



# Pitt RECORD BOOK



# INDOOR TRACK & FIELD RECORDS



## MEN

### TRACK EVENTS

| EVENT                   | NAME                   | RECORD         | YEAR |
|-------------------------|------------------------|----------------|------|
| 50 yards.....           | Lee McRae .....        | 5.32 .....     | 1986 |
| 55 meters.....          | Lee McRae .....        | 6.00 .....     | 1986 |
| 60 meters.....          | Lee McRae .....        | 6.50 .....     | 1987 |
| 200 meters.....         | Carvin Nkanata .....   | 20.52 .....    | 2014 |
| 300 yards.....          | Lee McRae .....        | 30.74 .....    | 1987 |
| 300 meters.....         | Carvin Nkanata .....   | 32.60 .....    | 2013 |
| 400 meters.....         | Brycen Spratling ..... | 45.57 .....    | 2014 |
| 500 meters.....         | Brycen Spratling ..... | 1:00.37 .....  | 2013 |
| 600 yards.....          | Smitty Brown .....     | 1:09.54 .....  | 1971 |
| 600 meters.....         | Danté Watson .....     | 1:18.17 .....  | 2018 |
| 800 meters.....         | Dave Moore .....       | 1:49.13 .....  | 1987 |
| 1,000 yards.....        | Todd Colas .....       | 2:09.44 .....  | 1984 |
| 1,000 meters.....       | Todd Colas .....       | 2:21.86 .....  | 1984 |
| 1,500 meters.....       | Todd Colas .....       | 3:48.66 .....  | 1984 |
| Mile .....              | Sam Bair .....         | 4:00.14 .....  | 2006 |
| 3,000 meters.....       | Jack Miller .....      | 7:57.39 .....  | 2022 |
| Two miles.....          | Jerry Richey .....     | 8:39.44 .....  | 1970 |
| 5,000 meters.....       | Keith Dowling.....     | 13:49.52 ..... | 1991 |
| 50-yard hurdles .....   | Roger Kingdom.....     | 6.24 .....     | 1984 |
|                         | Eric Cannon .....      | 6.24 .....     | 1986 |
| 55-meter hurdles .....  | Roger Kingdom.....     | 7.03 .....     | 1984 |
| 60-meter hurdles .....  | Mike Wray.....         | 7.61 .....     | 2007 |
| 300-meter hurdles ..... | Phillip Barrett .....  | 40.22 .....    | 1999 |

### FIELD EVENTS

| EVENT             | NAME                 | RECORD            | YEAR |
|-------------------|----------------------|-------------------|------|
| High Jump .....   | Greg Lauray .....    | 2.23m.....        | 2020 |
| Long Jump.....    | Bill Rea .....       | 7.91m.....        | 1973 |
| Triple Jump.....  | Larry Kinney.....    | 15.45m.....       | 1980 |
| Shot Put .....    | Justin Clickett..... | 19.05m.....       | 2005 |
| Weight Throw..... | Andrew Wells .....   | 21.92m.....       | 2016 |
| Pole Vault.....   | Keith Higham .....   | 5.47m.....        | 2006 |
| Pentathlon .....  | Curtis Anderson..... | 3,795 points..... | 1995 |
| Heptathlon .....  | Felix Wolter .....   | 6,059 points..... | 2023 |

### RELAYS

| EVENT                   | NAMES                 | RECORD        | YEAR |
|-------------------------|-----------------------|---------------|------|
| Shuttle Hurdle Relay .. | Phillip Barrett ..... | 28.60 .....   | 1999 |
|                         | Jeremy Ward           |               |      |
|                         | Jack Jeffries         |               |      |
|                         | Justin Rose           |               |      |
| 4x200 Meter Relay ..... | Carvin Nkanata .....  | 1:24.91 ..... | 2014 |
|                         | Brycen Spratling      |               |      |
|                         | Micah Murray          |               |      |
|                         | Josh Mindlin          |               |      |
| 4x400 Meter Relay ..... | Micah Murray.....     | 3:05.35 ..... | 2012 |
|                         | Jerome Lowery         |               |      |
|                         | Dontave Cowsette      |               |      |
|                         | Brycen Spratling      |               |      |
| 4x800 Meter Relay ..... | Bob Weiner.....       | 7:20.43 ..... | 1987 |
|                         | Joe Daniels           |               |      |
|                         | Tim Manes             |               |      |
|                         | Dave Moore            |               |      |
| Sprint Medley Relay.... | Dave Moore .....      | 3:24.33 ..... | 1987 |
|                         | Dave Price            |               |      |
|                         | Vernon Reed           |               |      |
|                         | Tim Manes             |               |      |
| Distance Medley Relay   | Tim Konoval .....     | 9:39.03 ..... | 2007 |
|                         | Kareem Cousar         |               |      |
|                         | Eric Fleming          |               |      |
|                         | Sam Bair              |               |      |

## WOMEN

### TRACK EVENTS

| EVENT                   | NAME                     | RECORD         | YEAR |
|-------------------------|--------------------------|----------------|------|
| 50 yards.....           | Tasha Peart.....         | 5.84 .....     | 2000 |
| 55 meters.....          | Ronise Crumpler .....    | 6.96 .....     | 1990 |
| 60 meters.....          | Tasha Peart.....         | 7.30 .....     | 2000 |
| 200 meters.....         | Cambrya Jones .....      | 23.47 .....    | 2012 |
| 300 yards.....          | Tasha Peart.....         | 26.65 .....    | 1998 |
| 300 meters.....         | Jonique Lawrence .....   | 38.20 .....    | 2012 |
| 400 meters.....         | Taylor Ellis-Watson..... | 52.75 .....    | 2012 |
| 500 meters.....         | Chantee Earl.....        | 1:11.18 .....  | 2000 |
| 600 yards.....          | Glorida Azeke .....      | 1:23.04 .....  | 1987 |
| 600 meters.....         | Evann Thompson .....     | 1:30.98 .....  | 2014 |
| 800 meters.....         | Chantee Earl.....        | 2:02.19 .....  | 2000 |
| 1,000 yards.....        | Chantee Earl.....        | 2:36.00 .....  | 1997 |
| 1,000 meters.....       | Chantee Earl.....        | 2:43.99 .....  | 2000 |
| 1,500 meters.....       | Glorida Azeke .....      | 4:41.80 .....  | 1988 |
| Mile .....              | Miranda Salvo .....      | 4:41.65 .....  | 2019 |
| 3,000 meters.....       | Maureen McCandless.....  | 9:18.99 .....  | 2005 |
| Two miles.....          | Stacey Wyzykowski .....  | 10:55.90 ..... | 1991 |
| 5,000 meters.....       | Maureen McCandless.....  | 15:48.10 ..... | 2005 |
| 50-yard hurdles .....   | Allison Williams.....    | 6.64 .....     | 1991 |
| 55-meter hurdles .....  | Allison Williams.....    | 7.64 .....     | 1993 |
| 60-meter hurdles .....  | Eddita Pessima .....     | 8.23 .....     | 2020 |
| 200-meter hurdles ..... | Kim Blair .....          | 26.87 .....    | 1993 |
| 220-yard hurdles.....   | Kim Blair .....          | 26.80 .....    | 1993 |
| 300-meter hurdles ..... | Ayanna Coleman.....      | 44.48 .....    | 1999 |

### FIELD EVENTS

| EVENT             | NAME                    | RECORD            | YEAR |
|-------------------|-------------------------|-------------------|------|
| High Jump .....   | Najuma Fletcher.....    | 1.86m.....        | 1996 |
| Long Jump.....    | Trecia-Kaye Smith ..... | 6.66m.....        | 1997 |
| Triple Jump.....  | Trecia-Kaye Smith ..... | 14.12m.....       | 1997 |
| Shot Put .....    | Amanda Walker .....     | 16.66m.....       | 2005 |
| Weight Throw..... | Amanda Walker .....     | 21.12m.....       | 2005 |
| Pole Vault.....   | Marissa Dudek.....      | 4.11m.....        | 2006 |
| Pentathlon .....  | Najuma Fletcher.....    | 4,295 points..... | 1995 |

### RELAYS

| EVENT                   | NAMES               | RECORD         | YEAR |
|-------------------------|---------------------|----------------|------|
| Shuttle Relay (4x55m).  | Staci Suggs .....   | 29.10 .....    | 1995 |
|                         | LaTonya Mullins     |                |      |
|                         | Najuma Fletcher     |                |      |
|                         | Joetta Purter       |                |      |
| Shuttle Relay (4x60m).  | Alexis Archer.....  | 33.86 .....    | 1989 |
|                         | Clarrisa Dudley     |                |      |
|                         | LuAnne Harris       |                |      |
|                         | Debbie Bonner       |                |      |
| 4x200 Meter Relay ..... | Cambrya Jones.....  | 1:36.74 .....  | 2012 |
|                         | Jonique Lawrence    |                |      |
|                         | Zoey Whittington    |                |      |
|                         | Arielle Fonrose     |                |      |
| 4x400 Meter Relay ..... | Morgan Harvey.....  | 3:35.73 .....  | 2018 |
|                         | Quadaisha Newkirk   |                |      |
|                         | Laila Ismail        |                |      |
|                         | Desiree Garland     |                |      |
| 4x800 Meter Relay ..... | Neema Payne.....    | 8:47.68 .....  | 2000 |
|                         | Shauna McFadzean    |                |      |
|                         | Dee Cole            |                |      |
|                         | Chantee Earl        |                |      |
| Sprint Medley Relay.... | Keisha Demas.....   | 3:59.46 .....  | 1991 |
|                         | Clarissa Dudley     |                |      |
|                         | Ronise Crumpler     |                |      |
|                         | Cathy Chrissos      |                |      |
| Distance Medley Relay   | Miranda Salvo ..... | 11:18.78 ..... | 2017 |
|                         | Morgan Harvey       |                |      |
|                         | Makenzie Zeh        |                |      |
|                         | Joslin Sellers      |                |      |

