



# ***TRACK & FIELD*** **ALL-TIME RECORDS**

**Last Updated (3/26/2024)**



# ROB CONNER, MEN'S HEAD COACH



Rob Conner is in his 34th year as the head cross country and track & field coach at the University of Portland in the fall of 2023. The Pilots have earned national recognition as one of the most consistent distance running forces among NCAA Division I competition throughout his tenure. He has led the Pilots to 23 NCAA Cross Country Championships appearances, finished in the Top 10 a total of ten times at the national meet, and coached Pilot runners to 50 All-America honors.

Conner guided the 2018 cross country team to their third podium finish in five years as the team placed third overall at the 2018 NCAA XC Championships. The accomplishment follows up the previous year's most successful performance at the NCAA meet in program history when the Pilots finished second as a team. Portland matched its school record of three Pilots earning All-American honors at the NCAA meet as well in 2018, while Conner and the Pilots defended their West Region title and he claiming his sixth West Region coach of the year honor.

After Portland's second place finish at the national meet in 2017, Conner was named the Slat's Gill Sportsperson of the Year at the 2018 Oregon Sports Awards, joining legendary Portland soccer coach Clive Charles as the only Pilot head coaches to win the award.

The first podium finish in cross country for Conner came during the 2014 season when Portland finished third as a team at the NCAA meet. That showing was the culmination of eight consecutive Top 14 finishes at the championship meet for the Pilots, a feat only accomplished by three other schools.

Conner has led the Pilots to 34 West Coast Conference cross country titles, while the team has been ranked in the national Top 25 all but one year since 1991.

Pilot cross country was put on the map during Conner's fifth year at the helm. The historic 1993 season saw All-American Pete Julian lead Portland as it steamrolled through an undefeated regular season and finish 12th in the program's first-ever NCAA Championship meet.

Prior to handing the coaching reins to former pupil and assistant coach Ian Solof in 2002, Conner also guided the Pilot women's cross country team to 12 conference titles in 13 years. The 1993 Pilot women placed sixth at the NCAA West Regional and the 1994 team, led by All-American Nicole Karr, placed seventh at regionals.

Track success has also been a constant for Conner and the Pilots as at least one individual has qualified for the NCAA Track & Field Championships each season since 1992. Portland competitors have competed in 66 individual events at the NCAA meet with 40 All-America honors earned. In 2016, the Pilots reached their highest indoor ranking ever at No. 20.

Many former Pilots have gone on to successful professional running careers after graduating from The Bluff. Michael Kilburg and John Moore competed at the 2008 United States Olympic Trials in Eugene, Ore. Woody Kincaid and Scott Fauble competed in the 2016 United States Olympic Trials. Tayte Pollmann signed a professional trail and mountain-running contract with Nike in 2017 and competed in numerous international events, while track graduates Derek Mandell and Josh Illustre competed in the 800-meter for Guam at the 2008 and 2016 Summer Olympics, respectively.

## WCC Coach of the Year (8)

1998, 2002, 2005, 2006, 2007, 2009, 2012, 2014

## West Region Coach of the Year (6)

1993, 2007, 2012, 2014, 2017, 2018

## West Region Titles (4)

1993, 2017, 2018, 2019

## NCAA Cross Country Team

### Championship Appearances (23)

<u>Year</u>	<u>Finish</u>	<u>Year</u>	<u>Finish</u>
1993	12th	2014	3rd
1996	10th	2016	13th
1998	28th	<b>2017</b>	<b>2nd</b>
1999	26th	2018	3rd
2001	7th	2019	10th
2003	27th	2020	21st
2005	9th	2021	16th
2006	18th	2023	23rd
2007	14th		
2008	7th		
2009	13th		
2010	13th		
2011	8th		
2012	12th		
2013	7th		

# IAN SOLOF, WOMEN'S HEAD COACH



Ian Solof began coaching the Pilot women distance runners in the fall of 1995 following a standout career on the UP men's cross country team. Solof has continued to lead the program to unprecedented levels, reaching their highest program ranking in 2016 nationally at No. 5, earning the first at-large bid to the NCAA Cross Country Championships in 2016, and posting a 12th place finish at the 2018 national meet.

Solof guided Portland to its 21st WCC title in 2023 and has coached Laura Pellicoro to consecutive NCAA Cross Country Championship appearances as an individual. She placed 41st in 2023 after earning All-America honors with a 25th place finish in 2022.

The 2020 cross country team climbed as high as 20th in the national rankings. Anna Pataki won the WCC Cross Country Championships to help the team finish second. The season prior, Pataki was an individual qualifier for the Pilots in the 2019 NCAA Cross Country Championships. She finished ninth in the NCAA West Regional to earn the honor and finished 57th at nationals.

The Pilots climbed the national polls in 2018, receiving their highest rank at No. 19. The team entered the NCAA Championships ranked No. 23, but finished 12th overall. Portland produced two All-Americans, led by redshirt senior Lauren LaRocco who also recorded the best Pilot individual finish at the national meet, crossing the line 13th. Taryn Rawlings also earned All-America honors at the meet.

LaRocco also won the WCC individual title and helped the Pilots win the team title in 2016 as well. The Pilots earned their first ever bid to nationals and placed 22nd, while LaRocco earned her third overall All-American honor.

The Pilots have won 20 West Coast Conference league titles and Solof has been named the WCC Coach of the Year seven times during his tenure on The Bluff.

Solof has brought national-level talent to the fold including All-Americans Nicole Karr, Tansey Lystad, Lauren LaRocco, Taryn Rawlings and Anna Pataki. In 2022, Laura Pellicoro qualified for nationals in the mile. She took seventh at the prelims for the Pilots.

Rawlings finished in the top 10 nationally in two events between 2018 and 2019. She finished sixth in the 1,500-meter run in 2018 and ninth in the same event the following year. In 2018, Rawlings also finished sixth in the indoor mile.

