pam Brooks	June 2, 1994 at Boise, Idaho
3:34.46	Kelechi Anderson, LaKeisha Robertson, Aimee Teteris, Allison Beckford	May 31, 2001 at Eugene, Ore.
3:34.69	Yvonne Umeh, Allison Beckford, Keia Watkins, Aimee Teteris	April 5, 2003 at Austin, Texas
3:34.89	Kelechi Anderson, Margaret Fox, LaKeisha Robertson, Aimee Teteris	April 16, 2000 at Walnut, Calif.
3:35.45	Robyn Bryant, Rosey Edeh, Michele Lynch, Tanya McIntosh	June 1, 1989 at Provo, Utah
3:35.96	Robyn Bryant, Maureen Stewart, Tammy Welch, Tanya McIntosh	May 30, 1987 at Rice

High Jump

1.82/5-11.5	Josie Taylor	May 26, 2023 at Sacramento, Calif.
1.81/5-11.25	Sonya Henry	May 9, 1990 at Rice
1.80/5-10.75	Keitha Moseley	March 30, 2002 at Rice
1.78/5-10	Belle MacFarlane	May 12, 2016 at Murfreesboro, Tenn.
1.78/5-10	Flo Nwagwu	May 13, 2005 at Tulsa, Okla.
1.77/5-9.75	Daisy Ding	March 20, 2015 at Rice
1.76/5-9.5	Lisa Ferdinand	May 22, 1982 at Clarksville, Tenn.
1.75/5-9	Diane Sommerville	April 15, 1989 at College Station, Texas
1.74/5-8.5	KC Nwadei	Mar. 26, 2022 at Rice
1.73/5-8	Funmi Jimoh	May 6, 2004 at Huntsville, Texas

Pole Vault

4.21/13-9.75	McKenzie Johnson	April 26, 2014 at Rice
4.20/13-9.25	Rachel Greff	April 5, 2008 at Austin, Texas
4.12/13-6.25	Beth Hinshaw	May 22, 2004 at Rice
4.10/13-5.25	Marielle Brisbois	Feb. 13, 2015 at Houston *INDOOR
3.95/12-11.5	Ariana Ince	March 27, 2010 at Rice
3.91/12-10.0	Ayane Rossano	May 10, 2018 at Rice
3.91/12-10.0	Jaylon Wesley	May 10, 2018 at Rice
3.90/12-9.5	Ally Daum	April 3, 2004 at Austin, Texas
3.90/12-9.5	Alicia Janke	April 18, 2015 at El Paso, Texas

Long Jump

6.75/22-1.75 (2.5)	Michelle Fokam	April 24, 2021, at Rice
6.63/21-9	Alice Falaiye	July 6, 2000 at Flagstaff, Ariz.
6.46/21-2.5	Funmi Jimoh	April 14, 2007 at Berkeley, Calif.
6.43/21-1.25	Cherita Howard	April 13, 1996 at College Station
6.26/20-6.5	Sonya Henry	April 14, 1990 at Rice
6.10/20-00.25	Eliza Kraule	May 12, 2023 at Denton, Texas - C-USA
6.08/19-11.5	Yvette Haynes	May 23, 1992 at Houston, Texas
6.07/19-11	Claudia Haywood	May 1, 1993 at College Station, Texas
6.07/19-11	Keitha Moseley	May 9, 2002 at College Station, Texas

Triple Jump

14.04/46-0.75	Michelle Fokam	June 12, 2021 at Eugene, Ore.
13.57/44-6.25	Claudia Haywood	May 19, 1993 at Austin (w:-2.0)
13.29/43-7.25	Cherita Howard	May 16, 1996 at Lubbock, Texas
13.26/43-6.00	Daisy Ding	May 14, 2017 at El Paso, Texas
42-10.5	Yvette Haynes	April 11, 1992 at El Paso, Texas
12.98/42-7	Cherisse Traylor	April 27, 1990 at Des Moines, Iowa
12.97/42-6.75	Diane Sommerville	May 20, 1989 at Waco, Texas
12.95/42-6.00	Cybil Obiozor	May 12, 2016 at Murfreesboro, Tenn.
12.80/42-00	Sarah Agara	May 17, 2008 at El Paso, Texas

Shot Put

17.70/58-1	Regina Cavanaugh	May 18, 1986 at Rice
17.39/57-0.75	Erna Gunnarsdottir	April 22, 2023 at Rice
17.18/56-4.50	Claire Uke	May 18, 2014 at Rice
15.57/51-1	Wendi Miller	June 3, 1989 at Waco, Texas
15.05/49-4.5	Jessica Sommerfeld	April 20, 2001 at Austin, Texas
14.73/48-4	Valerie Tulloch	April 24, 1994 at Rice
14.58/47-10	Ijeoma Ugwunze	April 26, 2014 at Rice
14.07/46-2	Morgan Fey	April 3, 2021 at Houston, Texas
14.04/46-0.75	Tammy McCallum	May 16, 1996 at Lubbock, Texas