# OUTDOOR TRACK & FIELD RECORDS



## MEN

### TRACK EVENTS

| EVENT                   | NAME                   | RECORD         | YEAR |
|-------------------------|------------------------|----------------|------|
| 100 meters.....         | Lee McRae .....        | 10.04 .....    | 1988 |
| 200 meters.....         | Lee McRae .....        | 20.04 .....    | 1987 |
| 400 meters.....         | Brycen Spratling ..... | 45.09 .....    | 2014 |
| 800 meters.....         | Dave Moore .....       | 1:46.30 .....  | 1990 |
| 1,500 meters.....       | Sam Bair .....         | 3:42.36 .....  | 2007 |
| 3,000 meters.....       | Michael Runco .....    | 8:21.74 .....  | 2016 |
| 5,000 meters.....       | Nick Wolk .....        | 13:53.02 ..... | 2021 |
| 10,000 meters.....      | Keith Dowling.....     | 28:54.54 ..... | 1990 |
| 110-meter hurdles ..... | Eric Cannon .....      | 13.21 .....    | 1989 |
| 400-meter hurdles ..... | Desmond Palmer.....    | 49.17 .....    | 2017 |
| 3,000m steeplechase..   | Josh Higgins .....     | 8:45.02 .....  | 2021 |

### FIELD EVENTS

| EVENT              | NAME                 | RECORD            | YEAR |
|--------------------|----------------------|-------------------|------|
| High Jump .....    | Greg Lauray .....    | 2.20m.....        | 2019 |
| Long Jump.....     | Bill Rea .....       | 8.11m.....        | 1972 |
| Triple Jump.....   | Imani Brown.....     | 15.94m.....       | 2015 |
|                    | Larry Kinney.....    | 15.94m.....       | 1980 |
| Shot Put .....     | Justin Clickett..... | 18.71m.....       | 2005 |
| Hammer Throw ..... | Noah Walker .....    | 63.86m.....       | 2021 |
| Discus .....       | Noah Walker .....    | 57.32m.....       | 2021 |
| Javelin .....      | Anthony Bonura.....  | 71.65m.....       | 2006 |
| Pole Vault .....   | Keith Higham .....   | 5.37m.....        | 2006 |
| Decathlon.....     | Felix Wolter .....   | 7,950 points..... | 2021 |

### RELAYS

| EVENT                    | NAMES                | RECORD         | YEAR |
|--------------------------|----------------------|----------------|------|
| Sprint Hurdle Relay .... | Brett Shields .....  | 56.10 .....    | 1990 |
|                          | Todd Walthall        |                |      |
|                          | Eric Cannon          |                |      |
|                          | Elbert Ellis         |                |      |
| 4x100 Meter Relay .....  | Anthony Dorsett..... | 40.04 .....    | 1995 |
|                          | Jerel Williams       |                |      |
|                          | Jay Jones            |                |      |
|                          | Dietrich Jells       |                |      |
| 4x200 Meter Relay .....  | Micah Murray.....    | 1:22.66 .....  | 2014 |
|                          | Carvin Nkanata       |                |      |
|                          | Dustin Fuller        |                |      |
|                          | Brycen Spratling     |                |      |
| 4x400 Meter Relay .....  | Micah Murray.....    | 3:03.44 .....  | 2014 |
|                          | Carvin Nkanata       |                |      |
|                          | Desmond Palmer       |                |      |
|                          | Brycen Spratling     |                |      |
| Sprint Medley Relay....  | Dave Price .....     | 3:18.41 .....  | 1989 |
|                          | Jason Harris         |                |      |
|                          | George Ifill         |                |      |
|                          | Eric Cannon          |                |      |
| 4x800 Meter Relay .....  | Todd Colas .....     | 7:16.04 .....  | 1982 |
|                          | Darren Geary         |                |      |
|                          | Garland Brown        |                |      |
|                          | Terry Gallagher      |                |      |
| Distance Medley Relay    | Todd Colas .....     | 9:30.28 .....  | 1983 |
|                          | Brian Pollack        |                |      |
|                          | Terry Gallagher      |                |      |
|                          | Bill Moorhead        |                |      |
| 4x1,500 Meter Relay ...  | Scott Humphrey.....  | 15:40.48 ..... | 1990 |
|                          | Jason Bodnar         |                |      |
|                          | Keith Dowling        |                |      |
|                          | Paul Friefrich       |                |      |

## WOMEN

### TRACK EVENTS

| EVENT                   | NAME                    | RECORD         | YEAR |
|-------------------------|-------------------------|----------------|------|
| 100 meters.....         | Cambrya Jones.....      | 11.27 .....    | 2012 |
| 200 meters.....         | Cambrya Jones.....      | 22.72 .....    | 2012 |
| 400 meters.....         | Keisha Demas.....       | 52.27 .....    | 1991 |
| 800 meters.....         | Chantee Earl .....      | 2:02.43 .....  | 2000 |
| 1,500 meters.....       | Ally Brunton .....      | 4:16.29 .....  | 2021 |
| Mile .....              | Miranda Salvo .....     | 4:51.89 .....  | 2018 |
| 3,000 meters.....       | Maureen McCandless..    | 9:33.42 .....  | 2003 |
| Two miles.....          | Lori Wood .....         | 11:15.84 ..... | 1986 |
| 5,000 meters.....       | Maureen McCandless..    | 16:01.30 ..... | 2006 |
| 10,000 meters.....      | Gillian Schriever ..... | 33:50.03 ..... | 2017 |
| 100-meter hurdles ..... | Allison Williams.....   | 13.12 .....    | 1994 |
| 400-meter hurdles ..... | Evann Thompson .....    | 56.87 .....    | 2014 |
| 3,000m steeplechase..   | Kelly Hayes.....        | 10:18.64 ..... | 2018 |

### FIELD EVENTS

| EVENT              | NAME                    | RECORD            | YEAR |
|--------------------|-------------------------|-------------------|------|
| High Jump .....    | Najuma Fletcher.....    | 1.89m.....        | 1995 |
| Long Jump.....     | Trecia-Kaye Smith ..... | 6.84m.....        | 1997 |
| Triple Jump.....   | Trecia-Kaye Smith ..... | 14.22m.....       | 1997 |
| Shot Put .....     | Amanda Walker .....     | 16.80m.....       | 2005 |
| Hammer Throw ..... | Andin Fosam .....       | 61.67m.....       | 2017 |
| Discus .....       | Haley Springman .....   | 51.29m.....       | 2014 |
| Javelin .....      | Taylor Slaney.....      | 50.31m.....       | 2014 |
| Pole Vault .....   | Marissa Dudek .....     | 4.00m.....        | 2006 |
| Heptathlon .....   | Najuma Fletcher.....    | 5,750 points..... | 1994 |

### RELAYS

| EVENT                   | NAMES                  | RECORD         | YEAR |
|-------------------------|------------------------|----------------|------|
| 4x100 Meter Relay ..... | Ashley Woodford .....  | 44.24 .....    | 2011 |
|                         | Da'Lynn Mills          |                |      |
|                         | Laneshia Pugh          |                |      |
|                         | Cambrya Jones          |                |      |
| 4x100m Hurdle Relay .   | Najuma Fletcher.....   | 54.74 .....    | 1994 |
|                         | Allison Williams       |                |      |
|                         | Kim Blair              |                |      |
|                         | Staci Suggs            |                |      |
| 4x200 Meter Relay ..... | Jonnique Lawrence .... | 1:34.21 .....  | 2012 |
|                         | Zoey Whittington       |                |      |
|                         | Jordan Hoyt            |                |      |
|                         | Cambrya Jones          |                |      |
| 4x400 Meter Relay ..... | Mera Belisle.....      | 3:31.34 .....  | 2000 |
|                         | Chantee Earl           |                |      |
|                         | Tasha Peart            |                |      |
|                         | Tia Tabb               |                |      |
| Sprint Medley Relay.... | Tia Tabb .....         | 3:45.27 .....  | 2000 |
|                         | Tasha Peart            |                |      |
|                         | Mera Belisle           |                |      |
|                         | Chantee Earl           |                |      |
| 4x800 Meter Relay ..... | Neema Payne.....       | 8:36.78 .....  | 2001 |
|                         | DeAnna Cole            |                |      |
|                         | Janine Jones           |                |      |
|                         | Beth Rocks             |                |      |
| Distance Medley Relay   | Miranda Salvo .....    | 11:40.79 ..... | 2017 |
|                         | Jordan Bourgeois       |                |      |
|                         | Makenzie Zeh           |                |      |
|                         | Joslin Sellers         |                |      |
| 4x1,500 Meter Relay ... | Melanie Vlastic.....   | 18:39.84 ..... | 2015 |
|                         | Hana Casanova          |                |      |
|                         | Dana DelleFemine       |                |      |
|                         | Ellen Crook            |                |      |

