



COWBOY OUTDOOR RECORDS

100 METERS

1.	John Teeters	9.91**	Big 12 Championships	2014
1(1).	James Butler	10.00	Ralph Higgins Invite	1982
2.	Ron Ingram	10.10	Ralph Higgins Invite	1981
3.	John Teeters	10.11	NCAA West Preliminaries	2014
4.	Desmond Ross	10.12	Arkansas Invitational	1985
T5.	Mike Shavers	10.30	Oklahoma Dual	1978
T5.	Curtis Thomas	10.30	OSU Invitational	1981
T5.	Earl Harris	10.30	California Relays	1969
T8.	Donald Lee Briggs	10.35	OSU Invitational	1981
T8.	Daniel Osafo	10.35	Dallas Invitational	1978
10.	Paul Jackson	10.36	Dallas Invitational	1978

200 METERS

1.	Desmond Ross	19.80	Big 8 Outdoors	1985
2.	James Butler	19.86	Texas Relays	1979
3.	Curtis Thomas	20.40	Ralph Higgins Invite	1982
T4.	John Teeters	20.75	John McDonnell Invite	2014
4.	Sterling Starks	20.75	OSU Invitational	1981
5.	Timmy Thomas	20.98	Big 8 Outdoors	1990
6.	David Rhodes	21.03	Big 8 Outdoors	1986
7.	Greg Harjo	21.07	Big 8 Outdoors	1995
T8.	James Cole	21.30	Big 8 Outdoors	1993
T8.	Pat Johnson	21.30	Ralph Higgins Invite	1993

400 METERS

1.	Dennis Schultz	45.60	LSU Relays	1972
2.	Guy McGraw	46.00	Big 8 Outdoors	1978
3.	Sterling Starks	46.29	Big 8 Outdoors	1982
4.	Charles Strong	46.30	Big 8 Outdoors	1962
T5.	Jim Bolding	46.40	LSU Relays	1971
T5.	J.W. Mashburn	46.40	NCAA Outdoors	1956
7.	Harold Green	46.71	Big 8 Outdoors	1989
8.	Desmond Ross	46.73	John Jacobs Invite	1985
9.	Curtis Thomas	46.90	Big 8 Outdoors	1984
10.	James Cole	47.01	Big 8 Outdoors	1993

400 METER HURDLES

1.	Jim Bolding	49.50	Olympic Trials	1972
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800 METERS

1.	Paul Larkins	1:47.13	Texas Relays	1986
2.	Matthew Fayers	1:48.12	BMC Stretford	2014
3.	Chad Noelle	1:48.62	Arkansas Invite	2014
4.	Kendall Staggs	1:48.7	Big 8 Champs	1978
5.	Tre'Tez Kinnaird	1:48.74	Jim Click Shootout	2016
6.	Tyler Payton	1:49.17	Arkansas Invite	2014
7.	Chris Stoves	1:49.35	Len Paddock	2004
8.	John Wild	1:49.39	UT-Arlington	1995
9.	Raul Botezan	1:49.54	Bucharest	2012
10.	Josh Thompson	1:49.97	Big 12 Championships	2016

880 YARDS

1.	John Perry	1:47.6	Big 8 Champs	1966
2.	David Perry	1:47.7	Southern TFF	1965
3.	Jim Metcalf	1:47.8	Big 8 Champs	1965
4.	Tom Van Ruden	1:49.1	Oklahoma Dual	1966
5.	Bill Stone	1:49.6	West Coast Relays	1965
6.	Mike Manke	1:50.17	Dallas Invitational	1974

1,000 METERS

1.	Paul Larkins	2:18.35		1986
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1,500 METERS

1.	German Fernandez	3:37.76	Team Indiana Invitational	2012
2.	Paul Larkins	3:38.02	England vs. Belgium	1986
3.	Chad Noelle	3:38.35	Payton Jordan Invitational	2015
4.	Kirubel Erassa	3:39.05	Payton Jordan Invitational	2015
5.	Jon Wild	3:40.02	Arkansas Invite	1997
6.	Tom Farrell	3:41.07	Stanford Invitational	2012
7.	Raul Botezan	3:41.14	USATF High Performance	2012
8.	Joshua Thompson	3:41.88	Stanford Twilight	2016
9.	Chuck Sloan	3:42.00	Cardinal Invitational	2000
10.	Johnathan Stublaski	3:42.20	Arkansas Twilight	2010

