

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****Event 3 Women 4x100 Meter Relay**

School		Finals
Finals		
1	Puget Sound 'A'	50.35
2	Evergreen St. 'A'	55.25

Event 4 Men 4x100 Meter Relay

School		Finals
Finals		
1	Puget Sound 'A'	43.60
--	Western Washington 'A'	DQ Out side zone 3

Event 5 Women 100 Meter Dash

	Name	Year School	Finals	Wind	H#
1	Wilson, Kyrstin	Puget Sound	12.44	-1.6	1
2	Heiman, Annabelle	Western Washington	12.72	-1.6	1
3	Polkinghorn, Hanna	Western Washington	12.78	-1.6	1
4	Behnke, Lizzy	Northwest U.	12.96	-1.6	1
5	Miller, Anna	Western Washington	13.15	-1.6	1
6	Porter, Isabella	Western Washington	13.28	-1.6	1
7	Cook, Kennedy	Western Washington	13.35	-1.6	1
8	Parker, Corona	Evergreen St.	13.43	+0.0	2
9	Avery, Nicole	Western Washington	13.44	-1.6	1
10	Bradshaw, Victoria	Puget Sound	13.65	+0.0	2
11	Youngs, Allie	Pacific Lutheran	13.67	+0.0	2
12	Rivas, Sophia	Puget Sound	13.89	+0.0	2
13	Brandt, Sarah	Pacific Lutheran	14.02	+0.0	2
14	Alcorn, Aalliya	Olympic College	14.04	-1.3	3
15	Downey, Madison	Pacific Lutheran	14.22	-1.3	3
16	Hicks, Cheyanne	Pacific Lutheran	14.42	-1.3	3
17	Reublin-Geer, Quin	Puget Sound	14.50	+0.0	2
18	Requa, Madelyn	Pacific Lutheran	14.54	-1.3	3
19	Chekian, Katelyn	Puget Sound	14.69	-1.3	3
20	Campesino, Iris	Evergreen St.	14.77	+0.0	2
21	Berlin, Brooke	Puget Sound	15.22	-1.3	3
22	Miller, Nadya	Evergreen St.	15.82	-1.3	3

Event 6 Men 100 Meter Dash

	Name	Year School	Finals	Wind	H#
1	Sanchez, Keola	Pacific Lutheran	10.89	-1.5	1
2	Greenwalt, Ryan	Western Washington	10.97	-1.5	1
3	Claridy, Braxton	Evergreen St.	11.36	-1.5	1
4	Johnson, Jaden	Western Washington	11.39	-1.5	1
5	Brenck, Lucas	Western Washington	11.45	-1.0	2
6	Howmiller, Jacob	Puget Sound	11.63	-1.5	1
7	Vongphet, Anouthai	Western Washington	11.64	-1.5	1
8	Swinton, Steele	Pacific Lutheran	11.67	-1.5	1
9	Rodriguez, Ashton	Saint Martin's	11.67	-1.5	1
10	Hannah, Matthew	Puget Sound	11.80	-1.0	2
11	Willingham, Tyger	Pacific Lutheran	11.82	-0.2	3

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 6 Men 100 Meter Dash**

12	Le, Christian	Saint Martin's	11.85	-1.0	2
13	Jones, Dylan	Pacific Lutheran	12.11	-1.0	2
14	Atkinson, Nathan	Pacific Lutheran	12.14	-0.2	3
15	Alapai, Jai	Pacific Lutheran	12.15	-1.0	2
16	McQueen, Jaelin	Western Washington	12.37	-1.0	2
17	Bauch, Thaden	Olympic College	13.04	-0.2	3

Event 7 Women 100 Meter Hurdles

Name	Year	School	Finals	Wind	H#
1	Bates, Naomi	Western Washington	15.99	+0.0	1
2	Cintron, Gabriela	Saint Martin's	16.02	+0.0	1
3	Walker, Karma	Western Washington	16.23	+0.0	1
4	Porter, Isabella	Western Washington	16.50	+0.0	1
5	Dupont, Averie	Olympic College	16.63	+0.0	1
6	Reublin-Geer, Quin	Puget Sound	16.67	+0.0	1
7	Cook, Kora	Western Washington	16.73	+0.0	1
8	Strickland, Abigail	Evergreen St.	17.18	+0.0	1
9	Schulberg, Cassand	Western Washington	17.41	-0.1	2
10	King, Tess	Western Washington	19.11	-0.1	2
11	Chekian, Katelyn	Puget Sound	22.27	-0.1	2

Event 8 Men 110 Meter Hurdles

Name	Year	School	Finals	Wind
1	Lemma, Grady	Pacific Lutheran	15.36	-0.3
2	Edwards, Jaden	Western Washington	15.47	-0.3
3	Chaffin, Darius	Pacific Lutheran	17.01	-0.3
4	Windrope, Owen	Western Washington	24.78	-0.3

Event 9 Women 200 Meter Dash

Name	Year	School	Finals	Wind	H#
1	Wilson, Kyrstin	Puget Sound	25.14	+0.0	1
2	Heiman, Annabelle	Western Washington	25.53	+0.0	1
3	Vu, Madison	Saint Martin's	25.64	+0.0	1
4	Polkinghorn, Hanna	Western Washington	25.87	+0.0	1
5	Behnke, Lizzy	Northwest U.	26.32	+0.0	1
6	Porter, Isabella	Western Washington	26.49	+0.0	1
7	Miller, Anna	Western Washington	26.73	+0.0	1
8	Bradshaw, Victoria	Puget Sound	27.20	-0.1	2
9	Parker, Corona	Evergreen St.	27.68	-0.1	2
10	Avery, Nicole	Western Washington	27.87	+0.0	1
11	Walker, Karma	Western Washington	28.10	+0.0	3
12	Maldonado, Gianna	Puget Sound	28.16	-0.1	2
13	Orocu, Callie	Olympic College	28.17	-0.1	2
14	Rivas, Sophia	Puget Sound	28.29	-0.1	2
15	Strickland, Abigail	Evergreen St.	28.80	0.2	4
16	Schulberg, Cassand	Western Washington	28.80	+0.0	3
17	Alcorn, Aalliya	Olympic College	28.86	+0.0	3
18	King, Tess	Western Washington	28.87	+0.0	3
19	Caprye, Abigail	Pacific Lutheran	28.93	0.2	4

