



NORTHWEST UNIVERSITY
ATHLETICS

NU SOCCER GAMEDAY

Northwest at Fraser Valley

Sunday | Aug. 18 | 6 PM

2019 NU Eagles Women's Soccer Schedule

Day	Date	Time	Site	Opponent
Sunday	8/11	4 PM	H	Alumni Game
Sunday	8/18	6 PM	A	Frasier Valley
Saturday	8/24	3:30 PM	H	Central Washington
Saturday	8/31	Noon	A	Northwest Nazarene
Saturday	9/7	1 PM	A	Puget Sound
Wednesday	9/11	5 PM	A	Lewis & Clark
Saturday	9/14	1 PM	H	Linfield
Saturday	9/20	Noon	A	Providence-*
Sunday	9/22	12:30 PM	A	Carroll-*
Friday	9/27	1 PM	H	Rocky Mountain-*
Friday	10/4	2:30 PM	H	Corban-*
Saturday	10/5	2:30 PM	H	Northwest Christian-*
Friday	10/11	7 PM	A	Warner Pacific-*
Saturday	10/12	7 PM	A	Multnomah-*
Saturday	10/19	1 PM	A	Evergreen-*
Friday	10/25	6:30 PM	A	Eastern Oregon-*
Saturday	10/26	1:30 PM	A	College of Idaho-*
Friday	11/1	Noon	H	Oregon Tech-*
Saturday	11/2	Noon	H	Southern Oregon-*



Northwest University Women's Soccer Notebook

HITTING THE ROAD: Northwest has opened the season on the road each season under Coach Bryan Chud and lost for the first time last year, when they fell to Trinity Western in British Columbia, 4-0. The Eagles scored 6-0 and 6-4 wins to start Chud's other two seasons.

TOUGH OFFSEASON: Somewhere between the postseason of 2018 when the Eagles reached the national quarterfinals and were ranked 15th and the preseason poll for 2019 Northwest lost some respect among national voters. The team dipped to 20th in the preseason rankings after being picked second in the preseason Cascades Collegiate Conference rankings.

RETURNING: To be sure, Northwest will be hard-pressed to replace the 20-goal season by Katie Michkiosky and the 11 saves by Jaclyn Metz, but there is kindling for a successful fire this year with Rylee Rassier (7 goals, 2 assists), Hannah Nicholson and returning midfielders Lina Takada, Maddy Morrow and Stephanie Wilson bringing back a combined 83 starts.

FRESH FACES: As many as seven freshman Eagles could see action this season. The newbies include Hayli Huhta, Jennifer Conner, Peyon Manalo, Callie Wright, Sarah Hommas, Montse Youngsman and Izzy Lehosit. Freshmen Colette Liston and Hannah Pylant are expected to take a redshirt this season.

0 CANADA: Northwest lost to Fraser Valley last season in B.C., 1-0. Northwest was turned away on five shots on goal by five different Eagles. Rylee Rassier had four shots in the game and Kat

Sanchez collected five saves.

SCHOLARLY: The NU women's team includes four players with NAIA Scholar Athlete credentials. Rylee Rassier, Kat Sanchez, AdriAnna Simmons and Stephanie Wilson all earned that honor last season. In addition, those four, plus Nadine Huff, Mackenzie Monten, Madison Morrow, Hannah Nicholson and Kierstin Patefield were Academic All-Conference last season.

CLOSING IN ON MORE GLORY: NU Head Coach Bryan Chud already holds a place in the NU Hall of Fame after his strong playing career on the men's team. He owns four single-season records for the NU men. Now he lacks just seven wins to catch Erin Redwine for the school record for coaching wins in women's soccer. Redwine finished with 46 wins over seven seasons. Chud enters the season at 39.

COMING UP: The Eagles get one more scrimmage in at Whitworth Thursday before the home opener Saturday (Aug. 24) against Central Washington at 3:30 p.m. Northwest embarks on a three-game road swing to meet Northwest Nazarene in Nampa, Idaho (Aug. 31), Puget Sound in Tacoma (Sept. 7) and Lewis & Clark in Portland (Sept. 11) before a home game with Linfield on Sept. 14.

EXHIBITIONS: Fraser Valley played a pair of exhibition matches at Eastern Oregon and the University of Idaho. The Cascades lost 6-2 at EOU and claimed a 2-1 win against the Vandals. UFW was 6-9-5 last season, including a 2-4-1 mark at home.

Northwest University Women's Soccer Notebook



NAIA Preseason Top 25

#	LW	SCHOOL [1st Place Votes]	2018 W-L	Pts
1	1	William Carey (Miss.) [17]	21-3	498
2	2	Keiser (Fla.)	20-3-2	482
3	T3	Southeastern (Fla.)	20-2-2	460
4	T3	Spring Arbor (Mich.) [1]	20-2-1	456
5	5	Benedictine (Kan.)	20-2-2	432
6	6	Lindsey Wilson (Ky.)	13-4-2	414
7	7	Martin Methodist (Tenn.)	19-1-2	401
8	8	Georgia Gwinnett	17-4	379
9	9	Midland (Neb.)	14-3-4	363
10	10	Embry-Riddle (Ariz.)	18-3	360
11	12	Vanguard (Calif.)	14-3	332
12	11	Hastings (Neb.)	17-1-3	324
13	13	John Brown (Ark.)	16-5-1	297
14	14	Eastern Oregon	16-3-2	275
15	16	Grace (Ind.)	20-4-1	250
16	18	Northwestern Ohio	13-5-3	229
17	17	Cardinal Stritch (Wis.)	16-4	219
18	19	Cumberland (Tenn.)	16-3-1	212
19	23	Science & Arts (Okla.)	16-5-1	210
20	15	Northwest (Wash.)	13-9-2	196
21	21	Kansas Wesleyan	17-3-2	185
22	20	Trinity Christian (Ill.)	21-2-2	159
23	22	Mobile (Ala.)	12-8	140
24	25	Hope International (Calif.)	13-6-2	116
25	24	Westmont (Calif.)	13-2-3	109

Others Receiving Votes: Oklahoma Wesleyan 83, Marian (Ind.) 81, Central Methodist (Mo.) 59, Columbia (Mo.) 32, Aquinas (Mich.) 31, Cumberlands (Ky.) 17, LSU Shreveport (La.) 17, The Master's (Calif.) 17, Tennessee Wesleyan 16, MidAmerica Nazarene (Kan.) 12, Ottawa (Kan.) 6, Truett McConnell (Ga.) 3.

