



OKLAHOMA STATE TRACK AND FIELD

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2016 Outdoor Track & Field Schedule

Date	Event	Location
3/19	Tulsa Duels	Tulsa Okla.
3/26	Arkansas Spring Invitational	Fayetteville, Ark.
3/30-4/2	Texas Relays	Austin, Texas
3/31-4/2	Bobcat Invitational	San Marcos, Texas
4/1-4/2	Stanford Invitational	Palo Alto, Calif.
4/9	Jim Click Invitational	Tucson, Ariz.
4/14-4/16	Mt. SAC Relays	Walnut, Calif.
4/22	John McDonnell Invitational	Fayetteville, Ark.
4/22	Stanford Twilight	Palo Alto, Calif.
4/28-4/30	Penn Relays	Philadelphia
4/30	Rock Chalk Classic	Lawrence, Kan.
5/1	Payton Jordan Invitational	Palo Alto, Calif.
5/6	Arkansas Twilight	Fayetteville, Ark.
5/13	Big 12 Championships	Ft. Worth, Texas
5/26	NCAA West Preliminary Rounds	Lawrence, Kan.
6/8	NCAA Championships	Eugene, Ore.

Women's Entries

Rock Chalk Classic

Amira Coleman
Danielle Coleman
Shelise Davis
Chase Ealey
Stephanie Ferrante
Summor Fields
Megan Harris
Megan Honas
Katie Kehl
Lexie Lewis
Aina Maartensson
Meghan McGrath
Baylor Nelson
Sarah Robinson
Viktorii Sadokhina
Molly Sughrue
Kennedy Turner

Penn Relays

Savannah Camacho
Kaylee Dodd
Kaela Edwards
Clara Nichols
Molly Sughrue

Payton Jordan

Aurora Dybedokken
Monika Juodeskaite
Ingeborg Loevnes

Men's Entries

Rock Chalk Classic

Arlando Brewer-Johnson
Sean Casey
Trenton Daniels
Malik Givens
Tanner Green
Anthony Grogan
Wesley Hall of
Reid Joyner
Micah Kee
Conall Kirk
Donovan Nunley
Brandon Singleton
Sharod Selph
Cole Verble
Ryan Wheatley

Penn Relays

Matthew Fayers
Tyler Jackson
Tre Tez Kinnaird
Brandon Singleton
Josh Thompson

Payton Jordan

Cerake Geberkidane



BIG 12 CONFERENCE

THIS WEEK



PENN RELAYS

April 28 - 30, 2016 | Franklin Field | Philadelphia

ROCK CHALK CLASSIC

April 30, 2016 | Rock Chalk Park | Lawrence, Kan.

PAYTON JORDAN INVITATIONAL

May 1, 2016 | Cobb Track and Angell Field | Palo Alto, Calif.

THE BASICS

The distance medley relay teams and the Cowgirl 4X800-meter team head to the historic Penn Relays, while a majority of the team makes its way to the relatively new Rock Chalk Classic in Lawrence, Kansas, and the Payton Jordan Invitational back in Palo Alto, California.

FOLLOW THE MEET

Oklahoma State's results and a full recap of the competitions will be available on okstate.com following the conclusion of each day.

Visit pennrelays.com to follow the historic meet, gocardinal.com for Payton Jordan information and kuathletics.com for the Rock Chalk Classic.

BROADCAST INFORMATION

The Penn Relays and Payton Jordan Invitational will be streamed live on FloTrack and the Rock Chalk Classic will not be televised or available online.

MEET FORMAT/SCHEDULE (ALL TIMES CT)

The Penn Relays kick off Wednesday, but the Cowboys don't take the track until Thursday and the Cowgirls run Friday and Saturday.

The meet in Lawrence, Kansas, is a one-day event Saturday and the full schedule of events can be found online at the school's athletics website.

Out in California, the Payton Jordan Invitational is also a single-day event, taking place Sunday.

LAST TIME OUT

The Cowboy All-American Josh Thompson ran in the fast heat of the 1,500-meter run and finished second in a Big 12-leading 3:41.88, good enough for the eight spot on the Cowboy all-time top-10 list.

His heat produced three times that rank in the top-15 of the West Region, and Thompson's second place finish puts him at third in the West, just three-tenths of a second off Washington's Izaic Yorks in the top spot.

Cowboy senior Craig Nowak won his first 5,000-meter race of the season, finishing in 13:54.37 in Palo Alto for a top-15 spot in the West and the No. 2 time in the Big 12.

It was his first 5,000 of the season and second race of his outdoor campaign after opening with a 1,500-meter tune-up back at Stanford in early April.

With his time from Friday, the Cowboys have the two fastest times in the Big 12 and join Oregon, Arkansas and Colorado as the only schools with two athletes in the top-15 in the 5,000 in the West Region.

Also in the men's 5,000 was Vegard Oelstad who opened up his senior season with a 14:02.13 and a fifth place finish.

Jennifer Celis ran a 4:22.77 in the women's 1,500 to take third place in her heat and 11th overall in a competitive field. Her time is sixth in the Big 12 and adds to the Cowgirls' conference dominance in the event. With Celis now owning a top-10 time herself, the Cowgirls make up six of the 10 fastest times in the conference this year.

Over in Arkansas, Friday was a day for the field athletes with Jacob Fincham-Dukes taking sixth in the long jump and Katie Kehl setting a near personal best 45-28/148-7 in the discus throw, though her throw from earlier in the season is sixth in Cowgirl top-10.

Anna Boyert finished third in the 1,500 in 4:20.11, topping her personal best by three seconds and jumping to fourth in the Big 12 to give the four best best times in the conference.

Freshman thrower Baylor Nelson finished fifth in the hammer with a personal best heave of 43.18m/41-8 feet.

John Teeters opened up his outdoor season in the 100 at the John McDonnell Invitational, finishing third and running a 10.16.

His time is fourth in the West Region and third in the ultra-competitive Big 12.

A LOOK BACK

Chad Noelle cruised to a top time in the NCAA and ran the third fastest time in school history at last season's Payton Jordan Invitational. He ran a 3:38.35 to win the race and add to in his undefeated season that ended with him winning the national title in the same event.

In the women's steeplechase, Ingeborg Loevnes broke her own school record by finishing in 9:48.89, just three seconds off an Olympic standard time.

It was the fifth best time in the nation at the time and Loevnes went on to qualify for the NCAA Championships, but did not run.

National champions Natalja Piliusina and Kaela Edwards had impressive days in the 800, but in different sections.

Piliusina finished third in section one, in the 800 in a near personal best 2:01.93. Edwards, in section two, finished in 2:02.63, but won her heat, which also included All-American Savannah Camacho. She finished 2:03.70.



MEET NOTES/TEAM INFORMATION

OKLAHOMA STATE (2015-16)

2015 MEN'S CROSS COUNTRY

- 16th place finish at NCAA Championships
- Big 12 Champions (Seventh-Straight)
- NCAA Midwest Regional Champions
- Cowboy Jamboree Champions
- Dave Smith - Big 12 Coach of the Year
- Big 12 Individual Champion (Vegard Oelstad)

MEN'S TRACK AND FIELD

- 24th place finish at 2016 NCAA Indoor Championships
- Five Indoor All-Americans – John Teeters (60m, fourth), Distance Medley Relay, fifth (Chad Noelle, Brandon Singleton, Tre'Tez Kinnaird, Josh Thompson)
- 2016 Big 12 Indoor Champions... Second title in past three seasons. (130 points)
- Four Indoor individual Big 12 titles -- Josh Thompson (Mile, 1,000m), Cerake Geberkidane (5,000m), Craig Nowak (3,000)
- Josh Thompson named USTFCCCA Midwest Region Men's Track Athlete of the Year
- Dave Smith named Big 12 and USTFCCCA Midwest Region Men's Coach of the Year
- 19th place finish at 2015 NCAA Outdoor Championships
- Chad Noelle (1,500) wins 2015 NCAA title. (10th national champion in school history. First since 2009.)
- Three 2015 Big 12 individual titles -- Chad Noelle (1,500), Kirubel Erassa (5,000 and 10,000)
- Sixth place finish at 2015 Big 12 Outdoor Championships

2015 WOMEN'S CROSS COUNTRY

- Cowboy Jamboree team champions
- Seventh place finish at NCAA Championships (Second-highest in school history)
- Big 12 team champions
- NCAA Midwest Regional champions
- Ingeborg Loevenes (35th place) -- XC All-American
- Dave Smith - Big 12 Coach of the Year

WOMEN'S TRACK AND FIELD

- 10th place finish at 2016 NCAA Indoor Championships... Highest in school history (18 points)
- Kaela Edwards wins mile national title... First Cowgirl indoor title since 2002
- Seven indoor All-Americans -- Kaela Edwards (mile, champion), Savannah Camacho (800m, fourth), Chase Ealey (Shot Put, sixth) Distance Medley Relay, ninth (Molly Sughrue, Danielle Coleman, Clara Nichols, Anna Boyert)
- Four Big 12 Indoor titles -- Kaela Edwards (mile, 1,000m), Ingeborg Loevenes (3,000m) Distance Medley Relay (Sughrue, Coleman, Nichols, Celis)
- Finished second at Big 12 Indoor Championships... Highest in school history
- 35th place finish at 2015 NCAA Outdoor Championships
- Two 2015 First Team All-Americans: Savannah Camacho - 800-meters (eighth Place), Natalja Piliusina - 1,500-meters (fourth place)
- Two 2015 Big 12 Outdoor Champions - Savannah Camacho (800), Natalja Piliusina (1,500)
- 13 individual 2015 Outdoor All-Big 12 honors.

COWGIRLS HEAD TO PENN RELAYS WITH HIGH HOPES

It's the first time in a while that the Cowgirls have made the trip to Philadelphia for the Penn Relays, but now that they're back, they have big plans.

The Cowgirls will run in both the 4X800-meter relay and distance medley relay this weekend, starting with the distance medley relay Thursday.

The quartet is coming off their second-straight Big 12 Indoor title in the event as well as a ninth-place finish at the NCAA Indoor Championships and a win at the Drake Relays a season ago.

Though the Cowgirl team didn't make the trip out east last season, they ran away with the DMR title at Drake in 11:15.03, snapping a 25-year winless drought at the competition. They also won the 4X800 and broke the Drake Relays record en route to a 4X1600-meter title as well.

While the competition is expected to be stiff in the City of Brotherly Love, with meet record holder Villanova and Georgetown toeing the line with the Cowgirls in the DMR, and Oregon headlining the 4X800 competition, the Pokes have as good a shot as any team to come away with silverware from the weekend.

COWGIRLS STAY PUT AT NO. 21 IN USTFCCCA POLL

Nothing changed, ranking-wise, for the Cowgirls this week, remaining at 21 in the latest United States Track and Field and Cross Country Coaches Association top-25, but Cowgirl athletes made moves in their respective event categories.

Kaela Edwards' 2:01.93 in the 800-meter run from two weeks ago continues to lead the Big 12 conference and the nation, and the Cowgirl with arguably the best range in the nation also sits at a respectable 11th in the West Region in the 1,500-meter run.

The Cowgirls have three other athletes in the top-50 for the West Regional 1,500, including Savannah Camacho at 13th, Ingeborg Loevenes at 28 and, the most recent addition to the list, Anna Boyert, whose 4:20.11 is 30th.

Chase Ealey's shot put heave of 17.71m/58-1.25 is second in the West Region and Clara Nichols' 800-meter personal best of 2:04.45 gives her the seventh Cowgirl top-15 spot at eighth.

For the Cowboys, while they dropped out of the ranking for the first time since the preseason, John Teeters, Josh Thompson and Craig Nowak joined Cerake Geberkidane and Tre'Tez Kinnaird this weekend with top-20 regional times in their respective events.

Teeters' 10.16 opener in the 100-meter dash is good for fourth in the West, Thompson's 1,500-meter time is fourth-best and Nowak's 12-second personal best in the 5,000-meter run is good for 14th.

SEASON SWEEP?

The Cowboy track and field team is in a unique position heading into the outdoor season.

For just the second time in conference history, a team has the opportunity to sweep the cross country, indoor and outdoor track and field Big 12 Championships. The only other team in Big 12 history to be in this position was the 2013-14 Cowboy squad that finished third at the outdoor championships.

The task will not be easy, though. After finishing third at indoors in 2015, the Cowboys finished sixth at last year's outdoor championships, scoring 69 points and bringing home three individual titles, including the 10K, 5K and 1,500-meter championships.

If OSU can pull off the unprecedented, it will not just be its first Big 12 outdoor title in school history, but its first team title since 1957, when the school was still Oklahoma A&M.

The Pokes' highest finish at the outdoor championships since joining the Big 12 is the third-place finish from 2014, but OSU did nab back-to-back runners-up finishes in the Big 8 back in 1959 and 1960.

OSU OUTDOOR TOP-10 MARKS SET THIS SEASON

Men

Athlete	Event	Mark	Rank	Date
Jacob Fincham-Dukes	Long Jump	7.46m/24-5.75	8	3/20/16
Tre'Tez Kinnaird	800 Meters	1:48.43	5	4/16/16

Women

Athlete	Event	Mark	Rank	Date
Megan Honas	Javelin Throw	47.43m/155-7.50	1	3/20/16
Kaylee Dodd	400 Meters	56.49	10	3/26/16
Chase Ealey	Shot Put	17.71m/58-1.25	1	3/26/16
Katie Kehl	Shot Put	14.31m/46-11.50	7	3/26/16
Katie Kehl	Discus Throw	47.53m/155-11.00	6	3/26/16
Aina Maartensson	Hammer Throw	51.99m/170-7	6	3/25/16
Chase Ealey	Hammer Throw	50.10m/164-4	7	3/25/16
Meghan McGrath	Pole Vault	3.10m/10-2.00	2	3/26/16
Clara Nichols	800 Meters	2:04.45	4	4/16/16
Kaylee Dodd	800 Meters	2:07.31	8	4/2/16
Savannah Camacho	1500 Meters	4:17.56	4	4/9/16
Kaela Edwards	1500 Meters	4:17.07	3	4/15/16
Kaela Edwards	800 Meters	2:01.97	2	4/16/16

2016 USTFCCCA National Rankings (Week Four)

Men

1	Texas A&M
2	Florida
3	LSU
4	Arkansas
5	Georgia
6	Texas
7	Oregon
8	Alabama
9	Texas Tech
10	Virginia
11	Minnesota
12	Syracuse
13	Virginia Tech
14	Penn State
15	Mississippi State
16	UCLA
17	South Carolina
18	Houston
19	Texas Christian
20	Mississippi
21	Middle Tennessee
22	Iowa
23	Southern California
24	Penn
25	Florida State

Women

1	Arkansas
2	Kentucky
3	Oregon
4	Texas
5	Florida
6	LSU
7	Southern California
8	Kansas State
9	Tennessee
10	Harvard
11	Stanford
12	Texas A&M
13	Georgia
14	Mississippi State
15	Miami (Fla.)
16	Oklahoma
17	Baylor
18	Arizona
19	Wisconsin
20	Auburn
21	Oklahoma State
22	New Mexico
23	Nebraska
24	Mississippi
25	Michigan State



OKLAHOMA STATE SEASON BESTS

Cowboys in the Conference Top-10

Name	Event	Time	Big 12 Rank
John Teeters	100 Meters	10.16	3
Arlando Brewer-Johnson	100 Meters	10.50	9
Tre'Tez Kinnaird	800 Meters	1:48.43	3
Josh Thompson	1500 Meters	3:41.88	1
Matthew Fayers	1500 Meters	3:44.57	3
Brigham Hedges	1500 Meters	3:46.26	7
Craig Nowak	1500 Meters	3:46.75	9
Cerake Geberkidane	5000 Meters	13:51.79	1
Craig Nowak	5000 Meters	13:54.37	2
Vegard Oelstad	5000 Meters	14:02.13	6
Luis Martinez	5000 Meters	14:34.48	10
Donovan Nunley	100m Hurdles	14.84	10
Luis Martinez	3000m Steeplechase	9:17.39	8
Anthony Armstrong	3000m Steeplechase	9:22.36	10
Jacob Fincham-Dukes	Long Jump	7.46m/24-5.75	6
Simon Imagbe	Long Jump	7.33m/24-0.75	9
Cole Verble	Decathlon	6073 pts.	9