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 9 Women 200 Meter Dash**

20	Moore, Dylan	Puget Sound	29.52	-0.1	2
21	Requa, Madelyn	Pacific Lutheran	30.57	+0.0	3
22	Chekian, Katelyn	Puget Sound	30.62	+0.0	3
23	Ibrahim, Damaris	Pacific Lutheran	30.90	+0.0	3
24	Berlin, Brooke	Puget Sound	31.35	0.2	4

Event 10 Men 200 Meter Dash

Name	Year	School	Finals	Wind	H#
1	Le, Brian	Western Washington	22.06	-1.2	1
2	Sanchez, Keola	Pacific Lutheran	22.20	-0.2	2
3	Brenck, Lucas	Western Washington	22.21	-1.2	1
4	Claridy, Braxton	Evergreen St.	22.38	-1.2	1
5	Meade, Kellen	Pacific Lutheran	22.70	-1.2	1
6	Lemma, Grady	Pacific Lutheran	22.71	-1.2	1
7	Keith, Avery	Puget Sound	22.78	-0.2	2
8	Johnson, Jaden	Western Washington	22.87	-1.2	1
9	Murphy, Brogan	Puget Sound	23.21	-0.2	2
10	Howmiller, Jacob	Puget Sound	23.23	-1.2	1
11	Franco, Zachary	Saint Martin's	23.27	-0.2	2
12	Makanui, Kamaehuok	Pacific Lutheran	23.32	-0.2	2
13	Smith, LeBron	Pacific Lutheran	23.38	-0.2	2
14	Hannah, Matthew	Puget Sound	23.70	0.6	3
15	Sheckles, Chris	Puget Sound	23.72	0.6	3
16	Waters, Davyn	Pacific Lutheran	23.77	0.6	3
17	Yost, Aiden	Pacific Lutheran	24.06	-0.2	2
18	Hernandez, Ryan	Puget Sound	24.09	0.6	3
19	Le, Christian	Saint Martin's	24.22	0.6	3
20	Schaal, Jacob	Puget Sound	24.74	0.9	4
21	Schuh, Jake	Pacific Lutheran	25.12	0.9	4
22	Alapai, Jai	Pacific Lutheran	25.31	-0.2	2
23	Morgan, Ryan	Pacific Lutheran	25.37	0.9	4
24	Atkinson, Nathan	Pacific Lutheran	25.38	0.6	3

Event 11 Women 400 Meter Dash

Name	Year	School	Finals
1	Beiswanger, Elizab	Puget Sound	57.75
2	Lewis, Jackilyn	Puget Sound	58.11
3	Vu, Madison	Saint Martin's	58.44
4	Cook, Kennedy	Western Washington	58.97
5	Orocu, Callie	Olympic College	1:03.26
6	Lim, Alana	Puget Sound	1:05.97
7	Moore, Dylan	Puget Sound	1:07.24

Event 12 Men 400 Meter Dash

Name	Year	School	Finals	H#
1	Le, Brian	Western Washington	48.74	1
2	Keith, Avery	Puget Sound	49.47	1
3	Franco, Zachary	Saint Martin's	50.72	1
4	Olmstead, Connor	Saint Martin's	52.35	1

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 12 Men 400 Meter Dash**

5	Waters, Davyn	Pacific Lutheran	53.09	2
6	Kramer, Seth	Pacific Lutheran	53.39	2
7	Cooper, Matt	Saint Martin's	53.57	2
8	Schaal, Jacob	Puget Sound	53.69	2
9	Salazar, Matthew	Western Washington	55.54	2
10	Hernandez, Ryan	Puget Sound	55.73	1

Event 13 Women 800 Meter Run

Name	Year	School	Finals	
1	Schmidlin, Erin	Puget Sound	2:24.97	
2	Lim, Alana	Puget Sound	2:37.17	
3	Cocciolone, Lydia	Puget Sound	2:38.23	
4	Becker, Gabrielle	Olympic College	2:42.29	
5	Ibrahim, Damaris	Pacific Lutheran	2:54.81	
6	Allen, Hazel	Olympic College	2:59.09	
7	Klotz, Caressa	Olympic College	2:59.28	

Event 14 Men 800 Meter Run

Name	Year	School	Finals	H#
1	Weber, Drew	Western Washington	1:53.93	1
2	Palmen, Connor	Western Washington	1:54.30	1
3	Rutledge, Leo	Western Washington	1:56.30	1
4	Sorensen, Kai	Pacific Lutheran	1:56.73	1
5	Ransford, Jarron	Northwest U.	1:59.98	1
6	Kopatich, Jack	Northwest U.	2:01.13	2
7	Fernandez, George	Western Washington	2:01.64	1
8	Hanisch, Jack	Puget Sound	2:02.52	1
9	Friedrich, Noah	Pacific Lutheran	2:04.13	2
10	Werner, Logan	Western Washington	2:06.44	1
11	Cerda, Jason	Puget Sound	2:06.73	2
12	Kreimer, Oliver	Puget Sound	2:06.97	2
13	Monaghan, Cian	Puget Sound	2:11.70	2

