



NORTHWEST UNIVERSITY
ATHLETICS

NU SOCCER GAMEDAY

Northwest at Northwest Nazarene

Saturday | Aug. 31 | Noon

2019 NU Eagles Women's Soccer Schedule

Day	Date	Opponent	Site	Time/Result
Sunday	11-Aug	Alumni Game	H	-
Sunday	18-Aug	Frasier Valley	A	L, 1-2
Saturday	24-Aug	Central Washington	H	L, 0-1
Saturday	31-Aug	Northwest Nazarene	A	Noon
Saturday	7-Sep	Puget Sound	A	1:00 PM
Wednesday	11-Sep	Lewis & Clark	A	5:00 PM
Saturday	14-Sep	Linfield	H	1:00 PM
Saturday	20-Sep	Providence-*	A	Noon
Sunday	22-Sep	Carroll-*	A	12:30 PM
Friday	27-Sep	Rocky Mountain-*	H	1:00 PM
Friday	4-Oct	Corban-*	H	2:30 PM
Saturday	5-Oct	Northwest Christian-*	H	2:30 PM
Friday	11-Oct	Warner Pacific-*	A	7:00 PM
Saturday	12-Oct	Multnomah-*	A	7:00 PM
Saturday	19-Oct	Evergreen-*	A	1:00 PM
Friday	25-Oct	Eastern Oregon-*	A	6:30 PM
Saturday	26-Oct	College of Idaho-*	A	1:30 PM
Friday	1-Nov	Oregon Tech-*	H	Noon



Northwest University Women's Soccer Notebook

NO WORRIES: The Eagles opened the season with five losses last year and reached the quarter-finals of the NAIA Tournament. Early season losses are not a new phenomenon in the Bryan Chud era. His best start was 2-1. Yet, every team has competed in the NAIA postseason.

RASSIER SCORES: Rylee Rassier scored the lone NU goal in the season opener Sunday. Northwest had only two goals through the first five games last season, and one of those was by Rassier. Rassier and Sarah Hommas share the team lead with 2.5 shots per game. They are tied for fifth in the Cascade Collegiate Conference.

SAVES: Kat Sanchez has recorded eight saves in each of the first two matches this season and enters Saturday with a goals-against average of 1.50 and a save percentage of .842. Her 16 saves are No. 8 in the NAIA, and she is 17th in saves per game. Sanchez leads the conference in saves and is tied for first in saves per game. Sanchez reached eight saves in a game twice last season. She had eight against Keiser in the regular season and 11 against Eastern Oregon.

SHOTS: Northwest averages 9.5 shots per game, which is seventh in the Cascade Collegiate Conference. Oregon Tech leads at 17.5 shots per game. Only 12 players have played in both games this season for the Eagles.

ON TARGET: Of the seven shots on goal by Northwest this season, sophomore Oliva Morris and freshman Callie Wright have two each. Morris had 11 shots on goal last season, including three against Multnomah.

WOUNDED: Eight Eagles played all 90 minutes in the home opener last week as Northwest tries to rebound from a mass of early season and pre-season injuries. In two games, Northwest has employed five total substitutes. No shots have been taken by non-starters this season.

CLOSING IN ON MORE GLORY: NU Head Coach Bryan Chud already holds a place in the NU Hall of Fame after his strong playing career on the men's team. He owns four single-season records for the NU men. Now he lacks just seven wins to catch Erin Redwine for the school record for coaching wins in women's soccer. Redwine finished with 46 wins over seven seasons. Chud enters the season at 39.

COMING UP: Northwest continues its three-game road swing next Saturday at 1 p.m. against Puget Sound in Tacoma (Sept. 7) and Lewis & Clark in Portland (Sept. 11) before a home game with Linfield on Sept. 14. After that brief respite from the road, the Eagles head east to start the Cascade Conference schedule in Montana Sept. 20 (at Providence) and 22 (at Carroll).

SCOUTING NORTHWEST NAZARENE: This game is non-counting as an exhibition for the Nighthawks. NU will be the second exhibition on the schedule for NNU, which shelled the College of Idaho last week, 3-0. Sierra Sanchez had a goal and an assist for the Nighthawks. All three goals came in the second half. Northwest Nazarene was 8-8-1 last season, including 6-3 at home. Rikki Myers, who shared the team scoring lead last season, returns to lead the Nighthawks. Myers had six goals and two assists last season. Picked sixth in the Great Northwest Athletic Conference of NCAA Division II, the Nighthawks return eight starters from a team that finished with the second-best winning percentage in program history.

NUMBER 20: The Eagles opened the season at No. 20 in the NAIA Coaches' Preseason Top 25 Rankings after its NAIA Quarterfinals appearance in 2018. Northwest was ranked 15th in the post-season poll for last season. The initial regular-season poll comes out Sept. 11.

Northwest University Women's Soccer Notebook



NU Women's Soccer Coaching Wins

Coach	Years	Wins
Erin Redwins	2006-12	46
Bryan Chud	2016-	39
Vallan Seid	2013-15	28

NAIA Preseason Top 25

#	LW	SCHOOL [1st Place Votes]	2018 W-L	Pts
1	1	William Carey (Miss.) [17]	21-3	498
2	2	Keiser (Fla.)	20-3-2	482
3	T3	Southeastern (Fla.)	20-2-2	460
4	T3	Spring Arbor (Mich.) [1]	20-2-1	456
5	5	Benedictine (Kan.)	20-2-2	432
6	6	Lindsey Wilson (Ky.)	13-4-2	414
7	7	Martin Methodist (Tenn.)	19-1-2	401
8	8	Georgia Gwinnett	17-4	379
9	9	Midland (Neb.)	14-3-4	363
10	10	Embry-Riddle (Ariz.)	18-3	360
11	12	Vanguard (Calif.)	14-3	332
12	11	Hastings (Neb.)	17-1-3	324
13	13	John Brown (Ark.)	16-5-1	297
14	14	Eastern Oregon	16-3-2	275
15	16	Grace (Ind.)	20-4-1	250
16	18	University of Northwestern Ohio	13-5-3	229
17	17	Cardinal Stritch (Wis.)	16-4	219
18	19	Cumberland (Tenn.)	16-3-1	212
19	23	Science & Arts (Okla.)	16-5-1	210
20	15	Northwest (Wash.)	13-9-2	196
21	21	Kansas Wesleyan	17-3-2	185
22	20	Trinity Christian (Ill.)	21-2-2	159
23	22	Mobile (Ala.)	12-8	140
24	25	Hope International (Calif.)	13-6-2	116
25	24	Westmont (Calif.)	13-2-3	109

Others Receiving Votes: Oklahoma Wesleyan 83, Marian (Ind.) 81, Central Methodist (Mo.) 59, Columbia (Mo.) 32, Aquinas (Mich.) 31, Cumberlands (Ky.) 17, LSU Shreveport (La.) 17, The Master's (Calif.) 17, Tennessee Wesleyan 16, MidAmerica Nazarene (Kan.) 12, Ottawa (Kan.) 6, Truett McConnell (Ga.) 3.