13.94/45-9	Tina Robinson	May 16, 2010 at Orlando, Fla.
13.63/44-8.75	Trisha Harris	March 25, 1995 at Houston, Texas

Discus

55.94/183-6	Krystal Robinson	April 29, 2006 at Rice
53.79/176-6	Julie Perez	April 9, 2021 at College Station, Texas
53.68/176-1	Sharae Robinson	May 11, 2013 at Rice
53.56/175-9	Claire Uke	April 20, 2016 at Lawrence, Kansas
52.60/172-7	Regina Cavanaugh	May 17, 1986 at Rice
50.69/166-4	Trisha Harris	June 9, 1996 at Mexico City, Mexico
49.35/161-11	Jessica Sommerfeld	April 15, 2000 at College Station, Texas
48.94/160-7	Ijeoma Ugwunze	May 14, 2015 at El Paso, Texas
47.85/157-0	Wendi Miller	April 22, 1989 at Baton Rouge, La.
46.96/154-1	Mary Wallace	May 15, 1988 at Austin, Texas
46.75/153-4	Morgan Fey	April 9, 2021 at College Station, Texas
45.95/150-9	Ulrika Hinson	May 14, 2005 at Tulsa, Okla.
45.71/149-11	Tina Robinson	May 2, 2009 at Austin, Texas
44.13/144-9	Olivia Williams	March 16, 2012 at Houston, Texas
43.68/143-4	Brittany Brown	April 29, 2009 at Rice

Hammer Throw

69.39/227-8	Tara Simpson-Sullivan	May 12, 2022 at San Antonio, Texas
56.92/186-9	Dreu Dixon	April 14, 2017 at El Paso
56.50/185-4	Sharae Robinson	May 2, 2013 at Huntsville, Texas
55.80/183-1	Julie Perez	May 13, 2021 at Murfreesboro, Tenn.
53.13/174-1	Tina Robinson	May 4, 2011, at Rice
53.00/173-11	Dheryl Batts	April 6, 2019, at Houston, Texas
53.00/173-11	Katie Dollinger	May 16, 2010 at Orlando, Fla.
48.80/160-1	Krystal Robinson	May 14, 2005 at Tulsa, Okla.
48.69/159-9	Teresa Crismon	April 18, 2003 at Houston, Texas
47.32/155-3	Brittany Brown	2009
43.10/141-5	Jessica Sommerfeld	May 19, 2000 at El Paso, Texas
42.96/140-1	Claire Uke	April 7, 2012 at San Marcos, Texas

Javelin

60.57/198-9	Valerie Tulloch	March 19, 1995 at Argentina
56.68/185-11	Mckyla Van der Westhuizen	March 25, 2023 at Rice
50.41/165-5	Bronwen Morrison	May 25, 1985 at Rice
48.17/158-0	Ariana Ince	May 4, 2011 at Rice
45.94/150-9	Jessica Sommerfeld	May 18, 2001 at Fresno, Calif.
44.82/147-0	Ulrika Hinson	May 28, 2005 at Norman, Okla.
44.65/146-6	Lisa Ferdinand	April 28, 1984 at Walnut, Calif.
43.43/142-6	Mary Wallace	May 14, 1988 at Austin, Texas
42.79/140-5	Holly Jones	March 26, 1988 at College Station, Texas
41.75/137-0	Ally Daum	April 12, 2003 at College Station, Texas
40.41/132-7	Giulia Sportoletti	April 20, 2019 at Rice

Heptathlon

5,501 pts.	Eliza Kraule	May 12, 2023 at Denton, Texas - C-USA
5,335 pts.	Funmi Jimoh	April 4-5, 2007 at Austin, Texas
5,283 pts.	Ruthann Gairdner	May 14, 2004 at Rice
5,214 pts.	Lindsay Simms	May 12, 2023 at Denton, Texas - C-USA
5,152 pts.	Giulia Sportoletti	May 9, 2019 at Charlotte, NC
5,051 pts.	Zinedine Russell	May 9, 2019 at Charlotte, NC
4,862 pts.	Keitha Moseley	May 17, 2001 at Fresno, Calif.
4,841 pts.	Leslie Schilsky	May 12, 2016 at Murfreesboro, Tenn.
4,751 pts.	Monique Millar	May 6, 1982 at Austin, Texas
4,695 pts.	Pat Krieger	April 27, 1981 at College Station, Texas
4,624 pts.	Lisa Ferdinand	April 30, 1982 at College Station, Texas
4,513 pts.	Jodi Radziewicz	April 27, 1981 at College Station, Texas

Awards

Eva Jean Lee Award

Presented annually to the most outstanding Rice women's track and field athlete.

