
Northwestern University Volleyball

‘CATS CHRONICLE

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Welcome Back Wildcats!

With the holidays behind us, the team is settling back into campus life and training routines. We're taking a steady approach this quarter, focusing on getting back into the groove and gradually building momentum. This intentional "start slow" philosophy ensures our players stay healthy, both physically and mentally, as they gear up for a productive season ahead.



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Recruiting News

The coaching staff is hard at work on recruiting efforts, identifying talented student-athletes who embody the spirit of Northwestern Volleyball. We're excited to bring in new faces who will not only strengthen our program but also contribute to the culture of excellence and camaraderie that we cherish



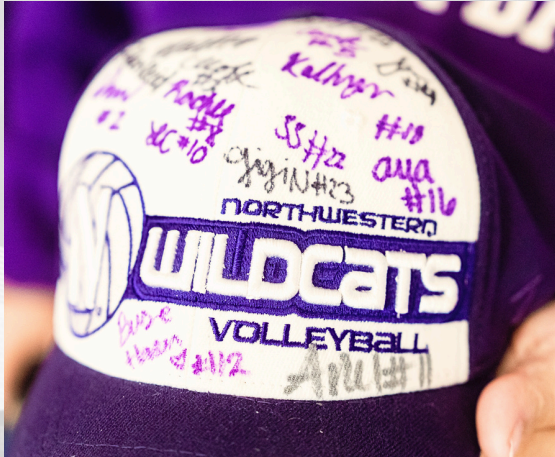
Meet our Newest Addition Campbell Paris

We're excited to introduce Campbell Paris, our newest transfer player joining the team this winter! Hailing from Barrington, IL, Campbell is an outside hitter who brings a skilled presence to the court.

Read more about Campbell [HERE!](#)

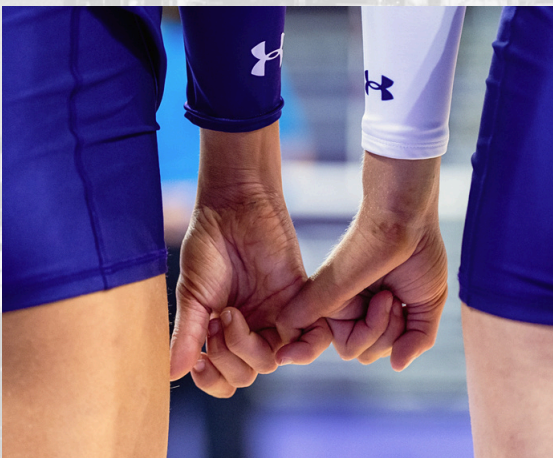


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Alumni Spotlight

This quarter, we'll continue to highlight the incredible achievements of our alumni. From professional successes to personal milestones, we're proud of the legacy our graduates have built. If you'd like to share your story, please reach out—we'd love to feature you in our next issue.



Save the Dates

Mark your calendars for our upcoming alumni events! We'll have one on **March 7th** and one in May. These event's will be the perfect chance for alumni to engage with the team and hear more about the progress we're making. **Stay tuned for more details soon.**



Looking Ahead to Community Service

One of our priorities this quarter is giving back. The team is eager to participate in community service initiatives that allow us to connect with and support the Evanston area. These projects not only deepen our bonds with the community but also reinforce the values of leadership and teamwork that guide us on and off the court.



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Meli's Musings

Our incredible Equipment Manager, Meli has been with Northwestern Volleyball for 35 years! That's 875 games and counting. She's seen it all from before rally scoring was a thing, Meli was already a pro at keeping us in check (and she definitely didn't need a scoreboard to know what was up!).

Check back every month for thoughts from Meli!



LOVB CEO Katlyn Gao, is an NU Alum

Northwestern alum Katlyn Gao is making a big impact as CEO of League One Volleyball. Her time at Northwestern, helped shape her strong work ethic and collaborative spirit—qualities she now brings to her work, much like our Northwestern Volleyball team's commitment to teamwork and excellence. We're proud to see Katlyn's success!

Read more [HERE!](#)



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Thank You!

To our readers, your unwavering support means the world to us. To our alumni, your continued connection inspires and uplifts our program. Together, we're creating something extraordinary. Let's make this winter quarter a strong start to an exciting year ahead. And remember to share our newsletter with other NU Volleyball fans, by sharing the sign up form **[HERE!](#)**

Go Cats!
Northwestern Volleyball Coaching Staff

