

# NSU ATHLETICS

## PLAYING AND PRACTICE SCHEDULE FOR SOFTBALL

### Declaration of Playing Week:

For purpose of countable hours my week begins with (day) \_\_\_\_\_ and ends with (day) \_\_\_\_\_

My typical day off each week will be on \_\_\_\_\_

Once I declare the date my week begins, I cannot change until the next academic year

### Championship Segment

First day of practice (After Jan 10) \_\_\_\_\_

Date of first competition (After Feb 1) \_\_\_\_\_

End date of Practice and competition: \_\_\_\_\_

Number of contests during championship season: (not including exhibitions, exemptions, and postseason) \_\_\_\_\_

### Non-Championship Segment

Date of first fall practice (after Sept 7th) \_\_\_\_\_

Date of last fall practice (Before Nov 15th): \_\_\_\_\_

Date of preseason scrimmages: \_\_\_\_\_

Number of fall scrimmages: \_\_\_\_\_

Date individual practice begins: \_\_\_\_\_

Date individual practice ends: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Date: \_\_\_\_\_