1979	Jennifer Westbury
1980	Jennifer Westbury
1981	Catherine Baker
1982	Disa Lewis
1983	Regina Cavanaugh
1984	Regina Cavanaugh
1985	No winner
1986	Tanya McIntosh
1987	Regina Cavanaugh
1988	Pam Klassen
1989	Diane Sommerville
1990	Rosey Edeh
1991	Claudia Haywood
1992	Claudia Haywood
1993	Claudia Haywood
1994	Pam Brooks
1995	Valerie Tulloch
1996	Andrea Blackett
1997	Andrea Blackett
1998	No winner
1999	Erin Brand
2000	Shaquandra Roberson
2001	Allison Beckford
2002	Allison Beckford
2003	Allison Beckford
2004	Allison Beckford
2005	Krystal Robinson
2006	Krystal Robinson
2007	Funmi Jimoh
2008	Rachel Greff
2009	Lennie Waite
2010	Shakera Reece
2011	Ariana Ince
2012	Becky Wade
2013	Heather Olson
2014	Claire Uke
2015	Claire Uke
2016	Daisy Ding
2017	Cali Roper
2018	Michelle Fokam
2019	Michelle Fokam
2021	Grace Forbes
2022	Grace Forbes
2023	Tara Simpson-Sullivan

Joyce Pounds Hardy Award

Presented annually to the most outstanding female athlete at Rice University for her efforts in sports, in the classroom and in the community.

1981-82	Patricia Krieger
1983-84	Regina Cavanaugh
1984-85	Regina Cavanaugh
1985-86	Regina Cavanaugh
1986-87	Catherine Spradley
1987-88	Pam Klassen
1988-89	Michelle Barz
1989-90	Robyn Bryant
1991-92	Julie Jiskra
1992-93	Claudia Haywood
1993-94	Emily Massad
1994-95	Candace Lessmeister
1995-96	Holly Welch
1997-98	Shelia Madigan
2000-01	Jessica Sommerfeld
2001-02	Erin Brand
2004-05	Keia Watkins
2006-07	Callie Wells
2008-09	Lennie Waite
2011-12	Becky Wade
2015-16	Claire Uke
2016-17	Cali Roper
2022-23	Grace Forbes

Mikki Hebel Award For Cross Country Excellence

Presented annually to the most outstanding Rice women's cross country athlete

2012	Marie Thompson
2013	Cali Roper
2014	Cali Roper
2015	Cali Roper
2016	Katie Jensen
2017	Khayla Patel
2018	Lourdes Vivas de Lorenzi
2019	Grace Forbes
2021	Grace Forbes
2022	Taigen Hunter-Galvan

Fred J. and Florence Stancliff Award

Presented annually for academic achievement and outstanding track and field performance at Rice University.

1989	Tanya McIntosh
1990	Rosey Edeh
1991	Heather McDermid
1992	Julie Jiskra
1993	Claudia Haywood
1994	Pam Brooks
1995	Valerie Tulloch
1996	Stacy Swank
1997	Melissa Straker
1998	TaNisha Mills
1999	Shaquandra Roberson
2000	Kelechi Anderson
2001	Keitha Moseley
2002	Alice Falaiye
2003	Allison Beckford
2004	Allison Beckford
2005	Yvonne Umeh
2006	Kate Gorry
2007	Funmi Jimoh
2008	Marissa Daniels
2009	Lennie Waite
2010	Shakera Reece
2011	Allison Pye
2012	Allison Pye & Becky Wade
2013	Sharae Robinson
2014	Heather Olson
2015	Claire Uke
2016	Daisy Ding
2017	Ayane Rossano

LETTERWINNERS

A

Abadie, Kathleen	2012, 13, 14
Abraham, Alecia	1985
Ackely, Holly	1981, 82, 83, 84
Adekoya, LaToya	2005, 06, 07, 08
Adelman, Jodi	1983
Agara, Sarah	2008, 09, 10, 11
Aguilar, Lucrecia	2016-18
Allen, Haley	2021-P
Aleskowitch, Nicole	1990, 91, 92, 93
Alfred, Naquanza	2006, 07
Anderson, Kelechi	1998, 99, 00, 01
Andujar-Perez, Fabiola	2015-17
Armstrong, Brandi	2003, 04, 05, 06, 07
Attenborough	2023-P
Aure, Kristen	1986, 87, 88, 89

