

PITT[®]

2006
PITT
WOMEN'S
BIG EAST TEAM
CHAMPIONSHIP
OUTDOOR



ANTONY
HOBWANA



GRIANNA
BROYLES



CAMBRYA
JONES

TRACK & FIELD
2010 MEDIA GUIDE



A TRADITION OF EXCELLENCE

NCAA ALL-AMERICANS MEN

SAM BAIR
GARLAND BROWN
TONY BONURA
ERIC CANNON
JUSTIN CLICKETT
TODD COLAS
JOE DANIELS
KEITH DOWLING
ELBERT ELLIS
TERRY GALLAGHER

DARREN GEARY
KEITH HIGHAM
ROGER KINGDOM
TIM MANES
LEE MCRAE
DAVE MOORE
BILL MOORHEAD
BOB WEINER
MIKE WRAY

BIG EAST MOST OUTSTANDING PERFORMERS

MEN

2006 Justin Clickett
2001 Patrick Harding
1993 Jim Monk
1991 Elbert Ellis
1991 Steve Dering
1990 Dave Moore
1988 Elbert Ellis
1988 Eric Cannon
1985 Lee McRae
1984 Garland Brown
1983 Roger Kingdom

PITT OLYMPIANS

AYNE ALLEN
HERB DOUGLAS
NAJUMA FLETCHER
DAN GWINN
ROGER KINGDOM
VIC PICKARD
FRANK SHEA
ARNIE SOWELL
TRECIA-KAYE SMITH
JOHN WOODRUFF

NCAA ALL-AMERICANS WOMEN

MERA BELISLE
KIM BLAIR
MELANIE CARTER
RONISE CRUMPLER
KEISHA DEMAS
MARISSA DUDEK
CLARISSA DUDLEY
CHANTEE EARL
NAJUMA FLETCHER
MONICA HOCKADAY

CARMELA MARIANI
ANGIE MARTIN
MAUREEN MCCANDLESS
TASHA PEART
JULIANNA REED
TRECIA-KAYE SMITH
TIA TABB
AMANDA WALKER
MARY ALLISON WILLIAMS

BIG EAST MOST OUTSTANDING PERFORMERS

WOMEN

2008 Shantea Calhoun
2005 Maureen McCandless
2005 Amanda Walker
2005 Kimberly Lyles
2003 Tamara McGill
1999 Trecia Smith
1998 Trecia Smith
1997 Trecia Smith
1996 Najuma Fletcher
1995 Najuma Fletcher
1994 Najuma Fletcher
1991 Keisha Demas
1990 Keisha Demas
1990 Ronise Crumpler
1989 Debbie Bonner

A Letter to the Recruit from Head Coach Alonzo Webb

"Besides being proud of the athletic successes of our Track and Field and Cross Country programs over the past eight years, I am equally proud of the academic success and graduation rates we have attained. Whenever a student-athlete is dropped off to begin their college career at our door step, we pledge to take care of them for the time that they are here, to help them reach their full athletic potential, grow into responsible citizens and to graduate from a great University with a meaningful degree.

Now is a great time to be a Pitt Panther because of the support that we receive from Chancellor Mark Nordenberg, and our Athletic Director Steve Pederson. Our program is also benefitted by the outstanding services provided by our Academic Support, Life Skills, Compliance and Business Office staffs. The University of Pittsburgh is truly a team effort.

Our Track and Field and Cross Country program has been built on a solid foundation that is the essence of Pittsburgh, a blue collar, sacrifice and no excuses accepted work ethic. I believe that those are the cornerstone of what is needed to be adhered to if we are eventually going to lead to success in everyday life. Eventually the 'Blue' collar work ethic that we put in will turn into 'Gold.'"

Alonzo Webb

Head Track and Field/Cross Country Coach

The Future Track and Field Facility





ALONZO WEBB
HEAD COACH

In the last seven years, Head Coach Alonzo Webb has engineered a resurgence of Pitt Track and Field, as his teams have claimed three Big East Conference titles.

Throughout his tenure at Pitt, Webb has produced 10 NCAA All-Americans, 39 NCAA qualifiers, 30 ECAC/IC4A champions, 40 Big East champions and 78 all-conference honorees.

"This is tremendous for me," said Webb, a Pittsburgh native. "To be back in my hometown as the head of a track and field and cross country team at a major university like Pitt is very exciting. The University of Pittsburgh has shown a commitment to excellence throughout the athletic department and I am happy to be a part of that."

In seven years since becoming the head coach at Pitt, his men's team has climbed from the bottom of an expanded conference to the top half of the Big East. The women's team moved from eighth in the Big East to first and along the way, won four consecutive ECAC team titles and its first-ever outdoor title in the 22-year history of the women's program. Also under Webb's guidance were four Big East Outstanding Performers including Justin Clickett, Kim Lyles, Maureen McCandless and Amanda Walker. Elizabeth Bayne, an NCAA qualifier in the 400-meter hurdles, was also selected as the NCAA Mondo Mid-Atlantic District Female Athlete of the Year in 2004.

In the 2007-2008 season, Webb's guidance helped Sam Bair earn the distinction of Mid-Atlantic Male Track Athlete of the Year.

This past season, Webb guided Mycaiah Clemons to Big East Conference Indoor and Outdoor titles in the hurdles. Clemons went on to compete at the 2009 NCAA Outdoor Track and Field Championships in the 100 meter hurdles. Clemons produced four top-five finishes in the 100 meter hurdles, including a fifth place finish at the prestigious Texas Relays. Additionally, Webb guided Antony Hobwana to a first place finish in the 100 meter dash at the Big East Outdoor Championships. Hobwana went on to become the runner-up in the 200 meters at the NCAA East Regional qualifier. Under Webb's guidance, Mycaiah Clemons, Cambria Jones and Antony Hobwana finished the season as All-Big East performers. Jones, an All-East Region selection, was also the only freshman to advance to the NCAA East Regional in the 200 meter final. In 2008-09, the Pitt Track and Field team totaled 11 All-Big East selections and five Big East champion titles.

Webb was named the United States Track Coaches Association Mid-Atlantic District Coach of the Year in 2003, and repeated that honor in both 2004 and 2005, becoming one of only two coaches in the country to achieve that distinction, the other being the legendary John McDonnell of Arkansas.

In a vote of the Big East coaches, Webb was elected to serve as President to the Big East Track and Field Championship and Competition Committee in 2006. From 2004-

06, Webb served as the Vice President of the Championship and Competition Committee while also serving on the Seeding Committee and Big East Standards Committee.

"With the Big East being one of the most respected conferences in the country, I feel it's an honor and a privilege to be elected by my peers to serve them in this capacity," he said.

Webb's coaching talents were recognized in 2006 when he was asked to coach the North American Central American and Caribbean (NACAC) Under-23 Championships. Webb was able to coach Pitt student-athlete Julianna Reed to a fourth-place finish in the 400-meter hurdles.

Prior to being named head men's and women's track and field coach at the University of Pittsburgh in 2002, Webb helped direct Kent State University to two Mid-American Conference track and field championships in three years as the program's associate head coach.

Webb, a 1972 graduate of Peabody High School in Pittsburgh, boasts over 30 years of track and field coaching experience on the collegiate, club, high school and junior high levels. He was also a standout performer himself, competing in the jumps and decathlon at Western Michigan, where he helped lead the Broncos to the 1976 MAC championship.

Webb joined Kent State in 1999 as an assistant coach and was promoted to associate head coach in 2000. He worked with both the men's and women's programs, focusing on the sprints, hurdles, jumps and multi-events.

During his tenure at Kent State, Webb



guided the Golden Flashes' men's team to the 2000 outdoor MAC championship, the program's first conference title in 25 years. In the 2002 outdoor season the Golden Flashes' women's team won its first ever MAC title.

During his final two years at Kent State, Webb's athletes achieved 16 school records, 14 MAC titles, two All-America citations, two MAC records, four NCAA provisional qualifying performances and two NCAA automatic qualifying performances.

Prior to Kent State, Webb served as the head track and field coach and interim cross country coach at Pittsburgh's Woodland Hills High in 1999. While with the Wolverines, he coached former University of Pittsburgh football players Lousaka Polite (javelin) and Shawntae Spencer (long jump), who were both finalists at the 1999 Pennsylvania State Championship meet. The duo is currently in the NFL.

He has also been very active on the club level and served as the head coach and president of the River City Elite Track Club in Pittsburgh from 1993-99. The club won 33 national AAU Junior Olympic medals, the most of any club in the country in 1999. Among the athletes he tutored was Cassy Richards, who was Track & Field News' No. 1-ranked

Webb Named One of 50 Men of Excellence

In 2009, Alonzo Webb was honored as one of the 50 Men of Excellence by *the New Pittsburgh Courier*. The award ceremony was held at the Lexus Club at PNC Park and featured some of Pittsburgh's most notable faces and names.

"While all the honorees are nominated, the award recognizes their many individual contributions in their varied fields of endeavor. These 50 Men of Excellence serve as a beacon for other men to follow. We are very proud to honor them," said Courier Editor and Publisher Rod Doss.

The 50 men honored represent different sectors of Pittsburgh from health care to education, with many involved in the business community. Each honoree was recognized for the positive impact they have on the city of Pittsburgh.

women's high school indoor long jumper and who also set a sophomore class national record in that event.

In his final two years with the River City Elite Track Club, Webb's athletes won 27 medals at the Pennsylvania outdoor championships, including six state champions and five state runner-up honors.

Every year since 1994, athletes under Webb's tutelage have advanced to the USATF Junior National Meet, including two who earned Junior All-America honors. He coached Munhall native Heather Hanchak to the Pan-Am Junior Team in Chile (1995) and

the World Juniors in Australia (1996). He also helped Oliver High's Talise Manuel to the IAAF World Youth Championships in Poland (1999). Additionally, Webb coached Mike Sanford, a local product out of Pine-Richland High, who was a Footlocker Cross Country National Finalist.

Webb has also served as Youth Chair of the Three Rivers Association USATF and meet director of numerous associations, regional and Junior Olympic meets.

Webb earned his bachelor's degree in art from Western Michigan University in 1979. He and his wife Noel have four children: Tanisha, Crystal, Justin and Alonzo III, a member of the Pitt track and field team. He also has six grandchildren Dejuan, Terrance, Tearra, Cailah, DeAsia and Kennedy.

Pitt Head Coach Alonzo Webb's student-athletes have been named:

Track and Field News All-Americans
USATF Junior National All-Americans
National Scholastic All-American
Gatorade Circle of Champions Athlete of the Year
Nike Indoor Classic All-Americans
Footlocker National Cross Country All-American
National Scholastic Indoor Champion and Outdoor Runner-up
USATF World Junior team members
High School Record Holders
IAAF Pan Am Junior team members
USATF Jr. Olympic National Champions
AAU Jr. Olympic National Champions
Golden West Meet Champions
Pa. High School State Meet Champions
NCAA All-Americans
Conference Record Holders
Conference Champions
NACAC Under-23 USA team member



Pitt's 2009-10 coaching staff (L to R): Head Coach Alonzo Webb, Assistants Bob Reynolds, Shantea Calhoun, Jeff McAuley, Clint Bell and Jason Schutz. (Not pictured is Chantee McBride.)



CLINTON BELL

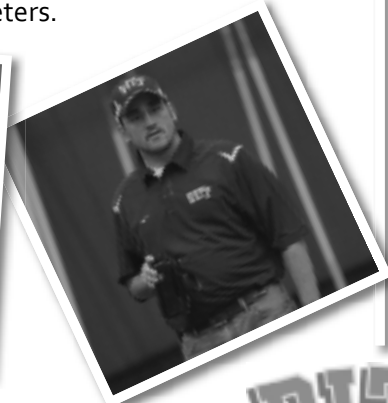
ASSISTANT COACH
MIDDLE AND LONG DISTANCE/
CROSS COUNTRY

Clinton Bell enters his third season with the University of Pittsburgh Track and Field programs, overseeing the distance events as well as assisting with the cross country teams. In his first season at Pitt, Bell guided Sam Bair to the 1000 meters title at the IC4A Championships and an All-American fifth place finish in the 1 mile run at the Indoor NCAA Championships.

Bell arrived at Pitt after coaching at Seton Hall University for seven seasons where he served as an assistant cross country and track and field coach. He was also in charge of day-to-day activities such as the budget and meet management, athlete evaluation and supervision of the team. Bell also assisted in organizing and training student-athletes for successful competition and knowledge of the NCAA rule and regulations.

While at Seton Hall, Bell recruited and signed 17 athletic award winners, two of which were High School National Champions, one was a Junior College National Champion and seven won State Championships. Of those athletes, two have earned Big East and IC4A titles and one ran the fastest time in the nation in the 500 meters. Bell also coached an Irish Olympic trial finalist in the 1500 meters.

Bell graduated from Seton Hall with a B.A. in Communications. As a student-athlete, he earned NCAA All-American status, won a Big East Championship and an Athletic Award for the Pirates Track and Field team. He has accumulated 17 years of competitive experience in track and field. In addition to his collegiate accomplishments at Seton Hall, Bell has been honored as a High School All-American, an American record holder (1994) and a USA Olympic Trial Qualifier in the 1500 meters.



BOB REYNOLDS

ASSISTANT COACH
JAVELIN AND POLE VAULT

Bob Reynolds enters his fourth season with the Panthers as the assistant coach for the javelin and pole vault.

Reynolds joined the Pitt program after serving four seasons as a pole vault coach at nearby Duquesne University. While at Duquesne, he coached two A-10 Conference pole vault champions and eight total A-10 all-conference selections. He additionally guided his pole vaulters to four runner-up finishes. Reynolds' student-athletes hold the record for most points scored in an individual event, and both the men's and women's pole vault records were broken every year during his tenure.

Reynolds guided Nicole Cherry to three 1st place finishes in the javelin, in 2008-09. Cherry went on to compete in the Big East Championships and had a top-15 finish at the NCAA East Regional Championships in the javelin. Throughout the outdoor season, Reynolds also coached Victoria Toso to first and second place finishes in the pole vault and Kelsey Voltz to first and second place finishes in the javelin.

He was responsible for starting the Duquesne Track Club to raise money for the track program and give local high school track and field athletes the opportunity to train in the summer and compete at the USA Track and Field Level. Also, he used this opportunity to educate and promote safety of the athletes competing in the pole vault.

Throughout his coaching career, Reynolds has guided four state champions, 10 WPIAL placewinners and four national USATF qualifiers. Prior to his stint at Duquesne, Reynolds coached junior high wrestling at Pittsburgh's Keystone Oaks School District.

Reynolds graduated from nearby Baldwin High School in 1996 where he was a three-time Western Pennsylvania Interscholastic Athletic League (WPIAL) pole vault champion. He set the WPIAL vault record of 15' 8" in 1996 and his record stood until 2005. That year, he also reigned as the Pennsylvania State High School pole vault champion.

He earned a bachelor's degree in chemistry from the University of Pennsylvania in 2000 where he was a four-year letterman in track & field. A two-time All-East and All-Ivy League section in the pole vault, Reynolds was also named the team's MVP as a freshman.

Reynolds earned his Doctorate of Pharmacy degree from the University of Pittsburgh, this past year.





JASON SCHUTZ

ASSISTANT COACH
THROWS

Jason Schutz is in his first season with the Panthers and will focus on the development of the team's discus, hammer, shot put and weight throw events.

Schutz joins the Panthers after serving a year as an assistant track and field coach at his alma mater, Colorado State. There, he helped oversee the training and development of 18 throwers in 2008-09. He worked alongside Brian Bedard, the head coach at CSU, who has accumulated over 21 years of coaching experience, and has coached 32 All-Americans and two national champions.

Schutz also helped to develop and oversee weight lifting programs and coached lifting technique for various components of the track team. He has outstanding experience in designing training programs and coaching student-athletes on a one-on-one basis in throwing events. Schutz also gained experience evaluating video of potential recruits.

A 2008 graduate from Colorado State with a bachelor of science degree in natural resource management, he also minored in watershed science. During his collegiate career, Schutz was a three-time All-American, as well as an Academic All-American and team captain. He competed in the discus, hammer and weight throw events at the NCAA Championships. Additionally, Schutz qualified for the past three USATF Outdoor Championships in the discus throw. He was also a 2008 Olympic Trials participant.



JEFF MCAULEY

ASSISTANT COACH
SPRINTS/HURDLES

Jeff McAuley enters his first season as a member of Pitt's track and field coaching staff. He will handle the day-to-day responsibilities related to the sprints and hurdles.

A respected veteran of track and field coaching, McAuley comes to Pittsburgh after previous stints at Boise State, South Carolina, Penn State and Cal State-Northridge, over the last 16 years where he has developed a reputation that sets him apart in the sprints and hurdles coaches' nation.

While at the University of South Carolina, he assisted the women's team to a Southeastern Conference Championship (2005), two Eastern Regional Championships, and three top five NCAA finishes. During his tenure at South Carolina, he guided Amberly Nesbitt to the NCAA 100m championship, assisted Shalonda Solomon to three 200m titles, and developed world class sprinters Rodney Martin, and Leroy Dixon. The sprinters under his guidance also established seven school records and attained multiple All-American honors.

He also helped in the turn-around of Penn State's program. McAuley capped off his tenure at PSU with program firsts of a Big Ten Championship and a top-10 NCAA finish. His top athletes included 2004 Olympian Connie Moore, All-American Chi-Chi Aduba and World Junior Team competitor Shana Cox.

While at Northridge, McAuley guided his athletes to 89 individual conference champions, 42 NCAA qualifying marks, 43 indoor and outdoor school records, and 21 Big Sky conference records. McAuley has also coached numerous age-group athletes to Junior Olympics, National Youth, USATF Junior, and World Youth Championships.



CHANTÉE EARL MCBRIDE

ASSISTANT COACH
MIDDLE AND LONG DISTANCE

Chantée Earl McBride begins her third season on head coach Alonzo Webb's staff as an assistant coach for middle and long distance events. A former Pitt standout in the 800 meters, McBride also made a name for herself on the national level after placing sixth at the U.S. Olympic trials in 2004.

As a student-athlete, McBride captured seven All-American honors, including the NCAA 800-meter crown in 2000. During her career at Pitt, McBride racked up four Big East and ECAC championships, as she placed second in the 800 at the NCAA Outdoor Championships. Over her last two years at Pitt, she won 18 individual races, including 12 indoor crowns. She was the recipient of the Panther Award, Pitt's highest athletic honor that is given out each year to the senior student-athlete who best promotes the University through athletic achievement.

Following her time in Pittsburgh, McBride moved to Palo Alto, California, where she worked as a social studies teacher for disadvantaged youths. She also continued to train while in California and produced a personal best time in the 800 of 2:00.62 in 2002.

She graduated from Pitt with a history degree and went on to earn her Master's of Art in Teaching. She is currently pursuing a Ph.D. in Instruction and Learning and serves as the President for the Council of Graduate Studies in Education.



SHANTEA CALHOUN

ASSISTANT COACH
SPRINTS/HURDLES

Shantea Calhoun begins her second season as an assistant coach on Alonzo Webb's staff, working primarily with the Panthers' sprinters and hurdlers.

Calhoun capped a four-year career at Pitt as one of the most decorated female student-athletes to compete on the track and field team. She owns four Pitt school records; three outdoor - 100 meter dash (11.54), 400 meter relay (44.28), 800 meter relay (1:34.27) - and one indoor - 800 meter relay (1:37.98).

During her senior season, Calhoun was a two-time Big East indoor champion, winning the 60 meter dash and the 200 meter dash. She rounded out her career as a member of the 400 meter relay team that captured first place at the Big East outdoor championships. In total, she was a seven-time All-Big East selection.

Calhoun graduated from Pitt in 2008 with a degree in sociology.





KIRK BRUCE

**ASSOCIATE ATHLETIC DIRECTOR
SPORTS ADMINISTRATION**

As an Associate Athletic Director, Kirk Bruce is in his 13th year overseeing the Olympic sports, but his association with the University goes back much further.

In his current capacity, Bruce oversees the day-to-day operations of men's and women's soccer, men's and women's swimming and diving, men's and women's track and field, women's tennis and softball. This is also the second season Bruce will serve as the administrator for volleyball.

While dedicating his time to Olympic Sports, the Pitt men's swimming and diving program has earned the nickname "Beast of the East" after capturing six conference titles since 1998.

More recently, Bruce helped guide the softball team to two back-to-back-to-back Big East Championships, where they upset then-No. 25 South Florida in the opening round in 2006. He also had a hand in the women's tennis team making a trip to Tampa, Fla., for the conference championships, while the women's soccer team set a school record for season wins last year.

Bruce was instrumental in leading the women's track and field program to three Big East titles and four consecutive ECAC outdoor titles. Additionally, Bruce oversaw the Pitt baseball team which finished runner-up in the Big East in 2004.

Bruce previously served as the Panthers' head women's basketball coach for 13 years from 1985-1998. His coaching career was highlighted by the 1992-93 season in which the Panthers produced their first 20-win season (21-10) and finished third in the Women's National Invitation Tournament. Bruce coached numerous Big East All-Conference players and two Kodak All-America honorable mention players in Jonna Huemrich and Lorri Johnson.

A standout starting point guard at Pittsburgh from 1971-75, Bruce was a member of the Panthers' 1974 team that finished 25-4 and advanced to the East Regional finals. He was drafted by the Utah Stars of the former American Basketball Association (ABA). When the league disbanded, he returned to Pittsburgh to begin his coaching career as an assistant for the Panthers. Bruce was later promoted to the head coaching position prior to the 1985-86 season.

Bruce and his wife Marleen have three daughters, Chelsea (27), Carmen (25) and Courtney (22).



KIM KING

**HEAD STRENGTH AND
CONDITIONING COACH**

Kim King, the head strength and conditioning coach for Olympic sports, is in her 14th season working with the Pitt athletic department. In addition to working with volleyball, King oversees the strength and conditioning program for all of the Panthers' Olympic sports.

King boasts a wealth of experience, having been in the strength and conditioning profession for over 20 years.

A prominent body builder on the professional level, King has earned top finishes in numerous competitions, including a first-place finish in the National Physique Committee (NPC) Championships, the nation's most prestigious contest. In 1994, King was named the Pittsburgh Athlete of the Year.

Additionally, King is the chairman and chief administrator of strength, health and rehabilitation for the NPC and is a member of the board of governors for the International Federation of Body Builders.

King and her husband Jeff have one daughter, Kelly.



Demetreus Darden
Academic Support



Chris Dountas
Equipment
Manager



Sophia Duck
Media Relations



Jeanne Monahan
Administrative
Assistant



Dan Ricci
Athletic Trainer



Kendall Butch
Student Assistant

Not pictured is:
Steve Brindle
Strength and
Conditioning



UNIVERSITY OF PITTSBURGH

Quick Facts

Location	Pittsburgh, PA
Enrollment	33,898
Founded	1787
Chancellor	Mark A. Nordenberg
Athletic Director	Steve C. Pederson
Nickname	Panthers
Colors	Blue and Gold
Affiliation	NCAA-D1
Conference	Big East
Varsity Sports	19

Men (9): Baseball, basketball, cross country, football, soccer, swimming and diving, track and field (indoor and outdoor) and wrestling.

Women (10): Basketball, cross country, gymnastics, soccer, softball, swimming and diving, tennis, track and field (indoor and outdoor) and volleyball.

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INTERVIEW POLICY

If a member of the media wishes to interview or photograph a Pitt track and field student-athlete or coach, contact the Media Relations Department in advance. Every attempt will be made to fulfill the request as efficiently and quickly as possible.

Interviews with student-athletes will be set up only by the Media Relations Office. Please allow one day's notice or more.

Student-athletes' telephone numbers will not be release to the media.

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TRACK AND FIELD STAFF

Head Coach:	Alonzo Webb
Alma Mater:	Western Michigan, '79
Assistant Coach:	Jeff McAuley
Alma Mater:	California State at Northridge
Assistant Coach:	Clinton Bell
Alma Mater:	Seton Hall '00
Assistant Coach:	Bob Reynolds
Alma Mater:	Penn '00
Assistant Coach:	Shantea Calhoun
Alma Mater:	Pitt, '08
Assistant Coach:	Chantée Earl McBride
Alma Mater:	Pitt, '00
Assistant Coach:	Jason Schutz
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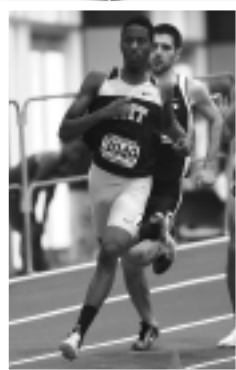
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SPRINTS

Junior Antony Hobwana returns as Pitt's top sprinter for the 2009-2010 track season. Last indoor season, he earned a fifth place finish in the 60 meter dash at the Big East Championships. The junior had another notable performance at the Fred Hardy Outdoor Invitational where he claimed first place (10.68) and set the meet record in the 100 meter dash. Sophomore Idris Kasumu, who was a Big East Indoor qualifier last year, and senior Sam Perkins will be two other sprinters to watch this season. Newcomer Kevin Wilbank will also have the opportunity to contribute to the squad in his first season as a Panther.

MIDDLE DISTANCE

Sophomore Dontave Cowsette is returning to the middle distance squad this season. The team will also look to sophomore Elliot Rhodes to contribute in the middle distance events.

DISTANCE

Junior Josh Christopher is the top distance runner on the men's side. Christopher placed 13th in the 5000 meters at last year's Big East Indoor Championships and also qualified for the IC4A Indoor Championships. He is joined by junior Teddy Miller and sophomore Greg Kareis this season. Kareis qualified for the IC4A Championships last year as a freshman.

HURDLES

Sophomores Jermaine and Jerome Lowery are the top returning athletes in the hurdles. Freshman Caleb Matthews will look to make an impact in his first year as a Panther as well. Matthews is a two-time high school state qualifier and a two-time All-America.

JUMPS

With a year of experience on his resume, sophomore Folarin Ijelu returns for his second season as Pitt's top jumper. Folarin was a 2008-09 All-Big East Indoor and Outdoor competitor in the jumps. Senior Brandon Turner returns for his final season with the Panthers. Turner recorded several top-10 finishes last year.

THROWS

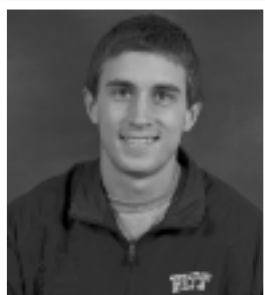
Top returnees in the throws include junior Garrett Larkin and sophomores Dan Kwiatkowski and Kurt Barnhart. The squad had a successful showing last year advancing to post-season competition and recording numerous top-10 performances. All three made it to the Big East Outdoor Championships. Larkin captured sixth place in the shot put at the Big East outdoor meet. Larkin and Kwiatkowski were also competitors at the Big East Indoor Championships.

POLE VAULT/JAVELIN

Senior Ron Walter is Pitt's top athlete in the pole vault. He is joined this season by fellow senior Nick Malenka. Last year, Malenka qualified for the Big East Indoor Championships for the second time in his career.

Freshman Josiah Rupert will carry Pitt in the javelin as he is the only competitor in this event for the 2010 track season.

Kurt Barnhart	SO	Throws	Worthington, Ohio/Thomas Worthington
Chase Broussard	FR	Distance	North Allegheny, Pa./North Allegheny
Andrew Cerrito	FR	Distance	Owings, Md./Northern High
Josh Christopher	JR	Distance	Irwin, Pa./Penn-Trafford
Dontave Cowsette	SO	Middle Distance	South Euclid, Ohio/Cleveland Heights
Benjamin Hatch	SO	Middle Distance	Tipton, Pa./Bellwood-Antis
Tashaun Hill	FR	Sprints/Hurdles	Denver, Colo./Eaglecrest
Antony Hobwana	JR	Sprint/Jumps	Harare, Zimbabwe/Prince Edward School
Limiel Hodge	SO	Sprints	Pittsburgh, Pa./Shady Side Academy/Lincoln
Kevin Hull	FR	Distance	Lancaster, Pa./Hempfield
Folarin Ijelu	SO	Jumps	Blue Bell, Pa./Wissahickon
Kyle Kaminski	SR	Distance	Bethel Park, Pa./Bethel Park
Greg Kareis	SO	Distance	Red Lion, Pa./Red Lion Area
Idris Kasumu	SO	Sprints	Philadelphia, Pa./Springfield Township
Dan Kwiatkowski	SO	Throws	Erie, Pa./McDowell
Garrett Larkin	JR	Throws	Erie, Pa./North Allegheny
Jermaine Lowery	SO	Sprints/Hurdles	Sharon Hill, Pa./Father Judge
Jerome Lowery	SO	Sprints/Hurdles	Sharon Hill, Pa./Father Judge
Nicholas Malenka	SR	Pole Vault	Orwigsburg, Pa./Shippensburg
Caleb Matthews	FR	Jumps/Hurdles	Boardman, Ohio/Boardman
Jason McKenzie	JR	Hurdles	Not Available
Teddy Miller	JR	Distance	Ambler, Pa./Ambler
Maka Mudekunya	JR	Sprints	Harare, Zimbabwe/Prince Edward School
Sam Perkins	SR	Sprints	Kent, Ohio/Kent Roosevelt
Elliot Rhodes	SO	Distance	Philadelphia, Pa./George Washington Carver
Josiah Rupert	FR	Javelin	Greenville, Pa./Greenville
Brandon Turner	SR	Jumps/Combined	North Wales, Pa./North Penn
Ron Walter	SR	Pole Vault	Pittsburgh, Pa./Baldwin
Wesley Washington	FR	Distance	West Lancaster, Calif./Paraclete
Alonzo Webb III	SR	Jumps/Combined	Kent, Ohio/Kent Roosevelt
Kevin Wilbank	SO	Sprints	Folsom, Pa./Shippensburg University



Kyle KAMINSKI

Distance
Bethel Park, Pa.
Bethel Park

2008-09: Indoor T/F - Kyle Kaminski placed second in the 5,000 meter run at the State Farm Games. **Outdoor T/F** - Finished eighth out of 87 runners at the Bison Outdoor Classic.

2007-08: Indoor T/F - Kaminski ran a 15:21.70 at the New Balance Collegiate Invitational in the 5,000 meter run...crossed the finish line at 9:07.91 at the Penn State Open in the 3,000 meter run...**Outdoor T/F** - Kaminski finished fifth in the 5,000 meter run at the SRU Invite...placed ninth at the Colonial Relays in the 10,000-meter run (33:42.05).

2006-07: XC - Kaminski opened his collegiate career at the Duquesne Duals...competed at the CMU Invitational after posting a time of 27:09.51. **Outdoor T/F** - Finished third in the 10,000 meters at the Slippery Rock Open with a time of 32:53.70.