Cascade Collegiate Conference Standings

School	Conf	Cpts	All	Streak
Rocky Mountain	0-0	0	1-0	W1
Eastern Oregon	0-0	0	1-0-1	T1
Carroll	0-0	0	2-1	W2
Southern Oregon	0-0	0	2-1	W1
Evergreen	0-0	0	1-1	L1
Oregon Tech	0-0	0	0-1-1	L1
College of Idaho	0-0	0	0-0	---
Corban	0-0	0	0-1	L1
Multnomah	0-0	0	0-0	---
Northwest	0-0	0	0-2	L2
Northwest Christian	0-0	0	0-2	L2
Providence	0-0	0	0-0	---
Warner Pacific	0-0	0	0-1	L1

Friday, Aug. 30

Multnomah at Simpson
Northwest Christian at California Maritime
Oregon Tech at Idaho
Pacific at College of Idaho
Ottawa (Ariz.) at Warner Pacific
Embry-Riddle at Eastern Oregon
Corban at Willamette

Saturday, Aug. 31

Northwest at Northwest Nazarene
Rocky Mountain at Westmont
Northwest Christian at Academy of Art
Multnomah at Mills

Sunday, Sept. 1

Ottawa (Ariz.) at Corban
Providence at Montana State-Billings

Wednesday, Sept. 4

Northwest Christian at Linfield

Thursday, Sept. 5

Southern Oregon at Sonoma State

Friday, Sept. 6

Minnesota Morris at Evergreen
College of Idaho at The Master's

Saturday, Sept. 7

Northwest at Puget Sound
Providence at Arizona Christian

Northwest in the NAIA Stat Rankings

2019 Team Rankings

Ranks Number **24** in Total Saves (16)
Ranks Number **31** in Saves per Game (8.000)

2019 Individual Rankings

Kat Sanchez Ranks Number **15** in Total Saves (16)
Kat Sanchez Ranks Number **21** in Saves per Game (8.000)

2019 Northwest University Women's Soccer

#	Name	Pos.	Ht.	Cl.	Hometown	High School/Previous School
1	Kat Sanchez	GK	5-4	Sr.	Arlington, Wash.	Arlington HS
2	Nadine Huff	F/M/D	5-4	Jr.	Enumclaw, Wash.	Enumclaw HS
4	Hannah Nicholson	F	5-4	Sr.	Snohomish, Wash.	Snohomish HS
5	Hayli Huhta	M/D	5-5	Fr.	Marysville, Wash.	Marysville Getchell HS/Simon Fraser
6	Jennifer Conners	M	5-3	Fr.	Eldersburg, Md.	Century HS/Bridgewater State
7	Peyton Manalo	M	5-4	Fr.	Mill Creek, Wash.	Jackson HS
8	Olivia Morris	M	5-7	So.	Mercer Island, Wash.	Mercer Island HS
10	Callie Wright	F/M	5-0	Fr.	Woodway, Wash.	Kings HS
11	Stephanie Wilson	M	5-6	Sr.	Kalispell, Mont.	Flathead HS/George Fox
12	Sarah Hommas	F	5-3	Fr.	Redmond, Wash.	Cedarcrest HS
14	Madison Morrow	M/F	5-4	Jr.	West Linn, Ore.	West Linn HS
15	Montse Youngsman	M	5-6	Fr.	Mount Vernon, Wash.	Mount Vernon HS
16	Elizabeth Moretti	M	5-8	So.	Caldwell, Idaho	Vision Charter School
18	Victoria Rice	D	5-4	Sr.	Eastvale, Calif.	Eleanor Roosevelt HS
20	Maggie Gunning	CB/D	5-7	So.	North Bend, Wash.	Mount Si HS
21	Rylee Rassier	F	5-4	Sr.	Spokane, Wash.	University HS
22	Lina Takada	M	5-2	Sr.	Honolulu, Hawaii	Henry J.Kaiser HS
25	Taylor Beardemphl	D	5-7	So.	Graham, Wash.	Cascade Christian HS
26	Mackenzie Monten	D	5-7	Sr.	Snohomish, Wash.	Jackson HS
27	Izzy Lehosit	D	5-11	Fr.	Coeur d' Alene, Idaho	Coeur d' Alene Charter HS
30	AdriAnna Simmons	GK	5-9	Sr.	Ephrata, Wash.	Ephrata HS/Wenatchee Valley
37	Kierstin Patefield	GK	5-7	Jr.	Puyallup, Wash.	Cascade Christian HS
RS	Hannah Pylant	GK	6-0	Fr.	Spokane, Wash.	Freeman HS
RS	Colette Liston	M	5-1	Fr.	Bellevue, Wash.	Sammamish HS

