



2016 OKLAHOMA STATE COWGIRL SOCCER

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2016 SCHEDULE

Aug. 13	Texas A&M (exhibition)	W, 2-0
Aug. 19	at Georgia	T, 2-2 (2 OT)
Aug. 21	at Mercer	W, 3-0
Aug. 26	at Oklahoma	L, 0-1
Aug. 28	Oral Roberts	W, 4-1
Sept. 2	UCF	L, 2-3 (OT)
Sept. 4	#5 Florida	L, 2-7
Sept. 9	Abilene Christian	W, 2-0
Sept. 11	UTSA	W, 5-0
Sept. 16	at Memphis	7 p.m.
Sept. 18	at Arkansas-Pine Bluff	1 p.m.
Sept. 23	Iowa State*	7 p.m.
Sept. 25	Baylor*	1 p.m.
Sept. 30	at Texas*	7 p.m.
Oct. 7	at Texas Tech*	7 p.m.
Oct. 9	at Kansas*	1 p.m.
Oct. 14	Oklahoma*	7 p.m.
Oct. 16	TCU*	1 p.m.
Oct. 25	Little Rock	7 p.m.
Oct. 28	at West Virginia*	6 p.m.
Nov. 2-6	Big 12 Soccer Championship!	
Nov. 11	NCAA Championship 1st Round\$	
Nov. 18-20	NCAA Championship 2nd & 3rd Rds.\$	
Nov. 25	NCAA Championship Quarterfinals\$	
Dec. 2-4	Women's College Cup&	

Bold italics indicates home game • All Times Central

* — Big 12 Conference game

! — Big 12 Soccer Championship - Kansas City, Mo.

\$ — at Campus Sites

& — TBD



BIG 12 CONFERENCE

2016 BIG 12 CONFERENCE STANDINGS

	Big 12			Overall		
	W	L	T	W	L	T
TCU	0	0	0	6	0	1
West Virginia	0	0	0	6	0	1
Texas Tech	0	0	0	6	1	1
Iowa State	0	0	0	6	2	0
Kansas	0	0	0	5	2	1
Oklahoma	0	0	0	5	2	1
Baylor	0	0	0	5	3	0
Texas	0	0	0	4	3	0
Oklahoma State	0	0	0	4	3	1

Oklahoma State (4-3-1) at Memphis (5-2-0)

Fri., Sept. 16 • 7 p.m. • Memphis, Tenn.

Mike Rose Soccer Complex (3,000)



at Arkansas-Pine Bluff (0-4-0)

Sun., Sept. 18 • 1 p.m. • Pine Bluff, Ark.

Pumphrey Stadium (8,000)



Oklahoma State

Oklahoma State returns to the road for the first time since August 26 this weekend with its final tune-ups before opening Big 12 Conference play. The Cowgirls face Memphis Friday at 7 p.m. before a Sunday contest at Arkansas Pine-Bluff that kicks off at 1 p.m. OSU is 4-3-1 on the season after winning matches against Abilene Christian and UTSA last weekend in Stillwater.

OSU is coming off a 2015 season in which they compiled a 9-9-2 record and finished eighth in the Big 12 Conference standings with a 2-4-2 mark. The Cowgirls return seven starters and 18 letterwinners from last season, including a pair of three-time All-Big 12 performers in forward Courtney Dike and defender Natalie Calhoun.

The 2016 season marks the 21st in the history of the OSU women's soccer program. Over their first 20 seasons, the Cowgirls compiled a 238-141-44 (.615) record, and head coach Colin Carmichael entered his 12th season at the helm with a 155-61-31 mark. The Cowgirls have earned a berth in the NCAA Women's Soccer Championship in eight of the last 10 years and have claimed Big 12 titles in four of the last eight seasons.

About The Opponents

Memphis is 5-2-0 on the season, its lone losses coming to Little Rock and Oklahoma. The Tigers are 3-0-0 on their home field in 2016. Valerie Sanders has scored half of the Tigers' goals this season with six, to go along with a pair of assists, while goalie Maryse Bard-Martel has allowed just six goals and recorded three shutouts.

OSU is 3-0-0 all time against Memphis, including a 1-0 win in the last meeting in 2014 in Stillwater. The Cowgirls were victorious on their only previous trip to Memphis, posting a 3-2 victory in 2012.

Arkansas-Pine Bluff is 0-4-0 on the season and has been outscored 15-4.

OSU has faced UAPB just once before, that coming in the opening round of the 2011 NCAA Soccer Championship in Stillwater. The Cowgirls were 9-1 winners in that contest, scoring seven second-half goals to cruise into the second round.

On The Air & The Web

Fans wishing to follow this weekend's matches can do so in a variety of ways. Friday's match at Memphis is available via webcast at gotigersgo.com/watch (a fee is involved to watch). Live stats for both matches will be also available via links at www.okstate.com (links can be accessed via the Schedule tab on the Cowgirl soccer page). Additionally, fans can follow the official OSU Soccer Twitter account, @CowgirlFC, for in-game updates.

COWGIRLS BY POSITION

FORWARDS

17	Courtney Dike	Sr.
33	Holly Brehmer	So.
11	Niki McKnight	Jr.
7	Allie Rivers	So.
23	Haley Woodard	So.
14	Marlo Zoller	So.
2	Amy Nguyen	Fr.
88	Bri Woodall	Fr.

MIDFIELDERS

6	Anna Beffer	Jr.
16	Tori Ruszkowski	Jr.
22	Coumba Sow	Jr.
20	Lana Duke	So.
35	Morgan McDougal	So.
29	Rachel VanFossen	So.
9	Jaci Jones	Fr.
8	Julia Lenhardt	Fr.

DEFENDERS

5	Natalie Calhoun	Sr.
28	Christina Jean-Charles	Sr.
12	Abbey Bright	Jr.
27	Katie Howard	Jr.
19	Laurene Tresfield	Jr.
24	Claire Gantzer	Fr.
10	Elise Hawn	Fr.
15	Adelaide Kline	Fr.
18	Charmé Morgan	Fr.
3	Kirsten Siragusa	Fr.

GOALKEEPERS

0	Ashton Hierholzer	Jr.
21	Michela Ongaro	Jr.
1	Megan Royall	RS-Fr.
4	Dani Greenlee	Fr.



2016 COWGIRL RADIO/TV CHART



0

ASHTON HIERHOLZER

GK • 5-9 • JR
Heath, Texas



1

MEGAN ROYALL

GK • 5-9 • FR
Collinsville, Okla.



2

AMY NGUYEN

F • 5-2 • FR
Houston, Texas.



3

KIRSTEN SIRAGUSA

D • 5-6 • FR
Rowlett, Texas



4

DANI GREENLEE

GK • 5-10 • FR
Rockwall, Texas



5

NATALIE CALHOUN

D • 5-9 • SR
Sachse, Texas



6

ANNA BEFFER

MF • 5-3 • JR
Tulsa, Okla.