During the 2016 track and field season, LaRocco was the youngest finisher in the top five of the 10,000m as a sophomore, posting a program best 4th place finish and a record time of 32:47.30. Also competing in the 5,000 at nationals, LaRocco earned her second All-American honors placing sixth overall in 16:21.09.

Under Solof's guidance, Karr was the first Pilot to begin to single-handedly rewrite the track record books posting school records in the 800, 1,500, 3,000 and 5,000. Karr was ranked among the top 5 fastest in the NCAA in both the 3,000 and 5,000 during her senior year. She ended her collegiate career with an 8th-place finish at the NCAA Championships in the 3,000 garnering her third All-America honor. Karr went on to compete in the 1996 Olympic Trials in the 1500 after running a 4:16.14 to qualify.

A highly-regarded runner in his own right, Solof won the West Coast Conference men's cross country title as a junior in 1992. He followed that up with All-West Region honors the same fall. Solof was a key member of the 1993 "Dream Team" that was ranked fourth nationally and went undefeated during the regular season including winning the West Region Championship. That team went on to finish 12th at the NCAA Championships.

Solof continued his running with a stellar post collegiate career. Self-coached, he qualified for the 2000 and 2004 Olympic Trials Marathon. Solof was selected as USA Track and Field of Oregon's Male distance runner of the year for 2000.

**WCC Coach of the Year (7)**

1996, 1998, 2002, 2003, 2006, 2007, 2016

**WCC Team Titles – Women (21):**

1987-89, 1991-94, 1996-00, 2002-08, 2016, 2023

**NCAA Cross Country Team Championship Appearances (3)**

<u>Year</u>	<u>Finish</u>
2016	22nd
<b>2018</b>	<b>12th</b>
2021	22nd

**UST&F of Oregon/Long Distance Running Committee:**

Male Runner of the Year 2001

# NCAA TRACK & FIELD HONORS

**All-America - Indoor (8)**

Year	Athlete	Event
1998	Todd Davis	Indoor Mile
2002	Joe Driscoll	5,000m
2008	Michael Kilburg	Indoor 5,000m
2015	Tansey Lystad	5,000m, 2nd Team
2016	Reid Buchanan	3,000m, 2nd Team
2017	Lauren LaRocco	5,000, 2nd Team
2019	Taryn Rawlings	Indoor Mile, 1st Team
2019	Lauren LaRocco	5,000, 2nd Team

**All-America - Outdoor (35)**

Year	Athlete	Event
1993	Pete Julian	5,000m
	Pete Julian	10,000m
1994	Pete Julian	10,000m
1995	Nicole Karr	3,000m
1996	Todd Davis	Steeplechase
	Ryan Grote	10,000m
	Nicole Karr	3,000m
1997	Bryan Bothwell	Steeplechase
1998	Bryan Bothwell	Steeplechase
1999	Todd Davis	Steeplechase
2001	Joe Driscoll	10,000m
2005	John Moore	10,000m
	Julie Elliott	High Jump
2007	David Kinsella	10,000m
2008	Michael Kilburg	10,000m
2010	Alfred Kipchumba	10,000m
2011	Jared Bassett	Steeplechase
2012	Scott Fauble	10,000m
2015	Woody Kincaid	5,000m
	Korey Thieleke	400m, HM
	Scott Fauble	10,000m, HM
	Tansey Lystad	5,000m, HM
2016	Reid Buchanan	5,000m, 1st Team
	Lauren LaRocco	5,000m, 1st Team
	Lauren LaRocco	10,000m, 1st Team
	Woody Kincaid	5,000 2nd Team
	Kaylie Van Loo	Javelin, HM
2017	Noah Schutte	Steeplechase, 2nd Team
	Grace McConnochie	10,000m, 2nd Team
	Jeff Thies	1,500m, 1st Team
2018	Riley Osen	Steeplechase, 1st Team
	Matt Welch	10,000m, HM
	Emmanuel Roudolff-Levisse	10,000m, HM
	Lauren LaRocco	10,000m, 2nd Team
	Taryn Rawlings	1,500m, 1st Team

**NCAA Indoor Qualifiers (15)**

Year	Athlete	Event (Finish)
1995	Nicole Karr	3,000m (3rd)
1998	Todd Davis	Mile (8th)
2000	Bryan Bothwell	5,000m (11th)
2002	Joe Driscoll	5,000m (10th)
2005	Julie Elliott	High Jump (9th)
2008	Michael Kilburg	5,000m (6th)
2010	Cori Moore	800m (10th Prelims)
2015	Tansey Lystad	5,000m (14th)
2016	Reid Buchanan	3,000m (15th)
2017	Lauren LaRocco	5,000m (12th)
2019	Taryn Rawlings	Mile (4th)
2019	Lauren LaRocco	5,000m (13th)
2022	Laura Pellicoro	Mile (7th Prelims)
2024	Matt Strangio	3,000m (16th)
2024	Laura Pellicoro	Mile (6th Prelims)

**NCAA Outdoor Qualifiers (63)**

Year	Athlete	Event (Finish)
1992	Kirk Nichols	1,500m (---)
1993	Pete Julian	5,000m (11th)
	Pete Julian	10,000m (13th)
	Dick Loesel	Steeplechase (10th)
1994	Pete Julian	10,000m (6th)
	Uli Steidl	10,000m (12th)
	Nicole Karr	3,000m (---)
1995	Uli Steidl	10,000m (9th)
	Oliver Wirz	5,000m (---)
1996	Uli Steidl	10,000m (10th)
	Ryan Grote	10,000m (15th)
	Todd Davis	Steeplechase (8th)
	Nicole Karr	3,000m (8th)
1997	Bryan Bothwell	Steeplechase (8th)
1998	Bryan Bothwell	Steeplechase (5th)
	Todd Davis	Steeplechase (DNF)
1999	Todd Davis	Steeplechase (---)
2001	Joe Driscoll	10,000 (9th)
	Eric Kiauka	Steeplechase (---)
2002	Joe Driscoll	10,000m (DNF)
2003	Ryan Craig	10,000m (21st)
2004	Julie Elliott	Heptathlon (23rd)
2005	John Moore	10,000m (10th)
2006	John Moore	10,000m (19th)
	Ashlee Vincent	10,000m (22nd)
2007	David Kinsella	10,000m (12th)
	John Moore	10,000m (18th)
	Michael Kilburg	10,000m (24th)
2008	Michael Kilburg	10,000m (12th)
	John Moore	10,000m (22nd)
	Dana Morgan	5,000m (22nd)
2009	Alfred Kipchumba	5,000m (12th)