Bryan Chud, Head Coach

Scott Lane, Assistant Coach

Brendon Wheeler, Assistant Coach

2019 Northwest Nazarene Nighthawks

No.	Name	Pos.	Ht.	Yr.	Hometown/High School
0	Alexis Montoya	GK	5-6	So.	
1	Mikayla Sherer	GK	5-7	So.	Pocatello, Idaho / Centennial HS
2	Ashley Parton	F	5-6	So.	Leavenworth, Wash. / Cascade HS
3	Tennyson Young	MF	5-4	Sr.	Meridian, ID / Mountain View HS
4	Jenna Turner	F	5-6	So.	Glendora, Calif. / Glendora HS
5	Makenna Alfson	D	5-4	So.	Vancouver, Wash. / Prairie HS
6	Brooke Felzien	MF	5-7	Sr.	Boise, ID / Timberline HS
7	Denali Knowles	MF	5-3	Fr.	
8	Maddy Parton	F	5-4	Sr.	Leavenworth, Wash. / Cascade HS
9	Christa Lewis	D	5-2	Sr.	Mountain Home, Idaho / Mountain Home
10	Hailey Hockett	D	5-7	Fr.	
11	Jade Zimmer	D	5-7	Jr.	Denver, CO / George Washington HS
12	Magda Wronski	MF	5-4	So.	Torrance, Calif. / Torrance HS
13	McKenzie Buell	MF	5-7	Jr.	
14	Corrinah Schaefer	D	5-6	Sr.	Boise, ID / Timberline HS
15	Katie Matthews	MF	5-4	Fr.	
17	Jordyn Gifford	D	5-3	Fr.	
18	Rikki Myers	F	5-7	Jr.	Mill Creek, WA / Henry M. Jackson HS
20	Sierra Sanchez	F	5-2	So.	Blackfoot, Idaho / Blackfoot HS
22	Makayla Roggow	D	5-8	Fr.	
23	Chandler Kauffman	D	5-8	So.	Redondo Beach, Calif. / Redondo Union HS
24	Heather Hunt	D	5-4	Fr.	
25	Carolyn Moravec	F	5-5	Fr.	
28	Jasmine Ramos	D	5-5	Fr.	

Mary Trigg, Head Women's Soccer Coach

John Hawks, Assistant coach

Brittany Houghton, Assistant Coach

Kelly Potter, Strength Coach

Head Coach Bryan Chud



Coach Bryan Chud took the helm of the women's soccer program in 2016 and Northwest University hasn't missed the national postseason since.

His first team in 2016 reached the NAIA National Semifinals. He followed that up with an Opening Round appearance and in 2018 guided the Eagles back to the final site and a successful season that culminated in the NAIA National Quarterfinals.

On the conference level, Chud's teams have peaked at the right time. His 2018 squad won the Cascade Collegiate Conference Tournament, 1-0, over Eastern Oregon, after reaching the finals in 2016 and 2017.

Chud, who also is the assistant athletics director at NU, returned to his alma mater as assistant men's soccer coach in 2015 and stayed at that position until 2017.

Northwest finished fifth in the NAIA final poll in 2016, received votes in the last poll in 2017 and ranked 15th in the 2018 postseason poll.

Coach Chud at Northwest

Year	Overall	CCC
2019	0-2	0-0
2018	13-9-2	7-3-2
2017	11-10	6-5
2016	15-6-2	6-3-2
Career	39-27-4	19-11-4

Coach Chud is a 2002 graduate of Northwest University earning a degree in history and was a three-time team captain of the Eagle men's soccer team from 1999 to 2002, earning both regional and national recognition. He owns the school record in career goals scored and was inducted into the NU Eagle Hall of Fame in March, 2015. He earned NAIA All-America honorable mention and was his team's 2002 Champions of Character Award winner.

Chud was born and raised in Alaska, but his career in soccer has taken him all over the world. After graduating from high school, he moved to Europe playing at a high level in Germany and England for three years. He then returned to the U.S. and enrolled at Northwest U.

Following his graduation from Northwest U, Bryan and his wife Breanna moved to Dungannon, North Ireland, where he played for the Irish Premier League for 10 years with Ambassadors FC. While with AFC, he was the all-time leading goal-scorer while garnering four Promotions, three Player' Player of the Year awards and helping the squad to the Mid-Ulster Cup Championship in 2012.

While in Northern Ireland, he served six years as a youth pastor and was also instrumental in establishing the charity, Ambassadors in Sport and his involvement with the Ambassadors allowed him to travel to Africa—Sudan, Senegal, Mozambique and South Africa as a player and coach.

Coach Chud has earned his Level 1 and Level 2 coaching licenses from the Irish Football Association and recently received his UEFA B Part 1 license.

After 12 years in Northern Ireland, Bryan and his wife Breanna, along with their twin sons, Kidran and Cohen, moved back to the Pacific Northwest. The family attends Bellevue Presbyterian Church.

Chud enjoys skiing, music (guitar/drums), family time, hiking, cliff diving, adrenaline adventure and traveling.

Assistant Coach Scott Lane



Scott Lane came to Northwest as an assistant men's soccer coach in 2014 and joined the women's staff a year later.

In addition to his duties at NU, Lane is head soccer coach at The Overlake School and an assistant with Seattle Stars FC. He had previously served as the JV Head Coach at Overlake from 2014-17.

He guided The Overlake School to championships in 2017 and 2018, earning WSSCA Coach of the Year honors in 2018. He also has a pair of ECL Boys' Soccer Coach of the Year honor to his credit.

Lane was a member of the Eagle soccer team as a goalkeeper after a year at Edmonds Community College. He earned All-Region Status at ECC.

Lane, who hails from Snohomish, earned his bachelor's degree in biology from NU in 2014 and a CMA for Lake Washington Institute of Technology in 2017.

He attends Pathways Church and enjoys golf, paddle-boarding, skiing, hiking and puns.

Assistant Coach Brendon Wheeler



Brendon Wheeler returned to his alma mater and joined Bryan Chud's women's soccer staff at Northwest in 2016.

Wheeler coached two seasons as an assistant at Snohomish High School, helping his hometown team to a pair of 4A State Titles.

He capped a stellar playing career with the Eagle Men's Soccer program with a degree in business administration in 2016. Wheeler was an All-Cascade Conference player and scholar-athlete. He played in 67 games during his NU career.

In 2015, Wheeler was named to the first team, All-Cascade Conference team as a defender and was named CCC Defender of the Week during the season. He also earned academic honors as a CCC Scholar-Athlete that same year. He also earned Freshman of the Year honors for NU.

Brendon is married to Ashton Wheeler who played two years of volleyball at Northwest U and two seasons for Biola University (Calif.)



0 Hannah Plyant

6-0 | FR | GK | Spokane

High School: Freeman High School

Parents: Jeff and Sandy Pylant

Sisters: Abby Pylant

Prep Team Awards: Team Captain 2018, All-League 2016 and 2018, All-State honorable mention 2018, WIAA Athlete of the

week October 2016

Academic and Civic Honors: NHS 2017-2019

Church: Southside Christian

Volunteerism: Southside Food Bank, Humane Society

Why did you select Northwest? I love how Jesus-centered everything is here.