MILE

1.	Larry Rose	3:59.5 ht	Kansas Relays	1971
2.	Tom Von Ruden	4:01.1 ht	Big Eight Champs	1966
3.	John Halberstadt	4:01.1 ht	LSU Dual	1972
4.	Peter Kaal	4:02.5 ht	Big Eight Champs	1970
5.	Mike Manke	4:03.0 ht	Southern Illinois Dual	1973
6.	Ryan Ripley	4:03.47	Nashville Music	2007
7.	George Stewart	4:03.8 ht	Kansas Relays	1971
8.	John Perry	4:04.0 ht	Helsinki, Finland	1966
9.	Sture Landqvist	4:04.2 ht	Sugar Bowl Rlys	1953
10.	Charles Boatright	4:04.5 ht	LSU Dual	1972

3,000 METERS

1.	Jon Wild	7:55.15	Dublin, Ireland	1995
2.	Paul Larkins	7:58.61	Gateshead, Eng	1984
3.	Greg Rouault	8:13.74	McDonnell Invt'l	2003
4.	Habel Gitogo Churu	8:13.83	Tyson Invite	1999
5.	Solomon Kariuki	8:16.38	Arkansas	1993
6.	Rene Carlson	8:17.72	U.S.CollegiateT&F	1999
7.	Nathaniel Lane	8:19.22	Tyson Invitational	1999
8.	Patrick Kiptum	8:19.32	R. Higgins Invite	1994
9.	Charles Mathege	8:20.34	Arkansas Invite	2014
10.	James Morrissey	8:22.00	Arkansas Invite	1993

5,000 METERS

1.	Tom Farrell	13:15.31	Payton Jordan Invite	2012
2.	German Fernandez	13:25.46	USATF, Eugene	2009
3.	Kirubel Erassa	13:27.55	Payton Jordan Invite	2014
4.	Girma Mecheso	13:34.83	Stanford Invitational	2012
5.	Ryan Vail	13:37.02	Cardinal Invite	2009
6.	Jason Woolhouse	13:37.36	Stanford Invite	2004
7.	Shadrack Kipchirchir	13:37.68	Mt. SAC Relays	2014
8.	John Kosgei	13:42.17	Mt. SAC Relays	2010
9.	Colby Lowe	13:42.60	Mt. SAC Relays	2010
10.	Jon Wild	13:42.80	Mt. SAC Relays	1996

10,000 METERS

1.	Shadrack Kipchirchir	27:36.79	Payton Jordan Invite	2014
2.	Girma Mecheso	27:52.38	Payton Jordan Invite	2013
3.	Colby Lowe	28:45.91	Stanford Invite	2011
4.	John Halberstadt	28:50.4 ht	NCAA Champs	1972
5.	Kirubel Erassa	28:50.41	Big 12 Championships	2015
6.	David Jankowski	28:51.81	Stanford Invite	2006
7.	John Kosgei	28:55.93	NCAA Champs	2010
8.	Nathaniel Lane	29:01.17	Cardinal Invite	1999
9.	Greg Rouault	29:04.02	Cardinal Invite	2003
10.	Renee Calrsen	29:08.31	Cardinal Invite	1999

3,000 METER STEEPLECHASE

1.	Chuck Sloan	8:26.66	US Olympic Trials	2000
2.	Chris McCubbins	8:38.2 ht	PanAm games	1967
3.	Andrew Hennessey	8:39.71	Cardinal Invite	1999
4.	Joe Gray	8:44.73	Stanford Invitel	2007
5.	Fabian Clarkson	8:45.96	NCAA Championships	2012
6.	Trevor Fieldsend	8:46.49	R. Higgins Invite	1985
7.	Charles Boatright	8:51.2 ht	Drake Relays	1972
8.	David Chirchir	8:55.13	Stanford Invite	2009
9.	Mike Cole	8:55.1 ht	Big Eight Champs	1975
10.	Taylor Monaghan	8:56.14	Stanford Invitational	2013

4 X 100 METER RELAY

1) 39.04	Butler, Evans, Ingram, Starks	NCAA Championships	1982
2) 39.64	Selph, Jackson, Brewer-Johnson, Teeters	NCAA West Regional	2015