Event 15 Women 1500 Meter Run

Name	Year	School	Finals	
1	Schmidlin, Erin	Puget Sound	4:54.08	
2	Lim, Alana	Puget Sound	5:12.80	
3	Ramirez, Kya	Saint Martin's	5:14.06	
4	Holt, Zoey	Pacific Lutheran	5:18.91	
5	Cocciolone, Lydia	Puget Sound	5:21.89	
6	Becker, Gabrielle	Olympic College	5:22.69	
7	Martinez-Duran, Ga	Pierce College (Wa)	5:30.60	
8	Jackson, Makayla	Olympic College	5:47.21	
9	Allen, Hazel	Olympic College	5:56.12	
10	Klotz, Caressa	Olympic College	6:08.24	
11	Shepler, Tabea	Evergreen St.	6:16.88	

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****Event 16 Men 1500 Meter Run**

	Name	Year School	Finals
1	Gill, Josh	Unatched	4:05.41
2	Tobon, Eduardo	Western Washington	4:05.50
3	Werner, Logan	Western Washington	4:07.85
4	Kerr, Ben	Puget Sound	4:08.45
5	Ortega, Noe	Saint Martin's	4:09.28
6	Monaghan, Cian	Puget Sound	4:13.60
7	Higgins, Francis (	Saint Martin's	4:15.07
8	Cerda, Jason	Puget Sound	4:15.79
9	Salazar, Matthew	Western Washington	4:23.74
10	Hanisch, Jack	Puget Sound	4:29.46
11	Kreimer, Oliver	Puget Sound	4:31.14
12	Cole, Miles	Olympic College	4:33.27
13	Fidiam, Chase	Evergreen St.	4:42.41
14	Andrews, Jonah	Pacific Lutheran	4:47.04
15	Scheurell, River	Evergreen St.	5:15.94

Event 17 Women 5000 Meter Run

	Name	Year School	Finals
1	Walchak-Sloan, Cas	Saint Martin's	16:59.17
2	Sabra, Sara	Saint Martin's	18:05.24
3	Mullen, Claire	Puget Sound	20:26.44
4	Moran-Padilla, Nat	Pacific Lutheran	20:52.79
5	Beck, Norah	Puget Sound	21:13.34
6	Murphy, Ayla	Puget Sound	23:08.50

Event 18 Men 5000 Meter Run

	Name	Year School	Finals
1	Darrah, Gavin	Northwest U.	15:24.40
2	Lusis, Stefans	Pacific Lutheran	15:28.04
3	Tiersma, Mark	Evergreen St.	15:38.26
4	Velazquez, Gabriel	Puget Sound	15:50.45
5	Ransford, Jarron	Northwest U.	15:58.67
6	Blackburn, Jaydon	Saint Martin's	16:05.56
7	Kopatich, Jack	Northwest U.	16:13.89
8	Koontz, Brennan	Northwest U.	16:30.69
9	Fidiam, Chase	Evergreen St.	18:50.48

Event 21 Women 400 Meter Hurdles

	Name	Year School	Finals
1	Mansfield, Brooke	Western Washington	1:05.10
2	Bates, Naomi	Western Washington	1:11.34
3	Dupont, Averie	Olympic College	1:13.30

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****Event 22 Men 400 Meter Hurdles**

	Name	Year School	Finals
1	Edwards, Jaden	Western Washington	56.58
2	Baisden, Scott	Northwest U.	1:01.59
3	McQueen, Jaelin	Western Washington	1:02.51
4	Olmstead, Carson	Pacific Lutheran	1:02.75

Event 23 Women 4x400 Meter Relay

	School	Finals
1	Puget Sound 'A'	3:57.57
2	Western Washington 'A'	4:00.98
3	Olympic College 'A'	4:29.99
4	Olympic College 'B'	5:10.06

Event 24 Men 4x400 Meter Relay

	School	Finals
1	Western Washington 'A'	3:24.25
2	Western Washington 'B'	3:32.96
3	Puget Sound 'A'	3:34.41

Event 25 Women Pole Vault

	Name	Year School	Finals
1	Mohlman, Sydney	Western Washington	3.45m 11-03.75
	3.05 3.15 3.30 3.45 3.60		
	P O XO XO XXX		
2	Tran, Annie	Western Washington	3.15m 10-04.00
	3.05 3.15 3.30		
	XO XO XXX		
--	Nguyen, Kristine	Pacific Lutheran	NH
	3.05		
	XXX		

Event 26 Men Pole Vault

	Name	Year School	Finals
1	Shirley, Andrew	Unatched	4.55m 14-11.00
	2.35 2.50 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55 4.70		
	P P P P P P P P P P P P O XO XXO XXX		
2	Jones, Dylan	Pacific Lutheran	4.40m 14-05.25
	2.35 2.50 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55		
	P P P P P P P P P O XO XO O XXO XXX		
3	Doidge, Ryan	Saint Martin's	4.25m 13-11.25
	2.35 2.50 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40		
	P P P P P P P P P P XO XO XO XXX		
4	Ambruster, Garrett	Unatched	3.95m 12-11.50
	2.35 2.50 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10		
	P P P P P P P P P O XXO XXX		

