

NSU ATHLETICS

PLAYING AND PRACTICE SCHEDULE FOR VOLLEYBALL

Declaration of Playing Week:

For purpose of countable hours my week begins with (day) _____ and ends with (day) _____

My typical day off each week will be on _____

Once I declare the date my week begins, I cannot change until the next academic year

Championship Segment

First day of practice (17 days before first contest) _____

Date of first competition _____

Number of contests during championship season: (not including exhibitions, exemptions, and postseason) _____

Non-Championship Segment

Date of first spring practice (after Feb 15) _____

End date for spring practice (1 week before finals) _____

Total number of spring practices: _____

First date of spring competitions _____

Head Coach: _____

Date: _____