



2016 OKLAHOMA STATE COWGIRL SOCCER

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2016 SCHEDULE

Aug. 13	Texas A&M (exhibition)	W, 2-0
Aug. 19	at Georgia	T, 2-2 (2 OT)
Aug. 21	at Mercer	W, 3-0
Aug. 26	at Oklahoma	L, 0-1
Aug. 28	Oral Roberts	W, 4-1
Sept. 2	UCF	L, 2-3 (OT)
Sept. 4	#5 Florida	L, 2-7
Sept. 9	Abilene Christian	W, 2-0
Sept. 11	UTSA	W, 5-0
Sept. 16	at Memphis	T, 2-2 (2 OT)
Sept. 18	at Arkansas-Pine Bluff	W, 8-0
Sept. 23	Iowa State*	L, 0-1
Sept. 25	Baylor*	L, 1-2 (OT)
Sept. 30	at Texas*	W, 2-1 (2 OT)
Oct. 7	at Texas Tech*	W, 1-0
Oct. 9	at Kansas*	T, 1-1 (2 OT)
Oct. 14	Oklahoma*	L, 0-2
Oct. 16	TCU*	W, 3-0
Oct. 25	Little Rock	7 p.m.
Oct. 28	at #1 West Virginia*	6 p.m.
Nov. 2-6	Big 12 Soccer Championship!	
Nov. 11	NCAA Championship 1st Round\$	
Nov. 18-20	NCAA Championship 2nd & 3rd Rds.\$	
Nov. 25	NCAA Championship Quarterfinals\$	
Dec. 2-4	Women's College Cup&	

Bold italics indicates home game • All Times Central

* — Big 12 Conference game

! — Big 12 Soccer Championship - Kansas City, Mo.

\$ — at Campus Sites

& — TBD



BIG 12 CONFERENCE

2016 BIG 12 CONFERENCE STANDINGS

	Big 12			Overall		
	W	L	T	W	L	T
West Virginia	7	0	0	15	1	1
Kansas	4	1	2	9	4	4
Baylor	4	3	1	11	6	1
Oklahoma	4	2	1	12	4	2
Iowa State	3	3	1	10	6	1
Oklahoma State	3	3	1	8	6	3
TCU	1	5	1	9	5	2
Texas	1	5	1	8	8	1
Texas Tech	1	6	0	8	7	2

Oklahoma State (8-6-3, 3-3-1)

vs. Little Rock (11-6-1)

Tues., Oct. 25 • 7 p.m. • Stillwater, Okla.

Cowgirl Soccer Complex (1,450)



at #1 West Virginia (15-1-1, 7-0-0)

Fri., Oct. 28 • 6 p.m. (CST) • Morgantown, W.Va.

Dick Dlesk Soccer Stadium (1,650)



Oklahoma State

Oklahoma State concludes the regular season this week when it hosts Little Rock in its final home game of 2016 on Tuesday night before a trip to Morgantown to take on top-ranked West Virginia on Friday. Unbeaten in four of its last five matches, OSU is 8-6-3 on the season and tied for fifth place in the Big 12 Conference standings with a 3-3-1 mark.

OSU is coming off a 2015 season in which they compiled a 9-9-2 record and finished eighth in the Big 12 Conference standings with a 2-4-2 mark. The Cowgirls return seven starters and 18 letterwinners from last season, including a pair of three-time All-Big 12 performers in forward Courtney Dike and defender Natalie Calhoun.

The 2016 season marks the 21st in the history of the OSU women's soccer program. Over their first 20 seasons, the Cowgirls compiled a 238-141-44 (.615) record, and head coach Colin Carmichael entered his 12th season at the helm with a 155-61-31 mark. The Cowgirls have earned a berth in the NCAA Women's Soccer Championship in eight of the last 10 years and have claimed Big 12 titles in four of the last eight seasons.

About The Opponents

Little Rock is 11-6-1 on the season, and the Trojans are unbeaten in their last six matches, including a current three-game winning streak. Little Rock is led by Arola Aparicio Gill (5 goals, 2 assists) and Quin Wilkes (4 goals, 4 assists).

OSU is 6-0-0 all time against Little Rock (formerly known as UALR), with the Cowgirls outscoring the Trojans 32-1 in the series. The last meeting came in 2011 in Stillwater, with OSU claiming a 7-0 victory.

West Virginia is the nation's top-ranked team and brings a 15-1-1 mark into Friday's contest. At 7-0-0, the Mountaineers have already been crowned Big 12 regular season champions for a fifth consecutive season. WVU has outscored its opponents 33-6 on the season and has recorded 11 shutouts.

OSU is winless in its six previous meetings with West Virginia; each of the losses has been by a single goal. Last season, the Cowgirls dropped a pair of 2-1 contests to the Mountaineers, including an overtime match in Stillwater.

On The Air & The Web

Fans wishing to follow this week's matches can do so in a variety of ways. Tuesday's match vs. Little Rock is available to watch online via a free webcast at okstate.com/live and will also air live on KGFY 105.5 FM, with Bill Van Ness on the call, while Friday's contest in Morgantown will also be webcast on Mountaineer TV. Live stats will be available for both matches via links at www.okstate.com (link can be accessed via the Schedule tab on the Cowgirl soccer page). Additionally, fans can follow the official OSU Soccer Twitter account, @CowgirlFC, for in-game updates.

COWGIRLS BY POSITION

FORWARDS

17	Courtney Dike	Sr.
33	Holly Brehmer	So.
11	Niki McKnight	Jr.
7	Allie Rivers	So.
23	Haley Woodard	So.
14	Marlo Zoller	So.
2	Amy Nguyen	Fr.
88	Bri Woodall	Fr.

MIDFIELDERS

6	Anna Beffer	Jr.
16	Tori Ruszkowski	Jr.
22	Coumba Sow	Jr.
20	Lana Duke	So.
35	Morgan McDougal	So.
29	Rachel VanFossen	So.
9	Jaci Jones	Fr.
8	Julia Lenhardt	Fr.

DEFENDERS

5	Natalie Calhoun	Sr.
28	Christina Jean-Charles	Sr.
12	Abbey Bright	Jr.
27	Katie Howard	Jr.
11	Niki McKnight	Jr.
19	Laurene Tresfield	Jr.
24	Claire Gantzer	Fr.
10	Elise Hawn	Fr.
15	Adelaide Kline	Fr.
18	Charmé Morgan	Fr.
3	Kirsten Siragusa	Fr.

GOALKEEPERS

0	Ashton Hierholzer	Jr.
21	Michela Ongaro	Jr.
1	Megan Royall	RS-Fr.
4	Dani Greenlee	Fr.



2016 COWGIRL RADIO/TV CHART



0

ASHTON HIERHOLZER

GK • 5-9 • JR
Heath, Texas



1

MEGAN ROYALL

GK • 5-9 • FR
Collinsville, Okla.



2

AMY NGUYEN

F • 5-2 • FR
Houston, Texas.



3

KIRSTEN SIRAGUSA

D • 5-6 • FR
Rowlett, Texas



4

DANI GREENLEE

GK • 5-10 • FR
Rockwall, Texas



5

NATALIE CALHOUN

D • 5-9 • SR
Sachse, Texas



6

ANNA BEFFER

MF • 5-3 • JR
Tulsa, Okla.



7

ALLIE RIVERS

F • 5-5 • SO
Trophy Club, Texas



8

JULIA LENHARDT

MF • 5-9 • FR
Frisco, Texas



9

JACI JONES

MF • 5-3 • FR
Mustang, Okla.



10

ELISE HAWN

D • 5-8 • FR
Melissa, Texas



11

NIKI MCKNIGHT

F/D • 5-9 • JR
Rockwall, Texas



12

ABBEY BRIGHT

D • 5-6 • JR
Edmond, Okla.



13

JOANNA ROBERTSON

MF • 5-6 • SR
Houston, Texas



14

MARLO ZOLLER

F • 5-6 • FR
Tulsa, Okla.



15

ADALAIDE KLINE

D • 5-3 • FR
Mission Hills, Kan.



