

PRINCETON WRESTLING



0-0 OVERALL •  @TIGERWRESTLING

Series vs. Iowa • Excepting the 2020-21 season, when Princeton did not compete, this will be the third year in a row that Princeton and Iowa have met in a dual. Iowa won each of the first two meetings in the current run, 31-10 in Iowa City on Nov. 16, 2018 and 30-9 on Dec. 8, 2019 in Princeton. The teams met in a dual one other time, on Dec. 1, 2001, for a 36-7 Iowa win at Blair Academy, in Blairstown, N.J., alma mater of then-future Princeton coach Chris Ayres, who, at the time, was only months out of his undergrad days at Lehigh University.

Taking on the best • Princeton will wrestle five fellow teams in the most recent NWCA team rankings, which have Princeton at No. 21. After No. 1 Iowa, the Tigers will return to duals once the calendar flips to 2022, hosting No. 5 N.C. State and No. 7 Arizona State in January, No. 12 Cornell in February, and visiting No. 18 Rutgers in February.

Last we saw them • Princeton's dual at Iowa will be its first since Feb. 23, 2020, an 18-15 win over Rutgers that gave Princeton its first win over the Scarlet Knights since 1990. Since that day, Princeton has had two competitions, finishing fifth at the 2020 EIWA's and starting this season at the Southeast Open in Virginia on Nov. 7.

Some familiar, some new • Of the 13 wrestlers included in Princeton's probable lineup, only three wrestled in the teams' 2019 dual in Jadwin Gym, in Patrick Glory (125), Quincy Monday (157) and Travis Stefanik (184). All three went on to earn bids to the 2020 NCAA Championships, which were lost to the pandemic.

Starting off strong • Junior Quincy Monday (157) and freshman Luke Stout (197) began the season with championships at the Southeast Open. Each came against a Virginia Tech wrestler in the final, Monday's against 30th-ranked Connor Brady and Stout's against Cody Howard.

Rank 'em • Four Princeton wrestlers are included in the latest InterMat rankings, with Patrick Glory ranked No. 2 at 125, Quincy Monday ranked No. 7 at 157, Travis Stefanik ranked No. 24 at 184, and Luke Stout ranked No. 29 at 197.

What a year it was • Along with defeating Rutgers for the first time in 30 years, Princeton beat Cornell for the first time since 1986 in 2020, winning the program's first Ivy League title since 1986 and snapping a Cornell Ivy dual-match win streak that had lasted since 2002. The wrestling program had been the holder of the longest Ivy League title drought among the 33 Princeton sports that compete for Ivy League titles.

Match wins against Iowa • In the three previous dual meetings, seven Tiger wrestlers won a total of eight bouts against the Hawkeyes, with Milo Adams '04 (149) and Greg Parker '03 (174) winning in 2001, Matthew Kolodzik '21 (149), Travis Stefanik (174) and Patrick Brucki '21 (197) winning in 2018, and Patrick Glory (125), Quincy Monday (157) and Stefanik (184) winning in 2019. Stefanik would become the only Princeton wrestler to win three times in duals with Iowa with another win, and Glory and Monday would join Stefanik as the only other wrestlers to win twice.

For country • While some Princeton teammates were competing at the Southeast Open, Patrick Glory was in Southeastern Europe, representing the U.S. at 57kg at the U23 World Championships after winning the opportunity to compete there with his U.S. U23 title in May. Glory battled Iran's Ahmad Masoud Mohammadnezhadjevan to an 11-11 finish in the round of 16 but fell on criteria.

On our way back • Patrick Glory (125), Quincy Monday (157), Grant Cuomo (165) and Travis Stefanik (184) were four of Princeton's six qualifiers to the 2020 NCAA Championships, with a pair of 2021 grads in Matthew Kolodzik (149) and Patrick Brucki (197) as the others.

NOVEMBER

7 SOUTHEAST OPEN (2 champs, NTS)
19 at #1 Iowa..... 8 p.m. ET/7 p.m. CT

DECEMBER

3-4 at Cliff Keen Invite (Las Vegas, Nev.)
29-30 MIDLANDS

JANUARY

8 at Rider..... 11 a.m.
9 #5 N.C. STATE (Jadwin) 1 p.m.
16 #7 ARIZONA STATE (Jadwin) 12 p.m.
22 COLUMBIA (Dillon) 1 p.m.
28 at Harvard 6 p.m.
29 at Brown 1 p.m.