4 X 200 METER RELAY

1) 1:21.58	Butler, Thomas, Ingram, Starks	Drake Relays	1982
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4 X 400 METER RELAY

1) 3:05.64	Hohmann, Patterson, Thomas, Williams	Meet of Champions	1983
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COWBOY OUTDOOR RECORDS

HIGH JUMP

1.	Greg Brewer	2.216m/7-3.25	Drake Relays	1983
2.	Rich Geske	2.16m/7-1	Big 8 Outdoors	1975
3.	Taylor Buck	2.14m/7-0.25	Arkansas Twilight	2011
4.	Jeff Brown	2.13m/7-0	John Jacobs Relays	1981
5.	Paul Martell	2.11m/6-11	Big 8 Outdoors	1979
T6.	Oliver McDade	2.08m/6-10	Ralph Higgins Invitational	1989
T6.	George Holland	2.08m/6-10	UTEP Invitational	1970
T6.	Russell Laverty	2.08m/6-10	T&FF Meet	1964
9.	Don Boydston	2.04m/6-8.25	Fort Worth Carnival	1940
T10.	Lance Davis	2.03m/6-8	OBU Bison Relays	1989
T10.	David Taylor	2.03m/6-8	Sooner Invitational	1984
T10.	Rick Tate	2.03m/6-8	Wichita Dual	1976
T10.	Steve Herndon	2.03m/6-8	Arkansas Relays	1966

LONG JUMP

1.	Hal Oswalt	7.72m/25-4	Houston Meet of Champs	1969
2.	W.L. Clapham	7.61m/24-11.75	San Antonio Invite	1941
3.	Ralph Tate	7.60m/24-11	Oklahoma Dual	1943
4.	John Voight	7.58m/24-10.25	Texas Relays	1950
5.	E.B. Schaeffer	7.57m/24-10	Big 8 Outdoors	1978
6.	Kim Ellis	7.56m/24-9.75	Texas Relays	1955
7.	Jack Wright	7.48m/24-6.50	Big 8 Outdoors	1972
8.	Jacob Fincham-Dukes	7.46m/24-5.75	Tulsa Duels	2016
9.	Charles Strong	7.44m/24-4.75	Arkansas Relays	1963
10.	Jeff Glasgow	7.43m/24-4.50	Dallas Invitational	1968

TRIPLE JUMP

1.	E.B. Schaeffer	15.55m/51-0	Drake Relays	1978
2.	Mark Hanna	15.34m/50-4	Kansas Relays	1987
3.	Bart Breithaupt	15.05m/49-4.5	North Texas Dual	1991
4.	Larry Gunther	15.01m/49-3	Big 8 Outdoors	1971
5.	Floyd Beanblossom	14.83m/48-8	AAU Championships	1921
6.	Richard Smith	14.75m/48-4.75	Big 12 Championships	2015
7.	Ralph Tate	14.62m/47-11.5	Oklahoma AAU	1946
8.	Ryan Finnie	14.46m/47-5.25	Big 12 Championships	2014
9.	Hal Oswalt	14.24m/46-8.5	John Jacobs Invite	1968
T10.	Alex Dzitrie	14.19m/46-6.75	Big 8 Outdoors	1996
T10.	Larry Gunther	14.19m/46-6.75	Wichita Dual	1969

POLE VAULT

1.	Joe Dial	5.86m/19-2.5	John Jacobs Invitational	1985
2.	Terry Womack	5.45m/17-10.5	Austin Texas Open	1985
3.	Eric Forney	5.40m/17-8.75	Texas Relays	1984
4.	David Swezey	5.36m/17-7	Big 8 Outdoors	1982
5.	Greg Pickett	5.07m/16-7.50	Dallas Invitational	1978
6.	Larry Curtis	5.03m/16-6	Oklahoma Invite	1968
7.	George Davies	4.83m/15-10.25	Big 8 Outdoors	1961
8.	Preston Holsinger	4.79m/15-8.75	Oklahoma Federation	1964
T9.	Mickey Baller	4.70m/15-5	Dual vs. OSU Freshmen	1963
T9.	Jim Graham	4.70m/15-5	Oklahoma Dual	1959
T9.	Aubrey Dooley	4.70m/15-5	Oklahoma Dual	1959

