

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Heptathlon****Women Heptathlon**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Hutzler, Dakota Northern State SR Team Points: 10	4464	15.54 w: 0.5 (772)	1.54m 5-00.5 (666)	9.68m 31-09.25 (509)	27.12 w: 0.4 (702)	2649	5.07m w: 0.8 (578)	33.25m 109-01 (538)	2:29.53 (699)
2 Olson, Emily Sioux Falls SR Team Points: 8	4422	14.99 w: 0.5 (843)	1.48m 4-10.25 (599)	10.47m 34-04.25 (560)	27.10 w: 1.5 (704)	2706	5.24m w: 0.6 (626)	31.20m 102-04 (499)	2:38.41 (591)
3 Schoustra, Mackenzi Concordia-St. Paul SR Team Points: 6	4291	15.70 w: -1.4 (751)	1.51m 4-11.5 (632)	10.32m 33-10.25 (550)	27.54 w: 0.4 (668)	2601	4.77m w: 2.1 (498)	29.19m 95-09 (461)	2:26.98 (731)
4 Christenson, Libby Bemidji State JR Team Points: 5	4278	15.87 w: 0.5 (730)	1.60m 5-03 (736)	9.75m 32-00 (513)	27.82 w: 1.5 (645)	2624	4.78m w: 0.6 (500)	26.49m 86-11 (410)	2:25.98 (744)
5 Swanson, Emily Sioux Falls FR Team Points: 4	4244	16.03 w: -1.4 (711)	1.60m 5-03 (736)	9.65m 31-08 (507)	27.66 w: 1.5 (658)	2612	4.98m w: 1.3 (554)	25.03m 82-01 (383)	2:29.86 (695)
6 Tucker, Aneesa Bemidji State JR Team Points: 2.5	4218	15.99 w: 0.4 (715)	1.45m 4-09 (566)	8.64m 28-04.25 (441)	26.79 w: 1.5 (729)	2451	5.23m w: 2.2 (623)	23.78m 78-00 (359)	2:22.85 (785)
6 Sunnarborg, Samanth Minnesota State FR Team Points: 2.5	4218	16.70 w: -0.4 (631)	1.54m 5-00.5 (666)	9.89m 32-05.5 (522)	27.11 w: 1.5 (703)	2522	4.70m w: 0.8 (479)	30.19m 99-00 (480)	2:26.56 (737)
8 Curtice, Emily Bemidji State FR Team Points: 1	4135	16.34 w: -0.9 (673)	1.45m 4-09 (566)	9.94m 32-07.5 (526)	27.11 w: 0.4 (703)	2468	4.58m w: 2.8 (448)	35.60m 116-09 (583)	2:34.60 (636)
9 Rule, Shantelle U-Mary JR	4047	15.12 w: 0.5 (826)	1.48m 4-10.25 (599)	10.04m 32-11.25 (532)	27.42 w: 0.4 (677)	2634	4.31m w: 1.7 (381)	29.95m 98-03 (476)	2:41.51 (556)
10 Mlejnek, Jasmine Minnesota State FR	4011	16.60 w: -0.9 (642)	1.57m 5-01.75 (701)	8.85m 29-00.5 (454)	28.86 w: 2.2 (565)	2362	4.98m w: 1.1 (554)	32.03m 105-01 (515)	2:39.39 (580)
11 Stone, Zoe Minnesota State SO	3984	16.89 w: -0.9 (609)	1.63m 5-04.25 (771)	11.24m 36-10.5 (611)	28.49 w: 2.2 (593)	2584	4.92m w: 1.0 (538)	24.53m 80-06 (373)	2:47.58 (489)
12 Weatherly, Emma Minnesota State FR	3981	15.41 w: 0.5 (788)	1.54m 5-00.5 (666)	7.95m 26-01 (396)	27.75 w: 2.2 (651)	2501	5.09m w: 0.9 (584)	20.03m 65-08 (289)	2:37.03 (607)
13 Sowada, Sophia Msu-Moorhead SO	3937	16.11 w: 0.4 (701)	1.51m 4-11.5 (632)	9.81m 32-02.25 (517)	27.57 w: 2.2 (665)	2515	4.54m w: 1.9 (438)	18.29m 60-00 (257)	2:27.33 (727)

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14	Johnson, Jocelyn St. Cloud State SR	15.80 w: -1.4 3822 (739)	1.54m 5-00.5 (666)	9.41m 30-10.5 (491)	27.40 w: 2.2 (679)	4.16m w: -0.5 (345)	19.13m 62-09 (273)	2:35.18 (629)
15	Bartles, Kailee Minnesota State FR	16.22 w: -0.4 3757 (688)	1.42m 4-07.75 (534)	10.10m 33-01.75 (536)	27.78 w: 1.5 (648)	4.43m w: 1.2 (411)	29.66m 97-04 (470)	2:49.35 (470)
16	Wendel, Allie Msu-Moorhead FR	15.89 w: -0.4 3715 (728)	1.51m 4-11.5 (632)	8.74m 28-08.25 (447)	27.14 w: 0.4 (700)	4.64m w: -0.8 (464)	20.46m 67-01 (297)	2:51.59 (447)
17	Gilles, Megan Minnesota-Duluth FR	16.03 w: 0.5 3684 (711)	1.30m 4-03.25 (409)	9.17m 30-01 (475)	26.82 w: 0.4 (727)	4.32m w: 0.5 (384)	24.98m 81-11 (382)	2:37.97 (596)
18	Marteau, Noa Augustana FR	15.28 w: -1.4 3668 (805)	1.42m 4-07.75 (534)	8.27m 27-01.75 (417)	26.76 w: 0.4 (732)	5.14m w: 1.0 (598)	11.07m 36-04 (125)	2:50.63 (457)
19	London, Bryn Minnesota-Duluth FR	16.09 w: -0.9 3658 (703)	1.60m 5-03 (736)	8.71m 28-07 (445)	28.98 w: 2.2 (556)	4.48m w: 2.1 (423)	25.83m 84-09 (398)	2:56.60 (397)
20	Serrao, Adla Msu-Moorhead FR	15.80 w: 0.5 3615 (739)	1.39m 4-06.75 (502)	8.37m 27-05.5 (423)	27.92 w: 1.5 (637)	4.73m w: 1.4 (487)	24.44m 80-02 (372)	2:50.85 (455)
21	Czech, Victoria St. Cloud State FR	16.63 w: 0.4 3571 (639)	1.39m 4-06.75 (502)	9.73m 31-11.25 (512)	28.33 w: 2.2 (605)	4.47m w: 1.7 (421)	29.80m 97-09 (473)	2:54.36 (419)
22	Fultz, Natalie Bemidji State FR	16.63 w: -0.4 3540 (639)	1.42m 4-07.75 (534)	7.08m 23-02.75 (340)	27.46 w: 1.5 (674)	4.50m w: 1.5 (428)	20.80m 68-03 (304)	2:35.89 (621)
23	Mickelson, Isadora SW Minnesota St. SO	16.47 w: 0.4 2984 (658)	1.36m 4-05.5 (470)	8.61m 28-03 (439)	29.29 w: 2.2 (533)	4.54m w: 0.7 (438)	11.07m 36-04 (125)	3:04.92 (321)
DNF	Schaefer, Elizabeth Augustana FR	14.59 w: 0.5 (897)	1.42m 4-07.75 (534)	DNF (0)	DNF (0)	DNF (0)	DNS (0)	 (0)

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Decathlon****Men Decathlon**

