



**Larry Ellis Invitational Princeton
University
Friday May 1st and Saturday May 2nd, 2026**

**PLEASE READ ALL OF THE MEET INFORMATION
BEFORE CONTACTING OUR STAFF WITH QUESTIONS.
NO CLUB OR UNATTACHED ENTRIES PERMITTED.**

Collegiate Team Entry Process: page 2 (entries due 4/27/26 @ 12PM EST)
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COLLEGIATE TEAM ENTRY PROCESS

- All entries must be done online through the “College” section on Direct Athletics
- Collegiate Team Entry deadline is **Monday, April 27, 2026^h at 12:00pm** (EST)
 - Coaches will only be allowed to enter a TFRRS verified performance from **2026 indoor/outdoor seasons only.**
 - If an athlete has never competed in the event before, enter with NT.
 - If you have a NT or NM, you must make a note based off a comparable previous TFRRS performance in an event for consideration.
 - For events contested on Friday and Saturday (800m and 1500m), entries that are not accepted to Friday’s sections will automatically be reconsidered for Saturday’s sections.
 - All athletes that you wish to have compete must be entered. This includes relay-only athletes and relay alternates.
 - For each relay, you must enter at least four athletes.
Final relay declarations can be made at the meet.
 - You may edit and update your entries any time before the entry deadline.
 - All submitted entries will be considered final at the close of entries.
 - No unattached athletes can be submitted through your team account.
- ***Submitting an entry does not guarantee acceptance in the meet. All determinations and decisions related to acceptance in the meet are at the sole discretion of Meet Organizers, and are conclusive and final.***
- A list of accepted entries will be posted on goprincetontigers.com by **Wednesday, April 29th at 8:00PM.**

ENTRY FEE

- Teams (16 entries or more) \$650 for men's team, \$650 for women's team, \$1300 for combined team. .
Individuals: \$40.00 per entry.
- **Entry fee is based upon entry status at the close of entries, NOT by acceptance to the meet.**
- Entry fee must be paid ONLINE with a credit card when you submit your entries.
- Refunds will not be given for athletes who fail to declare or check in for their event on time and are scratched from an event.

MINIMUM ENTRY STANDARDS

Minimum Standards	Men	Women
100m	11.10	12.70
200m	22.50	26.00
400m	50.00	58.00
800m Friday	1:51	2:13
800m Saturday	1:55	2:18
1500m Friday	3:48	4:30
1500m Saturday	4:04	4:45
3000m Steeplechase	9:25	10:50
5,000m	14:45	17:30
10,000m	30:30	37:00
100/110m hurdles	15.45	16.00
400m Hurdles	56.00	65.00
Hammer Throw	50.00m	45.00m

Discus Throw	44.00m	40.00m
Javelin Throw	52.00m	35.00m
Shot Put	14.80m	11.00m
Long Jump	6.70m	5.20m
Triple Jump	13.80m	11.00m
High Jump	1.95m	1.55m
Pole Vault	4.60m	3.35m

Submitting an entry does not guarantee acceptance in the meet

A list of accepted entries will be posted on goprincetontigers.com by

Wednesday, April 29th at 8:00PM

MEET INFORMATION

Check-in for Friday Night distance events - located in the West stadium tunnel (near the finish line).

1. Athletes must report to the clerking table at least **20 minutes prior** to the scheduled start of their event to receive their hip numbers
2. If not checked-in timely, athletes will be scratched
3. Athletes should then report to the start line as instructed by the clerks
4. The fastest sections will run first in all events

Athlete Check-in for Saturday Track events - located in the West stadium tunnel (near the finish line).

1. Athletes must report to the clerk's table a **minimum of 1 hour prior** to the scheduled start of their event to declare their intent to compete.***
2. **If not checked-in timely, athletes will be scratched**
3. Heats will be made after the check in period ends.
4. Athletes should then return to the clerking area **20 minutes prior** to the start of their event to receive their heat and lane assignment and hip numbers.
5. The fastest sections will run first in all events.

The Declaration window for the 200m & 4x4 will be listed on the final meet schedule

Athlete Check-in for Field events

1. Please check in **1 hour prior** to the start of your event, at the event site.
2. All flights will be shortest to longest performance.
3. The top 8 performers will advance to the finals.
4. When there is one flight, a 30-minute warmup will be allowed. In the case of multiple flights, a 15-minute flight specific warmup will be allowed following a 15-minute general warm-up.

Implement Inspection: Will be in the East Stadium tunnel, except hammer throw. Hammer inspection will be at Broadmead Field (see attached map) near the hammer cage starting 1 hour 15 mins before the competition and ending 35 mins before the start of competition. All javelins should be checked-in 2.5 hours prior to the start of the event. Each athlete is permitted 2 javelins.

Implement Inspection will run from 12:30pm-4pm on Friday and 9:30am-3:00pm on Saturday. Implements for Saturday may be dropped off on Friday and picked up on Saturday.