Cascade Collegiate Conference Standings

School	Conf	Cpts	Overall	Streak
Evergreen	0-0	0	1-0	W1
Southern Oregon	0-0	0	1-0	W1
Carroll	0-0	0	0-0	---
College of Idaho	0-0	0	0-0	---
Corban	0-0	0	0-0	---
Eastern Oregon	0-0	0	0-0	---
Multnomah	0-0	0	0-0	---
Northwest	0-0	0	0-0	---
Northwest Christian	0-0	0	0-0	---
Oregon Tech	0-0	0	0-0	---
Providence	0-0	0	0-0	---
Rocky Mountain	0-0	0	0-0	---
Warner Pacific	0-0	0	0-0	---

Saturday Games

Southern Oregon at The Master's

Sunday Games

Northwest at Fraser Valley

Monday

Southern Oregon at Vanguard

MacEwan at Carroll

Cornerstone at Warner Pacific

Wednesday

Cornerstone at Corban

Friday

Northwest Christian at Willamette

Eastern Oregon at Hastings

Saturday, Aug. 24

Central Washington at Northwest

Evergreen at Pacific Lutheran

Oregon Tech at Embry Riddle

2019 CCC Women's Soccer Preseason Poll

Team (#1 Votes)	Ps	2018 W-L
1. Eastern Oregon University (9)	163	16-3-2
2. Northwest University (3)	142	13-9-2
3. Carroll College	134	10-6-3
4. Oregon Tech	119	11-4-3
5. Southern Oregon University	117	9-5-3
6. Rocky Mountain College	107	11-6-2
7. College of Idaho (1)	102	10-5-3
8. Corban University	99	9-9-0
9. University of Providence	71	7-8-0
10. Northwest Christian University	44	4-11-1
11. The Evergreen State College	41	3-14-0
12. Warner Pacific University	33	3-15-0
13. Multnomah University	21	0-14-0

NU Women's Soccer Coaching Wins

Coach	Years	Wins
Erin Redwins	2006-12	46
Bryan Chud	2016-	39
Vallan Seid	2013-15	28

2019 Northwest University Women's Soccer

#	Name	Pos.	Ht.	Cl.	Hometown	High School/Previous School
1	Kat Sanchez	GK	5-4	Sr.	Arlington, Wash.	Arlington HS
2	Nadine Huff	F/M/D	5-4	Jr.	Enumclaw, Wash.	Enumclaw HS
4	Hannah Nicholson	F	5-4	Sr.	Snohomish, Wash.	Snohomish HS
5	Hayli Huhta	M/D	5-5	Fr.	Marysville, Wash.	Marysville Getchell HS/Simon Fraser
6	Jennifer Conners	M	5-3	Fr.	Eldersburg, Md.	Century HS/Bridgewater State
7	Peyton Manalo	M	5-4	Fr.	Mill Creek, Wash.	Jackson HS
8	Olivia Morris	M	5-7	So.	Mercer Island, Wash.	Mercer Island HS
10	Callie Wright	F/M	5-0	Fr.	Woodway, Wash.	Kings HS
11	Stephanie Wilson	M	5-6	Sr.	Kalispell, Mont.	Flathead HS/George Fox
12	Sarah Hommas	F	5-3	Fr.	Redmond, Wash.	Cedarcrest HS
14	Madison Morrow	M/F	5-4	Jr.	West Linn, Ore.	West Linn HS
15	Montse Youngsman	M	5-6	Fr.	Mount Vernon, Wash.	Mount Vernon HS
16	Elizabeth Moretti	M	5-8	So.	Caldwell, Idaho	Vision Charter School
18	Victoria Rice	D	5-4	Sr.	Eastvale, Calif.	Eleanor Roosevelt HS
20	Maggie Gunning	CB/D	5-7	So.	North Bend, Wash.	Mount Si HS
21	Rylee Rassier	F	5-4	Sr.	Spokane, Wash.	University HS
22	Lina Takada	M	5-2	Sr.	Honolulu, Hawaii	Henry J.Kaiser HS
25	Taylor Beardemphl	D	5-7	So.	Graham, Wash.	Cascade Christian HS
26	Mackenzie Monten	D	5-7	Sr.	Snohomish, Wash.	Jackson HS
27	Izzy Lehosit	D	5-11	Fr.	Coeur d' Alene, Idaho	Coeur d' Alene Charter HS
30	AdriAnna Simmons	GK	5-9	Sr.	Ephrata, Wash.	Ephrata HS/Wenatchee Valley
37	Kierstin Patefield	GK	5-7	Jr.	Puyallup, Wash.	Cascade Christian HS
RS	Hannah Pylant	GK	6-0	Fr.	Spokane, Wash.	Freeman HS
RS	Colette Liston	M	5-1	Fr.	Bellevue, Wash.	Sammamish HS

