

## 2025-2026 University of Regina Women's Basketball Overall Statistics (as of Apr 1, 2026)

**Overall Record: 18-4 Conf: 17-3 Home: 8-2 Away: 10-2 Neutral: 0-0**

#	Player	GP-GS	MIN	AVG	FG		3PT		FT		Rebounds				PF	DQ	A	TO	BLK	STL	PTS	AVG
					FG-FGA	FG%	3FG-FGA	3FG%	FT-FTA	FT%	OFF	DEF	TOT	AVG								
12	Belmore, Jade	20-20	580	29.0	112-272	.412	29-98	.296	58-78	.744	20	109	129	6.5	42	0	53	55	4	38	311	15.6
6	Misskey, Cara	22-22	604	27.5	123-265	.464	26-76	.342	62-81	.765	24	93	117	5.3	67	1	123	75	4	55	334	15.2
11	Fust, Izzi	22-22	573	26.0	71-166	.428	20-64	.313	27-41	.659	39	60	99	4.5	49	1	29	26	26	17	189	8.6
2	Wells, Eden	22-8	464	21.1	54-153	.353	24-71	.338	42-67	.627	16	67	83	3.8	53	1	78	60	1	35	174	7.9
10	Vanderhooft, Rachel	22-22	511	23.2	71-168	.423	0-1	.000	19-27	.704	50	102	152	6.9	41	0	33	26	6	13	161	7.3
1	Vande Graaf, Lilly	22-0	465	21.1	56-126	.444	12-40	.300	24-34	.706	33	60	93	4.2	31	0	31	44	2	31	147	6.7
4	Gottselig, Taylor	18-16	308	17.1	31-74	.419	11-35	.314	8-13	.615	10	36	46	2.6	29	0	15	26	2	15	81	4.5
13	Metz, Brenna	16-0	199	12.4	18-59	.305	8-24	.333	20-29	.690	18	22	40	2.5	22	0	10	13	1	7	64	4.0
5	Ward, Alexyn	20-0	199	10.0	21-52	.404	8-25	.320	3-7	.429	5	17	22	1.1	23	0	11	17	0	11	53	2.7
7	Schutz, Ryenn	20-0	213	10.7	16-47	.340	0-0	.000	16-27	.593	15	55	70	3.5	23	0	9	21	4	4	48	2.4
3	Valley, Josie	15-0	119	7.9	12-46	.261	6-29	.207	1-2	.500	9	9	18	1.2	9	0	9	13	1	6	31	2.1
14	Neumann, Jordyn	20-0	139	7.0	15-23	.652	0-0	.000	9-15	.600	6	20	26	1.3	18	0	4	14	4	4	39	2.0
15	Sorensen, Avery	6-0	22	3.7	0-4	.000	0-0	.000	0-0	.000	0	6	6	1.0	3	0	1	5	0	0	0	0.0
<b>Total</b>		<b>22</b>	<b>4396</b>	<b>199.8</b>	<b>600-1455</b>	<b>.412</b>	<b>144-463</b>	<b>.311</b>	<b>289-421</b>	<b>.686</b>	<b>268</b>	<b>685</b>	<b>953</b>	<b>43.3</b>	<b>410</b>	<b>3</b>	<b>406</b>	<b>423</b>	<b>55</b>	<b>236</b>	<b>1632</b>	<b>74.18</b>
<b>Opponents</b>		<b>22</b>	<b>4396</b>	<b>199.8</b>	<b>426-1367</b>	<b>.312</b>	<b>111-499</b>	<b>.222</b>	<b>300-462</b>	<b>.649</b>	<b>236</b>	<b>549</b>	<b>785</b>	<b>35.7</b>	<b>391</b>	<b>1</b>	<b>262</b>	<b>439</b>	<b>44</b>	<b>221</b>	<b>1263</b>	<b>57.41</b>

