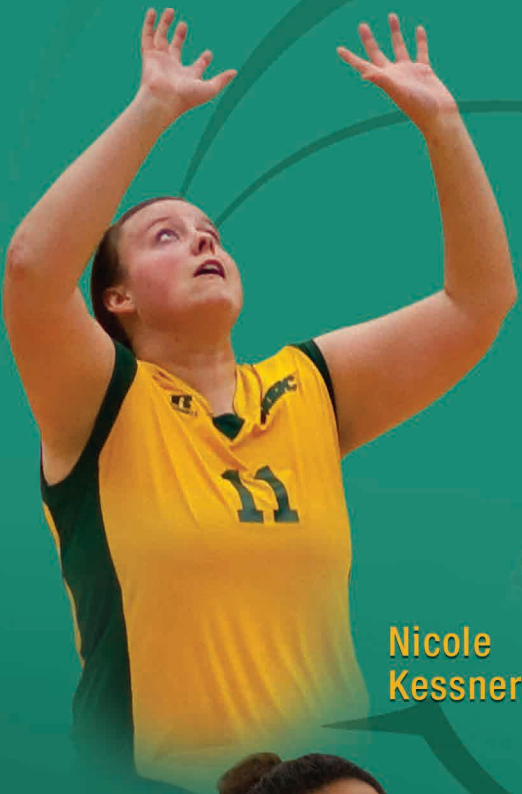




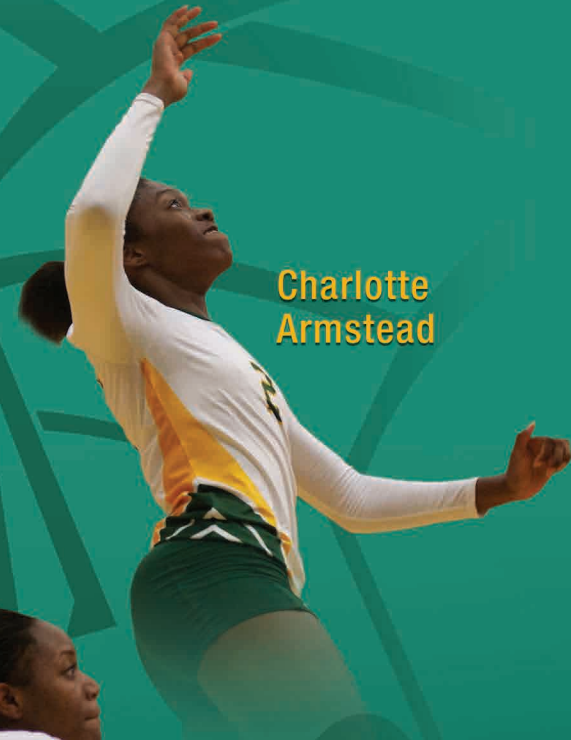
# 2012 NORFOLK STATE UNIVERSITY VOLLEYBALL



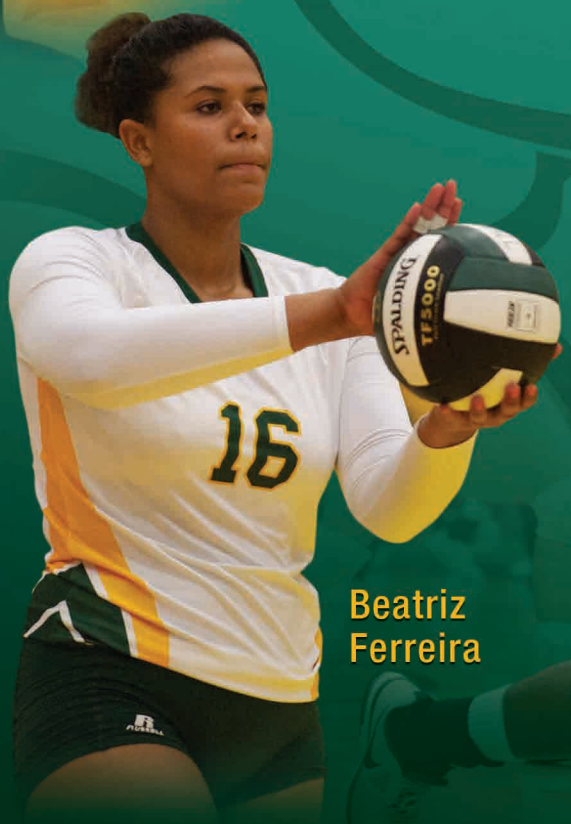
Nicole  
Kessner



Maatra  
Henderson



Charlotte  
Armstead



Beatriz  
Ferreira



Kristen  
Burt

## MEDIA GUIDE

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## Norfolk State University 2012 Volleyball Quick Facts

### University Information

<b>Location</b> .....	Norfolk, Va.
<b>Founded</b> .....	1935
<b>Enrollment</b> .....	7,000
<b>Mascot</b> .....	Spartans
<b>School Colors</b> .....	Green & Gold
<b>Affiliation</b> .....	NCAA Division I
<b>Conference</b> .....	Mid-Eastern Athletic Conference (MEAC)
<b>Home Arena</b> .....	Echols Hall
<b>Capacity</b> .....	6,191
<b>Acting President</b> .....	Dr. Tony Atwater
<b>Athletics Director</b> .....	Marty L. Miller
<b>Athletics Phone</b> .....	(757) 823-8152
<b>Athletics Fax</b> .....	(757) 823-2566

### Sports Information

<b>SID</b> .....	Matt Michalec
<b>Email</b> .....	mmichalec@nsu.edu
<b>Volleyball Contact</b> .....	Mike Bello
<b>Email</b> .....	mjbello@nsu.edu
<b>Office Phone</b> .....	(757) 823-2628
<b>Cell</b> .....	(814) 602-6678
<b>Fax</b> .....	(757) 823-8218
<b>Mailing Address</b> .....	NSU Office of Sports Information 700 Park Ave., Norfolk, VA 23504
<b>Website</b> .....	www.nsuspartans.com

### Coaching Staff

<b>Interim Head Coach</b> .....	Brandon Duvall (Old Dominion)
<b>Record at NSU</b> .....	22-36 (2 Seasons)
<b>Career Record</b> .....	Same
<b>Office Phone</b> .....	(757) 823-2804
<b>Email</b> .....	bwduvall@nsu.edu
<b>Office Fax</b> .....	(757) 823-2566
<b>Assistant Coach</b> .....	Dave Albaugh (Shippensburg, '94)
<b>Office Phone</b> .....	(757) 823-2804
<b>Email</b> .....	dkalbaugh@nsu.edu

### Team Information

<b>2011 Overall Record</b> .....	9-16
<b>2011 MEAC Record/Finish</b> .....	5-7/5th Northern Division
<b>Letterwinners Returning/Lost</b> .....	7/7
<b>Starters Returning/Lost</b> .....	4/3 (includes libero)
<b>Key Returnees (Per-Set Averages)</b> .....	Sr. Charlotte Armstead (2.85 kills, 0.79 blocks); Sr. Beatriz Ferreira (2.81 kills); So. Adriana Ramos (2.34 kills, 1.85 digs); Sr. Kristen Burt (8.76 assists)
<b>Number of Newcomers</b> .....	6
<b>First Year of Volleyball</b> .....	1980
<b>All-Time MEAC Record</b> .....	28-115
<b>MEAC Regular-Season Titles</b> .....	N/A
<b>MEAC Championship Titles</b> .....	N/A
<b>MEAC Tournament Record</b> .....	2-11

The 2012 NSU Volleyball Media Guide was written, edited and produced by the NSU Sports Information Office, director Matt Michalec and assistant Mike Bello. Editorial assistance was provided by Marty Miller. Photography was provided by Jerry S. Altares and Mark's Digital Photography.

## NEWSPAPERS

---

**The Virginian-Pilot**  
150 W. Brambleton Ave.  
Norfolk, VA 23510  
Contact: Chris Carlson  
Email: chris.carlson@pilotonline.com  
Phone: (757) 446-2366  
Fax: (757) 533-9004

**The Daily Press**  
7505 Warwick Blvd.  
Newport News, VA 23607  
Contact: TBD  
Email: sports@dailypress.com  
Phone: (757) 247-4630  
Fax: (757) 247-9420

**The New Journal & Guide**  
P.O. Box 209  
Norfolk, VA 23509  
Contact: Leonard Colvin  
Email: njgchiefreporter@gmail.com  
Phone: (757) 543-6531  
Fax: (757) 543-7620

**Richmond Times-Dispatch**  
333 East Grace Street  
Richmond, VA 23293  
Contact: John O'Connor  
Email: tdsports@timesdispatch.com  
Phone: (804) 649-6554  
Fax: (804) 775-8085

**Petersburg Progress Index**  
15 Franklin Street  
Petersburg, VA 23803  
Contact: Tom Dozier  
Email: tdozier@progress-index.com  
Phone: (804) 732-3456 ext. 3251  
Fax: (804) 732-8417

**Richmond Free Press**  
422 East Franklin Street  
Richmond, VA 23219  
Contact: Raymond Boone  
Phone: (804) 644-0496  
Fax: (804) 643-7519

**Suffolk News Herald**  
P.O. Box 1220  
Suffolk, VA 23439  
Contact: Andrew Giermak  
Phone: (757) 943-9614  
Fax: (757) 539-8804

## WIRE SERVICES

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**Associated Press (AP)**  
600 E. Main St., Suite 1250  
Richmond VA 23219-2440  
Phone: (804) 643-6646  
Fax: (804) 643-6223

## MEAC OFFICE

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2730 Ellsmere Ave.  
Norfolk, VA 23513  
Contact: Patricia Porter  
Email: porterp@themeac.com  
Phone: (757) 416-7100  
Fax: (757) 416-7109

## CAMPUS MEDIA

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**The Spartan Echo**  
700 Park Avenue  
Norfolk, VA 23504  
Contact: Marian Brooks  
Email: m.c.brooks15714@spartans.nsu.edu  
Phone: (757) 823-8562

**WNSB Hot 91.1 FM**  
700 Park Avenue  
Norfolk, VA 23504  
Contact: Doug Perry  
Email: dperry@nsu.edu  
Phone: (757) 823-9672  
Fax: (757) 823-2385

## AREA TELEVISION

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**WAVY-TV (NBC)**  
300 Wavy Street  
Portsmouth, VA 23704  
Contact: Bruce Rader  
Email: bruce.rader@wavy.com  
Phone: (757) 673-5440  
Fax: (757) 397-8279

**WVEC-TV (ABC)**  
613 Woodis Ave.  
Norfolk, VA 23510  
Contact: Scott Cash  
Email: scash@wvec.com  
Phone: (757) 628-6215  
Fax: (757) 628-5855

**WTKR-TV (CBS)**  
720 Boush Street  
Norfolk, VA 23510  
Contact: Kevin Rafferty  
Email: Kevin.Rafferty@wtkr.com  
Phone: (757) 446-1361  
Fax: (757) 446-1376

## AREA RADIO

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**WXTG 102.1 FM The Game**  
232 Business Park Dr., Suite 120  
Virginia Beach, VA 23462  
Contact: Keith Bennett  
Email: bennettk@redskins.com  
Phone: (757) 490-2750  
Fax: (757) 490-2755

**WVSP-ESPN Radio 94.1 FM**  
5589 Greenwich Road, Suite 200  
Virginia Beach, VA 23462  
Contact: Richie Summerville  
Email: richies@maxmediava.com  
Phone: (757) 671-1000 ext. 252  
Fax: (757) 671-1313

## ELECTRONIC MEDIA

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**Black College Sports Page**  
7 Belles Court  
Greensboro, NC 27401  
Contact: Lut Williams  
Email: bcsp@triad.rr.com  
Phone: (336) 370-9752  
Fax: (336) 691-0990

**College Sporting News, Inc.**  
P. O. Box 5101  
Skokie, IL 60076  
Contact: Ralph Wallace  
Email: csnweb@yahoo.com  
Phone: (847) 213-0999

**Onnidan Group**  
P.O. Box 19963  
Raleigh, NC 27619  
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Email: staff@onnidan.com  
Phone: (919) 329-7036  
Fax: (775) 249-6545

**The Sports Network**  
2200 Byberry Road, Suite 200  
Hatboro, PA 19040  
Contact: Craig Haley  
Email: chaley@sportsnetwork.com  
Phone: (215) 441-8444  
Fax: (800) 227-0803



**Dr. Tony Atwater**  
President

Tony Atwater was appointed the fifth president of Norfolk State University on April 22, 2011. He previously served as a Senior Fellow of the American Association of State Colleges and Universities, a leadership association serving more than 400 public colleges and universities nationwide.

Atwater served as president and chief executive officer at Indiana University of Pennsylvania (IUP), a comprehensive,

doctoral/research university. It is the fifth largest university in Pennsylvania and the largest within the Pennsylvania State System of Higher Education. As president, he led a population of more than 14,600 students and nearly 1,700 employees; oversaw an annual university budget of \$220 million; and supported six academic colleges and the School of Graduate Studies and Research. He also directed operations at three regional campuses.

Prior to serving as IUP president, he served as provost and vice president for academic affairs at Youngstown State University in Ohio. In this capacity, he oversaw academic programs, academic policy and academic assessment. He also provided leadership and strategic direction to approximately 750 faculty members, serving six academic colleges, the School of Graduate Studies and Research, and the library.

Other administrative assignments have included serving as dean of the College of Professional Studies and Education at Northern Kentucky University; chairperson of the Rutgers University Department of Journalism and Mass Media; and special assistant to the provost at the University of Connecticut. He also served as associate vice president for academic affairs at the University of Toledo.

Throughout his career, Atwater has assumed significant community leadership roles. These efforts include serving on the Governor's Task Force on Youth and Substance Abuse Prevention in Kentucky; the Board of Trustees of the Northwest Ohio Public Television Foundation; and the Indiana County Chamber of Commerce. He was also a member of the 2000-01 delegation of Leadership Cincinnati and the Advisory Board of KeyBank in the Northeast Ohio Region. Additionally, he was past president of the Association for Education in Journalism and Mass Communication.

A native of Nashville, Tenn., Atwater earned a Ph.D. in communication research from Michigan State University in 1983, where he was the recipient of a competitive doctoral fellowship. He completed post-doctoral studies in the Department of Communication at the University of Michigan in 1989. He also earned a bachelor's degree in mass media arts from Hampton University in 1973. Additionally, he holds three graduate certificates in higher education administration from the Harvard Graduate School of Education.

Atwater is a Ford Foundation Postdoctoral Fellow and is the author of approximately 30 refereed journal articles on news selection behavior in the mass media – the subject of his research interests.





**Marty Miller**  
Director of Athletics

Marty Miller has been called many things during his tenure at Norfolk State University. Some have called him a rock. Others have referred to him as one of Norfolk State's greatest ambassadors. Regardless of the label, what's clear is that Miller has served his alma mater in various capacities for more than 40 years, providing NSU with stability in times of need.

His professional career at Norfolk State has included stints in the areas of financial aid, career services, student affairs and athletics. After winning more than 700 games as the school's baseball coach, Miller was named NSU's acting athletics director on December 16, 2004. He was appointed to the permanent athletics director post on March 18, 2005.

Early in Miller's tenure, he was confronted with many challenges, the biggest one being the hiring of a football coach. Miller and his search committee worked during the Christmas and New Year's holidays to find a football coach. The hard work paid off when the decision was made to hire Pete Adrian from Bethune-Cookman. With approval of then-President Dr. Marie V. McDemmond, Adrian became the first white head coach in any major sport at NSU and the second ever in MEAC football history.

Another major challenge upon Miller's appointment as Director of Athletics was that he inherited a deficit exceeding \$1,100,000. With his knowledge of financial planning

and strong administrative skills, the deficit was eliminated in FY10 and the department ended the year with a positive fund balance of over \$1,200,000.

The NSU athletics department has also made a number of major facilities improvements. With help from alumni, fans, friends and the Department of Facilities Management, the athletics department was able to raise funds to renovate and purchase new equipment for the weight room. In 2007, the school completed a major renovation of the NSU Softball Field, which included the installation of new team dugouts and a press box. Bleacher renovations to Joseph Echols Hall were completed for the 2008-09 basketball season. A new state-of-the-art track surface was completed in the summer of 2010.

The crown jewel of the facility upgrades made in Miller's first seven years as athletics director is the purchase of two new Daktronics LED video display boards at William "Dick" Price Stadium. The project is scheduled for completion during the summer of 2012.

Another highlight of his tenure as athletics director includes NSU capturing the last eight Talmadge Layman Hill awards, given annually to the top men's sports program in the conference. NSU has received a total of \$185,000 for winning the awards. Miller was also presented in March 2006 with the Tom Fergusson Memorial Award, given annually to the area's top sportsman by the Norfolk Sports Club. Miller also presided over one of the more historic years in NSU lore in 2011-12. An NSU-record six Spartan teams won MEAC titles, which included the first-ever championships for the football, men's basketball and women's bowling teams during their Division I tenure. The men's basketball team made its mark in NCAA Tournament history by scoring an upset of No. 2 seed Missouri in the second round of the NCAA West Region in March of 2012.

Miller is no stranger to winning. His career record as baseball coach was 718-543-3. Miller first started making a name for himself as a player at NSU from 1965-68. He hit .380 as a sophomore; .438 with eight doubles, two triples, three homers and 27 RBI as a junior; and .406 as a senior, when he became the first Spartan player to be named an NCAA College Division All-American. Miller was an All-CIAA baseball selection in 1967 and 1968, and led the nation in doubles in 1968.

Miller graduated with a bachelor's degree in mathematics in 1969. An ROTC mem-

ber in college, Miller was commissioned a second lieutenant in the U.S. Army after he graduated. While on active duty, Miller was signed by the Minnesota Twins. Miller returned to his alma mater in 1972 as an assistant to baseball coach Bob Andrews. The next season, Miller inherited the head-coaching job, which he held until early in 2005.

Miller is the winningest baseball coach in CIAA history, having led the Spartans to a 584-374-3 record in their years in the league. Miller's ledger in the CIAA includes 17 conference championships, including seven in a row from 1987-93; 12 post-season appearances; 15 CIAA Coach of the Year awards; six All-Americans and 22 players signed to pro contracts. He also won the 1980 NAIA District 19 Coach of the Year award after his team won the District 19 title. Between 1993-97, Miller won five consecutive Louisville Slugger Awards, given to championship coaches. He was one of a select few baseball coaches to receive the award for five consecutive years.

In 1997, NSU honored Miller by building the Marty L. Miller Baseball Field. One year later, Miller led NSU to the MEAC Tournament championship round in the Spartans' first year in the league. He was named the MEAC Coach of the Year in 2000, and NSU reached the championship round again in 2001.

The year 2003 was also a special one for Miller. In February, Miller was inducted into the CIAA's John B. McLendon Hall of Fame. In May, Miller earned his 700th career win with the Spartans when sixth-seeded NSU upset No. 2 Delaware State in the MEAC tournament. In August, Miller the player was honored as one of eight inductees into the Norfolk State University Athletics Foundation Sports Hall of Fame.

Miller was also inducted into the Hampton Roads African American Sports Hall of Fame in 2010. He was also chosen to serve in March 2011 on the Hampton Roads Sports Hall of Fame Committee and is also a member of the Virginia Sports Hall of Fame Honors Court. In October 2012, Miller will be inducted into the Hampton Roads Sports Hall of Fame.

Miller, a native of Danville, Va., is a current member and past president of the Norfolk Sports Club. He and his wife Liz have one son, Marty Eric, a former NSU outfielder.

## Norfolk State University Athletics Seven-Year Highlights (2005-Present)

The Norfolk State University intercollegiate athletics program has experienced unprecedented success at the NCAA Division I level during the past seven years (2005-12). This period of progress has been highlighted by improvements in virtually every area critical to transforming the NSU athletics program into a highly competitive program that will consistently challenge for Mid-Eastern Athletic Conference (MEAC) and NCAA Division I championships.

The catalyst for these advancements has been **Marty Miller**, who was appointed athletics director at NSU in December 2004 and will continue to lead the Spartan athletic program for at least the next five years. Miller believes that the mission of the athletics program is an extension of the mission of Norfolk State University. He places an emphasis on areas that impact the welfare of student-athletes. Improving graduation rates, gender equity, and the retention of student-athletes are equally – if not more – important, than winning conference and national championships.

However, the initiatives designed to enhance the student-athlete experience and improve the overall administrative process have been successful due to the achievements of the teams and individual student-athletes. Perhaps the biggest achievement came in early 2009, when the athletics department was recertified to receive NCAA accreditation for the next 10 years. By achieving certification status, NSU is considered to be operating its athletics program in substantial conformity with operating principles adopted by the NCAA's Division I membership.

Numerous staff and coaching hires have been made to enhance the department's efficacy. New personnel have been hired in the areas of academic support, compliance, business operations and development to meet the growing demand in those departments. Head coaches have been hired in every sport since Miller took over, with great success across the board.

**Pete Adrian** has orchestrated the steady progress of the football team, which culminated in the program's first-ever MEAC title and NCAA Division I playoff appearance in 2011. Men's basketball coach **Anthony Evans** kept the banner year for NSU rolling after leading the Spartans to the MEAC championship in 2012 and perhaps the most defining moment in the history of NSU athletics: an upset of No. 2 seed and nationally-ranked No. 3 Missouri in the NCAA tournament second round.

**Kenneth Giles'** cross country and track teams have dominated the MEAC, amassing 20 conference titles since 2005, while **Wilhelmenia Harrison** led NSU to its first-ever bowling championship in 2012.

**Claudell Clark**, meanwhile, helped guide the baseball team to a runner-up finish at the MEAC Championships in 2008 and 2011. **Brandon Duvall** was named the MEAC Coach of the Year in 2010 after guiding the volleyball team to its best overall and MEAC record in Division I. **Heidi Cavallo** led the Spartan softball team to just its second winning conference season during the MEAC era in 2012.

The accomplishments of NSU student-athletes in the classroom since 2005 have been equally impressive. The number of student-athletes annually named to the MEAC Commissioner's All-Academic Team has steadily increased the last several years, reaching a record 67 in 2011-12.



Basketball player Rodney McCauley (left) and bowler Jessica Overton (right) were named the 2012 Male and Female Scholar Athletes of the Year, respectively, at the department's end-of-year awards ceremony. McCauley and Overton were two of the record 67 student-athletes named to the MEAC All-Academic Team for 2011-12.

The following is a list of accomplishments and improvements the NSU athletics program has experienced since 2005.

### Academics

- Had 79 student-athletes earn a spot on the Athletics Director's Honor Roll (min. GPA: 3.0) in the spring of 2012
- Had record 67 student-athletes (sophomores or higher) named to MEAC All-Academic team (min. GPA: 3.0) in 2011-12
- Increased student-athlete graduation success rate from 40% to 62%
- Won the inaugural Division I Football Championship Subdivision Academic Progress Rate Award for having the MEAC's highest cumulative APR for three straight years from 2008-09 to 2010-11
- David Kemboi was one of 50 student-athletes nationwide named to the 2006-07 Division I Men's Cross Country All-Academic team as selected by the United States Track and Field and Cross Country Coaches Association (USTFCCCA)
- Thea Aspiras named to the 2010-11 National Tenpin Coaches Association (NTCA) All-Academic First Team
- Women's tennis earned the Intercollegiate Tennis Association (ITA) All-Academic Team Award in 2011 and '12 for having a team GPA of at least 3.20; 3 players each year named ITA Scholar-Athletes for having a GPA of 3.50 or better

### Program Awards

- Won the last eight MEAC men's all-sports awards (Talmadge Layman Hill Award) and earned the NSU Athletics Department \$185,000 from 2005-12
- Won both the football and men's basketball MEAC Championships in 2011-12, just the second time in 20 years a MEAC school pulled off the feat
- Had the baseball, men's basketball and football teams all post winning records in 2007-08 for the first time in the Division I era



Kenneth Giles has led the men's track and field team to seven straight indoor/outdoor conference title sweeps

### Facilities

- Added two new state-of-the-art Daktronics video boards to Dick Price Stadium (spring/summer 2012)
- Resurfaced the NSU Tennis Complex and installed new nets (summer 2012)
- Renovated and resurfaced the Dick Price Stadium track (summer 2010)
- Renovated the Joseph G. Echols Memorial Hall basketball arena to add new chair-back seating (August 2008 and 2009)
- Completed refurbishing of women's sports locker rooms in Gill Gymnasium (fall 2008)
- Completed softball field renovations in 2007-08, including construction of a press box, dugouts and restrooms
- Replaced the outfield wall at Marty L. Miller Baseball Field (summer 2007)
- Renovated weight room in Gill Gymnasium in 2005, increasing size of existing room and purchasing new equipment



Defensive back Don Carey became the first Spartan football player to be drafted in 13 years when the Browns selected him in the 2009 draft.

## Football

- Won school's first-ever MEAC title in 2011 and made first NCAA Division I FCS playoff appearance
- Went 9-3 overall in 2011, the most wins in the D-I era and most for any Spartan football team since going 10-2 in 1984
- Offensive lineman Blake Matthews and kicker Ryan Estep named to Associated Press FCS All-America second team in 2011
- Quarterback Chris Walley named 2011 MEAC Co-Offensive Player of the Year, NSU's first ever; Matthews named MEAC Offensive Lineman of the Year
- Won three different HBCU national titles in 2011 – the Boxtorow.com, HSRN and American Sports Wire Black College Football polls
- Had three straight winning seasons in 2009 (7-4), 2010 (6-5) and 2011 (9-3) for first time since the mid-90s
- A record 10 NSU players were named All-MEAC in both 2007 and 2011, and 38 overall named All-MEAC from 2007-11
- Pete Adrian named NSU's first MEAC Football Coach of the Year in 2007 and then again in 2011
- Adrian also named FCS Coach of the Year by College Sporting News in 2011

- Earned school's first-ever national FCS national ranking in 2007 and reached as high as 18th in 2011 in the FCS Coaches Poll
- Had its first NFL draftee since 1996 when Don Carey was selected by the Cleveland Browns in the sixth round of the 2009 draft

## Cross Country

- Won 11 of the last 12 MEAC men's titles, including a conference-record seven straight from 2000-06
- Won the school's first-ever MEAC women's title in 2009
- Sent a runner to the NCAA Division I National Cross Country Championship for the first time in school and MEAC history in 2006 (David Kemboi)
- Head coach Kenneth Giles named MEAC Men's Most Outstanding Coach for 11 of the past 12 seasons

## Men's Basketball

- Won school's first-ever MEAC Championship in 2012 and earned first NCAA Division I Tournament berth
- As No. 15 seed, defeated No. 2 seed Missouri in NCAA second round, just the fifth time ever a 15th seed knocked off a 2nd seed in the NCAA Tournament
- Finished the year with a 26-10 record, a Division I-era wins record and the most victories at NSU since 1994-95
- Kyle O'Quinn named MEAC Player of the Year, MEAC Defensive Player of the Year, MEAC Tournament Most Outstanding Performer and the Lou Henson Award winner (national mid-major player of the year) in 2012
- Head coach Anthony Evans named the Clarence "Big House" Gaines Award winner as top minority basketball coach in Division I
- O'Quinn taken with the 49th overall pick in 2012 NBA Draft by the Orlando Magic, the first MEAC player drafted since 1998 and the first NSU player since 1988
- Nominated for an ESPY Award for Best Upset for the win over Missouri



No. 15 seed NSU's upset of No. 2 seed Missouri was (at the time) just the fifth all-time 15-over-2 upset in NCAA tournament history.

## Track & Field



NSU became the first MEAC school since 2003 to sweep the MEAC men's and women's indoor track and field titles when they accomplished the feat in 2010.

- Became first MEAC men's track program to win both the indoor and outdoor conference championships for seven consecutive academic years (2006-12)
- Sprinter Sean Holston placed sixth at the 2012 NCAA indoor championships, earning first-team All-America honors
- Holston, Champagne Bell, Aramis Massenburg and Darris Shelton earned honorable mention All-America honors at the NCAA outdoor championship in 2011, while Keith Nkrumah did the same in 2012
- Won the school's first MEAC women's indoor championship in 10 years in 2010, and first outdoor title in 10 years in 2011
- Had two athletes (Marlon Woods, Corey Vinston) earn NCAA Division I All-American status in the same championship meet for the first time in school history in 2009
- Head coach Kenneth Giles named MEAC Men's Most Outstanding Coach 14 times

## Bowling

- Won school's first-ever MEAC title in 2012
- Wilhelmenia Harrison named MEAC Coach of the Year in both 2011 and 2012
- Topped previous school record of 67 wins with a 91-40 campaign in 2011-12
- Thea Aspiras named to the All-MEAC first team in both 2011 and 2012, a first for NSU, while Chelsea Krall earned second team honors in 2012
- Aspiras also named to the NTCA All-America second team and the MEAC Rookie of the Year in 2011, each a first for NSU
- Reached as high as No. 10 in the national rankings in 2011-12, topping the previous best of 16th in 2010-11

## Media Exposure

- Made numerous appearances on national media outlets, including ESPN and CBS, as well as in national newspapers such as *The New York Times* following upset of Missouri in NCAA men's basketball tournament
- Received over 90,000 web site visits in March 2012, a record for a single month for [www.nsuspartans.com](http://www.nsuspartans.com)
- Averaged over 29,000 web site visits per month during the 2010-11 academic year, the best one-year period in school history
- Conducted live video streaming for all basketball, football, baseball, softball and volleyball home games in 2011-12 for the first time ever
- Redesigned [www.nsuspartans.com](http://www.nsuspartans.com) in the summer of 2010
- Conducted live video streaming for the first time in 2009-10, broadcasting 16 athletic events on the department's web site
- Began airing a weekly radio show, Inside Spartan Sports, on Fox Sports affiliate WXTG 102.1 FM in January 2009
- Had five sporting events televised on ESPN networks (three football games, two men's basketball) in 2008-09
- Hosted the school's first two nationally-televised softball games in 2007 and 2008
- Had six sporting events televised on ESPN networks (three football games, two men's basketball, one softball) in 2007-08, most in school history
- Transitioned the department's web site from the [www.nsu.edu](http://www.nsu.edu) domain to the current [www.nsuspartans.com](http://www.nsuspartans.com) domain in the fall of 2007



new – led by head coach Kenneth Giles, the Spartan men’s cross country and track programs have secured 25 MEAC championships in the last 13 years.

Meanwhile, the Spartan football team surprised the so-called experts by winning its first-ever MEAC title and reaching the Division I FCS playoffs for the first time. Coach Pete Adrian’s team finished 9-2 and reached as high as No. 19 in the national FCS rankings, the highest in the history of the program.



a West Region second-round game. The Spartans finished the year with a school Division I-era record 26 victories.

Just two days after the Missouri upset, NSU secured yet another MEAC title as Wilhelmenia Harrison’s women’s bowling team also captured its first-ever crown.



Spartan athletes and coaches also had a banner year individually:

- Seven athletes earned All-America honors
- Three athletes won MEAC Player of the Year awards
- Four athletes won MVP accolades at their respective MEAC championship events
- Two coaches (Wilhelmenia Harrison, Pete Adrian) were named MEAC Coach of the Year
- Three coaches (Harrison, Kenneth Giles, Anthony Evans) were named

Most Outstanding Coach at their respective MEAC championship events

- And two coaches (Adrian, Evans) earned national Coach of the Year honors by at least one organization

Indeed, 2011-12 was definitely a year to “Behold!”

NSU Athletics Director Marty L. Miller proclaimed that the 2011-12 school year would be “The Year of the Spartan” even before it began. His words proved to be prophetic as Spartan athletic teams brought home six (6) Mid-Eastern Athletic Conference titles – the biggest yearly haul in school history.

The NSU men’s cross country and track and field programs captured a yearly sweep of the MEAC titles in cross country, indoor and outdoor track and field for the fourth consecutive year. But that is nothing





**Brandon Duvall**  
Interim Head Coach

Following an injury-plagued 2011 season, hopes are high heading into 2012 as interim head coach **Brandon Duvall** enters his third year in charge of the Norfolk State volleyball team. The 2010 MEAC Coach of the Year, Duvall will also begin his fifth straight year working with the Spartan volleyball program in some capacity.

Duvall helped raise expectations at NSU after a strong showing in his collegiate head coaching debut in 2010. Taking over the program just weeks before the start of the season after the departure of previous head coach Jennifer Fry, Duvall led NSU to a 13-20 overall record, including a 5-3 conference

slate and a third-place finish in the MEAC Southern Division.

In the 13 prior seasons in the MEAC, the program had never finished better than 3-5 in conference play. In addition, NSU posted more overall wins than any other year in the Division I era, breaking the previous mark of 11 victories set in 1999. Duvall's MEAC Coach of the Year honor was the first for the program.

Despite injuries to the team's starting setter, libero, middle blocker and two other reserve players that kept them out for most if not the entire season, the Spartans still managed to follow that up in 2011 with a 9-16 overall record. That mark included a 5-7 conference ledger in NSU's first year in the MEAC Northern Division.

Finishing with those marks would have been celebrated as a historic season just 10 years ago, or even an above-average campaign just four years prior. Instead, it was seen as a disappointment to those in and outside the program, proving just how much Duvall and assistant coach Dave Albaugh have raised expectations around the NSU campus with their recruiting and the team's level of play.

In 2010, that on-court performance was illustrated by the play of Charlotte Armstead, who was named to the All-MEAC Second Team and was one of several players to post stellar seasons for NSU. Armstead broke the single-season mark for kills in a season, while Nicole Kessner topped

the single-season and career records for assists. Noelle Eagles fell just a few digs short of that single-season mark in just her first collegiate campaign.

Armstead then surpassed the school's career block assist record in 2011 and is primed to surpass the all-time NSU records for kills and total blocks in 2012.

Prior to his current appointment, Duvall served as an assistant coach at NSU for the 2008 and '09 seasons under Fry before being named the interim head coach in early August 2010.

Perhaps his greatest coaching accomplishment, though, came away from the NSU court in June 2011 when Duvall led the Coastal Virginia U-16 club team to the national title at the 38th AAU Girls' Junior National Championships in Orlando, Fla. Duvall's squad compiled a 14-0 record during the four-day tournament, losing just one set along the way.

His Coastal Virginia squad also became the first club team from the state of Virginia to win an AAU national championship. A total of 175 teams competed at the 2011 championships at Disney's Wide World of Sports Complex.

Prior to arriving at NSU, Duvall served as an assistant at Virginia Wesleyan College in 2006, where he helped lead the women's team to a 19-9 overall record and a third-place finish in the Old Dominion Athletic Conference Tournament.

From 2003-06, Duvall was the assistant boys volleyball coach at Great Bridge High School in Chesapeake, Va. He helped the Wildcats to the 2004 and 2005 Southeastern District regular-season titles.

Duvall had assistant coach stints with the girls' teams at Ocean Lakes High School (1998) and Tallwood High School (2002), and served as the girls' head coach at Ocean Lakes in 1999.

Duvall has also worked with the Coastal Virginia Volleyball Club as an assistant under Albaugh, the former Great Bridge boys coach. Duvall has assisted the nationally ranked girls' U-18 team since 2003 and was the head coach of the U-15 girls' team from 2006-07.

