



# OKLAHOMA STATE TRACK AND FIELD

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## 2016 Outdoor Track & Field Schedule

Date	Event	Location
3/19	Tulsa Duels	Tulsa Okla.
3/26	Arkansas Spring Invitational	Fayetteville, Ark.
3/30-4/2	Texas Relays	Austin, Texas
3/31-4/2	Bobcat Invitational	San Marcos, Texas
4/1-4/2	Stanford Invitational	Palo Alto, Calif.
4/9	Jim Click Invitational	Tucson, Ariz.
4/14-4/16	Mt. SAC Relays	Walnut, Calif.
<b>4/22</b>	<b>John McDonnell Invitational</b>	<b>Fayetteville, Ark.</b>
<b>4/22</b>	<b>Stanford Twilight</b>	<b>Palo Alto, Calif.</b>
4/27	Drake Relays	Des Moines, Iowa
4/28	Penn Relays	Philadelphia
5/1	Payton Jordan Invitational	Palo Alto, Calif.
5/6	Arkansas Twilight	Fayetteville, Ark.
5/13	Big 12 Championships	Ft. Worth, Texas
5/26	NCAA West Preliminary Rounds	Lawrence, Kan.
6/8	NCAA Championships	Eugene, Ore.

## Women's Entries

### Stanford Twilight

Jennifer Celis  
Anna Boyert  
Molly Sughroue  
Abbie Hetherington

### John McDonnell

Chase Ealey  
Baylor Nelson  
Maddie Lorant  
Katie Kehl  
Aina Maartensson  
Megan Harris  
Erin Hart  
Emily Hart  
Brittany Stallings  
Summor Fields  
Triana Browne-Hearrell  
Lexie Lewis  
Amira Coleman  
Danielle Coleman  
Ricki Lee Scheef  
Jill Hagen

Monika Juodeskaite  
Anna Boyert  
Abbie Hetherington  
Aurora Dybedokken  
Sarah Robinson  
Kennedy Turner  
Cydhey Crook  
MeganMcGrath  
Viktoria Sadokhina  
Megan Honas

## Men's Entries

### Stanford Twilight

Brigham Hedges  
Cerake Geberkidane  
Craig Nowak  
Josh Thompson

### John McDonnell

Arlando Brewer-Johnson  
Reid Joyner  
Jacob Fincham-Dukes  
John Teeters  
Micah Kee  
Cole Verble  
Donovan Nunley  
Sharod Selph  
Malik Givens  
Anthony Grogan Jr.  
Ty Smith  
Cole Norton  
Tyler Jackson  
Brandon Singleton

Wesley Hallof  
Tanner Green  
Trenton Daniels  
Connell Kirk  
Heinrich van Niekerk  
Brigham Hedges  
Anthony Armstrong  
Noah Gade  
Luis Martinez  
Sean Casey



BIG 12 CONFERENCE

## THIS WEEK



### JOHN MCDONNELL INVITATIONAL

April 22 - 23, 2016 | John McDonnell Field | Fayetteville, Ark.

### STANFORD TWILIGHT

April 22, 2016 | Cobb Track and Angell Field | Palo Alto, Calif.

## THE BASICS

Oklahoma State gets set to divide and conquer two meets this weekend, heading out west to Palo Alto, California, and Fayetteville, Arkansas, for the second time this season to compete in the Stanford Twilight and John McDonnell Invitational.

## FOLLOW THE MEET

Oklahoma State's results and a full recap of the competitions will be available on okstate.com following the conclusion of each day.

Visit soonersports.com to follow the John Jacobs Invitational, gocardinal.com for Stanford Twilight information and arkansasrazorbacks.com for the John McDonnell live stats.

## BROADCAST INFORMATION

The John McDonnell Invitational will not be broadcast or streamed live, but the Stanford Twilight will be available to watch live on FloTrack with a premium subscription.

## MEET FORMAT/SCHEDULE (ALL TIMES CT)

The John McDonnell Invitational starts Friday with mostly high school events, but the university long jump, discus and high jump for both men and women will also take place then.

Saturday is packed with events, starting at 11 a.m. with the hammer throws.

The running events start at 2 p.m. with the 100-meter hurdles and conclude after the men's and women's 4X400-meter relay, tentatively scheduled for 7:30.

The Stanford Twilight meet is a one-day meet with all events taking place Friday. For the full schedule, visit [gostanford.com](http://gostanford.com)

## LAST TIME OUT

Clara Nichols finished second in the 800-meter run in 2:04.64, but led all collegiate athletes by nearly two seconds.

Her time is the best in the Big 12 by a second and is the sixth-best in the West Region. It replaces her time from just a week ago as the fifth-best time in Cowgirl history.

NCAA champion Kaela Edwards finished fifth in the event with a personal best time of 4:17.07 and Ingeborg Loevnes' 4:20.04 got her 12th.

Edwards ran a day later in the 800-meter run and finished second with the NCAA-leading time of 2:01.97.

In the same race Clara Nichols brought her personal best down to 2:04.45.

In the men's 1,500 at the Bryan Clay Invite, Matthew Fayers ran a 3:44.57 to finish seventh in the fastest heat of the competition. He takes the Cowboy season lead in the 1,500 and jumps to No. 2 in the conference after just one race in the outdoor season.

In the men's 800, Tre'Tez Kinnaird took to the track for the second time this outdoor season and set a new season's best with a 1:48.43.

Kinnaird finished fourth in his heat and ninth overall, but his time does move him up on the Cowboy top-10 all-time list to third, a little more than a second away from the No. 1 time. His time also puts him in the top-10 of the West Region.

## A LOOK BACK

At last season's John McDonnell Invitational, the men's 4X100-meter relay team dashed to a first-place finish. Sharod Selph, Tyler Jackson, Arlando Brewer-Johnson and John Teeters sprinted the four legs in 40.10, edging Arkansas by eight-hundredths of a second.

The relay race was Teeters' first taste of outdoor competition last season and this year he is scheduled to open up again at John McDonnell in the 100.

The sprinters continued to shine for the Pokes as Brewer-Johnson set a personal best in the 100-meter dash final, running a 10.58, winning his heat and finishing third overall. Selph joined Brewer-Johnson in the 100 and also represented well for the OSU program. He ran a 10.60 and finished fourth in the event.

OSU was also well represented in the men's 1,500-meter run, as five Cowboys finished in the top-10 and four of them finished in the top five.

The Cowboys swept the top-four and were led by All-American Chad Noelle, who won the 1,500 in 3:43.80. A trio of Cowboys, Matthew Fayers, Justin Vilhauer and Anthony Armstrong, finished behind Noelle in second, third and fourth, respectively.

In the women's 4X400-meter relay, the OSU team of Stephanie Ferrante, Kaela Edwards, Danielle Coleman and Ambra Wesley finished fourth, running the sixth fastest race in school history.

Edwards went on to run the open 400-meter run, which was her outdoor season debut and her first time running the event as a Cowgirl. She also ran the 4X400 at the Big 12 Indoor Championships this past season.



# MEET NOTES/TEAM INFORMATION

## OKLAHOMA STATE (2015-16)

### 2015 MEN'S CROSS COUNTRY

- 16th place finish at NCAA Championships
- Big 12 Champions (Seventh-Straight)
- NCAA Midwest Regional Champions
- Cowboy Jamboree Champions
- Dave Smith - Big 12 Coach of the Year
- Big 12 Individual Champion (Vegard Oelstad)

### MEN'S TRACK AND FIELD

- 24th place finish at 2016 NCAA Indoor Championships
- Five Indoor All Americans – John Teeters (60m, fourth), Distance Medley Relay, fifth (Chad Noelle, Brandon Singleton, Tre'Tez Kinnaird, Josh Thompson)
- 2016 Big 12 Indoor Champions... Second title in past three seasons. (130 points)
- Four Indoor individual Big 12 titles -- Josh Thompson (Mile, 1,000m), Cerake Geberkidane (5,000m), Craig Nowak (3,000)
- Josh Thompson named USTFCCCA Midwest Region Men's Track Athlete of the Year
- Dave Smith named Big 12 and USTFCCCA Midwest Region Men's Coach of the Year
- 19th place finish at 2015 NCAA Outdoor Championships
- Chad Noelle (1,500) wins 2015 NCAA title. (10th national champion in school history. First since 2009.)
- Three 2015 Big 12 individual titles -- Chad Noelle (1,500), Kirubel Erassa (5,000 and 10,000)
- Sixth place finish at 2015 Big 12 Outdoor Championships

### 2015 WOMEN'S CROSS COUNTRY

- Cowboy Jamboree team champions
- Seventh place finish at NCAA Championships (Second-highest in school history)
- Big 12 team champions
- NCAA Midwest Regional champions
- Ingeborg Loevnes (35th place) – XC All-American
- Dave Smith - Big 12 Coach of the Year

### WOMEN'S TRACK AND FIELD

- 10th place finish at 2016 NCAA Indoor Championships... Highest in school history (18 points)
- Kaela Edwards wins mile national title... First Cowgirl indoor title since 2002
- Seven indoor All-Americans – Kaela Edwards (mile, champion), Savannah Camacho (800m, fourth), Chase Ealey (Shot Put, sixth) Distance Medley Relay, ninth (Molly Sughroue, Danielle Coleman, Clara Nichols, Anna Boyert)
- Four Big 12 Indoor titles -- Kaela Edwards (mile, 1,000m), Ingeborg Loevnes (3,000m) Distance Medley Relay (Sughroue, Coleman, Nichols, Celis)
- Finished second at Big 12 Indoor Championships... Highest in school history
- 35th place finish at 2015 NCAA Outdoor Championships
- Two 2015 First Team All-Americans: Savannah Camacho - 800-meters (eighth Place), Natalja Piliusina - 1,500-meters (fourth place)
- Two 2015 Big 12 Outdoor Champions - Savannah Camacho (800), Natalja Piliusina (1,500)
- 13 individual 2015 Outdoor All-Big 12 honors.

### COWBOYS, COWGIRLS JUMP TWO SPOTS IN WEEK THREE POLL

With a strong outing from a small group this past weekend, the Oklahoma State track and field teams both rose two spots in week three of the United States Track and Field and Cross Country Coaches Association's top-25.

The Cowboys have gone from starting the season unranked to 17th and the Cowgirls have rebounded back to 21 where they sat after week one.

The Cowgirls' rise was in part thanks to the return of national champion Kaela Edwards, who took the national lead in the 800-meter run with a 2:01.97 from the Mt. SAC Relays, and ran the seventh-best 1,500-meter time in the West Region at the same venue.

Five Cowboys have times in the regional top-50 with newcomer Tre'Tez Kinnaird and All-American Matthew Fayers joining Cerake Geberkidane, Jacob Fincham-Dukes and Simon Imagbe this week with their times in the 800- and 1500-meter runs.

As for the Cowgirls, Edwards, Clara Nichols, Savannah Camacho and Chase Ealey headline a long list of Cowgirls with top-50 marks, each holding top-10 regional marks and Ealey and Edwards claiming the top spot in the shot put and 800, respectively.

### EDWARDS NAMED USTFCCCA ATHLETE OF THE WEEK

After debuting with a personal best 2:01.97 at the Mt. SAC Relays a week ago, Kaela Edwards was named as the United States Track and Field and Cross Country Coaches Association's Division I Female Athlete of the Week.

Her stellar performance earned her second place, but she was the top collegiate finisher by a second. She nearly caught Laura Roesler in the final straightaway, but came up just four-tenths of a second short.

Her time leads the Big 12 and the NCAA, and with her West Region No. 7 1,500-meter time from the same weekend, Edwards received votes for, and is fairly close to making, the Bowerman's elite list of 10.

### SEASON SWEEP?

The Cowboy track and field team is in a unique position heading into the outdoor season.

For just the second time in conference history, a team has the opportunity to sweep the cross country, indoor and outdoor track and field Big 12 Championships. The only other team in Big 12 history to be in this position was the 2013-14 Cowboy squad that finished third at the outdoor championships.

The task will not be easy, though. After finishing third at indoors in 2015, the Cowboys finished sixth at last year's outdoor championships, scoring 69 points and bringing home three individual titles, including the 10K, 5K and 1,500-meter championships.

If OSU can pull off the unprecedented, it will not just be its first Big 12 outdoor title in school history, but its first team title since 1957, when the school was still Oklahoma A&M.

The Pokes' highest finish at the outdoor championships since joining the Big 12 is the third-place finish from 2014, but OSU did nab back-to-back runners-up finishes in the Big 8 back in 1959 and 1960.

### OSU OUTDOOR TOP-10 MARKS SET THIS SEASON

#### Men

Athlete	Event	Mark	Rank	Date
Jacob Fincham-Dukes	Long Jump	7.46m/24-5.75	8	3/20/16
Tre'Tez Kinnaird	800 Meters	1:48.43	5	4/16/16

#### Women

Athlete	Event	Mark	Rank	Date
Megan Honas	Javelin Throw	47.43m/155-7.50	1	3/20/16
Kaylee Dodd	400 Meters	56.49	10	3/26/16
Chase Ealey	Shot Put	17.71m/58-1.25	1	3/26/16
Katie Kehl	Shot Put	14.31m/46-11.50	7	3/26/16
Katie Kehl	Discus Throw	47.53m/155-11.00	6	3/26/16
Aina Maartensson	Hammer Throw	51.99m/170-7	6	3/25/16
Chase Ealey	Hammer Throw	50.10m/164-4	7	3/25/16
Meghan McGrath	Pole Vault	3.10m/10-2.00	2	3/26/16
Clara Nichols	800 Meters	2:04.45	4	4/16/16
Kaylee Dodd	800 Meters	2:07.31	8	4/2/16
Savannah Camacho	1500 Meters	4:17.56	4	4/9/16
Kaela Edwards	1500 Meters	4:17.07	3	4/15/16
Kaela Edwards	800 Meters	2:01.97	2	4/16/16

## 2016 USTFCCCA National Rankings (Week Three)

#### Men

1	Texas A&M
2	Florida
3	Oregon
4	Texas
5	LSU
6	Virginia
7	Arkansas
8	Georgia
9	Alabama
10	Texas Tech
11	South Carolina
12	Penn State
13	Illinois
14	Tulsa
15	Southern California
16	Ohio State
17	<b>Oklahoma State</b>
18	Stanford
19	North Carolina
20	Middle Tennessee
21	Colorado
22	Virginia Tech
23	UCLA
24	Tennessee
25	TCU

#### Women

1	Oregon
2	Arkansas
3	Southern California
4	LSU
5	Texas A&M
6	Georgia
7	Texas
8	Kentucky
9	Florida
10	Kansas State
11	Mississippi State
12	Stanford
13	Miami (Fla.)
14	Harvard
15	Oklahoma
16	Tennessee
17	Baylor
18	Virginia Tech
19	New Mexico
20	Florida State
21	<b>Oklahoma State</b>
22	Notre Dame
23	Arizona
24	Auburn
25	Michigan