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
1 Woelber, Tyl Augustana SO Team Points: 10	7302	11.24 w: 1.6 (808)	6.91m w: 1.5 (792)	12.46m 40-10.5 (634)	2.11m 6-11 (906)	51.26 (757) 3897	15.64 w: 1.3 (774)	38.65m 126-10 (637)	4.30m 14-01.25 (702)	57.75m 189-06 (704)	4:55.22 (588)
2 Lilly, Noah Wayne State (Neb.) SO Team Points: 8	6368	11.41 w: 2.3 (771)	6.16m w: -0.5 (621)	10.61m 34-09.75 (522)	1.84m 6-00.5 (661)	52.72 (694) 3269	15.37 w: 1.3 (805)	31.01m 101-09 (484)	4.30m 14-01.25 (702)	50.91m 167-00 (602)	5:09.50 (506)
3 Malsam, Bryce Northern State SR Team Points: 6	6112	11.47 w: 1.6 (759)	6.19m w: 0.4 (628)	11.80m 38-08.75 (594)	1.81m 5-11.25 (636)	53.17 (674) 3291	15.54 w: 1.3 (785)	29.42m 96-06 (453)	4.30m 14-01.25 (702)	42.15m 138-03 (473)	5:28.33 (408)
4 Dupee, Caden Minnesota-Duluth FR Team Points: 5	6065	11.58 w: 2.3 (736)	6.32m w: -0.6 (657)	10.73m 35-02.5 (530)	1.84m 6-00.5 (661)	52.51 (703) 3287	16.15 w: 0.9 (716)	28.65m 94-00 (438)	3.60m 11-09.75 (509)	46.27m 151-10 (534)	4:56.26 (581)
5 O'Connor, Ian Minnesota-Duluth JR Team Points: 4	6048	11.51 w: 1.6 (750)	5.91m w: +0.0 (567)	10.68m 35-00.5 (527)	1.93m 6-04 (740)	53.21 (673) 3257	15.77 w: 1.3 (759)	30.33m 99-06 (471)	3.60m 11-09.75 (509)	39.37m 129-02 (433)	4:49.99 (619)
6 Tordsen, Jakob Concordia-St. Paul JR Team Points: 3	5872	11.66 w: 2.3 (719)	6.36m w: +0.0 (666)	12.35m 40-06.25 (628)	1.90m 6-02.75 (714)	52.69 (695) 3422	16.74 w: 0.9 (652)	36.19m 118-09 (588)	NH (0)	53.45m 175-04 (640)	4:58.14 (570)
7 Kollberg, Mathias Augustana FR Team Points: 2	5846	11.22 w: 1.6 (812)	6.97m w: -0.5 (807)	9.29m 30-05.75 (443)	1.90m 6-02.75 (714)	51.70 (738) 3514	17.91 w: 0.9 (533)	26.20m 85-11 (390)	3.20m 10-06 (406)	37.15m 121-10 (401)	4:52.74 (602)
8 Johnson, Arik Concordia-St. Paul JR Team Points: 1	5729	11.51 w: 1.6 (750)	5.76m w: -0.5 (535)	9.40m 30-10.25 (450)	1.90m 6-02.75 (714)	52.96 (683) 3132	16.00 w: 0.9 (733)	31.41m 103-01 (492)	3.70m 12-01.5 (535)	34.05m 111-08 (357)	5:14.35 (480)
9 Denes, Tyler Minnesota State FR	5428	11.48 w: 1.6 (757)	6.25m w: 0.4 (641)	9.57m 31-04.75 (460)	1.72m 5-07.75 (560)	53.91 (643) 3061	17.79 w: 1.6 (544)	27.67m 90-09 (419)	4.00m 13-01.5 (617)	32.92m 108-00 (341)	5:20.72 (446)
10 Krupa, Brady Upper Iowa FR	5197	11.39 w: 2.3 (776)	6.17m w: -0.4 (624)	8.25m 27-01 (381)	1.72m 5-07.75 (560)	53.01 (681) 3022	16.00 w: 1.6 (733)	23.69m 77-09 (342)	3.10m 10-02 (381)	24.94m 81-10 (229)	5:12.50 (490)
11 Kucera, Kyle Minnesota-Duluth FR	4975	12.03 w: 2.3 (645)	5.25m w: -1.8 (431)	8.41m 27-07.25 (391)	1.66m 5-05.25 (512)	53.49 (661) 2640	18.73 w: 0.8 (456)	27.16m 89-01 (409)	3.70m 12-01.5 (535)	35.65m 116-11 (379)	5:00.59 (556)
12 Hauver, Josh Concordia-St. Paul FR	4876	11.73 w: 1.6 (705)	5.65m w: -0.4 (512)	9.20m 30-02.25 (438)	1.63m 5-04.25 (488)	54.51 (619) 2762	18.08 w: 0.8 (516)	26.49m 86-11 (396)	3.60m 11-09.75 (509)	28.81m 94-06 (282)	5:27.72 (411)
13 Dilly, Blain SW Minnesota St. SO	4749	11.88 w: 2.3 (675)	6.05m w: -0.5 (597)	8.75m 28-08.5 (411)	1.51m 4-11.5 (396)	54.34 (626) 2705	17.30 w: 1.6 (593)	25.34m 83-02 (374)	3.20m 10-06 (406)	34.85m 114-04 (368)	5:50.88 (303)

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Timing and Results by Hero's Timing

University of Minnesota - Duluth

Results - Decathlon

....Men Decathlon

14	Holm, Ethan	12.09	FOUL	9.23m	1.51m	DNF	DNF	31.25m	NH	26.79m	DNF	
	Sioux Falls	w: 2.3		30-03.5	4-11.5			102-06		87-11		
	JR	2212	(633)	(0)	(440)	(396)	(0) 1469	(0)	(489)	(0)	(254)	(0)

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Friday****Event 11 Women 10000 Meter Run**NSIC Record: **34:12.43 R 5/12/2018** Sasha Hovind, Northern State**34:27.88 AUTO****36:35.68 PROV**

Name	Yr	School	Finals	
Finals				
1 Narbuvoll, Ida	SR	U-Mary	35:15.50	PROV
2 Means, Megan	SO	Augustana	35:24.84	PROV
3 Feist, Lacey	JR	U-Mary	36:36.97	
4 Paul, Lily	SR	Minnesota State	36:53.85	
5 Schmidt, Nicolette	JR	Augustana	37:22.34	
6 Sistrunk, Kathryn	SR	Msu-Moorhead	37:25.61	
7 Savey, Cait	SO	Augustana	37:34.00	
8 Mooberry, Megan	JR	Northern State	37:35.54	
9 Nielsen, Julia	FR	Minnesota-Duluth	38:20.56	
10 Mesfin, Lucia	JR	Concordia-St. Paul	38:48.04	
11 Robran, Alexandra	SO	Minnesota-Duluth	38:54.56	
12 Gaherty, Mackenzie	SO	Minnesota State	39:07.33	
13 Glade, Ivy	SO	Minnesota State	39:30.88	
14 Palodichuk, Anna	FR	Minnesota-Duluth	39:43.01	
15 Hendrickson, Alli	SO	Winona State	40:02.77	
16 Helms, Jenna	FR	Northern State	40:06.52	
17 Pickering, Megan	FR	Northern State	40:28.83	
18 Solomon, Brooke	FR	Wayne State (Neb.)	40:55.92	
19 Vandenhouten, Carly	SO	Winona State	43:18.37	
20 Lorenz, Katie	SR	Winona State	43:22.54	
21 Dehmlow, Serianna	SR	Upper Iowa	44:07.21	
--- Holzer, Elizabeth	SO	Minot State	DNF	
--- Kolbinger, Victoria	SO	Northern State	DNF	
--- Sunstrom, Paige	SR	Augustana	DNF	
--- Cornell, Caitlin	FR	Minot State	DNF	

Event 12 Men 10000 Meter RunNSIC Record: **29:53.73 R 5/14/2021** Nadir Yusuf, MSU-Moorhead**29:16.79 AUTO****30:47.12 PROV**

Name	Yr	School	Finals	
Finals				
1 Yusuf, Nadir	SR	Msu-Moorhead	29:53.73	R PROV
2 Klitzke, Henry	JR	Augustana	30:29.04	PROV
3 Kray, Alec	SR	Augustana	30:52.80	
4 Brown, Steven	SR	U-Mary	31:38.12	
5 Jensen, Jacob	FR	Minot State	31:46.35	
6 Person, Kray	SO	Augustana	32:04.14	
7 Garcia, Jorge	SR	Northern State	32:20.26	
8 Yardlev, Austin	SR	Minnesota State	33:15.36	
9 Schmanski, Nikolai	FR	Minnesota State	33:33.34	
10 Peckham, Bailey	JR	Wayne State (Neb.)	33:52.06	
11 Chio, Amelio	FR	Msu-Moorhead	34:14.68	
12 Gonzalez, Tito	SR	Minot State	34:25.12	

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Friday****Finals ... (Event 12 Men 10000 Meter Run)**