7

ALLIE RIVERS

F • 5-5 • SO
Trophy Club, Texas



8

JULIA LENHARDT

MF • 5-9 • FR
Frisco, Texas



9

JACI JONES

MF • 5-3 • FR
Mustang, Okla.



10

ELISE HAWN

D • 5-8 • FR
Melissa, Texas



11

NIKI MCKNIGHT

F/D • 5-9 • JR
Rockwall, Texas



12

ABBEY BRIGHT

D • 5-6 • JR
Edmond, Okla.



13

JOANNA ROBERTSON

MF • 5-6 • SR
Houston, Texas



14

MARLO ZOLLER

F • 5-6 • FR
Tulsa, Okla.



15

ADALAIDE KLINE

D • 5-3 • FR
Mission Hills, Kan.



16

TORI RUSZKOWSKI

MF • 5-10 • JR
Seabrook, Texas



17

COURTNEY DIKE

F • 5-6 • SR
Edmond, Okla.



18

CHARMÉ MORGAN

D • 5-5 • FR
Frisco, Texas



19

LAURENE TRESFIELD

D • 5-7 • JR
Paris, France



20

LANA DUKE

MF • 5-8 • SO
Edmond, Okla.



21

MICHELA ONGARO

GK • 5-10 • JR
Hartland, Wis.



22

COUMBA SOW

MF • 6-0 • JR
Zurich, Switzerland



23

HALEY WOODARD

F • 5-10 • SO
Norman, Okla.



24

CLAIRE GANTZER

D/F • 5-10 • FR
Plano, Texas



27

KATIE HOWARD

D • 5-10 • JR
Plano, Texas



28

CHRISTINA JEAN-CHARLES

D • 5-7 • SR
New City, NY



29

RACHEL VANFOSSEN

MF/D • 5-9 • SO
Broken Arrow, Okla.



33

HOLLY BREHMER

F • 5-5 • JR
Eagle River, Alaska



35

MORGAN MCDUGAL

MF • 5-5 • SO
Highlands Ranch, Colo.



88

BRI WOODALL

F/MF • 5-3 • FR
Kingwood, Texas



COLIN CARMICHAEL

Head Coach
21st Season at OSU



JUSTIN ELKINGTON

Associate Head Coach
8th Season at OSU



KAREN HANCOCK

Assistant Coach
21st Season at OSU



BEN WILLIAMS

Volunteer Assistant Coach
2nd Season at OSU



2016 COWGIRL ROSTER

NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Class	Hometown (High School/Previous School)
0	Ashton Hierholzer	GK	5-9	Jr.	Heath, Texas (Rockwall-Heath)
1	Megan Royall	GK	5-9	R-Fr.	Collinsville, Okla. (Collinsville)
2	Amy Nguyen	F	5-2	Fr.	Houston, Texas (Memorial)
3	Kirsten Siragusa	D	5-6	Fr.	Rowlett, Texas (Sachse)
4	Dani Greenlee	GK	5-10	Fr.	Rockwall, Texas (Rockwall)
5	Natalie Calhoun	D	5-9	Sr.	Sachse, Texas (Sachse)
6	Anna Baffer	MF	5-3	Jr.	Tulsa, Okla. (Union)
7	Allie Rivers	F	5-5	So.	Trophy Club, Texas (Byron Nelson)
8	Julia Lenhardt	MF	5-9	Fr.	Frisco, Texas (Frisco)
9	Jaci Jones	MF	5-3	Fr.	Mustang, Okla. (Mustang)
10	Elise Hawn	D	5-8	Fr.	Melissa, Texas (Melissa)
11	Niki McKnight	F/D	5-9	Jr.	Rockwall, Texas (Rockwall)
12	Abbey Bright	D	5-6	Jr.	Edmond, Okla. (North)
13	Joanna Robertson	MF	5-6	Sr.	Houston, Texas (Klein Collins)
14	Marlo Zoller	F	5-6	So.	Tulsa, Okla. (Jenks)
15	Adalaide Kline	D	5-3	Fr.	Mission Hills, Kan. (Shawnee Mission East)
16	Tori Ruskowski	MF	5-10	Jr.	Seabrook, Texas (Clear Falls)
17	Courtney Dike	F	5-6	Sr.	Edmond, Okla. (North)
18	Charmé Morgan	D	5-5	Fr.	Frisco, Texas (Centennial)
19	Laurene Tresfield	D	5-7	Jr.	Paris, France (Henri Darras)
20	Lana Duke	MF	5-8	So.	Edmond, Okla. (Memorial)
21	Michela Ongaro	GK	5-10	Jr.	Hartland, Wis. (Arrowhead Union)
22	Coumba Sow	MF	6-0	Jr.	Zurich, Switzerland (Monroe CC)
23	Haley Woodard	F	5-10	So.	Norman, Okla. (North)
24	Claire Gantzer	D/F	5-10	Fr.	Plano, Texas (Plano Senior)
27	Katie Howard	D	5-10	Jr.	Plano, Texas (East)
28	Christina Jean-Charles	D	5-7	Sr.	New City, N.Y. (Clarkstown South/Monroe College)
29	Rachel VanFossen	MF/D	5-9	So.	Broken Arrow, Okla. (Union/Arkansas)
33	Holly Brehmer	F	5-5	Jr.	Eagle River, Alaska (Chugiak)
35	Morgan McDougal	MF	5-5	So.	Highlands Ranch, Colo. (Mountain Vista)
88	Bri Woodall	F/MF	5-3	Fr.	Kingwood, Texas (Porter HS)

Head Coach: Colin Carmichael, 21st season at OSU (South Alabama, '93)

Associate Head Coach: Justin Elkington, Eighth season at OSU (Oral Roberts, '97)

Assistant Coach: Karen Hancock, 21st season at OSU (Tulsa, '90)

Volunteer Assistant Coach: Ben Williams, 2nd season at OSU (Oklahoma Wesleyan, '15)

ALPHABETICAL ROSTER

No.	Name	Pos.
6	Baffer, Anna	MF
33	Brehmer, Holly	F
12	Bright, Abbey	D
5	Calhoun, Natalie	D
17	Dike, Courtney	F
20	Duke, Lana	MF
24	Gantzer, Claire	D/F
4	Greenlee, Dani	GK
10	Hawn, Elise	D
0	Hierholzer, Ashton	GK
27	Howard, Katie	D
28	Jean-Charles, Christina	D
9	Jones, Jaci	MF
15	Kline, Adalaide	D
8	Lenhardt, Julia	MF
35	McDougal, Morgan	MF
11	McKnight, Niki	F/D
18	Morgan, Charmé	D
2	Nguyen, Amy	F
21	Ongaro, Michela	GK
7	Rivers, Allie	F
13	Robertson, Joanna	MF
1	Royall, Megan	GK
16	Ruskowski, Tori	MF
3	Siragusa, Kirsten	D
22	Sow, Coumba	MF
19	Tresfield, Laurene	D
29	VanFossen, Rachel	MF/D
88	Woodall, Bri	F/MF
23	Woodard, Haley	F
14	Zoller, Marlo	F