# OKLAHOMA STATE SEASON BESTS

## Cowboys in the Conference Top-10

Name	Event	Time	Big 12 Rank
Tre'Tez Kinnaird	800 Meters	1:48.43	1
Matthew Fayers	1500 Meters	3:44.57	2
Craig Nowak	1500 Meters	3:46.75	7
Josh Thompson	1500 Meters	3:46.77	8
Cerake Geberkidane	5000 Meters	13:51.79	1
Luis Martinez	5000 Meters	14:34.48	5
Donovan Nunley	100m Hurdles	15.16	10
Jacob Fincham-Dukes	Long Jump	7.46m/24-5.75	5
Simon Imagbe	Long Jump	7.33m/24-0.75	9
Cole Verble	Decathlon	6073 pts.	4
Donovan Nunley	Decathlon	5237 pts.	7

## Cowgirls in the Conference Top-10

Name	Event	Time	Big 12 Rank
Kaela Edwards	800 Meters	2:01.97	1
Clara Nichols	800 Meters	2:04.45	2
Kaylee Dodd	800 Meters	2:07.31	5
Anna Boyert	800 Meters	2:09.01	10
Kaela Edwards	1500 Meters	4:17.07	1
Savannah Camacho	1500 Meters	4:17.56	2
Ingeborg Loevnes	1500 Meters	4:20.04	3
Anna Boyert	1500 Meters	4:23.61	4
Clara Nichols	1500 Meters	4:23.90	6
Aurora Dybedokken	5000 Meters	16:03.72	2
Monika Juodeskaite	5000 Meters	16:19.28	5
Natalie Baker	10,000 Meters	34:12.59	3
Viktoriia Sadokhina	Triple Jump	12.13m/39-9.75	10
Chase Ealey	Shot Put	17.71m/58-1.25	1
Aina Maartensson	Hammer Throw	51.99m/170-7	8
Chase Ealey	Hammer Throw	50.10m/164-4	10
Megan Honas	Javelin Throw	47.43m/155-7	8
Triana Browne-Hearrell	Heptathlon	4025 pts.	8

## Cowboys in the West Regional Top-50

Name	Event	Time	Region Rank
Tre'Tez Kinnaird	800 Meters	1:48.43	13
Matthew Fayers	1500 Meters	3:44.57	38
Cerake Geberkidane	5000 Meters	13:51.79	10
Jacob Fincham-Dukes	Long Jump	7.46m/24-5.75	23
Simon Imagbe	Long Jump	7.33m/4-0.75	40

## Cowgirls in the West Regional Top-50

Name	Event	Time	Region Rank
Kaela Edwards	800 Meters	2:01.97	1
Clara Nichols	800 Meters	2:04.45	7
Kaylee Dodd	800 Meters	2:07.31	14
Anna Boyert	800 Meters	2:09.01	47
Kaela Edwards	1500 Meters	4:17.07	7
Savannah Camacho	1500 Meters	4:17.56	9
Ingeborg Loevnes	1500 Meters	4:20.04	23
Aurora Dybedokken	5000 Meters	16:03.72	13
Monika Juodeskaite	5000 Meters	16:19.28	30
Natalie Baker	10,000 Meters	34:12.59	22
Chase Ealey	Shot Put	17.71m/58-1.25	1
Megan Honas	Javelin Throw	47.43m/155-7	28



# 2015-16 MEN'S CROSS COUNTRY/TRACK AND FIELD ROSTER



## DAVE SMITH

- Seventh Year as Director of Cross Country and Track and Field
- 14th Year at Oklahoma State
- Michigan State, 1993

### COACHING TIMELINE

1997-98: Washington XC and track and field volunteer assistant coach

1998-2002: Texas Tech head men's and women's XC coach and assistant track and field coach

2002-05: Oklahoma State men's assistant coach

2006-present: Oklahoma State men's XC head coach and assistant track and field coach

Dec. 2008-present: OSU men's track and field head coach

2009-present: Oklahoma State director of cross country/track and field (men's and women's programs)

### CAREER HIGHLIGHTS

- Coached Oklahoma State to NCAA Men's Cross Country titles in 2009, 2010 and 2012.
- Coached Oklahoma State to Big 12 Men's Cross Country titles from 2008 to 2015 and an indoor Big 12 title in 2014—the first in school history.
- Three-time USTFCCCA Men's Cross Country National Coach of the Year (2009, 2010, 2012).
- Seven-time Big 12 Men's Cross Country Coach of the Year (2008, 2009, 2010, 2011, 2012, 2013, 2014) and won the women's coach of the year in 2015.
- Named the 2014 Big 12 Indoor Coach of the Year and USTFCCCA Midwest Region Coach of the Year.
- Coached five NCAA individual champions (Leigh Daniel won the 1999 women's indoor 5K and 1999 outdoor 10K under his watch at Texas Tech, German Fernandez won the 2009 men's outdoor 1,500 meter national title, Natalja Piliusina won the 2013 women's outdoor 1,500 meter title under his guidance at Oklahoma State and Chad Noelle won the 1,500-meter title in 2015 as a senior under Smith.)
- Coached 82 All-Americans and 64 Big 12 individual champions.
- Twice under his watch has the Oklahoma State men's cross country team been recognized as the USTFCCCA All-Scholar Team of the Year (2010, 2012).

### OSU Men at NCAA's Under Smith\*

Men	XC	Indoors	Outdoors	All-Americans
2006-07	10th	-	-	0
2007-08	3rd	-	-	3
2008-09	8th	NTS	25th	4
2009-10	1st	60th	T32nd	6
2010-11	1st	NTS	NTS	8
2011-12	2nd	28th	T66th	12
2012-13	1st	8th	T65th	16
2013-14	3rd	T6th	13th	9
2014-15	9th	13th	19th	14
2015-16	18th	24th	TBD	4

### OSU Women at NCAA's Under Smith\*

Women	XC	Indoors	Outdoors	All-Americans
2009-10	NTS	40th	NTS	2
2010-11	17th	40th	34th	7
2011-12	30th	28th	50th	4
2014-15	-	-	-	-
2012-13	26th	40th	25th	2
2013-14	NTS	15th	NTS	3
2014-15	NTS	28th	35th	7
2015-16	7th	10th	TBD	8

\* Only counts time as a head coach.

Name	Event	XC/In/Out	Hometown/Previous School
Olabode Aiyabo	Middle Distance	- /Jr/Jr	Yeadon, PA/Penn Wood HS
Elliot Bowker	Middle Distance	Fr/Fr/Fr	England
Waylan Anderson	Sprints/Jumps	- /Fr/Fr	Bethany, OK/Edmond Memorial
Anthony Armstrong	Distance	So/Jr/Jr	Kennewick, WA/Kamiakin
Bryce Balenseifen	Distance	Fr/Fr/Fr	Edmond, OK/Deer Creek
Bryce Balous	Sprints	- /Fr/Fr	McKinney, TX/McKinney North
Arlando Brewer-Johnson	Sprints	- /So/So	Tulsa, OK/Booker T. Washington
Brayden Brock	Middle Distance	Fr/Fr/Fr	Kansas, OK/Kansas HS
Trenton Daniels	Middle Distance	- /Fr/Fr	Brookfield, WI/Brookfield East
Joseph Ellison	Sprints	- /Fr/Fr	Keller, TX/Keller Central
Matthew Fayers	Middle Distance	So/So/Jr	Ickenham, England/Vyners
Jacob Fincham-Dukes	Sprints/Jumps	Fr/Fr/Fr	Leeds, England/St. Aidan's & St. John Fisher
Noah Gade	Distance	So/So/So	Stillwater, OK/Stillwater
Chance Galloway	Middle Distance	Fr/Fr/Fr	Tulsa, OK/Tulsa Memorial
Cerake Geberkidane	Distance	So/So/Fr	Denver, CO/East
Malik Givens	Sprints	- /Fr/Fr	Tulsa, OK/Booker T. Washington
Brian Gohlke	Distance	Sr/Sr/-	The Woodlands, TX/College Park
Tanner Green	Sprints	- /Fr/Fr	Olathe, KS/Olathe South
Anthony Grogan Jr.	Sprints	- /Fr/Fr	McKinney, TX/McKinney North
Brigham Hedges	Distance	So/Jr/Jr	The Woodlands, TX/ The Woodlands
Simon Imagbe	Jump	- / So/Fr	
Tyler Jackson	Sprints	- /So/So	Claremore, OK/Claremore
Alexander Johansson	Distance	Jr/Sr/Sr	Southlake, TX/Carroll
Bradley Johnson	Middle Distance	So/Jr/Jr	Brookfield, WI/Brookfield East HS/Minnesota
Timauntay Jones	Middle Distance	- /Jr/Jr	Cedar Rapids, IA/Jefferson
Reid Joyner	Jumps	- /Fr/Fr	Claremore, OK/Claremore
Sukhi Khosla	Distance	Fr/Fr/Fr	Tallahassee, FL/Leon
Tre'tez Kinnaird	Middle Distance	- /Jr/Jr	Louisville, KY/Butler HS/Indiana
Conall Kirk	Middle Distance	- /Fr/Fr	Belfast, Northern Ireland/Sullivan Upper School
Christian Liddell	Distance	Fr/Fr/Fr	Rogers, AR/Rogers
Luis Martinez	Distance	So/Jr/Jr	Rio Rancho, NM/Cleveland
Justin McBride	Sprints	- /So/So	Houston, TX/Cypress Ridge
Nick Miller	Throws	- / - /Sr	Carlisle, United Kingdom/William Howard School
Jerel Morrow	Jumps	- /Jr/Jr	Emporia, KS/Emporia
Benito Muniz	Middle Distance	Fr/Fr/Fr	Carmel, NY/Carmel
Chad Noelle	Middle Distance	Jr/Sr/-	Binghamton, NY/Greene Central
Cole Norton	Sprints	- /Fr/Fr	Picton, ON, Canada/Prince Edward Collegiate HS
Craig Nowak	Distance	Sr/Jr/Jr	Cypress, TX/Cypress Woods
Donovan Nunley	Sprints/Jumps	- /Fr/Fr	Edmond, OK/Edmond Memorial
Vegard Oelstad	Distance	Sr/Sr/Sr	Gjovik, Norway/Gjovik Videregaaende/Western State
Austin Rochford	Sprints	- /Fr/Fr	Edmond, OK/Deer Creek
Sharod Selph	Sprints	- /Sr/Sr	Newark, NJ/Weequahic
Brandon Singleton	Sprints	- /So/So	Aurora, CO/Cherokee Trail
Ty Smith	Sprints	- /Fr/Fr	Stillwater, OK/Stillwater
Austin Swann	Middle Distance	Fr/Fr/Fr	Enid, OK/Chisholm
John Teeters	Sprints	- /Sr/Sr	Edmond, OK/Edmond Memorial
Colton Thomas	Throws	- /Fr/So	Spring, TX/Klein-Collins
Josh Thompson	Middle Distance	So/Fr/So	Logandale, NV/Moapa Valley/Central Arizona
Heinrich van Niekerk	Distance	Fr/Fr/Fr	South Africa
Cole Verble	Multi-Events	- /So/So	Edmond, OK/Deer Creek
Ryan Wheatley	Middle Distance	- /So/So	Grove, OK/Grove
Jordan Williams	Middle Distance	- /Jr/Jr	Oklahoma City, OK/Choctaw
Miles Yapp	Distance	Fr/Fr/Fr	Snellville, GA/Brookwood

### Pronunciation Guide

Olabode Aiyabo	oh-luh-bode-e i-yay-bo	Timauntay Jones	tim-ahn-tay
Arlando Brewer-Johnson	are-land-oh	Conall Kirk	con-uhl
Noah Gade	gay-dee	Chad Noelle	no-el
Cerake Geberkidane	sir-ahk geb-er-kih-dahn	Craig Nowak	no-wack
Brian Gohlke	goal-key	Sharod Selph	shuh-rod
Alexander Johansson	yo-han-sun	Justin Vilhauer	vill-hour



# 2015-16 WOMEN'S CROSS COUNTRY/TRACK AND FIELD ROSTER

Name	Event	XC/In/Out	Hometown/Previous School
Natalie Baker	Distance	Jr/Jr/Jr	Plano, TX/Plano West
Anna Boyert	Distance	Jr/Jr/Jr	Medina, OH / Medina
Triana Brown-Hearrell	Sprints	- /Jr/Jr	Peachtree City, GA/Starr's Mill
Savannah Camacho	Middle Distance	So/Jr/Jr	Paso Robles, CA/Templeton
Jennifer Celis	Middle Distance	Fr/So/Fr	Hotchkiss, CO/Hotchkiss
Amira Coleman	Sprints	Fr/Fr/Fr	Wylie, TX/ Wylie East
Danielle Coleman	Sprints	- /So/So	McKinney, TX/McKinney North
Cydney Crook	Sprints	- /Jr/Jr	Missouri City, TX/Westside
Darby Crynes	Distance	- /Fr/Fr	Oklahoma City/ Heritage Hall
Shelise Davis	Throws	- /Fr/Jr	Sandy, UT/Juan Diego
Kaylee Dodd	Middle Distance	So/So/So	Essex, England/Seevic College
Aurora Dybedokken	Middle Distance	So/So/So	Asker, Norway/Sandvika Vgs
Chase Ealey	Throws	- /Sr/Sr	Los Alamos, NM/Los Alamos
Kaela Edwards	Middle Distance	So/Jr/So	Highlands Ranch, CO/Littleton
Aubrey Ellett	Distance	Fr/Fr/Fr	Wichita Falls, TX/ Rider
Meredith Farley	Distance	Jr/Jr/Jr	Edmond, OK/Edmond North
Stephanie Ferrante	Sprints	- /So/So	Chardon, OH/Chardon
Summor Fields	Sprints	- /So/So	Fresno, TX/Hightower
Jillian Hagen	Sprints	Fr/Fr/Fr	Oklahoma City/ Bishop McGuinness
Hannah Harris	Distance	Fr/Fr/So	Keller, TX/Keller
Megan Harris	Sprints	- /Fr/Fr	Grapevine, TX/ Colleyville Heritage
Emily Helms	Distance	So/Jr/Jr	Mustang, OK/Mustang
Abbie Hetherington	Middle Distance	So/So/So	Carlisle, England/The Nelson Thomlinson School
Sarah Humphrey	Distance	Sr/Sr/Sr	Columbia, MO/Rock Bridge
Anna Hurlbut	Distance	Fr/Fr/Fr	Lincoln, NE/Lincoln Southwest
Monika Juodeskaite	Distance	- /Sr/Sr	Kaunas, Lithuania/Salomejos Neries
Katie Kehl	Throws	- /Jr/Jr	Baldwin City, KS/Baldwin
Kaytlyn Larson	Middle Distance	Fr/Fr/Fr	Lakeville, MN/ Lakeville South
Lexie Lewis	Sprints	- /Fr/Fr	Brownwood, TX/ Brownwood
Ingeborg Loevnes	Middle Distance	Jr/Sr/Sr	Fetsund, Norway/ Lillestrøm videregående skole
Aina Maartensson	Throws	- /Fr/Fr	Stockholm, Sweden/ Blacoberg's Gymnasium
Mychelle Martin	Distance	Jr/Jr/Jr	Ponca City, OK/Ponca City
Natalie Martin	Distance	Fr/Fr/Fr	Ponca City, OK/Ponca City
Janelle Martinez	Distance	Jr/Sr/Sr	Greeley, CO/Greeley Central
Meghan McGrath	Pole Vault	- /Fr/Fr	Monument, CO/ Lewis-Palmer
Erin Megna	Distance	Sr/Sr/Sr	Houston, TX/William P. Clements
Maddie Molloy	Distance	Jr/Jr/Jr	Edmond, OK/Santa Fe
Gloria Moseley	Throws	- /Sr/ -	Edmond, OK/Edmond Memorial
Clara Nichols	Middle Distance	Jr/Sr/Jr	Omaha, NE/Millard South
Haley Nipper	Distance	Jr/Jr/Jr	Ponca City, OK/Ponca City
Sarah Robinson	Sprints/Jumps	- /So/So	Southlake, TX/Carroll
Viktoriiia Sadokhina	Jumps	Jr/Jr/Jr	Samara, Russia/1106 Samara
Sofia Santos	Distance	- /Fr/Fr	Houston, TX/ North Shore Senior
MaKenzie Sauder	Distance	Sr/Sr/Sr	Great Bend, KS/Great Bend
Katie Spencer	Distance	Fr/Fr/Fr	Omaha, NE/ Millard South
Brittany Stallings	Sprints	- /So/So	Oklmulgee, OK/Oklmulgee
Molly Sughroue	Middle Distance	So/Fr/Fr	McCook, NE/McCook
Holly Tober	Distance	Sr/Sr/Sr	Oologah, OK/Oologah-Talala High School
Kennedy Turner	Sprints	- /Fr/Fr	Desoto, TX/ Desoto
Ambra Wesley	Sprints	So/So/Jr	Murphy, TX/Wylie
Paige Wikle	Distance	Sr/Sr/Sr	Stillwater, OK/Stillwater
Ieva Zarankaite	Throws	- /So/Jr	Utena, Lithuania/Utena Adolfas Sapoka Gymnasium
Gintare Zenkeviciute	Distance	Jr/So/So	Svencioneliai, Lithuania/Mindaugas Gymnasium
Chelsea Zobrist	Middle Distance	Jr/Jr/Jr	Southlake, TX/ Southlake Carroll

