

Day	Date	COTA 2CHFNOFF	Time
Friday	Aug. 31	Temple Invitational Belmont Plateau	5:15 PM
Friday	Sep. 14	Army Invitational West Point, N.Y.	9:00 AM
Friday	Sep. 28	Notre Dame Joe Piane Invitational South Bend, Ind.	9:00 AM
Friday	Oct. 12	Princeton Invitational Princeton, N.J.	9:00 AM
Thursday	Oct. 25	AAC Championships New Orleans, La.	9:00 AM
Friday	Nov. 9	NCAA Mid-Atlantic Regional State College, Pa.	9:00 AM

**ECAC Championships** 

NCAA Championships

New York, N.Y.

Madison, Wisc.

2010 CCUEDIII E

All times Eastern.

Saturday

Saturday

Home meets highlighted in cherry.

Nov. 17

Nov. 17



Under Armour® is the official outfitter of Temple Athletics. The originators of performance apparel, Under Armour has transitioned athletes into moisture-wicking apparel since 1996. Under Armour products are sold worldwide and worn by athletes at all levels, from youth to professional, on

### **CREDITS**

The 2018 Temple Women's Cross Country Media Guide was written, edited, and designed by Marisa Brisbane. Layout and cover design by Kelli Sheesley. Cover photos by Joeseph V. Labolito. Interior photography provided by Joseph V. Labolito, Mitchell Leff, and Wendy Badman. Published by the Temple University Department of Intercollegiate Athletics.

### **QUICK FACTS**

#### TEMPLE UNIVERSITY

Location	Philadelphia, Pa.
Founded	1884
Enrollment	39,000
President	Richard M. Englert
Director of Athletics	Dr. Patrick Kraft
Nickname	Owls
Colors	Cherry and White
Home Course	Belmont Plateau
Conference	American Athletic

#### **COACHING STAFF**

Head Coach	James Snyder
Phone	215-204-3563
E-Mail	james.snyder@temple.edu

<b>Assistant</b>	Coach	Tyler Deck Shipley
E		20000401 1 1

E-Mail .....tuj89921@temple.edu

#### ATHLETICS COMMUNICATIONS

Cross Country C	ontact Marisa Brisbane
Office Phone	215-204-0624
E-mail	marisa.brisbane@temple.edu
Website	www.OwlSports.com

### **SOCIAL MEDIA**

9:00 AM

9:00 AM

Facebook	. Temple XC and	Track & Field
Twitter		@OwlsXCTnF
Instagram		@OwlsXCTnF

### **TABLE OF CONTENTS**

Season Outlook	3
Roster	4
Head Coach James Snyder	6-7
Assistant Coaches / Support Staff	8
Player Profiles	10-16
2017 Season Highlights	18
Honors and Awards	21
American Athletic Conference	22
Temple University	24
Athletics Staff Directory	25-28

### **2018 SEASON OUTLOOK**

The Temple University women's cross country squad looks to top their record-breaking 2017 season as they return to the course this Friday, August 31st. The Owls will start the season ranked No. 9 in the Mid-Atlantic region by the USTFCCCA, four spots higher than they started the 2017 season.

Last year was a break-through year for the women's cross country squad. The Owls started the season with a first place finish at both the Temple Invitational and the Rider Invitational. Later in the season at the American Athletic Conference Championships, Temple finished a program high third while placing two athletes on the All-Conference team.

At the NCAA Mid-Atlantic Regional, the Owls set another program record when they finished 10th out of 28 teams, three spots higher than the No. 13 ranking given by the USTFCCCA. They closed out their 2017 competition season at the ECAC Championships where they finished third overall, landing Katie Leisher, Lucy Jones and Grace Moore on the All-East team for their performances.

"In a year with ups and downs, we still ended up having by far the best season we have ever had as a program," said head coach James Snyder. "Third in the conference and 10th in the region were huge steps forward from where we had been, boosting excitement levels for this season tremendously."

#### Meet the Owls

On the women's side, the cross country team will return all but one athlete after the graduation of senior Katie Pinson. Through Pinson Temple will lose a consistent scorer and vocal leader for the Owls, but Snyder knows the future of the program is bright with the core of returners and solid recruiting class on the team this fall.

Temple will return strong talent this season bringing back senior Katie Leisher, junior Grace Moore and sophomore Lucy Jones. All three athletes racked up All-East accolades last season and Leisher and Jones landed a spot on the All-Conference squad.

"Katie comes back this season for her last go around after being our top girl at the conference and regional meet last season," explained Snyder. "She has been All-Conference twice and we expect her to crack



into that top group at the conference level. Grace had a very successful track season and is someone who I believe will be a huge difference maker for us. Lucy was our first freshman to land a spot on the All-Conference team and we will look to rely on her to stand out in the front of the crew. All three girls clearly took care of business this summer, and I am very excited to see what they can do come Friday."

Temple also brought in a talented group of newcomers to add to an impressive core of returners. Leading this pack will be graduate student Kira Van Ehren and freshman Lexi Walsh.

"Kira comes to us from Germany after a very successful track season. She ran a PR in the 5K this summer and I expect her to be a large contributor. Lexi is a girl who stood out to us and was All-State in Pennsylvania last year in cross country. She also took advantage of the summer training to really help her transform into a collegiate athlete and it has shown the past few weeks."

Temple has a lot to look forward to this season with the addition of these talented runners to the roster and the effort the entire team has shown in the first few weeks back on the course.

"We have higher expectations than ever before, but we also have a more talented group than ever before," said Snyder. "I think that the opportunity to go to New Orleans and contend for a conference title is very realistic. At the regional level where it gets more competitive, we will try to take another step forward and compete among the best programs in our area. We are a stronger team this year, and cracking into that next group of teams is our priority."

The Owls also look forward to an exciting change this year as they have advanced into the Blue section of the Joe Piane Invitational at Notre Dame where they will compete on Friday, September 28th. This is another new challenge for Temple as this will be their first experience in the higher section after finishing second in the Gold category last season.

"I think that we have shown regionally that we can be quite competitive against the teams around us, and this will give us the opportunity to face some of the best teams in the country," said Snyder. "To be able to see where we stack up against these teams will really give us a perspective of where we are and where we can really go."

The women's cross country squad with kick off the 2018 season at their first and only home meet of the season this Friday, August 31st at Belmont Plateau where they host the Temple Invitational. The race is set for 6:00 pm as the Owls look to achieve back-to-back regular season team titles on their home course.

### 2018 TEMPLE WOMEN'S CROSS COUNTRY



NAME	YEAR	HOMETOWN	HIGH SCHOOL
Ashton Dunkley	Sr.	Odessa, Del.	Middletown
Helene Gottlieb	So.	Hoersholm, Denmark	Naerum Gymnasium
Millie Howard	Jr.	North Yorkshire, England	King James
Lucy Jones	So.	Leicester, England	Our Lady's Convent School
Michelle Joyce	So.	Stroudsburg, Pa.	Stroudsburg
Katie Leisher	Sr.	Manchester, Md.	Manchester Valley
Grace Moore	Jr.	Merrick, N.Y.	Sanford H. Calhoun
Emma Seifried	Fr.	Springfield, Pa.	Sacred Heart Academy
Keegan Simonsen	Fr.	Fairfield, Conn.	Fairfield Ludlowe High School
Shay Strawser	Fr.	Marysville, Pa.	Susquenita High School
Kira Von Ehren	Gr.	Krefeld, Germany	Gymnasium am Moltkeplatz
Lexi Walsh	Fr.	Old Forge, Pa.	Holy Cross High School

Head Coach: James Snyder (George Mason '09, 6th year)

**Assistant Coach:** Tyler Deck Shipley





James Snyder joined the Temple Athletics staff as the Assistant Track & Field/Cross Country Coach in July, 2013, and was named Head Men's & Women's Cross Country Coach in July, 2016. Snyder handles the day-to-day responsibilities for the cross country teams as well as the middle and long distance runners on the track.

No stranger to the Philadelphia area, Snyder is a Downingtown, Pa., native and graduate of Downingtown East High School. During Snyder's five years at the helm of the Owl's distance running program the team has experienced unprecedented success at the conference, regional and national level.

This past fall was highlighted by Temple men's cross country winning the 2017 IC4A Cross Country Championship. The team was led by Marc Steinsberger who also took the individual title at historic Van Cortland Park. Temple served as host for the American Cross Country Championships at Belmont Plateau where three men and two women earned All-Conference Honors leading the Owls to a program-best third-place finish. This success continued at the NCAA Mid-Atlantic Regional where Steinsberger earned All-Region Honors for the first time in his career, was a USTFCCCA All-Academic Honoree and the men's and women's teams earned their high-

# Head Coach JAMES SNYDER

Sixth Season

George Mason University '09

est finishes in program history.

At the 2018 American Indoor Championships, the mile run proved to be a special race for the Owls as Millie Howard led the way winning her first conference title with a new meet record of 4:46.21. Grace Moore also earned a spot on the podium in third, followed closely by Helene Holm Gottlieb (fourth) and Katie Pinson (fifth). Grace Moore doubled back to place second in the 3000m race and the DMR finished third with a new school record. On the men's side Marc Steinsberger continued his success from the cross country season by earning All-East Honors in the 3,000m run at the IC4A Indoor Championships. His time of 8:11.03 lowered his own school record in the event.