16

TORI RUSZKOWSKI

MF • 5-10 • JR
Seabrook, Texas



17

COURTNEY DIKE

F • 5-6 • SR
Edmond, Okla.



18

CHARMÉ MORGAN

D • 5-5 • FR
Frisco, Texas



19

LAURENE TRESFIELD

D • 5-7 • JR
Paris, France



20

LANA DUKE

MF • 5-8 • SO
Edmond, Okla.



21

MICHELA ONGARO

GK • 5-10 • JR
Hartland, Wis.



22

COUMBA SOW

MF • 6-0 • JR
Zurich, Switzerland



23

HALEY WOODARD

F • 5-10 • SO
Norman, Okla.



24

CLAIRE GANTZER

D/F • 5-10 • FR
Plano, Texas



27

KATIE HOWARD

D • 5-10 • JR
Plano, Texas



28

CHRISTINA JEAN-CHARLES

D • 5-7 • SR
New City, NY



29

RACHEL VANFOSSEN

MF/D • 5-9 • SO
Broken Arrow, Okla.



33

HOLLY BREHMER

F • 5-5 • JR
Eagle River, Alaska



35

MORGAN MCDUGAL

MF • 5-5 • SO
Highlands Ranch, Colo.



88

BRI WOODALL

F/MF • 5-3 • FR
Kingwood, Texas



COLIN CARMICHAEL

Head Coach
21st Season at OSU



JUSTIN ELKINGTON

Associate Head Coach
8th Season at OSU



KAREN HANCOCK

Assistant Coach
21st Season at OSU



BEN WILLIAMS

Volunteer Assistant Coach
2nd Season at OSU



2016 COWGIRL ROSTER

NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Class	Hometown (High School/Previous School)
0	Ashton Hierholzer	GK	5-9	Jr.	Heath, Texas (Rockwall-Heath)
1	Megan Royall	GK	5-9	R-Fr.	Collinsville, Okla. (Collinsville)
2	Amy Nguyen	F	5-2	Fr.	Houston, Texas (Memorial)
3	Kirsten Siragusa	D	5-6	Fr.	Rowlett, Texas (Sachse)
4	Dani Greenlee	GK	5-10	Fr.	Rockwall, Texas (Rockwall)
5	Natalie Calhoun	D	5-9	Sr.	Sachse, Texas (Sachse)
6	Anna Baffer	MF	5-3	Jr.	Tulsa, Okla. (Union)
7	Allie Rivers	F	5-5	So.	Trophy Club, Texas (Byron Nelson)
8	Julia Lenhardt	MF	5-9	Fr.	Frisco, Texas (Frisco)
9	Jaci Jones	MF	5-3	Fr.	Mustang, Okla. (Mustang)
10	Elise Hawn	D	5-8	Fr.	Melissa, Texas (Melissa)
11	Niki McKnight	F/D	5-9	Jr.	Rockwall, Texas (Rockwall)
12	Abbey Bright	D	5-6	Jr.	Edmond, Okla. (North)
13	Joanna Robertson	MF	5-6	Sr.	Houston, Texas (Klein Collins)
14	Marlo Zoller	F	5-6	So.	Tulsa, Okla. (Jenks)
15	Adalaide Kline	D	5-3	Fr.	Mission Hills, Kan. (Shawnee Mission East)
16	Tori Ruskowski	MF	5-10	Jr.	Seabrook, Texas (Clear Falls)
17	Courtney Dike	F	5-6	Sr.	Edmond, Okla. (North)
18	Charmé Morgan	D	5-5	Fr.	Frisco, Texas (Centennial)
19	Laurene Tresfield	D	5-7	Jr.	Paris, France (Henri Darras)
20	Lana Duke	MF	5-8	So.	Edmond, Okla. (Memorial)
21	Michela Ongaro	GK	5-10	Jr.	Hartland, Wis. (Arrowhead Union)
22	Coumba Sow	MF	6-0	Jr.	Zurich, Switzerland (Monroe CC)
23	Haley Woodard	F	5-10	So.	Norman, Okla. (North)
24	Claire Gantzer	D/F	5-10	Fr.	Plano, Texas (Plano Senior)
27	Katie Howard	D	5-10	Jr.	Plano, Texas (East)
28	Christina Jean-Charles	D	5-7	Sr.	New City, N.Y. (Clarkstown South/Monroe College)
29	Rachel VanFossen	MF/D	5-9	So.	Broken Arrow, Okla. (Union/Arkansas)
33	Holly Brehmer	F	5-5	Jr.	Eagle River, Alaska (Chugiak)
35	Morgan McDougal	MF	5-5	So.	Highlands Ranch, Colo. (Mountain Vista)
88	Bri Woodall	F/MF	5-3	Fr.	Kingwood, Texas (Porter HS)

Head Coach: Colin Carmichael, 21st season at OSU (South Alabama, '93)

Associate Head Coach: Justin Elkington, Eighth season at OSU (Oral Roberts, '97)

Assistant Coach: Karen Hancock, 21st season at OSU (Tulsa, '90)

Volunteer Assistant Coach: Ben Williams, 2nd season at OSU (Oklahoma Wesleyan, '15)

ALPHABETICAL ROSTER

No.	Name	Pos.
6	Baffer, Anna	MF
33	Brehmer, Holly	F
12	Bright, Abbey	D
5	Calhoun, Natalie	D
17	Dike, Courtney	F
20	Duke, Lana	MF
24	Gantzer, Claire	D/F
4	Greenlee, Dani	GK
10	Hawn, Elise	D
0	Hierholzer, Ashton	GK
27	Howard, Katie	D
28	Jean-Charles, Christina	D
9	Jones, Jaci	MF
15	Kline, Adalaide	D
8	Lenhardt, Julia	MF
35	McDougal, Morgan	MF
11	McKnight, Niki	F/D
18	Morgan, Charmé	D
2	Nguyen, Amy	F
21	Ongaro, Michela	GK
7	Rivers, Allie	F
13	Robertson, Joanna	MF
1	Royall, Megan	GK
16	Ruskowski, Tori	MF
3	Siragusa, Kirsten	D
22	Sow, Coumba	MF
19	Tresfield, Laurene	D
29	VanFossen, Rachel	MF/D
88	Woodall, Bri	F/MF
23	Woodard, Haley	F
14	Zoller, Marlo	F

PRONUNCIATION GUIDE

Brehmer	brimmer
Charmé	shar-may
Dike	dee-kay
Hierholzer	here-holzer
Jean-Charles	jeen
McDougal	mc-dew-gull
Nguyen	win
Michela Ongaro	mick-ella on-gare-oh
Ruskowski	ruzz-cow-skee
Kirsten Siragusa	kuhr-sten sear-uh-geese-uh
Laurene Tresfield	la-ren
Coumba Sow	coomba so
Zoller	like roller

ROSTER BREAKDOWN

BY CLASS

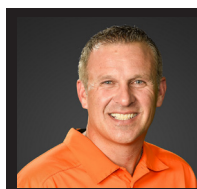
Seniors (4): Calhoun, Dike, Jean-Charles, Robertson
Juniors (10): Baffer, Brehmer, Bright, Hierholzer, Howard, McKnight, Ongaro, Ruskowski, Sow, Tresfield
Sophomores (6): Duke, McDougal, Rivers, VanFossen, Woodard, Zoller
Redshirt Freshmen (1): Royall
Freshmen (10): Gantzer, Greenlee, Hawn, Jones, Kline, Lenhardt, Morgan, Nguyen, Siragusa, Woodall

BY STATE/COUNTRY

Texas (15): Calhoun, Gantzer, Greenlee, Hawn, Hierholzer, Howard, Lenhardt, McKnight, Morgan, Nguyen, Rivers, Robertson, Ruskowski, Siragusa, Woodall
Oklahoma (9): Baffer, Bright, Dike, Duke, Jones, Royall, VanFossen, Woodard, Zoller
Alaska (1): Brehmer
Colorado (1): McDougal
France (1): Tresfield
Kansas (1): Kline
New York (1): Jean-Charles
Switzerland (1): Sow
Wisconsin (1): Ongaro



GAME NOTES



Colin Carmichael
Head Coach,
12th Season

Carmichael has been at OSU since the inception of the women's soccer program in the fall of 1996, and he continues to help lead Cowgirl soccer to new heights and a spot among the nation's elite.