High School: Kaminski was a two-time state qualifier in cross country...placed 12th in the district in cross country...WPIAL qualifier in the 3,200 meters as a senior...WPIAL indoor qualifier and medalist in the 3,000 meters as a senior...earned a second-degree black belt in karate and was an active volunteer in several of his area's organizations...recipient of the High School Scholar-Athlete Award...member of the National Honor Society and honor roll.

Personal: Son of Martin and Lidia Kaminski...born June 30, 1988...has two brothers...an engineering major.

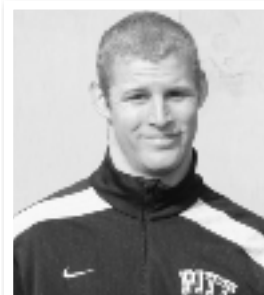
Kaminski's Top Score

5K	14:58
8K	25:27



Nick MALENKA

Pole Vault
Orwigsburg, Pa.
Shippensburg



2008-09: Indoor T/F - Nick Malenka qualified for the Big East Championships in the pole vault...finished 12th overall at the conference meet...cleared a height of 4.50 meters for eighth at the Penn State Open...placed fifth at the Akron Invitational.

2007-08: Indoor T/F - Malenka placed ninth at the BEC in the pole vault with a jump of 4.50 meters...finished 10th at the Penn State Open with a vault of 4.34 meters and placed 11th at the Sykes-Sabock Cup with a vault of 4.45 meters. **Outdoor T/F** - Placed first at the Morgan State Invite in the pole vault with jump of 4.40 meters...took fifth place at the Colonial relays with a vault of 4.45 meters.

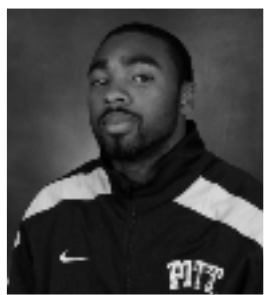
High School: Malenka led Orwigsburg to three consecutive Schuylkill league titles and a 36-0 dual meet record in his final three varsity seasons...set a school record and career-high mark of 4.57 meters in the pole vault as a senior...trained under Mike Lawryk, founder of Vertical Assault and coach of 28 state champions.

Personal: Son of Mary Malenka...born June 18, 1988...has two sisters, Alexandra and Veronica...an undeclared major.

Malenka's Top Score

Pole Vault	4.75M
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Sam PERKINS
Sprints
Kent, Ohio
Kent Roosevelt

2008-09: Sam Perkins redshirted last season.

2007-08: Outdoor T/F - Perkins helped his 400-meter relay team to a fourth place finish at the Big East Outdoor Championships with a time of 42.18... placed seventh at the BEC in the 100 meter dash with a time of 10.69... finished fifth in the Morgan State Legacy Invitational in the 100 meter dash...also turned in a ninth-place performance at the MSU Legacy Meet in the 200 meter dash with a time of 22.29.

2006-07: Indoor T/F - Perkins earned All-Big East honors in the 60 meter dash, placing third with a time of 6.89...also placed fifth in the 200 meter dash at the conference meet with a time of 21.94...set a career-best in the 60 meter dash with a time of 6.85 at the Sykes-Sabock Challenge Cup...had strong finishes in sprints at the Penn State National Invitational, placing fifth in the 60 meters with a time of 6.87 and fourth in the 200 after posting a mark of 22.08...finished fifth in the 60 meters at the Penn State Open with a time of 6.92...at the Akron Quad, Perkins came in third in both the 60 meters and the 200 meters...began the season at Kent State's Golden Flash Gala with a second-place time of 6.86 in the 60 meters and a fifth-place mark of 21.90 in the 200 meters. **Outdoor T/F** - Ran for a time of 10.84 and a 15th place finish at the IC4A Championships...contributed to a 13th place finish in the 1,600 meter relay with a time of 3:21.89 at the Big East Outdoor Track and Field Championships...ran a personal best in the 100 meters (10.77) at the Morgan State Legacy Meet and finished sixth...captured 20th in the 100 meters with a time of 10.80 at the Sea Ray Relays.

2005-06: Indoor T/F - Perkins qualified for the Big East Championships in the 60 meters and 200 meters, placing sixth in the 1,600-meter relay...placed fifth at the Akron Quad in the 60 meters and finished third in the 1,600-meter relay...finished in the top 20 in the 1,600-meter relay at the Penn State Open. **Outdoor T/F** - Competed in the IC4A Championships in the 100 meters...placed fifth in the 100 meters at the Big East Championships and earned all-conference honors with a third place finish in the 400-meter relay...won the 400-meter relay at the Nittany Lion Relays and also placed third in the 200 meters and fourth in the 100 meters...finished second in the 200 meters and fourth in the 100 meters at the Western PA Championships.

High School: State champion in the 100 meters...Regional champion in the 100 meters...district champion in the 100 and 200 meters...county champion in the 100 and 200 meters as well as the 1,600-meter relay...competed in Junior Nationals in the 1,600-meter relay...also participated in football.

Personal: Son of Rhonda Perkins...born July 8, 1987...has two brothers and one sister...a physical therapy and rehab science major.

Perkin's Top Times

60M	6.83
100M	10.67
200M	21.80



Brandon TURNER
Jumps
North Wales, Pa.
North Penn



2008-09: Indoor T/F - Brandon Turner finished fifth at the Akron Invitational with a triple jump of 14.15 meters. **Outdoor T/F** - A Big East Championship qualifier...placed eighth in the triple jump at the BEC...won the triple jump event at Richmond's Fred Hardy Invitational with a leap of 14.66 meters...placed sixth in the triple jump at the Aggie Relays with a mark of 14.60 meters.

2007-08: Outdoor T/F - Turner was third in the triple jump at the Morgan State Invite (14.51M)...also placed third at the Colonial Relays in the triple jump...competed in the long jump at the Colonial Relays.

2006-07: Indoor T/F - Turner set a personal-best mark of 14.54 meters in the triple jump at the Penn State Open...finished fifth in the triple jump with a distance of 13.74 meters at the Akron Quad...at Kent State's Golden Flash Gala, placed fourth at 13.94 meters in the triple jump.

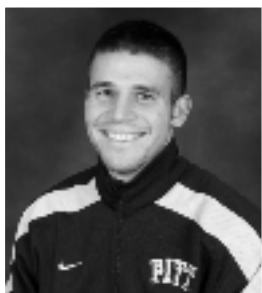
High School: Turner holds the freshman high jump record and the junior triple jump record at his high school...won a state title in the triple jump and the team title in 2006...all-state selection in the high jump, triple jump, 400-meter relay, 800-meter relay and 1,600-meter relay...honored as the 2004, 2005 and 2006 Athlete of the Year...top-10 all-time in six events in high school...also played football and was an all-area selection in 2005.

Personal: Son of Mark and Jackie Turner...born March 20, 1988...an English writing major.

Turner's Top Score

Triple Jump	14.74M
Long Jump	6.77M





Ron WALTER

Pole Vault
Pittsburgh, Pa.
Baldwin

2007-08: *Indoor T/F* - Ron Walter competed at the Findlay Open where he reached a Big East and IC4A height of 5.00 meters...posted a height of 4.80 meters at the New Balance Invite. *Outdoor T/F* - Walter recorded a height of 5.05 meters in the pole vault at the Sea Ray Relays...vaulted 4.75 meters at the University of Miami Invite.

2006-07: *Indoor T/F* - Walter qualified for the Big East Championships and placed fifth in the pole vault...finished fourth at the Akron Quad and fifth at the Penn State Open. *Outdoor T/F* - Won the Morgan State Legacy Meet with a height of 4.85 meters in pole vault... placed second with a height of 4.42 meters in the pole vault at the Slippery Rock Open.

High School: Walter set WPIAL and high school record at 16' 3" in 2005... state champion in 2005...WPIAL champion in 2005...finished 11th at indoor nationals in 2004 and ninth in 2005...finished fifth at outdoor nationals in 2004...also participated in golf.

Personal: Son of Ronald and Judith Walter...born May 6, 1987...has one brother...is an administration of justice major.

Walter's Top Score

Pole Vault

5.05M

Alonzo Webb III

Jumps
Kent, Ohio
Kent Roosevelt



2008-09: Alonzo Webb III competed in the MSU Legacy meet in April...participated in Richmond's Fred Hardy Invitational in the high jump event...ran the 200M dash at the Charlotte 49er Classic.

2007-08: *Indoor T/F* - Webb placed 13th in the Penn State Open in the high jump...placed 16th at the Akron Quad in the 60-meter dash.

2006-07: *Indoor T/F* - Webb competed in the high jump at the Akron Open.

High School: Webb was a first team all-conference selection...member of the River City Elite Track club from 1993-1999.

Personal: Son of Head Coach Alonzo and Noel Webb...born March 26, 1988...has one brother and two sisters...a business major.





Josh Christopher

Junior
Distance
Irwin, Pa.
Penn Trafford

2008-09: Indoor T/F - An IC4A championship meet qualifier, Josh Christopher ran a time of 14:43 in the 5,000 meters at the New Balance Invitational...placed 13th at the Big East Championships in the 5,000 meters with a time of 14:46...finished in sixth place in the 3,000 meters at the Penn State Open. **Outdoor T/F** - Finished in ninth place in the 5,000 meter run at the Fred Hardy Invitational...ran the 10,000 meter run at the Duke Asics Invitational and placed second with a time of 30:58.4...qualified for the Big East Championships in the 5,000 and 10,000 meters.

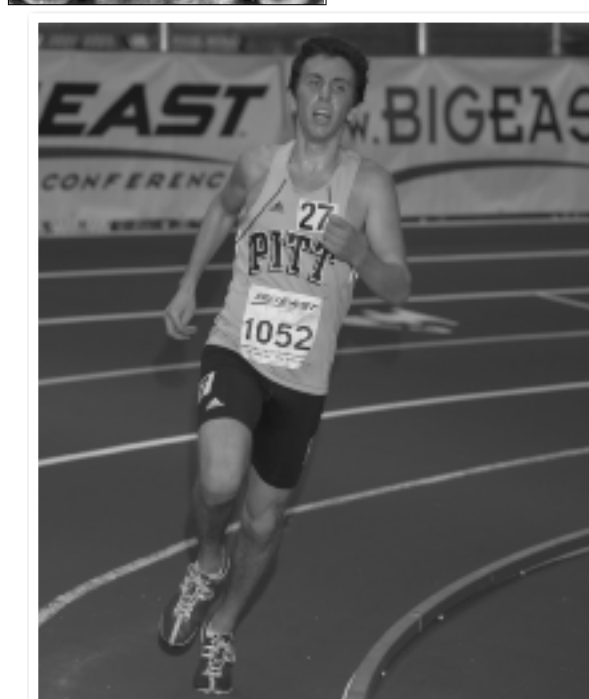
2007-08: Indoor T/F - Christopher was second at the Penn State National Invitational, with a time of 15:11.36 in the 5,000-meter run...placed fifth in the 3,000 meters with a time of 8:51.95 at the Akron Quad...placed fourth at the Penn State Open with a time of 8:51.01 in the 3,000-meter run. Christopher also had a time of 15:08.59 at the New Balance Collegiate Invitational in the 5,000-meter run allowing him to finish seventh. **Outdoor T/F** - At the Morgan State Invite Christopher competed in the 5,000 meters and took first place with a time of 15:25.23...also finished second at the SRU Invite with the time of 15:27.37...ran a 31:46.21 at the Raleigh Relays in the 10,000-meter run.

High School: Christopher was a three-time state cross country qualifier...finished second at the WPIAL cross country championships...tri-state cross country champion...two-time 3,200 meter state qualifier...placed 11th at states in the 3200 meters in 2007...two-time Westmoreland county cross country champion...two-time Westmoreland county 3,200 meter champion...1,600 meter Westmoreland county champion...an honor roll student.

Personal: Son of Frank and Maria Christopher...born September 16, 1988...has a sister, Lisa...an undeclared major.

Christopher's Top Times

5K	14:43
8K	24:52
10K	30:58.4



Antony Hobwana

Junior
Sprints
Harare, Zimbabwe
Prince Edward



2008-09: Indoor T/F - Antony Hobwana crossed the finished line in 6.90 seconds in the 60 meter dash for fifth at the Big East Championships...ran a 21.61 in the 200 meter dash for fifth place at the IC4A Championships...recorded an eighth-place performance in the 200 meter dash at 22.08 at the Penn State National Invitational...posted a 22.08 in the 200 meters at the New Balance Collegiate Invitational...ran a 6.64 in the 60 meter dash at the Penn State Open. **Outdoor T/F** - Won a Big East title in the 100 meter dash and was second in the 200 meter dash at the Big East Championships...qualified for the IC4A Championships in the 100 meter dash and took 16th...advanced to the NCAA regionals in the 100 meters...finished first and set the meet record in the 100 meter dash at the Fred Hardy Invitational with a time of 10.68 seconds...was eleventh in the 100 meter dash at the Sea Ray Relays with a time of 10.52 seconds.

2007-08: Indoor T/F - Hobwana placed third in the 60-meter dash at the Big East Championships with a time of 6.81 seconds...placed fourth at the Kentucky Invitational and third at the Penn State Open...placed seventh at the Kentucky Invitational in the 200-m dash...ran the 200-meter dash in 21.92 at Rod McCravy Memorial for 11th place...also competed in the long jump and finished fourth in the triple jump at the Kentucky Invitational. **Outdoor T/F** - His team finished fourth in the 400-meter relay at the Big East Championships...also ran the 100- and 200-meter dashes at the Sea Ray Relays.

High School: A relative newcomer to the sport...started competing at the end of 2006...posted personal bests in four events...registered a 10.40 and 21.21 in the 100 and 200 meters, respectively...in the jumps, he recorded distances of 7.03 meters in the long jump and 15.00 meters in the triple jump.

Personal: Son of Reuben and Ellen Hobwana...born October 18, 1986...a finance major.

Hobwana's Top Times

60M	6.80
100M	10.51
200M	21.55





Garrett Larkin

Junior
Throws
Erie, Pa.
North Allegheny

2008-09: Indoor T/F - Garrett Larkin claimed seventh in the shot put at the Big East Championships with a throw of 16.26 meters...qualified for the IC4A championship with that toss...recorded a third-place performance at the State Farm Games with a shot put throw of 15.47 meters...finished second at the Akron Invitational with a throw of 15.98 meters...placed ninth in the weight throw at the Penn State Open with a mark of 15.69 meters...finished eighth at the Akron Invitational with a mark of 15.18 meters in the weight throw...took fourteenth at the Big East Championships with a weight throw of 15.62 meters. **Outdoor T/F** - Placed sixth in the shot put at the Big East Championships...finished second place at the Charlotte 49er Classic with a mark of 15.69 meters...set the school record and claimed first place at the Fred Hardy Invitational with a mark of 16.40 meters...finished seventh in the shot put at the Aggie Invite with a mark of 15.50 meters...grabbed fourth at the Bison Outdoor Classic in the shot put with a mark of 15.78 meters.

2007-08: Indoor T/F - Larkin placed sixth in the shot put at the Penn State Open with a throw of 15.35 meters...placed seventh in both the shot put (14.46 meters) and the weight throw (14.48 meters) at the Akron Quad...finished eighth at the Big East Indoor Championships in the shot put with a throw of 15.37 meters...vaulting 14.81 meters at the Findlay Open, Larkin placed eighth. **Outdoor T/F** - Larkin placed second at the Morgan State Invite with a shot put throw of 15.11 meters...placed fifth at Colonial Relays with a throw of 15.93 meters...finished eighth at the Big East Championships with a throw of 15.60 meters...at the SRU Invite, Larkin had a throw of 39.37 meters...at the Raleigh Relays he had a shot put throw of 15.29 meters.

High School: Larkin placed third at outdoor states, fourth at indoor states and seventh at indoor nationals in the shot put as a senior...finished fifth in the state as a junior in shot put...broke the North Allegheny shot put record with a throw of 59'9," a record that stood since 1987...received the Distinguished Achievement Award for Track and Field...a two-year letter winner in football.

Personal: Son of James and Patricia Larkin...born May 27, 1989...has a sister, Kaitlyn, and a brother, Matthew...an administration of justice major.

Larkin's Top Score

Weight Throw	16.89M
Shot Put	16.73M
Discus	39.02M
Hammer	50.41M



Jason McKenzie

Junior
Hurdles

Jason McKenzie joined the Panthers in January and is a member of the hurdle group.

Previous information for McKenzie was not available.

Teddy Miller

Junior
Distance
Ambler, Pa.
Ambler



2008-09: Indoor T/F - Teddy Miller was fifth in the mile at the Akron Invitational...also ran the 3,000 meter run at the Akron Invitational and finished seventh. **Outdoor T/F** - Miller ran the 5,000 meter run in 14:41.8 at the Charlotte 49er Classic...ran the 5,000 meter run at the Big East Championships.

2007-08: Outdoor T/F - Miller won the 5,000-meter run at the SRU invite with a time of 15:27.31...At the Morgan State invite he placed third in the 5,000 meters with a time of 15:45.03.

High School: XC - Miller was named the Herald Cross Country Athlete of the Year...First team all-area selection...two-time first team all-league selection...Two-time second team all-league selection...**Indoor T/F** - Second team all-state for distance medley relay...member of the distance medley relay team that took second at the state championships...**Outdoor T/F** - Second team all-southeastern, Pa. for the 3,200-meter relay...first team all-league for 3,200-meter relay...two-time all-league selection for 3,200-meter run.

Personal: Son of Douglas and Sharon Miller...born October 31, 1988...has a brother, Greg, and two sisters, Sarah and Paige...an undeclared major.

Miller's Top Time

3K	8:39.38
5K	14:41.8
8K	25:13
10K	30:55.22

Maka Mudékunye

Junior
Sprints
Harare, Zimbabwe
Prince Edward



2008-09: Indoor T/F - Maka Mudékunye won the 200 meter dash at the State Farm Games...ran the 200 meter dash in 22.42 seconds at the Penn State National Invitational...was first in the 60 meter dash at the State Farm Games.

2007-08: Outdoor T/F - At the Western PA Championships he placed eighth in the 100 meter dash...helped his 400-meter relay team place fourth at the Big East Outdoor Championships.

High School: A national champion in both the 100 and 200 meters in 2005...won the national championship again in 2006 in the 100 meters...also competed in rugby and was a National U/18 Team starting wing.

Personal: Son of Aaron and Molly Mudékunye...born on January 3, 1987...has one brother, Takura, and two sisters, Tapiwa and Nyemwerera...a communication and computer science major.

Mudékunye's Top Time

100M	10.40
200M	21.4



Kurt Barnhart

Sophomore

Throws

Worthington, Ohio.

Worthington

2008-09: Outdoor T/F - Kurt Barnhart finished 15th in the discus at the Big East Championships...threw for fifth place with a mark of 42.82 meters at the Fred Hardy Invitational...took seventh out of 33 in the discus at the Aggie Relays.

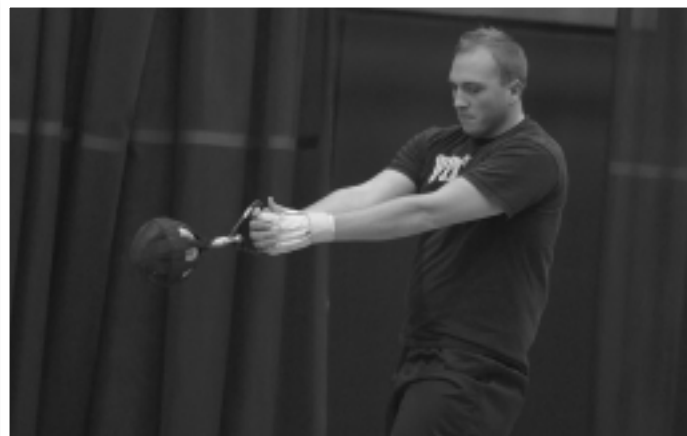
High School: Barnhart's team won the District Championship his freshman year...high school team qualified for districts all four years that he was on the team...O.C.C champs his freshman and junior years...captain of his team as a junior and senior...a six-time scholar athlete...Barnhart was also a two-year letterman for his school's football team.

Personal: Born August 25, 1989...son of David and Jackie Barnhart...has one brother, J.R. and one sister, Joanna...majoring in physical therapy.

Barnhart's Top Scores

Discus

44.40M



Ben Hatch

Sophomore

Middle Distance

Tipton, Pa.

Bellwood-Antis/IUP



At IUP: Ben Hatch won the PSAC outdoor title in the 800M run (1:51.84) to qualify for nationals...was a member of the third-place 4 x 400 relay (3:22.20) at the PSAC indoor meet...a member of the 4 x 100 relay team that finished second at the conference meet (40.87).

High School: Track team won districts in 2007...a three-time 800 meter district champion...400 meter district champion in 2008...was named all-state three times in track...also a four-time cross country all-star and three-time basketball all-star...competed at the Nike Indoor Nationals and went to the NCAA Division II National Championships in the 800 meters.

Personal: Son of Brian Hatch and Julie Aposhian...born December 19, 1989...has two siblings, Adam and Jordan... a finance major.

Hatch's Top Time

800M

1:51



Dontave Cowsette

Sophomore

Middle Distance

South Euclid, Ohio

Cleveland Heights

2008-09: Indoor T/F - Dontave Cowsette won the 500 meter dash at the State Farm Games...placed first in the 800 meter run at the Akron Quad...competed in the 800 meter run at the Penn State National Meet and crossed the line in 1:54.8. **Outdoor T/F** - Ran the 800 meter run at the Charlotte 49er Classic and finished third in 1:53.1...placed first in the 800 meter run at Richmond's Fred Hardy...finished fourth in the 800 meter run at the Texas Relays...ran the 800 meters at the Big East Championships.

High School: Cowsette posted a 48.73 in the 400 meter dash and a 1:54.24 in the 800 meter dash during his senior season...a member of the 3200-meter relay that finished first in the state meet his junior and senior years...was an All-American in the 3200-meter relay...his team was the 2008 Ohio State Champions...also an Honor Roll student.

Personal: Son of Dontave Cowsette Sr. and Erika Smith...born April 4, 1990...has three brothers, Devante, Eric and Andre Smith...a business major.

Cowsette's Top Time

400M
500M
800M
1,500M

48.20
1:03.55
1:50.22
3:58.21



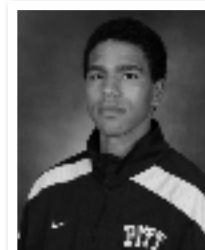
Limiel Hodge

Sophomore

Sprints

Pittsburgh, Pa.

Shady Side Acad./Lincoln



At Lincoln: Information was not available.

High School: Competed for the British Virgin Islands in the Caribbean Scholastic Invite...played basketball and ran cross country...qualified for the 2007 USATF Junior Olympic Nationals.

Personal: Son of Lindel and Janice Hodge...born March 3, 1989...has one sister, Zuri...an undeclared major.



Folarin Ijelu

Sophomore

Jumps

Blue Bell, Pa.

Wissahickson

2008-09: Indoor T/F - An IC4A Championship qualifier, Folarin Ijelu finished 10th at the Big East Championships in the triple jump with a mark of 14.53 meters...took 15th at the conference championships in the high jump with a height of 1.96 meters...placed second in the triple jump at the Akron Quad with a distance of 14.16 meters...finished sixth place in the long jump at the Akron Invitational with a distance of 6.89 meters...finished second at the State Farm Games in the long jump...captured third in the high jump at the Golden Flash Gala with a jump of 1.96 meters...jumped a mark of 14.84 meters at the Penn State National in the triple jump. **Outdoor T/F** - Placed fourth in the long jump at the Bison Outdoor Classic with a jump of 7.05 meters...finished eighth in the long jump and third in the triple jump at the Big East Championships.

High School: Ijelu competed in the long, triple, and high jump all four years of high school...holds the school record in triple jump (48'6") and long jump (23'3")...was an indoor and outdoor state champion his senior year...was a triple jump all-state winner...track team was crowned three-time league champions...held the number one state finish his senior year in the triple jump...also a varsity basketball player for three years.

Personal: Son of Gordon and Comfort Ijelu...born June 6, 1990...has two siblings Bolaji and Olu...an architecture studies major.

Ijelu's Top Scores

Long Jump	7.05M
Triple Jump	15.28M



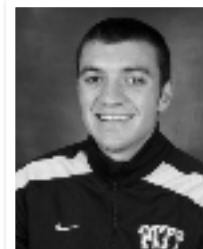
Greg Kareis

Sophomore

Distance

Red Lion, Pa.

Red Lion Area



2008-09: Indoor T/F - Greg Kareis was an IC4A and Big East Championship qualifier...started the 2008-09 season with a second place finish in the 3000 meter run at the Golden Flash Gala...finished in 10th place at the Penn State Open in the mile...placed third in the mile at the Akron Quad...placed second in the mile at the Penn State National Invitational with a time of 4:15.7...also captured second in the 1,000 meter run at the State Farm Games. **Outdoor T/F** - Finished third out of a field of 25 runners in the 1500 meter run at Richmond's Fred Hardy Classic...notched second place and set the meet record at the Aggie Relays for the 3,000 meter run with a time of 8:39.1.

High School: Kareis set his school record in the two-mile (9:15.00) and finished fourth in the state meet...set his school record in the mile (4:12) and finished third in the event at states...as a junior, Kareis was a cross country county champion and a one and two-mile champion...as a senior, he was also a cross county champion, and an 800-meter and 1600-meter champion...in 2007, Kareis was named to the first team all-state in cross country...in 2008 he was named to the third team all-state in cross country...placed 14th in the nation for the mile in 2008...also competed in soccer, basketball, and baseball.

Personal: Son of Scott and Laura Karies...born September 25, 1989...has one brother A.J...an undeclared major.

Kareis' Top Time

800M	1L52.21
1,500	3:48.93
Mile	4:07.98
3K	8:22.28
5K	25:10.0



Idris Kasumu
Sophomore
Sprints
Philadelphia, Pa.
Springfield Township

2008-09: Indoor T/F - Idris Kasumu sprinted to a Big East qualifying time of 22.67 seconds in the 200 meter dash at the Penn State Open. **Outdoor T/F** - Competed in the 100 meter dash at the Big East Championships... finished third in the 100 meter dash at 10.66 at the Bison Outdoor Classic... finished the 100 meter dash in 11.10 seconds at the Sea Ray Relays.

High School: Kasumu was a district qualifier his junior year and a district champion his senior year in the 100 meters, 200 meters, and the 400-meter relay... ran a season-best time of 10.58 in the 100 meter dash during senior year... was a state finalist finishing fourth in the 100 meters and seventh in the 200 meters... a member of the U.S. First Team Elite.

Personal: Son of Rasheed Kasumu... born April 7, 1991... has two siblings Nasir and Saeed... an information sciences major.

Kasumu's Top Times		
	100M	10.58
	200M	22.16



Dan Kwiatkowski
Sophomore
Throws
Erie, Pa.
McDowell

2008-09: Indoor T/F - Dan Kwiatkowski finished ninth in the shot put at the Big East Championships with a throw of 15.95 meters... won the shot put at the State Farm Games with a throw of 15.84 meters... placed fourth place at the Akron Quad with a shot put throw of 15.93 meters... finished third at the Penn State Open in the shot put with a throw of 16.02 meters. **Outdoor T/F** - Kwiatkowski claimed 13th in the shot put at the Big East Championships... finished fifth at the Charlotte 49er Classic in the shot put with a throw of 15.17 meters... placed second in the shot put at the Fred Hardy Classic with a throw of 15.18 meters... finished fifth in the shot put at the Aggie Relays with a mark of 15.65 meters.

High School: Kwiatkowski helped his team to an undefeated State Championship as a junior... was a state indoor/outdoor champion in the shot put... recorded a season-high heave of 64 feet in the shot put... an All-American in indoor for the shot put.

Personal: Son of James and Pam Kwiatkowski... born July 26, 1989... has one brother Matt... an exercise science major.

Kwiatkowski's Top Time		
	Shot Put	19.50M
	Discus	51.81M

Jermaine Lowery
Sophomore
Sprints/Hurdles
Sharon Hill, Pa.
Father Judge



2008-09: Indoor T/F - Jermaine Lowery crossed the line in 48.75 seconds at the Big East Championships for seventh overall... placed second in the 400 meter dash at the Golden Flash Gala with a time of 48.67 seconds... ran the 400 meter dash in 48.65 seconds at the Penn State National... placed fourth place at the Akron Quad in the 60 meter hurdles with a time of 8.38 seconds... finished fourth at the State Farm Games in the 60 meter hurdles with a time of 8.38 seconds... took fourth in the 200 meter dash with a time of 22.32 seconds... finished eighth in the 200 meter dash with a time of 22.27 seconds... placed ninth in the 200 meters with a time of 22.40 seconds. **Outdoor T/F** - Placed sixth overall out of a field of 26 runners at Richmond's Fred Hardy Classic... competed in the 400 meter hurdles at the Big East Championships.

High School: Lowery was a member of the Sigma International and Delco Stallions Club Track Team where he was a National and Junior Olympic 400-hurdles champion... a three-time all-american... finished fourth in the state meet in the 800-meter relay as a senior... posted season-best times of 8.24 (60-meter hurdles), 52.68 (400-meter hurdles), 48.20 (400 meter), 1:56 (800 meter) and 22.21 (200 meter)... graduated with a perfect 4.0 GPA.

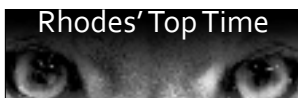
Personal: Son of Ossie Lowery Jr. and Belinda Lowery... born January 13, 1990... has three brothers Desmond, Jerome, and Jeremiah... a biological sciences major.

Lowery's Top Times		
	400M	48.20
	400M Hurdles	52.68





Rhodes' Top Time



800M

1:52.23



Elliot Rhodes

Sophomore
Distance
Philadelphia, Pa.
George Washington



2008-09: Elliot Rhodes redshirted his freshman season.

High School: Rhodes participated in the Mt. Airy track club...competed in the AAU Junior Olympic Championships...competed in the 2007 USA youth Nationals and placed second in the 800-meter run...ran a personal-best 1:52 in the 800 meter run during his senior year...Rhodes was a 5-time all-american and 3-time all-state...a member of the 2008 Philadelphia Public League Champion team and the 2008 Penn Relays championship team for the Philadelphia area...a member of the 1600-meter relay and the 3200-meter relay...holds school record in the long jump.

Personal: Son of Raymond and Patricia Rhodes...born April 14, 1989...has two sisters Ebony and Erica Rhodes...an undeclared major.

