

PLU Open - 3/9/2019
Pacific Lutheran Track
Meet Program - day of meet

Event 19 Women 3000 Meter Steeplechase

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Turner, Lily	Puget Sound	13:15.55
2	Halsell, Laura	Western Wash	12:00.00
3	Davis, Ila	Western Wash	10:31.55
4	Park, Joan	Pacific Luth	11:44.33
5	Yanasak, Nicole	Unattached	11:30.00
6	Deazley, Annika	Pacific Luth	12:40.26
7	Reeck, Ashley	Western Wash	12:00.00
8	Beck, Norah	Puget Sound	NT

Event 20 Men 3000 Meter Steeplechase

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Bursch, Ethan	Western Wash	10:00.00
2	Lusis, Stefans	Pacific Luth	9:34.70
3	Stracke, Ryan	Pacific Luth	NT
4	Sorensen, Kai	Pacific Luth	NT
5	Fairbanks, Aaron	Western Wash	10:09.73
6	Ritter, Alec	Western Wash	10:00.00
7	Eifert, Ian	Western Wash	10:00.00
8	Zielke, Sam	Pacific Luth	10:02.98
9	Anspach, Caleb	Unattached	59:00.00
10	Dunlap, Colin	Whitman	11:46.79
11			
12			

Event 3 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2			
3	Olympic Coll	A	52.12
	1) Vicente, Barbara	2) Orocu, Callie	
	3) Ixmay, Angelina	4) Dupont, Averie	
4	Pacific Luth	A	48.42
	1) Cox, Lorin	2) Requa, Madelyn	
	3) Youngs, Allie	4) Brutus, Esther	
5	Western Wash	A	49.16
	1) Mansfield, Brooke	2) Miller, Anna	
	3) Porter, Isabella	4) Cheney, Caitlyn	
	5) Avery, Nicole		
6			
7			
8			

Event 4 Men 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2	Western Wash	C	44.00
	1) Johnson, Ethan	2) Johnson, Jaden	
	3) Johnson, Noah	4) Pinto, Denzel	
3	Olympic Coll	A	45.65
	1) Heidner, Salvin	2) Vertefeuille, Wyatt	
	3) Vicente, Christian	4) Charles, Guyland	
4	Western Wash	A	44.00
	1) Greenwalt, Ryan	2) Vongphet, Anouthai	
	3) Kibler, Trent	4) Menicke, Gabe	
5	Puget Sound	A	45.05
	1) Howmiller, Jacob	2) Culpepper, Amarian	
	3) Murphy, Brogan	4) Graham, Dylan	
6	Pacific Luth	A	43.13
	1) Alapai, Jai	2) Sanchez, Keola	
	3) Yost, Aiden	4) Meade, Kellen	
7	Western Wash	B	44.00
	1) Edwards, Jaden	2) Fischer, Derek	
	3) Mickenham, Nolan	4) Seals, Austin	
8			

Event 15 Women 1500 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Walchak-Sloan, Cassidy	Saint Martin	4:35.80
2	Carstens, Alauna	Saint Martin	4:48.49
3	Miller, Sidra	Western Wash	4:59.19
4	Sioda, Alexia	Pacific Luth	5:15.00
5	Ramirez, Kya	Saint Martin	5:34.36
6	Mitchell, Olivia	Green River	5:35.00
7	Shepler, Tabea	Evergreen St	5:38.40
8	Clark, McKenna	Puget Sound	5:40.00
9	Wansitler, Alivia	Green River	5:43.00
10	Jones, Lauren	Green River	5:45.00
11	Cramer, Lucy	Puget Sound	5:45.00
12	Olvera, Alex	Evergreen St	5:45.79
13	Nelson, Gabriella	Puget Sound	6:05.31
14	Murphy, Ayla	Puget Sound	6:23.86
15	Cooper, Riley	Whitman	NT
16	Becker, Gabrielle	Olympic Coll	NT