Name	Yr	School	Finals
13 Trutna, Matthew	SO	Minnesota-Duluth	34:36.93
14 Bonilla, Grayson	FR	Minot State	34:54.28
15 Burazin, Scott	JR	Concordia-St. Paul	34:58.13
16 Kohler, Ryan	SO	Minot State	35:04.16
17 Dickenson, Owen	FR	Minnesota-Duluth	35:27.52
18 Wirth, Michael	SO	Northern State	35:28.12
19 Snider, David	SO	Upper Iowa	35:40.54
20 Schroeder, Abe	FR	Wayne State (Neb.)	36:33.87
21 Thomforde, Matthew	SO	Concordia-St. Paul	37:13.05
--- Valentin, William	SO	Minnesota State	DNF
--- Ringger, Sam	FR	Minnesota-Duluth	DNF
--- Antony, Austin	FR	Minnesota-Duluth	DNF
--- Overholt, Seth	JR	Sioux Falls	DNF
--- Harrison, Jackson	JR	Northern State	DNF

Event 35 Women 3000 Meter Steeplechase

NSIC Record: **10:05.02 R 2017** Brenna Colbenson, Minnesota Duluth
10:13.78 AUTO
10:59.70 PROV

Name	Yr	School	Finals
Finals			
1 Rairdon, Rebekah	JR	Augustana	10:36.99 PROV
2 Rairdon, Rachel	JR	Augustana	10:50.68 PROV
3 Montplaisir, Amanda	SO	Minnesota State	10:51.30 PROV
4 Costa, Starlynn	SO	U-Mary	11:00.62
5 Jones, Abigail	JR	U-Mary	11:07.84
6 Naddy, Callin	SO	Augustana	11:16.24
7 Lindberg, Kara	JR	Concordia-St. Paul	11:16.69
8 Simmons, Karlee	SO	Sioux Falls	11:33.57
9 Rosener, Allie	SO	Wayne State (Neb.)	11:36.50
10 Nowatzke, Natalie	SR	Winona State	11:39.48
11 Goodwin, Mary	FR	Bemidji State	11:44.82
12 Boersma, Claire	JR	Augustana	11:48.29
13 Renier, Lauryn	FR	Minnesota-Duluth	11:52.45
14 Wald, Tianna	JR	Sioux Falls	11:54.28
15 Yazzie, Lakyla	FR	Msu-Moorhead	12:08.27
16 Welhouse, Clara	SO	St. Cloud State	12:15.65
17 Sivonen, Avery	FR	Concordia-St. Paul	12:27.98
18 Donovan, Ashley	SO	Upper Iowa	12:45.28
19 Kraft, Isabella	SO	St. Cloud State	13:47.96
20 Schotter, Abby	JR	SW Minnesota St.	13:56.91

Event 36 Men 3000 Meter Steeplechase

NSIC Record: **8:57.74 R 5/11/2019** Austin Pasch, Minnesota St
8:51.96 AUTO
9:13.76 PROV

Name	Yr	School	Finals
Finals			
1 Hartman, Ryan	FR	Augustana	9:07.77 PROV

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Name	Yr	School	Finals	
2 Done, Riccardo	SR	Northern State	9:08.88	PROV
3 Ecker, David	JR	Sioux Falls	9:17.54	
4 Smalley, Owen	JR	Minnesota-Duluth	9:25.68	
5 Stueven, Adnew	FR	Msu-Moorhead	9:29.27	
6 Voigt, Aaron	JR	Sioux Falls	9:32.61	
7 Ure, Ray	FR	Minnesota State	9:39.06	
8 Kubat, Braydon	JR	Minnesota-Duluth	9:44.59	
9 Hill, Kendall	SR	Minnesota-Duluth	9:50.28	
10 VanKempen, Jack	FR	Minnesota-Duluth	9:54.90	
11 Green, Zeke	JR	Concordia-St. Paul	9:58.63	
12 Owen, Carter	FR	Minnesota State	10:01.04	
13 Larson, Nick	FR	Augustana	10:02.33	
14 Freed, Mandar	FR	Concordia-St. Paul	10:04.99	
15 Tegethoff, Caden	FR	Augustana	10:08.10	
16 McGonigal, Will	FR	Wayne State (Neb.)	10:10.27	
17 Schroeder, Ryan	FR	Augustana	10:10.76	
18 Jorgensen, Gavin	FR	Minot State	10:11.64	
19 Kotz, Collin	FR	Wayne State (Neb.)	10:15.98	
20 Dieken, Grant	SR	Upper Iowa	10:36.44	
21 Iraheta, Edwin	SR	Sioux Falls	10:47.85	

Event 15 Women 100 Meter HurdlesNSIC Record: **13.40 R 5/11/2019 Danielle Kohlwey, Minnesota-Du****13.47 AUTO****14.19 PROV**

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Cartwright, Denisha	FR	Minnesota State	14.09 Q	-0.7	3
2 Keune, Mackenzie	SR	Minnesota State	14.26 Q	1.5	2
3 Bolibruch, Tereza	SO	U-Mary	14.28 Q	1.3	1
4 Burrell, Shanice	SR	Northern State	14.24 Q	-0.7	3
5 Mulcahy, Christabelle	JR	Concordia-St. Paul	14.46 Q	1.3	1
6 Lubner, Faith	JR	St. Cloud State	14.61 Q	1.5	2
7 Dikmen, Selin	JR	Augustana	14.57 q	-0.7	3
8 Elsenpeter, Gracie	FR	St. Cloud State	14.76 q	1.3	1
9 Biebel, Madison	JR	Minnesota-Duluth	14.88	-0.7	3
10 Schneider, Nicole	SR	Minnesota-Duluth	15.00	1.3	1
11 Olson, Emily	SR	Sioux Falls	15.01	1.5	2
12 Shirek, Isatu	SO	SW Minnesota St.	15.02	1.5	2
13 Leum, Xana	FR	Winona State	15.02	1.3	1
14 Hansen, Megan	FR	Wayne State (Neb.)	15.22	1.5	2
15 Lamkin, Hannah	FR	Minnesota-Duluth	15.37	1.5	2
16 Ziegler, Paige	FR	U-Mary	15.50	1.3	1
17 Horning, Tia	FR	U-Mary	15.57	-0.7	3
18 Breitsprecher, Emma	FR	Winona State	16.10	-0.7	3
19 Siebert, Kori	JR	Wayne State (Neb.)	16.80	1.5	2
20 Hall, Lily	SO	Minnesota-Duluth	16.87	-0.7	3

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Friday****Event 16 Men 110 Meter Hurdles**NSIC Record: **13.80 R 2015****13.90 AUTO****14.51 PROV**

Myles Hunter, Minnesota State

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Klah, Kornelius	SR	Minnesota State	14.08 Q	-0.9	2
2 Adams, Justus	JR	Minnesota State	14.94 Q	1.8	1
3 Palmquist, Ben	SO	Minnesota-Duluth	15.13 Q	-0.9	2
4 Pierre, Renald	SO	SW Minnesota St.	15.36 Q	1.8	1
5 Jackson, Clay	JR	Msu-Moorhead	15.21 q	-0.9	2
6 Mandel, Ben	FR	Sioux Falls	15.41 q	1.8	1
7 Trujillo-Aragon, Nathan	FR	Minot State	15.72 q	1.8	1
8 Davis, Preston	SR	Wayne State (Neb.)	15.74 q	-0.9	2
9 Malsam, Bryce	SR	Northern State	16.05	-0.9	2
10 Blanks, D'Monte	FR	Minnesota State	16.23	1.8	1
11 Christiansen, Abel	SO	Minnesota State	19.54	1.8	1

Event 17 Women 400 Meter DashNSIC Record: **54.40 R 2017****53.52 AUTO****55.87 PROV**