FEBRUARY

5 #12 CORNELL (Jadwin) 1 p.m.
11 at Lehigh 7 p.m.
12 PENN (Dillon) 1 p.m.
18 at #18 Rutgers 7 p.m.

MARCH

4-6 at EIWA Championships (at Cornell)
17-19 at NCAA Championships (Detroit, Mich.)

2021-22 Schedule



125 • PATRICK GLORY



JR. • RANDOLPH, N.J. • DELBARTON • 0-0, 54-7 CAREER • #2 INTERMAT

Awards

2020 All-American • 2020 NCAA qualifier (125) • 2020 Dan Hodge Award finalist • 2020 first-team NWCA • 2020 Ivy League Wrestler of the Year • 2020 EIWA Wrestler of the Year • 2020 first-team All-Ivy • 2020 NWCA Scholar All-American • 2020 Academic All-Ivy • 2020 EIWA Academic Award • 2019 All-American • 2019 NCAA qualifier (125) • 2019 second-team All-Ivy • 2019 NWCA Scholar All-American • 2019 EIWA Academic Award

At Princeton

2021-22: Competed for Team USA at the U23 World Championships in Belgrade, Serbia after winning the U23 national title.

2020-21: Season canceled due to COVID-19.

2019-20: All-American, earning first-team NWCA honors with a 24-0 record ... Ivy League Wrestler of the Year, Princeton's first since 1986, and EIWA Wrestler of the Year, Princeton's first ever (awarded since 1998) ... first-team All-Ivy ... EIWA champion ... NWCA Scholar All-American ... Academic All-Ivy honoree ... NCAA qualifier, earning the No. 2 seed before the event was canceled by the NCAA due to the COVID-19 virus ... ranked as high as second in the nation by Intermat and was in the top five all season ... finalist for the Dan Hodge Award, Princeton's first in award history (since 1995) ... won a Midlands title, sweeping through five matches ... EIWA Academic Achievement Award honoree ... had six wins over fellow Intermat-ranked wrestlers on the season, over Lehigh's No. 12 Brandon Paetzell in a dual match, Oklahoma State's No. 3 Nick Piccininni in a dual match, over Indiana's No. 8 Brock Hudkins and Northwestern's No. 10 Michael DeAugustino at Midlands, over No. 20 Nicolas Aguilar in a dual match, and over Army West Point's Trey Chalifoux in the EIWA semifinals.

2018-19: Earned All-American honors and posted best NCAA finish by a freshman (6th) in Princeton history; he became only the second freshman All-American and 12th overall in team history ... helped Princeton to third-best team finish in NCAA history (15th) ... all seven losses came to wrestlers who finished in the Top 5 at NAAs, including two to eventual champion Spencer Lee and three to Oklahoma State's Nick Piccininni, who spent much of the year ranked #2 ... avenged regular season loss to Cornell's Vitali Arujau with 10-8 decision to win the EIWA championship and help Princeton to a top-three finish ... earned second-team All-Ivy League honors ... placed third at Midlands Championships, with lone loss coming to Lee; helped Princeton to best Midlands team finish (5th) ... one of a program-best three freshmen to qualify for NCAA Championships ... 25 of 30 wins came by more than decision, including nine falls and five technical falls ... opened career by winning the Tiger Open ... finished with a 30-7 record.

Before Princeton: Ranked #13 by Intermat and #17 by FloWrestling among overall national recruits, the second-highest ranked Princeton recruit this century ... two-time New Jersey state champion (120/126) ... four-time district and regional champion ... Super 32 champion ... three-time Beast of the East champion ... Who's Number One champion ... two-time Escape the Rock champion ... recorded a 157-7 career record at Delbarton, including a 43-0 senior season ... placed third at Fargo ... team captain ... National Spanish Honor Society member ... Fellowship of Christian Athletes member.

Personal: Son of Cheryl and Pat Glory ... has a younger sister Katelyn and a younger brother Connor ... economics major.