OSU is in the midst of the most successful stretch of seasons in program history as the program enters its 21st year in what will mark Carmichael's 12th season as head coach.

Carmichael, who served as OSU's co-head coach with Karen Hancock during the 2005 and 2006 seasons, enters the 2016 season with a 155-61-31 career record in 11 seasons as the Cowgirls' head coach, compiling a winning percentage of .690. He has led the Cowgirls to eight appearances in the NCAA Women's Soccer Championship, including six straight from 2006-11, and after advancing to the second round of the NCAA tourney four-straight years, the Cowgirls made back-to-back trips to the Elite Eight in 2010 and 2011.

The Cowgirls have also been a dominant force in the Big 12 Conference under Carmichael as they captured four consecutive league titles from 2008-11. OSU won the regular season title in 2008 and Big 12 Soccer Championship titles in 2009 and 2010 before claiming another regular season championship in 2011.

Carmichael has guided OSU to a 12-5-3 record and four finals appearances at the Big 12 Championship and a 9-5-4 record in NCAA tourney play.

Carmichael Year-By-Year At OSU

	Overall	Big 12
2005*	10-6-3	3-6-1
2006*	17-3-3	8-1-1
2007	14-6-3	5-4-1
2008	18-1-4	7-1-2
2009	15-7-2	5-5-0
2010	20-4-2	8-2-0
2011	22-2-2	6-0-2
2012	11-6-3	1-4-3
2013	9-7-6	2-3-3
2014	10-10-1	5-2-1
2015	9-9-2	2-4-2
2016	8-6-3	3-3-1
Totals	163-67-34	55-35-17

* — co-head coach with Karen Hancock

Collegiate Coaching Experience

- Oklahoma State University Head Coach, 2007-pres.
- Oklahoma State University Co-Head Coach, 2005-06
- Oklahoma State University Associate Head Coach, 2003-04
- Oklahoma State University Assistant Coach, 1996-2002
- University of South Alabama Assistant Coach, 1993-95

Career Highlights

- In 11 seasons as OSU's co-head and head coach, Cowgirls have recorded a .690 winning percentage
- Cowgirls have made eight trips to the NCAA Women's Soccer Championship in his 11 seasons as head coach
- Led OSU to six-straight NCAA Tournament berths from 2006-11 including back-to-back Elite Eight appearances in 2010 and 2011, and the program's highest-ever national ranking (No. 2 in 2011)
- Guided OSU to four consecutive Big 12 championships from 2008-11
- Four-time Big 12 Coach of Year - 2006, '08, '10, '11
- Three-time Central Region Coach of Year - 2006, '08, '10
- Has coached three All-Americans, two Hermann Trophy semifinalists and 37 All-Big 12 performers

WINNING IS A HABIT

The 2016 season marks the 21st in the OSU program's history and over those two-plus decades, the program has been built into an established winner.

- OSU has earned a berth in the NCAA Women's Soccer Championship eight of the last 10 years (beginning in 2006).
- From 2006-11, the Cowgirls earned six-straight NCAA tourney bids and advanced to at least the second round each time, including back-to-back Elite Eight appearances in 2010 and 2011.
- From 2008-11, OSU celebrated four consecutive Big 12 championships — two regular season (2008, '11) and two tournament ('09, '10).

• In 2011, OSU set a school record with 22 wins. The Cowgirls finished the '11 regular season 17-0-2, joining the 1996 Nebraska team as the only Big 12 Conference teams in history to go unbeaten during the regular season. OSU was 6-0-2 in conference play to claim its second regular-season Big 12 title and in doing so became the first Big 12 team since Texas A&M in 2002 to complete the league schedule without a loss.

BACK IN THE SADDLE

OSU returns seven players who started at least 10 games during the 2015 season. Of the 16 returning letterwinners, 14 are field players, and that group combined for 24 of the Cowgirls' 36 goals a year ago, as well as 18 of its 23 assists.

PRESEASON PROGNOSTICATIONS

In preseason voting by the league's head coaches, OSU was picked to finish fifth in the Big 12 Conference standings behind four-time defending league champion West Virginia, Texas Tech, Oklahoma and Baylor. A pair of Cowgirls — forward Courtney Dike and defender Natalie Calhoun — were named to the Preseason All-Big 12 team.

HOME SWEET HOME

The Cowgirls are 4-5-0 on their home field in 2016. OSU is 74-16-9 (.793) at the Cowgirl Soccer Complex since 2008 and is 132-40-16 (.745) all time on its current home turf.

DYNAMIC DUO

Natalie Calhoun and Courtney Dike are already in rare company and could join an elite list in 2016. Both Cowgirls have earned All-Big 12 Second Team honors three times, making them two of only seven OSU players to be named all-conference three times in a career. Only two Cowgirls — Yolanda Odenyo and AD Franch — have achieved All-Big 12 status four times.

R-E-S-P-E-C-T

Prior to the season, *TopDrawerSoccer.com* released its list of the Top 100 players in women's college soccer, a list that ranks sophomores, juniors and seniors. A pair of Cowgirls made the list as Courtney Dike was ranked No. 73 while Natalie Calhoun checked in at No. 82. On the recently released Midseason list, Dike came in at No. 68.

NEW FACES

Twelve newcomers joined the OSU roster in 2016, and the group includes 10 freshmen, a sophomore transfer and a junior college transfer.

Ten different newcomers — eight freshmen, two transfers — have made their OSU debuts in 2016 and each has started at least one game.

PUTTING IT IN THE NET

Statistically speaking, OSU is among the nation's most dynamic offenses this season. The Cowgirls' 38 goals ranks 23rd nationally, 11 behind the NCAA leader (Alabama State), and they are 24th in scoring offense at 2.24 goals per game and 29th in points (107).

Fifteen different Cowgirls have scored goals this season, while 12 different players have notched assists. Of OSU's 245 shots, 112 have been on goal (.457).

YOU'LL GET YOUR CHANCE

OSU has had a different starting lineup in 12 of its 17 games in 2016, and 20 different Cowgirls have started games this season. Only three — Courtney Dike, Julia Lenhardt and Natalie Calhoun — have started all 17 games.

SHE SHOOTS, SHE SCORES

Courtney Dike quickly established herself as a prolific scorer at the collegiate level as a freshman in 2013, and she has continued that scoring production throughout her career for the Cowgirls.

The forward from Edmond, Okla., ranked second in the Big 12 in 2013 with 13 goals and 30 points and earned All-Big 12 Second Team and All-Newcomer Team honors. Her 13 goals tied for the fourth most in a single season in OSU history, three shy of Yolanda Odenyo's record 16, while her 30 points was the eighth highest single-season total all time.

Dike recorded three two-goal performances — vs. Vanderbilt, Oklahoma and Missouri State — which marked the most multi-goal games by a Cowgirl since 2010, and of her 58 shots, 30 of those (52 percent) were on goal. She was named the Big 12 Offensive Player and Newcomer of the Week on two occasions in 2013.

In 2014, Dike recorded three goals, two of them game winners, and three assists in 19 games. As a junior, she ranked in the top six in the Big 12 in goals (5), assists (7) and points (17). She has scored goals in nine of OSU's 17 games this season, with her nine goals leading the conference, and she also ranks atop the league with 24 points.