	Sifrash Ademe	10,000m (22nd)
2010	Alfred Kipchumba	10,000m
2011	Jared Bassett	Steeplechase (7th in Heat)
2012	Scott Fauble	10,000m (11th)
2013	Jared Bassett	Steeplechase (10th)
2014	Tansey Lystad	Steeplechase (11th in Heat)
2015	Woody Kincaid	5,000m (5th)
	Korey Thieleke	400m (23rd)
	Scott Fauble	10,000m (DNF)
	Tansey Lystad	5,000m (24th)
2016	Reid Buchanan	10,000m (5th)
	Woody Kincaid	5,000m (9th)
	Lauren LaRocco	5,000m (6th)
	Lauren LaRocco	10,000m (4th)
	Kaylie Van Loo	Javelin (18th)
2017	Taryn Rawlings	1,500m (24th -SF)
	Grace McConnochie	10,000m (11th)
	Noah Schutte	Steeplechase (12th)
	Jeff Thies	1,500m (7th)
2018	Riley Osen	Steeplechase (8th)
	Matt Welch	Outdoor 10,000m (20th)
	Emmanuel Roudolff-Levisse	10,000m (17th)
	Lauren LaRocco	10,000m (15th)
	Taryn Rawlings	1,500m (6th)
2019	Taryn Rawlings	1,500m (9th)
2021	Cathal Doyle	1,500m (13th)
2022	Cathal Doyle	1,500m (19th)
	Laura Pellicoro	800m (20th)
2023	Cathal Doyle	1,500m (15th)
	Matt Strangio	5,000m (22nd)
	Laura Pellicoro	1,500m (19th)

# MEN'S ALL-TIME INDOOR RECORDS

## 60 Meters

1. M. Roetcisoender	7.12	2013
2. Nathan DeVaughn	7.18	2016

## 200 Meters

1. Korey Thieleke	21.83	2014
2. Jack Welch	22.79	2016
3. Mark Roetcisoender	22.86	2013

## 300 Meters

1. Jack Welch	35.57	2015
2. Mark Roetcisoender	36.38	2013

## 400 Meters

1. Korey Thieleke	48.20	2014
<b>2. Moe Ombougnou</b>	<b>49.53</b>	<b>2024</b>
3. Jack Welch	49.55	2016
4. Kent Nowak	49.93	2014

## 600 Meters

1. Trent Mazelli	1:21.54	2016
<b>2. Parker Wilkerson</b>	<b>1:21.72</b>	<b>2022</b>
<b>3. Konnor Hathaway</b>	<b>1:21.93</b>	<b>2022</b>
<b>4. Sully Nordheim</b>	<b>1:22.14</b>	<b>2024</b>
5. Marty Ramos	1:23.29	2016
6. Jake Knoblich	1:25.15	2022
7. Jack Welch	1:25.16	2017
8. Justin Rocereto	1:26.08	2013

## 800 Meters

<b>1. Parker Wilkerson</b>	<b>1:49.85</b>	<b>2022</b>
<b>2. Estanis Ruiz</b>	<b>1:50.59</b>	<b>2024</b>
<b>3. Yutaka Roberts</b>	<b>1:51.10</b>	<b>2024</b>
4. Konnor Hathaway	1:52.33	2022
5. Cobie Chavez-Killinger	1:52.63	2016
6. Mike Shaw	1:52.88	1991
7. Bill Shaw	1:53.43	1993
<b>8. Sully Nordheim</b>	<b>1:53.56</b>	<b>2024</b>
9. Todd Davis	1:53.61	1998
<b>10. Aidan Fitzgerald</b>	<b>1:53.79</b>	<b>2023</b>

## 1,000 Meters

<b>1. Ahmed Sado</b>	<b>2:27.57</b>	<b>2024</b>
2. Cobie Chavez-Killinger	2:28.17	2016
3. Trent Mazelli	2:29.09	2017
4. Said Guermali	2:30.06	2020
5. Malcolm Roux	2:31.01	2017

## Mile

<b>1. Matt Strangio</b>	<b>3:55.53</b>	<b>2024</b>
2. George Duggan	3:59.61	2020
3. Logan Orndorf	3:59.94	2019
<b>4. Estanis Ruiz</b>	<b>4:00.81</b>	<b>2024</b>
5. Ryan Poland	4:01.28	2014
6. Woody Kincaid	4:01.67	2015
7. Trent Mazelli	4:01.84	2020
8. Chris Morzenti	4:02.02	2022
9. Todd Davis	4:02.26	1998
10. Henry Mong	4:02.62	2023

## 3,000 Meters

<b>1. Matt Strangio</b>	<b>7:39.02</b>	<b>2024</b>
2. Woody Kincaid	7:48.89	2016
3. Jacob Klemz	7:51.95	2022
4. Logan Orndorf	7:52.33	2019
5. Reid Buchanan	7:52.66	2016
6. Emmanuel Roudolff-Levisse	7:55.05	2019
7. Stan Niesten	7:55.92	2022
8. Zak Kirk	7:56.13	2023
9. Ryan Poland	7:57.15	2015
10. Riley Osen	7:57.82	2022

## 5,000 Meters

<b>1. Matt Strangio</b>	<b>13:31.92</b>	<b>2024</b>
2. Woody Kincaid	13:44.34	2015
<b>3. Bradley Peloquin</b>	<b>13:45.57</b>	<b>2023</b>
4. Evert Silva	13:47.68	2020
5. Michael Teran-Solano	13:47.81	2020
6. Michael Somers	13:47.87	2019
<b>7. Daniel Abdala</b>	<b>13:49.30</b>	<b>2024</b>
8. Zak Kirk	13:49.55	2023
9. Reid Buchanan	13:49.62	2015
10. Michael Kilburg	13:49.88	2008