B

Bablak, Hannah	2017-20
Balandran, Alyssa	2019-P
Bangala, Johanna	2021-P
Barrows, Linda	1977, 78, 79, 1980
Barrows, Susie	2005, 06, 07
Barz, Michelle	1986, 87, 88, 89
Batts, Dheryl	2016-19
Beckford, Allison	2000, 01, 02, 03, 04
Belizaire, Raffi	2004
Bell, Summer	2000, 01, 02, 03
Bhardwaj, Sue	1978
Birch, Anne	1980
Blackett, Andrea	1994, 95, 96, 97
Blodget, Britney	2007, 08, 09, 10
Bogan, Sydney	2022-P
Boms, Laura	1991
Bono, Marisa	1998, 99, 00, 01
Bonzil, Christelle	2021-P
Bradley, Laura	1979
Brady, Eileen	2013, 14, 15
Brand, Erin	1998, 99, 01, 02, 03
Brantley, Derdra	1988
Brice, Kendall	2019-20
Brisbois, Marielle	2012, 15, 16
Brooks, Pam	1990, 91, 92, 93
Brown, Brittany	2008, 09, 10, 11
Brown, Sojourner	2010
Bryan, Bonnie	2000, 01
Bryant, Robyn	1987, 88, 89, 90

Buettner, Tracy	1997, 98, 99, 00
Burke, Diane	1980
Burke, Tiane	2001, 02
Burns, Catherine	1988
Bushnell, Shelaswau	1994, 95, 96, 97
Butcher, Julie	1994, 95, 96, 97

C

Caesar, Shardee	2004, 05, 06, 07
Calhoun, Cici	2023-P
Carmon, Lacey	2005, 06, 07, 08
Carruthers, Vicky	1984, 85, 86, 87
Cartwright, Abigail	2016-18
Cavanaugh, Regina	1984, 85, 86, 87
Cincinatis, Luci	2009
Clarke, Rhian	1998, 99, 00
Claunch, Candice	2005, 06
Clopton, Kristin	1998, 99, 00
Cockerham, Camille	1982, 83, 84, 85
Coe, Monica	1982
Consedine, Tessa	2015
Conte, Susan	1984, 85, 86, 87
Coutee-McCullumm, Justice	2020-P
Cox, Allison	1998, 99, 00, 01
Cox, Jessica	2004-05-06, 07
Crandall, Martha	1980-81, 82, 83
Crismon, Teresa	2001, 02, 03, 04
Cruz, Marisa	1995, 96, 97, 98
Cullinan, Kylie	2011, 12, 13, 14

D

Daniels, Marissa	2005, 06, 07, 08
Daum, Ally	2001, 02, 03, 04
Davis, Jasmine	2004, 05
Decker, Rachel	1980, 81, 82, 83
DeSouza, Natalie	1989
Devin, Katherine	2010, 11
Diemert, Ellen	2014, 15, 16
Ding, Daisy	2014-17
Dixon, Dreu	2014-17
Dollinger, Katie	2007, 08, 09, 10
Dorsett, Tanae	2019-P
Doyle-Cooney, Kirstin	2007
Drummond, Jessie	2013

E

Easter, Amaris	1999, 00, 01, 02
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Edeh, Rosey	1987, 88, 89, 90
Edwards, Nicola	1996, 97, 98
Eklof, Katy	1992, 93, 94, 95
Elahee, Trecia	1989, 90, 91, 92
Elliot, Jen	1992, 93, 94, 95
Elliot, Sammy	2015
Epley, Lisa	1981, 82, 83, 84
Ewing, Chandra	2005, 06, 07, 08

F

Falaiye, Alice	2000, 01, 02, 03
Fearney, Kate	1997, 98, 99, 00
Felder, Amanda	2001, 02, 03
Feldhaum, Mia	1998, 99, 00
Ferdinand, Lisa	1982, 83, 84, 85
Fey, Morgan	2021-P
Figuerola, Anna	2016-18
Fitzsimmons, Catherine	2008
Fokam, Michelle	2017-21
Fonseca, Marta	1989, 90, 91, 92
Forbes, Grace	2020-P
Forbes, Maddie	2018-22
Forbes, Maggie	2023-P
Fowler, Halsey	2010, 12, 13
Fowler, Jessica	2006
Fox, Margaret	1997, 98, 99, 00
Frank, Chaundra	1996, 97, 98, 99
Friendly, Saniya	2023-P
Fuglesang, Malin	2004, 05, 06
Fynes, Margaret	1983