Bryan Chud, Head Coach

Scott Lane, Assistant Coach

Brendon Wheeler, Assistant Coach

2019 University of Fraser Valley Cascades

#	Name	Pos.	Ht.	Year	Hometown	High School
1	Joven Sandhu	Goalkeeper	5-7	3rd	Surrey, BC	Sullivan Heights Secondary
2	Katie Lampen	Forward	5-4	1st	Chilliwack, BC	Sardis Secondary
3	Kailyn Halvorson	Defender	5-6	3rd	Vernon, BC	Vernon Secondary
4	Jessica Fennell	Midfielder	5-2	1st	Surrey, BC	North Surrey Secondary
5	Bryana Buttar	Midfielder	5-4	1st	Abbotsford, BC	Abbotsford Senior Secondary
6	Kate Fisher	Midfielder	5-7	2nd	Powell River, BC	Brooks Secondary
7	Tripat Sandhu	Midfielder	5-2	3rd	Abbotsford, BC	Dasmesh Punjabi School
8	Kelsey Mitchell	Defender	5-4	4th	Langley, BC	Walnut Grove Secondary
9	Taylor Nekic	Defender	5-7	3rd	Surrey, BC	Kwantlen Park Secondary
10	Harneet Dadrao	Midfielder	5-5	Rs.	Surrey, BC	Panorama Ridge Secondary
11	Halle McCambley	Midfielder	5-6	1st	Maple Ridge, BC	Thomas Haney Secondary
12	Alanna Sydenham	Defender	5-5	1st	Surrey, BC	Panorama Ridge Secondary
13	Simi Lehal	Forward	5-11	4th	Surrey, BC	Fleetwood Park Secondary
14	Jashan Sandhar	Forward	5-7	2nd	North Delta, BC	North Delta Secondary
15	Marianne Spring	Defender	5-11	4th	Abbotsford, BC	W.J. Mouat Secondary
16	Sarah Parker	Forward	5-7	3rd	Surrey, BC	Lord Tweedsmuir Secondary
17	Brittany Costa	Midfielder	5-3	Rs.	Delta, BC	Burnsview Secondary
18	Yasmina Enneddam	Defender	5-6	2nd	Chilliwack, BC	Sardis Secondary
19	Brittney Zacharuk	Midfielder	5-7	5th	Delta, BC	Holy Cross Secondary
20	Daniella Bavaro	Midfielder	5-1	2nd	Coquitlam, BC	Dr. Charles Best Secondary
21	Claudia Daboin	Defender	5-9	2nd	Calgary, AB	Western Canada High
22	Brooklyn Ivey	Goalkeeper	5-10	1st	Abbotsford, BC	Robert Bateman Secondary
23	Tavia Jasper	Midfielder	5-6	2nd	Langley, BC	Brookwood Secondary
24	Emily White	Midfielder	5-10	1st	Langley, BC	D.W. Poppy Secondary
25	Kareena Sahota	Goalkeeper	5-7	1st	Maple Ridge, BC	Westview Secondary
26	Mackenzie Silbernagel	Forward	5-4	2nd	Chilliwack, BC	Sardis Secondary
27	Jenna Mele	Defender	5-1	1st	Coquitlam, BC	Dr. Charles Best Secondary
30	Andrea Perkovic	Goalkeeper	5-8	2nd	Calgary, AB	Bishop Carroll High

Head Coach Bryan Chud



Coach Bryan Chud took the helm of the women's soccer program in 2016 and Northwest University hasn't missed the national postseason since.

His first team in 2016 reached the NAIA National Semifinals. He followed that up with an Opening Round appearance and in 2018 guided the Eagles back to the final site and a successful season that culminated in the NAIA National Quarterfinals.

On the conference level, Chud's teams have peaked at the right time. His 2018 squad won the Cascade Collegiate Conference Tournament, 1-0, over Eastern Oregon, after reaching the finals in 2016 and 2017.

Chud, who also is the assistant athletics director at NU, returned to his alma mater as assistant men's soccer coach in 2015 and stayed at that position until 2017.

Northwest finished fifth in the NAIA final poll in 2016, received votes in the last poll in 2017 and ranked 15th in the 2018 postseason poll.

Coach Chud is a 2002 graduate of Northwest University earning a degree in history and was a three-time team captain of the Eagle men's soccer team from 1999 to 2002, earning both regional and national recognition. He owns the school record in career goals scored and was inducted into the NU Eagle Hall of Fame in March, 2015. He earned NAIA All-America honorable mention and was his team's 2002 Champions of Character Award winner.

Chud was born and raised in Alaska, but his career in soccer has taken him all over the world. After graduating from high school, he moved to Europe playing at a high level in Germany and England for three years. He then returned to the U.S. and enrolled at Northwest U.

Following his graduation from Northwest U, Bryan and his wife Breanna moved to Dungannon, North Ireland, where he played for the Irish Premier League for 10 years with Ambassadors FC. While with AFC, he was the all-time leading goal-scorer while garnering four Promotions, three Player' Player of the Year awards and helping the squad to the Mid-Ulster Cup Championship in 2012.

While in Northern Ireland, he served six years as a youth pastor and was also instrumental in establishing the charity, Ambassadors in Sport and his involvement with the Ambassadors allowed him to travel to Africa—Sudan, Senegal, Mozambique and South Africa as a player and coach.

Coach Chud has earned his Level 1 and Level 2 coaching licenses from the Irish Football Association and recently received his UEFA B Part 1 license.

After 12 years in Northern Ireland, Bryan and his wife Breanna, along with their twin sons, Kidran and Cohen, moved back to the Pacific Northwest. The family attends Bellevue Presbyterian Church.

Chud enjoys skiing, music (guitar/drums), family time, hiking, cliff diving, adrenaline adventure and traveling.

Coach Chud at Northwest

Year	Overall	CCC
2018	13-9-2	7-3-2
2017	11-10	6-5
2016	15-6-2	6-3-2
Career	39-25-4	19-11-4

Assistant Coach Scott Lane



Scott Lane came to Northwest as an assistant men's soccer coach in 2014 and joined the women's staff a year later.

In addition to his duties at NU, Lane is head soccer coach at The Overlake School and an assistant with Seattle Stars FC. He had previously served as the JV Head Coach at Overlake from 2014-17.

He guided The Overlake School to championships in 2017 and 2018, earning WSSCA Coach of the Year honors in 2018. He also has a pair of ECL Boys' Soccer Coach of the Year honor to his credit.

Lane was a member of the Eagle soccer team as a goalkeeper after a year at Edmonds Community College. He earned All-Region Status at ECC.

Lane, who hails from Snohomish, earned his bachelor's degree in biology from NU in 2014 and a CMA for Lake Washington Institute of Technology in 2017.

He attends Pathways Church and enjoys golf, paddle-boarding, skiing, hiking and puns.

Assistant Coach Brendon Wheeler



Brendon Wheeler returned to his alma mater and joined Bryan Chud's women's soccer staff at Northwest in 2016.

Wheeler coached two seasons as an assistant at Snohomish High School, helping his hometown team to a pair of 4A State Titles.

He capped a stellar playing career with the Eagle Men's Soccer program with a degree in business administration in 2016. Wheeler was an All-Cascade Conference player and scholar-athlete. He played in 67 games during his NU career.

