



# 2016 OKLAHOMA STATE COWGIRL SOCCER

Wade McWhorter • Coordinator, Athletics Communications • (405) 744-7853 (o) or 612-5240 (c) • wade.mcwhorter@okstate.edu  
Oklahoma State Athletics Communications • 220 Athletics Center, Stillwater, OK 74078 • www.okstate.com

## 2016 SCHEDULE

Aug. 13	Texas A&M (exhibition)	W, 2-0
Aug. 19	at Georgia	T, 2-2 (2 OT)
Aug. 21	at Mercer	W, 3-0
Aug. 26	at Oklahoma	L, 0-1
Aug. 28	Oral Roberts	W, 4-1
Sept. 2	UCF	L, 2-3 (OT)
Sept. 4	#5 Florida	L, 2-7
Sept. 9	Abilene Christian	W, 2-0
Sept. 11	UTSA	W, 5-0
Sept. 16	at Memphis	T, 2-2 (2 OT)
Sept. 18	at Arkansas-Pine Bluff	W, 8-0
Sept. 23	Iowa State*	L, 0-1
Sept. 25	Baylor*	L, 1-2 (OT)
Sept. 30	at Texas*	W, 2-1 (2 OT)
Oct. 7	at Texas Tech*	6 p.m.
Oct. 9	at Kansas*	1 p.m.
Oct. 14	Oklahoma*	7 p.m.
Oct. 16	TCU*	1 p.m.
Oct. 25	Little Rock	7 p.m.
Oct. 28	at West Virginia*	6 p.m.
Nov. 2-6	Big 12 Soccer Championship!	
Nov. 11	NCAA Championship 1st Round\$	
Nov. 18-20	NCAA Championship 2nd & 3rd Rds.\$	
Nov. 25	NCAA Championship Quarterfinals\$	
Dec. 2-4	Women's College Cup&	

**Bold italics indicates home game • All Times Central**

\* — Big 12 Conference game

! — Big 12 Soccer Championship - Kansas City, Mo.

\$ — at Campus Sites

& — TBD



## BIG 12 CONFERENCE

### 2016 BIG 12 CONFERENCE STANDINGS

	Big 12			Overall		
	W	L	T	W	L	T
Kansas	3	0	0	8	3	2
Oklahoma	3	1	0	10	3	1
West Virginia	2	0	0	10	1	1
Baylor	1	1	1	8	4	1
Texas Tech	1	1	0	8	2	2
Iowa State	1	2	0	7	4	0
<b>Oklahoma State</b>	<b>1</b>	<b>2</b>	<b>0</b>	<b>6</b>	<b>5</b>	<b>2</b>
Texas	0	3	1	6	6	1
TCU	0	2	0	8	2	1

## Oklahoma State (6-5-2, 1-2-0)

### at Texas Tech (6-2-0, 1-1-0)

Fri., Oct. 7 • 6 p.m. • Lubbock, Texas

John Walker Soccer Complex (1,500)



### at Kansas (8-3-2, 3-0-0)

Sun., Oct. 9 • 1 p.m. • Lawrence, Kan.

Rock Chalk Park (2,500)



## Oklahoma State

Oklahoma State is back on the road this week for a pair of Big 12 Conference matches as the Cowgirls take on Texas Tech Friday night before a Sunday afternoon showdown against league-leading Kansas. OSU is 6-5-2 on the season and sits seventh in the Big 12 standings at 1-2-0 in conference play after a win last week at Texas.

OSU is coming off a 2015 season in which they compiled a 9-9-2 record and finished eighth in the Big 12 Conference standings with a 2-4-2 mark. The Cowgirls return seven starters and 18 letterwinners from last season, including a pair of three-time All-Big 12 performers in forward Courtney Dike and defender Natalie Calhoun.

The 2016 season marks the 21st in the history of the OSU women's soccer program. Over their first 20 seasons, the Cowgirls compiled a 238-141-44 (.615) record, and head coach Colin Carmichael entered his 12th season at the helm with a 155-61-31 mark. The Cowgirls have earned a berth in the NCAA Women's Soccer Championship in eight of the last 10 years and have claimed Big 12 titles in four of the last eight seasons.

## About The Opponents

Texas Tech is 8-2-2 on the season, which includes a 6-1-1 showing on its home field, and the Red Raiders are fifth in the Big 12 standings with a 1-1-0 conference mark. TTU was idle last weekend after opening league play with a road loss at Kansas (9/23) and a home win over Iowa State (9/25).

OSU is 13-6-4 all time against Texas Tech. The Cowgirls are unbeaten in their last four matches against the Red Raiders, with three of those contests ending in a tie. Last season, the two teams battled to a 2-2 draw in Stillwater.

Kansas is 8-3-2 overall and sits atop the Big 12 standings with a 3-0-0 league mark, counting wins against Texas Tech, TCU and Texas. KU hosts No. 2 West Virginia Friday night.

OSU owns a 10-9-3 all-time record against Kansas, including a 2-0 win in Stillwater a year ago. The Cowgirls have lost their last two matches in Lawrence, both by 2-1 counts, with their last win at KU coming in 2010.

## On The Air & The Web

Fans wishing to follow this weekend's matches can do so in a variety of ways. Friday's contest will be televised live on FSN, while Sunday's game is available online via an ESPN3 webcast. Live stats, as well as a radio call of the Kansas match, are also available online and can be accessed via links at [www.okstate.com](http://www.okstate.com) (links are under the Schedule tab on the Cowgirl soccer page). Additionally, fans can follow the official OSU Soccer Twitter account, @CowgirlFC, for in-game updates.

## COWGIRLS BY POSITION

### FORWARDS

17	Courtney Dike	Sr.
33	Holly Brehmer	So.
11	Niki McKnight	Jr.
7	Allie Rivers	So.
23	Haley Woodard	So.
14	Marlo Zoller	So.
2	Amy Nguyen	Fr.
88	Bri Woodall	Fr.

### MIDFIELDERS

6	Anna Beffer	Jr.
16	Tori Ruszkowski	Jr.
22	Coumba Sow	Jr.
20	Lana Duke	So.
35	Morgan McDougal	So.
29	Rachel VanFossen	So.
9	Jaci Jones	Fr.
8	Julia Lenhardt	Fr.

### DEFENDERS

5	Natalie Calhoun	Sr.
28	Christina Jean-Charles	Sr.
12	Abbey Bright	Jr.
27	Katie Howard	Jr.
11	Niki McKnight	Jr.
19	Laurene Tresfield	Jr.
24	Claire Gantzer	Fr.
10	Elise Hawn	Fr.
15	Adelaide Kline	Fr.
18	Charmé Morgan	Fr.
3	Kirsten Siragusa	Fr.

### GOALKEEPERS

0	Ashton Hierholzer	Jr.
21	Michela Ongaro	Jr.
1	Megan Royall	RS-Fr.
4	Dani Greenlee	Fr.



## 2016 COWGIRL RADIO/TV CHART



0

**ASHTON HIERHOLZER**

GK • 5-9 • JR  
Heath, Texas



1

**MEGAN ROYALL**

GK • 5-9 • FR  
Collinsville, Okla.



2

**AMY NGUYEN**

F • 5-2 • FR  
Houston, Texas.



3

**KIRSTEN SIRAGUSA**

D • 5-6 • FR  
Rowlett, Texas



4

**DANI GREENLEE**

GK • 5-10 • FR  
Rockwall, Texas



5

**NATALIE CALHOUN**

D • 5-9 • SR  
Sachse, Texas



6

**ANNA BEFFER**

MF • 5-3 • JR  
Tulsa, Okla.