PRONUNCIATION GUIDE

Brehmer	brimmer
Charmé	shar-may
Dike	dee-kay
Hierholzer	here-holzer
Jean-Charles	jeen
McDougal	mc-dew-gull
Nguyen	win
Michela Ongaro	mick-ella on-gare-oh
Ruskowski	ruzz-cow-skee
Kirsten Siragusa	kuhr-sten sear-uh-goose-uh
Laurene Tresfield	la-ren
Coumba Sow	coomba so
Zoller	like roller

ROSTER BREAKDOWN

BY CLASS

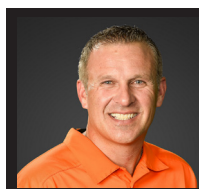
Seniors (4): Calhoun, Dike, Jean-Charles, Robertson
Juniors (10): Baffer, Brehmer, Bright, Hierholzer, Howard, McKnight, Ongaro, Ruskowski, Sow, Tresfield
Sophomores (6): Duke, McDougal, Rivers, VanFossen, Woodard, Zoller
Redshirt Freshmen (1): Royall
Freshmen (10): Gantzer, Greenlee, Hawn, Jones, Kline, Lenhardt, Morgan, Nguyen, Siragusa, Woodall

BY STATE/COUNTRY

Texas (15): Calhoun, Gantzer, Greenlee, Hawn, Hierholzer, Howard, Lenhardt, McKnight, Morgan, Nguyen, Rivers, Robertson, Ruskowski, Siragusa, Woodall
Oklahoma (9): Baffer, Bright, Dike, Duke, Jones, Royall, VanFossen, Woodard, Zoller
Alaska (1): Brehmer
Colorado (1): McDougal
France (1): Tresfield
Kansas (1): Kline
New York (1): Jean-Charles
Switzerland (1): Sow
Wisconsin (1): Ongaro



GAME NOTES



Colin Carmichael
Head Coach,
12th Season

Carmichael has been at OSU since the inception of the women's soccer program in the fall of 1996, and he continues to help lead Cowgirl soccer to new heights and a spot among the nation's elite.

OSU is in the midst of the most successful stretch of seasons in program history as the program enters its 21st year in what will mark Carmichael's 12th season as head coach.

Carmichael, who served as OSU's co-head coach with Karen Hancock during the 2005 and 2006 seasons, enters the 2016 season with a 155-61-31 career record in 11 seasons as the Cowgirls' head coach, compiling a winning percentage of .690. He has led the Cowgirls to eight appearances in the NCAA Women's Soccer Championship, including six straight from 2006-11, and after advancing to the second round of the NCAA tourney four-straight years, the Cowgirls made back-to-back trips to the Elite Eight in 2010 and 2011.

The Cowgirls have also been a dominant force in the Big 12 Conference under Carmichael as they captured four consecutive league titles from 2008-11. OSU won the regular season title in 2008 and Big 12 Soccer Championship titles in 2009 and 2010 before claiming another regular season championship in 2011.

Carmichael has guided OSU to a 12-5-3 record and four finals appearances at the Big 12 Championship and a 9-5-4 record in NCAA tourney play.

Carmichael Year-By-Year At OSU

	Overall	Big 12
2005*	10-6-3	3-6-1
2006*	17-3-3	8-1-1
2007	14-6-3	5-4-1
2008	18-1-4	7-1-2
2009	15-7-2	5-5-0
2010	20-4-2	8-2-0
2011	22-2-2	6-0-2
2012	11-6-3	1-4-3
2013	9-7-6	2-3-3
2014	10-10-1	5-2-1
2015	9-9-2	2-4-2
2016	4-3-1	0-0-0
Totals	159-64-32	52-32-16

* — co-head coach with Karen Hancock

Collegiate Coaching Experience

- Oklahoma State University Head Coach, 2007-pres.
- Oklahoma State University Co-Head Coach, 2005-06
- Oklahoma State University Associate Head Coach, 2003-04
- Oklahoma State University Assistant Coach, 1996-2002
- University of South Alabama Assistant Coach, 1993-95

Career Highlights

- In 11 seasons as OSU's co-head and head coach, Cowgirls have recorded a .690 winning percentage
- Cowgirls have made eight trips to the NCAA Women's Soccer Championship in his 11 seasons as head coach
- Led OSU to six-straight NCAA Tournament berths from 2006-11 including back-to-back Elite Eight appearances in 2010 and 2011, and the program's highest-ever national ranking (No. 2 in 2011)
- Guided OSU to four consecutive Big 12 championships from 2008-11
- Four-time Big 12 Coach of Year - 2006, '08, '10, '11
- Three-time Central Region Coach of Year - 2006, '08, '10
- Has coached three All-Americans, two Hermann Trophy semifinalists and 37 All-Big 12 performers

WINNING IS A HABIT

The 2016 season marks the 21st in the OSU program's history and over those two-plus decades, the program has been built into an established winner.

- OSU has earned a berth in the NCAA Women's Soccer Championship eight of the last 10 years (beginning in 2006).
- From 2006-11, the Cowgirls earned six-straight NCAA tourney bids and advanced to at least the second round each time, including back-to-back Elite Eight appearances in 2010 and 2011.
- From 2008-11, OSU celebrated four consecutive Big 12 championships — two regular season (2008, '11) and two tournament ('09, '10).

• In 2011, OSU set a school record with 22 wins. The Cowgirls finished the '11 regular season 17-0-2, joining the 1996 Nebraska team as the only Big 12 Conference teams in history to go unbeaten during the regular season. OSU was 6-0-2 in conference play to claim its second regular-season Big 12 title and in doing so became the first Big 12 team since Texas A&M in 2002 to complete the league schedule without a loss.

BACK IN THE SADDLE

OSU returns seven players who started at least 10 games during the 2015 season. Of the 16 returning letterwinners, 14 are field players, and that group combined for 24 of the Cowgirls' 36 goals a year ago, as well as 18 of its 23 assists.

PRESEASON PROGNOSTICATIONS

In preseason voting by the league's head coaches, OSU was picked to finish fifth in the Big 12 Conference standings behind four-time defending league champion West Virginia, Texas Tech, Oklahoma and Baylor. A pair of Cowgirls — forward Courtney Dike and defender Natalie Calhoun — were named to the Preseason All-Big 12 team.

HOME SWEET HOME

The Cowgirls are 3-2-0 on their home field in 2016. OSU is 73-13-9 (.816) at the Cowgirl Soccer Complex since 2008 and is 131-37-16 (.755) all time on its current home turf.