Kevin Wilbank

Sophomore
Sprints
Folsom, Pa.
Ridley/Shippensburg Univ.



At Shippensburg: Kevin Wilbank recorded a sixth-place performance at the PSAC meet as the lead leg of the 4x100M relay team in his freshman season at Shippensburg.

High School: Second in states in 60 meters, third in state in 200 meters and fourth in states in 100 meters... 200 meter district champion and 100 meter district runner-up... 200 meter county record holder.

Personal: Son of Gay Wilbank...born May 23, 1990...an exercise science major.

Wilbank's Top Times



100M
200M

10.77
21.72

Jerome Lowery

Sophomore
Sprints/Hurdles
Sharon Hill, Pa.
Father Judge



2008-09: Indoor T/F - Jerome Lowery crossed the line in 49.77 seconds in the 400 meter dash at the Penn State Open...ran the 60 meter hurdles in 8.58 seconds at the Penn State Open...finished the 200 meter dash in 22.54 seconds at the Akron Invitational. Outdoor T/F - Finished in eighth place out of a field of 26 runners in the 200 meter dash at the Fred Hardy Classic.

High School: Lowery was a member of the Sigma International and Delco Stallions Club Track Team...was a member of the indoor and outdoor championship teams at Father Judge as a senior...finished seventh in the 200 meter dash during his final season...ran a 49.18 (400 meter), 22.31 (200 meter) and 53.69 (400-meter hurdles)...competed in the 400 meter hurdles at the Big East Championships.

Personal: Son of Ossie Lowery Jr. and Belinda Lowery...born January 13, 1990...has three brothers Desmond, Jermaine, and Jeremiah...a biological sciences major.

Lowery's Top Times

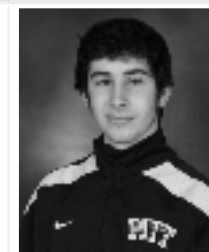


400M Hurdles

53.20

Chase Broussard

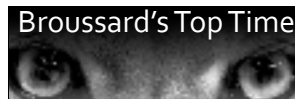
Freshman
Cross Country/Distance
North Allegheny, Pa.
North Allegheny



High School: Chase Broussard earned a WPIAL medal during his high school career.

Personal: Son of Bruce and Catherine Broussard...born May 29...has one brother, Grant...an undeclared major.

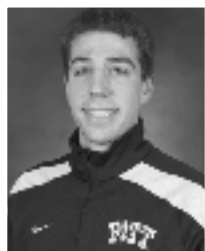
Broussard's Top Time



8K

25:47





Andrew Cerrito
Freshman
Cross Country/Distance
Owings, Md.
Northern High

High School: Andrew Cerrito was an all-conference selection...named Northern High School MVP.

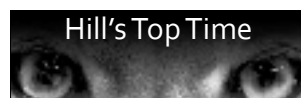
Personal: Son of Anne and Michael Cerrito...born October 3...has four siblings, Brian, Justin, Ethan, and Elizabeth...plans to major in civil engineering.



Tashaun Hill
Freshman
Sprints/Hurdles
Denver, Colo.
Eagle Crest

High School: Tashaun Hill earned All-America honors in the hurdle event... was the Colorado 110 Hurdle State Champion... joins the Panthers after transferring mid-season from Bethune Cookman.

Personal: Son of Sonia James and Terrance Hill...born Dec. 31, 1990...an undecided major.



110M Hurdles 13.75



Kevin Hull
Freshman
Cross Country/Distance
Lancaster, Pa.
Hempfield

High School: Kevin Hull competed in the Pa. State Championships in two events...finished second in the 800M run and third in the 1,600M run.

Personal: Son of Michael and GERALYN Hull...born June 22, 1990...has two brothers and one sister...an engineering major



800M 1:53.12
1,500 3:54.48

Caleb Matthews
Freshman
Jumps/Hurdles
Boardman, Ohio
Boardman



High School: Caleb Matthews was a two-time state qualifier...two-time All-American...three-time winner of the Rob Ruaine Award...led his high school team to the district and regional meets three consecutive years ...also lettered in football...ran with the Youngstown Striders for five years.

Personal: Son of Gregory Matthews and Barbara Archey...born September 23, 1991...has two older brothers Dr. Ryan Archey and Ron Archey...a forensic science major.

Matthews' Top Marks



110M Hurdles	14.48
300M Hurdles	38.27
High Jump	2.03M
Long Jump	7:06M

Josiah Rupert
Freshman
Javelin
Greenville, Pa.
Greenville



High School: Josiah Rupert earned a Class AA javelin runner-up finish... holds his high school record in the event...four-year varsity letterwinner.

Personal: Son of Karl and Elizabeth Rupert...born June 28, 1990...has a brother Jordan and sister Rebekah...an undeclared major.

Rupert's Top Score



Javelin 59.74M

Wesley Washington
Freshman
Cross Country/Distance
West Lancaster, Calif./Paraclete
Ashland



High School: Wesley Washington was a three-time 800 meter league champion...finished as the CIF runner-up in the 800M run and as a member of the 4x400M relay team...a member of the National Honor Society, Spanish National Honor Society and National English Honor Society.

Personal: Son of Edward and Cathy Washington...born September 12, 1991...has two brothers and one sister...a business major.

Wesley's Top Time

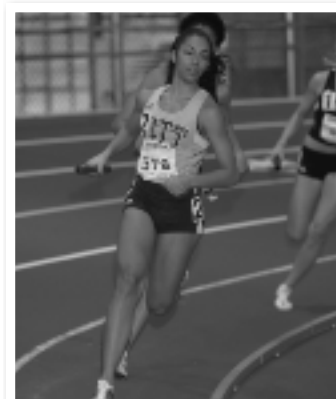


800M 1:55.27



2009-10 WOMEN'S TRACK AND FIELD ROSTER

Janelle Adams	SR	Pole Vault	Altoona, Pa./Altoona
Sarah Anderson	JR	Throws	Shamong, N.J./Seneca
Ogadinma Anyanwu	FR	Sprints	Philadelphia, Pa./J.R. Masterman
Kathryn Bannantine	SO	Combined Events	Sao Paulo, Md./McDonogh
Anyssa Barbour	FR	Sprints	Chambersburg, Pa./Chambersburg
Emily Barno	FR	Distance	Camp Hill, Pa./Cedar Cliff
Kaetlyn Brown	SR	Sprints	Pittsburgh, Pa./Schenley
Brianna Broyles	SR	Sprints/Hurdles	Allentown, Pa./William Allen
Heather Calisto	JR	Middle Distance	Fort Washington Pa./Upper Dublin
Brittany Carroll	FR	Hurdles	Charlotte, N.C./Harding University
Jessica Catallano	SO	Sprints/Hurdles	Pittsburgh, Pa./North Hills Christian
Kayla Comrie	JR	Throws	Cleveland, Ohio/CVCA
Rachel Erny	SO	Distance	Brentwood, Pa./Brentwood
Wunmi Fapohunda	JR	Jumps	Monroeville, Pa./Gateway
Kaitlyn Flynn	JR	Combined Events	Liverpool, N.Y./Liverpool
Arielle Fonrose	FR	Sprints	Aldan, Pa./Drexel Hill
Brittany Giannotti	SO	Distance	Hatboro-Horsham, Pa./Hatboro-Horsham
Robin Gilmore	SO	Throws	Cleveland, Ohio/Solon
Kari Hedderick	SR	Middle Distance	Erie, Pa./Fort Lebouf
Rachel Hess	SO	Middle Distance	Chester Springs, Pa./Villa Maria Academy
Jazmin Hunt	JR	Sprints/Hurdles	Reading, Pa./Reading
Anita James	JR	Jumps/Combined	Pocono, Pa./Pocono Mt. West
Miya Johnson	SO	Middle Distance	Mount Laurel, N.J./Lenape
Cambrya Jones	SO	Sprints	Pittsburgh, Pa./Woodland Hills
Elizabeth Kline	FR	Hurdles	Pittsburgh, Pa./Upper Saint Clair
Lindsay Kramer	SO	Javelin	Latrobe, Pa./Greater Latrobe
Amanda Kuhl	FR	Sprints	Wilkes-Barre, Pa./Hanover Area
Jonniqwe Lawrence	FR	Sprints	Cincinnati, Ohio/Cincinnati Withrow
Megan Leake	FR	Pole Vault	Sandusky, Ohio/North Ridgeville
Alicia Lichvar	JR	Distance	Johnstown, Pa./Bishop McCort
Susan Martinez	SO	Middle Distance	Clifton, N.J./Clifton
Carrie Mavrikis	JR	Pole Vault/Distance	Boardman, Ohio/Boardman
Rachael McIntosh	FR	Jumps/Combined	Bridgewater, Canada/Parkview
Erinn McMahon	SR	Combined	Southampton, Pa./Saint Basil Academy
Da'Lynn Mills	JR	Sprints/Jumps	Cranberry Twp., Pa./Seneca Valley
Ashley Moore	JR	Throws	Jefferson Hills, Pa./Thomas Jefferson
Taylor Myers	FR	Sprints	Lower Burrell, Pa./Burrell
Korinne Piper	FR	Middle Distance	Landisville, Pa./Hempfield
Natalie Ryan	FR	Sprints	Philadelphia, Pa./George School
Emily Setlock	SR	Distance	Orwigsburg, Pa./Blue Mountain
Shanae' Thomas	SR	Jumps/Sprints	Philadelphia, Pa./John Hallahan Catholic
Tory Toso	JR	Pole Vault	Reading, Pa./West Lawn
Leah Ulizio	JR	Javelin	Allegheny Twp., Pa./Kiski Area
Kelsey Voltz	JR	Javelin	Mechanicsburg, Pa./Mechanicsburg Area
Kari Weimerskirsch	JR	Jumps	Tiffin, Ohio/Mohawk
Alexis Wilder	JR	Throws	Mesa, Ariz./Desert Ridge
Carson Williams	FR	Sprints	Dayton, Ohio/Chaminade Julienne
Ashley Woodford	FR	Sprints	Los Angeles, Calif./Long Beach Poly



SPRINTS

Junior Da'Lynn Mills will be a key contributor this season. Mills was a member of the winning 4x100 meter relay at the 2008 Big East Outdoor Championships and the ECAC Championships. She also made an impact during the 2008-09 season, finishing fourth in the 200 meter dash at the Big East Indoor Championships. Mills made it to the Big East Outdoor Championships in the 100 and 200 meter dashes as well.

Sophomore Cambrya Jones, who had a stellar season last year as a freshman, will also be a key factor in the sprints. Jones was third in the 200 meters and seventh in the 60 meters at the Big East Indoor Championships. She ran at the Big East Outdoor Championships, capturing a second place finish in the 200 meter dash and fourth in the 100 meter dash. Jones also made it to NCAA Regionals in the 200 meter dash where she placed eighth.

Senior Kaetlyn Brown will be another contributor in the sprints. At the 2008 Big East Indoor Championships, Brown took third with a time of 55.24. She also qualified for the Big East Outdoor Championships in several events.

Incoming freshmen Ashley Woodford and Jonnique Lawrence will look to make an impact on an already solid sprinting squad.

MIDDLE DISTANCE

Miya Johnson, Susan Martinez, and Kari

Hedderick are returning to lead the women in the middle distance events. Incoming freshman Korinne Piper will be another runner to watch this season.

HURDLES

A returning NCAA Regional qualifier, Senior Brianna Broyles will be the team's leader in the hurdles this season. Broyles is a three-time Big East Championship qualifier. She made it to the 2008-09 Big East Outdoor Championships in both the 100 and 400 meter hurdles where she finished eighth in the 400 meter hurdles.

Incoming freshmen Brittany Carroll, Elizabeth Kline and Rachel McIntosh will look to make an impact as they join the hurdling squad this year.

JUMPS

Anita James is back to lead the women in the jumps. Last season, James was first in the triple jump at the Charlotte 49er Classic and Richmond's Fred Hardy Classic where she also hit Big East qualifying standards in the event. At the Big East Championships, she took third in the triple jump and fifth in the long jump.

Wunmi Fahpohunda will be a key member of the team in the jumps. The junior was third in the triple jump at last year's Big East Indoor Championships. Fahpohunda qualified for the Big East Outdoor Championships as well where she finished ninth in the long jump and 11th in the triple jump.

Freshman Rachel McIntosh will join James

and Fahpohunda in the jumps.

THROWS

Sarah Anderson and Alexis Wilder are the top two throwers on the team this year. Anderson took first in the hammer throw at the Charlotte 49er Classic last year and also qualified for the Big East Championships and ECAC's. She took 14th in the shot put and hammer throw at the Big East Championships.

Kelsey Voltz and Leah Ulizio are returning to compete in the javelin. Both athletes qualified for the Big East Outdoor Championships last year. Voltz took 16th place at the Big East and 12th place at ECAC's, and Ulizio finished 17th at the Big East Championships.

POLE VAULT

Tory Toso is Pitt's returning top competitor in the pole vault.

MULTI EVENTS

In the multi events, Kaitlyn Flynn is returning for her third season with the Panthers. Flynn competed in the pentathlon and claimed ninth place at the Big East Indoor Championships. Outdoors, she competed in the heptathlon and captured fifth at the Big East meet and fifth at ECAC's. Incoming freshman Rachel McIntosh will also be a multi event competitor.





Janelle ADAMS
Pole Vault
Altoona, Pa.
Altoona

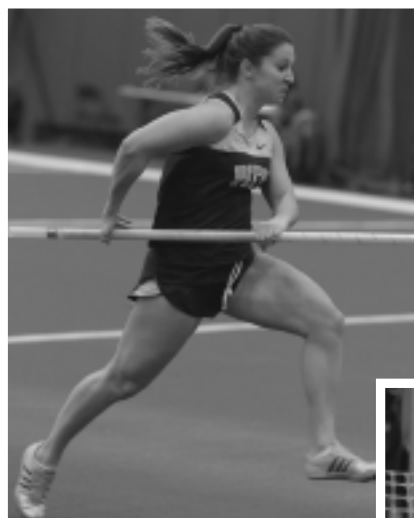
2008-09: Indoor T/F - Janelle Adams competed in the pole vault at the Golden Flash Gala, the Akron Quad, and the Akron Invitational. **Outdoor T/F** - Adams took fifth out of 15 competitors in the pole vault at the Charlotte 49er Classic...earned fourth place for Pitt at Richmond's Fred Hardy Classic in the pole vault... took third in the pole vault at the Aggie Invitational.

2007-08: Indoor T/F - Adams placed seventh in the pole vault at the Penn State National Invitational, tying a personal best mark of 3.06 meters... **Outdoor T/F** - Placed second at the Morgan State Invite, clearing 2.74 meters...cleared 2.74 meters at the Slippery Rock University Invite, collecting a top-15 finish.

2006-07: Indoor T/F - Adams placed sixth in the pole vault with a height of 3.06 meters at the Penn State National Invitational...at the Akron University Invitational, Adams took 13th in the pole vault competition with a height of 2.85 meters.

High School: Adams placed tenth at states in 2006...district 6 champion in 2005 and 2006...MAC Conference All-Star in pole vault...a member of the National Honor Society...was all-state on the floor exercise and uneven bars in gymnastics.

Personal: Daughter of David and Carol Adams...has one brother...born March 13, 1988...majoring in engineering.



Kaetlyn BROWN
Sprints
Pittsburgh, Pa.
Schenley



2008-09: Indoor T/F - Kaetlyn Brown was an ECAC Championships qualifier in the 200 meter dash...competed in the 200 meter dash and 400 meter dash at the Big East Championships...captured fourth place and ran a Big East qualifying time of 7.82 seconds in the 60 meter dash at the State Farm Games...competed in the 400 meter dash at the Penn State National meet and clocked an impressive time of 56.43 seconds...ran the 400 meter dash at the Akron Invitational and finished with a time of 56.87 seconds. **Outdoor T/F** - Finished fourth out of a field of 18 runners in the 100 meter dash at Richmond's Fred Hardy Classic...crossed the finish line in 56.58 seconds at the Sea Ray Relays and was tenth out of 37 runners.

2007-08: Indoor T/F - Brown posted five top-10 finishes during the indoor season in the 400 and 500 meter races. Ran a 56.34 at the annual Kentucky Invitational, finishing in fifth place...at the Penn State Open, placed sixth in the 500-meter dash with a time of 1:16.76, and 11th in the 60 meter dash despite not having run the event previously. Clocking a 55.51 in the 400-meter dash at the Penn State National Invitational, garnering second place...ran a personal-best 55.24 at the Big East Indoor Championships, taking third place. **Outdoor T/F** - Finished ninth in the 400-meter dash at the Morgan State Invite, running a 58.23. Was part of the 1,600-meter relay team that came in sixth place with a time of 3:43.80.

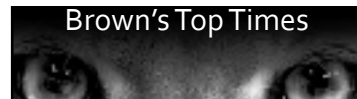
2006-07: Outdoor T/F - Brown contributed to the 1,600-meter relay team that came in fourth with a time of 3:44.12 at the Big East Track and Field Championships...at the Slippery Rock Open, Brown placed second in the 400 meters and finished with her personal-best time of 57.23...member of the 1,600-meter relay team that finished second (3:44.90) in the ECAC division at the Penn Relays.

High School: Brown was a state champion in the 400 meters in 2004...city champion in 400 meters in 2003, 2004, 2005 and 2006...team won city title in 2003...MVP at Hempfield Invitational in 2003 and 2004...competed in USATF Nationals...a member of the National Honor Society and the Tech Honor Society.

Personal: Daughter of Rodney and Joyce Brown...has two brothers...born December 26, 1988...majoring in pre-medicine and physical therapy.



Brown's Top Times



60M	7.82
200M	24.55
400M	55.24
500M	1:14.18





Brianna BROYLES
Sprints/Hurdles
Allentown, Pa.
William Allen

2008-09: Outdoor T/F - Brianna Broyles qualified for the NCAA Regionals in the 400-meter hurdles...placed 13th at regionals...earned an ECAC championship appearance in the 100-meter hurdles...recorded a seed in the finals at the Big East Championships...claimed eighth place in the 400 meter hurdles at the conference championships and also competed in the 100 meter hurdles at the same meet...crossed the finish line at 14.84 in the 100-meter hurdles at the Texas Relays...placed third in the 400-meter hurdles at Richmond's Fred Hardy Classic...clocked in at 1:02.98 in the 400-meter hurdles at the Texas Relays.

2007-08: Indoor T/F - Broyles competed in the 60-meter dash and hurdles...placed twelfth in the 60-meter hurdles at the Big East Indoor Championships with a time of 8.75. Broyles broke a personal record at the Rod McCravy Memorial-UK in the 60-meter dash with a time of 7.89...also at Rod McCravy, Broyles placed thirteenth in the 60-meter hurdles with a time of 8.81. **Outdoor T/F** - Competed in the 100-meter and 400-meter hurdles...member of the hurdle relay team that finished eleventh in the 100-meter hurdles with a time of 14.36. In the individual 100-meter hurdles at the Morgan State Invitational, Broyles placed fourth finishing with a time of 14.33. At the Big East Outdoor Championships, Broyles ran the 400-meter hurdles in 59.86 placing second.

2006-07: Indoor T/F - Broyles placed seventh at the Big East Indoor Championships in the 60-meter hurdles with a time of 8.89...posted a personal-best time of 8.81 in the semifinals of the 60-meter hurdles event at the ECAC Indoor Championships and claimed 11th place... At the Golden Flash Gala, Broyles finished fifth in 8.99 seconds in the 60-meter hurdles. **Outdoor T/F** - Posted a personal-best time of 1:02.88 in the 400-meter hurdles at the Texas Relays...member of the shuttle hurdle relay team that finished second with a time of 58.76 at the Sea Ray Relays...participated on the sprint medley relay team that ran for a time of 4:04.94 at the Penn Relays.

High School: Broyles was a state champion in the 100-meter hurdles and two-time runner-up in the 300-meter hurdles...placed in every state championship...runner-up in the 400-meter relay at the 2004 Junior Olympics and placed fourth in the 400-meter hurdles in 2005...captured eight district titles in sprints and hurdles...set new meet records at the Shippensburg Invitational, Pottsville Invitational and Blue Mountain Invitational...awarded Female Track Athlete of the Year by *The Morning Call*...named to the Valley Interscholastic All-Star and All-Area Team...also competed in basketball and advanced to the state championships.



Broyles Top Times

60M Hurdles	8.66
100M	13.88
400M Hurdles	59.60



Kari Hedderick



Kari HEDDERICK

Middle Distance

Erie, Pa.

Fort Lebouf

2008-09: Indoor T/F- Kari Hedderick finished first at the State Farm Games in the 500 meter dash with a Big East qualifying time of 1:17.1...placed fifth at the Penn State National in the 500 meter dash with a time of 1:15.64 seconds...ran the 800 meter dash in 2:16 at the Akron Invitational. **Outdoor T/F-** Hedderick was third in the 800 meter dash at Richmond's Fred Hardy Classic... also ran the 800 meter dash at the Duke Asics Invitational and the Sea Ray Relays and crossed the line in 2:14.3 at both meets.

2007-08: Indoor T/F- Hedderick finished second at the Penn State Open in the 500-meter dash with a time of 1:14.65...ran the 60-meter dash in 8.02...had her personal best in the 400-meter dash at Tyson Invitational-Arkansas with a time of 55.83. Finished 12th at the Penn State National Invitational and fifth in the 500-meter dash at the New Blance Collegiate Invitational...finished sixth at the Big East Indoor Championships. **Outdoor T/F-** Hedderick helped the relay team place sixth in the Big East Championships... she ran the 800-meter run in 2:20.56 at the Sea Ray Relays, and the 800-meter run at the Hurricane Invite in a time of 58.20.

2006-07: Indoor T/F- At the ECAC Indoor Championships, Hedderick came in fifth with a personal-best time of 1:14.09 in the 500 meters...posted an eighth-place finish at the Big East Indoor Championships in the 500 meters with a time of 1:14.73...led the Panthers in the 400 meters at the Akron University Invitational and finished 30th with a time of 57.01. **Outdoor T/F-** At the Sea Ray Relays, Hedderick took 18th in the 400 meters with a personal-best time of 56.03...member of the 1,600-meter relay team that ran a time of 3:45.91 in the preliminaries at the Penn Relays.

High School: Hedderick was a six-time state placewinner, finishing fourth in the 400 meters on two different occasions...also placed in the 100 meters, 200 meters and 1,600-meter relay at states...team won regional and district championships in 2006...Track team recognized as an all-county selection...named all-county second team in volleyball and the all-county basketball team...A member of the National Honor Society, Class Council and Leadership Task Force.

Personal: Daughter of Timothy and Phyllis Hedderick...has two sisters and one brother...born October 28, 1987...majoring in physical therapy.

Hedderick's Top Times



400M	55.83
500M	1:13.65
800M	2:14.35

Erinn McMAHON

Combined Events

South Hampton, Pa.

St. Basil Academy



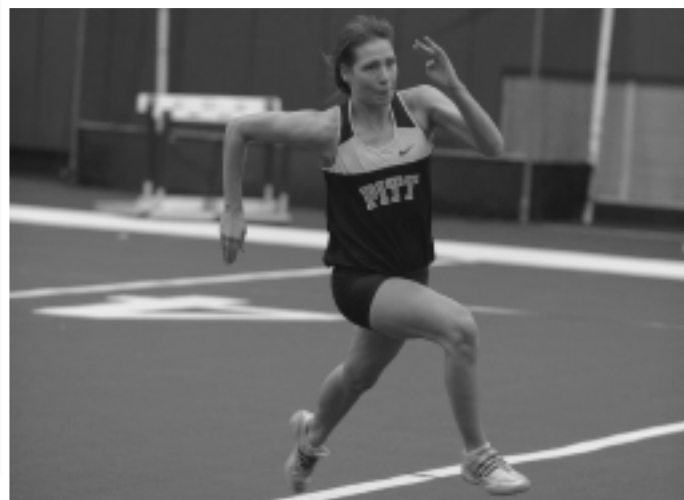
2008-09: Indoor T/F- Erinn McMahon recorded a fourth-place performance in the 60-meter hurdles at the State Farm Games...placed fifth at the State Farm Games in the high jump...placed eighth in the pentathlon at the Golden Flash Gala...took 13th in the pentathlon at the Big East Championships. **Outdoor T/F-** Qualified for the Big East Championships and placed 11th in the heptathlon...claimed third in the high jump at Richmond's Fred Hardy Classic...also competed at the Aggie Relays and the Charlotte 49er Classic.

2007-08: Indoor T/F- McMahon placed second at the Sykes-Sabock Challenge Cup in the pentathlon with 3213 points...placed 15th at the BEC with 3043 points in the pentathlon...also finished 13th at the Penn State Open in the high jump and 21st in the long jump with a distance of 5.03 meters.

2006-07: Indoor T/F- McMahon's first trip to the Big East Championships resulted in a 14th place finish in the pentathlon where she totaled 2,929 points...posted a distance of 4.75 and earned 19th place in the long jump at the Akron University Invitational...placed second in the triple jump with a distance of 10.85 meters at the Akron Quad...opened the season at Golden Flash Gala, placing eighth in the indoor pentathlon with 2,704 points.

High School: Broke ten school records while at Saint Basil Academy and was captain of the cross country, indoor and outdoor teams...district champion as a sophomore and senior and placed eighth in the state as a senior...four-time state qualifier in jumps and hurdles...three-time Bicentennial Athletic League Champion...led team to district and league titles...named a Nike All-American after a fourth-place finish in the 220-meter shuttle hurdle relay at indoor nationals in 2006...placed in the pentathlon at the Nike Championships...also competed in swimming and led her team to a league title.

Personal: Daughter of Thomas and Candace McMahon...has two brothers...born August 8, 1987...a sociology major.





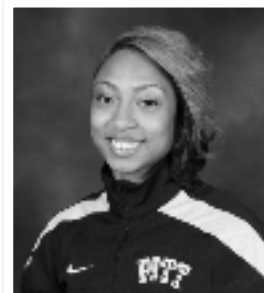
Emily SETLOCK

Distance
Orwigsburg, Pa.
Blue Mountain

Emily Setlock joins the Panthers in her senior year as a distance runner after running...she competed during Pitt's 2009 cross country season...finished top 25 in the Duquesne Duals...placed seventh for Pitt at the Princeton Invitational...placed fourth among Pitt runners during the Big East Championships.

Previous information for Setlock was unavailable.

Personal: Daughter of Walter and Pamela Setlock...born January 26, 1988...has two sisters...a biology and pre-med major.



Shanae' THOMAS

Jumps/Sprints
Philadelphia, Pa.
John Hallahan Catholic

2008-09: Indoor T/F- Shanae' Thomas qualified for the Big East Championships in the triple jump...captured first in the long jump at the Akron Invitational with a distance of 5.51 meters...placed fourth in the triple jump at the Akron Quad with a mark of 11.62 meters...claimed first at the State Farm Games in the triple jump with a Big East qualifying mark of 11.39 meters. **Outdoor T/F-** Thomas competed at the Aggie Relays and Richmond's Fred Hardy Classic during the 2009 outdoor season.

2007-08: Indoor T/F- Thomas placed tenth in the long jump at the Kentucky Invitational with a distance of 5.45 meters...finished 13th in the triple jump with a distance of 11.04 meters and 18th in the long jump with a mark of 5.23 meters at the Sykes-Sabock Challenge Cup. **Outdoor T/F-** Turned in a third place finish at the Slippery Rock Invite in the long jump with a distance of 4.99 meters.

2006-07: Indoor T/F - Thomas took 30th in the triple jump at 10.85 meters at the Penn State National Invitational...finished seventh at the Akron University Invitational in the gold competition for the triple jump with a distance of 11.09 meters and fifth in the blue division of the long jump with a distance of 5.25 meters...competed in the long jump at the Sykes-Sabock Challenge Cup and took tenth at 5.47 meters. **Outdoor T/F-** Registered a fourth-place distance of 5.21 meters in the long jump at the Slippery Rock Open.

High School: Thomas was an all-state selection in the triple jump...all-catholic team in the 100 meters, long jump and triple jump...placed third in triple jump at indoor state championships...three time Philadelphia Catholic League triple jump champion...2006 long jump champion...holds a record in the long jump for the PCL...tied the PCL record for triple jump at 11.43 meters...DVCTFA triple jump champion...competed in the Nike Outdoor Championship 2005 and 2006...participated in the Penn Relays...PCL indoor field MVP...also played basketball.

Personal: Daughter of Steven and Claudia Thomas...has one brother...born December 15, 1987...majoring in administration of justice.





Sarah ANDERSON

Junior
Throws
Shamong, N.J.
Seneca

2008-09: Indoor T/F- Sarah Anderson placed ninth in the weight throw at the Big East Championships with a mark of 16.24 meters...claimed first and met the Big East qualifying standard in the weight throw at the State Farm Games with mark of 15.78 meters...also competed in the shot put at the State Farm Games and captured second...placed fifth at the Akron Quad in the weight throw with a mark of 15.84 meters...placed third at the Penn State Open in the weight throw with a mark of 16.15 meters and fourth in the shot put...finished fifth in the weight throw at the Akron Invitational with a distance of 15.40 meters...second in the shot put at the Akron Invitational with a distance of 13.30 meters. **Outdoor T/F-** Anderson finished 14th in the shot put and hammer throw at the Big East Championships...placed fourth in the shot put at the Fred Hardy Classic...posted a hammer throw of 47.00 at the 49er Classic and earned first place...placed second at Richmond's Fred Hardy Classic in the hammer throw and also met the Big East qualifying standard... set the meet record at the Aggie Invitational for second place with a distance of 48.65 meters...recorded a hammer throw of 46.82 meters at the Bison Outdoor Classic.

2007-08: Indoor T/F- Anderson finished eighth in the weight throw and 13th in the shot put at the Penn State Open...set a personal-best mark of 15.55 meters in the weight throw at the Big East Indoor Championships, placing tenth. **Outdoor T/F-** Collected three top-10 finishes during the outdoor season...threw a personal-best 37.86 meters at the Morgan State Invitational in the discus, placing seventh...placed fourth in hammer throw at Morgan State Invite and eighth at the Slippery Rocky Invite with a personal-best mark of 40.33 meters.

High School: Anderson captured the 2007 Indoor Olympic Conference title in the shot put as a senior at Seneca high school...also placed eighth in the shot put and the New Jersey Indoor State Championships...competed in the shot put at the Nike Indoor National meet in 2007...in 2006, she claimed the Group 3 Sectional championship in the shot put and helped Seneca to a the Outdoor Olympic Conference team crown...placed 12th in the shot put at the state indoor meet...nominated to the all-county team in 2006 for her efforts in the discus...Voted Athlete of the Month in March of 2007...a National Honor Society member...honored with the Daughters of the Revolution: Good Citizen Award in 2007 and the People's Choice Award in 2004 and 2007.