In 2015, Wheeler was named to the first team, All-Cascade Conference team as a defender and was named CCC Defender of the Week during the season. He also earned academic honors as a CCC Scholar-Athlete that same year. He also earned Freshman of the Year honors for NU.

Brendon is married to Ashton Wheeler who played two years of volleyball at Northwest U and two seasons for Biola University (Calif.)



0 Hannah Plyant

6-0 | FR | GK | Spokane

High School: Freeman High School

Parents: Jeff and Sandy Pylant

Sisters: Abby Pylant

Prep Team Awards: Team Captain 2018, All-League 2016 and 2018, All-State honorable mention 2018, WIAA Athlete of the week October 2016

Academic and Civic Honors: NHS 2017-2019

Church: Southside Christian

Volunteerism: Southside Food Bank, Humane Society

Why did you select Northwest? I love how Jesus-centered everything is here.

Favorite TV Show Growing Up: The Middle

Song most likely on repeat on your device: You Can't Stop Me by Andy Mineo

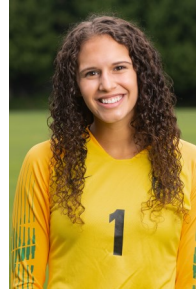
Personal Binge Watch Record: 8 episodes of Criminal Minds

My Sports Mount Rushmore: Meghan Rapino, Alex Morgan, Tobin Heath,

Favorite place on campus: the soccer field

Your next pet's name will probably be: Bubbles

Favorite Bible verse: 2 Corinthians 1:3-4



1 Kat Sanchez

5-6 | SR | GK | Arlington

High School: Arlington high school

Parents: Phillip and Shannon Sanchez

Brother: Sebastian and Christian Sanchez

Prep Awards: First team All-Conference Goal keeper 2014&2015; First Team All-State Goal Keeper 2015

Prep Team Awards: State Semifinalists 2015

Academic and Civic Honors: Ranked fourth in class of 2016; honor roll

Club/Travel Teams: Legacy, Rush, Fuerza, ISC Gunners

Church: Arlington Assembly

Volunteerism: Kids Closet, soccer camps, Arlington Assembly Kids and nursery

Also Recruited by: Seattle Pacific

Why did you select Northwest? To grow as a Christian, Student, and Athlete

Favorite TV Show Growing Up: Jimmy Neutron And Spongebob

Song most likely on repeat on your device: Beyond by Leon Bridges

Personal Binge Watch Record: 8?; Last Man on Earth

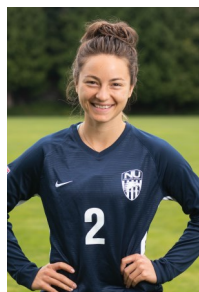
Favorite place on campus: The HSC lobby

Your next pet's name will probably be: Ottis (no one better steal this name)

Favorite Bible verse: John 15:16

Career Goalie

Year	GP	Min	GA	Avg	Saves	Pct	W	L	T	SHO
2016	6	362:45	7	1.737	23	0.767	0	2	1	1
2017	19	1719:43	20	1.047	81	0.802	10	8	0	5
2018	23	1930:06	27	1.259	85	0.759	10	8	2	11
Total	48	4012:34	54	1.211	189	0.778	20	18	3	17



2 Nadine Huff

5-4 | SR | F | Enumclaw

High School: Enumclaw High School

Parents: Bill and Joanne

Sisters: Natalie, Nerissa, and Nicole

Brothers: Nicholaus and Nathan

Favorite TV Show Growing Up: Full House

Song most likely on repeat on your device: The Git Up

Personal Binge Watch Record: Friends - the whole series...

Favorite place on campus: The black couches

Your next pet's name will probably be: Nova

Favorite Bible verse: Proverbs 16:24



4 Hannah Nicholson

5-4 | SR | D | Snohomish

High School: Snohomish High School

Parents: Gene Nicholson and Heidi Ford

Sisters: Ava Ford

Brothers: Nathan Nicholson

Church: Pursuit Northwest

Volunteerism: Young Life, Adventure Soccer

Why did you select Northwest? Because they had a major I was considering, the atmosphere and to play soccer

Favorite TV Show Growing Up: Arthur

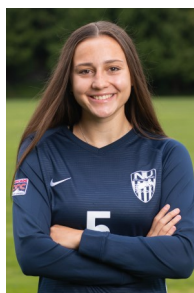
Song most likely on repeat on your device: while working out-The Champion by Carrie Underwood

Personal Binge Watch Record: 6, This is Us

Favorite place on campus: apartment D104

Your next pet's name will probably be: Buster

Favorite Bible verse: Esther 4:14 "Perhaps this is the moment for which you have been created"



5 Hayli Huhta

5-5 | RS-FR | M-D | Marysville

High School: Marysville Getchell Bio Med Academy

Parents: Karri and Tony Huhta

Sisters: Jackie and Lucy Huhta

Brothers: Austin Huhta

Prep Awards: American Justice, Rotary, and Kellogg Marsh Scholarship

Prep Team Awards: All-Conference First team (two years). All-Conference Second team. All-State Second team.

Academic and Civic Honors: 3.5 and up GPA award on sports team

Club/Travel Teams: Northwest Nationals and Greater Seattle Surf G00A

Church: Bethany Christian Assembly

Also Recruited by: Simon Fraser University, and Montana State Billings, Millersville University

Why did you select Northwest? I want to grow in my faith with God. Along with being in a positive welcoming community.

Previous College: Simon Fraser University

Favorite TV Show Growing Up: Wizards of Waverly Place

Song most likely on repeat on your device: Confidence (By: Sanctus Real)

Personal Binge Watch Record: Friends 20 episodes ... almost a whole season

My Sports Mount Rushmore: Zlatan Ibrahimovic, Stephen Curry, Carli Lloyd, Serena Williams

Favorite place on campus: Soccer field

Your next pet's name will probably be: Ocean

Favorite Bible verse: Proverbs 3:5

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2016	20	2	1	5	26	17	0
2017	21	3	4	10	25	13	1
2018	22	1	3	5	15	9	0
Total	63	6	8	20	66	39	1



6 Jennifer Conner

5-3 | SO | M | Eldersburg, Md.