SHOT PUT

1.	Randy Naas	19.86m/65-2	Big 8 Championships	1983
2.	Mike Marks	18.77m/61-7	State Federation Meet	1974
3.	Itamar Levi	18.21m/59-9	John McDonnell Invite	2014
4.	Dale Pierce	17.74m/58-2.25	Big 8 Indoors	1980
5.	Bruce Wilhelm	17.52m/57-5.75	AAU State	1967
6.	Bob Ringwell	17.44m/57-2.5		1974
7.	Jim Benien	17.07m/56-0		1971
8.	Milton Hardaway	16.64m/54-7	Southern Illinois Dual	1975
9.	Keith Keel	16.36m/53-8.25	Oklahoma	1985
10.	Mike Ryles	16.35m/53-7.5	Big 8 Freshman Indoor	1966

DISCUS THROW

1.	Jim Benien	56.19m/184-4	Federation Nationals	1971
2.	Randy Naas	56.05m/183-10.5	Oklahoma	1983
3.	John Anderson	55.35m/181-7	Arkansas Relays	1963
4.	Dale Pierce	54.69m/179-5.25	OSU	1983
5.	Kirk Hardin	54.59m/179-1	Wichita State Dual	1976
6.	Clyde Northrup	54.32m/178-2.5	Arkansas Relays	1960

7.	Miles Lister	53.95m/177-0	Oklahoma	1965
8.	Andrew Hudson	53.52m/175-7	John Jacobs Invitational	2012
9.	Clyde Northrup	52.44m/172-0.5	Nebraska Dual	1959
10.	Richard Shade	52.43m/172-0	Oklahoma Dual	1970

HAMMER THROW

1.	Nick Miller	74.81m/245-5	Big 12 Championships	2016
2.	Ralph Havenstrite	47.52m/155-11	Interclass Track Meet	1915
3.	Lee Minton	37.06m/121-7	Field Day Track & Field	1913
4.	J.K. Ross	34.87m/114-5	Field Day Track & Field	1909
5.	Francis	30.94m/101-6	Field Day Track & Field	1908
6.	Wallace Thornberry	19.20m/63-01	Field Day Track & Field	1900

OLD RULE JAVELIN

1.	George Stevens	78.00m/255-11	Kansas Relays	1973
2.	David Ratliff	69.49m/228-0	Texas Relays	1972
3.	Henry Bell	68.16m/223-7.5	Federation State	1964
4.	John Elmore	67.95m/222-11	Wichita State Dual	1968
5.	Jim Groesbeck	67.04m/219-11.50	Wichita Dual	1969
6.	Mike Platt	64.54m/211-9	Oklahoma	1984
7.	Delane Woolfolk	62.66m/205-7		
8.	Garth Brooks	61.19m/200-9	Big 8 Outdoors	1982
9.	Carl Rigney	60.95m/199-11.5		1935
10.	Dave Field	60.43m/198-3		1965

NEW RULE JAVELIN

1.	Jason Isaacson	53.90m/176-10	SMU	1991
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** Wind-aided mark. All-conditions school record



COWGIRL OUTDOOR RECORDS

100 METERS

1) 11.34	TracyAnn Baker	Texas Relays	1997
2) 11.44	Sherita Jackson	Texas Relays	1997
3) 11.50	Leisa Davis-Knowles	Big 8 Outdoor	1985
T4) 11.60	Christy Dye	Don Kirby Invitational	1996
T4) 11.60	Natasha Santee		1999
6) 11.71	LaToyia Hinds		1998
7) 11.82	Britney Presley	Big 12 Championships	2014
8) 12.07	Melody Vaughn	Big 8 Outdoor	1996
9) 12.10	Celestina Bucknell	Big 8 Outdoor	1995
10) 12.05	Lauren Mckee	John Jacobs Invitational	2008

100 METER HURDLES

1) 13.38	Rosa Baker	NCAA Championships	1989
2) 13.89	Doris Williams	Big 8 Championships	1991
3) 13.94	Tiffany Davis	Big 12 Championships	1999
4) 13.97	Tracie White	Big 8 Championships	1985
5) 14.10	Vicki Cleveland	Ralph Higgens Meet	1981
6) 14.20	Vicki Fretwell	Texas Relays	1982
7) 14.30	Susie Winnigham		1975
8) 14.33	Stephani Duff	Big 12 Championships	1999
9) 14.39	Regina Brown	Big 8 Championships	1990
10) 14.83	Clara Telford	John McDonnell Invitational	2015

