

# DECEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Nov 30</b>	<b>Dec 1</b>	<b>Dec 2</b>	<b>Dec 3</b>	<b>Dec 4</b>	<b>Dec 5</b>	<b>Dec 6</b>
	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM Youth (2nd-8th) Open Run	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 1:00 PM Adult/College Open Run 4:00 PM 8:00 PM <b>Penn Opener Day 1</b>	11:30 AM 5:30 PM <b>Penn Opener Day 2</b>
<b>Dec 7</b>	<b>Dec 8</b>	<b>Dec 9</b>	<b>Dec 10</b>	<b>Dec 11</b>	<b>Dec 12</b>	<b>Dec 13</b>
	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:30 PM Henderson High School 3k	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM Youth (2nd-8th) Open Run	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice <b>Hold</b> <b>TBD</b>	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice	8:00 AM 12:30 PM SJTCA Meet #1 12:30 PM 3:00 PM Penn T&F Practice
<b>Dec 14</b>	<b>Dec 15</b>	<b>Dec 16</b>	<b>Dec 17</b>	<b>Dec 18</b>	<b>Dec 19</b>	<b>Dec 20</b>
	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM Youth (2nd-8th) Open Run	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice <b>Hold</b> <b>TBD</b>	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice	8:00 AM 12:30 PM SJTCA Meet #2 12:30 PM 3:00 PM Penn T&F Practice
<b>Dec 21</b>	<b>Dec 22</b>	<b>Dec 23</b>	<b>Dec 24</b>	<b>Dec 25</b>	<b>Dec 26</b>	<b>Dec 27</b>
						8:00 AM 12:30 PM SJTCA Meet #3
<b>Dec 28</b>	<b>Dec 29</b>	<b>Dec 30</b>	<b>Dec 31</b>	<b>Jan 1</b>	<b>Jan 2</b>	<b>Jan 3</b>
					<b>Hold</b> <b>TBD</b> 1:30 PM 5:00 PM La Salle Boys Meet - Sprints	8:00 AM 12:30 PM SJTCA Meet #4 1:30 PM 5:00 PM Upper Dublin Girls Meet #1 Sprints
<b>Jan 4</b>	<b>Jan 5</b>	<b>Jan 6</b>	<b>Jan 7</b>	<b>Jan 8</b>	<b>Jan 9</b>	<b>Jan 10</b>
7:30 AM 3:30 PM UAGTCA Meet #1 (2 Blocks)	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:00 PM La Salle Boys Meet - Distance	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 4:00 PM 5:30 PM Young Quakers <b>Hold</b> <b>TBD</b>	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:00 PM DVGTC Meet #1	12:00 PM 6:00 PM <b>Penn Select</b>

# JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Dec 28</b>	<b>Dec 29</b>	<b>Dec 30</b>	<b>Dec 31</b>	<b>Jan 1</b>	<b>Jan 2</b>	<b>Jan 3</b>
					<b>Hold</b> 1:30 PM 5:00 PM <b>TBD</b> La Salle Boys Meet #1 - Sprints	8:00 AM 12:30 PM SJTCA Meet #4 1:30 PM 5:00 PM Upper Dublin Girls Meet #1 Sprints
<b>Jan 4</b>	<b>Jan 5</b>	<b>Jan 6</b>	<b>Jan 7</b>	<b>Jan 8</b>	<b>Jan 9</b>	<b>Jan 10</b>
7:30 AM 3:30 PM UAGTCA Meet #1 (2 Blocks)	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:00 PM La Salle Boys Meet #2 - Distance	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 4:00 PM 5:30 PM Young Quakers <b>Hold</b> <b>TBD</b>	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:00 PM DVGTC Meet #1	12:00 PM 6:00 PM <b>Penn Select</b>
<b>Jan 11</b>	<b>Jan 12</b>	<b>Jan 13</b>	<b>Jan 14</b>	<b>Jan 15</b>	<b>Jan 16</b>	<b>Jan 17</b>
7:30 AM 3:30 PM UAGTCA Meet #2 (2 Blocks)	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:00 PM Upper Dublin Girls Meet #2 Distance	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 4:00 PM 5:30 PM Young Quakers 6:30 PM 8:30 PM Youth (2nd-8th) Open Run	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:30 PM T&FCAGP Meet #1	4:00 PM 8:00 PM <b>Quaker Invitational</b>
<b>Jan 18</b>	<b>Jan 19</b>	<b>Jan 20</b>	<b>Jan 21</b>	<b>Jan 22</b>	<b>Jan 23</b>	<b>Jan 24</b>
<b>Hold</b> <b>TBD</b>	7:30 AM 11:00 AM Penn T&F Practice 2:00 PM 6:30 PM Penn T&F Practice	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:00 PM SJTCA Meet #5	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 3:00 PM 6:00 PM <b>Penn Elite Pre-Meet</b> 3:00 PM 7:00 PM <b>Penn Elite Multi Day 1</b>	7:30 AM 11:00 AM Penn T&F Practice 10:00 AM 7:00 PM <b>Penn Elite Day 1</b>	11:00 AM 7:00 PM <b>Penn Elite Day 2</b>
<b>Jan 25</b>	<b>Jan 26</b>	<b>Jan 27</b>	<b>Jan 28</b>	<b>Jan 29</b>	<b>Jan 30</b>	<b>Jan 31</b>
<b>Hold</b> <b>TBD</b> <b>Hold</b> <b>TBD</b>	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:00 PM Germantown Friends Invite	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 3:00 PM 7:00 PM <b>Penn Invitational Pre-Meet</b>	7:30 AM 11:00 AM Penn T&F Practice 12:00 PM 7:30 PM <b>Penn Invitational</b>	9:00 AM 7:30 PM Penn Relays Winter Showcase
<b>Feb 1</b>	<b>Feb 2</b>	<b>Feb 3</b>	<b>Feb 4</b>	<b>Feb 5</b>	<b>Feb 6</b>	<b>Feb 7</b>
<b>Hold</b> <b>TBD</b> 1:00 PM 6:30 PM Widener Meet #1	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM SJTCA Meet #6	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 8:30 PM High School Open Run	6:00 AM 7:30 AM Adult/College Open Run 7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 2:00 PM 6:30 PM Penn T&F Practice 6:30 PM 10:00 PM La Salle Boys Meet #3 - Relays	7:30 AM 11:00 AM Penn T&F Practice 11:00 AM 2:00 PM Adult/College Open Run 3:00 PM 6:00 PM <b>Penn Classic Pre-Meet</b>	7:30 AM 11:00 AM Penn T&F Practice 10:00 AM 8:00 PM <b>Penn Classic Day 1</b>	10:00 AM 8:00 PM <b>Penn Classic Day 2</b>

# FEBRUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Feb 1</b> <div> <div>Hold</div> <div>TBD</div> </div> <div> 1:00 PM 6:30 PM Widener Meet #1 </div>	<b>Feb 2</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM SJTCA Meet #6 </div>	<b>Feb 3</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Feb 4</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 10:00 PM La Salle Boys Meet #3 - Relays </div>	<b>Feb 5</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 3:00 PM 6:00 PM Penn Classic Pre-Meet </div>	<b>Feb 6</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 10:00 AM 8:00 PM Penn Classic Day 1 </div>	<b>Feb 7</b> <div> 10:00 AM 8:00 PM Penn Classic Day 2 </div>
<b>Feb 8</b> <div> <div>Hold</div> <div>TBD</div> </div>	<b>Feb 9</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Feb 10</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Feb 11</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 10:00 PM Upper Dublin Girls Meet #3 - Relays </div>	<b>Feb 12</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 4:00 PM 5:30 PM Young Quakers </div> <div> 6:30 PM 8:30 PM Youth (2nd-8th) Open Run </div>	<b>Feb 13</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 6:30 PM 10:00 PM DVGTC A Meet #2 </div>	<b>Feb 14</b> <div> 7:30 AM 11:30 AM Henderson High School Invite </div> <div> 1:00 PM 6:30 PM Widener DIII Invite #2 </div>
<b>Feb 15</b> <div> 7:30 AM 3:30 PM UAGTCA Meet #3 (2 Blocks) </div> <div> 4:30 PM 8:30 PM PAISAA Championship </div>	<b>Feb 16</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 10:30 PM T&amp;FCAGP Meet of Champs </div>	<b>Feb 17</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Feb 18</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div>	<b>Feb 19</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 4:00 PM 5:30 PM Young Quakers </div> <div> 6:30 PM 8:30 PM Youth (2nd-8th) Open Run </div>	<b>Feb 20</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 5:00 PM Philly Metro </div>	<b>Feb 21</b> <div> 8:30 AM 3:00 PM DIAA State Championship </div> <div> 4:30 PM 10:00 PM NJAC Championship </div>
<b>Feb 22</b> <div> 2:30 PM 8:00 PM NJAC Championship </div>	<b>Feb 23</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Feb 24</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Feb 25</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div>	<b>Feb 26</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 4:00 PM 5:30 PM Young Quakers </div> <div> 6:30 PM 8:30 PM Youth (2nd-8th) Open Run </div>	<b>Feb 27</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div>	<b>Feb 28</b> <div> <div>Hold</div> <div>TBD</div> </div>
<b>Mar 1</b> <div> <div>Hold</div> <div>TBD</div> </div> <div> 12:00 PM 7:00 PM TCNJ Last Chance Meet </div>	<b>Mar 2</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Mar 3</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Mar 4</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div>	<b>Mar 5</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 4:00 PM 5:30 PM Young Quakers </div> <div> 6:30 PM 8:30 PM Youth (2nd-8th) Open Run </div>	<b>Mar 6</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div>	<b>Mar 7</b> <div> 9:00 AM 3:00 PM PRTC Indoor Classic </div>
<b>Mar 8</b> 	<b>Mar 9</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Mar 10</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 6:30 PM 8:30 PM High School Open Run </div>	<b>Mar 11</b> <div> 6:00 AM 7:30 AM Adult/College Open Run </div> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div>	<b>Mar 12</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div> <div> 4:00 PM 5:30 PM Young Quakers </div>	<b>Mar 13</b> <div> 7:30 AM 11:00 AM Penn T&amp;F Practice </div> <div> 11:00 AM 2:00 PM Adult/College Open Run </div> <div> 2:00 PM 6:30 PM Penn T&amp;F Practice </div>	<b>Mar 14</b> 