GAME NOTES

COWGIRL SOCCER BY THE NUMBERS

- 169:** OSU soccer has had 169 Academic All-Big 12 Conference selections
- 155:** Number of wins for OSU in its first 11 seasons under head coach Colin Carmichael
- 74:** OSU's school-record for goals in a season, which came in 2008 and ranked third nationally
- 44:** The Cowgirls have had 44 All-Big 12 performers in the program's history
- 38:** Career shutouts for former Cowgirl goalie AD Franch, an OSU record
- 22:** The OSU record for wins in a season, set in 2011
- 21:** The 2016 season marks the 21st in the program's history
- 18:** The Cowgirls recorded a school-record and NCAA-best 18 shutouts in 2011
- 9:** NCAA Tournament appearances by OSU: 2003, 2006, 2007, 2008, 2009, 2010, 2011, 2013, 2014
- 5:** Big 12 championships for the Cowgirls
 - '03, '09 & '10 tournament
 - '08 & '11 regular season
- 4:** AD Franch earned All-Big 12 First Team honors four times, one of only seven players in league history to do so
- 3.22:** OSU's goals per game average in 2008, which led the nation
- 3:** OSU has had three players earn All-America honors - Yolanda Odenyo, AD Franch & Melinda Mercado
- 2:** Number of times Melinda Mercado was named Big 12 Defensive Player of the Year (2010 & 2011)
- 2:** Cowgirls have been semifinalists for the MAC Hermann Trophy - Yolanda Odenyo (2008) and AD Franch (2010 & 2011)
- .690:** The Cowgirls' winning percentage under head coach Colin Carmichael entering the 2016 season

CLIMBING THE CHARTS

Courtney Dike has nine goals in 2016 and is tied for fourth on OSU's career goals list with 30, one of only five players in program history to reach that mark. The Cowgirls' all-time record of 35 is held by Yolanda Odenyo and Jolene Schweitzer.

Dike also ranks fifth on OSU's career charts in assists (20) and points (80), and she is sixth with 197 career shots.

Junior goalie Michela Ongaro is also among OSU's all-time statistical leaders in the net. The Wisconsin native and former walk-on is fourth on the Cowgirls' career charts with 12 shutouts and ranks fifth with 182 saves and a 1.13 goals against average.

THE BIGGEST STAGE

Courtney Dike is one of a select few collegiate players who can boast of having played in a Women's World Cup.

Dike earned a pair of caps for Nigeria at the 2015 FIFA Women's World Cup in Canada. Her first came as a reserve in a match against Australia, and in the Super Falcons' final tourney game, Dike was in the starting lineup against the eventual champion United States. She played 50 minutes against the U.S. before subbing out early in the second half.

Dike concluded her first trip to the Women's World Cup playing 56 minutes and recording one shot. Nigeria finished 0-2-1 at the tourney and failed to advance out of Group D.

The experience was historic as Dike became the first OSU player to participate in a World Cup and also the first-ever Oklahoman to compete in a Women's World Cup.

In 2014, Dike was a member of the Nigeria U-20 Women's National Team at the FIFA U-20 Women's World Cup. That trip proved highly successful, though it meant OSU was without its top scorer for the first two games of 2014.

During that tourney, Dike helped the Falcons into the U-20 World Cup final, where they dropped a 1-0 decision to Germany. A starter at forward throughout most of the tourney, Dike recorded a pair of goals in six games. In pool play against South Korea, she scored the fastest goal in FIFA Women's World Cup history as she found the back of the net just 18 seconds into the match, and she scored a goal 64 seconds into the semifinal match against North Korea to help Nigeria advance to the final.

Dike's parents, Vincent and Jacinta, are natives of Nigeria, and her older brother, Bright, has been on the country's men's national team.

HER DEFENSE NEVER RESTS

Natalie Calhoun has been an anchor at defender since arriving on campus in 2013. The center back has played in all 80 of OSU's games during her career and been a starter in 79 of those, and she has ranked either first or second in minutes played among field players each of her first three seasons. The lone game she in which she was not in the starting lineup was the season opener her freshman season.

A three-time All-Big 12 Second Team performer, Calhoun has played a part in 25 shutouts during her career.

BIG 12'S BEST

Oklahoma State has had a Big 12 Conference weekly award winner five times in 2016, with Courtney Dike being honored twice and Julia Lenhardt, Jaci Jones and Michela Ongaro also being recognized for their standout play.

Dike was named the first Big 12 Conference Offensive Player of the Week for 2016. In the season opener at Georgia, Dike's goal in the 62nd minute gave OSU its first lead of the contest, and on Sunday against Mercer, she scored just 72 seconds into the match to help the Cowgirls record their first win of the season. Dike also picked up the honor on Oct. 11 following a weekend that saw her record an assist in a 1-0 win at Texas Tech and a goal in a 1-1 draw at Kansas.

Dike has been recognized with a Big 12 weekly award six times in her career.

Lenhardt was named the Big 12 Freshman of the Week following week two after she recorded OSU's first two goals to lead the Cowgirls to a 4-1 win over Oral Roberts. In notching the first two scores of her collegiate career, the midfielder also became the first OSU freshman to score multiple goals in a game since Dike in 2013.

Jones was the league's Big 12 Freshman of the Week on Sept. 12 after she was OSU's leading scorer in helping the Cowgirls to wins over Abilene Christian and UTSA. The midfielder recorded two goals and two assists on the weekend, notching assists in both matches and collecting the first multi-goal game of her career with a pair of goals vs. UTSA.

Ongaro was named the Big 12 Defensive Player of the Week on Oct. 11 following a weekend that saw her record 12 saves. She picked up a shutout vs. Texas Tech Friday night before racking up eight saves in a tie at Kansas on Sunday.

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MEDIA INFORMATION

- Coach Carmichael is available for interviews Tuesday mornings in his office (on the west side of Gallagher-Iba Arena alongside Heritage Hall) at 10:00.
- Availability to student-athletes is limited to post-practice on Wednesday. Those wanting interviews should arrive at the field by 5:15. It would be helpful to let me know by Wednesday morning what players you would like to talk to by emailing me at wade.mcwhorter@okstate.edu.
- Those who cover the team are also welcome to utilize the Coach Carmichael Radio Show on Tuesday from 7-7:30 p.m. (airs on KGFY 105.5 FM in Stillwater) or any of the sound bites from video on okstate.com or Orange Power Studios via the OSU Athletics YouTube page.



COWGIRL PLAYER NOTES

3 Kirsten Siragusa, D, Fr.

Has played in 13 games with four starts ... earned first-career start vs. ORU (8/28) ... member of U.S. U-18 National Team in 2014 & 2015.

4 Dani Greenlee, GK, Fr.

Seen action in three games ... came off bench in collegiate debut at Mercer (8/21) and played final 16:30 of shutout ... recorded first-career save in 25 minutes in goal vs. ORU (8/28) ... earned first start of career at UAPB (9/18) ... played 30 minutes in preseason exhibition shutout vs. Texas A&M.

5 Natalie Calhoun, D, Sr.

Leads OSU field players in minutes played with 1,441 ... has started 79 consecutive games ... scored goal vs. ACU (9/9) ... converted penalty kick vs. UAPB (9/18) ... earned All-Big 12 Second Team honors in each of her first three seasons to become one of only seven players in OSU history to achieve all-conference status at least three times in a career ... 2016 Preseason All-Big 12 ... started all 20 games in 2016 and was second on team among field players in minutes played (1,743) ... one of only two Cowgirls to start all 21 games in 2014 ... led team in minutes played among field players with 1,870 ... recorded first-career assist in 1-1 tie at #9 Texas Tech ... as a freshman started last 20 games and played in all 21 ... earned first start of career at Vanderbilt ... recorded first-career goal vs. OU ... named to the Big 12 Championship All-Tournament Team.

6 Anna Beffer, MF, Jr.

Played in all 17 games, starting 15 ... second on team with five assists, which ranks third in Big 12 ... recorded goal and two assists vs. UTSA (9/11) ... played in all 20 games in 2015 with 16 starts ... started 15 games as freshman ... missed six matches with ankle injury ... recorded first-career goal vs. Tulsa ... named Big 12 Newcomer of the Week 9/30.

8 Julia Lenhardt, MF, Fr.

Started in all 17 games and has logged 1,359 minutes of action ... scored first two goals of career vs. ORU (8/28) ... became first OSU freshman since 2013 to record multiple goals in a game ... named Big 12 Freshman of the Week on 8/30 ... recorded first-career assist vs. UCF (9/2) ... member of U.S. U-19 National Team in fall of 2015.