High School: Century High School

Parents: Barbara and Lee Conner

Sisters: Sarah

Club/Travel Teams: SAC United

Church: Life Church

Volunteerism: Habitat for Humanity, US Navy Vet

Why did you select Northwest? Because of the people.

Previous College: Bridgewater College

Favorite TV Show Growing Up: Prince of Bel Air

Song most likely on repeat on your device: Love like Crazy -Lee Brice

Personal Binge Watch Record: Friends

My Sports Mount Rushmore: Abby Wambach, Mia Hamm, Michael Phelps, Cristiano Ronaldo

Favorite place on campus: the soccer field

Your next pet's name will probably be: Beasley

Favorite Bible verse: 1 Corinthians 2:9



7 Payton Manalo

5-5 | FR | M/D | Mill Creek

High School: Henry M. Jackson High School

Parents: Ronaldo & Carrie Manalo

Sisters: Piper

Brothers: Parker, and Reggie

Prep Awards: All-State Honorable Mention (2018), First Team All-WESCO (2018), High School Coaches Award (2018), Honorable Mention (2017 & 2015)

Club/Travel Teams: Washington Rush G00

Church: Saint Elizabeth Ann Seton

Why did you select Northwest? I chose Northwest University because of the location (being close to home), and the soccer and nursing program. I really wanted to play soccer in college while being able to study nursing!

Favorite TV Show Growing Up: Anything from Disney Channel when I was little, and Grey's Anatomy throughout high school

Song most likely on repeat on your device: Anything from Khalid

Personal Binge Watch Record: Grey's Anatomy



8 Olivia Morris

5-6 | SO | M | Mercer Island

High School: Mercer Island High School

Parents: Deirdre and Joe Morris

Sisters: Mia Morris

Brothers: Dominic, Owen, Colt

Prep Awards: Honorable Mention sophomore and junior year

Club/Travel Teams: Seattle Reign academy

Church: St. Monica's

Volunteerism: For my church

Also Recruited by: University of the Pacific

Why did you select Northwest? I appreciated how welcoming my coach and teammates were. I wanted to be around like-minded people to help me better grow in all areas of my life.

Favorite TV Show Growing Up: Friends

Song most likely on repeat on your device: Take Me Home - Jess Glynne

Personal Binge Watch Record: Probably about 25 episodes of Friends or That 70's Show

My Sports Mount Rushmore: Andrés Iniesta, Alex Morgan, Luka Modric, Lionel Messi

Favorite place on campus: The soccer field

Your next pet's name will probably be: Bat Man

Favorite Bible verse: Matthew 17:20

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2018	24	2	2	6	17	11	0



9 Colette Liston

5-2 | Rs-Fr | M | Bellevue

High School: Sammamish High School

Parents: Jeannine and John

Brothers: Christopher and Kyle

Prep Awards: Captain, MVP, Second Team All-Kingco, 2018-2019 Sportsman-

ship Award

Academic and Civic Honors: 4.0, Washington State Honors Award

Club/Travel Teams: Eastside FC

Also Recruited by: Interests from University of Idaho, Humboldt State, Evergreen, Montana State, George Fox

Why did you select Northwest? It's in a beautiful location and has a lot of kind people.

Favorite TV Show Growing Up: Friends

Song most likely on repeat on your device: Living by Dierks Bentley

My Sports Mount Rushmore: Alex Morgan, Messi, Neymar Jr, Carli Lloyd

Favorite place on campus: Soccer field

Favorite Bible verse: Philippians 4:13



10 Callie Wright

5-0 | FR | M/F | Woodway

High School: King's High School

Parents: Gregory and Susie Wright

Sisters: Cadie Wright

Brothers: Cooper Wright, Campbell Wright

Prep Awards: Everett Herald All Area

W. Soccer Player of the Year, All-Conference Offensive MVP, Most Goals Scored in a Single Season (37)

Prep Team Awards: State Champions (2017)

Academic and Civic Honors: National Honor Society, six-year high honor roll

Club/Travel Teams: Washington Rush G00

Church: Bethany North

Also Recruited by: Seattle Pacific, Whitworth

Why did you select Northwest? Best fit for me.

Favorite TV Show Growing Up: iCarly

Song most likely on repeat on your device: Copacabana

Personal Binge Watch Record: 6, Parenthood

My Sports Mount Rushmore: Serena Williams, K.J. Wright, Arnold Palmer, Monste Youngsman

Favorite place on campus: Crowder 400

Your next pet's name will probably be: Montgomery

Favorite Bible verse: Micah 6:8



11 Stephanie Wilson

5-6 | SR | M | Kalispell, Mont.

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2017	20	3	3	9	15	11	1
2018	20	1	4	6	19	7	0
Total	40	4	7	15	34	18	1



12 Sarah Hommas

5-3 | FR | F | Redmond

High School: Legacy homeschool coop/ Cedarcrest

Parents: Evelyn and Scott

Brothers: Aron and Jason

Prep Awards: Four-time All-League First

team forward, All-Area second team forward, hall of fame

Prep Team Awards: Academic state champions.

Club/Travel Teams: Cascade FC, Gunners

Church: Adventure Community Church in Duvall

Volunteerism: VBS, my church (barista, childcare), Fruit Bearers ministry (mission trip), coach at Cedarcrest soccer camp

Why did you select Northwest? Because I think I will do well in the setting of a small Christian school.

Favorite TV Show Growing Up: Psych

Personal Binge Watch Record: I really don't know but I probably have binge watched the office the most

Favorite place on campus: Soccer field

Your next pet's name will probably be: Olly

Favorite Bible verse: Proverbs 3:5-6



14 Mady Morrow

5-3 | JR | F | Oregon City, Ore.