DYNAMIC DUO

Natalie Calhoun and Courtney Dike are already in rare company and could join an elite list in 2016. Both Cowgirls have earned All-Big 12 Second Team honors three times, making them two of only seven OSU players to be named all-conference three times in a career. Only two Cowgirls — Yolanda Odenyo and AD Franch — have achieved All-Big 12 status four times.

R-E-S-P-E-C-T

Prior to the season, *TopDrawerSoccer.com* released its list of the Top 100 players in women's college soccer, a list that ranks sophomores, juniors and seniors. A pair of Cowgirls made the list as Courtney Dike was ranked No. 73 while Natalie Calhoun checked in at No. 82.

MILESTONE FOR CARMICHAEL

Oklahoma State head coach Colin Carmichael recorded career win No. 150 on Sept. 18, 2015, against Arizona State. Now in his 12th season as the Cowgirls' head coach, Carmichael has been on the OSU coaching staff since the program's inception in 1996.

NEW FACES

Twelve newcomers joined the OSU roster in 2016, and the group includes 10 freshmen, a sophomore transfer and a junior college transfer.

Eight different newcomers — six freshmen, two transfers — have started at least one game, while all told, 10 newcomers have made their OSU debuts in 2016.

SHE SHOOTS, SHE SCORES

Courtney Dike quickly established herself as a prolific scorer at the collegiate level as a freshman in 2013, and she has continued that scoring production throughout her career for the Cowgirls.

The forward from Edmond, Okla., ranked second in the Big 12 in 2013 with 13 goals and 30 points and earned All-Big 12 Second Team and All-Newcomer Team honors. Her 13 goals tied for the fourth most in a single season in OSU history, three shy of Yolanda Odenyo's record 16, while her 30 points was the eighth highest single-season total all time.

Dike recorded three two-goal performances — vs. Vanderbilt, Oklahoma and Missouri State — which marked the most multi-goal games by a Cowgirl since 2010, and of her 58 shots, 30 of those (52 percent) were on goal. She was named the Big 12 Offensive Player and Newcomer of the Week on two occasions in 2013.

In 2014, Dike recorded three goals, two of them game winners, and three assists in 19 games. As a junior, she ranked in the top six in the Big 12 in goals (5), assists (7) and points (17). She has scored goals in five of OSU's eight games this season, with her five goals tied for the conference lead, and she leads the league with 12 points.

QUICK KICKS

OSU had a different starting lineup in seven of its first eight games in 2016 ... ten different Cowgirls have scored goals this season, while eight different players have notched assists ... of OSU's 143 shots this season, 75 have been on goal (.524) ... OSU is tied with TCU for the Big 12 lead in goals with 20, and the Cowgirls rank second in the conference in assists (16), shots (143), points (56) and corner kicks (54).



GAME NOTES

COWGIRL SOCCER BY THE NUMBERS

- 169:** OSU soccer has had 169 Academic All-Big 12 Conference selections
- 155:** Number of wins for OSU in its first 11 seasons under head coach Colin Carmichael
- 74:** OSU's school-record for goals in a season, which came in 2008 and ranked third nationally
- 44:** The Cowgirls have had 44 All-Big 12 performers in the program's history
- 38:** Career shutouts for former Cowgirl goalie AD Franch, an OSU record
- 22:** The OSU record for wins in a season, set in 2011
- 21:** The 2016 season marks the 21st in the program's history
- 18:** The Cowgirls recorded a school-record and NCAA-best 18 shutouts in 2011
- 9:** NCAA Tournament appearances by OSU: 2003, 2006, 2007, 2008, 2009, 2010, 2011, 2013, 2014
- 5:** Big 12 championships for the Cowgirls
 - '03, '09 & '10 tournament
 - '08 & '11 regular season
- 4:** AD Franch earned All-Big 12 First Team honors four times, one of only seven players in league history to do so
- 3.22:** OSU's goals per game average in 2008, which led the nation
- 3:** OSU has had three players earn All-America honors - Yolanda Odenyo, AD Franch & Melinda Mercado
- 2:** Number of times Melinda Mercado was named Big 12 Defensive Player of the Year (2010 & 2011)
- 2:** Cowgirls have been semifinalists for the MAC Hermann Trophy - Yolanda Odenyo (2008) and AD Franch (2010 & 2011)
- .690:** The Cowgirls' winning percentage under head coach Colin Carmichael entering the 2016 season

CLIMBING THE CHARTS

Courtney Dike has five goals in 2016 and now ranks seventh on OSU's career goals list with 26. She needs two goals to move into the top five; the all-time record of 35 is held by a pair of Cowgirls — Yolanda Odenyo and Jolene Schweitzer.

Dike also ranks in the top 10 on OSU's career charts in assists (10th with 16), points (9th with 68) and shots (7th with 186).

Junior goalie Michela Ongaro is also among OSU's all-time statistical leaders in the net. The Wisconsin native and former walk-on is sixth on the Cowgirls' career charts in both shutouts (10) and saves (139) and ranks seventh with a 1.16 goals against average.

THE BIGGEST STAGE

Courtney Dike is one of a select few collegiate players who can boast of having played in a Women's World Cup.

Dike earned a pair of caps for Nigeria at the 2015 FIFA Women's World Cup in Canada. Her first came as a reserve in a match against Australia, and in the Super Falcons' final tourney game, Dike was in the starting lineup against the eventual champion United States. She played 50 minutes against the U.S. before subbing out early in the second half.

Dike concluded her first trip to the Women's World Cup playing 56 minutes and recording one shot. Nigeria finished 0-2-1 at the tourney and failed to advance out of Group D.

The experience was historic as Dike became the first OSU player to participate in a World Cup and also the first-ever Oklahoman to compete in a Women's World Cup.

In 2014, Dike was a member of the Nigeria U-20 Women's National Team at the FIFA U-20 Women's World Cup. That trip proved highly successful, though it meant OSU was without its top scorer for the first two games of 2014.

During that tourney, Dike helped the Falcons into the U-20 World Cup final, where they dropped a 1-0 decision to Germany. A starter at forward throughout most of the tourney, Dike recorded a pair of goals in six games. In pool play against South Korea, she scored the fastest goal in FIFA Women's World Cup history as she found the back of the net just 18 seconds into the match, and she scored a goal 64 seconds into the semifinal match against North Korea to help Nigeria advance to the final.

Dike's parents, Vincent and Jacinta, are natives of Nigeria, and her older brother, Bright, has been on the country's men's national team.

HER DEFENSE NEVER RESTS

Natalie Calhoun has been an anchor at defender since arriving on campus in 2013. The center back has played in all 71 of OSU's games during her career and been a starter in 70 of those, and she has ranked either first or second in minutes played among field players each of her first three seasons. The lone game she in which she was not in the starting lineup was the season opener her freshman season.

A three-time All-Big 12 Second Team performer, Calhoun has played a part in 22 shutouts during her career.

BIG 12'S BEST

Through the first four weeks of the season, Oklahoma State has had a Big 12 Conference weekly award winner three times as Courtney Dike, Julia Lenhardt and Jaci Jones have all been recognized for their standout play.