Team Statistics	REG	OPP	Conf	Date	Opponent	W/L	Score	Att.
SCORING	1633	1263	*	10/31/25	MANITOBA	W	87-53	0
Points Per Game	74.2	57.4	*	11/01/25	MANITOBA	W	83-51	0
Scoring Margin	16.8	-	*	11/07/25	LETHBRIDGE	W	79-28	435
FIELD GOALS-ATT	600-1455	426-1367	*	11/08/25	LETHBRIDGE	W	101-48	0
Field Goal Pct	.412	.312	*	11/14/25	at Victoria	W	63-54	500
3 POINT FG-ATT	144-463	111-499	*	11/15/25	at Victoria	W	70-67	500
3PT FG Pct	.311	.222	*	11/22/25	at Brandon Bobcats	W	85-67	0
3PT Made Per Game	6.5	5.0	*	11/22/25	at Brandon Bobcats	W	69-45	770
FREE THROWS-ATT	289-421	300-462	*	11/28/25	MOUNT ROYAL	W	78-48	0
FT Pct	.686	.649	*	11/29/25	MOUNT ROYAL	W	70-46	0
FT Made Per Game	13.1	13.6	*	01/09/26	at Calgary	W	72-67	0
REBOUNDS	953	785	*	01/10/26	at Calgary	W	77-71	0
Rebounds Per Game	43.3	35.7	*	01/16/26	at Winnipeg	W	83-56	375
Rebounds Margin	7.6	-	*	01/18/26	at Winnipeg	W	73-44	375
ASSISTS	402	260	*	01/23/26	ALBERTA	W	83-66	0
Assists Per Game	18.3	11.8	*	01/24/26	ALBERTA	L	61-65	0
TURNOVERS	423	439	*	01/29/26	at Saskatchewan	L	45-63	1,200
Turnovers Per Game	19.2	20.0	*	02/03/26	SASKATCHEWAN	L	69-81	2,200
Turnovers Margin	0.7	-	*	02/06/26	at MacEwan University	W	70-54	100
Assist/Turnover Ratio	1.0	0.6	*	02/07/26	at MacEwan University	W	72-67	150
STEALS	236	221		02/14/26	UBC OKANAGAN	W	74-48	1,050
Steals Per Game	10.7	10.0		02/20/26	at University of British Columbia	L	68-74	324
BLOCKS	55	44						
Blocks Per Game	2.5	2.0						
ATTENDANCE	3,685	4,294						
Dates/Avg Per Date	10-369	12-358						
Neutral Site #/Avg	-	0-0						

\* = Conference game

Score by Periods	1st	2nd	3rd	4th	Total
Regina	460	398	402	372	1633
Opponents	294	334	282	353	1263