200 METERS

1) 23.19	TracyAnn Baker	Mt SAC Relays	1997
2) 23.25	Stacy Clack	Texas Relays- prelims	1990
3) 23.27	Sherita Jackson	Big 12 Outdoor- prelims	1997
4) 23.85	Leisa Davis-Knowles	LSU Invitational	1986
5) 24.47	Natasha Santee		1999
6) 24.52	Britney Presley	John McDonnell Invite	2014
7) 24.58	Lauren McKee	Sooner Open	2008
8) 24.73	Stephanie Ferrante	Bobcat Invitational	2015
9) 24.78	Megan Harris	Big 12 Championships	2016
10) 24.82	Melissa Ndubilo	Mean Green Twilight	2005

400 METERS

1) 52.26	Leisa Davis-Knowles	Kansas Relays	1986
2) 53.97	Nicki Brackeen	Big 8 Outdoor	1990
3) 54.66	Savannah Camacho	John McDonnell Invite	2014
4) 55.26	Kaela Edwards	John McDonnell Invitational	2015
5) 55.49	Alison Erzinger	Big 12 Outdoor	2003
6) 55.68	Andrene Thompson		1998
7) 55.87	Ambra Wesley	John Jacobs Invite	2014
T8) 56.48	Triana Browne-Hearrell	Big 12 Championships	2014
T8) 56.48	Stephanie Ferrante	John Jacobs Invitational	2015
10) 56.49	Kaylee Dodd	Arkansas Spring Invitational	2016

400 METER HURDLES

1) 55.70	Leisa Davis-Knowles	NCAA Championships	1985
2) 58.33	Alison Erzinger	NCAA Outdoor	2005
3) 58.64	Justine Craig	Texas Relays	1986
4) 1:00.21	Bailey Johnson	Big 12 Championships	2014
5) 1:00.72	Sherita Jackson	Big 8 Outdoor	1996
6) 1:01.54	Sarah Robinson	Big 12 Championships	2016
7) 1:01.89	Kendra Woodson	Sooner Twilight Meet	2009
8) 1:02.34	Margie Crossno	Ralph Higgens	1982
9) 1:02.47	Tihana Sarac	UTA Invitational	2008
10) 1:03.34	Tiffany Davis		2000

800 METERS

1) 2:01.59	Natalja Piliusina	World University Games	2013
2) 2:01.97	Kaela Edwards	Mt. SAC Relays	2016
3) 2:02.84	Savannah Camacho	Mt. SAC Relays	2014
4) 2:04.45	Clara Nichols	Mt. SAC Relays	2016
5) 2:04.61	Justine Craig	NCAA Outdoor	1987
6) 2:05.87	Kaylee Dodd	Big 12 Championships	2016
7) 2:06.26	Abbie Hetherington	Arkansas Twilight	2016
8) 2:06.90	Andrene Thompson	Mt. Sac Relays	1999
9) 2:07.18	Mihaela Susa	Arkansas Twilight	2010
10) 2:08.21	Anna Boyert	NCAA West Regional	2015

1,500 METERS

1) 4:09.51	Natalja Piliusina	Payton Jordan Invite	2012
2) 4:13.08	Mihaela Susa	Mt. SAC Relays	2010
3) 4:13.63	Kaela Edwards	NCAA Championships	2016
4) 4:17.56	Savannah Camacho	Stanford Invitational	2016
5) 4:19.09	Valentina Medina	NCAA Championship	2004
6) 4:19.34	Caileigh Glenn	Payton Jordan Invitational	2015
7) 4:19.58	Monika Juodeskaite	Arkansas Invite	2014
8) 4:19.90	Veronica Haberl	SMU Open	1986
9) 4:21.72	Aurora Dybedokken	Big 12 Championships	2016
9) 4:22.20	Christine McMiken	Texas Relays	1986