## 4x400m Relay

1. Fekete, Thieleke, Roetcisoender, Flynn	3:19.75	2015
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## 4x800m Relay

1. Knutzen, Roux, Chavez-Killinger, Mazelli	7:49.53	2016
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## Distance Medley Relay

1. T. Perry, Torrelas, Kersh, Wells	10:13.11	2012
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## Long Jump

1. Nathan DeVaughn	22'9"	2016
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## Triple Jump

1. Matt Chastain	46'2"	2014
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## High Jump

1. Jacob Lampe	6-8.75	2012
2. Matt Winterer	6-8.25	2014

Active student-athletes in **bold**

# WOMEN'S ALL-TIME INDOOR RECORDS

## 50 Meters

1. Ann Sulit 6.80 1997

## 55 Meters

1. Ann Sulit 7.29 1994

## 60 Meters

**1. Marlee Cavitt 7.44FR 2024**  
 2. Maya Murphy-Cook 7.84 2020  
 Katherine Maus 7.84 2015  
 4. Patrice Pierre 7.88FR 2004  
 5. Madison Leek 7.88 2017  
 6. Maria Montt 7.91 2016  
**7. Sai Sawant 7.93 2024**  
 8. Tara Fuiten 8.01 2020  
 9. Ann Sulit 8.01 1998  
**10. Ella Parker 8.01 2024**

## 200 Meters

**1. Marlee Cavitt 24.06FR 2024**  
 2. Madison Leek 25.27 2017  
 3. Maya Murphy-Cook 25.50 2020  
**4. Ella Parker 25.78 2022**  
 5. Maria Montt 25.84FR 2016  
 6. Patrice Pierre 25.89 2004  
 7. Avery Gill 25.93 2023  
 8. Tara Fuiten 25.95 2020  
 9. Melissa Baller 25.99 2014  
 10. Grace Bley 26.06 2017

## 300 Meters

1. Amanda Wilsey 42.20 1997

## 400 Meters

1. Tara Fuiten 57.43 2020  
 2. Madison Leek 57.62 2016  
 3. Avery Gill 57.76 2023  
 4. Amanda Wilsey 57.84 1997  
**5. Ella Parker 58.11 2022**  
**6. Teresa Perez 58.39 2024**  
 7. Melissa Baller 58.46 2014  
**8. Laura Pellicoro 58.74 2022**  
 9. Dani Castillo 59.13 2016  
 10. Christina Francisco 59.49 2016

## 500 Meters

1. Madison Leek 1:20.81 2014

## 600 Meters

**1. Laura Pellicoro 1:31.56 2024**

## 800 Meters

**1. Laura Pellicoro 2:05.01 2024**  
 2. Cori Moore 2:05.41 2010  
 3. Lorea Ibarzabal 2:07.37 2015  
 4. Nicole Karr 2:10.48 1994  
 5. Taryn Rawlings 2:11.35 2016  
 6. Maddie Hibshman 2:11.81 2015  
 7. Kelsey Metcalfe 2:11.88 2006  
**8. Teresa Perez 2:11.93 2024**  
**9. Stina Pettersson 2:12.41 2023**  
 10. Julia Fonk 2:14.55 2012

## 1,000 Meters

**1. Laura Pellicoro 2:42.51 2024**

## 1,500 Meters

1. Nicole Karr 4:32.89 1993

## Mile

**1. Laura Pellicoro 4:31.39 2024**  
 2. Taryn Rawlings 4:36.00 2019  
**3. Fleur Templier 4:40.80 2024**  
 4. Veerle Bakker 4:43.38 2022  
 5. Nicole Karr 4:46.69 1995  
 6. Courtney Klatt 4:47.07 2023  
 7. Cori Moore 4:48.64 2010  
 8. Anne Luijten 4:49.26 2016  
 9. Jasmine Fehr 4:49.55 2020  
**10. Teresa Perez 4:50.23 2023**

## 2,000 Meters

1. Angela Benedetti 6:44.2 1991

## 3,000 Meters

**1. Laura Pellicoro 9:00.46 2024**  
 2. Veerle Bakker 9:11.90 2022  
 3. Lauren LaRocco 9:12.16 2017  
**4. Fleur Templier 9:13.19 2024**  
 5. Taryn Rawlings 9:20.05 2019  
 6. Anna Pataki 9:20.15 2020  
 7. Aoibhe Richardson 9:21.97 2019  
 8. Anne Luijten 9:22.07 2015  
 9. Courtney Klatt 9:22.53 2023  
 10. Stella Gillman 9:23.41 2020

## 5,000 Meters

1. Lauren LaRocco 15:33.20 2019  
 2. Tansey Lystad 15:51.12 2015  
 3. Anna Pataki 15:55.65 2022  
 4. Taryn Rawlings 15:58.15 2018  
 5. Courtney Klatt 16:08.68 2023  
 6. Aoibhe Richardson 16:16.98 2019  
 7. Stella Gillman 16:23.08 2020  
 8. Anna Farello 16:28.55 2017  
 9. Claire Fagan 16:32.08 2022  
**10. Mie Nielsen 16:32.58 2023**

## 60 meter Hurdles

1. Julie Elliott 8.86 2005  
 2. Kiyah Williams 9.30 2010

## 4x400m Relay

1. Parker, Fuiten, Gill, Pellicoro 3:51.19 2022

## 4x800m Relay

1. Ibarzabal, Hibshman, Luijten, Fonk 9:12.88 2014

## Distance Medley Relay

1. Klatt, Gill, Perez, Pellicoro 11:19.01 2023

## Shot Put

1. Hollen Nelson 41-11.5 1994

## Long Jump

1. Katherine Maus 5.62m 18-5.25 2015  
 2. Julie Elliott 17-8.25 2004

## Triple Jump

Katherine Maus 11.81m 38-9 2015  
 Courtney Vacek 11.70m 38-4.75 2016  
 Liz Weiss 35-10 2002