He also worked with the Tidewater Volleyball Club (TVC) from 2001-03, assisting with the girls' U-18 team and leading the U-15 team.

Duvall was the defensive specialist on the club team while attending Old Dominion. He continues to play in several indoor and outdoor competitions and participates in both men's and co-ed matches at the open level.



**Dave Albaugh**  
Assistant Coach

The 2012 season will mark **Dave Albaugh's** third year as an assistant coach with the Norfolk State volleyball program. Along with third-year interim head coach Brandon Duvall, Albaugh's coaching prowess and eye for recruiting have been instrumental in taking the NSU program to new heights in just his first two seasons.

Albaugh joined the Spartan volleyball program owning numerous years of experience at the high school and junior Olympic levels in the Hampton Roads area. That came on the heels of a successful collegiate career for Albaugh at Shippensburg University.

In just his first season with NSU in 2010, Albaugh helped turn the program around, as the Spartans finished with a 13-20 overall record and a 5-3 conference slate. It marked the most overall and conference wins during the Division I era for NSU, dating back to 1997.

Despite injuries to several of the team's top players, NSU still managed to finish the 2011 campaign with a 9-16 overall record, including 5-7 in MEAC Northern Division play. Only two other times since the turn of the century has NSU finished with more wins overall in a season. A campaign that would have once been celebrated, though, was seen as a disappointment due to the increased expectations Albaugh and Duvall have helped put on the program in just two short years.

Albaugh arrived at NSU after spending more than a decade at Great Bridge High School in Chesapeake. He first coached the girls' varsity team, leading it to a fifth-place finish at the state championships in 1999 during his first season there. To this day, he still holds the school record for most

wins in a season.

After three seasons with the girls' team, Albaugh was named the head coach for the boys' team in 2002. During his eight years with the program, he won five Southeastern District Championships and two Eastern Regional Championships while posting an overall record of 168-28.

Albaugh was named the Virginia State Coach of the Year in 2008 and also won Coach of the Year honors for the Southeastern District in 2002, '04, '05, '08 and '09.

Albaugh began his coaching career in North Carolina but eventually made his way to Virginia Beach. While there, he led Kellam High School to its highest winning percentage in the school's history prior to his departure.

In addition to his high school exploits, Albaugh has also been very active in the USA Junior Olympic program in the local area. He started his career with the Tidewater Volleyball Association (TVA), and is currently coaching for the Coastal Virginia U-18 Volleyball Club.

In 2012, his girls' U-18 national team finished ninth overall at the AAU National Championship. Back in 2001, Albaugh's squad became the first team in Virginia ever to win a national qualifier event and is still annually ranked among the nation's best.

Throughout his Junior Olympic coaching career, Albaugh has been instrumental in the promotion of local athletes to college programs. He has been directly involved in the recruiting process of nearly 100 players from the Hampton Roads area.

Following a successful high school career, Albaugh competed for Shippensburg. He earned his bachelor's degree in secondary education social studies in 1994.

Albaugh currently lives and teaches in Chesapeake as a European history teacher.

## Norfolk State University 2012 Volleyball Schedule

Date	Opponent	Location	Time
<b>Aug. 18</b>	<b>GREEN vs. GOLD SCRIMMAGE</b>	<b>Norfolk, Va.</b>	<b>4 p.m.</b>
<u>Kristen Dickmann Invitational</u>			
Aug. 24	vs. Nebraska-Omaha	Annapolis, Md.	4 p.m.
Aug. 25	at Navy	Annapolis, Md.	11 a.m.
Aug. 25	vs. Hartford	Annapolis, Md.	4 p.m.
<u>Robert Morris/Duquesne Invitational</u>			
Aug. 31	vs. Loyola (Md.)	Pittsburgh, Pa.	11 a.m.
Aug. 31	at Duquesne	Pittsburgh, Pa.	7 p.m.
Sept. 1	at Robert Morris	Pittsburgh, Pa.	11 a.m.
Sept. 1	vs. Providence	Pittsburgh, Pa.	3 p.m.
<u>Spartan Classic</u>			
<b>Sept. 7</b>	<b>STETSON</b>	<b>Norfolk, Va.</b>	<b>7:30 p.m.</b>
<b>Sept. 8</b>	<b>UNC WILMINGTON</b>	<b>Norfolk, Va.</b>	<b>1 p.m.</b>
<b>Sept. 8</b>	<b>RUTGERS</b>	<b>Norfolk, Va.</b>	<b>6 p.m.</b>
<u>Air Force/Colorado Invitational</u>			
Sept. 14	vs. Washington State	Colorado Springs, Colo.	2 p.m.
Sept. 14	at Air Force	Colorado Springs, Colo.	10 p.m.
Sept. 15	at Colorado	Boulder, Colo.	5 p.m.
Sept. 15	vs. CSU Bakersfield	Boulder, Colo.	9 p.m.
<u>Spartan Invitational</u>			
<b>Sept. 21</b>	<b>TEXAS-PAN AMERICAN</b>	<b>Norfolk, Va.</b>	<b>7 p.m.</b>
<b>Sept. 22</b>	<b>SOUTH CAROLINA STATE</b>	<b>Norfolk, Va.</b>	<b>1 p.m.</b>
<b>Sept. 22</b>	<b>HAMPTON</b>	<b>Norfolk, Va.</b>	<b>7 p.m.</b>
Sept. 28	at Coppin State *	Baltimore, Md.	6 p.m.
Sept. 30	at Morgan State *	Baltimore, Md.	3 p.m.
<b>Oct. 2</b>	<b>WILLIAM &amp; MARY</b>	<b>Norfolk, Va.</b>	<b>6 p.m.</b>
<b>Oct. 7</b>	<b>HOWARD *</b>	<b>Norfolk, Va.</b>	<b>3 p.m.</b>
<b>Oct. 9</b>	<b>VIRGINIA COMMONWEALTH</b>	<b>Norfolk, Va.</b>	<b>6 p.m.</b>
Oct. 12	at Delaware State *	Dover, Del.	6 p.m.
Oct. 14	at UMES *	Princess Anne, Md.	3 p.m.
Oct. 17	at North Carolina A&T	Greensboro, N.C.	6 p.m.
<b>Oct. 19</b>	<b>HAMPTON *</b>	<b>Norfolk, Va.</b>	<b>6 p.m.</b>
Oct. 21	at Hampton *	Hampton, Va.	3 p.m.
<b>Oct. 26</b>	<b>MORGAN STATE *</b>	<b>Norfolk, Va.</b>	<b>6 p.m.</b>
<b>Oct. 28</b>	<b>COPPIN STATE *</b>	<b>Norfolk, Va.</b>	<b>3 p.m.</b>
Nov. 2	at Howard *	Washington, D.C.	6 p.m.
<b>Nov. 9</b>	<b>UMES *</b>	<b>Norfolk, Va.</b>	<b>7 p.m.</b>
<b>Nov. 11</b>	<b>DELAWARE STATE *</b>	<b>Norfolk, Va.</b>	<b>3 p.m.</b>
Nov. 16-18	MEAC Championship	Baltimore, Md.	TBD

Home Games in **BOLD CAPS**

\* Denotes MEAC Northern Division Match

## Numerical

No.	Name	Pos.	Ht.	Cl.	Hometown/Previous School
1	Jessica Johnson	OH	5-10	Fr.	Land O' Lakes, Fla./Bishop McLaughlin HS
2	Charlotte Armstead	MB	6-0	Sr.	Williamsburg, Va./Warhill HS
3	Coralie Jarema	MB/RS	6-0	Jr.	Highland, Utah/Salt Lake CC/Lone Peak HS
6	Noelle Eagles	L	5-2	RSo.	Richmond, Ind./New Castle Chrysler HS
7	Maatra Henderson	DS/OH	5-7	Sr.	Houston, Texas/Lamar HS
8	Darcy Moore	S	5-6	Fr.	Denver, Colo./Cherry Creek HS
9	Adriana Ramos	OH/DS	5-10	So.	Fredericksburg, Va./Chancellor HS
10	Kristen Burt	S	5-6	Sr.	Ashburn, Va./Broad Run HS
11	Angie Darcus	S/RS	5-11	Fr.	Virginia Beach, Va./Princess Anne HS
12	Janay Frazier	OH	5-9	Fr.	Fredericksburg, Va./Chancellor HS
15	Kylee Thiim	RS/MB	6-0	RSo.	Honolulu, Hawaii/Sacred Hearts Academy
16	Beatriz Ferreira	OH/RS	5-11	Sr.	Contagem, Brazil/Dodge City CC/Laredo CC
17	Jasmin Flowers	MB	6-2	So.	Seguin, Texas/Lifegate Christian School
18	Nicole Kessner	S	5-8	RSr.	Blacksburg, Va./Rancho Cucamonga HS
19	Goda Jankauskaite	MB	6-2	Jr.	Kaunas, Lithuania/Cowley County CC/Missouri State-West Plains

## Alphabetical

No.	Name	Pos.	Ht.	Cl.	Hometown/Previous School
2	Charlotte Armstead	MB	6-0	Sr.	Williamsburg, Va./Warhill HS
10	Kristen Burt	S	5-6	Sr.	Ashburn, Va./Broad Run HS
11	Angie Darcus	S/RS	5-11	Fr.	Virginia Beach, Va./Princess Anne HS
6	Noelle Eagles	L	5-2	RSo.	Richmond, Ind./New Castle Chrysler HS
16	Beatriz Ferreira	OH/RS	5-11	Sr.	Contagem, Brazil/Dodge City CC/Laredo CC
17	Jasmin Flowers	MB	6-2	So.	Seguin, Texas/Lifegate Christian School
12	Janay Frazier	OH	5-9	Fr.	Fredericksburg, Va./Chancellor HS
7	Maatra Henderson	DS/OH	5-7	Sr.	Houston, Texas/Lamar HS
19	Goda Jankauskaite	MB	6-2	Jr.	Kaunas, Lithuania/Cowley County CC/Missouri State-West Plains
3	Coralie Jarema	MB/RS	6-0	Jr.	Highland, Utah/Salt Lake CC/Lone Peak HS
1	Jessica Johnson	OH	5-10	Fr.	Land O' Lakes, Fla./Bishop McLaughlin HS
18	Nicole Kessner	S	5-8	RSr.	Blacksburg, Va./Rancho Cucamonga HS
8	Darcy Moore	S	5-6	Fr.	Denver, Colo./Cherry Creek HS
9	Adriana Ramos	OH/DS	5-10	So.	Fredericksburg, Va./Chancellor HS
15	Kylee Thiim	RS/MB	6-0	RSo.	Honolulu, Hawaii/Sacred Hearts Academy

**Interim Head Coach:** Brandon Duvall (Old Dominion/Third Season)  
**Assistant Coach:** Dave Albaugh (Shippensburg '94/Third Season)

## Pronunciation Guide

Dave ALBAUGH	All-BAH
Angie DARCUS	DAR-kiss
MAATRA Henderson	MAH-tra
Beatriz FERREIRA	Fur-RARE-ah
GODA JANKAUSKAITE	GO-duh Yen-KOSE-kay-tuh
Adriana RAMOS	RAY-mose
Kylee THIIM	THIM



## Player by Country/State

### Brazil (1)

Beatriz Ferreira - Contagem

### Colorado (1)

Darcy Moore - Denver

### Florida (1)

Jessica Johnson - Land O' Lakes

### Hawaii (1)

Kylee Thiim - Honolulu

### Indiana (1)

Noelle Eagles - Richmond

### Lithuania (1)

Goda Jankauskaite - Kaunas

### Texas (2)

Jasmin Flowers - Seguin

Maatra Henderson - Houston

### Utah (1)

Coralie Jarema - Highland

### Virginia (6)

Charlotte Armstead - Williamsburg

Kristen Burt - Ashburn

Angie Darcus - Virginia Beach

Janay Frazier - Fredericksburg

Nicole Kessner - Blacksburg

Adriana Ramos - Fredericksburg



## Player by Class

### Freshman (4)

Angie Darcus

Janay Frazier

Jessica Johnson

Darcy Moore

### Sophomore (4)

Noelle Eagles

Jasmin Flowers

Adriana Ramos

Kylee Thiim

### Senior (5)

Charlotte Armstead

Kristen Burt

Beatriz Ferreira

Maatra Henderson

Nicole Kessner

### Junior (2)

Goda Jankauskaite

Coralie Jarema



**Front Row (Left to Right):** Jessica Johnson, Nicole Kessner, Kristen Burt, Beatriz Ferreira, Charlotte Armstead, Maatra Henderson, Adriana Ramos, Noelle Eagles; **Back Row:** Interim Head Coach Brandon Duvall, Assistant Coach Dave Albaugh, Janay Frazier, Kylee Thiim, Jasmin Flowers, Coralie Jarema, Angie Darcus, Darcy Moore, Athletic Trainer Nicole Wasylyk, Academics Coordinator Christina Ruffin

## Spartans Look for Bounce-Back 2012 Campaign

A disappointing 2011 season, one beset by injuries to a few key players, is now in the rearview mirror for the Norfolk State volleyball team. With most of the team's core players back, and with a highly-touted recruiting class showing plenty of promise, the Spartans are looking to bounce back in 2012 with a season NSU was expecting last year.

Interim head coach **Brandon Duvall** returns for his third season at the helm. The 2010 MEAC Coach of the Year will attempt to take his seven returning letterwinners – nine returning players all-together – and mix in his six newcomers to create a squad capable of competing for the top spot in the Northern Division.

NSU finished fifth last year in its first season in the division with a 5-7 conference mark, just missing out on the MEAC tournament. The Spartans tallied a 9-16 overall record.

Senior setter **Nicole Kessner** returns for a fifth year after missing all of 2011 due to a knee injury. Kessner will bring plenty of floor leadership to this year's team while she attempts to return to her 2009 form that saw her earn second-team All-MEAC honors.

"Nicole just brings so much leadership to the team, and she's done a lot to get all of the new players up to speed," said Duvall. "She's our most experienced player, and having her out on the court is like having another coach out there. She's an excellent floor general."

Senior **Kristen Burt** provides NSU with plenty of options at the setter position after taking over those duties for Kessner last season. Burt filled in quite nicely for Kessner but will return to her backup role in 2012. Duvall is also high on 5-6 freshman **Darcy Moore**, who can be a "program changer," according to the head coach, and give Kessner a run for her money for the starter's job.

"Kristen's done a good job of connecting with our hitters better and improving her composure out on the court," added Duvall. "She's more in control, and she's bringing more leadership to her position."

"Darcy is such a great player, and she is a very experienced setter for her age. Her moves are very deceptive, and she has great location and tempo when she's setting the ball."

Senior hitters **Charlotte Armstead** and **Beatriz Ferreira** provide plenty of offensive firepower for the Spartans after finishing 1-2 on the team

in kills last year with 2.85 and 2.83 per set, respectively. Armstead will man the middle, while Ferreira is slated to compete on the outside.

"Charlotte is such an explosive hitter," continued Duvall. "She'll be one of our top scorers, if not the top scorer, this year. She worked hard in the offseason to take her game to the next level."

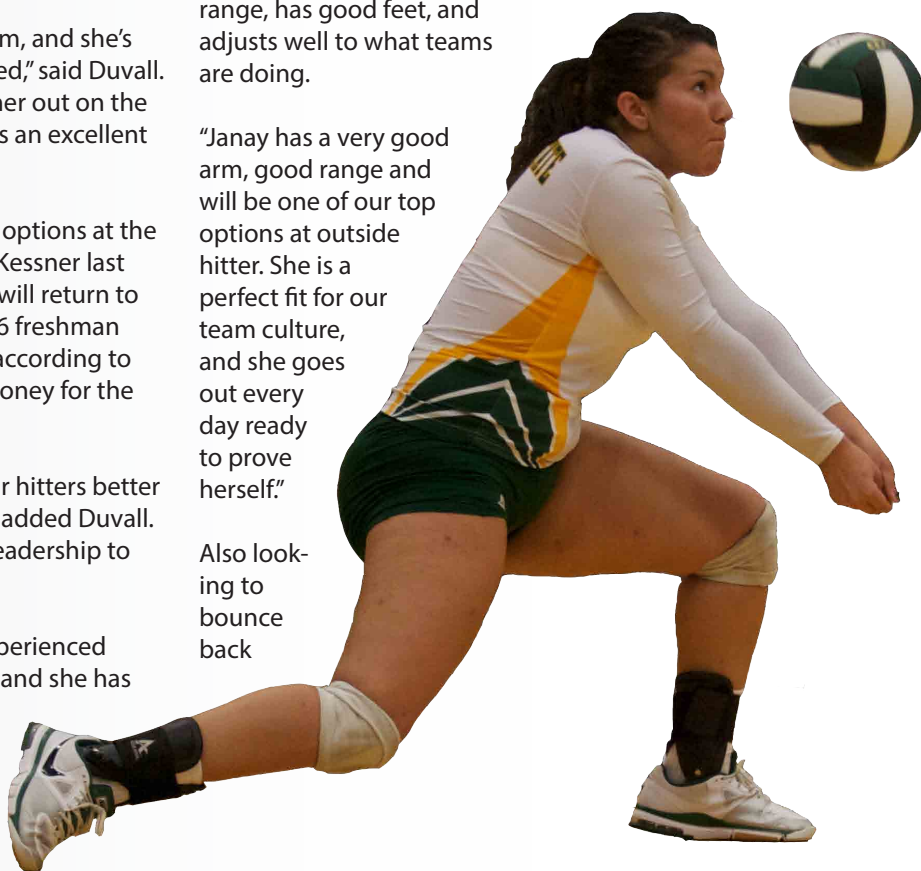
"Bea is perhaps our strongest athlete and one of our best leaders. She hits a heavy ball, and she has the capability of scoring from both pins."

Duvall is also expecting big things out of freshmen outside hitters **Jessica Johnson** and **Janay Frazier**. The 5-10 Johnson led her Florida high school team to its first-ever playoff appearance while topping 1,000 kills for her career. Frazier, the 5-10 younger sister of former NSU player Jasmine Frazier, was a second-team all-state player in 2011. Duvall believes both players can push for playing time at the outside hitter spots.

"Jessica is a very dynamic player," Duvall said. "She has a lot of range, has good feet, and adjusts well to what teams are doing."

"Janay has a very good arm, good range and will be one of our top options at outside hitter. She is a perfect fit for our team culture, and she goes out every day ready to prove herself."

Also looking to bounce back



Adriana Ramos

from injury is redshirt sophomore and starting libero **Noelle Eagles**. After a solid freshman campaign in 2010, Eagles was primed for an even better season last year before concussion symptoms forced her to sit out all but the first two tournaments of the season.

Back as well is sophomore **Adriana Ramos**, who played outside hitter last year and will battle for time there and at defensive specialist while also serving as the backup libero. She ranked third last year on the team with 2.34 kills per set to supplement the production of Armstead and Ferreira.

"Noelle is our best ball-control athlete, and she reads the court very well," said Duvall. "She makes the game look so easy."

"Adriana is another one of our ball-control specialists. She has great touch on the ball and maneuvers well on the court. She is also one of our best servers, so we are looking for her to score points there."

Also back is senior **Maatra Henderson**, a utility player for NSU who has played both offense and defense for the Spartans in years past. Henderson has shown some

good  
flashes at  
outside hitter  
this preseason.

"She has been one of our top leaders this year, and she's one of the hardest workers on the team," Duvall stated. "She's very explosive and has improved tremendously as a hitter and in her blocking."

After losing one of the team's better blockers last year due to graduation in Jasmine Frazier, Duvall went out and added a pair of junior college middle blockers with plenty of credentials in 6-2 **Goda Jankauskaite** and 6-0 **Coralie Jarema**.

Jankauskaite led her team to the NJCAA Division II national championship in 2011 while earning All-America second-team status. An all-

Maatra Henderson

state player in high school, Jarema led her junior college team to an upset of the No. 1-ranked team during the 2010 national junior college tournament.

"Goda is going to bring a lot of size and experience to our team," Duvall said. "Having missed our preseason camp, she's very eager to come in and prove herself."

"Coralie is a very smooth athlete on the floor and plays well off one foot on offense. She's also one of our most versatile players. She can excel at all positions."

NSU's other returning letterwinner is sophomore **Jasmin Flowers**, who has the potential to be a very important component in NSU's blocking scheme after playing more of a backup role in her freshman campaign.

Along with Kessner, redshirt sophomore **Kylee Thiim** (back) also missed all of last season. Thiim played sparingly in 2010 at her middle blocker position and will play both there and on the right side in this year's offense.

"Jasmin adds size to our front row defense," continued Duvall. "She's one of our top blockers, and she's improved her footwork a lot from last year."

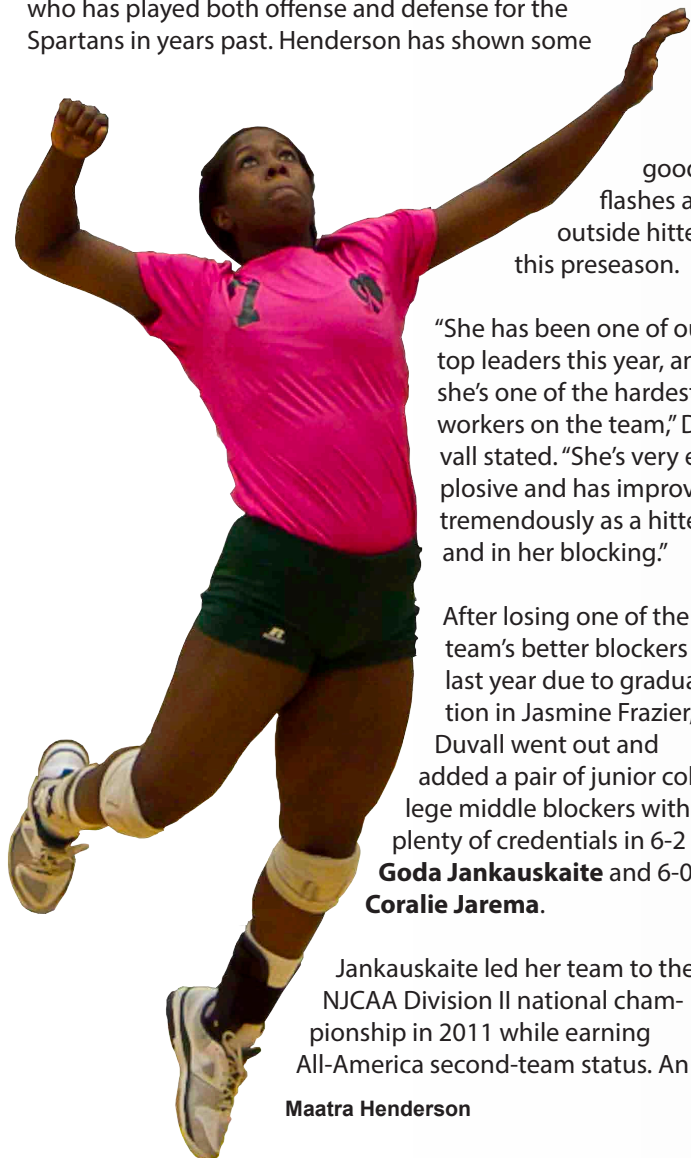
"Kylee has good ball control and is one of our most versatile players as well. She may be our best all-around player and can easily play the right side and outside hitter positions for us."

The last incoming player is freshman setter/opposite **Angie Darcus**. Standing 5-11, Darcus comes in as a preferred walk-on and is expected to see time on the floor throughout the year at the right side hitter spot.

"Angie has good size and strength, has a heavy arm, and can serve so well," Duvall said. "She has the potential to be a dynamic player, and with her blocking skills is a strong option at setter as well."

NSU will host a pair of tournaments this season, the Spartan Classic Sept. 7-8 featuring Stetson, Rutgers and UNC Wilmington, along with the Spartan Invitational Sept. 21-22. The Spartans will kick things off at the Kristen Dickmann Invitational at Navy Aug. 24-25 and head to the Robert Morris/Duquesne Invitational Aug. 31-Sept. 1.

The Spartans will take a big trip out west to take part in the Air Force/Colorado Invitational Sept. 14-15. NSU will face, among others, Colorado and Washington State during their time there. Along with the normal six-and-six home-and-away contests between the other MEAC Northern Division foes, NSU will also host William & Mary and Virginia Commonwealth in early October at Joseph Echols Hall.





## #2 Charlotte Armstead

6-0 • Senior

MB

Williamsburg, Va.

Warhill HS

**2012 (Senior Year):** Named to the preseason All-MEAC team.

**2011 (Junior Year):** Started all 25 matches and saw action in all 91 sets on the year ... Earned a spot on the Maddie Bingaman Memorial All-Tournament Team on Sept. 10 at UMBC ... Member of the MEAC All-Academic Team and the VaSID Academic All-State Team ... Led the team with 285 kills, a 2.85 kills per set average and a .255 attack percentage ... Also had a team-best 72 blocks and 0.79 blocks per set ... Ranked fifth in the MEAC in blocks per set ... Contributed 57 block assists, the fourth-highest total in single-season history, and took over first-place all-time at NSU in career block assists with 158 ... Moved up to third all-time in total blocks with 201 and fourth in career kills with 779 ... Also added 35 digs, 16 service aces and three assists ... Had 15 matches with 10 or more kills ... Posted a season-high 20 digs on a .533 attack percentage with six blocks in a 3-2 win over Youngstown State Sept. 10 ... Knocked down a career-high seven service aces to go along with 17 kills in a 3-1 victory over Howard on Nov. 4 ... Tallied a career-high eight blocks with 15 kills in a 3-2 win at Hampton Oct. 21 ... Tied her career high with six digs and added 13 kills at High Point in a 3-2 win Sept. 24 ... Hit 17 kills with six blocks against Howard on Oct. 9 ... Reached 15 kills for the first of five times on the season when she knocked home exactly 15 kills on a .417 attack percentage against Fairleigh Dickinson Sept. 9.

**2010 (Sophomore Year):** Named to the All-MEAC Second Team ... Tabbed the MEAC Player of the Week Nov. 15 after averaging 4.17 kills per set and hitting .379 in the last three regular season matches ... Earned a spot on the All-Tournament Team at the Peaky's North/South UMES Hawk Invitational Oct. 2 ... Member of the MEAC All-Academic Team ... Team MVP ... Set the NSU single-season record for kills in a season with 328 ... Broke the old record of 307 set by April Johnson in 1996 ... Finished the season ranked tied for fourth all-time in block assists at NSU with 101, seventh in kills with 520, ninth in total blocks with 129 and tied for 15th in solo blocks with 28 ... Competed in all 123 sets and started 32 of 33 matches ... One of only two players to compete in every set ... Averaged 2.67 kills per set on a .242 attack percentage ... Led all hitters in attack percentage and finished

second overall on the team to setter Nicole Kessner ... Finished seventh in the conference with 3.26 points per set ... Posted 69 blocks, including 15 solo, and finished second on the team with 0.56 blocks per set ... Had the third-most service aces on the team with 31 ... Also added 49 digs and 12 assists ... Came on as the season wore on, reaching double-digits in kills in 15 matches, including the last four and seven of the last 10 ... Had her best match of the season against North Carolina Central Oct. 24, posting a career-high 24 kills – two away from tying the NSU single-match mark – on a .452 attack percentage and set another career high with six digs ... Her 24 kills was the third-most by a MEAC player on the season ... Posted 19 kills against Delaware State Sept. 25 in the Spartan Invitational and had a season-high six blocks ... Had a season-high four service aces against Savannah State Oct. 11 with eight kills ... Also had 19 kills at Florida A&M Nov. 14 and averaged 15 kills a match over the last four matches of the year.

**2009 (Freshman Year):** Earned Mid-Eastern Athletic Conference Athlete of the Week honors on Nov. 2 and Oct. 5 ... Team's Rookie of the Year ... Competed in 30 matches, starting 18 ... Led the team with 60 blocks in 103 sets, including 13 solo blocks and 47 block assists, averaging 0.58 blocks per set ... Finished second on the team with 192 kills (1.86 per set), while finishing with the second-best hitting percentage at .181 ... Also contributed 19 digs, 13 service aces and nine assists on the season ... Totaled double-digits in kills on six occasions ... Added 15 kills with just three errors on a .414 attack percentage in a tough 3-2 loss at South Carolina State Oct. 28 ... Posted 12 kills and a season-high six blocks in a 3-1 win at North Carolina A&T Oct. 23 ... Also had six blocks with 13 kills against North Carolina Central Oct. 3, hitting .455 in the 3-2 loss ... Had four service aces Oct. 7 against Alabama State.

**High School:** Played three years of varsity volleyball ... Tallied 297 kills, 177 digs and 122 blocks as a senior en route to making the All-Bay Rivers District First Team ... Was a two-year letterwinner at Warhill and a Region 1 honorable mention pick as a senior ... Became the first student in Warhill's two-year history to earn an athletic scholarship when she signed with NSU.

**Personal:** Full name is Charlotte Victoria Armstead ... Born on Aug. 11, 1991 ... Daughter of Christine Armstead ... Has three older sisters, Leila, Silvia and Alex ... Majoring in kinesiotherapy ... Member of the Dean's List and Honors College ... Also member of the Alpha Kappa Mu Honor Society and the Chi Alpha Sigma National College Athlete Honor Society ... Wants to pursue a masters in sports administration or management ... Enjoys taking care of her fish.

### ARMSTEAD'S CAREER STATISTICS

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2009	103	192	106	475	.181	9	13	21	1	19	13	47	2
2010	123	328	146	752	.242	12	31	62	2	49	15	54	2
2011	91	259	113	573	.255	3	16	24	2	35	15	57	1
<b>Totals</b>	<b>317</b>	<b>779</b>	<b>365</b>	<b>1800</b>	<b>.230</b>	<b>24</b>	<b>60</b>	<b>107</b>	<b>5</b>	<b>103</b>	<b>43</b>	<b>158</b>	<b>5</b>



## #10 Kristen Burt

5-6 • Senior

S

Ashburn, Va.

Broad Run HS

**2011 (Junior Year):** Named the team's Most Improved Player ... Competed in and started 24 of the 25 matches on the season and in 88 of 91 sets ... Took over the starting role at setter after senior Nicole Kessner went down with an injury in the preseason ... Named to the Wildcat Classic All-Tournament Team on Sept. 17 ... Led the team with 8.76 assists per set and 771 total assists, the third-highest mark in single-season history ... Ranked fourth in the MEAC in assists per set ... Finished third on the team with 154 digs, averaging 1.75 per set ... Also totaled 42 kills on a .175 attack percentage with 16 service aces and 20 blocks ... Had nine matches with at least 40 or more digs, including a career-high 54 in a 3-2 win at High Point on Sept. 24 ... Total was just one off the all-time program mark of 55 for assists in a match ... Also had five games with 10 or more digs, including a career-high 19 against Hampton on Sept. 28 ... Added 14 dig with 38 assists the day before against North Carolina A&T on Sept. 27 to go along with a season-high six kills ... Posted 50 assists in a 3-2 victory over Youngstown State Sept. 10, a day after compiling 46 assists with a season-high three blocks against Fairleigh Dickinson ... Had 40 or more assists in four of five matches in mid-October ... Had three service aces against Delaware State Oct. 14 and against Morgan State Oct. 28.

**2010 (Sophomore Year):** Competed in 26 matches, starting four ... Saw time in 52 sets all-together ... Finished second on the team with 167 assists on the year, an average of 3.21 per set ... Ended the year 10th in career assists with 241 ... Also tallied eight kills on a .114 attack percentage with 31 digs, eight assists and five blocks ... Reached double digits in assists in seven matches ... Had a season-high 30 assists with a season-high six digs and two kills against Canisius Sept. 4 ... Added 26 assists with four digs and two kills against USC Upstate Sept. 10 ... Handed out 16 assists against The Citadel on Sept. 11.

**2009 (Freshman Year):** Appeared in 24 matches, getting the starting nod in 14 ... Saw action in 83 sets, finishing second on the team in assists with 74, an average of 0.89 per set ...

Fifth on the team with 123 digs (1.48 per set) ...

Added 17 kills on a .125 attack percentage ...

Totaled 10 service aces and eight blocks ...

Posted a season-high 24 assists at Delaware State Sept. 11 with six digs ... Also reached double digits with 18 assists vs. LaSalle

the same day with five digs and two service aces ... Had a season-best five

kills the next day against Maryland Eastern Shore ... Posted 10 digs

against Winston-Salem State Nov. 8 for a season high ... Against Sacred

Heart Sept. 26, had nine digs and a season-best four blocks.

**High School:** Lettered four years at Broad Run High School and was a three-time AA All-Dulles District pick ... Had 277 assists, 43 service aces, 14 total blocks and averaged 4.0 assists per set as a senior in 2008.

**Personal:** Full name is Kristen Jennine Burt ... Born June 25, 1991 ... Daughter of Darlene Canady-Burt and Clinton Burt ... Majoring in mass communications ... Wants to obtain a master's degree in public relations and pursue a career as a public relations professional ... Enjoys shopping, listening to music, dancing and hanging out with friends.