7

**ALLIE RIVERS**

F • 5-5 • SO  
Trophy Club, Texas



8

**JULIA LENHARDT**

MF • 5-9 • FR  
Frisco, Texas



9

**JACI JONES**

MF • 5-3 • FR  
Mustang, Okla.



10

**ELISE HAWN**

D • 5-8 • FR  
Melissa, Texas



11

**NIKI MCKNIGHT**

F/D • 5-9 • JR  
Rockwall, Texas



12

**ABBEY BRIGHT**

D • 5-6 • JR  
Edmond, Okla.



13

**JOANNA ROBERTSON**

MF • 5-6 • SR  
Houston, Texas



14

**MARLO ZOLLER**

F • 5-6 • FR  
Tulsa, Okla.



15

**ADALAIDE KLINE**

D • 5-3 • FR  
Mission Hills, Kan.



16

**TORI RUSZKOWSKI**

MF • 5-10 • JR  
Seabrook, Texas



17

**COURTNEY DIKE**

F • 5-6 • SR  
Edmond, Okla.



18

**CHARMÉ MORGAN**

D • 5-5 • FR  
Frisco, Texas



19

**LAURENE TRESFIELD**

D • 5-7 • JR  
Paris, France



20

**LANA DUKE**

MF • 5-8 • SO  
Edmond, Okla.



21

**MICHELA ONGARO**

GK • 5-10 • JR  
Hartland, Wis.



22

**COUMBA SOW**

MF • 6-0 • JR  
Zurich, Switzerland



23

**HALEY WOODARD**

F • 5-10 • SO  
Norman, Okla.



24

**CLAIRE GANTZER**

D/F • 5-10 • FR  
Plano, Texas



27

**KATIE HOWARD**

D • 5-10 • JR  
Plano, Texas



28

**CHRISTINA JEAN-CHARLES**

D • 5-7 • SR  
New City, NY



29

**RACHEL VANFOSSEN**

MF/D • 5-9 • SO  
Broken Arrow, Okla.



33

**HOLLY BREHMER**

F • 5-5 • JR  
Eagle River, Alaska



35

**MORGAN MCDUGAL**

MF • 5-5 • SO  
Highlands Ranch, Colo.



88

**BRI WOODALL**

F/MF • 5-3 • FR  
Kingwood, Texas



**COLIN CARMICHAEL**

Head Coach  
21st Season at OSU



**JUSTIN ELKINGTON**

Associate Head Coach  
8th Season at OSU



**KAREN HANCOCK**

Assistant Coach  
21st Season at OSU



**BEN WILLIAMS**

Volunteer Assistant Coach  
2nd Season at OSU



# 2016 COWGIRL ROSTER

## NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Class	Hometown (High School/Previous School)
0	Ashton Hierholzer	GK	5-9	Jr.	Heath, Texas (Rockwall-Heath)
1	Megan Royall	GK	5-9	R-Fr.	Collinsville, Okla. (Collinsville)
2	Amy Nguyen	F	5-2	Fr.	Houston, Texas (Memorial)
3	Kirsten Siragusa	D	5-6	Fr.	Rowlett, Texas (Sachse)
4	Dani Greenlee	GK	5-10	Fr.	Rockwall, Texas (Rockwall)
5	Natalie Calhoun	D	5-9	Sr.	Sachse, Texas (Sachse)
6	Anna Baffer	MF	5-3	Jr.	Tulsa, Okla. (Union)
7	Allie Rivers	F	5-5	So.	Trophy Club, Texas (Byron Nelson)
8	Julia Lenhardt	MF	5-9	Fr.	Frisco, Texas (Frisco)
9	Jaci Jones	MF	5-3	Fr.	Mustang, Okla. (Mustang)
10	Elise Hawn	D	5-8	Fr.	Melissa, Texas (Melissa)
11	Niki McKnight	F/D	5-9	Jr.	Rockwall, Texas (Rockwall)
12	Abbey Bright	D	5-6	Jr.	Edmond, Okla. (North)
13	Joanna Robertson	MF	5-6	Sr.	Houston, Texas (Klein Collins)
14	Marlo Zoller	F	5-6	So.	Tulsa, Okla. (Jenks)
15	Adalaide Kline	D	5-3	Fr.	Mission Hills, Kan. (Shawnee Mission East)
16	Tori Ruskowski	MF	5-10	Jr.	Seabrook, Texas (Clear Falls)
17	Courtney Dike	F	5-6	Sr.	Edmond, Okla. (North)
18	Charmé Morgan	D	5-5	Fr.	Frisco, Texas (Centennial)
19	Laurene Tresfield	D	5-7	Jr.	Paris, France (Henri Darras)
20	Lana Duke	MF	5-8	So.	Edmond, Okla. (Memorial)
21	Michela Ongaro	GK	5-10	Jr.	Hartland, Wis. (Arrowhead Union)
22	Coumba Sow	MF	6-0	Jr.	Zurich, Switzerland (Monroe CC)
23	Haley Woodard	F	5-10	So.	Norman, Okla. (North)
24	Claire Gantzer	D/F	5-10	Fr.	Plano, Texas (Plano Senior)
27	Katie Howard	D	5-10	Jr.	Plano, Texas (East)
28	Christina Jean-Charles	D	5-7	Sr.	New City, N.Y. (Clarkstown South/Monroe College)
29	Rachel VanFossen	MF/D	5-9	So.	Broken Arrow, Okla. (Union/Arkansas)
33	Holly Brehmer	F	5-5	Jr.	Eagle River, Alaska (Chugiak)
35	Morgan McDougal	MF	5-5	So.	Highlands Ranch, Colo. (Mountain Vista)
88	Bri Woodall	F/MF	5-3	Fr.	Kingwood, Texas (Porter HS)

**Head Coach:** Colin Carmichael, 21st season at OSU (South Alabama, '93)

**Associate Head Coach:** Justin Elkington, Eighth season at OSU (Oral Roberts, '97)

**Assistant Coach:** Karen Hancock, 21st season at OSU (Tulsa, '90)

**Volunteer Assistant Coach:** Ben Williams, 2nd season at OSU (Oklahoma Wesleyan, '15)

## ALPHABETICAL ROSTER

No.	Name	Pos.
6	Baffer, Anna	MF
33	Brehmer, Holly	F
12	Bright, Abbey	D
5	Calhoun, Natalie	D
17	Dike, Courtney	F
20	Duke, Lana	MF
24	Gantzer, Claire	D/F
4	Greenlee, Dani	GK
10	Hawn, Elise	D
0	Hierholzer, Ashton	GK
27	Howard, Katie	D
28	Jean-Charles, Christina	D
9	Jones, Jaci	MF
15	Kline, Adalaide	D
8	Lenhardt, Julia	MF
35	McDougal, Morgan	MF
11	McKnight, Niki	F/D
18	Morgan, Charmé	D
2	Nguyen, Amy	F
21	Ongaro, Michela	GK
7	Rivers, Allie	F
13	Robertson, Joanna	MF
1	Royall, Megan	GK
16	Ruskowski, Tori	MF
3	Siragusa, Kirsten	D
22	Sow, Coumba	MF
19	Tresfield, Laurene	D
29	VanFossen, Rachel	MF/D
88	Woodall, Bri	F/MF
23	Woodard, Haley	F
14	Zoller, Marlo	F

## PRONUNCIATION GUIDE

Brehmer	brimmer
Charmé	shar-may
Dike	dee-kay
Hierholzer	here-holzer
Jean-Charles	jeen
McDougal	mc-dew-gull
Nguyen	win
Michela Ongaro	mick-ella on-gare-oh
Ruskowski	ruzz-cow-skee
Kirsten Siragusa	kuhr-sten sear-uh-geese-uh
Laurene Tresfield	la-ren
Coumba Sow	coomba so
Zoller	like roller