## High Jump

Julie Elliott 1.81m 5-11.25 2005  
 Teri Hines 5-6 1992  
 Katie Lord 1.66m 5-5.25 2013

## Pole Vault

V. Duquette 9-0 2001

## Pentathlon

Julie Elliott 3769 2005

Active student-athletes in **bold**

# MEN'S ALL-TIME OUTDOOR RECORDS

## 100 Meters (FAT)

1. Mark Roetcisoender	10.94	2012
2. Brett Payton	10.99	1998
3. Korey Thieleke	10.99	2014

## 100 Meters (Hand Timed)

1. Larry Bradley	10.2	1978
2. Erik Krauss	10.3	1982
3. Mike Hryciw	10.4*	1966
4. Mike Boyle	10.5*	1966
Gary Namba	10.5*	1979
5. Frank Bosone	10.6*	1961
Warren Sherlock	10.6*	1963
Anthony Jackson	10.6	1980
Steve Noye	10.6*	1971

## 200 Meters (FAT)

1. Erik Krauss	21.02	1981
2. Mike Smith	21.41	1981
3. Korey Thieleke	21.49	2015
4. Mark Roetcisoender	22.02	2012
5. Jack Welch	22.20	2016
6. Shane Fekete	22.91	2014

## 100 Meters (Hand Timed)

1. Larry Bradley	20.9	1978
Warren Sherlock	20.9*	1963
3. George Golighty	21.2	1964
4. Gary Namba	21.5*	1979
5. Steve Noye	21.6	1971
Anthony Jackson	21.6	1980
6. Tony Everson	21.7*	1978
Dwayne Jones	21.7	1983

## 400 Meters

1. Korey Thieleke	46.61	2015
2. Tony Everson	47.74c	1978
3. Mike Smith	47.89	1982
4. Dwayne Jones	47.90	1983
5. Greg Huppert	48.34c	1978
6. Clark Edwards	48.54c	1982
<b>7. Moe Omboungno</b>	<b>49.27</b>	<b>2023</b>
8. Patrick Torrellas	49.42	2011
9. Jack Welch	49.49	2016
10. Mike Shaw	49.55	1993

## 440 Yards

1. Warren Sherlock	47.7*	1963
Dave White	47.7*	1971
3. Mike Boyle	48.2*	1965
4. John Carmichael	48.5*	1970

## 800 Meters

1. Rick Hunz	1:48.20	1982
2. Dave White	1:48.34	1972
3. Mike Shaw	1:49.24	1993
4. Cathal Doyle	1:49.58	2022
<b>5. Aidan Fitzgerald</b>	<b>1:49.90</b>	<b>2023</b>
6. Konnor Hathaway	1:49.96	2023
7. Todd Davis	1:50.00	1998
<b>8. Yutaka Roberts</b>	<b>1:50.59</b>	<b>2024</b>
9. Kirk Nichols	1:50.68	1991
10. Jim Zoccola	1:50.89	1984

## 1,500 Meters

1. Cathal Doyle	3:38.05	2021
<b>2. Matt Strangio</b>	<b>3:39.11</b>	<b>2022</b>
3. Caleb Webb	3:40.04	2021
4. Jeff Thies	3:40.73	2017
5. Oliver Wirz	3:41.62	1995
6. George Duggan	3:41.86	2022
7. Kirk Nichols	3:42.12	1992
8. Chris Morzenti	3:42.91	2022
<b>9. Estanis Ruiz</b>	<b>3:43.01</b>	<b>2023</b>
10. Todd Davis	3:43.08	1998

## Mile

1. Woody Kincaid	4:00.76	2015
2. Chuck McKenzie	4:02.95	2007
3. Ryan Poland	4:05.00	2015

## 3,000 Meters

1. Oliver Wirz	7:58.85	1995
2. Pete Julian	8:02.07	1994
3. Todd Davis	8:02.83	1998
4. Bryan Bothwell	8:05.21	1998
5. Scott Fauble	8:05.62	2015
6. Eric Kiauka	8:14.14	2001
7. Uli Steidl	8:14.84	1994
8. Matt Sabo	8:16.43	1991
9. Lars Erik Malde	8:17.32	2011

## 3,000 Meter Steeplechase

1. Riley Osen	8:35.28	2022
2. Todd Davis	8:36.0	1998
3. Jared Bassett	8:36.46	2013
4. Bryan Bothwell	8:38.0	1998
5. Noah Schutte	8:39.34	2018
6. Simon Grannetia	8:40.07	2018
<b>7. Ahmed Sado</b>	<b>8:42.18</b>	<b>2023</b>
<b>8. Estanis Ruiz</b>	<b>8:42.72</b>	<b>2023</b>
9. Dirk Loesel	8:45.91	1993
10. Matt Harriman	8:47.57	2002

## 5,000 Meters

1. Woody Kincaid	13:27.32	2016
<b>2. Matt Strangio</b>	<b>13:30.16</b>	<b>2023</b>
3. Cathal Doyle	13:38.01	2022
4. Alfred Kipchumba	13:40.98	2011
5. Trevor Dunbar	13:42.53	2011
6. Jacob Klemz	13:46.12	2022
<b>7. Jonas Gertsen</b>	<b>13:46.36</b>	<b>2023</b>
8. Caleb Webb	13:46.51	2021
9. Zak Kirk	13:47.79	2023
10. Reid Buchanan	13:48.56	2016

## 10,000 Meters

1. Michael Kilburg	28:20.57	2008
2. John Moore	28:28.52	2008
3. Noah Schutte	28:34.51	2018
4. Emmanuel Roudolff-Levisse	28:37.56	2019
5. Alfred Kipchumba	28:38.34	2011
6. Jacob Klemz	28:39.80	2022
7. David Perry	28:42.35	2014
8. Scott Fauble	28:43.70	2014
9. Zak Kirk	28:43.79	2023
<b>10. Jonas Gertsen</b>	<b>28:45.60</b>	<b>2023</b>