After recording a pair of goals on opening weekend, Dike was named the first Big 12 Conference Offensive Player of the Week for 2016. In the season opener at Georgia, Dike's goal in the 62nd minute gave OSU its first lead of the contest, and on Sunday against Mercer, she scored just 72 seconds into the match to help the Cowgirls record their first win of the season. Dike finished the weekend with six shots, three of those on goal, in 158 minutes of action.

The honor marked the fifth time in Dike's career she has been recognized with a Big 12 weekly award.

Lenhardt made it back-to-back weeks for OSU to earn a Big 12 weekly award when she was named the Big 12 Freshman of the Week for week two after she recorded OSU's first two goals to lead the Cowgirls to a 4-1 win over Oral Roberts. In notching the first two scores of her collegiate career, the midfielder also became the first OSU freshman to score multiple goals in a game since Dike in 2013.

Jones is the league's reigning Big 12 Freshman of the Week after she was OSU's leading scorer in helping the Cowgirls to wins over Abilene Christian and UTSA. The midfielder recorded two goals and two assists on the weekend, notching assists in both matches and collecting the first multi-goal game of her career with a pair of goals vs. UTSA.

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MEDIA INFORMATION

- Coach Carmichael is available for interviews Tuesday mornings in his office (on the west side of Gallagher-Iba Arena alongside Heritage Hall) at 10:00.
- Availability to student-athletes is limited to post-practice on Wednesday. Those wanting interviews should arrive at the field by 5:15. It would be helpful to let me know by Wednesday morning what players you would like to talk to by emailing me at wade.mcwhorter@okstate.edu.
- Those who cover the team are also welcome to utilize the Coach Carmichael Radio Show on Tuesday from 7-7:30 p.m. (airs on KGFY 105.5 FM in Stillwater) or any of the sound bites from video on okstate.com or Orange Power Studios via the OSU Athletics YouTube page.



COWGIRL PLAYER NOTES

3 Kirsten Siragusa, D, Fr.

Has played in seven games with two starts ... earned first-career start vs. ORU (8/28) ... member of U.S. U-18 National Team in 2014 & 2015.

4 Dani Greenlee, GK, Fr.

Seen action in two games ... came off bench in collegiate debut at Mercer (8/21) and played final 16:30 of shutout ... recorded first-career save in 25 minutes in goal vs. ORU (8/28) ... played 30 minutes in preseason exhibition shutout vs. Texas A&M.

5 Natalie Calhoun, D, Sr.

Leads OSU field players in minutes played with 646 ... has started 70 consecutive games ... scored goal vs. ACU (9/9) ... earned All-Big 12 Second Team honors in each of her first three seasons to become one of only seven players in OSU history to achieve all-conference status at least three times in a career ... 2016 Preseason All-Big 12 ... started all 20 games in 2016 and was second on team among field players in minutes played (1,743) ... one of only two Cowgirls to start all 21 games in 2014 ... led team in minutes played among field players with 1,870 ... recorded first-career assist in 1-1 tie at #9 Texas Tech ... as a freshman started last 20 games and played in all 21 ... earned first start of career at Vanderbilt ... recorded first-career goal vs. OU ... named to the Big 12 Championship All-Tournament Team.

6 Anna Beffer, MF, Jr.

Starter in all eight games ... tied for team lead with three assists ... recorded goal and two assists vs. UTSA (9/11) ... played in all 20 games in 2015 with 16 starts ... started 15 games as freshman ... missed six matches with ankle injury ... recorded first-career goal vs. Tulsa ... named Big 12 Newcomer of the Week on 9/30.

8 Julia Lenhardt, MF, Fr.

Starter in all eight games ... scored first two goals of career vs. ORU (8/28) ... became first OSU freshman since 2013 to record multiple goals in a game ... named Big 12 Freshman of the Week on 8/30 ... recorded first-career assist vs. UCF (9/2) ... member of U.S. U-19 National Team in fall of 2015.

9 Jaci Jones, MF, Fr.

Has played in seven games with three starts ... tied for team lead with three assists ... came off the bench in season opener at Georgia (8/19) and recorded OSU's first goal of the season ... made first-career start at Mercer (8/21) ... posted first-career multi-goal game with two vs. UTSA (9/11) ... named the Big 12 Freshman of the Week on 9/13 after recording two goals and two assists in wins over ACU and UTSA.

10 Elise Hawn, D, Fr.

Played in seven games with three starts ... started season opener at Georgia (8/19).

11 Niki McKnight, F, Jr.

Played in six games with two starts ... recorded goal and assist in win over Mercer (8/21) ... missed first 13 games of 2015 following offseason hip surgery ... played in seven games, coming off the bench in each, and was OSU's second-leading scorer in Big 12 play ... saw first action of season vs. Drake (10/7) ... netted first two goals of career in back-to-back games against #2 West Virginia and Kansas ... played in 19 games with 18 starts as a redshirt freshman in 2014 ... starter in first 13 games ... spent majority of time at defender but also spent time as an attacking midfielder and forward ... missed 2013 season with knee injury.

14 Marlo Zoller, F, So.

Played in all eight games with seven starts ... leads Cowgirls with 29 shots, 15 of those on goal ... tied for team lead with three assists ... recorded assist on OSU's first goal at Mercer (8/21) ... also had assists vs. ORU (8/28) and ACU (9/9) ... named to 2015 Big 12 All-Freshman Team ... played in all 20 games in 2015, starting 19 ... netted first-collegiate goal vs. Georgia ... also scored at #5 Florida ... first-career assist came at #19 UCF ... recorded two goals vs. ORU ... racked up 72 goals and 30 assists in high school career.

16 Tori Ruszkowski, MF, Jr.

Has played in all eight games with four starts ... saw action in 11 games as sophomore and emerged as starter late in season, with eight starts on the year ... played in three games with one start in 2014.

17 Courtney Dike, F, Sr.

One of only seven players in OSU history to achieve all-conference status at least three times in a career as she was named to the All-Big 12 Second Team in each of her first three seasons ... also a two-time NSCAA All-Central Region Third-Team selection (2014 & 2015) ... a 2016 Preseason All-Big 12 selection ... ranks seventh all time at OSU with 26 career goals and is also seventh in shots (186), ninth in points (68) and 10th in assists (16) ... leads Big 12 with 12 points ... tied for league lead with five goals ... has recorded goals in five of OSU's eight games this season and has a goal and/or assist in four consecutive games ... named the Big 12 Offensive Player of the Week on 8/23 ... in 2015, led team in assists (7) and points (17) and was second in goals (5), all of which also ranked in top 10 in Big 12 ... had two goals against Drake, marking fourth multi-goal game of career ... had goal and assist vs. #5 Florida ... earned two caps at the 2015 FIFA Women's World Cup as a member of Nigeria ... first-career cap came against Australia as a reserve and second came when she started against the United States ... missed OSU's first two games of 2014 playing with the Nigerian national team in the Under-20 Women's World Cup in Canada,

where she led team to final and runner-up finish ... tied for team lead with three assists in 2014 ... named to the All-Big 12 Second Team and All-Newcomer Team in 2013 ... as a freshman ranked second in Big 12 with 13 goals and 30 points ... 13 goals tied for fourth most in a single season in OSU history ... three multi-goal games were most by a Cowgirl since 2010 ... recorded two goals vs. Vanderbilt, OU and Missouri State ... had game-winning goals in OSU's Big 12 Championship wins over Texas and #7 Texas Tech and was named to all-tournament team ... named Big 12 Offensive Player and Newcomer of the Week on Sept. 3 and Oct. 22.