# ACC TRACK & FIELD HISTORY



## ALL-TIME ACC INDOOR CHAMPIONS



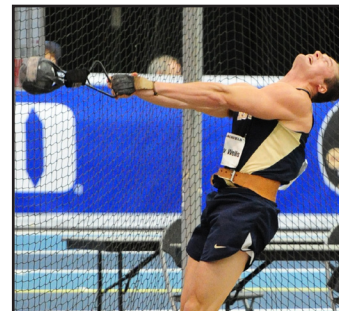
**CARVIN NKANATA**

200m - 21.24  
March 2, 2014



**MICAH MURRAY, CARVIN NKANA  
DESMOND PALMER, BRYCEN SPRATLING**

Men's 4x400m - 3:10.12  
March 2, 2014



**ANDREW WELLS**

Weight Throw - 21.92m  
February 25, 2016



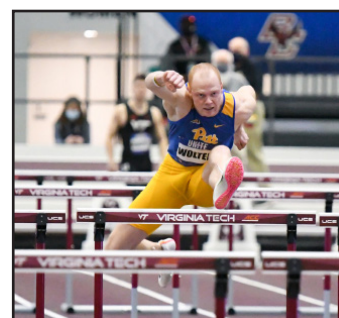
**DESIREE GARLAND**

800m - 53.16  
February 24, 2018



**GREG LAURAY**

High Jump - 2.19m  
February 22, 2019



**FELIX WOLTER**

1. Heptathlon - 5,632 points  
March 12, 2021
2. Heptathlon - 5,979 points  
Feb. 26, 2022
2. Heptathlon-6, 059 points  
Feb 25, 2023

## ALL-TIME ACC OUTDOOR CHAMPIONS



**BRYCEN SPRATLING**

400m - 45.49  
April 19, 2014



**CARVIN NKANATA**

200m - 20.47  
April 19, 2014



**DESMOND PALMER**

400m H - 49.41  
May 16, 2015



**DESMOND PALMER**

400m H - 49.66  
May 15, 2016

# ACC TRACK & FIELD HISTORY



## ACC Indoor Championship (Year-By-Year)

| MEN (Points) |            | WOMEN (Points) |           |
|--------------|------------|----------------|-----------|
| 2014         | 7th (44)   | 2014           | 12th (26) |
| 2015         | 10th (29)  | 2015           | 15th (8)  |
| 2016         | 10th (28)  | 2016           | 15th (9)  |
| 2017         | 12th (21)  | 2017           | 12th (19) |
| 2018         | 14th (9)   | 2018           | 12th (26) |
| 2019         | 13th (22)  | 2019           | 14th (12) |
| 2020         | 11th (22)  | 2020           | 13th (19) |
| 2021         | T-4th (48) | 2021           | 13th (14) |
| 2022         | 11th (27)  | 2022           | 15th (4)  |

## ACC Outdoor Championship (Year-By-Year)

| MEN (Points) |                                       | WOMEN (Points) |                                       |
|--------------|---------------------------------------|----------------|---------------------------------------|
| 2014         | 7th (58)                              | 2014           | 13th (19)                             |
| 2015         | T-9th (37)                            | 2015           | 13th (21)                             |
| 2016         | 10th (43)                             | 2016           | 13th (29)                             |
| 2017         | 10th (34)                             | 2017           | 12th (19)                             |
| 2018         | 11th (41.5)                           | 2018           | 11th (25)                             |
| 2019         | 4th (62)                              | 2019           | 13th (12)                             |
| 2020         | NTS (Season Canceled due to COVID-19) | 2020           | NTS (Season Canceled due to COVID-19) |
| 2021         | 11th (35.5)                           | 2021           | 12th (20)                             |

## All-ACC Men's Indoor

### Individuals (27)

| Year | Team | Name                       | Event        | Place | Time/Mark |
|------|------|----------------------------|--------------|-------|-----------|
| 2014 | 1st  | Carvin Nkanata (Sr.)       | 200m         | 1st   | 21.24     |
|      | 2nd  | Brycen Spratling (Sr.)     | 200m         | 6th   | 21.84     |
|      | 1st  | Micah Murray (Sr.)         | 400m         | 3rd   | 46.87     |
|      | 2nd  | Brycen Spratling (Sr.)     | 400m         | 5th   | 46.90     |
| 2015 | 2nd  | Chris Tate (Jr.)           | 200m         | 6th   | 21.53     |
|      | 1st  | Ashad Johnson-Conley (So.) | 60m H        | 3rd   | 7.84      |
|      | 1st  | Andrew Wells (Sr.)         | Weight Throw | 2nd   | 21.36m    |
|      | 2nd  | Luke Gallaher (Jr.)        | Heptathlon   | 6th   | 5159      |
| 2016 | 2nd  | Chris Tate (Sr.)           | 200m         | 6th   | 21.59     |
|      | 2nd  | Chris Tate (Sr.)           | 400m         | 5th   | 48.19     |
|      | 2nd  | Ashad Johnson-Conley (Jr.) | 60m H        | 6th   | 8.17      |
|      | 1st  | Andrew Wells (Sr.)         | Weight Throw | 1st   | 21.92m    |
| 2017 | 1st  | Desmond Palmer (Sr.)       | 60m H        | 3rd   | 8.00      |
|      | 2nd  | Desmond Palmer (Sr.)       | 400m         | 5th   | 46.96     |
|      | 2nd  | Ashad Johnson-Conley (Sr.) | 60m H        | 4th   | 8.16      |
| 2019 | 1st  | Greg Lauray (So.)          | High Jump    | 1st   | 2.19m     |
| 2020 | 1st  | Greg Lauray (Jr.)          | High Jump    | 2nd   | 2.14m     |
|      | 1st  | Noah Walker (Jr.)          | Weight Throw | 2nd   | 20.25m    |
| 2021 | 1st  | Felix Wolter (Sr.)         | Heptathlon   | 1st   | 5,907     |
|      | 1st  | Greg Lauray (Sr.)          | High Jump    | 2nd   | 2.13m     |
|      | 2nd  | Jack Miller (So.)          | 3000m        | 5th   | 8:01.54   |
|      | 2nd  | Ade Jones-Roundtree (Sr.)  | 200m         | 5th   | 21.32     |
|      | 2nd  | Noah Walker (Sr.)          | Weight Throw | 6th   | 19.95m    |
|      | 2nd  | Kollin Smith (Sr.)         | Long Jump    | 6th   | 7.47m     |
| 2022 | 1st  | Felix Wolter (Gr.)         | Heptathlon   | 1st   | 5,979     |
|      | 2nd  | Ade Jones-Roundtree (Gr.)  | 400m         | 3rd   | 46.61     |
|      | 2nd  | Cobe Wiggins (Gr.)         | Heptathlon   | 4th   | 5,344     |
| 2023 | 1st  | Felix Wolter               | Hepathlon    | 1st   | 6059      |
|      | 2nd  | Clement Campbell           | Long Jump    | 6th   | 7.27m     |

### Relays (6)

| Year | Team | Names                                                                                           | Event  | Place | Time/Mark |
|------|------|-------------------------------------------------------------------------------------------------|--------|-------|-----------|
| 2014 | 1st  | Micah Murray (Sr.)<br>Carvin Nkanata (Sr.)<br>Desmond Palmer (Fr.)<br>Brycen Spratling (Sr.)    | 4x400m | 1st   | 3:10.12   |
| 2016 | 2nd  | Chris Tate (Sr.)<br>Josh McDonald (Jr.)<br>Desmond Palmer (Jr.)<br>Donnell Taylor (Sr.)         | 4x400m | 3rd   | 3:13.43   |
| 2017 | 2nd  | Ken Brosier (So.)<br>Jamaree Murray (Jr.)<br>Josh McDonald (Sr.)<br>Desmond Palmer (Sr.)        | 4x400m | 3rd   | 3:10.90   |
| 2021 | 2nd  | Evan Addison (Jr.)<br>Matt Wilson (Jr.)<br>Josh Higgins (Sr.)<br>Jack Miller (So.)              | DMR    | 2nd   | 9:42.29   |
|      | 2nd  | Lonzell Feagin (Sr.)<br>Matt Wilson (Jr.)<br>Raymond Oriakhi (So.)<br>Ade Jones-Roundtree (Sr.) | 4x400m | 2nd   | 3:10.05   |
| 2022 | 2nd  | Cobe Wiggins (Gr.)<br>Lonzell Feagin (Gr.)<br>Nigel Hussey (Fr.)<br>Ade Jones-Roundtree (Gr.)   | 4x400m | 3rd   | 3:12.67   |