PARKING: Team vans can park in the Stadium Drive Garage. Team buses can park along Stadium Drive by Denunzio Pool. *See map on page 7*

Meet Schedule: A final meet schedule will be available on April 29th by 8:00PM.

Facility Info: Hammer throw will be held at the field on Broadmead. The javelin runway is a track surface. Women's LJ/TJ will be on the outside pit closest to the track. Men's LJ/TJ on the inside pit.

Spikes: ¼ in pyramid spikes only.

Team Camps: Can be set up in the bleachers, on the grass around the track, in the football stadium or indoor track. NO TEAM CAMPS on the infield.

Locker Rooms: Visiting men's locker rooms are available on E Level of Jadwin Gym. Visiting women's locker rooms are in Caldwell Fieldhouse on the B Level (enter through the glass doors between the indoor and outdoor track and follow the signs)

Warm-up Area: Athletes may warm-up on the turf fields outside the track or the indoor track.

World Athletics and NCAA: The meet will follow all World Athletics and NCAA rules and policies. This meet is on the World Athletics Calendar. Shoe forms will be available at the meet, if needed. Meet organizers will be monitoring shoe forms.

Field Sizes

–Meeting an entry standard does not guarantee acceptance into the meet. We are limiting the meet to the following field sizes. Only the top times/marks will be accepted.

	Field Size	# of Heats
100m	48	6
200m	48	6
400m	48	6
800m Friday	50	5
800m Saturday	40	4
1500m Friday	48	4
1500m Saturday	42	3
3000m Steeplechase	36	2
5,000m	60	2
10,000m	30	1
110m hurdles	32	4
400m Hurdles	32	4

	Field Size	# of Flights
Hammer Throw	24	2
Discus Throw	24	2
Javelin Throw	24	2
Shot Put	24	2
Long Jump	24	2
Triple Jump	24	2
High Jump	24	1
Pole Vault	16	1

Questions: email kim.keenan@princeton.edu

Or call at (609) 722-0582

Some Hotel Options in the Area:

1. **Hyatt** – email Michael Moser michael.moser@hyatt.com and David Hawk david.hawk@hyatt.com or call 609.734.4065 (Michael) or 609.734.4055 (David)

<https://www.hyatt.com/en-US/hotel/hyatt-regency-princeton/princ>

2. **DoubleTree** - 609.945.2519

<https://www.hilton.com/en/hotels/pctdtdt-doubletree-princeton/>

3. **Marriott Forrestal** – Matt Cropanese @ matthew.cropanese@marriott.com or 609.977.5710

<https://www.marriott.com/en-us/hotels/ttndf-princeton-marriott-at-forrestal/overview/>

***** A final schedule will be posted after entries close*****

LARRY ELLIS INVITATIONAL

TENTATIVE SCHEDULE

May 1-2, 2026

FRIDAY

Hammer Throw – Women	2:00pm	Broadmead
Long Jump – Women	2:00pm	Weaver
Javelin Throw – Men	2:00pm	Weaver
Javelin throw – Women	4:00pm	Weaver
Hammer Throw – Men	4:00pm	Broadmead
5000m Unseeded – Men	4:40pm	
800m Elite – Women (Fast to slow)	5:00pm	
800m Elite – Men (Fast to slow)	5:30pm	
5000m Unseeded – Women	6:00pm	
1,500m Elite – Women (Fast to slow)	6:30pm	
Mike Brady 1,500m Elite – Men	7:00pm	
1500m – Men (Fast to slow)	7:10pm	
3,000m Steeplechase – Women (Fast to slow)	7:30pm	
3,000m Steeplechase – Men (Fast to slow)	7:45pm	
5,000m Seeded – Women (Fast section)	8:15pm	
5,000m Seeded– Men (Fast section)	8:35pm	
10,000m – Men	9:10pm	
10,000m – Women	9:45pm	