### BURT'S CAREER STATISTICS

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2009	83	17	10	56	.125	74	10	20	10	123	1	7	5
2010	52	8	4	35	.114	167	8	16	0	31	0	5	6
2011	88	42	18	137	.175	771	16	23	2	154	3	17	41
<b>Totals</b>	<b>223</b>	<b>67</b>	<b>32</b>	<b>228</b>	<b>.154</b>	<b>1012</b>	<b>34</b>	<b>59</b>	<b>12</b>	<b>308</b>	<b>4</b>	<b>29</b>	<b>52</b>



## #16 Beatriz Ferreira

5-11 • Senior

OH/RS

Contagem, Brazil

Dodge City CC/Laredo CC

### 2011 (Junior Year): Team MVP ...

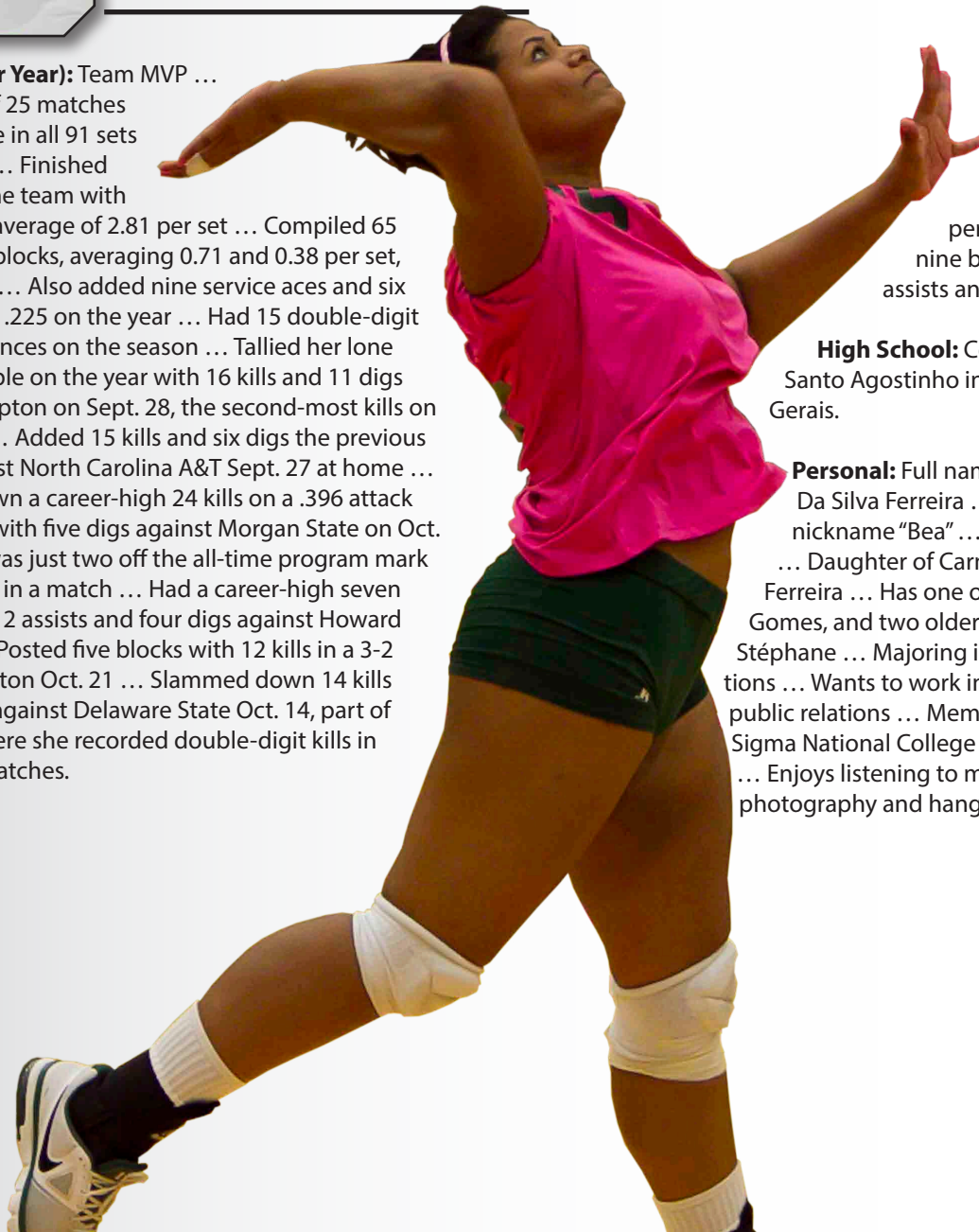
Started 23 of 25 matches and saw time in all 91 sets on the year ... Finished second on the team with 256 kills, an average of 2.81 per set ... Compiled 65 digs and 35 blocks, averaging 0.71 and 0.38 per set, respectively ... Also added nine service aces and six assists ... Hit .225 on the year ... Had 15 double-digit kill performances on the season ... Tallied her lone double-double on the year with 16 kills and 11 digs against Hampton on Sept. 28, the second-most kills on the season ... Added 15 kills and six digs the previous match against North Carolina A&T Sept. 27 at home ... Knocked down a career-high 24 kills on a .396 attack percentage with five digs against Morgan State on Oct. 28 ... Total was just two off the all-time program mark of 26 for kills in a match ... Had a career-high seven blocks with 12 assists and four digs against Howard on Oct. 9 ... Posted five blocks with 12 kills in a 3-2 win at Hampton Oct. 21 ... Slammed down 14 kills in a 3-2 win against Delaware State Oct. 14, part of a stretch where she recorded double-digit kills in nine of 10 matches.

**2010 (at Dodge City):** Competed in 37 matches and 116 sets ... Ranked second on the team with 2.78 kills per set ... Totaled 323 kills and carried a .354 attack percentage ... Also added 72 digs, 28 blocks, 12 assists and one service ace ... Had 15 matches with double-digit kills ... Had a season high of 21 kills against Western Texas College on Oct. 15 ... Named to the all-tournament team at the Running Lope Invitational in late August.

**2009 (at Laredo):** Competed in 27 sets and averaged 2.22 kills per set ... Totaled 60 kills on the season on a .151 attack percentage ... Also added nine blocks, eight digs, two assists and two service aces.

**High School:** Competed at Colegio Santo Agostinho in Contagem, Minas Gerais.

**Personal:** Full name is Beatriz Maria Da Silva Ferreira ... Often goes by the nickname "Bea" ... Born Sept. 14, 1990 ... Daughter of Carmen and Wellington Ferreira ... Has one older brother, Igor Gomes, and two older sisters, Ludmila and Stéphane ... Majoring in mass communications ... Wants to work in either advertising or public relations ... Member of the Chi Alpha Sigma National College Athlete Honor Society ... Enjoys listening to music, reading books, photography and hanging out with friends.



### FERREIRA'S CAREER STATISTICS (\*at Dodge City, #at Laredo)

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2009#	27	60	34	172	.151	2	2			8			
2010*	116	323	59	745	.354	12	1			72			
2011	91	256	115	626	.225	6	9	34	6	65	4	31	0
<b>Totals</b>	<b>91</b>	<b>256</b>	<b>115</b>	<b>626</b>	<b>.225</b>	<b>6</b>	<b>9</b>	<b>34</b>	<b>6</b>	<b>65</b>	<b>4</b>	<b>31</b>	<b>0</b>

(NSU Only)



## #7 Maatra Henderson

5-7 • Senior  
DS/OH  
Houston, Texas  
Lamar HS

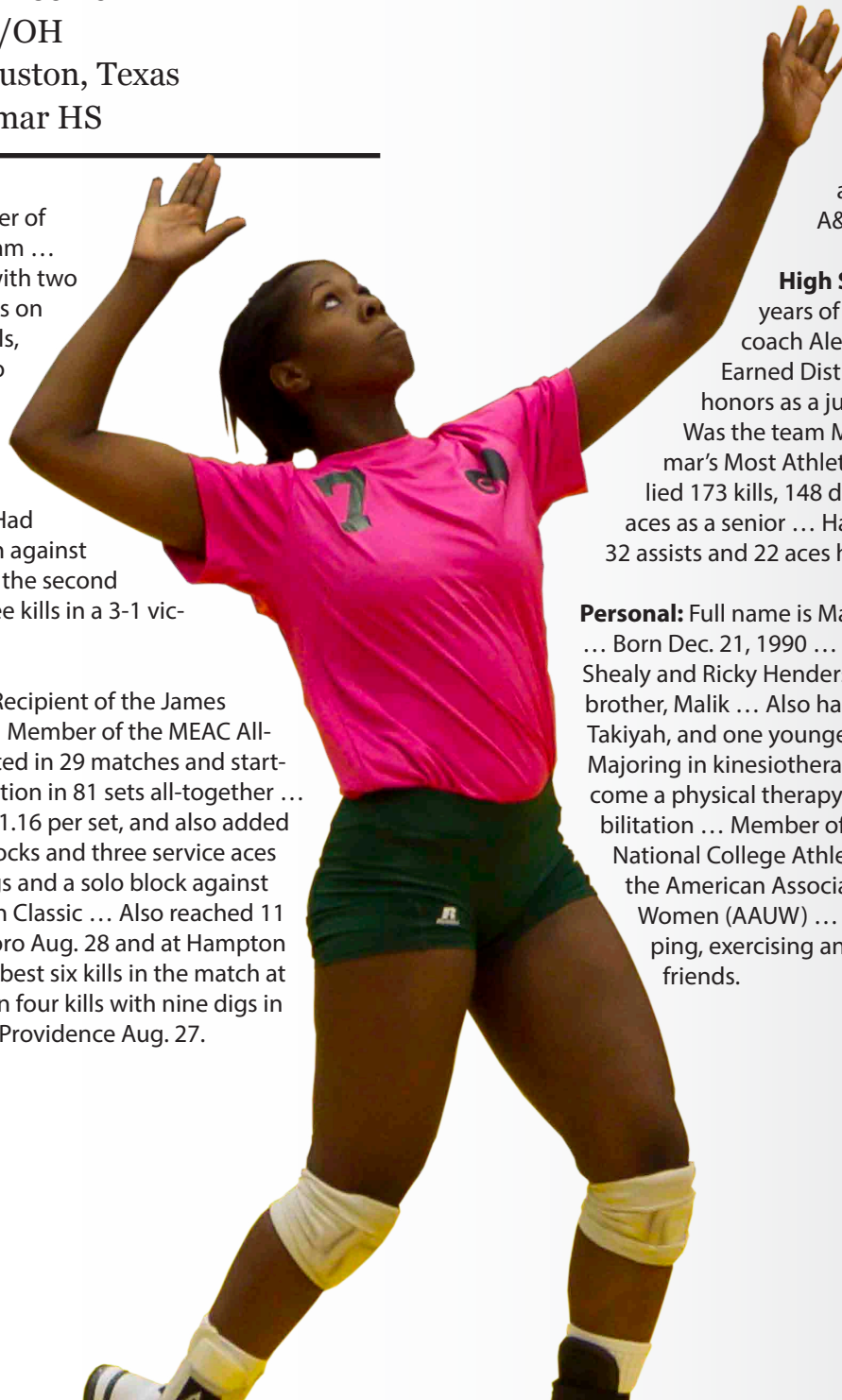
**2011 (Junior Year):** Member of the MEAC All-Academic Team ... Competed in 16 matches with two starts ... Saw time in 28 sets on the season ... Posted 15 kills, 11 digs, five blocks and two service aces on the year ... Got the starting nods in both matches against Morgan State, on Oct. 23 and then again Oct. 28 ... Had three digs in the first match against the Bears, and three kills in the second ... Also knocked down three kills in a 3-1 victory over Howard Nov. 4.

**2010 (Sophomore Year):** Recipient of the James Douglas Gill Scholarship ... Member of the MEAC All-Academic Team ... Competed in 29 matches and started eight of them ... Saw action in 81 sets all-together ... Had 94 digs, an average of 1.16 per set, and also added 36 kills, 11 assists, seven blocks and three service aces ... Had a career-best 14 digs and a solo block against Navy Aug. 27 in the Spartan Classic ... Also reached 11 digs against UNC Greensboro Aug. 28 and at Hampton Aug. 31 ... Posted a career-best six kills in the match at Hampton ... Knocked down four kills with nine digs in the season opener against Providence Aug. 27.

**2009 (Freshman Year):** Competed in 19 matches, starting in two ... Appeared in 53 sets, posting a total of 29 digs on the year ... Also added nine assists, seven kills and five service aces ... Posted a season-high seven digs against South Carolina State Oct. 16 ... Had two kills and two service aces against North Carolina A&T Oct. 9.

**High School:** Played two years of varsity volleyball for coach Alexia McWhinney ... Earned District 21-5A first-team honors as a junior and senior ... Was the team MVP and named Lamar's Most Athletic Girl in 2008 ... Tallied 173 kills, 148 digs, 42 assists and 31 aces as a senior ... Had 142 kills, 101 digs, 32 assists and 22 aces her junior year.

**Personal:** Full name is Maatra A. Henderson ... Born Dec. 21, 1990 ... Daughter of Dedra Shealy and Ricky Henderson ... Has a twin brother, Malik ... Also has one older sister, Takiyah, and one younger brother, Elijah ... Majoring in kinesiotherapy ... Wants to become a physical therapy doctor in sports rehabilitation ... Member of the Chi Alpha Sigma National College Athlete Honor Society and the American Association of University Women (AAUW) ... Enjoys singing, shopping, exercising and hanging out with friends.



### HENDERSON'S CAREER STATISTICS

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2009	53	7	8	24	-.042	9	5	9	5	29	0	0	2
2010	81	36	40	160	-.025	11	3	16	23	94	1	6	2
2011	28	15	17	57	-.035	0	2	1	5	11	0	5	1
<b>Totals</b>	<b>162</b>	<b>58</b>	<b>65</b>	<b>241</b>	<b>-.029</b>	<b>20</b>	<b>10</b>	<b>26</b>	<b>33</b>	<b>134</b>	<b>1</b>	<b>11</b>	<b>5</b>



## #18 Nicole Kessner

5-8 • R-Senior

S

Blacksburg, Va.

Rancho Cucamonga HS (Calif.)

**2011 (Senior Year):** Utilized medical redshirt after missing the entire year due to injury ... Member of the MEAC All-Academic Team.

**2010 (Junior Year):** Set the school record with 877 assists, breaking the previous mark of 818 set by Solange Honore in 2008 ... Also ended the year with 2,162 assists, shattering Honore's previous career mark of 1,971 ... Received the team's Coaches Award ... Member of the MEAC All-Academic Team ... Stood ninth at the end of the year in career digs with 520 ... Named the MEAC Co-Player of the Week Nov. 1 after breaking the career assist record and posting a triple-double at South Carolina State ... Competed in 30 matches and started 29 ... Saw action in 110 sets ... Totaled 115 kills on a .279 attack percentage, the best mark on the team ... Averaged 1.05 kills and 7.97 assists per set, the latter good for fifth in the conference ... Also totaled 179 digs, an average of 1.63 per set ... Posted 18 blocks and 13 service aces as well ... Had at least 30 assists in 14 matches, including seven with 40 or more assists ... Had a career night at South Carolina State Oct. 27, breaking the career assist record on the way to a triple-double with 26 assists, 10 digs and a career-high 13 kills ... Recorded the first triple-double by an NSU player since 2005 ... Also had her third straight double-double and the fifth of the season ... Tied her career high with 15 digs and had a season-high 48 assists against UNC Greensboro Aug. 28 at the Spartan Classic ... Had a combined 17 kills in two matches against Coppin State and UMES Oct. 2 ... Came close to a triple double with 29 assists, nine kills and eight digs against Coppin State ... The next match at home against Florida A&M Oct. 4, totaled 40 assists with 11 digs ... Posted 40 assists in a 3-2 win at Bethune-Cookman Nov. 12 and 44 assists two days later at Florida A&M.

**2009 (Sophomore Year):** The Norfolk State Female Athlete of the Year ... Named to the All-Mid-Eastern Athletic Conference Second Team ... Member of the MEAC All-Academic Team ... Team's primary setter, ranked seventh in the MEAC with 7.30 assists per set ... Named the team's Most Valuable Player for the second year in a row ... Competed in all 31 matches with a team-leading 27 starts ... Appeared in 105 sets, totaling 767 assists ... Also finished

fourth on the team with 130 kills, averaging 1.24 per set while hitting a team-leading .276 ... Also ranked second on the team with 1.84 digs per set (193 total) and 22 service aces ... Totaled 20 blocks ... Reached 30 or more assists eight times ... Had a season and career high with 50 assists at South Carolina State Oct. 28 with 11 kills and six kills ... One of five double-doubles on the year ... Had 43 assists and a career-high 15 digs against Bethune-Cookman Nov. 1 along with seven kills and four service aces ... Tied her career high in service aces with four the very next match Nov. 8 against Winston-Salem State ... Reached a new career high in kills with 10 against North Carolina A&T Oct. 9 to go along with 24 assists ... Also had double-doubles with assists and digs on two other occasions ... Nearly missed out on a triple-double with 23 assists, 11 digs and nine kills Oct. 13 at James Madison.

**2008 (Freshman Year):** Named the team's Most Valuable Player ... Played in 27 matches and started 15 ... Led the team in hitting percentage (.240) and assists (518) ... Had 65 kills, 16 aces, 148 digs and eight total blocks on the season ... Ranked ninth in the MEAC with 5.82 assists per set ... Had a career-high 46 assists in the 3-1 win over Hampton Nov. 5 ... Had a double-double of 43 assists and 11 digs in the Sept. 9 win over Hampton ... Had 11 matches where she passed out 20 or more assists, including four of 30 or more ... Had a career-high six kills on two occasions, first against Youngstown State Sept. 5 and then against Maryland Eastern Shore in the first round of the MEAC Tournament on Nov. 14 ... Had a season-best 14 digs and added 28 assists, five kills and two aces in the 3-1 win over Winston-Salem State Oct. 19 ... Posted three double-doubles in assists and digs for the season ... Held a positive hitting percentage in 25 of the 27 matches in which she played.

**High School:** Played two years of varsity volleyball for coach Brandon Blevins ... Named to the All-Baseline Conference First Team as a junior and senior ... Tallied 910 assists, 205 digs, 102 kills, 24 aces and 30 blocks (11 solo) her senior year ... Had 707 assists, 158 digs, 95 kills, 36 blocks (14 solo) and 17 aces as a junior ... Was also a scholar athlete at RCHS ... Named to the Ayala and Los Osos High School all-tournament teams her junior and senior years.

**Personal:** Full name is Nicole Marie Kessner ... Born on Dec. 28, 1989 ... Daughter of Janice and David ... Has two younger sisters, Chelsea and Aubrey, and two younger brothers, Eli and Matt ... Majoring in pre-med biology ... Wants to become a pediatrician with a midwife degree ... Member of the Student-Athlete Advisory Committee (SAAC), the Biology Club, the Pre-Med Society and the Science Honor Society ... Enjoys reading, dancing and hanging out with friends.

### KESSNER'S CAREER STATISTICS

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2008	89	65	17	200	.240	518	16	23	1	148	1	7	15
2009	105	130	38	333	.276	767	22	14	2	193	1	19	19
2010	110	115	25	323	.279	877	13	17	3	179	0	18	12
<b>Totals</b>	<b>304</b>	<b>310</b>	<b>80</b>	<b>856</b>	<b>.269</b>	<b>2162</b>	<b>51</b>	<b>54</b>	<b>6</b>	<b>520</b>	<b>2</b>	<b>44</b>	<b>46</b>



## #6 Noelle Eagles

5-2 • R-Sophomore

Libero

Richmond, Ind.

New Castle Chrysler HS

**2011 (Sophomore Year):** Competed in the first six matches of the year and saw time in 21 sets before missing the rest of the season due to injury ... Totaled 92 digs and was averaging a MEAC-best 4.38 digs per set at the time of her injury ... Added 17 assists, one kill and one service ace on the year ... Had double digit digs in five of the six matches, including a season-high 22 against Fairleigh Dickinson on Sept. 9 ... Posted 20 digs against Troy on Sept. 2 ... Tied her career high with seven assists to go along with 12 digs at Mercer on Sept. 3.

**2010 (Freshman Year):** Two-time MEAC Rookie of the Week ... Earned a spot on the All-Tournament Team at the Coastal Carolina Invitational Sept. 11 ... Named the team's Rookie of the Year ... Competed in all 33 matches and in 122 of 123 sets on the year ... Totaled 442 digs, an average of 3.62 per set, and finished seven digs short of tying the school record of 449 ... Finished fourth in the conference in digs per set ... Did set a school record with 30 digs against UNC Greensboro Aug. 28 in the Spartan Classic in just her third collegiate match ... Broke the previous mark of 29 set by April Johnson on Oct. 23, 1996 against Virginia Union ... Had 30 digs again against Delaware State on Sept. 25 in the Spartan Invitational ... Earned the season's first MEAC Rookie of the Week honor Aug. 30 after averaging 5.25 digs per set in the opening four matches ... Named the Co-Rookie of the Week Sept. 27 after averaging 4.44 digs per set in two matches, including 30 against Delaware State ... Ended the season ranked 10th all-time in digs at NSU ... Also posted 60 assists, 18 service aces and two kills on the season ... Reached double-digits in digs in 21 matches ... Had 28 digs against Florida A&M Oct. 4 ... Posted a season-high five service aces with 11 digs the next match at North Carolina A&T Oct. 8 ... Totaled 25 digs and five assists in her first collegiate match against Providence Aug. 27 in the Spartan Classic ... Had a career-best seven assists with 20 digs at South Carolina State Oct. 27.

**High School:** Played four years of varsity volleyball at New Castle Chrysler High School for coach Alan Davis ... Also a four-year member of the softball team ... Earned all-conference honors in volleyball freshman, junior and senior years ...

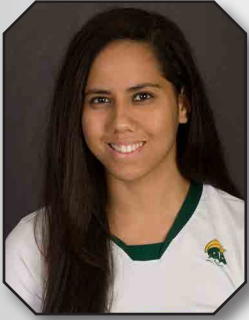
Earned All-American accolades at volleyball nationals sophomore year ... Set the school's season record in digs as a senior ... All-Conference member in softball freshman year.

**Personal:** Full name is Noelle Justine Eagles ... Born on Dec. 31, 1991 ... Daughter of Nicole Eagles ... Majoring in exercise science ... Wants to pursue a career in the sports field ... Enjoys hanging out with friends, dancing, bowling and going to the movies.



### EAGLES' CAREER STATISTICS

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2010	122	2	4	35	-.057	60	18	21	38	442	0	0	0
2011	21	1	1	6	.000	17	1	5	6	92	0	0	0
<b>Totals</b>	<b>143</b>	<b>3</b>	<b>5</b>	<b>41</b>	<b>-.049</b>	<b>77</b>	<b>19</b>	<b>26</b>	<b>44</b>	<b>534</b>	<b>0</b>	<b>0</b>	<b>0</b>



## #15 Kylee Thiim

6-0 • R-Sophomore

RS/MB

Honolulu, Hawaii

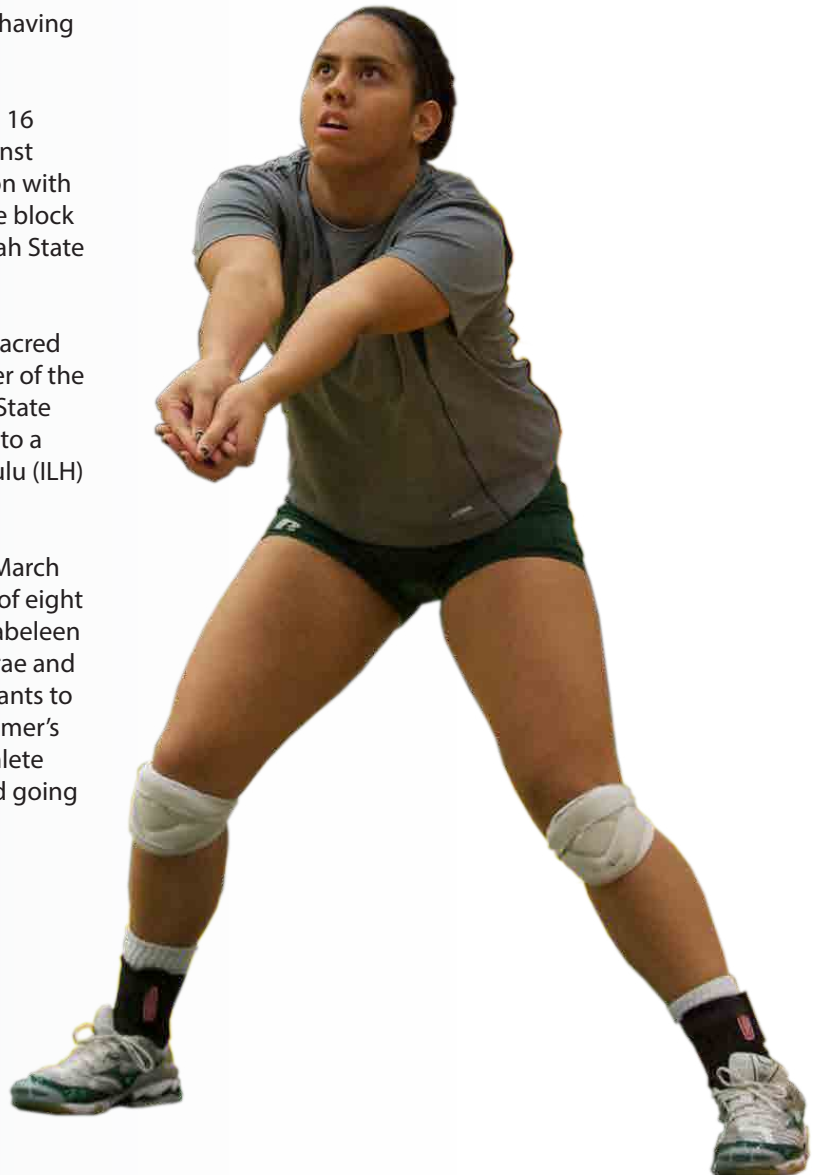
Sacred Hearts Academy

**2011 (Sophomore Year):** Utilized redshirt season after having to sit out the entire year due to injury.

**2010 (Freshman Year):** Saw playing time in 23 sets and 16 matches overall ... Got her lone start of the season against Coastal Carolina Sept. 11 ... Had eight kills for the season with a .091 attack percentage ... Also added one dig and one block assist ... Knocked down two kills in a 3-0 win at Savannah State Oct. 28.

**High School:** Played varsity volleyball all four years at Sacred Hearts Academy under coach Derwin Tsutsui ... Member of the 2006 Hawaii High School Athletic Association (HHSAA) State Championship team for Division 2 ... Also led the team to a runner-up finish at the Interscholastic League of Honolulu (ILH) Championship.

**Personal:** Full name is Kylee Kealohilani Thiim ... Born March 30, 1992 ... Daughter of Larry and Maile Tuileta ... One of eight siblings ... Has two older siblings: Keila Ah Mow and Mabeleen Kuma, and five younger ones: Larry Jr., Kiani, Larson, Larae and Nive Tuileta ... Majoring in business management ... Wants to open a nonprofit organization to raise money for Alzheimer's and Parkinson's research ... Member of the Student-Athlete Advisory Committee (SAAC) ... Enjoys photography and going to the beach.



### THIIM'S CAREER STATISTICS

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2010	23	8	6	22	.091	0	0	0	1	1	0	1	0
<b>Totals</b>	<b>23</b>	<b>8</b>	<b>6</b>	<b>22</b>	<b>.091</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>



## #17 Jasmin Flowers

6-2 • Sophomore

MB

Seguin, Texas

Lifegate Christian School

**2011 (Freshman Year):** Competed in 19 matches with seven starts ... Saw action in 55 sets, tallying 30 blocks on the year for an average of 0.55 per set ... Added 34 kills, averaging 0.62 per set, with eight digs on the season ... Tallied a career-high seven kills against Howard on Oct. 9 ... Had a career-high five blocks in a 3-2 win at Hampton on Oct. 21 ... Notched four kills against North Carolina A&T Sept. 16 and against Morgan State Oct. 28 ... Posted four blocks and three kills in a 3-0 win over Coppin State Sept. 30.

**High School:** Four-year letterwinner at Seguin Christian for Coach Jennifer Hines ... Represented USA in an international volleyball tournament in Italy her sophomore year ... Earned first-team all-state honors her junior and senior seasons in the 1A Division of the Texas Association of Private and Parochial Schools (TAPPS) ... Named second-team all-state her sophomore year ... Also named first-team All-Southwest District 4 all four years ... District 4 MVP her junior year and Guadalupe County MVP her senior year ... Named to the all-area first team by the Seguin Gazette her last three years, and named Player of the Year by the paper her sophomore year ... Selected to participate in the TAPPS 1A all-star tournament her last two seasons ... MVP of the Casa Tournament her senior year ... Also competed on the basketball team her freshman year ... Salutatorian for her graduating class.

**Club:** A member of the Texas Volleyball Academy U-17 Nationals her junior year and the San Antonio Hornets U-18 Showcase her senior year ... Also competed for the Texas Tigers U-15 during eighth grade and the Ruff Rhyderz U-16 her sophomore year of high school.

**Personal:** Full name is Jasmin Ayana Flowers ... Born Sept. 24, 1992 ... Daughter of Ellen Flowers and Sam Small ... Has two younger brothers, Jacob and Daunte ... Majoring in chemistry pre-med ... Wants to earn her medical doctorate in Immunology ... Member of Alpha Lambda Delta Honor Society ... Enjoys reading, dancing, eating, horseback riding and learning different languages.



### FLOWERS' CAREER STATISTICS

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2011	55	34	35	104	-.010	0	0	2	1	8	3	27	0
<b>Totals</b>	<b>55</b>	<b>34</b>	<b>35</b>	<b>104</b>	<b>-.010</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>1</b>	<b>8</b>	<b>3</b>	<b>27</b>	<b>0</b>



## #9 Adriana Ramos

5-10 • Sophomore

OH/DS

Fredericksburg, Va.

Chancellor HS

**2011 (Freshman Year):** Named the team's Rookie of the Year ... Competed in all 25 matches with 23 starts ... Saw time in all 91 sets ... Ranked third in the team with 2.34 kills per set ... Totaled 213 kills on a .107 attack percentage ... Finished second on the team with 168 digs (1.85 per set) and 25 service aces (0.27) ... Also added 18 assists and 11 blocks ... Reached double digits in kills in 11 matches and in digs in seven matches ... Posted six double-doubles on the season ... Had one of her best matches of the year in a 3-2 against Youngstown State Sept. 10, posting career highs of 20 kills and three blocks to go along with seven digs ... Totaled 16 kills and a career-high 15 digs in a 3-2 victory over Delaware State Oct. 14 ... Knocked down 17 kills with 13 digs and three service aces in a 3-2 win at High Point Sept. 24 ... Tallied another double-double of 11 kills and 13 digs to go along with a career-high four service aces against Morgan State Oct. 28 ... Also had double-doubles against Fairleigh Dickinson Sept. 9 (15 kills, 10 digs), at Howard on Oct. 9 (11 kills, 14 digs), and at Hampton on Oct. 21 (13 kills, 12 digs).



**High School:** Four-year letter-winner at Chancellor High for Coach Rod Crooks ... Named the Battlefield District Player of the Year her junior and senior years ... Named to the AA all-state first team her sophomore, junior and senior seasons ... Also garnered all-district, all-area and all-region first-team honors all four years ... The all-area Player of the Year in 2009 ... Earned Washington Post All-Met second-team honors in 2010 and honorable mention in 2009 ... Team MVP and co-captain her junior and senior seasons ... Led her team to four-straight district championships and three straight Region I Championships freshman, sophomore and junior years ... Also competed on the varsity softball and basketball teams ... Earned first-team all-district in basketball in 2007 and in softball in 2007 and '08 ... An Honor Roll student.

**Club:** Competed on the U18-1 Metro American travel team ... Also competed for the U-14 and U-16 Nationals of the Fredericksburg Juniors Volleyball Club ... Named "Best Server" at the Capitol Hill Classic in 2007 while a member of the U-14 team.

**Personal:** Full name is Adriana Ivellisse Ramos-Gir n ... Born Aug. 22, 1993 ... Daughter of Tina and Yariel Ramos ... Has one younger brother, Marco ... Majoring in business marketing with a minor in mass communications ... Wants to go into sports marketing ... Enjoys singing, going to the beach and playing volleyball.

### RAMOS' CAREER STATISTICS

Year	SP	K	E	TA	PCT	A	SA	SE	RE	DIG	BS	BA	BHE
2011	91	213	145	635	.107	18	25	42	18	168	0	11	1
<b>Totals</b>	<b>91</b>	<b>213</b>	<b>145</b>	<b>635</b>	<b>.107</b>	<b>18</b>	<b>25</b>	<b>42</b>	<b>18</b>	<b>168</b>	<b>0</b>	<b>11</b>	<b>1</b>



## #11 Angie Darcus

5-11 • Freshman

S/RS

Virginia Beach, Va.

Princess Anne HS

**High School:** Competed on the varsity volleyball team all four years at Princess Anne HS under Coach Craig Dooren ... Earned second-team All-Beach District honors junior and senior seasons and honorable mention sophomore year ... Led Princess Anne to the regular season co-championship in 2010, a first for the school ... Won the Eastern Region tournament and advanced to the state tournament in 2009 ... Princess Anne was ranked No. 1 in the state three straight weeks that year ... Led her team to the state quarterfinals in 2010 ... Named the team's Most Improved Player sophomore year ... Member of the Latin Honor Society and the National Honor Society ... An honor roll student ... Won the "Ms. Diversity" Award.

**Club:** A four-time competitor at the USA Volleyball junior national championships ... Was a setter for the U-18 Atlantic Wave Volleyball club team senior year ... Competed for the U-13 and U-14 Virginia Beach Volleyball Academy (VBVBA) team and went to the national meet in 2006 ... Played on the Beach Elite Roxy club team from ages 15-17 and went to the national meet in 2008, '09 and '10 ... Was the ODU Big Champion with her U-14 and U-17 teams.

**Personal:** Full name is Angela Megan Darcus ... Goes by "Angie" ... Born on March 20, 1994 ... Daughter of Athina and Henry Darcus ... Majoring in kinesiotherapy with a minor in psychology ... Wants to become a massage therapist in the athletics field ... Enjoys painting, sketching and can play the cello.



## #12 Janay Frazier

5-9 • Freshman

OH

Fredericksburg, Va.

Chancellor HS

**High School:** Competed on the varsity volleyball team sophomore, junior and senior seasons at Chancellor HS under Coach Bob Walsh and the JV team her freshman year ... Named first-team All-Battlefield District, first-team All-Region 1 and AA honorable mention all-state senior year ... Also earned Free Lance Star second-team all-area honors ... Led Chancellor to the Battlefield District title and the Region 1 championship match ... Competed for and led the East team to a win in the Virginia High School Coaches Association All-Star game ... Finished first in the district in blocks and second in kills ... Team MVP ... Earned the team's Coach's Award junior year and the Impact Player Award sophomore year ... Was named the Best Newcomer on her JV team ... Played on the same team at Chancellor as current NSU teammate Adriana Ramos ... Competed on the JV softball team freshman and sophomore years as well ... Member of the National Honor Society, the National Art Honor Society and the National Music Honor Society ... Recognized by the President's Education Awards Program.

**Club:** Competed for four years from ages 15-18 on the Metro American Volleyball club team ... Won the South Atlantic Championship with the U-18 and U-17 teams.

**Personal:** Full name is Janay Amber Wright Frazier ... Born on May 25, 1994 ... Daughter of Deborah and George Frazier ... Has one older sister, Jasmine, who played on the NSU volleyball team in 2010 and '11 ... Majoring in electrical engineering ... Wants to pursue a master's degree in civil engineering ... Enjoys singing and playing the piano.



## #19 Goda Jankauskaite

6-2 • Junior

MB

Kaunas, Lithuania

Cowley County CC/  
Missouri State-West Plains

**2011 (at Cowley County):** Led Cowley County CC to the school's first National Junior College Association of America (NJCAA) Division II national championship in 2011 under Coach Jenifer Bahner ... Earned second-team All-America honors that season ... Earned All-Jayhawk Conference Eastern Division, All-District M and All-Region VI first team honors ... Helped the team to a 38-2 overall record ... Two-time Kansas Jayhawk Community College Conference (KJCCC)/Verizon Wireless Player of the Week on Sept. 20 and Oct. 10 ... Tallied 2.95 kills, 0.49 blocks, 0.48 digs and 0.38 service aces per set while hitting .399.

**2010 (at Missouri State-West Plains):** Named to the NJCAA All-Region 16 second team ... Tallied 1.95 kills, 1.25 digs, 0.72 blocks and 0.28 service aces per set while hitting .259, finishing as the team's second-leading point scorer.