Cowboys in the West Regional Top-50

Name	Event	Time	Region Rank
John Teeters	100 Meters	10.16	4
Arlando Brewer-Johnson	100 Meters	10.50	47
Tre'Tez Kinnaird	800 Meters	1:48.43	16
Josh Thompson	1500 Meters	3:41.88	4
Matthew Fayers	1500 Meters	3:44.57	41
Cerake Geberkidane	5000 Meters	13:51.79	10
Craig Nowak	5000 Meters	13:54.37	14
Vegard Oelstad	5000 Meters	14:02.13	32
Jacob Fincham-Dukes	Long Jump	7.46m/24-5.75	31
Simon Imagbe	Long Jump	7.33m/24-0.75	45

Cowgirls in the Conference Top-10

Name	Event	Time	Big 12 Rank
Kaela Edwards	800 Meters	2:01.97	1
Clara Nichols	800 Meters	2:04.45	2
Kaylee Dodd	800 Meters	2:07.31	5
Kaela Edwards	1500 Meters	4:17.07	1
Savannah Camacho	1500 Meters	4:17.56	2
Ingeborg Loevnes	1500 Meters	4:20.04	3
Anna Boyert	1500 Meters	4:20.11	4
Jennifer Celis	1500 Meters	4:22.77	8
Clara Nichols	1500 Meters	4:23.90	9
Aurora Dybedokken	5000 Meters	16:03.72	2
Monika Juodeskaite	5000 Meters	16:19.28	6
Natalie Baker	10,000 Meters	34:12.59	3
Chase Ealey	Shot Put	17.71m/58-1.25	1
Chase Ealey	Hammer Throw	56.00m/183-9	8
Megan Honas	Javelin Throw	47.43m/155-7	9

Cowgirls in the West Regional Top-50

Name	Event	Time	Region Rank
Kaela Edwards	800 Meters	2:01.97	1
Clara Nichols	800 Meters	2:04.45	8
Kaylee Dodd	800 Meters	2:07.31	15
Kaela Edwards	1500 Meters	4:17.07	11
Savannah Camacho	1500 Meters	4:17.56	13
Ingeborg Loevnes	1500 Meters	4:20.04	28
Anna Boyert	1500 Meters	4:20.11	30
Aurora Dybedokken	5000 Meters	16:03.72	12
Monika Juodeskaite	5000 Meters	16:19.28	36
Natalie Baker	10,000 Meters	34:12.59	20
Chase Ealey	Shot Put	17.71m/58-1.25	2
Chase Ealey	Hammer Throw	56.00m/183-9	49
Megan Honas	Javelin Throw	47.43m/155-7	30
Chase Ealey	Javelin Throw	44.89m/147-3	50



2015-16 MEN'S CROSS COUNTRY/TRACK AND FIELD ROSTER



DAVE SMITH

- Seventh Year as Director of Cross Country and Track and Field
- 14th Year at Oklahoma State
- Michigan State, 1993

COACHING TIMELINE

1997-98: Washington XC and track and field volunteer assistant coach

1998-2002: Texas Tech head men's and women's XC coach and assistant track and field coach

2002-05: Oklahoma State men's assistant coach

2006-present: Oklahoma State men's XC head coach and assistant track and field coach

Dec. 2008-present: OSU men's track and field head coach

2009-present: Oklahoma State director of cross country/track and field (men's and women's programs)

CAREER HIGHLIGHTS

- Coached Oklahoma State to NCAA Men's Cross Country titles in 2009, 2010 and 2012.
- Coached Oklahoma State to Big 12 Men's Cross Country titles from 2008 to 2015 and an indoor Big 12 title in 2014--the first in school history.
- Three-time USTFCCCA Men's Cross Country National Coach of the Year (2009, 2010, 2012).
- Seven-time Big 12 Men's Cross Country Coach of the Year (2008, 2009, 2010, 2011, 2012, 2013, 2014) and won the women's coach of the year in 2015.
- Named the 2014 Big 12 Indoor Coach of the Year and USTFCCCA Midwest Region Coach of the Year.
- Coached five NCAA individual champions (Leigh Daniel won the 1999 women's indoor 5K and 1999 outdoor 10K under his watch at Texas Tech, German Fernandez won the 2009 men's outdoor 1,500 meter national title, Natalja Piliusina won the 2013 women's outdoor 1,500 meter title under his guidance at Oklahoma State and Chad Noelle won the 1,500-meter title in 2015 as a senior under Smith.)
- Coached 82 All-Americans and 64 Big 12 individual champions.
- Twice under his watch has the Oklahoma State men's cross country team been recognized as the USTFCCCA All-Scholar Team of the Year (2010, 2012).

OSU Men at NCAAs Under Smith*

Men	XC	Indoors	Outdoors	All-Americans
2006-07	10th	-	-	0
2007-08	3rd	-	-	3
2008-09	8th	NTS	25th	4
2009-10	1st	60th	T32nd	6
2010-11	1st	NTS	NTS	8
2011-12	2nd	28th	T66th	12
2012-13	1st	8th	T65th	16
2013-14	3rd	T6th	13th	9
2014-15	9th	13th	19th	14
2015-16	18th	24th	TBD	4

OSU Women at NCAAs Under Smith*

Women	XC	Indoors	Outdoors	All-Americans
2009-10	NTS	40th	NTS	2
2010-11	17th	40th	34th	7
2011-12	30th	28th	50th	4
2014-15	-	-	-	-
2012-13	26th	40th	25th	2
2013-14	NTS	15th	NTS	3
2014-15	NTS	28th	35th	7
2015-16	7th	10th	TBD	8

* Only counts time as a head coach.

Name	Event	XC/In/Out	Hometown/Previous School
Olabode Aiyibo	Middle Distance	- /Jr/Jr	Yeadon, PA/Penn Wood HS
Elliot Bowker	Middle Distance	Fr/Fr/Fr	England
Waylan Anderson	Sprints/Jumps	- /Fr/Fr	Bethany, OK/Edmond Memorial
Anthony Armstrong	Distance	So/Jr/Jr	Kennewick, WA/Kamiakin
Bryce Balenseifen	Distance	Fr/Fr/Fr	Edmond, OK/Deer Creek
Bryce Balous	Sprints	- /Fr/Fr	McKinney, TX/McKinney North
Arlando Brewer-Johnson	Sprints	- /So/So	Tulsa, OK/Booker T. Washington
Brayden Brock	Middle Distance	Fr/Fr/Fr	Kansas, OK/Kansas HS
Trenton Daniels	Middle Distance	- /Fr/Fr	Brookfield, WI/Brookfield East
Joseph Ellison	Sprints	- /Fr/Fr	Keller, TX/Keller Central
Matthew Fayers	Middle Distance	So/So/Jr	Ickenham, England/Vyners
Jacob Fincham-Dukes	Sprints/Jumps	Fr/Fr/Fr	Leeds, England/St. Aidan's & St. John Fisher
Noah Gade	Distance	So/So/So	Stillwater, OK/Stillwater
Chance Galloway	Middle Distance	Fr/Fr/Fr	Tulsa, OK/Tulsa Memorial
Cerake Geberkidane	Distance	So/So/Fr	Denver, CO/East
Malik Givens	Sprints	- /Fr/Fr	Tulsa, OK/Booker T. Washington
Brian Gohlke	Distance	Sr/Sr/-	The Woodlands, TX/College Park
Tanner Green	Sprints	- /Fr/Fr	Olathe, KS/Olathe South
Anthony Grogan Jr.	Sprints	- /Fr/Fr	McKinney, TX/McKinney North
Brigham Hedges	Distance	So/Jr/Jr	The Woodlands, TX/ The Woodlands
Simon Imagbe	Jump	- / So/Fr	
Tyler Jackson	Sprints	- /So/So	Claremore, OK/Claremore
Alexander Johansson	Distance	Jr/Sr/Sr	Southlake, TX/Carroll
Bradley Johnson	Middle Distance	So/Jr/Jr	Brookfield, WI/Brookfield East HS/Minnesota
Timauntay Jones	Middle Distance	- /Jr/Jr	Cedar Rapids, IA/Jefferson
Reid Joyner	Jumps	- /Fr/Fr	Claremore, OK/Claremore
Sukhi Khosla	Distance	Fr/Fr/Fr	Tallahassee, FL/Leon
Tre'tez Kinnaird	Middle Distance	- /Jr/Jr	Louisville, KY/Butler HS/Indiana
Conall Kirk	Middle Distance	- /Fr/Fr	Belfast, Northern Ireland/Sullivan Upper School
Christian Liddell	Distance	Fr/Fr/Fr	Rogers, AR/Rogers
Luis Martinez	Distance	So/Jr/Jr	Rio Rancho, NM/Cleveland
Justin McBride	Sprints	- /So/So	Houston, TX/Cypress Ridge
Nick Miller	Throws	- / - /Sr	Carlisle, United Kingdom/William Howard School
Jerel Morrow	Jumps	- /Jr/Jr	Emporia, KS/Emporia
Benito Muniz	Middle Distance	Fr/Fr/Fr	Carmel, NY/Carmel
Chad Noelle	Middle Distance	Jr/Sr/-	Binghamton, NY/Greene Central
Cole Norton	Sprints	- /Fr/Fr	Picton, ON, Canada/Prince Edward Collegiate HS
Craig Nowak	Distance	Sr/Jr/Jr	Cypress, TX/Cypress Woods
Donovan Nunley	Sprints/Jumps	- /Fr/Fr	Edmond, OK/Edmond Memorial
Vegard Oelstad	Distance	Sr/Sr/Sr	Gjovik, Norway/Gjovik Videregaaende/Western State
Austin Rochford	Sprints	- /Fr/Fr	Edmond, OK/Deer Creek
Sharod Selph	Sprints	- /Sr/Sr	Newark, NJ/Weequahic
Brandon Singleton	Sprints	- /So/So	Aurora, CO/Cherokee Trail
Ty Smith	Sprints	- /Fr/Fr	Stillwater, OK/Stillwater
Austin Swann	Middle Distance	Fr/Fr/Fr	Enid, OK/Chisholm
John Teeters	Sprints	- /Sr/Sr	Edmond, OK/Edmond Memorial
Colton Thomas	Throws	- /Fr/So	Spring, TX/Klein-Collins
Josh Thompson	Middle Distance	So/Fr/So	Logandale, NV/Moapa Valley/Central Arizona
Heinrich van Niekerk	Distance	Fr/Fr/Fr	South Africa
Cole Verble	Multi-Events	- /So/So	Edmond, OK/Deer Creek
Ryan Wheatley	Middle Distance	- /So/So	Grove, OK/Grove
Jordan Williams	Middle Distance	- /Jr/Jr	Oklahoma City, OK/Choctaw
Miles Yapp	Distance	Fr/Fr/Fr	Snellville, GA/Brookwood

Pronunciation Guide

Olabode Aiyibo	oh-luh-bode-e i-yay-bo
Arlando Brewer-Johnson	are-land-oh
Noah Gade	gay-dee
Cerake Geberkidane	sir-ahk geb-er-kih-dahn
Brian Gohlke	goal-key
Alexander Johansson	yo-han-sun

Timauntay Jones	tim-ahn-tay
Conall Kirk	con-uhl
Chad Noelle	no-el
Craig Nowak	no-wack
Sharod Selph	shuh-rod
Justin Vilhauer	vill-hour



2015-16 WOMEN'S CROSS COUNTRY/TRACK AND FIELD ROSTER

Name	Event	XC/In/Out	Hometown/Previous School
Natalie Baker	Distance	Jr/Jr/Jr	Plano, TX/Plano West
Anna Boyert	Distance	Jr/Jr/Jr	Medina, OH / Medina
Triana Brown-Hearrell	Sprints	- /Jr/Jr	Peachtree City, GA/Starr's Mill
Savannah Camacho	Middle Distance	So/Jr/Jr	Paso Robles, CA/Templeton
Jennifer Celis	Middle Distance	Fr/So/Fr	Hotchkiss, CO/Hotchkiss
Amira Coleman	Sprints	Fr/Fr/Fr	Wylie, TX/ Wylie East
Danielle Coleman	Sprints	- /So/So	McKinney, TX/McKinney North
Cydney Crook	Sprints	- /Jr/Jr	Missouri City, TX/Westside
Darby Crynes	Distance	- /Fr/Fr	Oklahoma City/ Heritage Hall
Shelise Davis	Throws	- /Fr/Jr	Sandy, UT/Juan Diego
Kaylee Dodd	Middle Distance	So/So/So	Essex, England/Seevic College
Aurora Dybedokken	Middle Distance	So/So/So	Asker, Norway/Sandvika Vgs
Chase Ealey	Throws	- /Sr/Sr	Los Alamos, NM/Los Alamos
Kaela Edwards	Middle Distance	So/Jr/So	Highlands Ranch, CO/Littleton
Aubrey Ellett	Distance	Fr/Fr/Fr	Wichita Falls, TX/ Rider
Meredith Farley	Distance	Jr/Jr/Jr	Edmond, OK/Edmond North
Stephanie Ferrante	Sprints	- /So/So	Chardon, OH/Chardon
Summor Fields	Sprints	- /So/So	Fresno, TX/Hightower
Jillian Hagen	Sprints	Fr/Fr/Fr	Oklahoma City/ Bishop McGuinness
Hannah Harris	Distance	Fr/Fr/So	Keller, TX/Keller
Megan Harris	Sprints	- /Fr/Fr	Grapevine, TX/ Colleyville Heritage
Emily Helms	Distance	So/Jr/Jr	Mustang, OK/Mustang
Abbie Hetherington	Middle Distance	So/So/So	Carlisle, England/The Nelson Thomlinson School
Sarah Humphrey	Distance	Sr/Sr/Sr	Columbia, MO/Rock Bridge
Anna Hurlbut	Distance	Fr/Fr/Fr	Lincoln, NE/Lincoln Southwest
Monika Juodeskaite	Distance	- /Sr/Sr	Kaunas, Lithuania/Salomejos Neries
Katie Kehl	Throws	- /Jr/Jr	Baldwin City, KS/Baldwin
Kaytlyn Larson	Middle Distance	Fr/Fr/Fr	Lakeville, MN/ Lakeville South
Lexie Lewis	Sprints	- /Fr/Fr	Brownwood, TX/ Brownwood
Ingeborg Loevnnes	Middle Distance	Jr/Sr/Sr	Fetsund, Norway/ Lillestrøm videregående skole
Aina Maartensson	Throws	- /Fr/Fr	Stockholm, Sweden/ Blackeberg's Gymnasium
Mychelle Martin	Distance	Jr/Jr/Jr	Ponca City, OK/Ponca City
Natalie Martin	Distance	Fr/Fr/Fr	Ponca City, OK/Ponca City
Janelle Martinez	Distance	Jr/Sr/Sr	Greeley, CO/Greeley Central
Meghan McGrath	Pole Vault	- /Fr/Fr	Monument, CO/ Lewis-Palmer
Erin Megna	Distance	Sr/Sr/Sr	Houston, TX/William P. Clements
Maddie Molloy	Distance	Jr/Jr/Jr	Edmond, OK/Santa Fe
Gloria Moseley	Throws	- /Sr/ -	Edmond, OK/Edmond Memorial
Clara Nichols	Middle Distance	Jr/Sr/Jr	Omaha, NE/Millard South
Haley Nipper	Distance	Jr/Jr/Jr	Ponca City, OK/Ponca City
Sarah Robinson	Sprints/Jumps	- /So/So	Southlake, TX/Carroll
Viktoriia Sadokhina	Jumps	Jr/Jr/Jr	Samara, Russia/1106 Samara
Sofia Santos	Distance	- /Fr/Fr	Houston, TX/ North Shore Senior
MaKenzie Sauder	Distance	Sr/Sr/Sr	Great Bend, KS/Great Bend
Katie Spencer	Distance	Fr/Fr/Fr	Omaha, NE/ Millard South
Brittany Stallings	Sprints	- /So/So	Okmulgee, OK/Okmulgee
Molly Sughroue	Middle Distance	So/Fr/Fr	McCook, NE/McCook
Holly Tober	Distance	Sr/Sr/Sr	Oologah, OK/Oologah-Talala High School
Kennedy Turner	Sprints	- /Fr/Fr	Desoto, TX/ Desoto
Ambra Wesley	Sprints	So/So/Jr	Murphy, TX/Wylie
Paige Wikle	Distance	Sr/Sr/Sr	Stillwater, OK/Stillwater
Ieva Zarankaite	Throws	- /So/Jr	Utena, Lithuania/Utena Adolfas Sapoka Gymnasium
Gintare Zenkeviciute	Distance	Jr/So/So	Svencioneliai, Lithuania/Mindaugas Gymnasium
Chelsea Zobrist	Middle Distance	Jr/Jr/Jr	Southlake, TX/ Southlake Carroll