## ASSISTANT COACHES/STAFF



### DIEGO FLAQUER

Sprints coach

Third Year at Oklahoma State



### LUCAS MACKAY

Throws coach

First Year at Oklahoma State



### BOBBY LOCKHART

Middle distance coach (men's)

Eighth Year at Oklahoma State



### TERAN MIXON

Assistant Coach

Third Year at Oklahoma State



### ZIVILE PUKSTIENE

Jumps coach

13th Year at Oklahoma State



### DANNY STULTS

Director of Operations

First Year Year at Oklahoma State

## Pronunciation Guide

Jennifer Celis	suh-lease
Aurora Dybedokken	dib-eh-dock-en
Stephanie Ferrante	fur-ahn-tay
Kristine Helle	hell-uh
Monika Juodeskaite	yo-deh-sky-day
Katie Kehl	keel
Ingeborg Loevnes	in-guh-borg love-ness
Ida Oesteras	e-duh oh-stare-us

Alicia Palmer	uh-leash-uh
Lindy Pasley	pass-lee
Natalja Piliusina	pih-loosh-nuh
Viktoriiia Sadokhina	suh-dock-in-uh
Molly Sughroue	shoe-grow
Ieva Zarankaite	e-yev-uh zare-en-kye-tuh
Gintare Zenkeviciute	ginn-tar-uh zin-kev-uh-chew-tuh



# PERSONAL BESTS - MEN

**OLABODE AIYEBO**

400 meters - 50.60  
800 meters - 1:57.37

**ANTHONEY ARMSTRONG**

Mile - 4:10.74  
1,500 meters - 3:49.94  
3,000 meters - 8:11.92  
Steeplechase - 8:59.69  
5,000 meters - 14:55

**BRYCE BALENSEIFEN**

Mile - 4:11.27  
800 meters - 1:52.98  
1,600 meters - 4:11.57  
3,200 meters - 9:16  
5,000 meters - 15:10

**BRYCE BALOUS**

100 meters (wind-aided) - 10.34

**ARLANDO BREWER-JOHNSON**

100 meters - 10.55  
200 meters - 21.95  
Long Jump - 7.28m/23-10.5

**BRAYDEN BROCK**

200 meter dash - 22.59  
400 meter dash - 48.95  
800 meters - 1:56.17

**TRENTON DANIELS**

400 meter dash - 49.30  
800 meters - 1:52.80

**JOSEPH ELLISON**

400 meter dash - 49.10

**MATTHEW FAYERS**

800 meters - 1:48.12  
1,500 meters - 3:43.71  
Mile - 3:59.55

**JACOB FINCHAM-DUKES**

100 meter dash - 11.10  
110 meter hurdles - 14.60  
400 meter hurdles - 53.75  
Long Jump - 7.75m/25-6

**NOAH GADE**

1,500 meters - 3:56.86  
3,000 meters - 8:18.16  
5,000 meters - 14:50.97  
10,000 meters - 29:51.13

**CHANCE GALLOWAY**

400 meter dash - 47.78  
800 meters - 1:52.98

**CERAKE GEBERKIDANE**

800 meters - 1:52.30  
3,000 meters - 8:09.68  
5,000 meters - 14:28  
Mile - 4:08.31

**MALIK GIVENS**

60 meters - 6.81  
100 meter dash - 10.51  
200 meter dash - 21.90

**BRIAN GOHLKE**

1,500 meters - 3:50.17  
3,000 meters - 8:09.09  
5,000 meters - 14:11.46  
10,000 meters - 29:17.41

**TANNER GREEN**

200 meter dash - 21.96  
400 meter dash - 48.20

**ANTHONY GROGAN JR.**

60 meters - 7.04  
100 meter dash - 10.74  
200 meter dash - 21.13

**BRIGHAM HEDGES**

1,500 meters - 3:51.35  
Mile - 4:06.55  
3,000 meters - 8:26.05  
3,000 meter steeplechase - 9:17.26

**TYLER JACKSON**

100 meters - 10.52  
200 meters - 21.11  
400 meters - 46.99

**ALEXANDER JOHANSSON**

1,500 meters - 3:58.39  
3,000 meters - 8:29.08  
5,000 meters - 15:25

**BRADLEY JOHNSON**

400 meters - 48.65  
600 yards - 1:18.70  
800 meters - 1:49.85

**TIMAUNTAY JONES**

800 meters - 1:51.27  
1,000 meters - 2:25.70  
1,500 meters - 3:58.33

**REID JOYNER**

High Jump - 2.03m/ 6-8

**SUKHI KHOSLA**

800 meters - 1:56  
1,600 meters - 4:05  
3,200 meters - 8:39  
5,000 meters - 14:52

**TRE'TEZ KINNAIRD**

800 meters - 1:47.13  
1,000 meters - 2:23  
1,500 meters - 3:48.50  
Mile - 4:13.78

**CONALL KIRK**

800 meters - 1:51.63  
1,500 meters - 4:04.05

**CHRISTIAN LIDDELL**

1,600 meters - 4:20  
3,000 meters - 8:29.99  
3,200 meters - 9:10  
5,000 meters - 15:29

**LUIS MARTINEZ**

1,500 meters - 3:51.03  
Mile - 4:07.06  
3,000 meters - 8:13.03  
5,000 meters - 14:27.53

**JUSTIN MCBRIDE**

110 meter hurdles - 14.54  
300 meter hurdles - 38.90  
400 meter hurdles - 55.25  
60 meter hurdles - 8.55

**NICK MILLER**

Weight Throw - 23.07m/75-8.25  
Hammer Throw - 77.55m/254-5

**JEREL MORROW**

Long Jump - 7.82m/25-8.0  
Triple Jump - 14.33m/47-0.0  
High Jump - 1.98m/6-6.0

**BENITO MUNIZ**

400 meter dash - 50.01  
800 meters - 1:53.16  
1,600 meters - 4:08  
5,000 meters - 15:20

**CHAD NOELLE**

800 meters - 1:48.62  
1,000 meters - 2:22.55  
1,500 meters - 3:38.35  
Mile - 3:57.78  
3,000 meters - 7:56.76

**COLE NORTON**

60 meter dash - 6.98  
100 meter dash - 10.98  
200 meter dash - 22.22

**CRAIG NOWAK**

1,500 meters - 3:47.01  
Mile - 4:04.75  
3,000 - 7:56.36  
5,000 meters - 14:06.35  
10K - 30:17.6

**DONOVAN NUNLEY**

110 meter hurdles - 14.6  
Long Jump - 6.93m/22-9  
Shot Put - 12.24m/ 40-2  
High Jump - 1.90m/ 6-3  
Decathlon - 5237 pts.

**VEGARD OELSTAD**

800 meters - 1:52.97  
1500 meters - 3:43.08  
Mile - 3:58.79  
3000 meters - 8:04.51

**AUSTIN ROCHFORD**

100 meters - 10.57

**SHAROD SELPH**

60 meters - 6.74  
100 meters (wind-aided) - 10.55

**BRANDON SINGLETON**

100 meters - 10.91  
200 meters - 21.49  
400 meters - 47.49

**TY SMITH**

100 meter dash - 10.50  
200 meter dash - 21.61

**AUSTIN SWANN**

400 meter dash - 49.30  
800 meters - 1:56.10

**JOHN TEETERS**

60 meters - 6.52  
100 meters (wind-aided) - 9.91  
100 meters (wind-legal) - 10.11  
200 meters - 20.75

**JOSH THOMPSON**

800 meters - 1:55.38  
1,500 meters - 3:57.99  
Mile - 3:58.33  
Steeplechase - 9:22.46

**COLE VERBLE**

100 meters - 12.32  
Long Jump - 6.65m/21-10  
Pole Vault - 4.43m/14-6.5  
Javelin - 48.50m/159-1  
110 Hurdles - 17.43  
Discus - 119' 11"  
Shot Put - 36.56m  
Heptathlon - 4663 pts  
Decathlon - 6073 pts.

**RYAN WHEATLEY**

400 meters - 49.19  
600 Yards - 1:13.22  
800 meters - 1:53.77

**JORDAN WILLIAMS**

400 meters - 50.77

**MILES YAPP**

1,600 meters - 4:15  
Mile - 4:45.64  
3,200 meters - 9:01  
5,000-meters - 15:34



## PERSONAL BESTS - WOMEN

### NATALIE BAKER

1,500 meters - 4:37.91  
Mile - 4:58.89  
3,000 meters - 10:05.28  
5,000 meters - 16:54.62

### ANNA BOYERT

800 meters - 2:08.21  
1,500 meters - 4:24.07  
Mile - 4:44.40  
3,000 meters - 9:26.10  
5,000 meters - 17:07

### TRIANA BROWNE-HEARRELL

60 meters - 8.08  
200 meters - 25.60  
300 meters - 40.96  
400 meters - 56.48  
400 meter hurdles - 1:04.87

### SAVANNAH CAMACHO

400 meters - 54.66  
800 meters - 2:02.84  
1,000 meters - 2:49.97  
Mile - 4:46.31

### JENNIFER CELIS

200 meters - 26.16  
400 meters - 56.34  
800 meters - 2:08.74  
Mile - 4:40.69

### AMIRA COLEMAN

200 meters - 25.1  
400 meters - 57.76

### DANIELLE COLEMAN

60 meters - 8.32  
200 meters - 25.00  
400 meters - 56.76  
800 meters - 2:17.10

### CYDNEY CROOK

400 meters - 57.90  
800 meters - 2:28.45  
400 meter hurdles - 1:04.33

### SHELISE DAVIS

Discus - 131' 5"  
Shot Put - 32' 4"  
Javelin - 64' 5"

### KAYLEE DODD

400 meters - 56.60  
800 meters - 2:06.30  
1,500 meters - 4:28.14  
Mile - 5:09.86

### AURORA DYBEDOKKEN

800 meters - 2:08.79  
1,000 - 2:52.38  
1,500 meters - 4:21.27  
Mile - 4:45.92  
3,000 meters - 9:48.66

### CHASE EALEY

Shot Put - 17.39/57-0.75  
Weight Throw - 19.39m/63-7.50  
Javelin - 46.80m/152-06

### KAELA EDWARDS

400 meters - 55.08  
800 meters - 2:02.63  
1,000 meters - 2:43.11  
1,500 meters - 4:26.83  
Mile - 4:32.14

### STEPHANIE FERRANTE

60 meters - 7.67  
100 meters - 11.85  
200 meters - 24.23  
400 meters - 54.76

### SUMMOR FIELDS

60 meters - 8.12  
200 meters - 24.90  
400 meters - 55.50

### JILL HAGEN

200 meters - 27.83  
400 meters - 57.45  
600 yards - 1:30.42

### MEGAN HARRIS

60 meters - 7.94  
100 meters - 12.15  
200 meters - 23.80  
400 meters - 58.84

### EMILY HELMS

3,000 meters - 9:54.50  
5,000 meters - 17:10.81

### ABBIE HETHERINGTON

800 meters - 2:08.68  
1,000 meters - 2:49.19  
1,500 meters - 4:26.07  
3,000 meters - 9:50.22

### MONIKA JUODESKAITE

1,500 meters - 4:19.58  
3,000 meters - 9:10.83  
5,000 meters - 16:00.32

### KATIE KEHL

Shot Put - 14.27m/47-25  
Discus - 46.85m/153-8  
Weight Throw - 14.93m/48-11.75

### KAYTLYN LARSON

400 meters - 56.6  
800 meters - 2:09.87  
1,600 meters - 4:58.83  
Mile - 5:03.28

### KATHERINE LEE

200 meters - 27.66  
400 meters - 57.00

### LEXIE LEWIS

100 meters - 11.75  
200 meters - 24.10

### INGEBORG LOEVNES

800 meters - 2:08.89  
1,500 meters - 4:17.40  
3,000 meters - 9:27.36  
3,000 meter steeplechase - 9:48.89

### AINA MAARTENSSON

Hammer throw - 53.40m/175-2  
Weight throw - 15.90m/52-2

### JANELLE MARTINEZ

1,500 meters - 4:32.97  
3,000 meters - 9:52.20  
5,000 meters - 16:58.37

### BAYLOR NELSON

Discus - 42.36m/139-0  
Shot Put - 11.12m/36-6  
Weight Throw - 11.09m/36-4.75

### CLARA NICHOLS

100 meters - 11.97  
200 meters - 24.66  
400 meters - 55.05  
600 yards - 1:21.78  
800 meters - 2:06.25  
1,000 meters - 2:51.57  
1,500 meters - 4:27.79

### ALICIA PALMER

100 meter hurdles - 14.47  
200 meters - 25.99  
300 meter hurdles - 46.34

### BRITTNEY REID

60 meters - 7.91  
100 meters - 11.86  
200 meters - 24.79  
Long Jump - 5.58m/18-3.75

### SARAH ROBINSON

100 meter hurdles - 14.98  
300 meter hurdles - 43.55  
400 meter hurdles - 1:02.05  
Long Jump - 5.55m/18-2.5  
60 meter hurdles - 9.30

### VIKTORIJA SADOKHINA

Triple Jump - 13.35m/43-9.75  
Long Jump - 5.95m/19-6.25

### SOFIA SANTOS

1,500 meters - 4:47  
5,000 meters - 18:26

### KATIE SPENCER

1,600 meters - 4:55.18  
Mile - 5:05.98  
3,200 meters - 10:31.58  
5,000 meters - 18:13

### BRITTANY STALLINGS

60 meters - 7.98  
100 meters - 12.76  
200 meters - 24.48  
400 meters - 55.50

### MOLLY SUGHROUE

400 meters - 56.29  
800 meters - 2:07.86  
1,600 meters - 5:10.82

### KENNEDY TURNER

300 meter hurdles - 43.37

### AMBRA WESLEY

200 meters - 25.08  
400 meters - 55.87

### IEVA ZARANKAITE

Discus - 54.44m/178-7  
Shot Put - 14.18m/46-6.25  
Weight Throw - 14.57m/47-9.75  
Javelin - 44.82m/147-0

### GINTARE ZENKEVICIUTE

1,500 meters - 4:32.78  
3,000 meters - 9:49.49  
5,000 meters - 16:39.21



# 2016 MEN'S OUTDOOR RESULTS

## 2016 Outdoor Results By Meet Men's

### TULSA DUELS

March 19, 2016 :: Hurricane Track and Soccer Center :: Tulsa, Okla.