Megan Seidl, Winona State

Name	Yr	School	Prelims	H#
Preliminaries				
1 Thomas, Chriss-Ann	SR	U-Mary	54.79 Q PROV	3
2 Rolle-Curry, Robynn	FR	Msu-Moorhead	55.90 Q	2
3 Woodard, Mackenzie	JR	Minnesota State	56.41 Q	1
4 Muellner, Anna	FR	Minnesota-Duluth	56.06 Q	2
5 Vallabouy, Shereen	SO	Winona State	56.67 Q	3
6 Schyvinck, Brooklyn	SO	Winona State	56.80 Q	1
7 Pester, Jordyn	SO	Wayne State (Neb.)	57.22 q	3
8 Robins, Nyeaee	FR	Minnesota State	57.72 q	3
9 Cole, Janice	FR	Bemidji State	57.89	2
10 Mbenoun, Maryse	SO	Bemidji State	58.04	1
11 Rezac, Emma	JR	Northern State	58.11	2
12 McCoy, Alli	JR	U-Mary	58.47	2
13 Grimm, Ava	FR	U-Mary	58.61	1
14 Mudgett, Sydne	JR	Augustana	58.68	2
15 Waterman, Allison	FR	Winona State	58.75	1
16 Shafranski, Christonna	SR	Upper Iowa	59.15	3
17 Jackson, Sydney	FR	Concordia-St. Paul	59.28	3
18 Kinney, Enyo	SO	Minnesota State	59.98	3
19 Mulder, Kaitlyn	SO	Augustana	1:00.22	2
20 Perry, Jaid	FR	Concordia-St. Paul	1:02.52	1
21 Canfall, Toni	JR	Concordia-St. Paul	1:09.86	1

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Friday****Event 18 Men 400 Meter Dash**NSIC Record: **47.24 R 5/11/2000 Erik Hanson, Minnesota Duluth****46.36 AUTO****47.71 PROV**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Huntington, Isaac	FR	U-Mary	48.11 Q	3
2 Martens, Seth	FR	Northern State	48.78 Q	1
3 DePrenger, Max	FR	Minnesota State	49.03 Q	2
4 Atubel, Kenry	SO	Minnesota State	49.10 Q	3
5 Sully, Ryan	JR	Augustana	49.13 Q	1
6 Phelps, Josh	JR	Minnesota State	49.68 Q	2
7 Hondonga, Tafara	SO	Northern State	49.38 q	1
8 Green, Joseph	FR	Minot State	49.70 q	1
9 Tandy, Chase	FR	Minot State	49.77	3
10 Dooyema, Jed	FR	Augustana	49.81	3
11 Fletcher, Isaiha	SR	Northern State	49.96	1
12 Nesvold, Carter	FR	Minnesota State	49.99	2
13 Oduong, Ibrahim	FR	Msu-Moorhead	50.24	2
14 Ray, William	SR	Concordia-St. Paul	50.48	3
15 Green, Cameron	FR	Upper Iowa	50.50	3
16 Stephenson, Ronald	SO	Northern State	50.98	3
17 Schoessow, Matthew	FR	Augustana	51.09	2
18 Ludwig, Kaden	SO	Upper Iowa	51.22	2
--- Melton, Noah	SO	Augustana	DQ	1

Event 19 Women 100 Meter DashNSIC Record: **11.51 R 1983 Jeri Domes, Mankato State****11.52 AUTO****11.90 PROV**

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Lovan, Lexus	SR	U-Mary	11.87 Q	1.5	3
2 Simmons, Ja'Cey	FR	Minnesota State	11.98 Q	1.1	1
3 Cartwright, Denisha	FR	Minnesota State	12.11 Q	-1.7	2
4 Pryor, Michaela	SO	Winona State	12.00 Q	1.5	3
5 Hartman, Grace	JR	Minnesota State	12.10 Q	1.1	1
6 Jackson, Makayla	FR	Minnesota State	12.13 Q	-1.7	2
7 Jones, Caitlyn	FR	Minnesota State	12.08 q	1.5	3
8 Cramer, Rose	FR	Minnesota State	12.16 q	1.1	1
9 Henderson, Kanya	JR	Sioux Falls	12.18	1.5	3
10 Pietz, Maddy	SO	Winona State	12.21	1.5	3
11 Burris, Emelia	JR	St. Cloud State	12.37	-1.7	2
12 Hall, Alaina	FR	Bemidji State	12.48	1.1	1
13 Loesch, Ellie	JR	Upper Iowa	12.58	1.1	1
14 Guy, Aaliyah	FR	Minnesota State	12.60	1.1	1
15 York, Princes	FR	Msu-Moorhead	12.65	1.5	3
16 Steadland, Anna	FR	Msu-Moorhead	12.69	-1.7	2
17 Samuel, Lauryn	FR	Concordia-St. Paul	12.70	1.5	3
18 Meyers, Natalie	SO	Sioux Falls	12.85	-1.7	2

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Friday****Preliminaries ... (Event 19 Women 100 Meter Dash)**

Name	Yr	School	Prelims	Wind	H#
19 Oyadare, Mercy	SR	Sioux Falls	13.21	-1.7	2

Event 20 Men 100 Meter Dash

NSIC Record: **10.19 R 5/11/2015 Emmanuel Matadi, Minnesota State**
10.28 AUTO
10.57 PROV

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Hickman, Shaheed	SO	Minnesota State	10.74 Q	0.7	3
2 Ayden, Teddy	FR	Upper Iowa	10.95 Q	-1.4	2
3 Brown, Bryant	SR	Minnesota State	10.95 Q	-1.4	1
4 Bright, Cornelius	SO	Minnesota State	10.81 Q	0.7	3
5 Sharma, Nicholas	FR	Minnesota State	10.96 Q	-1.4	2
6 Nti, Prince	FR	Minnesota State	11.03 Q	-1.4	1
7 Marchand, Paul	FR	Upper Iowa	10.93 q	0.7	3
8 Szutkowski, Brian	SR	Concordia-St. Paul	10.95 q	0.7	3
9 Attoh, Daniel	FR	Minnesota State	10.98	-1.4	2
10 Preston, LaJuan	JR	Concordia-St. Paul	11.05	0.7	3
11 Olson, Drew	FR	U-Mary	11.07	-1.4	1
12 Davis, Melik	FR	Augustana	11.09	-1.4	1
13 Decker, Ethan	FR	U-Mary	11.16	-1.4	1
14 Buckles, Ethan	JR	Minnesota State	11.18	-1.4	2
15 Bokoyo, Josue	FR	Minnesota State	11.21	0.7	3
16 Crawford, Riley	SR	Augustana	11.25	0.7	3
17 Higgs, Shaquiel	SO	Msu-Moorhead	11.38	-1.4	1
18 Powell-Oliver, Kory	SO	Msu-Moorhead	11.39	-1.4	2
19 Abdi, Muse	FR	Augustana	11.44	-1.4	2
20 Larson, Dakota	SO	Northern State	11.44	-1.4	2
21 Doty, Chase	FR	Minot State	11.63	-1.4	1

Event 21 Women 800 Meter Run

NSIC Record: **2:04.62 R 5/11/2017 Emi Trost, Minnesota Duluth**
2:06.90 AUTO
2:12.07 PROV

Name	Yr	School	Prelims	H#
Preliminaries				
1 Acheson, Elizabeth	FR	U-Mary	2:12.11 Q	2
2 Brezinka, Isabelle	JR	Minnesota-Duluth	2:12.19 Q	1
3 Reindl, Haleigh	SO	Minnesota-Duluth	2:12.23 Q	3
4 Ceglowski, Taryn	JR	U-Mary	2:12.72 Q	2
5 Hestekin, Taylor	JR	U-Mary	2:12.84 Q	3
6 Kyes, Elizabeth	SR	Minnesota-Duluth	2:13.14 Q	1
7 Streff, Cami	FR	Augustana	2:13.50 q	3
8 Dembrowski, Courtney	SO	U-Mary	2:14.25 q	2
9 Prigge, Ryne	SO	Bemidji State	2:15.12	1
10 Neu, Rachael	FR	U-Mary	2:16.22	2
11 Beyer, Kaylee	FR	Winona State	2:16.36	1
12 Aho, Annika	SO	Sioux Falls	2:16.37	1
13 Cigard, Zoe	JR	Sioux Falls	2:16.66	2