At Princeton against Iowa:

Nov. 30, 2018: TF Luke Resnick 17-2 at 125 in the teams' dual match

Dec. 30, 2018: lost to Spencer Lee 12-6 at 125 at Midlands semifinals

Dec. 8, 2019: def. Aaron Cashman 9-4 at 125 in the teams' dual match

133 • NICK KAYAL

So. • ELMWOOD PARK, N.J. • BERGEN CATHOLIC • 4-1, 4-1 CAREER

At Princeton

2021-22: Went 4-1 at the Southeast Open, finishing fifth.

2020-21: Season canceled due to COVID-19.

Before Princeton: Kayal went 139-33 in high school and earned medalist honors in New Jersey all four years. He was also a four-time medalist at the Beast of the East, winning a title at the 2017 event, and was a three-time medalist at the Doc Buchanan tournament.

Personal: Parents are George and Gina Kayal ... has a brother, Matt.



2021-22 Results

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	133		Jeremiah Darby	Unattached	Southeast Open	W	MDec.	12-1	1-0	0-0	1-0
N7	133		Zach Whitmer	Columbia	Southeast Open	L	Fall	1:25	1-1	0-0	1-1
N7	133		Spencer Good	Columbia	Southeast Open	W	Dec.	4-2	2-1	0-0	2-1
N7	133		Ethan Oakley	Unattached	Southeast Open	W	Dec.	6-3	3-1	0-0	3-1
N7	133		Kyle Gorant	Davidson	Southeast Open	W	Dec.	10-3	4-1	0-0	4-1

133 • NICK MASTERS



FR. • ACWORTH, GA. • WOODWARD • 3-1, 3-1 CAREER

At Princeton

2021-22: Finished third at the Southeast Open, going 3-1.

Before Princeton: Masters posted a 240-7 record in high school and won four state titles in Georgia. Masters was a three-time NHSCA All-American, a two-time Fargo All-American, and a 2018 UWW All-American.

Personal: Son of Kevin and Melinda Masters ... has sisters Olivia and Chandler.

2021-22 Results

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	133		Spencer Good	Columbia	Southeast Open	W	Dec.	10-3	1-0	0-0	1-0
N7	133		Levi Engleman	Ferrum	Southeast Open	W	Fall	2:47	2-0	0-0	2-0
N7	133	-/5	Korbin Myers	Virginia Tech	Southeast Open	L	MDec.	4-16	2-1	0-0	2-1
N7	133		Zach Whitmer	Columbia	Southeast Open	W	Dec.	8-5	3-1	0-0	3-1

141 • JACOB MANN



FR. • LADUE, Mo. • LADUE HORTON WATKINS • 2-1, 2-1 CAREER

At Princeton

2021-22: Went 2-1 at the Southeast Open, finishing third.

Before Princeton: Four-time state finalist in high school, a three-time state champion, a two-time National High School Coaches Association All-American, a UWW Cadet All-American, a Fargo All-American, and a placer at the Super 32 competition ... finished his high school career with a 160-8 record.

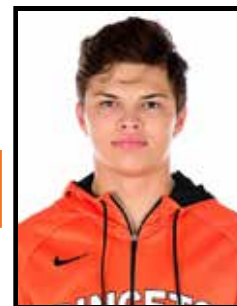
Personal: Son of Eric and Caroline Mann ... has siblings Justin, Hank and Jillian.

2021-22 Results

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	141		Tyler Kellison	App. State	Southeast Open	W	Dec.	7-5	1-0	0-0	1-0
N7	141		Collin Gerardi	Virginia Tech	Southeast Open	L	Dec.	0-6	1-1	0-0	1-1
N7	141		Wil Guida	Unattached	Southeast Open	W	Dec.	5-0	2-1	0-0	2-1

149 • JOSH BREEDING

SR. • AMHERST, OHIO • ELYRIA • 1-2, 11-18 CAREER

**At Princeton****2021-22:** Went 1-2 at the Southeast Open.**2020-21:** Season canceled due to COVID-19.**2019-20:** Competed at the Princeton Open, Midlands, Franklin & Marshall Open and duals against Harvard and Brown, getting four wins at the F&M meet and one win at the Princeton meet ... had a 5-8 record on the season.**2018-19:** Won five matches in debut season, including one in home dual win over Harvard (11-3) ... earned first career victory by fall at the Tiger Open ... competed at the Midlands Championships ... earned three victories at the F&M Open ... had a 5-8 record on the season.**Before Princeton:** Two-time Ohio state placewinner (3rd as a senior, 5th as a junior) ... three-time state qualifier and sectional champion, one-time district champion ... four-time Ohio National Dual Team member ... Ohio Freestyle state champion; also reached state final once ... competed at both the Walsh Ironman and Beast of the East tournaments ... four-time Greater Cleveland Conference champion ... Brecksville Holiday Tournament champion ... two-time team captain ... Ohio Cadet National Dual Team member and helped Ohio place third in the nation ... four-year varsity letterwinner ... four-time Academic Achievement All-Ohio winner ... National Honor Society member ... Scholastic E Winner.**Personal:** Son of Fred and Yolanda Breeding ... has an older brother, Fred ... neuroscience major.**At Princeton against Iowa:**