The 2018 Outdoor track season got off to a special start with the Owls hosting the first annual Temple Invitational at the Dan & Shelly Boyce Track. The combined collegiate and high school event brought hundreds of athletes and spectators to Temple's campus in North Philadelphia. A few weeks later across the city the women's DMR won the College Section at the historic Penn Relays. At the American Championships six of Snyder's athletes scored in individual events highlighted by Millie Howard's runner-up finish in the 1500m. Both Howard and Helene Holm Gottlieb advanced to the NCAA East Preliminary in Tampa, FL where they established new school records in the 1500m (Howard-4:18.73) and 800m (Holm Gottlieb-2:07.10).

The 2016-17 year saw a number of newcomers step up in their first year competing in the Cherry and White. Freshman Millie Howard earned All-Conference honors in the 800m run and advanced to the NCAA Preliminary Round in the event. She was also named to the USTFCCCA All-Academic Team for her accomplishments on the track and in the classroom.

Classmate Grace Moore established a new school record in the 3000m steeplechase while on the men's side newcomer Kevin Lapsansky set a new freshman 5000m record (14:47). The indoor season was highlighted by Katie Leisher, who broke the 5000m school record and earning All-Conference Honors in the 3000m. Howard and Katie Pinson also scored in the mile at the AAC Championships in Birmingham, Alabama. Earlier in the winter, Steinsberger broke the men's indoor 3000m school record at the FastTrack National Invite in Staten Island, New York.

During the 2016 cross country season, Leisher and Steinsberger earned all-conference honors as Temple was one of just three teams in the American to have a male and female runner on the podium. Three weeks later at the IC4A Championships, Steinsberger placed sixth and was named All-East.

Blanca Fernandez completed her storied career as an Owl in 2016 by earning Second Team All-American honors in the 5,000m at the NCAA Outdoor Championships. At the NCAA Preliminary Round she also established a new school record in the event. Continuing her dominance at the conference level, she defended her 1500m crown from the previous spring and doubled back to win the 5,000m, scoring 20 points for the Owls. Pinson also earned All-Conference honors in the 3,000m steeplechase and established a new school record in the process that year. At the AAC Indoor Championships, the women's DMR placed second to earn All-Conference recognition.

In the fall of 2015, Fernandez completed an undefeated regular season prior to earning All-American honors with her 29th-place finish at the NCAA Championships. She became the first female cross country All-American in Temple history and was also honored as the NCAA-Mid Atlantic Cross

Country Runner of the Year, American Athletic Conference Champion and Temple University Female Athlete of the Year. On the men's side, seniors Matt Kacyon and Alex Izewski earned All-Conference honors leading the team to a program-best fourth-place finish at the American Athletic Conference Championships.

Snyder's second year on North Broad was a memorable one for the Owls as Fernandez became Temple's first female track & field athlete in nearly 30 years to qualify for the NCAA Championships. She went on to earn Second Team All-American Honors in the mile. At the American Athletic Conference Indoor Championships, Fernandez was named Track Performer of the Meet after winning both the mile and 3000m in meet record times. Snyder's athletes broke three school records during the indoor campaign (mile, 3000m, 5000m) and this success continued onto the outdoor oval where the women's distance group established new program bests in every event from 800m through 10,000m. Fernandez replicated her performance indoors by earning Second Team All-American Honors in the 1500m at the NCAA Outdoor Track & Field Championships. She won the 1500m at the American Athletic Conference Outdoor Championships and also was named All-Conference in the 5000m.

On the cross country course, Kacyon became Temple's first All-Conference honoree when he finished eighth at The American Athletic Conference Championships. Two weeks later at the NCAA Mid-Atlantic Regional, Kacyon earned All-Region honors and was named to the USTFCCCA Academic All-American Team. The men's distance group continued to thrive on the track where Izewski became the first Owl in 38 years to break the 30-minute barrier in the 10,000m run. He and Kacyon each qualified for the IC4A Outdoor Track & Field Championships.

In his first year at Temple, Snyder's distance runners established numerous school records as the team adapted to his training philosophy. Five athletes earned All-Conference accolades in the Owls' inaugural year in the American Athletic Conference. Competing in the IC4A/ECAC Championships, Jenna Dubrow (women's 10,000m) and Kacyon (men's 3,000m steeplechase) earned All-East Honors. Kacyon also represented the Owls in the East Preliminary Round of the NCAA Championships in the 3,000m steeplechase in 2014. Off the course, Snyder's men's and women's cross country teams have earned USTFC-CCA Academic All-American Honors each year of his tenure and in 2017 the men's (3.60) and women's (3.75) programs both earned the highest semester grade point average in department history. In 2018, Junior Ashton Dunkley was also selected as a finalist for the Truman Scholarship, a post-graduate fellowship for those pursuing careers as public service leaders.

Snyder came to Temple from Florida State University where he served as the operations assistant for the Seminoles' cross country and track & field program for a year. Among other duties, Snyder was responsible for managing the equipment budget, planning team travel, assisting with home meet management, coordinating on-campus recruiting and assisting with the day to day administration of the Seminole men's distance program. Team accomplishments during the 2012-13 season included an NCAA fifth-place finish for men's cross country as well as an ACC Men's Outdoor Track & Field title.

Prior to his summer 2012 arrival in Tallahassee, Snyder spent two years as a graduate assistant at Appalachian State University, where he assisted with both the men's and women's distance programs. The Mountaineers enjoyed wide-ranging success both in cross country and on the track, with both the men and women establishing numerous school records, NCAA East Preliminary qualifying marks and Southern Conference championships and honors.

Snyder is a USA Track & Field Level I and II (Endurance) coach and was selected by USATF to participate in the inaugural Coaches Mentorship Program held in conjunction with the 2012 Olympic Track & Field Trials. A firm believer in the importance of resistance training for distance runners, he is also a certified strength and conditioning specialist (CSCS) through the National Strength and Conditioning Association and has received the distinction of Sport Performance Coach from USA Weightlifting. In 2016 he was selected by USATF to attend the NACAC Congress for Track & Field Coaches in San Salvador, El Salvador.

Snyder graduated as the '09 class valedictorian from the exercise science department at George Mason University, where he was a multiple letterwinner for the cross country and track & field programs. In 2012 he completed a master's degree in exercise science (strength & conditioning concentration) from Appalachian State.

While in graduate school Snyder's research focused on sport science and distance running performance. He has presented his work before the American College of Sports Medicine and the National Strength & Conditioning Association. Snyder has also had his work published in the European Journal of Applied Physiology, Medicine and Science in Sports and Exercise, The Journal of Sport Science as well as the International Journal of Athletic Therapy and Training.

As a student he completed an internship with the United States Olympic Committee in Lake Placid, N.Y., and also spent three summers working for ZAP Fitness, a Team USA Distance Running Training Center in Blowing Rock, N.C. In addition to his work with the Owls, Snyder coaches Brandon Hudgins, a post-collegiate athlete who qualified for the 2016 Olympic Trials in the 1500m and serves on the selection committee for the Belmont Plateau Cross Country Hall of Fame.

Snyder and his wife Rachel reside in Philadelphia.

Tyler Deck Shipley was named an assistant coach at Temple beginning

with the 2018 season.

Shipley, a two-time Division III All-American, joins the staff with two years of coaching experience and multiple cross country and track & field accolades.

Shipley comes to Temple from Oklahoma State University where he served as a volunteer assistant

# Director of Operations TYLER DECK SHIPLEY

First Season

**University of Puget Sound '16** 

coach for one year. There, he helped facilitate all mid/long distance workouts for the track and field teams as well as helped plan on-campus visits for mid/long distance runners and the national qualifying cross country teams.

Shipley also served a large role in recruiting efforts with his previous program, particularly in identifying and providing initial contact for the incoming recruiting class. During his time at Oklahoma State, he was a part of 23 All-Big 12 performances, three individual Big-12 titles and two All-American performances during the 2017-18 indoor and outdoor seasons.

Prior to Oklahoma State, Shipley served as recruiting coordinator and assistant coach for the University of Puget Sound. As the recruiting coordinator, he brought in two of the biggest classes in school history,

doubling both the women's cross country and the men's track and field rosters. As an assistant coach, he implemented and assisted in creating a new strength training program and all practice plans for men's and women's mid/long distance athletes. Also, he guided athletes to five All-West Region teams, three Northwest Conference honors, a National qualifier in the 800m, and three school records.

As an athlete, Shipley was a 10-time North West Conference Champion, six-time school record holder, two-time Division III All-American and seven-time national qualifier. He received his undergraduate degree in sociology and anthropology from the University of Puget Sound. There, he also received a USATF Level I Track and Field Certification and was the recipient of the NCAA Postgraduate Scholarship Award.







# **ASHTON DUNKLEY**

Odessa, Del. • Middletown

Named Temple's Female Scholar Athlete of the Year in 2017-18 and to the Trustee Ten for having one of the 10 highest GPA's among all Temple student-athletes...Also a finalist for the Truman Scholarship.

2017 Cross Country: Ran in three races with the Owls... Helped women's cross country to two consecutive team wins at the Temple Invitational and Rider Invitational.

2017 Outdoor: Competed at three meets for Temple...Reached a personal best of 2:20.09 in the 800m dash at the 2017 Morgan State Legacy Meet.

2017 Outdoor: Did not compete.

2017 Indoor: Competed in two indoor meets with the Owls...At the Navy Mid-Week, she aided her distance medley relay team to a third-place finish and placed fourth in the 1000m race with a personal best time of 3:06.83.