**High School:** Member of the Lithuanian Junior National Team ... Led her high school, St. Matas, to the Lithuania Senior Championship during the 2009-10 season under Coach Jolita Virbickiene ... Helped her team to a runner-up finish the year before in the Lithuania Junior Championship ... Finished second her sophomore year at the Lithuania Sophomore Championship ... Also finished first that year with the junior national team at the Lithuania Sport Games and second at the Baltic Cup ... Took second at the Lithuania Freshman Championship in 2006-07 and finished third with the national team at the Baltic Cup.

**Club:** Competed for Heksa and finished second twice at the Lithuania Women Championship in 2009 and again the next year ... Took first in 2008 at the Didzioji Taure tournament.

**Personal:** Full name is Goda Jankauskaite ... Born on March 21, 1991 ... Daughter of Dalia Jankauskiene and Raimundas Jankauskas ... Has one younger brother, Domas ... Majoring in exercise science ... Wants to play professionally in Europe ... Enjoys playing a variety of sports and going to the movies.



## #3 Coralie Jarema

6-0 • Junior

MB/RS

Highland, Utah

Salt Lake CC/Lone Peak HS

**Junior College:** Played for two seasons at Salt Lake Community College, leading the Bruins to a 50-16 overall record those two years ... Made an appearance in the national junior college tournament in 2010, knocking off No. 1-ranked Miami Dade and advancing to the national semifinals ... Lost in the Region 18 tournament her sophomore year ... Totaled 109 kills, 66 blocks, 23 digs, 16 assists and 12 service aces in 96 sets over her two years at Salt Lake CC.

**High School:** Lettered all four years at Lone Peak HS, including her final three years on the varsity team under Coach Deanna Meyer ... Named All-Utah Valley honorable mention her senior season in 2009, leading Lone Peak to a runner-up finish in the state 5A playoffs ... Led Lone Peak to the state titles in 2008 and '07 and a runner-up finish in '06 ... Named honorable mention all-state in 2009 and '08 ... Helped the team take home the Rocky Mountain Conference Championship and the Classic Bronze title her senior year ... Team captain senior year along with twin sister Chloe ... Played JV basketball her freshman year ... Was recruited out of high school by NSU Interim Head Coach Brandon Duvall.

**Personal:** Full name is Coralie Talei Jarema ... Born on Oct. 14, 1991 ... Daughter of Michael Jarema ... Has a twin sister, Chloe ... Also has an older sister, Makare, and older brother, Jason, two younger sisters, Justina and Makaila, and a younger brother, Zachary ... Majoring in sociology with a minor in special education ... Wants to attempt a professional career post-college with her twin sister Chloe, a junior on the UMKC volleyball team ... Older sister Makare played volleyball at Washington and for the USA National Team as well as overseas in Russia, Turkey and Italy ... Father Michael competed in track and field at Central Michigan ... Enjoys boating, hiking, camping, cooking, sleeping and eating, and has made previous visits to Fiji.



## #1 Jessica Johnson

5-10 • Freshman

OH

Land O' Lakes, Fla.

Bishop McLaughlin HS

**High School:** Played on the varsity team at Bishop McLaughlin Catholic HS in Spring Hill, Fla., under Coach Doug Chinchar junior and senior seasons ... Played her first two years on the varsity team at Land O' Lakes HS ... Earned All-Pasco County and All-North Sun Coast first team honors by the Pasco Tribune her junior and senior years ... Named the Pasco County Player of the Year senior year by the Tribune ... Also named to the All-Sun Coast second team junior and senior seasons ... All-Laker/All-Lutz News first-team honoree senior year ... Had 1,073 kills for her career, including 403 her senior year ... Led Bishop McLaughlin to the District 8 runner-up finish and the Florida 3A regional semifinals, the school's first-ever playoff appearance, senior year ... Led her team to a 16-9 overall record ... Named the Team MVP her junior and senior seasons ... Second team All-Pasco County and second team All-North Sun Coast sophomore year ... First team All-Sunshine Athletic Conference sophomore year and honorable mention freshman year ... Had 261 kills, including 3.8 per set, with 204 digs, 64 aces and 13 blocks sophomore year ... Tallied 117 kills with 52 digs, 30 aces, 18 blocks and 13 assists freshman year ... Competed for Team Florida at the USA Volleyball High Performance Championships in the summers of 2011, '10 and '08.

**Personal:** Full name is Jessica Louise Johnson ... Born on Sept. 19, 1994 ... Daughter of Brenda and Glenn Johnson ... Has one younger brother, Glenn Jr. ... Majoring in chemistry ... Wants to become a cosmetic scientist or a veterinarian ... Enjoys shopping and going to the beach.



## #8 Darcy Moore

5-6 • Freshman

S

Denver, Colo.

Cherry Creek HS

**High School:** Lettered in volleyball her junior and senior seasons at Cherry Creek HS under Coach Sally Moos and played volleyball all four years there ... Earned all-state and second-team All-Centennial League honors senior year ... Led Cherry Creek to a fifth-place finish at the Colorado 5A state championship senior year ... Selected to compete at the all-star volleyball games ... Had nearly 500 assists with 156 digs and 56 service aces senior season.

**Club:** Competed for the Juggernaut 18-2 Black club team her junior year, leading the squad to a third-place finish at the Junior Volleyball Association (JVA) tournament and a fifth-place finish at the AAU National Championship ... Led Juggernaut 18-Black to a fifth-place finish at the Big South National Qualifier senior year in Atlanta and a third-place finish in Chicago.

**Personal:** Full name is Darcy Diana Moore ... Born on Feb. 24, 1994 ... Daughter of Noreen Keleshian and Roger Moore ... Has one brother, Michael ... Majoring in elementary education ... Wants to become a teacher ... Enjoys the outdoors, including hiking, as well as playing softball.

## 2011 NSU Volleyball Norfolk State Overall Individual Statistics (Final 2011 Stats) All matches

Overall record: 9-16 Conf: 5-7 Home: 5-3 Away: 3-8 Neutral: 1-5

##	Player	sp	mp-ms	Attack				pct	Set		Serve		se
				k	k/s	e	ta		a	a/s	sa	sa/s	
2	ARMSTEAD,Charlotte	91	25-25	259	2.85	113	573	.255	3	0.03	16	0.18	24
16	FERREIRA,Beatriz	91	25-23	256	2.81	115	626	.225	6	0.07	9	0.10	34
9	RAMOS,Adriana	91	25-23	213	2.34	145	635	.107	18	0.20	25	0.27	42
12	FRAZIER,Jasmine	91	25-25	157	1.73	106	430	.119	9	0.10	28	0.31	34
13	SCOTT,Ashley	27	8-7	22	0.81	15	89	.079	1	0.04	2	0.07	3
17	FLOWERS,Jasmin	55	19-7	34	0.62	35	104	-.010	0	0.00	0	0.00	2
7	HENDERSON,Maatra	28	16-2	15	0.54	17	57	-.035	0	0.00	2	0.07	1
10	BURT,Kristen	88	24-24	42	0.48	18	137	.175	771	8.76	16	0.18	23
11	LAVO,Megan	84	25-10	24	0.29	18	122	.049	66	0.79	17	0.20	23
1	GARY-CANTY,Paige	91	25-4	16	0.18	26	79	-.127	15	0.16	3	0.03	9
8	BLAKER,Chynna	7	7-0	1	0.14	4	16	-.188	0	0.00	1	0.14	2
3	COPLEY,Tracey	90	25-0	5	0.06	11	40	-.150	37	0.41	5	0.06	11
6	EAGLES,Noelle	21	6-0	1	0.05	1	6	.000	17	0.81	1	0.05	5
14	DADA,Omolayo	3	3-0	0	0.00	0	0	.000	0	0.00	1	0.33	1
NORFOLK STATE		91	25-25	1045	11.4	624	2914	.144	943	10.3	126	1.38	214
Opponents		91	25-25	958	10.5	439	2702	.192	872	9.58	129	1.42	209

##	Player	sp	re	Dig		Blocking				Points		pts	pts/s
				dig	dig/s	bs	ba	total	blk/s	be	bhe		
2	ARMSTEAD,Charlotte	91	2	35	0.38	15	57	72	0.79	8	1	318.5	3.50
16	FERREIRA,Beatriz	91	6	65	0.71	4	31	35	0.38	0	0	284.5	3.13
9	RAMOS,Adriana	91	18	168	1.85	0	11	11	0.12	0	1	243.5	2.68
12	FRAZIER,Jasmine	91	1	59	0.65	11	41	52	0.57	7	1	216.5	2.38
13	SCOTT,Ashley	27	2	13	0.48	5	13	18	0.67	1	0	35.5	1.31
17	FLOWERS,Jasmin	55	1	8	0.15	3	27	30	0.55	7	0	50.5	0.92
7	HENDERSON,Maatra	28	5	11	0.39	0	5	5	0.18	3	1	19.5	0.70
10	BURT,Kristen	88	2	154	1.75	3	17	20	0.23	3	41	69.5	0.79
11	LAVO,Megan	84	16	124	1.48	0	2	2	0.02	0	3	42.0	0.50
1	GARY-CANTY,Paige	91	25	137	1.51	0	0	0	0.00	0	1	19.0	0.21
8	BLAKER,Chynna	7	1	2	0.29	0	0	0	0.00	0	0	2.0	0.29
3	COPLEY,Tracey	90	34	265	2.94	0	0	0	0.00	0	1	10.0	0.11
6	EAGLES,Noelle	21	6	92	4.38	0	0	0	0.00	0	0	2.0	0.10
14	DADA,Omolayo	3	0	1	0.33	0	0	0	0.00	0	0	1.0	0.33
-	TEAM	-	10	-	-	-	-	-	-	-	-	-	-
NORFOLK STATE.....		91	129	1134	12.46	41	204	143.0	1.57	29	50	1314.0	14.44
Opponents.....		91	125	1022	11.23	37	316	195.0	2.14	47	36	1282.0	14.09

## 2011 NSU Volleyball Norfolk State Overall Team Statistics (Final 2011 Stats) All matches

Overall record: 9-16 Conf: 5-7 Home: 5-3 Away: 3-8 Neutral: 1-5

<b>Team Statistics</b>	<b>NSU</b>	<b>OPP</b>
<b>ATTACK</b>		
Kills	1045	958
Errors	624	439
Total Attacks	2914	2702
Attack Pct	.144	.192
Kills/Set	11.5	10.5
<b>SET</b>		
Assists	943	872
Assists/Set	10.4	9.6
<b>SERVE</b>		
Aces	126	129
Errors	214	209
Aces/Set	1.4	1.4
<b>SERVE RECEPTIONS</b>		
Errors	129	125
Errors/Set	1.4	1.4
<b>DEFENSE</b>		
Digs	1134	1022
Digs/Set	12.5	11.2
<b>BLOCKING</b>		
Block Solo	41	37
Block Assist	204	316
Total Blocks	143.0	195.0
Blocks/Set	1.6	2.1
Block Errors	29	47
Ball handling errors	50	36
<b>ATTENDANCE</b>		
Total	1311	3390
Dates/Avg Per Date	8/164	11/308
Neutral site #/Avg	6/41	
Current win streak	0	-
Home win streak	1	-

## 2011 Norfolk State Volleyball Norfolk State Match Results (Final 2011 Stats) All matches

Date	Opponent	Score	Score-by-set	Overall	Conf	Time	Att.
Sep 02	vs Tennessee State	L	0-3 16-25,23-25,14-25	0-1	0-0	1:08	51
Sep 02	vs Troy	L	0-3 20-25,16-25,19-25	0-2	0-0	1:14	47
Sep 03	at Mercer	L	0-3 22-25,19-25,18-25	0-3	0-0	1:28	173
# Sep 09	vs FDU	L	1-3 19-25,20-25,25-21,22-25	0-4	0-0	1:45	
# Sep 10	vs YSU	W	3-2 26-28,20-25,25-17,25-20,17-15	1-4	0-0	1:57	
# Sep 10	at UMBC	L	0-3 18-25,17-25,13-25	1-5	0-0	1:14	287
@ Sep 16	NCAT	W	3-0 25-7,25-18,25-13	2-5	0-0	1:03	48
@ Sep 17	vs Coastal Carolina	L	0-3 21-25,18-25,24-26	2-6	0-0	1:14	24
@ Sep 17	at Davidson	L	0-3 13-25,14-25,18-25	2-7	0-0	1:06	178
\$ Sep 24	at High Point	W	3-2 25-23,21-25,29-27,22-25,15-11	3-7	0-0	2:15	315
\$ Sep 24	vs Campbell	L	0-3 15-25,15-25,13-25	3-8	0-0	1:02	123
Sep 27	NCAT	W	3-1 25-18,23-25,25-15,25-12	4-8	0-0	1:43	173
* Sep 28	HAMPTON	L	1-3 25-14,18-25,22-25,28-30	4-9	0-1	2:01	181
* Sep 30	COPPIN STATE	W	3-0 25-15,25-16,25-14	5-9	1-1	1:07	162
* Oct 09	at Howard	L	2-3 21-25,25-21,26-24,24-26,12-15	5-10	1-2	2:38	165
* Oct 14	DELAWARE STATE	W	3-2 25-19,25-10,24-26,23-25,15-12	6-10	2-2	2:01	262
* Oct 16	UMES	L	0-3 15-25,18-25,14-25	6-11	2-3	1:04	102
* Oct 21	at Hampton	W	3-2 18-25,25-20,16-25,25-17,16-14	7-11	3-3	2:00	365
* Oct 23	at Morgan State	L	0-3 19-25,18-25,20-25	7-12	3-4	1:18	63
* Oct 28	MORGAN STATE	L	2-3 15-25,25-17,25-23,27-29,13-15	7-13	3-5	2:01	145
* Oct 30	at Coppin State	W	3-0 25-21,25-21,25-20	8-13	4-5	1:19	48
Nov 02	at James Madison	L	0-3 14-25,17-25,19-25	8-14	4-5	1:07	600
* Nov 04	HOWARD	W	3-1 25-13,25-19,22-25,25-14	9-14	5-5	1:33	238
* Nov 11	at UMES	L	0-3 17-25,20-25,15-25	9-15	5-6	1:12	1111
* Nov 13	at Delaware State	L	0-3 21-25,19-25,24-26	9-16	5-7	1:24	85

# Maddie Bingaman Memorial Tournament

@ Wildcat Classic

\$ High Point Invitational

\* Conference Match

Team Record	W-L-T	Attend	Dates	Total	Avg.
Overall:	9-16	Total:	25	4946	198
Conference:	5-7	Home:	8	1311	164
Home:	5-3	Away:	11	3390	308
Away:	3-8	Neutral:	6	245	41
Neutral:	1-5				
3 sets:	3-12				
4 sets:	2-2				
5 sets:	4-2				

### THE MID-EASTERN ATHLETIC CONFERENCE

The Mid-Eastern Athletic Conference (MEAC) begins its 43rd year of intercollegiate competition heading into the 2012-13 academic school year. Located in Norfolk, Va., the MEAC is made up of 13 outstanding historically black institutions across the Atlantic coast-line: Bethune-Cookman University, Coppin State University, Delaware State University, Florida A&M University, Hampton University, Howard University, University of Maryland Eastern Shore, Morgan State University, Norfolk State University, North Carolina A&T State University, North Carolina Central University, Savannah State University and South Carolina State University.

The MEAC sponsors 15 Division I (FCS) sports with automatic qualifying bids for NCAA postseason competition in baseball, bowling, men's and women's basketball, men's and women's cross country, football, men's and women's tennis, men's and women's track and field, softball and volleyball.

MEAC student-athletes excel on and off the field and several have been recognized on ESPN The Magazine/CoSIDA Academic All-America and All-District teams. The MEAC awards two post-graduate scholarships of \$5,000 each annually to one male and one female student-athlete who have excelled academically and athletically and are in their final season of intercollegiate athletics eligibility and competition under MEAC and NCAA regulations.

### HISTORY

In 1969, a bold ad hoc group of innovators long associated with intercollegiate athletics met in Durham, N.C., to discuss the feasibility of organizing a new conference. From these discussions, they formed a steering and planning committee to fully investigate the idea, present a detailed report with recommendations to interested collegiate institutions and construct a workshop to outline proposals.

After selecting a proposal and adopting a program, seven institutions (Delaware State College, Howard University, University of Maryland Eastern Shore, Morgan State University, North Carolina A&T State University, North Carolina Central University and South Carolina State College) agreed to become the Mid-Eastern Athletic Conference. Their major objective was to establish, organize and supervise an intercollegiate athletic program among a compact group of educational institutions of high academic standards with a sound philosophy of cocurricular activities. The conference agreed to seek Division I status for its sports.

The conference was confirmed in 1970, kicking off its first season of competition in football in 1971.

In 1978, the MEAC reached a milestone when it selected Kenneth A. Free to be its first full-time commissioner. Free served the conference for 18 years before stepping down in May of 1996. In July 1996, Charles S. Harris was named commissioner and served in the capacity until April 2002. On September 1, 2002, Dr. Dennis E. Thomas was named commissioner and has served in the position for nine years.

The conference's first expansion occurred in October 1979 when Bethune-Cookman College and Florida A&M University were voted into the MEAC as new members. Original members Morgan State, North Carolina Central and Maryland Eastern Shore withdrew from the conference at the end of the 1979-80 fiscal year. Maryland Eastern Shore was readmitted in 1981 and Morgan State returned in 1984. Florida A&M opted to resign in 1984 but rejoined the conference in 1986. Coppin State College was granted admittance in 1985, becoming the ninth member institution.

The MEAC expanded again in the 1990s with the inclusion of Hampton University (1995) and Norfolk State University (1997). The conference expanded once again in 2007, adding Winston-Salem State University. Following the 2009-10 academic/athletic season, however, Winston-Salem State withdrew from the conference and returned to Division II. On July 1, 2010, the MEAC made its most recent expansion with the admittance of North Carolina Central and Savannah State University.

On June 8, 1980, the MEAC was classified as a Division I conference by the NCAA. Prior to that year, the conference operated as a Division II conference. The month after it achieved Division I status, the MEAC received an automatic qualification to the NCAA Division I Men's Basketball Championship. Currently, the conference has automatic qualifying bids for NCAA postseason play in baseball (since 1994), men's basketball (since 1981), women's basketball (since 1982), football (since 1996), softball (since 1995), men's and women's tennis (since 1998), and volleyball (since 1994).

The MEAC initiated cross country in 1980, and North Carolina A&T earned the inaugural men's crown. The first women's cross country championship took place a year later, with Howard winning the first of its seven titles. Indoor Track and Field was also added in 1981, with South Carolina State capturing the men's title and Howard winning the women's crown.

Tennis and golf returned as MEAC-governed sports in 1981 after a five-year hiatus.

South Carolina State won all seven of the conference's golf championships from 1972-1983 before the sport was discontinued after the 1983 championship.

Baseball, which began in 1972, was discontinued following the 1977 season. It was brought back as a MEAC-governed sport along with women's volleyball in 1983. Women's softball became a MEAC-sanctioned sport in 1992.

Bowling was officially sanctioned as a MEAC sport in 1999. The MEAC was the first conference to secure NCAA sanctioning for women's bowling by adopting the club sport prior to the 1996-97 school year.

### SPORTS HIGHLIGHTS

The MEAC has enjoyed tremendous athletic success over the years. In 2008, Maryland Eastern Shore (UMES) defeated Arkansas State 4-2 to win the NCAA Women's Bowling National Championship, a first for the conference and institution. The Lady Hawks repeated the feat in 2011 and 2012. Also during 2011, UMES won the United States Bowling Congress (USBC) Intercollegiate Team Championships (ITC), becoming the first team to win two national championships during the same season.

In men's basketball, UMES became the first historically black college/university (HBCU) to participate in the National Invitational Tournament (NIT) in 1974. The Hawks defeated Manhattan, 84-81, in the first round before falling to Jacksonville by two points in the second round. Before the Jacksonville loss, UMES had the best record in the nation at 27-1. That same year, Morgan State won the NCAA College Division II National Championship and junior center Marvin "The Human Eraser" Webster was named the Division II Player of the Year. The 1981 tournament champion Howard Bison became the first MEAC team to play in the NCAA Division I Basketball Championship.

Coppin State, Hampton and Norfolk State made history in the NCAA Division I Men's Basketball Tournament by accounting for half of the six No. 15 seed over No. 2 seed upsets in tourney annals. Coppin State defeated South Carolina in 1997, Hampton defeated Iowa State in 2001 and NSU ousted Missouri in 2012. ESPN's SportsCenter ranked the CSU and Hampton wins among the Top 10 greatest tournament upsets of all time, while NSU's win over Missouri was nominated for the Best Upset ESPY in 2012.

In women's basketball, South Carolina State won the Association for Intercollegiate Athletics for Women (IAAW) Division II National Championship in 1979. In 1982, Howard became the first MEAC women's team to participate in the NCAA Division I Women's Basketball Championship. SCSU earned the conference's bid in 1983 and became the first MEAC team, men or women, to win an opening-round game in the NCAA Division I Basketball Tournament.

In 2010, The North Carolina A&T Lady Aggies defeated Wake Forest and Charlotte before falling to Miami in the third round of the Women's National Invitation Tournament (WNIT). North Carolina A&T became the first MEAC team and historically black college/university to win two consecutive basketball games in a national postseason tournament.

The No. 13 Hampton Lady Pirates faced No. 4 Kentucky in the 2011 NCAA Division I Women's Basketball Tournament. The 13th seed was the highest seed earned by a MEAC women's basketball program since the inception of the 64-team bracket in 1994.

In football, the MEAC was instrumental in constructing the Freedom Bowl All-Star Classic, the Heritage Bowl and the Gold Bowl. Prior to Division I competition, the MEAC competed in the Gold Bowl, held in Richmond, Va., which matched the MEAC champion against the champion of the Central Intercollegiate Athletic Association (CIAA). South Carolina State represented the MEAC in 1976 and 1979, winning both outings over Winston-Salem State and Norfolk State respectively. In addition to the 1976 and 1979 crowns, South Carolina State won MEAC football titles in 1974-78, 1980-83, 1994, 2004, 2008 and 2009. The Bulldogs were also named co-champions along with Bethune-Cookman and Florida A&M in 2010.

On the track, Hampton's Francena McCorory set an American record in the 400m dash with a time of 50.54 and defended her national indoor title at the 2010 NCAA Indoor Championships. McCorory, a two-time All-American and three-time MEAC indoor champion in the 400m dash, became the first back-to-back NCAA indoor 400m champion since Suziann Reid of Texas (1998 and 1999). McCorory was named the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) Division I National Athlete of the Year for the 2010 Indoor Track and Field season.

In outdoor track and field, North Carolina Central won the first three MEAC titles. The quartet of Melvin Bassett, Robert Ouko, Julius Sang and Larry Black set the world record in the sprint medley relay with a time of 38.19 in the 1972 Olympics. MEAC women began outdoor track and field conference competition in 1980. In 1982, South Carolina State won the IAAW Division II Outdoor Track and Field National Championship.

The MEAC has showcased more than 27 athletes in the Olympics. Among them, 11 have earned medals during the Summer Games.

In 2003, Florida A&M became the first MEAC school to win a volleyball match in the NCAA Championship, with a first-round win over Winthrop. In 2004, the Lady Rattlers became the first historically black college/university to rank in the Top 25 of the American Volleyball Coaches Association (AVCA) national poll.

South Carolina State's women's tennis team earned the conference's first Intercollegiate Tennis Association (ITA) ranking in a 2005 poll, reaching No. 72.

In softball, Bethune-Cookman earned the conference's first-ever at-large bid to the NCAA Softball Championship in 2005. The Lady Wildcats defeated Florida, Central Florida and South Florida in the Florida Regional to become the first MEAC school to win an NCAA Division I Softball Regional. Bethune-Cookman ended the 2005 season with the conference's first-ever rankings in the final softball polls, reaching as high as No. 18.

Florida A&M was the first MEAC baseball team to advance to NCAA postseason play in 1994, falling to Southeastern Louisiana in a best-of-three series. During the 2002 campaign, Bethune-Cookman advanced to the Gainesville Regional and became the first MEAC team to win in the NCAA Tournament with a 7-4 victory over Florida International.

## 2012 Preseason Predicted Order of Finish (First-Place Votes in Parenthesis)

### MEAC Northern Division

Team	Points
1. Maryland Eastern Shore (24).....	306 pts.
2. Hampton (1).....	216 pts.
3. Morgan State (1).....	203 pts.
<b>4. Norfolk State .....</b>	<b>184 pts.</b>
5. Delaware State .....	144 pts.
6. Howard .....	141 pts.
7. Coppin State .....	123 pts.

### MEAC Southern Division

Team	Points
1. Florida A&M (20).....	293 pts.
2. South Carolina State (5).....	230 pts.
3. Bethune-Cookman (1).....	218 pts.
4. North Carolina Central.....	186 pts.
5. North Carolina A&T.....	159 pts.
6. Savannah State .....	136 pts.

## 2012 Preseason All-Conference Team

Name	School	Pos	Cl.	Hometown
Krysta Gardner	B-CU	OH	Jr.	Ashburn, Va.
Saitaua Iosia	UMES	OH/RS	So.	Long Beach, Calif.
Desire Waller	SCSU	MH	Jr.	Houston, Texas
<b>Charlotte Armstead</b>	<b>NSU</b>	<b>MB</b>	<b>Sr.</b>	<b>Williamsburg, Va.</b>
Jessica Vivic	UMES	S	So.	Cambridge, Ont.
Karol Marquez	FAMU	L	Sr.	Lima, Peru

**Preseason Player of the Year:** Saitaua Iosia, UMES

## All-Time MEAC Champions

Year	Champion	Outstanding Coach	Runner-Up	Year	Champion	Outstanding Coach	Runner-Up
2011	UMES	Don Metil	Florida A&M	1997	Morgan State	Ramona Riley-Bozier	Florida A&M
2010	S.C. State	Millicent Sylvan	Delaware State	1996	Florida A&M	Pamela Riley	Morgan State
2009	Florida A&M	Tony Trifonov	Md. Eastern Shore	1995	Florida A&M	Pamela Riley	Morgan State
2008	Florida A&M	Tony Trifonov	Md. Eastern Shore	1994	Howard	Linda Spencer	Morgan State
2007	Florida A&M	Tony Trifonov	Md. Eastern Shore	1993	Howard	Linda Spencer	Florida A&M
2006	Florida A&M	Tony Trifonov	Morgan State	1992	Morgan State	Ramona Riley	Florida A&M
2005	Florida A&M	Tony Trifonov	North Carolina A&T	1991	Howard	Linda Spencer	Morgan State
2004	Florida A&M	Tony Trifonov	Morgan State	1990	S.C. State	Charlene Myers	Florida A&M
2003	Florida A&M	Tony Trifonov	Md. Eastern Shore	1989	Howard	Linda Spencer	Florida A&M
2002	Florida A&M	Tony Trifonov	Morgan State	1987	Howard	Linda Spencer	Florida A&M
2001	Florida A&M	Tony Trifonov	Morgan State	1986	Delaware St.	Mary Lamb	Md. Eastern Shore
2000	Morgan State	Ramona Riley-Bozier	Florida A&M	1985	Howard	Cynthia Debnam	North Carolina A&T
1999	Florida A&M	Tony Trifonov	Morgan State	1984	Delaware St.	Mary Lamb	Md. Eastern Shore
1998	Morgan State	Ramona Riley-Bozier	North Carolina A&T	1983	Howard	Cynthia Debnam	North Carolina A&T

## 2011 Final Standings

### Northern Division

Team	MEAC	Pct.	Overall	Pct.
Maryland Eastern Shore	12-0	1.000	24-7	.774
Morgan State	8-4	.667	10-19	.345
Hampton	7-5	.583	13-14	.481
Howard	5-7	.417	6-23	.207
<b>Norfolk State</b>	<b>5-7</b>	<b>.417</b>	<b>9-16</b>	<b>.360</b>
Delaware State	4-8	.333	5-20	.200
Coppin State	1-11	.083	5-24	.172

### Southern Division

Team	MEAC	Pct.	Overall	Pct.
Florida A&M	9-1	.900	13-14	.481
South Carolina State	8-2	.800	17-16	.515
Bethune-Cookman	6-4	.600	14-18	.438
North Carolina Central	5-5	.500	5-25	.167
North Carolina A&T	2-8	.200	2-27	.061
Savannah State	0-10	.000	0-27	.000

## 2011 MEAC Tournament

(Physical Education Complex, Baltimore, Md.)

### Quarterfinals

#### Friday, November 18

Match 1 - No. 3 seed Hampton def. No. 2 seed S.C. State, 3-1  
 Match 2 - No. 1 seed UMES def. No. 4 seed N.C. Central, 3-2  
 Match 3 - No. 1 seed FAMU def. No. 4 seed Howard, 3-0  
 Match 4 - No. 3 seed B-CU def. No. 2 seed Morgan State, 3-2

### Semifinals

#### Saturday, November 19

Match 5 - No. 1 seed UMES def. No. 3 seed Hampton, 3-0  
 Match 6 - No. 1 seed FAMU def. No. 3 seed B-CU, 3-0

### Final

#### Sunday, November 20

Match 7 - No. 1 seed UMES def. No. 1 seed FAMU, 3-2

## 2011 NCAA Tournament

First Round (Wooden Center, Los Angeles, Calif.)

### Friday, December 2

No. 1 UCLA def. UMES, 3-0

## 2011 MEAC All-Conference Teams

### FIRST TEAM

Name	School	Pos	Cl.	Hometown
Krysta Gardner	B-CU	OH	Jr.	Ashburn, Va.
Desire Waller	S.C. State	OH	So.	Houston, Texas
Saitaua Iosia	UMES	OH	Fr.	Long Beach, Calif.
Shabree Roberson	S.C. State	MB	Jr.	Pflugerville, Texas
Jessica Vivic	UMES	S	Fr.	Cambridge, Ont.
Karol Marquez	FAMU	L	Jr.	Lima, Peru

### SECOND TEAM

Name	School	Pos	Ht.	Hometown
Tosin Elebute	Howard	OH	Sr.	Fort Lauderdale, Fla.
Janeen Davis	B-CU	OH	Jr.	San Antonio, Texas
Ariel Richard	CSU	OH	Fr.	Torrance, Calif.
Kaveinga Lea'Aetoa	UMES	MB	So.	Salt Lake City, Utah
Bria Brimmer	S.C. State	S	Jr.	Austin, Texas
Gabrielle Otero	CSU	L	Fr.	San Antonio, Texas

**Coach of the Year:** Don Metil, Maryland Eastern Shore

**Player of the Year:** Desire Waller, South Carolina State

**Rookie of the Year:** Saitaua Iosia, Maryland Eastern Shore



## Team Statistics

### HITTING PERCENTAGE

	S	K	E	TA	Pct.
1. Maryland E. Shore	116	1447	561	3572	.248
2. Florida A&M	95	1182	476	2969	.238
3. South Carolina State	115	1316	613	3375	.208
4. Bethune-Cookman	116	1318	695	3775	.165
5. Hampton	105	1117	559	3429	.163
6. Morgan State	109	1098	592	3240	.156
7. N.C. Central	108	1113	646	3083	.151
8. Howard	110	1061	575	3255	.149
<b>9. Norfolk State</b>	<b>91</b>	<b>1045</b>	<b>624</b>	<b>2914</b>	<b>.144</b>
10. Delaware State	94	874	486	2743	.141
11. Coppin State	108	1103	698	3358	.121
12. North Carolina A&T	90	572	557	2285	.007
13. Savannah State	82	466	497	2069	-.015

### OPPONENT HITTING PCT.

	S	K	E	TA	Pct.
1. Maryland E. Shore	116	1207	654	3466	.160
2. South Carolina State	115	1228	594	3454	.184
<b>3. Norfolk State</b>	<b>91</b>	<b>958</b>	<b>439</b>	<b>2702</b>	<b>.192</b>
4. Hampton	105	1270	580	3507	.197
5. Bethune-Cookman	116	1298	563	3567	.206
6. Morgan State	109	1268	543	3376	.215
7. Coppin State	108	1205	509	3136	.222
8. Florida A&M	95	1121	456	2935	.227
9. Delaware State	94	1201	499	2991	.235
10. Howard	110	1343	537	3345	.241
11. N.C. Central	108	1259	506	3113	.242
12. Savannah State	82	1068	339	2254	.323
13. North Carolina A&T	90	1137	358	2385	.327

### ASSISTS

	S	No.	Avg/S
1. Maryland E. Shore	116	1324	11.41
2. Florida A&M	95	1071	11.27
3. South Carolina State	115	1200	10.43
4. Bethune-Cookman	116	1203	10.37
<b>5. Norfolk State</b>	<b>91</b>	<b>943</b>	<b>10.36</b>
6. Hampton	105	1003	9.55
7. N.C. Central	108	1004	9.30
8. Coppin State	108	986	9.13
9. Morgan State	109	989	9.07
10. Howard	110	967	8.79
11. Delaware State	94	805	8.56
12. North Carolina A&T	90	511	5.68
13. Savannah State	82	412	5.02

### KILLS

	S	No.	Avg/S
1. Maryland E. Shore	116	1447	12.47
2. Florida A&M	95	1182	12.44
<b>3. Norfolk State</b>	<b>91</b>	<b>1045</b>	<b>11.48</b>
4. South Carolina State	115	1316	11.44
5. Bethune-Cookman	116	1318	11.36
6. Hampton	105	1117	10.64
7. N.C. Central	108	1113	10.31
8. Coppin State	108	1103	10.21
9. Morgan State	109	1098	10.07
10. Howard	110	1061	9.65
11. Delaware State	94	874	9.30
12. North Carolina A&T	90	572	6.36
13. Savannah State	82	466	5.68

### BLOCKS

	S	BS	BA	Total	Avg/S
1. Maryland E. Shore	116	59	405	261.5	2.25
2. South Carolina State	115	53	310	208.0	1.81
3. Howard	110	36	283	177.5	1.61
4. Hampton	105	34	269	168.5	1.60
5. Morgan State	109	31	284	173.0	1.59
6. Delaware State	94	59	178	148.0	1.57
<b>7. Norfolk State</b>	<b>91</b>	<b>41</b>	<b>204</b>	<b>143.0</b>	<b>1.57</b>
8. N.C. Central	108	34	250	159.0	1.47
9. Coppin State	108	39	225	151.5	1.40
10. Bethune-Cookman	116	45	189	139.5	1.20
11. North Carolina A&T	90	27	158	106.0	1.18
12. Florida A&M	95	35	139	104.5	1.10
13. Savannah State	82	24	130	89.0	1.09

### SERVICE ACES

	S	No.	Avg/S
1. South Carolina State	115	242	2.10
2. Maryland E. Shore	116	213	1.84
3. Coppin State	108	177	1.64
4. Bethune-Cookman	116	190	1.64
<b>5. Norfolk State</b>	<b>91</b>	<b>126</b>	<b>1.38</b>
6. N.C. Central	108	144	1.33
7. Hampton	105	129	1.23
8. Morgan State	109	133	1.22
9. Howard	110	132	1.20
10. Florida A&M	95	111	1.17
11. Delaware State	94	106	1.13
12. North Carolina A&T	90	91	1.01
13. Savannah State	82	57	0.70