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Event 16 Men 1500 Meter Run

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Teran, Michael	Unattached	3:55.00
2	Werner, Logan	Unattached	3:57.30
3	Murphy, Micah	Unattached	4:00.00
4	Andrews, Dawson	Northwest U.	4:05.00
5	Macdonald, Scott	Whitman	4:05.39
6	Robak, Trey	Pacific Luth	4:06.79
7	Drozynski, Chris	Club Northwe	4:07.44
8	Kopatich, Jack	Northwest U.	4:09.81
9	Slichko, Lance	Saint Martin	4:09.93
10	Sanchez, Noah	Green River	4:12.54
11	Lambert, Craig	Northwest U.	4:12.89
12	Shepard, Nick	Green River	4:13.00
13	Perkins, Ryan	Green River	4:14.55
14	Kallmeyer, Emmett	Puget Sound	4:16.71
Section 2 of 2 Finals			
1	Arcos, Erick	Pacific Luth	4:17.54
2	Koontz, Brennan	Northwest U.	4:18.00
3	O'Brien, Blaze	Green River	4:18.15
4	Harwell, Michael	Saint Martin	4:18.42
5	Hicks, Rowan	Green River	4:18.50
6	Stewart, Max	Puget Sound	4:18.92
7	Ladinig, Owen	Pacific Luth	4:20.52
8	Velazquez, Gabriel	Puget Sound	4:22.11
9	Grothe, Jonathan	Whitman	4:23.76
10	Ransford, Jarron	Northwest U.	4:34.00
11	Hegarty, Tiernan	Olympic Coll	4:34.54
12	Kelly, Chance	Whitman	4:37.91
13	Lara, Timothy	Unattached	4:40.00
14	Guinther, Joshua	Olympic Coll	NT

Event 7 Women 100 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Morris, Kara	Puget Sound	NT
2	Strickland, Abigail	Evergreen St	16.56
3	Avery, Nicole	Western Wash	16.00
4	Cintron, Gabriela	Saint Martin	14.99
5	Barnes, Katelyn	Unat-Olympic	15.86
6	Brutus, Esther	Pacific Luth	16.04
7	Dupont, Averie	Olympic Coll	17.06
8	Messineo, Tabitha	Pacific Luth	NT

Event 8 Men 110 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1			
2			
3	Edwards, Jaden	Western Wash	15.00
4	Boyd, Andrew	Saint Martin	14.87
5	McCabe, Jaylen	Unat-Olympic	14.92
6			
7			
8			

Event 11 Women 400 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1			
2	Ibrahim, Damaris	Pacific Luth	1:12.25
3	Cervantez, Olivia	Saint Martin	1:06.33
4	Ledesma, Marian	Western Wash	57.56
5	Orocu, Callie	Olympic Coll	1:02.85
6	Moore, Dylan	Puget Sound	1:07.80
7	Trim, Neo	Olympic Coll	NT
8			

Event 12 Men 400 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Boyd, Andrew	Saint Martin	51.63
2	Pinto, Denzel	Western Wash	51.48
3	Woodring, Maurice	Unat-Western	50.25
4	Brenek, Lucas	Western Wash	48.95
5	Cress, Demetrius	Unattached	50.07
6	Greenwalt, Ryan	Western Wash	50.60
7	Carey, Carson	Puget Sound	50.97
8	Mascavage, Matt	Whitman	51.64
Section 2 of 3 Finals			
1	Vertefeuille, Wyatt	Olympic Coll	54.43
2	Brader, Ryan	Thriller Tra	54.00
3	Stauch, Mercer	Puget Sound	52.78
4	Mickenham, Nolan	Western Wash	52.00
5	Johnson, Ethan	Western Wash	52.00
6	Allen, Xaiden	Unattached	53.90
7	Seals, Austin	Western Wash	54.00
8	Kreimer, Oliver	Puget Sound	54.64

Section 3 of 3 Finals

1			
2	isaacson, Caiden	Unattached	57.38
3	Le, Christian	Saint Martin	55.24
4	McQueen, Jaelin	Western Wash	55.13
5	Boyd, Noah	Saint Martin	55.15
6	Hanisch, Jack	Puget Sound	55.77
7	Heidner, Salvin	Olympic Coll	NT
8			

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Event 5 Women 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	Callanan, Alexa	Green River	12.90
2	Porter, Isabella	Western Wash	12.81
3	Behnke, Lizzy	Northwest U.	12.76
4	Cheney, Caitlyn	Western Wash	12.60
5	Cox, Lorin	Pacific Luth	12.72
6	Vu, Madison	Saint Martin	12.89
7	Miller, Anna	Western Wash	12.81
8	Sills, Grace	Saint Martin	12.90
Section 2 of 4 Finals			
1	Sanders, Kelsey	Green River	13.90
2	Youngs, Allie	Pacific Luth	13.76
3	Karsten, Karlie	Green River	13.80
4	Rose, Olivia	Rose Athleti	13.36
5	Zilla, Margaret	Saint Martin	13.63
6	Bradshaw, Victoria	Puget Sound	13.77
7	Vicente, Barbara	Olympic Coll	13.81
8	Campesino, Iris	Evergreen St	14.18
Section 3 of 4 Finals			
1	Berlin, Brooke	Puget Sound	15.17
2	Lemos, Angie	Green River	15.05
3	Requa, Madelyn	Pacific Luth	14.50
4	Coleman, Gabrielle	Unattached	14.30
5	Zumek, Alexia	Green River	14.40
6	Bonawitz, Keiana	Puget Sound	15.14
7	Anderholm, Caitlin	Green River	14.94
8	Morris, Kara	Puget Sound	NT
Section 4 of 4 Finals			
1			
2	Soderstrom, Kayla	Northwest U.	NT
3	Brandt, Sarah	Pacific Luth	NT
4	VanAssche, Gracie	Northwest U.	NT
5	Mansfield, Brooke	Western Wash	NT
6	Polkinghorn, Hannah	Unat-Western	NT
7			
8			