## ROSTER BREAKDOWN

### BY CLASS

**Seniors (4):** Calhoun, Dike, Jean-Charles, Robertson  
**Juniors (10):** Baffer, Brehmer, Bright, Hierholzer, Howard, McKnight, Ongaro, Ruskowski, Sow, Tresfield  
**Sophomores (6):** Duke, McDougal, Rivers, VanFossen, Woodard, Zoller  
**Redshirt Freshmen (1):** Royall  
**Freshmen (10):** Gantzer, Greenlee, Hawn, Jones, Kline, Lenhardt, Morgan, Nguyen, Siragusa, Woodall

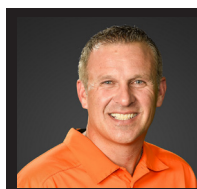
### BY STATE/COUNTRY

**Texas (15):** Calhoun, Gantzer, Greenlee, Hawn, Hierholzer, Howard, Lenhardt, McKnight, Morgan, Nguyen, Rivers, Robertson, Ruskowski, Siragusa, Woodall  
**Oklahoma (9):** Baffer, Bright, Dike, Duke, Jones, Royall, VanFossen, Woodard, Zoller  
**Alaska (1):** Brehmer  
**Colorado (1):** McDougal  
**France (1):** Tresfield  
**Kansas (1):** Kline  
**New York (1):** Jean-Charles  
**Switzerland (1):** Sow  
**Wisconsin (1):** Ongaro





## GAME NOTES



**Colin Carmichael**  
**Head Coach,**  
**12th Season**

Carmichael has been at OSU since the inception of the women's soccer program in the fall of 1996, and he continues to help lead Cowgirl soccer to new heights and a spot among the nation's elite.

OSU is in the midst of the most successful stretch of seasons in program history as the program enters its 21st year in what will mark Carmichael's 12th season as head coach.

Carmichael, who served as OSU's co-head coach with Karen Hancock during the 2005 and 2006 seasons, enters the 2016 season with a 155-61-31 career record in 11 seasons as the Cowgirls' head coach, compiling a winning percentage of .690. He has led the Cowgirls to eight appearances in the NCAA Women's Soccer Championship, including six straight from 2006-11, and after advancing to the second round of the NCAA tourney four-straight years, the Cowgirls made back-to-back trips to the Elite Eight in 2010 and 2011.

The Cowgirls have also been a dominant force in the Big 12 Conference under Carmichael as they captured four consecutive league titles from 2008-11. OSU won the regular season title in 2008 and Big 12 Soccer Championship titles in 2009 and 2010 before claiming another regular season championship in 2011.

Carmichael has guided OSU to a 12-5-3 record and four finals appearances at the Big 12 Championship and a 9-5-4 record in NCAA tourney play.

### Carmichael Year-By-Year At OSU

	Overall	Big 12
2005*	10-6-3	3-6-1
2006*	17-3-3	8-1-1
2007	14-6-3	5-4-1
2008	18-1-4	7-1-2
2009	15-7-2	5-5-0
2010	20-4-2	8-2-0
2011	22-2-2	6-0-2
2012	11-6-3	1-4-3
2013	9-7-6	2-3-3
2014	10-10-1	5-2-1
2015	9-9-2	2-4-2
2016	6-5-2	1-2-0
<b>Totals</b>	<b>161-66-33</b>	<b>53-34-16</b>

\* — co-head coach with Karen Hancock

### Collegiate Coaching Experience

- Oklahoma State University Head Coach, 2007-pres.
- Oklahoma State University Co-Head Coach, 2005-06
- Oklahoma State University Associate Head Coach, 2003-04
- Oklahoma State University Assistant Coach, 1996-2002
- University of South Alabama Assistant Coach, 1993-95

### Career Highlights

- In 11 seasons as OSU's co-head and head coach, Cowgirls have recorded a .690 winning percentage
- Cowgirls have made eight trips to the NCAA Women's Soccer Championship in his 11 seasons as head coach
- Led OSU to six-straight NCAA Tournament berths from 2006-11 including back-to-back Elite Eight appearances in 2010 and 2011, and the program's highest-ever national ranking (No. 2 in 2011)
- Guided OSU to four consecutive Big 12 championships from 2008-11
- Four-time Big 12 Coach of Year - 2006, '08, '10, '11
- Three-time Central Region Coach of Year - 2006, '08, '10
- Has coached three All-Americans, two Hermann Trophy semifinalists and 37 All-Big 12 performers

### WINNING IS A HABIT

The 2016 season marks the 21st in the OSU program's history and over those two-plus decades, the program has been built into an established winner.

- OSU has earned a berth in the NCAA Women's Soccer Championship eight of the last 10 years (beginning in 2006).
- From 2006-11, the Cowgirls earned six-straight NCAA tourney bids and advanced to at least the second round each time, including back-to-back Elite Eight appearances in 2010 and 2011.
- From 2008-11, OSU celebrated four consecutive Big 12 championships — two regular season (2008, '11) and two tournament ('09, '10).

• In 2011, OSU set a school record with 22 wins. The Cowgirls finished the '11 regular season 17-0-2, joining the 1996 Nebraska team as the only Big 12 Conference teams in history to go unbeaten during the regular season. OSU was 6-0-2 in conference play to claim its second regular-season Big 12 title and in doing so became the first Big 12 team since Texas A&M in 2002 to complete the league schedule without a loss.

### BACK IN THE SADDLE

OSU returns seven players who started at least 10 games during the 2015 season. Of the 16 returning letterwinners, 14 are field players, and that group combined for 24 of the Cowgirls' 36 goals a year ago, as well as 18 of its 23 assists.

### PRESEASON PROGNOSTICATIONS

In preseason voting by the league's head coaches, OSU was picked to finish fifth in the Big 12 Conference standings behind four-time defending league champion West Virginia, Texas Tech, Oklahoma and Baylor. A pair of Cowgirls — forward Courtney Dike and defender Natalie Calhoun — were named to the Preseason All-Big 12 team.

### HOME SWEET HOME

The Cowgirls are 3-4-0 on their home field in 2016. OSU is 73-15-9 (.799) at the Cowgirl Soccer Complex since 2008 and is 131-39-16 (.747) all time on its current home turf.

### DYNAMIC DUO

Natalie Calhoun and Courtney Dike are already in rare company and could join an elite list in 2016. Both Cowgirls have earned All-Big 12 Second Team honors three times, making them two of only seven OSU players to be named all-conference three times in a career. Only two Cowgirls — Yolanda Odenyo and AD Franch — have achieved All-Big 12 status four times.

### R-E-S-P-E-C-T

Prior to the season, *TopDrawerSoccer.com* released its list of the Top 100 players in women's college soccer, a list that ranks sophomores, juniors and seniors. A pair of Cowgirls made the list as Courtney Dike was ranked No. 73 while Natalie Calhoun checked in at No. 82.

### NEW FACES

Twelve newcomers joined the OSU roster in 2016, and the group includes 10 freshmen, a sophomore transfer and a junior college transfer.

Ten different newcomers — eight freshmen, two transfers — have made their OSU debuts in 2016 and each has started at least one game.

### PUTTING IT IN THE NET

Statistically speaking, OSU is among the nation's most dynamic offenses this season. The Cowgirls' 33 goals is tied for fourth most nationally and is just four behind the NCAA leader (Clemson), and they are fifth nationally in points (95), rank 11th in scoring offense at 2.54 goals per game and are 14th in assists with 29.

Fifteen different Cowgirls have scored goals this season, while 12 different players have notched assists. Of OSU's 208 shots, 98 have been on goal (.471).

### YOU'LL GET YOUR CHANCE

OSU has had a different starting lineup in 11 of its 13 games in 2016, and 20 different Cowgirls have started games this season. Only three — Courtney Dike, Julia Lenhardt and Natalie Calhoun — have started all 13 games.

