

# PLU Open – March 13th-14th, 2026

## **\*Tentative Schedule**

### **FIELD EVENTS**

#### ***Friday, March 13th***

10:30 - 11:30 AM IMPLEMENT CERTIFICATION IN THE SOUTH T&F SHED

#### **Throws**

12:00 PM WOMEN'S HAMMER followed by MEN'S HAMMER

#### **Jumps**

9:30 AM WOMEN'S LONG JUMP followed by MEN'S LONG JUMP

~1:00 PM WOMEN'S TRIPLE JUMP followed by MEN'S TRIPLE JUMP

11:00 AM WOMEN'S POLE VAULT followed by MEN'S POLE VAULT

11:00 AM WOMEN'S HIGH JUMP followed by MEN'S HIGH JUMP

#### ***Saturday, March 14th***

9:30-10:30 AM IMPLEMENT CERTIFICATION IN THE SOUTH T&F SHED

#### **Throws**

11:00 AM WOMEN'S DISCUS followed by MEN'S DISCUS

11:00 AM WOMEN'S JAVELIN followed by MEN'S JAVELIN

11:00 AM WOMEN'S SHOT PUT followed by MEN'S SHOT PUT

### **RUNNING EVENTS**

#### ***Friday, March 13th***

We will NOT move ahead of schedule for running events. Fastest sections are run first.

10:00 AM WOMEN'S 3000 METER STEEPLECHASE

10:20 AM MEN'S 3000 METER STEEPLECHASE

10:40 AM WOMEN'S 4x100 METER RELAY

10:45 AM MEN'S 4x100 METER RELAY

10:50 AM WOMEN'S 1500 METERS

11:00 AM MEN'S 1500 METERS

11:20 AM WOMEN'S 100 METER HURDLES

11:30 AM MEN'S 110 METER HURDLES

11:45 AM WOMEN'S 400 METERS

11:50 AM MEN'S 400 METERS

12:05 PM WOMEN'S 100 METERS

12:15 PM MEN'S 100 METERS

12:35 PM WOMEN'S 800 METERS

12:45 PM	MEN'S 800 METERS
1:05 PM	WOMEN'S 400 METER HURDLES
1:10 PM	MEN'S 400 METER HURDLES
1:20 PM	WOMEN'S 200 METERS
1:30 PM	MEN'S 200 METERS
1:45 PM	WOMEN'S 5000 METERS
2:10 PM	MEN'S 5000 METERS
2:30 PM	WOMEN'S 4x400 METER RELAY
2:40 PM	MEN'S 4x400 METER RELAY