Favorite TV Show Growing Up: The Middle

Song most likely on repeat on your device: You Can't Stop Me by Andy Mineo

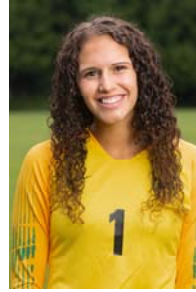
Personal Binge Watch Record: 8 episodes of *Criminal Minds*

My Sports Mount Rushmore: Meghan Rapino, Alex Morgan, Tobin Heath,

Favorite place on campus: the soccer field

Your next pet's name will probably be: Bubbles

Favorite Bible verse: 2 Corinthians 1:3-4



1 Kat Sanchez

5-6 | SR | GK | Arlington

High School: Arlington high school

Parents: Phillip and Shannon Sanchez

Brother: Sebastian and Christian Sanchez

Prep Awards: First team All-Conference Goal keeper 2014&2015; First Team All-State Goal Keeper 2015

Prep Team Awards: State Semifinalists 2015

Academic and Civic Honors: Ranked fourth in class of 2016; honor roll

Club/Travel Teams: Legacy, Rush, Fuerza, ISC Gunners

Church: Arlington Assembly

Volunteerism: Kids Closet, soccer camps, Arlington Assembly Kids and nursery

Also Recruited by: Seattle Pacific

Why did you select Northwest? To grow as a Christian, Student, and Athlete

Favorite TV Show Growing Up: *Jimmy Neutron* and *Spongebob*

Song most likely on repeat on your device: Beyond by Leon Bridges

Personal Binge Watch Record: 8?; Last Man on Earth

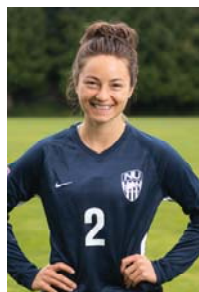
Favorite place on campus: The HSC lobby

Your next pet's name will probably be: Ottis (no one better steal this name)

Favorite Bible verse: John 15:16

Career Goalie

Year	GP	Min	GA	Avg	Saves	Pct	W	L	T	SHO
2016	6	362:45	7	1.737	23	0.767	0	2	1	1
2017	19	1719:43	20	1.047	81	0.802	10	8	0	5
2018	23	1930:06	27	1.259	85	0.759	10	8	2	11
Total	48	4012:34	54	1.211	189	0.778	20	18	3	17



2 Nadine Huff

5-4 | SR | F | Enumclaw

High School: Enumclaw High School

Parents: Bill and Joanne

Sisters: Natalie, Nerissa, and Nicole

Brothers: Nicholaus and Nathan

Favorite TV Show Growing Up: *Full House*

Song most likely on repeat on your device: The Git Up

Personal Binge Watch Record: *Friends* - the whole series...

Favorite place on campus: The black couches

Your next pet's name will probably be: Nova

Favorite Bible verse: Proverbs 16:24



4 Hannah Nicholson

5-4 | SR | D | Snohomish

High School: Snohomish High School

Parents: Gene Nicholson and Heidi Ford

Sisters: Ava Ford

Brothers: Nathan Nicholson

Church: Pursuit Northwest

Volunteerism: Young Life, Adventure Soccer

Why did you select Northwest? Because they had a major I was considering, the atmosphere and to play soccer

Favorite TV Show Growing Up: *Arthur*

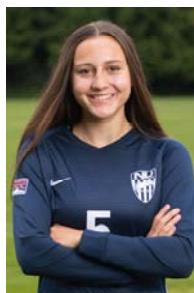
Song most likely on repeat on your device: while working out-"The Champion" by Carrie Underwood

Personal Binge Watch Record: 6, *This is Us*

Favorite place on campus: apartment D104

Your next pet's name will probably be: Buster

Favorite Bible verse: Esther 4:14 "Perhaps this is the moment for which you have been created"



5 Hayli Huhta

5-5 | RS-FR | M-D | Marysville

High School: Marysville Getchell Bio Med Academy

Parents: Karri and Tony Huhta

Sisters: Jackie and Lucy Huhta

Brothers: Austin Huhta

Prep Awards: American Justice, Rotary, and Kellogg Marsh Scholarship

Prep Team Awards: All-Conference First team (two years). All-Conference Second team. All-State Second team.

Academic and Civic Honors: 3.5 and up GPA award on sports team

Club/Travel Teams: Northwest Nationals and Greater Seattle Surf G00A

Church: Bethany Christian Assembly

Also Recruited by: Simon Fraser University, and Montana State Billings, Millersville University

Why did you select Northwest? I want to grow in my faith with God. Along with being in a positive welcoming community.

Previous College: Simon Fraser University

Favorite TV Show Growing Up: *Wizards of Waverly Place*

Song most likely on repeat on your device: "Confidence" (By: Sanctus Real)

Personal Binge Watch Record: *Friends* 20 episodes ... almost a whole season

My Sports Mount Rushmore: Zlatan Ibrahimovic, Stephen Curry, Carli Lloyd, Serena Williams

Favorite place on campus: Soccer field

Your next pet's name will probably be: Ocean

Favorite Bible verse: Proverbs 3:5

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2016	20	2	1	5	26	17	0
2017	21	3	4	10	25	13	1
2018	22	1	3	5	15	9	0
Total	63	6	8	20	66	39	1



6 Jennifer Conner

5-3 | SO | M | Eldersburg, Md.

High School: Century High School

Parents: Barbara and Lee Conner

Sisters: Sarah

Club/Travel Teams: SAC United

Church: Life Church

Volunteerism: Habitat for Humanity, US Navy Vet

Why did you select Northwest? Because of the people.