### SHE SHOOTS, SHE SCORES

Courtney Dike quickly established herself as a prolific scorer at the collegiate level as a freshman in 2013, and she has continued that scoring production throughout her career for the Cowgirls.

The forward from Edmond, Okla., ranked second in the Big 12 in 2013 with 13 goals and 30 points and earned All-Big 12 Second Team and All-Newcomer Team honors. Her 13 goals tied for the fourth most in a single season in OSU history, three shy of Yolanda Odenyo's record 16, while her 30 points was the eighth highest single-season total all time.

Dike recorded three two-goal performances — vs. Vanderbilt, Oklahoma and Missouri State — which marked the most multi-goal games by a Cowgirl since 2010, and of her 58 shots, 30 of those (52 percent) were on goal. She was named the Big 12 Offensive Player and Newcomer of the Week on two occasions in 2013.

In 2014, Dike recorded three goals, two of them game winners, and three assists in 19 games. As a junior, she ranked in the top six in the Big 12 in goals (5), assists (7) and points (17). She has scored goals in seven of OSU's 13 games this season, with her seven goals tied for the conference lead, and she ranks atop the league with 19 points.



## GAME NOTES

### COWGIRL SOCCER BY THE NUMBERS

- 169:** OSU soccer has had 169 Academic All-Big 12 Conference selections
- 155:** Number of wins for OSU in its first 11 seasons under head coach Colin Carmichael
- 74:** OSU's school-record for goals in a season, which came in 2008 and ranked third nationally
- 44:** The Cowgirls have had 44 All-Big 12 performers in the program's history
- 38:** Career shutouts for former Cowgirl goalie AD Franch, an OSU record
- 22:** The OSU record for wins in a season, set in 2011
- 21:** The 2016 season marks the 21st in the program's history
- 18:** The Cowgirls recorded a school-record and NCAA-best 18 shutouts in 2011
- 9:** NCAA Tournament appearances by OSU: 2003, 2006, 2007, 2008, 2009, 2010, 2011, 2013, 2014
- 5:** Big 12 championships for the Cowgirls
  - '03, '09 & '10 tournament
  - '08 & '11 regular season
- 4:** AD Franch earned All-Big 12 First Team honors four times, one of only seven players in league history to do so
- 3.22:** OSU's goals per game average in 2008, which led the nation
- 3:** OSU has had three players earn All-America honors - Yolanda Odenyo, AD Franch & Melinda Mercado
- 2:** Number of times Melinda Mercado was named Big 12 Defensive Player of the Year (2010 & 2011)
- 2:** Cowgirls have been semifinalists for the MAC Hermann Trophy - Yolanda Odenyo (2008) and AD Franch (2010 & 2011)
- .690:** The Cowgirls' winning percentage under head coach Colin Carmichael entering the 2016 season

### CLIMBING THE CHARTS

Courtney Dike has seven goals in 2016 and is now tied for fifth on OSU's career goals list with 28. The Cowgirls' all-time record of 35 is held by Yolanda Odenyo and Jolene Schweitzer.

Dike also ranks in the top 10 on OSU's career charts in assists (6th with 19), points (T-6th with 75) and shots (7th with 191).

Junior goalie Michela Ongaro is also among OSU's all-time statistical leaders in the net. The Wisconsin native and former walk-on is sixth on the Cowgirls' career charts in both shutouts (10) and saves (62) and ranks seventh with a 1.17 goals against average.

### THE BIGGEST STAGE

Courtney Dike is one of a select few collegiate players who can boast of having played in a Women's World Cup.

Dike earned a pair of caps for Nigeria at the 2015 FIFA Women's World Cup in Canada. Her first came as a reserve in a match against Australia, and in the Super Falcons' final tourney game, Dike was in the starting lineup against the eventual champion United States. She played 50 minutes against the U.S. before subbing out early in the second half.

Dike concluded her first trip to the Women's World Cup playing 56 minutes and recording one shot. Nigeria finished 0-2-1 at the tourney and failed to advance out of Group D.

The experience was historic as Dike became the first OSU player to participate in a World Cup and also the first-ever Oklahoman to compete in a Women's World Cup.

In 2014, Dike was a member of the Nigeria U-20 Women's National Team at the FIFA U-20 Women's World Cup. That trip proved highly successful, though it meant OSU was without its top scorer for the first two games of 2014.

During that tourney, Dike helped the Falcons into the U-20 World Cup final, where they dropped a 1-0 decision to Germany. A starter at forward throughout most of the tourney, Dike recorded a pair of goals in six games. In pool play against South Korea, she scored the fastest goal in FIFA Women's World Cup history as she found the back of the net just 18 seconds into the match, and she scored a goal 64 seconds into the semifinal match against North Korea to help Nigeria advance to the final.

Dike's parents, Vincent and Jacinta, are natives of Nigeria, and her older brother, Bright, has been on the country's men's national team.

### HER DEFENSE NEVER RESTS

Natalie Calhoun has been an anchor at defender since arriving on campus in 2013. The center back has played in all 76 of OSU's games during her career and been a starter in 75 of those, and she has ranked either first or second in minutes played among field players each of her first three seasons. The lone game she in which she was not in the starting lineup was the season opener her freshman season.

A three-time All-Big 12 Second Team performer, Calhoun has played a part in 23 shutouts during her career.

### BIG 12'S BEST

Through the first seven weeks of the season, Oklahoma State has had a Big 12 Conference weekly award winner three times as Courtney Dike, Julia Lenhardt and Jaci Jones have all been recognized for their standout play.

After recording a pair of goals on opening weekend, Dike was named the first Big 12 Conference Offensive Player of the Week for 2016. In the season opener at Georgia, Dike's goal in the 62nd minute gave OSU its first lead of the contest, and on Sunday against Mercer, she scored just 72 seconds into the match to help the Cowgirls record their first win of the season. Dike finished the weekend with six shots, three of those on goal, in 158 minutes of action.

The honor marked the fifth time in Dike's career she has been recognized with a Big 12 weekly award.

Lenhardt made it back-to-back weeks for OSU to earn a Big 12 weekly award when she was named the Big 12 Freshman of the Week for week two after she recorded OSU's first two goals to lead the Cowgirls to a 4-1 win over Oral Roberts. In notching the first two scores of her collegiate career, the midfielder also became the first OSU freshman to score multiple goals in a game since Dike in 2013.

Jones was the league's Big 12 Freshman of the Week on Sept. 12 after she was OSU's leading scorer in helping the Cowgirls to wins over Abilene Christian and UTSA. The midfielder recorded two goals and two assists on the weekend, notching assists in both matches and collecting the first multi-goal game of her career with a pair of goals vs. UTSA.

# OKSTATE.COM

f t You g+ OSUATHLETICS

### MEDIA INFORMATION

- Coach Carmichael is available for interviews Tuesday mornings in his office (on the west side of Gallagher-Iba Arena alongside Heritage Hall) at 10:00.

- Availability to student-athletes is limited to post-practice on Wednesday. Those wanting interviews should arrive at the field by 5:15. It would be helpful to let me know by Wednesday morning what players you would like to talk to by emailing me at [wade.mcwhorter@okstate.edu](mailto:wade.mcwhorter@okstate.edu).

- Those who cover the team are also welcome to utilize the Coach Carmichael Radio Show on Tuesday from 7-7:30 p.m. (airs on KGFY 105.5 FM in Stillwater) or any of the sound bites from video on [okstate.com](http://okstate.com) or Orange Power Studios via the OSU Athletics YouTube page.



## COWGIRL PLAYER NOTES

### 3 Kirsten Siragusa, D, Fr.

Has played in nine games with three starts ... earned first-career start vs. ORU (8/28) ... member of U.S. U-18 National Team in 2014 & 2015.