Event 6 Men 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 5 Finals			
1	Yost, Aiden	Pacific Luth	11.33
2	Ross, Demari	Unattached	11.28
3	Jamison, Wayne	Olympic Coll	11.12
4	Sanchez, Keola	Pacific Luth	10.99
5	Fischer, Derek	Western Wash	11.21
6	Meade, Kellen	Pacific Luth	11.02
7	Barnes, Donald	Green River	11.33
8	Lowe, Garrett	Unattached	11.50

Section 2 of 5 Finals

1	Graham, Dylan	Puget Sound	11.65
2	Swinton, Steele	Pacific Luth	11.67
3	Howmiller, Jacob	Puget Sound	11.56
4	Napier, DeAndre	Unattached	11.53
5	Serrao, Alec	Pacific Luth	11.54
6	Murphy, Brogan	Puget Sound	11.59
7	Hansen, Nate	Unattached	11.65
8	Tarasov, Nazar	Green River	11.69

Section 3 of 5 Finals

1	Carter, Kenneth	Saint Martin	11.90
2	McInerny, Patrick	Pacific Luth	11.86
3	Sheckles, Chris	Puget Sound	11.81
4	Harris, Ashtin	Unattached	11.70
5	Conley, Rowyn	Green River	11.80
6	Pearson, Kaden	Evergreen St	11.81
7	Brown, Nakota	Green river	11.89
8	Krane, Elliott	Puget Sound	12.06

Section 4 of 5 Finals

1	Conklin, Dylan	Puget Sound	NT
2	Vongphet, Anouthai	Western Wash	NT
3	Bonicatto, Jack	Puget Sound	12.32
4	Jerenz, Izaiah	Puget Sound	12.17
5	Morse, Jack	Green River	12.35
6	Gutierrez, Ismael	Puget Sound	12.23
7	Baltz, Steven	Saint Martin	NT
8	Makanui, Kamaehuokalani	Pacific Luth	NT

Section 5 of 5 Finals

1			
2			
3	De Dora, Lucas	Puget Sound	NT
4	Franco, Zachary	Saint Martin	NT
5	McCabe, Jaylen	Unat-Olympic	NT
6	Penaloza, Lucio	Pacific Luth	NT
7			
8			

Event 13 Women 800 Meter Run

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Bohuta, Anya	Northwest U.	2:29.37
2	Bassett, Elie	Western Wash	2:23.47
3	Hartley, Naomi	Saint Martin	2:20.00
4	Wright, Sophie	Western Wash	2:13.78
5	Crocker, Mia	Western Wash	2:14.00
6	Seeman, Sarah	Unattached	2:28.00
7	Kroontje, Emmy	Western Wash	2:20.36
8	Mitchell, Olivia	Green River	2:44.00

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Section 2 of 2 Finals...(Event 13 Women 800 Meter Run)

1	Paquet, Sarah	Pacific Luth	NT
2	Becker, Gabrielle	Olympic Coll	NT
3	Jones, Lauren	Green River	3:06.00
4	Polkinghorn, Hannah	Unat-Western	3:00.00
5	Wansitler, Alivia	Green River	2:48.00
6	Clark, McKenna	Puget Sound	NT
7	Cooper, Riley	Whitman	NT
8			

Event 14 Men 800 Meter Run

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	Murphy, Micah	Unattached	2:00.00
2	Phillips Nichols, William	Green River	1:59.11
3	Stracke, Ryan	Pacific Luth	1:57.47
4	Riley, Cole	Green River	1:55.69
5	Perkins, Ryan	Green River	1:57.15
6	Cortes, Isaac	Saint Martin	1:59.00
7	Kallmeyer, Emmett	Puget Sound	1:59.32
8	Kopatich, Jack	Northwest U.	2:00.43

Section 2 of 4 Finals

1	Maier, Jonah	Pacific Luth	2:03.00
2	Macdonald, Scott	Whitman	2:02.12
3	Buggs, Lalik	Alpha Speed	2:01.71
4	Donnelly, Aidan	Pacific Luth	2:01.28
5	Pearson, Dhevin	Unattached	2:01.44
6	Drozynski, Chris	Club Northwe	2:01.77
7	Morris, Connor	Thriller Tra	2:02.80
8	Shepard, Nick	Green River	2:03.00