Pl.	Athlete	Event	Mark
4.	Simon Imagbe	100 Meters	11.09
7.	Tyler Jackson	200 Meters	21.94
10.	Ty Smith	200 Meters	22.49
12.	Jacob Fincham-Dukes	200 Meters	22.58
13.	Cole Norton	200 Meters	22.66
6.	Anthony Grogan Jr.	400 Meters	50.65
9.	Malik Givens	400 Meters	51.13
12.	Tanner Green	400 Meters	52.19
6.	Brigham Hedges	800 Meters	1:59.13
2.	Ryan Wheatley	1500 Meters	4:06.61
6.	Anthony Armstrong	1500 Meters	4:09.52
3.	Donovan Nunley	110 Meter Hurdles	15.16
9.	Cole Verble	110 Meter Hurdles	17.07
1.	Jacob Fincham-Dukes	Long Jump	7.46m
3.	Simon Imagbe	Long Jump	7.31m
13.	Donovan Nunley	Long Jump	6.67m
15.	Cole Verble	Long Jump	6.34m
7.	Reid Joyner	High Jump	1.85m
8.	Donovan Nunley	High Jump	1.75m
8.	Cole Verble	Pole Vault	4.25m
5.	Wesley Halof	Javelin Throw	48.41m
7.	Sean Casey	Javelin Throw	46.52m
9.	Cole Verble	Discus Throw	31.88m
7.	Donovan Nunley	Shot Put	12.61m
1.	Oklahoma State Team A (T. Smith, M. Givens, A. Grogan, T. Jackson)	4X100m Relay	41.65

### ARKANSAS SPRING INVITATIONAL

March 25-26, 2016 :: John McDonnell Field :: Fayetteville, Ark.

Pl.	Athlete	Event	Mark
14.	Arlando Brewer-Johnson	100 Meters	10.68
18.	Simon Imagbe	100 Meters	10.81
31.	Jacob Fincham-Dukes	100 Meters	11.10
33.	Cole Norton	100 Meters	11.16
36.	Ty Smith	100 Meters	11.29
11.	Malik Givens	200 Meters	21.42
29.	Ty Smith	200 Meters	22.37
31.	Cole Norton	200 Meters	22.56
4.	Tyler Jackson	400 Meters	48.42
7.	Brandon Singleton	400 Meters	48.59
15.	Anthony Grogan Jr.	400 Meters	50.09
16.	Tanner Green	400 Meters	50.55
4.	Ryan Wheatley	800 Meters	1:53.19
4.	Cerake Geberkidane	1500 Meters	3:50.06
7.	Brigham Hedges	1500 Meters	3:51.83
9.	Luis Martinez	1500 Meters	3:53.40
10.	Anthony Armstrong	1500 Meters	3:53.52
8.	Reid Joyner	High Jump	1.95m/6-4.75
7.	Simon Imagbe	Long Jump	7.33m/24-0.75
12.	Jacob Fincham-Dukes	Long Jump	6.97m/22-10.50
14.	Arlando Brewer-Johnson	Long Jump	6.90m/22-7.75
20.	Micah Kee	Long Jump	6.45m/21-2.00
7.	Sean Casey	Javelin Throw	50.47m/165-7.00
8.	Wesley Halof	Javelin Throw	50.46m/165-7.00
5.	Cole Verble	Decathlon	6073 pts.
7.	Donovan Nunley	Decathlon	5237 pts.
6.	Oklahoma State Team A (A. Brewer-Johnson, M. Givens, A. Grogan Jr., T. Jackson)	4X100 Meter Relay	40.60
3.	Oklahoma State Team A (B. Singleton, T. Jackson, A. Grogan Jr., T. Green)	4X400 Meter Relay	3:15.44

### STANFORD INVITATIONAL

April 1-2, 2016 :: Cobb Track and Angell Field :: Palo Alto, Calif.

Pl.	Athlete	Event	Mark
2.	Craig Nowak	1500 Meters	3:46.75
6.	Brigham Hedges	1500 Meters	3:49.55
4.	Cerake Geberkidane	5000 Meters	13:51.79
12.	Luis Martinez	5000 Meters	14:34.48
20.	Anthony Armstrong	5000 Meters	15:11.03
3.	Jacob Fincham-Dukes	Long Jump	7.43m/24-4.50
6.	Simon Imagbe	Long Jump	7.31m/23-11.75

### BOBCAT INVITATIONAL

March 31-April 2, 2016 :: Bobcat Track and Field Stadium :: San Marcos, Texas

Pl.	Athlete	Event	Mark
19.	Sharod Selph	100 Meters	10.80
26.	Arlando Brewer-Johnson	100 Meters	10.95
27.	Sharod Selph	200 Meters	21.84
35.	Anthony Grogan Jr.	200 Meters	21.95
--.	Arlando Brewer-Johnson	Long Jump	FOUL
1.	Oklahoma State Team A (S. Selph, J. Teeters, A. Brewer-Johnson, M. Givens)	4X100m Relay	40.64

### NIKE CLYDE LITTLEFIELD TEXAS RELAYS

March 30-April 2, 2016 :: Mike A. Myers Stadium :: Austin, Texas

Pl.	Athlete	Event	Mark
21.	Oklahoma State Team A (A. Brewer-Johnson, M. Givens, A. Grogan Jr., J. Teeters)	4X100m Relay	41.52

### JIM CLICK SHOOTOUT

April 9, 2016 :: Drachman Stadium :: Tucson, Arizona

Pl.	Athlete	Event	Mark
8.	Sharod Selph	100 Meters	10.75
11.	Arlando Brewer-Johnson	100 Meters	10.97
14.	Jacob Fincham-Dukes	100 Meters	11.27
--.	Simon Imagbe	100 Meters	DNF
5.	Anthony Grogan Jr.	200 Meters	21.49
7.	Tyler Jackson	200 Meters	21.59
8.	Sharod Selph	200 Meters	21.76
7.	Tyler Jackson	400 Meters	47.96
8.	Brandon Singleton	400 Meters	47.98
13.	Donovan Nunley	400 Meters	53.31
14.	Cole Verble	400 Meters	54.26
1.	Tre'Tez Kinnaird	800 Meters	1:48.74
2.	Ryan Wheatley	800 Meters	1:52.83
7.	Trenton Daniels	800 Meters	1:54.60
9.	Josh Thompson	800 Meters	1:57.09
1.	Josh Thompson	1500 Meters	3:46.77
2.	Simon Imagbe	Long Jump	7.29m/23-11.00
3.	Jacob Fincham-Dukes	Long Jump	7.18m/23-6.75
6.	Arlando Brewer-Johnson	Long Jump	7.00m/22-11.75
8.	Donovan Nunley	Long Jump	6.55m/21-6.00
9.	Cole Verble	Long Jump	6.46m/21-2.50
3.	Sean Casey	Javelin Throw	52.88m/173-6
5.	Wesley Halof	Javelin Throw	51.19m/167-11
6.	Donovan Nunley	Javelin Throw	43.93m/144-1
10.	Cole Verble	Discus Throw	35.14m/115-3
11.	Donovan Nunley	Discus Throw	29.47m/96-8
3.	Oklahoma State Team A (A. Brewer-Johnson, S. Selph, Anthony Grogan Jr., T. Jackson)	4X100-Meter Relay	39.98
4.	Oklahoma State Team A (B. Singleton, T. Jackson, A. Grogan Jr., R. Wheatley)	4X400-Meter Relay	3:13.29

### MT. SAC RELAYS

April 15-16, 2016 :: Falcon Stadium :: Walnut, California

Pl.	Athlete	Event	Mark
9.	Tre'Tez Kinnaird	800 Meters	1:48.43

### BRYAN CLAY INVITATIONAL

April 15, 2016 :: Cougar Stadium :: Azusa, California

Pl.	Athlete	Event	Mark
17.	Matthew Fayers	1500 Meters	3:44.57



# 2016 MEN'S OUTDOOR RESULTS

## 2016 Outdoor Results By Individual Men's

### ANTHONEY ARMSTRONG

6.	1500 Meters	4:06.61	3/20/16	Tulsa Duels
10.	1500 Meters	3:53.52	3/26/16	Arkansas Spring Invitational
20.	5000 Meters	15:11.03	4/1/16	Stanford Invitational

### ARLANDO BREWER-JOHNSON

14.	100 Meters	10.68	3/26/16	Arkansas Spring Invitational
14.	Long Jump	6.90m/22-7.75	3/26/16	Arkansas Spring Invitational
26.	100 Meters	10.95	4/1/16	Bobcat Invitational
--.	Long Jump	FOUL	4/1/16	Bobcat Invitational
11.	100 Meters	10.97	4/9/16	Jim Click Shootout
6.	Long Jump	7.00m/22-11.75	4/9/16	Jim Click Shootout

### SEAN CASEY

7.	Javelin Throw	46.52m	3/20/16	Tulsa Duels
7.	Javelin Throw	50.47m/165-7.00	3/26/16	Arkansas Spring Invitational
3.	Javelin Throw	52.88m/173-6	4/9/16	Jim Click Shootout

### TRENTON DANIELS

7.	800 Meters	1:54.60	4/9/16	Jim Click Shootout
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### MATTHEW FAYERS

17.	1500 Meters	3:44.57	4/15/16	Bryan Clay Invitational
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### JACOB FINCHAM-DUKES

1.	Long Jump	7.46m	3/20/16	Tulsa Duels
12.	200 Meters	22.58	3/20/16	Tulsa Duels
31.	100 Meters	11.10	3/26/16	Arkansas Spring Invitational
12.	Long Jump	6.97m/22-10.50	3/26/16	Arkansas Spring Invitational
3.	Long Jump	7.43m/24-4.50	4/1/16	Stanford Invitational
14.	100 Meters	11.27	4/9/16	Jim Click Shootout
3.	Long Jump	7.18m/23-6.75	4/9/16	Jim Click Shootout

### CERAKE GEBERKIDANE

4.	1500 Meters	3:50.06	3/26/16	Arkansas Spring Invitational
4.	5000 Meters	13:51.79	4/1/16	Stanford Invitational

### MALIK GIVENS

9.	400 Meters	51.13	3/20/16	Tulsa Duels
11.	200 Meters	21.42	3/26/16	Arkansas Spring Invitational

### TANNER GREEN

12.	400 Meters	52.19	3/20/16	Tulsa Duels
16.	400 Meters	50.55	3/26/16	Arkansas Spring Invitational

### ANTHONY GROGAN JR.

6.	400 Meters	50.65	3/20/16	Tulsa Duels
15.	400 Meters	50.09	3/26/16	Arkansas Spring Invitational
35.	200 Meters	21.95	4/2/16	Bobcat Invitational
5.	200 Meters	21.49	4/9/16	Jim Click Shootout

### WESLEY HALLOF

5.	Javelin Throw	48.41m	3/20/16	Tulsa Duels
8.	Javelin Throw	50.46m/165-7.00	3/26/16	Arkansas Spring Invitational
5.	Javelin Throw	51.19m/167-11	4/9/16	Jim Click Shootout

### BRIGHTON HEDGES

6.	800 Meters	1:59.13	3/20/16	Tulsa Duels
7.	1500 Meters	3:51.83	3/26/16	Arkansas Spring Invitational
6.	1500 Meters	3:49.55	4/1/16	Stanford Invitational

### SIMON IMAGBE

3.	Long Jump	7.31m	3/20/16	Tulsa Duels
4.	100 Meters	11.09	3/20/16	Tulsa Duels
18.	100 Meters	10.81	3/26/16	Arkansas Spring Invitational
7.	Long Jump	7.33m/24-0.75	3/26/16	Arkansas Spring Invitational
6.	Long Jump	7.31m/23-11.75	4/1/16	Sanford Invitational
--.	100 Meters	DNF	4/9/16	Jim Click Shootout
2.	Long Jump	7.29m/23-11.00	4/9/16	Jim Click Shootout

### TYLER JACKSON

7.	200 Meters	21.94	3/20/16	Tulsa Duels
4.	400 Meters	48.42	3/26/16	Arkansas Spring Invitational
7.	200 Meters	21.59	4/9/16	Jim Click Shootout
7.	400 Meters	47.96	4/9/16	Jim Click Shootout

### REID JOYNER

7.	High Jump	1.85m	3/20/16	Tulsa Duels
8.	High Jump	1.95m/6-4.75	3/26/16	Arkansas Spring Invitational

### MICAH KEE

20.	Long Jump	6.45m/21-2.00	3/26/16	Arkansas Spring Invitational
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### TRE'TEZ KINNAIRD

1.	800 Meters	1:48.74	4/9/16	Jim Click Shootout
9.	800 Meters	1:48.43	4/16/16	Mt. SAC Relays

### LUIS MARTINEZ

9.	1500 Meters	3:53.40	3/26/16	Arkansas Spring Invitational
12.	5000 Meters	14:34.48	4/1/16	Stanford Invitational

### COLE NORTON

13.	200 Meters	22.66	3/20/16	Tulsa Duels
33.	100 Meters	11.16	3/26/16	Arkansas Spring Invitational
31.	200 Meters	22.56	3/26/16	Arkansas Spring Invitational

### CRAIG NOWAK

2.	1500 Meters	3:46.75	4/1/16	Stanford Invitational
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### DONOVAN NUNLEY

8.	High Jump	1.75m	3/20/16	Tulsa Duels
13.	Long Jump	6.67m	3/20/16	Tulsa Duels
7.	Shot Put	12.61m	3/20/16	Tulsa Duels
3.	110m Hurdles	15.16	3/20/16	Tulsa Duels
7.	Decathlon	5237 pts.	3/26/16	Arkansas Spring Invitational
13.	400 Meters	53.31	4/9/16	Jim Click Shootout
8.	400 Meters	6:55m/21-6.00	4/9/16	Jim Click Shootout
6.	Javelin Throw	43.93m/144-1	4/9/16	Jim Click Shootout
11.	Discus Throw	29.47m/96-8	4/9/16	Jim Click Shootout