### 4 Dani Greenlee, GK, Fr.

Seen action in three games ... came off bench in collegiate debut at Mercer (8/21) and played final 16:30 of shutout ... recorded first-career save in 25 minutes in goal vs. ORU (8/28) ... earned first start of career at UAPB (9/18) ... played 30 minutes in preseason exhibition shutout vs. Texas A&M.

### 5 Natalie Calhoun, D, Sr.

Leads OSU field players in minutes played with 1,061 ... has started 75 consecutive games ... scored goal vs. ACU (9/9) ... converted penalty kick vs. UAPB (9/18) ... earned All-Big 12 Second Team honors in each of her first three seasons to become one of only seven players in OSU history to achieve all-conference status at least three times in a career ... 2016 Preseason All-Big 12 ... started all 20 games in 2016 and was second on team among field players in minutes played (1,743) ... one of only two Cowgirls to start all 21 games in 2014 ... led team in minutes played among field players with 1,870 ... recorded first-career assist in 1-1 tie at #9 Texas Tech ... as a freshman started last 20 games and played in all 21 ... earned first start of career at Vanderbilt ... recorded first-career goal vs. OU ... named to the Big 12 Championship All-Tournament Team.

### 6 Anna Beffer, MF, Jr.

Played in all 13 games, starting 12 ... tied for team lead with five assists, which ranks second in Big 12 ... recorded goal and two assists vs. UTSA (9/11) ... played in all 20 games in 2015 with 16 starts ... started 15 games as freshman ... missed six matches with ankle injury ... recorded first-career goal vs. Tulsa ... named Big 12 Newcomer of the Week 9/30.

### 8 Julia Lenhardt, MF, Fr.

Starter in all 13 games and has logged 1,019 minutes of action ... scored first two goals of career vs. ORU (8/28) ... became first OSU freshman since 2013 to record multiple goals in a game ... named Big 12 Freshman of the Week on 8/30 ... recorded first-career assist vs. UCF (9/2) ... member of U.S. U-19 National Team in fall of 2015.

### 9 Jaci Jones, MF, Fr.

Has played in 12 games with seven starts ... second on team in goals (4) and assists (4) ... came off the bench in season opener at Georgia (8/19) and recorded OSU's first goal of the season ... made first-career start at Mercer (8/21) ... posted first-career multi-goal game with two vs. UTSA (9/11) ... named the Big 12 Freshman of the Week on 9/13 after recording two goals and two assists in wins over ACU and UTSA.

### 10 Elise Hawn, D, Fr.

Played in 12 games with six starts ... started season opener at Georgia (8/19).

### 11 Niki McKnight, F/D, Jr.

Played in nine games with three starts ... recorded goal and assist in win over Mercer (8/21) ... also had assist vs. Texas (9/30) ... missed first 13 games of 2015 following offseason hip surgery ... played in seven games, coming off the bench in each, and was OSU's second-leading scorer in Big 12 play ... saw first action of season vs. Drake (10/7) ... netted first two goals of career in back-to-back games against #2 West Virginia and Kansas ... played in 19 games with 18 starts as a redshirt freshman in 2014 ... starter in first 13 games ... spent majority of time at defender but also spent time as an attacking midfielder and forward ... missed 2013 season with knee injury.

### 14 Marlo Zoller, F, So.

Played in all 13 games with 12 starts ... leads Cowgirls with 41 shots, 19 of those on goal ... has goals vs. UTSA (9/11), UAPB (9/18) and Baylor (9/25), which marked first-career Big 12 goal ... has also recorded three assists ... recorded assist on OSU's first goal at Mercer (8/21) ... also had assists vs. ORU (8/28) and ACU (9/9) ... named to 2015 Big 12 All-Freshman Team ... played in all 20 games in 2015, starting 19 ... netted first-collegiate goal vs. Georgia ... also scored at #5 Florida ... first-career assist came at #19 UCF ... recorded two goals vs. ORU ... racked up 72 goals and 30 assists in high school career.

### 16 Tori Ruszkowski, MF, Jr.

Has played in 10 games with six starts ... missed games at Memphis and UAPB with concussion ... saw action in 11 games as sophomore and emerged as starter late in season, with eight starts on the year ... played in three games with one start in 2014.

### 17 Courtney Dike, F, Sr.

One of only seven players in OSU history to achieve all-conference status at least three times in a career as she was named to the All-Big 12 Second Team in each of her first three seasons ... also a two-time NSCAA All-Central Region Third-Team selection (2014 & 2015) ... a 2016 Preseason All-Big 12 selection ... ranks fifth all time at OSU with 28 career goals and is also sixth in assists (19) and points (75) and seventh in shots (191) ... leads Big 12 with 19 points ... tied for league lead with seven goals and is second with five assists ... has recorded goals in seven of OSU's 13 games this season and has a goal and/or assist in nine games ... named the Big 12 Offensive Player of the Week on 8/23 ... in 2015, led team in assists (7) and points (17) and was second in goals (5), all of which also ranked in top 10 in Big 12 ... had two goals against Drake, marking fourth multi-goal game of career ... had goal and assist vs. #5 Florida ... earned two caps at the 2015 FIFA Women's World Cup as a member of Nigeria ... first-career cap came against Australia as

a reserve and second came when she started against the United States ... missed OSU's first two games of 2014 playing with the Nigerian national team in the Under-20 Women's World Cup in Canada, where she led team to final and runner-up finish ... tied for team lead with three assists in 2014 ... named to the All-Big 12 Second Team and All-Newcomer Team in 2013 ... as a freshman ranked second in Big 12 with 13 goals and 30 points ... 13 goals tied for fourth most in a single season in OSU history ... three multi-goal games were most by a Cowgirl since 2010 ... had game-winning goals in OSU's Big 12 Championship wins over Texas and #7 Texas Tech and was named to all-tournament team ... named Big 12 Offensive Player and Newcomer of the Week on Sept. 3 and Oct. 22.

### 18 Charmé Morgan, D, Fr.

Has played in all 13 games this season, starting seven ... made first-career start in season opener at Georgia (8/19).

### 19 Laurene Tresfield, D, Jr.

Appeared in nine games this season, six of those as a starter ... played in 17 games last season, starting 10 ... recorded goal and assist vs. #18 Arizona State ... also scored goal vs. #14 Texas Tech ... played in 20 games with 13 starts in first collegiate season ... started OSU's first five games at defensive midfielder ... notched first-career goal 63 seconds into Dayton match ... native of France who played for French U-17 National Team.

### 21 Michela Ongaro, GK, Jr.

Ranks in career top 10 at OSU in shutouts (10), saves (162) and GAA (1.17) ... had five saves in season opener at Georgia (8/19) ... played first 73:30 in shutout at Mercer (8/21) ... racked up seven saves vs. Oklahoma (8/26) and Texas (9/30) ... recorded first shutout of season vs. ACU (9/9) ... played first 82:29 in shutout of UTSA (9/11) ... recorded career-high nine saves at Memphis (9/16) ... started all 20 games in goal in 2015 ... recorded five shutouts — vs. Mercer, Gonzaga, Texas, Iowa State and Kansas ... played the majority of minutes in OSU's three other shutouts (Georgia, Drake and Oral Roberts) ... notched seven saves vs. #5 Florida ... missed the 2014 season with knee injury ... was named to the 2013 Big 12 All-Newcomer Team and ranked third in the league in save pct. (.833) and goals against average (0.73) to go along with four shutouts ... had eight saves in win over Texas in opening round of 2013 Big 12 Championship.