Section 3 of 4 Finals

1			
2	Sandoval, Andrew	Pacific Luth	2:05.72
3	Velazquez, Gabriel	Puget Sound	2:07.00
4	Beyer, Collin	Pacific Luth	2:03.00
5	Ransford, Jarron	Northwest U.	2:04.03
6	Stewart, Max	Puget Sound	2:06.43
7	Hicks, Rowan	Green River	2:08.50
8			

Section 4 of 4 Finals

1			
2			
3	Baisden, Scott	Northwest U.	2:16.15
4	Sanchez, Noah	Green River	2:09.00
5	Cerda, Jason	Puget Sound	2:09.83
6			
7			
8			

Event 21 Women 400 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1			
2	Porter, Isabella	Western Wash	1:08.83
3	Brutus, Esther	Pacific Luth	1:06.45
4	Mansfield, Brooke	Western Wash	1:05.00
5	Bates, Naomi	Western Wash	1:06.23
6	Strickland, Abigail	Evergreen St	1:07.33
7	Dupont, Averie	Olympic Coll	1:13.38
8			

Section 2 of 2 Finals

1			
2			
3	Arthur, Virginia	Pacific Luth	NT
4	Vicente, Barbara	Olympic Coll	1:15.17
5	Olmos, Adalia	Pacific Luth	NT
6			
7			
8			

Event 22 Men 400 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1			
2	McCabe, Jaylen	Unat-Olympic	NT
3	Vicente, Christian	Olympic Coll	1:11.20
4	Soto Thompson, Nainoa Kauk	Samoa	56.13
5	Martelles, Sean	Unat-Western	57.00
6	Suitonu, Matai	Puget Sound	1:17.51
7			
8			

Event 9 Women 200 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	Sills, Grace	Saint Martin	27.00
2	Miller, Anna	Western Wash	25.97
3	Vu, Madison	Saint Martin	26.86
4	Lewis, Jackilyn	Puget Sound	25.24
5	Cheney, Caitlyn	Western Wash	25.71
6	Wilson, Kyrstin	Puget Sound	26.83
7	Behnke, Lizzy	Northwest U.	26.90
8	Callanan, Alexa	Green River	27.50

Section 2 of 4 Finals

1	Moore, Dylan	Puget Sound	29.75
2	Cervantez, Olivia	Saint Martin	28.78
3	Karsten, Karlie	Green River	28.75
4	Bradshaw, Victoria	Puget Sound	27.73
5	Avery, Nicole	Western Wash	28.09
6	Sanders, Kelsey	Green River	28.76
7	Orocu, Callie	Olympic Coll	29.13
8	Campesino, Iris	Evergreen St	30.08

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Section 3 of 4 Finals...(Event 9 Women 200 Meter Dash)

1	Anderholm, Caitlin	Green River	31.15
2	Bonawitz, Keiana	Puget Sound	NT
3	Zumek, Alexia	Green River	31.10
4	Briggs, Annika	Saint Martin	30.29
5	Coleman, Gabrielle	Unattached	30.94
6	Lemos, Angie	Green River	31.10
7	Berlin, Brooke	Puget Sound	32.42
8	Bohuta, Anya	Northwest U.	NT

Section 4 of 4 Finals

1			
2			
3	VanAssche, Gracie	Northwest U.	NT
4	Requa, Madelyn	Pacific Luth	NT
5	Soderstrom, Kayla	Northwest U.	NT
6	Messineo, Tabitha	Pacific Luth	NT
7			
8			

Event 10 Men 200 Meter Dash

Lane	Name	School	Seed Time
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Section 1 of 6 Finals

1	Sanchez, Keola	Pacific Luth	22.86
2	Greenwalt, Ryan	Western Wash	22.45
3	Meade, Kellen	Pacific Luth	22.41
4	Johnson, Noah	Western Wash	21.82
5	Woodring, Maurice	Unat-Western	22.45
6	Johnson, Ethan	Western Wash	22.37
7	Napier, DeAndre	Unattached	22.93
8	Fischer, Derek	Western Wash	22.62

Section 2 of 6 Finals

1	Pinto, Denzel	Western Wash	23.48
2	Lowe, Garrett	Unattached	23.00
3	Vongphet, Anouthai	Western Wash	23.25
4	Barnes, Donald	Green River	22.97
5	Johnson, Jaden	Western Wash	22.98
6	Howmiller, Jacob	Puget Sound	23.47
7	Alapai, Jai	Pacific Luth	23.19
8	Murphy, Brogan	Puget Sound	23.58

Section 3 of 6 Finals

1	Pearson, Kaden	Evergreen St	24.03
2	Allen, Xaiden	Unattached	23.95
3	Penaloza, Lucio	Pacific Luth	23.88
4	Franco, Zachary	Saint Martin	23.64
5	Krane, Elliott	Puget Sound	23.78
6	McQueen, Jaelin	Western Wash	24.00
7	Graham, Dylan	Puget Sound	23.88
8	Tarasov, Nazar	Green River	24.20