2016 Cross Country: Ran in seven races for the Owls...Achieved a personal-best time of 23:11.6 in a 6K at the American Athletic Conference Championships.

2016 Outdoor: Set a personal record at the Princeton Outdoor Invite with a time of 4:49.31 in the 1500-meter race...Finished in the top 10 at the Philadelphia College Classic in the 800-meter race with a time of 2:27.72.

2016 Indoor: Competed in the mile and 800-meter races in four indoor meets as a freshman...Placed 10th in the mile at her first collegiate indoor meet with a time of 5:21.45...Posted a season-best time of 2:24.08 in the 800-meter race at the Villanova Invitational.

2015 Cross Country: Finished 48th in the Big 5 invitational with a time of 16:26.5...Placed 54th in the Duquesne Duals with a time of 20:41.6.

High School: Earned eight varsity letters in cross country and track at Middletown High School...Earned all-state second or third team honors in cross country in each year of her high school career...Also a four-time all-conference and all-county honoree...Team MVP all four years...Earned fourth-place finishes in both the 1,600m and 3,200m at the DIAA State Championship for outdoor track in 2015...Qualified for the DIAA Meet of Champions and placed third in both the 1,600m and the 3,200m...Ran a personal-best 19:00.17 in the 5K in cross country and a PR of 5:02.47 in the 1,600m, helping her team to a second-place finish in the state as a senior...Took second in the 1,600m at the outdoor state meet her junior year...Took third place at the cross country state championship as a sophomore...Competing as an individual, she took first place in the 1,500m at the Hershey Indoor Youth National Championship in April, 2015.

Personal: Majoring in anthropology and a member of the Honors College at Temple...Was a member of the National Honor Society at Middletown...Hobbies include drawing, painting, sculpting and studying Italian...Father, Spencer, was a basketball player at the University of Delaware and an Indiana Pacers draft pick before having a career overseas.



800m: 2:14.30 1,500m: 4:41.26 6K (XC): 22:58



**SENIOR** 

# KATIE LEISHER

Manchester, Md. • Manchester Valley

2017: Finished seventh overall at the American Athletic Conference Championships, leading the Owls to their highest-ever team finish in the conference (3rd)...Earned All-Conference honors for the second year in a row... Earned All-East honors for her top-25 performance at the ECAC Championships, leading the Owls to a third-

place team finish...Was Temple's top finisher at the NCAA Mid-Atlantic Regional placing 32nd overall, leading the Owls its highest-ever team finish in the region (10th).

2017 Outdoor Track & Field: Represented Temple in six meets...Helped the Owls' 4x1500m relay team to second place at the Colonial Relays...Posted a personal best time of 2:28.06 in the 800m at the Delaware Open...Reached a personal record time of 4:36.34 in the 1500m race at the Larry Ellis Invitational...Placed 27th in the 5000m at the American Athletic Conference Championships.



2017 Indoor Track & Field: Reached personal-best times of 9:44.21 and 17:06.09 in the 3000-meter and 5000-meter races, respectively at the American Indoor Track and Field Championships...Set a personal best of 4:53.40 in the mile run at the Fastrack National Invite.

2016: Set a personal-best time in the 6K at the Paul Short Women's Gold race (20:54.0)..Placed 14th at American Athletic Conference Championships with a 21:23.7, earning All-Conference honors...Tallied four top-10 finishes.

2016 Outdoor Track & Field: Set a new personal-best time in the 1500-meter with a time of 4:42.92 at The American Outdoor Track & Field championships...Set another personal record in the 3000-meter with a time of 10:07.21 at the Princeton Outdoor Invite where she finished in fourth place...Earned another top-five finish at the Morgan State Legacy Meet in the 1500-meters where she placed third overall.

2016 Indoor Track & Field: Competed in the 800-meter race, the mile and distance medley relay in four meets as a freshman...Posted a seasons-best time of 2:30.73 in the 800-meter race and 5:12.24 in the mile...Helped the Owls' distance medley relay to a fifth place finish at the NYC Gotham Cup...Named to Temple's Director's Honor Roll for having a GPA of 3.0 or above.

2015: Finished 42nd in the Big 5 Invitational with a time of 16:01.2...Placed 50th in the Duquesne Duals with a 20:35.6.

High School: Earned multiple 1A Maryland state titles in cross country and track and field.

Personal: Majoring in social work with a minor in pyschology at Temple...Was an honor roll student all four years of high school...Completed a one-year course in the Academy of Health Professions and earned her CNA and GNA certification at the Carroll County Career and Technology Center... An aspiring sports psychologist.



**GRAD STUDENT** 

# **KIRA Van Ehren**

Nordrhein-Westfalen, Germany

Prior to Temple: Attended RWTH Aachen University in Germany for three years...Ran at the club level for Sc Bayer Uerdingen where she was a 3x800 champion in the U23 age group in 2016 and placed third in 2017... Earned a fourth place finish in the 1500m at the U23 championships in 2017...Placed 10th at the German

Championships in the 5000m in 2018.

Personal: Parents are Eva-Maria von Ehren and Burkhard von Ehren...Played field hockey for 12 years.





JUNIOR
MILLIE HOWARD

North Yorkshire, England

2017: Ran in six races for the Owls...Led the squad to its first team title of the season at the Temple Invitational placing second with a time of 22:08.1...Placed 21st at the 2017 American Athletic Conference Cross Country Championship, helping Temple to a third-place team finish.

2017 Outdoor Track & Field: Brought home the bronze medal for her third-place show in the 800-meter run at the American Outdoor Track and Field Championships...Competed in the 800-meter run at the NCAA East Preliminary, placing 43rd...Helped set a new school record in the distance medley relay at Penn Relays...Aided in reaching a new program best in the 4x1500 relay at Penn Relays.

2017 Indoor Track & Field: Earned one first-place finish and two third-place finishes..Set a new school record in the 1000-meter race with a time of 2:52.02...Advanced to the mile run finals at the American Indoor Track and Field Championships and reached a personal best time of 4:52.99 to finish sixth overall.

2016: Ran in six total races with the Owls...Earned three top-10 finishes...Placed 20th at the American Athletic Conference Championships with a season-best time of 21:37.3.

High School: Yorkshire County U20 1500m champion...English Schools' senior girls national 800m champion...English Schools' senior girls national cross country 7th place...Ran for the Great Britain U20 team at Loughborough International for 800m...Ranked 3rd for 800m and 5th for 1500m for U20 in the UK...Yorkshire county and North of England U20 800m champion...North Eastern Schools' cross country champion...Yorkshire county U17 800m bronze medalist...North Yorkshire schools U17 300m champion...Represented North East England at the UK School Games for 800m and 4x300m relay.



PERSONAL RECORDS

6,000m: 21:26 1500m: 4:18.73 1000m: 2:52

Personal: Plans to major in economics at Temple...Studies French...Was a member of the North Yorkshire Dance Company in England.



### **JUNIOR**

# **GRACE MOORE**

### Merrik, N.Y.

2017: Snagged the individual title at the Rider Invitational, leading the squad to its second consecutive team win...Earned four top-10 finishes...Earned All-East honors for her 17th-place finish at the ECAC Championships, helping the team to finish third.

2017 Outdoor Track & Field: Reached a personal best time of 4:34.07 in the 1500m race at Ole Miss' Joe Walker Invitational...

Ran a personal best time of 10:41.68 in the 3000m steeplechase at the Larry Ellis Invitational...Competed in seven meets for Temple.

2017 Indoor Track & Field: Raced in six meets to start her first track and field season with Temple...Earned first place in the 3000m race at the Navy Mid-Week Invitational...Earned eight top-10 finishes across four events.

2016: Ran in six races with the Owls...Earned first place at the Leopard Invitational, leading the team to its first team win of the season...Took second at the Duquesne Duals.

High School: Ran cross country and spring track at Sanford H. Calhoun...Six-time County Champion...Earned all-state her senior, junior, and sophomore seasons...As a senior set the school record in every individual distance event from the 600 on...Served as team captain her senior and junior year...Earned 11 total varsity letters.

Personal: Plans to major in kinesiology.



### PERSONAL RECORDS

1,000m: 2:55 1,500: 4:28.47 Mile: 4:51.29



### **SOPHOMORE**

# **HELENE GOTTLIEB**

### Hoersholm, Denmark

2017: Competed in six races with the Owls...Ran a career best time of 21:50.4 in the 6K at the NCAA Mid-Atlantic Regional.

Prior to Temple: For outdoor track, earned a silver medal in the 800m at the 2016 Danish Championships and a gold

medal in both the 800m and 1500m at the Danish Junior Championships...Earned a silver medal in the same two events in 2015...Was a participant for the Danish National Team at the U18 World Championships in California in 2015 in the 800m and at the 2016 U20 Nordic Championships in the 800m...For indoor track, earned a bronze medal in the 800m at the 2016 Danish Championships 2016 and a gold medal in both the 800m and 1500m at the 2016 Danish Junior Championships... For cross country, was a participant for the Danish National Team at 2016 U20 European Cross Country Championships and the team won a silver medal at the Nordic Cross Country Championships.

Personal: Is majoring in political science at Temple.