Dec. 29, 2019: lost by fall to Vincent Turk at 149 in 0:38 in Midlands opener

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	149		Mason Phillips	North Carolina	Southeast Open	L	MDec.	3-11	0-1	0-0	0-1
N7	149		Jerome Scott	Columbia	Southeast Open	W	TF	16-0	1-1	0-0	1-1
N7	149		Jaden Le	Unattached	Southeast Open	L	Dec.	4-8	1-2	0-0	1-2



157 • QUINCY MONDAY

JR. • CHAPEL HILL, N.C. • CARRBORO • 4-0, 51-17 CAREER • #7 INTERMAT



Awards

2020 All-American • 2020 first-team NWCA • 2020 first-team All-Ivy • 2020 NCAA qualifier (157) • 2020 EIWA Academic Award • 2020 NWCA Scholar All-American • 2019 NCAA qualifier (157) • 2019 first-team All-Ivy • 2019 NWCA Scholar All-American • 2019 EIWA Academic Award

At Princeton

2021-22: Won the Southeast Open title, going 4-0 and defeating 30th-ranked Connor Brady of Virginia Tech in the final.

2020-21: Season canceled due to COVID-19.

2019-20: All-American, earning first-team NWCA honors ... first-team All-Ivy ... NWCA Scholar All-American ... EIWA runner-up ... NCAA qualifier, seeded fifth before the event was canceled by the NCAA due to the COVID-19 virus ... EIWA Academic Award honoree ... ranked fourth or fifth in the nation by Intermat for much of the season, ending ranked seventh ... beat Josh Humphreys of Lehigh, then ranked seventh, at the Princeton Open to get into the Intermat top 10 ... beat Humphreys, then ranked 10th, again in the dual against Lehigh ... beat Iowa's fourth-ranked Kaleb Young in a dual ... avenged a Princeton Open loss to Rider's Jesse Dellavecchia with a win in a dual in a matchup of the seventh- (Monday) and sixth-ranked wrestlers in the nation ... beat Penn's 10th-ranked Anthony Artalona and Purdue's ninth-ranked Kendall Coleman at Midlands ... beat North Carolina's 20th-ranked A.C. Headlee in a dual ... swept through three Ivy matches, including a win over Cornell's Adam Santoro ... beat Rutgers' Mike Vanschenbrill in the season's final dual ... made the EIWA final before a loss to Humphreys ... had a 23-4 record on the season.

2018-19: One of only nine freshmen in program history — and three from the season — to qualify for the NCAA Championships; lost final match 13-12 in tiebreaker 1 ... placed third at EIWA Championships, with lone loss coming to eventual champion Josh Humphreys of Lehigh ... earned first-team All-Ivy League honors after being only Princeton wrestler to go 5-0 in the Ivy League ... won first three matches at Midlands and helped Princeton place a program-best fifth overall ... won the F&M Open ... had a 14-2 stretch after Midlands, which included victory over Oklahoma State and unbeaten run against Ivies ... had a 24-13 record on the season.

Before Princeton: Ranked #40 by FloWrestling and #57 by Intermat among overall national recruits ... four-time state champion, winning two 6A titles at Martin (Arlington, Texas) at 106 and 113 before moving to North Carolina and winning two 2A titles at Carrboro (132, 152) ... Super 32 runner-up ... placed third at Iron Man ... posted a 158-9 career record in high school ... team captain ... National Society for High School Scholars honoree.

Personal: Son of Sabrina and Kenny Monday; father was a gold medalist at the 1988 Olympics and is the head wrestling coach of the Tar Heel Wrestling Club in North Carolina ... has two older siblings, Sydnee and Kennedy ... Kennedy, in the Class of 2021 at North Carolina reached the Round of 12 at the 2018 NCAA Championships for the Tar Heels and returned to the NCAAs in 2021 ... enjoys being with his dog ... anthropology major.