### DIGS

	S	No.	Avg/S
1. Hampton	105	1367	13.02
2. Bethune-Cookman	116	1449	12.49
<b>3. Norfolk State</b>	<b>91</b>	<b>1134</b>	<b>12.46</b>
4. Florida A&M	95	1180	12.42
5. South Carolina State	115	1388	12.07
6. Morgan State	109	1281	11.75
7. Delaware State	94	1099	11.69
8. Maryland E. Shore	116	1343	11.58
9. Coppin State	108	1192	11.04
10. Howard	110	1158	10.53
11. N.C. Central	108	1086	10.06
12. Savannah State	82	743	9.06
13. North Carolina A&T	90	757	8.41

## Individual Statistics

### HITTING PERCENTAGE

	CI	S	K	E	TA	Pct.
1. BARRERA,Pamela-FAMU	JR	95	153	45	339	.319
2. ROBERSON,Shabree-S.C. State	JR	115	294	99	613	.318
3. IBE,Ndidi-UMES	JR	115	171	62	354	.308
4. LEA'AETOA,Kaveinga-UMES	SO	106	203	73	439	.296
5. IOSIA,Saitaua-UMES	FR	116	472	159	1071	.292
6. CECCARELLI,Maria-FAMU	JR	95	342	117	835	.269
7. WALLER,Desire-S.C. State	SO	115	431	165	1032	.258
<b>8. ARMSTEAD,Charlotte-NSU</b>	<b>JR</b>	<b>91</b>	<b>259</b>	<b>113</b>	<b>573</b>	<b>.255</b>
9. WILSON,Janelle-MSU	SO	109	170	70	440	.227
10. OUTLIN,Kierra-MSU	JR	103	208	80	568	.225

### KILLS

	CI	S	No.	Avg/S
1. GARDNER,Krysta-B-CU	JR	116	479	4.13
2. IOSIA,Saitaua-UMES	FR	116	472	4.07
3. ELEBUTE,Tosin-Howard	SR	99	394	3.98
4. DAVIS,Janeen-B-CU	JR	116	450	3.88
5. WALLER,Desire-S.C. State	SO	115	431	3.75
6. CECCARELLI,Maria-FAMU	JR	95	342	3.60
7. RICHARD,Ariel-CSU	FR	108	340	3.15
<b>8. ARMSTEAD,Charlotte-NSU</b>	<b>JR</b>	<b>91</b>	<b>259</b>	<b>2.85</b>
9. HUANEK,Katherine-FAMU	SO	95	270	2.84
10. SANTOS,Emanuelle-NCCU	SR	83	235	2.83

### ASSISTS

	CI	S	No.	Avg/S
1. VICIC,Jessica-UMES	FR	116	1209	10.42
2. GONZALES,Diana-FAMU	SO	94	899	9.56
3. BRIMMER,Bria-S.C. State	SR	115	1085	9.43
<b>4. BURT,Kristen-NSU</b>	<b>JR</b>	<b>88</b>	<b>771</b>	<b>8.76</b>
5. BINDULE,Kristine-CSU	JR	101	775	7.67
6. FAKAOSI,Christobel-DSU	JR	94	710	7.55
7. CHAFEH,Natalie-MSU	SO	105	782	7.45
8. ELKAYAM,Lihi-Hampton	SR	81	603	7.44
9. KALAO,Jzima-Malaki-NCCU	SO	89	530	5.96
10. RODRIGUEZ,Frances-B-CU	SR	109	595	5.46

### SERVICE ACES

	CI	S	No.	Avg/S
1. WALLER,Desire-S.C. State	SO	115	61	0.53
2. ROBINSON,Melissa-S.C. State	JR	111	58	0.52
3. GARDNER,Krysta-B-CU	JR	116	60	0.52
4. IOSIA,Saitaua-UMES	FR	116	49	0.42
5. RICHARD,Ariel-CSU	FR	108	43	0.40
6. WEBB,Elizabeth-S.C. State	JR	114	42	0.37
7. BOWENS,Zoe-UMES	SR	114	41	0.36
8. RUSSELL-CROUCHER,Jes-DSU	SO	94	33	0.35
9. LAGERLEF,Meagan-Howard	FR	103	35	0.34
10. BINDULE,Kristine-CSU	JR	101	34	0.34

### BLOCKS

	CI	S	BS	BA	TOTAL	Avg/S
1. ROBERSON,Shabree-S.C. State	JR	115	29	85	114.0	0.99
2. IBE,Ndidi-UMES	JR	115	13	100	113.0	0.98
3. WEEKLY,Salena-CSU	JR	92	21	60	81.0	0.88
4. LEA'AETOA,Kaveinga-UMES	SO	106	11	77	88.0	0.83
<b>5. ARMSTEAD,Charlotte-NSU</b>	<b>JR</b>	<b>91</b>	<b>15</b>	<b>57</b>	<b>72.0</b>	<b>0.79</b>
6. WILSON,Janelle-MSU	SO	109	7	76	83.0	0.76
7. RUSSELL,Kalin-NCCU	SO	88	13	49	62.0	0.70
8. WALLER,Desire-S.C. State	SO	115	10	69	79.0	0.69
9. JACKSON,Tiffane'-S.C.State	SR	99	8	60	68.0	0.69
10. NWABUKO,Linda-B-CU	SR	116	23	53	76.0	0.66

### DIGS

	CI	S	No.	Avg/S
1. MARQUEZ,Karol-FAMU	JR	95	447	4.71
2. OTERO,Gabrielle-CSU	FR	108	401	3.71
3. BANICEVIC,Sonja-DSU	SR	71	261	3.68
4. PAGAN,Sheileen-Hampton	SO	94	329	3.50
5. JIMENEZ,Jennifer-B-CU	SO	116	390	3.36
6. COX,Erin-MSU	SR	109	338	3.10
7. PRADO,Rebecca-UMES	SR	116	356	3.07
8. CAIN,Riana-Howard	SO	91	276	3.03
<b>9. COPLEY,Tracey-NSU</b>	<b>SR</b>	<b>90</b>	<b>265</b>	<b>2.94</b>
10. STEPHENS,Bridgette-SSU	SO	76	203	2.67

### POINTS

	CL	S	K	SA	BS	BA	TOTAL	Avg/S
1. GARDNER,Krysta-B-CU	JR	116	479	60	6	28	559.0	4.82
2. IOSIA,Saitaua-UMES	FR	116	472	49	10	44	553.0	4.77
3. WALLER,Desire-S.C. State	SO	115	431	61	10	69	536.5	4.67
4. ELEBUTE,Tosin-Howard	SR	99	394	24	5	43	444.5	4.49
5. DAVIS,Janeen-B-CU	JR	116	450	23	4	16	485.0	4.18
6. CECCARELLI,Maria-FAMU	JR	95	342	26	3	16	379.0	3.99
7. RICHARD,Ariel-CSU	FR	108	340	43	2	26	398.0	3.69
<b>8. ARMSTEAD,Charlotte-NSU</b>	<b>JR</b>	<b>91</b>	<b>259</b>	<b>16</b>	<b>15</b>	<b>57</b>	<b>318.5</b>	<b>3.50</b>
9. ROBERSON,Shabree-S.C. State	JR	115	294	31	29	85	396.5	3.45
10. VAITAI,Maline-UMES	SO	116	317	35	11	48	387.0	3.34

## MATCHES PLAYED

### Season

1. Dianne Harris, Kim Mumford, 1995 .....	36
2. Holly Gray, Cicely Hocker, Regina Younkin, 1995 .....	35
3. Cicely Hocker, Regina Younkin, 1996.....	34
4. <b>Charlotte Armstead, Noelle Eagles</b> , Jasmine Frazier, Arielle Knafel, 2010.....	33
Breanna Allums, Angie Clewis, Elayne Greer, 2008.....	33
Heather Quinn, Yolanda Roberts, Vanessa Faircloth, Shardonay Blueford, Solange Honore, Chantel Cherry, Abaina Farrell, 2007.....	33
Donnetta Fisher, April Johnson, Janelle Ross, 1996 .....	33
8. Paige Gary-Canty, Ellica Morris, 2010 .....	32
Solange Honore, Jourdan Ellison, 2008 .....	32
Samoria Kelsey, Jennell Holloman, 1996.....	32
11. <b>Nicole Kessner</b> , Tracy Copley, Angie Clewis, 2009.....	31
Aurelia Isham, 2008.....	31
Vanessa Blyden, 1996.....	31
14. <b>Nicole Kessner</b> , 2010.....	30
<b>Charlotte Armstead</b> , Elayne Greer, Aurelia Isham, Solange Honore, 2009 .....	30
Yolanda Roberts, 2008 .....	30

### Career \*

1. Solange Honore (2006-09) .....	122
2. Yolanda Roberts (2005-08).....	115
3. Afryea Allen (2003-06) .....	105
4. Chanel Barnes (2003-06).....	104
5. Shea Kersey (2003-06).....	100
6. <b>Charlotte Armstead (2009-present).....</b>	<b>88</b>
<b>Nicole Kessner (2008-present) .....</b>	<b>88</b>
8. Shardonay Blueford (2005-08) .....	84
9. <b>Kristen Burt (2009-present).....</b>	<b>74</b>
10. Chantel Cherry (2005-07).....	70
11. Abaina Farrell (2005-07) .....	68
12. <b>Maatra Henderson (2009-present).....</b>	<b>64</b>
Angie Clewis (2008-09).....	64
14. Paige Gary-Canty (2008-11).....	63

\* From 2002-present

## SETS PLAYED

### Season

1. <b>Charlotte Armstead, 2010.....</b>	<b>123</b>
Jasmine Frazier, 2010.....	123
3. <b>Noelle Eagles, 2010 .....</b>	<b>122</b>
4. Arielle Knafel, 2010.....	121
Dianne Harris, 1995.....	121
Kim Mumford, 1995 .....	121
7. Holly Gray, 1995 .....	120
8. Paige Gary-Canty, 2010 .....	118
Aricka Spellman, 1994 .....	118
10. Regina Younkin, 1994.....	117
11. April Johnson, 1996 .....	116
Holly Gray, 1994 .....	116

Kim Mumford, 1994 .....	116
14. Breanna Allums, 2008 .....	115
Angie Clewis, 2008 .....	115
Regina Younkin, 1995.....	115
Kami Jackson, 1994.....	115

### Career

1. Regina Younkin (1993-96).....	427
2. Solange Honore (2006-09) .....	403
3. Kim Mumford (1992-95).....	387
4. Yolanda Roberts (2005-08).....	374
5. Dianne Harris (1992-95) .....	360
6. Afryea Allen (2003-06) .....	348
7. Chanel Barnes (2003-06).....	346
8. Holly Gray (1993-95).....	345
9. Cicely Hocker (1994-97).....	340
10. Shea Kersey (2003-06).....	326
11. <b>Charlotte Armstead (2009-present).....</b>	<b>317</b>
12. Kami Jackson (1991-94).....	308
13. <b>Nicole Kessner (2008-present) .....</b>	<b>304</b>
14. April Johnson (1995-97) .....	286
15. Samoria Kelsey (1996-99) .....	276

## KILLS

### Match

1. Amanda Johnson vs. Howard, 10/17/03 .....	26
2. <b>(3x), last: Beatriz Ferreira vs. Morgan State, 10/28/11 ....</b>	<b>24</b>
5. (4x), last: Arielle Knafel vs. Providence, 8/27/10.....	23
9. (4x), last: Stacey Williams vs. Howard, 10/17/03 .....	22
13. Ellica Morris vs. Gardner-Webb, 9/17/10 .....	21
Kim Mumford vs. North Carolina Central, 10/1/94	
15. <b>(4x), last: Charlotte Armstead, Adriana Ramos</b> <b>vs. Youngstown State, 9/10/11 .....</b>	<b>20</b>

### Season

1. <b>Charlotte Armstead, 2010.....</b>	<b>328</b>
2. April Johnson, 1996 .....	307
3. Kim Mumford, 1994 .....	306
4. Kim Mumford, 1995 .....	293
5. Holly Gray, 1995 .....	279
6. Annette Burris, 1993 .....	277
7. Arielle Knafel, 2010.....	270
Breanna Allums, 2008 .....	270
9. Kami Jackson, 1994.....	263
10. <b>Charlotte Armstead, 2011.....</b>	<b>259</b>
11. <b>Beatriz Ferreira, 2011 .....</b>	<b>256</b>
Kim Mumford, 1993 .....	256
13. Stacey Williams, 2003 .....	251
14. Tomaneci Waller, 1999 .....	243
15. Holly Gray, 1994 .....	236

### Career

1. Kim Mumford (1992-95) .....	937
2. Kami Jackson (1991-94).....	808
3. Yolanda Roberts (2005-08) .....	786

<b>4. Charlotte Armstead (2009-present)</b> .....	<b>779</b>
5. Holly Gray (1993-95) .....	712
6. Dianne Harris (1992-95).....	607
7. April Johnson (1995-98) .....	584
8. Chanel Barnes (2003-06) .....	470
9. Annette Burris (1990-93) .....	469
10. Shea Kersey (2003-06) .....	444
11. Regina Younkin (1993-96) .....	435
12. Jennell Holloman (1996-99) .....	417
13. Samoria Kelsey (1996-99) .....	404
14. Elayne Greer (2008-09) .....	388
15. Afreya Allen (2003-06) .....	387

## ATTACKS

### Match

1. Stacey Williams vs. Coppin State, 9/26/03 .....	69
2. Vanessa Blyden vs. Fayetteville State, 11/3/96.....	64
Kim Mumford vs. Hampton, 11/1/94.....	64
4. Stacey Williams vs. Delaware State, 8/29/03 .....	63
5. K'rin Duplessis vs. Delaware State, 8/29/03.....	60
6. Breanna Allums at Hampton, 9/9/08.....	59
7. Arielle Knafel vs. UNC Greensboro, 8/28/10.....	58
8. Amanda Johnson vs. Howard, 10/17/03 .....	57
9. Stacey Williams at Coppin State, 11/15/03 .....	56
10. Holly Gray, vs. Morgan State, 9/14/95 .....	54
11. (3x), last: Yolanda Roberts vs. S.C. State, 10/7/06 .....	52

### Season

1. April Johnson, 1996 .....	902
2. Stacey Williams, 2003 .....	845
3. Arielle Knafel, 2010.....	833
4. Breanna Allums, 2008 .....	826
5. Holly Gray, 1995 .....	761
<b>6. Charlotte Armstead, 2010.....</b>	<b>752</b>
7. Yolanda Roberts, 2007 .....	744
8. Kim Mumford, 1995 .....	723
9. Tomaneci Waller, 1999 .....	697
10. Chantel Cherry, 2007 .....	696
11. Vanessa Blyden, 1996.....	691
12. Ellica Morris, 2010.....	686
Dianne Harris, 1995.....	686
14. Annette Burris, 1993 .....	678
15. Regina Younkin, 1996.....	665

### Career

1. Yolanda Roberts (2005-08).....	2,533
2. Kim Mumford (1992-95) .....	2,212
3. Shea Kersey (2003-06).....	1,941
<b>4. Charlotte Armstead (2009-present).....</b>	<b>1,800</b>
5. Holly Gray (1992-95) .....	1,754
6. Kami Jackson (1991-94).....	1,723
7. Dianne Harris (1992-95) .....	1,703
8. April Johnson (1995-98) .....	1,667
9. Chanel Barnes (2003-06).....	1,569
10. Regina Younkin (1993-96).....	1,520

11. Afreya Allen (2003-06) .....	1,379
12. Samoria Kelsey (1996-99) .....	1,346
13. Jennell Holloman (1996-99).....	1,287
14. Chantel Cherry (2005-07).....	1,138
15. Elayne Greer (2008-09) .....	1,073

## HITTING PERCENTAGE

### Match (Min. 10 kills)

1. Dianne Harris vs. Johnson C. Smith, 10/2/93 .....	1.000 (11-0-11)
2. Kami Jackson vs. Johnson C. Smith, 10/2/93 .....	.846 (12-1-13)
3. Holly Gray vs. UMES, 9/8/94 .....	.786 (12-1-14)
Dianne Harris vs. Winston-Salem State, 10/3/93.....	.786 (12-1-14)
5. Heather Quinn at UNC Wilmington, 9/7/07 .....	.769 (10-0-13)
Kami Jackson vs. Elizabeth City State, 9/20/94 .....	.769 (10-0-13)
7. Kami Jackson vs. Virginia State, 10/18/94 .....	.750 (10-1-12)
8. Breanna Allums vs. Winston-Salem State, 11/2/08 .....	.727 (17-1-22)
9. Elayne Greer at Winston-Salem State, 10/25/09.....	.692 (10-1-13)
10. Holly Gray at Chowan, 10/11/93 .....	.688 (12-1-16)
11. Annette Burris at District of Columbia, 9/30/93 .....	.667 (15-3-18)
12. Kim Mumford at District of Columbia, 9/30/93 .....	.647 (14-3-17)

### Season (Min. 50 kills)

1. Aisha Ricketts, 1995 .....	.324 (84-23-188)
2. Janelle Ross, 1997 .....	.306 (70-36-111)
3. Veatrice Green, 1999.....	.302 (159-42-388)
4. Annette Burris, 1993 .....	.294 (277-78-678)
5. Kim Mumford, 1995 .....	.285 (293-87-723)
6. Holly Gray, 1994 .....	.284 (236-99-483)
<b>7. Nicole Kessner, 2010 .....</b>	<b>.279 (115-25-323)</b>
<b>8. Nicole Kessner, 2009 .....</b>	<b>.276 (130-38-333)</b>
9. Kami Jackson, 1991 .....	.273 (157-69-322)
10. Kim Mumford, 1994 .....	.271 (306-127-660)
11. Holly Gray, 1995 .....	.267 (279-76-761)
12. Kami Jackson, 1993 .....	.264 (193-74-450)
13. Kim Mumford, 1993 .....	.264 (256-89-632)
14. Annette Burris, 1992 .....	.255 (124-47-302)
<b>15. Charlotte Armstead, 2011.....</b>	<b>.255 (259-113-573)</b>

### Career (Minimum 100 kills)

1. Alisha Ricketts (1994-95) .....	.298 (116-38-262)
<b>2. Nicole Kessner (2008-present) .....</b>	<b>.269 (310-80-856)</b>
3. Holly Gray (1993-95) .....	.265 (712-248-1754)
4. Kim Mumford (1992-95) .....	.259 (930-358-2212)
5. Tomaneci Waller (1997-99).....	.236 (335-101-991)
6. Kami Jackson (1991-94).....	.233 (777-376-1723)
<b>7. Charlotte Armstead (2009-present) .....</b>	<b>.230 (779-365-1800)</b>
8. Annette Burris (1991-93).....	.229 (447-XX-XX) *
<b>9. Beatriz Ferreira (2011-present) .....</b>	<b>.225 (256-115-626)</b>
10. Dianne Harris (1992-95) .....	.215 (590-224-1703)
11. Heather Quinn (2007) .....	.189 (197-86-587)
12. Janelle Ross (1996-99).....	.187 (278-123-830)
13. April Johnson (1995-97) .....	.184 (584-277-1667)
14. Karina Moore (2005-06).....	.169 (281-151-767)
15. Angie Clewis (2008-09).....	.152 (361-210-993)

\*Exact numbers unknown

## SERVICE ACES

### Match

1. Dianne Harris at Virginia Union, 9/17/92.....	17
2. Dianne Harris at St. Paul's, 9/25/92.....	13
3. Dianne Harris vs. Livingstone, 9/29/95.....	12
4. Dianne Harris vs. St. Paul's, 9/15/95.....	11
5. Yolanda Roberts vs. Winston-Salem State, 9/29/06.....	10
Holly Gray vs. Bowie State, 9/24/94.....	10
7. (4x), last: Amanda Johnson vs. B-CU, 11/8/03.....	9
11. (6x), last: Arielle Knafel at Hampton, 8/31/10.....	8

### Season

1. Dianne Harris, 1992.....	91
2. Dianne Harris, 1995.....	85
Aricka Spellman, 1994.....	85
4. Tomaneci Waller, 1999.....	81
5. Kami Jackson, 1994.....	78
6. Holly Gray, 1994.....	61
7. Regina Younkin, 1994.....	58
8. Regina Younkin, 1995.....	57
Holly Gray, 1995.....	57
Kim Mumford, 1994.....	57
11. Regina Younkin, 1996.....	55
12. Kim Mumford, 1995.....	53
13. Stacey Williams, 2003.....	47
14. Yolanda Roberts, 2006.....	45
15. Solange Honore, 2006.....	43
April Johnson, 1996.....	43

### Career

1. Dianne Harris (1992-95).....	243
2. Regina Youkin (1993-96).....	199
3. Kami Jackson (1991-94).....	177
4. Holly Gray (1993-95).....	160
5. Kim Mumford (1992-95).....	151
6. Yolanda Roberts (2005-08).....	136
7. Solange Honore (2006-09).....	129
8. April Johnson (1995-98).....	127
9. Aricka Spellman (1991-94).....	125
10. Tomaneci Waller (1997-2000).....	104
11. Annette Burris (1990-93).....	102
12. Afreya Allen (2003-06).....	94
13. Cicely Hocker (1994-97).....	90
14. Shea Kersey (2003-06).....	79
15. Donnetta Fisher (1993-96).....	74

## ASSISTS

### Match

1. Afreya Allen vs. Howard, 10/17/03.....	55
<b>2. Kristen Burt at High Point, 9/24/11.....</b>	<b>54</b>
Afreya Allen at Coppin State, 11/15/03.....	54
4. Solange Honore at Winston-Salem State, 9/23/06.....	53
<b>5. Kristen Burt vs. Youngstown State, 9/10/11.....</b>	<b>50</b>
<b>Nicole Kessner at South Carolina State, 10/28/09.....</b>	<b>50</b>
7. Solange Honore at Savannah State, 11/12/06.....	49

<b>8. Nicole Kessner vs. UNC Greensboro, 8/28/10.....</b>	<b>48</b>
<b>9. (4x), last: Kristen Burt vs. Morgan State, 10/28/11.....</b>	<b>46</b>
<b>13. (3x), last: Kristen Burt vs. Hampton, 9/28/11.....</b>	<b>45</b>

### Season

<b>1. Nicole Kessner, 2010.....</b>	<b>877</b>
2. Solange Honore, 2007.....	818
<b>3. Kristen Burt, 2011.....</b>	<b>771</b>
<b>4. Nicole Kessner, 2009.....</b>	<b>767</b>
5. Solange Honore, 2006.....	761
6. Janelle Ross, 1999.....	756
7. Afreya Allen, 2003.....	573
8. Afreya Allen, 2005.....	520
<b>9. Nicole Kessner, 2008.....</b>	<b>518</b>
10. Cicely Hocker, 1996.....	458
11. Dianne Harris, 1993.....	441
12. Afreya Allen, 2004.....	425
13. Dianne Harris, 1995.....	412
14. Holly Gray, 1993.....	410
15. Holly Gray, 1994.....	397

### Career

<b>1. Nicole Kessner (2008-present).....</b>	<b>2,162</b>
2. Solange Honore (2006-09).....	1,971
3. Afreya Allen (2003-06).....	1,538
4. Dianne Harris (1992-95).....	1,514
5. Holly Gray (1993-95).....	1,135
<b>6. Kristen Burt (2009-present).....</b>	<b>1,012</b>
7. Janelle Ross (1996-99).....	995
8. Cicely Hocker (1994-97).....	944
9. Natasha Harvey-Johnson (1990-93).....	277
10. Tiffany Neal (1999-2001).....	266
11. Angie Moretto (1988-91).....	232
12. K'rin Duplessis (2001-03).....	124
13. Shea Kersey (2003-06).....	112
14. Kim Mumford (1992-95).....	107
15. Allison Millette (1989-92).....	95

## BLOCKS SOLO

### Match

1. Jennell Holloman vs. Maryland Eastern Shore, 9/7/97.....	9
2. (3x), last: Veatrice Green vs. Coppin State, 8/31/02.....	8
5. (4x), last: Kim Mumford vs. St. Paul's, 11/1/93.....	7
9. (5x), last: Jennell Holloman vs. Hampton, 9/23/97.....	6
14. (9x), last: Valerie Santos at South Carolina State, 10/6/01.....	5

### Season

1. Dianne Harris, 1993.....	63
2. Holly Gray, 1993.....	54
3. Jennell Holloman, 1997.....	41
Kim Mumford, 1993.....	41
5. Keisha Chapman, 2001.....	37
6. Samoria Kelsey, 1997.....	33
Holly Gray, 1994.....	33
Lisa Roach, 1993.....	33

9. Jennell Holloman, 1996.....	31
10. Kim Mumford, 1994.....	28
Annette Burris, 1993.....	28
12. Kim Mumford, 1995.....	27
13. Veatrice Green, 1999.....	26
Samoria Kelsey, 1999.....	26
Samoria Kelsey, 1996.....	26
Dianne Harris, 1994.....	26

## Career

1. Dianne Harris (1992-95).....	117
2. Holly Gray (1993-95).....	111
3. Kim Mumford (1992-95).....	98
4. Jennell Holloman (1996-99).....	89
5. Samoria Kelsey (1996-99).....	85
6. Veatrice Green (1999-2002).....	71
7. Kami Jackson (1991-94).....	66
8. Keisha Chapman (2000-02).....	55
9. Regina Younkin (1993-96).....	54
10. Lisa Roach (1990-93).....	49
<b>11. Charlotte Armstead (2009-present).....</b>	<b>43</b>
Chanel Barnes (2003-06).....	43
13. Karina Moore (2005-06).....	38
Annette Burris (1990-93).....	38
15. April Johnson (1995-98).....	32

## BLOCK ASSISTS

### Match

1. Samoria Kelsey vs. Delaware State, 11/1/97.....	11
2. Elayne Greer vs. Arkansas State, 9/20/08.....	10
<b>3. Charlotte Armstead st Hampton, 10/21/11.....</b>	<b>8</b>
Solange Honore vs. Arkansas State, 9/20/08.....	8
5. (6x), last: Elayne Greer, Aurelia Isham vs. Navy, 9/19/09.....	7

### Season

1. Karina Moore, 2005.....	69
2. Jasmine Frazier, 2010.....	65
3. Veatrice Green, 1999.....	60
<b>4. Charlotte Armstead, 2011.....</b>	<b>57</b>
5. Heather Quinn, 2007.....	56
<b>6. Charlotte Armstead, 2010.....</b>	<b>54</b>
7. Angie Clewis, 2008.....	53
Karina Moore, 2006.....	53
Chanel Barnes, 2006.....	53
10. Samoria Kelsey, 1999.....	52
11. Elayne Greer, 2008.....	51
<b>12. Charlotte Armstead, 2009.....</b>	<b>47</b>
13. Veatrice Green, 2001.....	46
14. Breanna Allums, 2008.....	45
Shea Kersey, 2005.....	45

### Career:

<b>1. Charlotte Armstead (2009-present).....</b>	<b>158</b>
2. Chanel Barnes (2003-06).....	144
3. Veatrice Green (1999-2002).....	124

4. Karina Moore (2005-06).....	122
5. Jasmine Frazier (2010-11).....	106
6. Shea Kersey (2003-06).....	104
7. Samoria Kelsey (1996-99).....	101
8. Dianne Harris (1992-95).....	100
9. Yolanda Roberts (2005-08).....	98
10. Holly Gray (1993-95).....	97
11. Elayne Greer (2008-09).....	94
12. Angie Clewis (2008-09).....	93
13. Afreya Allen (2003-06).....	82
14. Solange Honore (2006-09).....	79
Lisa Roach (1990-93).....	79

## TOTAL BLOCKS

### Match

1. Jennell Holloman at UMES, 9/7/97.....	12
2. Samoria Kelsey vs. Delaware State, 11/1/97.....	11
Dianne Harris vs. St. Augustine's, 10/3/93.....	11
4. Elayne Greer vs. Arkansas State, 9/20/08.....	10
Dianne Harris at Bowie State, 9/25/93.....	10
6. (4x), last: Veatrice Green vs. Coppin State, 8/31/02.....	9
<b>10. (6x), last: Charlotte Armstead at Hampton, 10/21/11.....</b>	<b>8</b>

### Season

1. Dianne Harris, 1993.....	100
2. Holly Gray, 1993.....	92
3. Veatrice Green, 1999.....	86
4. Jasmine Frazier, 2010.....	84
Karina Moore, 2005.....	84
6. Samoria Kelsey, 1999.....	78
7. Holly Gray, 1994.....	77
8. Karine Moore, 2006.....	76
<b>9. Charlotte Armstead, 2011.....</b>	<b>72</b>
10. Veatrice Green, 2001.....	71
<b>11. Charlotte Armstead, 2010.....</b>	<b>69</b>
Heather Quinn, 2007.....	69
Samoria Kelsey, 1997.....	69
14. Angie Clewis, 2008.....	68
Elayne Greer, 2008.....	68

### Career

1. Dianne Harris (1992-95).....	219
2. Holly Gray (1993-95).....	208
<b>3. Charlotte Armstead (2009-present).....</b>	<b>201</b>
4. Veatrice Green (1999-2002).....	195
5. Chanel Barnes (2003-06).....	187
6. Samoria Kelsey (1996-99).....	186
7. Jennell Holloman (1996-99).....	172
8. Karina Moore (2005-06).....	160
9. Kim Mumford (1992-95).....	158
10. Jasmine Frazier (2010-11).....	136
11. Shea Kersey (2003-06).....	130
12. Lisa Roach (1990-93).....	128
13. Regina Younkin (1993-96).....	123
14. Elayne Greer (2008-09).....	119

15. Kami Jackson (1991-94)..... 114

## DIGS

### Match

1. **Noelle Eagles vs. UNC Greensboro, 8/28/10** ..... 30  
**Noelle Eagles vs. Delaware State, 9/25/10**..... 30  
3. April Johnson vs. Virginia Union, 10/23/96 ..... 29  
4. **(3x), last: Noelle Eagles vs. Florida A&M, 10/4/10** ..... 28  
7. Tracey Copley vs. Hampton, 9/28/11 ..... 27  
April Johnson at North Carolina Central, 9/29/96..... 27  
9. **(3x), last: Noelle Eagles vs. Providence, 8/27/10** ..... 25  
12. (7x), last: Jourdan Ellison at Hampton, 9/9/08..... 24  
19. (4x), last: Tracey Copley vs. North Carolina A&T, 9/27/11 ..... 23  
23. **(8x), last: Noelle Eagles vs. Fairleigh Dickinson, 9/9/11** .....22  
31. (7x), last: Arielle Knafel, vs. Gardner-Webb, 9/17/10 ..... 21  
38. (11x), last: Tracey Copley at High Point, 9/24/11 ..... 20

### Season

1. April Johnson, 1996 .....449  
2. **Noelle Eagles, 2010** ..... 442  
3. Kim Mumford, 1995 .....353  
4. Jourdan Ellison, 2008 .....334  
5. Arielle Knafel, 2010.....321  
6. Abaina Farrell, 2007 .....320  
7. Regina Younkin, 1996.....306  
8. Tomaneci Waller, 1999 .....304  
9. Kim Mumford, 1994 .....286  
10. Aricka Spellman, 1994 .....276  
11. Solange Honore, 2009 .....271  
12. Yolanda Roberts, 2007 .....270  
13. Tracey Copley, 2011 .....265  
14. Shardonay Blueford, 2007 .....259  
15. Samoria Kelsey, 1999.....251

### Career

1. Kim Mumford (1992-95) .....869  
2. Solange Honore (2006-09) .....803  
3. Regina Youkin (1993-96) .....784  
4. April Johnson (1995-98) .....763  
5. Yolanda Roberts (2005-08) .....726  
6. Shea Kersey (2003-06).....632  
7. Abaina Farrell (2005-07) .....584  
8. Cicely Hocker (1994-97).....567  
9. **Noelle Eagles (2010-present)** ..... 534  
Afreya Allen (2003-06) .....534  
11. **Nicole Kessner (2008-present)** ..... 520  
12. Kami Jackson (1991-94).....463  
13. Tracey Copley (2009, '11) .....454  
14. Tomaneci Waller (1997-99) .....432  
15. Aricka Spellman (1991-94) .....393

**Bold:** Indicates active players.

Note: Statistics prior to 1991 and for the 1998 and 2000 seasons are unavailable.

