

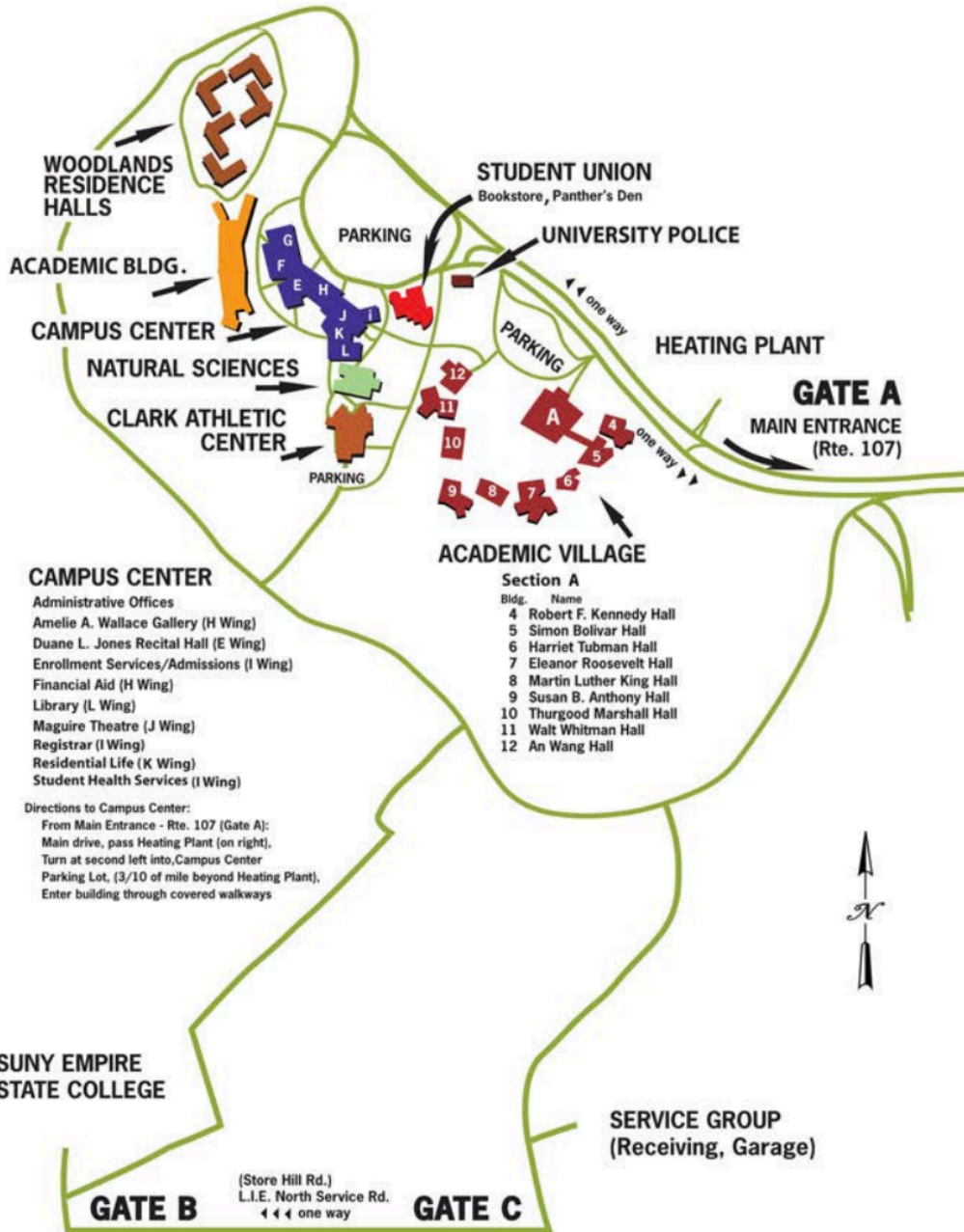
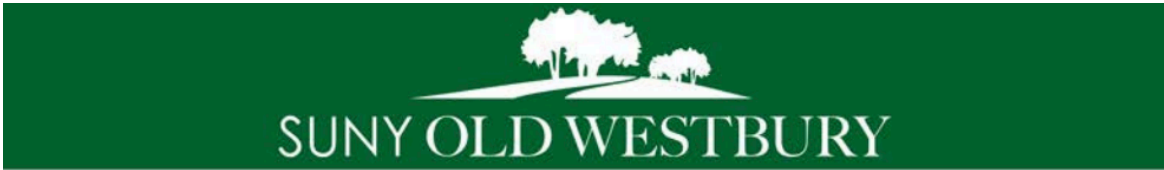