At Princeton against Iowa:

Nov. 16, 2018: lost to Kaleb Young 7-4 at 157 in the teams' dual

Dec. 8, 2019: def. Kaleb Young 3-2 at 157 in the teams' dual

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	157	8/-	Matt Romanelli	Columbia	Southeast Open	W	Fall	3:21	1-0	0-0	1-0
N7	157	8/-	Alex Cruz	Virginia	Southeast Open	W	Fall	2:07	2-0	0-0	2-0
N7	157	8/-	Andrew Garr	Unattached	Southeast Open	W	Dec.	14-8	3-0	0-0	3-0
N7	157	8/30	Connor Brady	Virginia Tech	Southeast Open	W	Dec.	7-3	4-0	0-0	4-0

165 • GRANT CUOMO



JR. • BREWSTER, N.Y. • BREWSTER • 1-1, 24-13 CAREER

Awards

2020 second-team All-Ivy League • 2020 EIWA Academic Award • 2020 NWCA Scholar All-American • 2020 NCAA qualifier (165)

At Princeton

2021-22: Went 1-1 at the Southeast Open.

2020-21: Season canceled due to COVID-19.

2019-20: Second-team All-Ivy League ... EIWA Academic Award honoree ... NWCA Scholar All-American ... 2020 NCAA qualifier before the event was canceled by the NCAA due to the COVID-19 virus ... sixth-place finisher at the EIWA Championships ... won nine of his first 10 matches, including five in the Princeton Open, two at Midlands, and in duals against Lehigh and Rider ... beat InterMat No. 10 Thomas Bullard of North Carolina State in a dual match ... won three of his first four bouts at EIWAs ... won four of five in Ivy duals, including a win over Cornell's Jakob Brindley ... had an 18-7 on the season.

2018-19: Went 5-5 during freshman season, with three of five losses coming to NCAA qualifiers ... reached the finals of the F&M Open, where he lost 10-9 to teammate and NCAA qualifier Travis Stefanik ... dropped Midlands opener to NCAA champion Zahid Valencia of Arizona State ... won three matches at F&M Open and one apiece at Midlands and Tiger Open ... had a 5-5 record on the season.

Before Princeton: Ranked #72 overall by InterMat, and #86 by FloWrestling ... won the 170-pound state New York state title as a senior ... three-time all-state honoree ... 2017 Eastern States champion ... placed fifth to earn All-American honors at 2017 Flo Nationals ... Super 32 All-American ... placed fourth at 2017 Ironman ... ranked among Top 10 nationally at his weight ... recipient of the ConEdison Scholar Athlete of the Week award.

Personal: Son of Donald and Angelo Cuomo ... has an older sister Amelia, and two younger sisters Florence and Clarissa ... enjoys hunting and fishing ... psychology major.

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	165	25/-	Isaias Estrada	Unattached	Southeast Open	L	Dec.	5-7	0-1	0-0	0-1
N7	165	25/-	Clayton Ulrey	Virginia Tech	Southeast Open	W	Dec.	17-10	1-1	0-0	1-1

165 • LUCA PONTONE



So. • READING, MASS. • BELMONT HILL • 0-0, 2-3 CAREER

At Princeton

2021-22: Has not yet competed this season.

2020-21: Season canceled due to COVID-19.

2019-20: Competed at the Princeton Open and Franklin & Marshall Open, getting one win in each event ... had a 2-3 record on the season.

Before Princeton: Two-time captain that recorded 100 wins ... New England Champion and National Prep third-place finisher twice ... Fargo All-American ... Beast of the East All-American ... Team MVP as junior and senior ... Team was a three-time league and New England State Champion ... Lettered in crew ... Community Service member ... Yale Book Award Recipient Won Community Service accolades.

Personal: Son of DeAnne and Paul Pontone ... has a sister, Millie.

174 • MIKEY SQUIRES



So. • NORWICH, N.Y. • NORWICH • 2-1, 2-1 CAREER

At Princeton

2021-22: Made the final of the Southeast Open, going 2-1.

2020-21: Season canceled due to COVID-19.