## KILLS

### Match

1. Howard, 10/17/03.....	72
2. vs. Johnston C. Smith, 10/2/93.....	70
3. vs. North Carolina Central, 10/1/94.....	69
4. at Coppin State, 11/15/03.....	68
5. vs. North Carolina Central, 11/6/95.....	65
6. vs. Youngstown State, 9/10/11.....	63
Providence, 8/27/10	
8. (3x), last: at High Point, 9/24/11.....	62
11. (5x), last: at South Carolina State, 10/28/09.....	61
16. (3x), last: Morgan State, 10/28/11.....	60
19. (4x), last: at Howard, 10/9/11.....	59

### Season

1. 2010.....	1,354
2. 1993.....	1,314
3. 1995.....	1,197
4. 2008.....	1,157
5. 1994.....	1,154

## ATTACKS

### Match

1. vs. Fayetteville State, 11/3/96.....	230
2. Bethune-Cookman, 11/2/07.....	223
3. vs. Delaware State, 8/29/03.....	221
4. Bethune-Cookman, 11/8/03.....	219
5. South Carolina State, 10/7/06.....	216
vs. St. Augustine's, 9/29/96	
7. Delaware State, 9/25/10.....	205
8. UNC Greensboro, 8/28/10.....	204
9. Elizabeth City State, 10/14/93.....	201
10. at Shaw, 11/2/96.....	198
11. vs. North Carolina Central, 11/6/95.....	197

### Season

1. 1996.....	4,163
2. 2010.....	3,986
3. 2008.....	3,664
4. 2007.....	3,613
5. 1993.....	3,505

## HITTING PERCENTAGE

### Match

1. vs. St. Paul's, 9/26/94.....	670 (27-2-42)
2. vs. Johnson C. Smith, 10/2/93.....	591 (70-18-88)
3. at District of Columbia, 9/30/93.....	564 (61-17-78)
4. Johnson C. Smith, 10/1/95.....	545 (37-7-55)
5. Virginia State, 10/18/94.....	490 (29-4-51)
6. vs. Catawba, 10/15/93.....	476 (24-4-42)
7. Virginia Union, 10/11/91.....	469 (27-4-49)
8. at Chowan, 10/11/93.....	456 (50-14-79)
9. at University of D.C., 10/19/95.....	435 (45-8-85)
10. Virginia State, 9/2/08.....	435 (37-7-69)

11. Winston-Salem State, 11/2/08.....	425 (47-10-87)
12. vs. Livingstone, 10/1/94.....	425 (40-9-73)

### Season

1. 1995.....	237 (1197-392-3395)
2. 1993.....	225 (1314-524-3505)
3. 1994.....	201 (1154-596-2782)
4. 1991.....	167 (423-XX-XX) *
5. 1992.....	166 (553-313-1450)

\* Exact numbers unknown

## SERVICE ACES

### Match

1. at Virginia Union, 9/17/92.....	32
Elizabeth City State, 10/14/91	
3. Bowie State, 9/18/95.....	28
vs. Livingstone, 9/29/95	
5. vs. Livingstone, 9/8/93.....	27
6. Bowie State, 9/24/94.....	24
7. vs. Delaware State, 8/29/03.....	22
8. (3x), last: University of D.C., 9/23/95.....	21
11. (3x), last: vs. Fayetteville State, 9/30/94.....	20
14. (7x), last: UMES, 9/20/99.....	19
21. (10x), last: at Hampton, 10/28/03.....	18
31. (5x), last: Hampton, 9/2/09.....	17

### Season

1. 1994.....	410
2. 1995.....	385
3. 1992.....	273
4. 1996.....	254
5. 1993.....	241

## ASSISTS

### Match

1. at High Point, 9/24/11.....	60
vs. Coppin State, 11/15/03	
3. (3x), last: UNC Greensboro, 8/28/10.....	58
6. at Winston-Salem State, 9/23/06.....	57
Howard, 10/17/03	
8. at Bowie State, 9/25/93.....	56
9. vs. Youngstown State, 9/10/11.....	55
Providence, 8/27/10	
11. (4x), last: Hampton, 9/28/11.....	54
15. (6x), last: Morgan State, 10/28/11.....	53
20. (3x), last: Delaware State, 9/25/10.....	52
23. vs. Delaware State, 10/15/05.....	51
24. (5x), last: at Hampton, 10/21/11.....	50

### Season

1. 2010.....	1,229
2. 1993.....	1,084
3. 2008.....	999
4. 2009.....	995

5. 2007.....	945
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## BLOCKS SOLO

### Match

1. at Maryland-Eastern Shore, 9/7/97.....	27
2. vs. St. Augustine's, 10/3/93.....	19
3. vs. Fayetteville State, 11/2/93.....	18
4. Hampton, 10/18/93.....	16
5. (4x), last: at South Carolina State, 10/6/01.....	14
9. (3x), last: at Hampton, 10/20/97.....	13
12. (4x), last: South Carolina State, 10/26/01.....	12
16. at Elizabeth City State, 9/11/97.....	11
17. (5x), last: vs. Coppin State, 8/31/02.....	10

### Season

1. 1993.....	267
2. 1994.....	144
3. 1996.....	127
4. 1995.....	111
5. 1997.....	108

## BLOCK ASSISTS

### Match

1. vs. Delaware State, 11/1/97.....	36
2. vs. Arkansas State, 9/20/08.....	34
3. at Hampton, 10/21/2011.....	26
at UMES, 10/10/92	
5. at South Carolina State, 10/10/07.....	23
at Bowie State, 9/25/93	
7. (3x), last: at South Carolina State, 10/22/08.....	22
10. (3x), last: vs. Presbyterian, 9/19/08.....	20
13. vs. Youngstown State, 9/10/11.....	18
at Virginia Union, 9/5/96	
15. vs. Hampton, 10/15/05.....	17
16. (9x), last: at Howard, 10/9/11.....	16

### Season

1. 2010.....	239
2. 2006.....	234
3. 2005.....	226
4. 2008.....	220
5. 1999.....	220

## TOTAL BLOCKS

### Match

1. at UMES, 9/7/97.....	31.0
2. vs. St. Augustine's, 10/3/93.....	23.0
3. Hampton, 10/18/93.....	21.0
4. at Bowie State, 9/25/93.....	19.5
5. (3x), last: vs. Delaware State, 11/1/97.....	19.0
8. (4x), last: vs. Arkansas State, 9/20/08.....	18.0
12. at UMES, 10/10/92.....	17.0
13. (3x), last: South Carolina State, 10/26/01.....	16.0

16. vs. Delaware State, 8/29/03.....	15.0
at Virginia Union, 9/5/96.....	15.0
18. at South Carolina State, 10/10/07.....	14.5
at Hampton, 10/20/97.....	14.5

### Season

1. 1993.....	353.0
2. 1994.....	238.0
3. 1999.....	197.0
4. 1996.....	181.5
5. 1997.....	175.5

## DIGS

### Match

1. vs. St. Augustine's, 9/29/96.....	129
2. at North Carolina Central, 9/29/96.....	113
3. vs. Delaware State, 11/1/97.....	104
4. Bethune-Cookman, 11/2/07.....	103
vs. Fayetteville State, 9/28/96	
6. vs. North Carolina Central, 10/1/94.....	102
7. vs. Shaw, 9/28/96.....	101
8. vs. Hampton, 11/1/94.....	100
9. UNC Greensboro, 8/28/10.....	98
10. at Mt. Olive, 10/13/95.....	92
11. Hampton, 9/28/11.....	91

### Season

1. 1996.....	2,025
2. 2010.....	1,571
3. 2007.....	1,461
4. 1999.....	1,444
5. 1994.....	1,419

## All-Time Year-by-Year Leaders

### Kills

1991	Kami Jackson	157
1992	Kami Jackson	164
1993	Annette Burris	277
1994	Kim Mumford	306
1995	Kim Mumford	293
1996	April Johnson	307
1997	April Johnson	181
1998	N/A	
1999	Tomaneci Waller	243
2000	N/A	
2001	Valerie Santos	131
2002	Keisha Chapman	77
2003	Stacey Williams	251
2004	Rachel Weatherspoon	167
2005	Yolanda Roberts	150
2006	Afryea Allen	234
2007	Yolanda Roberts	220
2008	Breanna Allums	270
2009	Elayne Greer	200
2010	<b>Charlotte Armstead</b>	<b>328</b>
2011	<b>Charlotte Armstead</b>	<b>259</b>

### Kills Per Set

1991	Kami Jackson	3.02
1992	Kami Jackson	2.41
1993	Kami Jackson	2.64
1994	Kim Mumford	2.63
1995	Kim Mumford	2.42
1996	April Johnson	2.65
1997	April Johnson	2.23
1998	N/A	
1999	Tomaneci Waller	2.59
2000	N/A	
2001	Valerie Santos	2.22
2002	Keisha Chapman	1.67
2003	Stacey Williams	2.85
2004	Rachel Weatherspoon	1.90
2005	Amanda Johnson	2.06
2006	Afryea Allen	2.54
2007	Yolanda Roberts	2.12
2008	Breanna Allums	2.35
2009	Elayne Greer	1.98
2010	<b>Charlotte Armstead</b>	<b>2.67</b>
2011	<b>Charlotte Armstead</b>	<b>2.85</b>

### Total Attacks

1991	Kami Jackson	322
1992	Kami Jackson	358
1993	Annette Burris	678
1994	Kim Mumford	660
1995	Holly Gray	761
1996	April Johnson	902
1997	April Johnson	455
1998	N/A	
1999	Tomaneci Waller	697
2000	N/A	
2001	Valerie Santos	372
2002	Veatrice Green	298
2003	Stacey Williams	845
2004	Rachel Weatherspoon	662
2005	Yolanda Roberts	508
2006	Afryea Allen	650
2007	Yolanda Roberts	744
2008	Breanna Allums	826
2009	Elayne Greer	538
2010	Arielle Knafel	833

2011	<b>Adriana Ramos</b>	<b>635</b>
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### Hitting Percentage (Min. 50 kills)

1991	Kami Jackson	273
1992	Annette Burris	255
1993	Annette Burris	294
1994	Holly Gray	284
1995	Alisha Ricketts	324
1996	April Johnson	191
1997	Janelle Ross	306
1998	N/A	
1999	Veatrice Green	302
2000	N/A	
2001	Veatrice Green	145
2002	Veatrice Green	-091
2003	Stacey Williams	121
2004	Afryea Allen	017
2005	Karina Moore	160
2006	Karina Moore	177
2007	Heather Quinn	189
2008	<b>Nicole Kessner</b>	<b>240</b>
2009	<b>Nicole Kessner</b>	<b>276</b>
2010	<b>Nicole Kessner</b>	<b>279</b>
2011	<b>Charlotte Armstead</b>	<b>255</b>

### Assists

1991	Angie Moretto	232
1992	Dianne Harris	332
1993	Dianne Harris	441
1994	Holly Gray	397
1995	Dianne Harris	412
1996	Cicely Hocker	458
1997	Cicely Hocker	335
1998	N/A	
1999	Janelle Ross	756
2000	N/A	
2001	Tiffany Neal	244
2002	K'Rin Duplessis	98
2003	Afryea Allen	573
2004	Afryea Allen	425
2005	Afryea Allen	520
2006	Solange Honore	761
2007	Solange Honore	818
2008	<b>Nicole Kessner</b>	<b>518</b>
2009	<b>Nicole Kessner</b>	<b>767</b>
2010	<b>Nicole Kessner</b>	<b>877</b>
2011	<b>Kristen Burt</b>	<b>771</b>

### Assists Per Set

1991	Angie Moretto	4.94
1992	Dianne Harris	4.88
1993	Dianne Harris	4.41
1994	Dianne Harris	3.92
1995	Dianne Harris	3.40
1996	Cicely Hocker	4.05
1997	Cicely Hocker	4.19
1998	N/A	
1999	Janelle Ross	8.04
2000	N/A	
2001	Tiffany Neal	4.36
2002	K'Rin Duplessis	2.13
2003	Afryea Allen	6.74
2004	Afryea Allen	4.83
2005	Afryea Allen	6.27
2006	Solange Honore	8.18
2007	Solange Honore	7.87
2008	<b>Nicole Kessner</b>	<b>5.82</b>

2009	<b>Nicole Kessner</b>	<b>7.30</b>
2010	<b>Nicole Kessner</b>	<b>7.97</b>
2011	<b>Kristen Burt</b>	<b>8.76</b>

### Service Aces

1991	Kami Jackson	33
1992	Dianne Harris	86
1993	Holly Gray	42
1994	Aricka Spellman	85
1995	Dianne Harris	85
1996	Regina Younkin	55
1997	April Johnson	42
1998	N/A	
1999	Tomaneci Waller	81
2000	N/A	
2001	Valerie Santos	31
2002	Veatrice Green	29
2003	Stacey Williams	47
2004	Afryea Allen	25
2005	Shea Kersey	28
2006	Yolanda Roberts	45
2007	Solange Honore	42
2008	Yolanda Roberts	31
2009	Tracey Copley	31
2010	Arielle Knafel	37
2011	Jasmine Frazier	28

### Service Aces Per Set

1991	Angie Moretto	0.68
1992	Dianne Harris	1.26
1993	Holly Gray	0.39
1994	Aricka Spellman	0.71
1995	Dianne Harris	0.70
1996	Regina Younkin	0.48
1997	April Johnson	0.52
1998	N/A	
1999	Tomaneci Waller	0.86
2000	N/A	
2001	Valerie Santos	0.53
2002	Veatrice Green	0.53
2003	Stacey Williams	0.53
2004	Afryea Allen	0.28
2005	Shea Kersey	0.35
2006	Yolanda Roberts	0.48
2007	Solange Honore	0.40
2008	Yolanda Roberts	0.31
2009	Tracey Copley	0.30
2010	Ellica Morris	0.31
2011	Jasmine Frazier	0.31

### Digs

1991	Kami Jackson	104
1992	Kami Jackson	76
1993	Kim Mumford	179
1994	Kim Mumford	286
1995	Kim Mumford	353
1996	April Johnson	449
1997	April Johnson	170
1998	N/A	
1999	Tomaneci Waller	304
2000	N/A	
2001	Valerie Santos	113
2002	Angel Uy	87
2003	Stacey Williams	219
2004	Angel Uy	224
2005	Rachel Weatherspoon	188
2006	Abaina Farrell	244

## All-Time Year-by-Year Leaders

2007	Abaina Farrell	320
2008	Jourdan Ellison	334
2009	Solange Honore	271
<b>2010</b>	<b>Noelle Eagles</b>	<b>442</b>
2011	Tracey Copley	265

### Digs Per Set

1991	Kami Jackson	2.00
1992	Kami Jackson	1.12
1993	Kim Mumford	1.77
1994	Kim Mumford	2.47
1995	Kim Mumford	2.92
1996	April Johnson	3.87
1997	April Johnson	2.10
1998	N/A	
1999	Tomaneci Waller	3.23
2000	N/A	
2001	Valerie Santos	1.92
2002	K'Rin Duplessis	1.70
2003	Stacey Williams	2.49
2004	Angel Uy	2.55
2005	Rachel Weatherspoon	2.81
2006	Abaina Farrell	3.05
2007	Abaina Farrell	3.08
2008	Jourdan Ellison	3.12
2009	Solange Honore	2.66
<b>2010</b>	<b>Noelle Eagles</b>	<b>3.62</b>
2011	Tracey Copley	2.94

### Solo Blocks

1991	Kami Jackson	20
1992	Dianne Harris	13
1993	Dianne Harris	63
1994	Holly Gray	33
1995	Kim Mumford	27
1996	Jennell Holloman	31
1997	Jennell Holloman	41
1998	N/A	
1999	Veatrice Green/Samoria Kelsey	26
2000	N/A	
2001	Keisha Chapman	37
2002	Veatrice Green	20
2003	Shea Kersey	13
2004	Chanel Barnes	11
2005	Karina Moore	15
2006	Karina Moore	23
2007	Vanessa Faircloth	17
2008	Elyane Greer	17
<b>2009</b>	<b>Charlotte Armstead</b>	<b>13</b>
2010	Jasmine Frazier	19
<b>2011</b>	<b>Charlotte Armstead</b>	<b>15</b>

### Block Assists

1991	Angie Moretto	18
1992	Lisa Roach	27
1993	Holly Gray	38
1994	Holly Gray	44
1995	April Johnson	20
1996	April Johnson/Vanessa Blyden	20
1997	Samoria Kelsey	36
1998	N/A	
1999	Veatrice Green	60
2000	N/A	
2001	Veatrice Green	46
2002	Keisha Chapman	24
2003	Chanel Barnes	21
2004	Chanel Barnes	39

2005	Karina Moore	69
2006	Karina Moore/Chanel Barnes	53
2007	Heather Quinn	56
2008	Angie Clewis	53
<b>2009</b>	<b>Charlotte Armstead</b>	<b>47</b>
2010	Jasmine Frazier	65
<b>2011</b>	<b>Charlotte Armstead</b>	<b>57</b>

### Total Blocks

1991	Kami Jackson	29
1992	Dianne Harris	39
1993	Dianne Harris	100
1994	Holly Gray	77
1995	Kim Mumford	44
1996	April Johnson/Jennell Holloman	40
1997	Samoria Kelsey	69
1998	N/A	
1999	Veatrice Green	86
2000	N/A	
2001	Veatrice Green	71
2002	Keisha Chapman	42
2003	Chanel Barnes	30
2004	Chanel Barnes	50
2005	Karina Moore	84
2006	Karina Moore	76
2007	Heather Quinn	69
2008	Angie Clewis/Elyane Greer	68
<b>2009</b>	<b>Charlotte Armstead</b>	<b>60</b>
2010	Jasmine Frazier	84
<b>2011</b>	<b>Charlotte Armstead</b>	<b>72</b>

### Blocks Per Set

1991	Lisa Roach	0.57
1992	Dianne Harris	0.57
1993	Dianne Harris	0.81
1994	Dianne Harris	0.73
1995	Alisha Ricketts	0.49
1996	Jennell Holloman	0.49
1997	Samoria Kelsey	0.90
1998	N/A	
1999	Veatrice Green	0.91
2000	N/A	
2001	Veatrice Green	1.20
2002	Keisha Chapman	0.91
2003	Chanel Barnes	0.35
2004	Chanel Barnes	0.59
2005	Karina Moore	1.02
2006	Karina Moore	0.92
2007	Heather Quinn	0.66
2008	Elyane Greer	0.60
<b>2009</b>	<b>Charlotte Armstead</b>	<b>0.58</b>
2010	Jasmine Frazier	0.68
<b>2011</b>	<b>Charlotte Armstead</b>	<b>0.79</b>

### Points

1991	Kami Jackson	214.5
1992	Kami Jackson	212.5
1993	Annette Burris	347.5
1994	Kim Mumford	401.5
1995	Kim Mumford	381.5
1996	April Johnson	380.0
1997	April Johnson	238.5
1998	N/A	
1999	Tomaneci Waller	342.5
2000	N/A	
2001	Valerie Santos	182.0
2002	Veatrice Green	128.0

2003	Stacey Williams	305.5
2004	Rachel Weatherspoon	197.5
2005	Yolanda Roberts	189.5
2006	Yolanda Roberts	276.5
2007	Yolanda Roberts	279.0
2008	Breanna Allums	319.5
2009	Elyane Greer	243.5
<b>2010</b>	<b>Charlotte Armstead</b>	<b>401.0</b>
<b>2011</b>	<b>Charlotte Armstead</b>	<b>318.5</b>

### Points Per Set

1991	Kami Jackson	4.13
1992	Kami Jackson	3.13
1993	Kami Jackson	3.34
1994	Kim Mumford	3.46
1995	Kim Mumford	3.15
1996	April Johnson	3.28
1997	April Johnson	2.94
1998	N/A	
1999	Tomaneci Waller	3.64
2000	N/A	
2001	Valerie Santos	3.08
2002	Keisha Chapman	2.61
2003	Stacey Williams	3.47
2004	Rachel Weatherspoon	2.24
2005	Amanda Johnson	2.51
2006	Yolanda Roberts	2.97
2007	Yolanda Roberts	2.68
2008	Breanna Allums	2.78
2009	Elyane Greer	2.41
<b>2010</b>	<b>Charlotte Armstead</b>	<b>3.26</b>
<b>2011</b>	<b>Charlotte Armstead</b>	<b>3.50</b>

**Bold** indicates active players

## All-Conference Honorees

### 1986

Lynn Bridgewater

### 1988

Cassandra Terry

### 1990

Shane Johnson

### 1992

Dianne Harris  
Kami Jackson  
Annette Burris

### 1993

Dianne Harris

### 1994

Holly Gray  
Kim Mumford

### 1995

Kim Mumford  
Dianne Harris

### 1996

April Johnson

### 2009

#### Second Team

Nicole Kessner, S

### 2010

#### Second Team

Charlotte Armstead, MB

## Conference All-Rookie Team

### 1992

Dianne Harris

### 1993

Regina Younkin

### 1995

April Johnson

## Conference All-Tournament Team

### 1990

Lisa Roach

### 1991

Kami Jackson

### 1994

Holly Gray  
Kim Mumford

### 1996

April Johnson  
Vanessa Blyden

## Coach of the Year

2010 – Brandon Duvall

## Retired Numbers

5 – Kim Mumford

## MEAC Individual Leaders

**2001:** Veatrice Greene, 1.20 blocks per set  
Keisha Chapman, 37 solo blocks

**2005:** Karina Moore, 1.02 blocks per set

## MEAC Team Leaders

**2001:** 93 blocks solo  
2.37 blocks per set

## All-Time Series Results \*

<b>-A-</b>		<b>-J-</b>	Texas Southern..... 1-0
Air Force..... 0-1		James Madison..... 0-5	Troy..... 0-1
Alabama A&M..... 0-3		Johnson C. Smith..... 4-0	
Alabama State..... 1-0		<b>-K-</b>	
American University..... 0-1		Kent State..... 0-1	<b>-U-</b>
Arkansas..... 0-2		<b>-L-</b>	UMBC..... 0-1
Arkansas State..... 0-1		LaSalle..... 0-1	UMES..... 7-23
Ashland..... 0-1		Liberty..... 0-3	UNC Asheville..... 0-1
<b>-B-</b>		Livingstone..... 4-0	UNC Greensboro..... 0-2
Bethune-Cookman..... 6-16		Lock Haven..... 0-1	UNC Wilmington..... 0-1
Bowie State..... 17-0		Loyola..... 0-1	USC Upstate..... 0-1
<b>-C-</b>		<b>-M-</b>	UTEP..... 0-1
California (Pa.)..... 0-2		Mercer..... 0-1	<b>-V-</b>
Campbell..... 0-4		Millersville..... 0-1	Virginia..... 0-1
Canisius..... 0-1		Morgan State..... 1-15	Virginia Commonwealth..... 0-5
Catawba (N.C.)..... 0-1		Morris Brown..... 0-1	Virginia State..... 20-1
Central Connecticut State..... 0-1		Mt. Olive..... 1-0	Virginia Tech..... 0-1
Charleston Southern..... 0-1		<b>-N-</b>	Virginia Union..... 17-0
Charlotte..... 0-1		Navy..... 1-2	Voorhees..... 2-0
Chowan..... 1-0		North Carolina A&T..... 8-19	<b>-W-</b>
Christopher Newport..... 0-1		North Carolina Central..... 8-13	Wagner..... 0-1
Citadel..... 0-1		North Carolina State..... 0-1	Wake Forest..... 0-1
Coastal Carolina..... 0-2		Northwood (Mich.)..... 0-1	Western Carolina..... 0-1
Columbia Union..... 2-2		<b>-P-</b>	William & Mary..... 0-9
Coppin State..... 9-8		Pfeiffer..... 0-1	Winston-Salem State..... 16-2
C.W. Post..... 0-1		Presbyterian..... 0-2	Winthrop..... 0-2
<b>-D-</b>		Providence..... 1-0	Wofford..... 0-4
Davidson..... 0-3		<b>-Q-</b>	<b>-Y-</b>
Delaware State..... 6-19		Quinnipiac..... 1-0	Youngstown State..... 1-1
District of Columbia..... 6-0		<b>-R-</b>	
<b>-E-</b>		Radford..... 0-2	
East Carolina..... 0-1		Robert Morris..... 0-1	
East Tennessee State..... 0-1		Rutgers..... 0-1	
Edinboro..... 0-1		<b>-S-</b>	
Elizabeth City State..... 17-2		Sacred Heart..... 0-1	
Elon..... 0-6		Savannah State..... 5-0	
<b>-F-</b>		Shaw..... 2-7	
Fairleigh Dickinson..... 0-2		Shippensburg..... 0-1	
Fairmont State..... 0-2		South Carolina State..... 4-20	
Fayetteville State..... 6-6		Southern..... 1-0	
Florida A&M..... 0-22		Southern Indiana..... 0-1	
<b>-G-</b>		St. Augustine's..... 3-13	
Gardner-Webb..... 1-2		St. Francis (N.Y.)..... 0-3	
Georgia State..... 0-1		St. Francis (Pa.)..... 0-1	
<b>-H-</b>		St. John's..... 0-1	
Hampton..... 10-42		St. Paul's..... 18-0	
High Point..... 1-1		Stony Brook..... 0-1	
Howard..... 3-10		<b>-T-</b>	
<b>-I-</b>		Temple..... 0-1	
Indiana (Pa.)..... 0-1		Tennessee State..... 0-1	
IUPUI..... 0-1		Texas A&M-Corpus Christi..... 0-1	

\* Results are from 1989-present but do not include the 1998 and 2000 seasons

# SEASON RESULTS

Year	Overall Record	Conf. Record	Conf. Finish	Conference Tourney/Postseason	Coach
* 1988	11-13				LaVerne Sweat
1989	8-8	8-7 CIAA			LaVerne Sweat
1990	10-8	10-5 CIAA, 9-3 CIAA North	3rd Northern Division	0-3 CIAA Tourney	LaVerne Sweat
1991	12-9	11-3 CIAA, 10-2 CIAA North	2nd Northern Division	1-2 CIAA Tourney	Lessie Moody
1992	15-9	11-4 CIAA, 10-2 CIAA North	2nd Northern Division	1-2 CIAA Tourney	Wilhelmenia Wright-Harrison
1993	22-10	15-3 CIAA, 11-1 CIAA North	2nd Northern Division	CIAA Tournament Runner-Up (3-2)	Wilhelmenia Wright-Harrison
1994	23-11	15-4 CIAA, 12-2 CIAA North	2nd Northern Division	CIAA Tournament Runner-Up (3-2)	Wilhelmenia Wright-Harrison
1995	26-10	17-0 CIAA, 10-0 CIAA North	1st Northern Division	CIAA Tournament Runner-Up (4-1)	Wilhelmenia Wright-Harrison
1996	16-18	13-4 CIAA, 10-0 CIAA North	1st Northern Division	CIAA Tournament Runner-Up (3-2)	Wilhelmenia Wright-Harrison
1997	8-18	0-5 MEAC	5th Southern Division	0-1 MEAC Tourney	Wilhelmenia Wright-Harrison
1998	6-20	2-6 MEAC	4th Southern Division	1-1 MEAC Tourney	Wilhelmenia Wright-Harrison
1999	11-18	2-6 MEAC	4th Southern Division	1-1 MEAC Tourney	Robert Hale
2000	3-18	1-13 MEAC	5th Southern Division	0-1 MEAC Tourney	Robert Hale
2001	2-20	2-12 MEAC	5th Southern Division	0-1 MEAC Tourney	Robert Hale
2002	0-20	0-10 MEAC	5th Southern Division	Did Not Participate	Allison Millett-Sparrow
2003	3-24	2-8 MEAC	5th Southern Division	0-1 MEAC Tourney	Allison Millett-Sparrow
2004	0-28	0-10 MEAC	11th Overall	0-1 MEAC Tourney	Allison Millett-Sparrow
2005	2-23	0-10 MEAC	11th Overall	DNQ	Allison Millett-Sparrow
2006	6-21	0-10 MEAC	11th Overall	DNQ	Allison Millett-Sparrow
2007	7-26	3-5 MEAC	4th Southern Division	0-1 MEAC Tourney	Jennifer Fry
2008	10-23	3-5 MEAC	4th Southern Division	0-1 MEAC Tourney	Jennifer Fry
2009	9-22	3-5 MEAC	4th Southern Division	0-1 MEAC Tourney	Jennifer Fry
2010	13-20	5-3 MEAC	3rd Southern Division	0-1 MEAC Tourney	Brandon Duvall
2011	9-16	5-7 MEAC	5th Northern Division	DNQ	Brandon Duvall

\* Records prior to 1988 are unknown

## NSU'S ALL-TIME COACHES

Years	Name	Seasons	Conference			Overall		
			W	L	Pct.	W	L	Pct.
1980-81	Mary Lamb	2						
1982-85	Unknown	4						
1986	Annette Cross	1						
1987	Andri Gowens	1						
1988-90	LaVerne Sweat	3	18	12	.600	29	29	.500
			(2 seasons)					
1991	Lessie Moody	1	11	3	.786	12	5	.706
1992-98	Wilhelmenia Wright-Harrison	7	73	26	.737	116	96	.547
1999-2001	Robert Hale	3	5	31	.139	16	56	.222
2002-06	Allison Millett-Sparrow	5	2	48	.040	11	110	.091
2007-09	Jennifer Fry	3	9	15	.375	26	71	.268
2010-Present	Brandon Duvall	2	10	10	.500	22	36	.379
		<b>24</b>	<b>128</b>	<b>145</b>	<b>.469</b>	<b>212</b>	<b>409</b>	<b>.341</b>
		<b>(32 all-time)</b>	<b>(23 seasons)</b>					

# SEASON-BY-SEASON RESULTS

## LaVERNE SWEAT ERA

(29-29, .500, 3 years; 18-12 CIAA, .600, 2 years)

1988

11-13

Date Opponent Loc. Res. Score

Match-by-Match Results Unavailable

1989

8-8 (8-7 CIAA)

Date Opponent Loc. Res. Score

9/15	Christopher Newport	H	L	1-3
9/22	Virginia State *	H	W	2-0
9/22	North Carolina Central *	H	L	0-2
9/25	Bowie State *	H	W	3-0
9/29	Winston-Salem State *	A	L	1-3
9/30	Fayetteville State *	A	L	0-2
10/3	Hampton *	A	L	0-3
10/8	St. Paul's *	A	W	3-0
10/10	Elizabeth City State *	A	L	1-3
10/10	Elizabeth City State *	A	L	1-3
10/18	Virginia State *	A	W	3-1
10/20	Hampton *	H	L	0-3
10/22	Bowie State *	H	W	3-1
10/24	Virginia Union *	H	W	3-0
10/24	Virginia Union *	H	W	3-0
10/26	St. Paul's *	H	W	3-0

\* - CIAA Match

1990

10-8 (10-5 CIAA, 9-3 CIAA North)

Date Opponent Loc. Res. Score

9/16	Hampton *	H	L	0-3
9/16	Bowie State *	H	W	3-1
9/21	Virginia State *	H	L	1-3
9/24	Virginia Union *	H	W	3-1
9/24	St. Augustine's *	H	L	0-3
9/27	Elizabeth City State *	H	W	3-0
9/30	St. Paul's *	H	W	3-0
9/30	Winston-Salem State *	H	W	3-1
10/2	Virginia Union *	A	W	3-1
10/4	Hampton *	A	L	0-3
10/7	Bowie State *	A	W	3-0
10/15	Elizabeth City State *	A	W	3-1
10/18	Virginia State *	A	W	3-2
10/21	St. Paul's *	A	W	3-0
10/26	North Carolina Central *	A	L	0-3
10/29	North Carolina Central #	N	L	0-2
10/29	Fayetteville State #	N	L	1-2
10/29	Hampton #	N	L	1-2

\* - CIAA Match

# - CIAA Tournament - Hampton, Va.

## LESSIE MOODY ERA

(12-5, .706; 11-3 CIAA, .786, 1 year)

1991

12-5 (11-3 CIAA, 10-2 CIAA North)

Date Opponent Loc. Res. Score

9/16	Elizabeth City State *	A	W	3-1
9/18	Virginia State *	H	W	3-0
9/24	Virginia Union *	A	W	3-0
9/27	Hampton *	A	L	2-3
9/29	Bowie State *	H	W	3-1
9/29	St. Paul's *	H	W	3-0
10/1	Virginia State *	H	W	3-0
10/1	Fayetteville State *	H	W-forfeit	3-0
10/6	Bowie State *	A	W	3-1
10/9	Hampton *	H	L	0-3
10/11	Virginia Union *	H	W	3-0
10/11	St. Augustine's *	H	L	0-3

10/14	Elizabeth City State *	H	W	3-1
10/24	St. Paul's *	A	W	3-1
10/28	Winston-Salem State #	N	L	0-2
10/28	St. Augustine's #	N	L	0-2
10/28	Virginia State #	N	W	2-0

\* - CIAA Match

# - CIAA Tournament

## WILHELMENIA WRIGHT-HARRISON ERA

(116-96, .547; 73-26 CIAA/MEAC, .737, 7 years)

1992

15-9 (11-4 CIAA, 10-2 CIAA North)

Date Opponent Loc. Res. Score

9/15	St. Paul's *	A	W	3-0
9/17	Virginia Union *	A	W	3-0
9/22	Virginia State *	A	W	3-1
9/22	Hampton *	N	L	1-3
9/24	North Carolina Central *	H	L	0-3
9/24	Elizabeth City State *	H	W	3-1
9/25	Fayetteville State \$	N	W	3-2
9/25	Voorhees \$	N	W	3-0
9/25	Shaw \$	A	L	1-3
10/2	Winston-Salem State *	N	W	3-1
10/2	St. Augustine's *	A	L	0-3
10/8	Hampton *	A	L	0-3
10/8	Virginia Union *	N	W	3-0
10/9	Delaware State &	N	W	3-0
10/10	American University &	N	L	0-3
10/10	UMES &	A	L	2-3
10/12	St. Paul's *	H	W	3-1
10/15	Elizabeth City State *	A	W	3-2
10/15	Virginia State *	N	W	3-0
10/18	Bowie State *	H	W	3-0
10/18	Bowie State *	H	W	3-1
10/26	North Carolina Central #	N	L	0-2
10/26	St. Augustine's #	N	L	0-2
10/26	St. Paul's #	N	W	2-1

\$ - Shaw Invitational - Raleigh, N.C.

& - UMES Invitational - Princess Anne, Md.

\* - CIAA Match

# - CIAA Tournament - Hampton, Va.

1993

22-10 (15-3 CIAA, 11-1 CIAA North)

Date Opponent Loc. Res. Score

9/3	California (Pa.) \$	A	L	0-3
9/3	Northwood (Mich.) \$	N	L	0-3
9/4	Southern Indiana \$	N	L	0-3
9/8	Livingstone *	A	W	3-0
9/8	Fayetteville State *	N	L	0-3
9/15	Virginia Union *	H	W	3-0
9/17	St. Paul's *	H	W	3-0
9/21	Hampton *	A	L	2-3
9/25	Bowie State *	A	W	3-2
9/30	District of Columbia	A	W	3-0
10/1	North Carolina Central * &	N	W	3-1
10/1	Johnson C. Smith * &	N	W	3-0
10/2	Winston Salem State * &	N	W	3-0
10/2	St. Augustine's * &	N	L	0-3
10/6	Elizabeth City State *	A	W	3-0
10/12	Virginia Union *	A	W	3-0
10/14	Virginia State *	H	W	3-1
10/14	Elizabeth City State *	H	W	3-2
10/15	Catawba (N.C.) %	N	L	1-3
10/15	Shaw %	A	L	0-3
10/16	Voorhees %	N	W	3-1
10/16	Virginia Union %	N	W	3-0
10/18	Hampton *	H	W	3-0
10/19	St. Paul's *	A	W	3-0
10/21	Virginia State *	A	W	3-0
10/23	Bowie State *	H	W	3-0
10/27	District of Columbia	H	W	3-0
11/1	North Carolina Central #	N	W	2-0
11/1	St. Augustine's #	N	L	1-2

11/1	St. Paul's #	N	W	2-1
11/2	Fayetteville State #	N	W	3-0
11/2	St. Augustine's #	N	L	0-3

\$ - California (Pa.) Holiday Invitational - California, Pa.

& - CIAA Round-Up - Hampton, Va.

% - Shaw Invitational - Raleigh, N.C.

\* - CIAA Match

# - CIAA Tournament - Durham, N.C.

1994

23-11 (15-4 CIAA, 12-2 CIAA North)

Date Opponent Loc. Res. Score

9/2	California (Pa.) \$	A	L	0-3
9/2	Shippensburg \$	N	L	2-3
9/3	Lock Haven \$	N	L	1-3
9/3	Indiana (Pa.) \$	N	L	1-3
9/8	UMES	H	W	3-0
9/13	Virginia Union *	H	W	3-0
9/15	District of Columbia	A	W	3-0
9/20	Elizabeth City State *	N	W	3-0
9/20	Virginia State *	A	W	3-0
9/22	Hampton *	H	L	1-3
9/24	Bowie State *	A	W	3-0
9/25	C.W. Post	H	L	1-3
9/26	St. Paul's *	H	W	3-1
9/30	Fayetteville State * &	N	W	3-1
10/1	Livingstone * &	N	W	3-0
10/1	Shaw * &	N	L	0-3
10/1	North Carolina Central * &	A	W	3-2
10/2	Johnson C. Smith * &	N	W	3-0
10/2	Winston-Salem State * &	N	W	3-0
10/4	Virginia Union *	A	W	3-1
10/6	St. Augustine's *	A	L	1-3
10/12	Hampton *	A	L	1-3
10/14	St. Paul's *	A	W	3-2
10/18	Virginia State *	H	W	3-0
10/20	Chowan	A	W	3-0
10/21	Bowie State *	H	W	3-0
10/21	Elizabeth City State *	H	W	3-0
10/24	UMES	A	W	3-0
10/28	District of Columbia	H	W	3-1
10/31	North Carolina Central #	N	W	3-1
10/31	St. Augustine's #	N	L	1-3
10/31	Elizabeth City State #	N	W	3-1
11/1	Hampton #	N	W	3-2
11/1	St. Augustine's #	N	L	1-3

\$ - California (Pa.) Holiday Invitational - California, Pa.