### 22 Coumba Sow, MF, Jr.

Starter in OSU's first two games this season but suffered torn ACL in practice and will miss rest of season ... joined OSU after two seasons at Monroe Community College where she was a two-time first-team All-American who recorded 28 goals and 30 assists in 34 games.

### 23 Haley Woodard, F, So.

Has played in nine games this season, starting five ... missed four games (ACU, UTSA, UM and UAPB) with concussion ... second on team with five goals ... recorded assist on OSU's first goal of season at Georgia (8/19) ... scored first goal of season vs. ORU (8/28) ... recorded first multi-goal game of career vs. UCF (9/2) ... also scored vs. #5 Florida (9/4) ... had golden goal vs. Texas in 104th minute (9/30) ... played in 19 games with three starts as a freshman in 2015 ... 13 of 24 shots were on goal ... recorded first-career goal in season opener vs. Mercer ... collected assist vs. #5 Florida ... had game-winning goal vs. Gonzaga ... three-sport standout in high school in soccer, basketball and track & field ... recorded 44 goals and 23 assists as prep.

### 24 Claire Gantzer, D, Fr.

Has played in all 13 games this season, starting nine ... made first-career start at Mercer (8/21) ... left-footer has taken 23 of OSU's 77 corner kicks.

### 28 Christina Jean-Charles, D, Sr.

Played in all 13 games with 10 starts ... recorded goal and assist at Memphis (9/16) ... started all 20 games in her first season at OSU in 2015 and led team in minutes played (1,790) ... tied for eighth in Big 12 with four assists ... recorded first-career assist vs. Georgia ... also had assists against #5 Florida, #18 Arizona State and #14 Texas Tech ... took 51 of OSU's 122 corner kicks and recorded first-career goal on corner kick vs. Gonzaga ... joined Cowgirls after two JUCO seasons at Monroe College in New York City ... started 33 career games for Mustangs ... was NJCAA First-Team All-American as sophomore and led team to NJCAA Division I national title.

### 29 Rachel VanFossen, MF, So.

Appeared in 11 games, two as starter ... came off bench to make OSU debut at Mercer (8/21) ... earned first-career start vs. ORU (8/28) ... scored first goal as Cowgirl at UAPB (9/18) ... transfer from Arkansas who played in 14 games with five starts as a freshman in 2015 ... recorded first-career goal vs. #10 South Carolina.

### 33 Holley Brehmer, F, Jr.

Has come off the bench in all 13 games this season ... notched assists vs. Georgia (8/19) and ORU (8/28) and recorded a goal at Mercer (8/21) ... came off the bench in 15 games a year ago ... of her three goals, two were game-winners ... collected pair of goals vs. Georgia ... recorded first-career goal in season opener vs. Mercer ... played in nine games as freshman, coming off bench in each.

### 88 Bri Woodall, MF, Fr.

Has played in seven games ... came off bench to make collegiate debut vs. ORU (8/28) ... collected first-career goal vs. UTSA (9/11) ... earned first-career start at UAPB (9/18) ... competed for Mexico U-17 National Team.



## COWGIRL CAREER STATISTICS

### Beffer, Anna

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	15-15	999	3	2	8	25	.120	12	.480	1	0-0
2015	20-16	1391	2	2	6	35	.057	16	.457	1	1-2
2016	13-12	856	2	5	9	22	.091	5	.227	0	0-0
TOTAL	48-43	3246	7	9	23	82	.085	33	.402	2	1-2

### Brehmer, Holly

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	9-0	114	0	0	0	2	.000	2	1.000	0	0-0
2015	15-0	254	3	0	6	7	.429	5	.714	2	0-0
2016	13-0	356	1	2	4	9	.111	5	.556	0	0-0
TOTAL	37-0	724	4	2	10	18	.222	12	.667	2	0-0

### Bright, Abbey

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	9-0	209	0	0	0	0	.000	0	.000	0	0-0
2015	13-2	269	0	0	0	1	.000	1	1.000	0	0-0
2016	4-0	73	0	0	0	0	.000	0	.000	0	0-0
TOTAL	26-2	551	0	0	0	1	.000	1	1.000	0	0-0

### Calhoun, Natalie

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	22-21	2067	1	0	2	9	.111	4	.444	0	0-0
2014	21-21	1870	0	1	1	8	.000	3	.375	0	0-0
2015	20-20	1743	0	0	0	7	.000	3	.429	0	0-0
2016	13-13	1061	2	0	4	10	.200	4	.400	1	1-1
TOTAL	76-75	6741	3	1	7	34	.088	14	.412	1	1-1

### Dike, Courtney

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	22-21	1942	13	4	30	58	.224	30	.517	3	1-1
2014	19-19	1658	3	3	9	49	.061	21	.429	2	0-0
2015	19-19	1499	5	7	17	53	.094	21	.396	1	0-0
2016	13-13	989	7	5	19	31	.226	16	.516	1	0-0
TOTAL	73-72	6088	28	19	75	191	.147	88	.461	7	1-1

### Duke, Lana

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	17-9	837	1	0	2	3	.333	3	1.000	0	0-0
2016	3-0	61	1	0	2	1	1.000	1	1.000	0	0-0
TOTAL	20-9	898	2	0	4	4	.500	4	1.000	0	0-0

### Hierholzer, Ashton

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	3-0	55	0	0	0	0	.000	0	.000	0	0-0
2016	2-0	29	0	0	0	0	.000	0	.000	0	0-0
TOTAL	5-0	84	0	0	0	0	.000	0	.000	0	0-0

Season	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2015	3-0	53:47	0	0.00	3	1.000	0	0	0	0.3
2016	2-0	28:39	0	0.00	1	1.000	0	0	0	0.2
TOTAL	5-0	82:26	0	0.00	4	1.000	0	0	0	0.5

### Howard, Katie

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	2-0	30	0	0	0	0	.000	0	.000	0	0-0
TOTAL	2-0	30	0	0	0	0	.000	0	.000	0	0-0

### Jean-Charles, Chris.

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	20-20	1790	1	4	6	9	.111	2	.222	0	0-0
2016	13-10	884	1	2	4	2	.500	1	.500	0	0-0
TOTAL	33-30	2674	2	6	10	11	.182	3	.273	0	0-0





## COWGIRL CAREER STATISTICS

### McDougal, Morgan

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	13-0	204	1	0	2	5	.200	2	.400	0	0-0
2016	5-0	103	1	1	3	4	.250	2	.500	0	0-0
TOTAL	18-0	307	2	1	5	9	.222	4	.444	0	0-0

### McKnight, Niki

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	19-18	1700	0	0	0	5	.000	1	.200	0	0-0
2015	7-0	189	2	1	5	3	.667	2	.667	0	0-0
2016	9-3	368	1	2	4	6	.167	4	.667	0	0-0
TOTAL	35-21	2257	3	3	9	14	.214	7	.500	0	0-0

### Ongaro, Michela

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	14-0	1315	0	1	1	0	.000	0	.000	0	0-0
2015	20-2	1803	0	0	0	0	.000	0	.000	0	0-0
2016	13-0	1099	0	0	0	0	.000	0	.000	0	0-0
TOTAL	47-2	4217	0	1	1	0	.000	0	.000	0	0-0

Season	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2013	14-14	1314:45	12	0.82	52	.812	6	5	3	4
2015	20-20	1803:30	24	1.20	63	.724	9	9	2	5.3
2016	13-12	1118:56	19	1.53	47	.712	5	5	2	1.3
TOTAL	47-46	4237:11	55	1.17	162	.747	20	19	7	10.6

### Rivers, Allie

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	18-8	772	0	1	1	7	.000	1	.143	0	0-0
2016	3-0	76	0	1	1	2	.000	2	1.000	0	0-0
TOTAL	21-8	848	0	2	2	9	.000	3	.333	0	0-0