Pronunciation Guide

Jennifer Celis	suh-lease
Aurora Dybedokken	dib-eh-dock-en
Stephanie Ferrante	fur-ahn-tay
Kristine Helle	hell-uh
Monika Juodeskaite	yo-deh-sky-day
Katie Kehl	keel
Ingeborg Loevnnes	in-guh-borg love-ness
Ida Oesteras	e-duh oh-stare-us

Alicia Palmer	uh-leash-uh
Lindy Pasley	pass-lee
Natalja Piliusina	pih-loosh-nuh
Viktoriia Sadokhina	suh-dock-in-uh
Molly Sughroue	shoe-grow
Ieva Zarankaite	e-yev-uh zare-en-kye-tuh
Gintare Zenkeviciute	ginn-tar-uh zin-kev-uh-chew-tuh

ASSISTANT COACHES/STAFF



DIEGO FLAQUER

Sprints coach
Third Year at Oklahoma State



LUCAIS MACKAY

Throws coach
First Year at Oklahoma State



BOBBY LOCKHART

Middle distance coach (men's)
Eighth Year at Oklahoma State



TERAN MIXON

Assistant Coach
Third Year at Oklahoma State



ZIVILE PUKSTIENE

Jumps coach
13th Year at Oklahoma State



DANNY STULTS

Director of Operations
First Year Year at Oklahoma State



PERSONAL BESTS - MEN

OLABODE AIYEBO

400 meters - 50.60
800 meters - 1:57.37

ANTHONEY ARMSTRONG

Mile - 4:10.74
1,500 meters - 3:49.94
3,000 meters - 8:11.92
Steeplechase - 8:59.69
5,000 meters - 14:55

BRYCE BALENSEIFEN

Mile - 4:11.27
800 meters - 1:52.98
1,600 meters - 4:11.57
3,200 meters - 9:16
5,000 meters - 15:10

BRYCE BALOUS

100 meters (wind-aided) - 10.34

ARLANDO BREWER-JOHNSON

100 meters - 10.55
200 meters - 21.95
Long Jump - 7.28m/23-10.5

BRAYDEN BROCK

200 meter dash - 22.59
400 meter dash - 48.95
800 meters - 1:56.17

TRENTON DANIELS

400 meter dash - 49.30
800 meters - 1:52.80

JOSEPH ELLISON

400 meter dash - 49.10

MATTHEW FAYERS

800 meters - 1:48.12
1,500 meters - 3:43.71
Mile - 3:59.55

JACOB FINCHAM-DUKES

100 meter dash - 11.10
110 meter hurdles - 14.60
400 meter hurdles - 53.75
Long Jump - 7.75m/25-6

NOAH GADE

1,500 meters - 3:56.86
3,000 meters - 8:18.16
5,000 meters - 14:50.97
10,000 meters - 29:51.13

CHANCE GALLOWAY

400 meter dash - 47.78
800 meters - 1:52.98

CERAKE GEBERKIDANE

800 meters - 1:52.30
3,000 meters - 8:09.68
5,000 meters - 14:28
Mile - 4:08.31

MALIK GIVENS

60 meters - 6.81
100 meter dash - 10.51
200 meter dash - 21.90

BRIAN GOHLKE

1,500 meters - 3:50.17
3,000 meters - 8:09.09
5,000 meters - 14:11.46
10,000 meters - 29:17.41

TANNER GREEN

200 meter dash - 21.96
400 meter dash - 48.20

ANTHONY GROGAN JR.

60 meters - 7.04
100 meter dash - 10.74
200 meter dash - 21.13

BRIGHAM HEDGES

1,500 meters - 3:51.35
Mile - 4:06.55
3,000 meters - 8:26.05
3,000 meter steeplechase - 9:17.26

TYLER JACKSON

100 meters - 10.52
200 meters - 21.11
400 meters - 46.99

ALEXANDER JOHANSSON

1,500 meters - 3:58.39
3,000 meters - 8:29.08
5,000 meters - 15:25

BRADLEY JOHNSON

400 meters - 48.65
600 yards - 1:18.70
800 meters - 1:49.85

TIMAUNTAY JONES

800 meters - 1:51.27
1,000 meters - 2:25.70
1,500 meters - 3:58.33

REID JOYNER

High Jump - 2.03m/ 6-8

SUKHI KHOSLA

800 meters - 1:56
1,600 meters - 4:05
3,200 meters - 8:39
5,000 meters - 14:52

TRE'TEZ KINNAIRD

800 meters - 1:47.13
1,000 meters - 2:23
1,500 meters - 3:48.50
Mile - 4:13.78

CONALL KIRK

800 meters - 1:51.63
1,500 meters - 4:04.05

CHRISTIAN LIDDELL

1,600 meters - 4:20
3,000 meters - 8:29.99
3,200 meters - 9:10
5,000 meters - 15:29

LUIS MARTINEZ

1,500 meters - 3:51.03
Mile - 4:07.06
3,000 meters - 8:13.03
5,000 meters - 14:27.53

JUSTIN MCBRIDE

110 meter hurdles - 14.54
300 meter hurdles - 38.90
400 meter hurdles - 55.25
60 meter hurdles - 8.55

NICK MILLER

Weight Throw - 23.07m/75-8.25
Hammer Throw - 77.55m/254-5

JEREL MORROW

Long Jump - 7.82m/25-8.0
Triple Jump - 14.33m/47-0.0
High Jump - 1.98m/6-6.0

BENITO MUNIZ

400 meter dash - 50.01
800 meters - 1:53.16
1,600 meters - 4:08
5,000 meters - 15:20

CHAD NOELLE

800 meters - 1:48.62
1,000 meters - 2:22.55
1,500 meters - 3:38.35
Mile - 3:57.78
3,000 meters - 7:56.76

COLE NORTON

60 meter dash - 6.98
100 meter dash - 10.98
200 meter dash - 22.22

CRAIG NOWAK

1,500 meters - 3:47.01
Mile - 4:04.75
3,000 - 7:56.36
5,000 meters - 14:06.35
10K - 30:17.6

DONOVAN NUNLEY

110 meter hurdles - 14.6
Long Jump - 6.93m/22-9
Shot Put - 12.24m/ 40-2
High Jump - 1.90m/ 6-3
Decathlon - 5237 pts.

VEGARD OELSTAD

800 meters - 1:52.97
1500 meters - 3:43.08
Mile - 3:58.79
3000 meters - 8:04.51

AUSTIN ROCHFORD

100 meters - 10.57

SHAROD SELPH

60 meters - 6.74
100 meters (wind-aided) - 10.55

BRANDON SINGLETON

100 meters - 10.91
200 meters - 21.49
400 meters - 47.49

TY SMITH

100 meter dash - 10.50
200 meter dash - 21.61

AUSTIN SWANN

400 meter dash - 49.30
800 meters - 1:56.10

JOHN TEETERS

60 meters - 6.52
100 meters (wind-aided) - 9.91
100 meters (wind-legal) - 10.11
200 meters - 20.75

JOSH THOMPSON

800 meters - 1:55.38
1,500 meters - 3:57.99
Mile - 3:58.33
Steeplechase - 9:22.46

COLE VERBLE

100 meters - 12.32
Long Jump - 6.65m/21-10
Pole Vault - 4.43m/14-6.5
Javelin - 48.50m/159-1
110 Hurdles - 17.43
Discus - 119' 11"
Shot Put - 36.56m
Heptathlon - 4663 pts
Decathlon - 6073 pts.

RYAN WHEATLEY

400 meters - 49.19
600 Yards - 1:13.22
800 meters - 1:53.77

JORDAN WILLIAMS

400 meters - 50.77

MILES YAPP

1,600 meters - 4:15
Mile - 4:45.64
3,200 meters - 9:01
5,000-meters - 15:34



PERSONAL BESTS - WOMEN

NATALIE BAKER

1,500 meters - 4:37.91
Mile - 4:58.89
3,000 meters - 10:05.28
5,000 meters - 16:54.62

ANNA BOYERT

800 meters - 2:08.21
1,500 meters - 4:24.07
Mile - 4:44.40
3,000 meters - 9:26.10
5,000 meters - 17:07

TRIANA BROWNE-HEARRELL

60 meters - 8.08
200 meters - 25.60
300 meters - 40.96
400 meters - 56.48
400 meter hurdles - 1:04.87

SAVANNAH CAMACHO

400 meters - 54.66
800 meters - 2:02.84
1,000 meters - 2:49.97
Mile - 4:46.31

JENNIFER CELIS

200 meters - 26.16
400 meters - 56.34
800 meters - 2:08.74
Mile - 4:40.69

AMIRA COLEMAN

200 meters - 25.1
400 meters - 57.76

DANIELLE COLEMAN

60 meters - 8.32
200 meters - 25.00
400 meters - 56.76
800 meters - 2:17.10

CYDNEY CROOK

400 meters - 57.90
800 meters - 2:28.45
400 meter hurdles - 1:04.33

SHELISE DAVIS

Discus - 131' 5"
Shot Put - 32' 4"
Javelin - 64' 5"

KAYLEE DODD

400 meters - 56.60
800 meters - 2:06.30
1,500 meters - 4:28.14
Mile - 5:09.86

AURORA DYBEDOKKEN

800 meters - 2:08.79
1,000 - 2:52.38
1,500 meters - 4:21.27
Mile - 4:45.92
3,000 meters - 9:48.66

CHASE EALEY

Shot Put - 17.39/57-0.75
Weight Throw - 19.39m/63-7.50
Javelin - 46.80m/152-06

KAELA EDWARDS

400 meters - 55.08
800 meters - 2:02.63
1,000 meters - 2:43.11
1,500 meters - 4:26.83
Mile - 4:32.14

STEPHANIE FERRANTE

60 meters - 7.67
100 meters - 11.85
200 meters - 24.23
400 meters - 54.76

SUMMOR FIELDS

60 meters - 8.12
200 meters - 24.90
400 meters - 55.50

JILL HAGEN

200 meters - 27.83
400 meters - 57.45
600 yards - 1:30.42

MEGAN HARRIS

60 meters - 7.94
100 meters - 12.15
200 meters - 23.80
400 meters - 58.84

EMILY HELMS

3,000 meters - 9:54.50
5,000 meters - 17:10.81

ABBIE HETHERINGTON

800 meters - 2:08.68
1,000 meters - 2:49.19
1,500 meters - 4:26.07
3,000 meters - 9:50.22

MONIKA JUODESKAITE

1,500 meters - 4:19.58
3,000 meters - 9:10.83
5,000 meters - 16:00.32

KATIE KEHL

Shot Put - 14.27m/47-.25
Discus - 46.85m/153-8
Weight Throw - 14.93m/48-11.75

KAYTLYN LARSON

400 meters - 56.6
800 meters - 2:09.87
1,600 meters - 4:58.83
Mile - 5:03.28

KATHERINE LEE

200 meters - 27.66
400 meters - 57.00

LEXIE LEWIS

100 meters - 11.75
200 meters - 24.10

INGEBORG LOEVNES

800 meters - 2:08.89
1,500 meters - 4:17.40
3,000 meters - 9:27.36
3,000 meter steeplechase - 9:48.89

AINA MAARTENSSON

Hammer throw - 53.40m/175-2
Weight throw - 15.90m/52-2

JANELLE MARTINEZ

1,500 meters - 4:32.97
3,000 meters - 9:52.20
5,000 meters - 16:58.37

BAYLOR NELSON

Discus - 42.36m/139-0
Shot Put - 11.12m/36-6
Weight Throw - 11.09m/36-4.75

CLARA NICHOLS

100 meters - 11.97
200 meters - 24.66
400 meters - 55.05
600 yards - 1:21.78
800 meters - 2:06.25
1,000 meters - 2:51.57
1,500 meters - 4:27.79

ALICIA PALMER

100 meter hurdles - 14.47
200 meters - 25.99
300 meter hurdles - 46.34

BRITTNEY REID

60 meters - 7.91
100 meters - 11.86
200 meters - 24.79
Long Jump - 5.58m/18-3.75

SARAH ROBINSON

100 meter hurdles - 14.98
300 meter hurdles - 43.55
400 meter hurdles - 1:02.05
Long Jump - 5.55m/18-2.5
60 meter hurdles - 9.30

VIKTORIA SADOXHINA

Triple Jump - 13.35m/43-9.75
Long Jump - 5.95m/19-6.25

SOFIA SANTOS

1,500 meters - 4:47
5,000 meters - 18:26

KATIE SPENCER

1,600 meters - 4:55.18
Mile - 5:05.98
3,200 meters - 10:31.58
5,000 meters - 18:13

BRITTANY STALLINGS

60 meters - 7.98
100 meters - 12.76
200 meters - 24.48
400 meters - 55.50

MOLLY SUGHROUE

400 meters - 56.29
800 meters - 2:07.86
1,600 meters - 5:10.82

KENNEDY TURNER

300 meter hurdles - 43.37

AMBRA WESLEY

200 meters - 25.08
400 meters - 55.87

IEVA ZARANKAITE

Discus - 54.44m/178-7
Shot Put - 14.18m/46-6.25
Weight Throw - 14.57m/47-9.75
Javelin - 44.82m/147-0

GINTARE ZENKEVICIUTE

1,500 meters - 4:32.78
3,000 meters - 9:49.49
5,000 meters - 16:39.21



2016 MEN'S OUTDOOR RESULTS

2016 Outdoor Results By Meet Men's

TULSA DUELS

March 19, 2016 :: Hurricane Track and Soccer Center :: Tulsa, Okla.

Pl.	Athlete	Event	Mark
4.	Simon Imagbe	100 Meters	11.09
7.	Tyler Jackson	200 Meters	21.94
10.	Ty Smith	200 Meters	22.49
12.	Jacob Fincham-Dukes	200 Meters	22.58
13.	Cole Norton	200 Meters	22.66
6.	Anthony Grogan Jr.	400 Meters	50.65
9.	Malik Givens	400 Meters	51.13
12.	Tanner Green	400 Meters	52.19
6.	Brigham Hedges	800 Meters	1:59.13
2.	Ryan Wheatley	1500 Meters	4:06.61
6.	Anthony Armstrong	1500 Meters	4:09.52
3.	Donovan Nunley	110 Meter Hurdles	15.16
9.	Cole Verble	110 Meter Hurdles	17.07
1.	Jacob Fincham-Dukes	Long Jump	7.46m
3.	Simon Imagbe	Long Jump	7.31m
13.	Donovan Nunley	Long Jump	6.67m
15.	Cole Verble	Long Jump	6.34m
7.	Reid Joyner	High Jump	1.85m
8.	Donovan Nunley	High Jump	1.75m
8.	Cole Verble	Pole Vault	4.25m
5.	Wesley Halof	Javelin Throw	48.41m
7.	Sean Casey	Javelin Throw	46.52m
9.	Cole Verble	Discus Throw	31.88m
7.	Donovan Nunley	Shot Put	12.61m
1.	Oklahoma State Team A (T. Smith, M. Givens, A. Grogan, T. Jackson)	4X100m Relay	41.65

ARKANSAS SPRING INVITATIONAL

March 25-26, 2016 :: John McDonnell Field :: Fayetteville, Ark.