## All-ACC Women's Indoor

### Individuals

| Year | Team | Name                       | Event        | Place | Time/Mark |
|------|------|----------------------------|--------------|-------|-----------|
| 2014 | 2nd  | Taranisha Taylor (So.)     | 60m          | 4th   | 7.46      |
|      | 2nd  | Xauddina Whittington (So.) | 200m         | 6th   | 24.62     |
|      | 2nd  | Taranisha Taylor (So.)     | 60m Hurdles  | 4th   | 8.39      |
|      | 2nd  | Ashley Corum (Sr.)         | Triple Jump  | 4th   | 12.78m    |
|      | 2nd  | Brittany Lightfoot (Jr.)   | Weight Throw | 6th   | 19.34m    |
| 2015 | 2nd  | Haley Springman (Sr.)      | Weight Throw | 6th   | 19.08m    |
| 2016 | 2nd  | Racquel Williams (Sr.)     | Shot Put     | 4th   | 15.28m    |
| 2017 | 2nd  | Joslin Sellers (Jr.)       | Mile         | 5th   | 4:43.33   |
|      | 2nd  | Gillian Schriever (So.)    | 5000m        | 6th   | 16:10.06  |
|      | 2nd  | Andin Fosam (Jr.)          | Weight Throw | 4th   | 19.24m    |
| 2018 | 1st  | Desiree Garland (Sr.)      | 400m         | 1st   | 53.16     |
|      | 2nd  | Miranda Salvo (Jr.)        | Mile         | 6th   | 4:46.08   |
| 2019 | 2nd  | Sydni Townsend (Fr.)       | 400m         | 6th   | 54.34     |
|      | 2nd  | Breanna Phillips (So.)     | Pentathlon   | 6th   | 3,680     |
| 2020 | 1st  | Eddita Pessima (So.)       | 60m Hurdles  | 3rd   | 8.23      |
|      | 2nd  | Breanna Phillips (Jr.)     | Pentathlon   | 4th   | 3,739     |
|      | 2nd  | Nikki Scherer (Jr.)        | 400m         | 6th   | 54.05     |
| 2021 | 2nd  | Eddita Pessima             | 60m Hurdles  | 5th   | 8.30      |
|      | 2nd  | Abena Atuobi               | Shot Put     | 6th   | 15.55m    |
| 2023 | 2nd  | Ilse Steigenga             | Long Jump    | 4th   | 6.14m     |
|      | 2nd  | Eva Baldursdottir          | High Jump    | 4th   | 1.77m     |
|      | 2nd  | Foluke Olujide-Ajibade     | Weight Throw | 5th   | 20.13m    |
|      | 2nd  | Ilse Steigenga             | Pentathlon   | 5th   | 4068      |



**Greg Lauray** is the only high jumper in program history to win an ACC title (2019). He is also the lone Panther in program history to earn First Team All-ACC honors (2019-21) while holding Pitt's indoor and outdoor high jump school records.

# ACC TRACK & FIELD HISTORY

## All-ACC Academic Team

|                   |                                                       |
|-------------------|-------------------------------------------------------|
| Evan Addison      | 2021 Indoor                                           |
| Flora Ahirakwe    | 2019 Outdoor                                          |
| Abena Atuobi      | 2021 Indoor                                           |
| Lydia Bottelier   | 2022 Indoor                                           |
| Kailyn Clancy     | 2016 Indoor                                           |
| Ashley Corum      | 2014 Indoor                                           |
| Nina Crawford     | 2019 Outdoor                                          |
| Andin Fosam       | 2016 Indoor, 2017 Indoor/Outdoor, 2018 Indoor/Outdoor |
| Dustin Fuller     | 2014 Indoor                                           |
| Luke Gallaher     | 2015 Outdoor                                          |
| Desiree Garland   | 2018 Indoor                                           |
| Kelly Hayes       | 2018 Outdoor                                          |
| Carolyn Helenski  | 2018 Outdoor                                          |
| Josh Higgins      | 2021 Indoor                                           |
| Grant Jones       | 2018 Outdoor                                          |
| Taylor Middleton  | 2018 Indoor/Outdoor                                   |
| Jack Miller       | 2021 Indoor, 2023 Indoor                              |
| Josh Mindlin      | 2014 Indoor                                           |
| Desmond Palmer    | 2014 Indoor, 2015 Outdoor                             |
| Eddita Pessima    | 2020 Indoor, 2021 Indoor/Outdoor                      |
| Breanna Phillips  | 2019 Indoor, 2020 Indoor                              |
| Brad Rocco        | 2014 Outdoor                                          |
| Miranda Salvo     | 2018 Indoor                                           |
| Nikki Scherer     | 2019 Outdoor, 2020 Indoor, Indoor 2023                |
| Gillian Schriever | 2016 Outdoor, 2017 Indoor/Outdoor                     |
| Joslin Sellers    | 2017 Indoor                                           |
| Ethan Shalaway    | 2014 Outdoor                                          |
| Brooke Shasteen   | 2015 Outdoor                                          |
| Nate Sloan        | 2019 Outdoor                                          |
| Haley Springman   | 2014 Outdoor, 2015 Indoor                             |
| Andrew Wells      | 2015 Outdoor                                          |
| Felix Wolter      | 2021 Indoor/Outdoor, 2022 Indoor, 2023 Outdoor        |



Thrower Andin Fosam is the lone five-time Academic All-ACC recipient for the Panthers since joining the conference in 2013-14.

## ACC Performers Of The Week

|                                |                |
|--------------------------------|----------------|
| Desmond Palmer (Men's Track)   | April 25, 2017 |
|                                | Jan. 17, 2017  |
|                                | May 22, 2014   |
| Andrew Wells (Men's Field)     | Jan. 19, 2016  |
| Brycen Spratling (Men's Track) | May 13, 2014   |
|                                | Feb. 18, 2014  |
|                                | Feb. 11, 2014  |
|                                | Feb. 6, 2014   |
| Carvin Nkanata (Men's Track)   | Jan. 21, 2014  |
| Drew Glick (Men's Track)       | Dec. 11, 2019  |
| Brenda Ayuk (Women's Track)    | Dec. 11, 2019  |
| Greg Lauray (Men's Field)      | Dec. 11, 2019  |
| Felix Wolter (Men's Field)     | Apr. 21, 2021  |
|                                | Dec. 7, 2021   |



Brycen Spratling secured a program record four ACC Performer of the Week honors during his illustrious Pitt career.

# ACC OUTDOOR TRACK & FIELD HISTORY



## ALL-ACC MEN'S OUTDOOR

### Individuals

| Year                                                        | Team | Name                        | Event     | Place | Time/Mark |
|-------------------------------------------------------------|------|-----------------------------|-----------|-------|-----------|
| 2014                                                        | 1st  | Carvin Nkanata (Sr.)        | 200m      | 1st   | 20.47     |
|                                                             | 1st  | Brycen Spratling (Sr.)      | 400m      | 1st   | 45.49     |
|                                                             | 2nd  | Dustin Fuller (Jr.)         | 400m H    | 6th   | 53.22     |
| 2015                                                        | 1st  | Ethan Shalaway (Fr.)        | Javelin   | 3rd   | 64.74m    |
|                                                             | 2nd  | Andrew Wells (Jr.)          | Hammer    | 5th   | 56.15m    |
|                                                             | 2nd  | Andrew Wells (Jr.)          | Discus    | 6th   | 52.87m    |
| 2015                                                        | 2nd  | Desmond Palmer (So.)        | 110m H    | 6th   | 14.11     |
|                                                             | 1st  | Desmond Palmer (So.)        | 400m H    | 1st   | 49.41     |
|                                                             | 2nd  | Dustin Fuller (Jr.)         | 400m H    | 6th   | 53.30     |
| 2016                                                        | 1st  | Ethan Shalaway (So.)        | Javelin   | 3rd   | 67.91m    |
|                                                             | 2nd  | Luke Gallaher (Jr.)         | Decathlon | 6th   | 6884*     |
|                                                             | 1st  | Chris Tate (Sr.)            | 400m      | 2nd   | 45.99     |
| 2016                                                        | 2nd  | Donnell Taylor (Sr.)        | 400m      | 6th   | 47.47     |
|                                                             | 1st  | Desmond Palmer (Jr.)        | 110m H    | 2nd   | 13.83     |
|                                                             | 1st  | Desmond Palmer (Jr.)        | 400m H    | 1st   | 49.66     |
| 2017                                                        | 2nd  | Grant Jones (Fr.)           | Javelin   | 5th   | 63.27m    |
|                                                             | 1st  | Desmond Palmer (Sr.)        | 110m H    | 2nd   | 13.74     |
|                                                             | 1st  | Desmond Palmer (Sr.)        | 400m H    | 2nd   | 49.17*    |
| 2018                                                        | 2nd  | Matt McGoey (So.)           | 3000m S   | 4th   | 8:57.79   |
|                                                             | 1st  | Noah Walker (Fr.)           | Javelin   | 3rd   | 67.10m    |
|                                                             | 2nd  | Jabari Michael-Khensu (So.) | 200m      | 5th   | 21.10     |
| 2018                                                        | 2nd  | Ade Jones-Roundtree (Fr.)   | 200m      | 4th   | 20.71     |
|                                                             | 2nd  | Grant Jones (Jr.)           | Javelin   | 4th   | 65.14m    |
|                                                             | 2nd  | Shyheim Wright (So.)        | 110m H    | 5th   | 14.27     |
| 2019                                                        | 2nd  | Greg Lauray (Fr.)           | High Jump | 5th   | 2.12m     |
|                                                             | 1st  | Nate Sloan (Sr.)            | 1500m     | 2nd   | 3:43.05   |
|                                                             | 1st  | Daveon Finley (Fr.)         | 110m H    | 2nd   | 14.07     |
| 2019                                                        | 1st  | Greg Lauray (So.)           | High Jump | 2nd   | 2.20m     |
|                                                             | 2nd  | Crockett Schooler (Fr.)     | 100m H    | 4th   | 14.11     |
|                                                             | 2nd  | Alex Scheivert (Fr.)        | Javelin   | 4th   | 64.56m    |
| 2019                                                        | 2nd  | Kollin Smith (Jr.)          | 110m H    | 5th   | 14.15     |
|                                                             | 2nd  | Crockett Schooler (Fr.)     | 400m H    | 5th   | 51.70     |
|                                                             | 2nd  | Grant Jones (Sr.)           | Javelin   | 5th   | 63.27m    |
| 2019                                                        | 2nd  | Noah Walker (So.)           | Javelin   | 6th   | 62.88m    |
|                                                             | 2nd  | Matt Wilson (Fr.)           | 400m H    | 6th   | 53.80     |
|                                                             | 2nd  | Zach Lefever (So.)          | 3000m S   | 6th   | 9:01.15   |
| 2019                                                        | 2nd  | Nate Sloan (Sr.)            | 800m      | 6th   | 1:51.62   |
| <b>2020 NONE - SEASON CANCELED DUE TO COVID-19 PANDEMIC</b> |      |                             |           |       |           |
| 2021                                                        | 1st  | Kollin Smith (Sr.)          | Long Jump | 3rd   | 7.48m     |
|                                                             | 2nd  | Noah Walker (Sr.)           | Discus    | 4th   | 57.32m    |
|                                                             | 2nd  | Matt Wilson (Jr.)           | 400m H    | 4th   | 51.97     |
| 2021                                                        | 2nd  | Ade Jones-Roundtree (Sr.)   | 400m      | 4th   | 46.18     |
|                                                             | 2nd  | Noah Walker (Sr.)           | Javelin   | 5th   | 64.93m    |