### PERSONAL RECORDS

800: 2:07.10 1,500: 4:33 6,000m: 21:50



**SOPHOMORE** 

# **LUCY JONES**

Leicester, England

2017: Competed in six races for the Owls...Earned All-Conference honors for placing in the top 15 with a time of 22:04.4 at the American Athletic Conference Cross Country Championship, helping the team to its highest-ever finish in the conference (third)...Earned All-East honors for her top-25 performance at the ECAC Championships.

Prior to Temple: Ran for Charnwood Athletics Club...Placed eighth in the 1500m at both the 2015 and 2016 English Schools Track and Field Championships and fourth at the English Schools Cross Country Championships...Midland County Cross Country Champion...Placed eighth at the the 2016 English National Cross Country Championships...Placed ninth at the Virgin Mini London Marathon in 2015...Was a bronze medalist at the Midland County Championships in 2015...Finished the season ranked 21st in the IAAF World rankings in the 2000m...In 2014, earned a gold medal and set a new championship record at Bupa Westminster in the mile.

Personal: Is a marketing major at Temple...Has been riding equestrian since the age of three and has earned numerous individual and team championships...Brother, Lewis, is a former professional boxer.



### PERSONAL RECORDS

1,500: 4:31.2 3,000: 9:54.9 3,000m Steeple: 10:39.36



### **SOPHOMORE**

# **MICHELLE JOYCE**

Stroudsburg, Pa.

2017: Competed in seven races for the Owls...Helped Temple to two consecutive team titles at the Temple Invitational and the Rider Invitational.

High School: Four-year letterwinner in both cross country and track at Stroudsburg High School...Cross country team

captain as a junior and senior...Named to the all-conference first team, the all-district first team and was a state qualifier in 2016...Team was District XI champions and Eastern Pennsylvania Conference champions...Also a scholar-athlete as a senior...Earned all-conference first team and all-district first team honors as a junior, along with being a state qualifier and setting a 3200m program record with a time of 11:08...Also named first team all-conference and all-district as a sophomore and first team all-conference as a freshman.

Personal: Majoring in bioengineering at Temple.



### PERSONAL RECORDS

6,000m: 22:03 5,000m: 17:35 3,000m: 9:59.72



**FRESHMAN** 

# EMMA SEIFRIED

Springfield, Pa.

High School: Inducted into the Delco Hall of Fame her senior year...Inducted into Sacred Heart Academy's Red and White Club...Won districts in the 4x800 her senior year, qualifying for states...Was a district champion and a state qualifier in XC her senior year...Won the 3200 at Districts

her junior year...Named Delco Runner of the Year as a sophomore, while also being an AACA champion, district champion in the 1600 and 3200, and a state runner up in the 3200...Was an AACA and district champion her freshman year... Also earned four varsity letters in swimming and one in field hockey.

Personal: Parents are Mariss and Gregory Seifried...Plans to major in Nursing at Temple...Is a member of the National Honor Society.





**FRESHMAN** 

# **KEEGAN SIMONSEN**

Fairfield, Conn.

High School: Was a member of the 4x800 squad at Fair-field Ludlowe high school that earned All-New England honors her senior year...Named first team All-FCIAC in the 1600m as a senior and later qualified for New Balance Nationals in the 4x800...Was named cross country MVP after captaining her team to their best record ever, qualify-

ing for the State Open meet, placing second at FCIAC outdoor and finishing third indoor...Was awarded the Sportsmanship Award in XC her junior year after being named captain for the indoor and outdoor seasons...Named XC and T&F MVP as a sophomore, later traveling to Outdoor Nationals for the DMR...Named MVP for XC as a freshman and most improved runner for the outdoor season.

Personal: Parents are Kristin Leahy and Kurt Simonsen...Boasts a handful of academic accolades, including National Honors Society, Spanish, English, History, and Science National Honors Society, Graduated in the top 10 percent of her class with a 4.3 weighted GPA, and earned the Environmental Science Award...Plans to major in Political Science at Temple.





FRESHMAN

# SHAY STRAWSER

Marysville, Pa.

High School: Earned a medal at the PIAA Track and Field District 3 Championships for placing fifth in the 1600m as a senior...Placed sixth in 3200m relay at the PIAA T&F Championship meet as a junior...Earned a fifth place finish at the PIAA XC District Championship meet in the 5K, advancing her to the PIAA XC State Championships as a

sophomore...Broke Susquenita's XC course record in the sophomore girls 5K category...Finished seventh at hte PIAA T&F District Championships in the 3200m as a freshman...Received the Central Penn Parent 20 under 20 award as a senior...Was awarded the Presidential Volunteer Service Award for completing 150+ community service hours.

Personal: Parents are Steven and Sondra Strawser...Was a member of the Honor Roll...Earned the Presidential Service Award and the Student Technology Showcase Award in high school...Plans to major in Marketing at Temple.





FRESHMAN

# **LEXI WALSH**

Old Forge, Pa.

High School: Was a PIAA District 2 XC Champion both sophomore and senior year...Placed fifth at the PIAA State Cross Country championship meet senior year and eighth her sophomore year, earning a medal both times...Was a PIAA District 2 T&F Champion in the 1600m as a senior and the 3200m both her sophomore and senior seasons...

Won the PIAA District 2 3200m her junior track season...Earned multiple accolades from the Times Tribune after an illustrious career, including All-Star in XC and T&F, All-Region in XC (freshman and sophomore year), Athlete of the Week (junior year), and All-Star and All-Region for both T&F and XC as a senior...Also competed for her high school basketball team where she was a starter for three years on varsity, reached the 1,000 point milestone and was named a 2018 Times Tribune All-Star and All-Region selection.

Personal: Parents are Maureen and Tim Walsh...Boasts a handful of academic accolades, including National Honor Society, Distinguished Honors Student, National Spanish Exam medal winner, National Latin Exam medal winner, and Spanish gold medal winner for Holy Cross...Plans to major in Sport and Exercise Science at Tem-





# **2017 SEASON HIGHLIGHTS**



Temple won its first two races in 2017, the Temple Invitational and the Rider Invitational.

- ◆◆ Sophomore Grace Moore won the individual title at the Rider Invitational to lead the Owls to their second team win of the season.
- ◆◆ The Owls placed second out of 25 teams at Notre Dame's Joe Piane Invitational.
- ◆◆ Women's cross country placed third at the American Athletic Conference, its highest-ever finish in the conference. Two Temple runners earned All-Conference honors for their top-15 performances. Junior Katie Leisher and freshman Lucy Jones earned seventh and 13th places, respectively.
- ◆◆ Temple earned a top-10 finish at the NCAA Mid-Atlantic Regional on Nov. 10. Overall, the Owls placed tenth out of the 28 teams in the region higher than their No. 13 ranking by U.S. Track and Field Cross Country Coaches Association. The 10th place finish was the squad's highest ever in program history at the regional meet.
- ◆◆ In its first time competing at the ECAC Championship since 2014, Temple placed third in the field of 25 teams. Leisher (11th), Jones (14th), and Moore (17th) each earned All-East honors for their top-25 finishes.



# **2017 SEASON RESULTS**

Men's Cross Country	Duquesne Duals	Big 5 Invi- tational	Rider Invi- tational	Paul Short Invitation- al	Leopard Invitational	American Athletic Conference Champion- ships	NCAA Mid-Atlantic Regional Champion- ships	IC4A Cham- pionships
Johnathan Condly	DNR	19:51.3	25:21.81	25:49	26:15.4	23:37.5	32:26	27:10
Ben Evans	26:50.6	20:20.5	DNR	DNR	DNR	DNR	DNR	DNR
David Fitzgerald		20:11.9	25:37.81	DNR	27:11.0	26:33.9	34:15	DNR
Kevin Lapsansky	26:49.1	19:45.9	25:21.95	25:32	26:31.6	25:37.6	32:44	27:17
Tyji Mays	27:19.9	20:51.2	25:40.02	25:34	27:03.5	27:31.1	32:54	28:55
Donovan Mears	27:23.4	20:09.3	25:40.28	25:53	27:07.7	26:22.8	33:26	27:33
Shane Ramdeo	DNR	21:00.2	26:21.34	26:49	27:35.4	DNR	DNR	26:03
Ben Ryherd	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Zach Seiger	26:38.1	20:16.3	25:26.73	25:17	26:57.8	25:57.7	34:00	DNR
Marc Steinsberger	DNR	19:11.7	24:49.4	24:31	25:42.1	24:48.4	DNR	25:53
Justin Yurchak	27:23.4	DNR	DNR	DNR	27:41.2	26:58.6	DNR	27:51





# **AWARDS & HONORS**

### **NCAA** All-American

Blanca Fernandez, 2015 Cross Country

### **USTFCCCA** Athlete of the year

Blanca Fernandez, 2015 Cross Country

### **All-American Athletic Conference Performers**

Katie Leisher, 2016 Cross Country





## THE AMERICAN ATHLETIC CONFERENCE

The American Athletic Conference consists of 13 prestigious institutions: the University of Central Florida, the University of Cincinnati, East Carolina University, the University of Connecticut, the University of Houston, the University of Memphis, the U.S. Naval Academy (in football only), the University of South Florida Southern Methodist University, Temple University, Tulane University, the University of Tulsa, and Wichita State University.

Under the leadership of commissioner Mike Aresco, the American Athletic Conference has written an impressive list of accomplishments, both in the competitive arena and the classroom. The American has taken its place at the forefront of intercollegiate athletics, with a collection of national team and individual championships and football and men's and women's basketball postseason victories that place The American among the elite Division I FBS conferences.