18 Charmé Morgan, D, Fr.

Has played in all eight games this season, starting four ... made first-career start in season opener at Georgia (8/19).

19 Laurene Tresfield, D, Jr.

Appeared in five games this season, four of those as a starter ... played in 17 games last season, starting 10 ... recorded goal and assist vs. #18 Arizona State ... also scored goal vs. #14 Texas Tech ... played in 20 games with 13 starts in first collegiate season ... started OSU's first five games at defensive midfielder ... notched first-career goal 63 seconds into Dayton match ... native of France who played for French U-17 National Team.

21 Michela Ongaro, GK, Jr.

Ranks in career top 10 at OSU in shutouts (10), saves (139) and GAA (1.16) ... had five saves in season opener at Georgia (8/19) ... played first 73:30 in shutout at Mercer (8/21) ... racked up seven saves vs. Oklahoma (8/26) ... recorded first shutout of season vs. ACU (9/9) ... played first 82:29 in shutout of UTSA (9/11) ... started all 20 games in goal in 2015 ... recorded five shutouts — vs. Mercer, Gonzaga, Texas, Iowa State and Kansas ... played the majority of minutes in OSU's three other shutouts (Georgia, Drake and Oral Roberts) ... notched seven saves vs. #5 Florida ... missed the 2014 season with knee injury ... was named to the 2013 Big 12 All-Newcomer Team and ranked third in the league in save pct. (.833) and goals against average (0.73) to go along with four shutouts ... had a career-high eight saves in win over Texas in opening round of 2013 Big 12 Championship.

22 Coumba Sow, MF, Jr.

Starter in OSU's first two games this season but suffered torn ACL in practice and will miss rest of season ... joined OSU after two standout seasons at Monroe Community College where she was a two-time first-team All-American ... recorded 28 goals and 30 assists in 34 games at MCC ... competed for the Swiss U-19 National Team.

23 Haley Woodard, F, So.

Has played in six games this season, starting four ... missed ACU and UTSA games with concussion ... second on Cowgirls with four goals ... recorded assist on OSU's first goal of season at Georgia (8/19) ... scored first goal of season vs. ORU (8/28) ... recorded first multi-goal game of career vs. UCF (9/2) ... also scored vs. #5 Florida (9/4) ... played in 19 games with three starts as a freshman in 2015 ... 13 of 24 shots were on goal ... recorded first collegiate goal in season opener vs. Mercer ... collected assist vs. #5 Florida ... netted game-winning goal vs. Gonzaga ... three-sport standout in high school in soccer, basketball and track & field ... recorded 44 goals and 23 assists as prep.

24 Claire Gantzer, D, Fr.

Has played in all eight games this season, starting the last seven ... made first-career start at Mercer (8/21) ... left-footer has taken 19 of OSU's 54 corner kicks.

28 Christina Jean-Charles, D, Sr.

Played in all eight games with five starts ... started all 20 games in her first season at OSU in 2015 and led team in minutes played (1,790) ... tied for eighth in Big 12 with four assists ... recorded first-career assist vs. Georgia ... also had assists against #5 Florida, #18 Arizona State and #14 Texas Tech ... took 51 of OSU's 122 corner kicks and recorded first-career goal on corner kick vs. Gonzaga ... joined Cowgirls after two JUCO seasons at Monroe College in New York City ... started 33 career games for Mustangs ... was NJCAA First-Team All-American as sophomore and led team to NJCAA Division I national title.

29 Rachel VanFossen, MF, So.

Appeared in seven games, earning first-career start vs. ORU (8/28) ... came off bench to make OSU debut at Mercer (8/21) ... transfer from Arkansas who played in 14 games with five starts as a freshman in 2015 ... recorded first-career goal vs. #10 South Carolina.

33 Holley Brehmer, F, Jr.

Has come off the bench in all eight games this season ... has notched assists vs. Georgia (8/19) and ORU (8/28) and recorded a goal at Mercer (8/21) ... came off the bench in 15 games a year ago ... of her three goals, two were game-winners ... collected pair of goals vs. Georgia ... recorded first-career goal in season opener vs. Mercer ... played in nine games as freshman, coming off bench in each ... made collegiate debut at Arizona State and recorded two shots on goal.

88 Bri Woodall, MF, Fr.

Has played in five games ... came off bench to make collegiate debut vs. ORU (8/28) ... collected first-career goal vs. UTSA (9/11) ... recorded assist in preseason exhibition match vs. Texas A&M ... competed for Mexico U-17 National Team.



COWGIRL CAREER STATISTICS

Beffer, Anna

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	15-15	999	3	2	8	25	.120	12	.480	1	0-0
2015	20-16	1391	2	2	6	35	.057	16	.457	1	1-2
2016	8-8	529	1	3	5	16	.062	4	.250	0	0-0
TOTAL	43-39	2919	6	7	19	76	.079	32	.421	2	1-2

Brehmer, Holly

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	9-0	114	0	0	0	2	.000	2	1.000	0	0-0
2015	15-0	254	3	0	6	7	.429	5	.714	2	0-0
2016	8-0	215	1	2	4	8	.125	5	.625	0	0-0
TOTAL	32-0	583	4	2	10	17	.235	12	.706	2	0-0

Bright, Abbey

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	9-0	209	0	0	0	0	.000	0	.000	0	0-0
2015	13-2	269	0	0	0	1	.000	1	1.000	0	0-0
2016	3-0	37	0	0	0	0	.000	0	.000	0	0-0
TOTAL	25-2	515	0	0	0	1	.000	1	1.000	0	0-0

Calhoun, Natalie

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	22-21	2067	1	0	2	9	.111	4	.444	0	0-0
2014	21-21	1870	0	1	1	8	.000	3	.375	0	0-0
2015	20-20	1743	0	0	0	7	.000	3	.429	0	0-0
2016	8-8	646	1	0	2	4	.250	2	.500	1	0-0
TOTAL	71-70	6326	2	1	5	28	.071	12	.429	1	0-0