### Relays

| Year                                                        | Team | Names                       | Event  | Place | Time/Mark |
|-------------------------------------------------------------|------|-----------------------------|--------|-------|-----------|
| 2014                                                        | 2nd  | Josh Mindlin (Jr.)          | 4x100m | 3rd   | 40.37     |
|                                                             |      | Carvin Nkanata (Sr.)        |        |       |           |
|                                                             |      | Micah Murray (Sr.)          |        |       |           |
| 2014                                                        | 2nd  | Brycen Spratling (Sr.)      | 4x400m | 2nd   | 3:05.94   |
|                                                             |      | Carvin Nkanata (Sr.)        |        |       |           |
|                                                             |      | Micah Murrah (Sr.)          |        |       |           |
| 2015                                                        | 2nd  | Charles Ross (Sr.)          |        |       |           |
|                                                             |      | Brycen Spratling (Sr.)      |        |       |           |
|                                                             |      | Desmond Palmer (So.)        | 4x400m | 3rd   | 3:07.35   |
| 2015                                                        | 2nd  | Chris Tate (Jr.)            |        |       |           |
|                                                             |      | Donnell Taylor (Jr.)        |        |       |           |
|                                                             |      | Brylan Slay (So.)           |        |       |           |
| 2016                                                        | 2nd  | Donnell Taylor (Sr.)        | 4x400m | 2nd   | 3:06.23   |
|                                                             |      | Chris Tate (Sr.)            |        |       |           |
|                                                             |      | Brylan Slay (Jr.)           |        |       |           |
| 2018                                                        | 2nd  | Desmond Palmer (Jr.)        |        |       |           |
|                                                             |      | Dante' Watson (So.)         | 4x400m | 2nd   | 3:07.99   |
|                                                             |      | Jabari Michael-Khensu (So.) |        |       |           |
| 2018                                                        | 2nd  | Ade Jones-Roundtree (Fr.)   |        |       |           |
|                                                             |      | Lonzell Feagin (Fr.)        |        |       |           |
| <b>2020 NONE - SEASON CANCELED DUE TO COVID-19 PANDEMIC</b> |      |                             |        |       |           |
| 2021                                                        | 2nd  | Felix Wolter (Sr.)          | 4x400m | 3rd   | 3:07.59   |
|                                                             |      | Lonzell Feagin (Sr.)        |        |       |           |
|                                                             |      | Matt Wilson (Jr.)           |        |       |           |
| 2021                                                        |      | Ade Jones-Roundtree (Sr.)   |        |       |           |

## ALL-ACC WOMEN'S OUTDOOR

### Individuals

| Year                                                        | Team | Name                    | Event        | Place | Time/Mark |
|-------------------------------------------------------------|------|-------------------------|--------------|-------|-----------|
| 2014                                                        | 1st  | Haley Springman (Jr.)   | Discus       | 2nd   | 50.80m    |
|                                                             | 2nd  | Taylor Slaney (Jr.)     | Javelin      | 6th   | 47.63m    |
|                                                             | 1st  | Evann Thompson (Jr.)    | 400m H       | 2nd   | 57.33     |
| 2015                                                        | 1st  | Taylor Slaney (Sr.)     | Javelin      | 3rd   | 45.58m    |
|                                                             | 2nd  | Brooke Shasteen (Sr.)   | Javelin      | 6th   | 43.48m    |
|                                                             | 2nd  | Gillian Schriever (Fr.) | 5000m        | 4th   | 16:43.38  |
| 2016                                                        | 2nd  | Laila Ismail (Jr.)      | 400m H       | 6th   | 1:00.40   |
|                                                             | 2nd  | Kelly Hayes (So.)       | 3000m SC     | 4th   | 10:23.42  |
|                                                             | 1st  | Racquel Williams (Sr.)  | Shot Put     | 2nd   | 15.92m    |
| 2017                                                        | 1st  | Gillian Schriever (So.) | 5000m        | 3rd   | 16:12.45  |
|                                                             | 2nd  | Kelly Hayes (Sr.)       | Steeplechase | 5th   | 10:18.64  |
|                                                             | 2nd  | Carolyn Helenski (So.)  | Javelin      | 5th   | 41.19m    |
| 2018                                                        | 2nd  | Taylor Middleton (So.)  | Triple Jump  | 5th   | 12.75m    |
|                                                             | 2nd  | Desiree Garland (Sr.)   | 400m         | 6th   | 53.43     |
|                                                             | 2nd  | Sydni Townsend (fr.)    | 400m H       | 4th   | 58.78     |
| <b>2020 NONE - SEASON CANCELED DUE TO COVID-19 PANDEMIC</b> |      |                         |              |       |           |
| 2021                                                        | 1st  | Lydia Bottelier (So.)   | High Jump    | 2nd   | 1.75m     |
|                                                             | 2nd  | Eddita Pessima (Jr.)    | 400m H       | 5th   | 58.72     |

\* indicates school record

### Relays

| Year | Team | Names                 | Event  | Place | Time/Mark |
|------|------|-----------------------|--------|-------|-----------|
| 2019 | 2nd  | Syndi Townsend (Fr.)  | 4x400m | 3rd   | 3:38.18   |
|      |      | Flora Ahiarakwe (Fr.) |        |       |           |
|      |      | Nina Crawford (Jr.)   |        |       |           |
| 2019 |      | Nikki Scherer (So.)   |        |       |           |

**2020 NONE - SEASON CANCELED DUE TO COVID-19 PANDEMIC**



**Desmond Palmer** is the most decorated Pitt male track & field athlete since joining the ACC in 2013-14 as he is the only individual in program history to post two outdoor ACC titles (400m Hurdles, 2015 & 2016). Over his illustrious career, Palmer scored a program record 72.25 points for the Panthers at the ACC Championships.

# MEN NCAA INDOOR TRACK & FIELD HISTORY



## NCAA Indoor Champions (6)

| Year | Name                                                  | Event       | Time/Mark |
|------|-------------------------------------------------------|-------------|-----------|
| 1970 | Jerry Richey                                          | 3000m       | 8:39.20   |
| 1971 | Ken Silay, Dorel Watley<br>Mike Schurko, Jerry Richey | DMR         | 9:45.70   |
| 1984 | Roger Kingdom                                         | 55m Hurdles | 7.08      |
| 1986 | Lee McRae                                             | 55m         | 6.00*     |
| 1987 | Lee McRae                                             | 55m         | 6.13      |
| 1988 | Lee McRae                                             | 55m         | 6.07      |

## Indoor First Team All-Americans (42)

| Year | Name | Event | Time/Mark (Place) |
|------|------|-------|-------------------|
|------|------|-------|-------------------|

### 1970-81: Top 3 per event

|      |                                                           |       |               |
|------|-----------------------------------------------------------|-------|---------------|
| 1970 | Jerry Richey                                              | 3000m | 8:39.20 (1st) |
| 1971 | Ken Silay<br>Dorel Watley<br>Mike Schurko<br>Jerry Richey | DMR   | 9:45.70 (1st) |

### 1982-84: Top 6 per event

|      |                                                                    |                      |                             |
|------|--------------------------------------------------------------------|----------------------|-----------------------------|
| 1982 | Darren Geary                                                       | 880 yards            | 1:41.15 (6th)               |
| 1983 | Darren Geary<br>Terry Gallagher<br>Bill Moorehead<br>Garland Brown | 4x800m               | 7:26.50 (5th)               |
| 1984 | Roger Kingdom<br>Todd Colas                                        | 55m Hurdles<br>1000m | 7.08 (1st)<br>2:26.09 (6th) |