2020-21

SUNY Old Westbury Athletics

Visitors Guide

Campus Map



Directions to SUNY Old Westbury

GPS Address

- 2534 Cedar Swamp Road, Brookville, NY 11545

By Car

- SUNY Old Westbury is located immediately north of the Long Island Expressway (Route 495, exit 41N) in the village of Old Westbury, N.Y., approximately 16 miles east of the New York City line.
- The main entrance to the college is located on the west side of Rte. 107 approximately one mile north of Jericho Turnpike
- From the Long Island Expressway (Route 495), east or west: Travel to exit 41 north, Route 106/107. Proceed north for 1½ miles to the campus entrance.
- From the Northern State Parkway, east or west: Travel to exit 35 North, Route 106/107. Proceed north for 1½ miles to the campus entrance

Visitor Parking

- All visitors should obtain a visitor parking pass at University Police Department
- Vehicles without a pass are at risk of citation

By Train

- The Long Island Rail Road stops in Hicksville, less than 10 minutes from campus. A campus shuttle runs during peak times during the academic year and taxi service is available year-round

By Bus

- The NICE (Nassau Inter-County Express) bus route N-20, which travels from Main Street in Flushing, New York, to the Hicksville railroad station, includes a stop at the College's main entrance. A college shuttle bus meets NICE buses at the main gate during the school year and registration hours, at certain times

By Airplane

- New York, NY (LaGuardia-LGA)
- New York, NY (Kennedy-JFK)
- Ronkonkoma, NY (MacArthur-ISP)
- Newark, NJ (Newark-EWR)
- White Plains, NY (Westchester County-HPN)

Car Rentals

Budget
358B North, Broadway Mall
Hicksville, NY 11801
Phone: 516.433.0294

Hertz
125 W John Street
Hicksville, NY 11801
Phone 516.931.2950

Avis
358B N Broadway Mall
Hicksville, NY 11801
Phone: 516.942.8216

Enterprise
549 S. Broadway
Hicksville, NY 11801
Phone: 516.931.1818

Taxi Services

Long Island Yellow Cab
Hicksville, NY 11801
Phone: 516.931.1111

Gas Stations

BJ's Fuel
6049 Brush Hollow Rd.
Westbury, NY 11590

BP
300 N. Broadway
Hicksville, NY 11801
Phone: 516.937.3957

Facilities

Clark Athletic Center: Gymnasium

- The gymnasium features three full-sized basketball courts, two scoreboards and a state of the art sound system
- Built-in seating capacity of 2,500, Clark Athletic Center fosters a big-game atmosphere hard to match in Division III



Clark Athletic Center: Swimming Pool

- The swimming pool consists of a six-lane, 25-yard pool with starting blocks. The minimum depth is 3.5 feet and the maximum depth is 13.5 feet
- The facility seats its spectators on the pool deck in bleachers overlooking the pool area and holds approximately 150 fans
- There are men's and women's locker rooms available to be used by visiting teams and patrons.
- Swimming is allowed only during scheduled times, and only when a lifeguard is on duty
- During the school year, the pool is open to current Old Westbury students, faculty and staff with a valid Old Westbury ID card. Priority is given to Old Westbury swimming practices and meets



