



Northwest Nazarene University Open
Brian and Nichole Bohner Track
April 15, 2023

(4/13/23 Final)

Field Events – Saturday April 15th

10:00 am **Hammer**
Women (Men to follow)

Pole Vault
Women (Men to follow)

Shot Put
Men (Women to follow)

High Jump
Women (Men to follow)

Long Jump
Women (Men to follow)

2:45 pm **Discus**
Or immediately Women (Men to follow)
following MHam
whichever comes **Javelin**
first Men (Women to follow)

Following LJ **Triple Jump**
Women (Men to follow)

Running Events – Saturday April 15th

Noon	Steeple	(W then M) 1,1
12:30 pm	400m Relay	(W then M) 1,1
12:45 pm	1500m	(W then M) 1,1
1:00 pm	100mH	Women 2
1:15 pm	110mH	Men 2
1:30 pm	400m	(W then M) 2, 2
2:00 pm	100m	(W then M) 2, 5
2:45 pm	800m	(W then M) 2, 2
3:15 pm	400mh	(W then M) 2, 1
3:30 pm	200m	(W then M) 3, 5
4:15 pm	5000m	(W then M) 1, 1
5:00 pm	1600m Relay	(W then M) 1, 2