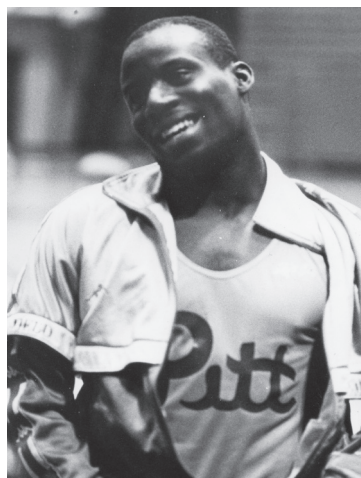
### 1985-2010: Top 8 per event & Top 8 U.S.-born finishers

|      |                                                                                  |                              |                                            |
|------|----------------------------------------------------------------------------------|------------------------------|--------------------------------------------|
| 1985 | Lee McRae                                                                        | 55m                          | 6.26 (6th)                                 |
| 1986 | Lee McRae<br>Eric Cannon<br>Bob Weiner<br>Joe Daniels<br>Dave Moore<br>Tim Manes | 55m<br>55m Hurdles<br>4x800m | 6.00 (1st)*<br>7.29 (4th)<br>7:21.42 (4th) |
| 1987 | Lee McRae<br>Bob Weiner<br>Joe Daniels<br>Time Manes<br>Dave Moore               | 55m<br>4x800m                | 6.13 (1st)<br>7:20.43 (4th)                |
| 1988 | Lee McRae<br>Eric Cannon                                                         | 55m<br>55m Hurdles           | 6.07 (1st)<br>7.33 (4th)                   |
| 1990 | Elbert Ellis                                                                     | 55m Hurdles                  | 7.28 (6th)                                 |
| 1991 | Elbert Ellis<br>Keith Dowling                                                    | 55m Hurdles<br>5,000m        | 7.24 (2nd)<br>13:49.52 (6th)*              |
| 2005 | Justin Clickett                                                                  | Shot Put                     | 19.05m (9th)*                              |
| 2007 | Sam Bair<br>Mike Wray                                                            | Mile<br>60m Hurdles          | 4:02.99 (7th)<br>7.92 (7th)                |
| 2008 | Sam Bair<br>Mike Wray                                                            | Mile<br>60m Hurdles          | 4:05.50 (4th)<br>7.77 (9th)                |

### 2011-present: Top 8 per event

|      |                                                                                                            |                        |                                              |
|------|------------------------------------------------------------------------------------------------------------|------------------------|----------------------------------------------|
| 2012 | Brycen Spratling                                                                                           | 400m                   | 45.82 (2nd)                                  |
| 2014 | Carvin Nkanata<br>Brycen Spratling<br>Micah Murray<br>Carvin Nkanata<br>Desmond Palmer<br>Brycen Spratling | 200m<br>400m<br>4x400m | 20.52 (3rd)*<br>46.08 (6th)<br>3:06.31 (5th) |
| 2021 | Felix Wolter                                                                                               | Heptathlon             | 5,907 (4th)*                                 |

## LEE McRAE (1984-88)



McRae is one of the Panthers' most accomplished track athletes and 2019 Pitt Athletics Hall of Fame inductee. He earned seven first-team All-America citations and four NCAA titles (most in program history). McRae won three consecutive NCAA indoor national championships (1986-88) in the 55 meters and also won the 1986 NCAA outdoor national championship in the 100 meters. He was a four-time indoor All-American in the 55 meters and three-time outdoor All-American (twice in the 100 meters and once in the 200 meters).

## ROGER KINGDOM (1981-84)



While at Pitt, Kingdom would become the Panthers' most accomplished athlete on the international stage. He is Pitt's only two-time Olympic gold medalist (110m hurdles in 1984 & 1988). He won the 1983 NCAA indoor and outdoor national championships in the 110-meter hurdles, and the 1984 NCAA indoor title in the 55-meter hurdles. Kingdom is a former world and American record holder and one of only two runners ever to win consecutive Olympic titles in the 110m hurdles.

## Indoor Second Team All-Americans (13)

| Year | Name | Event | Time/Mark (Place) |
|------|------|-------|-------------------|
|------|------|-------|-------------------|

### 2011-present: 9-16 place per event

|      |                                                                                                          |                        |                                                |
|------|----------------------------------------------------------------------------------------------------------|------------------------|------------------------------------------------|
| 2012 | Dontave Cowsette<br>Jermaine Lowery<br>Micah Murray<br>Brycen Spratling                                  | 4x400m                 | 3:13.18 (11th)                                 |
| 2013 | Brycen Spratling<br>Carvin Nkanata<br>Micah Murray<br>Carvin Nkanata<br>Charles Ross<br>Brycen Spratling | 400m<br>400m<br>4x400m | 46.42 (10th)<br>47.61 (16th)<br>3:08.42 (11th) |
| 2014 | Micah Murray                                                                                             | 400m                   | 47.26 (16th)                                   |
| 2016 | Andrew Wells                                                                                             | Weight Throw           | 20.60m (12th)                                  |
| 2020 | Greg Lauray                                                                                              | High Jump              | 2.23m (9th)                                    |

## Indoor Honorable Mention All-Americans (2)

| Year | Name         | Event      | Time/Mark (Place) |
|------|--------------|------------|-------------------|
| 2021 | Greg Lauray  | High Jump  | NH                |
| 2023 | Felix Wolter | Pentathlon | DNF               |

# WOMEN NCAA INDOOR TRACK & FIELD HISTORY



## NCAA Indoor Champions (7)

| Year | Name              | Event       | Time/Mark |
|------|-------------------|-------------|-----------|
| 1995 | Najuma Fletcher   | Triple Jump | 13.48m    |
| 1996 | Najuma Fletcher   | High Jump   | 1.84m     |
| 1997 | Trecia-Kaye Smith | Long Jump   | 6.66m     |
| 1998 | Trecia-Kaye Smith | Triple Jump | 14.05m    |
|      | Trecia-Kaye Smith | Long Jump   | 6.55m     |
| 1999 | Trecia-Kaye Smith | Long Jump   | 6.53m     |
| 2000 | Chantée Earl      | 800m        | 2:02.19   |

## Indoor First Team All-Americans (27)

| Year                                                              | Name               | Event       | Time/Mark (Place) |
|-------------------------------------------------------------------|--------------------|-------------|-------------------|
| <b>1989-2010: Top 8 per event &amp; top 8 U.S.-born finishers</b> |                    |             |                   |
| 1990                                                              | Keisha Demas       | 400m        | 54.52 (8th)       |
| 1994                                                              | Najuma Fletcher    | High Jump   | 1.77m (7th)       |
|                                                                   | Najuma Fletcher    | Triple Jump | 12.88m (5th)      |
| 1995                                                              | Najuma Fletcher    | Triple Jump | 13.49m (1st)      |
|                                                                   | Najuma Fletcher    | High Jump   | 1.86m (4th)*      |
|                                                                   | Najuma Fletcher    | Long Jump   | 6.26m (5th)       |
|                                                                   | Angie Martin       | 800m        | 2:07.65 (6th)     |
| 1996                                                              | Najuma Fletcher    | High Jump   | 1.84m (1st)       |
|                                                                   | Najuma Fletcher    | Triple Jump | 13.32m (4th)      |
|                                                                   | Najuma Fletcher    | Long Jump   | 6.26m (8th)       |
|                                                                   | Trecia-Kaye Smith  | Long Jump   | 6.17m (7th)       |
| 1997                                                              | Trecia-Kaye Smith  | Long Jump   | 6.66m (1st)       |
|                                                                   | Trecia-Kaye Smith  | Triple Jump | 14.12m (2nd)*     |
|                                                                   | Angie Martin       | 800m        | 2:06.12 (4th)     |
| 1998                                                              | Trecia-Kaye Smith  | Triple Jump | 14.05m (1st)      |
|                                                                   | Trecia-Kaye Smith  | Long Jump   | 6.55m (1st)       |
|                                                                   | Chantée Earl       | 800m        | 2:06.09 (3rd)     |
| 1999                                                              | Trecia-Kaye Smith  | Long Jump   | 6.53m (1st)       |
|                                                                   | Trecia-Kaye Smith  | Triple Jump | 14.02m (2nd)      |
|                                                                   | Chantée Earl       | 800m        | 2:04.58 (4th)     |
| 2000                                                              | Chantée Earl       | 800m        | 2:02.19 (1st)*    |
| 2001                                                              | Stacey Taylor      | High Jump   | 5'10.75" (8th)    |
| 2002                                                              | Janine Jones       | 800m        | 2:07.65 (12th)    |
| 2005                                                              | Amanda Walker      | Shot Put    | 16.52m (5th)      |
| 2006                                                              | Maureen McCandless | 5000m       | 15:56.51 (3rd)    |
|                                                                   | Marissa Dudek      | Pole Vault  | 4.10m (5th)       |

### 2011-present: Top 8 per event

|             |                       |                  |                    |
|-------------|-----------------------|------------------|--------------------|
| <b>2023</b> | <b>Ilse Steigenga</b> | <b>Long Jump</b> | <b>6.39m (8th)</b> |
|-------------|-----------------------|------------------|--------------------|

## Indoor Second Team All-Americans (1)

| Year                                      | Name          | Event | Time/Mark (Place) |
|-------------------------------------------|---------------|-------|-------------------|
| <b>2011-present: 9-16 place per event</b> |               |       |                   |
| 2012                                      | Cambrya Jones | 200m  | 23.55 (10th)      |

## TRECIA-KAYE SMITH (1995-99)



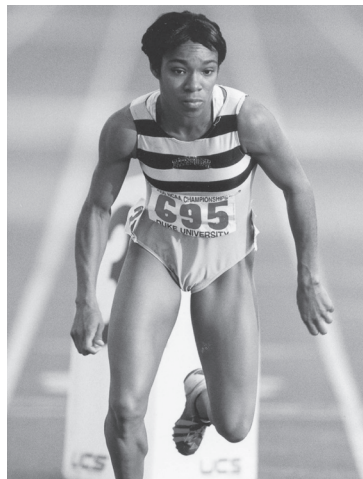
Smith posted a program record four indoor NCAA Championships across her impressive Pitt career. She earned three long jump national titles (1997, 98, 99) and one triple jump crown (1998). Across her Pitt career, Smith earned indoor First Team All-American honors seven times (4x long jump, 3x triple jump). In 2018, Smith was a part of the Pitt Athletics inaugural Hall of Fame class. In 2007, Smith was named to the NCAA Division I Indoor Track & Field Silver Anniversary Team for the long jump.