9 Jaci Jones, MF, Fr.

Has played in 16 games with eight starts ... second on team in scoring with 14 points (5 goals, 4 assists) ... came off the bench in season opener at Georgia (8/19) and recorded OSU's first goal of the season ... made first-career start at Mercer (8/21) ... posted first-career multi-goal game with two vs. UTSA (9/11) ... named the Big 12 Freshman of the Week on 9/13 after recording two goals and two assists in wins over ACU and UTSA.

10 Elise Hawn, D, Fr.

Played in 16 games with nine starts ... started season opener at Georgia (8/19) ... recorded first-career goal at Memphis (9/16).

11 Niki McKnight, F/D, Jr.

Played in 13 games with seven starts ... started season as forward but has started at defender last five games after OSU moved to 5-3-2 system ... recorded goal and assist in win over Mercer (8/21) ... also had assist vs. Texas (9/30) ... missed first 13 games of 2015 following offseason hip surgery ... played in seven games, coming off the bench in each, and was OSU's second-leading scorer in Big 12 play ... saw first action of season vs. Drake (10/7) ... netted first two goals of career in back-to-back games against #2 West Virginia and Kansas ... played in 19 games with 18 starts as a redshirt freshman in 2014 ... starter in first 13 games ... spent majority of time at defender but also spent time as an attacking midfielder and forward ... missed 2013 season with knee injury.

14 Marlo Zoller, F, So.

Played in all 17 games with 15 starts ... leads Cowgirls with 48 shots, 22 of those on goal ... has goals vs. UTSA (9/11), UAPB (9/18) and Baylor (9/25) — which marked first-career Big 12 goal — and Texas Tech (10/7) ... has also recorded three assists ... had assist on OSU's first goal at Mercer (8/21) ... also had assists vs. ORU (8/28) and ACU (9/9) ... named to 2015 Big 12 All-Freshman Team ... played in all 20 games in 2015, starting 19 ... netted first-collegiate goal vs. Georgia ... also scored at #5 Florida ... first-career assist came at #19 UCF ... recorded two goals vs. ORU ... racked up 72 goals and 30 assists in high school career.

16 Tori Ruszkowski, MF, Jr.

Has played in 13 games with six starts ... missed games at Memphis and UAPB with concussion ... saw action in 11 games as sophomore and emerged as starter late in season, with eight starts on the year ... played in three games with one start in 2014.

17 Courtney Dike, F, Sr.

One of only seven players in OSU history to achieve all-conference status at least three times in a career as she was named to the All-Big 12 Second Team in each of her first three seasons ... also a two-time NSCAA All-Central Region Third-Team selection (2014 & 2015) ... a 2016 Preseason All-Big 12 selection ... ranks fourth all time at OSU with 30 career goals and is also fifth in assists (20) and points (80) ... leads Big 12 with 24 points and nine goals and is second with six assists ... has recorded goals in nine of OSU's 15 games this season and has a goal and/or assist in 12 games ... twice named Big 12 Offensive Player of the Week (8/23 & 10/11) ... in 2015, led team in assists (7) and points (17) and was second in goals (5), all of which also ranked in top 10 in Big 12 ... had two

goals against Drake, marking fourth multi-goal game of career ... had goal and assist vs. #5 Florida ... earned two caps at the 2015 FIFA Women's World Cup as a member of Nigeria ... first-career cap came against Australia as a reserve and second came when she started against the United States ... missed OSU's first two games of 2014 playing with the Nigerian national team in the Under-20 Women's World Cup in Canada, where she led team to final and runner-up finish ... tied for team lead with three assists in 2014 ... named to the All-Big 12 Second Team and All-Newcomer Team in 2013 ... as a freshman ranked second in Big 12 with 13 goals and 30 points ... 13 goals tied for fourth most in a single season in OSU history ... three multi-goal games were most by a Cowgirl since 2010 ... had game-winning goals in OSU's Big 12 Championship wins over Texas and #7 Texas Tech and was named to all-tournament team ... named Big 12 Offensive Player and Newcomer of the Week on Sept. 3 and Oct. 22.

18 Charmé Morgan, D, Fr.

Has played in all 17 games this season, starting eight ... made first-career start in season opener at Georgia (8/19).

19 Laurene Tresfield, D, Jr.

Appeared in 13 games this season, 10 of those as a starter ... played in 17 games last season, starting 10 ... recorded goals vs. #18 Arizona State and #14 Texas Tech ... played in 20 games with 13 starts as freshman ... notched first-career goal 63 seconds into Dayton match ... native of France who played for French U-17 National Team.

21 Michela Ongaro, GK, Jr.

Ranks in career top 10 at OSU in shutouts (12), saves (182) and GAA (1.13) ... ranks third in Big 12 with career-high 67 saves this season ... played first 73:30 in shutout at Mercer (8/21) ... racked up seven saves vs. Oklahoma (8/26) and Texas (9/30) ... recorded first shutout of season vs. ACU (9/9) ... played first 82:29 in shutout of UTSA (9/11) ... recorded career-high nine saves at Memphis (9/16) ... recorded shutout at Texas Tech (10/7) then racked up eight saves at Kansas (10/9) and earned Big 12 Defensive Player of the Week honors on 10/11 ... also picked up shutout vs. TCU (10/16) ... started all 20 games in goal in 2015 ... recorded five shutouts — vs. Mercer, Gonzaga, Texas, Iowa State and Kansas ... played the majority of minutes in OSU's three other shutouts (Georgia, Drake and Oral Roberts) ... notched seven saves vs. #5 Florida ... missed the 2014 season with knee injury ... was named to the 2013 Big 12 All-Newcomer Team and ranked third in the league in save pct. (.833) and goals against average (0.73) to go along with four shutouts ... had eight saves in win over Texas in opening round of 2013 Big 12 Championship.

23 Haley Woodard, F, So.

Has played in 13 games this season, starting six ... missed four games (ACU, UTSA, UM and UAPB) with concussion ... second on team and sixth in Big 12 with six goals ... recorded assist on OSU's first goal of season at Georgia (8/19) ... scored first goal of season vs. ORU (8/28) ... recorded first multi-goal game of career vs. UCF (9/2) ... also scored vs. #5 Florida (9/4) ... had golden goal vs. Texas in 104th minute (9/30) ... played in 19 games with three starts as a freshman in 2015 ... 13 of 24 shots were on goal ... recorded first-career goal in season opener vs. Mercer ... collected assist vs. #5 Florida ... had game-winning goal vs. Gonzaga ... three-sport standout in high school in soccer, basketball and track & field ... recorded 44 goals and 23 assists as prep.

24 Claire Gantzer, D, Fr.

Has played in all 17 games this season, starting 12 ... made first-career start at Mercer (8/21) ... left-footer has taken 27 of OSU's 89 corner kicks.

28 Christina Jean-Charles, D, Sr.

Played in all 17 games with 13 starts ... recorded goal and assist at Memphis (9/16) ... started all 20 games in her first season at OSU in 2015 and led team in minutes played (1,790) ... tied for eighth in Big 12 with four assists ... recorded first-career assist vs. Georgia ... also had assists against #5 Florida, #18 Arizona State and #14 Texas Tech ... took 51 of OSU's 122 corner kicks and recorded first-career goal on corner kick vs. Gonzaga ... joined Cowgirls after two JUCO seasons at Monroe College in New York City ... started 33 career games for Mustangs ... was NJCAA First-Team All-American as sophomore and led team to NJCAA Division I national title.

29 Rachel VanFossen, MF, So.

Appeared in 14 games, three as starter ... came off bench to make OSU debut at Mercer (8/21) ... earned first-career start vs. ORU (8/28) ... scored first goal as Cowgirl at UAPB (9/18) ... transfer from Arkansas who played in 14 games with five starts as a freshman in 2015 ... recorded first-career goal vs. #10 South Carolina.

33 Holley Brehmer, F, Jr.

Has come off the bench in 15 games this season ... notched assists vs. Georgia (8/19) and ORU (8/28) and recorded a goal at Mercer (8/21) ... came off the bench in 15 games a year ago ... of her three goals, two were game-winners ... collected pair of goals vs. Georgia ... recorded first-career goal in season opener vs. Mercer ... played in nine games as freshman, coming off bench in each.