The league has produced four NCAA championship teams — UConn men's basketball in 2014 and UConn women's basketball in 2014, 2015 and 2016 — in addition to two New Year's Six bowl champions, five NCAA individual championships, and one Rhodes Scholar. Additionally, American Athletic Conference teams have advanced to the College World Series, reached the semifinal and final rounds of the NIT, qualified for the match play round of the NCAA Men's Golf Championship and registered top-10 finishes at the NCAA Cross Country and Outdoor Track and Field championships.

The American Athletic Conference was one of six finalists for the 2016 Sports Business Journal Sports League of the Year award, along with Major League Baseball, Major League Soccer, NASCAR, the National Basketball Association and the PGA Tour.

In football, Temple and Navy were ranked in the final College Football Playoff poll of the 2016 season, marking the second straight season that The American finished with at least two ranked teams. Seven teams from The American played in bowl games, while three teams (USF, Temple, Tulsa) finished with at least 10 wins.

The American has had a combined 15 teams play in bowl games in the last two seasons, highlighted by Houston's win against Florida State in the 2015-16 Chick-fil-A Peach Bowl. Houston's finish at No. 8 nationally in 2015 gave The American a top-10 team in the final national polls for the second time in three seasons after UCF finished No. 10 in the 2013 rankings after the Knights' Fiesta Bowl win against Baylor. Additionally, Memphis, Navy, USF and Temple have all finished in the top 25 of either the CFP, Associated Press or USA Today polls as members of The American.

Individual teams in The American have enjoyedunprecedented success since the conference's formation. Houston went 13-1 in the 2015 football season, setting a school record for wins, while Navy won a program-record 11 games in its first season in the conference, also in 2015. The 2014 season saw Memphis finish with 10 wins in football for the first time since 1938, while Temple enjoyed its first 10-win season in 2015.

Beyond the gridiron, The American sent four teams to the 2016 NCAA Men's Basketball Championship, and the league had the best men's basketball postseason record of any conference in 2014. Since the conference's formation in 2013-14, teams from The American have registered top-10 national rankings in football, men's basketball, women's basketball, baseball, men's soccer, men's golf, and men's track and field. Student-athletes from The American won three NCAA individual titles in track and field in 2016-17 as Cincinnati's Annette Echi-

kunwoke won the indoor weight throw, Tulsa's Marc Scott won the outdoor 10,000-meter title, and Houston won the crown in the outdoor 4x100-meter relay.

Under The American's banner, SMU advanced to the NCAA Men's Basketball Championship for the first time since 1993. The UConn women's basketball team won its NCAA-record ninth, 10th and 11th national championships and broke its own NCAA record with a 111-game winning streak that spanned three seasons. UCF, East Carolina and Houston have all achieved top-10 rankings in baseball in the past three years. Tulsa placed sixth at the 2016 NCAA Men's Cross Country Championship, while USF finished the 2014-15 season at No. 8 in the final men's golf national ranking.

American Athletic Conference student-athletes have distinguished themselves in all facets of intercollegiate athletics. Temple linebacker Tyler Matakevich won the Bednarik Award and the Nagurski Trophy as the nation's top defensive player in 2015, while Navy quarterback Keenan Reynolds finished fifth in the Heisman Trophy voting. UConn basketball standout Breanna Stewart finished her career as the most decorated player in college basketball history as she was chosen as the consensus national player of the year for the third time and became the first player be named four times as the Most Outstanding Player at the Final Four. Reynolds and Stewart were selected as the winners of the 2016 AAU James E. Sullivan Award as the nation's top amateur athletes, marking only the second time in the 86-year history of the award that multiple winners were chosen.

Additionally, SMU's Avery Acker was chosen as the Division I women's volleyball Academic All-America of the Year in 2015, while Navy offensive guard E.K. Binns and East Carolina wide receiver Zay Jones have both been named as finalists for the 2016 Campbell Trophy, which is presented by the National Football Foundation to the top scholar-athlete in college football. Tulsa cross country standout Kirk Smith was chosen as a Rhodes Scholar in the fall of 2016, while two student-athletes from The American earned NCAA Postgraduate Scholarships in the conference's first three years. The conference had a record 16 student-athletes earn CoSIDA Academic All-America accolades in 2015-16.

American Athletic Conference alumni have made their mark in professional sports as well. UCF quarterback Blake Bortles was selected by the Jacksonville Jaguars with the No. 3 pick in the 2014 NFL Draft. More recently, a number of American Athletic Conference athletes have been selected in the first round of the professional entry drafts in football, basketball, baseball and soccer. The American has had two first-round picks in football in each of three of the last four seasons, while the conference produced four first-round picks in the 2016 WNBA Draft.

The American Athletic Conference holds media rights partnerships with ESPN and CBS Sports which provide the conference with outstanding national exposure on the two industry leaders in sports television. The football portion of the contract calls for nearly 90 percent of conference-controlled games on national broadcast or national cable platforms. The first two American Athletic Conference Football Championships were televised by ABC as part of Championship Saturday.

In men's basketball, the television deal calls for all conference-controlled games to be televised, with more than 63 percent slotted for national broadcast or national cable — a minimum of 107 games. The entire postseason tournament is televised, including the championship game, which is on ABC or ESPN. Sixty percent of the American's women's basketball games are carried on

national cable, regional sports networks or ESPN3, while the conference has a multi-year agreement with CBS Sports Network for coverage of select baseball games.

American Athletic Conference teams have access to the pinnacle of college football's postseason structure. An American representative would be chosen for the College Football Playoff semifinals if it is among the top four teams in the CFP selection committee's final ranking. Otherwise, the league would place its champion in a New Year's Bowl if it is ranked higher than the champions of Conference USA, the Mid-American Conference, the Mountain West Conference and the Sun Belt Conference.

Additionally, The American holds primary or secondary partnerships with 12 bowls for the current six-year cycle, ensuring multiple annual matchups against the nation's top conferences and providing desirable postseason destinations to member institutions.

The American Athletic Conference serves its membership from a state-of-the-art office located in Providence, Rhode Island. The location of the conference headquarters — just steps from the city's Amtrak station and 10 minutes from T.F. Green International Airport — gives the conference easy access to its member schools. The conference headquarters also serves as the home of the American Digital Network, which provides live coverage of all 21 conference championships.



#### The American Membership History

Current Members	First Year
Central Florida	2013
Cincinnati	2013
Connecticut	2013
East Carolina	2014
Houston	2013
Memphis	2013
Navy (football-only)	2015
SMU	2013
South Florida	2013
Temple	2013
Tulane	2014
Tulsa	2014
Witchita	2017
Past Members	Year
Louisville	2013-14

American Athletic Conference 15 Park Row West Providence, RI 02903 (401) 244-3278 info@theamerican.org





## President RICHARD M. ENGLERT

42nd Year at Temple

Accessible. High quality. Engaged with the community. Affordable. Diverse. These are the pillars of Richard M. Englert's presidency. They are also the values he has championed at Temple University for more than 40 years.

After serving Temple with loyalty and distinction in 16 different roles since 1976, Englert became president on July 21, 2016. Under his leadership, the university welcomed its largest and most academically qualified class of new students and broke records for freshman applications. It also began major campus renovations, highlighted by a state-of-the-art library. At the same time, Temple's faculty gained unprecedented national recognition, and its student-athletes reached new levels of success on the field and off.

"I can say without reservation that there has never been a better time to be part of the Temple family, whether you are a student, faculty member, administrator or alumnus," Englert said. "We have a strong dedication to our mission and an unrelenting commitment to our students, our neighbors and our great city."

Englert arrived at Temple as an assistant to the dean of the College of Education. Over the years, he has been provost and interim senior vice president for academic affairs, dean of the College of Education and vice president for administration, among many other roles. Since 1985, he has served as a professor in the College of Education.

Throughout his career, Englert has always responded to Temple's call. In recognition of his lifelong dedication, the Board of Trustees appointed him to the honorific role of university chancellor in 2012.

"President Englert has devoted his life to Temple University," said Board of Trustees Chair Patrick J. O'Connor. "Over the course of his 40-year-plus career at Temple, he has earned a reputation as an outstanding teacher, administrator and leader who always puts the needs of our students first."

Englert earned a doctorate in educational administration from the University of California, Los Angeles. He also has a master's degree from Pepperdine University and a bachelor's degree from St. John's College.

As Temple's president, Englert has focused the university on its historic commitments: engaging with the city of Philadelphia; producing research that improves lives, including work on opioid abuse and traumatic brain injury; and energizing the Commonwealth of Pennsylvania.

Most of all, as a lifelong educator, Englert takes every opportunity to empower Temple's inspiring students and faculty.

"Temple has proved that excellence in education, access, affordability, diversity and community engagement are not mutually exclusive," Englert said. "That's what we've done better than anyone else for more than 130 years. It is who we are and it is the dedication to our mission that will make Temple an even greater institution in the years to come."

### Executive Vice Presidents







JoAnne Epps EVP & Provost





### Director of Athletics DR. PATRICK KRAFT

### 6th Year at Temple 4th as Director of Athletics

Since his appointment as Director of Athletics in May 2015, after serving two years as Deputy Director of Athletics, Dr. Patrick Kraft has led a transformation in Temple University's Department of Athletics. During his tenure, investments and enhancements in student-athlete welfare, in support of coaches and staff, in academic support and in facilities have provided deserved regional and national attention for the University.