## NAJUMA FLETCHER (1992-96)



Fletcher became the first women in Pitt program history to earn an indoor NCAA title in 1995 as she notched the win in the triple jump with a leap of 13.48m. She was then able to collect her second indoor title in 1996 as she claimed the victory in the high jump as she cleared a height of 1.84m. For her indoor career, Fletcher was named First Team All-American a program record eight times (3x high and triple jump, 2x long jump). In 2019, she was the second Pitt female track & field athlete inducted into the Pitt Athletics Hall of Fame.

## CHANTEE EARL (1996-2000)



Earl stands as one of the most accomplished performers in the sterling history of Pitt women's track and field. As a senior, she captured the 800-meter title at the 2000 NCAA Indoor Championships. Her championship-winning time of 2:02.19 set a Pitt record and was a mere 0.42 seconds from the NCAA record. She also earned First Team All-American honors three times in the 800m. In 2020, Earl was a part of the third Pitt Athletics Hall of Fame class.

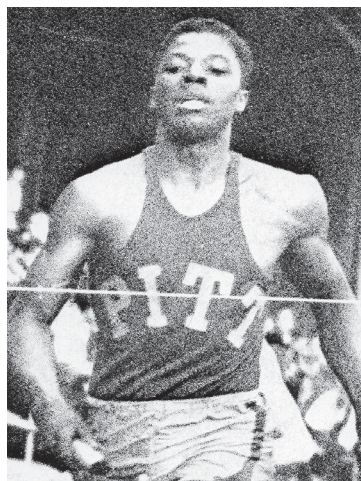
# MEN NCAA OUTDOOR CHAMPIONSHIP HISTORY



## NCAA Outdoor Champions (12)

| Year | Name             | Event        | Time/Mark |
|------|------------------|--------------|-----------|
| 1921 | Frank Shea       | 400m         | 49.00     |
| 1927 | Donald Gwinn     | Hammer Throw | 155'9"    |
| 1929 | Donald Gwinn     | Hammer Throw | 163'9.75" |
| 1930 | Reginald Bowen   | 400m         | 48.00     |
| 1935 | Charles Gongloff | Javelin      | 221'3"    |
| 1937 | John Woodruff    | 800m         | 1:50.30   |
| 1938 | John Woodruff    | 800m         | 1:51.30   |
| 1939 | John Woodruff    | 800m         | 1:51.30   |
| 1954 | Arnie Sowell     | 800m         | 1:50.50   |
| 1956 | Arnie Sowell     | 800m         | 1:46.70   |
| 1983 | Roger Kingdom    | 110m Hurdles | 13.54     |
| 1986 | Lee McRae        | 100m         | 10.11     |

## JOHN WOODRUFF (1936-40)



Woodruff is one of the most decorated athletes in Pitt track & field history as he is the only male in program history to win three outdoor NCAA titles (800m). Woodruff was the first Pitt athlete to win an Olympic gold medal, doing so at the famed 1936 Berlin Summer Olympics. After his win in the 800m, one of the most dramatic races in history, Woodruff never lost another race. In 2018, Woodruff was inducted into the Pitt Athletics Inaugural Hall of Fame class.

## Outdoor First Team All-Americans (22)

| Year                            | Name         | Event | Time/Mark (Place) |
|---------------------------------|--------------|-------|-------------------|
| <b>1942-62: Top 3 per event</b> |              |       |                   |
| 1954                            | Arnie Sowell | 800m  | 1:50.50 (1st)     |
| 1956                            | Arnie Sowell | 800m  | 1:46.70 (1st)     |

### 1982-84: Top 12 per event

|      |               |              |             |
|------|---------------|--------------|-------------|
| 1983 | Roger Kingdom | 110m Hurdles | 13.54 (1st) |
|------|---------------|--------------|-------------|

### 1985-2010: Top 8 per event & Top 8 U.S.-born finishers

|      |               |              |                |
|------|---------------|--------------|----------------|
| 1986 | Lee McRae     | 100m         | 10.11 (1st)    |
| 1987 | Lee McRae     | 100m         | 10.21 (2nd)    |
|      | Lee McRae     | 200m         | 20.44 (6th)    |
|      | Dave Moore    | 800m         | 1:48.49 (9th)  |
| 1989 | Eric Cannon   | 110m Hurdles | 13.21 (2nd)    |
|      | Elbert Ellis  | 110m Hurdles | 13.78 (8th)    |
| 1990 | Elbert Ellis  | 110m Hurdles | 13.73 (4th)    |
|      | Dave Moore    | 800m         | 1:48.75 (7th)  |
|      | Keith Dowling | 10,000m      | 29:08.28 (8th) |
| 1991 | Elbert Ellis  | 110m Hurdles | 13.72 (4th)    |
|      | Elbert Ellis  | 400m Hurdles | 52.70 (8th)    |
| 2006 | Sam Bair      | 1500m        | 3:47.00 (9th)  |
|      | Keith Higham  | Pole Vault   | 5.35m (8th)    |
|      | Tony Bonura   | Javelin      | 68.12m (8th)   |

### 2011-present: Top 8 per event

|      |                  |              |             |
|------|------------------|--------------|-------------|
| 2013 | Carvin Nkanata   | 200m         | 20.47 (7th) |
| 2014 | Brycen Spratling | 400m         | 45.49 (4th) |
| 2015 | Desmond Palmer   | 400m Hurdles | 51.57 (8th) |
| 2017 | Desmond Palmer   | 110m Hurdles | 14.00 (7th) |
|      | Desmond Palmer   | 400m Hurdles | 49.63 (5th) |

## Outdoor Second Team All-Americans (8)

| Year                                | Name             | Event        | Time/Mark (Place) |
|-------------------------------------|------------------|--------------|-------------------|
| <b>2011-present: 9-16 per event</b> |                  |              |                   |
| 2013                                | Brycen Spratling | 400m         | 56.59 (16th)      |
| 2014                                | Carvin Nkanata   | 200m         | 20.94 (14th)      |
|                                     | Desmond Palmer   | 400m Hurdles | 51.12 (14th)      |
|                                     | Micah Murray     | 4x400m       | 3:06.61 (11th)    |
|                                     | Carvin Nkanata   |              |                   |
|                                     | Desmond Palmer   |              |                   |
|                                     | Brycen Spratling |              |                   |
| 2016                                | Desmond Palmer   | 400m Hurdles | 50.21 (9th)       |

## ARNIE SOWELL (1953-57)



Sowell was an accomplished middle distance runner who claimed two NCAA titles during his career for the Panthers. He notched the NCAA title in the 800m in 1954 and 1956. He became the first Pitt male track & field athlete to earn All-American status, being named to the First Team in 1954 and 1956. He also appeared in the 1956 Olympics and posted a fourth place finish in the 800m. In 2020, Sowell was a part of the third Pitt Athletics Hall of Fame class.