G

Gairdner, Ruthann	2002, 03, 04
Gajewski, Alexandra	1992, 93, 94, 95
Gambetta, Kristen	2004
Gamble, Meredith	2013, 14, 15
Garcia, Lea	2006, 07
Gavagan, Eimile	2002, 03
Gibbs, Alexandra	2008, 09, 10, 11
Gill, Tiffany	2009, 10
Gillingham, Sonya	1992
Gleeson, Liz	2005, 06
Glover, Jenny	2006, 07, 08, 09
Glover, Sarah	2018-20
Goddard, Loren	2018-21
Goddard, Natalie	2018-21
Goodson, Ali	2019-21

Goff, Pennie	1981, 82, 83, 84
Gorry, Kate	2003, 04, 05, 06, 07
Gray, Lynn	1983
Greff, Rachel	2005, 06, 07, 08
Gunnarsdottir, Erna	2019-23
Gutierrez, Amanda	2011, 12, 13

H

Halm, Abby	2015-16
Halow, Stephanie	2020-21
Hamilton, Eunique	2007
Harp, Mary Rebecca	1994, 95, 96, 97
Harris, Katrice	1983, 84, 85, 86
Harris, Trisha	1994, 95, 96, 97
Harrison, Emily	2019-21
Hassan, Maryam	2021
Hawryluk, Jennifer	1981
Haynes, Patricia	1980, 81, 82, 83
Haynes, Yvette	1991, 92
Haywood, Claudia	1989, 90, 91, 92
Hebron, LaTrice	1991, 92, 93, 94
Helmers, Ryann	2019-20
Henry, Sonya	1989, 90, 91, 92
Hinshaw, Elizabeth	2001, 02, 03, 04
Hinson, Ulrika	2005, 06, 07, 08
Ho, Audrey	2020-P
Hodgson, Kim	1986, 87, 88, 89
Hofstad, Mia	2016-19
Hogan, Rosita	1994, 95, 96, 97
Honeycutt, D'Arcy	1977, 78
Hooks, Molly	1994, 95, 96, 97
Hornbacher, Julie	1980, 81, 82, 83
Howard, Cherita	1994, 95, 96, 97
Howard, Heather	1996, 97, 98, 99
Hsu, Frances	2013
Hudson, Laura	2005, 06, 07, 08, 09
Hunter-Galvan, Taigen	2020-P
Ibarra, Tessa	1985, 86, 87, 88
Ikelle, Larissa	2011
Ince, Ariana	2008, 09, 10, 11
Ivackovic, Sara	2018-21
Jackson, Andrea	2005, 06, 07, 08, 09
Jackson, Felicia	2003
Jackson, Hannah	2018-20

LETTERWINNERS

Janke, Alicia.....2015
 Jenkins, Daphne1998,99
 Jensen, Katie2014-17
 Jimenez, Patricia1997, 98, 99, 00
 Jimoh, Funmi2003, 04, 05, 06, 07
 Jiskra, Julie1989, 90, 91, 92
 John, Keltie2009, 10, 11, 13
 Johnson, Brooke2015-17
 Johnson, McKenzie2013-16
 Johnston, Nicole2013, 14, 15
 Jones, Katie1980, 81, 82, 83
 Justice, Tanya1989

K

Kadmon, Gal.....2021-P
 Kay, Hannah2014-17
 Kelley, Laura2005, 06, 07, 08
 Kendall, Kiri2009, 10, 11
 Kirk, Maya2009, 10, 11
 Klassen, Pam1985, 86, 87, 88
 Klein, Lisa1979, 80, 81, 82
 Knighton, Precious2012-15
Kraule, Eliza2021-P
 Krieger, Pat1978, 79, 80, 81, 82

L

Lamb, Charlea2016-19
 Lawrence, Pamela1988
 Lee, Caroline2021-22
 Lessmeister, Candace1991, 92, 93, 94
 Levine, Erica1991, 92, 93, 94
 Lewis, Beryl1985, 86, 87, 88
 Lewis, Disa1979, 80, 81, 82, 83
 Lewis, Galin1980
 Lingel, Laurie1984
 Little, Camille.....2017-20
Lonsdale, Darcey2022-P
 Luquette, Tammy1987
 Lund, Laurell1986, 87, 88, 89
 Lyons, Sarah2008, 09, 10, 11
 Lynch, Michelle1988, 89, 90, 91

M

MacFarlane, Belle2013-16
 Machen, Heather1990
 MacMasters, Anne1979, 80, 81, 82, 83
 Madanay, Farrah2011, 12, 13
 Madigan, Sheila1995, 96, 97, 98