3,000 METERS

1) 9:03.32	Christine McMiken		1986
2) 9:11.58	Monika Juodeskaite	Euro. Team Championships	2014
3) 9:16.80	Jenny Framme	NCAA Outdoor	1997
4) 9:17.50	Heather Garrett	NCAA Outdoor	1990
5) 9:25.16	Hanna Smedstad	Big 12 Outdoor	2000
6) 9:32.17	Siri Alfheim	UTA Invitational	2002
7) 9:38.13	Valentina Medina	UTA Invitational	2002
8) 9:40.37	Alexandra Lindquist	Texas Relays	2001
9) 9:47.24	Shelly Moore	Big 8 Outdoor	1995
10) 9:47.46	Kristine Helle	Arkansas Invite	2014

5,000 METERS

1) 15:41.42	Jackie Goodman	NCAA Outdoor	1989
2) 15:45.70	Christine McMiken	NCAA Outdoor	1985
3) 16:00.32	Monika Juodeskaite	Mt. SAC Relays	2014
4) 16:00.47	Siri Alfheim	NCAA Outdoor	2002
5) 16:00.81	Aurora Dybedokken	NCAA Championships	2016
6) 16:09.83	Mihaela Susa	Stanford Invitational	2009
7) 16:14.95	Hanna Smedstad	Big 12 Outdoor	1999
8) 16:16.54	Mary Davies	Big 12 Outdoor	2006
9) 16:17.59	Jenny Framme		1997
10) 16:17.93	Monika Juodeskaite	Mt. SAC Relays	2013

10,000 METERS

1) 32:51.00	Christine McMiken	NCAA Championship	1986
2) 33:08.00	Mary Davies	NCAA Championship	2006
3) 33:23.93	Monika Juodeskaite	Payton Jordan Invitational	2016
4) 33:42.35	Jackie Goodman	NCAA Championship	1989
5) 33:46.79	Sara Wells	Stanford Invitational	2001
6) 33:47.70	Barbora Kuncova	Stanford Invitational	2005
7) 33:49.32	Tone Hjalmarsen	NCAA Championship	2011
8) 33:56.70	Donna Levy	Mt. Sac Relays	1992
9) 34:17.00	Karen Bridges	AAU Meet	1978
10) 34:17.72	Felicity Milton	Mt. SAC Relays	2010

3,000 METER STEEPLECHASE

1) 9:48.57	Ingeborg Loevnes	NCAA Championships	2016
2) 10:07.31	Barbora Kuncova	NCAA Outdoor	2005
3) 10:09.42	Mary Davies	Big 12 Outdoor	2006
4) 10:15.55	Kate Kujawa	Stanford Invitational	2013
5) 10:20.02	Michelle Prowse	Stanford Invitational	2005
6) 10:21.17	Eva Tomankova	Mt. SAC Relays	2008
7) 10:33.17	Kendra Woodson	Mt. SAC Relays	2010
8) 10:35.03	Jackie Campos	Bryan Clay Invite	2013
9) 10:37.75	Hanna Holst	Stanford Invitational	2007
10) 10:48.90	Natalia Kovtun	Mt. SAC Relays	2008



COWGIRL OUTDOOR RECORDS

4X100 METER RELAY

1) 44.73	R. Baker, Brackeen, Clark, Jones	Big 8 Outdoor	1990
2) 45.03	Vaughn, T. Baker, Midkiff, Jackson	Big 12 Outdoor	1997
3) 45.63		Big 12 Outdoor	1999
4) 45.83	Beamon, Dye, Vaughn, Jackson	John Jacobs Relays	1996
5) 45.97	S. Jackson, Santee, M. Jackson, Davis	Big 12 Outdoor	2000
6) 46.19			1998
7) 46.63	Hinds, T. Baker Vaughn, S. Jackson	Penn Relays	1997
8) 46.64	Presley, Ferrante, Fields, Wesley	John Jacobs Invitational	2015
9) 46.79	Presley, Ferrante Fields, Stallings	Arkansas Twilight	2015
10) 46.87	Presley, Wesley Browne-Hearrell, Wilson	John Jacobs Invite	2014