## 2025-2026 University of Regina Women's Basketball Overall Statistics (as of Apr 1, 2026)

### Conference Games Only

Conf: 17-3 Home: 7-2 Away: 10-1 Neutral: 0-0

#	Player	GP-GS	MIN	AVG	FG		3PT		FT		Rebounds				PF	DQ	A	TO	BLK	STL	PTS	AVG
					FG-FGA	FG%	3FG-FGA	3FG%	FT-FTA	FT%	OFF	DEF	TOT	AVG								
6	Misskey, Cara	20-20	535	26.8	113-238	.475	26-70	.371	46-63	.730	22	84	106	5.3	59	1	113	67	4	45	298	14.9
12	Belmore, Jade	18-18	507	28.2	95-233	.408	24-84	.286	51-68	.750	19	93	112	6.2	37	0	49	48	3	33	265	14.7
11	Fust, Izzi	20-20	508	25.4	65-148	.439	18-55	.327	27-41	.659	37	55	92	4.6	45	1	28	26	19	16	175	8.8
2	Wells, Eden	20-8	422	21.1	51-142	.359	21-64	.328	39-61	.639	16	62	78	3.9	49	1	74	55	1	33	162	8.1
10	Vanderhooft, Rachel	20-20	458	22.9	67-156	.429	0-1	.000	14-21	.667	43	95	138	6.9	32	0	32	22	6	10	148	7.4
1	Vande Graaf, Lilly	20-0	428	21.4	53-117	.453	11-38	.289	23-32	.719	28	58	86	4.3	29	0	30	40	2	28	139	7.0
4	Gottselig, Taylor	16-14	280	17.5	28-68	.412	11-34	.324	7-11	.636	10	34	44	2.8	25	0	12	21	2	13	74	4.6
13	Metz, Brenna	15-0	198	13.2	18-59	.305	8-24	.333	20-29	.690	18	22	40	2.7	22	0	10	13	1	7	64	4.3
5	Ward, Alexyn	19-0	196	10.3	20-50	.400	8-24	.333	3-7	.429	5	17	22	1.2	23	0	11	17	0	11	51	2.7
7	Schutz, Ryenn	18-0	195	10.8	15-44	.341	0-0	.000	14-25	.560	14	48	62	3.4	22	0	8	21	3	4	44	2.4
14	Neumann, Jordyn	18-0	129	7.2	15-23	.652	0-0	.000	9-15	.600	6	17	23	1.3	15	0	3	13	4	4	39	2.2
3	Valley, Josie	14-0	118	8.4	12-45	.267	6-28	.214	1-2	.500	9	9	18	1.3	9	0	9	13	1	6	31	2.2
15	Sorensen, Avery	6-0	22	3.7	0-4	.000	0-0	.000	0-0	.000	0	6	6	1.0	3	0	1	5	0	0	0	0.0
<b>Total</b>		<b>20</b>	<b>3996</b>	<b>199.8</b>	<b>552-1327</b>	<b>.416</b>	<b>133-422</b>	<b>.315</b>	<b>254-375</b>	<b>.677</b>	<b>247</b>	<b>624</b>	<b>871</b>	<b>43.6</b>	<b>370</b>	<b>3</b>	<b>380</b>	<b>387</b>	<b>46</b>	<b>210</b>	<b>1490</b>	<b>74.50</b>
<b>Opponents</b>		<b>20</b>	<b>3996</b>	<b>199.8</b>	<b>387-1237</b>	<b>.313</b>	<b>98-455</b>	<b>.215</b>	<b>269-416</b>	<b>.647</b>	<b>206</b>	<b>497</b>	<b>703</b>	<b>35.2</b>	<b>352</b>	<b>1</b>	<b>234</b>	<b>397</b>	<b>38</b>	<b>205</b>	<b>1141</b>	<b>57.05</b>

Team Statistics	REG	OPP	Date	Opponent	W/L	Score	Att.
SCORING	1491	1141	10/31/25	MANITOBA	W	87-53	0
Points Per Game	74.6	57.1	11/01/25	MANITOBA	W	83-51	0
Scoring Margin	17.5	-	11/07/25	LETHBRIDGE	W	79-28	435
FIELD GOALS-ATT	552-1327	387-1237	11/08/25	LETHBRIDGE	W	101-48	0
Field Goal Pct	.416	.313	11/14/25	at Victoria	W	63-54	500
3 POINT FG-ATT	133-422	98-455	11/15/25	at Victoria	W	70-67	500
3PT FG Pct	.315	.215	11/22/25	at Brandon Bobcats	W	85-67	0
3PT Made Per Game	6.7	4.9	11/22/25	at Brandon Bobcats	W	69-45	770
FREE THROWS-ATT	254-375	269-416	11/28/25	MOUNT ROYAL	W	78-48	0
FT Pct	.677	.647	11/29/25	MOUNT ROYAL	W	70-46	0
FT Made Per Game	12.7	13.5	01/09/26	at Calgary	W	72-67	0
REBOUNDS	871	703	01/10/26	at Calgary	W	77-71	0
Rebounds Per Game	43.6	35.2	01/16/26	at Winnipeg	W	83-56	375
Rebounds Margin	8.4	-	01/18/26	at Winnipeg	W	73-44	375
ASSISTS	376	232	01/23/26	ALBERTA	W	83-66	0
Assists Per Game	18.8	11.6	01/24/26	ALBERTA	L	61-65	0
TURNOVERS	387	397	01/29/26	at Saskatchewan	L	45-63	1200
Turnovers Per Game	19.4	19.9	02/03/26	SASKATCHEWAN	L	69-81	2200
Turnovers Margin	0.5	-	02/06/26	at MacEwan University	W	70-54	100
Assist/Turnover Ratio	1.0	0.6	02/07/26	at MacEwan University	W	72-67	150
STEALS	210	205					
Steals Per Game	10.5	10.3					
BLOCKS	46	38					
Blocks Per Game	2.3	1.9					
ATTENDANCE	2,635	3,970					
Dates-Avg Per Date	9-293	11-361					
Neutral Site #-Avg	-	0-0					

Score by Periods	1st	2nd	3rd	4th	Total
Regina	415	367	361	347	1491
Opponents	264	297	261	319	1141