Mark, Imani.....2013-16
 Marko, Christine1984
 Martin, Simone2011-15
 Mason, Malia1998, 99, 00
 Mason, Sarah.....2010, 11, 12, 13
 Massad, Emily1990, 91, 92, 93
 Mathre, Becky1979
 Mayberry, Dana1991, 92, 93, 94
 Mayes, Nina.....2003, 04, 05, 06
 Mays, Konnett1998, 99, 00, 01
 Mayse, Morgan2011
 McAdams, Sage.....2018-20
 McAlpine, Whitney2001, 02, 03, 04, 05
 McCallum, Tammy1992, 93, 94, 95
 McCarthy, Schwannah.....2002, 03
 McLellan, Madi.....2015
 McCoy, Mary1991
 McCoy, Tyneisha2012-15
 McDermid, Heather1987, 88, 89, 90
 McIntosh, Tanya1985, 86, 87, 88
 McKay, Leah2004, 05, 06, 07
 McVea, Kim1984, 85
 Medina, Danielle2005, 06
 Meier, Marti1985, 86, 87, 88
 Mericle, Nicole.....2007, 08, 09, 11
 Messineo, Ashley2019-22
 Michel, Laura2012, 13
Mickles, Arayna.....2022-P
 Millar, Monique1983, 84, 85, 86
 Miller, Kelly1985, 86, 87, 88
 Miller, Lindsay2011, 12, 13
 Miller, Wendi1986, 87, 88, 89
 Mills, Tanisha1994, 95, 96, 97
 Mills, Valerie1980
 Mitchell, Nicole.....2017-20
 Moore, A.J.1997, 98, 99, 00
 Moore, Kristine1980, 81
 Moran, Shannon2007, 08, 09, 10
 Moreau, Janine.....2005, 06
 Morrison, Bronwen1984, 85, 86, 87
 Moseley, Keitha1999, 00, 01, 02
 Mpagi, Teesa.....2019-21
 Murphy, Lauren2003-04, 05, 06
 Murto, Shannon2001, 02, 03, 04
 Myers, Lisa1982, 83, 84, 85

N

Neal, Mary Claire2018-21
 Nelson, Jamila1997, 98, 99, 00
 Newhouse, Benecia1998, 99, 00, 01
 Newhouse, Vonda1992, 93, 94, 95
 Nicholson, Catherine1979V80, 81
 Northover, Shelly1991, 92
 Norton, Georgina2010
 Nugent, Rebecca1996, 97, 98, 99
 Nunez, Cecilia1983, 84, 85, 86
 Nwadei, KC2019-22
 Nwagwu, Florence.....2003, 04, 05, 06
 Nwankwo, Chioma.....2014,15,16
 Nwokolo, Chinemerem1997, 98, 99, 00
 Nwora, Lillian2010, 11, 12, 13

O

Obiozor, Cybil.....2014-17
 Ocker, Martha1992, 93, 94, 95
 Oguchi, Amara.....2022
 Ohm, Joanna2010, 12, 13

Okafor, Ginnie.....2021-P

Oliver, Cleona2009, 10, 11, 12
 Olson, Heather.....2010, 11, 12, 13, 14
 Oppedijk, Elizabeth1981
 Oujesky, Kathryn1983

P

Pasko, Amanda2015-18
 Pastor, Aaren2011
 Patel, Khayla.....2017-21
Perez, Julie2019-P
 Perry, Beth1979
 Perry, Rebecca2000, 01, 02, 03
 Peeters, Sophie.....2010, 11
 Peterson, Rachel.....2016-18
 Porterfield, Beth.....2004, 05, 06
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 Pye, Allison.....2008, 09, 10

Q

Qualls, Goya1979, 80, 81, 82
 Quinn, Adria2010

R

Rabbitt, Emily1993, 94, 95
 Racasan, Elsa2015-19
 Radziewicz, Jodi1979, 80, 81, 82, 83

Rahl, Riva1991, 92, 93, 94
 Ramirez, Ana Lisa2001
 Reece, Shakera2007, 08, 09, 10
 Reeve, Anna2002, 03, 04, 05, 06
 Reineck, Amanda2007, 08
 Rideaux, Bryannah2016-19
 Roberson, Shaquandra1996, 97, 98, 99
 Robertson, LaKeisha1998, 99, 00, 01
 Robinson, Krystal.....2003, 04, 05, 06
 Robinson, Sharae.....2010, 11, 12, 13
 Robinson, Tina.....2008, 09, 10, 11
 Rogers, Richon.....2017-19
 Rohloff, Savannah.....2015,16
 Romanko, Martha1979, 80, 81, 82
 Roper, Cali.....2014-17
 Rossano, Ayane2015-18
 Rucker, Mich1984
 Ruckman, Elizabeth1999, 00, 01, 02
 Ruel, Brenda1987
 Russell, Zinedine2017-20