In 2016, Kraft was recognized by the Sports Business Journal and by the Philadelphia Business Journal's Forty Under 40 for his work at Temple.

Among the accomplishments and initiatives during Kraft's tenure: On the Field

- Football won the 2016 American Athletic Conference Championship, marking its first Conference Championship since 1967 and first Conference Championship Game ever; won 20 games in a two-year span, was nationally-ranked for consecutive seasons and competed in a bowl game in consecutive seasons, all for first time in school history; and football is one of five FBS teams to win 10 or more games in each of the past two seasons and play in its conference championship game in each year. The Owls finished off the 2017 season with a win in the Gasparilla Bowl. It was the fourth consecutive season that Football was bowl eligible, and the third straight year for competing in a bowl game. Both are program records.
- Men's Basketball won its first American Athletic Conference Regular Season title (2016), and first regular season title since 2012; defeated nationally ranked teams (#24 Florida State, #19 West Virginia) in consecutive days for the first time in school history to win the 2016 NIT Season Tip-Off and earned a berth in the 2016 NCAA Tournament, marking its seventh appearance in nine years.
   Women's Basketball cracked the Top 25 in 2017 for the first time since the 2005-
- Women's Basketball cracked the Top 25 in 2017 for the first time since the 2005-06 season and made its first NCAA appearance in five years.
- Volleyball finished #47 in NCAA RPI in 2016, its best finish since the 2002 season and posted its third straight 20-win season. In 2017, Volleyball advanced to postseason play for the first time in 15 years with a bid to the WNIVC.
- season play for the first time in 15 years with a bid to the WNIVC.
  Men's Soccer cracked the Top 25 in 2015 for the first time since 1997 and posted its first road win over Penn State since 1989.
- Women's Lacrosse made an appearance in the Top 20 in 2016 for the first time since 2005
- Women's Gymnastics posted its best 10 scores in program history during the 2016-17 season and sent its first individual qualifier since 2009, Daisy Todd, to NCAA Regionals. In 2018, the Owls reached theird highest national ranking (#13) in program history.
- Women's Fencing set a school record for wins in 2017 and earned its' highest ever ranking (#6). In 2018, Malia Hee was named the NCAA's Elite 90 Award recipient for academic and athletic excellence.
- Men's Crew won the Varsity Eight, the JV Eight and the Freshman Eight championships at the 2018 Dad Vail Regatta. It is believed to be the first sweep of the eights at the Dad Vail in 50 years. The Varsity Eight set a course record of 5:34.409 and won Dad Vail gold for the first time since 2004. With the victory, the V8 earned an invitation to participate in the Henley Royal Regatta in Henley-on-Thames, U.K., for the first time since 1994.
- Women's Soccer posted consecutive double-digit win seasons (2014, 2015) for the first time in program history.
   Blanca Fernandez became the first ever All-American in Temple Women's Cross
- Blanca Fernandez became the first ever All-American in Temple Women's Cross Country history and first women's track All-American since 1988. Men's Cross Country won its first-ever IC4A Championship and placed third in the AAC Championships, the best AAC finish in program history.

#### In the Classroom

- Student-athletes achieved a record seven consecutive semesters with a combined GPA of 3.10 or above and 13consecutive semesters above a 3.0. Sixteen programs earned a cumulative GPA greater than 3.0, led by women's volleyball (3.58) and men's tennis (3.46). Twelve of those programs combined for GPAs above a 3.40.
- Men's Basketball, Men's Cross Country, Football, Men's Golf, Men's Soccer, Women's Cross Country, Fencing, Field Hockey, Lacrosse, Women's Rowing, Women's Soccer, Women's Trantis, Women's Track & Field and Volleyball (16 out of 19 sports) have achieved record team GPAs in the past six semesters.
- Sixty-nine percent of student-athletes earned at least a 3.0 GPA in the spring of 2017, setting a Temple Athletics record. Another record was set with seven teams earning public recognition for their Academic Performance Rate (APR) data. In the spring of 2018, an all-time record 178 student-athletes earned a semester GPA of 3.5+ as well as a record number of 27 student-athletes earned a perfect 4.0 semester GPA.
- With an average multi-year APR of 991, Temple ranked 12th in the nation among Football Bowl Subdivision (FBS) institutions and led all full members of the American Athletic Conference in 2017. Temple also is one of just 17 FBS institutions with all sports having multi-year APR's of 970 or greater.
- all sports having multi-year APR's of 970 or greater.

  Student-athletes posted a record high 88% Graduation Success Rate (GSR), setting a school-record for the seventh consecutive year. Temple also posted its highest Federal Graduation Rate (71%) since 2010. Temple's overall GSR number is tied for 24th among all Football Bowl Subdivision (FBS) schools. Football posted a GSR of 86, tied for 14th in the nation along with Nebraska and Miami (Fla.). Temple is one of 11 FBS schools in the country with all teams over 77 in GSR.

- The other 10 schools are Alabama, Duke, Michigan, Northwestern, Notre Dame, Stanford, Tulane, UCF, Vanderbilt and Virginia Tech.
- Eight programs have earned record high GSRs in the last two years: Football, Men's Basketball, Men's Golf, Men's Soccer, Men's Tennis, Fencing, Women's Lacrosse, Women's Tennis.
- Temple teams earned three conference Team Academic Excellence Awards in 2015-2016: Men's Basketball, Volleyball, Lacrosse (Big East).
- The Graduating Class of 2016 was the largest in Temple Athletics history.

#### Student-Athlete Welfare

- Facilitated the development of a number of initiatives aimed at improving the
  mental health of student-athletes, including the establishment of a partnership
  with Temple's Department of Clinical Psychology to deliver onsite behavioral
  health coaching for student-athletes. Partnered with the University's Student
  Health Services so its staff can be a resource for all student-athletes.
- Hired the first full-time mental health professional dedicated solely to handling student-athlete needs.
- Instituted a career program with more than 50 national and regional employers attending career development events, during which student-athletes have the opportunity to hone their networking skills and establish professional connections.
- The Verified Program was developed in 2016 to provide student-athletes with
  access to high level professionals to assist in their professional growth. The Verified program is a product of a strong collaboration between the Resnick Center
  and the Temple Career Center, which provides regular programming and career
  coaching for student-athletes throughout the academic year and summer.
- Students have served more than 9,000 community service hours in 65 projects since 2014-2015, four times more than in previous periods.

### Enhancing Facilities

- The Temple Sports Complex, home to men's and women's soccer, lacrosse, field hockey and track opened in the fall of 2016.
- The newly restored East Park Canoe House, home to men's crew and women's rowing, opened in 2016.
- New practice facility for Men's Golf opened in 2017.
- New practice facilities for Men's Crew, Women's Rowing and Women's Fencing were opened in the Fall of 2018.
- In the Winter of 2018, Temple opened the New York City Angels Student-Athlete Lounge, an on-campus location in which student-athletes can study, interact and relax.
- Enhancements have been made to athletic training facilities, strength and conditioning facilities, and to the student-athlete academic support center while locker room renovations and upgrades were also completed for each varsity team, including new locker rooms for Temple's Olympic sports programs unveiled in 2015.
- Temple Athletics opened the doors to the brand-new STAR (Student Training and Recreation) Complex in the fall of 2017. The Complex offers a 10,000 square foot weight and cardio area, facilities for the Athletics and Campus Recreation departments, an indoor turf field, and a two-lane track outside the building.

### Enhancing Revenue and the Brand

- Annual donations have increased 75% over the last three years and the development office has had three consecutive record-setting years in annual fund raising, including multiple six and seven-figure commitments in support of our football program, the new Temple Owls Sports Complex, and the Men's Crew and Women's Rowing programs.
- Key partnerships with Learfield Sports Properties, Learfield Licensing Partners, and IMG/Learfield Ticket Solutions have been secured and enhanced as well as a lucrative rights deal with Under Armour.
- Created Owls TV, a video services arm dedicated to athletics, and developed a broad-ranging digital and social media department to integrate video and engage the Temple fan base.
- Temple Football posted the largest attendance gain among FBS programs during the 2015 season, playing in front of an average home crowd of 44,159, an increase of 20,789 per game.
- In 2015, ESPN's College GameDay made its first trip to Philadelphia for a Temple football game.

Prior to Temple, Kraft served two years (2011-13) as the Executive Senior Associate Athletics Director at Loyola University Chicago. He was also a member of the senior staff at his alma mater, Indiana University, serving as Senior Assistant Director from 2009-11.

Kraft played football as an undergraduate at Indiana and holds three degrees from the University. He earned a bachelor's degree in sports marketing/management (2000), a master's degree in athletic administration (2005), and a doctorate in sports management (2008).

Kraft and his wife, Betsy, reside in Haddonfield, N.J., with their daughter, Annabelle,





### Deputy Dir. of Athletics **CRAIG ANGELOS**

4th Year at Temple

Craig Angelos is in his fourth year as Temple University's Deputy Director of Athletics. Angelos joined the Owls staff in June of 2015.

At Temple, Angelos works with the Owls external team that includes the communications, corporate sales (Learfield), creative services, development, marketing and promotions, social and digital media, ticket operations, ticket sales (IMGL), video services, and strategic planning. He also serves as the sports supervisor for men's basketball, field hockey, men's

soccer and golf.