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 26 Men Pole Vault**

4	Leahy, Blake	Pacific Lutheran	3.95m	12-11.50
	2.35 2.50 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10			
	P P P P P P P P P P P XO XXX			
6	Klein, Aidan	Western Washington	3.80m	12-05.50
	3.35 3.50 3.65 3.80 3.95			
	P P XO O XXX			
7	Baldemor, Vaughn	Puget Sound	3.50m	11-05.75
	2.35 2.50 2.75 2.90 3.05 3.20 3.35 3.50 3.65			
	P P P XO O O O XXO XXX			
7	Donnelly, Aidan	Pacific Lutheran	3.50m	11-05.75
	2.35 2.50 2.75 2.90 3.05 3.20 3.35 3.50 3.65			
	P P P P P P P O XXO XXX			
7	Cordeiro, Dylan	Puget Sound	3.50m	11-05.75
	2.35 2.50 2.75 2.90 3.05 3.20 3.35 3.50 3.65			
	P P P P P XXO O XO XXX			
10	Unterseher, Grantl	Puget Sound	2.90m	9-06.25
	2.35 2.50 2.75 2.90 3.05			
	O P O XO XXX			
11	Hernandez, Ryan	Puget Sound	2.75m	9-00.25
	2.35 2.50 2.75 2.90			
	XO O O XXX			

Event 27 Women Shot Put

Name	Year	School	Finals	H#
1	Potts, Katie	Western Washington	12.90m	42-04.00 2
	12.82m 12.90m FOUL 12.68m FOUL FOUL			
2	Leasiolagi, Sara	Olympic College	11.64m	38-02.25 2
	11.05m 11.64m 10.92m FOUL FOUL FOUL			
3	Parks, Mara	Western Washington	11.62m	38-01.50 2
	11.57m 11.62m 11.32m 11.38m 10.80m 11.51m			
4	Soliai, Georgjina	Pacific Lutheran	11.59m	38-00.25 2
	10.99m FOUL 11.59m 10.85m 11.44m 11.58m			
5	Ilalio, Teuila	Pacific Lutheran	11.57m	37-11.50 2
	10.36m FOUL 11.02m FOUL 11.40m 11.57m			
6	Soliai, Alicia-Ell	Pacific Lutheran	11.33m	37-02.25 2
	10.76m FOUL 11.33m FOUL 10.95m FOUL			
7	Ramos, Carole	Pacific Lutheran	10.96m	35-11.50 2
	10.23m 10.29m 10.62m 10.96m 10.87m 10.77m			
8	Saribay, Jocelyn	Saint Martin's	10.82m	35-06.00 2
	10.35m FOUL 10.54m 10.82m 10.31m 9.98m			
9	Ward, Taja	Saint Martin's	9.84m	32-03.50 2
	FOUL 9.78m 9.84m 9.10m 9.40m 9.48m			
10	Walker, Karma	Western Washington	9.44m	30-11.75 2
	FOUL 9.44m 9.26m			
11	Dillon, Taylor	Saint Martin's	9.36m	30-08.50 1
	9.33m 9.12m 9.36m			
12	Wofford, Nolah	Olympic College	9.12m	29-11.25 1
	8.83m 9.12m 8.87m			
13	Yates, Isabella	Puget Sound	9.06m	29-08.75 1
	8.65m 8.37m 9.06m			
14	White, Samayia	Pacific Lutheran	8.87m	29-01.25 1
	FOUL FOUL 8.87m			

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 27 Women Shot Put**

15	Avery, Nicole	Western Washington	8.38m	27-06.00	1
	8.38m 8.34m 7.80m				
16	Packwood, Madison	Puget Sound	8.25m	27-01.00	1
	7.94m 8.09m 8.25m				
17	King, Tess	Western Washington	7.91m	25-11.50	1
	7.34m 7.82m 7.91m				
18	Carter, Tulip	Pacific Lutheran	7.89m	25-10.75	1
	7.75m 7.85m 7.89m				
19	Schulberg, Cassand	Western Washington	7.20m	23-07.50	1
	FOUL 6.82m 7.20m				

Event 28 Men Shot Put

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	Name	Year	School				Finals		H#			
=====												
1	Turner, Noah		Western Washington				15.11m	49-07.00	2			
	15.03m FOUL 15.11m	14.92m	FOUL	FOUL	FOUL							
2	Real, Masum		Unatched				14.90m	48-10.75	2			
	13.44m FOUL 14.90m	14.56m	FOUL	FOUL	FOUL							
3	Simicich, Nathan		Western Washington				12.83m	42-01.25	2			
	12.10m FOUL 12.83m	FOUL	FOUL	12.20m								
4	Sonko, George		Pacific Lutheran				12.75m	41-10.00	2			
	12.75m 12.17m 12.17m	11.90m	FOUL	11.45m								
5	Montana, Griffin		Pacific Lutheran				12.22m	40-01.25	1			
	11.83m 11.68m 12.22m	FOUL	10.74m	10.38m								
6	Ragaza-Bourassa, M		Pacific Lutheran				11.99m	39-04.00	2			
	11.85m 11.41m 11.99m	FOUL	FOUL	FOUL								
7	Picazo, Ivan		Olympic College				11.97m	39-03.25	2			
	9.30m 9.84m 11.97m	11.49m	FOUL	FOUL								
8	Vargas, Alejandro		Olympic College				11.64m	38-02.25	2			
	10.42m 10.66m 11.64m	11.60m	11.11m	11.30m								
9	Hawley, Gavin		Pacific Lutheran				11.60m	38-00.75	2			
	11.29m 11.43m FOUL	11.50m	11.60m	FOUL								
10	Williams, Courtney		Olympic College				10.73m	35-02.50	1			
	10.73m 10.47m 9.36m	7.78m	10.00m	10.32m								
11	Rees, Taylor		Puget Sound				10.38m	34-00.75	2			
	10.38m FOUL 10.34m											
12	Budnek, Zach		Pacific Lutheran				10.36m	34-00.00	2			
	9.90m FOUL 10.36m											
13	Bridges, Mason		Puget Sound				10.32m	33-10.25	1			
	FOUL 9.58m 10.32m											
14	Seals, Austin		Western Washington				10.19m	33-05.25	2			
	10.19m FOUL FOUL											
15	Hasten, William		Puget Sound				10.01m	32-10.25	1			
	FOUL 9.03m 10.01m											
16	Krane, Elliott		Puget Sound				9.61m	31-06.50	1			
	9.44m 9.40m 9.61m											
17	Farrell, Aidan		Puget Sound				9.35m	30-08.25	1			
	9.35m FOUL 9.27m											
18	Andrews, David		Olympic College				9.24m	30-03.75	1			
	FOUL 9.24m FOUL											
19	Stoilkovich, Izac		Puget Sound				8.34m	27-04.50	1			
	8.34m FOUL FOUL											
20	Bereket, Nayel		Northwest U.				8.22m	26-11.75	1			
	6.80m 8.22m 7.82m											