S

Sagastegui, Rebecca2008
Saley, Addison2021-P
 Sandler, Megan.....2003, 04, 05, 06
 Sandoval, Magdalena2001
Schmeltzer, Katlyn.....2021-P
 Schmitt, Nancy1980
Schweiker, Ellie.....2021-P
Shelkey, Kayla2021-P
Shoemaker, Rachel2020-P
 Shorall, Claire.....2010
 Shumaker Kling, Kelly1985, 86, 87, 88
 Schaich, Allie.....2012, 13, 14,15
 Schilsky, Leslie.....2013, 14, 15,16
 Scobie, Kristen1987, 88, 89, 90
 Scurlock, Chepelle1990, 91, 92, 93
 Seymour, Julie1987, 88, 89
 Sherry, Lynn1991, 92, 93
 Shoppa, Laura1984
 Shorall, Claire.....2006, 07, 08, 10
 Shupack, Carol1990, 91, 92
Siemens, Elena.....2021-P
Simms, Lindsay.....2021-P
Simms, Savannah.....2022-P
 Simpson, Julie1990, 91, 92
Simpson-Sullivan, Tara2020-P

LETTERWINNERS

Smallwood, Kim1998, 99
 Smith, Alexis 1995, 96, 97, 98
 Smith, Megan 2001, 02, 04, 05
 Sohn, Katherine..... 2000
 Sommerfeld, Jessica..... 1998, 99, 00, 01
 Sommerville, Diane 1986, 87, 88, 89
Spjut, Lina..... 2023-P
 Sportoletti, Giulia 2016-20
 Spradley, Catherine 1985, 86, 87, 88
 Springer, Candace..... 2010, 11, 12, 13
 Stammer, Wendy 1987
 Stanford, Kimberly2009, 11
 Stewart, Maureen 1986, 87, 88, 89
 Straker, Melissa 1994, 95, 96, 97
 Sullivan, Kathy 1979, 80, 81, 82, 83
 Sunderland, Julia 2016
 Sutherland, Eboni..... 2014-17
 Swank, Stacy 1992, 93, 94, 95
 Sweeney, Kristin.....2015,16
 Swiekatowski, Kylie 2017-20
 Szarmach, Laura2004, 05

T

Tacy, Pam 1981
Taylor, Josie..... 2022-P
 Teteris, Aimee 1999, 00, 01, 02, 03
 Thompson, Juliellen 1986, 87, 88, 89
 Thompson, Marie 2009, 10, 12, 13
 Tillbrook, Molly..... 2016-18
 Topolski, Marissa..... 2018-19
 Traylor, Cherrise1988, 90, 91
 Truesdale, Michelle1996, 97
 Tulloch, Valerie..... 1991, 92, 93, 94
Turner, Katie..... 2021-P
 Twichell, Ginger1977, 78, 79

U

Uberecken, Allison 1990, 91, 92, 93
 Ugoh, Bridget.....2008,09,10
 Ugwunze, Ijeoma..... 2014-17
 Uke, Claire..... 2013-16
 Ukeh, Calista..... 2019-20
 Umeh, Yvonne..... 2002, 03, 04, 05

V

Van der Westhuizen, Mckyla..... 2023-P
 Vidal, Camille1997-98-99-00

Vigerstol, Kari1996-97-98-99-00
 Vivas de Lorezni, Lourdes 2018-22
Vreeland, Eva 2023-P

W

Wade, Becky 2008-11
 Waite, Katie 1999, 00, 01, 02, 03
 Waite, Eleanor 2005, 06, 07, 08, 09
 Walker, Vickie2007, 10
 Wallace, Mary 1986, 87, 88, 89
 Walsh, Marie 2011
 Walwyn, Desarie..... 2005, 06, 07, 08
 Wardleworth, Elenaor.....2014, 15,16
 Washington, Brittany 2007, 08, 09, 10, 11
 Washington, Cheryle1975, 76
 Washington, Lila 1990, 91, 92, 93
 Wassef, Audrey 2013, 14, 15,16
 Wassef, Christina..... 2013, 14, 15,16

Waterman, Grace..... 2020-P

Watkins, Keia 2001, 02, 03, 04, 05
 Watson, Erin..... 2010
 Watson, Ruby 2019-21
 Weeden, Denise 1982, 83, 84, 85
 Welch, Holly 1992, 93, 94, 95
 Welch, Tammy 1984, 85, 86, 87
 Wells, Callie..... 2005, 06, 07, 08, 09
 Wesley, Jaylon..... 2015-19
 Westbury, Jennifer 1978, 79, 80, 81, 82
 Wheeler, Sarah2001, 02

