



2016 Wendy's/PSU Invite

Friday, March 25, 2016 - Pittsburg State University



Schedule of Events

Final Updated (3/24)

Field Events

11:00	Hammer	Women
to follow W	Hammer	Men
11:30	Javelin	Men
to follow M	Javelin	Women
12:00	High Jump	Men
to follow M	High Jump	Women
12:00	Pole Vault	Women
to follow W	Pole Vault	Men
12:00	Long Jump (west runway)	Men
to follow M LJ	Triple Jump (west runway)	Men
12:00	Long Jump (east runway)	Women
to follow W LJ	Triple Jump (east runway)	Women
3:00	Shot Put	Women
to follow W	Shot Put	Men
3:00	Discus	Men
to follow M	Discus	Women

Track Events

2:00	3000m Steeplechase	Men
2:15	3000m Steeplechase	Women
2:30	4 x 100m Relay	Men
2:45	4 x 100m Relay	Women
2:55	1500m Run	Men
3:15	1500m Run	Women
3:45	110m Hurdles	Men
4:00	100m Hurdles	Women
4:10	400m Dash	Men
4:40	400m Dash	Women
5:00	100m Dash	Men
5:15	100m Dash	Women
5:30	800m Run	Men
5:45	800m Run	Women
6:00	400m Hurdles	Men
6:10	400m Hurdles	Women
6:25	200m Dash	Men
6:55	200m Dash	Women
7:25	5000m Run	Men
8:05	5000m Run	Women
8:30	4 x 400m Relay	Men
8:50	4 x 400m Relay	Women

(all events final)

Running Events will be fast section first. Will not go ahead of schedule.