88 Bri Woodall, MF, Fr.

Has played in 11 games, one as a starter ... came off bench to make collegiate debut vs. ORU (8/28) ... collected first-career goal vs. UTSA (9/11) ... earned first-career start at UAPB (9/18) ... competed for Mexico U-17 National Team.



COWGIRL CAREER STATISTICS

Beffer, Anna

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	15-15	999	3	2	8	25	.120	12	.480	1	0-0
2015	20-16	1391	2	2	6	35	.057	16	.457	1	1-2
2016	17-15	1095	2	5	9	22	.091	5	.227	0	0-0
TOTAL	52-46	3485	7	9	23	82	.085	33	.402	2	1-2

Brehmer, Holly

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	9-0	114	0	0	0	2	.000	2	1.000	0	0-0
2015	15-0	254	3	0	6	7	.429	5	.714	2	0-0
2016	15-0	383	1	2	4	9	.111	5	.556	0	0-0
TOTAL	39-0	751	4	2	10	18	.222	12	.667	2	0-0

Bright, Abbey

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	9-0	209	0	0	0	0	.000	0	.000	0	0-0
2015	13-2	269	0	0	0	1	.000	1	1.000	0	0-0
2016	4-0	73	0	0	0	0	.000	0	.000	0	0-0
TOTAL	26-2	551	0	0	0	1	.000	1	1.000	0	0-0

Calhoun, Natalie

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	22-21	2067	1	0	2	9	.111	4	.444	0	0-0
2014	21-21	1870	0	1	1	8	.000	3	.375	0	0-0
2015	20-20	1743	0	0	0	7	.000	3	.429	0	0-0
2016	17-17	1441	2	0	4	13	.154	4	.308	1	1-1
TOTAL	80-79	7121	3	1	7	37	.081	14	.378	1	1-1

Dike, Courtney

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	22-21	1942	13	4	30	58	.224	30	.517	3	1-1
2014	19-19	1658	3	3	9	49	.061	21	.429	2	0-0
2015	19-19	1499	5	7	17	53	.094	21	.396	1	0-0
2016	17-17	1316	9	6	24	37	.243	18	.486	1	1-1
TOTAL	77-76	6415	30	20	80	197	.152	90	.457	7	2-2

Duke, Lana

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	17-9	837	1	0	2	3	.333	3	1.000	0	0-0
2016	3-0	61	1	0	2	1	1.000	1	1.000	0	0-0
TOTAL	20-9	898	2	0	4	4	.500	4	1.000	0	0-0

Hierholzer, Ashton

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	3-0	55	0	0	0	0	.000	0	.000	0	0-0
2016	2-0	29	0	0	0	0	.000	0	.000	0	0-0
TOTAL	5-0	84	0	0	0	0	.000	0	.000	0	0-0

Season	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2015	3-0	53:47	0	0.00	3	1.000	0	0	0	0.3
2016	2-0	28:39	0	0.00	1	1.000	0	0	0	0.2
TOTAL	5-0	82:26	0	0.00	4	1.000	0	0	0	0.5

Howard, Katie

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	2-0	30	0	0	0	0	.000	0	.000	0	0-0
TOTAL	2-0	30	0	0	0	0	.000	0	.000	0	0-0

Jean-Charles, Chris.

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	20-20	1790	1	4	6	9	.111	2	.222	0	0-0
2016	17-13	1176	1	2	4	2	.500	1	.500	0	0-0
TOTAL	37-33	2966	2	6	10	11	.182	3	.273	0	0-0



COWGIRL CAREER STATISTICS

McDougal, Morgan

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	13-0	204	1	0	2	5	.200	2	.400	0	0-0
2016	5-0	103	1	1	3	4	.250	2	.500	0	0-0
TOTAL	18-0	307	2	1	5	9	.222	4	.444	0	0-0

McKnight, Niki

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	19-18	1700	0	0	0	5	.000	1	.200	0	0-0
2015	7-0	189	2	1	5	3	.667	2	.667	0	0-0
2016	13-7	624	1	2	4	7	.143	4	.571	0	0-0
TOTAL	39-25	2513	3	3	9	15	.200	7	.467	0	0-0

Ongaro, Michela

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2013	14-0	1315	0	1	1	0	.000	0	.000	0	0-0
2015	20-2	1803	0	0	0	0	.000	0	.000	0	0-0
2016	17-0	1479	0	0	0	0	.000	0	.000	0	0-0
TOTAL	51-2	4597	0	1	1	0	.000	0	.000	0	0-0

Season	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2013	14-14	1314:45	12	0.82	52	.812	6	5	3	4
2015	20-20	1803:30	24	1.20	63	.724	9	9	2	5.3
2016	17-16	1498:56	22	1.32	67	.753	7	6	3	3.3
TOTAL	51-50	4617:11	58	1.13	182	.758	22	20	8	12.6

Rivers, Allie

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	18-8	772	0	1	1	7	.000	1	.143	0	0-0
2016	3-0	76	0	1	1	2	.000	2	1.000	0	0-0
TOTAL	21-8	848	0	2	2	9	.000	3	.333	0	0-0

Ruszkowski, Tori

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	3-1	115	0	0	0	1	.000	1	1.000	0	0-0
2015	11-8	757	0	0	0	6	.000	2	.333	0	0-0
2016	13-6	620	0	0	0	5	.000	3	.600	0	0-0
TOTAL	27-15	1492	0	0	0	12	.000	6	.500	0	0-0

Tresfield, Laurene

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2014	20-13	1121	1	0	2	11	.091	5	.455	1	0-0
2015	17-10	902	2	1	5	8	.250	4	.500	0	0-0
2016	13-10	778	0	0	0	1	.000	1	1.000	0	0-0
TOTAL	50-33	2801	3	1	7	20	.150	10	.500	1	0-0

Woodard, Haley

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	19-3	714	3	1	7	24	.125	13	.542	1	0-0
2016	13-6	649	6	1	13	27	.222	17	.630	1	0-0
TOTAL	32-9	1363	9	2	20	51	.176	30	.588	2	0-0

Zoller, Marlo

Season	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2015	20-19	1334	4	2	10	48	.083	21	.438	0	0-0
2016	17-15	1100	4	3	11	48	.083	22	.458	2	0-0
TOTAL	37-34	2434	8	5	21	96	.083	43	.448	2	0-0