4X200 METER RELAY

1) 1:35.88	T. Baker, Midkiff, Dozovado, Jackson	Texas Relays	1997
2) 1:36.25	Jones, R. Baker, Clack, Brackeen	Drake Relays	1989
3) 1:36.46	T. Baker, Jackson, Vaughn, Dozovado	Penn Relays	1997
4) 1:38.67		Penn Relays	1996
5) 1:42.71	Dye, Glidewell Unruh, Bucknell	Drake Relays	1995

4X400 METER RELAY

1) 3:37.44	Dozovado, Thompson, Baker, Jackson	Mt. Sac Relays	1997
2) 3:41.78	Craig, Ford, Martin, Knowles	Kansas Relays	1986
3) 3:42.58	Santee, Schmidt, Beamon, Jackson	Big 8 Outdoor	1996
4) 3:43.33	Brackeen, Jones, Clark, Baker	Big 8 Outdoor	1990
5) 3:43.53		Texas Relays	1999
6) 3:46.06	Ferrante, Edwards, Coleman, Wesley	John McDonnell Invitational	2015
7) 3:46.36	Ferrante, Wesley, Fields, Crook	Drake Relays	2015
8) 3:46.39	Santee, Schmidt, Unruh, Jackson	Mt. Sac Relays	1996
9) 3:47.02	Ferrante, Wesley Fields, Coleman	Texas Relays	2015
10) 3:50.06	Camacho, Wesley Browne-Hearrell, Wilson	John McDonnell Invite	2014

4X1500M RELAY

1) 18:39.28	Framme, Thompson, De La Cerda, Smedstad	Penn Relays	1997
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1600M SPRINT MEDLEY RELAY

1) 4:03.48	Ferrante, Presley Wesley, Dodd	Texas Relays	2015
2) 4:06.07	Erzinger, Medina, Ndubilo, Ogunbanjo	Texas Relays	2002

HIGH JUMP

1) 1.87m/6-01.50	Toni Young	NCAA Championships	2012
2) 1.81m/5-11.25	Michelle Crowson	Ralph Higgens Meet	1987
3) 1.76m/5-9.25	Tammy Lienhard	Big 8 Championships	1979
4) 1.72m/5-7.75	Misty McMillian	Don Kirby Invitational	1996
5) 1.69m/5-6.5	Megan Toole	Big 12 Outdoor	1998
6) 1.68m/5-6.25	Janet Harris	Texas Relays	1986
7) 1.65m/5-5	Destyn Stallings	Tulsa Invitational	2009
T8) 1.63m/5-4.25	Marilyn Linsenmeyer	Big 8 Championships	1974
T8) 1.63m/5-4.25	Julia Schmaltz	John Jacobs Invite	2014
10) 1.59m/5-2.5	Angella Ogle	College Station Multis	2000

LONG JUMP

1) 6.21m/20-4.5	Clarissa Andrews	Big 12 Outdoor	2009
2) 6.17m/20-3	Baiba Blumbaha	Big 12 Outdoor	2009
3) 6.13m/20-1.25	Melinda Jackson	UTA Invitational	2000
T4) 6.07m/19-11	Melissa Ndubilo	UTA Invitational	2003
T4) 6.07m/19-11	Cody Birk	Tulsa Duels	2006
T6) 6.04m/19-9.75	Melody Vaughn	Big 12 Outdoor	1998
T6) 6.04m/19-9.75	Živilė Šikšnelyte	Sooner Invitational	2007
8) 6.02m/19-9	Moira Steyn	TCU Invitational	2007
T9) 6.01m/19-8.5	Taylor Stolt	Tulsa Duels	2013
T9) 6.01m/19-8.5	Stephani Duff	UTA Invitational	2002

TRIPLE JUMP

1) 13.35m/43-9.75	Viktorii Sadokhina	Big 12 Championships	2014
2) 13.11m/43-0.25	Clarissa Andrews	Big 12 Outdoor	2011
3) 12.89m/42-3.5	Paula Ogunbanjo	Big 12 Outdoor	2005
4) 12.71m/41-8.5	Adrienne Crenshaw	John McDonnell Invite	2003
5) 12.70m/41-8	Živilė Šikšnelyte	TCU Invitational	2007
6) 12.65m/41-6	Melinda Jackson		1999
7) 12.59m/41-3.75	Mateja Posavec	Zagreb	2007
8) 12.56m/41-2.5	Baiba Blumbaha	Sooner Invitational	2009
9) 12.49m/40-11.75	Cecily Carrier	Big 12 Outdoor	1997
10) 12.42m/40-9	Laverne Clark	Ralph Higgens Meet	1987

