

OSU High Performance – Tentative Event Schedule

Session 1 – Friday, April 29, 2022

Field Events:

11:00 AM	Hammer Throw (Women Followed by Men)
11:00 AM	Pole Vault (Women Followed by Men)
11:00 AM	Discus Throw (Men Followed by Women)
12:00 PM	Long Jump North Runway Women
12:00 PM	Long Jump South Runway Men

Session 2 – Friday, April 29, 2022

Track Events:

2:30 PM	400m Hurdles Women
2:45 PM	400m Hurdles Men
3:00 PM	200m Women
3:20 PM	200m Men

Session 3: Friday, April 29, 2022

Distance Events – Track:

DISTANCE CARNIVAL SCHEDULE

4:20 PM	5000m Women – Open Section 1
4:45 PM	5000m Women – Open Section 2
5:10 PM	5000m Men – Open Section
5:30 PM	1500m Men – Open Section A
5:36 PM	1500m Men – Open Section B
5:42 PM	1500m Men - Heat 1
5:50 PM	1500m – Women – Open Section - Heat 1
5:57 PM	1500m – Women – Open Section – Heat 2
6:04 PM	1500m – Women – Open Section – Heat 3
6:11 PM	1500m – Women – Open Section – Heat 4
6:18 PM	1500m – Women – Open Section – Heat 5
6:25 PM	1500m – Women – Invitational Section
6:32 PM	1500m – Men – Invitational Section
6:45 PM	Steeplechase – Men – Invitational
7:05 PM	Steeplechase – Women – Heat 1
7:20 PM	Steeplechase – Women – Invitational
7:35 PM	5000m – Men – Heat 1
7:55 PM	5000m – Women – Invitational
8:15 PM	5000m – Men – Invitational
8:35 PM	10K – Women – Invitational
9:15 PM	10K – Men – Invitational

Saturday, April 30, 2022 – DAY TWO

Session 4:

Field Events:

11:00 AM	Women's Javelin North Runway to Hammer Field – Men To Follow
12:30 PM	High Jump – Women East Apron – Men To Follow
1:00 PM	Triple Jump – Women – South Runway
1:00 PM	Triple Jump – Men – North Runway
1:30 PM	Shot Put – Women – Men to Follow

Session 5:

Track Events:

1:45 PM	OSU Senior Recognition Ceremony
2:00 PM	4 x 100m – Women
2:05 PM	4 x 100m – Men
2:15 PM	800m – Men
2:50 PM	800m – Women
3:30 PM	800m – Middle School Challenge – Boys
3:35 PM	800m – Middle School Challenge - Girls
3:45 PM	100m Hurdles
4:00 PM	110m Hurdles
4:15 PM	400m - Women
4:25 PM	400m - Men
4:40 PM	100m – Women
4:50 PM	100m – Men
5:05 PM	4 x 400m – Women
5:15 PM	4 x 400m - Men