Personal: Daughter of Morris and Linda Anderson...born Oct. 23, 1989...has two older siblings, Karen and Michael...plans to major in environmental studies.

Anderson's Top Scores



Weight Throw	16.24M
Discus	43.36M
Hammer Throw	51.67M



Heather Calisto

Junior
Middle Distance
Fort Washington, Pa.
Upper Dublin



2008-09: Indoor T/F- Heather Calisto competed at the Golden Flash Gala in the 1000 meter run... ran the 800 meters run at the State Farm Games and the Akron Quad... competed in the mile at the Akron Invitational.

2007-08: Indoor T/F- Calisto finished fourth in the 800-meter run at the Penn State Open with a time of 2:27.62...Also ran the 800-meter run at the Sykes-Sabock Challenge Cup in 2:29.07.

High School: Calisto comes to Pitt with three years of state championship experience in cross country to her name...also a three-time participant at the indoor track and field state games and a one-time performer at the outdoor meet... helped Upper Dublin to three consecutive top-15 showings at the state cross country championships...as a junior, finished 22nd at the state cross country meet, improving upon her 30th place finish on the Pennsylvania Hershey Course a year earlier...posted career-highs in the 400, 800 and 5,000 meters as a junior with times of 1:01, 2:15 and 19:10, respectively.

Personal: Daughter of Karen Paul and the late David Calisto...born August 12, 1989...has four siblings...administration of justice major.

Kayla Comrie

Junior
Throws
Cleveland, Ohio
Cuyahoga Valley Christian



2008-09: Indoor T/F- Kayla Comrie competed in the Golden Flash Gala, the Akron Quad, Penn State Open, and the State Farm Games... she took second place in the weight throw at the State Farm Games. **Outdoor T/F-** Competed in the discus and the hammer throw at the Charlotte 49er Classic and the hammer throw at Richmond's Fred Hardy Classic.

2007-08: Indoor T/F- Comrie, at Sykes-Sabock Challenge Cup had a weight throw of 13.75 meters and a 20lb weight throw of 13.64 meters at the Penn State open giving her 11th place. **Outdoor T/F-** Finished third at the SRU Invite with a discus throw of 35.35 meters and a hammer throw of 38.39 meters. At the Morgan State Invite Comrie had a discus throw of 37.83 meters giving her eighth place as well as a hammer throw of 36.57meters giving her fifth place.

High School: Comrie was a league champion in shot put and discus as a senior year at Cuyahoga Valley Christian Academy...Placed 11th in shot put and 14th in discus as a senior at the state championships...Was named MVP of the Poland Invitational Field Event in 2007...Also a member of the varsity and club volleyball team.

Personal: Daughter of Brenda Comrie...born August 20, 1989...plans to major in pre-law.

Comrie's Top Scores



Weight Throw	15.65M
Hammer Throw	47.53M





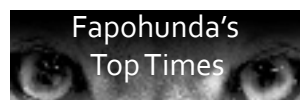
Wunmi Fapohunda
Junior
Jumps
Monroeville, Pa.
Gateway

2008-09: Indoor T/F- Wunmi Fapohunda was third at the Big East Championships in the triple jump with a mark of 12.11 meters...claimed third in the long jump at the State Farm Games...took second at the Akron Invitational in the long jump... had a triple jump of 11.28 meters at the Akron Quad. **Outdoor T/F**- Placed ninth at the Big East Championships in the long jump and 11th in the triple jump...finished sixth in the triple jump at Richmond's Fred Hardy Classic...placed second in the long jump with a distance of 5.60 meters at the Bison Outdoor Classic.

2007-08: Indoor T/F- Wunmi competed in the long jump and triple jump at the Penn State Open, she jumped 5.11 meters in long jump and 10.01 meters in the triple. Wunmi had a triple jump of 10.50 meters at the Sykes-Sabock Challenge Cup. **Outdoor T/F**- Fapohunda finished second at the Western PA Championship in long jump with a jump of 5.37 and eighth in the triple jump with a jump of 10.28 meters...Placed fifth at the SRU Invite in long jump and ninth at the Morgan State Invite...Finished sixth at the Morgan State Invite with a triple jump of 11.02 meters.

High School: As a senior at Gateway, Fapohunda captured a fourth-place finish in the triple jump at the Pennsylvania Indoor State meet...Placed first in the WPIAL and ninth at states as a junior...Broke the Gateway school record after posting a distance of 18' in the long jump...Claimed first at the Regional meet in 2006 and went on to finish eighth at Nationals...Nominated as the Field MVP in 2005 and 2006...Also a three-year letterwinner in tennis...Member of the Future Business Leaders of America...Graduated from Gateway with honors.

Personal: Daughter of Baba and Abi Fapohunda...born October 12, 1988...has one sibling, Ayo...a finance major.



Long Jump	5.72M
Triple Jump	12.11M



Kaitlyn Flynn
Junior
Combined
Liverpool, N.Y.
Liverpool



2008-09: Indoor T/F- Kaitlyn Flynn qualified for the Big East Championships and finished ninth in the pentathlon...placed sixth out of 19 competitors in the pentathlon at the Golden Flash Gala...finished fifth in the high jump at the State Farm Games. **Outdoor T/F**- Placed fifth in the heptathlon at the Big East Championships... took fifth at ECAC's in the heptathlon...competed in the Aggie Invitational, the 49er Classic, and the Fred Hardy Invitational during the 2009 track season.

2007-2008: Outdoor T/F - Flynn at the Big East Outdoor Championships, Flynn placed eighth in the Heptathlon with a total of 4,096 points.

High School: Flynn was selected first team all-county, all-league and all-section while at Liverpool...Selected to the Marine Corps Distinguished Athlete in 2007... NFL Athlete Scholarship in 2007...Empire State Games 2005 silver medalist in the 400 meters and 400-meter relay...Empire State Games 2006 bronze medalist in the heptathlon...Four year New York State scholar athlete selection...Member of National Honor Society...Also participated in soccer...Selected first-team all-central New York and second team all-league.

Personal: Daughter of Gerry and Vanessa Flynn...born April 23, 1989...has a brother, Gerard...A rehabilitation science major.



Heptathlon	4,743 points
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Jazmin Hunt
Junior
Hurdles/Sprints
Reading, Pa.
Reading

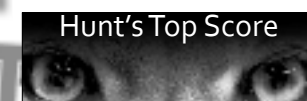


2008-09: Indoor T/F - Jazmin Hunt placed fourth in the 60-meter hurdles at the Akron Quad... also competed in the 60-meter hurdles at the Akron Invitational and took fifth with a time of 8.92. **Outdoor T/F**- Competed at the Charlotte 49er Classic and Richmond's Fred Hardy in the 100 meter dash and the 400 meter dash... also competed at the Aggie Relays and the Bison Outdoor Classic.

2007-08: Outdoor T/F - Hunt placed in the top 10 in both the 100 meter hurdles and high jump at the Morgan State Invite and Colonial Relays.

High School: Claimed all-state honors after taking second at the state indoor meet...Selected to the all-state, all-division and all-Berks teams for hurdles in each of her four varsity seasons...Twice was named to the all-Berks and all-division teams as a high jumper...Nominated as the team's indoor and outdoor MVP during her high school career...Captain of both the volleyball and track and field teams... Was a journalist for the school newspaper and vice president of her junior class.

Personal: Daughter of Richard and Jadette Hunt...born September 5, 1988...has one sister, Tanisha...a physical therapy major.



60M Hurdles	8.72
100M Hurdles	14.15



Anita James
Junior
Jumps
Pocono, Pa.
Pocono Mt. West

2008-09: *Indoor T/F* - Anita James recorded two top-10 performances at the Big East Championships...placed eighth in the long jump and claimed 10th in the pentathlon at the conference meet...finished 11th in the triple jump at the ECAC Championships...opened the indoor season at the Golden Flash Gala claiming third in the pentathlon...took second in the triple jump at the Akron Quad with a leap of 12.05 meters...posted a leap of 12.03 meters at the Penn State National meet...competed in the triple jump at the New Balance invite with a leap of 11.89 meters...placed sixth in the triple jump at the Akron Invite with a mark of 11.75 meter. *Outdoor T/F* - A Big East qualifier, she earned All-Big East honors in the triple jump with a third-place finish...placed fifth in the long jump at the conference meet...claimed a first-place performance in the triple jump at the Charlotte 49er Classic with a leap of 11.79 meters...won the triple jump at Richmond's Fred Hardy with a distance of 11.65 meters...fifth in the triple jump at the Aggie Relays with a leap of 11.66 meters...took eighth in the triple jump at the Sea Ray Relays with a distance of 11.79 meters.

2007-08: *Indoor T/F* - James placed eighth in the triple jump and eleventh in the high jump at the Penn State Open...finished ninth at the Penn State National invitational in the pentathlon and tenth in the pentathlon at the Big East Indoor Championship. At the Sykes-Sabock Challenge Cup, James had a triple jump of 11.19 meters and a long jump of 5.15 meters. *Outdoor T/F* - James finished first at the Morgan State Invite in the heptathlon with 4487 points and seventh in the Big East Outdoor Championships. At the BEC Outdoor Championships James finished fifth in the 200-meter dash (25.65), sixth in the 100-meter hurdles (14.84), eighth in the shot put (9.93m), high jump (1.55m), long jump (4.96m), 800-meter run 2:32.09...James had a triple jump of 11.53 meters and a javelin throw of 15.97 meters also at the BEC.

High School: As a senior, James was all-state in the long jump, triple jump and 400-meter relay...Helped Pocono Mt. West capture two Mountain Valley titles...Four-time District XI champion in the 200 meters...2007 long jump and triple jump District XI champion...Member of the District XI champion 400-meter relay team in 2007...Received the 2007 best female athlete award.

Personal: Daughter of Cleve and Clarice James...born January 13, 1989...has two brothers and a sister...majoring in social work.



James' Top Times

60M	7.83
100M Hurdles	14.84
Long Jump	5.91M
Triple Jump	12.14M



Alicia Lichvar
Junior
Distance
Johnstown, Pa.
Bishop McCort



2008-09: Alicia Lichvar saw limited action as a sophomore.

2007-08: *Indoor T/F* - Lichvar finished 15th at the Penn State Open with a time of 1:49.55 in the 600-meter run...She posted a time of 5:52.94 in the 1 mile run at the Sykes-Sabock Challenge Cup. *Outdoor T/F* - Competed in the Western PA Championship in the 5000-meter run and posted a time of 20:17.83...Lichvar placed tenth at the SRU Invite with a time of 2:23.14 in the 5000-meter run.

High School: Lichvar placed third in the 2004 District 6 Cross Country Championships...Took second at the 2005 and 2006 District cross country meets...Captured top-25 finishes in both of her appearances at the state championships (2005, 2006)...Captain of the cross country team in 2006...Was also a district qualifier in track and swimming...Received the US Marine Corps Semper Fidelis Award for Musicianship...An all-state concert band member...National Honor Society Vice President...Also participated in volleyball at Bishop McCort.

Personal: Daughter of David and Deborah Lichvar...born January 13, 1989...has a brother, Shawn...a pharmacy major.

Carrie Mavirikis
Junior
Distance
Boardman, Ohio
Boardman



2008-09: Carrie Mavirikis competed in the pole vault during her sophomore season...finished fifth at the Aggie Invitational...also competed for the Panthers at Richmond's Fred Hardy Invitational and the MSU Legacy Meet in April.

High School: Mavirikis was a two-time district champion while at Boardman...selected to all-county and all-federal league four-consecutive years in high school...Two-time overall and Division I County champion...Helped Boardman to a Federal League title...Member of National Honor Society and Student Government...Vice President of her class.

Personal: Daughter of George and Janet Mavirikis...born June 24, 1988...has one sister...a rehabilitation science major.





Da'Lynn Mills

Junior
Sprints/Jumps
Cranberry Township, Pa.
Seneca Valley

2008-09: Indoor T/F- Da'Lynn Mills finished fourth in the 200M dash at the Big East Championships...claimed 11th in the high jump at the Big East Championships... opened the season with a seventh place time of 7.83 in the 60 meter dash at the Golden Flash Gala... took fourth in the high jump at the Golden Flash Gala...placed third in the 200 meter dash at the Akron Quad with a time of 24.99...finished fifth in the high jump at the Penn State Open...ran the 200 meters at the Penn State National and crossed the line in 24.58... also ran the 200 meters at the New Balance Invitational and finished in 24.60. **Outdoor T/F-** Mills competed in the 100 and 200 meter dash at the Big East Championships...earned second place in the 100 meter dash at Richmond's Fred Hardy Classic with a time of 12.42... collected another second-place performance in the high jump at Richmond's Fred Hardy... also competed at the Sea Ray Relays.

2007-08: Indoor T/F- Mills finished 20th at the ECAC Championships in the 200-meter dash at 25.09...placed eighth at the Big East Indoor Championships in the 200- meter dash with a final time of 24.70... placed fourth at the Sykes-Sabock Challenge Cup in the 200-meter dash with a time of 24.80 and fifth in the Penathalon...was seventh at the Penn State Open in the 200-meter dash with a time of 25.36 and ninth in the high jump with a height of 1.55 meters... Mills was 16th at the Penn State National Invitational in the high jump with a height of 1.62 meters. **Outdoor T/F-** Mills was apart of the ECAC and Big East Champion 400-meter relay teams...finished 20th in the 100-meter dash at Sea Ray Relays with a time of 11.95.

High School: Mills was the WPIAL high jump champion her senior season at Seneca Valley...indoor all-state 2005 and 2006...outdoor all-state 2006-2007... member of the 2004 WPIAL runner-up team...2006 Junior Olympic National fifth-place finish in high jump.

Personal: Daughter of Mary Mills...born February 2, 1989...has a sister and a brother...an exercise science major.



Mills' Top Times

60M	6.55
100M	11.74
200M	23.86

Ashley Moore

Junior
Throws
Jefferson Hills, Pa.
Thomas Jefferson



2008-09: Ashley Moore saw limited action in her sophomore season.

2007-08: Outdoor T/F- Moore finished second at the SRU invite in the shot put with a distance of 12.43 meters...at the Raleigh Relays she placed 21st in the shot put with a distance of 12.40 meters.

High School: As a senior, Moore won the Big 7 Conference Championship in the shot put and discus...she was also the shot put conference champion as a freshman...as a sophomore, she placed seventh in the shot put at the PIAA State Championship meet...won the shot put event at the Baldwin Invitational as a senior...recipient of the U.S. Marine Distinguished Athlete Award...also competed in basketball and indoor track.

Personal: Daughter of Dennis and Simeone Moore.....has one brother, Dennis... born on August 27, 1989 ...an undecided major.

Tori Toso

Junior
Pole Vault
Reading, Pa.
West Lawn



2008-09: Indoor T/F- Tori Toso recorded a first-place finish in the pole vault at the Akron Invite with a mark of 3.47 meters...finished second at the State Farm Games with a mark of 3.60 meters...captured fourth place in the pole vault at the Golden Flash Gala with a height of 3.45 meters...took second at the Akron Quad in the pole vault with a height of 3.50 meters...was sixth at the Penn State Open with a mark of 3.50 meters. **Outdoor T/F-** Competed at the Aggie Relays and captured second with a pole vault of 3.50 meters.

2007-08: Indoor T/F- Toso finished fifth at the Big East Indoor Championship with a height of 3.60 meters...was the runner-up at the Findlay open with a jump of 3.55 meters...placed seventh at the Penn State Open at 3.20 meters. **Outdoor T/F-** Finished tenth at the Big East Outdoor Championship with a jump of 3.50 meters... was the first place finisher at the Morgan State Invite also at 3.50 meters...placed third at Colonial Relays with a height of 3.65 meters.

High School: Toso was a county pole vault champion in 2006 and 2007...2006 pole vault district champion...state qualifier in 100-meter hurdles in 2006 and 2007... all-state and all-county in pole vault in 2006 and 2007...2006 all-division hurdler... Member of the all-division 400-meter relay in 2007...named the Berks County Female Athlete of the Year in 2006...Nike Indoor and Outdoor National qualifier in 2006 and 2007...set the school pole vault record of 12'...member of National Honor Society and High Honor roll.

Personal: Daughter of Greg and Tammy Toso...born May 25, 1989...has one

Toso's Top Score



Pole Vault 3.66M



Leah Ulizio
Junior
Javelin
Allegheny Township, Pa.
Kiski Area

2008-09: *Outdoor T/F-* Leah Ulizio qualified for the Big East Championships in the javelin, where she placed 17th overall...recorded a javelin throw of 37.35 meters at the Charlotte 49er Classic...competed in the javelin at Richmond's Fred Hardy Invite and finished with a mark of 36.71 meters.

2007-08: *Outdoor T/F -* Ulizio placed Eighth at the Big East Outdoor Championship with a mark of 41.64 meters...placed third in the Morgan State Invite at 40.04 meters...finished ninth at Clyde Littlefield-Texas with a distance of 38.79.

High School: Ulizio was the 2007 WPIAL Girl's AAA Javelin Champion...2007 PIAA third place...2006 and 2007 Westmoreland County Javelin Champion...2007 Baldwin Invitational Champion...2007 Kiski Area Female Athlete of the Year...Kiski Area Girl's Track MVP...KDKA-TV's Extra Effort Award Winner...Downtown YMCA Scholar Athlete...Judge Driscoll Westmoreland County Scholar Athlete...named Valley News Dispatch Track Athlete of the Year in 2006 and 2007...also a soccer standout...captain and four-year letter winner in both track and soccer...led soccer team to back-to-back section titles in 2006 and 2007...named to Top Ten Academic Honors List and a member of the National Honor Society.

Personal: Daughter of Jeffrey and Mary Ulizio...born March 18, 1989...has a sister, Erin...a nursing major.



Ulizio's Top Score

Javelin

41.64M



Kelsey Voltz
Junior
Javelin
Mechanicsburgh, Pa.
Mechanicsburgh



2008-09: *Outdoor T/F-* Kelsey Voltz competed in the javelin at the Big East Championships and finished 16th overall...placed 12th at ECAC Championships in the javelin...threw for 39.62 meters in the javelin at the Charlotte 49er Classic...finished fourth at the Fred Hardy Invite with a javelin throw of 35.51 meters...claimed third place at the Aggie Invite with a javelin throw of 39.25 meters.

2007-08: *Outdoor T/F-* Voltz placed 15th at the Big East Outdoor Championships with a mark of 37.17 meters...finished fourth at the Morgan State Invite with a distance of 39.42 meters in the javelin...also placed sixth at the Slippery Rock Invite at 35.41 meters.

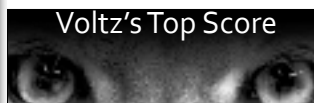
High School: Voltz was a 2006 and 2007 District 3 qualifier...high school honor athlete...broke high school javelin record...honor roll...John Travers Award Nominee...Also a member of volleyball and basketball teams.

Personal: Daughter of Jim and Kathy Voltz...born June 12, 1988...has a brother John...an exercise science major.

Voltz's Top Score

Javelin

41.64M





Kari Weimerskirch

Junior
Jumps
Tiffin, Ohio
Mohawk

2008-09: Indoor T/F - Kari Weimerskirch qualified for the Big East Championships in the pentathlon, where she placed 15th overall...opened the season competing in the pentathlon and the high jump at the Golden Flash Gala... took third in the high jump at the Golden Flash Gala...finished second in the high jump at the State Farm Games with a mark of 1.60 meters...claimed fourth in the pentathlon at the Akron Invite. **Outdoor T/F** - Took second in the high jump at the Charlotte 49er Classic... placed third in the high jump at Richmond's Fred Hardy Invite...earned fourth in the high jump at the Aggie Relays.

2007-08: Outdoor T/F - Weimerskirch placed third at the Western PA Championships she in the high jump with a height of 1.55 meters, and finished sixth in the 100-meter hurdles with a time of 15.88 seconds.

High School: Weimerskirch was a four-time high jump league champion...captured 100- and 300-meter hurdles league championships in her junior and senior seasons... captured the league long jump crown as a senior...also took first place at the district championships all four years in the high jump...high jump regional champion in her junior and senior seasons...as a freshman, Weimerskirch took second in the long jump...holds school records in the high jump, long jump, 100- and 300-meter hurdles...was also a standout in volleyball, lettering all four years...as a sophomore she was second team all-league and honorable mention all-district...selected as the League Player of the Year, first team all-district and second team All-Ohio in each of her final two season at Mohawk...class Valedictorian...member of the National Honor Society and National Machinery Organization...received the Citizenship Award...Academic All-Ohio.

Personal: Daughter of Thomas and Bonnie Weimerskirch...has a sister, Abby...born



Alexis Wilder

Junior
Throws
Mesa, Ariz.
Desert Ridge



2008-09: Indoor T/F - Alexis Wilder competed in the shot put and the weight throw at the Golden Flash Gala... was fourth in the weight throw at the State Farm Games. **Outdoor T/F** - Qualified for the Big East Championships in the discus...placed sixth in the discus at Richmond's Fred Hardy with a throw of 41.05 meters...also competed in the hammer throw at Fred Hardy... competed in the shot put at the Aggie Relays.

2007-08: Indoor T/F - Wilder placed 18th at the Skyes-Sabock Challenge Cup in the shot put with a throw of 11.39 meters...finished 13th at the Penn State Open in the 20 lb weight throw with a toss of 12.88 meters and 17th in the shot put with a mark of 10.64 meters...**Outdoor T/F** - Placed second at the Morgan State Invite in the Hammer throw with a toss of 42.17 meters and 12th in the Discus with a distance of 34.19 meters...fourth place finisher at the Slippery Rock Invite in the Discus with a throw of 34.31 meters and 13th in the hammer throw at 35.20 meters.

High School: Wilder placed second at the state competition as a junior in the discus...followed that performance by placing fourth in the same event as a senior, with a distance of 126'6" and a fifth-place effort in the shot put at the state meet... Selected to the honorable mention all-region team...competed at Junior Nationals in 2001 and again in 2003...also played basketball.

Personal: Daughter of James and Theresa Wilder...born May 3, 1989...interested in pre-med and math.



Wilder's Top Scores



Weight Throw	15.10M
Discus	41.05M
Hammer	44.51M



Kathryn Bannantine
Sophomore
Combined Events
Sao Paulo, Brazil
McDonogh

2008-09: *Indoor T/F* - Kathryn Bannantine competing in the pentathlon at the Golden Flash Gala, Akron Quad and the State Farm Games. *Outdoor T/F* - Bannantine competed at the Charlotte 49er Classic, the Aggie Relays, and Richmond's Fred Hardy Invitational.

High School: Bannantine played four years of varsity soccer before joining the track and field team her senior year...also competed on the basketball and swim team while at McDonogh High School.

Personal: Daughter of Jim and Tracy Bannantine... has two brothers, Sean and Graham, and one sister, Liz...born December 1, 1989...majoring in nursing.

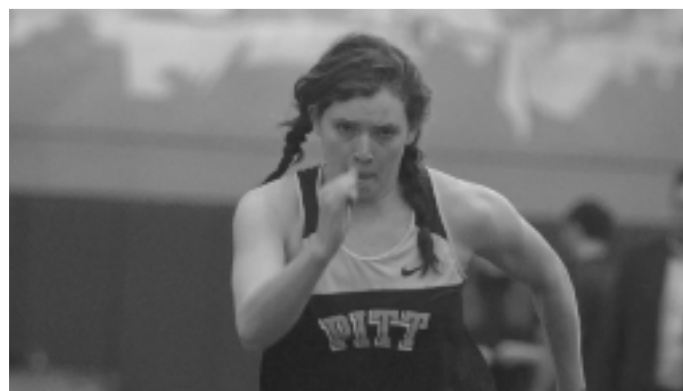


Jessica Catallano
Sophomore
Sprints/Hurdles
Pittsburgh, Pa.
North Hills Christian

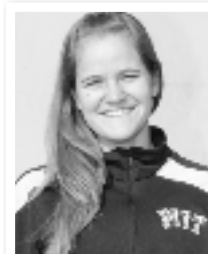
2008-09: Jessica Catallano competed for the gymnastic team as a freshman...will race in the sprint events under Coach Webb.

High School: Catallano was a two-time Level 10 regional qualifier who specializes on the vault and floor exercise...member of the Pittsburgh Northstars team for 15 years...placed third at the CGA Invitational in 2008...in 2007 finished runner-up in the all-around competition at the Fiesta Bowl...member of the chorus, National Honor Society and student council all through high school...salutatorian of graduating class.

Personal: Daughter of Fred and Carol Catalano...has one sister, Lita...born September 12, 1990...a psychology major.



Rachel Erny
Sophomore
Distance
Brentwood, Pa.
Brentwood



2008-09: *Indoor T/F* - Rachel Erny competed in the mile at the Penn State Open...also competed in the 3,000 meter run at the State Farm Games, the Akron Quad, and the Akron Invitational...placed fourth at the State Farm Games in the 3,000 meter event. *Outdoor T/F* - Went to the Charlotte 49er Classic and ran in the 1,500 meter run...ran in the 5,000 meter run at the Richmond's Fred Hardy Invite.

High School: Erny won the XC AA Championship in 2004 and the 3200 Championship in 2005...ran a 10:58 in the 3,200 meter run...two-time WPIAL 3200 AA Champion...honors student.

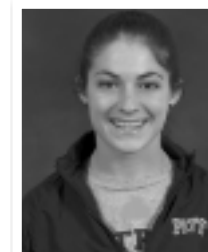
Personal: Daughter of Bill and Cindy Erny...has two brothers, Luke and Dan, and one sister, Emily...born April 9, 1990...majoring in education.



3,200

10:58

Brittany Giannotti
Sophomore
Distance
Hatboro-Horsham, Pa.
Hatboro-Horsham



2008-09: *Indoor T/F* - Brittany Giannotti competed in the mile at the Golden Flash Gala and the Akron Quad...ran in the 800 meter run at the State Farm Games and the Akron Quad. *Outdoor T/F* - Ran the 1,500 meter run at the Charlotte 49er Classic.

High School: Giannotti was a member of the winning 4 x 800 meter relay team for indoor and outdoor track states during the 2004 and 2005 track season... also a member of the 4 x 800 meter relay team that took fourth at states her sophomore year and seventh at states her junior year... was a member of the National Honors Society.

Personal: Daughter of Vincent and Maxine Giannotti... has one sister Stephanie... born February 27, 1990...majoring in athletic training.





Robin Gilmore
Sophomore
Throws
Cleveland, Ohio
Solon

2008-09: Indoor T/F - Robin Gilmore qualified for the Big East Championships in the discus...competed in the weight throw at the Golden Flash Gala, the Akron Quad, and the State Farm Games...competed in the shot put at the Akron Quad, the Penn State Open, and the State Farm Games. **Outdoor T/F**- Tallied a throw of 40.82 meters in the discus at Richmond's Fred Hardy Invite...competed in the discus at the Aggie Relays...placed seventh out of a field of 24 throwers at the Bison Outdoor Classic 41.66 meters...competed in the shot put at the Charlotte 49er Classic and the Aggie Relays.

High School: Gilmore was the Conference Champion all four years for discus... was District Champion her junior and senior years...holds the school record for discus...helped her team win the District and Conference Championships...named to the All-State Team and Second Team All City...competed in Nationals in 2007... member of Honor Roll...also competed in basketball.

Personal: Daughter of Robert and Marion Gilmore...has one sister, Ryan...born October 16, 1990...an undecided major.

Gilmore's Top Scores



Discus	41.66M
Hammer	45-53M



Rachel Hess
Sophomore
Middle Distance
Chester Springs, Pa.
Villa Maria Academy

2008-09: Rachel Hess saw limited action as a freshman.

High School: Hess qualified for the State Championships in the mile and the 4 x 800 relay...was editor-in-chief of school literary magazine.

Personal: Daughter of Chuck Hess and Rebecca Ward...has one sister, Victoria.. born June 16, 1989...majoring in education.



Miya Johnson
Sophomore
Middle Distance
Mount Laurel, N.J.
Lenape



2008-09: Indoor T/F - Miya Johnson turned in a first-place performance in the 800 meters at the State Farm Games...placed second at the Akron Invite in the 800 meter run with a time of 2:14.5...ran the mile at the Akron Quad...was ninth out of a field of 25 runners in the 800 meter run at the Penn State Open. **Outdoor T/F**- Was sixth in the 800 meter run at Richmond's Fred Hardy Classic... ran the 800 meters at the Duke Asics Invitational with a time of 2:14.1.

High School: Johnson was the 2008 New Jersey state champion and conference champion...Competed in states her freshman and sophomore years...holds the Burlington County 800 meter record...holds school records for the 400, 800, 1600, 4x800 relay and the 4x200 relay...ran a 19:22.00 (5,000 meters), 5:03.52 (mile) and a 2:11.95 (800 meters)...named Nike Outdoor Nationals sprint medley All-American... 4x800 Nike Outdoor Nationals All-American.

Personal: Daughter of Maurice and Michelle Johnson...has one sister, Monet and one brother, Maurice...born September 10, 1990...an undecided major.

Johnson's Top Times



800M	2:11.95
Mile	5:03.52
5K	18:47



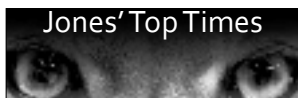
Cambrya Jones
Sophomore
Sprints
Pittsburgh, Pa.
Woodland Hills

2008-09: *Indoor T/F* - Cambrya Jones qualified for the Big East Championships in her rookie season...placed seventh in the 60 meters with a time of 7.62 at the Big East Championships...was third in the 200 meters with a time of 24.11 at the conference meet...finished second in the 60 meters at the Akron Invite with a time of 7.68...ran the 60 meter dash in 7.73 for third place at the Akron Quad...finished second in the 200 meter dash at the same meet...was second in the 200 meters at the State Farm Games. *Outdoor T/F* - Jones qualified for the NCAA Regionals in the 200M dash...garnered an eighth-place effort at the regionals...finished second in the 200 meter dash and sixth in the 100 meter dash at the ECAC Championships...turned in a second-place performance in the 200 meters and fourth in the 100 meters at the Big East Championships...ran the 100 meter dash and placed sixth at the Charlotte 49er Classic...was second in the 100 meters with a time of 12.00 seconds at the Bison Outdoor Classic...placed third in the 200 meters at the Bison Outdoor Classic after crossing the line in 24.43 seconds.

High School: Jones was the State Champion her senior year in the 100 meter and was the state runner-up in the 200 meter...ran a 11.90 in the 100 meters and a 24.1 in the 200 meters during senior season...was named Athlete of the Week by the Post Gazette.