## 110 Meter High Hurdles

1. Pat Stenkamp	14.5	1978
2. Kent Solden	14.6	1963
3. Mike Olson	14.7	1969
Lynn Teuscher	14.7	1980
5. Gary Susac	14.8	1975
Scott Herber	14.8	1985
7. Ed Maerz	15.0	1964
Rick Johnson	15.0	1964
Greg Traxler	15.0	1977
Larry Rock	15.0	1980
Steve Uhrich	15.0	1987

## 400 Meter Intermediate Hurdles

1. James Stephenson	51.09	1988
2. Greg Traxler	52.0*	1977
3. Mike Boyle	52.2	1966
4. Larry Beatty	53.4	1985
5. Mike Bergsrud	53.90	1983
6. Tom Beehler	53.9	1981
7. Bob Fasulo	54.0	1985
8. Lynn Teuscher	54.3	1979
9. Steve Uhrich	54.76	1988
10. Rick Johnston	54.7*	1973
Pat Stenkamp	54.7	1979

# MEN'S ALL-TIME OUTDOOR RECORDS

## 400 Meter Relay

1. Nugent, Krauss, 41.53 1982  
M. Smith, Edwards

## 1,600 Meter Relay

1. Huppert, Bradley, 3:13.14 1977  
Everson, Traxler

## Distance Medley Relay

1. Holmes, Buckner, 9:48.94 1981  
Huppert, Hunz

## 4 x Mile Relay

1. Rowe, Julian, 17:07.4 1991  
Thompson, Sabo

## 4 x 800 Relay

1. M. Shaw, B. Shaw, 7:37.00 1990  
Haskell, Nichols

## Sprint Medley Relay (1,600)

1. Dunbar, Fasulo, 3:24.94 1985  
Dickerson, Stephenson

## Long Jump

1. Mike Boyle 24 - 7 1965  
2. Mike Hryciw 23 - 8 1968  
3. George Koch 23 - 5.25 1963  
4. Nathan DeVaughn 23 - 2.75 2014  
5. Mike Hughes 22 - 11.75 1982  
6. Boyd Wright 22 - 6.75 1963  
Ken Wright 22 - 6.75 1981  
8. Jim Housen 22 - 6 1971  
9. Steve Noye 22 - 4 1970  
Ric Parks 22 - 4 1973

## Triple Jump

1. Dennis Baugh 48 - 7.25 1965  
2. Mike Hughes 48 - 7 1982  
3. Ken Wright 48 - 0.5 1981  
4. Ric Parks 47 - 8 1972  
5. James Stephenson 47 - 3 1984  
6. Walt Terry 46 - 10 1978  
7. Matt Chastain 46 - 7.5 2014  
8. Ray Jacobs 46 - 2.5 1982  
9. John Buckley 44 - 6.5 1977  
10. Ken Falkner 44 - 6.25 1963

## High Jump

1. Will McDowell 7 - 0 1989  
2. Kevin Newton 6 - 10.5 1981  
Everett Jack 6 - 10.5 1983  
4. Victor Howe 6 - 10 1986  
5. Jason Carvalho 6 - 9.5 1980  
6. Matt Winterer 6 - 8 2011  
7. Mickey Toner 6 - 7.5 1965  
8. Glenn Perry 6 - 6.5 1980  
9. Milton Adams 6 - 6 1971  
Jerry Olson 6 - 6 1972  
Gerry Heslin 6 - 6 1992

## Shot Put

1. Clarence DeWettering 51 - 11.5 1956  
2. Todd Staple 51 - 8.25 1980  
3. Mark Wuotilla 49 - 5 1965  
Roger Sanders 49 - 5 1964  
5. Mark Thompson 48 - 5 1985  
6. Pat McLaughlin 47 - 6 1972  
7. Joe Enzler 47 - 4.25 1938  
8. Scott Chandler 47 - 3 1985  
9. Dan Terrell 46 - 5 1974  
10. Jim Housen 45 - 0.5 1972

## Discus

1. Roger Sanders 176 - 6 1964  
2. Tom Thompson 159 - 8 1971  
3. Scott Chandler 158 - 10 1985  
4. Guy Strot 153 - 11 1981  
5. Jim Shanahan 144 - 6.5 1946  
6. Mark Thompson 144 - 2 1985  
7. Joe Minnehan 143 - 10 1962  
8. Mark Woutilla 142 - 11 1965  
Pat McLaughlin 142 - 11 1973  
10. Todd Staple 141 - 2 1979

## Javelin (Pre 1987)

1. Pat Kaiser 215 - 0 1974  
2. George Koch 212 - 6 1963  
3. Vince Ortega 212 - 2 1981  
4. John Nelson 211 - 4 1984  
5. Joe Schmidt 199 - 10 1977  
6. Bob Wright 198 - 10 1964  
7. Tom Tienharra 194 - 11 1968  
8. Doug Appel 193 - 9 1963  
9. Jim Housen 193 - 8 1971

## Javelin (1987 - Present)

1. Mike Jordan 191 - 3 1994  
2. Mark Schireman 186 - 7.75 2013  
3. Bryan Nowak 179 - 9 2004  
4. Ryan Olszewski 177 - 11 1997  
5. Rob Ireland 176 - 10 1991  
6. Matt Wallin 172 - 8 2002  
7. Shane Fekete 167 - 1 2015  
8. Brett Reeves 162 - 4.75 2013  
9. Joel Maag 158 - 8 1991  
10. Brian Lantis 156 - 0 1994

## Hammer Throw

1. Triton Pitassi 151 - 6 2014  
2. Bryan Moore 151 - 4 1994  
3. Jordan LaBrec 150 - 03.75 2013  
4. Forrest Brouillard 148 - 10.5 1977  
5. Sean Smith 139 - 2 1991  
6. Guy Strot 137 - 11 1981  
7. Mark Thompson 132 - 8 1986  
8. Dave Krishevsky 123 - 10.5 1980  
9. James Itamura 121 - 10 1977  
10. Kelly Pruitt 118 - 3 1979