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Name	Yr	School	Prelims	H#
14 Clark, Jennifer	JR	Northern State	2:17.06	3
15 Sudbeck, Caroline	FR	Augustana	2:17.68	2
16 Thurston, MaKenna	FR	Minnesota State	2:18.02	3
17 Boelke, Rachel	FR	Minnesota-Duluth	2:18.63	3
18 Fischer, Leighten	JR	St. Cloud State	2:18.80	2
19 O'Meara, Cassidy	SO	Sioux Falls	2:18.82	1
20 Regan, Caitlyn	JR	SW Minnesota St.	2:19.62	1
21 Ryan, Kali	JR	Augustana	2:19.63	3
22 Anderson, Autumn	SO	Minnesota State	2:20.79	1
23 Maki, McKenzie	FR	Msu-Moorhead	2:21.12	2
24 Ogle, Kayla	FR	U-Mary	2:22.08	3
25 Webb, Kathryn	SR	Minnesota-Duluth	2:24.28	3
26 Jansky, Kayla	SR	SW Minnesota St.	2:24.60	2

Event 22 Men 800 Meter RunNSIC Record: **1:50.27 R 5/14/2021 Tanner Maier, Minnesota St****1:48.79 AUTO****1:51.87 PROV**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Maier, Tanner	FR	Minnesota State	R 1:50.27 Q PROV	3
2 Allen, Benjamin	SR	Concordia-St. Paul	1:51.14 Q PROV	2
3 Miller, Austin	SR	Augustana	1:51.49 Q PROV	1
4 Bruer, Braxton	FR	Msu-Moorhead	1:51.40 Q PROV	2
5 Phillips, Mason	SR	Sioux Falls	1:51.57 Q PROV	3
6 Cotterill, Lewis	FR	Minot State	1:54.43 Q	1
7 Schmied, Ben	SO	Minnesota State	1:52.09 q	2
8 Lindner, Tiegen	JR	Augustana	1:52.94 q	3
9 Hansen, Logan	SR	Sioux Falls	1:53.35	3
10 Morgenstern, Sam	FR	Msu-Moorhead	1:53.52	2
11 Leonard, Christian	JR	Minnesota-Duluth	1:54.23	2
12 Breuer, Jonah	FR	Augustana	1:54.83	1
13 Fechner, Cole	SO	Minnesota-Duluth	1:54.97	3
14 Helser, Matthew	FR	Concordia-St. Paul	1:55.66	2
15 Tostenson, Jonathan	SO	Minnesota-Duluth	1:55.67	1
16 Larsen, Leif	FR	Minnesota State	1:55.75	1
17 Lebourgeois, Cole	JR	Minnesota-Duluth	1:55.89	1
18 Patchen-Mills, Joseph	FR	U-Mary	1:56.05	3
19 Gustafson, Luke	FR	Minnesota-Duluth	1:56.23	3
20 Hegarty, Brock	JR	Wayne State (Neb.)	1:56.38	1
21 Holcomb, Bryce	JR	Wayne State (Neb.)	1:56.53	2
22 Gibbons, Eric	FR	Msu-Moorhead	1:56.54	2
23 Feist, Cullen	FR	Concordia-St. Paul	1:56.56	1
24 Gutierrez, Juan	JR	Minot State	1:56.95	2
25 Matzner, Zachary	FR	Sioux Falls	1:57.43	3
26 Gruenes, Jordan	FR	Minnesota-Duluth	1:57.64	2
27 Kvaal, Mikey	FR	Minnesota-Duluth	1:58.25	3
28 Torvik, Noah	JR	Minnesota-Duluth	1:58.43	3
29 Goranson, Nathan	FR	Upper Iowa	1:58.51	1

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Name	Yr	School	Prelims	H#
30 Amundson, Brennan	FR	Minnesota-Duluth	1:58.82	2
31 Sims, Josh	FR	Concordia-St. Paul	2:00.48	3
32 Andrews, Travis	FR	Concordia-St. Paul	2:02.48	1
33 Murillo, Marco	FR	Minot State	2:05.69	1

Event 23 Women 400 Meter Hurdles

NSIC Record: 58.83 R 2017 Hanneke Oosterwegel, Northern State
 58.61 AUTO
 1:01.82 PROV

Name	Yr	School	Prelims	H#
Preliminaries				
1 Harris, Kalley	JR	Winona State	1:00.47 Q PROV	4
2 Biebel, Madison	JR	Minnesota-Duluth	1:01.62 Q PROV	2
3 Hertz, Morgan	FR	U-Mary	1:03.44 Q	1
4 Schneider, Nicole	SR	Minnesota-Duluth	1:04.01 Q	3
5 Wilson, Cassiddy	SR	Upper Iowa	1:03.36 q	2
6 Zeman, Kendall	SO	Winona State	1:03.38 q	2
7 Rice, Makayla	FR	St. Cloud State	1:03.69 q	4
8 Keune, Mackenzie	SR	Minnesota State	1:04.25 q	3
9 Breitsprecher, Emma	FR	Winona State	1:04.29	1
10 Kinzer, Isabel	SR	Northern State	1:04.48	3
11 Marteau, Noa	FR	Augustana	1:04.49	1
12 Dikmen, Selin	JR	Augustana	1:05.34	1
13 Shirek, Isatu	SO	SW Minnesota St.	1:05.79	4
14 Boyum, Molly	SO	Augustana	1:06.68	4
15 Lipschultz, Lainey	FR	Winona State	1:06.85	3
16 Van Zee, Kasey	FR	Augustana	1:07.88	4
17 Bad Moccasin, Chelsey	JR	Minnesota State	1:08.34	3
18 Kenny, Anna	SO	Sioux Falls	1:09.43	1
19 Schoustra, Mackenzie	SR	Concordia-St. Paul	1:10.13	2
20 Hall, Lily	SO	Minnesota-Duluth	1:10.90	2
21 Encarnacion, Karla	FR	St. Cloud State	1:12.32	2
22 Mensah, Courtney	FR	Concordia-St. Paul	1:19.89	1

Event 24 Men 400 Meter Hurdles

NSIC Record: 51.91 R 5/13/2018 Sydne Davis, Minnesota State
 51.34 AUTO
 53.34 PROV

Name	Yr	School	Prelims	H#
Preliminaries				
1 Klah, Kornelius	SR	Minnesota State	52.87 Q PROV	3
2 Lewison, Drew	SO	Minnesota State	53.33 Q PROV	2
3 Brewer, Kelson	SR	Northern State	54.73 Q	1
4 Wulfekuhle, Josh	SR	U-Mary	54.68 Q	3
5 Have, Austin	JR	Minnesota-Duluth	54.94 Q	2
6 Davis, Preston	SR	Wayne State (Neb.)	56.26 Q	1
7 Palmquist, Ben	SO	Minnesota-Duluth	55.14 q	3
8 Morrisette, Jeremiah	SR	U-Mary	55.15 q	3
9 Jones, Deion	FR	Upper Iowa	55.61	2

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Friday****Preliminaries ... (Event 24 Men 400 Meter Hurdles)**

Name	Yr	School	Prelims	H#
10 Christiansen, Abel	SO	Minnesota State	57.06	1
11 Janssen, Brady	SO	Northern State	58.34	3
12 Miller, Donovan	SR	Northern State	59.41	2
13 Paskey, Andrew	SO	Upper Iowa	1:00.23	1
14 Chambers, Isaac	FR	Minnesota-Duluth	1:03.28	1
15 Schumacher, Josh	SO	Augustana	1:05.19	2

Event 25 Women 200 Meter DashNSIC Record: **23.98 R 5/11/2010** **Brittany Henderson, Minnesota State****23.55 AUTO****24.40 PROV**

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Cartwright, Denisha	FR	Minnesota State	24.18 Q	0.7	3
2 Simmons, Ja'Cey	FR	Minnesota State	24.26 Q	-0.7	2
3 Cramer, Rose	FR	Minnesota State	24.34 Q	0.5	1
4 Pryor, Michaela	SO	Winona State	24.36 Q	0.5	1
5 Hartman, Grace	JR	Minnesota State	24.40 Q	0.7	3
6 Pietz, Maddy	SO	Winona State	24.78 Q	-0.7	2
7 Schyvinck, Brooklyn	SO	Winona State	24.67 q	0.7	3
8 Thomas, Chriss-Ann	SR	U-Mary	24.84 q	0.5	1
9 Henderson, Kanya	JR	Sioux Falls	24.95	-0.7	2
10 Woodard, Mackenzie	JR	Minnesota State	24.98	0.7	3
11 Robins, Nyeaee	FR	Minnesota State	25.04	0.5	1
12 Jackson, Makayla	FR	Minnesota State	25.11	-0.7	2
13 Jones, Caitlyn	FR	Minnesota State	25.17	-0.7	2
14 Cole, Janice	FR	Bemidji State	25.22	-0.7	2
15 Steadland, Anna	FR	Msu-Moorhead	25.64	0.7	3
16 Guy, Aaliyah	FR	Minnesota State	25.93	0.5	1
17 Oyadare, Mercy	SR	Sioux Falls	27.73	0.5	1