Personal: Daughter of Sheldon Jones and Colleen Carpenter...has one sister, Trinity and one brother, Bryce...born September 20, 1990...majoring in psychology.

Jones' Top Times



60M	6.55
100M	11.67
200M	23.75



Lindsay Kramer
Sophomore
Javelin
Latrobe, Pa.
Greater Latrobe

2008-09: Lindsay Kramer threw the javelin for the Panthers her freshman year...competed in the Charlotte 49er Classic, Richmond's Fred Hardy Invitational and the MSU Legacy Meet.

High School: In addition to track and field, Kramer was a member of the volleyball team...also involved in the National Art Honors Society, Spanish National Honors Society, and the National Honors Society.

Personal: Daughter of Paul and Rita Kramer...has one brother Bryce...born August 26, 1990...majoring in international relations and Spanish.



Susan Martinez
Sophomore
Middle Distance
Clifton, N.J.
Clifton



2008-09: *Indoor T/F* - Susan Martinez was third in the 1,000 meter run at the Golden Flash Gala...took second in the 500 meter dash at the State Farm Games...placed fifth in the 800 meter run at the New Balance Collegiate Invite with a time of 2:17.5. *Outdoor T/F* - Ran the 400 meter run and the 800 meter run at the Charlotte 49er Classic...placed seventh out of 22 runners in the 800 meter run at Richmond's Fred Hardy Classic...also competed in the 800 meters at the Duke Asics Invite and the 1500 meters at the Sea Ray Relays.

High School: Martinez placed fifth at states in the 800 meters junior year and eighth at states senior year in the 800 meters...holds school records in the 800 meters (indoor and outdoor) with a time of 2:13 and the 400 meters (indoor and outdoor) with a time of 56.95...also the school record holder in the 1000 meters (indoor), 100 meter hurdles (outdoor), and 600 meters (indoor)...all-league and all-county in cross country and indoor and outdoor track and field.

Personal: Daughter of Ramon Martinez and Josefina Zapata...has one brother, Robert, and two sisters, Serena and Melany...born November 3, 1990...majoring in psychology.

Martinez's Top Times



400M	57.70
800M	2:13.36





Ogadinma Anyanwu

Freshman
Sprints
Philadelphia, Pa.
J.R. Masterman

High School: Ogadinma Anyanwu joins the Panthers as a freshman in the sprint events. Previous information for Anyanwu was unavailable.

Personal: Daughter of Felicia and Godwin Anyanwu...a rehab science/pre-med major.

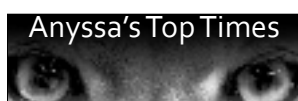


Anyssa Barbour

Freshman
Sprints
Chambersburg, Pa.
Chambersburg

High School: Anyssa Barbour is a three-time Mid-Penn Conference champion in the 100 meters and two-time Mid-Penn Conference champion in the 200 meter dash...three-time District 3 Champion in the 100 meters and two-time District 3 Champion in the 200 meters...first team all-state in the 100 meters...competed at the Nike indoor and outdoor nationals.

Personal: Daughter of Ralph and Karen Barbour... has two brothers Keenan and Diontae...born July 11, 1991...a pre-veterinarian major.



100M	12.09
200M	24.84



Emily Barno

Freshman
Distance
Camp Hill, Pa.
Cedar Cliff

High School: Emily Barno was a four-time letterwinner in track and a three-time letterwinner in field hockey...she was named Most Dedicated by her track and field teammates as a sophomore and in cross country as a senior...earned all-conference honors in the mile and two-mile events as a sophomore...an all-conference performer in cross country as a senior...a member of the National Honor Society, National Spanish Honor Society, District Regional and All-State Choir as a senior...named class salutatorian.

Personal: Daughter of Carol and Brian Barno...has a twin sister Erin, who plays field hockey at Washington and Jefferson and an older sister Eileen...born March 31, 1991...majoring in neuroscience with a Spanish minor.

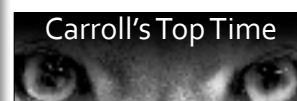
Brittany Carroll

Freshman
Hurdles
Charlotte, N.C.
Harding Univ.



High School: Brittany Carroll led her team to a 4A State Championship...recorded an individual state title in the 55- and 100 meter hurdles...collected a conference and regional title in the 100- and 300-meter hurdles...named to the all-state team in the 300-meter hurdles...a National Honor Society awardee.

Personal: Daughter of Curtis and Tonya Carroll... one brother, Brent... born July 27, 1991...majoring in pharmacy.



100M Hurdles	14.17
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Arielle Fonrose

Freshman
Sprints
Aldan, Pa.
Drexel Hill



High School: Arielle Fonrose is the back-to-back Philadelphia 400 meter Catholic League Champion...earned the 2008-2009 Meet of Champions 400 meter title...tallied a District 12 title...a two-time All-Delaware County honoree in the 400 meter dash event...three-time All-Catholic League awardee...five-time all-state honoree in the 400 meters and as a member of the distance medley relay...competed in the AAU Junior Olympics in 2008 and 2009.

Personal: Daughter of Rony and Barbara Fonrose...one brother, Devin...born June 19, 1991...majoring in health and rehabilitation science.



400M	56.02
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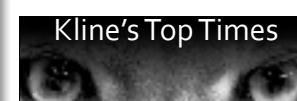
Elizabeth Kline

Freshman
Hurdles
Pittsburgh, Pa.
Upper St. Clair



High School: Elizabeth Kline was the WPIAL Champion in 100 and 300-meter hurdles...garnered all-state honors in the 300-meter hurdles...named Student of the Year...member of the honor roll and National Honors Society.

Personal: Daughter of Ernest and Eileen Kline... one sister, Jennifer and two brothers, Richard and James...born June 13, 1991...majoring in exercise science.



100M Hurdles	14.52
400M Hurdles	1:03.30



Amanda Kuhl

Freshman
Sprints
Wilkes-Barre, Pa.
Hanover Area

High School: Amanda Kuhl is a five-time district champion...holds school records in the 100, 200 and 400 meter dashes, 300-meter hurdles and 400-meter relay...all-conference and athlete of the week...second at states in the 100 meters, third in the 200 meters, eighth in the 400 meters.

Personal: Daughter of Andrew and Christine Kuhl...born August 17, 1991...major is undeclared.



Jonique Lawrence

Freshman
Sprints
Cincinnati, Ohio
Cincinnati Withrow

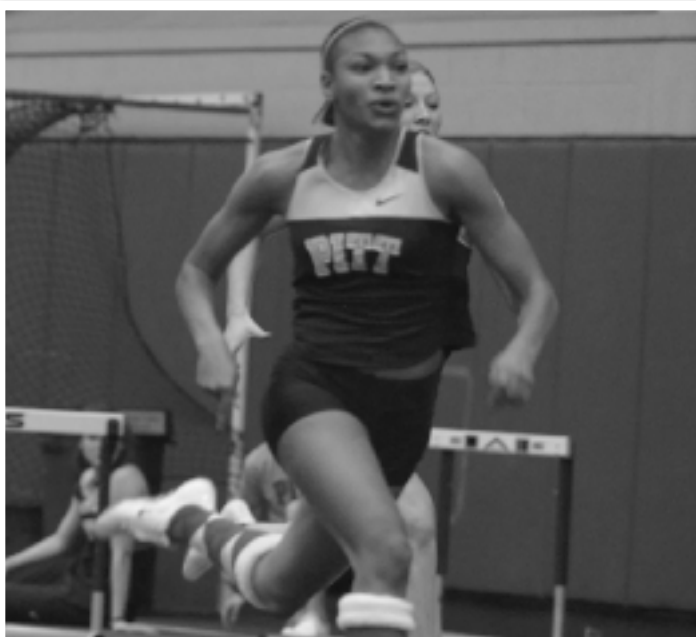
High School: Jonnique Lawrence garnered All-America status in high school...she was a member of the first-place sprint medley relay team...took first in the 800 meter and was second in the 400 meter...as a junior was an All-American in the 400 meter event and sprint medley...a 2009 state champion as a member of the 400-meter relay squad...state runner-up in the 1,600-meter relay...300-meter hurdle regional champion in 2008...earned regional titles in the 800 meter run and as a member of the 1600-meter relay...a National Honors Society member.

Personal: Daughter of John Lawrence and E. Len Clark...has three brothers, Donte, John and Josh and one sister, Jaelyn...born January 5, 1991...major is undeclared.

Lawrence's Top Times



200M	24.49
400M	56.07



Megan Leake

Freshman
Pole Vault
Sandusky, Ohio
North Ridgeville



High School: Megan Leake holds school and district records in the pole vault event...placed second at the state championship meet.

Personal: Born June 17, 1991... Daughter of Jon and Lan Leake...has one brother Michael...majoring in pharmacy.



Rachael McIntosh

Freshman
Jumps
Bridgewater, Canada
Parkview



High School: Rachael McIntosh led her team to four district, regional, and Provincial Championships...was a perfect six-for-six, taking first place in her events at both districts and regionals as a junior and senior...holds three individual Provincial League records...named Rookie of the Year and was a Female Athlete of the Year, twice...competed in the heptathlon as a member of the 2009 Pan American Junior Team...a five-year member of the U-17 national team.

Personal: Daughter of Michael and Bernadette McIntosh...has one sister, Jessica and two brothers, Shawn and Owen...born January 17, 1991...majoring in studio arts.

McIntosh's Top Scores



High Jump	1.74M
Heptathlon	5,074 points





Taylor Myers
Freshman
Middle Distance
Lower Burrell, Pa.
Burrell

High School: Taylor Myers is a two-time WPIAL 800 meter runner-up...earned a fifth-place WPIAL finish as a member of the 1,600-meter relay and seventh place at the PIAA championship...also played soccer and basketball...a National Honors Society honoree.

Personal: Daughter of Joe and Toni Myers...one brother Drew and two sisters, Natalie and Tess...born March 11, 1991...major is undeclared.



Korinne Piper
Freshman
Middle Distance
Landsville, Pa.
Hempfield

High School: Korinne Piper lettered in cross country and track at Hempfield... named the track and cross country captain... district champion in the 800 meters event...placed seventh in the 800 meters at states...a member of the National Honor and Spanish National Honor Societies.

Personal: Daughter of Kimberly and Kirk Piper...has one brother, Kyle... born April 16, 1991...a rehabilitation science major.



Piper's Top Time

800M

2:14.72

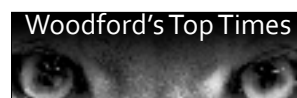


Ashley Woodford
Freshman
Sprints
Los Angeles, Calif.
Long Beach Poly



High School: Ashley Woodford led her high school to both a CIF Championships and state title... competed in the Junior Olympics in 2006, 2007 and 2008...placed fifth in 100 meter dash nationally...recorded the 100 meter dash region title... ranked fourth in state...named Athlete of the Year.

Personal: Daughter of Daniel and Cynthia Woodford... one brother, Rollin...born September 27, 1991...majoring in rehabilitation science.



Woodford's Top Times

60M
100M
200M

6.68
11.76
24.79

DUQUESNE DUALS DUQUESNE UNIVERSITY Pittsburgh, Pa. - Sept. 5, 2009

The University of Pittsburgh cross country teams opened the 2009 season in Schenley Park on September 5 at the Duquesne Duals where several Pitt Panthers recorded top-20 finishes. Host team Duquesne won the meet on both sides. Pitt also raced against Carnegie Mellon, Canisius, Juniata, Niagara, St. Bonaventure, St. Vincent, and Wheeling Jesuit.

On the women's side, freshman Alyssa Kunkel was the first to finish for the Panthers, claiming 19th overall. Sophomore Miya Johnson and senior Emily Setlock also placed in the top 25 for Pitt.

Juniors Teddy Miller and Josh Christopher led the men with their top-10 finishes. They placed fourth and eighth respectively. Collectively, five men crossed the finish line in the top-20 for Pitt.

Men:

4	Teddy Miller	25:48:00
8	Josh Christopher	26:11:00
14	Kyle Kaminski	26:29:00
19	Chase Broussard	26:44:00
20	Greg Kareis	26:49:00
28	Tim Moyer	27:11:00
29	Sam Weiser	27:13:00
39	Kevin Hull	27:41:00
42	Andrew Cerrito	27:49:00
45	Vinnie DePalma	27:56:00

Women:

19	Alyssa Kunkel	20:04:00
22	Miya Johnson	20:10:00
25	Emily Setlock	20:22:00
30	Meg DeGraaf	20:47:00
33	Heather Calisto	20:54:00
35	Rachel Erny	21:03:00
38	Sue Martinez	21:13:00
42	Emily Barno	21:20:00
45	Rachel Hess	21:30:00
49	Eva Humphrey	21:53:00
50	Britany Giannotti	22:08:00
51	Korinne Piper	22:11:00
54	Alicia Livchar	22:40:00
57	Carrie Mavrikas	23:00:00



Teddy Miller

CAPPY ANDERSON INVITE UNIVERSITY OF MARYLAND EASTERN SHORE Princess Ann, Md. - Sept. 19, 2009

Four men finished in the top 20, as the University of Pittsburgh men's cross country team finished third at the 2009 Cappy Anderson Invitational, held at Maryland-Eastern Shore. Pitt's women recorded a fifth-place finish, out of the nine teams competing.

Pitt's men finished third out of 11 teams, averaging a time of 26:10.71, which was nearly 40 seconds more than the first place team. Greg Karies recorded a time of 25:57.59 placing 18th overall. He was also the first to cross the finish line for Pitt. Teddy Miller and Joshua Christopher finished in the top 25 as well with times of 25:59.78 and 26:04.51, respectively.

Pitt's women combined for a final time of 1:42:01.28, averaging times of 20:24.26. Miya Johnson led the Panthers crossing the line at 18:49.50 for 23rd overall. Johnson was followed by Alyssa Kunkel and Rachel Hess who both placed in the top 35.

Men:

18	Greg Karies	25:57.59
20	Teddy Miller	25:59.78
24	Joshua Christopher	26:04.51
29	Sam Weiser	26:21.36
32	Kevin Hull	26:30.29
33	Chase Broussard	26:32.75
34	Kyle Kaminski	26:39.70
36	Andrew Cerrito	26:47.16
47	Vinnie DePalma	27:13.84
64	Tim Moyer	28:00.31

Women:

23	Miya Johnson	18:49.50
31	Alyssa Kunkel	20:15.98
35	Rachel Hess	20:19.56
36	Rachel Erny	20:56.12
41	Heather Calisto	21:40.12
46	Korinne Piper	21:59.98
48	Emily Barno	22:04.15
50	Alicia Livchar	22:15.52
56	Carrie Mavrikas	23:06.16

PAUL SHORT INVITATIONAL LEHIGH UNIVERSITY Bethlehem, Pa. - Oct. 2, 2009

Indiana University took first place overall on the men's side at the Paul Short Invitational which took place on October 2. The University of Pittsburgh men's cross country team finished 28th at the invite. As a team, the Panthers finished with an overall time of 2:06:17. Finishing first for the Panthers was junior Josh Christopher at 24:55. Greg Kareis and Teddy Miller finished in the 25th minute of the race.

Men:

96	Josh Christopher	24:55
133	Greg Kareis	25:12
137	Teddy Miller	25:13
169	Kyle Kaminski	25:26
193	Sam Weiser	25:32

Women:

56	Miya Johnson	23:00
128	Alyssa Kunkel	23:49
197	Rachel Hess	24:39
201	Rachel Erny	24:43
208	Heather Calisto	24:50
209	Emily Barno	24:51
230	Korinne Piper	25:21

CARNEGIE MELLON INVITATIONAL CARNEGIE MELLON UNIVERSITY Pittsburgh, Pa. - Oct. 10, 2009

Pitt competed at the Carnegie Mellon Invitational on October 10 at nearby Schenley Park and took ninth place. Freshman Megan DeGraaf crossed the line first for the Panthers. She recorded a time of 21:15.90. Junior Alicia Livchar crossed the line in the 21st minute. In addition to the four cross country runners, Pitt's track and field team also ran the course and recorded several strong performances. Junior Carrie Mavrikas was the fourth Panther to cross the finish line, claiming a time of 23:02.74.

Women:

35	Megan DeGraaf	21:15.90
51	Alicia Livchar	21:58.47
68	Brittany Giannotti	22:42.55
76	Carrie Mavrikas	23:02.74
77	Kari Hedderick	23:02.89

PRINCETON INVITATIONAL PRINCETON Pittsburgh, Pa. - Oct. 17, 2009

The University of Pittsburgh men's and women's cross country teams each placed eighth at the Princeton Invitational on October 17.

Pitt's men recorded an average time of 26:21.58, as all seven members of the squad combined for a time of 2:11:47.90. The squad was led by junior Teddy Miller, placing 29th overall. Also finishing in the top 40 and in the 25th minute, sophomore Greg Kareis crossed in 38th-place.

Junior Joshua Christopher was the third Panther to finish, claiming 62nd-place, while freshman Vinnie DePalma was the next Pitt athlete and placed 81st overall.

On the women's side, freshman Myia Johnson was the first to cross the finish line for Pitt. Her time of 24:39.40 placed 31st overall. Next, sophomore Rachel Hess, junior Heather Calisto and freshman Alyssa Kunkel finished within five seconds of one another, in the 25th minute.

The Panthers recorded an overall time of 2:09:15.80, averaging 25:51.16.

Men:

29	Teddy Miller	25:46.50
38	Greg Kareis	25:54.10
62	Josh Christopher	26:18.50
81	Vinnie DePalma	26:37.80
109	Kyle Kaminski	27:11.00
117	Andrew Cerrito	27:17.50
140	Tim Moyer	27:57.40

Women:

31	Miya Johnson	24:39.40
66	Rachel Hess	25:52.20
67	Heather Calisto	25:55.90
69	Alyssa Kunkel	25:57.10
87	Emily Barno	26:51.20
89	Megan DeGraaf	27:01.00
91	Emily Setlock	27:09.90
92	Rachel Erny	27:13.90
93	Korinne Piper	27:30.20
97	Susan Martinez	28:01.10

BIG EAST CHAMPIONSHIPS
 Kenosha, Wis. - Oct. 31, 2009

Pitt's men's and women's cross country teams turned in strong performances at the 2009 Big East Championships held at the Wayne E. Dannehl Cross Country Course. The men placed 11th, while the women finished 16th overall.

Recording an overall time of 2:17:10, the men averaged a split of 27:26. Finishing first for the Panthers was junior Joshua Christopher, who placed in the top 50. Next, freshmen Vinnie DePalma and Chase Broussard took 64th and 67th, while senior Kyle Kaminski and sophomore Gregory Kareis rounded out the top 70. Senior Sam Weiser and Andrew Cerrito were the final Panthers to cross the finish line, placing 75th and 76th overall.

Pitt's women recorded an average time of 26:03, but were led by sophomore Miya Johnson with a time of 24:35. Crossing the finish line next for the Panthers was freshman Alyssa Kunkel. Junior Heather Calisto, senior Emily Setlock and sophomore Rachel Hess turned in performances just over 26th minutes, while sophomore Rachel Erny and freshman Emily Barno rounded out the Panthers, placing 110 and 111 overall.

Men:

47	Joshua Christopher	26:52
64	Vinnie DePalma	27:34
67	Chase Broussard	27:34
69	Kyle Kaminski	27:35
70	Greg Kareis	27:35
75	Sam Weiser	27:57
76	Andrew Cerrito	28:03

Women:

79	Miya Johnson	24:35
100	Alyssa Kunkel	25:58
104	Heather Calisto	26:23
106	Emily Setlock	26:27
108	Rachel Hess	26:51
110	Rachel Erny	27:02
111	Emily Barno	27:21

NCAA REGIONAL CHAMPIONSHIPS
 UNIVERSITY OF MARYLAND EASTERN SHORE
 Princess Ann, Md. - Nov. 14, 2009

Six Pittsburgh runners competed at the 72nd annual Division I Regional meet on Nov. 14, which was hosted by University of Maryland Eastern Shore at the UMES Golf Range.

Junior Teddy Miller led the Panthers with a 49th place finish out of a field of 186 runners. Miller held a 5:25 mile pace and crossed the line with a final time of 33:37.8. Junior Josh Christopher came in ten places after Miller with a time of 33:54.6. Freshman Chase Broussard was not far behind in 63rd with a time of 33:58.5. Freshman Vinnie DePalma, senior Sam Weiser, and senior Kyle Kaminski placed 88th, 93rd, and 146th respectively.

Men:

49	Teddy Miller	33:37.8
59	Joshua Christopher	33:54.6
63	Chase Broussard	33:58.5
88	Vinnie DePalma	34:28.9
93	Sam Weiser	34:31.5
146	Kyle Kaminski	36:05.6

IC4A CHAMPIONSHIPS
 VAN CORTLANDT PARK
 New York. - Nov. 21, 2009

Pitt's men's cross country team traveled to New York on Saturday, November 21, for the 101st IC4A Championships. The seven men placed fifth overall, running the Van Cortlandt Park trail.

The squad was led by sophomore Greg Kareis, placing 11th in the race, with a final time of 26:14.1. Crossing the finish line shortly after Kareis was junior Teddy Miller, who finished 13th with a time of 26:15.7. Freshman Chase Broussard also finished in the 26th minute and placed 40th overall. Later, senior Kyle Kaminski and freshmen Vinnie DePalma and Andrew Cerrito each finished in the 27th minute of the race. Depalma claimed 49th overall, while Kaminski was 57th and Cerrito trailed for 58th. Tim Moyer rounded out the Panthers with a performance in the 28th minute.

Men:

11	Greg Kareis	26:14.1
13	Teddy Miller	26:15.7
40	Chase Broussard	26:53.6
49	Vinnie Depalma	27:11.9
57	Kyle Kaminski	27:21.7
58	Andrew Cerrito	27:23.9
126	Tim Moyer	28:32.5

The Panthers recorded an overall time of 2:13:57.00, averaging 26:47.40 and finished just fractions of a second behind the U.S. Military Academy, New Hampshire and Albany. All teams finished under first-place Temple, who totaled a time of 2:10:47.20.

MEN'S CROSS COUNTRY

Anthony Boyd	FR
Chase Broussard	FR
Andrew Cerrito	FR
Joshua Christopher	JR
Dontave Cowsette	SO
Vinnie DePalma	FR
Kevin Hull	FR
Kyle Kaminski	SR
Greg Kareis	SO
Michael Meade	SR
Teddy Miller	JR
Jack Morrow	JR
Tom Moyer	SO
Zach Mueller	FR
Matt Norwood	JR
Brione Reid-Carthan	SO
Elliot Rhodes	FR
Brian Tackett	FR
Wesley Washington	FR
Sam Weiser	SR

WOMEN'S CROSS COUNTRY

Emily Barno	FR
Liz Calabrese	JR
Heather Calisto	JR
Megan DeGraaf	FR
Rachel Erny	SO
Brittany Giannotti	SO
Kari Hedderick	SR
Megan Heenan	JR
Rachel Hess	SO
Miya Johnson	SO
Alyssa Kunkle	FR
Heather Lezanic	JR
Alicia Lichvar	JR
Susan Martinez	SO
Carrie Mavrikis	JR
Taylor Myers	FR
Korrine Piper	FR
Emily Setlock	SR



Pitt's 2009-20 Cross Country Team



TEAM FINISHES

MEN IN BIG EAST

1985	7th
1986	5th
1987	3rd
1988	3rd (tie)
1989	4th
1990	3rd
1991	4th
1992	5th
1993	3rd (tie)
1994	4th
1995	9th
1996	10th
1997	11th
1998	12th
1999	8th
2000	11th
2001	11th
2002	12th
2003	8th
2004	7th
2005	7th
2006	7th
2007	11th
2008	9th
2009	11th

WOMEN IN BIG EAST

1990	7th
1991	5th
1992	9th
1993	6th
1994	6th
1995	9th
1996	8th
1997	12th
1998	12th
1999	12th
2000	11th
2001	7th
2002	10th
2003	9th
2004	7th
2005	8th
2006	12th
2007	11th
2008	15th
2009	16th

NCAA REGIONALS

1990	27th
1991	14th
1994	27th
1996	28th
2001	7th
2002	15th
2003	10th
2004	8th
2005	13th
2006	17th
2007	13th
2008	22nd

NCAA REGIONALS

1985	25th
1986	22nd
1987	9th
1988	12th
1989	9th
1990	7th
1991	11th
1992	16th
1993	16th
1994	21st
1996	32nd
1997	DNC
1998	DNC
1999	DNC
2000	DNC
2001	8th
2002	20th
2003	17th
2004	9th
2005	7th
2006	6th
2007	16th
2008	14th
2009	14th

Keith
DowlingWaddie
FreemanCarmela
MarianiMAUREEN
McCANDLESS

MEN'S TOP 25 BIG EAST FINISHES

PLACE	NAME	YEAR	SITE
1st	Keith Dowling	1990	Bronx, N.Y.
3rd	Mike Umbleby	1994	Boston, Mass.
5th	Jason Bodnar	1988	Bronx, N.Y.
7th	Scott Humphrey	1988	Bronx, N.Y.
7th	Scott Humphrey	1989	Bronx, N.Y.
8th	Bob Weiner	1987	Boston, Mass.
8th	Mike Umbleby	1993	Bronx, N.Y.
9th	Keith Dowling	1988	Bronx, N.Y.
9th	Keith Dowling	1989	Bronx, N.Y.
9th	Mike Formica	1991	Bronx, N.Y.
10th	Joe Daniels	1987	Boston, Mass.
10th	Mike Formica	1990	Bronx, N.Y.
12th	Sam Bair	2005	Bronx, N.Y.
14th	Scott Humphrey	1990	Bronx, N.Y.
14th	Frank Nesko	1993	Bronx, N.Y.
15th	Bob Weiner	1986	Boston, Mass.
15th	Paul Friedrich	1988	Bronx, N.Y.
16th	Waddie Freeman	1986	Boston, Mass.
16th	Keith Dowling	1987	Boston, Mass.
19th	Ken Picciano	1985	Boston, Mass.
20th	Waddie Freeman	1992	Boston, Mass.
20th	Dennis Kuntz	1994	Boston, Mass.
21st	Tom Swartout	1990	Bronx, N.Y.
22nd	Bob Weiner	1985	Boston, Mass.
23rd	Dennis Kuntz	1993	Bronx, N.Y.
25th	Jason Bodnar	1990	Bronx, N.Y.
25th	Brian McCollough	1991	Bronx, N.Y.

WOMEN'S TOP 25 BIG EAST FINISHES

PLACE	NAME	YEAR	SITE
3rd	Maureen McCandless	2004	Boston, Mass.
5th	Lori Wood	1985	Boston, Mass.
15th	Carmela Mariani	1991	Bronx, N.Y.
17th	Nicola Angstadt	2005	Bronx, N.Y.
20th	Amy DiFrancesco	1985	Boston, Mass.
22nd	Stacey Wyzkowski	1989	Bronx, N.Y.
22nd	Laura O'Donnell	1991	Bronx, N.Y.
22nd	Maureen McCandless	2003	Bronx, N.Y.
23rd	Angie Martin	1994	Boston, Mass.
24th	Maureen McCandless	2002	Boston, Mass.

IC4A/ECAC & NCAA Finishes

IC4A Top 35 Individual Cross Country Finishers

4th	Keith Dowling	1990
9th	Sam Bair	2005
9th	Keith Dowling	1989
11th	Greg Kareis	2009
12th	Jason Bodnar	1991
13th	Mike Umbleby	1994
13th	Teddy Miller	2009
19th	Scott Humphrey	1990
19th	Mike Formica	1991
19th	Mike Umbleby	1993
23rd	Scott Humphrey	1989
28th	Tim Konoval	2005
32nd	Scott Humphrey	1988
33rd	Sam Bair	2004
34th	Tim Konoval	2004

NCAA Regional Top 35 Individual Cross Country Finishers

1st	Maureen McCandless	2004
6th	Maureen McCandless	2002
13th	Maureen McCandless	2003
24th	Lauren Shaffer	2004
26th	Amanda Schmidt	2001
30th	Lauren Shaffer	2001
31st	Laura O'Donnell	1991
34th	Nicki Angstadt	2005
35th	Carmela Mariani	1991
37th	Maureen McCandless	2001

NCAA Individual Finishers

5th	Maureen McCandless	2004
12th	Keith Dowling	1990
71st	Keith Dowling	1989
97th	Mike Umbleby	1994
210th	Maureen McCandless	2002



Pitt's 2010 seniors. Sitting (L to R): Kaetlyn Brown, Emily Setlock, Brianna Broyles, Kari Hedderick and Kendall Butch. Standing (L to R) Nick Malenka, Alonzo Webb III, Ron Water and Sam Perkins. (not pictured: Janelle Adams, Kyle Kaminski, Erinn McMahon, Shanae Thomas and Brandon Turner)



Pitt's returning NCAA Regional qualifiers: Brianna Broyles and Antony Hobwana. (not pictured: Cambrya Jones.)





GOLDEN FLASH GALA

The indoor track season began for the Panthers at the Golden Flash Gala in Kent, Ohio. Mycaiah Clemons took first place in the 60 meter hurdles and second in the 60 meter dash. Jermaine Lowery finished the meet second in the 400 meters and fourth in the 60 meters. In the 1,000 meter run, Susan Martinez, Melissa Vignetti and Heather Calisto placed third, fourth and fifth respectively. In distance, Greg Karies finished in second place and Curtis Larimer took third in the 3,000 meter run. In the field, Kari Weimerskirch placed third and Da'Lynn Mills fourth in the high jump while Victoria Toso finished fourth in the pole vault. Folarin Ijelu placed third in the high jump and Anita James took third in the pentathlon.

AKRON QUAD

Following a month layoff, the University of Pittsburgh track and field teams opened the 2009 portion of its schedule at the Akron Quad, Friday, Jan. 9 at Stile Field House. Both the men's and women's teams finished third. On the men's side, Pitt's 4x400 meter relay team finished first. Dontave Cowsette captured first in the 800 meter dash, and Antony Hobwana finished second in the 60 meter dash. Leading the team in the field events were Eric Jones and Folarin Ijelu, finishing one-two in the triple jump. For the women, Mycaiah Clemons led the field in the 60 meter hurdles, finishing first. Cambrya Jones and Da'Lynn Mills finished second and third respectively in the 200 meter dash. The women's 4x400 meter relay team posted a second place finish. The Panther women also found success in the field events, led by Victoria Toso and Anita James. Toso finished second in the pole vault, while James finished second in the triple jump.