Section 4 of 6 Finals

1	Culpepper, Amarian	Puget Sound	24.58
2	Baltz, Steven	Saint Martin	24.59
3	Gutierrez, Ismael	Puget Sound	24.48
4	Conley, Rowyn	Green River	24.25
5	Sheckles, Chris	Puget Sound	24.28
6	Mascavage, Matt	Whitman	24.49
7	Le, Christian	Saint Martin	24.58
8	isaacson, Caiden	Unattached	24.74

Section 5 of 6 Finals

1	Menicke, Gabe	Western Wash	NT
2	Boyd, Noah	Saint Martin	25.81
3	Hanisch, Jack	Puget Sound	25.10
4	Brown, Nakota	Green river	24.80
5	Hansen, Nate	Unattached	25.00
6	Heidner, Salvin	Olympic Coll	25.37
7	Jerenz, Izaiah	Puget Sound	26.07
8	Kibler, Trent	Western Wash	NT

Section 6 of 6 Finals

1			
2			
3	Carter, Kenneth	Saint Martin	NT
4	Makanui, Kamaehuokalani	Pacific Luth	NT
5	Edwards, Jaden	Western Wash	NT
6	Kreimer, Oliver	Puget Sound	NT
7			
8			

Event 17 Women 5000 Meter Run

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1			
2	Turner, Lily	Puget Sound	NT
3	Courtnage-Dyke, Ella	Puget Sound	NT
4	Mullen, Claire	Puget Sound	21:27.45
5	Buttleman, Dori	Whitman	19:14.95
6	Bateman, Rosamarie	Husky Runnin	21:00.00
7	Hennessy, Lucy	Whitman	21:58.34
8	Beck, Norah	Puget Sound	NT
9	Fanselow, Cora	Puget Sound	NT
10			

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Event 18 Men 5000 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Andrews, Dawson	Northwest U.	15:15.00
2	Marty, Nicholas	Whisper Runn	15:45.00
3	Lambert, Craig	Northwest U.	15:49.35
4	McVay, Reilly	Whitman	15:55.27
5	Peternell, Troy	Whitman	15:59.32
6	Quimby, Jonathan	Bellingham D	16:08.00
7	Monaghan, Cian	Puget Sound	16:11.18
8	O'Brien, Blaze	Green River	16:15.10
9	Hegarty, Tiernan	Olympic Coll	16:20.36
10	Young, Paul	Club Northwe	16:35.00
11	Hitchcock, Colin	Green River	16:35.14
12	Kopatich, Jack	Northwest U.	17:47.39
13	Bartolome, Dean	Husky Runnin	18:00.00
14	Guinther, Joshua	Olympic Coll	18:11.95
15	Lara, Timothy	Unattached	18:12.88
16	Ochoa, Jonathan	Pacific Luth	NT
17	Koontz, Brennan	Northwest U.	NT
18	Seals, Austin	Western Wash	NT
19	Kenny, Ryan	Western Wash	NT
20			

Event 23 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1			
2	Olympic Coll	A	4:38.39
	1) Dupont, Averie	2) Orocu, Callie	
	3) Vicente, Barbara	4) Ixmay, Angelina	
	5) Becker, Gabrielle		
3	Western Wash	B	4:01.74
	1) Bates, Naomi	2) Porter, Isabella	
	3) Mansfield, Brooke	4) Miller, Anna	
	5) Avery, Nicole		
4	Green River	A	4:35.00
	1) Callanan, Alexa	2) Karsten, Karlie	
	3) Zumek, Alexia	4) Sanders, Kelsey	
	5) Wansitler, Alivia	6) Mitchell, Olivia	
5	Pacific Luth	A	4:02.00
	1) Cox, Lorin	2) Paquet, Sarah	
	3) Sioda, Alexia	4) Brutus, Esther	
	5) Ibrahim, Damaris	6) Olmos, Adalia	
6	Western Wash	A	4:01.74
	1) Wright, Sophie	2) Kroontje, Emmy	
	3) Crocker, Mia	4) Ledesma, Marian	
	5) Bassett, Elie		
7			
8			