COWGIRLS IN THE RANKINGS

NSCAA (Oct. 18)		Soccer America (Oct. 18)		Top Drawer Soccer (Oct. 24)		HERO Sports (Oct. 24)	
1. West Virginia	13-1-1	1. West Virginia	13-1-1	1. West Virginia	15-1-1	1. USC	13-3-0
2. South Carolina	14-0-1	2. Georgetown	12-1-2	2. South Carolina	16-0-1	2. Stanford	14-1-1
3. Stanford	12-1-1	3. South Carolina	14-0-1	3. USC	13-3-0	3. BYU	13-2-1
4. Duke	11-2-2	4. Stanford	12-1-1	4. Stanford	14-1-1	4. South Carolina	16-0-1
5. USC	11-3-0	5. USC	11-3-0	5. BYU	13-2-1	5. Virginia	12-3-2
6. BYU	12-2-1	6. Duke	11-2-2	6. Duke	12-3-2	6. West Virginia	15-1-1
7. Georgetown	12-1-2	7. Florida State	10-2-2	7. Virginia	12-3-2	7. Florida	12-4-0
8. Virginia	10-3-2	8. California	12-2-1	8. UCLA	12-3-1	8. UCLA	12-3-1
9. Florida State	10-2-2	9. BYU	12-2-1	9. Florida State	12-2-2	9. Clemson	12-3-2
10. California	12-2-1	10. Virginia	10-3-2	10. Georgetown	13-2-2	10. Minnesota	12-3-3
11. Auburn	11-4-0	11. Notre Dame	10-2-3	11. Notre Dame	11-2-4	11. California	12-3-2
12. UCLA	10-3-1	12. North Carolina	8-3-3	12. Florida	12-4-0	12. Duke	12-3-2
13. Minnesota	12-3-2	13. UCLA	10-3-1	13. Clemson	12-3-2	13. Georgetown	13-2-2
14. Notre Dame	10-2-3	14. Penn State	10-2-4	14. Connecticut	14-2-1	14. North Carolina	10-3-3
15. Arkansas	13-3-0	15. Clemson	10-3-2	15. California	12-3-1	15. Notre Dame	11-2-4
16. Penn State	10-2-4	16. Connecticut	13-2-1	16. North Carolina	10-3-3	16. Oklahoma	12-4-2
17. Clemson	10-3-2	17. Auburn	11-4-0	17. Minnesota	12-3-3	17. Pepperdine	11-3-3
18. North Carolina	8-3-3	18. Arkansas	13-3-0	18. Northwestern	13-1-3	18. Auburn	12-5-0
19. Pepperdine	10-3-3	19. Florida	10-3-0	19. Pepperdine	11-3-3	19. Utah	10-3-3
20. Florida	10-3-0	20. Minnesota	12-3-2	20. Arkansas	14-4-0	20. Florida State	12-2-2
21. Connecticut	13-2-1	21. Northwestern	13-1-2	21. Penn State	10-3-4	21. Colorado	13-4-0
22. Colorado	12-3-0	22. Colorado	12-3-0	22. Kansas	9-4-4	22. Penn State	10-3-4
23. Northwestern	13-1-2	23. Utah	10-2-2	23. Utah	10-3-3	23. Santa Clara	6-6-4
24. Baylor	11-4-1	24. Pepperdine	10-3-3	24. Oklahoma	12-4-2	24. Long Beach State	7-6-3
25. Virginia Tech	10-4-2	25. Virginia Tech	10-4-2	25. Colorado	13-4-0	25. Nebraska	10-5-3

Cowgirls Week-By-Week In The National Polls

	NSCAA	Soccer America	HERO Sports	TDS
<i>Preseason</i>	Not Ranked	Not Ranked	37	Not Ranked
<i>Aug. 22/23</i>	Not Ranked	Not Ranked	34	Not Ranked
<i>Aug. 29/30</i>	Not Ranked	Not Ranked	35	Not Ranked
<i>Sept. 5/6</i>	Not Ranked	Not Ranked	50	Not Ranked
<i>Sept. 12/13</i>	Not Ranked	Not Ranked	55	Not Ranked
<i>Sept. 19/20</i>	Not Ranked	Not Ranked	55	Not Ranked
<i>Sept. 26/27</i>	Not Ranked	Not Ranked	75	Not Ranked
<i>Oct. 3/4</i>	Not Ranked	Not Ranked	74	Not Ranked
<i>Oct. 10/11</i>	Not Ranked	Not Ranked	57	Not Ranked
<i>Oct. 17/18</i>	Not Ranked	Not Ranked	46	Not Ranked
<i>Oct. 24/25</i>	Not Ranked	Not Ranked	49	Not Ranked

NSCAA Central Region Rankings (Oct. 18)

1. West Virginia	13-1-1
2. Baylor	11-4-1
3. Oklahoma	11-4-1
4. Kansas	8-4-3
5. Texas Tech	8-5-2
6. North Texas	10-4-1
7. Oklahoma State	8-6-3
8. Iowa State	8-6-1
9. Western Kentucky	11-5-0
10. TCU	8-4-2

2016 Big 12 Conference Preseason Poll (selected by league's head coaches)

	Points
1. West Virginia (8)	64
2. Texas Tech (1)	57
3. Oklahoma	42
4. Baylor	35
5. Oklahoma State	34
6. Texas	32
7. Kansas	30
8. TCU	22
9. Iowa State	8

First-place votes in parentheses



2016 OVERALL STATISTICS

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	8-6-3	4-5	4-1-3	0-0
CONFERENCE	3-3-1	1-3	2-0-1	0-0
NON-CONFERENCE	5-3-2	3-2	2-1-2	0-0

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
Aug 19	at Georgia	To2 2-2	1775	17	Dike, Courtney	17	9	6	24	37	.243	18	.486	1	1-1
Aug 21	at Mercer	W 3-0	392	9	Jones, Jaci	16	5	4	14	22	.227	9	.409	2	0-0
Aug 26	at Oklahoma	L 0-1	1886	23	Woodard, Haley	13	6	1	13	27	.222	17	.630	1	0-0
Aug 28	ORAL ROBERTS	W 4-1	755	14	Zoller, Marlo	17	4	3	11	48	.083	22	.458	2	0-0
Sep 02	UCF	Lot 2-3	511	6	Baffer, Anna	17	2	5	9	22	.091	5	.227	0	0-0
Sep 04	#5 FLORIDA	L 2-7	388	8	Lenhardt, Julia	17	2	3	7	13	.154	7	.538	1	0-0
Sep 09	ABILENE CHRISTIAN	W 2-0	303	5	Calhoun, Natalie	17	2	0	4	13	.154	4	.308	1	1-1
Sep 11	UTSA	W 5-0	324	33	Brehmer, Holly	15	1	2	4	9	.111	5	.556	0	0-0
Sep 16	at Memphis	To2 2-2	432	11	McKnight, Niki	13	1	2	4	7	.143	4	.571	0	0-0
Sep 18	at Arkansas-Pine Bluff	W 8-0	46	28	Jean-Charles, Chris.	17	1	2	4	2	.500	1	.500	0	0-0
* Sep 23	IOWA STATE	L 0-1	476	88	Woodall, Bri	11	1	1	3	8	.125	5	.625	0	0-0
* Sep 25	BAYLOR	Lot 1-2	288	35	McDougal, Morgan	5	1	1	3	4	.250	2	.500	0	0-0
* Sep 30	at Texas	Wo2 2-1	810	29	VanFossen, Rachel	14	1	0	2	11	.091	2	.182	0	0-0
* Oct 07	at Texas Tech	W 1-0	1592	20	Duke, Lana	3	1	0	2	1	1.000	1	1.000	0	0-0
* Oct 09	at Kansas	To2 1-1	1178	10	Hawn, Elise	16	1	0	2	1	1.000	1	1.000	0	0-0
* Oct 14	OKLAHOMA	L 0-2	1288	7	Rivers, Allie	3	0	1	1	2	.000	2	1.000	0	0-0
* Oct 16	TCU	W 3-0	376	24	Gantzer, Claire	17	0	0	0	7	.000	2	.286	0	0-0
TEAM STATISTICS				OSU		OPP									
SHOT STATISTICS															
Goals-Shot attempts		38-245	23-218	22	Sow, Coumba	2	0	0	0	2	.000	1	.500	0	0-0
Goals scored per game		2.24	1.35	19	Tresfield, Laurene	13	0	0	0	1	.000	1	1.000	0	0-0
Shot pct.		.155	.106	21	Ongaro, Michela	17	0	0	0	0	.000	0	.000	0	0-0
Shots on goal-Attempts		112-245	93-218	12	Bright, Abbey	4	0	0	0	0	.000	0	.000	0	0-0
SOG pct.		.457	.427	4	Greenlee, Dani	3	0	0	0	0	.000	0	.000	0	0-0
Shots/Game		14.4	12.8	3	Siragusa, Kirsten	13	0	0	0	0	.000	0	.000	0	0-0
CORNER KICKS		89	91	0	Hierholzer, Ashton	2	0	0	0	0	.000	0	.000	0	0-0
PENALTY KICKS		2-2	2-2	Total 17 38 31 107 245 .155 112 .457 8 2-2											
PENALTIES				Opponents 17 23 14 60 218 .106 93 .427 6 2-2											
Yellow cards		21	17	#	Goalie	GP	Min.		GA	GAAvg		Saves	Pct	W-L-T	Sho
Red cards		2	0	0	Hierholzer, Ashton	2	28:39		0	0.00		1	1.000	0-0-0	0/2
ATTENDANCE				4	Greenlee, Dani	3	86:53		1	1.04		1	.500	1-0-0	0/2
Total		4709	8111	21	Ongaro, Michela	17	1498:56		22	1.32		67	.753	7-6-3	3/3
Dates/Avg Per Date		9/523	8/1014	Total 17 1614:28 23 1.28 70 .753 8-6-3 6											
Neutral Site #/Avg		0/0		Opponents 17 1614:28 38 2.12 74 .661 6-8-3 3											