Before Princeton: Squires was a New York state finalist in 2019 and 2020, won a freestyle state title in 2019, and was a placewinner all four years and twice in freestyle competition. He was also a four-time sectional champion, a four-time conference champion, a four-time New York State Scholar-Athlete, and a three-time state captain while going 177-28 in high school. He was also a three-time placewinner at the Eastern States meet.

Personal: Son of Michael and Jamie Squires ... has a sister, Lauren ... computer science major.

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	174		Ryne Lewis	Notre Dame Coll.	Southeast Open	W	Dec.	9-2	1-0	0-0	1-0
N7	174		Paul Pierce	George Mason	Southeast Open	W	Dec.	8-5	2-0	0-0	2-0
N7	174	-/4	Mekhi Lewis	Virginia Tech	Southeast Open	L	Dec.	6-13	2-1	0-0	2-1

174 • FOREST BELLI



JR. • JOHNSTOWN, OHIO • NORTHRIDGE • 0-2, 7-6 CAREER

At Princeton

2021-22: Competed at the Southeast Open, going 0-2.

2020-21: Season canceled due to COVID-19.

2019-20: Competed at the Princeton Open and Franklin & Marshall Open, winning four times at the F&M meet and twice at the Princeton meet ... had a 6-4 record on the season.

2018-19: Competed at the Tiger Open and the National Collegiate Open ... earned 7-2 decision over Arizona State opponent at the National Collegiate Open ... had a 1-4 record on the season.

Before Princeton: Placed first at the 2017 AAU Junior Olympic Games and placed first at the 2017 Liberty Classic.

Personal: Parents are Camden Belli and Tara Berkeley ... has a brother, Ripley ... student in the Princeton School of Public and International Affairs.

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	174		Diavante Reddick	App. State	Southeast Open	L	Dec.	5-7	0-1	0-0	0-1
N7	174		Jon Hoover	VMI	Southeast Open	L	Dec.	2-3	0-2	0-0	0-2

184 • TRAVIS STEFANIK



JR. • NAZARETH, PA. • NAZARETH • 0-0, 30-19 CAREER • #24 INTERMAT

Awards

2020 NCAA qualifier (184) • 2020 first-team All-Ivy • 2020 NWCA Scholar All-American • 2020 EIWA Academic Award • 2019 NCAA qualifier (174) • 2019 second-team All-Ivy

At Princeton

2021-22: Has not yet competed.

2020-21: Season canceled due to COVID-19.

2019-20: First-team All-Ivy ... EIWA sixth-place finisher ... NWCA Scholar All-American ... NCAA at-large qualifier before the event was canceled by the NCAA due to the COVID-19 virus ... EIWA Academic Award honoree ... was ranked 18th, 19th and 20th in December and March ... won eight matches in a row during the Ivy season, in duals against Drexel and Rutgers before opening EIWAs with a win ... beat Cornell's Jonathan Loew in a dual to clinch Princeton's first Ivy League title since 1986 and end Cornell's 92-match, 18-year Ivy dual-match winning streak ... win late in the Rutgers match helped seal Princeton's first win in that series since 1990 ... rebounded from a quarterfinal loss to Army West Point's Noah Stewart at EIWAs to win twice and finish sixth after a 3-3 tournament ... had an 11-4 record on the season.

2018-19: One of only nine freshmen in program history — and three from the season — to qualify for the NCAA Championships; earned bid as an at-large selection ... reached the EIWA semifinals after upsetting third-seeded and eventual NCAA qualifier Ben Harvey of Army ... earned second-team All-Ivy League honors after going 4-1 in Ivy honors ... won the F&M Open and took third at the Tiger Open ... earned a win in the dual at Iowa ... won a match at Midlands ... had a 19-15 record on the season.

Before Princeton: Qualified for the 2018 World Junior Team Trials ... placed fifth at 2018 UWW Junior Nationals ... 2017 Pennsylvania state champion ... ranked No. 2 at his weight class by both Flo and InterMat; ranked 21st overall among all weights by InterMat ... won 2016 FloNationals ... 2016 Ironman runner-up ... three-time placewinner at Beast of the East, including runner-up finish (2016) ... three-time NHSCA All-American ... two-time district and regional champion ... 2017 EPC Scholar-Athlete of the Year and District 11 Scholar Athlete of the Year ... posted a 154-34 career record ... team captain for both football and wrestling ... earned 2016 Lehigh Valley Live Football Player of the Year honor ... Maxwell Football Club Award recipient ... 2016 EPC Offensive Player of the Year ... two-time member of the state all-academic team ... senior class liaison ... two-time Future Business Leaders of America state qualifier; seventh-place finisher in 2017.