### SHAROD SELPH

19.	100 Meters	10.80	4/1/16	Bobcat Invitational
27.	200 Meters	21.84	4/2/16	Bobcat Invitational
8.	100 Meters	10.75	4/9/16	Jim Click Shootout
8.	200 Meters	21.76	4/9/16	Jim Click Shootout

### BRANDON SINGLETON

7.	400 Meters	48.59	3/26/16	Arkansas Spring Invitational
8.	400 Meters	47.98	4/9/16	Jim Click Shootout

### TY SMITH

10.	200 Meters	22.49	3/20/16	Tulsa Duels
36.	100 Meters	11.29	3/26/16	Arkansas Spring Invitational
29.	200 Meters	22.37	3/26/16	Arkansas Spring Invitational

### JOSH THOMPSON

9.	800 Meters	1:57.09	4/9/16	Jim Click Shootout
1.	1500 Meters	3:46.77	4/9/16	Jim Click Shootout

### COLE VERBLE

8.	Pole Vault	4.45m	3/20/16	Tulsa Duels
13.	Long Jump	6.34m	3/20/16	Tulsa Duels
9.	Discus Throw	31.88m	3/20/16	Tulsa Duels
9.	100m Hurdles	17.07	3/20/16	Tulsa Duels
5.	Decathlon	6073 pts.	3/26/16	Arkansas Spring Invitational
14.	400 Meters	54.26	4/9/16	Jim Click Shootout
9.	Long Jump	6.46m/21-2.50	4/9/16	Jim Click Shootout
10.	Discus Throw	35.14m/115-3	4/9/16	Jim Click Shootout

### RYAN WHEATLEY

2.	1500 Meters	4:06.61	3/20/16	Tulsa Duels
4.	800 Meters	1:53.19	3/26/16	Arkansas Spring Invitational
2.	800 Meters	1:52.83	4/9/16	Jim Click Shootout



# 2016 MEN'S OUTDOOR RESULTS

## 2016 Outdoor Bests Men's

### 100 METER DASH

Mark	Athlete	Meet
10.68	Arlando Brewer-Johnson	Arkansas Spring Invitational
10.75	Sharod Selph	Jim Click Shootout
10.81	Simon Imagbe	Arkansas Spring Invitational
11.10	Jacob Fincham-Dukes	Arkansas Spring Invitational
11.16	Cole Norton	Arkansas Spring Invitational
11.29	Ty Smith	Arkansas Spring Invitational

### 110 METER HURDLES

Mark	Athlete	Meet
15.16	Donovan Nunley	Tulsa Duels
17.07	Cole Verble	Tulsa Duels

### 200 METER DASH

Mark	Athlete	Meet
21.42	Malik Given	Arkansas Spring Invitational
21.49	Anthony Grogan Jr.	Jim Click Shootout
21.59	Tyler Jackson	Jim Click Shootout
21.76	Sharod Selph	Jim Click Shootout
22.37	Ty Smith	Arkansas Spring Invitational
22.56	Cole Norton	Arkansas Spring Invitational
22.58	Jacob Fincham-Dukes	Tulsa Duels

### 400 METER DASH

Mark	Athlete	Meet
47.96	Tyler Jackson	Jim Click Shootout
47.98	Brandon Singleton	Jim Click Shootout
50.09	Anthony Grogan Jr.	Arkansas Spring Invitational
50.55	Tanner Green	Arkansas Spring Invitational
51.13	Malik Givens	Tulsa Duels

### 800 METER RUN

Mark	Athlete	Meet
1:48.43	Tre'Tez Kinnaird	Mt. SAC Relays
1:52.83	Ryan Wheatley	Jim Click Shootout
1:54.60	Trenton Daniels	Jim Click Shootout
1:57.09	Josh Thompson	Jim Click Shootout
1:59.13	Brigham Hedges	Tulsa Duels

### 1500 METER RUN

Mark	Athlete	Meet
3:44.		
3:46.75	Craig Nowak	Stanford Invitational
3:46.77	Josh Thompson	Jim Click Shootout
3:49.55	Brigham Hedges	Stanford Invitational
3:50.06	Cerake Geberkidane	Arkansas Spring Invitational
3:53.40	Luis Martinez	Arkansas Spring Invitational
3:53.52	Anthony Armstrong	Arkansas Spring Invitational
4:06.61	Ryan Wheatley	Tulsa Duels

### 5000 METER RUN

Mark	Athlete	Meet
13:51.79	Cerake Geberkidane	Stanford Invitational
14:34.48	Luis Martinez	Stanford Invitational
15:11.03	Anthony Armstrong	Stanford Invitational

### HIGH JUMP

Mark	Athlete	Meet
1.95m/6-4.75	Reid Joyner	Arkansas Spring Invitational
1.75m/5-8.75	Donovan Nunley	Tulsa Duels

### LONG JUMP

Mark	Athlete	Meet
7.46m/24-5.75	Jacob Fincham-Dukes	Tulsa Duels
7.33m/24-0.75	Simon Imagbe	Arkansas Spring Invitational
7.00m/22-11.75	Arlando Brewer-Johnson	Jim Click Shootout
6.67m/21-10.75	Donovan Nunley	Tulsa Duels
6.46m/21-2.50	Cole Verble	Jim Click Shootout
6.45m/21-2.00	Micah Kee	Arkansas Spring Invitational

### JAVELIN THROW

Mark	Athlete	Meet
52.88m/173-6	Sean Casey	Jim Click Shootout
51.19m/167-11.00	Wesley Hallof	Jim Click Shootout

### SHOT PUT

Mark	Athlete	Meet
12.61m/41-4.5	Donovan Nunley	Tulsa Duels

### DISCUS THROW

Mark	Athlete	Meet
35.14/115-3	Cole Verble	Jim Click Shootout
29.47m/96-8	Donovan Nunley	Jim Click Shootout

### POLE VAULT

Mark	Athlete	Meet
4.25m/13-9.75	Cole Verble	Tulsa Duels

### DECATHLON

Mark	Athlete	Meet
6073 pts.	Cole Verble	Arkansas Spring Invitational
5237 pts.	Donovan Nunley	Arkansas Spring Invitational

### 4X100 METER RELAY

Mark	Athletes	Meet
39.98	A. Brewer-Johnson, S. Selph	Jim Click Shootout
40.60	A. Grogan Jr., T. Jackson	Arkansas Spring Invitational
40.64	A. Brewer-Johnson, M. Givens	Arkansas Spring Invitational
40.64	A. Grogan Jr., T. Jackson	Arkansas Spring Invitational
40.64	S. Selph, J. Teeters	Bobcat Invitational
41.65	A. Brewer-Johnson, M. Givens	Arkansas Spring Invitational
41.65	T. Smith, M. Givens	Tulsa Duels
41.65	A. Grogan Jr., T. Jackson	Tulsa Duels

### 4X400 METER RELAY

Mark	Athletes	Meet
3:13.29	B. Singleton, T. Jackson, A. Grogan Jr., R. Wheatley	Jim Click Shootout
3:15.44	B. Singleton, T. Jackson, A. Grogan Jr., T. Green	Arkansas Spring Invitational



# 2016 WOMEN'S OUTDOOR RESULTS

## 2016 Outdoor Results By Meet Women's

### TULSA DUELS

March 19, 2016 :: Hurricane Track and Soccer Center :: Tulsa, Okla.

Pl.	Athlete	Event	Mark
3.	Triana Browne-Hearrell	200 Meters	25.78
8.	Summor Fields	200 Meters	26.08
1.	Kaylee Dodd	400 Meters	58.43
2.	Amira Coleman	400 Meters	58.53
9.	Brittany Stallings	400 Meters	1:01.98
8.	Megan Harris	400 Meters	1:02.06
16.	Hannah Harris	1500 Meters	5:27.36
8.	Triana Browne-Hearrell	100m Hurdles	16.18
6.	Kennedy Turner	400m Hurdles	1:06.36
8.	Cydney Crook	400m Hurdles	1:08.58
11.	Triana Browne-Hearrell	Long Jump	5.06m
12.	Viktoriiia Sadokhina	Long Jump	5.04m
13.	Maddie Lorient	Long Jump	4.98m
2.	Viktoriiia Sadokhina	Triple Jump	12.13m
1.	Megan Honas	Javelin Throw	47.43m
1.	Chase Ealey	Shot Put	17.31m
4.	Katie Kehl	Discus Throw	42.24m
9.	Baylor Nelson	Discus Throw	39.51m
15.	Shelise Davis	Discus Throw	31.87m
8.	Meghan McGrath	Pole Vault	3.05m
2.	Oklahoma State Team A (L. Lewis, M. Harris, S. Fields, B. Stallings)	4X100m Relay	47.91

### ARKANSAS SPRING INVITATIONAL

March 25-26, 2016 :: John McDonnell Field :: Fayetteville, Ark.

Pl.	Athlete	Event	Mark
17.	Megan Harris	100 Meters	12.06
30.	Brittany Stallings	100 Meters	12.47
22.	Stephanie Ferrante	200 Meters	25.18
25.	Danielle Coleman	200 Meters	25.46
26.	Summor Fields	200 Meters	25.48
10.	Kaylee Dodd	400 Meters	56.49
13.	Kaytlyn Larson	400 Meters	56.97
14.	Amira Coleman	400 Meters	56.98
13.	Jillian Hagen	800 Meters	2:22.76
1.	Anna Boyert	800 Meters (seeded)	2:09.01
5.	Abbie Hetherington	1500 Meters (seeded)	4:29.62
6.	Aurora Dybedokken	1500 Meters (seeded)	4:30.58
9.	Natalie Baker	1500 Meters (seeded)	4:33.79
14.	Katie Spencer	1500 Meters (seeded)	4:39.13
14.	Sarah Robinson	400 Meter Hurdles	1:04.13
16.	Kennedy Turner	400 Meter Hurdles	1:04.33
23.	Cydney Crook	400 Meter Hurdles	1:09.62
21.	Meghan McGrath	Pole Vault	3.10m/10-2.00
16.	Maddie Lorient	Long Jump	5.23m/7-2.00
2.	Chase Ealey	Shot Put	17.71m/58-1.25
6.	Katie Kehl	Shot Put	14.31m/46-11.50
4.	Katie Kehl	Discus Throw	47.53m/155-11.00
7.	Baylor Nelson	Discus Throw	40.98m/134-5.00
2.	Megan Honas	Javelin Throw	44.91m/147-4
4.	Aina Maartensson	Hammer Throw	51.99m/170-7
6.	Chase Ealey	Hammer Throw	50.10m/164-4
12.	Baylor Nelson	Hammer Throw	41.71m/136-10
6.	Triana Browne-Hearrell	Heptathlon	4025 pts.
6.	Oklahoma State Team A (B. Stallings, S. Ferrante, S. Fields, M. Harris)	4X100 Meter Relay	47.38
6.	Oklahoma State Team A (S. Ferrante, S. Fields, D. Coleman, A. Coleman)	4X400 Meter Relay	3:47.55
11.	Oklahoma State Team B (K. Larson, K. Dodd, A. Hetherington, J. Hagen)	4X400 Meter Relay	3:55.58

### STANFORD INVITATIONAL

April 1-2, 2016 :: Cobb Track and Angell Field :: Palo Alto, Calif.

Pl.	Athlete	Event	Mark
9.	Clara Nichols	800 Meters	2:05.87
14.	Kaylee Dodd	800 Meters	2:07.31
2.	Savannah Camacho	1500 Meters	4:17.56
8.	Anna Boyert	1500 Meters	4:23.61
1.	Clara Nichols	1500 Meters	4:23.90
11.	Aurora Dybedokken	5000 Meters	16:03.72
18.	Monika Juodeskaite	5000 Meters	16:19.28
22.	Katie Spencer	5000 Meters	17:07.95
18.	Natalie Baker	10,000 Meters	34:12.59
1.	Chase Ealey	Shot Put	17.25m/56-7.25

### JIM CLICK SHOOTOUT

April 9, 2016 :: Drachman Stadium :: Tucson, Arizona

Pl.	Athlete	Event	Mark
13.	Stephanie Ferrante	200 Meters	24.88
15.	Triana Browne-Hearrell	200 Meters	25.01
16.	Amira Coleman	200 Meters	25.10
7.	Amira Coleman	400 Meters	56.68
9.	Stephanie Ferrante	400 Meters	57.51
10.	Danielle Coleman	400 Meters	57.71
12.	Summor Fields	400 Meters	58.72
3.	Kaytlyn Larson	800 Meters	2:10.86
5.	Jennifer Celis	800 Meters	2:11.26
4.	Abbie Hetherington	1500 Meters	4:34.60
8.	Triana Browne-Hearrell	100m Hurdles	15.45
8.	Sarah Robinson	400m Hurdles	1:03.71
9.	Kennedy Turner	400m Hurdles	1:04.52
7.	Triana Browne-Hearrell	Long Jump	5.00m/16-5
2.	Chase Ealey	Hammer Throw	56.00m/183-8
4.	Aina Maartensson	Hammer Throw	52.08m/170-10
12.	Baylor Nelson	Hammer Throw	37.13m/121-10
1.	Megan Honas	Javelin Throw	45.87m/150-6
3.	Chase Ealey	Javelin Throw	41.20m/135-2
1.	Chase Ealey	Shot Put	16.81m/55-2.00
4.	Katie Kehl	Shot Put	14.32m/46-11.34
4.	Katie Kehl	Discus Throw	47.45m/155-8
7.	Baylor Nelson	Discus Throw	40.36m/132-5
4.	Oklahoma State Team A (A. Coleman, S. Fields, S. Ferrante, D. Coleman)	4X400-Meter Relay	3:45.45
7.	Oklahoma State Team B (K. Turner, K. Larson, S. Robinson, T. Browne-Hearrell)	4X400-Meter Relay	3:55.51

### MT. SAC RELAYS

April 15-16, 2016 :: Falcon Stadium :: Walnut, California

Pl.	Athlete	Event	Mark
5.	Kaela Edwards	1500 Meters	4:17.07
12.	Ingeborg Loevnes	1500 Meters	4:20.04
2.	Kaela Edwards	800 Meters	2:01.97
8.	Clara Nichols	800 Meters	2:04.45

### BRYAN CLAY INVITATIONAL

April 15, 2016 :: Cougar Stadium :: Azusa, California

Pl.	Athlete	Event	Mark
2.	Clara Nichols	800 Meters	2:04.64
4.	Kaylee Dodd	800 Meters	2:06.55



# 2016 WOMEN'S OUTDOOR RESULTS

## 2016 Outdoor Results By Individual Women's

### NATALIE BAKER

9.	1500 Meters	4:33.79	3/26/16	Arkansas Spring Invitational
18.	10,000 Meters	34:12.59	4/1/16	Stanford Invitational

### ANNA BOYERT

1.	800 Meters (seeded)	2:09.01	3/26/16	Arkansas Spring Invitational
8.	1500 Meters	4:23.61	4/1/16	Stanford Invitational