Previous College: Bridgewater College

Favorite TV Show Growing Up: *Fresh Prince of Bel Air*

Song most likely on repeat on your device: Love like Crazy -Lee Brice

Personal Binge Watch Record: *Friends*

My Sports Mount Rushmore: Abby Wambach, Mia Hamm, Michael Phelps, Cristiano Ronaldo

Favorite place on campus: the soccer field

Your next pet's name will probably be: Beasley

Favorite Bible verse: 1 Corinthians 2:9



7 Payton Manalo

5-5 | FR | M/D | Mill Creek

High School: Henry M. Jackson High School

Parents: Ronaldo & Carrie Manalo

Sisters: Piper

Brothers: Parker, and Reggie

Prep Awards: All-State Honorable Mention (2018), First Team All-WESCO (2018), High School Coaches Award (2018), Honorable Mention (2017 & 2015)

Club/Travel Teams: Washington Rush G00

Church: Saint Elizabeth Ann Seton

Why did you select Northwest? I chose Northwest University because of the location (being close to home), and the soccer and nursing program. I really wanted to play soccer in college while being able to study nursing!

Favorite TV Show Growing Up: Anything from Disney Channel when I was little, and *Grey's Anatomy* throughout high school

Song most likely on repeat on your device: Anything from Khalid

Personal Binge Watch Record: *Grey's Anatomy*



8 Olivia Morris

5-6 | SO | M | Mercer Island

High School: Mercer Island High School

Parents: Deirdre and Joe Morris

Sisters: Mia Morris

Brothers: Dominic, Owen, Colt

Prep Awards: Honorable Mention sophomore and junior year

Club/Travel Teams: Seattle Reign academy

Church: St. Monica's

Volunteerism: For my church

Also Recruited by: University of the Pacific

Why did you select Northwest? I appreciated how welcoming my coach and teammates were. I wanted to be around like-minded people to help me better grow in all areas of my life.

Favorite TV Show Growing Up: *Friends*

Song most likely on repeat on your device: Take Me Home - Jess Glynne

Personal Binge Watch Record: Probably about 25 episodes of *Friends* or *That 70's Show*

My Sports Mount Rushmore: Andrés Iniesta, Alex Morgan, Luka Modric, Lionel Messi

Favorite place on campus: The soccer field

Your next pet's name will probably be: Bat Man

Favorite Bible verse: Matthew 17:20

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2018	24	2	2	6	17	11	0



9 Colette Liston

5-2 | Rs-Fr | M | Bellevue

High School: Sammamish High School

Parents: Jeannine and John

Brothers: Christopher and Kyle

Prep Awards: Captain, MVP, Second Team All-Kingco, 2018-2019 Sportsman-

ship Award

Academic and Civic Honors: 4.0, Washington State Honors Award

Club/Travel Teams: Eastside FC

Also Recruited by: Interests from University of Idaho, Humboldt State, Evergreen, Montana State, George Fox

Why did you select Northwest? It's in a beautiful location and has a lot of kind people.

Favorite TV Show Growing Up: *Friends*

Song most likely on repeat on your device: Living by Dierks Bentley

My Sports Mount Rushmore: Alex Morgan, Messi, Neymar Jr, Carli Lloyd

Favorite place on campus: Soccer field

Favorite Bible verse: Philippians 4:13



10 Callie Wright

5-0 | FR | M/F | Woodway

High School: King's High School

Parents: Gregory and Susie Wright

Sisters: Cadie Wright

Brothers: Cooper Wright, Campbell Wright

Prep Awards: Everett Herald All Area

W. Soccer Player of the Year, All-Conference Offensive MVP, Most Goals Scored in a Single Season (37)

Prep Team Awards: State Champions (2017)

Academic and Civic Honors: National Honor Society, six-year high honor roll

Club/Travel Teams: Washington Rush G00

Church: Bethany North

Also Recruited by: Seattle Pacific, Whitworth

Why did you select Northwest? Best fit for me.

Favorite TV Show Growing Up: *iCarly*

Song most likely on repeat on your device: Copacabana

Personal Binge Watch Record: 6, *Parenthood*

My Sports Mount Rushmore: Serena Williams, K.J

Wright, Arnold Palmer, Monste Youngsman

Favorite place on campus: Crowder 400

Your next pet's name will probably be: Montgomery

Favorite Bible verse: Micah 6:8



11 Stephanie Wilson

5-6 | SR | M | Kalispell, Mont.

High school: Flathead High School

Parents: Sara and Cory Wilson

Sisters: Sadie, Josephine

Brother: Peter

Prep honors: All-State (Jr. and Sr.), All-Conference (So), Co-conference player

of the year (Jr)

Academic and civic honors: High school: Summa Cum Laude; College: Dean's List, NAIA scholar-athlete

Church: Central Bible Church

Why did you select Northwest? I chose Northwest for their nursing program and so that I might continue to play soccer

Previous college: George Fox University

Song most likely on repeat on my device: "Before the Throne" By: Shane and Shane

Favorite place on campus: library

My next pet's name will probably be: I don't know... Tillie

Favorite Bible verse: 2 Corinthians 4:7-10

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2017	20	3	3	9	15	11	1
2018	20	1	4	6	19	7	0
Total	40	4	7	15	34	18	1



14 Mady Morrow

5-3 | JR | F | Oregon City, Ore.

High School: West Linn High School

Parents: Stephanie Moulton and Sam Morrow

Sisters: Miranda Kozdon

Brothers: Austin and Dylan Morrow

Club/Travel Teams: Willamette United and Crossfire

Church: Horizon Christian Church

Volunteerism: The Summit and Black Lake Bible Camp

Also Recruited by: Corban, Linfield, and Willamette

Why did you select Northwest? Because it felt like home and everyone was so welcoming

Favorite TV Show Growing Up: *American Idol*

Song most likely on repeat on your device:

"Barcelona" by George Ezra

Personal Binge Watch Record: 5 episodes of *The Amazing Race*

My Sports Mount Rushmore: Lindsey Horan, Tobin Heath, Diego Chara, Sebastian Blanco

Favorite place on campus: The soccer field

Your next pet's name will probably be: Lincoln

Favorite Bible verse: Matthew 17:20

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2017	21	3	8	14	19	12	1
2018	18	0	1	1	5	4	0
Total	39	3	9	15	24	16	1



12 Sarah Hommas

5-3 | FR | F | Redmond

High School: Legacy homeschool co-op/ Cedarcrest

Parents: Evelyn and Scott

Brothers: Aron and Jason

Prep Awards: Four-time All-League First

team forward, All-Area second team forward, hall of fame

Prep Team Awards: Academic state champions.