## Pole Vault

1. Mike Righter 14 - 7.25 2002  
2. Al Herold 14 - 6.5 1966  
3. Edwin Tung 14 - 6 2000  
4. John Altendorf 14 - 4 1967  
5. Jim Housen 14 - 0 1971  
Tom Carter 14 - 0 1972  
7. Dave Danzer 13 - 11 1984  
8. Marty Larson 13 - 9 1977  
9. John McGlone 12 - 6 2001

c: Conversion from Hand Time to FAT

(400m conversions is +.14 seconds)

\*: race was competed in yards (100/220)

Active student-athletes in **bold**

# WOMEN'S ALL-TIME OUTDOOR RECORDS

## 100 Meters

<b>1. Marlee Cavitt-FR</b>	<b>12.04</b>	<b>2024</b>
2. Katherine Maus	12.12	2015
<b>3. Ella Parker</b>	<b>12.24</b>	<b>2024</b>
4. Maria Montt	12.25	2016
5. Maya Murphy-Cook	12.29	2018
6. Patrice Pierre-FR	12.30	2004
7. Carrie Boyum	12.46	1997
8. Ann Sulit	12.48	1996
9. Grace Bley	12.53	2017
10. Hannah Souders	12.54	2014

## 200 Meters

<b>1. Marlee Cavitt-FR</b>	<b>24.65</b>	<b>2024</b>
2. Patrice Pierre-FR	24.69	2004
3. Maya Murphy-Cook	24.95	2021
4. Madison Leek	24.96	2017
5. Katherine Maus	25.11	2015
6. Maria Montt	25.20	2016
<b>7. Ella Parker</b>	<b>25.33</b>	<b>2022</b>
8. Suzy Doyle	25.53	1987
9. Melissa Baller	25.56	2014
10. Carrie Boyum	25.70	1999

## 400 Meters

1. Carrie Boyum	55.57	1998
2. Madison Leek	55.86	2017
3. Cori Moore	56.31	2010
4. Kelly Wosepka	57.01	1987
5. Tara Fuiten	57.02	2021
6. Amanda Wilsey	57.20	1997
7. Lorea Ibarzabal	57.27	2014
8. Melissa Baller	57.40	2013
9. Dani Castillo	57.67	2016
<b>10. Laura Pellicoro</b>	<b>57.77</b>	<b>2022</b>

## 800 Meters

<b>1. Laura Pellicoro</b>	<b>2:03.17</b>	<b>2022</b>
2. Taryn Rawlings	2:03.90	2019
3. Cori Moore	2:06.61	2011
4. Lorea Ibarzabal-FR	2:08.32	2014
5. Nicole Karr	2:08.63	1996
6. Kelsey Metcalfe	2:09.90	2006
7. Parkes Kendrick	2:10.55	2016
8. Julia Fonk	2:11.32	2014
9. Laura Johnson	2:11.45	1988
10. Erin Crotty	2:12.05	2006

## 1,500 Meters

1. Taryn Rawlings	4:10.20	2019
<b>2. Laura Pellicoro</b>	<b>4:11.63</b>	<b>2023</b>
3. Nicole Karr	4:16.14	1996
4. Tansey Lystad	4:18.90	2015
5. Veerle Bakker	4:21.58	2022
6. Anne Luijten	4:21.92	2016
7. Parkes Kendrick	4:22.10	2016
8. Julia Fonk	4:22.59	2015
9. Emma Jenkins	4:24.23	2022
10. Anna Farello	4:25.73	2016

## 3,000 Meters

1. Nicole Karr	9:14.38	1996
2. Ann Manning	9:23.8	1985
3. Nicole Ricci	9:28.59	2001
4. Ashlee Vincent	9:36.19	2006
5. Anne Luijten	9:39.00	2014
6. Dana Morgan	9:42.18	2011
7. Laura Johnson	9:45.45	1986
8. Tansey Lystad	9:46.30	2014
9. Merel van Steenbergen	9:47.60	2014
10. Clare Krill	9:48.7	1985

## 2,000 Meter Steeplechase

1. Tansey Lystad	6:54.10	2014
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## 3,000 Meter Steeplechase

1. Veerle Bakker	10:01.04	2022
2. Tansey Lystad	10:01.31	2015
3. Laura Hottenrott-Freitag-FR	10:35.39	2012
4. Brenna Symoniak	10:36.61	2015
5. Lacey Conner	10:38.26	2019
6. Parkes Kendrick	10:39.57	2017
7. Natalie Hemphill	10:44.81	2011
8. Dylan Hite	10:46.34	2018
9. Marci Witczak	10:55.30	2015
10. Adrienne Nova	11:09.40	2007

## 5,000 Meters

1. Tansey Lystad	15:42.22	2015
2. Taryn Rawlings	15:49.38	2018
3. Veerle Bakker	15:54.19	2022
4. Lauren LaRocco	15:55.60	2019
5. Anna Pataki	16:01.22	2021
6. Nicole Karr	16:03.24	1996
7. Anne Luijten	16:10.46	2017
8. Anna Farello	16:19.32	2017
9. Parkes Kendrick	16:19.93	2016
10. Ann Manning	16:23.80	1985

## 10,000 Meters

1. Lauren LaRocco	32:47.30	2016
2. Anna Pataki	33:11.30	2021
3. Grace McConnochie	33:31.74	2017
4. Anna Farello	33:44.75	2017
5. Ashlee Vincent	33:55.45	2006
6. Aoibhe Richardson	33:59.21	2018
7. Stella Gillman	34:02.35	2021
8. Emma Jenkins	34:15.67	2022
9. Merel van Steenbergen	34:16.07	2014
10. Sanna Mustonen	34:18.12	2014