Angelos, who has served on the athletics senior staff at five different Division I institutions as well as the NCAA national office, came to Temple from Florida International University where he served as the Senior Associate Athletic Director for Revenue Enhancement from 2014-15. While at FIU, he was responsible for finding new revenue sources for the athletic department and engaging in all aspects of development activities, while helping overall fundraising to a 20% increase.

Before his stint at FIU, Angelos was the number two person as the Executive Senior Associate Athletic Director at the University of South Florida, overseeing all external areas as well as having oversight of the football program.

Prior to USF, Angelos served nine years as the Director of Athletics at Florida Atlantic University from 2003-2012. At FAU, he led the effort to build a \$70 million, 30,000 seat on campus football facility, which opened on campus in 2011.

Angelos also held number two positions as the Deputy Athletic Director and Chief Operating Officer at Indiana University overseeing all the external areas as well as the football program and was the Senior Associate Athletic Director at the University of Miami (Fla.). Prior to his tenure at Miami, Angelos spent three years at the NCAA as a legislative assistant interpreting NCAA rules and regulations.

A graduate of the Creighton University School of Law, Angelos worked for a short

time in a mid-sized litigation firm in Los Angeles, Calif. He earned his bachelor's degree from Brigham Young University where he was the starting first basemen on the baseball team and later played in Buttrio, Italy for an Italian professional baseball league.

Angelos and his wife, Kristin, have six children.



### Executive Sr. Assoc. AD/SWA MARY McELROY

4th Year at Temple

Mary McElroy is in her fourth year as Executive Senior Associate Athletic Director and Senior Woman Administrator (SWA) at Temple.

At Temple she coordinates the overall administration of varsity sports and serves as the primary sport administrator for women's basketball, men's and women's cross country, women's track, fencing and volleyball. She also oversees Temple's sports medicine and strength and conditioning staffs

McElroy joined the Owls' staff in July 2015 from the Collegiate Licensing Company (CLC) in Atlanta, Ga., where she served as the Director for Partner Services. A majority of her work saw her responsible for 65 of the 150 Division I member institutions served by the company.

Prior to her experience at CLC, McElroy served as the Associate Director of the NCAA Division I Women's Basketball Championship in 2013. Her duties at the NCAA included the management of a \$6 million budget for the event, as well as directing the game day operations during the Women's Final Four

McElroy has served on the staff of five different NCAA schools, most recently as the Assistant Director of Student Services for the Georgia Tech Athletic Association. She also served as the Senior Associate Athletic Director and SWA at Southern Methodist University in 2009, and was the Director of Athletics at Georgia State University from 2005 to 2008. McElroy served in various other roles at Georgia Tech from 1999 to 2005, including Senior Associate Athletic Director and Director of Compliance

McElroy got her start in college athletics at her alma mater, the United States Naval Academy. She spent three years with the Naval Academy Athletic Association as SWA and Assistant Athletic Director, before a stint as the academy's Director of Alumni Services

A former Division I varsity basketball player, McElroy earned a degree with merit from the Naval Academy in 1987. After graduation, she served as a supply officer in the U.S. Marine Corps for five years, attaining the rank of captain. McElroy completed her MBA at Georgia Tech in 2000.

McElroy and her husband, Terry, have two sons, Darrin, a second lieutenant in the Marines, and Austin.



### Assoc. AD / Cheif of Staff **VINNIE JAMES**

5th Year at Temple 2nd as Chief of Staff

Vinnie James, who joined the Temple Athletics staff in July, 2014, was promoted to the position of Associate Athletics Director/Chief of Staff in June 2017. He previously held the position of Assistant Athletics Director for Business Operations.

In his role, James provides high-level support to the Director of Athletics by handling special projects, conducting research and facilitating comparative analyses. In addition, James serves as the

sport administrator for the football program and helps to monitor operating budgets for the department's 19 sport programs and administrative areas.

James came to Temple from La Salle University where he spent two years as Athletics Business Manager for the Explorers. He was solely responsible for executing the daily business operations for La Salle's athletics department. James distributed monthly budget reports for all sports and departments, and assisted in the overall budget planning for the

Prior to his time at La Salle, James spent a year at Villanova University as an intern in the Athletic Director's office. His responsibilities at Villanova were widely varied, and included working with the business office as well as providing administrative support and serving as event manager for women's soccer.

James is a 2007 graduate of Bloomsburg University with a bachelor's degree in political science. He was a four-year varsity starter and two-year team captain for Bloomsburg's baseball team, and he went on to earn a master's in business administration from Bloomsburg in 2009. While completing the MBA program, James served as a graduate assistant baseball coach



### Faculty Athletic Rep. Jeremy Jordan

11th Year at Temple 4th as FAR

Dr. Jeremy S. Jordan, Associate Dean, in the School of Sport, Tourism and Hospitality Management, was appointed the university's Faculty Athletics Representative (FAR) in May, 2015. Faculty Athletics Representatives help ensure

academic integrity of intercollegiate athletics programs and enhance the student-athlete experience. Jordan serves as the representative of Temple and its faculty to the American Athletic Conference, NCAA

and other stakeholder groups.

A former student-athlete, coach and administrator, Jordan has conducted research on intercollegiate athletics and teaches courses on the topic at the undergraduate and graduate levels. His primary research focus is on sport engagement as he studies the individual and community level impact of sport participation and events. He has worked with a number of industry partners including the NCAA, NFL, PHL Sport and Under Armour Japan. He is currently the principal investigator on a study funded by the NCAA that examines the relative consistency of sanctions issued by its Committee on Infractions over the last 50 years.

In March of 2016, Jordan along with the other FARs of the American Conference hosted the first Academic Consortium Symposium on student-athlete wellObring in Philadelphia. This American Academic Consortium, formed in 2015, is charged with creating collaborative research opportunities for faculty, staff, and students from all American member institutions

The FAR reports directly to the president and is the president's senior advisor outside of the athletics department on matters related to intercollegiate athletics. The FAR also advises the athletics director.

In collaboration with Temple Athletic Director Dr. Patrick Kraft, Jordan developed a

two-year experiential learning extern program in the athletics department for School of Sport, Tourism and Hospitality Management graduate students.

Jordan has also served as a member of the Faculty Senate Athletics Oversight

Committee and the Nancy and Donald Resnick Academic Support Center Faculty Advisory Committee. Since June of 2017, Jordan has served as the FAR representative to the American Conference SAAC group.



Kristy Bannon Sromovsky Sr. Associate AD / Compliance & SA Affairs Rosemont '08 11th Year at Temple



Dr. Stephany Coakley Sr. Associate AD / Mental Health Temple '91 2nd Year at Temple



Larry Dougherty Sr. Associate AD / Athletic Comm. Saint Joseph's '82 16th Year at Temple



**Justin Miller** Sr. Associate AD / Academics & Career Services Muhlenberg '01 9th Year at Temple



Lee Roberts Assoc. AD / Facilities & Event Management Temple '82 34th Year at Temple



Tim Thiess Sr. Associate AD / Finance & Admin. Temple '08 8th Year at Temple



**Scott Walcoff** Sr. Associate AD / Marketing & Promotions Syracuse '97 14th Year at Temple



Jeremy Wang Sr. Assoc. AD / Asst. VP for Development Washington State '04 2nd Year at Temple