Club/Travel Teams: Cascade FC, Gunners

Church: Adventure Community Church in Duvall

Volunteerism: VBS, my church (barista, childcare), Fruit Bearers ministry (mission trip), coach at Cedarcrest soccer camp

Why did you select Northwest? Because I think I will do well in the setting of a small Christian school.

Favorite TV Show Growing Up: *Psych*

Personal Binge Watch Record: I really don't know but I probably have binge watched *The Office* the most

Favorite place on campus: Soccer field

Your next pet's name will probably be: Olly

Favorite Bible verse: Proverbs 3:5-6



15 Montse Youngsman

5-6 | FR | M | Mount Vernon

High School: Mount Vernon High School

Parents: Marcela and Matthew Youngsman

Sisters: Sophia Youngsman

Brothers: Jonathan Youngsman

Academic and Civic Honors: Torch - Top 75 in class

Club/Travel Teams: Washington Rush

Church: Immaculate Conception Regional Church

Volunteerism: G2G

Favorite TV Show Growing Up: *Drake & Josh*

Song most likely on repeat on your device: American Teen

Personal Binge Watch Record: 5 and *New Girl*

My Sports Mount Rushmore: Messi, Alex Morgan, Pelé and Ronaldinho

Favorite place on campus: Chapel

Your next pet's name will probably be: Lollipop

Favorite Bible verse: Proverbs 31:25



16 Elizabeth Moretti

5-9 | FR | M | Caldwell, Idaho

High School: Vision Charter School

Parents: Matthew and Cindy Moretti

Sisters: Samantha Moretti

Brothers: Anthony and Matthew Moretti

Club/Travel Teams: Réal Boise

Church: Christian Faith Center

Why did you select Northwest? God gave me so many signs to attend Northwest and I am grateful for the opportunity to play soccer and achieve my major.

Favorite TV Show Growing Up: *The Office*

Song most likely on repeat on your device: Story Never Ends - Lauv

Personal Binge Watch Record: *Stranger Things* - 4 episodes

Favorite place on campus: Perks and the Green

Your next pet's name will probably be: Ella

Favorite Bible verse: Proverbs 31:25



18 Victoria Rice

5-4 | JR | CB | Corona, Calif.

High School: Roosevelt High School

Parents: Yolanda and Anthony Rice

Brothers: Anthony Jr.

Club/Travel Teams: Slammers ECNL, SoCal Blues ECNL

Why did you select Northwest? Great

Environment

Favorite TV Show Growing Up: *90210*

Song most likely on repeat on your device: God Is A Woman

Personal Binge Watch Record: *Love Island*, 10 episodes

My Sports Mount Rushmore: LeBron, Kobe, Megan Rapinoe, Anthony Rice

Favorite place on campus: Pecota

Your next pet's name will probably be: Drake

Favorite Bible verse: Philippians 4:13

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2016	9	0	0	0	1	1	0
2018	11	1	0	2	2	2	0
Total	20	1	0	2	3	3	0



20 Maggie Gunning

5-7 | SO | CB | North Bend

High School: Mount Si High School

Parents: Mike & Carol Gunning

Sisters: Abby Gunning

Prep Awards: Captain of club soccer, two-time State finalists.

Academic and Civic Honors: Honor Roll all four years. One of the top sports medicine students in Washington A state. Secretary of sports medicine club at Mount Si. Student trainer for football team.

Club/Travel Teams: Eastside FC

Church: Cascade Covenant Church

Volunteerism: In the Field Ministry (Travel to Uganda for a month four times)

Also Recruited by: Whitworth and George Fox

Why did you select Northwest? It was a total God Thing - Bryan called and asked me to come out to a practice in the fall of my senior year. I went for the experience, intending to say no. Totally felt like it was where I needed to go. Bryan is a big part of that.

Favorite TV Show Growing Up: *The Cosby Show* & *Seinfeld*

Song most likely on repeat on your device: "Get Your Shine On" - Florida Georgia Line

Personal Binge Watch Record: 10 episodes in one day of *Grey's Anatomy*

My Sports Mount Rushmore: In all honesty I don't watch sports all that much and really only pay attention to the USWNT... so of them probably Alex Morgan, Julie Ertz, Kelly O'Hara & Megan Rapinoe

Favorite place on campus: My bed

Your next pet's name will probably be: Earl or Shelby

Favorite Bible verse: Proverbs 16:19- We make our own plans but the lord decides where we will go

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2018	9	0	0	0	0	0	0



21 Rylee Rassier

5-4 | RS-SR | F | Spokane

High School: University High School

Parents: Mike and Bobbi Rassier

Sisters: Courtney, Darallee, Sydney

Favorite TV Show Growing Up: *Psych*

Song most likely on repeat on your device: "Since You've Been Gone" (Kelly Clarkson)

Your next pet's name will probably be: Jubilee

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2018	23	7	2	016	63	28	2



22 Lina Takada

5-3 | SR | D | Honolulu, Hawaii

High School: Henry J. Kaiser High School

Parents: Mieko Shoji

Brothers: Shota Takada, Joe Takada

Club/Travel Teams: Honolulu Bulls

Soccer Club

Volunteerism: American Red Cross

Song most likely on repeat on your device: Daniel Caesar

Personal Binge Watch Record: *When They See Us*

Favorite place on campus: My Apartment

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2016	10	0	0	0	1	1	0
2017	20	0	0	0	5	1	0
2018	23	0	1	1	1	0	0
Total	53	0	1	1	7	2	0



25 Taylor Beardemphl

5-7 | SO | D | Graham

High School: Cascade Christian High School



26 Mackenzie Monten

5-8 | SR | D | Mill Creek

High School: Henry M. Jackson High School

Parents: Gregg and Kristina Monten

Sisters: Caitlin Monten

Prep Awards: Honor Roll

Prep Team Awards: First-team All-Wesco soccer - defense. First-team All-Wesco track - 4x1, 4x2

Academic and Civic Honors: Honor Roll, Link Crew Leader

Club/Travel Teams: Snohomish United

Church: Canyon Hills Community Church

Volunteerism: Welcome team and food drive at my church

Also Recruited by: Minnesota State University Moorhead, Everett Community College

Why did you select Northwest? Small community, and a chance to grow in my faith with God