## 100 Meter Hurdles

1. Julie Elliott	14.18	2003
2. Tiffany Campbell	14.69	2003
3. Kiyah Williams	14.71	2010
4. Maya Murphy-Cook	15.02	2019
5. Leann Holliman	15.04	1982
6. Michal Jones	15.23	2017
7. Cathy Buhler	15.52	1987
8. Suzy Doyle	15.53	1987
9. Teri Hines	15.84	1990
10. Rose Cook	16.26w	2002

## 400 Meter Hurdles

1. Julie Elliott—FR	1:01.40	2002
2. Kiyah Williams	1:01.58	2011
3. Christina Francisco	1:04.00	2016
4. Linda Brock	1:04.01	1984
5. Michal Jones	1:04.46	2019
6. Leann Holliman	1:04.94c	1982
7. Dani Castillo	1:05.31	2016
8. Aimee Cama	1:06.29	2003
9. Tiffany Spaulding	1:07.19	2010
10. Natalie Root	1:07.24	2016

## 4x100 Meter Relay

1. M. Leek, K. Maus, M. Baller, H. Souders	47.80	2014
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## 4x200 Meter Relay

1. A. Cama, S. Patterson, J. Elliott, P. Pierre	1:45.82	2004
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## 4x400 Meter Relay

<b>1. E. Parker, A. Gill, T. Fuiten, L. Pellicoro</b>	<b>3:50.22</b>	<b>2022</b>
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## 4x800 Meter Relay

1. A. Smith, E. Crotty, E. Rust, K. Metcalfe	9:11.85	2004
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## Distance Medley Relay

# WOMEN'S ALL-TIME OUTDOOR RECORDS

1. B. Siebol, J. Elliott, 12:01.75 2004  
K. Metcalfe, A. Vincent

## **4x1,600 Meter Relay**

1. Mullen, Manning, 20:37.3 1985  
Hillenkamp, Krill

## **Discus**

1. Molly Corrigan 128-0 1983  
2. Marie Furlong 125-2 1983  
3. Taylor Jones 122-9 2004  
4. Helen Harder 36.35 119-3.25 2013  
5. Emma Fredere 36.05 118-03 2011  
6. Tina Hampton 109-2 1989  
7. Jackie Eskeberg 106-1 2006  
8. Laura Kushner 105-0 2002  
9. Alyssa Kano 30.47 100-00 2011  
10. Nancy Groover 93-9 1991

## **Shot Put**

1. Molly Corrigan 41-8.75 1984  
2. Jennifer Fleck 39-11.75 1989  
3. Taylor Jones 39-8.5 2003  
4. Alison Ryan 11.02 36-2 2014  
5. Suzy Doyle 35-7.75 1988  
6. Jackie Eskeberg 34-7.5 2007  
7. Ursula Lovely 34-6.5 1989  
8. Trisha Frame 34-5.75 2004  
9. Teri Hines 34-2.25 1990  
10. Kealii Loo 33-9.5 1994

## **Javelin**

1. Kaylie Van Loo 51.12 167-8 2016  
2. Teri Hines 147-5 1990  
3. Wendy Olson 144-10 1996  
4. Kim VandeBrake 142-0 1983  
5. Vicki Utley 131-6 1981  
6. Sara Dinsmore 127-5 1997  
7. Lynique Oveson 126-8 2006  
8. Nancy Groover 125-8 1990  
9. Pauline Reiley 38.19 125-3.5 2016  
10. Taylor Jones 120-07 2003

## **Hammer Throw**

1. Maddy Duretete 42.21 138-6 2013  
2. Emma Fredere 39.70 130-3 2012  
3. Helen Harder 35.29 115-9.75 2013  
4. A. Spencer-Alvarado 32.15 105-6 2013  
5. Jackie Eskeberg 79-10 2006  
6. Alyssa Kano 72-4 2011

## **Pole Vault**

1. Amanda Stanko 11-6 2001  
2. Lara Karamatsu 9-6 2002  
3. Julie Stillwell 7-6 2002

## **Heptathlon**

1. Julie Elliott 5170 2004  
2. Cathy Buhler 4780 1988  
3. Teri Hines 4570 1991  
4. Maya Murphy-Cook 4131 2018  
5. Suzy Doyle 3960 1987  
6. Mary Persons 3420 2008

## **High Jump**

1. Julie Elliott 1.79 5-10.5 2004  
2. Suzy Doyle 5-5.75 1988  
3. Cathy Buhler 5-4 1987  
Katie Lord 1.63 5-4 2013  
5. Maya Murphy-Cook 1.61 5-3.25 2018  
6. Rose Cook 5-3 2002  
7. Cori Anderson 5-1<sup>3</sup>/<sub>4</sub> 2 006  
8. Patti Sharp 5-1 1987  
Liz Weiss 5-1 2002  
9. Janine Brockway 5-0.5 1984  
10. Ursula Lovely 5-0 1989  
Serena Garlitz 5-0 1991  
Heather Snyder 5-0 1991

## **Long Jump**

1. Julie Elliott 18-9.25 2005  
2. Suzy Doyle 18-7.25 1987  
3. Cathy Buhler 18-7.25 1988  
4. Teri Hines 5.56 18-2.75 1990  
5. Katherine Maus 5.56 18-2.75 2015  
6. Julie Leslie 17-11 1983  
7. Lulee Lock 17-9.5 1991  
8. Corissa Turley 5.21 17-1.25 2017  
9. Maya Murphy-Cook 5.17 16-11.5 2018  
10. Pauline Reiley 5.14w 16-10.5w 2017

## **Triple Jump**

1. Katherine Maus 12.39 40-7.75 2015  
2. Courtney Vacek 11.83 38-9.75 2016  
3. Teri Hines 36-1 1992  
4. Julee Lock 36-0 1992  
5. Heather Snyder 34-8.75 1993  
6. Leanne Oberreuter 34-5.5 1999  
Carolyn Borsch 34-5.5 2008  
8. Janine Brockway 34-3 1984  
9. Christa Haluck 34-1.5 2007  
10. Rose Cook 33-8 2003

Active student-athletes in **bold**