Personal: Son of Trischia Gostony and Chris Stefanik ... has an older sister Mihkayla, and younger brother and teammate Nathan is in the Class of 2025 ... cousin Mike Novogratz wrestled at Princeton ... enjoys bowling, golfing and playing basketball ... economics major.

At Princeton against Iowa:

Nov. 16, 2018: won by major decision over Myles Wilson 15-3 at 174 in the teams' dual

Dec. 8, 2019: def. Nelson Brands 7-6 at 184 in the teams' dual

197 • LUKE STOUT



FR. • MT. LEBANON, PA. • MT. LEBANON • 3-0, 3-0 CAREER • #29 INTERMAT

At Princeton

2021-22: Went 3-0 to win the Southeast Open, defeating Virginia Tech's Cody Howard in the final.

Before Princeton: Stout turned in three top-four finishes in the state in his Mt. Lebanon career, turning in a 153-16 record and winning a state title along with another runner-up finish ... won a cadet title at the Fargo tournament while also finish fifth in the junior competition, and he finished first and third in trips to the Journeyman tournament ... finished seventh at the 2021 U23 national event ... won a U16 national title and was a junior All-American.

Personal: Son of Bryan and Jennifer Stout ... has brothers Kellan and Mac, and a sister Josie.

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	197		Joseph Franzese	Columbia	Southeast Open	W	Dec.	5-1	1-0	0-0	1-0
N7	197		Sam Wustefeld	Unattached	Southeast Open	W	Fall	6:12	2-0	0-0	2-0
N7	197		Cody Howard	Virginia Tech	Southeast Open	W	Dec.	16-12	3-0	0-0	3-0

285 • JACK DELGARBINO



So. • GIRARD, OHIO • GIRARD • 2-2, 5-7 CAREER

At Princeton

2021-22: Went 2-2 at the Southeast Open.

2020-21: Season canceled due to COVID-19.

2019-20: Competed at Midlands, winning once, the Franklin & Marshall Open, winning once, and duals against Penn and Drexel, getting a win against Penn ... had a 3-5 record on the season.

Before Princeton: Three-time high school captain ... Set the school record with a 163-13 record and 106 pins ... Finished first at the NHSCA Folkstyle Nationals, Ohio State Championships, USA-Ohio Free + Greco State (twice) and UWW Cadet Greco Nationals ... Also earned a second and fourth place finish at the Ohio State Championships ... Was second at the UWW Cadet Free Nationals and third at the FloNationals ... Three-time Eastern Ohio Wrestling League, Sectional and District Champion ... First-team All-Trumbull County four times ... Team was regional runner up and league champions ... Lettered in football where he was also a three-time captain, two-time All-State Defensive Line and Big 22 Block of Granite ... Part of football's program first state championship ... Member of the Beta Club, Student Council, Teen Institute and Fellowship of Christian Athletes ... Member of the National Honor Society ... Academic All-Ohio ... First in class ... National Football Foundation Scholar Athlete ... Wendy's High School Heisman Winner ... OHSAA Scholar Athlete Award.

Personal: Son of Michelle and J.T. DelGarbino ... Has a sister, Gianna and two brothers, Alex and Andrew ... Father, J.T., played football at Youngstown State and wrestled at Edinboro.

At Princeton against Iowa:

Dec. 8, 2019: lost by TF in 5:46 to Aaron Costello in a Midlands consolation

Date	Wt.	Rk/Rk	Opponent	School	Event	Result	Score	OT	Tourn	Duals	Overall
N7	285		Wade Wheeler	Emory & Henry	Southeast Open	W	Fall	3:55	1-0	0-0	1-0
N7	285		Daniel Conley	Columbia	Southeast Open	W	Dec.	7-3	2-0	0-0	0-0
N7	285	-/15	Nathan Traxler	Virginia Tech	Southeast Open	L	Fall	0:32	2-1	0-0	2-1
N7	285		Hunter Catka	Unattached	Southeast Open	L	MDec.	14-3	2-2	0-0	2-2