Dike, Courtney

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	22-21	1942	13	4	30	58	.224	30	.517	3	1-1
2014	19-19	1658	3	3	9	49	.061	21	.429	2	0-0
2015	19-19	1499	5	7	17	53	.094	21	.396	1	0-0
2016	8-8	597	5	2	12	26	.192	13	.500	1	0-0
TOTAL	68-67	5696	26	16	68	186	.140	85	.457	7	1-1

Duke, Lana

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	17-9	837	1	0	2	3	.333	3	1.000	0	0-0
2016	2-0	16	0	0	0	0	.000	0	.000	0	0-0
TOTAL	19-9	853	1	0	2	3	.333	3	1.000	0	0-0

Hierholzer, Ashton

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	3-0	55	0	0	0	0	.000	0	.000	0	0-0
2016	1-0	8	0	0	0	0	.000	0	.000	0	0-0
TOTAL	4-0	63	0	0	0	0	.000	0	.000	0	0-0

Season	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2015	3-0	53:47	0	0.00	3	1.000	0	0	0	0.3
2016	1-0	7:31	0	0.00	0	.000	0	0	0	0.1
TOTAL	4-0	61:18	0	0.00	3	1.000	0	0	0	0.4

Jean-Charles, Chris.

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	20-20	1790	1	4	6	9	.111	2	.222	0	0-0
2016	8-5	475	0	0	0	0	.000	0	.000	0	0-0
TOTAL	28-25	2265	1	4	6	9	.111	2	.222	0	0-0



COWGIRL CAREER STATISTICS

McDougal, Morgan

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	13-0	204	1	0	2	5	.200	2	.400	0	0-0
2016	3-0	37	0	0	0	1	.000	1	1.000	0	0-0
TOTAL	16-0	241	1	0	2	6	.167	3	.500	0	0-0

McKnight, Niki

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	19-18	1700	0	0	0	5	.000	1	.200	0	0-0
2015	7-0	189	2	1	5	3	.667	2	.667	0	0-0
2016	6-2	252	1	1	3	5	.200	4	.800	0	0-0
TOTAL	32-20	2141	3	2	8	13	.231	7	.538	0	0-0

Ongaro, Michela

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	14-0	1315	0	1	1	0	.000	0	.000	0	0-0
2015	20-2	1803	0	0	0	0	.000	0	.000	0	0-0
2016	8-0	676	0	0	0	0	.000	0	.000	0	0-0
TOTAL	42-2	3794	0	1	1	0	.000	0	.000	0	0-0

Season	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2013	14-14	1314:45	12	0.82	52	.812	6	5	3	4
2015	20-20	1803:30	24	1.20	63	.724	9	9	2	5.3
2016	8-8	696:24	13	1.68	24	.649	4	3	1	1.2
TOTAL	42-42	3814:39	49	1.16	139	.739	19	17	6	10.5

Rivers, Allie

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	18-8	772	0	1	1	7	.000	1	.143	0	0-0
2016	2-0	20	0	0	0	0	.000	0	.000	0	0-0
TOTAL	20-8	792	0	1	1	7	.000	1	.143	0	0-0

Ruszkowski, Tori

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	3-1	115	0	0	0	1	.000	1	1.000	0	0-0
2015	11-8	757	0	0	0	6	.000	2	.333	0	0-0
2016	8-4	418	0	0	0	4	.000	3	.750	0	0-0
TOTAL	22-13	1290	0	0	0	11	.000	6	.545	0	0-0

Tresfield, Laurene

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	20-13	1121	1	0	2	11	.091	5	.455	1	0-0
2015	17-10	902	2	1	5	8	.250	4	.500	0	0-0
2016	5-4	276	0	0	0	0	.000	0	.000	0	0-0
TOTAL	42-27	2299	3	1	7	19	.158	9	.474	1	0-0

Woodard, Haley

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	19-3	714	3	1	7	24	.125	13	.542	1	0-0
2016	6-4	305	4	1	9	16	.250	11	.688	0	0-0
TOTAL	25-7	1019	7	2	16	40	.175	24	.600	1	0-0

Zoller, Marlo

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	20-19	1334	4	2	10	48	.083	21	.438	0	0-0
2016	8-7	531	1	3	5	29	.034	15	.517	1	0-0
TOTAL	28-26	1865	5	5	15	77	.065	36	.468	1	0-0



COWGIRLS IN THE RANKINGS

NSCAA (Sept. 13)		Soccer America (Sept. 12)		Top Drawer Soccer (Sept. 12)		HERO Sports (Sept. 12)	
1. Stanford	6-0-1	1. West Virginia	6-0-1	1. West Virginia	6-0-1	1. Virginia	7-1-0
2. West Virginia	6-0-1	2. Stanford	6-0-1	2. Stanford	6-0-1	2. Stanford	6-0-1
3. Florida State	5-1-0	3. Florida	5-1-0	3. Florida	5-1-0	3. Florida	5-1-0
4. Florida	5-1-0	4. Florida State	5-1-0	4. Florida State	5-1-0	4. South Carolina	5-0-1
5. Virginia	7-1-0	5. Virginia	7-1-0	5. Virginia	7-1-0	5. USC	5-2-0
6. BYU	5-1-0	6. North Carolina	5-1-1	6. BYU	5-1-0	6. BYU	5-1-0
7. North Carolina	5-1-1	7. Duke	5-2-1	7. Ohio State	6-1-0	7. Georgetown	6-1-0
8. Texas A&M	5-2-0	8. BYU	5-1-0	8. Duke	5-2-1	8. Clemson	5-2-0
9. Duke	5-2-1	9. Georgetown	6-1-0	9. North Carolina	5-1-1	9. UCLA	4-2-0
10. Minnesota	6-2-0	10. South Carolina	5-0-1	10. USC	5-2-0	10. Oklahoma	5-2-1
11. UCLA	4-2-0	11. USC	5-2-0	11. Boston College	7-0-1	11. West Virginia	6-0-1
12. USC	5-2-0	12. UCLA	4-2-0	12. UCLA	4-2-0	12. Long Beach State	4-2-1
13. Clemson	5-2-0	13. Penn State	4-2-1	13. Minnesota	6-2-0	13. Minnesota	6-2-0
14. South Carolina	5-0-1	14. Ohio State	6-1-0	14. Connecticut	6-2-0	14. Penn State	4-2-1
15. South Florida	7-0-0	15. Texas A&M	5-2-0	15. Clemson	5-2-0	15. Utah	4-2-0
16. Penn State	4-2-1	16. Boston College	7-0-1	16. Virginia Tech	7-1-0	16. Texas A&M	5-2-0
17. Virginia Tech	7-1-0	17. Virginia Tech	7-1-0	17. Texas A&M	5-2-0	17. Notre Dame	5-1-2
18. Georgetown	6-1-0	18. Clemson	5-2-0	18. Penn State	4-2-1	18. Loyola Marymount	4-2-1
19. Ohio State	6-1-0	19. Notre Dame	5-1-2	19. Rutgers	5-1-1	19. Pepperdine	4-2-1
20. Notre Dame	5-1-2	20. Connecticut	6-2-0	20. South Florida	7-0-0	20. Missouri	5-2-0
21. California	6-2-0	21. Rutgers	5-1-1	21. California	6-2-0	21. Michigan	4-1-1
22. Rutgers	5-1-1	22. Arkansas	7-1-0	22. South Carolina	5-0-1	22. Ohio State	6-1-0
23. Connecticut	6-2-0	23. Texas Tech	6-1-1	23. Arizona	5-1-1	23. North Carolina St.	6-2-1
24. Texas Tech	6-1-1	24. South Florida	7-0-0	24. Georgetown	6-1-0	24. North Carolina	5-1-1
25. Pepperdine	4-2-1	25. California	6-2-0	25. Notre Dame	5-1-2	25. Washington State	3-2-1