PENN STATE OPEN

The University of Pittsburgh men's and women's track and field teams continued action in the indoor season at the Penn State Open, held at Horace Ashenfelter III Indoor Track. The men were led by the 4x400 meter relay team who took fourth place. In the 3,000 meter run, Curtis Larimer posted a second place finish. On the field events side, Eric Jones placed fourth in the triple jump. In the throwing events, Dan Kwiatkowski placed third in the shot put and teammate Garrett Larkin finished close behind in fifth. On the women's side, Mycaiah Clemons again led the Panther attack. She placed third in the 60 meter hurdles. The Panther women also found success in the field events, where Janessa Murphy led the women jumpers with a second place finish in the long jump and an eighth place finish in the triple jump. In the high jump, Da'Lynn Mills placed fifth. Sarah Anderson finished the day third in the weight throw and fourth in the shot put.

STATE FARM GAMES

Nine University of Pittsburgh track and field members set postseason qualifying marks at the State Farm Games held at the WVU Shell Building. On the men's side, Jermaine Lowery finished fourth in the 60 meter hurdles. Dan Kwiatkowski came in first place in the shot put and Larkin came in third. Maka Mudekunya enjoyed a stellar performance on the track, winning both the men's 60 meter and 200 meter dashes. Dontave Cowsette finished first in the 500 meter dash. Brione Reid-Carthan also tacked on a second place finish in the 800 meter dash. In distance, Greg Kareis was second in the 1,000 meter run, Matt Norwood second in the mile and Kyle Kaminski and John Morrow second and third respectively in the 5,000 meter run. In the field events, Jay Pittenger captured first place in the high jump. Folarin Ijelu also placed second in the long jump. In the 500 meter dash, Pitt went one-two with Kari Hedderick leading the way and Susan Martinez finishing right behind her. The women dominated the 800 meter run, finishing one-two-three for a podium sweep. Miya Johnson came in first with Gizelle Joshua in second and Melissa Vignetti in third. Victoria Toso and Kendall Butch placed second and third respectively in the pole vault. Sarah Anderson captured first place in the weight throw and took second in the shot put.

ECAC/IC4A CHAMPIONSHIPS

The University of Pittsburgh men's track and field competed at the 2009 IC4A Track and Field championship in Princeton, N.J. Antony Hobwana led the Panthers, finishing fifth in the 200 meter dash. Curtis Larimer ran in the men's 5,000 meter run, finishing in 21st place for Pitt. The 4x400 meter relay team of Brione Carthan-Reid, Dontave Cowswette, Jermaine Lowery and Hobwana finished eighth. Ijelu Folarin took sixth place in the triple jump. Mathew Raquet secured a 12th place finish in the javelin event. Garret Larkin took a 15th in the shot put. On the track, the 10,000 meter run landed a 24th place finish for runner Joshua Christopher. While the men were at the IC4A's, the women competed in the ECAC Championships. Mycaiah Clemons finished first in the 60-meter hurdles. Pitt's 4x800 relay team of Gizelle Joshua, Susan Martinez, Kari Hedderick, and Miya Johnson finished second. Anita James finished 11th in the triple jump.

PENN STATE NATIONAL OPEN

The Panthers held their own at the Penn State National Open as they were up against some of the best track and field athletes on the East coast. Runners who entered the meet with the top times were selected to run in the invitational portion of the meet. On the women's side, the 4x400 meter relay finished in seventh place. Clemons ran the 60 meter hurdles, and finished 14th. Hedderick ran the 500 meter dash in the invitational section and came in fifth place. In the 200 meter dash, Da'Lynn Mills secured first place in the non-invitational portion. In the field events, Janessa Murphy finished in twelfth place. In the high jump, Kari Weimerskirch took 17th. The men's team recorded some season best times as well. Curtis Larimer came in fifth place in the 5000 meter run. Antony Hobwana ran the 200 meter dash in the invitational portion of the meet finishing in eighth place. In the field events, Nick Malenka came in fourth place in the pole vault and recorded his season best. In the shot put, Garrett Larkin came in 23rd.

NEW BALANCE COLLEGIATE INVITE

The University of Pittsburgh track and field teams traveled to compete at the New Balance Collegiate Invitational held in New York, N.Y. at the Armory. In the men's 5,000 meter run, Josh Christopher and Teddy Miller both placed in the top 10. Christopher shattered his previous season-best time for third place, while Miller placed seventh. Eric Jones turned in a season-best jump in the triple jump to lead the Panthers. Also setting season-best marks on the women's side were Kari Hedderick, Susan Martinez and Janessa Murphy. Hedderick and Martinez finished within one second of each other in the 800 meter run. Anita James and Janessa Murphy both competed in the triple jump. Murphy had a season-best jump. The women's 4x400 meter relay team posted its second-fastest time of the season, finishing in fifth place. Sarah Anderson led the women in the field events in the weight throw.

AKRON INVITE

The University of Pittsburgh track and field teams went to Akron, Ohio to compete in the Akron Invitational. In the 3,000 meter Blue Division run, Kyle Kaminski placed third. James Pittenger leapt for second place in the Blue Division high jump. Garrett Larkin collected a second place mark in the Blue Division shot put and an eighth place finish in the Blue Division weight throw. On the women's side, Cambrya Jones finished second in the Gold Division 60 meter dash. Raquel Bender ran for second place in the Gold Division 200 meter dash. In the Blue Division's 400 meter dash, Caitlin Cocilova placed second. In the distance events, Pitt went two-three in the 800 meter run of the Blue Division. Miya Johnson was followed by Gizelle Joshua. Kari Hedderick took fourth place in the indoor pentathlon. In the field events, Sarah Anderson led the Panther women, collecting a second place finish in the shot put and fifth in the weight throw. In the Blue Division long jump, Shanae Thomas and Wunmi Fapohunda went one-two with jumps. Victoria Toso claimed first place in the Blue Division's pole vault.

TYSON INVITE

A select number of student-athletes participated in the Tyson Invite in Fayetteville Ark. The event was held by the University of Arkansas at the Randal Tyson Track Complex. Anita James finished in sixth place in the triple jump with a leap of 11.75 meters. She also placed 15th in the long jump. Eric Jones took ninth place in the triple jump with a 14.74 meter jump. He also placed thirteenth in the long jump. Mycaiah Clemons ran an 8.46 in the 60-meter hurdles. Antony Hobwana ran a 22.07 in the 200 meter and Da'Lynn Mills ran a 24.57 in the 200 meter. Kaetlyn Brown was the only representative in the 400 meter dash and ran a 56.87.

BIG EAST INDOOR CHAMPIONSHIPS

The University of Pittsburgh track and field teams competed at the 2009 Big East Indoor Championship at The Armory in New York City. The men's team finished twelfth while the women's team took eighth place. The Panthers came home with two Big East indoor champions, and four All-Big East honorees. Janessa Murphy leapt to a first place in the long jump. Anita James also placed eighth in the long jump. In the 5,000 meter run, Josh Christopher and Curtis Larimer went 13th and 14th respectively for Pitt while Nick Malenka placed 12th in the pole vault. Eric Jones had a fourth place finish in the triple jump. Antony Hobwana finished fifth in the 60 meter dash. In the 400 meter dash, Jermaine Lowery finished seventh. The 4x800 and 4x400 meter relay teams both took eighth place on the day. In the field events Garrett Larkin and Dan Kwiatkowski took seventh and ninth respectively. On the women's side, Mycaiah Clemons was Pitt's second champion of the weekend, taking the 60 meter hurdles with an NCAA provisional and school record time of 8.36. In the 200 meter dash, three Panther women ran a season-best time and placed in the top seven, led by Cambrya Jones who finished third, Da'Lynn Mills fourth and Clemons in seventh. Jones also placed seventh in the 60 meter dash. In the triple jump, Wunmi Fapohunda led Pitt with a third place finish. Anita James followed with an eighth place finish while Janessa Murphy followed up her long jump championship with ninth place.



BIG EAST INDOOR CHAMPIONSHIPS

New York, New York

February 21-22

Men's Review

The men's track and field team totaled 15 points to finish twelfth at the Big East Indoor Track and Field Championships at the New Balance Track and Field Center at The Armory in New York City.

Eric Jones finished in fourth place in the triple jump with a jump of 15.34 meters. Antony Hobwana placed fifth in the 60 meter dash with a time of 6.90. In the 400 meter dash, Jermiane Lowery ran 48.75 and finished in seventh place. The 4x800 and 4x400 meter relay teams both took eighth place.

On the distance side, Josh Christopher and Curtis Larimer placed 13th and 14th respectively in the 5,000 meter run.

In the shot put, Garrett Larkin placed seventh and Dan Kwiatkowski finished in ninth. Nick Malenka placed 12th with a mark of 4.50 meters in the pole vault.

Women's Review

The Pitt women's track and field team placed eighth in the Big East Indoor Championships with 46 points. The Panthers went home with four All-Big East honorees and two event titles.

Mycaiah Clemons defended her 60 meter hurdle title, finishing first with an NCAA provisional time of 8.36. Janessa Murphy placed first in the long jump with a season-best NCAA provisional mark of 6.29 meters.

In the triple jump, Wunmi Fapohunda finished in third place with a 12.11m jump. In the 200 meter dash, three Panthers ran a season-best time and placed in the top seven, led by Cambrya Jones who finished third. Behind Jones was Da'Lynn Mills in fourth and Mycaiah Clemons in seventh.

In the field events, Sarah Anderson placed ninth in the weight throw and Da'Lynn Mills finished 11th in the high jump. Anita James placed eighth in the long jump and also finished eighth in the triple jump.

INDOOR SEASON REVIEW**2008-09 SCHEDULE**

DATE	MEET	SITE
Dec. 5-6	Golden Flash Gala	Kent, Ohio
Jan. 9	Akron Quad	Akron, Ohio
Jan. 17	Penn State Open	State College, Pa.
Jan. 24	State Farm Games	Morgantown, W.Va.
Jan. 30-31	Penn State National Open	State College, Pa.
Feb. 6-7	New Balance Collegiate Inv.	New York, N.Y.
Feb. 6-7	Sykes-Sabock Challenge Cup	State College, Pa.
Feb. 13-14	Akron Inv.	Akron, Ohio
Feb. 13-14	Tyson Inv.	Fayetteville, Ark.
Feb. 21-22	Big East Championships	New York, N.Y.
Feb. 28	USATF National Championship	Boston, Mass.
Mar. 7-8	ECAC/IC4A Championships	Boston, Mass.
Mar. 7-8	Virginia Tech Last Chance	Blacksburg, Va.
Mar. 13-14	NCAA Championships	College Station, Tex.

MEN'S INDIVIDUAL SEASON'S BEST

EVENT	TIME/MARK	ATHLETE	DATE
60 meters	6.94	Antony Hobwana	1/17
200 meters	22.07	Antony Hobwana	2/13-14
400 meters	48.65	Jermiane Lowery	1/30-31
500 meters	1:04.2	Brione Reid-Carthan	1/17
800 meters	1:54	Dontave Cowsette	1/30-31
1 mile	4:15	Greg Kareis	1/30-31
3,000 meters	8:28.6	Curtis Larimer	1/17
5,000 meters	14:43	Josh Christopher	2/6-7
60-meter hurdles	8.34	Jermiane Lowery	12/5-6
High Jump	1.96m	Folarin/Pittenger	2/21-22, 1/30-31
Pole Vault	4.50m	Nick Malenka	2/21-22
Triple Jump	15.34m	Eric Jones	2/21-22
Long Jump	6.94m	Eric Jones	2/21-22
Shot Put	16.26m	Garrett Larkin	2/21-22
Weight Throw	15.69m	Garrett Larkin	1/17
4x400-meter relay	3:15.3	Brione Reid-Carthan	1/17
		Dontave Cowsette	
		Antony Hobwana	
		Jerome Lowery	

WOMEN'S INDIVIDUAL SEASON'S BEST

EVENT	TIME/MARK	ATHLETE	DATE
60 meters	7.61	Mycaiah Clemons	12/5-6
200 meters	24.11	Cambrya Jones	2/21-22
400 meters	56.43	Kaetlyn Brown	1/30-31
500 meters	1:15.6	Kari Hedderick	1/30-31
800 meters	2:14.5	Miya Johnson	2/13-14
1 mile	5:30.4	Rachel Erny	1/17
3,000 meters	10:49.9	Monica Bhattacharjee	1/9
5,000 meters	20:40.1	Heather Lezanic	1/24
60-meter hurdles	8.36	Mycaiah Clemons	2/21-22
High Jump	1.65m	Mills/Weimerskirch	2/21-22, 12/5-6
Pole Vault	3.60m	Victoria Toso	1/24
Triple Jump	12.11m	Wunmi Fapohunda	2/21-22
Long Jump	6.29m	Janessa Murphy	2/21-22
Shot Put	13.30m	Sarah Anderson	2/21-22
Weight Throw	16.24m	Sarah Anderson	2/21-22
Pentathlon	3320 points	Kaitlyn Flynn	2/21-22
4x400-meter relay	3:48.1	Kaetlyn Brown	2/6-7
		Da'Lynn Mills	
		Raquel Bender	
		Patricia Anyanwu	

*Denotes School Record

**BIG EAST
CHAMPIONSHIPS
MEN'S INDOOR
New York, N.Y.**

Team	Points
1. Connecticut	138.50
2. Notre Dame	134
3. Louisville	114
4. Syracuse	68
5. Georgetown	66
6. Seton Hall	59
7. Villanova	47
8. Rutgers	46.50
9. Providence	43
10. DePaul	19
10. South Florida	19
12. PITTSBURGH	15
13. Marquette	11

**BIG EAST
CHAMPIONSHIPS
WOMEN'S INDOOR
New York, N.Y.**

Team	Points
1. Connecticut	107
2. Georgetown	98
3. Louisville	88
4. Villanova	74.50
5. Notre Dame	74
5. West Virginia	74
7. Cincinnati	49
8. Seton Hall	46
8. PITTSBURGH	46
10. Providence	33
11. St. John's	21
12. South Florida	20.50
13. Syracuse	18
14. Rutgers	17
15. Marquette	9
16. DePaul	4

Big East All-Conference: Mycaiah Clemons (60m hurdles), Cambrya Jones (200m), Janessa Murphy (long jump), Wunmi Fapohunda (triple jump).



CHARLOTTE 49ER CLASSIC

The University of Pittsburgh track and field team got off to a strong start in the outdoor season at the Irwin Belk Track & Field in Charlotte, North Carolina. Garrett Larkin placed second in the shot put. In the running events, Dontave Cowsette led the men's team with his third place performance in the 800 meter run. On the women's side, it was a weekend of first place finishes. Sarah Anderson placed first in the hammer throw. The Pitt women dominated the javelin with Nicole Cherry and Kelsey Voltz securing first and second place respectively. Anita James also earned first place in the triple jump. Kari Weimerskirch captured second place in the high jump. Mycaiah Clemons had a first place finish in the 400-meter hurdles. Kari Hedderick and Gizelle Joshua finished third and fourth respectively in the 800 meter run.

FRED HARDY INVITE

The University of Pittsburgh track and field team traveled to Richmond, Va., for the Fred Hardy Invitational. Antony Hobwana took first place in the 100 meter dash. Dontave Cowsette had a first-place finish in the 800 meter run. Greg Kareis placed third in the 1,500 meter run. The 4x400 meter relay team took first place. The 4x800 meter relay team finished third. In the field events, Brandon Turner won the triple jump, while Larkin took first in the shot put, and Dan Kwiatkowski second. Larkin also took second in the hammer throw. On the women's side, Pitt swept the 100 meters. Janessa Murphy in first, Da'Lynn Mills second and Raquel Bender third. In the 800 meter, Kari Hedderick finished in third. Brianna Broyles took third in the 400-meter hurdles. Both the 4x100 meter relay and 4x800 meter relay finished in first place. The 4x400 meter relay took third. In the field, Da'Lynn Mills took second in the high jump while Kari Weimerskirch and Erinn McMahon tied for third. Anita James finished first in the triple jump and Sarah Anderson finished second in the hammer. In javelin, Nicole Cherry took first and Leah Ulizio finished in second.

DUKE INVITE

While select athletes competed in the Texas Relays, others traveled to North Carolina to compete at the Wallace Wade Stadium at Duke University. The 10,000 meter run was dominated by Pittsburgh distance runners. Josh Christopher led the squad placing second overall. Teddy Miller finished ninth. Miller was followed by Curtis Larimer and Kyle Kaminski. On the women's distance side, Gizelle Joshua finished thirteenth overall in the 800 meter run. Behind her were fellow Pitt distance runners Miya Johnson, who finished in sixteenth place, and Kari Hedderick, who finished in eighteenth place.

AGGIE INVITE

At the Aggie Relays in Greensboro, N.C., the men's distance runners paced the squad. Greg Kareis finished second in the 3,000 meter run, breaking the meet record. In the 3,000 meter steeplechase, Matt Norwood was second. Brandon Turner led the Pitt men in the triple jump, finishing sixth. In the throwing events, Kurt Barnhart was seventh in the discus while Garrett Larkin was fifth in the hammer throw. Matt Raquet's meet-breaking throw of 58.81 meters in the javelin gave him second place. The women also had a great showing at the meet. In the 3000 meter steeplechase, Melissa Vignetti took second place. Anita James placed fourth in the long jump and fifth in the triple jump. In the high jump, Kari Weimerskirch placed fourth. In the throwing events, Sarah Anderson took second in the hammer. Nicole Cherry finished first in the javelin and behind her was Kelsey Voltz in third. Tori Toso and Janelle Adams took second and third respectively in the pole vault.

BUCKNELL OUTDOOR CLASSIC

At the Bucknell Outdoor Classic, Idris Kasumu took third place in the 100 meter dash. In the field events, Jay Pittenger took fifth in the high jump while Folarin Ijelu's mark in the long jump gave him fourth place. Garrett Larkin placed fourth in the shot put, while teammate Dan Kwiatkowski followed close behind in seventh. On the women's side, Cambrya Jones placed second in the 100 meter and third in the 200 meter. In the field, Wunmi Fapohunda and Janessa Murphy tied for second in the long jump. Kari Weimerskirch tied for seventh in the high jump. Robin Gilmore placed seventh in the discus and Sarah Anderson took seventh in the hammer.

TEXAS RELAYS

At the Texas Relays, the men's 1600 meter sprint medley relay finished in twelfth. Individually, Dontave Cowsette tied for fourth in the 800 meters. Eric Jones was the lone Panther representing the men in the field taking twelfth in the triple jump. On the women's side, the 4x200 meter relay team of Da'Lynn Mills, Brianna Broyles, Raquel Bender and Cambrya Jones captured fifth place. Mycaiah Clemons took twelfth in the 100 meter hurdles with an NCAA qualifying time.

SEA RAY RELAYS

While some athletes competed at Bucknell, others participated at the Sea Ray Relays. Antony Hobwana finished 11th in the 100 meter dash. Both Dontave Cowsette and Brione Reid-Carthan finished in the top 25 in the 800 meter run. Both of the men's 4x200 meter relay and 4x800 meter relay placed fifth. For the women, Mycaiah Clemons finished in eighth in the 100 meter hurdles. The women's 4x200 meter relay finished third and the 4x800 meter relay took sixth. Anita James placed eighth in the triple jump and Nicole Cherry took thirteenth in the javelin.

MORGAN STATE LEGACY

The University of Pittsburgh track and field team turned in a strong performance with a first place finish for the women and a second place for the men. In the distance events, Matt Norwood claimed first place honors in the 3,000 meter steeplechase while Greg Kareis was second in the 1,500 meter run. On the field events side, Eric Jones took second in the triple jump. Nick Malenka took second in the pole vault. In the hammer throw, Garret Larkin and Kurt Barnhart finished second and third respectively. Matthew Raquet placed second in the javelin. Mycaiah Clemons took second in the 100 meter hurdles. Clemons also took third in the 400 meter hurdles while Brianna Broyles placed second. The 4x100 meter relay team placed first and Alexandra Briggs took third in the 1500 meter run. Melissa Vignetti took first in the 3000 meter steeplechase and Kaetlyn Flynn finished first in the heptathlon. In the jumps, Da'Lynn Mills took second in the high jump while Janessa Murphy took second in the long jump. Kelsey Voltz, Leah Ulizio, and Kelsey Altmire swept the pole vault respectively. In the throws, Alexis Wilder took third in the discus.

PENN RELAYS

The University of Pittsburgh's men's track and field garnered five top-20 finishes at the annual Penn Relays, hosted by the University of Pennsylvania in Philadelphia, Pa. Garret Larkin and Dan Kwiatkowski both picked up top-20 marks in the men's shot put. Eric Jones was seventh in the long jump while Jay Pittenger took eighth in the high jump and Nick Malenka 14th in the pole vault. For the women, Mycaiah Clemons placed in the top 20 in both the 100 meter hurdles and 400 meter hurdles. Brianna Broyles also finished in the top 20 in the 400 meter hurdles. In the high jump, Kari Weimerskirch and Erinn McMahon tied for fourteenth place. Janessa Murphy took thirteenth in the long jump and Kelsey Voltz placed seventh in the javelin.

BIG EAST CHAMPIONSHIPS

The University of Pittsburgh men's track and field team finished 10th and the women eighth at the Big East Outdoor Championships. The Panthers came home with seven All-Big East honorees and three Big East Champion titles. Antony Hobwana captured the 100 meter crown. Hobwana also placed second in the 200 meter dash. Eric Jones won the triple jump. Folarin Ijelu was fifth in the long jump and third in the triple jump. For the women, Mycaiah Clemons captured the Big East title in the 100 meter hurdles. Clemons also ran in the 400 meter hurdles and finished seventh. Brianna Broyles followed close behind Clemons in the 400 meter hurdles, taking eighth place. Cambrya Jones turned in two strong performances in the 100 and 200 meter sprints. She finished fourth in the 100 meters and took second in the 200 meters. Janessa Murphy took fourth place in the long jump and Anita James followed behind in fifth place. James also took third in the triple jump. Kaitlyn Flynn captured fifth place while the 4x400 meter relay team took ninth place.

ECAC/IC4A CHAMPIONSHIPS

The men competed in the IC4A Championships, while the women competed in the ECAC Championship meet. Ijelu Folarin finished sixth in the triple jump. Mathew Raquet secured a twelfth place finish in the javelin event. Garret Larkin took 15th in the shot put. On the track, the 10,000 meter run landed a 24th place finish for runner Joshua Christopher. The women's track and field team had a strong finish, coming in 10th place overall. Six panthers had top-20 finishes in their respective events. Freshman Cambrya Jones placed second in the 200 meter dash and took sixth place in the 100 meter dash. Mycaiah Clemons secured the Panthers a fifth place in the 100 meter hurdles. The field events helped secure Pitt's successful finish. Janessa Murphy captured second place in the long jump while Anita Jones secured seventh. Kelsey Voltz generated a 12th place finish in the javelin, while Nicole Cherry followed behind taking 24th place. Sarah Anderson captured 24th place finish in the hammer. Kaitlyn Flynn placed fifth in the heptathlon event.

NCAA REGIONAL CHAMPIONSHIPS

The Panthers had a good showing at the NCAA Regionals with several top 20 finishes. Eric Jones placed 27th in the triple jump while Antony Hobwana finished 21st in the 100 meter dash. For the women, Cambrya Jones ran to a fourth place finish in the prelims in the 200 meter dash. She advanced to the finals where she finished in eighth place. Nicole Cherry was the second Panther to collect a top-15 finish over the weekend, placing 14th in the javelin. Mycaiah Clemons ran in the 100 meter hurdles, finishing 13th while Brianna Broyles competed in the 400 meter hurdles. Janessa Murphy finished 16th in the long jump.



BIG EAST OUTDOOR CHAMPIONSHIPS

Villanova, Pennsylvania

May 1-3

Men's Review

The Pitt men's track and field team finished 10th with 42 points at the 2009 Big East Outdoor Track and Field Championships hosted by Villanova. The Panthers finished with four All-Big East honorees and two event titles.

Antony Hobwana was the fastest man at the championships, as he placed first in the 100 meter with a time of 10.57, just two-hundredths off an NCAA Regional qualifying time. Hobwana also placed second in the 200 meter dash with a time of 21.59.

In the jumps, Eric Jones won the triple jump with an NCAA Regional qualifying mark of 15.02 meters and also took ninth in the long jump. Folarin Ijelu finished fifth in the long jump and third in the triple jump with a 14.88 meter jump.

The 4x100 meter relay team finished in 10th place and Garrett Larkin finished in sixth in the shot put, with a throw of 42.45 meters.

Women's Review

The Pitt women's track and field team totaled 44 points to finish eighth at the Big East Outdoor Championships. The Panthers brought home three All-Big East honorees and one event title.

Mycaiah Clemons took first place in the 100 meter hurdles with a time of 13.59. Clemons also finished seventh in the 400 meter hurdles. Clemons finished the year with the Big East Indoor and Outdoor titles in the hurdles. Brianna Broyles also placed in the 400 meter hurdles, finishing eighth.

Cambrya Jones placed second in the 200 meters, running a 23.77. Jones also finished fourth in the 100 meters.

In the field, Anita James finished in third place with a triple jump of 12.14 meters. Both James and Janessa Murphy placed in the long jump. Murphy finished fourth and James took fifth place. Kaitlyn Flynn finished fifth in the heptathlon with 4584 points.

OUTDOOR SEASON REVIEW

2008-09 SCHEDULE

DATE	MEET	SITE
Mar. 19-20	Charlotte 49er Classic	Charlotte, N.C.
Mar. 27-28	Fred Hardy Inv.	Richmond, Va.
Mar. 27-28	Stanford Inv.	Palo Alto, Ca.
Apr. 1-4	Texas Relays	Austin, Tex.
Apr. 3-4	Aggie Inv.	Greensboro, N.C.
Apr. 3-4	Duke Inv.	Durham, N.C.
Apr. 8-11	Sea Ray Relays	Knoxville, Tenn.
Apr. 10-11	Bucknell Outdoor Classic	Lewisburg, Pa.
Apr. 17	Morgan State	Baltimore, Md.
Apr. 23-25	Penn Relays	Philadelphia, Pa.
May 1-3	Big East Championships	Villanova, Pa.
May 15-17	ECAC/IC4A Championships	Princeton, N.J.
May 29-30	NCAA East Regionals	Greensboro, N.C.
June 10-13	NCAA Championships	Fayetteville, Ark.

MEN'S INDIVIDUAL SEASON'S BEST

EVENT	TIME/MARK	ATHLETE	DATE
100 meters	10.52	Antony Hobwana	4/10-11
200 meters	21.52	Jermaine Lowery	3/20-21
400 meters	48.64	Antony Hobwana	3/20-21
800 meters	1:53.0	Dontave Cowsette	4/1-4
1,500 meters	3:56.4	Greg Kareis	4/10-11
5,000 meters	14:41.8	Teddy Miller	3/20-21
10,000 meters	30:58.4	Joshua Christopher	4/3-4
110-meter hurdles	15.07	Jermaine Lowery	4/17
400-meter hurdles	53.02	Jermaine Lowery	4/1-4
steeplechase	9:55.3	Matt Norwood	4/3-4
High Jump	1.94m	James Pittenger	4/10-11
Pole Vault	4.60m	Nick Malenka	4/23-25
Long Jump	7.05m	Folarin Ijelu	4/10-11
Triple Jump	15.02m	Eric Jones	5/1-3
Shot Put	16.40m	Garrett Larkin	3/27-28
Hammer Throw	46.60m	Garrett Larkin	3/27-28
Discus	43.54m	Kurt Barnhart	4/10-11
Javelin	58.81m	Matt Raquet	4/3-4
400-meter Relay	42.6	Antony Hobwana Johnny Dogun Idris Kasumu	4/8-11
800-meter Relay	1:27.9	Jerome Lowery Antony Hobwana Idris Kasumu	4/8-11
3,200 meter Relay	7:41.1	Jerome Lowery Johnny Dogun Greg Karies Brione Reid-Carthan Dontave Cowsette	4/8-11

WOMEN'S INDIVIDUAL SEASON'S BEST

EVENT	TIME/MARK	ATHLETE	DATE
100 meters	11.87	Cambrya Jones	5/1-3
200 meters	23.76	Cambrya Jones	5/1-3
400 meters	56.58	Kaetlyn Brown	4/10-11
800 meters	2:13.9	Gizelle Joshua	4/3-4
1,500 meters	4:49.0	Ali Briggs	4/10-11
5,000 meters	18:40.8	Rachel Erny	3/27-28
100-meter hurdles	13.29	Mycaiah Clemons	4/1-4
400-meter hurdles	58.00	Brianna Broyles	3/20-21
3,000-meter sc	11:47.8	Melissa Vignetti	4/3-4
High Jump	1.63m	Kari Weimerskirch	4/3-4
Pole Vault	3.90m	Carrie Mavrikis	3/27-28
Long Jump	6.02m	Janessa Murphy	5/18-19
Triple Jump	12.14m	Anita James	5/1-3
Shot Put	12.70m	Sarah Ander son	3/27-28
Hammer Throw	49.84m	Sarah Anderson	3/27-28
Discus	41.66m	Robin Gilmore	4/10-11
Javelin	47.69m	Nicole Cherry	4/3-4
Heptathlon	4,743 points	Kaitlyn Flynn	5/18-19
400-meter Relay	46.29	Raquel Bender	4/17
800-meter Relay	1:39.6	Mycaiah Clemons Da'Lynn Mills Cambrya Jones	4/8-11
1,600 meter Relay	3:49.63	Mycaiah Clemons Brianna Broyles Kaetlyn Brown Da'Lynn Mills	5/1-3
3,200 meter Relay	9:10.5	Kari Hedderick Brianna Broyles Mycaiah Clemons Gizelle Joshua Susan Martinez Kari Hedderick Miya Johnson	4/8-11

* Denotes School Record

BIG EAST CHAMPIONSHIPS MEN'S OUTDOOR Villanova, Pa.

Team	Points
1. Notre Dame	130.50
2. Louisville	130
3. Georgetown	92
4. Cincinnati	84
5. Rutgers	75.50
6. Connecticut	69
7. South Florida	51
8. Villanova	50
9. Syracuse	49
10. PITTSBURGH	42
10. Seton Hall	32
12. Providence	25
13. DePaul	20
14. Marquette	7

Big East All-Conference: Antony Hobwana (100m), Antony Hobwana (200m), Eric Jones (triple jump), Ijelu Folarin (triple jump).

BIG EAST CHAMPIONSHIPS WOMEN'S OUTDOOR Villanova, Pa.