Event 26 Men 200 Meter DashNSIC Record: **20.49 R 2013** **Jerrell Hancock, Minnesota State****20.74 AUTO****21.32 PROV**

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Bright, Cornelius	SO	Minnesota State	21.74 Q	1.0	2
2 Ayden, Teddy	FR	Upper Iowa	21.80 Q	0.5	3
3 Atubel, Kenry	SO	Minnesota State	22.10 Q	1.7	1
4 Hickman, Shaheed	SO	Minnesota State	21.81 Q	0.5	3
5 Davis, Melik	FR	Augustana	21.82 Q	1.0	2
6 Green, Joseph	FR	Minot State	22.15 Q	1.7	1
7 Bokoyo, Josue	FR	Minnesota State	21.92 q	1.0	2
8 Olson, Drew	FR	U-Mary	21.97 q	0.5	3
9 Sharma, Nicholas	FR	Minnesota State	22.00	0.5	3
10 Martens, Seth	FR	Northern State	22.05	1.0	2
11 Attoh, Daniel	FR	Minnesota State	22.17	1.7	1
12 Buckles, Ethan	JR	Minnesota State	22.24	0.5	3

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Name	Yr	School	Prelims	Wind	H#
13 Fletcher, Isaiha	SR	Northern State	22.36	1.0	2
14 Wilmes, Hunter	JR	U-Mary	22.48	1.7	1
15 Ludwig, Kaden	SO	Upper Iowa	22.56	1.7	1
16 Nti, Prince	FR	Minnesota State	22.60	1.0	2
17 Szutkowski, Brian	SR	Concordia-St. Paul	22.65	0.5	3
18 Abdi, Muse	FR	Augustana	22.98	1.0	2
19 Andrusick, Nate	JR	Sioux Falls	23.07	1.7	1
20 Myers, Logan	SR	U-Mary	1:25.34	1.7	1
--- Marchand, Paul	FR	Upper Iowa	FS	0.5	3

Event 4 Women High JumpNSIC Record: **1.77m R 5/14/2021 Mearah Miedema, Augustana****1.77m AUTO****1.68m PROV**

Name	Yr	School	Finals	Wind	H#
Finals					
1 Miedema, Mearah	SR	Augustana	1.77m R	5-09.75	AUTO
2 Berg, Tava	JR	Northern State	1.68m	5-06.00	PROV
3 Schumacher, Rachel	SR	Msu-Moorhead	1.68m	5-06.00	PROV
4 Morris, D'Andra	JR	U-Mary	1.68m	5-06.00	PROV
5 Stone, Zoe	SO	Minnesota State	1.65m	5-05.00	
6 Stevahn, Amber	FR	Minot State	1.62m	5-03.75	
6 Rizner, Madison	SO	Winona State	1.62m	5-03.75	
8 Paaverud, Ella	SO	Concordia-St. Paul	1.62m	5-03.75	
9 Shea, Claire	SO	St. Cloud State	1.62m	5-03.75	
10 Christenson, Libby	JR	Bemidji State	1.62m	5-03.75	
11 Rowles, Julia	FR	St. Cloud State	1.57m	5-01.75	
12 Stoltz, Taylor	JR	Sioux Falls	1.57m	5-01.75	
12 Pritchett, Caitlin	SO	Msu-Moorhead	1.57m	5-01.75	
14 Ludeman, Kendra	JR	Augustana	1.57m	5-01.75	
15 Westemeier, Rachel	JR	Concordia-St. Paul	1.57m	5-01.75	
16 Olson, Kaylee	FR	Winona State	1.52m	4-11.75	
17 Preiner, Lauren	FR	Minnesota State	1.52m	4-11.75	
18 Schroeder, Tessa	SO	Msu-Moorhead	1.52m	4-11.75	
19 Des Marais, Shantelle	JR	St. Cloud State	1.52m	4-11.75	
19 Bartunek, Avery	FR	Sioux Falls	1.52m	4-11.75	
21 Dykman, Ali	SO	Wayne State (Neb.)	1.47m	4-09.75	
22 Lazure, Hanna	JR	Wayne State (Neb.)	1.47m	4-09.75	
--- Sowada, Sophia	SO	Msu-Moorhead		NH	
--- Mlejnek, Jasmine	FR	Minnesota State		NH	

Event 5 Men Long JumpNSIC Record: **7.91m R 5/11/2018 Brian Huber, MSU Moorhead****7.68m AUTO****7.26m PROV**

Name	Yr	School	Finals	Wind	H#
Finals					
1 Davis, Christian	FR	Concordia-St. Paul	7.21m	23-08.00	-2.5 2
2 Kath, Caleb	JR	Minnesota State	7.11m	23-04.00	+0.0 2

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Friday****Finals ... (Event 5 Men Long Jump)**

Name	Yr	School	Finals	Wind	H#
3 Marchand, Paul	FR	Upper Iowa	7.07m	23-02.50	-1.6 2
4 Kollberg, Mathias	FR	Augustana	7.01m	23-00.00	1.2 2
5 Kemp, Shyrone	SO	Msu-Moorhead	7.00m	22-11.75	0.6 2
6 Davis, Astley	FR	U-Mary	6.95m	22-09.75	2.9 2
7 Johnson, Andrew	JR	Concordia-St. Paul	6.93m	22-09.00	0.5 2
8 Brown, Deveynn	JR	Minnesota State	6.90m	22-07.75	1.1 2
9 Hunt, Avery	SO	Minnesota-Duluth	6.75m	22-01.75	1.5 2
10 Richards, Isaiah	JR	U-Mary	6.71m	22-00.25	1.6 1
11 Hobson, Jaylen	SO	Upper Iowa	6.68m	21-11.00	-0.5 2
12 Cacho, Kyle	JR	U-Mary	6.49m	21-03.50	1.8 2
13 Kandolo, Junior	FR	SW Minnesota St.	6.49m	21-03.50	-0.5 1
14 Hood, Darrian	SO	Northern State	6.46m	21-02.50	1.7 1
15 Brown III, Richard	FR	Msu-Moorhead	6.40m	21-00.00	1.2 1
16 Crosley, Cody	FR	Wayne State (Neb.)	6.40m	21-00.00	0.9 1
17 Von Wald, Hayden	FR	U-Mary	6.30m	20-08.00	-1.1 1
18 Rogers, Cody	FR	Wayne State (Neb.)	6.25m	20-06.25	-1.6 1
19 Dancy, Isiah	SO	Sioux Falls	6.16m	20-02.50	0.6 1
20 Abdi, Muse	FR	Augustana	5.86m	19-02.75	-0.8 1
--- Zahler, Peyton	JR	U-Mary	FOUL		1
--- Sikel, Jonathan	FR	Augustana	FOUL		1

Event 8 Women Pole Vault

NSIC Record: 4.20m R 5/13/2018 Kimberly Peterson, Sioux Falls
4.10m AUTO
3.67m PROV

Name	Yr	School	Finals
Finals			
1 Hill, Kealy	JR	Northern State	3.86m 12-08.00PROV
2 Huneke, Jordyn	JR	Northern State	3.86m 12-08.00PROV
3 Dennison, Christine	SO	Minnesota State	3.86m 12-08.00PROV
4 Dodge, Sofia	FR	Concordia-St. Paul	3.56m 11-08.00
5 Schipper, Addie	SO	Minnesota State	3.56m 11-08.00
6 Elsenpeter, Gracie	FR	St. Cloud State	3.56m 11-08.00
7 Hickson, Paige	FR	Minnesota State	3.56m 11-08.00
8 Gauert, Emma	SO	St. Cloud State	3.31m 10-10.25
8 Kuskie, Logan	FR	Minnesota State	3.31m 10-10.25
10 Swanson, Emily	FR	Sioux Falls	3.31m 10-10.25
10 Nefzger, Christine	FR	Northern State	3.31m 10-10.25
12 Danielson, Kenzee	FR	Northern State	3.31m 10-10.25
13 Zaemisch, Micah	FR	Minnesota State	3.16m 10-04.25
14 Lawrence, Ashley	FR	Minnesota-Duluth	3.16m 10-04.25
15 Worden, Eden	FR	Minnesota-Duluth	3.16m 10-04.25
16 Plotz, Samara	SO	Minnesota-Duluth	3.16m 10-04.25
17 Judge, Megan	FR	Bemidji State	3.01m 9-10.50
18 Bahls, Sydney	SO	Msu-Moorhead	3.01m 9-10.50
19 Jones, Brooklyn	FR	Minnesota-Duluth	3.01m 9-10.50
19 Klein, Anastasia	FR	Bemidji State	3.01m 9-10.50
--- Szutkowski, T	JR	Concordia-St. Paul	NH
--- Reintsma, Callie	FR	Concordia-St. Paul	NH