Pl.	Athlete	Event	Mark
14.	Arlando Brewer-Johnson	100 Meters	10.68
18.	Simon Imagbe	100 Meters	10.81
31.	Jacob Fincham-Dukes	100 Meters	11.10
33.	Cole Norton	100 Meters	11.16
36.	Ty Smith	100 Meters	11.29
11.	Malik Givens	200 Meters	21.42
29.	Ty Smith	200 Meters	22.37
31.	Cole Norton	200 Meters	22.56
4.	Tyler Jackson	400 Meters	48.42
7.	Brandon Singleton	400 Meters	48.59
15.	Anthony Grogan Jr.	400 Meters	50.09
16.	Tanner Green	400 Meters	50.55
4.	Ryan Wheatley	800 Meters	1:53.19
4.	Cerake Geberkidane	1500 Meters	3:50.06
7.	Brigham Hedges	1500 Meters	3:51.83
9.	Luis Martinez	1500 Meters	3:53.40
10.	Anthony Armstrong	1500 Meters	3:53.52
8.	Reid Joyner	High Jump	1.95m/6-4.75
7.	Simon Imagbe	Long Jump	7.33m/24-0.75
12.	Jacob Fincham-Dukes	Long Jump	6.97m/22-10.50
14.	Arlando Brewer-Johnson	Long Jump	6.90m/22-7.75
20.	Micah Kee	Long Jump	6.45m/21-2.00
7.	Sean Casey	Javelin Throw	50.47m/165-7.00
8.	Wesley Halof	Javelin Throw	50.46m/165-7.00
5.	Cole Verble	Decathlon	6073 pts.
7.	Donovan Nunley	Decathlon	5237 pts.
6.	Oklahoma State Team A (A. Brewer-Johnson, M. Givens, A. Grogan Jr., T. Jackson)	4X100 Meter Relay	40.60
3.	Oklahoma State Team A (B. Singleton, T. Jackson, A. Grogan Jr., T. Green)	4X400 Meter Relay	3:15.44

STANFORD INVITATIONAL

April 1-2, 2016 :: Cobb Track and Angell Field :: Palo Alto, Calif.

Pl.	Athlete	Event	Mark
2.	Craig Nowak	1500 Meters	3:46.75
6.	Brigham Hedges	1500 Meters	3:49.55
4.	Cerake Geberkidane	5000 Meters	13:51.79
12.	Luis Martinez	5000 Meters	14:34.48
20.	Anthony Armstrong	5000 Meters	15:11.03
3.	Jacob Fincham-Dukes	Long Jump	7.43m/24-4.50
6.	Simon Imagbe	Long Jump	7.31m/23-11.75

BOBCAT INVITATIONAL

March 31-April 2, 2016 :: Bobcat Track and Field Stadium :: San Marcos, Texas

Pl.	Athlete	Event	Mark
19.	Sharod Selph	100 Meters	10.80
26.	Arlando Brewer-Johnson	100 Meters	10.95
27.	Sharod Selph	200 Meters	21.84
35.	Anthony Grogan Jr.	200 Meters	21.95
---	Arlando Brewer-Johnson	Long Jump	FOUL
1.	Oklahoma State Team A (S. Selph, J. Teeters, A. Brewer-Johnson, M. Givens)	4X100m Relay	40.64

NIKE CLYDE LITTLEFIELD TEXAS RELAYS

March 30-April 2, 2016 :: Mike A. Myers Stadium :: Austin, Texas

Pl.	Athlete	Event	Mark
21.	Oklahoma State Team A (A. Brewer-Johnson, M. Givens, A. Grogan Jr., J. Teeters)	4X100m Relay	41.52

JIM CLICK SHOOTOUT

April 9, 2016 :: Drachman Stadium :: Tucson, Arizona

Pl.	Athlete	Event	Mark
8.	Sharod Selph	100 Meters	10.75
11.	Arlando Brewer-Johnson	100 Meters	10.97
14.	Jacob Fincham-Dukes	100 Meters	11.27
---	Simon Imagbe	100 Meters	DNF
5.	Anthony Grogan Jr.	200 Meters	21.49
7.	Tyler Jackson	200 Meters	21.59
8.	Sharod Selph	200 Meters	21.76
7.	Tyler Jackson	400 Meters	47.96
8.	Brandon Singleton	400 Meters	47.98
13.	Donovan Nunley	400 Meters	53.31
14.	Cole Verble	400 Meters	54.26
1.	Tre'Tez Kinnaird	800 Meters	1:48.74
2.	Ryan Wheatley	800 Meters	1:52.83
7.	Trenton Daniels	800 Meters	1:54.60
9.	Josh Thompson	800 Meters	1:57.09
1.	Josh Thompson	1500 Meters	3:46.77
2.	Simon Imagbe	Long Jump	7.29m/23-11.00
3.	Jacob Fincham-Dukes	Long Jump	7.18m/23-6.75
6.	Arlando Brewer-Johnson	Long Jump	7.00m/22-11.75
8.	Donovan Nunley	Long Jump	6.55m/21-6.00
9.	Cole Verble	Long Jump	6.46m/21-2.50
3.	Sean Casey	Javelin Throw	52.88m/173-6
5.	Wesley Halof	Javelin Throw	51.19m/167-11
6.	Donovan Nunley	Javelin Throw	43.93m/144-1
10.	Cole Verble	Discus Throw	35.14m/115-3
11.	Donovan Nunley	Discus Throw	29.47m/96-8
3.	Oklahoma State Team A (A. Brewer-Johnson, S. Selph, Anthony Grogan Jr., T. Jackson)	4X100-Meter Relay	39.98
4.	Oklahoma State Team A (B. Singleton, T. Jackson, A. Grogan Jr., R. Wheatley)	4X400-Meter Relay	3:13.29

MT. SAC RELAYS

April 15-16, 2016 :: Falcon Stadium :: Walnut, California

Pl.	Athlete	Event	Mark
9.	Tre'Tez Kinnaird	800 Meters	1:48.43

BRYAN CLAY INVITATIONAL

April 15, 2016 :: Cougar Stadium :: Azusa, California

Pl.	Athlete	Event	Mark
17.	Matthew Fayers	1500 Meters	3:44.57



2016 MEN'S OUTDOOR RESULTS

STANFORD TWILIGHT

April 22, 2016 :: Cobb Track and Angell Field :: Palo Alto, Calif.

Pl.	Athlete	Event	Mark
2.	Josh Thompson	1500 Meters	3:41.88
1.	Craig Nowak	5000 Meters	13:54.37
5.	Vegard Oelstad	5000 Meters	14:02.13

JOHN MCDONNELL INVITATIONAL

April 22-23, 2016 :: John McDonnell Field :: Fayetteville, Ark.

Pl.	Athlete	Event	Mark
3.	John Teeters	100 Meters	10.16
13.	Arlando Brewer-Johnson	100 Meters	10.50
22.	Cole Norton	100 Meters	11.05
23.	Ty Smith	100 Meters	11.21
13.	Tyler Jackson	200 Meters	21.34
14.	Anthony Grogan Jr.	200 Meters	21.57
15.	Arlando Brewer-Johnson	200 Meters	21.64
16.	Brandon Singleton	200 Meters	21.66
18.	Ty Smith	200 Meters	22.21
6.	Tyler Jackson	400 Meters	47.56
7.	Brandon Singleton	400 Meters	48.17
12.	Tanner Green	400 Meters	49.37
16.	Cole Verble	400 Meters	54.47
10.	Trenton Daniels	800 Meters	1:55.46
13.	Conall Kirk	800 Meters	1:58.47
4.	Brigham Hedges	1500 Meters	3:46.26
1.	Luis Martinez	3K Steeplechase	9:17.39
3.	Anthony Armstrong	3K Steeplechase	9:22.36
7.	Donovan Nunley	110m Hurdles	14.84
--.	Reid Joyner	High Jump	NH
--.	Cole Verble	High Jump	NH
--.	Micah Kee	Triple Jump	FOUL
6.	Jacob Fincham-Dukes	Long Jump	7.22m/23-8.25
9.	Arlando Brewer-Johnson	Long Jump	6.88m/22-7
11.	Donovan Nunley	Long Jump	6.63m/21-9
12.	Micah Kee	Long Jump	5.92m/19-5.25
9.	Cole Verble	Discus Throw	35.57m/116-0
10.	Donovan Nunley	Discus Throw	31.26m/102-7
--.	Oklahoma State Team A (S. Selph, A. Grogan Jr., M. Givens, A. Brewer-Johnson)	4X100 Meter Relay	DQ
2.	Oklahoma State Team A (T. Jackson, B. Singleton, A. Grogan Jr., T. Green)	4X400 Meter Relay	3:13.75

2016 Outdoor Results By Individual Men's

ANTHONEY ARMSTRONG

6.	1500 Meters	4:06.61	3/20/16	Tulsa Duels
10.	1500 Meters	3:53.52	3/26/16	Arkansas Spring Invitational
20.	5000 Meters	15:11.03	4/1/16	Stanford Invitational
3.	3000 Meter Steeple	9:22.36	4/23/16	John McDonnell Invitational

ARLANDO BREWER-JOHNSON

14.	100 Meters	10.68	3/26/16	Arkansas Spring Invitational
14.	Long Jump	6.90m/22-7.75	3/26/16	Arkansas Spring Invitational
26.	100 Meters	10.95	4/1/16	Bobcat Invitational
--.	Long Jump	FOUL	4/1/16	Bobcat Invitational
11.	100 Meters	10.97	4/9/16	Jim Click Shootout
6.	Long Jump	7.00m/22-11.75	4/9/16	Jim Click Shootout
9.	Long Jump	6.88m/22-7	4/22/16	John McDonnell Invitational
13.	100 Meters	10.50	4/23/16	John McDonnell Invitational
15.	200 Meters	21.64	4/23/16	John McDonnell Invitational

SEAN CASEY

7.	Javelin Throw	46.52m	3/20/16	Tulsa Duels
7.	Javelin Throw	50.47m/165-7.00	3/26/16	Arkansas Spring Invitational
3.	Javelin Throw	52.88m/173-6	4/9/16	Jim Click Shootout

TRENTON DANIELS

7.	800 Meters	1:54.60	4/9/16	Jim Click Shootout
10.	800 Meters	1:55.46	4/23/16	John McDonnell Invitational

MATTHEW FAYERS

17.	1500 Meters	3:44.57	4/15/16	Bryan Clay Invitational
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JACOB FINCHAM-DUKES

1.	Long Jump	7.46m	3/20/16	Tulsa Duels
12.	200 Meters	22.58	3/20/16	Tulsa Duels
31.	100 Meters	11.10	3/26/16	Arkansas Spring Invitational
12.	Long Jump	6.97m/22-10.50	3/26/16	Arkansas Spring Invitational
3.	Long Jump	7.43m/24-4.50	4/1/16	Stanford Invitational
14.	100 Meters	11.27	4/9/16	Jim Click Shootout
3.	Long Jump	7.18m/23-6.75	4/9/16	Jim Click Shootout
6.	Long Jump	7.22m/23-8.25	4/23/16	John McDonnell Invitational

CERAKE GEBERKIDANE

4.	1500 Meters	3:50.06	3/26/16	Arkansas Spring Invitational
4.	5000 Meters	13:51.79	4/1/16	Stanford Invitational

MALIK GIVENS

9.	400 Meters	51.13	3/20/16	Tulsa Duels
11.	200 Meters	21.42	3/26/16	Arkansas Spring Invitational

TANNER GREEN

12.	400 Meters	52.19	3/20/16	Tulsa Duels
16.	400 Meters	50.55	3/26/16	Arkansas Spring Invitational
12.	400 Meters	49.37	4/23/16	John McDonnell Invitational

ANTHONY GROGAN JR.

6.	400 Meters	50.65	3/20/16	Tulsa Duels
15.	400 Meters	50.09	3/26/16	Arkansas Spring Invitational
35.	200 Meters	21.95	4/2/16	Bobcat Invitational
5.	200 Meters	21.49	4/9/16	Jim Click Shootout

WESLEY HALLOF

5.	Javelin Throw	48.41m	3/20/16	Tulsa Duels
8.	Javelin Throw	50.46m/165-7.00	3/26/16	Arkansas Spring Invitational
5.	Javelin Throw	51.19m/167-11	4/9/16	Jim Click Shootout

BRIGHAM HEDGES

6.	800 Meters	1:59.13	3/20/16	Tulsa Duels
7.	1500 Meters	3:51.83	3/26/16	Arkansas Spring Invitational
6.	1500 Meters	3:49.55	4/1/16	Stanford Invitational
4.	1500 Meters	3:46.26	4/23/16	John McDonnell Invitational



2016 MEN'S OUTDOOR RESULTS

SIMON IMAGBE

3.	Long Jump	7.31m	3/20/16	Tulsa Duels
4.	100 Meters	11.09	3/20/16	Tulsa Duels
18.	100 Meters	10.81	3/26/16	Arkansas Spring Invitational
7.	Long Jump	7.33m/24-0.75	3/26/16	Arkansas Spring Invitational
6.	Long Jump	7.31m/23-11.75	4/1/16	Sanford Invitational
--.	100 Meters	DNF	4/9/16	Jim Click Shootout
2.	Long Jump	7.29m/23-11.00	4/9/16	Jim Click Shootout

TYLER JACKSON

7.	200 Meters	21.94	3/20/16	Tulsa Duels
4.	400 Meters	48.42	3/26/16	Arkansas Spring Invitational
7.	200 Meters	21.59	4/9/16	Jim Click Shootout
7.	400 Meters	47.96	4/9/16	Jim Click Shootout
13.	200 Meters	21.34	4/23/16	John McDonnell Invitational
6.	400 Meters	47.56	4/23/16	John McDonnell Invitational

REID JOYNER

7.	High Jump	1.85m	3/20/16	Tulsa Duels
8.	High Jump	1.95m/6-4.75	3/26/16	Arkansas Spring Invitational

MICAH KEE

20.	Long Jump	6.45m/21-2.00	3/26/16	Arkansas Spring Invitational
12.	Long Jump	5.92m/19-5.25	4/23/16	John McDonnell Invitational
--.	Triple Jump	FOUL	4/23/16	John McDonnell

TRE'TEZ KINNAIRD

1.	800 Meters	1:48.74	4/9/16	Jim Click Shootout
9.	800 Meters	1:48.43	4/16/16	Mt. SAC Relays

CONALL KIRK

13.	800 Meters	1:58.47	4/23/16	John McDonnell Invitational
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LUIS MARTINEZ

9.	1500 Meters	3:53.40	3/26/16	Arkansas Spring Invitational
12.	5000 Meters	14:34.48	4/1/16	Stanford Invitational
1.	3000 Meter Steeple	9:17.39	4/23/16	John McDonnell Invitational

COLE NORTON

13.	200 Meters	22.66	3/20/16	Tulsa Duels
33.	100 Meters	11.16	3/26/16	Arkansas Spring Invitational
31.	200 Meters	22.56	3/26/16	Arkansas Spring Invitational
22.	100 Meters	11.05	4/23/16	John McDonnell Invitational

CRAIG NOWAK

2.	1500 Meters	3:46.75	4/1/16	Stanford Invitational
1.	5000 Meters	13:54.37	4/22/16	Stanford Twilight

DONOVAN NUNLEY

8.	High Jump	1.75m	3/20/16	Tulsa Duels
13.	Long Jump	6.67m	3/20/16	Tulsa Duels
7.	Shot Put	12.61m	3/20/16	Tulsa Duels
3.	110m Hurdles	15.16	3/20/16	Tulsa Duels
7.	Decathlon	5237 pts.	3/26/16	Arkansas Spring Invitational
13.	400 Meters	53.31	4/9/16	Jim Click Shootout
8.	400 Meters	6:55m/21-6.00	4/9/16	Jim Click Shootout
6.	Javelin Throw	43.93m/144-1	4/9/16	Jim Click Shootout
11.	Discus Throw	29.47m/96-8	4/9/16	Jim Click Shootout
7.	110m Hurdles	14.84	4/23/16	John McDonnell Invitational
11.	Long Jump	6.63m/21-9	4/23/16	John McDonnell Invitational
10.	Discus Throw	31.26m/102-7	4/23/16	John McDonnell Invitational

VEGARD OELSTAD

5.	5000 Meters	14:02.13	4/22/16	Stanford Twilight
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SHAROD SELPH