& - CIAA Round-Up - Durham, N.C.

\* - CIAA Match

# - CIAA Tournament - Bowie, Md.

1995

26-10 (17-0 CIAA, 10-0 CIAA North)

Date Opponent Loc. Res. Score

9/5	North Carolina A&T	A	L	1-3
9/8	Edinboro \$	A	L	0-3
9/8	Ashland \$	N	L	0-3
9/9	Millersville \$	N	L	0-3
9/12	Virginia Union *	H	W	3-0
9/14	Morgan State	H	L	1-3
9/15	St. Paul's *	H	W	3-0
9/18	Bowie State *	H	W	3-1
9/20	Virginia State *	H	W	3-0
9/23	District of Columbia	H	W	3-0
9/25	Howard	A	W	3-2
9/26	Elizabeth City State *	A	W	3-0
9/29	Livingstone * &	N	W	3-0
9/30	Fayetteville State * &	N	W	3-1
9/30	Winston-Salem State * &	N	W	3-0
9/30	Shaw * &	N	W	3-0
10/1	St. Augustine's * &	N	W	3-0
10/1	North Carolina Central * &	N	W	3-0
10/1	Johnson C. Smith * &	N	W	3-0
10/2	North Carolina A&T	H	L	1-3
10/3	Virginia Union *	A	W	3-0

# SEASON-BY-SEASON RESULTS

10/4	Bowie State *	A	W	3-0
10/9	Morgan State	A	L	0-3
10/11	St. Paul's *	A	W	3-0
10/13	Alabama A&M %	N	L	1-3
10/13	Mt. Olive %	N	W	3-2
10/14	Shaw %	N	W	3-1
10/14	Fayetteville State %	A	L	2-3
10/17	Virginia State *	A	W	3-0
10/19	District of Columbia	A	W	3-0
10/23	Elizabeth City State *	H	W	3-0
11/6	North Carolina Central #	N	W	3-2
11/6	Fayetteville State #	N	W	3-1
11/6	Virginia State #	N	W	3-0
11/7	St. Augustine's #	N	W	3-1
11/8	Shaw #	N	L	0-3

§ - Edinboro Invitational – Edinboro, Pa.  
& - CIAA Round-Up – Virginia Beach, Va.  
% - Fayetteville State Invitational – Fayetteville, N.C.  
\* - CIAA Match  
# - CIAA Tournament – Fayetteville, N.C.

## 1996 16-18 (13-4 CIAA, 10-0 CIAA North)

Date	Opponent	Loc.	Res.	Score
9/5	Virginia Union *	A	W	3-2
9/12	St. Paul's *	A	W	3-0
9/15	Elizabeth City State *	H	W	3-0
9/16	Bowie State *	A	W	3-1
9/19	Virginia State *	H	W	3-0
9/20	Liberty \$	A	L	0-3
9/21	Wofford \$	N	L	0-3
9/21	Fairmont State \$	N	L	0-3
9/21	Hampton \$	N	L	2-3
9/24	Columbia Union	H	L	0-3
9/27	Livingstone * &	N	W	3-0
9/27	Johnson C. Smith * &	N	W	3-0
9/28	Fayetteville State * &	N	L	1-3
9/28	Winston-Salem State * &	N	W	3-0
9/28	Shaw * &	N	L	2-3
9/29	St. Augustine's * &	N	L	2-3
9/29	North Carolina Central * &	A	L	2-3
10/4	UMES	H	L	0-3
10/6	Columbia Union	A	L	0-3
10/10	St. Paul's *	H	W	3-0
10/12	St. Augustine's %	N	L	1-3
10/12	Pfeiffer %	N	L	0-3
10/12	Gardner-Webb %	N	L	0-3
10/12	Shaw %	N	L	0-3
10/13	Bowie State *	H	W	3-1
10/15	Virginia State *	A	W	3-0
10/23	Virginia Union *	H	W	3-2
10/27	Morgan State	A	L	1-3
10/29	Elizabeth City State *	A	W	3-0
11/2	North Carolina Central #	N	W	3-1
11/2	Shaw #	N	L	1-3
11/2	Bowie State #	N	W	3-0
11/3	St. Augustine's #	N	W	3-2
11/3	Fayetteville State #	N	L	2-3

§ - Liberty Invitational – Lynchburg, Va.  
& - CIAA Round-Up – Durham, N.C.  
% - Lady Bronco Invitational – Fayetteville, N.C.  
\* - CIAA Match  
# - CIAA Tournament – Fort Lee, Va.

## 1997 8-18 (0-5 MEAC)

Date	Opponent	Loc.	Res.	Score
8/29	North Carolina A&T	H	L	0-3
8/30	Virginia Commonwealth	H	L	0-3
9/3	Columbia Union	A	W	
9/7	UMES	A	W	3-2
9/11	Elizabeth City State	A	W	3-0
9/16	Virginia Commonwealth	A	L	0-3
9/19	Liberty \$	A	L	0-3
9/20	IUPUI \$	N	L	0-3
9/20	Fairmont State \$	N	L	0-3

9/21	Coppin State	H	W	3-0
9/23	Hampton	H	L	0-3
9/26	Howard &	N	L	0-3
9/27	North Carolina A&T &	A	L	1-3
10/2	South Carolina State	A	L	0-3
10/3	Bethune-Cookman	A	L	0-3
10/9	Columbia Union	H	W	
10/17	Morgan State	N	L	0-3
10/20	Hampton	A	L	2-3
10/21	Elizabeth City State	H	W	3-0
10/31	UMES %	N	L	0-3
10/31	Elon %	N	L	0-3
11/1	Delaware State %	N	W	3-2
11/4	Coppin State	A	W	3-1
11/6	William & Mary	A	L	0-3
11/13	Florida A&M	N	L	0-3
11/14	Hampton #	N	L	0-3

§ - Liberty Invitational – Lynchburg, Va.  
& - North Carolina A&T Invitational – Greensboro, N.C.  
% - Hampton Invitational – Hampton, Va.  
# - MEAC Tournament – Greensboro, N.C.

## 1998 6-20 (2-6 MEAC)

Date	Opponent	Loc.	Res.	Score
Match-by-Match Results Unavailable				

## ROBERT HALE ERA (16-56, .222; 5-31 MEAC, .139, 3 years)

## 1999 11-18 (2-6 MEAC)

Date	Opponent	Loc.	Res.	Score
9/3	St. Francis (N.Y.) \$	N	L	0-3
9/4	UMES \$	N	W	3-0
9/4	Delaware State \$	A	W	3-0
9/4	St. Francis (N.Y.) \$	N	L	1-3
9/13	Hampton	A	L	1-3
9/20	UMES	H	W	3-0
9/24	Morgan State	A	L	0-3
9/28	Howard	A	L	0-3
9/30	Coppin State	A	W	3-1
10/6	North Carolina A&T *	H	L	0-3
10/7	Florida A&M *	A	L	0-3
10/8	Bethune-Cookman *	A	W	3-1
10/10	South Carolina State *	A	W	3-0
10/10	Winthrop	N	L	0-3
10/16	Delaware State	A	W	3-0
10/17	Coppin State	H	W	3-0
10/20	Howard	H	L	0-3
10/23	Florida A&M *	H	L	0-3
10/24	Delaware State	H	W	3-0
10/26	Hampton	H	L	1-3
10/29	North Carolina A&T *	A	L	0-3
11/1	William & Mary	A	L	0-3
11/4	Bethune-Cookman *	H	L	2-3
11/7	South Carolina State *	H	L	0-3
11/9	Virginia Commonwealth	A	L	0-3
11/13	UMES	A	W	3-0
11/15	Virginia Commonwealth	H	L	0-3
11/19	Coppin State #	N	W	3-0
11/20	Morgan State #	N	L	0-3

§ - Delaware State Invitational – Dover, Del.  
\* - MEAC Match  
# - MEAC Tournament – Baltimore, Md.

## 2000 3-18 (1-13 MEAC)

Date	Opponent	Loc.	Res.	Score
Match-by-Match Results Unavailable				

## 2000 2-20 (2-12 MEAC)

Date	Opponent	Loc.	Res.	Score
8/31	Hampton \$	A	L	0-3
8/31	Wofford \$	N	L	0-3
8/31	Elon \$	N	L	0-3
9/11	Hampton *	A	L	0-3
9/27	Florida A&M *	A	L	0-3
9/27	Florida A&M *	A	L	0-3
9/28	Bethune-Cookman *	A	L	0-3
9/28	Bethune-Cookman *	A	L	0-3
10/6	South Carolina State *	A	L	0-3
10/15	North Carolina A&T *	H	L	0-3
10/19	Howard * &	H	L	0-3
10/20	UMES * &	H	W	3-2
10/20	Morgan State * &	H	L	0-3
10/20	Coppin State * &	H	W	3-0
10/21	Hampton &	H	L	0-3
10/23	Hampton *	H	L	0-3
10/24	North Carolina A&T *	A	L	0-3
10/26	South Carolina State *	H	L	0-3
10/29	William & Mary	A	L	0-3
11/3	Delaware State	H	L	2-3
11/3	Delaware State	H	L	0-3
11/15	South Carolina State #	N	L	0-3

§ - Lady Pirate Invitational – Hampton, Va.  
& - MEAC Round-Up – Norfolk, Va.  
\* - MEAC Match  
# - MEAC Tournament – Baltimore, Md.

## ALLISON MILLETT-SPARROW ERA (11-110, .091; 2-48 MEAC, .040, 5 years)

## 2002 0-20 (0-10 MEAC)

Date	Opponent	Loc.	Res.	Score
8/30	Alabama A&M \$	N	L	0-3
8/30	Hampton \$	A	L	0-3
8/30	Morris Brown \$	N	L	0-3
8/31	Coppin State \$	N	L	1-3
9/10	Hampton *	A	L	0-3
9/17	Delaware State *	H	L	0-3
9/21	North Carolina A&T *	A	L	0-3
9/22	South Carolina State *	A	L	0-3
9/24	Bethune-Cookman *	H	L	0-3
9/27	Hampton	H	L	0-3
9/30	Morgan State *	H	L	0-3
10/4	Bethune-Cookman *	A	L	0-3
10/5	Florida A&M *	A	L	0-3
10/13	South Carolina State *	H	L	0-3
10/15	North Carolina A&T	H	L	0-3
10/20	Florida A&M	H	L	0-3
10/25	Coppin State *	H	L	0-3
10/27	Delaware State	A	L	0-3
11/1	Howard	A	L-forfeit	0-3
11/5	UMES	A	L-forfeit	0-3

§ - UMES Invitational – Princess Anne, Md.  
\* - MEAC Match

## 2003 3-24 (2-8 MEAC)

Date	Opponent	Loc.	Res.	Score
8/29	UMES \$	N	L	0-3
8/29	Alabama A&M \$	N	L	0-3
8/29	Delaware State \$	N	L	1-3
8/30	Savannah State \$	N	W	3-1
9/5	Central Conn. State &	N	L	0-3
9/5	UMES &	A	L	0-3
9/6	Charleston Southern &	N	L	0-3
9/6	St. Francis (N.Y.) &	A	L	0-3
9/23	William & Mary	H	L	0-3
9/26	Coppin State	H	L	1-3
9/28	Delaware State *	H	L	0-3

# SEASON-BY-SEASON RESULTS

10/4	Florida A&M *	H	L	0-3
10/10	Florida A&M	A	L	0-3
10/11	Bethune-Cookman *	A	L	0-3
10/13	South Carolina State *	A	L	0-3
10/14	North Carolina A&T *	A	L	0-3
10/17	Howard *	H	W	3-2
10/23	North Carolina A&T	H	L	0-3
10/27	Delaware State	A	L	1-3
10/28	Hampton *	A	L	0-3
10/30	South Carolina State	H	L	0-3
11/7	UMES *	H	L	0-3
11/8	Bethune-Cookman	H	L	2-3
11/11	Hampton	H	L	0-3
11/14	Morgan State *	A	L	0-3
11/15	Coppin State *	A	W	3-2
11/20	Hampton #	N	L	0-3

§ - Hampton Invitational - Hampton, Va.  
& - UMES Invitational - Princess Anne, Md.

\* - MEAC Match

# - MEAC Tournament - Greensboro, N.C.

## 2004 0-28 (0-10 MEAC)

Date	Opponent	Loc.	Res.	Score
9/1	UMES	A	L	0-3
9/7	James Madison	A	L	0-3
9/11	North Carolina A&T *	A	L	0-3
9/18	High Point	A	L	0-3
9/19	South Carolina State *	A	L	0-3
9/22	Virginia Commonwealth	A	L	0-3
9/23	William & Mary	A	L	0-3
9/25	Gardner Webb §	N	L	0-3
9/25	Campbell §	A	L	0-3
9/26	Elon	A	L	0-3
10/1	Bethune-Cookman *	A	L	0-3
10/2	Florida A&M *	A	L	0-3
10/7	Bethune-Cookman	H	L	0-3
10/8	Florida A&M	H	L	0-3
10/9	South Carolina State	H	L	0-3
10/12	North Carolina A&T	H	L	0-3
10/15	Delaware State * &	N	L	0-3
10/15	Morgan State * &	N	L	0-3
10/15	Hampton * &	N	L	1-3
10/16	UMES * &	A	L	0-3
10/16	Coppin State * &	N	L	1-3
10/17	Howard * &	N	L	0-3
10/21	Hampton	H	L	0-3
10/26	Delaware State	A	L	0-3
10/29	Coppin State	H	L	0-3
11/1	Delaware State	H	L	0-3
11/9	Hampton	A	L	2-3
11/18	Morgan State #	N	L	0-3

§ - Campbell Invitational - Buies Creek, N.C.

& - MEAC Round-Up - Princess Anne, Md.

\* - MEAC Match

# - MEAC Tournament - Greensboro, N.C.

## 2005 2-23 (0-10 MEAC)

Date	Opponent	Loc.	Res.	Score
8/27	Radford §	A	L	0-3
8/27	Wofford §	N	L	0-3
9/2	Hampton &	A	L	0-3
9/2	Southern &	N	W	3-2
9/3	Hampton &	A	L	0-3
9/3	Winston-Salem State &	N	W	3-0
9/6	UMES	H	L	2-3
9/22	North Carolina A&T *	H	L	0-3
9/30	Bethune-Cookman *	H	L	1-3
10/1	Florida A&M *	H	L	0-3
10/5	South Carolina State *	A	L	0-3
10/7	Florida A&M	A	L	0-3
10/8	Bethune-Cookman	A	L	1-3
10/14	Coppin State * %	N	L	0-3
10/14	Morgan State * %	N	L	0-3
10/15	Delaware State * %	N	L	1-3

10/15	Hampton * %	N	L	1-3
10/15	Howard * %	N	L	0-3
10/16	UMES * %	N	L	0-3
10/21	Delaware State	H	L	0-3
10/22	South Carolina State	H	L	1-3
11/1	William & Mary	H	L	1-3
11/2	Hampton	A	L	0-3
11/9	Hampton	H	L	0-3
11/12	North Carolina A&T	A	L	0-3

§ - Radford Invitational - Radford, Va.  
& - Hampton Invitational - Hampton, Va.  
% - MEAC Round-Up - Princess Anne, Md.  
\* - MEAC Match

## 2006 6-21 (0-10 MEAC)

Date	Opponent	Loc.	Res.	Score
8/25	UMES §	A	L	0-3
8/26	Wofford §	N	L	0-3
8/26	Quinnipiac §	N	W	3-1
9/1	Air Force &	N	L	0-3
9/1	William & Mary &	A	L	0-3
9/2	St. John's &	N	L	0-3
9/2	Stony Brook &	N	L	0-3
9/5	Virginia State	H	W	3-1
9/7	North Carolina A&T *	H	L	0-3
9/19	Hampton	H	L	1-3
9/23	Winston-Salem State %	A	W	3-1
9/23	North Carolina Central %	N	L	0-3
9/24	South Carolina State %	N	L	2-3
9/24	Winston-Salem State %	A	W	3-0
9/29	Winston-Salem State	H	W	3-0
10/6	Florida A&M *	H	L	0-3
10/7	South Carolina State *	H	L	2-3
10/13	Coppin State * @	N	L	0-3
10/13	Morgan State * @	N	L	0-3
10/14	Delaware State * @	N	L	0-3
10/14	Hampton * @	N	L	2-3
10/14	Howard * @	N	L	0-3
10/15	UMES * @	N	L	0-3
10/28	Delaware State	H	L	0-3
11/7	Hampton	A	L	1-3
11/11	Bethune-Cookman *	A	L	1-3
11/12	Savannah State	A	W	3-1

§ - UMES Kick-Off Classic - Princess Anne, Md.  
& - William & Mary Invitational - Williamsburg, Va.  
% - Lady Rams Invitational - Winston-Salem, N.C.  
@ - MEAC Round-Up - Orangeburg, S.C.  
\* - MEAC Match

## JENNIFER FRY ERA (26-71, .268; 9-15 MEAC, .375, 3 years)

## 2007 7-26 (3-5 MEAC)

Date	Opponent	Loc.	Res.	Score
8/24	Elon §	N	L	0-3
8/24	North Carolina Central §	A	L	0-3
8/25	Loyola §	N	L	0-3
8/25	Campbell §	N	L	0-3
8/31	Temple &	N	L	0-3
9/1	Virginia &	A	L	0-3
9/1	Arkansas &	N	L	0-3
9/4	Hampton	H	W	3-0
9/7	UNC Wilmington %	A	L	0-3
9/8	Campbell %	N	L	0-3
9/8	Presbyterian %	N	L	0-3
9/14	Rutgers	A	L	0-3
9/18	William & Mary	H	L	0-3
9/20	Winston-Salem State	A	W	3-0
9/21	North Carolina Central @	N	L	0-3
9/22	Savannah State @	N	W	3-0
9/22	Hampton @	N	L	1-3
9/28	Robert Morris ^	N	L	0-3

9/29	St. Francis (Pa.) ^	N	L	1-3
9/29	UMES ^	A	L	0-3
10/2	South Carolina State *	H	W	3-0
10/4	Florida A&M *	A	L	0-3
10/6	Bethune-Cookman *	A	L	0-3
10/10	South Carolina State *	A	W	3-0
10/14	Florida A&M *	H	L	0-3
10/19	North Carolina A&T *	A	L	1-3
10/20	North Carolina Central	H	L	0-3
10/23	Liberty	A	L	0-3
10/30	North Carolina A&T *	H	L	1-3
11/2	Bethune-Cookman *	H	W	3-1
11/6	Hampton	A	L	0-3
11/9	Winston-Salem State	H	W	3-0
11/16	UMES #	N	L	0-3

§ - North Carolina Central Triad Challenge - Durham, N.C.

& - Marriot Jefferson Cup - Charlottesville, Va.

% - Battle at the Beach - Wilmington, N.C.

@ - Lady Rams Invitational - Winston-Salem, N.C.

^ - Maryland Eastern Shore Tournament - Princess Anne, Md.

\* - MEAC Match

# - MEAC Tournament - Hampton, Va.

## 2008 10-23 (3-5 MEAC)

Date	Opponent	Loc.	Res.	Score
8/29	Winthrop §	N	L	0-3
8/30	Wake Forest §	A	L	0-3
8/30	Davidson §	N	L	0-3
9/2	Virginia State	H	W	3-0
9/5	Youngstown State &	N	L	0-3
9/6	Charlotte &	A	L	0-3
9/6	Howard &	N	L	0-3
9/9	Hampton	A	W	3-2
9/12	North Carolina State %	A	L	0-3
9/12	UNC Asheville %	N	L	0-3
9/13	William & Mary %	N	L	0-3
9/16	UMES	H	L	0-3
9/19	Western Carolina @	A	L	0-3
9/19	Presbyterian @	N	L	1-3
9/20	Arkansas State @	N	L	2-3
9/26	Wagner ^	N	L	2-3
9/26	Delaware State ^	A	L	1-3
9/27	Fairleigh Dickinson ^	N	L	0-3
10/3	North Carolina A&T *	H	W	3-1
10/5	Florida A&M *	A	L	1-3
10/6	Bethune-Cookman *	A	L	0-3
10/10	South Carolina State *	H	L	0-3
10/12	Bethune-Cookman *	H	W	3-1
10/15	Virginia State	A	W	3-0
10/17	North Carolina A&T *	A	W	3-1
10/19	Winston-Salem State	A	W	3-1
10/21	James Madison	H	L	0-3
10/22	South Carolina State *	A	L	1-3
10/29	North Carolina Central	A	W	3-0
10/31	Florida A&M *	H	L	0-3
11/2	Winston-Salem State	H	W	3-0
11/5	Hampton	H	W	3-1
11/14	UMES #	N	L	1-3

§ - Wake Forest Tournament - Winston-Salem, N.C.

& - UNC Charlotte Tournament - Charlotte, N.C.

% - North Carolina State Tournament - Raleigh, N.C.

@ - Western Carolina Tournament - Cullowhee, N.C.

^ - Delaware State Hornet Invitational - Dover, Del.

\* - MEAC Match

# - MEAC Tournament - Hampton, Va.

## 2009 9-22 (3-5 MEAC)

Date	Opponent	Loc.	Res.	Score
8/28	Texas A&M-Corpus Christi §	N	L	1-3
8/29	Texas Southern §	N	W	3-0
8/29	UTEP §	A	L	0-3
9/2	Hampton	H	W	3-1
9/4	Arkansas &	N	L	0-3
9/5	Virginia Tech &	A	L	0-3

# SEASON-BY-SEASON RESULTS

NORFOLK STATE UNIVERSITY 2012  
VOLLEYBALL MEDIA GUIDE

9/5	East Carolina &	N	L	0-3
9/11	LaSalle %	N	L	1-3
9/11	Delaware State %	A	L	0-3
9/12	Navy %	N	L	0-3
9/12	UMES %	N	L	0-3
9/18	Elon @	A	L	0-3
9/19	Navy @	N	L	1-3
9/19	Georgia State @	N	L	0-3
9/26	Sacred Heart ^	N	L	0-3
9/26	UMES ^	A	L	0-3
10/3	North Carolina Central	H	L	2-3
10/7	Alabama State	H	W	3-0
10/9	North Carolina A&T *	H	W	3-0
10/11	Florida A&M *	H	L	0-3
10/13	James Madison	A	L	1-3
10/16	South Carolina State *	H	L	1-3
10/23	North Carolina A&T *	A	W	3-1
10/25	Winston-Salem State	A	W	3-0
10/28	South Carolina State *	A	L	2-3
11/1	Bethune-Cookman *	H	W	3-1
11/8	Winston-Salem State	H	W	3-1
11/13	Bethune-Cookman *	A	L	0-3
11/15	Florida A&M *	A	L	0-3
11/18	Hampton	A	W	3-1
11/20	UMES #	N	L	0-3

§ - UTEP Sun Bowl Invitational – El Paso, Texas

& - Virginia Tech Tournament – Blacksburg, Va.

% - Delaware State Invitational – Dover, Del.

@ - Elon Tournament – Elon, N.C.

^ - Maryland Eastern Shore Tournament – Princess Anne, Md.

\* - MEAC Match

# - MEAC Tournament – Baltimore, Md.

## BRANDON DUVAL ERA

(22-36, .379; 10-10 MEAC, .500, 2 years)

2010

13-20 (5-3 MEAC)

Date	Opponent	Loc.	Res.	Score
8/27	Providence §	H	W	3-1
8/27	Navy §	H	W	3-0
8/28	UNC Greensboro §	H	L	2-3
8/28	Kent State §	H	L	1-3
8/31	Hampton	A	W	3-2
9/3	Radford &	A	L	0-3
9/4	Canisius &	N	L	1-3
9/4	East Tennessee State &	N	L	0-3
9/10	USC Upstate %	N	L	0-3
9/11	Coastal Carolina %	A	L	0-3
9/11	The Citadel %	N	L	0-3
9/17	Gardner-Webb @	N	W	3-1
9/18	UNC Greensboro @	A	L	1-3
9/18	Morgan State @	N	W	3-0
9/25	Davidson ^	H	L	1-3
9/25	Delaware State ^	H	L	2-3
10/2	Coppin State +	N	L	2-3
10/2	UMES +	A	L	0-3
10/4	Florida A&M *	H	L	1-3
10/8	North Carolina A&T *	A	W	3-0
10/11	Savannah State	H	W	3-0
10/13	South Carolina State *	H	W	3-0
10/17	Bethune-Cookman *	H	W	3-0
10/20	James Madison	H	L	1-3
10/22	North Carolina A&T *	H	W	3-0
10/24	North Carolina Central	H	L	2-3
10/27	South Carolina State *	A	L	2-3
10/28	Savannah State	A	W	3-0
11/7	North Carolina Central	A	L	1-3
11/10	Hampton	H	W	3-0
11/12	Bethune-Cookman *	A	W	3-2
11/14	Florida A&M *	A	L	1-3
11/19	Delaware State #	N	L	0-3

§ - Spartan Classic – Norfolk, Va.

& - Radford Tournament – Radford, Va.

% - Coastal Carolina Invitational – Conway, S.C.

@ - UNC Greensboro Spartan Spiketacular – Greensboro, N.C.

^ - Spartan Invitational – Norfolk, Va.

+ - Peaky's North/South UMES Hawk Invitational – Princess Anne, Md.

\* - MEAC Match

# - MEAC Tournament – Baltimore, Md.

## 2011 9-16 (5-7 MEAC)

Date	Opponent	Loc.	Res.	Score
9/2	Tennessee State §	N	L	0-3
9/2	Troy §	N	L	0-3
9/3	Mercer §	A	L	0-3
9/9	Fairleigh Dickinson &	N	L	1-3
9/10	Youngstown State &	N	W	3-2
9/10	UMBC &	A	L	0-3
9/16	North Carolina A&T %	N	W	3-0
9/17	Coastal Carolina %	N	L	0-3
9/17	Davidson %	A	L	0-3
9/24	High Point @	A	W	3-2
9/24	Campbell @	N	L	0-3
9/27	North Carolina A&T	H	W	3-1
9/28	Hampton *	H	L	1-3
9/30	Coppin State *	H	W	3-0
10/9	Howard *	A	L	2-3
10/14	Delaware State *	H	W	3-2
10/16	UMES *	H	L	0-3
10/21	Hampton *	A	W	3-2
10/23	Morgan State *	A	L	0-3
10/28	Morgan State *	H	L	2-3
10/30	Coppin State *	A	W	3-0
11/2	James Madison	A	L	0-3
11/4	Howard *	H	W	3-1
11/11	UMES *	A	L	0-3
11/13	Delaware State *	A	L	0-3

§ - Mercer Bear Brawl – Macon, Ga.

& - Maddie Bingaman Memorial Tournament – Baltimore, Md.

% - Wildcat Classic – Davidson, N.C.

@ - High Point Invitational – High Point, N.C.

\* - MEAC Match



Norfolk State University was founded in 1935 as a beacon of hope to the region's youth—especially within the African American community. Brought to life in the midst of the Great Depression, the university was named the Norfolk Unit of Virginia Union University at its founding and was one of the last historically black institutions established in the Commonwealth of Virginia. By 1969, Norfolk State University began its transformation into a vibrant, independent college and was bestowed university status in 1979.

More than 75 years later, the University remains a source of inspiration for those who aspire to fulfill their dreams. A four-year public institution, NSU is located in the dynamic Hampton Roads region of Virginia and is close to the Virginia Beach oceanfront and downtown Norfolk. Additionally, NSU is one of the nation's largest HBCUs with an enrollment of nearly 7,000 students and a faculty of nearly 300, with more than half holding terminal degrees.

The University offers a variety of academic programs within the following schools and colleges: College of Liberal Arts; the College of Science, Engineering and Technology; the Honors College; the School of Business; the School of Education; the Ethelyn R. Strong School of Social Work; the School of Extended Learning; and the Graduate School. NSU offers 32 undergraduate, 16 master's and three doctoral degrees.

### Expanding Learning Capacity

Norfolk State University has been recognized as one of the top 25 producers of cyber security professionals, according to *US Black Engineer and Information Technology Magazine*. Additionally, the University has also been named in recent years as one of the top 50 producers of African-American Ph.D. recipients, according to *Inside Higher Ed*. The finding, based on a National Science Foundation report, says that Historically Black Colleges and Universities are graduating a growing share of African Americans who go on to earn Ph.D.s in science and engineering. NSU's Dozoretz National Institute for Mathematics and Applied Sciences (DNIMAS), established in 1985, is specifically geared toward increasing the number of Ph.D.s in science technology, engineering, and mathematics. More than 50 percent of DNIMAS scholars have earned advanced degrees.

Norfolk State University also has been named a "military friendly school," which means that the university is successful at offering the necessary financial benefits, flexibility in scheduling and support programs to service members. Most recently, the university entered into an agreement with the U.S. Navy to provide the bachelor's degree in interdisciplinary studies through the Navy College Program Distance Learning Partnership coordinated through the School of Extended Learning. The Navy's distance learning program is vital in providing sailors with the best possible options for obtaining higher educational degrees wherever they may be assigned. Now, sailors may apply to Norfolk State University to obtain a degree in interdisciplinary studies in an online environment.

Our School of Extended Learning expertly places the convenience of the digital age at the fingertips of learners. The School works with the academic and administrative units of the University by serving as an extension of the NSU campus. It offers coursework through distance education, continuing education and certificate programs. Additional degree programs include Master of Arts degrees in Pre-Elementary Education, Elementary Education (Pre-K-6), Pre-Elementary Early Education with an emphasis on Childhood Special Education and Urban Education, as well as graduate certificates in Transition Special Education and Bilingual Special Education.

### Building for the Future

The University is building for the future with the construction of a three-story, 132,000-square-foot library that will house library services, archives and a 24/7 Internet café, individual and group study rooms, a multimedia project room, virtual conference room, a 24-hour study area, exercise equipment, and an African art gallery. One of the new library's distinguishing features is a 90-foot high glass atrium that will provide



areas to display current student and faculty artwork, and also serve as a gathering area for multi-purpose events. The new library will provide the latest technology and create an exciting study and research environment for students. Upon completion in December 2011, the library will also reshape the look of the campus. The old library will be razed and a beautiful quadrangular pedestrian mall between the new library and the New Student Center will be created.

From the days of the Great Depression to the Digital Age, Norfolk State University continues to achieve. Today, NSU remains an active and vital component of the Hampton Roads region, the Commonwealth of Virginia and the nation. Our faculty researchers have forged partnerships that have created cutting-edge virtual learning environments and the world's smallest laser - both of which will have an impact on our everyday lives. Our graduates establish and lead corporations, distinguish themselves in their industries and fields of study and provide humanitarian aid around the world.

Norfolk State University has played a vital role in our community in the past, is serving in a critical role today, and will continue to be an academic leader in the future.

Behold the Green and Gold!®

## NORFOLK STATE UNIVERSITY QUICK FACTS

<b>Location:</b>	Historic Norfolk, Va.; 134-acre campus 2 miles from downtown Norfolk
<b>Extended Campus Center:</b>	Virginia Beach Higher Education Center
<b>History:</b>	<ul style="list-style-type: none"> <li>• Founded in 1935 as the Norfolk Unit of Virginia Union University</li> <li>• Became the independent Norfolk Polytechnic College in 1942</li> <li>• Became an independent institution in 1969</li> <li>• Granted University status in 1979</li> </ul>
<b>Enrollment:</b>	7,000
<b>President:</b>	Tony Atwater, Ph.D.
<b>Faculty:</b>	274 full-time equivalent
<b>Degree Offerings:</b>	32 bachelor's degrees; 16 master's degrees; 3 doctoral degrees
<b>Athletics:</b>	15 intercollegiate teams (Division I; competing in Mid-Eastern Athletic Conference – MEAC)
<b>Student Organizations:</b>	125
<b>Website:</b>	www.nsu.edu

## Norfolk State University Timeline



- |  |   |
|--|---|
| <p><b>Sept. 7, 1935</b> – Samuel Fischer Scott appointed Director of Norfolk Unit of Virginia Union University</p> <p><b>Sept. 18, 1935</b> – Norfolk Unit of Virginia Union University opened on the second floor of the Hunton Branch YMCA Building on Brambleton Avenue</p> <p><b>June 1938</b> – Lyman Beecher Brooks became Director of Norfolk Unit of VUU</p> <p><b>March 1942</b> – The Norfolk Polytechnic College was chartered to take over the functions and assets of the Norfolk Unit of Virginia Union University.</p> <p><b>Feb. 29, 1944</b> – The Norfolk Division of Virginia State College was established by an act of the General Assembly</p> <p><b>April 25, 1951</b> – The City of Norfolk transferred the deed of the Memorial Park Golf Course to the college as a permanent site</p> <p><b>Sept. 1955</b> – The College moved into a new multipurpose administration classroom building on Corprew Avenue</p> <p><b>Sept. 1956</b> – Norfolk Division of Virginia State College changed from a two-year junior college to a four-year, degree granting institution</p> <p><b>1960</b> – James D. Gill Gymnasium erected</p> <p><b>1969</b> – Mills Godwin Jr. Student Center opened</p> <p><b>Feb. 1, 1969</b> – Norfolk State College emerged as an independent, four-year institution</p> <p><b>1970</b> – Twin Towers dormitories erected</p> | <p><b>1972</b> – Lyman Beecher Brooks Library erected</p> <p><b>1974</b> – Technology Center opened</p> <p><b>May 1975</b> – College granted its first master's degree</p> <p><b>June 1975</b> – President Lyman B. Brooks retired</p> <p><b>July 1, 1975</b> – Harrison Benjamin Wilson became 2nd president</p> <p><b>1977</b> – Samuel F. Scott men's dormitory opened</p> <p><b>1979</b> – Norfolk State became a University</p> <p><b>Aug. 1979</b> – Academic programs re-organized into nine schools</p> <p><b>1982</b> – Joseph G. Echols Hall erected</p> <p><b>1984</b> – Harrison B. Wilson administration building erected</p> <p><b>1996</b> – L. Douglas Wilder Performing Arts Center erected</p> <p><b>July 1997</b> – Marie V. McDemmond became 3rd president</p> <p><b>May 2000</b> – First independent doctoral degree awarded</p> <p><b>2005</b> – Alvin J. Schexnider became interim president</p> <p><b>July 2006</b> – Carolyn W. Meyers became 4th president</p> <p><b>2007</b> – The Marie V. McDemmond Center for Applied Research dedicated</p> <p><b>2010</b> – University celebrated its 75th anniversary</p> <p><b>April 22, 2011</b> – Tony Atwater became 5th president</p> |
|--|---|



The vibrancy of city life, the charm of the sea-shore, the verdant countryside, the wild preserves and the historic landmarks are just a few of the features found in Hampton Roads. The area, which includes the cities of Norfolk, Virginia Beach, Chesapeake, Portsmouth, Newport News, Hampton and Suffolk, has a growing population of about 2 million.