Event 24 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1			
2	Whitman	A	3:33.72
	1) Macdonald, Scott	2) Mascavage, Matt	
	3) McVay, Reilly	4) Grothe, Jonathan	
	5) Kelly, Chance	6) Peternell, Troy	
	7) Dunlap, Colin		
3	Puget Sound	A	3:30.97
	1) Carey, Carson	2) Kallmeyer, Emmett	
	3) Kreimer, Oliver	4) Stauch, Mercer	
	5) Velazquez, Gabriel	6) Stewart, Max	
4	Western Wash	A	3:15.86
	1) Edwards, Jaden	2) Johnson, Jaden	
	3) Brenek, Lucas	4) McQueen, Jaelin	
	5) Eifert, Ian		
5	Pacific Luth	A	3:25.72
	1) Penalzoza, Lucio	2) Sanchez, Keola	
	3) Swinton, Steele	4) Meade, Kellen	
6	Green River	A	3:34.00
	1) Tarasov, Nazar	2) Perkins, Ryan	
	3) Phillips Nichols, William	4) Riley, Cole	
	5) Conley, Rowyn		
7	Olympic Coll	A	3:46.75
	1) Heidner, Salvin	2) Vertefeuille, Wyatt	
	3) Charles, Guyland	4) Vicente, Christian	
8			
Section 2 of 2 Finals			
1			
2	Pacific Luth	B	NT
	1) Mcinerny, Patrick	2) Alapai, Jai	
	3) Atkinson, Nathan	4) Yost, Aiden	
3	Pacific Luth	C	NT
	1) Donnelly, Aidan	2) Sandoval, Andrew	
	3) Sorensen, Kai	4) Stracke, Ryan	
4	Pacific Luth	D	NT
	1) Beyer, Collin	2) Ochoa, Jonathan	
	3) Ladinig, Owen	4) Robak, Trey	
5	Pacific Luth	E	NT
	1) Maier, Jonah	2) Zielke, Sam	
	3) Arcos, Erick	4) Lusus, Stefans	
6			
7			
8			

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Event 29 Women Hammer Throw

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Cook, Katy	Pacific Luth	21.34m
2	Gerber-Perham, Brooke	Olympic Coll	23.92m
3	Arthur, Virginia	Pacific Luth	25.11m
4	Ramos, Carole	Pacific Luth	27.27m
5	Suka, Taylor	Evergreen St	32.82m
6	Flowers, Quinci	Saint Martin	33.89m
7	Pedro, Abigail	Olympic Coll	34.05m
8	Neilsen, Sarah	Saint Martin	34.85m
9	Valmonte, Alessandra	Pacific Luth	35.00m
10	Wadley, Tatiyanna	Unattached	36.50m
Flight 2 of 2 Finals			
1	Parks, Mara	Western Wash	38.00m
2	Wayss, Carly	Puget Sound	38.83m
3	Fuiava, Pono	Olympic Coll	39.92m
4	Santos, Peyton	Pacific Luth	40.98m
5	Stewart, Lily	Evergreen St	41.37m
6	Wirth, Eva	Pacific Luth	42.58m
7	Saribay, Jocelyn	Saint Martin	43.45m
8	Potts, Katie	Western Wash	44.19m
9	Messineo, Tabitha	Pacific Luth	46.65m
10	Beard, Kim	Get Strong F	47.09m

Event 30 Men Hammer Throw

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Rees, Taylor	Puget Sound	ND
2	Sonko, George	Pacific Luth	21.99m
3	Stilnovich, Rudy	Pacific Luth	22.62m
4	Samuelson, Henry	George Fox	28.43m
5	Childress, Noah	Pacific Luth	29.17m
6	Hawley, Gavin	Pacific Luth	31.80m
7	Ta'avili, Thomas	Pacific Luth	34.00m
8	Davis, Nathan	Olympic Coll	34.46m
9	Warren, Jacob	Saint Martin	34.60m
10			
Flight 2 of 2 Finals			
1	Minamiji, Aidan	Puget Sound	35.29m
2	Simicich, Nathan	Western Wash	35.44m
3	Engel, Sebastian	Olympic Coll	38.82m
4	Tayon, Wyatt	Pacific Luth	42.63m
5	Real, Masum	Pacific Luth	44.15m
6	Meade, Ben	George Fox	49.76m
7	Fairbairn, Larson	Pacific Luth	51.54m
8	Campbell, Miller	Western Wash	53.50m
9	Ramos, Angelo	Western Wash	53.99m
10			

Event 37 Women Discus Throw

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Valmonte, Alessandra	Pacific Luth	ND
2	Yamasaki, Shy	Saint Martin	ND
3	Stewart, Colbi	Evergreen St	25.87m
4	Franco, Felicia	Northwest U.	28.30m
5	Ramos, Carole	Pacific Luth	28.54m
6	Gerber-Perham, Brooke	Olympic Coll	29.53m
7	Wayss, Carly	Puget Sound	30.99m
8	Nelson, Ava	Pacific Luth	34.75m
9	Beard, Kim	Get Strong F	35.40m
10	Wirth, Eva	Pacific Luth	37.88m
11	Santos, Peyton	Pacific Luth	41.35m
12	Potts, Katie	Western Wash	43.88m
13	Fuiava, Pono	Olympic Coll	45.44m
14			