Cowgirls Week-By-Week In The National Polls

	NSCAA	Soccer America	HERO Sports	TDS
Preseason	Not Ranked	Not Ranked	37	Not Ranked
Aug. 22/23	Not Ranked	Not Ranked	34	Not Ranked
Aug. 29/30	Not Ranked	Not Ranked	35	Not Ranked
Sept. 5/6	Not Ranked	Not Ranked	50	Not Ranked
Sept. 12/13	Not Ranked	Not Ranked	55	Not Ranked

NSCAA Central Region Rankings (Sept. 13)

1. West Virginia	6-0-1
2. Texas Tech	6-1-1
3. Oklahoma	5-2-1
4. TCU	6-0-1
5. Baylor	5-3-0
6. North Texas	5-2-1
7. Iowa State	5-2-0
8. Kansas	4-2-2
9. UTEP	5-1-2
10. Oklahoma State	4-3-1

2016 Big 12 Conference Preseason Poll (selected by league's head coaches)

	Points
1. West Virginia (8)	64
2. Texas Tech (1)	57
3. Oklahoma	42
4. Baylor	35
5. Oklahoma State	34
6. Texas	32
7. Kansas	30
8. TCU	22
9. Iowa State	8

First-place votes in parentheses



2016 OVERALL STATISTICS

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	4-3-1	3-2	1-1-1	0-0
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	4-3-1	3-2	1-1-1	0-0

Date	Opponent	Score	Att.
Aug 19	at Georgia	To2 2-2	1775
Aug 21	at Mercer	w 3-0	392
Aug 26	at Oklahoma	L 0-1	1886
Aug 28	ORAL ROBERTS	w 4-1	755
Sep 02	UCF	Lot 2-3	511
Sep 04	#5 FLORIDA	L 2-7	388
Sep 09	ABILENE CHRISTIAN	w 2-0	303
Sep 11	UTSA	w 5-0	324

TEAM STATISTICS	OSU	OPP
SHOT STATISTICS		
Goals-Shot attempts	20-143	14-82
Goals scored per game	2.50	1.75
Shot pct.	.140	.171
Shots on goal-Attempts	75-143	40-82
SOG pct.	.524	.488
Shots/Game	17.9	10.2
CORNER KICKS	54	34
PENALTY KICKS	0-0	1-1
PENALTIES		
Yellow cards	6	9
Red cards	2	0
ATTENDANCE		
Total	2281	4053
Dates/Avg Per Date	5/456	3/1351
Neutral Site #/Avg	0/0	

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
17	Dike, Courtney	8	5	2	12	26	.192	13	.500	1	0-0
23	Woodard, Haley	6	4	1	9	16	.250	11	.688	0	0-0
9	Jones, Jaci	7	3	3	9	10	.300	5	.500	0	0-0
8	Lenhardt, Julia	8	2	1	5	5	.400	3	.600	1	0-0
14	Zoller, Marlo	8	1	3	5	29	.034	15	.517	1	0-0
6	Beffer, Anna	8	1	3	5	16	.062	4	.250	0	0-0
33	Brehmer, Holly	8	1	2	4	8	.125	5	.625	0	0-0
11	McKnight, Niki	6	1	1	3	5	.200	4	.800	0	0-0
88	Woodall, Bri	5	1	0	2	7	.143	5	.714	0	0-0
5	Calhoun, Natalie	8	1	0	2	4	.250	2	.500	1	0-0
24	Gantzer, Claire	8	0	0	0	5	.000	2	.400	0	0-0
29	VanFossen, Rachel	7	0	0	0	4	.000	1	.250	0	0-0
16	Ruszkowski, Tori	8	0	0	0	4	.000	3	.750	0	0-0
22	Sow, Coumba	2	0	0	0	2	.000	1	.500	0	0-0
35	McDougal, Morgan	3	0	0	0	1	.000	1	1.000	0	0-0
18	Morgan, Charne	8	0	0	0	1	.000	0	.000	0	0-0
28	Jean-Charles, Chris.	8	0	0	0	0	.000	0	.000	0	0-0
21	Ongaro, Michela	8	0	0	0	0	.000	0	.000	0	0-0
20	Duke, Lana	2	0	0	0	0	.000	0	.000	0	0-0
19	Tresfield, Laurene	5	0	0	0	0	.000	0	.000	0	0-0
12	Bright, Abbey	3	0	0	0	0	.000	0	.000	0	0-0
10	Hawn, Elise	7	0	0	0	0	.000	0	.000	0	0-0
7	Rivers, Allie	2	0	0	0	0	.000	0	.000	0	0-0
4	Greenlee, Dani	2	0	0	0	0	.000	0	.000	0	0-0
3	Siragusa, Kirsten	7	0	0	0	0	.000	0	.000	0	0-0
0	Hierholzer, Ashton	1	0	0	0	0	.000	0	.000	0	0-0
Total		8	20	16	56	143	.140	75	.524	4	0-0
Opponents		8	14	11	39	82	.171	40	.488	3	1-1

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
0	Hierholzer, Ashton	1	7:31	0	0.00	0	.000	0-0-0	0/1
21	Ongaro, Michela	8	696:24	13	1.68	24	.649	4-3-1	1/2
4	Greenlee, Dani	2	41:53	1	2.15	1	.500	0-0-0	0/1
Total		8	745:48	14	1.69	26	.650	4-3-1	3
Opponents		8	745:48	20	2.41	55	.733	3-4-1	1

Goals by Period	1st	2nd	OT	OT2	Total
Oklahoma State	8	12	0	0	20
Opponents	1	12	1	0	14

Shots by Period	1st	2nd	OT	OT2	Total
Oklahoma State	65	74	3	1	143
Opponents	33	46	1	2	82

Saves by Period	1st	2nd	OT	OT2	Total
Oklahoma State	15	10	0	1	26
Opponents	23	31	1	0	55

Corners by Period	1st	2nd	OT	OT2	Total
Oklahoma State	24	28	1	1	54
Opponents	5	26	1	2	34

Fouls by Period	1st	2nd	OT	OT2	Total
Oklahoma State	57	48	1	0	106
Opponents	42	55	3	1	101