2021 NSIC Outdoor Track & Field Championship - 5/13/2021 to 5/15/2021**Timing and Results by Hero's Timing****University of Minnesota - Duluth****Results - Friday****Finals ... (Event 8 Women Pole Vault)**

Name	Yr	School	Finals
--- Westman, Jessie	FR	Minnesota State	NH
--- Christen, Taylor	SO	Minnesota-Duluth	NH

Event 9 Men High Jump

NSIC Record: **2.13m R 1988** **Brian Rabenberg, MSU Moorhead**
2.14m AUTO
2.05m PROV

Name	Yr	School	Finals
Finals			
1 Cook, Chris	SO	Msu-Moorhead	2.06m 6-09.00PROV
2 Brown, Devevonn	JR	Minnesota State	2.00m 6-06.75
3 Smith, McKallen	FR	SW Minnesota St.	1.95m 6-04.75
4 Kemp, Shyrone	SO	Msu-Moorhead	1.95m 6-04.75
5 Morin-Baxter, Isaiah	FR	Augustana	1.95m 6-04.75
6 Johnson, Andrew	JR	Concordia-St. Paul	1.90m 6-02.75
7 Wanous, Tyler	SO	Minnesota-Duluth	1.90m 6-02.75
8 Kneifl, Dylan	FR	Wayne State (Neb.)	1.90m 6-02.75
8 Krannich, Trey	FR	Minnesota State	1.90m 6-02.75
10 Davis, Astley	FR	U-Mary	1.85m 6-00.75
11 Miner, Steven	SO	Sioux Falls	1.85m 6-00.75
12 English, Aaron	JR	Wayne State (Neb.)	1.85m 6-00.75
--- Davis, Christian	FR	Concordia-St. Paul	NH
--- Enders, Peyton	FR	Concordia-St. Paul	NH

Event 10 Women Long Jump

NSIC Record: **6.31m R 5/1985** **Julie Hay, Minnesota Duluth**
6.23m AUTO
5.80m PROV

Name	Yr	School	Finals	Wind	H#
Finals					
1 Lovan, Lexus	SR	U-Mary	5.91m	19-04.75	0.7 2
2 Juliana, Krishona	FR	Northern State	5.72m	18-09.25	1.4 2
3 Morris, D'Andra	JR	U-Mary	5.70m	18-08.50	3.0 2
4 Burris, Emelia	JR	St. Cloud State	5.69m	18-08.00	-0.5 2
5 Williams, Mariah	SO	Minnesota State	5.61m	18-05.00	1.4 1
6 Lockington, Ashlie	FR	Winona State	5.55m	18-02.50	-0.5 1
7 Moore, Trinity	FR	Minnesota State	5.50m	18-00.50	1.2 2
8 Olson, Kaylee	FR	Winona State	5.47m	17-11.50	0.8 2
9 Dup, Becca	SR	Minnesota State	5.46m	17-11.00	-1.1 1
10 Hall, Alaina	FR	Bemidji State	5.43m	17-09.75	0.1 1
11 Jones, Caitlyn	FR	Minnesota State	5.40m	17-08.75	-0.5 1
12 Passeri, Arianna	SO	U-Mary	5.40m	17-08.75	1.5 2
13 Buske, Parker	FR	St. Cloud State	5.35m	17-06.75	0.8 2
14 Weidner, Taylor	FR	U-Mary	5.32m	17-05.50	1.2 1
15 Tucker, Aneesa	JR	Bemidji State	5.19m	17-00.50	1.7 1
16 Leum, Xana	FR	Winona State	5.07m	16-07.75	-1.1 1
17 Klink, Taytum	FR	SW Minnesota St.	5.04m	16-06.50	-0.5 1
18 Noeldner, Cassidy	SO	Sioux Falls	5.02m	16-05.75	1.2 1
19 Patnode, Kaylee	FR	Winona State	5.01m	16-05.25	0.5 1

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Name	Yr	School	Finals	Wind	H#
20 Bartunek, Avery	FR	Sioux Falls	4.87m	15-11.75	2.3 1
--- Jackson, Makayla	FR	Minnesota State	FOUL		2
--- Meyers, Natalie	SO	Sioux Falls	FOUL		2

Event 2 Women Shot Put

NSIC Record: **16.52m R 2018** Michaela Dendinger, Wayne State
15.76m AUTO
13.85m PROV

Name	Yr	School	Finals	H#
Finals				
1 Carrasco, Zoe	SO	Bemidji State	15.54m	51-00.00PROV 3
2 Manteuffel, Rebecca	SR	SW Minnesota St.	15.53m	50-11.50PROV 3
3 Hertz, Emma	JR	Sioux Falls	15.29m	50-02.00PROV 3
4 Taylor, Katie	SO	Minnesota State	15.29m	50-02.00PROV 3
5 Perron, Brea	JR	Minnesota State	14.93m	48-11.75PROV 3
6 Scheil, Mckenzie	SO	Wayne State (Neb.)	14.91m	48-11.00PROV 3
7 Paasch, Kendra	SO	Wayne State (Neb.)	13.60m	44-07.50 2
8 Sullivan, Kenzie	JR	Wayne State (Neb.)	13.53m	44-04.75 3
9 Kramchynsky, Nicole	FR	U-Mary	13.46m	44-02.00 2
10 Wagner, Jadin	JR	Wayne State (Neb.)	13.08m	42-11.00 2
11 Menken, Jordan	SR	Northern State	12.94m	42-05.50 2
12 Doss, Tierra	FR	Bemidji State	12.92m	42-04.75 3
13 Johns-Oster, Breanna	FR	Minot State	12.89m	42-03.50 1
14 Stafslie-Dumale, Abbi	SO	Minnesota State	12.89m	42-03.50 2
15 Rae, Jacqi	FR	Minnesota-Duluth	12.85m	42-02.00 1
16 Battaforven, Kate	SO	SW Minnesota St.	12.83m	42-01.25 1
17 Rudebusch, Bailey	SR	Sioux Falls	12.76m	41-10.50 1
18 Rehome, Claire	JR	Minnesota-Duluth	12.73m	41-09.25 2
19 Gustafson, Hannah	SR	Concordia-St. Paul	12.67m	41-07.00 2
20 Zimmerman, Dacoda	SO	St. Cloud State	12.60m	41-04.25 1
21 Fretag, Madeline	FR	Minnesota State	12.48m	40-11.50 1
22 Sanford, Nadia	FR	SW Minnesota St.	12.48m	40-11.50 2
23 Brunelle, Samantha	FR	Minot State	11.36m	37-03.25 1
24 Gunderson, Chloe	FR	Minot State	11.15m	36-07.00 1
25 Thompson, Adrienne	FR	Minnesota-Duluth	11.13m	36-06.25 1

Event 7 Men Shot Put

NSIC Record: **18.98m R 2013** Chris Reed, Minnesota State
18.42m AUTO
16.34m PROV

Name	Yr	School	Finals	H#
Finals				
1 Gustavson, Marcus	SR	Concordia-St. Paul	17.53m	57-06.25PROV 3
2 Berg, Tanner	SR	Northern State	17.36m	56-11.50PROV 3
3 Allen, Ben	SR	Wayne State (Neb.)	16.94m	55-07.00PROV 3
4 Wigand, Connor	SR	SW Minnesota St.	16.83m	55-02.75PROV 3
5 Aguilera, Carter	FR	Minnesota State	16.29m	53-05.50 3
6 Kucera, Tommy	FR	Minnesota State	16.02m	52-06.75 3
7 Naba, Bedale	JR	Minnesota State	15.98m	52-05.25 3