19.	100 Meters	10.80	4/1/16	Bobcat Invitational
27.	200 Meters	21.84	4/2/16	Bobcat Invitational
8.	100 Meters	10.75	4/9/16	Jim Click Shootout
8.	200 Meters	21.76	4/9/16	Jim Click Shootout

BRANDON SINGLETON

7.	400 Meters	48.59	3/26/16	Arkansas Spring Invitational
8.	400 Meters	47.98	4/9/16	Jim Click Shootout
7.	400 Meters	48.17	4/23/16	John McDonnell Invitational
16.	200 Meters	21.66	4/23/16	John McDonnell Invitational

TY SMITH

10.	200 Meters	22.49	3/20/16	Tulsa Duels
36.	100 Meters	11.29	3/26/16	Arkansas Spring Invitational
29.	200 Meters	22.37	3/26/16	Arkansas Spring Invitational
23.	100 Meters	11.21	4/23/16	John McDonnell Invitational
18.	200 Meters	22.21	4/23/16	John McDonnell Invitational

JOHN TEETERS

3.	100 Meters	10.16	4/23/16	John McDonnell Invitational
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JOSH THOMPSON

9.	800 Meters	1:57.09	4/9/16	Jim Click Shootout
1.	1500 Meters	3:46.77	4/9/16	Jim Click Shootout
2.	1500 Meters	3:41.88	4/22/16	Stanford Twilight

COLE VERBLE

8.	Pole Vault	4.45m	3/20/16	Tulsa Duels
13.	Long Jump	6.34m	3/20/16	Tulsa Duels
9.	Discus Throw	31.88m	3/20/16	Tulsa Duels
9.	100m Hurdles	17.07	3/20/16	Tulsa Duels
5.	Decathlon	6073 pts.	3/26/16	Arkansas Spring Invitational
14.	400 Meters	54.26	4/9/16	Jim Click Shootout
9.	Long Jump	6.46m/21-2.50	4/9/16	Jim Click Shootout
10.	Discus Throw	35.14m/115-3	4/9/16	Jim Click Shootout
16.	400 Meters	54.47	4/23/16	John McDonnell Invitational
--.	High Jump	NH	4/23/16	John McDonnell Invitational
9.	Discus Throw	35.57m/116-0	4/23/16	John McDonnell Invitational

RYAN WHEATLEY

2.	1500 Meters	4:06.61	3/20/16	Tulsa Duels
4.	800 Meters	1:53.19	3/26/16	Arkansas Spring Invitational
2.	800 Meters	1:52.83	4/9/16	Jim Click Shootout



2016 WOMEN'S OUTDOOR RESULTS

2016 Outdoor Bests Men's

100 METER DASH

Mark	Athlete	Meet
10.16	John Teeters	John McDonnell Invitational
10.50	Arlando Brewer-Johnson	John McDonnell Invitational
10.75	Sharod Selph	Jim Click Shootout
10.81	Simon Imagbe	Arkansas Spring Invitational
11.05	Cole Norton	John McDonnell Invitational
11.10	Jacob Fincham-Dukes	Arkansas Spring Invitational
11.29	Ty Smith	Arkansas Spring Invitational

110 METER HURDLES

Mark	Athlete	Meet
15.16	Donovan Nunley	Tulsa Duels
17.07	Cole Verble	Tulsa Duels

200 METER DASH

Mark	Athlete	Meet
21.42	Malik Given	Arkansas Spring Invitational
21.49	Anthony Grogan Jr.	Jim Click Shootout
21.59	Tyler Jackson	Jim Click Shootout
21.76	Sharod Selph	Jim Click Shootout
22.37	Ty Smith	Arkansas Spring Invitational
22.56	Cole Norton	Arkansas Spring Invitational
22.58	Jacob Fincham-Dukes	Tulsa Duels

400 METER DASH

Mark	Athlete	Meet
47.96	Tyler Jackson	Jim Click Shootout
47.98	Brandon Singleton	Jim Click Shootout
50.09	Anthony Grogan Jr.	Arkansas Spring Invitational
50.55	Tanner Green	Arkansas Spring Invitational
51.13	Malik Givens	Tulsa Duels

800 METER RUN

Mark	Athlete	Meet
1:48.43	Tre'Tez Kinnaird	Mt. SAC Relays
1:52.83	Ryan Wheatley	Jim Click Shootout
1:54.60	Trenton Daniels	Jim Click Shootout
1:57.09	Josh Thompson	Jim Click Shootout
1:59.13	Brigham Hedges	Tulsa Duels

1500 METER RUN

Mark	Athlete	Meet
3:44.		
3:46.75	Craig Nowak	Stanford Invitational
3:46.77	Josh Thompson	Jim Click Shootout
3:49.55	Brigham Hedges	Stanford Invitational
3:50.06	Cerake Geberkidane	Arkansas Spring Invitational
3:53.40	Luis Martinez	Arkansas Spring Invitational
3:53.52	Anthony Armstrong	Arkansas Spring Invitational
4:06.61	Ryan Wheatley	Tulsa Duels

5000 METER RUN

Mark	Athlete	Meet
13:51.79	Cerake Geberkidane	Stanford Invitational
14:34.48	Luis Martinez	Stanford Invitational
15:11.03	Anthony Armstrong	Stanford Invitational

HIGH JUMP

Mark	Athlete	Meet
1.95m/6-4.75	Reid Joyner	Arkansas Spring Invitational
1.75m/5-8.75	Donovan Nunley	Tulsa Duels

LONG JUMP

Mark	Athlete	Meet
7.46m/24-5.75	Jacob Fincham-Dukes	Tulsa Duels
7.33m/24-0.75	Simon Imagbe	Arkansas Spring Invitational
7.00m/22-11.75	Arlando Brewer-Johnson	Jim Click Shootout
6.67m/21-10.75	Donovan Nunley	Tulsa Duels
6.46m/21-2.50	Cole Verble	Jim Click Shootout
6.45m/21-2.00	Micah Kee	Arkansas Spring Invitational

JAVELIN THROW

Mark	Athlete	Meet
52.88m/173-6	Sean Casey	Jim Click Shootout
51.19m/167-11.00	Wesley Hall of	Jim Click Shootout

SHOT PUT

Mark	Athlete	Meet
12.61m/41-4.5	Donovan Nunley	Tulsa Duels

DISCUS THROW

Mark	Athlete	Meet
35.14/115-3	Cole Verble	Jim Click Shootout
29.47m/96-8	Donovan Nunley	Jim Click Shootout

POLE VAULT

Mark	Athlete	Meet
4.25m/13-9.75	Cole Verble	Tulsa Duels

DECATHLON

Mark	Athlete	Meet
6073 pts.	Cole Verble	Arkansas Spring Invitational
5237 pts.	Donovan Nunley	Arkansas Spring Invitational

4X100 METER RELAY

Mark	Athletes	Meet
39.98	A. Brewer-Johnson, S. Selph	Jim Click Shootout
	A. Grogan Jr., T. Jackson	
40.60	A. Brewer-Johnson, M. Givens	Arkansas Spring Invitational
	A. Grogan Jr., T. Jackson	
40.64	S. Selph, J. Teeters	Bobcat Invitational
	A. Brewer-Johnson, M. Givens	
41.65	T. Smith, M. Givens	Tulsa Duels
	A. Grogan Jr., T. Jackson	

4X400 METER RELAY

Mark	Athletes	Meet
3:13.29	B. Singleton, T. Jackson,	Jim Click Shootout
	A. Grogan Jr., R. Wheatley	
3:15.44	B. Singleton, T. Jackson,	Arkansas Spring Invitational
	A. Grogan Jr., T. Green	



2016 WOMEN'S OUTDOOR RESULTS

2016 Outdoor Results By Meet Women's

TULSA DUELS

March 19, 2016 :: Hurricane Track and Soccer Center :: Tulsa, Okla.

Pl.	Athlete	Event	Mark
3.	Triana Browne-Hearrell	200 Meters	25.78
8.	Summor Fields	200 Meters	26.08
1.	Kaylee Dodd	400 Meters	58.43
2.	Amira Coleman	400 Meters	58.53
8.	Brittany Stallings	400 Meters	1:01.98
9.	Megan Harris	400 Meters	1:02.06
16.	Hannah Harris	1500 Meters	5:27.36
8.	Triana Browne-Hearrell	100m Hurdles	16.18
6.	Kennedy Turner	400m Hurdles	1:06.36
8.	Cydney Crook	400m Hurdles	1:08.58
11.	Triana Browne-Hearrell	Long Jump	5.06m
12.	Viktoriia Sadokhina	Long Jump	5.04m
13.	Maddie Lorient	Long Jump	4.98m
2.	Viktoriia Sadokhina	Triple Jump	12.13m
1.	Megan Honas	Javelin Throw	47.43m
1.	Chase Ealey	Shot Put	17.31m
4.	Katie Kehl	Discus Throw	42.24m
9.	Baylor Nelson	Discus Throw	39.51m
15.	Shelise Davis	Discus Throw	31.87m
8.	Meghan McGrath	Pole Vault	3.05m
2.	Oklahoma State Team A (L. Lewis, M. Harris, S. Fields, B. Stallings)	4X100m Relay	47.91

ARKANSAS SPRING INVITATIONAL

March 25-26, 2016 :: John McDonnell Field :: Fayetteville, Ark.

Pl.	Athlete	Event	Mark
17.	Megan Harris	100 Meters	12.06
30.	Brittany Stallings	100 Meters	12.47
22.	Stephanie Ferrante	200 Meters	25.18
25.	Danielle Coleman	200 Meters	25.46
26.	Summor Fields	200 Meters	25.48
10.	Kaylee Dodd	400 Meters	56.49
13.	Kaytlyn Larson	400 Meters	56.97
14.	Amira Coleman	400 Meters	56.98
13.	Jillian Hagen	800 Meters	2:22.76
1.	Anna Boyert	800 Meters (seeded)	2:09.01
5.	Abbie Hetherington	1500 Meters (seeded)	4:29.62
6.	Aurora Dybedokken	1500 Meters (seeded)	4:30.58
9.	Natalie Baker	1500 Meters (seeded)	4:33.79
14.	Katie Spencer	1500 Meters (seeded)	4:39.13
14.	Sarah Robinson	400 Meter Hurdles	1:04.13
16.	Kennedy Turner	400 Meter Hurdles	1:04.33
23.	Cydney Crook	400 Meter Hurdles	1:09.62
21.	Meghan McGrath	Pole Vault	3.10m/10-2.00
16.	Maddie Lorient	Long Jump	5.23m/7-2.00
2.	Chase Ealey	Shot Put	17.71m/58-1.25
6.	Katie Kehl	Shot Put	14.31m/46-11.50
4.	Katie Kehl	Discus Throw	47.53m/155-11.00
7.	Baylor Nelson	Discus Throw	40.98m/134-5.00
2.	Megan Honas	Javelin Throw	44.91m/147-4
4.	Aina Maartensson	Hammer Throw	51.99m/170-7
6.	Chase Ealey	Hammer Throw	50.10m/164-4
12.	Baylor Nelson	Hammer Throw	41.71m/136-10
6.	Triana Browne-Hearrell	Heptathlon	4025 pts.
6.	Oklahoma State Team A (B. Stallings, S. Ferrante, S. Fields, M. Harris)	4X100 Meter Relay	47.38
6.	Oklahoma State Team A (S. Ferrante, S. Fields, D. Coleman, A. Coleman)	4X400 Meter Relay	3:47.55
11.	Oklahoma State Team B (K. Larson, K. Dodd, A. Hetherington, J. Hagen)	4X400 Meter Relay	3:55.58

STANFORD INVITATIONAL

April 1-2, 2016 :: Cobb Track and Angell Field :: Palo Alto, Calif.

Pl.	Athlete	Event	Mark
9.	Clara Nichols	800 Meters	2:05.87
14.	Kaylee Dodd	800 Meters	2:07.31
2.	Savannah Camacho	1500 Meters	4:17.56
8.	Anna Boyert	1500 Meters	4:23.61
1.	Clara Nichols	1500 Meters	4:23.90
11.	Aurora Dybedokken	5000 Meters	16:03.72
18.	Monika Juodeskaite	5000 Meters	16:19.28
22.	Katie Spencer	5000 Meters	17:07.95
18.	Natalie Baker	10,000 Meters	34:12.59
1.	Chase Ealey	Shot Put	17.25m/56-7.25

JIM CLICK SHOOTOUT

April 9, 2016 :: Drachman Stadium :: Tucson, Arizona

Pl.	Athlete	Event	Mark
13.	Stephanie Ferrante	200 Meters	24.88
15.	Triana Browne-Hearrell	200 Meters	25.01
16.	Amira Coleman	200 Meters	25.10
7.	Amira Coleman	400 Meters	56.68
9.	Stephanie Ferrante	400 Meters	57.51
10.	Danielle Coleman	400 Meters	57.71
12.	Summor Fields	400 Meters	58.72
3.	Kaytlyn Larson	800 Meters	2:10.86
5.	Jennifer Celis	800 Meters	2:11.26
4.	Abbie Hetherington	1500 Meters	4:34.60
8.	Triana Browne-Hearrell	100m Hurdles	15.45
8.	Sarah Robinson	400m Hurdles	1:03.71
9.	Kennedy Turner	400m Hurdles	1:04.52
7.	Triana Browne-Hearrell	Long Jump	5.00m/16-5
2.	Chase Ealey	Hammer Throw	56.00m/183-8
4.	Aina Maartensson	Hammer Throw	52.08m/170-10
12.	Baylor Nelson	Hammer Throw	37.13m/121-10
1.	Megan Honas	Javelin Throw	45.87m/150-6
3.	Chase Ealey	Javelin Throw	41.20m/135-2
1.	Chase Ealey	Shot Put	16.81m/55-2.00
4.	Katie Kehl	Shot Put	14.32m/46-11.34
4.	Katie Kehl	Discus Throw	47.45m/155-8
7.	Baylor Nelson	Discus Throw	40.36m/132-5
4.	Oklahoma State Team A (A. Coleman, S. Fields, S. Ferrante, D. Coleman)	4X400-Meter Relay	3:45.45
7.	Oklahoma State Team B (K. Turner, K. Larson, S. Robinson, T. Browne-Hearrell)	4X400-Meter Relay	3:55.51

MT. SAC RELAYS

April 15-16, 2016 :: Falcon Stadium :: Walnut, California

Pl.	Athlete	Event	Mark
5.	Kaela Edwards	1500 Meters	4:17.07
12.	Ingeborg Loevnes	1500 Meters	4:20.04
2.	Kaela Edwards	800 Meters	2:01.97
8.	Clara Nichols	800 Meters	2:04.45

BRYAN CLAY INVITATIONAL

April 15, 2016 :: Cougar Stadium :: Azusa, California

Pl.	Athlete	Event	Mark
2.	Clara Nichols	800 Meters	2:04.64
4.	Kaylee Dodd	800 Meters	2:06.55

STANFORD TWILIGHT

April 22, 2016 :: Cobb Track and Angell Field :: Palo Alto, Calif.

Pl.	Athlete	Event	Mark
11.	Jennifer Celis	1500 Meters	4:22.77
26.	Molly Sughrue	1500 Meters	4:34.10



2016 WOMEN'S OUTDOOR RESULTS

JOHN McDONNELL INVITATIONAL

April 22-23, 2016 :: John McDonnell Field :: Fayetteville, Ark.