SHOT PUT

1) 17.99m/59-0.25	Chase Ealey	NCAA Championships	2016
2) 16.21m/53-2.25	Halee Prickett	Big 12 Outdoor	2005
3) 15.74m/51-7.75	Merritt Dietz	Big 12 Outdoor	2008
4) 15.21m/49-10.75	Lakendra Greathouse	Sooner Invitational	2007
5) 14.55m/47-09.00	Brooke Gritters	Big 12 Championships	2012
6) 14.42m/47-3.75	Joanne Rothery	OU Invitational	1985
7) 14.31m/46-11.50	Katie Kehl	Arkansas Spring Invitational	2016
8) 14.23m/46-8.25	Katie Hamilton	John Jacobs Invitational	2009
9) 13.61m/44-7.75	Alina Roman	Tulsa Duels	2007
10) 13.53m/44-4.75	Margaret Warders	Ralph Higgens Meet	1982

DISCUS THROW

1) 56.18m/184-4	Merritt Dietz	Kansas Relays	2008
2) 54.44m/178-7	Ieva Zarankaite	Big 12 Championships	2014
3) 51.99m/170-7	Alina Roman	Big 12 Outdoor	2007
4) 48.91m/160-6	Brooke Gritters	Ward Haylett Invite	2011
5) 47.90m/157-2	Courtney Gougler	Sooner Invitational	2009
6) 47.53m/155-11.00	Katie Kehl	Arkansas Spring Invitational	2016
7) 47.02m/154-3	Halee Prickett	Arkansas Invitational	2004
8) 45.96m/150-9	Lakendra Greathouse	Mean Green Twilight	2006
9) 44.66m/146-6	Cassandra Voss	Bobcat Invitational	2015
10) 44.13m/144-9	Delissa McClain		2004

HAMMER THROW

1) 64.69m/212-3	Delissa McClain	NCAA Regional	2005
2) 61.35m/201-3	Nancy Guillen		1999
3) 60.02m/196-11	Caitlin Way	Big 12 Championships	2013
5) 57.11m/187-4	Deleanor Kirkpatrick	Nebraska Invitational	2008
6) 55.13m/180-10	Chase Ealey	Big 12 Championships	2016
7) 53.60m/175-10	Aina Maartensson	Big 12 Championships	2016
8) 48.32m/158-6	Courtney Gougler	John Jacobs Invitational	2009
9) 46.70m/153-3	Branighan Vann	Tulsa Duels	2007
10) 45.68m/149-10	Baylor Nelson	Big 12 Championships	2016



COWGIRL OUTDOOR RECORDS

JAVELIN THROW

1) 47.43m/155-7.0	Megan Honas	Tulsa Duels	2016
2) 46.80m/153-6	Chase Ealey	Big 12 Championships	2014
3) 44.76m/176-10	Ieva Zarankaite	Big 12 Championships	2014
4) 43.72m/143-5	Vanessa Wilhelm		1999
5) 41.72m/136-11	Brandi Broaddus	KT Woodman	2005
6) 37.22m/122-1	April Hart	Tulsa Duels	2005
7) 37.12m/121-9	Karen Rademeyer	Big 12 Outdoor	1999
8) 36.30m/119-1	Laura Schmidt	Tulsa Duels	2006
9) 35.58m/116-9	Sabrena Switzer	John Jacobs Invitational	2009
10) 35.13m/115-3	Tihana Sarac	Big 12 Outdoor	2007

POLE VAULT

1) 3.75m/12-3.5	Megan Robbins	Texas Relays	1999
2) 3.10m/10-2.00	Meghan McGrath	Arkansas Spring Invitational	2016
2) 2.95m/9-8.25	Kelly Miller	Big 12 Outdoor	1998
3) 2.50m/8-2.5	Rebecca Hladik	Big 12 Outdoor	1998

HEPTATHLON

1) 5,057 pts	Tihana Sarac	Mt. SAC Relays	2008
2) 4,365 pts	Baiba Blumbaha	California Invitational	2006
3) 4,234 pts	Taylor Cates	Big 12 Outdoor	2000