

NORTHEASTERN UNIVERSITY

2019 JAY CARISELLA COACHES INVITATIONAL

Saturday April 20, 2019

Newly Renovated Solomon Track Facility

Upper Throwing Area

Two(2) Shotput Circles with Stone dust landing zones
Javelin - 120' length Beynon BSS-1000 Runway with 280' landing area
Hammer/Discus Tall Cage with 270' landing area.
Accessible Spectator viewing area behind the each throwing event

Lower Throwing Area

Single Shotput circle with landing zone
Discus/Hammer Tall Cage with 220' landing area

Track & Field

IAAF Certified Product - Beynon BSS-1000
ASBA Class 3 Certified Track for NCAA Records
400m, 8 lane oval and 8 lane straight, 42" lanes, Beynon BSS-1000 Full Pour Polyurethane Track
Four(4) Long Jump/Triple Jump Runways with 4 take-off boards of 3m, 26', 32', & 36'
Four(4) Pole Vault Runways
High Jump Area
Interior Steeplechase
Athlete Warm up Area within Track Oval



MEET INFORMATION

ENTRY PROCEDURE: All entries will be done online through Direct Athletics (www.directathletics.com). The meet is open to Club/Unattached competitors. Club/Unattached competitors, entering separately must make payment online through Direct Athletics at the time of entry submission.

ENTRY DEADLINE: 9p.m. on Wednesday, 4/17/19

ENTRY FEE: Entry fee will be based on entries before scratches. Team entries per gender encompassing an entry fee less than \$350 will be charged per individual and events accordingly

Make all Checks payable to: **NORTHEASTERN TRACK & FIELD**

\$15.00 per individual, \$25.00 per relay team

\$350.00 per team (Men and Women are considered separate teams)

LATE FEES: \$30.00 per individual per event, \$50.00 per relay team, \$500.00 per team

PACKET PICK-UP: Packet pick-up will be available at the timer's tent near the finish line

SCRATCHES: Will be accepted at the timers table at the time of check-in.

SAFETY: As per NCAA regulations, NO HEADPHONES OR AUDIO DEVICES ARE ALLOWED ON OR IN THE FIELD OR ON THE TRACK AT ANY TIME

SPIKES: The use of 1/4" pyramid spikes will be strictly enforced. NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED

TRACK NOTEABLES: Heats will run fast to slow on the track

TRACK EVENT ADVANCEMENT: Hurdles and Dashes will advance 8 to the final

FIELD EVENT ADVANCEMENT: Field Events will advance 9 to the final. Opening heights for high jump and pole vault will be determined based on entries.

WEIGH-IN: The implement area is located by the throws area. All implements will be certified with officials prior to the event unless otherwise specified by the Throws officials.

RUNWAY MARKS: White athletic tape may be used on the runways. **Chalk and Cones are not permitted**

PARKING INFORMATION: To be finalized as we approach the date based on the demands.

SOLOMON TRACK ADDRESS: SOLOMON TRACK 370 COMMON STREET DEDHAM, MA 02026

QUESTIONS/CONCERNS: Any questions please direct them to c.walkerhall@northeastern.edu

JAY CARISELLA COACHES INVITATIONAL **TENTATIVE** MEET SCHEDULE

Saturday, April 20th

Field Events (Order and start times for Field Events):

10:00 AM. Long Throws (Maximum field size is 2 flights of 15)

Women's Javelin, followed by Men's Javelin **followed by**
Women's Hammer, followed by Men's Hammer **followed by**
Women's Discus, followed by Men's Discus **followed by**

10:00AM Shot put

Men's Shot Put, followed by Women's Shot Put

10:00 AM. Horizontal Jumps (Two Pits)

Pit 1 - Women's LJ, followed by Women's TJ
Pit 2 - Men's LJ, followed by Men's TJ

10:00 AM. Pole Vault (Maximum field size of 18)

Women's Pole Vault, followed by Men's Pole Vault

12:00 P.M. Women's High Jump (Maximum field size of 18)

Followed by Men's High Jump

10:00 AM Track Events (Rolling Schedule):

Women's 10,000m (1 Heat)

Men's 10,000m (1 Heat)

Women's 3000m steeplechase (1 Heat)

Men's 3000m steeplechase (1 Heat)

Women's 4x100m

Men's 4x100m

Women's 1500m

Men's 1500m

Women's 100mH Trials

Men's 110 HH Trials

Women's 100m Trials

Men's 100m Trials

Alumni Kids 100m Race

Women's 400m

Men's 400m

Women's 100mH Final

Men's 110 HH Final

Women's 100m Final

Men's 100m Final

Women's 800m

Men's 800m

Women's 400mH

Men's 400mH

Women's 200m

Men's 200m

Women's 5000m

Men's 5000m

Women's 4x400m

Men's 4x400m