Previous College: Minnesota State University Moorhead

Favorite TV Show Growing Up: *Hannah Montana*

Song most likely on repeat on your device: Take Me Home, Country Road

Personal Binge Watch Record: 8, *The Office*

My Sports Mount Rushmore: Messi, Julie Ertz, Mar-shawn Lynch, and Mia Hamm

Favorite place on campus: The Aerie

Your next pet's name will probably be: Gus Gus

Favorite Bible verse: 2 Timothy 1:7



27 Izzy Lehosit

5-11 | FR | D | Coeur d'Alene, Idaho

High School: Coeur d'Alene Charter Academy

Parents: Mike and Camille

Sisters: Amelia, Jaclynne, Ava, Lydia, Lucy, Sadie

Brothers: Chris, Andrew, Creighton

Prep Awards: IML three-time All-League, IML MVP 2018, three-time All-State 3x, All-State MVP 2018, Team Offensive POY 2017, Team MVP 2018, 2018 North Idaho Female Soccer POY Nominee, CdA Press Athlete of the Week 2017, Captain (2017,2018)

Prep Team Awards: State runner up, three-time State champions (2016,2017,2018), three-time district champions, North Idaho Female team of the year (nominee-3x, winner 2018)

Academic and Civic Honors: Idaho Top Scholar, Honor Roll all 4 years, Founder's Scholarship, Rotary Student of the Month, Student Body Secretary and 2x Representative

Club/Travel Teams: North Idaho Timbers-Thorns

Church: Canvas Church

Volunteerism: St Vincent's de Paul

Why did you select Northwest? After a year-long college search, NU continuously stayed at the top of my list due to the character of the team and coaching staff along with the Christian atmosphere. It has everything that I'm looking for in terms of academics and faith as well as soccer.

Favorite TV Show Growing Up: *Once Upon A Time*

Song most likely on repeat on your device: I listen to such a wide variety of music... nothing's on repeat for too long.

Personal Binge Watch Record: 8, *New Girl*

Your next pet's name will probably be: Berowne

Favorite Bibleverse: Romans 5:3-4

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2017	11	0	0	0	0	0	0
2018	8	0	0	0	1	1	0
Total	19	0	0	0	1	1	0



30 AdriAnna Simmons

5-10 | SR | GK | Ephrata

High School: Ephrata High School

Prep Awards: First Team All-State Goal-keeper

Prep Team Awards: District Champions

Academic and Civic Honors: Honor Roll

Volunteerism: Special Olympics, Iron Man CDA

Previous College: Wenatchee Valley College

Previous College Honors: Team Captain, All-Conference Athlete of the Week

Favorite TV Show Growing Up: *Zaboomafoo*

Song most likely on repeat on your device: Speechless by Dan + Shay

Personal Binge Watch Record: 9, *Grey's Anatomy*

Favorite place on campus: My bed

Favorite Bible verse: Romans 12:2



37 Kierstin Patefield

5-6 | JR | GK | Puyallup

High School: Cascade Christian

Parents: Marikay and Keith Patefield

Sisters: Lauren Hellum and Tatum Patefield

Prep Awards: All-State 1A Goal Keeper

of the Year, Nesqually League Goal Keeper of the Year

Academic and Civic Honors: CCC scholar athlete

Club/Travel Teams: Fury

Church: Elim EFC

Why did you select Northwest? A Christian environment in which I could grow my knowledge and faith in Jesus Christ

Favorite TV Show Growing Up: Anything Disney

Song most likely on repeat on your device: Anything country

Personal Binge Watch Record: 10+ *One Tree Hill*

Favorite place on campus: Library

Your next pet's name will probably be: Something clever

Favorite Bible verse: 1 Peter 5:10-11

Career Goalie

Year	GP	Min	GA	Avg	Saves	Pct	W	L	T	SHO
2017	2	98:53	1	0.910	8	0.889	0	1	0	0
2018	3	155:40	1	0.578	7	0.875	1	0	0	0
Total	5	254:33	2	0.707	15	0.882	1	1	0	0

NU's NAIA National Honors

Northwest University has produced 35 All-Americans who have earned 69 All-America awards.

NU's NAIA All-Americans

Women's Soccer

2014 Johnson, Acacia
2018 Michkiosky, Katie (HM)

Men's Basketball

2007 Sawyer, Aaron (2nd Team)
2011 Peters, Greg (3rd Team)
2014 Greene, Michael
2017 Dupree, Michael (HM)
2019 Ford, Hussayn (HM)

Men's Cross Country

2000 Olsen, Phil
2003 Olsen, Phil

Men's Indoor Track and Field

2016 Ferguson, Jonanthan (Mile)
2019 Sine, Riley (3000)

Men's Outdoor Track and Field

2003 Olsen, Phil (5000)
2012 Fischer, Luke (Javelin)
2013 Fischer, Luke (Javelin National Champion)
2017 Randle, TJ (400 Hurdles National Champion)
2018 Sine, Riley (5000)

Women's Basketball

2010 Wilkerson, Jessica (3rd Team)
2012 Jackson, Jessalyn (2nd Team)

Women's Cross Country

2000 Longmire, Danyel
2001 Longmire, Danyel
2002 Evans, Crystal
2002 Proticova, Kristina
2002 Stilwater, Tiffany
2002 Stone, Kim
2003 Longmire, Danyel
2003 Maclean, Celia
2004 Stilwater, Tiffany
2007 Knudtson, Elizabeth

Women's Indoor Track and Field

2002 Becker, Sarah
2002 Evans, Crystal
2002 Godwin, Korinda
2002 Longmire, Danyel
2002 Stone, Kim
2002 Young, Naomi
2003 Evans, Crystal (DMR)
2003 Godwin, Korinda (DMR)
2003 Proticova, Kristina (DMR)
2003 Stilwater, Tiffany (5000)
2003 Stone, Kim
2003 Young, Naomi (DMR)
2004 Proticova, Kristina (3000 National Champion)
2005 Stilwater, Tiffany (5000)

2017 Brown, Cassidy (DMR)
2017 Engelbrekt, Lily (DMR)
2017 Estabrook, Sarah (DMR)
2017 Lystad, Shandon (DMR)
2018 Estabrook, Sarah (5000)
2018 Melendez, Amberly (3000 Race Walk)