Pl.	Athlete	Event	Mark
7.	Brittany Stallings	100 Meters	12.98
6.	Megan Harris	200 Meters	24.16
9.	Stephanie Ferrante	200 Meters	24.58
12.	Summor Fields	200 Meters	25.48
13.	Summor Fields	400 Meters	57.13
14.	Danielle Coleman	400 Meters	57.19
15.	Amira Coleman	400 Meters	57.26
16.	Stephanie Ferrante	400 Meters	57.41
22.	Ricki Lee Scheef	400 Meters	1:02.69
3.	Jillian Hagen	800 Meters	2:20.38
3.	Anna Boyert	1500 Meters	4:20.11
5.	Aurora Dybedokken	1500 Meters	4:25.47
6.	Monika Juodeskaite	1500 Meters	4:25.82
9.	Abbie Hetherington	1500 Meters	4:37.94
10.	Emily Hart	100m Hurdles	14.76
11.	Erin Hart	100m Hurdles	16.06
6.	Kennedy Turner	400m Hurdles	1:03.28
7.	Sarah Robinson	400m Hurdles	1:03.30
16.	Meghan McGrath	Pole Vault	3.09m/10.50
2.	Viktoriia Sadokhina	Triple Jump	11.76m/38-7
2.	Chase Ealey	Hammer Throw	54.24m/177-11
4.	Aina Maartensson	Hammer Throw	52.81m/173-3
5.	Baylor Nelson	Hammer Throw	43.18m/41-8
2.	Megan Honas	Javelin Throw	46.80m/151-6
3.	Chase Ealey	Javelin Throw	44.89m/147-3
6.	Maddie Lorient	Long Jump	7.22m/23-8.25
4.	Katie Kehl	Discus Throw	45.28m/148-7
5.	Baylor Nelson	Discus Throw	40.10m/131-7
6.	Shelise Davis	Discus Throw	35.50m/115-10
3.	Oklahoma State Team A (M. Harris, S. Ferrante, S. Fields, B. Stallings)	4X100 Meter Relay	47.77
5.	Oklahoma State Team A (D. Coleman, S. Fields, S. Ferrante, A. Coleman)	4X400 Meter Relay	3:45.15

2016 Outdoor Results By Individual Women's

NATALIE BAKER

9.	1500 Meters	4:33.79	3/26/16	Arkansas Spring Invitational
18.	10,000 Meters	34.12.59	4/1/16	Stanford Invitational

ANNA BOYERT

1.	800 Meters (seeded)	2:09.01	3/26/16	Arkansas Spring Invitational
8.	1500 Meters	4:23.61	4/1/16	Stanford Invitational
3.	1500 Meters	4:20.11	4/23/16	John McDonnell Invitational

TRIANA BROWNE-HEARRELL

3.	200 Meters	25.78	3/20/16	Tulsa Duels
8.	100m Hurdles	16.18	3/20/16	Tulsa Duels
11.	Long Jump	5.06m	3/20/16	Tulsa Duels
6.	Heptathlon	4025 pts.	3/26/16	Arkansas Spring Invitational
15.	200 Meters	25.01	4/9/16	Jim Click Shootout
8.	100m Hurdles	15.45	4/9/16	Jim Click Shootout
7.	Long Jump	5.00m/16-5	4/9/16	Jim Click Shootout

SAVANNAH CAMACHO

2.	1500 Meters	4:17.56	4/1/16	Stanford Invitational
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JENNIFER CELIS

5.	800 Meters	2:11.26	4/9/16	Jim Click Shootout
11.	1500 Meters	4:22.77	4/22/16	Stanford Twilight

AMIRA COLEMAN

2.	400 Meters	58.53	3/20/16	Tulsa Duels
14.	400 Meters	56.98	3/26/16	Arkansas Spring Invitational
16.	200 Meters	25.10	4/9/16	Jim Click Shootout
7.	400 Meters	56.68	4/9/16	Jim Click Shootout
15.	400 Meters	57.26	4/23/16	John McDonnell Invitational

DANIELLE COLEMAN

25.	200 Meters	25.46	3/26/16	Arkansas Spring Invitational
10.	400 Meters	57.71	4/9/16	Jim Click Shootout
14.	400 Meters	57.19	4/23/16	John McDonnell Invitational

CYDNEY CROOK

8.	400m Hurdles	1:08.58	3/20/16	Tulsa Duels
23.	400m Hurdles	1:09.62	3/26/16	Arkansas Spring Invitational

SHELISE DAVIS

15.	Discus Throw	31.87m	3/20/16	Tulsa Duels
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KAYLEE DODD

1.	400 Meters	58.43	3/20/16	Tulsa Duels
10.	400 Meters	56.49	3/26/16	Arkansas Spring Invitational
2.	800 Meters	2:07.31	4/1/16	Stanford Invitational
4.	800 Meters	2:06.55	4/15/16	Bryan Clay Invitational

AURORA DYBEDOKKEN

6.	1500 Meters	4:30.58	3/26/16	Arkansas Spring Invitational
11.	5000 Meters	16:03.72	4/1/16	Stanford Invitational
5.	1500 Meters	4:45.47	4/23/16	John McDonnell Invitational

CHASE EALEY

1.	Shot Put	17.31m	3/20/16	Tulsa Duels
2.	Shot Put	17.71m/58-1.25	3/26/16	Arkansas Spring Invitational
6.	Hammer Throw	50.10m/164-4	3/25/16	Arkansas Spring Invitational
1.	Shot Put	17.25m/56-7.25	4/1/16	Stanford Invitational
2.	Hammer Throw	54.24m/177-11	4/23/16	John McDonnell Invitational
3.	Chase Ealey	43.18m/41-8	4/23/16	John McDonnell Invitational

KAELA EDWARDS

5.	1500 Meters	4:17.07	4/15/16	Mt. SAC Relays
2.	800 Meters	2:01.97	4/16/16	Mt. SAC Relays



2016 WOMEN'S OUTDOOR RESULTS

STEPHANIE FERRANTE

22.	200 Meters	25.18	3/26/16	Arkansas Spring Invitational
13.	200 Meters	24.88	4/9/16	Jim Click Shootout
9.	400 Meters	57.51	4/9/16	Jim Click Shootout
9.	200 Meters	24.58	4/23/16	John McDonnell Invitational
16.	400 Meters	57.41	4/23/16	John McDonnell Invitational

SUMMOR FIELDS

8.	200 Meters	26.08	3/20/16	Tulsa Duels
26.	200 Meters	25.48	3/26/16	Arkansas Spring Invitational
12.	400 Meters	58.72	4/9/16	Jim Click Shootout
12.	200 Meters	25.58	4/23/16	John McDonnell Invitational
13.	400 Meters	57.13	4/23/16	John McDonnell Invitational

JILLIAN HAGEN

13.	800 Meters	2:22.76	3/26/16	Arkansas Spring Invitational
3.	800 Meters	2:20.30	4/23/16	John McDonnell Invitational

HANNAH HARRIS

16.	1500 Meters	5:27.36	3/20/16	Tulsa Duels
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MEGAN HARRIS

9.	400 Meters	1:02.06	3/20/16	Tulsa Duels
17.	100 Meters	12.06	3/26/16	Arkansas Spring Invitational
6.	200 Meters	24.16	4/23/16	John McDonnell Invitational

ABBIE HETHERINGTON

5.	1500 Meters	4:29.62	3/26/16	Arkansas Spring Invitational
4.	1500 Meters	4:34.60	4/9/16	Jim Click Shootout
9.	1500 Meters	4:37.94	4/23/16	John McDonnell Invitational

MEGAN HONAS

1.	Javelin Throw	47.43m	3/20/16	Tulsa Duels
2.	Javelin Throw	44.91m/147-4	3/26/16	Arkansas Spring Invitational
2.	Javelin Throw	46.8m/151-6	4/23/16	John McDonnell Invitational

MONIKA JUODESKAITE

18.	5000 Meters	16:19.28	4/1/16	Stanford Invitational
6.	1500 Meters	2:45.82	4/23/16	John McDonnell Invitational

KATIE KEHL

2.	Discus Throw	42.24m	3/20/16	Tulsa Duels
6.	Shot Put	14.31m/46-11.50	3/26/16	Arkansas Spring Invitational
4.	Discus Throw	47.53m/155-11.00	3/26/16	Arkansas Spring Invitational

KAYTLYN LARSON

13.	400 Meters	56.97	3/26/16	Arkansas Spring Invitational
3.	800 Meters	2:10.86	4/9/16	Jim Click Shootout

INGEBORG LOEVNES

5.	1500 Meters	4:17.07	4/15/16	Mt. SAC Relays
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MADDIE LORANT

13.	Long Jump	4.98m	3/20/16	Tulsa Duels
16.	Long Jump	5.23m/7-2.00	3/26/16	Arkansas Spring Invitational

AINA MAARTENSSON

4.	Hammer Throw	51.99m/170-7	3/26/16	Arkansas Spring Invitational
4.	Hammer Throw	52.81m/173-3	4/23/16	John McDonnell Invitational

MEGHAN MCGRATH

8.	Pole Vault	3.05m	3/20/16	Tulsa Duels
21.	Pole Vault	3.10m/10-2.00	3/26/16	Arkansas Spring Invitational
16.	Pole Vault	3.09m/10.50	4/23/16	John McDonnell Invitational

BAYLOR NELSON

9.	Discus Throw	39.51m	3/20/16	Tulsa Duels
7.	Discus Throw	40.98m/134-5.00	3/26/16	Arkansas Spring Invitational
12.	Hammer Throw	41.71m/136-10	3/26/16	Arkansas Spring Invitational
5.	Hammer Throw	43.18m/41-8	4/23/16	John McDonnell Invitational

CLARA NICHOLS

1.	1500 Meters	4:23.90	4/1/16	Stanford Invitational
1.	800 Meters	2:05.87	4/2/16	Stanford Invitational
2.	800 Meters	2:04.64	4/15/16	Bryan Clay Invitational
8.	800 Meters	2:04.45	4/16/16	Mt. SAC Relays

VIKTORIA SADOVKHINA

2.	Triple Jump	12.13m	3/20/16	Tulsa Duels
12.	Long Jump	5.04m	3/20/16	Tulsa Duels
2.	Triple Jump	11.76m/38-7	4/23/16	John McDonnell Invitational

SARAH ROBINSON

14.	400m Hurdles	1:04.13	3/26/16	Arkansas Spring Invitational
8.	400m Hurdles	1:03.71	4/9/16	Jim Click Shootout
7.	400m Hurdles	1:03.30	4/23/16	John McDonnell Invitational

RICKI LEE SCHEEF

22.	400 Meters	1:02.69	4/23/16	John McDonnell Invitational
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KATIE SPENCER

14.	1500 Meters	4:39.13	3/26/16	Arkansas Spring Invitational
22.	5000 Meters	17:07.95	4/1/16	Stanford Invitational

BRITTANY STALLINGS

8.	400 Meters	1:01.98	3/20/16	Tulsa Duels
30.	100 Meters	12.47	3/26/16	Arkansas Spring Invitational
7.	100 Meters	12.98	4/23/16	John McDonnell Invitational

MOLLY SUGHROUE

26.	1500 Meters	4:34.10	4/22/16	Stanford Twilight
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KENNEDY TURNER

6.	400m Hurdles	1:06.36	3/20/16	Tulsa Duels
16.	400m Hurdles	1:04.33	3/26/16	Arkansas Spring Invitational
9.	400m Hurdles	1:04.52	4/9/16	Jim Click Shootout
6.	400m Hurdles	1:03.28	4/23/16	John McDonnell Invitational



2016 WOMEN'S OUTDOOR RESULTS

2016 Outdoor Bests Women's

100 METER DASH

Mark	Athlete	Meet
12.06	Megan Harris	Arkansas Spring Invitational
12.47	Brittany Stallings	Arkansas Spring Invitational

100 METER HURDLES

Mark	Athlete	Meet
15.45	Triana Browne-Hearrell	Jim Click Shootout

200 METER DASH

Mark	Athlete	Meet
24.88	Stephanie Ferrante	Jim Click Shootout
25.01	Triana Browne-Hearrell	Jim Click Shootout
25.10	Amira Coleman	Jim Click Shootout
25.46	Danielle Coleman	Arkansas Spring Invitational
25.48	Summor Fields	Arkansas Spring Invitational

400 METER DASH

Mark	Athlete	Meet
56.49	Kaylee Dodd	Arkansas Spring Invitational
56.68	Amira Coleman	Jim Click Shootout
56.97	Kaytlyn Larson	Arkansas Spring Invitational
57.51	Stephanie Ferrante	Jim Click Shootout
57.71	Danielle Coleman	Jim Click Shootout
58.72	Summor Fields	Jim Click Shootout
1:01.98	Brittany Stallings	Tulsa Duels
1:02.06	Megan Harris	Tulsa Duels

400 METER HURDLES

Mark	Athlete	Meet
1:03.71	Sarah Robinson	Jim Click Shootout
1:04.33	Kennedy Turner	Arkansas Spring Invitational
1:08.58	Cydney Crook	Tulsa Duels

800 METER RUN

Mark	Athlete	Meet
2:05.87	Clara Nichols	Stanford Invitational
2:07.31	Kaylee Dodd	Stanford Invitational
2:09.01	Anna Boyert	Arkansas Spring Invitational
2:10.86	Kaytlyn Larson	Jim Click Shootout
2:11.26	Jennifer Celis	Jim Click Shootout
2:22.76	Jillian Hagen	Arkansas Spring Invitational

1500 METER RUN

Mark	Athlete	Meet
4:17.56	Savannah Camacho	Stanford Invitational
4:23.61	Anna Boyert	Stanford Invitational
4:23.90	Clara Nichols	Stanford Invitational
4:29.62	Abbie Hetherington	Arkansas Spring Invitational
4:30.58	Aurora Dybedokken	Arkansas Spring Invitational
4:33.79	Natalie Baker	Arkansas Spring Invitational
4:39.13	Katie Spencer	Arkansas Spring Invitational
5:27.36	Hannah Harris	Tulsa Duels

5000 METER RUN

Mark	Athlete	Meet
16:03.72	Aurora Dybedokken	Stanford Invitational
16:19.28	Monika Juodeskaite	Stanford Invitational
17:07.95	Katie Spencer	Stanford Invitational

10,000 METER RUN

Mark	Athlete	Meet
34:12.59	Natalie Baker	Stanford Invitational

LONG JUMP

Mark	Athlete	Meet
5.23m/7-2.00	Maddie Lorant	Arkansas Spring Invitational
5.06m/16-7.25	Triana Browne-Hearrell	Tulsa Duels
5.04m/16-6.50	Viktoriia Sadokhina	Tulsa Duels

TRIPLE JUMP

Mark	Athlete	Meet
12.13m/39-9.75	Viktoriia Sadokhina	Tulsa Duels

JAVELIN THROW

Mark	Athlete	Meet
47.43m/155-7.0	Megan Honas	Tulsa Duels

SHOT PUT

Mark	Athlete	Meet
17.71m/58-1.25	Chase Ealey	Arkansas Spring Invitational
14.31m/46-11.50	Katie Kehl	Arkansas Spring Invitational

DISCUS THROW

Mark	Athlete	Meet
47.53m/155-11.0	Katie Kehl	Arkansas Spring Invitational
40.98m/134-5.0	Baylor Nelson	Arkansas Spring Invitational
31.87m/127-6.0	Shelise Davis	Tulsa Duels

HAMMER THROW

Mark	Athlete	Meet
51.99m/170-7	Aina Maartensson	Arkansas Spring Invitational
50.10m/164-4	Chase Ealey	Arkansas Spring Invitational
41.71m/136-10	Baylor Nelson	Arkansas Spring Invitational

POLE VAULT

Mark	Athlete	Meet
3.10m/10-2.00	Meghan McGrath	Arkansas Spring Invitational

4X100 METER RELAY

Mark	Athlete	Meet
47.38	B. Stallings, S. Ferrante, S. Fields, M. Harris	Arkansas Spring Invitational
47.91	L. Lewis, M. Harris, S. Fields, B. Stallings	Tulsa Duels

4X400 METER RELAY

Mark	Athlete	Meet
3:45.45	A. Coleman, S. Fields, S. Ferrante, D. Coleman	Jim Click Shootout
3:47.55	S. Ferrante, S. Fields, D. Coleman, A. Coleman	Arkansas Spring Invitational
3:55.51	K. Turner, K. Larson, S. Robinson, T. Browne-Hearrell	Jim Click Shootout
3:55.58	K. Larson, K. Dodd, A. Hetherington, J. Hagen	Arkansas Spring Invitational



MEN'S OUTDOOR RECORDS

100 METERS

1. John Teeters	9.91**	Big 12 Championships	2014
1(1). James Butler	10.00	Ralph Higgins Invite	1982
2. Ron Ingram	10.10	Ralph Higgins Invite	1981
3. John Teeters	10.11	NCAA West Preliminaries	2014
4. Desmond Ross	10.12	Arkansas Invitational	1985
T5. Mike Shavers	10.30	Oklahoma Dual	1978
T5. Curtis Thomas	10.30	OSU Invitational	1981
T5. Earl Harris	10.30	California Relays	1969
T8. Donald Lee Briggs	10.35	OSU Invitational	1981
T8. Daniel Osafo	10.35	Dallas Invitational	1978
10. Paul Jackson	10.36	Dallas Invitational	1978