Event 32 Men Javelin Throw

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Nguyen, Hewson	Saint Martin	ND
2	Slupski, Ryan	Northwest U.	ND
3	O'Brien, Blaze	Green River	29.41m
4	Morningdove, Aidan	Puget Sound	34.53m
5	Gutierrez, Ismael	Puget Sound	35.40m
6	Charles, Guyland	Olympic Coll	36.64m
7	Kibler, Trent	Western Wash	38.98m
8	Williamson, Quinn	Puget Sound	39.28m
9	Bonicatto, Jack	Puget Sound	42.17m
10	De Dora, Lucas	Puget Sound	45.62m
11	Olmstead, Carson	Pacific Luth	48.48m
12	Guidry, Ethan	Saint Martin	50.74m
13	Armstrong, Landon	Saint Martin	51.24m
14	Koehn, Kacey	Northwest U.	52.70m
15	Chaffin, Darius	Pacific Luth	64.38m

Event 28 Men Shot Put

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Seals, Austin	Western Wash	ND
2	Catalan, Alex	Unat-Olympic	ND
3	Conklin, Dylan	Puget Sound	ND
4	Bereket, Nayel	Northwest U.	ND
5	Krane, Elliott	Puget Sound	8.28m
6	Griffin, Gannon	Puget Sound	8.33m
7	Davis, Nathan	Olympic Coll	8.94m
8	Morningdove, Aidan	Puget Sound	9.13m
9	Minamiji, Aidan	Puget Sound	9.39m
10	Warsame, Kafi	speed unlimi	9.83m
11			
12			

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Flight 2 of 3 Finals...(Event 28 Men Shot Put)

1	Williamson, Quinn	Puget Sound	10.10m
2	De Dora, Lucas	Puget Sound	10.34m
3	Childress, Noah	Pacific Luth	10.53m
4	Kenny, Ryan	Western Wash	10.56m
5	Budnek, Zach	Pacific Luth	10.61m
6	Putney-Moore, Bryer	Puget Sound	10.63m
7	Rees, Taylor	Puget Sound	10.77m
8	Hasten, William	Puget Sound	10.85m
9	Smith, Aaron	Puget Sound	11.15m
10	Bridges, Mason	Puget Sound	11.23m
11	Sonko, George	Pacific Luth	11.33m
12			

Flight 3 of 3 Finals

1	Hawley, Gavin	Pacific Luth	12.35m
2	Boyd, Andrew	Saint Martin	12.46m
3	Ta'avili, Thomas	Pacific Luth	12.53m
4	Warren, Jacob	Saint Martin	12.75m
5	Engel, Sebastian	Olympic Coll	13.35m
6	Imsland, Austin	George Fox	13.47m
7	Simicich, Nathan	Western Wash	13.55m
8	Campbell, Miller	Western Wash	13.58m
9	Fairbairn, Larson	Pacific Luth	13.60m
10	Ramos, Angelo	Western Wash	14.41m
11	Tayon, Wyatt	Pacific Luth	14.59m
12	Real, Masum	Pacific Luth	15.87m

Event 36 Men Long Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Menicke, Gabe	Western Wash	ND
2	Klein, Aidan	Western Wash	ND
3	Catalan, Alex	Unat-Olympic	4.57m
4	McQueen, Jaelin	Western Wash	5.50m
5	Hauser, Colin	Evergreen St	5.80m
6	Kramer, Seth	Pacific Luth	6.08m
7	Murphy, Brogan	Puget Sound	6.10m
8	Culpepper, Amarian	Puget Sound	6.23m
9	Vongphet, Anouthai	Western Wash	6.25m
10	Ross, Demari	Unattached	6.37m
11	Jamison, Wayne	Olympic Coll	7.20m
12			

Event 26 Men Pole Vault

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Forbes, Drew	Pacific Luth	3.65m
2	Klein, Aidan	Western Wash	3.72m
3	Leahy, Blake	Pacific Luth	4.07m
4	Jones, Dylan	Pacific Luth	4.10m
5	Montero, Kurt	Western Wash	4.15m
6	Armbruster, Garrett	Olympic Coll	4.22m
7	Solomon, Corey	Unattached	4.22m
8	Doidge, Ryan	Saint Martin	4.25m
9	Shirley, Andrew	Unattached	4.57m
10			
11			
12			

Event 39 Women High Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Bracy, Kaylie	Pacific Luth	NH
2	Polkinghorn, Hannah	Unat-Western	NH
3	Brandt, Sarah	Pacific Luth	1.31m
4	Barnes, Katelyn	Unat-Olympic	1.38m
5	Messineo, Tabitha	Pacific Luth	1.42m
6	Youngs, Allie	Pacific Luth	1.47m
7	Riehl, Emily	Unattached	1.55m
8	Parker, Corona	Evergreen St	1.56m
9			
10			