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Name	Yr	School	Finals		H#
8 Kostynick, Colton	FR	Minnesota-Duluth	15.55m	51-00.25	2
9 Roseborough, Hunter	FR	Msu-Moorhead	14.88m	48-10.00	3
10 Davito, Dawson	FR	Sioux Falls	14.66m	48-01.25	2
11 Olson, Nick	SO	Northern State	14.58m	47-10.00	2
12 Larson, Keegan	JR	Concordia-St. Paul	14.53m	47-08.00	2
13 Krueger, Logan	SO	Minot State	14.52m	47-07.75	2
14 Harris, Corbin	FR	Minot State	14.42m	47-03.75	2
15 Searles, Jacob	SR	U-Mary	14.15m	46-05.25	1
16 Picazo, CJ	FR	Concordia-St. Paul	14.11m	46-03.50	2
17 Bicek, Eli	FR	Minnesota-Duluth	14.02m	46-00.00	1
18 Swedzinski, Carl	SO	SW Minnesota St.	13.76m	45-01.75	2
19 Oie, Ben	FR	Msu-Moorhead	13.62m	44-08.25	1
20 Cook, Colton	FR	Msu-Moorhead	13.49m	44-03.25	1
21 Wendt, Caden	FR	Upper Iowa	13.42m	44-00.50	1
22 Quinn, Hunter	JR	Concordia-St. Paul	13.05m	42-09.75	1
23 Nolan, Jordan	FR	SW Minnesota St.	13.01m	42-08.25	1
24 Wolkow, Jaymeson	SO	Sioux Falls	12.02m	39-05.25	1
25 Lawrence, Devon	SR	Upper Iowa	11.60m	38-00.75	1
--- Kreins, Samuel	FR	Minot State	FOUL		1

Event 27 Women Hammer ThrowNSIC Record: **63.54m R 2017****60.58m AUTO****52.09m PROV****Michaela Dendinger, Wayne State**

Name	Yr	School	Finals		H#
Finals					
1 Scheil, Mckenzie	SO	Wayne State (Neb.)	59.60m	195-06PROV	3
2 Hertz, Emma	JR	Sioux Falls	56.33m	184-10PROV	3
3 Heeren, Nicole	SO	Wayne State (Neb.)	55.30m	181-05PROV	3
4 Taylor, Katie	SO	Minnesota State	55.04m	180-07PROV	3
5 Gustafson, Hannah	SR	Concordia-St. Paul	54.70m	179-05PROV	3
6 Perron, Brea	JR	Minnesota State	54.31m	178-02PROV	3
7 McNamee, Jaimie	SR	Sioux Falls	54.13m	177-07PROV	3
8 Wagner, Jadin	JR	Wayne State (Neb.)	53.60m	175-10PROV	3
9 Jensen, Kaylee	JR	Minnesota State	50.97m	167-03	3
10 Buechel, Dominique	SR	St. Cloud State	50.51m	165-08	2
11 Carrasco, Zoe	SO	Bemidji State	49.77m	163-03	3
12 Manteuffel, Rebecca	SR	SW Minnesota St.	49.02m	160-10	2
13 Andersen, Kayla	SR	Sioux Falls	47.73m	156-07	2
14 Stang, Sarah	JR	Wayne State (Neb.)	47.26m	155-01	2
15 Busch, Taylor	FR	Msu-Moorhead	46.95m	154-00	1
16 Paaverud, Ella	SO	Concordia-St. Paul	46.27m	151-10	2
17 Bengtson, MacKenzie	JR	Sioux Falls	46.11m	151-03	1
18 Donlan, Tia	JR	Concordia-St. Paul	45.95m	150-09	2
19 Gough, Cassidy	FR	Northern State	45.79m	150-03	1
20 Hiltner, Elizabeth	SO	Bemidji State	45.14m	148-01	1
21 Paasch, Kendra	SO	Wayne State (Neb.)	45.13m	148-01	2
22 Guthmiller, Rachel	JR	Northern State	44.80m	147-00	1
23 Sullivan, Kenzie	JR	Wayne State (Neb.)	43.99m	144-04	1

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Name	Yr	School	Finals		H#
24 Phipps, Miranda	SR	Sioux Falls	43.77m	143-07	1
25 Rudebusch, Bailey	SR	Sioux Falls	41.37m	135-09	2
26 Boden, Cali	SO	Sioux Falls	41.15m	135-00	2
27 Sutherland, Carly	FR	Wayne State (Neb.)	40.84m	134-00	1
28 Lammerding, Peyton	FR	Minot State	40.82m	133-11	1
29 Nygard, Tori	FR	Minot State	39.92m	131-00	1
--- Stafslie-Dumale, Abbi	SO	Minnesota State	FOUL		2

Event 30 Men Hammer Throw

NSIC Record: **65.81m R 2014** Chris Reed, Minnesota State
65.89m AUTO
55.59m PROV

Name	Yr	School	Finals		H#
Finals					
1 Kalkowski, Cade	JR	Wayne State (Neb.)	63.04m	206-10PROV	3
2 Berg, Tanner	SR	Northern State	60.90m	199-10PROV	3
3 Kaup, Dylan	SR	Wayne State (Neb.)	57.02m	187-01PROV	3
4 Christoffersen, Cole	JR	Wayne State (Neb.)	54.95m	180-03	3
5 McCormick, Connor	SR	Minnesota State	54.80m	179-09	3
6 Berby, Tanner	JR	Msu-Moorhead	51.17m	167-10	2
7 Krueger, Logan	SO	Minot State	50.87m	166-11	3
8 Quinn, Hunter	JR	Concordia-St. Paul	50.79m	166-08	3
9 Aguilera, Carter	FR	Minnesota State	48.03m	157-07	3
10 Fritsch, Grant	SO	Wayne State (Neb.)	47.46m	155-08	2
11 Mundfrom, Eben	SO	Concordia-St. Paul	47.45m	155-08	3
12 Wigand, Connor	SR	SW Minnesota St.	47.09m	154-06	2
13 Olson, Nick	SO	Northern State	46.63m	153-00	2
14 Hagan, Patrick	JR	Sioux Falls	45.72m	150-00	1
15 Kreins, Samuel	FR	Minot State	44.84m	147-01	1
16 Kucera, Tommy	FR	Minnesota State	44.67m	146-07	2
17 McDonald, Jerron	SO	Msu-Moorhead	44.54m	146-01	1
18 Bicek, Eli	FR	Minnesota-Duluth	44.42m	145-09	1
19 Meisenheimer, Matthew	FR	Wayne State (Neb.)	44.30m	145-04	2
20 Hudson, Nick	SO	Minnesota State	43.84m	143-10	2
21 Harris, Corbin	FR	Minot State	42.54m	139-07	2
22 Wolkow, Jaymeson	SO	Sioux Falls	41.22m	135-03	1
23 Larson, Keegan	JR	Concordia-St. Paul	41.14m	135-00	2
24 Cook, Colton	FR	Msu-Moorhead	41.11m	134-10	1
25 Clark, Hunter	FR	Minot State	40.96m	134-04	1
26 Kemp, Joshua	JR	SW Minnesota St.	38.95m	127-09	1
27 Rex, Marek	FR	Sioux Falls	37.77m	123-11	1
28 Lorenz, Bennett	SO	Wayne State (Neb.)	36.84m	120-10	1

Women - Team Rankings - 8 Events Scored

1) Minnesota State	53	2) U-Mary	46
3) Augustana	45	3) Northern State	45
5) Sioux Falls	29	6) Wayne State (Neb.)	23
7) Bemidji State	18.5	8) Concordia-St. Paul	18

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9) MSU-Moorhead	9	10) St. Cloud State	8.5
11) SW Minnesota St.	8	12) Winona State	6.5
13) Minot State	2.5		

Men - Team Rankings - 7 Events Scored

1) Augustana	48	2) MSU-Moorhead	36
3) Wayne State (Neb.)	35.5	4) Minnesota State	33.5
5) Northern State	32	6) Concordia-St. Paul	30
7) Minnesota-Duluth	18	8) SW Minnesota St.	11
9) Sioux Falls	9	10) U-Mary	8
11) Minot State	6	11) Upper Iowa	6