### TRIANA BROWNE-HEARRELL

3.	200 Meters	25.78	3/20/16	Tulsa Duels
8.	100m Hurdles	16.18	3/20/16	Tulsa Duels
11.	Long Jump	5.06m	3/20/16	Tulsa Duels
6.	Heptathlon	4025 pts.	3/26/16	Arkansas Spring Invitational
15.	200 Meters	25.01	4/9/16	Jim Click Shootout
8.	100m Hurdles	15.45	4/9/16	Jim Click Shootout
7.	Long Jump	5.00m/16-5	4/9/16	Jim Click Shootout

### SAVANNAH CAMACHO

2.	1500 Meters	4:17.56	4/1/16	Stanford Invitational
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### JENNIFER CELIS

5.	800 Meters	2:11.26	4/9/16	Jim Click Shootout
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### AMIRA COLEMAN

2.	400 Meters	58.53	3/20/16	Tulsa Duels
14.	400 Meters	56.98	3/26/16	Arkansas Spring Invitational
16.	200 Meters	25.10	4/9/16	Jim Click Shootout
7.	400 Meters	56.68	4/9/16	Jim Click Shootout

### DANIELLE COLEMAN

25.	200 Meters	25.46	3/26/16	Arkansas Spring Invitational
10.	400 Meters	57.71	4/9/16	Jim Click Shootout

### CYDNEY CROOK

8.	400m Hurdles	1:08.58	3/20/16	Tulsa Duels
23.	400m Hurdles	1:09.62	3/26/16	Arkansas Spring Invitational

### SHELISE DAVIS

15.	Discus Throw	31.87m	3/20/16	Tulsa Duels
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### KAYLEE DODD

1.	400 Meters	58.43	3/20/16	Tulsa Duels
10.	400 Meters	56.49	3/26/16	Arkansas Spring Invitational
2.	800 Meters	2:07.31	4/1/16	Stanford Invitational
4.	800 Meters	2:06.55	4/15/16	Bryan Clay Invitational

### AURORA DYBEDOKKEN

6.	1500 Meters	4:30.58	3/26/16	Arkansas Spring Invitational
11.	5000 Meters	16:03.72	4/1/16	Stanford Invitational

### CHASE EALEY

1.	Shot Put	17.31m	3/20/16	Tulsa Duels
2.	Shot Put	17.71m/58-1.25	3/26/16	Arkansas Spring Invitational
6.	Hammer Throw	50.10m/164-4	3/25/16	Arkansas Spring Invitational
1.	Shot Put	17.25m/56-7.25	4/1/16	Stanford Invitational

### KAELA EDWARDS

5.	1500 Meters	4:17.07	4/15/16	Mt. SAC Relays
2.	800 Meters	2:01.97	4/16/16	Mt. SAC Relays

### STEPHANIE FERRANTE

22.	200 Meters	25.18	3/26/16	Arkansas Spring Invitational
13.	200 Meters	24.88	4/9/16	Jim Click Shootout
9.	400 Meters	57.51	4/9/16	Jim Click Shootout

### SUMMOR FIELDS

8.	200 Meters	26.08	3/20/16	Tulsa Duels
26.	200 Meters	25.48	3/26/16	Arkansas Spring Invitational
12.	400 Meters	58.72	4/9/16	Jim Click Shootout

### JILLIAN HAGEN

13.	800 Meters	2:22.76	3/26/16	Arkansas Spring Invitational
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### HANNAH HARRIS

16.	1500 Meters	5:27.36	3/20/16	Tulsa Duels
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### MEGAN HARRIS

9.	400 Meters	1:02.06	3/20/16	Tulsa Duels
17.	100 Meters	12.06	3/26/16	Arkansas Spring Invitational

### ABBIE HETHERINGTON

5.	1500 Meters	4:29.62	3/26/16	Arkansas Spring Invitational
4.	1500 Meters	4:34.60	4/9/16	Jim Click Shootout

### MEGAN HONAS

1.	Javelin Throw	47.43m	3/20/16	Tulsa Duels
2.	Javelin throw	44.91m/147-4	3/26/16	Arkansas Spring Invitational

### MONIKA JUODESKAITE

18.	5000 Meters	16:19.28	4/1/16	Stanford Invitational
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### KATIE KEHL

2.	Discus Throw	42.24m	3/20/16	Tulsa Duels
6.	Shot Put	14.31m/46-11.50	3/26/16	Arkansas Spring Invitational
4.	Discus Throw	47.53m/155-11.00	3/26/16	Arkansas Spring Invitational

### KAYTLYN LARSON

13.	400 Meters	56.97	3/26/16	Arkansas Spring Invitational
3.	800 Meters	2:10.86	4/9/16	Jim Click Shootout

### INGEBORG LOEVNES

5.	1500 Meters	4:17.07	4/15/16	Mt. SAC Relays
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### MADDIE LORANT

13.	Long Jump	4.98m	3/20/16	Tulsa Duels
16.	Long Jump	5.23m/7-2.00	3/26/16	Arkansas Spring Invitational

### AINA MAARTENSSON

4.	Hammer Throw	51.99m/170-7	3/26/16	Arkansas Spring Invitational
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### MEGHAN MCGRATH

8.	Pole Vault	3.05m	3/20/16	Tulsa Duels
21.	Pole Vault	3.10m/10-2.00	3/26/16	Arkansas Spring Invitational

### BAYLOR NELSON

9.	Discus Throw	39.51m	3/20/16	Tulsa Duels
7.	Discus Throw	40.98m/134-5.00	3/26/16	Arkansas Spring Invitational
12.	Hammer Throw	41.71m/136-10	3/26/16	Arkansas Spring Invitational

### CLARA NICHOLS

1.	1500 Meters	4:23.90	4/1/16	Stanford Invitational
1.	800 Meters	2:05.87	4/2/16	Stanford Invitational
2.	800 Meters	2:04.64	4/15/16	Bryan Clay Invitational
8.	800 Meters	2:04.45	4/16/16	Mt. SAC Relays

### VIKTORIIA SADOKHINA

2.	Triple Jump	12.13m	3/20/16	Tulsa Duels
12.	Long Jump	5.04m	3/20/16	Tulsa Duels

### SARAH ROBINSON

14.	400m Hurdles	1:04.13	3/26/16	Arkansas Spring Invitational
8.	400m Hurdles	1:03.71	4/9/16	Jim Click Shootout

### KATIE SPENCER

14.	1500 Meters	4:39.13	3/26/16	Arkansas Spring Invitational
22.	5000 Meters	17:07.95	4/1/16	Stanford Invitational

### BRITTANY STALLINGS

8.	400 Meters	1:01.98	3/20/16	Tulsa Duels
30.	100 Meters	12.47	3/26/16	Arkansas Spring Invitational

### KENNEDY TURNER

6.	400m Hurdles	1:06.36	3/20/16	Tulsa Duels
16.	400m Hurdles	1:04.33	3/26/16	Arkansas Spring Invitational
9.	400m Hurdles	1:04.52	4/9/16	Jim Click Shootout



# 2016 WOMEN'S OUTDOOR RESULTS

## 2016 Outdoor Bests Women's

### 100 METER DASH

Mark	Athlete	Meet
12.06	Megan Harris	Arkansas Spring Invitational
12.47	Brittany Stallings	Arkansas Spring Invitational

### 100 METER HURDLES

Mark	Athlete	Meet
15.45	Triana Browne-Hearrell	Jim Click Shootout

### 200 METER DASH

Mark	Athlete	Meet
24.88	Stephanie Ferrante	Jim Click Shootout
25.01	Triana Browne-Hearrell	Jim Click Shootout
25.10	Amira Coleman	Jim Click Shootout
25.46	Danielle Coleman	Arkansas Spring Invitational
25.48	Summor Fields	Arkansas Spring Invitational

### 400 METER DASH

Mark	Athlete	Meet
56.49	Kaylee Dodd	Arkansas Spring Invitational
56.68	Amira Coleman	Jim Click Shootout
56.97	Kaytlyn Larson	Arkansas Spring Invitational
57.51	Stephanie Ferrante	Jim Click Shootout
57.71	Danielle Coleman	Jim Click Shootout
58.72	Summor Fields	Jim Click Shootout
1:01.98	Brittany Stallings	Tulsa Duels
1:02.06	Megan Harris	Tulsa Duels

### 400 METER HURDLES

Mark	Athlete	Meet
1:03.71	Sarah Robinson	Jim Click Shootout
1:04.33	Kennedy Turner	Arkansas Spring Invitational
1:08.58	Cydney Crook	Tulsa Duels

### 800 METER RUN

Mark	Athlete	Meet
2:05.87	Clara Nichols	Stanford Invitational
2:07.31	Kaylee Dodd	Stanford Invitational
2:09.01	Anna Boyert	Arkansas Spring Invitational
2:10.86	Kaytlyn Larson	Jim Click Shootout
2:11.26	Jennifer Celis	Jim Click Shootout
2:22.76	Jillian Hagen	Arkansas Spring Invitational

### 1500 METER RUN

Mark	Athlete	Meet
4:17.56	Savannah Camacho	Stanford Invitational
4:23.61	Anna Boyert	Stanford Invitational
4:23.90	Clara Nichols	Stanford Invitational
4:29.62	Abbie Hetherington	Arkansas Spring Invitational
4:30.58	Aurora Dybedokken	Arkansas Spring Invitational
4:33.79	Natalie Baker	Arkansas Spring Invitational
4:39.13	Katie Spencer	Arkansas Spring Invitational
5:27.36	Hannah Harris	Tulsa Duels

### 5000 METER RUN

Mark	Athlete	Meet
16:03.72	Aurora Dybedokken	Stanford Invitational
16:19.28	Monika Juodeskaite	Stanford Invitational
17:07.95	Katie Spencer	Stanford Invitational

### 10,000 METER RUN

Mark	Athlete	Meet
34:12.59	Natalie Baker	Stanford Invitational

### LONG JUMP

Mark	Athlete	Meet
5.23m/7-2.00	Maddie Lorant	Arkansas Spring Invitational
5.06m/16-7.25	Triana Browne-Hearrell	Tulsa Duels
5.04m/16-6.50	Viktorii Sadokhina	Tulsa Duels

### TRIPLE JUMP

Mark	Athlete	Meet
12.13m/39-9.75	Viktorii Sadokhina	Tulsa Duels

### JAVELIN THROW

Mark	Athlete	Meet
47.43m/155-7.0	Megan Honas	Tulsa Duels

### SHOT PUT

Mark	Athlete	Meet
17.71m/58-1.25	Chase Ealey	Arkansas Spring Invitational
14.31m/46-11.50	Katie Kehl	Arkansas Spring Invitational

### DISCUS THROW

Mark	Athlete	Meet
47.53m/155-11.0	Katie Kehl	Arkansas Spring Invitational
40.98m/134-5.0	Baylor Nelson	Arkansas Spring Invitational
31.87m/127-6.0	Shelise Davis	Tulsa Duels

### HAMMER THROW

Mark	Athlete	Meet
51.99m/170-7	Aina Maartensson	Arkansas Spring Invitational
50.10m/164-4	Chase Ealey	Arkansas Spring Invitational
41.71m/136-10	Baylor Nelson	Arkansas Spring Invitational

### POLE VAULT

Mark	Athlete	Meet
3.10m/10-2.00	Meghan McGrath	Arkansas Spring Invitational

### 4X100 METER RELAY

Mark	Athlete	Meet
47.38	B. Stallings, S. Ferrante, S. Fields, M. Harris	Arkansas Spring Invitational
47.91	L. Lewis, M. Harris, S. Fields, B. Stallings	Tulsa Duels

### 4X400 METER RELAY

Mark	Athlete	Meet
3:45.45	A. Coleman, S. Fields, S. Ferrante, D. Coleman	Jim Click Shootout
3:47.55	S. Ferrante, S. Fields, D. Coleman, A. Coleman	Arkansas Spring Invitational
3:55.51	K. Turner, K. Larson, S. Robinson, T. Browne-Hearrell	Jim Click Shootout
3:55.58	K. Larson, K. Dodd, A. Hetherington, J. Hagen	Arkansas Spring Invitational



# MEN'S OUTDOOR RECORDS

## 100 METERS

1.	John Teeters	9.91**	Big 12 Championships	2014
1(1).	James Butler	10.00	Ralph Higgins Invite	1982
2.	Ron Ingram	10.10	Ralph Higgins Invite	1981
3.	John Teeters	10.11	NCAA West Preliminaries	2014
4.	Desmond Ross	10.12	Arkansas Invitational	1985
T5.	Mike Shavers	10.30	Oklahoma Dual	1978
T5.	Curtis Thomas	10.30	OSU Invitational	1981
T5.	Earl Harris	10.30	California Relays	1969
T8.	Donald Lee Briggs	10.35	OSU Invitational	1981
T8.	Daniel Osafo	10.35	Dallas Invitational	1978
10.	Paul Jackson	10.36	Dallas Invitational	1978

## 200 METERS

1.	Desmond Ross	19.80	Big 8 Outdoors	1985
2.	James Butler	19.86	Texas Relays	1979
3.	Curtis Thomas	20.40	Ralph Higgins Invite	1982
T4.	John Teeters	20.75	John McDonnell Invite	2014
4.	Sterling Starks	20.75	OSU Invitational	1981
5.	Timmy Thomas	20.98	Big 8 Outdoors	1990
6.	David Rhodes	21.03	Big 8 Outdoors	1986
7.	Greg Harjo	21.07	Big 8 Outdoors	1995
T8.	James Cole	21.30	Big 8 Outdoors	1993
T8.	Pat Johnson	21.30	Ralph Higgins Invite	1993

## 400 METERS

1.	Dennis Schultz	45.60	LSU Relays	1972
2.	Guy McGraw	46.00	Big 8 Outdoors	1978
3.	Sterling Starks	46.29	Big 8 Outdoors	1982
4.	Charles Strong	46.30	Big 8 Outdoors	1962
T5.	Jim Bolding	46.40	LSU Relays	1971
T5.	J.W. Mashburn	46.40	NCAA Outdoors	1956
7.	Harold Green	46.71	Big 8 Outdoors	1989
8.	Desmond Ross	46.73	John Jacobs Invite	1985
9.	Curtis Thomas	46.90	Big 8 Outdoors	1984
10.	James Cole	47.01	Big 8 Outdoors	1993

## 400 METER HURDLES

1.	Jim Bolding	49.50	Olympic Trials	1972
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## 800 METERS

1.	Paul Larkins	1:47.13	Texas Relays	1986
2.	Matthew Fayers	1:48.12	BMC Stretford	2014
3.	Chad Noelle	1:48.62	Arkansas Invite	2014
4.	Kendall Staggs	1:48.7	Big 8 Champs	1978
5.	Tre'Tez Kinnaird	1:48.74	Jim Click Shootout	2016
6.	Tyler Payton	1:49.17	Arkansas Invite	2014
7.	Chris Stoves	1:49.35	Len Paddock	2004
8.	John Wild	1:49.39	UT-Arlington	1995
9.	Raul Botezan	1:49.54	Bucharest	2012
10.	Justin Nobles	1:50.06	Big 12 Championships	2003