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 28 Men Shot Put**

-- Morningdove, Aidan Puget Sound FOUL 1
 FOUL FOUL FOUL

Event 29 Women Hammer Throw

Name		Year School		Finals	
1	Wirth, Eva		Pacific Lutheran	43.12m	141-06
	FOUL 40.73m 43.12m FOUL 38.34m 39.42m				
2	Franklin, Dorothy		Western Washington	39.67m	130-02
	FOUL 39.67m FOUL FOUL 36.86m FOUL				
3	Valmonte, Alessand		Pacific Lutheran	36.95m	121-03
	36.71m 36.95m 36.81m 35.51m 35.90m FOUL				
4	Wayss, Carly		Puget Sound	36.80m	120-09
	35.45m FOUL 36.80m 35.88m FOUL 36.18m				
5	Cook, Katy		Pacific Lutheran	33.39m	109-06
	32.71m 30.67m 30.94m FOUL 31.82m 33.39m				
6	Wofford, Nolah		Olympic College	31.99m	104-11
	18.95m 31.99m 31.96m FOUL 30.21m FOUL				
7	White, Samayia		Pacific Lutheran	31.34m	102-10
	31.34m FOUL FOUL 25.34m 28.64m FOUL				
8	Carter, Tulip		Pacific Lutheran	28.23m	92-07
	27.89m FOUL 28.23m 26.85m FOUL FOUL				
9	Arthur, Virginia		Pacific Lutheran	27.33m	89-08
	27.33m FOUL FOUL FOUL 24.60m				
10	Packwood, Madison		Puget Sound	27.10m	88-11
	27.10m 25.71m 26.00m				
11	Aston, Eryn		Pacific Lutheran	26.83m	88-00
	24.49m 26.83m FOUL				
12	Patterson, Rosali		Puget Sound	20.67m	67-10
	20.67m FOUL 19.18m				
--	Soliai, Alicia-Ell		Pacific Lutheran	FOUL	
	FOUL FOUL FOUL				

Event 30 Men Hammer Throw

Name		Year School		Finals	
1	Campbell, Miller		Western Washington	53.26m	174-09
	47.54m 49.41m 51.45m 51.57m 52.78m 53.26m				
2	Ramos, Angelo		Western Washington	51.30m	168-04
	50.07m 50.56m 51.30m FOUL 45.34m 48.07m				
3	Picazo, Ivan		Olympic College	44.94m	147-05
	FOUL 11.41m 44.94m 44.72m FOUL FOUL				
4	Simicich, Nathan		Western Washington	42.60m	139-09
	41.73m 42.60m 42.17m FOUL FOUL FOUL				
5	Rees, Taylor		Puget Sound	37.44m	122-10
	33.72m 34.57m FOUL FOUL 37.44m FOUL				
6	Ragaza-Bourassa, M		Pacific Lutheran	37.03m	121-06
	34.80m 34.75m FOUL FOUL 37.03m FOUL				
7	Andrews, David		Olympic College	33.77m	110-09
	FOUL 31.38m 33.77m FOUL 29.84m FOUL				
8	Stilnovich, Rudy		Pacific Lutheran	32.83m	107-08
	31.69m 31.27m 30.57m 32.83m 31.58m 30.87m				

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 30 Men Hammer Throw**

9	Slupski, Ryan	Northwest U.	32.03m	105-01
	31.94m 30.68m FOUL 28.98m 32.03m FOUL			
10	Vargas, Alejandro	Olympic College	28.74m	94-03
	FOUL 28.74m 28.10m			
11	Hawley, Gavin	Pacific Lutheran	27.15m	89-01
	27.07m 27.15m 26.83m			
12	Krane, Elliott	Puget Sound	25.31m	83-00
	FOUL 25.31m FOUL			
13	Yonko, Gabe	Northwest U.	24.03m	78-10
	24.03m FOUL 19.62m			
14	Olmstead, Carson	Pacific Lutheran	22.58m	74-01
	FOUL 22.58m FOUL			
15	Cummings, Calvin	Pacific Lutheran	21.87m	71-09
	FOUL 21.87m FOUL			

Event 31 Women Javelin Throw

Name	Year School	Finals	
1	Swartout, Machaela	Unatched	42.35m 138-11
	39.14m 41.89m 41.59m 42.35m 41.65m 40.68m		
2	Keltner, Halsie	Northwest U.	36.16m 118-08
	33.32m 34.68m 36.16m FOUL FOUL 33.49m		
3	King, Tess	Western Washington	30.88m 101-04
	26.63m 26.36m 27.49m 24.85m 27.08m 30.88m		
4	Avery, Nicole	Western Washington	27.84m 91-04
	25.59m 24.94m 26.43m FOUL 27.84m FOUL		
5	Walker, Karma	Western Washington	22.19m 72-10
	FOUL 22.19m FOUL 18.71m 17.91m 19.50m		
6	Schulberg, Cassand	Western Washington	17.29m 56-09
	FOUL FOUL 17.29m		