There are numerous attractions within each city. Norfolk has its Waterside, a festive marketplace similar to those in Baltimore, St. Louis and Boston. The financial and cultural hub of Virginia, Norfolk is the home of the world's largest naval installation and serves as headquarters for the North Atlantic Treaty Organization (NATO). As a cultural center, its features include the Chrysler Museum, the Douglas MacArthur Memorial, the Nauticus National Maritime Center, the Virginia Symphony and several theater companies, including Norfolk State University's own NSU Players.



Besides a long and beautiful coastline, Virginia Beach offers numerous landmarks, including the first landing cross (where the first settlers touched the shores of the New World in 1607, 13 years before the Pilgrims landed at Plymouth Rock); The Adam Thoroughgood House, probably the oldest brick house in America, dating back to 1636; and Mount Trashmore, a project that turned a mountain of solid waste into an innovative recreational compound with bicycle trails, picnic areas, and soapbox derby and cross-country courses around two lakes used for a myriad of recreational water sports. The unique 17-mile Chesapeake Bay Bridge Tunnel links Virginia Beach with Virginia's Eastern Shore and a national wildlife refuge.



The Virginia Sports Hall of Fame and the Children's Museum are located in Portsmouth. Newport News has the Mariners' Museum, which houses one of the world's most extensive nautical collections, while Hampton is home of the Air and Space Museum.



NSU is just off Interstate 264 within walking distance of downtown and other major area attractions, such as the Scope, Chrysler Hall and MacArthur Center Mall.

Hampton Roads has three daily newspapers, one African-American weekly, three independent TV stations and more than 30 radio stations.



The NSU Strength and Conditioning Program is administered by Reese Bridgman, NSU's assistant AD for strength and conditioning. Bridgman has 28 years of coaching experience in athletics at the high school, college and professional levels. His resume includes a seven-year stint as head strength and conditioning coach at Central Florida, where he worked with future professionals such as Daunte Culpepper, Asante Samuel and Brandon Marshall of the NFL and Mike Maroth of Major League Baseball.

The NSU Strength and Conditioning Program exists to provide all NSU student-athletes with scientifically-sound performance-enhancement programs in the areas of strength, speed, explosive power and sports nutrition. Programs are conducted in the NSU athletics weight room, a 2,000-square foot facility in Gill Gymnasium that houses the equipment and accessories needed to develop championship-level NCAA Division I athletes.

The strength and conditioning program also uses the NSU athletics department's game and practice fields. The program develops athletes by means of functional strength training for strength and power utilizing Olympic lifts, power lifts, plyometric drills and additional supplementary lifts, particularly dumbbell exercises. The program trains speed in both linear and change-of-direction movement. Athletes are taught recovery by developing good eating habits that are appropriate for athletes training at the Division I level and by emphasizing the correct amount of rest.

Athletes are trained in a team setting as a part of a year-round program. Athletes train two times per week in season and three to four times per week during the remainder of the year with a break between semesters and at the end of their sport's season. Their annual plan consists of in-season, offseason, preseason and holiday



programs. All training schedules are administered within NCAA guidelines for contact time with athletes in both required programs and voluntary programs.

Part of the emphasis within the NSU Strength and Conditioning Program is on the student-athlete developing lifetime character qualities of teamwork, discipline, dedication, determination, respect for others and respect for hard work. Student-athletes are also expected to develop an interest in lifetime fitness.

"The Strength and Conditioning Program at NSU tries to remember that our athletes came to us to participate in and excel in their given sport, not to become weight lifters or body builders," Bridgman says. "For this reason, we approach strength and conditioning as a means to an end, and we encourage our athletes to learn from and enjoy the journey."





### SHERIE CORNISH GORDON

Sherie Cornish Gordon is entering her seventh year in athletics administration at Norfolk State for the 2012-13 school year, currently serving as the senior associate athletics director for administration and as the department's senior woman administrator.

Gordon's primary responsibilities are supervising five sports (bowling, volleyball, softball, men's tennis and women's tennis), managing the department's budget, supervision of the equipment and facility operations, oversight of game-day management and providing strategic guidance for the department's marketing, promotions and development initiatives.

Gordon came to NSU in 2005 after serving as a senior administrative assistant at American University. She also served as an athletics department intern at Maryland in 2004-05 and as an assistant women's basketball coach at her alma mater, Morgan State, during the 2003-04 school year.

Gordon is currently a participant in the NCAA Pathways Program (formerly NCAA Fellows Program). She is a 2006 graduate of the National Association of Collegiate Women Athletics Administrators' (NACWAA) Institute for Administrative Advancement, a 2009 graduate of the NCAA Leadership Institute for Ethnic Minority Males and Females and a 2010 and 2011 participant in the NACDA Mentoring Institute.

In addition, Gordon is a member of NACWAA, the National Association of Collegiate Directors of Athletics (NACDA), the Collegiate Athletics Business Management Association (CABMA) and the Minority Opportunities Athletics Association (MOAA). She currently serves on the program committee for CABMA.

Gordon was an accomplished basketball player at Morgan State, where she scored more than 1,000 career points. She was a four-year letterwinner and was a team captain her final three seasons.

A native of Severna Park, Md., Gordon earned her bachelor's degree in sports administration from Morgan State in 2002 and her master's in sports management from Temple in 2004.

Gordon currently resides in Suffolk, Va., with her husband, Ross, and son, Ethan.



### CRAIG COTTON

Craig Cotton enters his 12th year as associate athletics director for external operations in 2012-13 at Norfolk State. He is also in his seventh year as executive director of the NSU Athletics Foundation. Cotton joined the NSU athletics staff after serving as marketing manager at Howard University.

Cotton's primary duties at NSU include developing and managing marketing and public relations projects with particular focus on the "Team Spartan Corporate Partners Program," a comprehensive sports marketing initiative designed to attract corporate sponsorship and funding for the athletics program.

Previously, Cotton worked for seven years in the Delaware State Public Relations Office. He arrived at the Dover, Del.,-based institution in 1992 and served as sports information director for two years before his appointment as the university's director of public relations and marketing in 1994.

From 1988-1992, Cotton was associate director of sports information at Temple. He worked for seven years (1981-1988) as sports information director and administrative assistant to the director of intercollegiate athletics at Maryland Eastern Shore.

Cotton was also a press operations manager for the United States Olympic Committee (USOC) at the 1996 Summer Games in Atlanta, Ga.; 1995 Pan American Games in Mar del Plata, Argentina; and the 1994 U.S.

Olympic Festival in St. Louis, Mo.

Cotton is a native of Greensboro, N.C., and a 1980 graduate of North Carolina A&T State, where he earned a bachelor's degree in English-mass communications. He received the M.Ed. degree at Temple in 1995.

Cotton and his wife, Cynthia, reside in Norfolk, Va.



### KAREN HOLMES

Karen Holmes begins her fourth year on staff in the Norfolk State athletics department in 2012-13. As the associate athletics director for marketing and corporate development, her primary responsibilities are to plan, coordinate and execute athletic fundraising and outreach events and to recruit corporate sponsors for the department.

Prior to NSU, Holmes served as the foundation manager at the Norfolk Convention & Visitors Bureau. She was responsible for planning and directing the foundation's operations to include fundraising, staffing, budgeting and research.

Holmes has also held positions as a business account representative at Opportunity, Inc., in Norfolk and as a senior marketing consultant in television and radio. Holmes is a member of the National Association of Collegiate Women Athletics Administrators (NACWAA), National Association of Athletic Development Directors (NAADD), National Association of Collegiate Marketing Administrators (NACMA) Hampton Roads Chamber of Commerce and the Association of Fundraising Professionals (AFP). Holmes also serves as the MEAC's NAADD representative.

Holmes, a native of Philadelphia, Pa., graduated magna cum laude with a bachelor's degree in interdisciplinary studies from NSU in 1998. She is also a 2010 graduate of the NACWAA's Institute for Administrative Advancement.



### ALISHA TUCKER

Alisha Tucker is entering her seventh year working in the Norfolk State athletics department during the 2012-13 season. She is in her third year as the associate athletics director for student services after serving as assistant athletic director for compliance for the previous four years. In her current role, she provides oversight for the compliance and athletics academic support offices.

In addition to her duties at NSU, Tucker is involved in administrative activities on the national level. Tucker was appointed to the NCAA's Amateurism Fact-Finding Committee in 2010 and will serve on that committee until 2014. She also is a member of the NCAA Low Resource Institution working group and NCAA Academic Performance Program Users working group. In addition, Tucker serves as a peer reviewer for the NCAA's Division I Athletics Certification program. She is also instrumental in working with the NCAA's Supplemental Support Fund which provided monies to NSU in support of athletics academic initiatives.

In 2011, Tucker was selected to participate in the NACWAA (National Association for Collegiate Women Athletics Administrators) Institute for Administrative Advancement (West Class) as well as the NCAA Regional Rules Seminar Advanced Tract.

Before coming to Norfolk State, Tucker served as the athletics eligibility specialist and curriculum coordinator at Marshall. She began her career as an intern at Michigan State in 2001. She was promoted to assistant compliance coordinator and then earned a promotion to compliance coordinator at MSU in 2003. Tucker has also worked in compliance offices at Villanova and Richmond.

Tucker earned her bachelor's degree in English literature and composition from Virginia in 1996. She earned her master's in sports management from Old Dominion in 2001.

A Hampton native, Tucker was a track and field athlete at Hampton High School. She was also a sprinter and hurdler on the Virginia track team. Tucker was also the liaison between the student-government and the athletics department serving on various committees. She is also a member of Zeta Phi Beta Sorority, Inc., and currently resides in Portsmouth, Va.



### JAMAR ROSS

Jamar Ross will start his fourth year as Norfolk State assistant athletics director for business operations during the 2012-13 season.

Ross served from July 2007 to April 2009 as associate sports information director at Old Dominion.

At ODU, he was the primary media contact for the Monarchs' start-up football team.

Previously, Ross was the sports information director at Hampton from 2002-07. While at Hampton, Ross served on the Governance and Commitment to Rules Compliance Subcommittee for Hampton's NCAA Recertification Self Study.

Ross also served as Sports Information Director at Winston-Salem State in 2001-02, was the assistant SID at Hampton 2000-01, and completed a post-graduate internship at Southern Illinois in 2000. He also served as a press room attendant at NCAA men's basketball tournaments in 1997 and 2000.

Ross graduated cum laude from Winston-Salem State with a bachelor's degree in sports management in 1999. He received his master's in sports management from ODU in 2008. Ross also completed the NCAA Leadership Institute for Ethnic Minority Males and Females in 2008.



### DR. CARRAY BANKS JR.

Dr. Carray Banks Jr. is in his third year as Norfolk State's faculty athletic representative in 2012-13. In this capacity, he represents NSU and its faculty in relationships with the NCAA and MEAC. The faculty's voice and influence regarding intercollegiate athletics are channeled

primarily through the faculty athletic representative.

Banks, who is also the head of the Department of Technology in the College of Science, Engineering and Technology at NSU, has lent his talents to many athletic endeavors at the University. He worked for six years as an academic enhancement counselor for the men's basketball team. In addition, he has served on the NSU Athletics Foundation Sports Hall of Fame selection committee as well as the chairman of the steering committee for NSU's NCAA recertification in 2008.

He was also a staple at home athletic events, serving as member of the official game clock management team at Spartan basketball and football games for several years. Banks supervised the data generation and graphic media advertisements on the graphics display boards during football games at William "Dick" Price Stadium.

Banks received his bachelor's degree in industrial arts education from Elizabeth City State, his master of arts degree from Ball State, and his doctor of philosophy degree in vocational and industrial education from Penn State.

Banks resides in Virginia Beach with his wife, Alesia, and daughter, Aliyah.



### REESE BRIDGMAN

Reese Bridgman is in his fifth year as the Spartans' strength and conditioning coach in 2012-13. Bridgman oversees the strength and conditioning efforts for all 15 of Norfolk State's sports programs.

Bridgman previously served as the strength and conditioning coach for the Newport News Apprentice School's football program from 2005-07. He was also the Builders defensive coordinator in 2007 after coaching the defensive line in 2005 and 2006.

Before moving to the Hampton Roads area, Bridgman was the head strength and conditioning coach for Central Florida from 1997-2003. Bridgman helped train 20 UCF football players who went on to make active NFL rosters, including the likes of Daunte Culpepper, Asante Samuel, Travis Fisher, Atari Bigby, Steve Edwards, Brandon Marshall and Rashad Jeanty. Other top-notch athletes he helped tutor at UCF include Major League pitcher Mike Maroth.

Along with his strength and conditioning expertise, Bridgman has an extensive background as a football coach at the high school, college and professional levels. Bridgman coached two seasons in the Arena Football League. He coached linemen and was the strength coach for the Orlando Predators in their ArenaBowl runner-up season of 1995. The following year, he worked in the same capacity for the Milwaukee Mustangs.

Bridgman's one stint as a head football coach came at East Central Community College in his home state of Mississippi from 1992-94. He has also worked as an assistant football coach at NAIA Georgia Southwestern College and at a pair of Division II schools, Southeast Oklahoma State and East Texas State (now known as Texas A&M-Commerce). He also was men's track coach during his tenure at Southeastern Oklahoma State.

Bridgman, a native of Tylertown, Miss., got his football coaching start at Hattiesburg (Miss.) Prep in 1983.

Bridgman is certified through the National Strength and Conditioning Association (NSCA), the Collegiate Strength and Conditioning Coaches Association (CSCCA), and the National Association of Speed and Explosion (NASE). He was recognized by the NSCA as a Registered Strength and Conditioning Coach with Distinction (RSCC\*D) in 2011.

Bridgman received his bachelor's degree in athletic administration and coaching from Southern Mississippi in 1985. He earned his master's in physical education with an emphasis in exercise physiology from East Texas State (Texas A&M-Commerce) in 1986.

He and his wife, Kelly, reside in Chesapeake.



### JACQUELINE NICHOLSON

Jacqueline Nicholson will begin her fifth year working in the Norfolk State athletics department in 2012-13. She enters her third year as the assistant athletics director for academic support after serving as athletics academic coordinator for her first two years.

Nicholson oversees the operations of the Student-Athlete Academic Support Office, which includes a team of academic coordinators, interns and tutors. She also advises players on issues of NSU and NCAA eligibility requirements and monitors progress toward their degrees, with specific responsibilities toward the men's basketball, football, men's track and field and baseball teams.

Nicholson oversees the NCAA/CHAMPS Life Skills Program and the Spartan Youth Club and serves as the advisor for the Student Athlete Advisory Committee (SAAC). Nicholson also assists with the submission of NCAA APR reports and APP reports.

Previously, Nicholson worked as an academic coordinator intern at Virginia Tech during the 2007-08 school year, assisting with the Hokies football team. She also

served as a graduate assistant in the university academic advising center at Virginia Tech from 2005-07.

Nicholson is a member of the National Association of Collegiate Women Athletics Administrators (NACWAA), a certified member of the National Association of Academic Advisors for Athletics (N4A), and the National Academic Advising Association (NACADA). She serves on the awards committee for NACWAA and the membership committee for N4A.

Nicholson is a 2011 graduate of NACWAA's Institute for Administrative Advancement and a 2011 and '09 graduate of the N4A Professional Development Institute.

A native of Clayton, N.J., Nicholson was a four-year letterwinner for the Hokies track and field team as a sprinter and hurdler. She was a member of the Virginia Tech all-academic team and athletics director's honor roll. She earned her bachelor's degree in human development in 2005 and her master's in educational leadership and policy studies with a focus in higher education in 2007, both from Virginia Tech.

Nicholson and her daughter Kylie reside in Chesapeake, Va.



### MEGHAN ANTINARELLI

Meghan Antinarelli begins her third year in 2012-13 as assistant athletics director for sports medicine at NSU. Previously, she served for eight years as an athletic trainer within the department. In her current role, Antinarelli oversees the operations and policies of the sports

medicine department.

Antinarelli, who is originally from Wellesley, Mass., received her bachelor's degree in health and physical education from the University of Massachusetts in 1998. She received her master's degree in athletic training at Old Dominion University in 2001. She and her husband, Joseph, live in Suffolk and have one son, Nicholas.



### MATT MICHALEC

Matt Michalec enters his 10th full year heading up the Norfolk State sports information department during the 2012-13 athletic campaign. After serving as sports information director for eight years, Michalec was promoted to assistant athletics director for communications in the

spring of 2011.

Michalec is in charge of coordinating media relations efforts for all 15 of NSU's athletics programs. His duties include the production of press guides, serving as the media liaison for the athletics department, keeping statistics at all home athletic contests, and maintaining the university athletics web site.

In 2012, Michalec earned the District 3 Fred Stabley Writing Award for event coverage from the College Sports Information Directors Association (CoSIDA) for his recap of the NSU football team's MEAC Championship-clinching win over Morgan State. In 2006, he was named the Black College Baseball SID of the Year.

Previously, Michalec worked for two years as a part-time sports reporter and editorial assistant at the Daily Press newspaper in Newport News, Va.

Michalec graduated magna cum laude with a bachelor's degree in English and a minor in communications from Old Dominion in 2002. He served as sports editor for ODU's student newspaper during his time there. He got his professional start by working for two years as a sportswriter at the York Town Crier and Poquoson Post newspapers in York County, Va.

Michalec is a member of the College Sports Information Directors of America (CoSIDA) and the Virginia Sports Information Directors (VaSID).

Michalec and his wife, Annie, live in Newport News and have a son, Brandon, and daughter, Alexis.



### MIKE BELLO

Mike Bello enters his third year as assistant sports information director at Norfolk State in 2012-13 after a pair of internships at Division I institutions. At NSU, he serves as the main contact for volleyball, men's basketball, softball and bowling.

Prior to arriving at NSU, Bello spent the 2009-10 season at the University of South Florida as a full-time intern, where he was the main contact for track and field and cross country as well as the secondary contact for men's basketball and football.

While at USF, Bello was part of a new initiative there that did away with traditional printed media guides and went to a new, interactive and online format that featured videos, photos and text all intermixed on a web-based platform.

His duties at USF also included the upkeep and expansion of records for men's basketball and football, being in charge of the official stats at football games, assisting with several softball tournaments as well as regular season softball and volleyball games, and numerous multi-media initiatives.

During the 2008-09 athletics season, Bello worked as an intern in the sports information office at Harvard. There, he was the main contact for men's tennis and men's volleyball while assisting with the promotion of all 41 sports, the most in Division I.

One of his main duties at Harvard was running all multi-media initiatives, from streaming home football, basketball and hockey games to cutting up highlight clips following those contests.

He also spent the 2007-08 season volunteering with the sports information office at Kent State University as part of his graduate work there.

Bello has also volunteered with numerous league and NCAA sporting events, including the 2009 Women's Volleyball Final Four, the 2009 NCAA East Regional in men's basketball, the 2009 Women's Frozen Four, the 2009 NCAA Lacrosse Championships, the 2008 MAC Basketball Championships, as well as the 2010 BIG EAST Championships in baseball and men's and women's golf.

He has also volunteered with the Cleveland Gladiators of the Arena Football League and the Boston Breakers of the Women's Professional Soccer League.

Bello earned a bachelor of arts degree from Penn State in journalism in 2004, and a master of arts degree in recreation and sports management in 2009 from Kent State.



### DERRICK COLES

Derrick Coles starts his third year as the compliance coordinator at Norfolk State in 2012-13. His duties consist of handling many of the day-to-day operations of NSU's compliance office, specifically: monitoring playing/practice seasons, monitoring recruiting contacts/calls, overseeing the National Letter of Intent program, NCAA Special Assistance Fund and MEAC reports.

In addition, Coles assists the associate athletics director with rules education for coaches and student-athletes and serves as a member of the eligibility certification team.

Before coming to Norfolk State, Coles was the assistant director of sports information at Hampton. Coles assisted with the day-to-day activities of the Office of Sports Information, as well as serving as the primary media contact for women's basketball, volleyball, bowling and men's and women's tennis. He was also the secondary media contact for football.

Before coming to Hampton, Coles spent six years as an assistant within the athletic department at Virginia Union. His duties included assisting the sports information department with programs, media guides and game-day activities, as well as working with the com-

pliance office in reviewing academic records, practice schedules and athlete eligibility matters.

Coles received his bachelor's degree in marketing from Virginia Union in 2007 and his master's in sports management from Virginia State in 2009. He is a native of Richmond, Va., and his volunteer work includes the Special Olympics, the Rudy Johnson Foundation, the James Farris Foundation, Richmond Sports Backers and Upward Sports Academy.

Coles is an active member of Alpha Phi Alpha Fraternity, Inc., and is also a member of the National Association for Athletics Compliance (NAAC).



### CHRISTINA RUFFIN

The 2012-13 campaign will mark Christina Ruffin's second year working in the Norfolk State athletics department as the athletics academic coordinator. Ruffin's responsibilities include advising all NSU student-athletes on issues of NCAA eligibility requirements and monitoring progress toward their degrees.

Ruffin is also in charge of coordinating the academic support efforts for women's basketball, women's track and field, volleyball and bowling while assisting with football. She also oversees the tutoring and life skills program.

Ruffin came to Norfolk State from Georgia State, where she worked as a tutorial coordinator and football academic graduate assistant from January 2010 through June 2011. Before moving to Atlanta, Christina worked for North Carolina State as a 4-H agent in Hertford County, N.C.

A native of Smithfield, Va., Ruffin was a four-year letterwinner for the North Carolina A&T women's tennis team. She was a member of the MEAC and N.C. A&T all-academic teams. Ruffin earned her bachelor's degree in sport science and fitness management with a concentration in business administration from N.C. A&T in 2008 and her master's in sport administration from Georgia State in 2011.



### JESSICA COLE

The 2012-13 season will mark Jessica Cole's fourth year as the head assistant athletic trainer at Norfolk State. Previously, Cole served as the assistant athletic trainer at Virginia State in Petersburg, Va., for two years from 2007-09. She also worked for two and a half years as the athletic

trainer at Chelsea Community Hospital Outpatient Physical Therapy in her native Chelsea, Mich.

Cole earned her bachelor's degree in athletic training from Florida Southern in 2004. She completed her senior internship with the WNBA's Detroit Shock in 2004, and earned her master's degree in exercise physiology from Eastern Michigan in 2008.



### NICOLE EMANATO

Nicole Emanato begins her third year as the assistant athletic trainer at Norfolk State in 2012-13. Prior to coming to NSU, Emanato served as the assistant athletic trainer at Chestnut Hill College in Philadelphia, Pa., for two and a half years.

A native of Lykens, Pa., Emanato received her bachelor's degree in athletic training with a minor in recreation fitness management from Lock Haven in 2004. She earned her master's degree in psychology at Shippensburg in 2007.

Emanato currently resides in Virginia Beach, Va. She and her husband, Filiberto, were married in May 2012.



### A.J. CORBIN

A.J. Corbin begins his first full year as Coordinator of Athletic Facilities and Operations at Norfolk State in 2012-13. His duties include operational and facility management, management of game day student and event staff, acting as a liaison with on-campus departments such

as Parking, Campus Police, University Operations and Maintenance, and assisting with bid submission, planning and hosting of assigned NCAA, MEAC and other non-athletic events.

Prior to his appointment, Corbin served the previous eight seasons on the NSU baseball coaching staff as an assistant coach.

Spartan hitters earned 22 All-MEAC selections during Corbin's time as an assistant coach. Three of those players, Ernie Banks, Juan Serrano and Brandon Hairston, reached the professional ranks.

In 2011, NSU batted .302 as a team, No. 2 in the MEAC. That marked the third straight year in which the team batting average was .300 or better. The 2009 Spartans hit .312 as a team, which ranked second in the MEAC and was the best team average NSU posted under Corbin's guidance.

Corbin made a name for himself as a versatile player at NSU under former coach Marty Miller from 2001-04. Corbin played every position but center field during his Spartan career, but saw most of his time on the mound and at first base. He ranks in the top 10 in school history in games played (185, fourth), at-bats (614, fifth), doubles (38, ninth), runs batted in (121, tied for ninth) and home runs (17, tied for eighth).

Corbin batted .279 for his career and logged a 4.12 ERA in 32 pitching appearances. He was named to the MEAC All-Tournament Team as a junior and senior, leading the Spartans in home runs in both seasons. He was also named to the first team Black College Baseball Elite squad as a relief pitcher his senior year.

A native of Gloucester, Va., Corbin earned his bachelor's degree in interdisciplinary studies from NSU in 2004. He is currently pursuing his master's degree in business administration from the University of Phoenix. Corbin and his wife, Tilya, reside in Norfolk.



### WILLIAM WRIGHT

William Wright moves into his 10th year as the head equipment manager at Norfolk State for 2012-13. Previously, Wright worked as parking supervisor in NSU's Office of Parking and Transportation. He also served as a security officer at NSU.

A native of Portsmouth, Va., Wright is a Norcom High School graduate, where he lettered in football, basketball and track. He was a member of the 1984 NSU CIAA championship football team.

Wright earned his bachelor's degree in interdisciplinary studies with a minor in physical education in 1995. He is currently pursuing his master's degree in administration.

Wright has four daughters, Chiquita, Nikiya, Britney and Ashley; three granddaughters and one grandson.



### NATHANIEL BELL, SR.

Nathaniel Bell, Sr., is in his 17th year as assistant equipment manager for the Norfolk State athletics department during the 2012-13 season. A native of Norfolk, Va., Bell is a 1994 graduate of Maury High School, where he lettered in football, and wrestling. Bell and his wife,

Paulette, live in Norfolk with their daughter Maeva, and their son, Nathaniel Jr.



### MICHELLE MacFARLANE

Michelle MacFarlane begins her third year in the Norfolk State athletics department in 2012-13 with the title of Administrative and Program Specialist III.

She came to NSU after spending six years at Eastern Virginia Medical School as an administrative assistant. While there, MacFarlane's duties included composing correspondence, recording and distributed minutes of faculty meetings, handling travel and catering arrangements, organizing and creating flyers, and filing and organizing grades.

During her time at EVMS, she also worked for Jackson Hewitt Tax Service as a tax preparer and instructor of basic tax course.

MacFarlane completed classes at Old Dominion and Kee Business College, where she received her medical assistant diploma prior to working at Eastern Virginia Medical School.



### SHIRLEY BROOKS

Shirley Brooks is in her 13th year as the football administrative assistant for the Norfolk State athletics department for the 2012-13 season. Brooks oversees all administrative aspects of the program, including coordinating special events, team travel, player files and day-to-day

operations.

A native of Hertford, N.C., Brooks has three children: Derek, Dietrich and Verletita. She graduated cum laude with her bachelor's degree in tourism and hospitality management from NSU in 2010.



### FRANK TYREE

Frank Tyree enters his second year as an assistant strength and conditioning coach at Norfolk State in 2012-13. Tyree's responsibilities include designing and implementing workouts for men's and women's track & field and men's and women's basketball, as well as assisting with workouts for football and baseball.

Prior to coming to Norfolk State, Tyree spent three years as a sports performance coach at The Edge Sports Performance Center in Roanoke, Va., from 2008-11. There, Tyree trained middle school, high school, college and inspiring professional athletes in football, basketball, wrestling, baseball and soccer. He also worked with the Cave Spring High School football team that transitioned from 2-8 during his first year to 10-2 the following season, advancing to the Group AA semifinals. During the 2011 season, Tyree's off-season training again helped the Knights advance to the Group AA semifinals.

Tyree also volunteered under Master Strength Coaches Bill Gillespie and Dave Williams at Liberty. While at Liberty, Tyree worked with the football, women's basketball and volleyball programs. He also volunteered under Master Strength Coach Greg Werner while earning his bachelor's of science in kinesiology at James Madison. During his two years at JMU from 2005-06, Tyree assisted with men's and women's track and field, baseball, men's and women's soccer, volleyball, men's and women's tennis and women's swimming and diving.

Tyree is a native of Rocky Mount, Va., where he taught sixth grade social studies at Benjamin Franklin Middle School after graduating in 2003 from The University of Virginia's College at Wise. While at BFMS, Tyree coached middle school track and field.

Tyree is certified through the Collegiate Strength & Conditioning Coaches Association and the National Strength & Conditioning Association. He currently resides in Virginia Beach.

(Area Code 757)

## Administration and Support Staff

Director of Athletics: Marty L. Miller	823-8152
Faculty Athletics Representative: Dr. Carray Banks	823-2421
Senior Assoc. AD/SWA: Sherie Cornish Gordon	823-8404
Assoc. AD for External Operations/NSUAF Executive Director: Craig Cotton	823-2667
Assoc. AD for Marketing and Corporate Development: Karen Holmes	823-8645
Assoc. AD for Student Services: Alisha Tucker	823-2337
Asst. AD for Sports Medicine: Meghan Antinarelli	823-9547/8997
Asst. AD for Business Operations/Facilities: Jamar Ross	823-2105
Asst. AD for Strength and Conditioning: Reese Bridgman	823-2187
Asst. AD for Academic Support: Jacqueline Nicholson	823-8751
Asst. AD for Communications: Matt Michalec	823-2628
Asst. Sports Information Director: Mike Bello	823-2628
Athletics Academic Coordinator: Christina Ruffin	823-8170
Asst. Athletics Academic Coordinator: Wilhelmenia Harrison	823-2470
Compliance Coordinator: Derrick Coles	823-2118
Head Assistant Athletic Trainer: Jessica Cole	823-9547/8997
Asst. Athletic Trainer: Nicole Emanato	823-9547/8997
Equipment Manager: William Wright	823-2022
Asst. Equipment Manager: Nathaniel Bell Sr.	823-2022
Coordinator for Athletic Events and Facilities Operations: A.J. Corbin	823-9533
Asst. Strength and Conditioning Coach: Frank Tyree	823-2187
Administrative and Program Specialist III: Michelle MacFarlane	823-8152
Administrative Specialist/Football: Shirley Brooks	823-8824
Cheerleading Coach: Carmen Harris	823-2718

## Men's Coaches

Baseball: Claudell Clark, Head Coach	676-3082
Asst. Coach: Joey Seal, Wiley Lee	823-9533
Basketball: Anthony Evans, Head Coach	823-8934
Asst. Coaches: Robert Jones/Larry Vickers/Wilson Washington	823-9192/2840
Cross Country: Kenneth Giles, Head Coach	823-8169
Asst. Coach: Cletus Griffin	823-8801
Football: Pete Adrian, Head Coach	823-8824
Asst. Head Coach/Offensive Line: Rod Holder	823-8779
Asst. Coach/Defensive Coordinator/Linebackers: Mark DeBastiani	823-2582
Asst. Coach/Offensive Coordinator/Quarterbacks: Howard Feggins	823-8533
Asst. Coach/Defensive Line: Mark Thurston	823-8758
Asst. Coach/Defensive Backs: Marco Butler	823-2495
Asst. Coach/Running Backs: Paul Macklin	823-2389
Asst. Coach/Wide Receivers: Quintin Smith	823-2570
Asst. Coach/Kickers: Mike Daly	823-8824
Asst. Coach/Asst. Defensive Backs: Phil Ingram	823-8824
Tennis: Nate Feldman, Head Coach	823-8821
Asst. Coach: Torrie Browning	823-8821
Track and Field: Kenneth Giles, Head Coach	823-8169
Asst. Coaches: Serge Bengono/Cletus Griffin/Dwayne Miller/Jerry Price	823-8169

## Women's Coaches

Basketball: Debra Clark, Head Coach	823-8441
Asst. Coaches: Lashondra Dixon-Gordon/Kenny Edwards	823-2132/8456
Bowling: Wilhelmenia Harrison, Head Coach	823-2470
Asst. Coach: Aundray Darden	823-8152
Cross Country: Ronda Berard, Head Coach	823-2104
Asst. Coach: Cletus Griffin	823-2104
Softball: Heidi Cavallo, Head Coach	717-5855
Asst. Coach: Amanda Haverman	823-8343
Tennis: Nate Feldman, Head Coach	823-8821
Asst. Coach: Torrie Browning	823-8821
Track and Field: Ronda Berard, Head Coach	823-2104
Asst. Coaches: Serge Bengono/Cletus Griffin/Dwayne Miller/Jerry Price	823-2104
Volleyball: Brandon Duvall, Interim Head Coach	823-2804
Asst. Coach: Dave Albaugh	823-2804

## Miscellaneous

Football Press Box	823-2628
Basketball Press Row	823-8195
Softball Press Box	823-0056
Baseball Press Box	823-8196
Ticket Office	823-9009

## Total Sports - 15

### Women's Sports

Basketball  
Bowling  
Cross Country  
Indoor Track & Field  
Outdoor Track & Field  
Softball  
Tennis  
Volleyball

### Men's Sports

Baseball  
Basketball  
Cross Country  
Football  
Indoor Track & Field  
Outdoor Track & Field  
Tennis

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## Norfolk State University Athletics Foundation

### Board of Directors

Fran Steward, President  
Merv Pitchford, Vice President  
Phillip Brooks, Treasurer  
Craig Cotton, Executive Director  
Marty Miller, Athletics Director

Michael K. Brown  
Curtis Maddox\*  
Langston Powell  
Zackery Rodgers  
James Satterfield\*  
Donna Sample Smith  
Joel Wagner  
John Warren

\* - Emeritus



NORFOLK STATE UNIVERSITY

## Athletics Foundation

### A BRIEF OVERVIEW

Norfolk State University's proud legacy of achievement in collegiate athletics began at the NCAA Division II level as a member of the Central Intercollegiate Athletic Association (CIAA). NSU was one of the league's most dominant programs, winning championships in every sport the school offered.

In 1997, NSU joined the Mid-Eastern Athletic Conference (MEAC), one of only two NCAA Division I conferences comprised of historically black colleges and universities. Other conference members include: Bethune-Cookman University, Coppin State University, Delaware State University, Florida A&M University, Hampton University, Howard University, the University of Maryland Eastern Shore, Morgan State University, North Carolina A&T State University, North Carolina Central University, Savannah State University and South Carolina State University.

NSU made an immediate impression in the conference in 2000-01, winning the Talmadge Layman Hill Award – presented annually to the member whose men's teams compile the most points based on team finishes in conference competition. The Spartans have won the Talmadge Layman Hill Award each year from 2005-12. In all, NSU has won men's conference titles in basketball, cross country, football, and indoor and outdoor track. The NSU women have won MEAC championships in cross country, indoor and outdoor track, basketball and bowling during their tenure in the conference.

### Why Support Norfolk State University Athletics?

- NSU competes at the nation's highest level of intercollegiate athletics – National Collegiate Athletic Association (NCAA) Division I – and is a member of the Mid-Eastern Athletic Conference (MEAC).
- The need to increase funding for scholarships for deserving student-athletes motivated by achievement both in athletics and academics.
- Improvements and maintenance of equipment and facilities enable NSU student-athletes to perform at their full potential.
- A competitive athletics program contributes to the enjoyment of the collegiate experience.

**TEAM IS PLURAL.**

**TOGETHER WE**



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