Event 38 Men Discus Throw

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Bereket, Nayel	Northwest U.	ND
2	Putney-Moore, Bryer	Puget Sound	22.69m
3	Griffin, Gannon	Puget Sound	26.03m
4	Hasten, William	Puget Sound	27.28m
5	Minamiji, Aidan	Puget Sound	27.85m
6	Ta'avili, Thomas	Pacific Luth	28.20m
7	Warren, Jacob	Saint Martin	30.04m
8	Conklin, Dylan	Puget Sound	31.11m
9	Sonko, George	Pacific Luth	32.19m
10	Rees, Taylor	Puget Sound	32.27m
11	Budnek, Zach	Pacific Luth	32.58m
12	Hawley, Gavin	Pacific Luth	32.92m
13			

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Flight 2 of 2 Finals...(Event 38 Men Discus Throw)

Pos	Name	School	Seed Mark
1	Kenny, Ryan	Western Wash	32.98m
2	Davis, Nathan	Olympic Coll	33.22m
3	Warsame, Kafi	speed unlimi	33.52m
4	Childress, Noah	Pacific Luth	34.07m
5	Bridges, Mason	Puget Sound	35.06m
6	Smith, Aaron	Puget Sound	36.89m
7	Simicich, Nathan	Western Wash	38.00m
8	Williams, Antonio	Unat-Western	38.00m
9	Engel, Sebastian	Olympic Coll	38.34m
10	Campbell, Miller	Western Wash	38.72m
11	Tayon, Wyatt	Pacific Luth	43.25m
12	Fairbairn, Larson	Pacific Luth	46.14m
13	Real, Masum	Pacific Luth	47.87m

Event 27 Women Shot Put

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Duncan, Alyssa	Saint Martin	ND
2	Anderholm, Caitlin	Green River	7.64m
3	Franco, Felicia	Northwest U.	8.95m
4	Beard, Kim	Get Strong F	9.19m
5	Gerber-Perham, Brooke	Olympic Coll	9.27m
6	Arthur, Virginia	Pacific Luth	9.43m
7	Wayss, Carly	Puget Sound	9.62m
8	Messineo, Tabitha	Pacific Luth	10.96m
9	Santos, Peyton	Pacific Luth	11.10m
10	Pedro, Abigail	Olympic Coll	11.51m
11	Ramos, Carole	Pacific Luth	11.64m
12	Soliai, Georjina	Pacific Luth	12.44m
13	Parks, Mara	Western Wash	12.72m
14	Saribay, Jocelyn	Saint Martin	12.82m

Event 31 Women Javelin Throw

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Parker, Corona	Evergreen St	ND
2	Anderholm, Caitlin	Green River	19.83m
3	Sanchez, Lexi	Evergreen St	24.27m
4	Barnes, Katelyn	Unat-Olympic	28.11m
5	Avery, Nicole	Western Wash	30.00m
6	Cook, Katy	Pacific Luth	31.25m
7	Beard, Kim	Get Strong F	33.22m
8	Ixmay, Angelina	Olympic Coll	34.43m
9	Swartout, Machaela	Unattached	45.41m
10	Nelson, Ava	Pacific Luth	46.27m
11			
12			
13			
14			

Event 35 Women Long Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Brandt, Sarah	Pacific Luth	4.73m
2	Cintron, Gabriela	Saint Martin	4.74m
3	Parker, Corona	Evergreen St	4.85m
4	Zilla, Margaret	Saint Martin	5.26m
5	Duncan, Alyssa	Saint Martin	5.30m
6	Rose, Olivia	Rose Athleti	5.83m
7			
8			
9			
10			
11			

Event 40 Men High Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Charles, Guyland	Olympic Coll	NH
2	Brader, Ryan	Thriller Tra	1.75m
3	Vertefeuille, Wyatt	Olympic Coll	1.75m
4	Bonicatto, Jack	Puget Sound	1.75m
5	Barnes, Donald	Green River	1.77m
6	Atkinson, Nathan	Pacific Luth	1.82m
7	Morse, Jack	Green River	1.87m
8	Greenlee, Manu	Western Wash	1.93m
9	Kibler, Trent	Western Wash	1.97m
10			

Event 25 Women Pole Vault

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Goodell, Allison	Puget Sound	3.08m
2	Coble, Kaylee	Western Wash	3.22m
3	Tran, Annie	Western Wash	3.50m
4	Nguyen, Kristine	Pacific Luth	3.72m
5	Luksich, Lily	Pacific Luth	3.76m
6			
7			
8			
9			
10			

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Event 33 Women Triple Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Wilson, Kyrstin	Puget Sound	10.76m
2			
3			
4			
5			
6			
7			
8			
9			
10			

Event 34 Men Triple Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Atkinson, Nathan	Pacific Luth	ND
2	Kramer, Seth	Pacific Luth	11.44m
3	Harris, Ashtin	Unattached	11.90m
4			
5			
6			
7			
8			