Event 32 Men Javelin Throw

Name	Year School	Finals	H#
1	Braunstein, Jakob	Western Washington	61.71m 202-05 2
	61.71m 60.00m 58.58m 57.22m 61.23m 59.59m		
2	Nelson, Andrew	Western Washington	56.67m 185-11 2
	51.48m 48.86m FOUL 56.67m FOUL 49.52m		
3	De Dora, Lucas	Puget Sound	56.28m 184-08 2
	56.28m 55.32m FOUL 49.31m 49.58m FOUL		
4	Berger, Max	Western Washington	52.26m 171-05 2
	51.45m 50.79m 51.22m 52.26m FOUL FOUL		
5	Witters, Sean	Western Washington	50.95m 167-02 2
	49.54m FOUL 48.28m 49.69m 50.95m 47.75m		
6	Boyd, Andrew	Saint Martin's	50.85m 166-10 2
	50.85m 45.58m 49.12m 46.82m 50.47m FOUL		
7	Olmstead, Carson	Pacific Lutheran	50.65m 166-02 2
	50.65m FOUL FOUL 48.35m FOUL FOUL		
8	Koehn, Kacey	Northwest U.	49.98m 164-00 2
	49.98m FOUL 48.75m FOUL 46.58m 46.33m		
9	Guidry, Ethan	Saint Martin's	49.95m 163-10 2
	47.09m 46.61m 36.93m 49.78m 49.95m 46.92m		

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 32 Men Javelin Throw**

10	Williams, Courtney	Olympic College	44.81m	147-00	1
	FOUL 44.81m 43.43m				
11	Yonko, Gabe	Northwest U.	41.58m	136-05	1
	FOUL FOUL 41.58m				
12	Seals, Austin	Western Washington	39.88m	130-10	1
	FOUL FOUL 39.88m				
13	Morningdove, Aidan	Puget Sound	35.41m	116-02	1
	33.64m 35.41m FOUL				
14	Slupski, Ryan	Northwest U.	34.74m	114-00	1
	FOUL 34.74m FOUL				
15	Stoilkovich, Izac	Puget Sound	25.96m	85-02	1
	25.59m 25.96m FOUL				
--	Chaffin, Darius	Pacific Lutheran	FOUL		2
	FOUL FOUL FOUL				

Event 33 Women Triple Jump

Name	Year	School	Finals	Wind
1	Archer, Kyleigh	Pacific Lutheran	10.75m +0.0 35-03.25	
	10.42m(1.0) 10.75m(+0.0) 10.62m(+0.0) 10.49m(+0.0) 10.52m(+0.0) 10.48m(+0.0)			
2	Downey, Madison	Pacific Lutheran	10.29m +0.0 33-09.25	
	FOUL 10.09m(+0.0) 9.92m(-0.1) 9.77m(+0.0) 10.02m(+0.0) 10.29m(+0.0)			
3	Danner-Bunn, Ayla	Western Washington	10.09m +0.0 33-01.25	
	FOUL FOUL 9.05m(+0.0) FOUL 10.09m(+0.0) FOUL			

Event 34 Men Triple Jump

Name	Year	School	Finals	Wind
1	Menicke, Gabe	Western Washington	14.08m 0.4 46-02.50	
	13.89m(+0.0) FOUL(-0.3) 14.08m(0.4) 13.82m(+0.0) 13.94m(0.4) 13.84m(0.3)			
2	Roberson, Troy	Western Washington	13.59m +0.0 44-07.00	
	FOUL(1.4) 12.45m(+0.0) 13.59m(+0.0) FOUL(+0.0) FOUL(1.2) FOUL(0.1)			
3	Claxton, Cooper	Pacific Lutheran	12.67m 0.2 41-07.00	
	FOUL(+0.0) 12.44m(+0.0) 12.52m(+0.0) 12.42m(0.3) 12.67m(0.2) 12.46m(0.1)			
4	Laulainen, Mikko	Western Washington	12.45m +0.0 40-10.25	
	FOUL(+0.0) FOUL(-0.4) 12.45m(+0.0) FOUL(+0.0) FOUL(+0.0) FOUL(0.4)			
5	Tong, Khai	Puget Sound	12.36m -0.3 40-06.75	
	12.17m(+0.0) 12.36m(-0.3) 11.96m(+0.0) 11.98m(-0.8) FOUL(+0.0) 12.16m(+0.0)			
6	Meade, Connor	Pacific Lutheran	12.16m -0.2 39-10.75	
	FOUL(+0.0) 12.16m(-0.2) FOUL(+0.0) PASS PASS PASS			

Event 35 Women Long Jump

Name	Year	School	Finals	Wind
1	Cook, Kora	Western Washington	5.22m 0.1 17-01.50	
	FOUL(+0.0) 5.22m(0.1) PASS FOUL(+0.0) 4.98m(+0.0) PASS			
2	Avery, Nicole	Western Washington	4.89m +0.0 16-00.50	
	4.89m(+0.0) 4.76m(+0.0) 4.79m(+0.0) PASS(+0.0) FOUL(+0.0) 4.86m(+0.0)			
3	Archer, Kyleigh	Pacific Lutheran	4.87m -0.1 15-11.75	
	FOUL 4.87m(-0.1) 4.81m(-0.3) 4.78m(-0.5) FOUL FOUL			
4	Danner-Bunn, Ayla	Western Washington	4.81m +0.0 15-09.50	
	4.81m(+0.0) 4.72m(-0.3) 4.66m(+0.0) 4.49m(+0.0) 4.78m(+0.0) PASS(+0.0)			