## 880 YARDS

1.	John Perry	1:47.6	Big 8 Champs	1966
2.	David Perry	1:47.7	Southern TFF	1965
3.	Jim Metcalf	1:47.8	Big 8 Champs	1965
4.	Tom Van Ruden	1:49.1	Oklahoma Dual	1966
5.	Bill Stone	1:49.6	West Coast Relays	1965
6.	Mike Manke	1:50.17	Dallas Invitational	1974

## 1,000 METERS

1.	Paul Larkins	2:18.35		1986
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## 1,500 METERS

1.	German Fernandez	3:37.76	Team Indiana Invitational	2012
2.	Paul Larkins	3:38.02	England vs. Belgium	1986
3.	Chad Noelle	3:38.35	Payton Jordan Invitational	2015
4.	Kirubel Erassa	3:39.05	Payton Jordan Invitational	2015
5.	Jon Wild	3:40.02	Arkansas Invite	1997
6.	Tom Farrell	3:41.07	Stanford Invitational	2012
7.	Raul Botezan	3:41.14	USATF High Performance	2012
8.	Chuck Sloan	3:42.00	Cardinal Invitational	2000
9.	Johnathan Stublaski	3:42.20	Arkansas Twilight	2010
10.	Ryan Ripley	3:42.62	Saturn Midwest	2007

## MILE

1.	Larry Rose	3:59.5 ht	Kansas Relays	1971
2.	Tom Von Ruden	4:01.1 ht	Big Eight Champs	1966
3.	John Halberstadt	4:01.1 ht	LSU Dual	1972
4.	Peter Kaal	4:02.5 ht	Big Eight Champs	1970
5.	Mike Manke	4:03.0 ht	Southern Illinois Dual	1973
6.	Ryan Ripley	4:03.47	Nashville Music	2007
7.	George Stewart	4:03.8 ht	Kansas Relays	1971
8.	John Perry	4:04.0 ht	Helsinki, Finland	1966
9.	Sture Landqvist	4:04.2 ht	Sugar Bowl Rlys	1953
10.	Charles Boatright	4:04.5 ht	LSU Dual	1972

## 3,000 METERS

1.	Jon Wild	7:55.15	Dublin, Ireland	1995
2.	Paul Larkins	7:58.61	Gateshead, Eng	1984
3.	Greg Rouault	8:13.74	McDonnell Invt'l	2003
4.	Habel Gitogo Churu	8:13.83	Tyson Invite	1999
5.	Solomon Kariuki	8:16.38	Arkansas	1993
6.	Rene Carlson	8:17.72	U.S.CollegiateT&F	1999
7.	Nathaniel Lane	8:19.22	Tyson Invitational	1999
8.	Patrick Kiptum	8:19.32	R. Higgins Invite	1994
9.	Charles Mathenge	8:20.34	Arkansas Invite	2014
10.	James Morrissey	8:22.00	Arkansas Invite	1993

## 5,000 METERS

1.	Tom Farrell	13:15.31	Payton Jordan Invite	2012
2.	German Fernandez	13:25.46	USATF, Eugene	2009
3.	Kirubel Erassa	13:27.55	Payton Jordan Invite	2014
4.	Girma Mecheso	13:34.83	Stanford Invitational	2012
5.	Ryan Vail	13:37.02	Cardinal Invite	2009
6.	Jason Woolhouse	13:37.36	Stanford Invite	2004
7.	Shadrack Kipchirchir	13:37.68	Mt. SAC Relays	2014
8.	John Kosgei	13:42.17	Mt. SAC Relays	2010
9.	Colby Lowe	13:42.60	Mt. SAC Relays	2010
10.	Jon Wild	13:42.80	Mt. SAC Relays	1996

## 10,000 METERS

1.	Shadrack Kipchirchir	27:36.79	Payton Jordan Invite	2014
2.	Girma Mecheso	27:52.38	Payton Jordan Invite	2013
3.	Colby Lowe	28:45.91	Stanford Invite	2011
4.	John Halberstadt	28:50.4 ht	NCAA Champs	1972
5.	Kirubel Erassa	28:50.41	Big 12 Championships	2015
6.	David Jankowski	28:51.81	Stanford Invite	2006
7.	John Kosgei	28:55.93	NCAA Champs	2010
8.	Nathaniel Lane	29:01.17	Cardinal Invite	1999
9.	Greg Rouault	29:04.02	Cardinal Invite	2003
10.	Renee Calrsen	29:08.31	Cardinal Invite	1999

## 3,000 METER STEEPLECHASE

1.	Chuck Sloan	8:26.66	US Olympic Trials	2000
2.	Chris McCubbins	8:38.2 ht	PanAm games	1967
3.	Andrew Hennessey	8:39.71	Cardinal Invite	1999
4.	Joe Gray	8:44.73	Stanford Invitel	2007
5.	Fabian Clarkson	8:45.96	NCAA Championships	2012
6.	Trevor Fieldsend	8:46.49	R. Higgins Invite	1985
7.	Charles Boatright	8:51.2 ht	Drake Relays	1972
8.	David Chirchir	8:55.13	Stanford Invite	2009
9.	Mike Cole	8:55.1 ht	Big Eight Champs	1975
10.	Taylor Monaghan	8:56.14	Stanford Invitational	2013

## 4 X 100 METER RELAY

1)	39.04	Butler, Evans, Ingram, Starks	NCAA Championships	1982
2)	39.64	Selph, Jackson, Brewer-Johnson, Teeters	NCAA West Regional	2015

## 4 X 200 METER RELAY

1)	1:21.58	Butler, Thomas, Ingram, Starks	Drake Relays	1982
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## 4 X 400 METER RELAY

1)	3:05.64	Hohmann, Patterson, Thomas, Williams	Meet of Champions	1983
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# MEN'S OUTDOOR RECORDS

## HIGH JUMP

1.	Greg Brewer	2.216m/7-3.25	Drake Relays	1983
2.	Rich Geske	2.16m/7-1	Big 8 Outdoors	1975
3.	Taylor Buck	2.14m/7-0.25	Arkansas Twilight	2011
4.	Jeff Brown	2.13m/7-0	John Jacobs Relays	1981
5.	Paul Martell	2.11m/6-11	Big 8 Outdoors	1979
T6.	Oliver McDade	2.08m/6-10	Ralph Higgins Invitational	1989
T6.	George Holland	2.08m/6-10	UTEP Invitational	1970
T6.	Russell Laverty	2.08m/6-10	T&FF Meet	1964
9.	Don Boydston	2.04m/6-8.25	Fort Worth Carnival	1940
T10.	Lance Davis	2.03m/6-8	OBU Bison Relays	1989
T10.	David Taylor	2.03m/6-8	Sooner Invitational	1984
T10.	Rick Tate	2.03m/6-8	Wichita Dual	1976
T10.	Steve Herndon	2.03m/6-8	Arkansas Relays	1966

## LONG JUMP

1.	Hal Oswalt	7.72m/25-4	Houston Meet of Champs	1969
2.	W.L. Clapham	7.61m/24-11.75	San Antonio Invite	1941
3.	Ralph Tate	7.60m/24-11	Oklahoma Dual	1943
4.	John Voight	7.58m/24-10.25	Texas Relays	1950
5.	E.B. Schaeffer	7.57m/24-10	Big 8 Outdoors	1978
6.	Kim Ellis	7.56m/24-9.75	Texas Relays	1955
7.	Jack Wright	7.48m/24-6.50	Big 8 Outdoors	1972
8.	Jacob Fincham-Dukes	7.46m/24-5.75	Tulsa Duels	2016
9.	Charles Strong	7.44m/24-4.75	Arkansas Relays	1963
10.	Jeff Glasgow	7.43m/24-4.50	Dallas Invitational	1968

## TRIPLE JUMP

1.	E.B. Schaeffer	15.55m/51-0	Drake Relays	1978
2.	Mark Hanna	15.34m/50-4	Kansas Relays	1987
3.	Bart Breithaupt	15.05m/49-4.5	North Texas Dual	1991
4.	Larry Gunther	15.01m/49-3	Big 8 Outdoors	1971
5.	Floyd Beanblossom	14.83m/48-8	AAU Championships	1921
6.	Richard Smith	14.75m/48-4.75	Big 12 Championships	2015
7.	Ralph Tate	14.62m/47-11.5	Oklahoma AAU	1946
8.	Ryan Finnie	14.46m/47-5.25	Big 12 Championships	2014
9.	Hal Oswalt	14.24m/46-8.5	John Jacobs Invite	1968
T10.	Alex Dzitrie	14.19m/46-6.75	Big 8 Outdoors	1996
T10.	Larry Gunther	14.19m/46-6.75	Wichita Dual	1969

## POLE VAULT

1.	Joe Dial	5.86m/19-2.5	John Jacobs Invitational	1985
2.	Terry Womack	5.45m/17-10.5	Austin Texas Open	1985
3.	Eric Forney	5.40m/17-8.75	Texas Relays	1984
4.	David Swezey	5.36m/17-7	Big 8 Outdoors	1982
5.	Greg Pickett	5.07m/16-7.50	Dallas Invitational	1978
6.	Larry Curts	5.03m/16-6	Oklahoma Invite	1968
7.	George Davies	4.83m/15-10.25	Big 8 Outdoors	1961
8.	Preston Holsinger	4.79m/15-8.75	Oklahoma Federation	1964
T9.	Mickey Baller	4.70m/15-5	Dual vs. OSU Freshmen	1963
T9.	Jim Graham	4.70m/15-5	Oklahoma Dual	1959
T9.	Aubrey Dooley	4.70m/15-5	Oklahoma Dual	1959

## SHOT PUT

1.	Randy Naas	19.86m/65-2	Big 8 Championships	1983
2.	Mike Marks	18.77m/61-7	State Federation Meet	1974
3.	Itamar Levi	18.21m/59-9	John McDonnell Invite	2014
4.	Dale Pierce	17.74m/58-2.25	Big 8 Indoors	1980
5.	Bruce Wilhelm	17.52m/57-5.75	AAU State	1967
6.	Bob Ringwell	17.44m/57-2.5		1974
7.	Jim Benien	17.07m/56-0		1971
8.	Milton Hardaway	16.64m/54-7	Southern Illinois Dual	1975
9.	Keith Keel	16.36m/53-8.25	Oklahoma	1985
10.	Mike Ryles	16.35m/53-7.5	Big 8 Freshman Indoor	1966

## DISCUS THROW

1.	Jim Benien	56.19m/184-4	Federation Nationals	1971
2.	Randy Naas	56.05m/183-10.5	Oklahoma	1983
3.	John Anderson	55.35m/181-7	Arkansas Relays	1963
4.	Dale Pierce	54.69m/179-5.25	OSU	1983
5.	Kirk Hardin	54.59m/179-1	Wichita State Dual	1976
6.	Clyde Northrup	54.32m/178-2.5	Arkansas Relays	1960
7.	Miles Lister	53.95m/177-0	Oklahoma	1965
8.	Andrew Hudson	53.52m/175-7	John Jacobs Invitational	2012
9.	Clyde Northrup	52.44m/172-0.5	Nebraska Dual	1959

10. Richard Shade 52.43m/172-0 Oklahoma Dual 1970

## HAMMER THROW

1.	Nick Miller	74.38m/244-0	Big 12 Championships	2014
2.	Ralph Havenstrite	47.52m/155-11	Interclass Track Meet	1915
3.	Lee Minton	37.06m/121-7	Field Day Track & Field	1913
4.	J.K. Ross	34.87m/114-5	Field Day Track & Field	1909
5.	Francis	30.94m/101-6	Field Day Track & Field	1908
6.	Wallace Thornbery	19.20m/63-01	Field Day Track & Field	1900

## OLD RULE JAVELIN

1.	George Stevens	78.00m/255-11	Kansas Relays	1973
2.	David Ratliff	69.49m/228-0	Texas Relays	1972
3.	Henry Bell	68.16m/223-7.5	Federation State	1964
4.	John Elmore	67.95m/222-11	Wichita State Dual	1968
5.	Jim Groesbeck	67.04m/219-11.50	Wichita Dual	1969
6.	Mike Platt	64.54m/211-9	Oklahoma	1984
7.	Delane Woolfolk	62.66m/205-7		
8.	Garth Brooks	61.19m/200-9	Big 8 Outdoors	1982
9.	Carl Rigney	60.95m/199-11.5		1935
10.	Dave Field	60.43m/198-3		1965

## NEW RULE JAVELIN

1.	Jason Isaacson	53.90m/176-10	SMU	1991
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\*\* Wind-aided mark. All-conditions school record



# WOMEN'S OUTDOOR RECORDS

## 100 METERS

1) 11.34	TracyAnn Baker	Texas Relays	1997
2) 11.44	Sherita Jackson	Texas Relays	1997
3) 11.50	Leisa Davis-Knowles	Big 8 Outdoor	1985
T4) 11.60	Christy Dye	Don Kirby Invitational	1996
T4) 11.60	Natasha Santee		1999
6) 11.71	LaToyia Hinds		1998
7) 11.82	Britney Presley	Big 12 Championships	2014
8) 12.07	Melody Vaughn	Big 8 Outdoor	1996
9) 12.10	Celestina Bucknell	Big 8 Outdoor	1995
10) 12.05	Lauren Mckee	John Jacobs Invitational	2008

## 100 METER HURDLES

1) 13.38	Rosa Baker	NCAA Championships	1989
2) 13.89	Doris Williams	Big 8 Championships	1991
3) 13.94	Tiffany Davis	Big 12 Championships	1999
4) 13.97	Tracie White	Big 8 Championships	1985
5) 14.10	Vicki Cleveland	Ralph Higgins Meet	1981
6) 14.20	Vicki Fretwell	Texas Relays	1982
7) 14.30	Susie Winnigham		1975
8) 14.33	Stephani Duff	Big 12 Championships	1999
9) 14.39	Regina Brown	Big 8 Championships	1990
10) 14.83	Clara Telford	John McDonnell Invitational	2015

## 200 METERS

1) 23.19	TracyAnn Baker	Mt SAC Relays	1997
2) 23.25	Stacy Clack	Texas Relays- prelims	1990
3) 23.27	Sherita Jackson	Big 12 Outdoor- prelims	1997
4) 23.85	Leisa Davis-Knowles	LSU Invitational	1986
5) 24.47	Natasha Santee		1999
6) 24.52	Britney Presley	John McDonnell Invite	2014
7) 24.58	Lauren McKee	Sooner Open	2008
8) 24.73	Stephanie Ferrante	Bobcat Invitational	2015
9) 24.82	Melissa Ndubilo	Mean Green Twilight	2005
10) 24.87	Melody Vaughn		1996

## 400 METERS

1) 52.26	Leisa Davis-Knowles	Kansas Relays	1986
2) 53.97	Nicki Brackeen	Big 8 Outdoor	1990
3) 54.66	Savannah Camacho	John McDonnell Invite	2014
4) 55.26	Kaela Edwards	John McDonnell Invitational	2015
5) 55.49	Alison Erzinger	Big 12 Outdoor	2003
6) 55.68	Andrene Thompson		1998
7) 55.87	Ambra Wesley	John Jacobs Invite	2014
T8) 56.48	Triana Browne-Hearrell	Big 12 Championships	2014
T8) 56.48	Stephanie Ferrante	John Jacobs Invitational	2015
10) 56.49	Kaylee Dodd	Arkansas Spring Invitational	2016