### Ruszkowski, Tori

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	3-1	115	0	0	0	1	.000	1	1.000	0	0-0
2015	11-8	757	0	0	0	6	.000	2	.333	0	0-0
2016	10-6	558	0	0	0	5	.000	3	.600	0	0-0
TOTAL	24-15	1430	0	0	0	12	.000	6	.500	0	0-0

### Tresfield, Laurene

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	20-13	1121	1	0	2	11	.091	5	.455	1	0-0
2015	17-10	902	2	1	5	8	.250	4	.500	0	0-0
2016	9-6	525	0	0	0	1	.000	1	1.000	0	0-0
TOTAL	46-29	2548	3	1	7	20	.150	10	.500	1	0-0

### Woodard, Haley

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	19-3	714	3	1	7	24	.125	13	.542	1	0-0
2016	9-5	458	5	1	11	20	.250	13	.650	1	0-0
TOTAL	28-8	1172	8	2	18	44	.182	26	.591	2	0-0

### Zoller, Marlo

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	20-19	1334	4	2	10	48	.083	21	.438	0	0-0
2016	13-12	865	3	3	9	41	.073	19	.463	1	0-0
TOTAL	33-31	2199	7	5	19	89	.079	40	.449	1	0-0





## COWGIRLS IN THE RANKINGS

<b>NSCAA (Oct. 4)</b>		<b>Soccer America (Oct. 4)</b>		<b>Top Drawer Soccer (Oct. 3)</b>		<b>HERO Sports (Oct. 3)</b>	
1. Stanford	10-0-1	1. Stanford	10-0-1	1. Stanford	10-0-1	1. USC	9-2-0
2. Florida State	9-1-1	2. Florida State	9-1-1	2. West Virginia	10-1-1	2. Stanford	10-0-1
3. West Virginia	10-1-1	3. Georgetown	9-1-1	3. BYU	9-1-1	3. BYU	9-1-1
4. South Carolina	11-0-1	4. West Virginia	10-1-1	4. Florida State	9-1-1	4. South Carolina	11-0-1
5. BYU	9-1-1	5. South Carolina	11-0-1	5. USC	9-2-0	5. Virginia	8-2-2
6. Georgetown	9-1-1	6. USC	9-2-0	6. Duke	8-2-2	6. UCLA	9-2-0
7. USC	9-2-0	7. UCLA	9-2-0	7. UCLA	9-2-0	7. West Virginia	10-1-1
8. Virginia	8-2-2	8. BYU	9-1-1	8. Virginia	8-2-2	8. Clemson	8-2-2
9. Duke	8-2-2	9. Arkansas	12-1-0	9. Arkansas	12-1-0	9. Georgetown	9-1-1
10. UCLA	9-2-0	10. North Carolina	6-2-3	10. South Carolina	11-0-1	10. Duke	8-2-2
11. Arkansas	12-1-0	11. Virginia	8-2-2	11. Georgetown	9-1-1	11. Florida	8-3-0
12. Clemson	8-2-2	12. Duke	8-2-2	12. Clemson	8-2-2	12. North Carolina	6-2-3
13. Penn State	8-2-2	13. Penn State	8-2-2	13. North Carolina	6-2-3	13. Penn State	8-2-2
14. California	10-2-0	14. Notre Dame	8-1-3	14. Florida	8-3-0	14. California	10-2-0
15. North Carolina	6-2-3	15. Clemson	8-2-2	15. Connecticut	10-2-0	15. Minnesota	9-3-1
16. Florida	8-3-0	16. Connecticut	10-2-0	16. Michigan	9-1-1	16. Notre Dame	8-1-3
17. Minnesota	9-3-1	17. Michigan	9-1-1	17. Penn State	8-2-2	17. Oklahoma	10-3-1
18. Auburn	8-4-0	18. Auburn	7-4-0	18. California	10-2-0	18. Utah	7-2-2
19. Michigan	9-1-1	19. Florida	8-3-0	19. Notre Dame	8-1-3	19. Michigan	9-1-1
20. Notre Dame	8-1-3	20. California	10-2-0	20. Minnesota	9-3-1	20. Long Beach State	5-5-2
21. Connecticut	10-2-0	21. Louisville	7-3-2	21. South Florida	9-1-0	21. North Carolina St.	9-3-0
22. Oklahoma	10-3-1	22. Rutgers	8-2-2	22. Rutgers	8-2-2	22. Auburn	8-4-0
23. South Florida	9-1-0	23. Minnesota	9-3-1	23. Princeton	8-1-1	23. Florida State	9-1-1
24. Rutgers	8-2-2	24. North Carolina St.	9-3-0	24. Oklahoma	10-3-1	24. Santa Clara	3-5-4
25. Pepperdine	6-3-3	25. Oklahoma	10-3-1	25. Northwestern	10-1-1	25. Loyola Marymount	7-2-3

### Cowgirls Week-By-Week In The National Polls

	<b>NSCAA</b>	<b>Soccer America</b>	<b>HERO Sports</b>	<b>TDS</b>
<i>Preseason</i>	Not Ranked	Not Ranked	37	Not Ranked
<i>Aug. 22/23</i>	Not Ranked	Not Ranked	34	Not Ranked
<i>Aug. 29/30</i>	Not Ranked	Not Ranked	35	Not Ranked
<i>Sept. 5/6</i>	Not Ranked	Not Ranked	50	Not Ranked
<i>Sept. 12/13</i>	Not Ranked	Not Ranked	55	Not Ranked
<i>Sept. 19/20</i>	Not Ranked	Not Ranked	55	Not Ranked
<i>Sept. 26/27</i>	Not Ranked	Not Ranked	75	Not Ranked
<i>Oct. 3/4</i>	Not Ranked	Not Ranked	74	Not Ranked

### NSCAA Central Region Rankings (Oct. 4)

1. West Virginia	10-1-1
2. Oklahoma	10-3-1
3. Texas Tech	8-2-2
4. Kansas	7-3-3
5. Baylor	8-4-1
6. North Texas	8-3-1
7. TCU	8-2-1
8. Iowa State	7-4-0
9. <b>Oklahoma State</b>	<b>6-5-2</b>
10. UTEP	9-2-2

### 2016 Big 12 Conference Preseason Poll

(selected by league's head coaches)

	Points
1. West Virginia (8)	64
2. Texas Tech (1)	57
3. Oklahoma	42
4. Baylor	35
5. <b>Oklahoma State</b>	<b>34</b>
6. Texas	32
7. Kansas	30
8. TCU	22
9. Iowa State	8

First-place votes in parentheses



## 2016 OVERALL STATISTICS

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	6-5-2	3-4	3-1-2	0-0
CONFERENCE	1-2	0-2	1-0	0-0
NON-CONFERENCE	5-3-2	3-2	2-1-2	0-0