SATURDAY

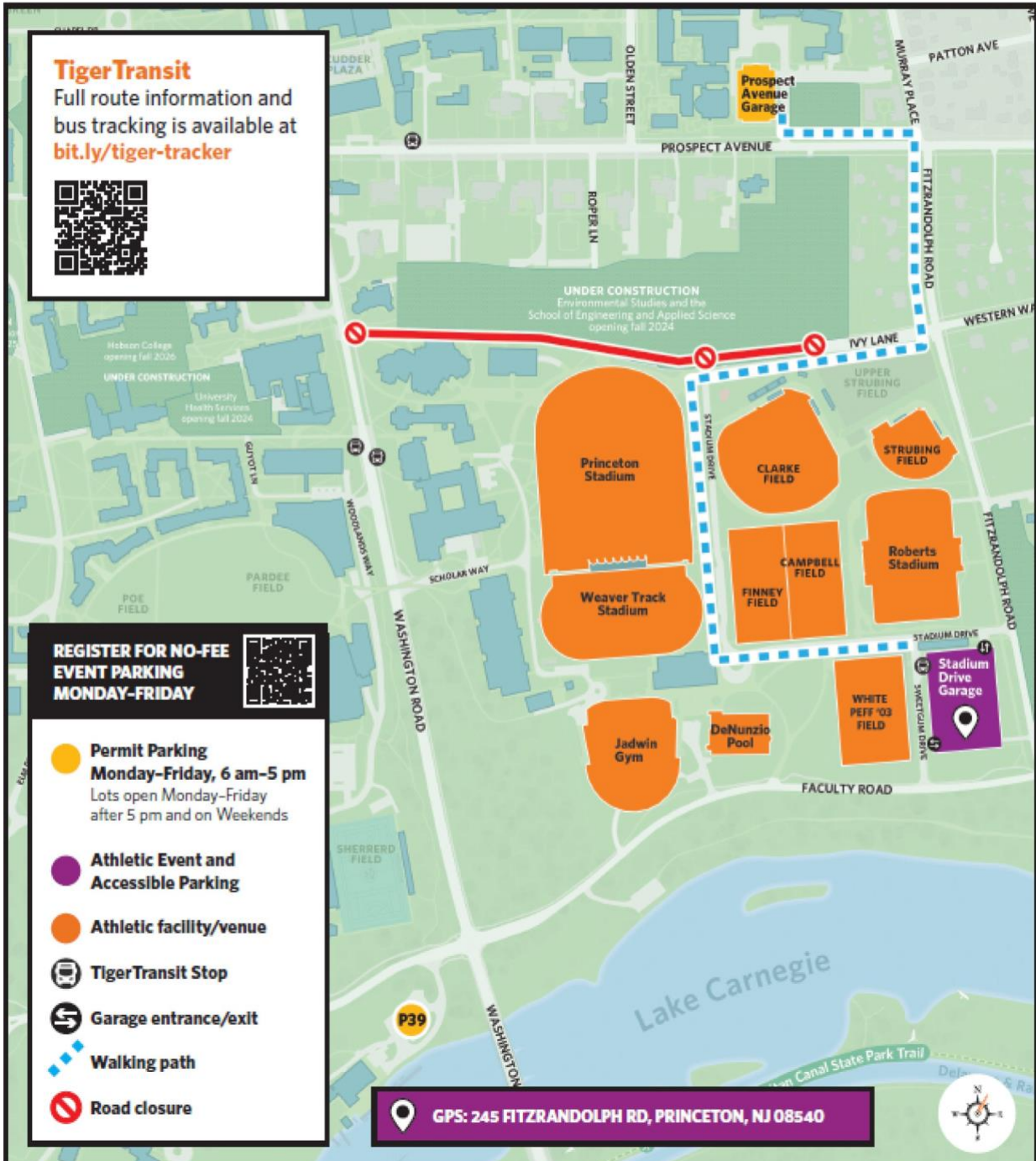
Larry Ellis Recognition	11:30am	
4x100 M Relay – Women	12:00pm	
4x100 M Relay – Men	12:10pm	
1,500 M– Women	12:20pm	
1,500 M– Men	12:30pm	
100 M Hurdles – Women Prelims	1:00pm	
110 M Hurdles – Men Prelims	1:15pm	
400 M – Women	1:25pm	
400 M – Men	1:40pm	
100 M – Women	2:00pm	
100 M – Men	2:15pm	
110 M Hurdles- Men Final	2:30pm	
100 M Hurdles- Women Final	2:40pm	
800 M – Women	2:45pm	
800 M – Men	2:55pm	
400 M Hurdles – Women	3:10pm	
400 M Hurdles – Men	3:25pm	Final 200 Declarations
200 M – Women	3:35pm	Final 4x400 Relay Declarations
200 M – Men	3:45pm	
4x400 M Relay – Women	4:00pm	
4x400 M Relay – Men	4:20pm	

FIELD EVENTS

Shot Put – Men	11:00am	Weaver
Discus –Women	11:00am	Weaver
High Jump – Women	12:00pm	
Pole Vault – Women	12:00pm	
Shot Put – Women	1:00pm	Weaver
Discus –Men	1:00pm	Weaver
Men’s Long Jump	1:00pm	
Women’s Triple Jump	1:00pm	
Women outer runway, Men Inner runway**		
High Jump –Men	2:00pm	
Pole Vault – Men	2:00pm	
Triple Jump – Men	3:00pm	

East Campus Athletics Event Parking

CAMPBELL FIELD • CLARKE FIELD • DeNUNZIO POOL • FINNEY FIELD • JADWIN GYM • PRINCETON STADIUM
ROBERTS STADIUM • STRUBING FIELD • WEAVER TRACK • WHITE PEFF '03 FIELD



Broadmead Field Map