UNIVERSITY ADMINISTRATION			Assistant Athletic Trainer, NovaCare, Ryan Anderson	(FB)	
President, Richard M. Englert					
Executive Vice President / COO, Kevin Clark			Assistant Athletic Trainer, Shawn Cameron (MBB, CH		
Provost, JoAnne Epps			Assistant Athletic Trainer, Helen Clay Gallagher (VB, I		
NCAA Faculty Representative, Jeremy Jordan	3811	jsjordan			
ATLU ETIC A DAGINICED ATION			Assistant Athletic Trainer, Tara Hannings (LAX)		
ATHLETIC ADMINISTRATION  Director of Athletics Dr. Potrick Kraft	7750	athlatica	Assistant Athletic Trainer, Kendall Stewart (MSOC, GY		
Director of Athletics, Dr. Patrick Kraft			Assistant Athletic Trainer, Masahiro Takahagi (FB, GO		
Deputy Director of Athletics, Craig Angelos  Exec. Sr. Assoc. AD, SWA, Mary McElroy			Assistant Athletic Trainer, Beth Ward (XC, T&F)		
Special Asst. to Director of Athletics, Al Shrier			Assistant Athletic Trainer, NovaCare, Monika Young (\		
Admin. Asst., Director of Athletics, Pat Albright			Office Manager, Sports Medicine, Sandy Rodville		
Exec. Asst., Sr. Coordinator, Bridget Huggins			Office Manager, Sports Medicine, Sandy Rodvine	5502	
Exec. Addit, di. Godianatoi, Briaget Haggina	2222	bridggiris	STRATEGIC COMMUNICATIONS		
BUSINESS & ADMINISTRATION			Sr. Assoc. AD, Larry Dougherty	2588	larrydod
Sr. Assoc. AD, Finance and Admin., Tim Thiess	2489	tthiess	Asst. AD, Football Comm., Rich Burg		
Assoc. AD/Chief of Staff, Vinnie James			Director, Karen Angell		
Assistant Business Manager, Linda Gordon	6913	rgordon	Director, Lauren Ferrett	1608	lauren.ferrett
Assistant Business Manager, Tiffany Howard	4271	thoward	Assistant, Marisa Brisbane		mbrisban@ycp.edu
Travel Coordinator, Allison Daly	3894	allison.daly			
			STRENGTH AND CONDITIONING		
COMPLIANCE & STUDENT-ATHLETE AFFAIRS			Head Coach/Football, David Feeley		
Sr. Assoc. AD, Kristy Bannon Sromovsky			Asst. Coach/Football, Jordan Barber		
Asst. AD, TBD	3471		Asst. Coach/Football, Ryan Horton		
Asst. AD, Teresa Covington			Director of Olympic Sports Performance, Tim Teefy		
Director, Kim Silva	2901	kimberly.silva	Assoc. Head Coach, Sam Whitney		
			Dir. of Basketball Sports Performance, Rich Levy		
CORPORATE SALES	2025		Asst. Coach, Kendra Miller		
General Manager, Nic Valentino		tion com	Asst. Coach, Zach Roth		zachary.roth
nvalentino@templesp Manager/Business Development, Steve Herman		ues.com	RESNICK ACADEMIC SUPPORT CENTER FOR STU	DENT-ATH	II FTFS
sherman@temples		ortics com	Sr. Assoc. AD, Justin Miller		
Coordinator/Business Development, Julie Storr			Administrative Specialist, Cheryl Cummings		
jstorr@temple:		erties com	Assoc. Director, Tara Evans		
Jacon et cripic	эрогиэргор	Crtic3.com	Asst. Director, Da'Mon Merkerson		
CREATIVE SERVICES			Sr. Academic Advisor, Nick Plack		
Asst. AD, Kelli Sheesley	9149	sheeslev	Academic Advisor, Irie Dennis		
7.664.7.5, 1.611.6116.7	0 1 10		Academic Advisor, Erika DeVaughn		
DEVELOPMENT			Academic Advisor, Tori Perri		
Sr. Assoc. AD/Asst. VP, Jeremy Wang	2286	ieremv.wana	Academic Advisor, Reid Vanderlinden		
Assoc. AD/Major Gifts, Lauren Adee			Senior Learning Specialist, Paris Williams		
Assoc. AD/Annual and Premium Seating Programs, Bre			Coord. for Leadership and Pro. Develop., Alyssa Drac		
		brent.vicino	Learning Specialist, Kate Cappetta		
Director, Fred Roland	6725	fred.roland	Learning Specialist, Taylor Gillie		
Assoc. Director, Lucy Cruz	0636	lucy.cruz	Asst., Sydnee Jacques		sydnee.alina.jacques
Asst., Casey Addis	4606	casey.addis			
Asst. Director, Jonny Dierks	2363	jonathan.dierks	TICKET OPERATIONS		
			Asst. Box Office Manager, Brian Hawkins	3787	tug29498
DIGITAL MEDIA	1.4	\			
Asst. AD, Morgyn Seigfried			TICKET SALES	7000	
Motion Graphics Coordinator, Caroline Bennett			Assoc. GM, Matt Segall		
Coordinator of Olympic Sport Recruiting, Brian Harrell.			Account Executive, Kate Gier		
Digital Content Coordinator, Santino Stancato		Santino.Stancato	Account Executive, Bryan RussoAccount Executive, Deja Wiggins	7243	doia wiaging
EQUIPMENT			Account Executive, Deja Wiggins	/243	ueja.wiggiris
Director of Operations, Liz DeFelice	7108	elizabeth defelice	VIDEO		
Head Basketball Manager, Chris Sasileo			Video Production Manager, Scott Hartkorn	1929	scott hartkorn
Head Football Manager, Ken Slough			Video Production Coordinator, Richie Raspa		
Asst. Manager, Football, Kane Ivers-Osthus			Video Production Coordinator, Danielle Williams		
Asst. Manager, Olympic Sports, Conner Fowler			, , , , , , , , , , , , , , , , , , , ,		
Asst. Manager, Olympic Sports, Emily Springle			HEAD COACHES		
		, , , ,	Men's Basketball, Fran Dunphy	7443	fdunphy
FACILITIES AND EVENT MANAGEMENT			Women's Basketball, Tonya Cardoza		
Assoc. AD, Lee Roberts	7250	Iroberts	Men's Crew, Brian Perkins		
Asst. AD, Bryan Kulp	3116	bkulp	Fencing, Nikki Franke	1627	nfranke
Asst. Director, Karen Williams			Field Hockey, Marybeth Freeman	2886	mbfreemar
Coordinator, Patrick Pagano	1728	patrick.pagano	Football, Geoff Collins		
The state of the s			Men's Golf, Brian Quinn		
MARKETING & FAN ENGAGEMENT			Women's Gymnastics, TBA		
Sr. Assoc. AD, Scott Walcoff			Women's Lacrosse, Bonnie Rosen		
Asst. AD, Karli Hausman	1985	karli.hausman	Women's Rowing, Rebecca Smith Grzybowski		
Assoc. Director, Ricky Zum Mallen	7237	ricky.zummallen	Men's Soccer, Brian Rowland		
			Women's Soccer, Seamus O'Connor		
MENTAL HEALTH, WELLNESS & PERFORMANCE			Men's & Women's Tennis, Steve Mauro		
	0=11		Men's & Women's Track, Elvis Forde	8258	
Sr. Assoc. AD, Dr. Stephany Coakley	6710	stepnany.coakiey			
Sr. Assoc. AD, Dr. Stephany Coakley	6710	stepnany.coakley	Men's & Women's XC, James Snyder	3563	
Sr. Assoc. AD, Dr. Stephany Coakley  SPORTS MEDICINE				3563	
SPORTS MEDICINE Team Orthopedic Surgeon, Dr. J. Milo Sewerds, MD			Men's & Women's XC, James Snyder Women's Volleyball, Bakeer Ganesharatnam	3563	
SPORTS MEDICINE Team Orthopedic Surgeon, Dr. J. Milo Sewerds, MD Team Orthopedic Surgeon, Dr. Eric Kropf, MD			Men's & Women's XC, James SnyderWomen's Volleyball, Bakeer Ganesharatnam	3563 0476	bganes
Sr. Assoc. AD, Dr. Stephany Coakley	DO		Men's & Women's XC, James Snyder Women's Volleyball, Bakeer Ganesharatnam  CHEERLEADING AND DANCE Head Cheerleading Coach, Nicole Tovey	3563 0476 2789	bganes
Sr. Assoc. AD, Dr. Stephany Coakley	DO		Men's & Women's XC, James SnyderWomen's Volleyball, Bakeer Ganesharatnam	3563 0476 2789	bganes
Sr. Assoc. AD, Dr. Stephany Coakley	DOeskier, DO		Men's & Women's XC, James Snyder	3563 0476 2789	bganes
Sr. Assoc. AD, Dr. Stephany Coakley	DOeskier, DO	al.bellamy	Men's & Women's XC, James Snyder  Women's Volleyball, Bakeer Ganesharatnam  CHEERLEADING AND DANCE  Head Cheerleading Coach, Nicole Tovey  Diamond Gems Head Coach, Jennifer Keller  SUPPORT STAFF	3563 0476 2789 templedar	bganes tud05742 nceteam@gmail.com
Sr. Assoc. AD, Dr. Stephany Coakley	DOeskier, DO0873	al.bellamy	Men's & Women's XC, James Snyder  Women's Volleyball, Bakeer Ganesharatnam  CHEERLEADING AND DANCE  Head Cheerleading Coach, Nicole Tovey  Diamond Gems Head Coach, Jennifer Keller  SUPPORT STAFF  Admin. Specialist, Football, Nadia Harvin	3563 0476 0476 2789 templedar	tud05742 nceteam@gmail.com
Sr. Assoc. AD, Dr. Stephany Coakley	DOeski	al.bellamy	Men's & Women's XC, James Snyder  Women's Volleyball, Bakeer Ganesharatnam  CHEERLEADING AND DANCE  Head Cheerleading Coach, Nicole Tovey  Diamond Gems Head Coach, Jennifer Keller  SUPPORT STAFF	3563 0476 0476 2789 templedar	bganestud05742 nceteam@gmail.com
Sr. Assoc. AD, Dr. Stephany Coakley	DOeski	al.bellamy W)kevin.addison	Men's & Women's XC, James Snyder  Women's Volleyball, Bakeer Ganesharatnam  CHEERLEADING AND DANCE  Head Cheerleading Coach, Nicole Tovey  Diamond Gems Head Coach, Jennifer Keller  SUPPORT STAFF  Admin. Specialist, Football, Nadia Harvin	3563 0476 0476 2789 templedar	tud05742 nceteam@gmail.com

### **HEAD COACHES**



FRAN DUNPHY Men's Basketball



TONYA CARDOZA Women's Basketball



BRIAN PERKINS Men's Crew



NIKKI FRANKE Fencing



MARYBETH FREEMAN Field Hockey



GEOFF COLLINS
Football



BRIAN QUINN Men's Golf



JOSH NILSON Women's Gymnastics



**BONNIE ROSEN**Women's Lacrosse



REBECCA SMITH-GRZYBOWSKI Women's Rowing



Men's Soccer



**SEAMUS O'CONNOR**Women's Soccer



**STEVE MAURO**Men's & Women's Tennis



**ELVIS FORDE**Women's Track & Field



JAMES SNYDER
Men's & Women's Cross Country



**BAKEER GANESHARATNAM**Women's Volleyball



TEMPLE DOESN'T QUIT. CROSS COUNTRY

O OwlsXCTnF

OwisXCTnF

OwisTFXC