

## Mel Tjeerdsma Classic

## **MEET INFORMATION**

Saturday, December 6<sup>th</sup>, 2025



Site: Hughes Fieldhouse – Nodaway Valley Bank Track - Northwest Missouri State University

Admission: Entry for spectators will be through the upper East side doors ONLY.

\$5 Admission will be taken at the door via Card ONLY.

Starting Time: Running events start at Noon.

Field events - will start at 11am or 3pm.

**Entries:** Entries will be accepted through www.directathletics.com only. Entries site opens at

Noon on Sunday, Nov 30<sup>th</sup>, and **closes on Thursday, Dec 4<sup>th</sup> at 6:00 pm.** Payment must be submitted online through directathletics before the deadline for entries to be

considered.

**Oval Sprints:** An athlete may be entered in only ONE of the following events.

400m, 600y, 800m -- Enter only one of these events per athlete.

**Entry Fee:** \$50 per athlete, maximum of \$500 per gender (Men's and Women's teams separate).

Entry fees will be paid through Direct Athletics ONLY, all entry fees are NON

REFUNDABLE. Payment must be received before the entry deadline for entries to be accepted. Entry fees are based upon the number of athletes entered at the entry

deadline. Entries are final Thursday, Dec 4th, at 6:00 pm.

**Check In:** Check in/hip number table will be located on the turf between the throws and the team

camp area. An updated schedule will be emailed to teams prior to arrival.

**Facilities:** 300 meter Beynon BSS 300 surface with 6 lanes on the oval and 8 on the straights.

Jumping areas are Beynon BSS 300. Tape only for jump marks on runway, chalk and cones will not be permitted. Pole Vault will be contested in the Southwest corner on FRIDAY DECEMBER 5TH Starting at 6pm. Throwing events will be contested off of

wooden platforms on the infield.

Men's Long Jump Board – 3m

Men's Triple Jump Board – 12.5m

Women's Triple Jump Board – 9.5m

**Implement Weigh In:** All implements will be weighed in at the throwing venue prior to the start of event.

Athletes need to bring implements with them when they check in with the head official.

Clerking:

Check in/hip number table will be located on the turf between the throws and the team camp area. Please check in and get hip numbers 30 minutes prior to the start of the event. Participants in the 200m dash and the 4x400m relay will be asked to declare their intent at the hip number table prior to their race to determine seeding (see schedule for timing). Relay cards will be available at the check in table. A no show to declare is interpreted as a scratch.

Spikes: 1/8" or 1/4" pyramid only, please. No needle spikes or compression spikes will be allowed.

**Shoes/World Athletics:** 

1/8" or 1/4" pyramid only, please. No needle spikes or compression spikes will be allowed. World Athletics and USA Track & Field policies stipulate that marks considered for qualification to their championships must come from competitions that are sanctioned by World Athletics/USATF and comply with their rulebook. Although this meet will be conducted under NCAA rules, it is also sanctioned by both World Athletics and USATF. As such, results will be reported to TFRRS as well as World Athletics/USATF, with any rule violations, as per the World Athletics rulebook, noted. The selection of competitors shoes to be checked is at the discretion of the Shoe Control Officer. Shoes must be listed on the World Athletics Approved list

(https://certcheck.worldathletics.org/FullList) and any violation will result in disqualification per NCAA Rule 6, Article 5. Athletes will be randomly selected for shoe check. Please make sure all

competitors bring their shoes with them to check in.

Live/Final Results: Live Results will be available at www.blacksquirreltiming.com during the meet...

Final results will be available on the following websites:

www.bearcatsports.com www.blacksquirreltiming.com

Trainer:

Athletic trainers will be available during the meet to administer first aid. The athletic trainers will have a satellite Sports Medicine Center in Hughes Fieldhouse located in the northeast hallway. Treatments available are primarily heat and ice, and any bandaging. Special considerations can be made to use the full Sports Medicine Center in the Lamkin Activity Center if the school travels with an athletic trainer. Athletes need to have a note from their athletic trainer with details of their specific treatment needs if the athletic trainer is not able to travel. Please bring your own athletic tape and other necessary supplies. Please contact our track specific athletic trainer, Chapin Yourison at <a href="mailto:cwehde@nwmissouri.edu">cwehde@nwmissouri.edu</a> for more specific meet day athletic training info.

Additional Info: Northwest Missouri State University - Meet Management

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