## 400 METER HURDLES

1) 55.70	Leisa Davis-Knowles	NCAA Championships	1985
2) 58.33	Alison Erzinger	NCAA Outdoor	2005
3) 58.64	Justine Craig	Texas Relays	1986
4) 1:00.21	Bailey Johnson	Big 12 Championships	2014
5) 1:00.72	Sherita Jackson	Big 8 Outdoor	1996
6) 1:01.89	Kendra Woodson	Sooner Twilight Meet	2009
7) 1:02.05	Sarah Robinson	Arkansas Twilight	2015
8) 1:02.34	Margie Crossno	Ralph Higgins	1982
9) 1:02.47	Tihana Sarac	UTA Invitational	2008
10) 1:03.34	Tiffany Davis		2000

## 800 METERS

1) 2:01.59	Natalja Piliusina	World University Games	2013
2) 2:01.97	Kaela Edwards	Mt. SAC Relays	2016
3) 2:02.84	Savannah Camacho	Mt. SAC Relays	2014
4) 2:04.61	Justine Craig	NCAA Outdoor	1987
5) 2:05.87	Clara Nichols	Stanford Invitational	2016
6) 2:06.90	Andrene Thompson	Mt. Sac Relays	1999
7) 2:07.18	Mihaela Susa	Arkansas Twilight	2010
8) 2:07.31	Kaylee Dodd	Stanford Invitational	2016
9) 2:08.21	Anna Boyert	NCAA West Regional	2015
10) 2:08.68	Kendra Woodson	Arkansas Twilight	2010

## 1,500 METERS

1) 4:09.51	Natalja Piliusina	Payton Jordan Invite	2012
2) 4:13.08	Mihaela Susa	Mt. SAC Relays	2010
3) 4:17.07	Kaela Edwards	Mt. SAC Relays	2016
4) 4:17.56	Savannah Camacho	Stanford Invitational	2016
5) 4:19.09	Valentina Medina	NCAA Championship	2004
6) 4:19.34	Caileigh Glenn	Payton Jordan Invitational	2015
7) 4:19.58	Monika Juodeskaite	Arkansas Invite	2014
8) 4:19.90	Veronica Haberl	SMU Open	1986
9) 4:22.20	Christine McMiken	Texas Relays	1986
10) 4:22.60	Kate Kujawa	Payton Jordan Invite	2012

## 3,000 METERS

1) 9:03.32	Christine McMiken		1986
2) 9:11.58	Monika Juodeskaite	Euro. Team Championships	2014
3) 9:16.80	Jenny Framme	NCAA Outdoor	1997
4) 9:17.50	Heather Garrett	NCAA Outdoor	1990
5) 9:25.16	Hanna Smedstad	Big 12 Outdoor	2000
6) 9:32.17	Siri Alfheim	UTA Invitational	2002
7) 9:38.13	Valentina Medina	UTA Invitational	2002
8) 9:40.37	Alexandra Lindquist	Texas Relays	2001
9) 9:47.24	Shelly Moore	Big 8 Outdoor	1995
10) 9:47.46	Kristine Helle	Arkansas Invite	2014

## 5,000 METERS

1) 15:41.42	Jackie Goodman	NCAA Outdoor	1989
2) 15:45.70	Christine McMiken	NCAA Outdoor	1985
3) 16:00.32	Monika Juodeskaite	Mt. SAC Relays	2014
4) 16:00.47	Siri Alfheim	NCAA Outdoor	2002
5) 16:09.83	Mihaela Susa	Stanford Invitational	2009
6) 16:14.95	Hanna Smedstad	Big 12 Outdoor	1999
7) 16:16.54	Mary Davies	Big 12 Outdoor	2006
8) 16:17.59	Jenny Framme		1997
9) 16:17.93	Monika Juodeskaite	Mt. SAC Relays	2013
10) 16:20.99	Michelle Prowse	Stanford Invitational	2004

## 10,000 METERS

1) 32:51.00	Christine McMiken	NCAA Championship	1986
2) 33:08.00	Mary Davies	NCAA Championship	2006
3) 33:42.35	Jackie Goodman	NCAA Championship	1989
4) 33:46.79	Sara Wells	Stanford Invitational	2001
5) 33:47.70	Barbora Kuncova	Stanford Invitational	2005
6) 33:49.32	Tone Hjalmsen	NCAA Championship	2011
7) 33:56.70	Donna Levy	Mt. Sac Relays	1992
8) 34:17.00	Karen Bridges	AAU Meet	1978
9) 34:17.72	Felicity Milton	Mt. SAC Relays	2010
10) 34:19.82	Kristine Helle	Sollentuna Sweden	2014

## 3,000 METER STEEPLECHASE

1) 9:48.89	Ingeborg Loevnes	Payton Jordan Invitational	2015
2) 10:07.31	Barbora Kuncova	NCAA Outdoor	2005
3) 10:09.42	Mary Davies	Big 12 Outdoor	2006
4) 10:15.55	Kate Kujawa	Stanford Invitational	2013
5) 10:20.02	Michelle Prowse	Stanford Invitational	2005
6) 10:21.17	Eva Tomankova	Mt. SAC Relays	2008
7) 10:33.17	Kendra Woodson	Mt. SAC Relays	2010
8) 10:35.03	Jackie Campos	Bryan Clay Invite	2013
9) 10:37.75	Hanna Holst	Stanford Invitational	2007
10) 10:48.90	Natalia Kovtun	Mt. SAC Relays	2008



# WOMEN'S OUTDOOR RECORDS

## 4X100 METER RELAY

1) 44.73	R. Baker, Brackeen, Clark, Jones	Big 8 Outdoor	1990
2) 45.03	Vaughn, T. Baker, Midkiff, Jackson	Big 12 Outdoor	1997
3) 45.63		Big 12 Outdoor	1999
4) 45.83	Beamon, Dye, Vaughn, Jackson	John Jacobs Relays	1996
5) 45.97	S. Jackson, Santee, M. Jackson, Davis	Big 12 Outdoor	2000
6) 46.19			1998
7) 46.63	Hinds, T. Baker Vaughn, S. Jackson	Penn Relays	1997
8) 46.64	Presley, Ferrante, Fields, Wesley	John Jacobs Invitational	2015
9) 46.79	Presley, Ferrante Fields, Stallings	Arkansas Twilight	2015
10) 46.87	Presley, Wesley Browne-Hearrell, Wilson	John Jacobs Invite	2014

## 4X200 METER RELAY

1) 1:35.88	T. Baker, Midkiff, Dozovado, Jackson	Texas Relays	1997
2) 1:36.25	Jones, R. Baker, Clack, Brackeen	Drake Relays	1989
3) 1:36.46	T. Baker, Jackson, Vaughn, Dozovado	Penn Relays	1997
4) 1:38.67		Penn Relays	1996
5) 1:42.71	Dye, Glidewell Unruh, Bucknell	Drake Relays	1995

## 4X400 METER RELAY

1) 3:37.44	Dozovado, Thompson, Baker, Jackson	Mt. Sac Relays	1997
2) 3:41.78	Craig, Ford, Martin, Knowles	Kansas Relays	1986
3) 3:42.58	Santee, Schmidt, Beamon, Jackson	Big 8 Outdoor	1996
4) 3:43.33	Brackeen, Jones, Clark, Baker	Big 8 Outdoor	1990
5) 3:43.53		Texas Relays	1999
6) 3:46.06	Ferrante, Edwards, Coleman, Wesley	John McDonnell Invitational	2015
7) 3:46.36	Ferrante, Wesley, Fields, Crook	Drake Relays	2015
8) 3:46.39	Santee, Schmidt, Unruh, Jackson	Mt. Sac Relays	1996
9) 3:47.02	Ferrante, Wesley Fields, Coleman	Texas Relays	2015
10) 3:50.06	Camacho, Wesley Browne-Hearrell, Wilson	John McDonnell Invite	2014

## 4X1500M RELAY

1) 18:39.28	Framme, Thompson, De La Cerda, Smedstad	Penn Relays	1997
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## 1600M SPRINT MEDLEY RELAY

1) 4:03.48	Ferrante, Presley Wesley, Dodd	Texas Relays	2015
2) 4:06.07	Erzinger, Medina, Ndubilo, Ogunbanjo	Texas Relays	2002

## HIGH JUMP

1) 1.87m/6-01.50	Toni Young	NCAA Championships	2012
2) 1.81m/5-11.25	Michelle Crowson	Ralph Higgins Meet	1987
3) 1.76m/5-9.25	Tammy Lienhard	Big 8 Championships	1979
4) 1.72m/5-7.75	Misty McMillian	Don Kirby Invitational	1996
5) 1.69m/5-6.5	Megan Toole	Big 12 Outdoor	1998
6) 1.68m/5-6.25	Janet Harris	Texas Relays	1986
7) 1.65m/5-5	Destyn Stallings	Tulsa Invitational	2009
T8) 1.63m/5-4.25	Marilyn Linsenmeyer	Big 8 Championships	1974
T8) 1.63m/5-4.25	Julia Schmaltz	John Jacobs Invite	2014
10) 1.59m/5-2.5	Angella Ogle	College Station Multis	2000

## LONG JUMP

1) 6.21m/20-4.5	Clarissa Andrews	Big 12 Outdoor	2009
2) 6.17m/20-3	Baiba Blumbaha	Big 12 Outdoor	2009
3) 6.13m/20-1.25	Melinda Jackson	UTA Invitational	2000
T4) 6.07m/19-11	Melissa Ndubilo	UTA Invitational	2003
T4) 6.07m/19-11	Cody Birk	Tulsa Duels	2006
T6) 6.04m/19-9.75	Melody Vaughn	Big 12 Outdoor	1998
T6) 6.04m/19-9.75	Žilvile Šikšnylyte	Sooner Invitational	2007
8) 6.02m/19-9	Maira Steyn	TCU Invitational	2007
T9) 6.01m/19-8.5	Taylor Stolt	Tulsa Duels	2013
T9) 6.01m/19-8.5	Stephani Duff	UTA Invitational	2002

## TRIPLE JUMP

1) 13.35m/43-9.75	Viktorina Sadokhina	Big 12 Championships	2014
2) 13.11m/43-0.25	Clarissa Andrews	Big 12 Outdoor	2011
3) 12.89m/42-3.5	Paula Ogunbanjo	Big 12 Outdoor	2005
4) 12.71m/41-8.5	Adrienne Crenshaw	John McDonnell Invite	2003
5) 12.70m/41-8	Žilvile Šikšnylyte	TCU Invitational	2007
6) 12.65m/41-6	Melinda Jackson		1999
7) 12.59m/41-3.75	Mateja Posavec	Zagreb	2007
8) 12.56m/41-2.5	Baiba Blumbaha	Sooner Invitational	2009
9) 12.49m/40-11.75	Cecily Carrier	Big 12 Outdoor	1997
10) 12.42m/40-9	Laverne Clark	Ralph Higgins Meet	1987

## SHOT PUT

1) 17.71m/58-1.25	Chase Ealey	Arkansas Spring Invitational	2016
2) 16.21m/53-2.25	Halee Prickett	Big 12 Outdoor	2005
3) 15.74m/51-7.75	Merritt Dietz	Big 12 Outdoor	2008
4) 15.21m/49-10.75	Lakendra Greathouse	Sooner Invitational	2007
5) 14.55m/47-09.00	Brooke Gritters	Big 12 Championships	2012
6) 14.42m/47-3.75	Joanne Rothery	OU Invitational	1985
7) 14.31m/46-11.50	Katie Kehl	Arkansas Spring Invitational	2016
8) 14.23m/46-8.25	Katie Hamilton	John Jacobs Invitational	2009
9) 13.61m/44-7.75	Alina Roman	Tulsa Duels	2007
10) 13.53m/44-4.75	Margaret Warders	Ralph Higgins Meet	1982

## DISCUS THROW

1) 56.18m/184-4	Merritt Dietz	Kansas Relays	2008
2) 54.44m/178-7	Ieva Zarkanaitė	Big 12 Championships	2014
3) 51.99m/170-7	Alina Roman	Big 12 Outdoor	2007
4) 48.91m/160-6	Brooke Gritters	Ward Haylett Invite	2011
5) 47.90m/157-2	Courtney Gougler	Sooner Invitational	2009
6) 47.53m/155-11.00	Katie Kehl	Arkansas Spring Invitational	2016
7) 47.02m/154-3	Halee Prickett	Arkansas Invitational	2004
8) 45.96m/150-9	Lakendra Greathouse	Mean Green Twilight	2006
9) 44.66m/146-6	Cassandra Voss	Bobcat Invitational	2015
10) 44.13m/144-9	Delissa McClain		2004

## HAMMER THROW

1) 64.69m/212-3	Delissa McClain	NCAA Regional	2005
2) 61.35m/201-3	Nancy Guillen		1999
3) 60.02m/196-11	Caitlin Way	Big 12 Championships	2013
5) 57.11m/187-4	Deleanor Kirkpatrick	Nebraska Invitational	2008
6) 51.99m/170-7	Aina Maartensson	Arkansas Spring Invitational	2016
7) 50.10m/164-4	Chase Ealey	Arkansas Spring Invitational	2016
8) 48.32m/158-6	Courtney Gougler	John Jacobs Invitational	2009
9) 46.70m/153-3	Branighan Vann	Tulsa Duels	2007
10) 43.34m/142-2	Nikki Roady	Big 12 Outdoor	1999



## WOMEN'S OUTDOOR RECORDS

### JAVELIN THROW

1) 47.43m/155-7.0	Megan Honas	Tulsa Duels	2016
2) 46.80m/153-6	Chase Ealey	Big 12 Championships	2014
3) 44.76m/176-10	Ieva Zarankaite	Big 12 Championships	2014
4) 43.72m/143-5	Vanessa Wilhelm		1999
5) 41.72m/136-11	Brandi Broaddus	KT Woodman	2005
6) 37.22m/122-1	April Hart	Tulsa Duels	2005
7) 37.12m/121-9	Karen Rademeyer	Big 12 Outdoor	1999
8) 36.30m/119-1	Laura Schmidt	Tulsa Duels	2006
9) 35.58m/116-9	Sabrina Switzer	John Jacobs Invitational	2009
10) 35.13m/115-3	Tihana Sarac	Big 12 Outdoor	2007

### POLE VAULT

1) 3.75m/12-3.5	Megan Robbins	Texas Relays	1999
2) 3.10m/10-2.00	Meghan McGrath	Arkansas Spring Invitational	2016
2) 2.95m/9-8.25	Kelly Miller	Big 12 Outdoor	1998
3) 2.50m/8-2.5	Rebecca Hladik	Big 12 Outdoor	1998

### HEPTATHLON

1) 5,057 pts	Tihana Sarac	Mt. SAC Relays	2008
2) 4,365 pts	Baiba Blumbaha	California Invitational	2006
3) 4,234 pts	Taylor Cates	Big 12 Outdoor	2000