High School: West Linn High School

Parents: Stephanie Moulton and Sam Morrow

Sisters: Miranda Kozdon

Brothers: Austin and Dylan Morrow

Club/Travel Teams: Willamette United

and Crossfire

Church: Horizon Christian Church

Volunteerism: The Summit and Black Lake Bible Camp

Also Recruited by: Corban, Linfield, and Willamette

Why did you select Northwest? Because it felt like home and everyone was so welcoming

Favorite TV Show Growing Up: American Idol

Song most likely on repeat on your device: Barcelona by George Ezra

Personal Binge Watch Record: 5 episodes of The Amazing Race

My Sports Mount Rushmore: Lindsey Horan, Tobin Heath, Diego Chara, Sebastian Blanco

Favorite place on campus: The soccer field

Your next pet's name will probably be: Lincoln

Favorite Bible verse: Matthew 17:20

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2017	21	3	8	14	19	12	1
2018	18	0	1	1	5	4	0
Total	39	3	9	15	24	16	1



15 Montse Youngsman

5-6 | FR | M | Mount Vernon

High School: Mount Vernon High School

Parents: Marcela and Matthew Youngsman

Sisters: Sophia Youngsman

Brothers: Jonathan Youngsman

Academic and Civic Honors: Torch - Top 75 in class

Club/Travel Teams: Washington Rush

Church: Immaculate Conception Regional Church

Volunteerism: G2G

Favorite TV Show Growing Up: Drake & Josh

Song most likely on repeat on your device: American Teen

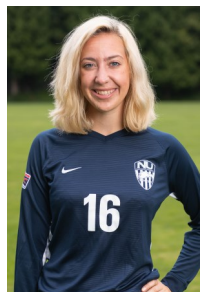
Personal Binge Watch Record: 5 and New Girl

My Sports Mount Rushmore: Messi, Alex Morgan, Pelé and Ronaldinho

Favorite place on campus: Chapel

Your next pet's name will probably be: Lollipop

Favorite Bible verse: Proverbs 31:25



16 Elizabeth Moretti

5-9 | FR | M | Caldwell, Idaho

High School: Vision Charter School

Parents: Matthew and Cindy Moretti

Sisters: Samantha Moretti

Brothers: Anthony and Matthew Moretti

Club/Travel Teams: Réal Boise

Church: Christian Faith Center

Why did you select Northwest? God gave me so many signs to attend Northwest and I am grateful for the opportunity to play soccer and achieve my major.

Favorite TV Show Growing Up: The Office

Song most likely on repeat on your device: Story Never Ends - Lauv

Personal Binge Watch Record: Stranger Things - 4 episodes

Favorite place on campus: Perks and the Green

Your next pet's name will probably be: Ella

Favorite Bible verse: Proverbs 31:25



18 Victoria Rice

5-4 | JR | CB | Corona, Calif.

High School: Roosevelt High School

Parents: Yolanda and Anthony Rice

Brothers: Anthony Jr.

Club/Travel Teams: Slammers ECNL, SoCal Blues ECNL

Why did you select Northwest? Great

Environment

Favorite TV Show Growing Up: 90210

Song most likely on repeat on your device: God Is A Woman

Personal Binge Watch Record: Love Island, 10 episodes

My Sports Mount Rushmore: LeBron, Kobe, Megan Rapinoe, Anthony Rice

Favorite place on campus: Pecotta

Your next pet's name will probably be: Drake

Favorite Bible verse: Philippians 4:13

Career Offense

Year	GP GWG	G	A	PTS	Shots	SOG	
2016	9	0	0	0	1	1	0
2018	11	1	0	2	2	2	0
Total	20	1	0	2	3	3	0



20 Maggie Gunning

5-7 | SO | CB | North Bend

High School: Mount Si High School

Parents: Mike & Carol Gunning

Sisters: Abby Gunning

Prep Awards: Captain of club soccer, two-time State finalists.

Academic and Civic Honors: Honor Roll

all four years. One of the top sports medicine students in Washington A state. Secretary of sports medicine club at Mount Si. Student trainer for football team.

Club/Travel Teams: Eastside FC

Church: Cascade Covenant Church

Volunteerism: In the Field Ministry (Travel to Uganda for a month four times)

Also Recruited by: Whitworth and George Fox

Why did you select Northwest? It was a total God Thing - Bryan called and asked me to come out to a practice in the fall of my senior year. I went for the experience, intending to say no. Totally felt like it was where I needed to go. Bryan is a big part of that.

Favorite TV Show Growing Up: The Cosby Show & Seinfeld

Song most likely on repeat on your device: Get Your Shine On - Florida Georgia Line

Personal Binge Watch Record: 10 episodes in one day of Grey's Anatomy

My Sports Mount Rushmore: In all honesty I don't watch sports all that much and really only pay attention to the USWNT... so of them probably Alex Morgan, Julie Ertz, Kelly O'Hara & Megan Rapinoe

Favorite place on campus: My bed

Your next pet's name will probably be: Earl or Shelby

Favorite Bible verse: Proverbs 16:19- We make our own plans but the lord decides where we will go

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2018	9	0	0	0	0	0	0



21 Rylee Rassier

5-4 | RS-SR | F | Spokane

High School: University High School

Parents: Mike and Bobbi Rassier

Sisters: Courtney, Darallee, Sydney

Favorite TV Show Growing Up: Psych

Song most likely on repeat on your device: Since you've been gone (Kelly

Clarkson)

Your next pet's name will probably be: Jubilee

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2018	23	7	2	016	63	28	2



22 Lina Takada

5-3 | SR | D | Honolulu, Hawaii

High School: Henry J. Kaiser High School

Parents: Mieko Shoji

Brothers: Shota Takada, Joe Takada

Club/Travel Teams: Honolulu Bulls Soccer Club

Volunteerism: American Red Cross

Song most likely on repeat on your device: Daniel Caesar

Personal Binge Watch Record: When They See Us

Favorite place on campus: My Apartment

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2016	10	0	0	0	1	1	0
2017	20	0	0	0	5	1	0
2018	23	0	1	1	1	0	0
Total	53	0	1	1	7	2	0



25 Taylor Beardemphl

5-7 | SO | D | Graham

High School: Cascade Christian High School



26 Mackenzie Monten

5-8 | SR | D | Mill Creek

High School: Henry M. Jackson High School

Parents: Gregg and Kristina Monten

Sisters: Caitlin Monten

Prep Awards: Honor Roll

Prep Team Awards: First-team All-

Wesco soccer - defense. First-team All-Wesco track - 4x1, 4x2

Academic and Civic Honors: Honor Roll, Link Crew Leader

Club/Travel Teams: Snohomish United

Church: Canyon Hills Community Church

Volunteerism: Welcome team and food drive at my church

Also Recruited by: Minnesota State University Moorhead, Everett Community College