Clark Athletic Center: Fitness Room

- (6) Matrix Fitness Treadmills, (2) Matrix Fitness Elliptical, (1) Cybex Arc Trainer, (1) FreeClimber Stairmaster, (1) Star Trac Stationary Bike, (8) Cybex Circuit Machines, Ab Chair, Fly-Rear Delt, Lat Pulldown, Leg Extension, Overhead Press, Prone Leg Curl, Pullup Dip, Row & Rear Delt, (6) Precur Circuit Machines, Ab & Back Extension, Bicep Curl & Tricep Extension, Chest Press, FTS Glide System, Leg Extension, Leg Press Calf Extension, (1) HumanX Ab Assist, (1) Pullup Assist System, (40) Rubber Plated Dumbbells (Ranging from 5 lb.- 100 lb.), (20) Metal Plated Dumbbells (Ranging from 5 lb.-50 lb.), (5) Kettlebells (10 lb., 15 lb., 20 lb., 25 lb., 35 lb.), (5) Power System Medicine Balls (Ranging from 2 lb.-15 lb.), (2) Fitness Stability Balls; (1) 75 cm., (1) 65 cm., (2) Bosu Balls, (1) Rage Slam Ball, (1) Decline Ab Bench, (1) Flat Bench, (1) Incline Bench, (4) Provicion Plyo Boxes, (5) Workout Mats, (1) Training Rope, (1) Foam Stretching Roller & (1) Homedics Electronic Scale

Clark Athletic Center: Weight Room

- (5) Cybex Weight Loaded Machines, Calf Raise, Incline Chest Press, Leg Press, Overhead Press, Preacher Curl, (1) Cybex Flat Bench Press, (1) Cybex Incline Bench Press, (1) Cybex Squat/Dross Station, (1) Cybex Assisted Squat/Press Station, (1) Cybex Adjustable Flat / Decline Ab Bench, (1) Cybex Multi-Station Machine, Ab / Row / Lat Pulldown / Cable Crossover / Curl-Rope Pulldown / Assisted Dip-Pullup, Free Weight Plates (Ranging from 2.5 lb.-45 lb.), (5) Power Systems Medicine Balls (Ranging from 2 lb.-15 lb.) & (2) Workout Mats



Panther Park

- Panther Park is a natural grass field that has a seating capacity of 200 in the bleachers, while hundreds sit on the grass area along the spectator sidelines
- The field offers a portable press cart, sound system and an electronic scoreboard. New bleachers were installed in August 2015



Jackie Robinson Athletic Complex: Baseball Field

- The Jackie Robinson Athletic Complex-Baseball Field features natural grass with dirt base paths. The Panthers call the third base dugout home while the visitors are in the first base dugout. Jackie Robinson Athletic Complex is a good pitcher's park, but it also favors gap hitters, who can find plenty of room in the spacious outfield (dimensions: 330 feet down both foul lines, and 410 feet to center field)
- Beyond the third base dugout lies two artificial turf batting cages just behind the bullpen. The pitchers are provided a bullpen area beyond each foul line for the Panthers and the visiting teams
- The aluminum bleachers seat approximately 500 fans. The bleachers are placed to supply the best view of the field from the first and third base sides, and right behind home plate. All bleacher seats have a perfect view of the large scoreboard located just beyond the right-field wall. The facility also features an enclosed press box located behind the home plate bleachers, from which the scoreboard and the public address system are operated.



Jackie Robinson Athletic Complex: Softball Field

- The aluminum bleachers seat approximately 500 fans. The bleachers are placed to supply the best view of the field from the first and third base sides, and right behind home plate. All bleacher seats have a perfect view of the large scoreboard located just beyond the right-field wall. The facility also features an enclosed press box located behind the home plate bleachers, from which the scoreboard and the public address system are operated
- The Jackie Robinson Athletic Complex-Softball Field is a natural grass field with a clay/dirt mixture infield. Roughly 200 fans are accommodated with aluminum bleacher seating slightly left of home plate
- The entire field is enclosed with chain-link fencing that give proper softball dimensions of 190 feet down the lines and 230 feet to dead center, which offer some excitement for the long-ball hitters. The field also has a press box located behind home plate, from which the scoreboard and the public address system are operated
- The electronic scoreboard is displayed beyond the left-center field fence. The Panthers call the third-base dugout home while the visitors occupy the first-base dugout. The complex has bullpens on both sides of the field, while batting cages are located behind the third-base dugout
- Handicapped accessible ramps lead to the bleachers located down the third-base line. Also, along the handicapped accessible ramps is a structure that houses public restrooms