# MARCH 2026

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Mar 1</b> <div> <div>Hold</div> <div>TBD</div> </div> <div> 12:00 PM7:00 PMTCNJ Last Chance Meet </div>	<b>Mar 2</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div> <div> 6:30 PM8:30 PMHigh School Open Run </div>	<b>Mar 3</b> <div> 6:00 AM7:30 AMAdult/College Open Run </div> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div> <div> 6:30 PM8:30 PMHigh School Open Run </div>	<b>Mar 4</b> <div> 6:00 AM7:30 AMAdult/College Open Run </div> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 5</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div> <div> 4:00 PM5:30 PMYoung Quakers </div> <div> 6:30 PM8:30 PMYouth (2nd-8th) Open Run </div>	<b>Mar 6</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 7</b> <div> 9:00 AM3:00 PMPRTC Indoor Classic </div>
<b>Mar 8</b>	<b>Mar 9</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div> <div> 6:30 PM8:30 PMHigh School Open Run </div>	<b>Mar 10</b> <div> 6:00 AM7:30 AMAdult/College Open Run </div> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div> <div> 6:30 PM8:30 PMHigh School Open Run </div>	<b>Mar 11</b> <div> 6:00 AM7:30 AMAdult/College Open Run </div> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 12</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div> <div> 4:00 PM5:30 PMYoung Quakers </div>	<b>Mar 13</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 14</b>
<b>Mar 15</b>	<b>Mar 16</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 17</b> <div> 6:00 AM7:30 AMAdult/College Open Run </div> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 18</b> <div> 6:00 AM7:30 AMAdult/College Open Run </div> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 19</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div> <div> 4:00 PM5:30 PMYoung Quakers </div>	<b>Mar 20</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 21</b>
<b>Mar 22</b>	<b>Mar 23</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 24</b> <div> 6:00 AM7:30 AMAdult/College Open Run </div> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 25</b> <div> 6:00 AM7:30 AMAdult/College Open Run </div> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 26</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div> <div> 4:00 PM5:30 PMYoung Quakers </div>	<b>Mar 27</b> <div> 7:30 AM11:00 AMPenn T&amp;F Practice </div> <div> 11:00 AM2:00 PMAdult/College Open Run </div> <div> 2:00 PM6:30 PMPenn T&amp;F Practice </div>	<b>Mar 28</b>
<b>Mar 29</b>	<b>Mar 30</b>	<b>Mar 31</b>	<b>Apr 1</b>	<b>Apr 2</b>	<b>Apr 3</b>	<b>Apr 4</b>
<b>Apr 5</b>	<b>Apr 6</b>	<b>Apr 7</b>	<b>Apr 8</b>	<b>Apr 9</b>	<b>Apr 10</b>	<b>Apr 11</b>