Team	Points
1. Louisville	138
2. Connecticut	102
3. Georgetown	91
4. Notre Dame	85.50
5. Villanova	80
5. Cincinnati	54
7. West Virginia	50
8. PITTSBURGH	44
8. Seton Hall	36
10. South Florida	35
11. St. John's	34
12. Syracuse	31.50
13. Marquette	24
14. Rutgers	19
15. Providence	16
15. DePaul	16

Big East All-Conference: Cambrya Jones (200m), Mycaiah Clemons (100m hurdles), Anita James (triple jump).



INDOOR RECORDS

EVENT	NAME	RECORD	YEAR
50-yard dash.....	Lee McRae	5.34 (c).....	1986
55 meters	Lee McRae	6.00 # *	1986
60 meters	Lee McRae	6.50 **	1987
200 meters	Chris Anderson	21.38	2005
300-yard dash.....	Lee McRae	30.74	1987
300 meters	Lee McRae	33.91	1987
400 meters	Maurice Patterson	47.59	2000
	Sékou Dilday	47.59	1999
500 meters	Carl Taylor	1:03.20	2000
600-yard run	Smitty Brown	1:09.54 (c)	1971
600 meters	Dave Moore	1:19.53	1989
800 meters	Dave Moore	1:49.13	1987
1,000-yard run	Todd Colas	2:09.44 (c)	1984
1,000 meters	Todd Colas	2:21.86	1984
1,500 meters	Todd Colas	3:48.66	1984
Mile	Sam Bair	4:00.14	2006
3,000 meters	Keith Dowling	8:09.52	1991
2-Mile	Jerry Richey	8:39.44 (c)	1970
5,000 meters	Keith Dowling	13:49.52	1991
50-yard high hurdles.....	Roger Kingdom	6.24 (c).....	1984
	Eric Cannon	6.24	1986
55-meter high hurdles	Roger Kingdom	7.03 *	1984
60-meter high hurdles	Mike Wray	7.61	2007
300-meter int. hurdles.....	Phillip Barrett	40.22	1999

FIELD EVENTS

High Jump	Roger Kingdom	2.15 m	1983
Pole Vault	Keith Higham	5.47 m	2006
Long Jump	Bill Rea	7.67 m	1972
Triple Jump	Larry Kinney	15.45 m	1980
Shot Put	Justin Clickett	18.89 m	2005
35-lb. Weight	AJ Kielinski	18.58 m	2008
Pentathlon	Curtis Anderson	3,795 points.....	1995

RELAYS

Shuttle Hurdle Relay	Phillip Barrett	28.60	1999
(4x55-meter)	Jeremy Ward		
	Jack Jeffreys		
	Justin Rose		
4x200-meter relay	Dietrich Jells	1:27.00	1995
(800-meter relay)	Jay Jones		
	Curtis Anderson		
	Jay Murphy		
4x400-meter relay	Maurice Patterson	3:09.46 (c)	2000
(1,600-meter relay)	Sékou Dilday		
	Marcus Walker		
	Carl Taylor		
4x800-meter relay	Bob Weiner	7:20.43 ***	1987
(3,200-meter relay)	Joe Daniels		
	Tim Manes		
	Dave Moore		
Sprint Medley Relay	Dave Moore	3:24.33	1987
	Dave Price		
	Vernon Reed		
	Tim Manes		
Distance Medley Relay	Tim Konoval	9:39.03	2007
	Kareem Cousar		
	Eric Fleming		
	Sam Bair		

(c) - converted to F.A.T. (+.24)

* - NCAA Record # - World Record + - Collegiate Record

* - American Record *** - Collegiate/American NCAA Record

OUTDOOR RECORDS

EVENT	NAME	RECORD	YEAR
100 meters	Lee McRae	10.04	1988
200 meters	Lee McRae	20.04	1987
400 meters	Karl Farmer	46.34	1975
800 meters	Dave Moore	1:46.30	1990
1,500 meters	Sam Bair	3:42.36	2007
3,000 meters	Eric Fleming	8:34.95	2005
5,000 meters	Keith Dowling	14:04.37	1991
10,000 meters	Keith Dowling	28:48.40	1990
110-meter hurdles	Eric Cannon	13.21	1989
400-meter hurdles	Elbert Ellis	50.04	1988
3,000-meter steeplechase	Mike Schurko	8:47.00	1972

FIELD EVENTS

High Jump	Dan Goodyear	2.16 m	1979
Pole Vault	Keith Higham	5.37 m	2006
Long Jump	Bill Rea	8.11 m	1972
Triple Jump	Larry Kinney	15.93 m	1980
Shot Put	Justin Clickett	18.71 m	2005
Hammer Throw	Patrick Harding	54.17 m	2002
Discus	Steve Hein	52.12 m	1972
Javelin	Anthony Bonura	71.65 m	2006
Decathlon	Jim Neese	6,644 points	1999

RELAYS

Sprint Hurdle Relay	Brett Shields	56.10	1990
	Todd Walthall		
	Eric Cannon		
	Elbert Ellis		
4x100-meter Relay	Anthony Dorsett	40.04	1995
(400-meter relay)	Jerel Williams		
	Jay Jones		
	Dietrich Jells		
4x200-meter Relay	Anthony Dorsett	1:23.96	1995
(800-meter relay)	Curtis Anderson		
	Jay Jones		
	Dietrich Jells		
4x400-meter Relay	Jesse Mikell	3:07.88	1986
(1,600-meter relay)	Darrell Hilliman		
	Dave Moore		
	Tim Manes		
Sprint Medley Relay	Dave Price	3:18.41	1989
	Jason Harris		
	George Ifill		
	Eric Cannon		
4x800-meter Relay	Todd Colas	7:16.04	1982
(3,200-meter relay)	Darren Geary		
	Garland Brown		
	Terry Gallaher		
Distance Medley Relay	Todd Colas	9:30.28	1983
	Brian Pollack		
	Terry Gallagher		
	Bill Moorhead		
4x1,500-meter Relay	Scott Humphrey	15:40.48	1990
(6,000-meter relay)	Jason Bodnar		
	Keith Dowling		
	Paul Friedrich		



INDOOR RECORDS

EVENT	NAME	RECORD	YEAR
50-yard dash	Tasha Peart	5.84	2000
55 meters	Ronise Crumpler	6.96	1990
60 meters	Tasha Peart	7.30	2000
200 meters	Kim Lyles	23.80 [C]	2004
300 meters	Tasha Peart	39.24	2000
300-yard dash	Tasha Peart	36.65*	1998
400 meters	Keisha Demas	53.75	1991
500 meters	Chantée Earl	1:11.18	2000
600 meters	Krystal Epps	1:33.12	2005
600-yard dash	Gloria Azeke	1:23.04	1987
800 meters	Chantée Earl	2:02.19	2000
1,000-yard run	Chantée Earl	2:36.00	1997
1,000 meters	Chantée Earl	2:43.99	2000
Mile	Maureen McCandless	4:44.00	2005
1,500 meters	Gloria Azeke	4:41.80	1988
2-mile run	Stacy Wyzkowski	10:55.90	1991
3,000 meters	Maureen McCandless	9:18.99	2005
5,000 meters	Maureen McCandless	15:48.10	2005
50-yard hurdles	Allison Williams	6.64	1991
55-meter hurdles	Allison Williams	7.64	1993
60-meter hurdles	Mycaiah Clemons	8.36	2009
200-meter hurdles	Kim Blair	26.87	1993
220-yd int. hurdles	Kim Blair	26.80	1993
300-meter int. hurdles	Ayana Coleman	44.48	1999

FIELD EVENTS

High Jump	Najuma Fletcher	1.86 m	1996
Pole Vault	Marissa Dudek	4.11 m	2006
Long Jump	Trecia-Kaye Smith	6.97 m	1997
Triple Jump	Trecia-Kaye Smith	14.12 m	1997
Shot Put	Amanda Walker	16.66 m	2005
20-lb. weight	Amanda Walker	21.12 m	2005
Pentathlon	Najuma Fletcher	4,295 points	1995

RELAYS

Shuttle Relay	Staci Suggs	29.10	1995
(4x55m)	LaTonya Mullins Najuma Fletcher Joetta Purter		
Shuttle Relay	Alexis Archer	33.86	1989
(4x60m)	Clarissa Dudley LuAnne Harris Debbie Bonner		
4x200-meter Relay	Shanea Calhoun	1:37.70	2008
(800-meter relay)	Da'Lynn Mills Raquel Bender Shantea Calhoun		
4x400-meter Relay	Tia Tabb	3:36.57	2001
(1,600-meter relay)	Mera Belisle Janine Jones Tasha Peart		
4x800-meter Relay	Neema Payne	8:47.68	2000
(3,200-meter relay)	Shauna McFadzean Dee Cole Chantée Earl		
Sprint Medley Relay	Keisha Demas	3:59.46	1991
	Clarissa Dudley Ronise Crumpler Cathy Chrissos		
Distance Medley Relay	Angie Martin	11:40.01	1997
	Joetta Purter Chantée Earl Anna Kohler		

OUTDOOR RECORDS

EVENT	NAME	RECORD	YEAR
100 meters	Shantea Calhoun	11.54	2006
200 meters	Kimberly Lyles	23.35	2003
400 meters	Keisha Demas	52.27	1991
800 meters	Chantée Earl	2:02.43	2000
Mile	Anna-Rebekka Kohler	5:03.00	1998
1,500 meters	Maureen McCandless	4:19.74	2006
2-Mile run	Lori Wood	11:15.84	1986
3000 meters	Maureen McCandless	9:33.42	2003
5,000 meters	Maureen McCandless	16:01.30	2006
10,000 meters	Carmela Mariani	34:54.30	1992
100-meter hurdles	Allison Williams	13.12	1994
400-meter hurdles	Juliana Reed	57.45	2006
3,000-meter steelplechase	Nicki Angstadt	10:39.43	2005

FIELD EVENTS

High Jump	Najuma Fletcher	1.86 m	1996
Pole Vault	Marissa Dudek	4.00 m	2006
Long Jump	Trecia-Kaye Smith	6.83 m	1997
Triple Jump	Trecia-Kaye Smith	14.22 m #	1997
Shot Put	Amanda Walker	16.80 m	2005
Hammer Throw	Amanda Walker	58.87 m	2005
Discus	Amanda Walker	49.02 m	2004
Javelin	Angela Hoover	48.78 m	2006
Pentathlon	Kathy Dvorsak	3,101 pts	1980
Heptathlon	Najuma Fletcher	5,750 pts	1994

RELAYS

4x100-meter Relay	Lamoy Stephens	44.38	2005
(400-meter relay)	Shantea Calhoun Shanea Calhoun Kimberly Lyles		
4x100-meter Hurdle Relay	Najuma Fletcher	54.74	1994
(400-meter hurdle relay)	Allison Williams Kim Blair Staci Suggs		
4x200-meter Relay	Lamoy Stephens	1:34.27	2005
(800-meter relay)	Shantea Calhoun Shanea Calhoun Kimberly Lyles		
4x400-meter Relay	Mera Belisle	3:31.34	2000
(1,600-meter relay)	Chantée Earl Tasha Peart Tia Tabb		
4x800-meter Relay	Neema Payne	8:36.78	2001
(3,200-meter relay)	DeAnna Cole Janine Jones Beth Rocks		
Sprint Medley Relay	Tonya Mullins	1:44.60	1993
	Allison Williams Kim Blair Ronise Crumpler		
Sprint Medley Relay	Tia Tabb	3:45.27	2000
	Tasha Peart Mera Belisle Chantée Earl		
Distance Medley Relay	Amanda Schmidt	11:42.11	2002
	Trenace Elliott DeAnna Cole Maureen McCandless		
4x1,500 Relay	Maureen McCandless	18:52.00	2002
	Lauren Shaffer Amanda Schmidt Beth Rocks		

- NCAA Record



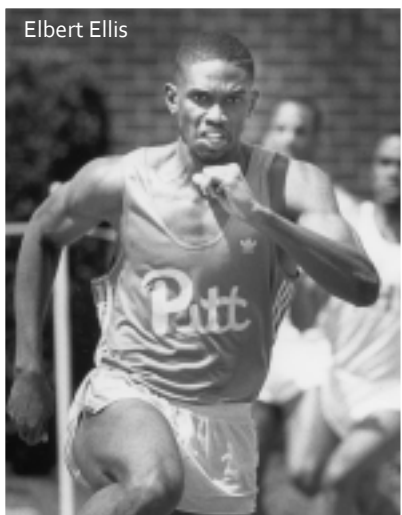
MEN'S INDOOR BIG EAST CHAMPIONSHIPS

Year	Champion	Points	Runner-up	Points	Coach
1983	Villanova	142	Pittsburgh	142	Charles Jenkins
1987	Pittsburgh	99	Georgetown	97.5	John Vasvary
1988	Georgetown	149.50	Pittsburgh	126	Frank Gagliano
1989	Georgetown	121	Pittsburgh	109	Frank Gagliano
1990	Georgetown	168	Pittsburgh	122	Frank Gagliano

MEN'S OUTDOOR BIG EAST CHAMPIONSHIPS

Year	Champion	Points	Runner-up	Points	Coach
1987	St. John's	121	Pittsburgh	119	Duffy Mohoney
1988	Georgetown	143.50	Pittsburgh	124	Frank Gagliano
1989	Pittsburgh	131	Syracuse	121.50	John Vasvary
1994	Pittsburgh	115	Seton Hall	112	John Vasvary
1995	Georgetown	148	Pittsburgh	90	Frank Gagliano

Elbert Ellis



Men's IC4A Outdoor Championship

1940

Roger Kingdom



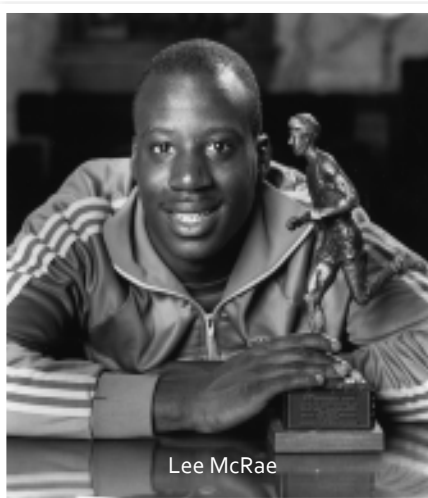
Big East Tournament Most Outstanding Performers

1983	Roger Kingdom
1984	Garland Brown
1985	Lee McRae
1988	Elbert Ellis
1988	Eric Cannon
1990	Dave Moore
1991	Elbert Ellis
1991	Steve Dering
1993	Jim Monk
2001	Patrick Harding
2006	Justin Clickett

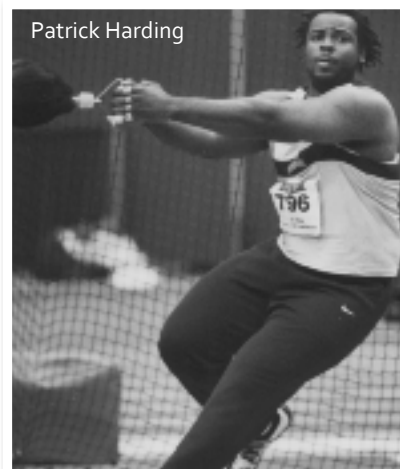
Justin Clickett



Lee McRae



Patrick Harding



WOMEN'S INDOOR BIG EAST CHAMPIONSHIPS

Year	Champion	Points	Runner-up	Point	Coach
1989	Pittsburgh	121	St John's	99	Steve Lewis
1990	Villanova	128	Pittsburgh	105	Marty Stern
1996	Georgetown	131	Pittsburgh	88	Ron Helmer
1999	Pittsburgh	119	Miami	110.5	Steve Lewis
2001	Georgetown	111	Pittsburgh	94	Ron Helmer
2005	Pittsburgh	161.50	Notre Dame	140	Alonzo Webb
2006	Notre Dame	109.50	Pittsburgh	85	Joe Piane

WOMEN'S OUTDOOR BIG EAST CHAMPIONSHIPS

Year	Champion	Points	Runner-up	Points	Coach
1988	Villanova	143	Pittsburgh	105	Marty Stern
1990	Pittsburgh	157	Villanova	118	Steve Lewis
1991	Pittsburgh	122	Villanova	99	Steve Lewis
1994	Pittsburgh	113	Georgetown	104	Steve Lewis
1998	Miami	134	Pittsburgh	98	Amy Deem
2004	Miami	125	Pittsburgh	115	Amy Deem
2005	Pittsburgh	176	Notre Dame	113.50	Alonzo Webb
2006	Pittsburgh	117	Notre Dame	106.50	Alonzo Webb

Women's ECAC Indoor Championships

2001
2004
2005

Women's ECAC Outdoor Championships

2003
2004
2005
2006



Ronise Crumpler

Kim Lyles and
Maureen McCandless

Trecia-Kaye Smith



Tamara McGill



Amanda Walker

Big East Tournament
Most Outstanding Performers

1989	Debbie Bonner*
1990	Ronise Crumpler
1990	Keisha Demas
1991	Keisha Demas
1994	Najuma Fletcher*
1995	Najuma Fletcher*
1996	Najuma Fletcher*
1997	Trecia-Kaye Smith*
1998	Trecia-Kaye Smith
1999	Trecia-Kaye Smith*
2003	Tamara McGill
2005	Kimberly Lyles
2005	Amanda Walker
2005	Maureen McCandless
2008	Shantea Calhoun

* indicates Indoor and Outdoor honors in same season.



MEN'S BIG EAST CHAMPIONS (by year)

INDOOR			
YEAR	NAME	EVENT	RESULT
1983	Brian Pollock	300 meters	34.74
	Todd Colas	1,000 meters	2:22.73
	Bob Buckowski	Shot Put	54' 4.5"
	Roger Kingdom •	55-mH and shot put (see note)	
	Bill Morehead	3,200-meter relay	7:31.16
	Tim Manes		
	Todd Colas		
	Garland Brown		
1984	Roger Kingdom	55-meter hurdles	7.12*
	Garland Brown •	800 meters	1:50.13
	Tim Manes	3,200-meter relay	7:31.46
	Bill Moorhead		
	Todd Colas		
	Garland Brown		
1985	Lee McRae	55 meters	6.17*
1986	Lee McRae	55 meters	6.27
	Rob Weiner	3,200-meter relay	7:33.17
	Tom Boggan		
	Joe Daniels		
	Dave Moore		
1987	Lee McRae	55 meters	6.35
		300 meters	33.99
	Eric Cannon	55-meter hurdles	7.36
	Dave Moore	800 meters	1:50.44
	Joe Turner	3,200-meter relay	7:26.94*
	Rob Weiner		
	Tim Manes		
	Dave Moore		
1988	Lee McRae	55-meter hurdles	6.26
		200 meters	21.65
	Eric Cannon	55-meter hurdles	7.30
	Elbert Ellis	400 meters	47.85
	Elbert Ellis	1,600-meter relay	3:14.76
	Rowan Mighty		
	Chappale Burton		
	David Price		
1989	Eric Cannon	55-meter hurdles	7.29
	Elbert Ellis	400 meters	48.63
	David Price	500 meters	1:04.29
1990	Sam Rice	55 meters	6.43
		200 meters	21.93
	Elbert Ellis	55-meter hurdles	7.31
	Darrin Gillaspie	High Jump	6' 10.75"
	Elbert Ellis	1,600-meter relay	3:16.01
	Neil Malobicky		
	Brian Whitley		
	Chappale Burton		
1991	Keith Dowling	3,000 meters	8:09.57
1993	Jay Murphy	55-meter hurdles	7.49
1995	Curtis Anderson	Pentathlon	3,793 pts
1998	Greg Blake	1,600-meter relay	3:16.01
	Tim Tyre		
	Sékou Dilday		
	Carl Taylor		
2001	Mike Head	1,000 meters	2:27.25
	Patrick Harding ••	Shot Put	17.73 m
2005	Matt Brousse	Pole Vault	4.95 m
	Justin Clickett	Shot Put	18.30 m
2006	Justin Clickett ••	Shot Put	18.33 m
	Keith Higham	Pole Vault	5.25 m*
	Mike Wray	60-meter hurdles	7.96
2007	Mike Wray	60-meter hurdles	7.86
2008	Mike Wray	60-meter hurdles	7.75
	Eric Jones	Triple Jump	15.26 m

OUTDOOR			
YEAR	NAME	EVENT	RESULT
1985	Lee McRae •	200 meters	20.99
	Bob Weiner	3,200-meter relay	7:34.05
	Scott Abel		
	Joe Daniels		
	Mickey Rihtardik		
1986	Joel Ninos	Steeplechase	9:06.1
	Tim Kulig	Javelin	63.36 m
1987	Lee McRae	100 meters	10.38
		200 meters	20.70*
	Calvin Holmes	110-meter hurdles	14.23
	Tim Kulig	Javelin	60.42 m
1988	Eric Cannon •	100 meters	10.80
		110-meter hurdles	14.14
		200 meters	21.4 (MT)
	Elbert Ellis •	400-meter hurdles	49.8 (MT)*
	Mike Stratos	Javelin	57.78 m
1989	Eric Cannon	110-meter hurdles	13.85
	Paul Friedrich	Steeplechase	9:04.2
	Mike Stratos	Javelin	59.58 m
	Eric Cannon	400-meter relay	41.88
	Neil Malobicky		
	Sam Rice		
	James Stephens		
	Elbert Ellis	1,600-meter relay	3:12.23
	Dave Moore		
	Chappale Burton		
	Dave Price		
1990	Elbert Ellis	400-meter hurdles	51.06
	Dave Moore •	800 meters	1:48.18
	Darrin Gillaspie	High Jump	2.10 m
'90 cont.	Elbert Ellis	1,600-meter relay	3:12.59
	Dave Moore		
	Franz Jobson		
	Chappale Burton		
1991	Elbert Ellis •	110-meter hurdles *	13.88
		400-meter hurdles	50.73
1993	Scott Bailey	Javelin	57.50 m
	Jay Murphy	110-meter hurdles	14.68
	Jim Monk ••	Shot Put	52' 5.25"
		Discus	45.31 m
1994	Jim Monk	Shot Put	16.77 m
	Jim Monk	Discus	48.53 m
	Dietrich Jells	100 meters	10.57
1995	Dietrich Jells	100 meters	10.39
	Jay Murphy	110-meter hurdles	13.86
	Wes Alexander	400-meter hurdles	51.34
	Dietrich Jells	400-meter relay	40.75
	Anthony Dorsett		
	Jerel Williams		
	Jay Jones		
1996	Jay Jones	100 meters	10.33
2005	Justin Clickett	Shot Put	18.38 m
	Keith Higham	Pole Vault	4.95 m
	Tony Bonura	Javelin	65.41 m
2006	Keith Higham	Pole Vault	5.37 m*
	Tony Bonura	Javelin	70.48 m
2009	Antony Hobwana	100 meters	10.57
	Eric Jones	Triple Jump	15.02 m

- After name denotes "Outstanding Track Performer" award winner
- After name denotes "Outstanding Field Performer" award winner
- * After result denotes current Big East meet record

NOTE: Roger Kingdom garnered "Outstanding Performer" honors in 1983 although he was not a champion. He placed second in the 55-meter hurdles and high jump.



MEN'S BIG EAST CHAMPIONS (by event)

INDOOR

EVENT	NAME	YEAR	RESULT
300 meters	Brian Pollock	1983	34.74
1,000 meters	Todd Colas	1983	2:22.73
Shot Put	Bob Buckowski	1983	54' 4.5"
55-mH and shot put	Roger Kingdom •	1983	
3,200-meter relay	Bill Morehead	1983	7:31.16
	Tim Manes		
	Todd Collas		
	Garland Brown		
55-meter hurdles	Roger Kingdom	1984	7.12*
800 meters	Garland Brown •	1984	1:50.13
3,200-meter relay	Tim Manes	1984	7:31.46
	Bill Moorhead		
	Todd Colas		
	Garland Brown		
55 meters	Lee McRae	1985	6.17*
55 meters	Lee McRae	1986	6.27
3,200-meter relay	Rob Weiner	1986	7:33.17
	Tom Boggan		
	Joe Daniels		
	Dave Moore		
55 meters	Lee McRae	1987	6.35
300 meters	Lee McRae	1987	33.99
55-meter hurdles	Eric Cannon	1987	7.36
800 meters	Dave Moore	1987	1:50.44
3,200-meter relay	Joe Turner	1987	7:26.94*
	Rob Weiner		
	Tim Manes		
	Dave Moore		
55-meter hurdles	Lee McRae	1988	6.26
200 meters	Lee McRae	1988	21.65
55-meter hurdles	Eric Cannon	1988	7.30
400 meters	Elbert Ellis	1988	47.85
1,600-meter relay	Elbert Ellis	1988	3:14.76
	Rowan Mighty		
	Chappale Burton		
	David Price		
55-meter hurdles	Eric Cannon	1989	7.29
400 meters	Elbert Ellis	1989	48.63
500 meters	David Price	1989	1:04.29
55 meters	Sam Rice	1990	6.43
100 meters	Sam Rice	1990	21.93
55-meter hurdles	Elbert Ellis	1990	7.31
High Jump	Darrin Gillaspie	1990	6' 10.75"
1,600-meter relay	Elbert Ellis	1990	3:16.01
	Neil Malobicky		
	Brian Whitley		
	Chappale Burton		
3,000 meters	Keith Dowling	1991	8:09.57
55-meter hurdles	Jay Murphy	1993	7.49
Pentathlon	Curtis Anderson	1995	3,793 pts
1,600-meter relay	Greg Blake	1998	3:16.01
	Tim Tyre		
	Sékou Dilday		
	Carl Taylor		
1,000 meters	Mike Head	2001	2:27.25
Shot Put	Patrick Harding ••	2001	17.73 m
Pole Vault	Matt Brousse	2005	4.95 m
Shot Put	Justin Clickett	2005	18.30 m
Shot Put	Justin Clickett ••	2006	18.33 m
Pole Vault	Keith Higham	2006	5.25 m*
60-meter hurdles	Mike Wray	2006	7.96
60-meter hurdles	Mike Wray	2007	7.86
60-meter hurdles	Mike Wray	2008	7.75
Triple Jump	Eric Jones	2008	15.26 m

OUTDOOR

EVENT	NAME	YEAR	RESULT
200 meters	Lee McRae •	1985	20.99
3,200-meter relay	Bob Weiner	1985	7:34.05
	Scott Abel		
	Joe Daniels		
	Mickey Rihtardik		
Steeplechase	Joel Ninos	1986	9:06.1
Javelin	Tim Kulig	1986	63.36 m
100 meters	Lee McRae	1987	10.38
200 meters	Lee McRae	1987	20.70*
110-meter hurdles	Calvin Holmes	1987	14.23
Javelin	Tim Kulig	1987	60.42 m
100 meters	Eric Cannon •	1988	10.80
110-meter hurdles	Eric Cannon	1988	14.14
200 meters	Eric Cannon	1988	21.4 (MT)
400-meter hurdles	Elbert Ellis •	1988	49.8 (MT)*
Javelin	Mike Stratos	1988	57.78 m
110-meter hurdles	Eric Cannon	1989	13.85
Steeplechase	Paul Friedrich	1989	9:04.2
Javelin	Mike Stratos	1989	59.58 m
400-meter relay	Eric Cannon	1989	41.88
	Neil Malobicky		
	Sam Rice		
	James Stephens		
1,600-meter relay	Elbert Ellis	1989	3:12.23
	Dave Moore		
	Chappale Burton		
	Dave Price		
400-meter hurdles	Elbert Ellis	1990	51.06
800 meters	Dave Moore •	1990	1:48.18
High Jump	Darrin Gillaspie	1990	2.10 m
1,600-meter relay	Elbert Ellis	1990	3:12.59
	Dave Moore		
	Franz Jobson		
	Chappale Burton		
110-meter hurdles*	Elbert Ellis •	1991	13.88
400-meter hurdles	Elbert Ellis	1991	50.73
Javelin	Scott Bailey	1993	57.50 m
110-meter hurdles	Jay Murphy	1993	14.68
Shot Put	Jim Monk ••	1993	52' 5.25"
Discus	Jim Monk	1993	45.31 m
Shot Put	Jim Monk	1994	16.77 m
Discus	Jim Monk	1994	48.53 m
100 meters	Dietrich Jells	1994	10.57
100 meters	Dietrich Jells	1995	10.39
110-meter hurdles	Jay Murphy	1995	13.86
400-meter hurdles	Wes Alexander	1995	51.34
400-meter relay	Dietrich Jells	1995	40.75
	Anthony Dorsett		
	Jerel Williams		
	Jay Jones		
100 meters	Jay Jones	1996	10.33
Shot Put	Justin Clickett	2005	18.38 m
Pole Vault	Keith Higham	2005	4.95 m
Javelin	Tony Bonura	2005	65.41 m
Pole Vault	Keith Higham	2006	5.37 m*
Javelin	Tony Bonura	2006	70.48 m
100 meters	Antony Hobwana	2009	10.57
Triple Jump	Eric Jones	2009	15.02 m

- After name denotes "Outstanding Track Performer" award winner
- After name denotes "Outstanding Field Performer" award winner
- * After result denotes current Big East meet record

NOTE: Roger Kingdom garnered "Outstanding Performer" honors in 1983 although he was not a champion. He placed second in the 55-meter hurdles and high jump.