Women's Outdoor Track and Field

2002 Longmire, Danyel
2002 Seifert, Elli
2003 Evans, Crystal (1500)
2003 Godwin, Korinda (3000 Steeple)
2003 Longmire, Danyel (5000)
2003 Proticova, Kristina (3000 Steeple National Champion)
2004 Longmire, Danyel (5000)
2004 Maclean, Celia (4x800)
2004 Perkins, Teona (High Jump, 4x800)
2004 Proticova, Kristina (4x800, 3000 Steeple)
2004 Wageman, Renee (4x800)
2005 Stilwater, Tiffany (5000)
2005 Wageman, Renee (800)
2007 Bailey, Kjerstein (Marathon)
2018 Estabrook, Sarah (5000)
2018 Miller, Anna (Javelin)
2018 Melendez, Amberly (5000 Race Walk)
2019 Miller, Anna (Javelin)

Volleyball

2017 Van Dyke, Alysanne (HM)

Northwest University has produced 118 NAIA Scholar Athletes who have earned the award 210 times.

NU's NAIA Scholar Athletes

Akamine, Anuhea, 2011
Amundsen, Stephanie, 2006
Anderson, Kelsey (4), 2013-16
Arciniegas, Lina, 2014
Asher, Jordan, 2016
Bach, Earl, 2018
Bailey, Kjerstein (4), 2005-7
Bento, Jackie, 2019
Blythe, Greg, 2006
Brown, Cassidy (2), 2016-17
Burke, Corinne (3), 2014-15
Burson, Paige (2), 2016-17
Campbell, Emily, 2019
Carlson, Hannah (2), 2017-18
Christenson, Daniel (2), 2016-17
Coila, Ashley, 2014
Cole, Kyle (3), 2016-17
Cotton, Andrea, 2007
Deshazer, Brandon (4), 2015-16
Ellingson, Amy (4), 2003-4
Engelbrekt, Lily (3), 2016-17
Ernster, Lauryn (2), 2011-12
Estabrook, Sarah (3) 2016-17

(NAIA Scholar Athletes Continued)

Evans, Crystal (2) 2002-03
Filion, Tim (2), 2012-13
Fischer, Luke (7), 2010-12
Flannery, Marissa (2), 2013, 15
Flannery, Marissa, 2014
Flattery, Ethan, 2012
Frey, Kristen, 2016
Geise, Beth, 2005
Gleb, Christina (2), 2014-15
Governor, Meagan (3), 2014-15
Greene, Chanara, 2014
Greene, Michael (2), 2013-14
Guisinger, Brian (2) 2016-17
Hall, Kaisa (3) 2014-16
Hanson, Hannah (2), 2015-16
Harris, Rachael, 2009
Holmes, Jordan, 2009
Horn, Emma, 2019
Hughes, Patricia, 2014
Hughes, Patty, 2013
Johnson, Mattie (2), 2016-17
Johnson, Rebekah, 2017
Juul, Ashlyn (2), 2017-18
Juul, Ashlyn, 2017
Keltner, Mattie (2), 2015-16
Kerr, James (4) 2010-12
Knudtson, Beth, 2018
Kono, Janelle (2) 2016-17
Konzelman, Daniel (2), 2016-17
Linden, Lara (2), 2015-16
Lockard, Katy, 2002
Loga, Adam, 2011
Lorraine, Allison (2), 2017-18
Maclean, Celia, 2003
Marshall, Shauna, 2007
McCormack, Brian, 2005
McCrea, Russell (2), 2001-02
McKean, Marielle (2), 2011
Metz, Jaclyn (2), 2017-18
Neustel, Emma, 2012
Nicholl, Jessie (2), 2015-16
Nordlie, Benjamin, 2014
Paull, Daniel (2), 2014-15
Peckham, Kelli, 2016
Pereira de Andrade, Gabriel, 2015
Perez, Michelle, 2016
Perkins, Lizzie, 2012
Peters, Greg (4), 2009, 2011
Petty, Tyler, 2012
Pflugrath, Brett (3), 2006-07
Pilgrim, Rebecca, 2002
Placide, Woodlin, 2018
Porter, Samantha (2), 2014-15
Priest, Jennah, 2007
Proticova, Kristina (3), 2003-04
Ptacek, Tyler (2), 2016-17
Randall, Leonard (4), 2005-07

Rassier, Rylee, 2018
Reardon, Lucas, 2016
Rheaume, Nate, 2009
Roberts, Noah, 2018
Roy, Leia, 2016
Saelens, Audrey, 2018
Sanchez, Katrina, 2018
Schellmann, Maximilian (2), 2016-17
Schlect, Sydney, 2017
Shulke, Heather (2), 2011-12
Simmons, AdriAnna, 2018
Simpson, Kacie, 2009
Sine, Riley, 2019
Stilwater, Tiffany (4), 2003-05
Stoker, Sarah (2), 2012-13
Swanson, Christopher, 2007
Szczepanski, Kylie, 2018
Taylor, Tiffany (3), 2014-16
Teran, Ashley, 2005
Thomsen, Tawnya, 2018
Thoreson, Sigrid (3), 2012-14
Travis, Jordan, 2018
Van Dyke, Alysanne (2), 2016-17
Wageman, Renee (5), 2004-06
Wagner, Lindsey (2), 2011
Walling, David, 2017
Warner, Sarah (2), 2017-18
Waterman, Amanda (2), 2016-17
Welk, Alyssa (3), 2010-11
Wessa, Lindsey (3), 2011-12
White, Keann, 2018
Wildeboer, Joel (2), 2004-05
Wille, Tambi, 1998
Willis, Dean, 2015
Wilson, Stephanie, 2018
Wyatt, Austin, 2017
Yokers, Nate, 2007
Young, Naomi, 2003

Other NU winners of NAIA Awards

2002 – Bruce Brown, Athletic Director of the Year
2002 – Bill Taylor Women's Cross Country Coach of the Year
2007 – Aaron Sawyer, NAIA Men's Basketball All-Tournament
2012 – Rich Skillman, NAIA Men's Basketball All-Tournament
2016 – Jubilee Zevenbergen, NAIA Women's Soccer All-Tournament
2018 – Mark Mandi, Cross Country Coach of Character