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
17	Dike, Courtney	17	9	6	24	37	.243	18	.486	1	1-1
9	Jones, Jaci	16	5	4	14	22	.227	9	.409	2	0-0
23	Woodard, Haley	13	6	1	13	27	.222	17	.630	1	0-0
14	Zoller, Marlo	17	4	3	11	48	.083	22	.458	2	0-0
6	Baffer, Anna	17	2	5	9	22	.091	5	.227	0	0-0
8	Lenhardt, Julia	17	2	3	7	13	.154	7	.538	1	0-0
5	Calhoun, Natalie	17	2	0	4	13	.154	4	.308	1	1-1
33	Brehmer, Holly	15	1	2	4	9	.111	5	.556	0	0-0
11	McKnight, Niki	13	1	2	4	7	.143	4	.571	0	0-0
28	Jean-Charles, Chris.	17	1	2	4	2	.500	1	.500	0	0-0
88	Woodall, Bri	11	1	1	3	8	.125	5	.625	0	0-0
35	McDougal, Morgan	5	1	1	3	4	.250	2	.500	0	0-0
29	VanFossen, Rachel	14	1	0	2	11	.091	2	.182	0	0-0
20	Duke, Lana	3	1	0	2	1	1.000	1	1.000	0	0-0
10	Hawn, Elise	16	1	0	2	1	1.000	1	1.000	0	0-0
7	Rivers, Allie	3	0	1	1	2	.000	2	1.000	0	0-0
24	Gantzer, Claire	17	0	0	0	7	.000	2	.286	0	0-0
16	Ruszkowski, Tori	13	0	0	0	5	.000	3	.600	0	0-0
18	Morgan, Charme	17	0	0	0	3	.000	0	.000	0	0-0
22	Sow, Coumba	2	0	0	0	2	.000	1	.500	0	0-0
19	Tresfield, Laurene	13	0	0	0	1	.000	1	1.000	0	0-0
21	Ongaro, Michela	17	0	0	0	0	.000	0	.000	0	0-0
12	Bright, Abbey	4	0	0	0	0	.000	0	.000	0	0-0
4	Greenlee, Dani	3	0	0	0	0	.000	0	.000	0	0-0
3	Siragusa, Kirsten	13	0	0	0	0	.000	0	.000	0	0-0
0	Hierholzer, Ashton	2	0	0	0	0	.000	0	.000	0	0-0
Total		17	38	31	107	245	.155	112	.457	8	2-2
Opponents		17	23	14	60	218	.106	93	.427	6	2-2

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
0	Hierholzer, Ashton	2	28:39	0	0.00	1	1.000	0-0-0	0/2
4	Greenlee, Dani	3	86:53	1	1.04	1	.500	1-0-0	0/2
21	Ongaro, Michela	17	1498:56	22	1.32	67	.753	7-6-3	3/3
Total		17	1614:28	23	1.28	70	.753	8-6-3	6
Opponents		17	1614:28	38	2.12	74	.661	6-8-3	3

Goals by Period	1st	2nd	OT	OT2	Total
Oklahoma State	17	20	0	1	38
Opponents	3	18	2	0	23

Shots by Period	1st	2nd	OT	OT2	Total
Oklahoma State	115	118	8	4	245
Opponents	82	122	8	6	218

Saves by Period	1st	2nd	OT	OT2	Total
Oklahoma State	33	32	2	3	70
Opponents	31	40	3	0	74

Corners by Period	1st	2nd	OT	OT2	Total
Oklahoma State	39	47	2	1	89
Opponents	26	57	5	3	91

Fouls by Period	1st	2nd	OT	OT2	Total
Oklahoma State	123	114	8	0	245
Opponents	95	114	8	3	220



2016 BIG 12 STATISTICS

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	3-3-1	1-3	2-0-1	0-0
CONFERENCE	3-3-1	1-3	2-0-1	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

Date	Opponent	Score	Att.
* Sep 23	IOWA STATE	L 0-1	476
* Sep 25	BAYLOR	Lot 1-2	288
* Sep 30	at Texas	Wo2 2-1	810
* Oct 07	at Texas Tech	w 1-0	1592
* Oct 09	at Kansas	To2 1-1	1178
* Oct 14	OKLAHOMA	L 0-2	1288
* Oct 16	TCU	w 3-0	376

TEAM STATISTICS	OSU	OPP
SHOT STATISTICS		
Goals-Shot attempts	8-69	7-107
Goals scored per game	1.14	1.00
Shot pct.	.116	.065
Shots on goal-Attempts	24-69	41-107
SOG pct.	.348	.383
Shots/Game	9.9	15.3
CORNER KICKS	23	52
PENALTY KICKS	1-1	0-0
PENALTIES		
Yellow cards	13	4
Red cards	0	0
ATTENDANCE		
Total	2428	3580
Dates/Avg Per Date	4/607	3/1193
Neutral Site #/Avg	0/0	

#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
17	Dike, Courtney	7	3	2	8	9	.333	3	.333	0	1-1
14	Zoller, Marlo	7	2	0	4	16	.125	6	.375	1	0-0
23	Woodard, Haley	7	2	0	4	11	.182	6	.545	1	0-0
9	Jones, Jaci	7	1	1	3	9	.111	3	.333	1	0-0
8	Lenhardt, Julia	7	0	1	1	7	.000	4	.571	0	0-0
11	McKnight, Niki	7	0	1	1	2	.000	0	.000	0	0-0
6	Beffer, Anna	7	0	1	1	2	.000	0	.000	0	0-0
5	Calhoun, Natalie	7	0	0	0	7	.000	1	.143	0	0-0
29	VanFossen, Rachel	5	0	0	0	2	.000	0	.000	0	0-0
33	Brehmer, Holly	5	0	0	0	1	.000	0	.000	0	0-0
19	Tresfield, Laurene	6	0	0	0	1	.000	1	1.000	0	0-0
18	Morgan, Charme	7	0	0	0	1	.000	0	.000	0	0-0
16	Ruszkowski, Tori	5	0	0	0	1	.000	0	.000	0	0-0
88	Woodall, Bri	4	0	0	0	0	.000	0	.000	0	0-0
35	McDougal, Morgan	1	0	0	0	0	.000	0	.000	0	0-0
28	Jean-Charles, Chris.	7	0	0	0	0	.000	0	.000	0	0-0
24	Gantzer, Claire	7	0	0	0	0	.000	0	.000	0	0-0
10	Hawn, Elise	7	0	0	0	0	.000	0	.000	0	0-0
3	Siragusa, Kirsten	5	0	0	0	0	.000	0	.000	0	0-0
Total		7	8	6	22	69	.116	24	.348	3	1-1
Opponents		7	7	3	17	107	.065	41	.383	3	0-0

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
21	Ongaro, Michela	7	668:40	7	0.94	34	.829	3-3-1	2/0
Total		7	668:40	7	0.94	34	.829	3-3-1	2
Opponents		7	668:40	8	1.08	16	.667	3-3-1	2

Goals by Period	1st	2nd	OT	OT2	Total
Oklahoma State	5	2	0	1	8
Opponents	2	4	1	0	7

Shots by Period	1st	2nd	OT	OT2	Total
Oklahoma State	34	30	4	1	69
Opponents	39	60	6	2	107

Saves by Period	1st	2nd	OT	OT2	Total
Oklahoma State	14	18	1	1	34
Opponents	6	8	2	0	16

Corners by Period	1st	2nd	OT	OT2	Total
Oklahoma State	12	10	1	0	23
Opponents	19	29	3	1	52

Fouls by Period	1st	2nd	OT	OT2	Total
Oklahoma State	62	51	6	0	119
Opponents	39	50	4	1	94