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 35 Women Long Jump**

5	Parker, Corona	Evergreen St.	4.68m	-0.6	15-04.25
	4.60m(0.9)	4.68m(-0.6)	4.64m(-0.4)	4.65m(0.3)	4.39m(0.1) 4.51m(+0.0)
6	Brandt, Sarah	Pacific Lutheran	4.59m	-0.9	15-00.75
	4.52m(+0.0)	4.52m(+0.0)	FOUL(0.1)	FOUL(0.3)	4.59m(-0.9) 4.41m(-1.2)
7	Downey, Madison	Pacific Lutheran	4.55m	-1.2	14-11.25
	FOUL	FOUL	FOUL	FOUL	4.55m(-1.2) FOUL
8	Caprye, Abigail	Pacific Lutheran	4.47m	-0.4	14-08.00
	4.30m(+0.0)	FOUL	4.47m(-0.4)	FOUL	PASS PASS

Event 36 Men Long Jump

Name	Year	School	Finals	Wind	H#
1	Roberson, Troy	Western Washington	6.63m	+0.0	21-09.00 2
	6.55m(+0.0)	6.63m(+0.0)	PASS	PASS	PASS
2	Kramer, Seth	Pacific Lutheran	6.47m	-0.4	21-02.75 2
	FOUL	5.97m(0.2)	6.47m(-0.4)	PASS	PASS
3	Menicke, Gabe	Western Washington	6.44m	+0.0	21-01.50 2
	FOUL	FOUL	6.16m(+0.0)	6.44m(+0.0)	PASS
4	Murphy, Brogan	Puget Sound	6.32m	+0.0	20-09.00 2
	FOUL	6.13m(+0.0)	6.14m(+0.0)	6.32m(+0.0)	FOUL(+0.0) 6.05m(-0.8)
4	Willingham, Tyger	Pacific Lutheran	6.32m	+0.0	20-09.00 2
	FOUL	6.32m(+0.0)	FOUL(+0.0)	FOUL(+0.0)	FOUL(-0.7) FOUL(-0.1)
6	Vongphet, Anouthai	Western Washington	6.30m	0.9	20-08.00 2
	6.30m(0.9)	6.08m(1.1)	FOUL(-0.2)	FOUL	PASS
7	Kenny, Ryan	Western Washington	6.27m	0.6	20-07.00 2
	6.27m(0.6)	FOUL(+0.0)	6.21m(-0.3)	FOUL(0.3)	FOUL(-0.5) 5.23m(-0.0)
8	Meade, Connor	Pacific Lutheran	6.19m	0.1	20-03.75 2
	5.90m(0.9)	5.89m(+0.0)	5.89m(+0.0)	5.97m(+0.0)	6.09m(+0.0) 6.19m(0.1)
9	Tong, Khai	Puget Sound	5.96m	0.1	19-06.75 1
	5.80m(1.0)	5.42m(1.1)	5.90m(0.9)	FOUL	5.72m(2.1) 5.96m(0.1)
10	Hanis, Kevin	Pacific Lutheran	5.88m	2.0	19-03.50 1
	5.88m(2.0)	5.54m(1.1)	4.96m(0.3)		
11	Ambruster, Garrett	Unatched	5.73m	0.2	18-09.75 1
	5.44m(1.0)	5.58m(1.9)	5.73m(0.2)		
12	Laulainen, Mikko	Western Washington	5.71m	0.2	18-09.00 1
	FOUL	5.71m(0.2)	5.69m(0.9)		
13	Bauch, Thaden	Olympic College	5.59m	0.5	18-04.25 1
	5.41m(0.1)	5.59m(0.5)	5.43m(0.9)		
14	Windrope, Owen	Western Washington	5.35m	1.1	17-06.75 1
	FOUL	FOUL	5.35m(1.1)		

Event 37 Women Discus Throw

Name	Year	School	Finals	H#
1	Potts, Katie	Western Washington	44.51m	146-00 2
	44.51m	42.17m	FOUL	42.79m
2	Wirth, Eva	Pacific Lutheran	37.43m	122-10 2
	FOUL	36.45m	FOUL	FOUL
3	Saribay, Jocelyn	Saint Martin's	37.12m	121-09 2
	31.43m	FOUL	35.31m	34.57m
4	Arthur, Virginia	Pacific Lutheran	36.10m	118-05 2
	FOUL	FOUL	34.35m	FOUL

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****....Event 37 Women Discus Throw**

5	Patterson, Rosali	Puget Sound	33.47m	109-10	1
	29.04m 28.21m 31.35m	29.56m 33.47m 32.90m			
6	Soliai, Alicia-Ell	Pacific Lutheran	33.16m	108-09	1
	26.04m 31.24m 31.78m	31.27m 33.04m 33.16m			
7	Leasiolagi, Sara	Olympic College	32.23m	105-09	2
	29.51m 28.04m 32.23m	FOUL 31.83m 26.53m			
8	Dillon, Taylor	Saint Martin's	31.90m	104-08	2
	26.16m 31.90m 29.29m	FOUL 30.82m FOUL			
9	Ramos, Carole	Pacific Lutheran	31.65m	103-10	2
	27.62m 31.65m 31.26m	29.70m 29.59m FOUL			
10	Wofford, Nolah	Olympic College	31.04m	101-10	1
	29.94m 26.04m 31.04m				
11	Wayss, Carly	Puget Sound	30.38m	99-08	1
	21.95m 25.16m 30.38m				
12	Ward, Taja	Saint Martin's	28.70m	94-02	1
	28.70m FOUL 25.37m				
13	Aston, Eryn	Pacific Lutheran	28.42m	93-03	1
	26.74m 24.20m 28.42m				
14	Packwood, Madison	Puget Sound	27.34m	89-08	1
	19.72m 25.27m 27.34m				
15	Carter, Tulip	Pacific Lutheran	25.23m	82-09	1
	23.70m 25.23m 20.89m				
16	Yamasaki, Shy	Saint Martin's	24.97m	81-11	1
	21.56m FOUL 24.97m				
--	Galvan, Adriannah	Unat-Western	FOUL		2
	FOUL FOUL FOUL				
--	Franklin, Dorothy	Western Washington	FOUL		2
	FOUL FOUL FOUL				