200 METERS

1. Desmond Ross	19.80	Big 8 Outdoors	1985
2. James Butler	19.86	Texas Relays	1979
3. Curtis Thomas	20.40	Ralph Higgins Invite	1982
T4. John Teeters	20.75	John McDonnell Invite	2014
4. Sterling Starks	20.75	OSU Invitational	1981
5. Timmy Thomas	20.98	Big 8 Outdoors	1990
6. David Rhodes	21.03	Big 8 Outdoors	1986
7. Greg Harjo	21.07	Big 8 Outdoors	1995
T8. James Cole	21.30	Big 8 Outdoors	1993
T8. Pat Johnson	21.30	Ralph Higgins Invite	1993

400 METERS

1. Dennis Schultz	45.60	LSU Relays	1972
2. Guy McGraw	46.00	Big 8 Outdoors	1978
3. Sterling Starks	46.29	Big 8 Outdoors	1982
4. Charles Strong	46.30	Big 8 Outdoors	1962
T5. Jim Bolding	46.40	LSU Relays	1971
T5. J.W. Mashburn	46.40	NCAA Outdoors	1956
7. Harold Green	46.71	Big 8 Outdoors	1989
8. Desmond Ross	46.73	John Jacobs Invite	1985
9. Curtis Thomas	46.90	Big 8 Outdoors	1984
10. James Cole	47.01	Big 8 Outdoors	1993

400 METER HURDLES

1. Jim Bolding	49.50	Olympic Trials	1972
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800 METERS

1. Paul Larkins	1:47.13	Texas Relays	1986
2. Matthew Fayers	1:48.12	BMC Stretford	2014
3. Chad Noelle	1:48.62	Arkansas Invite	2014
4. Kendall Staggs	1:48.7	Big 8 Champs	1978
5. Tre'Tez Kinnaird	1:48.74	Jim Click Shootout	2016
6. Tyler Payton	1:49.17	Arkansas Invite	2014
7. Chris Stoves	1:49.35	Len Paddock	2004
8. John Wild	1:49.39	UT-Arlington	1995
9. Raul Botezan	1:49.54	Bucharest	2012
10. Justin Nobles	1:50.06	Big 12 Championships	2003

880 YARDS

1. John Perry	1:47.6	Big 8 Champs	1966
2. David Perry	1:47.7	Southern TFF	1965
3. Jim Metcalf	1:47.8	Big 8 Champs	1965
4. Tom Van Ruden	1:49.1	Oklahoma Dual	1966
5. Bill Stone	1:49.6	West Coast Relays	1965
6. Mike Manke	1:50.17	Dallas Invitational	1974

1,000 METERS

1. Paul Larkins	2:18.35		1986
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1,500 METERS

1. German Fernandez	3:37.76	Team Indiana Invitational	2012
2. Paul Larkins	3:38.02	England vs. Belgium	1986
3. Chad Noelle	3:38.35	Payton Jordan Invitational	2015
4. Kirubel Erassa	3:39.05	Payton Jordan Invitational	2015
5. Jon Wild	3:40.02	Arkansas Invite	1997
6. Tom Farrell	3:41.07	Stanford Invitational	2012
7. Raul Botezan	3:41.14	USATF High Performance	2012
8. Chuck Sloan	3:42.00	Cardinal Invitational	2000
9. Johnathan Stublaski	3:42.20	Arkansas Twilight	2010
10. Ryan Ripley	3:42.62	Saturn Midwest	2007

MILE

1. Larry Rose	3:59.5 ht	Kansas Relays	1971
2. Tom Von Ruden	4:01.1 ht	Big Eight Champs	1966
3. John Halberstadt	4:01.1 ht	LSU Dual	1972
4. Peter Kaal	4:02.5 ht	Big Eight Champs	1970
5. Mike Manke	4:03.0 ht	Southern Illinois Dual	1973
6. Ryan Ripley	4:03.47	Nashville Music	2007
7. George Stewart	4:03.8 ht	Kansas Relays	1971
8. John Perry	4:04.0 ht	Helsinki, Finland	1966
9. Sture Landqvist	4:04.2 ht	Sugar Bowl Rlys	1953
10. Charles Boatright	4:04.5 ht	LSU Dual	1972

3,000 METERS

1. Jon Wild	7:55.15	Dublin, Ireland	1995
2. Paul Larkins	7:58.61	Gateshead, Eng	1984
3. Greg Rouault	8:13.74	McDonnell Invit'l	2003
4. Habel Gitogo Churu	8:13.83	Tyson Invite	1999
5. Solomon Kariuki	8:16.38	Arkansas	1993
6. Rene Carlson	8:17.72	U.S. Collegiate T&F	1999
7. Nathaniel Lane	8:19.22	Tyson Invitational	1999
8. Patrick Kiptum	8:19.32	R. Higgins Invite	1994
9. Charles Mathenge	8:20.34	Arkansas Invite	2014
10. James Morrissey	8:22.00	Arkansas Invite	1993

5,000 METERS

1. Tom Farrell	13:15.31	Payton Jordan Invite	2012
2. German Fernandez	13:25.46	USATF, Eugene	2009
3. Kirubel Erassa	13:27.55	Payton Jordan Invite	2014
4. Girma Mecheso	13:34.83	Stanford Invitational	2012
5. Ryan Vail	13:37.02	Cardinal Invite	2009
6. Jason Woolhouse	13:37.36	Stanford Invite	2004
7. Shadrack Kipchirchir	13:37.68	Mt. SAC Relays	2014
8. John Kosgei	13:42.17	Mt. SAC Relays	2010
9. Colby Lowe	13:42.60	Mt. SAC Relays	2010
10. Jon Wild	13:42.80	Mt. SAC Relays	1996

10,000 METERS

1. Shadrack Kipchirchir	27:36.79	Payton Jordan Invite	2014
2. Girma Mecheso	27:52.38	Payton Jordan Invite	2013
3. Colby Lowe	28:45.91	Stanford Invite	2011
4. John Halberstadt	28:50.4 ht	NCAA Champs	1972
5. Kirubel Erassa	28:50.41	Big 12 Championships	2015
6. David Jankowski	28:51.81	Stanford Invite	2006
7. John Kosgei	28:55.93	NCAA Champs	2010
8. Nathaniel Lane	29:01.17	Cardinal Invite	1999
9. Greg Rouault	29:04.02	Cardinal Invite	2003
10. Renee Calrsen	29:08.31	Cardinal Invite	1999

3,000 METER STEEPLECHASE

1. Chuck Sloan	8:26.66	US Olympic Trials	2000
2. Chris McCubbins	8:38.2 ht	PanAm games	1967
3. Andrew Hennessey	8:39.71	Cardinal Invite	1999
4. Joe Gray	8:44.73	Stanford Invitel	2007
5. Fabian Clarkson	8:45.96	NCAA Championships	2012
6. Trevor Fieldsend	8:46.49	R. Higgins Invite	1985
7. Charles Boatright	8:51.2 ht	Drake Relays	1972
8. David Chirchir	8:55.13	Stanford Invite	2009
9. Mike Cole	8:55.1 ht	Big Eight Champs	1975
10. Taylor Monaghan	8:56.14	Stanford Invitational	2013

4 X 100 METER RELAY

1) 39.04	Butler, Evans, Ingram, Starks	NCAA Championships	1982
2) 39.64	Selph, Jackson Brewer-Johnson, Teeters	NCAA West Regional	2015

4 X 200 METER RELAY

1) 1:21.58	Butler, Thomas, Ingram, Starks	Drake Relays	1982
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4 X 400 METER RELAY

1) 3:05.64	Hohmann, Patterson, Thomas, Williams	Meet of Champions	1983
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MEN'S OUTDOOR RECORDS

HIGH JUMP

1.	Greg Brewer	2.216m/7-3.25	Drake Relays	1983
2.	Rich Geske	2.16m/7-1	Big 8 Outdoors	1975
3.	Taylor Buck	2.14m/7-0.25	Arkansas Twilight	2011
4.	Jeff Brown	2.13m/7-0	John Jacobs Relays	1981
5.	Paul Martell	2.11m/6-11	Big 8 Outdoors	1979
T6.	Oliver McDade	2.08m/6-10	Ralph Higgins Invitational	1989
T6.	George Holland	2.08m/6-10	UTEP Invitational	1970
T6.	Russell Laverty	2.08m/6-10	T&FF Meet	1964
9.	Don Boydston	2.04m/6-8.25	Fort Worth Carnival	1940
T10.	Lance Davis	2.03m/6-8	OBV Bison Relays	1989
T10.	David Taylor	2.03m/6-8	Sooner Invitational	1984
T10.	Rick Tate	2.03m/6-8	Wichita Dual	1976
T10.	Steve Herndon	2.03m/6-8	Arkansas Relays	1966

LONG JUMP

1.	Hal Oswalt	7.72m/25-4	Houston Meet of Champs	1969
2.	W.L. Clapham	7.61m/24-11.75	San Antonio Invite	1941
3.	Ralph Tate	7.60m/24-11	Oklahoma Dual	1943
4.	John Voight	7.58m/24-10.25	Texas Relays	1950
5.	E.B. Schaeffer	7.57m/24-10	Big 8 Outdoors	1978
6.	Kim Ellis	7.56m/24-9.75	Texas Relays	1955
7.	Jack Wright	7.48m/24-6.50	Big 8 Outdoors	1972
8.	Jacob Fincham-Dukes	7.46m/24-5.75	Tulsa Duels	2016
9.	Charles Strong	7.44m/24-4.75	Arkansas Relays	1963
10.	Jeff Glasgow	7.43m/24-4.50	Dallas Invitational	1968

TRIPLE JUMP

1.	E.B. Schaeffer	15.55m/51-0	Drake Relays	1978
2.	Mark Hanna	15.34m/50-4	Kansas Relays	1987
3.	Bart Breithaupt	15.05m/49-4.5	North Texas Dual	1991
4.	Larry Gunther	15.01m/49-3	Big 8 Outdoors	1971
5.	Floyd Beanblossom	14.83m/48-8	AAU Championships	1921
6.	Richard Smith	14.75m/48-4.75	Big 12 Championships	2015
7.	Ralph Tate	14.62m/47-11.5	Oklahoma AAU	1946
8.	Ryan Finnie	14.46m/47-5.25	Big 12 Championships	2014
9.	Hal Oswalt	14.24m/46-8.5	John Jacobs Invite	1968
T10.	Alex Dzitrie	14.19m/46-6.75	Big 8 Outdoors	1996
T10.	Larry Gunther	14.19m/46-6.75	Wichita Dual	1969

POLE VAULT

1.	Joe Dial	5.86m/19-2.5	John Jacobs Invitational	1985
2.	Terry Womack	5.45m/17-10.5	Austin Texas Open	1985
3.	Eric Forney	5.40m/17-8.75	Texas Relays	1984
4.	David Swezey	5.36m/17-7	Big 8 Outdoors	1982
5.	Greg Pickett	5.07m/16-7.50	Dallas Invitational	1978
6.	Larry Curtis	5.03m/16-6	Oklahoma Invite	1968
7.	George Davies	4.83m/15-10.25	Big 8 Outdoors	1961
8.	Preston Holsinger	4.79m/15-8.75	Oklahoma Federation	1964
T9.	Mickey Baller	4.70m/15-5	Dual vs. OSU Freshmen	1963
T9.	Jim Graham	4.70m/15-5	Oklahoma Dual	1959
T9.	Aubrey Dooley	4.70m/15-5	Oklahoma Dual	1959

SHOT PUT

1.	Randy Naas	19.86m/65-2	Big 8 Championships	1983
2.	Mike Marks	18.77m/61-7	State Federation Meet	1974
3.	Itamar Levi	18.21m/59-9	John McDonnell Invite	2014
4.	Dale Pierce	17.74m/58-2.25	Big 8 Indoors	1980
5.	Bruce Wilhelm	17.52m/57-5.75	AAU State	1967
6.	Bob Ringwell	17.44m/57-2.5		1974
7.	Jim Benien	17.07m/56-0		1971
8.	Milton Hardaway	16.64m/54-7	Southern Illinois Dual	1975
9.	Keith Keel	16.36m/53-8.25	Oklahoma	1985
10.	Mike Ryles	16.35m/53-7.5	Big 8 Freshman Indoor	1966

DISCUS THROW

1.	Jim Benien	56.19m/184-4	Federation Nationals	1971
2.	Randy Naas	56.05m/183-10.5	Oklahoma	1983
3.	John Anderson	55.35m/181-7	Arkansas Relays	1963
4.	Dale Pierce	54.69m/179-5.25	OSU	1983
5.	Kirk Hardin	54.59m/179-1	Wichita State Dual	1976
6.	Clyde Northrup	54.32m/178-2.5	Arkansas Relays	1960
7.	Miles Lister	53.95m/177-0	Oklahoma	1965
8.	Andrew Hudson	53.52m/175-7	John Jacobs Invitational	2012
9.	Clyde Northrup	52.44m/172-0.5	Nebraska Dual	1959

10. Richard Shade 52.43m/172-0 Oklahoma Dual 1970

HAMMER THROW

1.	Nick Miller	74.38m/244-0	Big 12 Championships	2014
2.	Ralph Havenstrite	47.52m/155-11	Interclass Track Meet	1915
3.	Lee Minton	37.06m/121-7	Field Day Track & Field	1913
4.	J.K. Ross	34.87m/114-5	Field Day Track & Field	1909
5.	Francis	30.94m/101-6	Field Day Track & Field	1908
6.	Wallace Thornberry	19.20m/63-01	Field Day Track & Field	1900

OLD RULE JAVELIN

1.	George Stevens	78.00m/255-11	Kansas Relays	1973
2.	David Ratliff	69.49m/228-0	Texas Relays	1972
3.	Henry Bell	68.16m/223-7.5	Federation State	1964
4.	John Elmore	67.95m/222-11	Wichita State Dual	1968
5.	Jim Groesbeck	67.04m/219-11.50	Wichita Dual	1969
6.	Mike Platt	64.54m/211-9	Oklahoma	1984
7.	Delane Woolfolk	62.66m/205-7		
8.	Garth Brooks	61.19m/200-9	Big 8 Outdoors	1982
9.	Carl Rigney	60.95m/199-11.5		1935
10.	Dave Field	60.43m/198-3		1965

NEW RULE JAVELIN

1.	Jason Isaacson	53.90m/176-10	SMU	1991
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** Wind-aided mark. All-conditions school record



WOMEN'S OUTDOOR RECORDS

100 METERS

1) 11.34	TracyAnn Baker	Texas Relays	1997
2) 11.44	Sherita Jackson	Texas Relays	1997
3) 11.50	Leisa Davis-Knowles	Big 8 Outdoor	1985
T4) 11.60	Christy Dye	Don Kirby Invitational	1996
T4) 11.60	Natasha Santee		1999
6) 11.71	LaToyia Hinds		1998
7) 11.82	Britney Presley	Big 12 Championships	2014
8) 12.07	Melody Vaughn	Big 8 Outdoor	1996
9) 12.10	Celestina Bucknell	Big 8 Outdoor	1995
10) 12.05	Lauren McKee	John Jacobs Invitational	2008

100 METER HURDLES

1) 13.38	Rosa Baker	NCAA Championships	1989
2) 13.89	Doris Williams	Big 8 Championships	1991
3) 13.94	Tiffany Davis	Big 12 Championships	1999
4) 13.97	Tracie White	Big 8 Championships	1985
5) 14.10	Vicki Cleveland	Ralph Higgins Meet	1981
6) 14.20	Vicki Fretwell	Texas Relays	1982
7) 14.30	Susie Winnigham		1975
8) 14.33	Stephani Duff	Big 12 Championships	1999
9) 14.39	Regina Brown	Big 8 Championships	1990
10) 14.83	Clara Telford	John McDonnell Invitational	2015