Maurice Patterson



WOMEN'S BIG EAST CHAMPIONS (by year)

INDOOR

YEAR	NAME	EVENT	RESULT
1983	Renee Henderson	55 meters	7.16
		300 meters	39.87
1984	Renee Henderson	55 meters	7.02
		300 meters	39.39
1986	Renee Henderson	55 meters	7.10
	Dawna Collins	55-meter hurdles	8.24
1987	Debbie Bonner	55-meter hurdles	8.12
1988	Keisha Demas	400 meters	55.09
	Cynthia Randolph	1,600-meter relay	3:47.77
	Gloria Azeke		
	Ardythe Hope		
	Keisha Demas		
1989	Debbie Bonner •	55-meter hurdles	8.08
	Keisha Demas	400 meters	55.78
1990	Allison Williams	55-meter hurdles	7.96
	Ronise Crumpler	200 meters	24.24
	Keisha Demas	400 meters	54.64
	Clarissa Dudley	Triple Jump	11.08 m
	Nicole McKenzie	1,600-meter relay	3:47.58
	Ronise Crumpler		
	Monica Hockaday		
	Keisha Demas		
1991	Allison Williams	55-meter hurdles	7.80
	Keisha Demas •	400 meters	54.39
	Allison Williams	1,600-meter relay	3:47.38
	Clarissa Dudley		
	Ronise Crumpler		
	Keisha Demas		
1993	Allison Williams	55-meter hurdles	7.64*
1994	Allison Williams	55-meter hurdles	7.8
	Najuma Fletcher ••	Pentathlon	4,045 pts
		High Jump	1.77 m
		Long Jump	6.24 m
1995	Najuma Fletcher ••	Long Jump	6.33 m
		Pentathlon	4,295 pts*
		Triple Jump	12.96 m
		High Jump	1.75 m
1996	Najuma Fletcher ••	Triple Jump	13.14 m
		High Jump	1.82 m
		Pentathlon	4,169 pts
1997	Trecia-Kaye Smith ••	Triple Jump	13.29 m
		Long Jump	6.41 m
		Shot Put	14.02 m
		Pentathlon	4,138 pts
1998	Ayana Coleman	Pentathlon	3,425 pts
1999	Trecia-Kaye Smith ••	Long Jump	6.31 m
		Triple Jump	13.35 m*
	Chantee Earl	800 meters	2:08.23
	Dana McKoy	Pentathlon	3,711 pts
	Mera Belisle	1,600-meter relay	3:40.95
	Tamika Dorin		
	Tia Tabb		
	Chantee Earl		
2000	Chantee Earl	1,000 meters	2:43.99*
	Dana McKoy	Pentathlon	3,677 pts
2001	Tia Tabb	400 meters	54.50
	Trenace Elliott	3,200-meter relay	8:54.55
	DeAnna Cole		
	Beth Rocks		
	Janine Jones		
2002	Amanda Walker	Shot Put	14.91 m
2003	Melanie Carter	Triple Jump	13.04 m
2004	Marissa Dudek	Pole Vault	3.80 m
	Elizabeth Bayne	800 meters	2:11.50
	Tamara McGill	Pentathlon	3,845 pts
	Amanda Walker	Shot Put	15.57 m
2005	Marissa Dudek	Pole Vault	3.85 m
	Kimberly Lyles	200 meters	24.00
	Maureen McCandless •	3,000 meters	9:23.32
		5,000 meters	16:09.34
	Tamara McGill	Pentathlon	3,900 pts
	Amanda Walker ••	Shot Put	16.67 m*
		Weight Throw	21.12 m*
2006	Marissa Dudek	Pole Vault	4.12 m*
2007	Janessa Murphy	Long Jump	6.12 m
2008	Shantea Calhoun	60 meters	7.54
	Shantea Calhoun	200 meters	23.85
	Janessa Murphy	Long Jump	6.10 m
2009	Mycaiah Clemons	60-meter hurdles	8.36
	Janessa Murphy	Long Jump	6.29m

OUTDOOR

YEAR	NAME	EVENT	RESULT
1985	Renee Henderson	100 meters	12.19
	Gail Counts	200 meters	24.65
1984	Renee Henderson	100 meters	12.26
	Gail Counts	200 meters	25.25
	Susan Torre	400-meter relay	47.37
	Gail Counts		
	Edith Butler		
	Renee Henderson		
1986	Renee Henderson	100 meters	11.88
	Debbie Bonner	100-meter hurdles	14.30
	Lori Wood	10,000 meters	35:42.60
	Renee Henderson	400-meter relay	47.89
	Susan Torre		
	Pat Cupid		
	Angie Fowlkes		
1987	Debbie Bonner	100-meter hurdles	14.50
	Lori Wood	10,000 meters	36:28.1
	Cindy Randolph	400-meter relay	47.59
	Pat Cupid		
	Vanessa Jones		
	Debbie Bonner		
1988	Debbie Bonner	100-meter hurdles	14.52
	Keisha Demas	400 meters	54.0 (MT)
	Clarissa Dudley	400-meter relay	46.87
	Debbie Bonner		
	Pat Cupid		
	Sonya Rivers		
1989	Debbie Bonner •	100-meter hurdles	13.90
		400-meter hurdles	1:01.21
	Nicole McKenzie	1,600-meter relay	3:45.63
	Debbie Bonner		
	Ardythe Hope		
	Keisha Demas		
1990	Ronise Crumpler	100 meters	12.06
		200 meters	23.72
	Allison Williams	100-meter hurdles	14.03
	Keisha Demas	400 meters	54.14
	Joanne Warner	Javelin	45.23 m
	Alexis Archer	Triple Jump	12.19 m
	Ronise Crumpler •	400-meter relay	47.08
	Vanessa Jones		
	Clarissa Dudley		
	Keisha Demas		
	Monica Hockaday	1,600-meter relay	3:42.38
	Ronise Crumpler		
	Allison Williams		
	Keisha Demas		
1991	Allison Williams	100-meter hurdles	13.78
	Keisha Demas	400-meter hurdles	53.29
	Kim Blair	400-meter hurdles	1:00.66
	Joanne Warner	Javelin	48.80 m
	Clarissa Dudley	Triple Jump	12.20 m
	Clarissa Dudley	1,600-meter relay	3:36.68
	Kim Blair		
	Ronise Crumpler		
	Keisha Demas		
1994	Najuma Fletcher ••	Triple Jump	12.81 m
		Long Jump	6.07 m
		High Jump	1.77 m
	Joanne Warner	Javelin	43.91 m
		Discus	44.10 m
1995	Najuma Fletcher ••	High Jump	1.75 m
		Triple Jump	13.21 m
1996	Najuma Fletcher ••	High Jump	1.79 m
		Triple Jump	13.32 m
	Trecia-Kaye Smith	Long Jump	6.43 m
1997	Trecia-Kaye Smith ••	Long Jump	6.60 m
		Triple Jump	13.15 m
		Shot Put	14.43 m
1998	Trecia-Kaye Smith ••	Triple Jump	12.90 m
		Shot Put	14.07 m
	Chantee Earl	800 meters	2:05.08
	Gina Bundy	Heptathlon	4,378 pts
	Anna-Rebekka Kohler	3,200-meter relay	8:46.57
	Chantee Earl		
	Shauna McFadzean		
	Tamika Dorin		
1999	Trecia-Kaye Smith ••	Triple Jump	13.16 m
		Long Jump	6.43 m
	Bettina Lee	Heptathlon	4,694 pts
	Tia Tibb	1,600-meter relay	3:40.19
	Mera Belisle		
	Bettina Lee		
	Tasha Peart		
	Chantee Earl		
2001	Nicole Kelly	Heptathlon	5,062 pts
2003	Marissa Dudek	Pole Vault	3.79 m
	Melanie Carter	Triple Jump	13.70 m
	Tamara McGill ••	Heptathlon	5,240 pts
	Elizabeth Bayne	400-meter hurdles	57.57
2004	Trenace Elliott	400 meters	53.84
	Tamara McGill	Heptathlon	5,375 pts
2005	Marissa Dudek	Pole Vault	3.80 m
	Jill Knopsnyder	Javelin	43.47 m
	Kimberly Lyles	200 meters	23.83
	Tamara McGill	Heptathlon	5,407 pts*
	Juliana Reed	400-meter hurdles	59.42
	Kimberly Lyles •	1,600-meter relay	3:40.84
	Juliana Reed		
	Shanea Calhoun		
	Shantea Calhoun		
2006	Marissa Dudek	Pole Vault	4.00 m*
	Shanea Calhoun	200 meters	23.64
	Martina Hallman	Long Jump	6.18 m
	Angela Hoover	Javelin	48.78 m
	Shanea Calhoun	400-meter relay	45.68
	Janessa Murphy		
	Raquel Bender		
	Shantea Calhoun		
2007	Janessa Murphy	Long Jump	6.24 m
2009	Mycaiah Clemons	100-meter hurdles	13.59

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•• After event denotes "Outstanding Field Performer" award winner

* After result denotes Big East meet record

WOMEN'S BIG EAST CHAMPIONS (by event)

OUTDOOR

EVENT	NAME	YEAR	RESULT
100 meters	Renee Henderson	1985	12.19
200 meters	Gail Counts	1985	24.65
100 meters	Renee Henderson	1984	12.26
200 meters	Gail Counts	1984	25.25
400-meter relay	Susan Torre	1984	47.37
	Gail Counts		
	Edith Butler		
	Renee Henderson		
100 meters	Renee Henderson	1986	11.88
100-meter hurdles	Debbie Bonner	1986	14.30
10,000 meters	Lori Wood	1986	35:42.60
400-meter relay	Renee Henderson	1986	47.89
	Susan Torre		
	Pat Cupid		
	Angie Fowlkes		
100-meter hurdles	Debbie Bonner	1987	14.50
10,000 meters	Cindy Randolph	1987	36:28.1
400-meter relay	Pat Cupid	1987	47.59
	Vanessa Jones		
	Debbie Bonner		
100-meter hurdles	Debbie Bonner	1988	14.52
400 meters	Keisha Demas	1988	54.0 (MT)
400-meter relay	Clarissa Dudley	1988	46.87
	Debbie Bonner		
	Pat Cupid		
	Sonya Rivers		
100-meter hurdles	Debbie Bonner *	1989	13.90
400-meter hurdles	Debbie Bonner	1989	1:01.21
1,600-meter relay	Nicole McKenzie	1989	3:45.63
	Debbie Bonner		
	Ardythe Hope		
	Keisha Demas		
100 meters	Ronise Crumpler	1990	12.06
200 meters	Ronise Crumpler	1990	23.72
100-meter hurdles	Allison Williams	1990	14.03
400 meters	Keisha Demas	1990	54.14
Javelin	Joanne Warner	1990	45.23 m
Triple Jump	Alexis Archer	1990	12.19 m
400-meter relay	Ronise Crumpler *	1990	47.08
	Vanessa Jones		
	Clarissa Dudley		
	Keisha Demas		
1,600-meter relay	Monica Hockaday	1990	3:42.38
	Ronise Crumpler		
	Allison Williams		
	Keisha Demas		
100-meter hurdles	Allison Williams	1991	13.78
400-meter hurdles	Keisha Demas	1991	53.29
400-meter hurdles	Kim Blair	1991	1:00.66
Javelin	Joanne Warner	1991	48.80 m
Triple Jump	Clarissa Dudley	1991	12.20 m
1,600-meter relay	Clarissa Dudley	1991	3:36.68
	Kim Blair		
	Ronise Crumpler		
	Keisha Demas		
Triple Jump	Najuma Fletcher **	1994	12.81 m
Long Jump	Najuma Fletcher	1994	6.07 m
High Jump	Najuma Fletcher	1994	1.77 m
Javelin	Joanne Warner	1994	43.91 m
Discus	Joanne Warner	1994	44.10 m
High Jump	Najuma Fletcher **	1995	1.75 m
Triple Jump	Najuma Fletcher	1995	13.21 m
High Jump	Najuma Fletcher **	1996	1.79 m
Triple Jump	Najuma Fletcher	1996	13.32 m
Long Jump	Trecia-Kaye Smith	1996	6.43 m
Long Jump	Trecia-Kaye Smith **	1997	6.60 m
Triple Jump	Trecia-Kaye Smith	1997	13.15 m
Shot Put	Trecia-Kaye Smith	1997	14.43 m
Triple Jump	Trecia-Kaye Smith **	1998	12.90 m
Shot Put	Trecia-Kaye Smith	1998	14.07 m
800 meters	Chantee Earl	1998	2:05.08
Heptathlon	Gina Bundy	1998	4,378 pts
3,200-meter relay	Anna-Rebekka Kohler	1998	8:46.57
	Chantee Earl		
	Chauna McFadzean		
	Tamika Dorin		
triple Jump	Trecia-Kaye Smith **	1999	13.16 m
Long Jump	Trecia-Kaye Smith	1999	6.43 m
Heptathlon	Bettina Lee	1999	4,694 pts
1,600-meter relay	Tia Tibb	1999	3:40.19
	Mera Belisle		
	Bettina Lee		
	Tasha Peart		
	Chantee Earl		
Heptathlon	Nicole Kelly	2001	5,062 pts
Pole Vault	Marissa Dudek	2003	3.79 m
Triple Jump	Melanie Carter	2003	13.70 m
400-meter hurdles	Tamara McGill *	2003	5:24.0 pts
400 meters	Elizabeth Bayne	2003	57.57
400 meters	Trenace Elliott	2004	53.84
Heptathlon	Tamara McGill	2004	5,375 pts
Pole Vault	Marissa Dudek	2005	3.80 m
Javelin	Jill Knopsnyder	2005	43.47 m
200 meters	Kimberly Lyles	2005	23.83
Heptathlon	Tamara McGill	2005	5,407 pts*
400-meter hurdles	Juliana Reed	2005	59.42
1,600-meter relay	Kimberly Lyles *	2005	3:40.84
	Juliana Reed		
	Shanea Calhoun		
	Shanea Calhoun		
Pole Vault	Marissa Dudek	2006	4.00 m*
200 meters	Shanea Calhoun	2006	23.64
Long Jump	Martina Hallman	2006	6.18 m
Javelin	Angela Hoover	2006	48.78 m
400-meter relay	Shanea Calhoun	2006	45.68
	Janessa Murphy		
	Raquel Bender		
	Shanea Calhoun		
Long Jump	Janessa Murphy	2007	6.24 m
100-meter hurdles	Mycaiah Clemons	2009	13.59

INDOOR

EVENT	NAME	YEAR	RESULT
55 meters	Renee Henderson	1983	7.16
300 meters	Renee Henderson	1983	39.87
55 meters	Renee Henderson	1984	7.02
300 meters	Renee Henderson	1984	39.39
55 meters	Renee Henderson	1986	7.10
55-meter hurdles	Dawna Collins	1986	8.24
55-meter hurdles	Debbie Bonner	1987	8.12
400 meters	Keisha Demas	1988	55.09
1,600-meter relay	Cynthia Randolph	1988	3:47.77
	Gloria Azeke		
	Ardythe Hope		
	Keisha Demas		
55-meter hurdles	Debbie Bonner *	1989	8.08
400 meters	Keisha Demas	1989	55.78
55-meter hurdles	Allison Williams	1990	7.96
200 meters	Ronise Crumpler	1990	24.24
400 meters	Keisha Demas	1990	54.64
Triple Jump	Clarissa Dudley	1990	11.08 m
1,600-meter relay	Nicole McKenzie	1990	3:47.58
	Ronise Crumpler		
	Monica Hockaday		
	Keisha Demas		
55-meter hurdles	Allison Williams	1991	7.80
400 meters	Keisha Demas *	1991	54.39
1,600-meter relay	Allison Williams	1991	3:47.38
	Clarissa Dudley		
	Ronise Crumpler		
	Keisha Demas		
55-meter hurdles	Allison Williams	1993	7.64*
55-meter hurdles	Allison Williams	1994	7.8
Pentathlon	Najuma Fletcher **	1994	4,045 pts
High Jump	Najuma Fletcher	1994	1.77 m
Long Jump	Najuma Fletcher	1994	6.24 m
Long Jump	Najuma Fletcher **	1995	6.33 m
Pentathlon	Najuma Fletcher	1995	4,295 pts*
Triple Jump	Najuma Fletcher	1995	12.96 m
High Jump	Najuma Fletcher	1995	1.75 m
Triple Jump	Najuma Fletcher **	1996	13.14 m
High Jump	Najuma Fletcher	1996	1.82 m
Pentathlon	Najuma Fletcher	1996	4,169 pts
Triple Jump	Trecia-Kaye Smith *	1997	13.29 m
Long Jump	Trecia-Kaye Smith	1997	6.41 m
Shot Put	Trecia-Kaye Smith	1997	14.02 m
Pentathlon	Trecia-Kaye Smith	1997	4,138 pts
Pentathlon	Ayana Coleman	1998	3,425 pts
Long Jump	Trecia-Kaye Smith *	1999	6.31 m
Triple Jump	Trecia-Kaye Smith	1999	13.35 m*
800 meters	Chantee Earl	1999	2:08.23
Pentathlon	Dana McKoy	1999	3,711 pts
1,600-meter relay	Mera Belisle	1999	3:40.95
	Tamika Dorin		
	Tia Tabb		
	Chantee Earl		
1,000 meters	Chantee Earl	2000	2:43.99*
Pentathlon	Dana McKoy	2000	3,677 pts
400 meters	Tia Tabb	2001	54.50
3,200-meter relay	Trenace Elliott	2001	8:54.55
	DeAnna Cole		
	Beth Rocks		
	Janine Jones		
Shot Put	Amanda Walker	2002	14.91 m
Triple Jump	Melanie Carter	2003	13.04 m
Pole Vault	Marissa Dudek	2004	3.80 m
800 meters	Elizabeth Bayne	2004	2:11.50
Pentathlon	Tamara McGill	2004	3,845 pts
Shot Put	Amanda Walker	2004	15.57 m
Pole Vault	Marissa Dudek	2005	3.85 m
200 meters	Kimberly Lyles	2005	24.00
3,000 meters	Maureen McCandless *	2005	9:23.32
5,000 meters	Maureen McCandless	2005	16:09.34
Pentathlon	Tamara McGill	2005	3,900 pts
Shot Put	Amanda Walker **	2005	16.67 m*
Weight Throw	Amanda Walker	2005	21.12 m*
Pole Vault	Marissa Dudek	2006	4.12 m*
Long Jump	Janessa Murphy	2007	6.12 m
60 meters	Shantea Calhoun	2008	7.54
200 meters	Shantea Calhoun	2008	23.85
Long Jump	Janessa Murphy	2008	6.10 m
60-meter hurdles	Mycaiah Clemons	2009	8.36
Long Jump	Janessa Murphy	2009	6.29 m

* After name denotes "Outstanding Track Performer" award winner

** After event denotes "Outstanding Field Performer" award winner

* After result denotes Big East meet record



PANTHER NCAA ALL-AMERICANS



Sam Bair
2006-2007



Garland Brown
1983



Tony Bonura
2005-2006



Eric Cannon
1986, 1988, 1989



Justin Clickett
2005-2006



Todd Colas
1984



Joe Daniels
1986-1987



Keith Dowling
1990-1991



Elbert Ellis
1989-1991

PITT
NO PICTURE
AVAILABLE

Terry Gallagher
1983

PITT
NO PICTURE
AVAILABLE

Darren Geary
1982-1983



Keith Higham
2005-2006



Roger Kingdom
1983-1984

PITT
NO PICTURE
AVAILABLE

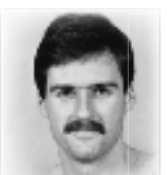
Tim Manes
1986-1987



Lee McRae
1985-1988



Dave Moore
1987, 1990



Bill Moorhead
1983



Bob Weiner
1986-1987



Mike Wray
2007

MEN'S NCAA INDOOR FINALISTS

YEAR	NAME	EVENT	PLACE	MARK
1982	Darren Geary	880 yards	6th	1:41.15
1983	Geary, Gallagher	3,200-meter relay	5th	7:26.50
	Moorhead, Brown			
1984	Roger Kingdom	55-meter hurdles	1st	7.08
	Todd Colas	1,000 meters	6th	2:26.09
1985	Lee McRae	55 meters	6th	6.26
1986	Lee McRae	55 meters	1st	5.99
	Eric Cannon	55-meter hurdles	4th	7.29
	Weiner, Daniels	3,200-meter relay	4th	7:21.42
	Moore, Manes			
1987	Lee McRae	55 meters	1st	6.13
	Weiner, Daniels	3,200-meter relay	4th	7:20.43
	Manes, Moore			
1988	Lee McRae	55 meters	1st	6.07
	Eric Cannon	55-meter hurdles	4th	7.33
1990	Elbert Ellis	55-meter hurdles	6th	7.28
1991	Elbert Ellis	55-meter hurdles	2nd	7.24
	Keith Dowling	5,000 meters	6th	13:49.52
2005	Justin Clickett	Shot Put	9th	19.05 m
2006	Justin Clickett	Shot Put	12th	18.18 m
2007	Sam Blair	Mile-run	7th	4:01.99
	Mike Wray	60-meter hurdles	7th	7.92

MEN'S NCAA OUTDOOR FINALISTS

YEAR	NAME	EVENT	PLACE	MARK
1983	Roger Kingdom	110-meter hurdles	1st	13.54
1986	Lee McRae	100 meters	1st	10.11
1987	Lee McRae	100 meters	2nd	10.21
		200 meters	6th	20.44
	Dave Moore	800 meters	9th	1:48.49
1989	Eric Cannon	110-meter hurdles	2nd	13.21
	Elbert Ellis	110-meter hurdles	8th	13.78
1990	Elbert Ellis	110-meter hurdles	4th	13.73
	Dave Moore	800 meters	7th	1:48.75
	Keith Dowling	10,000 meters	8th	29:08.28
1991	Elbert Ellis	110-meter hurdles	4th	13.72
		400-meter hurdles	8th	52.70
2004	Mike Kennedy	Javelin	22nd	62.77 m
2005	Tony Bonura	Javelin	9th	66.32 m
	Keith Higham	Pole Vault	14th	5.00 m
2006	Sam Bair	1,500 meters	9th	3:47.00
	Keith Higham	Pole Vault	8th	5.35 m
	Tony Bonura	Javelin	8th	68.12 m

**The top eight competitors in each event earn All-America status. In addition, the NCAA recognizes the top eight Americans in each event by awarding them All-America honors. Therefore, a competitor could finish 10th, but still be considered All-America because of international competitors who may have placed in the top eight.



NCAA ALL-AMERICANS

WOMEN'S NCAA OUTDOOR FINALISTS

YEAR	NAME	EVENT	PLACE	MARK
1990	Keisha Demas	400 meters	8th	52.62
	Hockaday, Crumpler	1,600-meter relay	5th	3:34.48
	Williams, Demas			
1991	Keisha Demas	400 meters	6th	52.69
	Dudley, Blair	1,600-meter relay	5th	3:35.98
	Crumpler, Demas			
1992	Carmela Mariani	10,000 meters	6th	35:12.17
1993	Mary Allison Williams	110-meter hurdles	8th	13.58
1994	Najuma Fletcher	Triple Jump	6th	13.07 m
		High Jump	6th	1.79 m
		Pentathlon	3rd	5,750 pts.
	Mary Allison Williams	110-meter hurdles	6th	13:50.00
	Kim Blair	400-meter hurdles	3rd	57.47
1995	Najuma Fletcher	High Jump	2nd	1.89 m
		Triple Jump	3rd	13.55 m
		Long Jump	7th	6.14 m
1996	Najuma Fletcher	Triple Jump	17th	12.43 m
	Trecia-Kaye Smith	Triple Jump	2nd	13.58 m
		Long Jump	6th	6.29 m
		Heptathlon	11th	5,329 pts.
1997	Trecia-Kaye Smith	Long Jump	1st	6.65m
		Triple Jump	5th	13.63 m
	Chantée Earl	800 meters	15th	N/A
1998	Trecia-Kaye Smith	Triple Jump	1st	13.98 m
		Long Jump	2nd	6.41m
	Chantée Earl	800 meters	4th	2:04.61
1999	Trecia-Kaye Smith	Long Jump	1st	6.61 m
		Triple Jump	2nd	13.91 m
		Heptathlon	10th	5,476 pts.
	Chantée Earl	800 meters	7th	2:05.74
2000	Chantée Earl	800 meters	2nd	2:02.43
	Tabb, Belisle	1,600-meter relay	4th	3:33.23
	Earl, Peart			
2003	Maureen McCandless	5,000 meters	14th	16:54.38
	Tamara McGill	Heptathlon	14th	5,162 pts.
	Elizabeth Bayne	400-meter hurdles	20th	59.72
	Kim Lyles	200 meters	12th	23.70
2004	Trenace Elliot	400 meters	27th	55.57
	Tamara McGill	Heptathlon	16th	5,126 pts.
	Elizabeth Bayne	400-meter hurdles	25th	1:00.08
2005	Tamara McGill	Heptathlon	12th	5,413 pts.
	Amanda Walker	Shot Put	7th	16.48m
2006	Maureen McCandless	5,000 meters	7th	16:14.10
	Julianna Reed	400-meter hurdles	13th	58.25

WOMEN'S NCAA INDOOR FINALISTS

YEAR	NAME	EVENT	PLACE	MARK
1990	Keisha Demas	400 meters	8th	54.52
1994	Najuma Fletcher	High Jump	7th	1.77 m
		Triple Jump	5th	12.88 m
1995	Najuma Fletcher	Triple Jump	1st	13.48 m
		High Jump	4th	1.86 m
		Long Jump	5th	6.26 m
	Angie Martin	800 meters	6th	2:07.65
1996	Najuma Fletcher	High Jump	1st	1.84 m
		Triple Jump	4th	13.32 m
		Long Jump	8th	6.26 m
	Trecia-Kaye Smith	Long Jump	7th	6.17 m
1997	Trecia-Kaye Smith	Long Jump	1st	6.66 m
		Triple Jump	2nd	14.12 m
	Angie Martin	800 meters	4th	2:06.12
1998	Trecia-Kaye Smith	Triple Jump	1st	14.05 m
		Long Jump	1st	6.55 m
	Chantée Earl	800 meters	3rd	2:06.09
1999	Trecia-Kaye Smith	Long Jump	1st	6.53 m
		Triple Jump	2nd	14.02 m
	Chantée Earl	800 meters	4th	2:04.58
2000	Chantée Earl	800 meters	1st	2:02.19
2002	Janine Jones	800 meters	12th	2:07.65
	Beth Rocks	800 meters	18th	2:09.34
2003	Melanie Carter	Triple Jump	12th	12.81 m
2005	Amanda Walker	Shot Put	5th	16.52 m
	Amanda Walker	Weight Throw	15th	19.96 m
	Tamara McGill	Pentathlon	15th	3,886 pts.
2006	Maureen McCandless	5,000 meters	3rd	15:56.51
	Marissa Dudek	Pole Vault	5th	4.10 m



Mera Belisle
2000



Kim Blair
1991, 1994



Ronise Crumpler
1990-1991



Keisha Demas
1990-1991



Marissa Dudek
2006



Clarissa Dudley
1991



Chantée Earl
1997-2000



Najuma Fletcher
1994-1996



Monica Hockaday
1990



Carmela Mariani
1992



Angie Martin
1995, 1998



Maureen McCandless
2003, 2006



Tasha Peart
2000



Julianna Reed
2006



Trecia-Kaye Smith
1996-1999



Tia Tabb
2000



Amanda Walker
2005



Mary Allison Williams
1993-1994



PITT TRACK AND FIELD OLYMPIANS

FRANK SHEA

*United States of America
1920 — 440 Meters*

DAN GWINN

*United States of America
1928 — Hammer Throw*

VIC PICKARD

*Canada
1928 — Pole Vault*

JOHN WOODRUFF

*United States of America
1936 — 800 Meters (Gold Medal)*

HERB DOUGLAS

*United States of America
1948 — Long Jump (Bronze Medal)*

ARNIE SOWELL

*United States of America
1956 — 800 Meters*

ROGER KINGDOM

*United States of America
1984 — 110-Meter High Hurdles (Gold Medal)
1988 — 110-Meter High Hurdles (Gold Medal)*

NAJUMA FLETCHER

*Guyana
1992 — Heptathlon*

AYNE ALLEN

*St. Kitts
1996 — 4x400 Meter Relay*

TRECIA-KAYE SMITH

*Jamaica
2004 — Triple Jump*

The University of Pittsburgh has a rich and successful track and field history. Its men's and women's teams boast 10 Olympians, the most of any Panther sports program.

Pitt's track and field teams have produced a pair of gold medalists — John Woodruff, who won the 800 meters at the 1936 Games in Berlin, and Roger Kingdom, who won the 110 meter high hurdles in both the 1984 and 1988 Olympics in Los Angeles and Seoul respectively. Another Pittsburgh product, Herb Douglas, earned a bronze medal in the long jump at the 1948 Games in London.

Pitt's Olympians have come from near and far. Woodruff, who lives in Arizona, was from nearby Connellsville, Pa. Kingdom came to Pittsburgh as a prized running back football recruit out of Unadilla, Ga. Najuma Fletcher, one of the most decorated athletes in Pitt history and former assistant coach, was one of three representatives of her native Guyana to participate in the 1992 Olympics in Barcelona. More recently, Ayne Allen represented St. Kitts at the 1996 Atlanta Games. One of Pitt's most familiar Olympians, Arnie Sowell went to high school just blocks from the Cathedral of Learning at Schenley High. Sowell finished fourth in the 800 meters at the 1956 Games in Melbourne. Trecia Kaye-Smith placed fourth in Athens and went on to become the world champion in the triple jump in 2005.

Pitt's Olympic history goes back to the 1920's. Frank Shea was the Panthers' first Olympian, competing in the 440 meters. Panther teammates Vic Pickard and Dan Gwinn competed together in the 1928 Games. Pickard represented Canada as a pole vaulter while Gwinn participated in the hammer throw for the U.S.



John Woodruff



Trecia-Kaye Smith



Frank Shea



Herb Douglas



Najuma Fletcher



Arnie Sowell



Ayne Allen



Vic Pickard and Dan Gwinn



Roger Kingdom





World Class
Institution

Premier
Research
UniversityThe Pitt logo, featuring the word "PITT" in a stylized, blocky font. The letters are blue with a thick gold outline and a black drop shadow. The logo is set against a background of a collage of images, including a person in a blue shirt, a person in a blue shirt, and a person in a blue shirt. A registered trademark symbol (®) is located at the bottom right of the logo.

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2009-10 INDOOR SCHEDULE

Dec. 1-2	Blue and Gold	Pittsburgh, PA
Dec. 11-12	Golden Flash Gala	Kent, OH
Jan. 16	PSU Northeast Challenge	State College, PA
Jan. 23	Illinois Invitational	Urbana-Campaign, IL
Jan. 29-30	Penn State National Open	State College, PA
Feb. 5-6	New Balance Collegiate Invitational	New York, NY
Feb. 12-13	Akron Invitational	Akron, OH
Feb. 20-21	Big East Indoor Championships	New York, NY
Feb. 27-28	USATF National Championships	Albuquerque, NM
Mar. 6-7	ECAC/IC4A Championships	Boston, MA
Mar. 6	Virginia Tech Last Chance	Blacksburg, VA
Mar. 12-13	NCAA Indoor Championships	Fayetteville, AK

2009-10 OUTDOOR SCHEDULE

Mar. 27	Maryland Invitational	College Park, MD
April 2-3	Duke Invitational	Durham, NC
April 9-10	Bucknell Bison Invitational	Lewisburg, PA
April 9-10	Arizona St. Sun Angel Classic	Tempe, AZ
April 16-17	Morgan St. Legacy	Baltimore, MD
April 22-24	Penn Relays	Philadelphia, PA
April 30-May 2	Big East Outdoor Championships	Villanova, PA
May 14-16	IC4A & ECAC Championships	Princeton, NJ
May 27-29	NCAA Regional	Greensboro, NC
June 9-12	NCAA Outdoor Championships	Eugene, OR
June 24-27	USATF Senior Outdoor Champ	Des Moines, IA
June 24-27	USATF Junior Outdoor Champ	Des Moines, IA