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
Aug 19	at Georgia	To2 2-2	1775	17	Dike, Courtney	13	7	5	19	31	.226	16	.516	1	0-0
Aug 21	at Mercer	W 3-0	392	9	Jones, Jaci	12	4	4	12	16	.250	6	.375	1	0-0
Aug 26	at Oklahoma	L 0-1	1886	23	Woodard, Haley	9	5	1	11	20	.250	13	.650	1	0-0
Aug 28	ORAL ROBERTS	W 4-1	755	14	Zoller, Marlo	13	3	3	9	41	.073	19	.463	1	0-0
Sep 02	UCF	Lot 2-3	511	6	Beffer, Anna	13	2	5	9	22	.091	5	.227	0	0-0
Sep 04	#5 FLORIDA	L 2-7	388	8	Lenhardt, Julia	13	2	2	6	9	.222	5	.556	1	0-0
Sep 09	ABILENE CHRISTIAN	W 2-0	303	5	Calhoun, Natalie	13	2	0	4	10	.200	4	.400	1	1-1
Sep 11	UTSA	W 5-0	324	33	Brehmer, Holly	13	1	2	4	9	.111	5	.556	0	0-0
Sep 16	at Memphis	To2 2-2	432	11	McKnight, Niki	9	1	2	4	6	.167	4	.667	0	0-0
Sep 18	at Arkansas-Pine Bluff	W 8-0	46	28	Jean-Charles, Chris.	13	1	2	4	2	.500	1	.500	0	0-0
* Sep 23	IOWA STATE	L 0-1	476	88	Woodall, Bri	8	1	1	3	8	.125	5	.625	0	0-0
* Sep 25	BAYLOR	Lot 1-2	288	35	McDougal, Morgan	5	1	1	3	4	.250	2	.500	0	0-0
* Sep 30	at Texas	Wo2 2-1	810	29	VanFossen, Rachel	11	1	0	2	9	.111	2	.222	0	0-0

### TEAM STATISTICS OSU OPP

SHOT STATISTICS		
Goals-Shot attempts	33-208	20-148
Goals scored per game	2.54	1.54
Shot pct.	.159	.135
Shots on goal-Attempts	98-208	70-148
SOG pct.	.471	.473
Shots/Game	16.0	11.4
CORNER KICKS	79	60
PENALTY KICKS	1-1	2-2
PENALTIES		
Yellow cards	11	13
Red cards	2	0
ATTENDANCE		
Total	3045	5341
Dates/Avg Per Date	7/435	6/890
Neutral Site #/Avg	0/0	

10	Hawn, Elise	12	1	0	2	1	1.000	1	1.000	0	0-0
7	Rivers, Allie	3	0	1	1	2	.000	2	1.000	0	0-0
24	Gantzer, Claire	13	0	0	0	7	.000	2	.286	0	0-0
16	Ruszkowski, Tori	10	0	0	0	5	.000	3	.600	0	0-0
22	Sow, Coumba	2	0	0	0	2	.000	1	.500	0	0-0
18	Morgan, Charme	13	0	0	0	2	.000	0	.000	0	0-0
19	Tresfield, Laurene	9	0	0	0	1	.000	1	1.000	0	0-0
21	Ongaro, Michela	13	0	0	0	0	.000	0	.000	0	0-0
12	Bright, Abbey	4	0	0	0	0	.000	0	.000	0	0-0
4	Greenlee, Dani	3	0	0	0	0	.000	0	.000	0	0-0
3	Siragusa, Kirsten	9	0	0	0	0	.000	0	.000	0	0-0
0	Hierholzer, Ashton	2	0	0	0	0	.000	0	.000	0	0-0
Total		13	33	29	95	208	.159	98	.471	6	1-1
Opponents		13	20	14	54	148	.135	70	.473	5	2-2

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
0	Hierholzer, Ashton	2	28:39	0	0.00	1	1.000	0-0-0	0/2
4	Greenlee, Dani	3	86:53	1	1.04	1	.500	1-0-0	0/2
21	Ongaro, Michela	13	1118:56	19	1.53	47	.712	5-5-2	1/3
Total		13	1234:28	20	1.46	50	.714	6-5-2	4
Opponents		13	1234:28	33	2.41	65	.663	5-6-2	2

Goals by Period	1st	2nd	OT	OT2	Total
Oklahoma State	13	19	0	1	33
Opponents	2	16	2	0	20

Shots by Period	1st	2nd	OT	OT2	Total
Oklahoma State	95	104	5	4	208
Opponents	54	84	6	4	148

Saves by Period	1st	2nd	OT	OT2	Total
Oklahoma State	24	22	2	2	50
Opponents	28	35	2	0	65

Corners by Period	1st	2nd	OT	OT2	Total
Oklahoma State	32	45	1	1	79
Opponents	13	40	4	3	60

Fouls by Period	1st	2nd	OT	OT2	Total
Oklahoma State	84	76	6	0	166
Opponents	71	84	7	2	164



## 2016 BIG 12 STATISTICS

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	1-2	0-2	1-0	0-0
CONFERENCE	1-2	0-2	1-0	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

Date	Opponent	Score	Att.
* Sep 23	IOWA STATE	L 0-1	476
* Sep 25	BAYLOR	Lot 1-2	288
* Sep 30	at Texas	Wo2 2-1	810

TEAM STATISTICS	OSU	OPP
SHOT STATISTICS		
Goals-Shot attempts	3-32	4-37
Goals scored per game	1.00	1.33
Shot pct.	.094	.108
Shots on goal-Attempts	10-32	18-37
SOG pct.	.312	.486
Shots/Game	10.7	12.3
CORNER KICKS	13	21
PENALTY KICKS	0-0	0-0
PENALTIES		
Yellow cards	3	0
Red cards	0	0
ATTENDANCE		
Total	764	810
Dates/Avg Per Date	2/382	1/810
Neutral Site #/Avg	0/0	

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
17	Dike, Courtney	3	1	1	3	3	.333	1	.333	0	0-0
14	Zoller, Marlo	3	1	0	2	9	.111	3	.333	0	0-0
23	Woodard, Haley	3	1	0	2	4	.250	2	.500	1	0-0
9	Jones, Jaci	3	0	1	1	3	.000	0	.000	0	0-0
6	Beffer, Anna	3	0	1	1	2	.000	0	.000	0	0-0
11	McKnight, Niki	3	0	1	1	1	.000	0	.000	0	0-0
5	Calhoun, Natalie	3	0	0	0	4	.000	1	.250	0	0-0
8	Lenhardt, Julia	3	0	0	0	3	.000	2	.667	0	0-0
33	Brehmer, Holly	3	0	0	0	1	.000	0	.000	0	0-0
19	Tresfield, Laurene	2	0	0	0	1	.000	1	1.000	0	0-0
16	Ruszkowski, Tori	2	0	0	0	1	.000	0	.000	0	0-0
88	Woodall, Bri	1	0	0	0	0	.000	0	.000	0	0-0
35	McDougal, Morgan	1	0	0	0	0	.000	0	.000	0	0-0
29	VanFossen, Rachel	2	0	0	0	0	.000	0	.000	0	0-0
28	Jean-Charles, Chris.	3	0	0	0	0	.000	0	.000	0	0-0
24	Gantzer, Claire	3	0	0	0	0	.000	0	.000	0	0-0
18	Morgan, Charme	3	0	0	0	0	.000	0	.000	0	0-0
10	Hawn, Elise	3	0	0	0	0	.000	0	.000	0	0-0
3	Siragusa, Kirsten	1	0	0	0	0	.000	0	.000	0	0-0
Total		3	3	4	10	32	.094	10	.312	1	0-0
Opponents		3	4	3	11	37	.108	18	.486	2	0-0

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
21	Ongaro, Michela	3	288:40	4	1.25	14	.778	1-2-0	0/0
Total		3	288:40	4	1.25	14	.778	1-2-0	0
Opponents		3	288:40	3	0.94	7	.700	2-1-0	1

Goals by Period	1st	2nd	OT	OT2	Total
Oklahoma State	1	1	0	1	3
Opponents	1	2	1	0	4

Shots by Period	1st	2nd	OT	OT2	Total
Oklahoma State	14	16	1	1	32
Opponents	11	22	4	0	37

Saves by Period	1st	2nd	OT	OT2	Total
Oklahoma State	5	8	1	0	14
Opponents	3	3	1	0	7

Corners by Period	1st	2nd	OT	OT2	Total
Oklahoma State	5	8	0	0	13
Opponents	6	12	2	1	21

Fouls by Period	1st	2nd	OT	OT2	Total
Oklahoma State	23	13	4	0	40
Opponents	15	20	3	0	38