White, Ava 2022-P

Whitaker, Kim 1985, 86, 87, 88
 Whiting, Kasonya1996, 97
 Wiese, Caroline 1992
 Wilkerson, Nicole 1993
 Williams, Britany..... 2007, 08, 09, 10
 Williams, Olivia2012, 13
 Wilson, Casie 2010, 11, 12, 13
 Woods, Desiree 1990, 91, 92, 93
 Woods, Teresa 1990, 91, 92, 93

Wosika, Caitlin 2020-P

Wright, Laura E. 1984, 85, 86, 87
 Wright, Laura J. 1982, 83, 84, 85
 Wright, Nicole 1991, 92, 93, 94
 Wright, Tanya 1999, 01, 02, 03, 04

Yoder, Sarah..... 2003, 04, 05, 06
 Young, Akuira 2016-18
Yusem-Carstens, Liza 2020-P

Y

Yarbrough, Morgan2012, 13

RICE RECORDS

Indoor

Event	Mark	Athlete
55 Meters	6.83	Katrice Harris (1984)
60 Meters	7.38	TaNisha Mills (1997)
200 Meters	23.14	Hannah Jackson (Feb. 25, 2018, at Boston University)
400 Meters	52.16	Allison Beckford (2002)
800 Meters	2:04.46	Alyssa Balandran (2023, Boston University)
Mile	4:37.53	Grace Forbes (Feb. 20, 2021, Birmingham, Ala.)
3000 Meters	8:56.82	Grace Forbes (Feb. 28, 2020, Boston, Mass.)
5000 Meters	15:50.38	Grace Forbes (Feb. 6, 2021 at College Station, Texas)
55 Meter Hurdles	7.65	Andrea Blackett (1997)
60 Meter Hurdles	8.42	Funmi Jimoh (2004)
4x400 Meter Relay	3:34.44	Blackett, Mills, Straker, Fox (1997)
Distance Medley Relay	11:15.70	Vigerstol, Anderson, Teteris, Roberson (2000)
High Jump	1.86/6-1.25	Josie Taylor (Feb. 20, 2022 at Birmingham, Ala.)
Pole Vault	4.12/13-6.25	McKenzie Johnson (Feb. 24, 2013 at Birmingham, Ala.)
Long Jump	6.51/21-4.25	Alice Falaiye (2001)
Triple Jump	13.32/43-8.50	Michelle Fokam (Feb. 23, 2020, Birmingham, Ala.)
Shot Put	17.95/58-10.75	Claire Uke (2015)
20-pound Weight	22.18/72-9.25	Tara Simpson-Sullivan (Feb. 18, 2023 at Birmingham, Ala.)
Pentathlon	3,981 points	Eliza Kraule (Feb. 19, 2022, Birmingham, Ala.)

Outdoor

Event	Mark	Athlete
100 Meters	11.34	Shakera Reece (2007)
200 Meters	23.16	Hannah Jackson (2019)
400 Meters	50.83	Allison Beckford (2002)
800 Meters	2:03.23	Shaquandra Roberson (2000)
1500 Meters	4:14.16	Grace Forbes, (April 24, 2021 at Rice)
3000 Meters	9:03.39	Pam Klassen (1987)
3000 Steeple	9:48.08	Becky Wade (June 16, 2012)
5000 Meters	15:57.38	Becky Wade (April 29, 2012 at Palo Alto, Calif.)
10,000 Meters	32:24.38	Grace Forbes (April 2, 2021 at Riverside, Calif.)
100 Meter Hurdles	13.42	Funmi Jimoh (2007)
400 Meter Hurdles	54.78	Andrea Blackett (1997)
4x100 Relay	44.37	Mays, Smallwood, Robertson, Fox (1999)
4x400 Relay	3:31.68	Blackett, Straker, Newhouse, Mills (1996)
High Jump	1.82/5-11.75	Sonya Henry (1990)
Pole Vault	4.21/13-9.75	McKenzie Johnson (April 26, 2014)
Long Jump	6.63/21-9	Alice Falaiye (2000)
Triple Jump	14.04/46-0.75	Michelle Fokam (June 9, 2021 at Eugene, Ore.)
Shot Put	17.70/58-1	Regina Cavanaugh (1986)
Discus	55.94/183-6	Krystal Robinson (2006)
Javelin	60.58/198-9	Valerie Tulloch (1995)
Hammer	69.39/227-8	Tara Simpson-Sullivan (May 13, 2022 at San Antonio)
Heptathlon	5,501	Eliza Kraule (2023 at Denton, TX - C-USA Championships)

Other Events

4x800 Meter Relay	8:42.32	Wright, Armstrong, Brand, Teteris	2003
Sprint Medley Relay	3:47.17	Robertson, Moseley, Teteris, Beckford	2001



Lennie Waite



Becky Wade



Hannah Jackson