## Honorable Mention All-Americans (15)

| Year                                 | Name                | Event        | Time/Mark (Place) |
|--------------------------------------|---------------------|--------------|-------------------|
| <b>2011-present: 17-24 per event</b> |                     |              |                   |
| 2011                                 | Jermaine Lowery     | 400m Hurdles | 52.01 (21st)      |
| 2012                                 | Jermaine Lowery     | 400m Hurdles | 52.23 (22nd)      |
|                                      | Josh Thompson       | 110m Hurdles | 14.12 (22nd)      |
| 2013                                 | Micah Murray        | 4x400m       | 3:09.54 (20th)    |
|                                      | Carvin Nkanata      |              |                   |
|                                      | Charles Ross        |              |                   |
|                                      | Brycen Spratling    |              |                   |
| 2016                                 | Desmond Palmer      | 4x400m       | 3:11.55 (23rd)    |
|                                      | Bryan Slay          |              |                   |
|                                      | Chris Tate          |              |                   |
|                                      | Donnell Taylor      |              |                   |
| 2021                                 | Ade Jones-Roundtree | 4x400m       | 3:09.97 (18th)    |
|                                      | Lonzell Feagin      |              |                   |
|                                      | Matt Wilson         |              |                   |
|                                      | Cobe Wiggins        |              |                   |

# WOMEN NCAA OUTDOOR CHAMPIONSHIP HISTORY



## NCAA Outdoor Champions (3)

| Year | Name              | Event       | Time/Mark |
|------|-------------------|-------------|-----------|
| 1997 | Trecia-Kaye Smith | Long Jump   | 6.65m     |
| 1998 | Trecia-Kaye Smith | Triple Jump | 13.98m    |
| 1999 | Trecia-Kaye Smith | Long Jump   | 6.61m     |

## Outdoor First Team All-Americans (38)

| Year | Name | Event | Time/Mark (Place) |
|------|------|-------|-------------------|
|------|------|-------|-------------------|

### 1985-2010: Top 8 per event & Top 8 U.S.-born finishers

|      |                       |              |                  |
|------|-----------------------|--------------|------------------|
| 1990 | Keisha Demas          | 400m         | 52.62 (8th)      |
|      | Monica Hockaday       | 4x400m       | 3:34.48 (5th)    |
|      | Ronise Crumpler       |              |                  |
|      | Mary Allison Williams |              |                  |
|      | Keisha Demas          |              |                  |
| 1991 | Keisha Demas          | 400m         | 52.69 (6th)      |
|      | Clarissa Dudley       | 4x400m       | 3:35.98 (5th)    |
|      | Kim Blair             |              |                  |
|      | Ronise Crumpler       |              |                  |
|      | Keisha Demas          |              |                  |
| 1992 | Carmela Mariani       | 10,000m      | 35:12.17 (6th)   |
| 1993 | Mary Allison Williams | 100m Hurdles | 13.58 (8th)      |
| 1994 | Najuma Fletcher       | Triple Jump  | 13.07m (7th)     |
|      | Najuma Fletcher       | High Jump    | 1.79m (6th)      |
|      | Najuma Fletcher       | Heptathlon   | 5,750 pts (3rd)* |
|      | Mary Allison Williams | 100m Hurdles | 13.50 (6th)      |
|      | Kim Blair             | 400m Hurdles | 57.47 (3rd)      |
| 1995 | Najuma Fletcher       | High Jump    | 1.89m (2nd)*     |
|      | Najuma Fletcher       | Triple Jump  | 13.55m (3rd)     |
|      | Najuma Fletcher       | Long Jump    | 6.14m (7th)      |
| 1996 | Trecia-Kaye Smith     | Triple Jump  | 13.58m (2nd)     |
|      | Trecia-Kaye Smith     | Long Jump    | 6.29m (6th)      |
| 1997 | Trecia-Kaye Smith     | Long Jump    | 6.65m (1st)      |
|      | Trecia-Kaye Smith     | Triple Jump  | 13.63m (5th)     |
| 1998 | Trecia-Kaye Smith     | Triple Jump  | 13.98m (1st)     |
|      | Trecia-Kaye Smith     | Long Jump    | 6.41m (2nd)      |
|      | Chantée Earl          | 800m         | 2:04.61 (4th)    |
| 1999 | Trecia-Kaye Smith     | Long Jump    | 6.61m (1st)      |
|      | Trecia-Kaye Smith     | Triple Jump  | 13.91m (2nd)     |
|      | Chantée Earl          | 800m         | 2:05.74 (7th)    |
| 2000 | Chantée Earl          | 800m         | 2:02.43 (2nd)*   |
|      | Tia Tabb              | 4x400m       | 3:33.23 (4th)    |
|      | Mera Belisle          |              |                  |
|      | Chantée Earl          |              |                  |
|      | Tasha Peart           |              |                  |
| 2005 | Amanda Walker         | Shot Put     | 16.48m (7th)     |
| 2006 | Maureen McCandless    | 5000m        | 16:14.10 (7th)   |
|      | Julianna Reed         | 400m Hurdles | 58.25 (13th)     |

## Outdoor Second Team All-Americans (8)

| Year | Name | Event | Time/Mark (Place) |
|------|------|-------|-------------------|
|------|------|-------|-------------------|

### 2011-present: 9-16 per event

|      |                   |              |              |
|------|-------------------|--------------|--------------|
| 2011 | Cambrya Jones     | 4x100m       | 44.24 (14th) |
|      | Da'Lynn Mills     |              |              |
|      | Lanesha Pugh      |              |              |
|      | Ashley Woodford   |              |              |
| 2012 | Cambrya Jones     | 100m         | 11.33 (10th) |
|      | Cambrya Jones     | 200m         | 22.76 (10th) |
| 2017 | Gillian Schriever | 10,000m      |              |
| 2019 | Sydni Townsend    | 400m Hurdles |              |

## TRECIA-KAYE SMITH (1995-99)



Smith is the most accomplished outdoor female athlete in Pitt track & field history as she is the lone outdoor National Champion. She claimed three NCAA titles in her outstanding outdoor career, winning the long jump titles in 1996 and 1999 and the triple jump crown in 1998. Smith is also an eight-time outdoor First Team All-American. She earned First Team honors in all four years in the long jump and the triple jump for the Panthers.

## KEISHA DEMAS (1987-91)



Demas is a four-time outdoor First Team All-American. She was able to claim her first All-American honors during the 1990 campaign as she claimed eighth place in the 400m. She earned the honors in the 400m again in 1991 as she finished in sixth place. Demas was also a member of two Pitt 4x400m relay squads that earned First Team honors, finishing in 5th place in 1990 and 1991. Her name is etched on the Varsity Walk as she earned the Panther Award in 1991.

## Honorable Mention All-Americans (13)

| Year | Name | Event | Time/Mark (Place) |
|------|------|-------|-------------------|
|------|------|-------|-------------------|

### 2011-present: 17-24 per event

|      |                   |              |                |
|------|-------------------|--------------|----------------|
| 2011 | Cambrya Jones     | 200m         | 23.70 (19th)   |
| 2012 | Arielle Fonrose   | 4x100m       | 24th           |
|      | Cambrya Jones     |              |                |
|      | Jonnique Lawrence |              |                |
|      | Ashley Woodford   |              |                |
| 2013 | Elizabeth Kline   | Heptathlon   | 5419 (20th)    |
| 2014 | Evann Thompson    | 400m Hurdles | 58.89 (17th)   |
| 2015 | Evann Thompson    | 400m Hurdles | 1:01.55 (24th) |
| 2017 | Andin Fosom       | Hammer       | Foul (23rd)    |
|      | Desiree Garland   | 4x400m       | 3:41.92 (24th) |
|      | Morgan Harvey     |              |                |
|      | Danielle Leaks    |              |                |
|      | Quadaisha Newkirk |              |                |

# PITT OLYMPIC HISTORY



## PITT'S ALL-TIME OLYMPIANS (14 olympians)

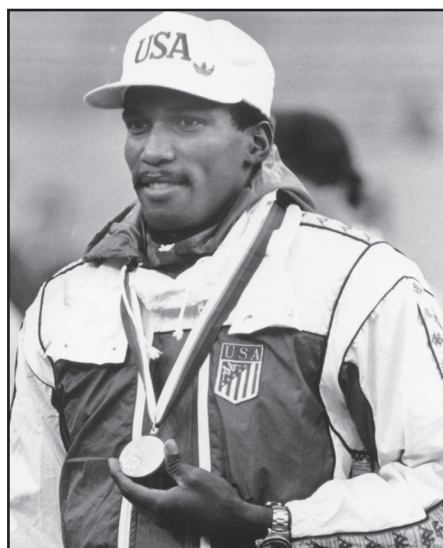
| <u>Year</u> | <u>Name</u>                 | <u>Site</u>            | <u>Event</u> | <u>Country</u> |
|-------------|-----------------------------|------------------------|--------------|----------------|
| 1920        | Frank Shea                  | Antwerp, Belgium       | 440m         | United States  |
| 1928        | Dan Gwinn                   | Amsterdam, Netherlands | Hammer Throw | United States  |
|             | Vic Pickard                 | Amsterdam, Netherlands | Pole Vault   | Canada         |
| 1936        | John Woodruff (Gold Medal)  | Berlin, Germany        | 800m         | United States  |
| 1948        | Herb Douglas (Bronze Medal) | London, England        | Long Jump    | United States  |
| 1956        | Arnie Sowell (4th place)    | Melbourne, Australia   | 800m         | United States  |
| 1984        | Roger Kingdom (Gold Medal)  | Los Angeles, Calif.    | 110m hurdles | United States  |
| 1988        | Roger Kingdom (Gold Medal)  | Seoul, Korea           | 110m hurdles | United States  |
| 1992        | Najuma Fletcher             | Barcelona, Spain       | Heptathlon   | Guyana         |
| 1996        | Ayne Allen                  | Atlanta, Ga.           | 4x400m relay | St. Kitts      |
| 2004        | Trecia-Kaye Smith           | Athens, Greece         | Triple Jump  | Jamaica        |
| 2008        | Trecia-Kaye Smith           | Beijing, China         | Triple Jump  | Jamaica        |
| 2012        | Trecia-Kaye Smith           | London, England        | Triple Jump  | Jamaica        |
| 2016        | Carvin Nkanata              | Rio de Janeiro, Brazil | 200m         | Kenya          |

## OLYMPIC MEDALISTS (4 total medals)



**John Woodruff**

Gold Medalist - USA - 800m  
1936



**Roger Kingdom**

Gold Medalist - USA - 110m hurdles  
1984, 1988



**Herb Douglas**

Bronze Medalist - USA - Long Jump  
1948