Hotel Accommodations

Econo Lodge
429 Duffy Avenue
Hicksville, NY 11801
Phone: 516.433.3900

Hilton Garden Inn Westbury
1575 Privado Road
Westbury, NY 11590
Phone: 516.683.8200

Viana Hotel & Spa
3998 Brush Hollow Road
Westbury, NY 11590
Phone: 516.338.7777

Food Accommodations

Café Dolce Vita
495 N Broadway
Jericho, NY 11753
Phone: 516.935.2233

Chipotle Mexican Grill
215 N Broadway
Hicksville, NY 11801
Phone: 516.822.4074

Hurricane Grill & Wings
630 Stewart Ave.
Garden City, NY 11530
Phone: 516.542.9464

Chick-fil-A
1530 Old Country Rd.
Westbury, NY 11590
Phone: 516.222.2530

SUNY Old Westbury Conduct Policy

Alcohol

- Alcoholic beverages are not permitted at any Old Westbury athletic facility.

Animals

- Animals are not permitted at the site of competition of any Old Westbury athletic facility with the exception of service animals for persons with disabilities

Artificial Noise Makers

- Any item that creates or makes artificial noise are not permitted at any Old Westbury athletic facility
- This includes fraternity/sorority canes, horns, whistles, air horns, claxons, drums, etc.

Banners & Signs

- Signs are permitted at Old Westbury athletic facilities
- Signs must be handheld, event-related in good taste and cannot obstruct another guest's view
- Signs on poles or sticks, constructed of wood or metal material are also not permitted

Laser Pointers

- Laser pointers or any artificial lighting device that may cause any disruption to the progress of the event are not permitted at any Old Westbury athletic facility

Sunflower Seeds

- The use of sunflower inside any Old Westbury athletic facility are not permitted

Tobacco

- For the health and comfort of others, the use of tobacco products are not permitted inside any Old Westbury athletic facility.

Weapons

- Weapons of any kind are not permitted at any Old Westbury athletic facility. This includes fireworks, firearms, knives, box-cutters, etc.

SUNY Old Westbury

Athletic Staff Contact Information

Administration

Lenore J. Walsh, Director of Athletics, 516.876.3241, walshl@oldwestbury.edu

Brittany Villalta, Assistant Director of Athletics for Athletics Facilities/Senior Woman Administrator, 516.876.3238, villaltab@oldwestbury.edu

Jeff Labiento, Recreation/Intramural Coordinator and Equipment Manager, 516.876.3320, labientoj@oldwestbury.edu

Chris Sacco, Athletic Compliance Coordinator, 516.876.3462, saccoc@oldwestbury.edu

Nicole Sasu-Twum, Sports Information Director, 516.876.3032, sasutwumn@oldwestbury.edu

Noah Rosenthal, Assistant Sports Information Director, 516.876.3467, rosenthaln@oldwestbury.edu

Dr. Ashok Basawapatna, Faculty Athletics Representative, 516.876.5609, basawapatnaa@oldwestbury.edu

Deborah-Ann Robinson, Administrative Assistant, 516.876.3241, robinsond@oldwestbury.edu

Athletic Training/Sports Medicine

Zsolt Hajdu, Head Athletics Trainer, 516.876.3468, hajduz@oldwestbury.edu

Allison Castellano, Assistant Athletic Trainer, 516.876.3320, castellanoa@oldwestbury.edu

Ryan J. Duffy, Assistant Athletic Trainer, 516.876.3038, duffyr@oldwestbury.edu