200 METERS

1) 23.19	TracyAnn Baker	Mt SAC Relays	1997
2) 23.25	Stacy Clack	Texas Relays- prelims	1990
3) 23.27	Sherita Jackson	Big 12 Outdoor- prelims	1997
4) 23.85	Leisa Davis-Knowles	LSU Invitational	1986
5) 24.47	Natasha Santee		1999
6) 24.52	Britney Presley	John McDonnell Invite	2014
7) 24.58	Lauren McKee	Sooner Open	2008
8) 24.73	Stephanie Ferrante	Bobcat Invitational	2015
9) 24.82	Melissa Ndubilo	Mean Green Twilight	2005
10) 24.87	Melody Vaughn		1996

400 METERS

1) 52.26	Leisa Davis-Knowles	Kansas Relays	1986
2) 53.97	Nicki Brackeen	Big 8 Outdoor	1990
3) 54.66	Savannah Camacho	John McDonnell Invite	2014
4) 55.26	Kaela Edwards	John McDonnell Invitational	2015
5) 55.49	Alison Erzinger	Big 12 Outdoor	2003
6) 55.68	Andrene Thompson		1998
7) 55.87	Ambra Wesley	John Jacobs Invite	2014
T8) 56.48	Triana Browne-Hearrell	Big 12 Championships	2014
T8) 56.48	Stephanie Ferrante	John Jacobs Invitational	2015
10) 56.49	Kaylee Dodd	Arkansas Spring Invitational	2016

400 METER HURDLES

1) 55.70	Leisa Davis-Knowles	NCAA Championships	1985
2) 58.33	Alison Erzinger	NCAA Outdoor	2005
3) 58.64	Justine Craig	Texas Relays	1986
4) 1:00.21	Bailey Johnson	Big 12 Championships	2014
5) 1:00.72	Sherita Jackson	Big 8 Outdoor	1996
6) 1:01.89	Kendra Woodson	Sooner Twilight Meet	2009
7) 1:02.05	Sarah Robinson	Arkansas Twilight	2015
8) 1:02.34	Margie Crossno	Ralph Higgins	1982
9) 1:02.47	Tihana Sarac	UTA Invitational	2008
10) 1:03.34	Tiffany Davis		2000

800 METERS

1) 2:01.59	Natalja Piliusina	World University Games	2013
2) 2:01.97	Kaela Edwards	Mt. SAC Relays	2016
3) 2:02.84	Savannah Camacho	Mt. SAC Relays	2014
4) 2:04.61	Justine Craig	NCAA Outdoor	1987
5) 2:05.87	Clara Nichols	Stanford Invitational	2016
6) 2:06.90	Andrene Thompson	Mt. Sac Relays	1999
7) 2:07.18	Mihaela Susa	Arkansas Twilight	2010
8) 2:07.31	Kaylee Dodd	Stanford Invitational	2016
9) 2:08.21	Anna Boyert	NCAA West Regional	2015
10) 2:08.68	Kendra Woodson	Arkansas Twilight	2010

1,500 METERS

1) 4:09.51	Natalja Piliusina	Payton Jordan Invite	2012
2) 4:13.08	Mihaela Susa	Mt. SAC Relays	2010
3) 4:17.07	Kaela Edwards	Mt. SAC Relays	2016
4) 4:17.56	Savannah Camacho	Stanford Invitational	2016
5) 4:19.09	Valentina Medina	NCAA Championship	2004
6) 4:19.34	Caileigh Glenn	Payton Jordan Invitational	2015
7) 4:19.58	Monika Juodeskaite	Arkansas Invite	2014
8) 4:19.90	Veronica Haberl	SMU Open	1986
9) 4:22.20	Christine McMiken	Texas Relays	1986
10) 4:22.60	Kate Kujawa	Payton Jordan Invite	2012

3,000 METERS

1) 9:03.32	Christine McMiken		1986
2) 9:11.58	Monika Juodeskaite	Euro. Team Championships	2014
3) 9:16.80	Jenny Framme	NCAA Outdoor	1997
4) 9:17.50	Heather Garrett	NCAA Outdoor	1990
5) 9:25.16	Hanna Smedstad	Big 12 Outdoor	2000
6) 9:32.17	Siri Alfheim	UTA Invitational	2002
7) 9:38.13	Valentina Medina	UTA Invitational	2002
8) 9:40.37	Alexandra Lindquist	Texas Relays	2001
9) 9:47.24	Shelly Moore	Big 8 Outdoor	1995
10) 9:47.46	Kristine Helle	Arkansas Invite	2014

5,000 METERS

1) 15:41.42	Jackie Goodman	NCAA Outdoor	1989
2) 15:45.70	Christine McMiken	NCAA Outdoor	1985
3) 16:00.32	Monika Juodeskaite	Mt. SAC Relays	2014
4) 16:00.47	Siri Alfheim	NCAA Outdoor	2002
5) 16:09.83	Mihaela Susa	Stanford Invitational	2009
6) 16:14.95	Hanna Smedstad	Big 12 Outdoor	1999
7) 16:16.54	Mary Davies	Big 12 Outdoor	2006
8) 16:17.59	Jenny Framme		1997
9) 16:17.93	Monika Juodeskaite	Mt. SAC Relays	2013
10) 16:20.99	Michelle Prowse	Stanford Invitational	2004

10,000 METERS

1) 32:51.00	Christine McMiken	NCAA Championship	1986
2) 33:08.00	Mary Davies	NCAA Championship	2006
3) 33:42.35	Jackie Goodman	NCAA Championship	1989
4) 33:46.79	Sara Wells	Stanford Invitational	2001
5) 33:47.70	Barbora Kuncova	Stanford Invitational	2005
6) 33:49.32	Tone Hjalmsen	NCAA Championship	2011
7) 33:56.70	Donna Levy	Mt. Sac Relays	1992
8) 34:17.00	Karen Bridges	AAU Meet	1978
9) 34:17.72	Felicity Milton	Mt. SAC Relays	2010
10) 34:19.82	Kristine Helle	Sollentuna Sweden	2014

3,000 METER STEEPLECHASE

1) 9:48.89	Ingeborg Loevnes	Payton Jordan Invitational	2015
2) 10:07.31	Barbora Kuncova	NCAA Outdoor	2005
3) 10:09.42	Mary Davies	Big 12 Outdoor	2006
4) 10:15.55	Kate Kujawa	Stanford Invitational	2013
5) 10:20.02	Michelle Prowse	Stanford Invitational	2005
6) 10:21.17	Eva Tomankova	Mt. SAC Relays	2008
7) 10:33.17	Kendra Woodson	Mt. SAC Relays	2010
8) 10:35.03	Jackie Campos	Bryan Clay Invite	2013
9) 10:37.75	Hanna Holst	Stanford Invitational	2007
10) 10:48.90	Natalia Kovtun	Mt. SAC Relays	2008



WOMEN'S OUTDOOR RECORDS

4X100 METER RELAY

1) 44.73	R. Baker, Brackeen, Clark, Jones	Big 8 Outdoor	1990
2) 45.03	Vaughn, T. Baker, Midkiff, Jackson	Big 12 Outdoor	1997
3) 45.63		Big 12 Outdoor	1999
4) 45.83	Beamon, Dye, Vaughn, Jackson	John Jacobs Relays	1996
5) 45.97	S. Jackson, Santee, M. Jackson, Davis	Big 12 Outdoor	2000
6) 46.19			1998
7) 46.63	Hinds, T. Baker Vaughn, S. Jackson	Penn Relays	1997
8) 46.64	Presley, Ferrante, Fields, Wesley	John Jacobs Invitational	2015
9) 46.79	Presley, Ferrante Fields, Stallings	Arkansas Twilight	2015
10) 46.87	Presley, Wesley Browne-Hearrell, Wilson	John Jacobs Invite	2014

4X200 METER RELAY

1) 1:35.88	T. Baker, Midkiff, Dozovado, Jackson	Texas Relays	1997
2) 1:36.25	Jones, R. Baker, Clack, Brackeen	Drake Relays	1989
3) 1:36.46	T. Baker, Jackson, Vaughn, Dozovado	Penn Relays	1997
4) 1:38.67		Penn Relays	1996
5) 1:42.71	Dye, Glidewell Unruh, Bucknell	Drake Relays	1995

4X400 METER RELAY

1) 3:37.44	Dozovado, Thompson, Baker, Jackson	Mt. Sac Relays	1997
2) 3:41.78	Craig, Ford, Martin, Knowles	Kansas Relays	1986
3) 3:42.58	Santee, Schmidt, Beamon, Jackson	Big 8 Outdoor	1996
4) 3:43.33	Brackeen, Jones, Clark, Baker	Big 8 Outdoor	1990
5) 3:43.53		Texas Relays	1999
6) 3:46.06	Ferrante, Edwards, Coleman, Wesley	John McDonnell Invitational	2015
7) 3:46.36	Ferrante, Wesley, Fields, Crook	Drake Relays	2015
8) 3:46.39	Santee, Schmidt, Unruh, Jackson	Mt. Sac Relays	1996
9) 3:47.02	Ferrante, Wesley Fields, Coleman	Texas Relays	2015
10) 3:50.06	Camacho, Wesley Browne-Hearrell, Wilson	John McDonnell Invite	2014

4X1500M RELAY

1) 18:39.28	Framme, Thompson, De La Cerdá, Smedstad	Penn Relays	1997
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1600M SPRINT MEDLEY RELAY

1) 4:03.48	Ferrante, Presley Wesley, Dodd	Texas Relays	2015
2) 4:06.07	Erzinger, Medina, Ndubilo, Ogunbanjo	Texas Relays	2002

HIGH JUMP

1) 1.87m/6-01.50	Toni Young	NCAA Championships	2012
2) 1.81m/5-11.25	Michelle Crowson	Ralph Higgins Meet	1987
3) 1.76m/5-9.25	Tammy Lienhard	Big 8 Championships	1979
4) 1.72m/5-7.75	Misty McMillian	Don Kirby Invitational	1996
5) 1.69m/5-6.5	Megan Toole	Big 12 Outdoor	1998
6) 1.68m/5-6.25	Janet Harris	Texas Relays	1986
7) 1.65m/5-5	Destyn Stallings	Tulsa Invitational	2009
T8) 1.63m/5-4.25	Marilyn Linsenmeyer	Big 8 Championships	1974
T8) 1.63m/5-4.25	Julia Schmaltz	John Jacobs Invite	2014
10) 1.59m/5-2.5	Angella Ogle	College Station Multis	2000

LONG JUMP

1) 6.21m/20-4.5	Clarissa Andrews	Big 12 Outdoor	2009
2) 6.17m/20-3	Baiba Blumbaha	Big 12 Outdoor	2009
3) 6.13m/20-1.25	Melinda Jackson	UTA Invitational	2000
T4) 6.07m/19-11	Melissa Ndubilo	UTA Invitational	2003
T4) 6.07m/19-11	Cody Birk	Tulsa Duels	2006
T6) 6.04m/19-9.75	Melody Vaughn	Big 12 Outdoor	1998
T6) 6.04m/19-9.75	Živilė Šikšnelyte	Sooner Invitational	2007
8) 6.02m/19-9	Moir Steyn	TCU Invitational	2007
T9) 6.01m/19-8.5	Taylor Stolt	Tulsa Duels	2013
T9) 6.01m/19-8.5	Stephani Duff	UTA Invitational	2002

TRIPLE JUMP

1) 13.35m/43-9.75	Viktorina Sadokhina	Big 12 Championships	2014
2) 13.11m/43-0.25	Clarissa Andrews	Big 12 Outdoor	2011
3) 12.89m/42-3.5	Paula Ogunbanjo	Big 12 Outdoor	2005
4) 12.71m/41-8.5	Adrienne Crenshaw	John McDonnell Invite	2003
5) 12.70m/41-8	Živilė Šikšnelyte	TCU Invitational	2007
6) 12.65m/41-6	Melinda Jackson		1999
7) 12.59m/41-3.75	Mateja Posavec	Zagreb	2007
8) 12.56m/41-2.5	Baiba Blumbaha	Sooner Invitational	2009
9) 12.49m/40-11.75	Cecily Carrier	Big 12 Outdoor	1997
10) 12.42m/40-9	Laverne Clark	Ralph Higgins Meet	1987

SHOT PUT

1) 17.71m/58-1.25	Chase Ealey	Arkansas Spring Invitational	2016
2) 16.21m/53-2.25	Halee Prickett	Big 12 Outdoor	2005
3) 15.74m/51-7.75	Merritt Dietz	Big 12 Outdoor	2008
4) 15.21m/49-10.75	Lakendra Greathouse	Sooner Invitational	2007
5) 14.55m/47-09.00	Brooke Gritters	Big 12 Championships	2012
6) 14.42m/47-3.75	Joanne Rothery	OU Invitational	1985
7) 14.31m/46-11.50	Katie Kehl	Arkansas Spring Invitational	2016
8) 14.23m/46-8.25	Katie Hamilton	John Jacobs Invitational	2009
9) 13.61m/44-7.75	Alina Roman	Tulsa Duels	2007
10) 13.53m/44-4.75	Margaret Warders	Ralph Higgins Meet	1982

DISCUS THROW

1) 56.18m/184-4	Merritt Dietz	Kansas Relays	2008
2) 54.44m/178-7	Ieva Zarankaite	Big 12 Championships	2014
3) 51.99m/170-7	Alina Roman	Big 12 Outdoor	2007
4) 48.91m/160-6	Brooke Gritters	Ward Haylett Invite	2011
5) 47.90m/157-2	Courtney Gougler	Sooner Invitational	2009
6) 47.53m/155-11.00	Katie Kehl	Arkansas Spring Invitational	2016
7) 47.02m/154-3	Halee Prickett	Arkansas Invitational	2004
8) 45.96m/150-9	Lakendra Greathouse	Mean Green Twilight	2006
9) 44.66m/146-6	Cassandra Voss	Bobcat Invitational	2015
10) 44.13m/144-9	Delissa McClain		2004

HAMMER THROW

1) 64.69m/212-3	Delissa McClain	NCAA Regional	2005
2) 61.35m/201-3	Nancy Guillen		1999
3) 60.02m/196-11	Caitlin Way	Big 12 Championships	2013
5) 57.11m/187-4	Deleanor Kirkpatrick	Nebraska Invitational	2008
6) 51.99m/170-7	Aina Maartensson	Arkansas Spring Invitational	2016
7) 50.10m/164-4	Chase Ealey	Arkansas Spring Invitational	2016
8) 48.32m/158-6	Courtney Gougler	John Jacobs Invitational	2009
9) 46.70m/153-3	Branighan Vann	Tulsa Duels	2007
10) 43.34m/142-2	Nikki Roady	Big 12 Outdoor	1999



WOMEN'S OUTDOOR RECORDS

JAVELIN THROW

1) 47.43m/155-7.0	Megan Honas	Tulsa Duels	2016
2) 46.80m/153-6	Chase Ealey	Big 12 Championships	2014
3) 44.76m/176-10	Ieva Zarankaite	Big 12 Championships	2014
4) 43.72m/143-5	Vanessa Wilhelm		1999
5) 41.72m/136-11	Brandi Broaddus	KT Woodman	2005
6) 37.22m/122-1	April Hart	Tulsa Duels	2005
7) 37.12m/121-9	Karen Rademeyer	Big 12 Outdoor	1999
8) 36.30m/119-1	Laura Schmidt	Tulsa Duels	2006
9) 35.58m/116-9	Sabrena Switzer	John Jacobs Invitational	2009
10) 35.13m/115-3	Tihana Sarac	Big 12 Outdoor	2007

POLE VAULT

1) 3.75m/12-3.5	Megan Robbins	Texas Relays	1999
2) 3.10m/10-2.00	Meghan McGrath	Arkansas Spring Invitational	2016
2) 2.95m/9-8.25	Kelly Miller	Big 12 Outdoor	1998
3) 2.50m/8-2.5	Rebecca Hladik	Big 12 Outdoor	1998

HEPTATHLON

1) 5,057 pts	Tihana Sarac	Mt. SAC Relays	2008
2) 4,365 pts	Baiba Blumbaha	California Invitational	2006
3) 4,234 pts	Taylor Cates	Big 12 Outdoor	2000