Why did you select Northwest? Small community, and a chance to grow in my faith with God

Previous College: Minnesota State University Moorhead

Favorite TV Show Growing Up: Hannah Montana

Song most likely on repeat on your device: Take Me Home, Country Road

Personal Binge Watch Record: 8, The Office

My Sports Mount Rushmore: Messi, Julie Ertz, Marshawn Lynch, and Mia Hamm

Favorite place on campus: The Aerie

Your next pet's name will probably be: Gus Gus

Favorite Bible verse: 2 Timothy 1:7



27 Izzy Lehosit

5-11 | FR | D | Coeur d'Alene, Idaho

High School: Coeur d'Alene Charter Academy

Parents: Mike and Camille

Sisters: Amelia, Jaclynne, Ava, Lydia, Lucy, Sadie

Brothers: Chris, Andrew, Creighton

Prep Awards: IML three-time All-League, IML MVP 2018, three-time All-State 3x, All-State MVP 2018, Team Offensive POY 2017, Team MVP 2018, 2018 North Idaho Female Soccer POY Nominee, CdA Press Athlete of the Week 2017, Captain (2017,2018)

Prep Team Awards: State runner up, three-time State champions (2016,2017,2018), three-time district champions, North Idaho Female team of the year (nominee-3x, winner 2018)

Academic and Civic Honors: Idaho Top Scholar, Honor Roll all 4 years, Founder's Scholarship, Rotary Student of the Month, Student Body Secretary and 2x Representative

Club/Travel Teams: North Idaho Timbers-Thorns

Church: Canvas Church

Volunteerism: St Vincent's de Paul

Why did you select Northwest? After a year-long college search, NU continuously stayed at the top of my list due to the character of the team and coaching staff along with the Christian atmosphere. It has everything that I'm looking for in terms of academics and faith as well as soccer.

Favorite TV Show Growing Up: Once Upon A Time

Song most likely on repeat on your device: I listen to such a wide variety of music... nothing's on repeat for too long.

Personal Binge Watch Record: 8, New Girl

Your next pet's name will probably be: Berowne

Favorite Bibleverse: Romans 5:3-4

Career Offense

Year	GP	G	A	PTS	Shots	SOG	GWG
2017	11	0	0	0	0	0	0
2018	8	0	0	0	1	1	0
Total	19	0	0	0	1	1	0



30 AdriAnna Simmons

5-10 | SR | GK | Ephrata

High School: Ephrata High School

Prep Awards: First Team All-State Goal-keeper

Prep Team Awards: District Champions

Academic and Civic Honors: Honor Roll

Volunteerism: Special Olympics, Iron

Man CDA

Previous College: Wenatchee Valley College

Previous College Honors: Team Captain, All-Conference Athlete of the Week

Favorite TV Show Growing Up: Zaboombafoo

Song most likely on repeat on your device: Speechless by Dan + Shay

Personal Binge Watch Record: 9, Grey's Anatomy

Favorite place on campus: My bed

Favorite Bible verse: Romans 12:2



37 Kierstin Patefield

5-6 | JR | GK | Puyallup

High School: Cascade Christian

Parents: Marikay and Keith Patefield

Sisters: Lauren Hellum and Tatum Patefield

Prep Awards: All-State 1A Goal Keeper of the Year, Nesqually League Goal

Keeper of the Year

Academic and Civic Honors: CCC scholar athlete

Club/Travel Teams: Fury

Church: Elim EFC

Why did you select Northwest? A Christian environment in which I could grow my knowledge and faith in Jesus Christ

Favorite TV Show Growing Up: Anything Disney

Song most likely on repeat on your device: Anything country

Personal Binge Watch Record: 10+ (One Tree Hill)

Favorite place on campus: Library

Your next pet's name will probably be: Something clever

Favorite Bible verse: 1 Peter 5:10-11

Career Goalie

Year	GP	Min	GA	Avg	Saves	Pct	W	L	T	SHO
2017	2	98:53	1	0.910	8	0.889	0	1	0	0
2018	3	155:40	1	0.578	7	0.875	1	0	0	0
Total	5	254:33	2	0.707	15	0.882	1	1	0	0

SINGLE SEASON RECORDS

SHOTS

1. Katie Michkiosky ('18)	72
2. Acacia Johnson ('14)	69
3. Rylee Rassier ('18)	63
4. Jubilee Zevenbergen ('16)	55
5. Britannique Clayberg ('08)	54

SHOTS Per-Game Average

1. Abby Brauer ('10)	3.92
2. Acacia Johnson ('14)	3.63
3. Britannique Clayberg ('08)	3.60
4. Katie Michkiosky ('18)	3.27
5. Abby Brauer ('09)	3.07

POINTS

1. Katie Michkiosky ('18)	46
2. Acacia Johnson ('14)	39
3. Jubilee Zevenbergen ('16)	26
4. Acacia Johnson ('11)	22
5. Kelsey Frasier ('10)	18
Acacia Johnson ('13)	18

POINTS Per-Game Average

1. Katie Michkiosky ('18)	2.09
2. Acacia Johnson ('14)	2.05
3. Acacia Johnson ('11)	1.222
4. Kelsey Frasier ('10)	1.200
5. Jubilee Zevenbergen ('16)	1.08

GOALS

1. Katie Michkiosky ('18)	20
2. Acacia Johnson ('14)	18
3. Acacia Johnson ('11)	10
Jubilee Zevenbergen ('16)	10

GOALS AGAINST AVERAGE

1. Lauren (Patefield) Hellum ('16)	.860
2. Patty Hughes ('12)	.950
3. Patty Hughes ('14)	.900
4. Jordan Holmes ('10)	1.06
Lauren Patefield (Hellum) ('15)	1.06

SAVE PERCENTAGE

1. Patty Hughes ('14)	.833
2. Lauren (Patefield) Hellum ('16)	.819
3. Jordan Holmes ('11)	.808
4. Patty Hughes ('12)	.806
Jessica Kane ('10)	.806