Event 38 Men Discus Throw

Name	Year School	Finals	H#
1	Wall, Liam	Western Washington	44.19m 145-00 2
	44.19m FOUL FOUL 31.49m FOUL FOUL		
2	Turner, Noah	Western Washington	43.30m 142-01 2
	FOUL FOUL 39.22m FOUL 43.30m 40.32m		
3	Sonko, George	Pacific Lutheran	40.37m 132-05 2
	FOUL 38.33m 37.90m 40.37m FOUL FOUL		
4	Simicich, Nathan	Western Washington	37.94m 124-06 2
	FOUL 35.91m 37.14m 37.94m FOUL 36.21m		
5	Vargas, Alejandro	Olympic College	36.98m 121-04 2
	32.90m 33.32m 36.98m 34.34m FOUL 31.25m		
6	Picazo, Ivan	Olympic College	36.49m 119-09 1
	FOUL FOUL 36.49m 30.24m 32.85m 34.04m		
7	Bridges, Mason	Puget Sound	35.87m 117-08 2
	34.40m 33.70m 34.08m FOUL 35.87m 34.89m		
8	Williams, Courtney	Olympic College	35.27m 115-08 1
	30.34m 28.14m 35.27m 30.71m 26.83m 32.54m		
9	Ragaza-Bourassa, M	Pacific Lutheran	34.81m 114-02 1
	FOUL 29.04m 34.81m 32.95m FOUL FOUL		
10	Hawley, Gavin	Pacific Lutheran	33.17m 108-10 2
	29.02m 29.26m 33.17m		
11	Hasten, William	Puget Sound	32.16m 105-06 2
	26.10m 32.16m 27.54m		

Pacific Lutheran Track

....Event 38 Men Discus Throw

Event 39 Women High Jump

=====										
Name		Year School							Finals	
=====										
1	Cook, Kora	Western Washington							1.62m	5-03.75
	1.27 1.32 1.37 1.42 1.47 1.52 1.57 1.62 1.62									
	P P P P O O XXO XXX XXX									
2	Walker, Karma	Western Washington							1.52m	4-11.75
	1.27 1.32 1.37 1.42 1.47 1.52 1.57									
	P P O O O O XXX									
3	Caprye, Abigail	Pacific Lutheran							J1.52m	4-11.75
	1.27 1.32 1.37 1.42 1.47 1.52 1.57									
	P P P O O XO XXX									
4	Hicks, Cheyanne	Pacific Lutheran							1.42m	4-07.75
	1.27 1.32 1.37 1.42 1.47 1.52									
	P P O O X XX									
5	Downey, Madison	Pacific Lutheran							J1.42m	4-07.75
	1.27 1.32 1.37 1.42 1.47 1.52									
	P P XO XO X XX									
6	Schulberg, Cassand	Western Washington							1.37m	4-06.00
	1.27 1.32 1.37 1.42									
	P O O XXX									
6	Brandt, Sarah	Pacific Lutheran							1.37m	4-06.00
	1.27 1.32 1.37 1.42									
	O O O XXX									
6	Youngs, Allie	Pacific Lutheran							1.37m	4-06.00
	1.27 1.32 1.37 1.42									
	P O O XXX									
9	Maldonado, Gianna	Puget Sound							J1.37m	4-06.00
	1.27 1.32 1.37 1.42									
	P P XXO XXX									
10	Bracy, Kaylie	Pacific Lutheran							1.32m	4-04.00
	1.27 1.32 1.37									
	O O XXX									
--	King, Tess	Western Washington							NH	
	1.27 1.32 1.37									
	P P XXX									

PLU INVITE - 3/8/2024 to 3/9/2024**Pacific Lutheran Track****Results****Event 40 Men High Jump**

=====												
Name		Year School							Finals			
=====												
1	Greenlee, Manu					Western Washington					1.96m	6-05.00
	1.52	1.57	1.62	1.67	1.72	1.77	1.82	1.87	1.92	1.96	2.00	
	P	P	P	P	P	P	O	O	XXO	XXO	XXX	
2	Olmstead, Connor					Saint Martin's					1.87m	6-01.50
	1.52	1.57	1.62	1.67	1.72	1.77	1.82	1.87	1.92			
	P	P	P	P	P	O	O	O	XXX			
3	Salmon, Antwan					Olympic College					J1.87m	6-01.50
	1.52	1.57	1.62	1.67	1.72	1.77	1.82	1.87	1.92			
	P	P	P	XO	P	O	XXO	O	XXX			
4	Hanis, Kevin					Pacific Lutheran					1.72m	5-07.75
	1.52	1.57	1.62	1.67	1.72	1.77						
	P	P	P	P	O	XXX						
5	Bluitt, Jaden					Olympic College					J1.72m	5-07.75
	1.52	1.57	1.62	1.67	1.72	1.77						
	P	P	XO	O	O	XXX						
6	Hernandez, Ryan					Puget Sound					1.62m	5-03.75
	1.52	1.57	1.62	1.67								
	O	XO	XO	XXX								
--	Kenny, Ryan					Western Washington					NH	
	1.52	1.57	1.62	1.67	1.72	1.77						
	P	P	P	P	P	XXX						