SAVES

1. Jordan Holmes ('11)	97
2. Lauren Patefield (Hellum) ('15)	90
3. Jasmin Yeldon ('07)	85
Kat Sanchez ('18)	85
4. Patty Hughes ('13)	83

4. Kelsey Frasier ('10)	8
Jessica Oliver ('12)	8
Acacia Johnson ('13)	8

GOALS Per-Game Average

1. Acacia Johnson ('14)	.950
2. Katie Michkiosky ('18)	.909
3. Acacia Johnson ('11)	.555
4. Kelsey Frasier ('10)	.533
5. Jessica Oliver ('12)	.444

ASSISTS

1. Jaclyn Metz ('18)	11
2. Madison Morrow ('17)	8
3. Jubilee Zevenbergen ('18)	8
4. Britannique Clayberg ('08)	6
Jubilee Zevenbergen ('16)	6
Katie Michkiosky ('18)	6

ASSISTS Per-Game Average

1. Jaclyn Metz ('18)	.500
2. Jubilee Zevenbergen ('18)	.444
3. Britannique Clayberg ('08)	.400
4. Madison Morrow ('17)	.380
5. Katie Michkiosky ('18)	.272

GAME WINNING GOALS

1. Acacia Johnson ('14)	5
Katie Michkiosky ('18)	5
2. Jessica Oliver ('12)	4
Jessica Oliver ('13)	4
Brittany Marshall ('08)	4
Jubilee Zevenbergen ('16)	4

SHUTOUTS

1. Kat Sanchez ('18)	11
2. Patty Hughes ('14)	9
Lauren (Patefield) Hellum ('16)	9
3. Jordan Holmes ('11)	6
4. Patty Hughes ('12 & '13)	5
Jordan Holmes ('08)	5
Kat Sanchez ('17)	5

SHUTOUTS Per-Game Average

1. Jordan Holmes ('08)	.556
2. Patty Hughes ('14)	.500
3. Kat Sanchez ('18)	.478
4. Lauren (Patefield) Hellum ('16)	.450
5. Jordan Holmes ('10)	.444

CAREER RECORDS (2006 – PRESENT)

SHOTS

1. Acacia Johnson ('11-'14)	200
2. Abby Brauer ('08-'11)	163
3. Tiffany Taylor ('13-'16)	126
4. Jubilee Zevenbergen ('16-'18)	125
5. Bailey Travis ('15-'18)	117

SHOTS *Per-Game Average*

1. Abby Brauer ('08-'11)	2.716
2. Acacia Johnson ('11-'14)	2.700
3. Kelsey Frasier ('10)	2.600
4. Katie Michkiosky ('17-'18)	2.465
5. Yanet Candido ('09-'10)	2.448

POINTS

1. Acacia Johnson ('11-'14)	94
2. Katie Michkiosky ('17-'18)	62
3. Jubilee Zevenbergen ('16-'18)	44
4. Whitney Weaver ('15-'18)	34
5. Jessie Oliver ('11-'13)	33

POINTS *Per-Game Average*

1. Katie Michkiosky ('17-'18)	1.40
2. Acacia Johnson ('11-'14)	1.30
3. Kelsey Frasier ('10)	1.200
4. Yanet Candido ('09-'10)	.724
5. Jubilee Zevenbergen ('16-'18)	.721

GAME WINNING GOALS

1. Acacia Johnson ('11-'14)	11
2. Jessica Oliver ('11-'13)	9
3. Whitney Weaver ('15-'18)	7
4. Abby Brauer ('08-'11)	6
Brittney Marshall ('07-'09)	6
Jubilee Zevenbergen ('16-'18)	6
Katie Michkiosky ('17-'18)	6

GOALS AGAINST AVERAGE

1. Jessica Kane ('08-'10)	.704
2. Patty Hughes ('11-'14)	1.029
3. Kat Sanchez ('16-'18)	1.211
4. Lauren (Patefield) Helling ('13-'16)	1.234
5. Jordan Holmes ('08-'11)	1.300

SAVE PERCENTAGE

1. Patty Hughes ('11-'14)	.813
2. Lauren (Patefield) Helling ('13-'16)	.782
3. Kat Sanchez ('16-'18)	.778
4. Mariah O'Brien ('12-'13)	.769
5. Jordan Holmes ('08-'11)	.748

GOALS

1. Acacia Johnson ('11-'14)	42
2. Katie Michkiosky ('17-'18)	27
3. Jessica Oliver ('11-'13)	16
4. Abby Brauer ('08-'11)	14
Jubilee Zevenbergen ('16-'18)	14

GOALS *Per-Game Average*

1. Katie Michkiosky ('17-'18)	.628
2. Acacia Johnson ('11-'14)	.575
3. Kelsey Frasier ('10)	.533
4. Tiffany Taylor ('13-'16)	.416
5. Brittney Marshall ('07-'08)	.323

ASSISTS

1. Jubilee Zevenbergen ('16-'18)	16
2. Jaclyn Metz ('15-'18)	13
3. Tiffany Taylor ('13-'16)	12
4. Shea Samuelson ('11-'13)	10
Acacia Johnson ('11-'14)	10

ASSISTS *Per-Game Average*

1. Jubilee Zevenbergen ('16-'18)	.262
2. Madison Morrow ('17-'18)	.230
3. Shea Samuelson ('11-'13)	.196
4. Katie Michkiosky ('17-'18)	.186
5. Jaclyn Metz ('15-'18)	.168

SAVES

1. Patty Hughes ('11-'14)	218
2. Lauren (Patefield) Helling ('13-'16)	191
3. Kat Sanchez ('16-'18)	189
4. Jordan Holmes ('08-'11)	172
5. Jessica Kane ('08-'10)	87

SHUTOUTS

1. Patty Hughes ('11-'14)	19
2. Kat Sanchez ('16-'18)	17
3. Jordan Holmes ('08-'11)	16
4. Lauren (Patefield) Helling ('16)	13
5. Jessica Kane ('08-'10)	4

SHUTOUTS *Per-Game Average*

1. Patty Hughes ('11-'??)	.358
2. Jordan Holmes ('08-'11)	.355
3. Kat Sanchez ('16-'18)	.354
4. Lauren (Patefield) Helling ('13-'16)	.270
5. Jasmin Yeldon ('07)	.176

