



Friendship & Freedom Games Meet Schedule

Day 1 - Friday, April 20, 2012

Schedule Revised April 19, 2012

Field Events

1:30 pm	Discus Throw	Men
1:30 pm	Shot Put	Women
2:00 pm	High Jump	Men
2:00 pm	High Jump	Women
2:00 pm	Long Jump	Men
3:00 pm	Pole Vault	Men
4:00 pm	Discus Throw	Women
4:00 pm	Shot Put	Men
4:00 pm	Long Jump	Women

Running Events

4:30 pm	100 Meter Hurdles Prelims	Women
4:45 pm	110 Meter Hurdles Prelims	Men
5:00 pm	100 Meter Dash Prelims	Women
5:15 pm	100 Meter Dash Prelims	Men
5:30 pm	400 Meter Dash Timed Finals	Women
5:45 pm	400 Meter Dash Timed Finals	Men
6:45 pm	Distance Medley Relay	HS Girls
7:10 pm	Distance Medley Relay	HS Boys

Day 2 - Saturday, April 21, 2012

Field Events

8:30 am	Javelin	Men	9:00	High Jump	HS Girls followed by HS Boys
10:30 am	Javelin	Women	9:00	Long Jump	HS Girls and Boys
1:00 pm	Hammer	Men		Triple Jump	HS follows Long Jump
2:00 pm	Triple Jump	Men	9:00	Discus Throw	HS Girls followed by HS Boys
			9:00	Shot Put	HS Boys followed by HS Girls
2:30 pm	Pole Vault	Women	9:00	Pole Vault	HS Boys followed by HS Girls
3:00 pm	Triple Jump	Women			

HS Field Events: 4 attempts: No Finals
Field Events: Top 24 Entries Will Compete



Friendship & Freedom Games Meet Schedule Day 2 - Saturday, April 21, 2012

Running Events

10:00 am	4 x 800 Meter Relay	HS Girls
10:30 am	4 x 800 Meter Relay	HS Boys
11:00 am	100 Meter Hurdle Finals	HS Girls
11:10 am	100 Meter Hurdles Finals	Women
11:20 am	110 Meter Hurdle Finals	HS Boys
11:25 am	110 Meter Hurdle Finals	Men
11:35 am	100 Meter Dash Finals	HS Girls
11:40 am	100 Meter Dash Finals	HS Boys
11:45 am	100 Meter Dash Finals	Women
11:50 am	100 Meter Dash Finals	Men
11:55 pm	1600 Meter Sprint Medley	HS Girls
12:15 pm	1600 Meter Sprint Medley	HS Boys
12:30 pm	1600 Meter Run	HS Girls
12:40 pm	1600 Meter Run	HS Boys
12:50 pm	4 x 100 Meter Relay	HS Girls
1:00 pm	4 x 100 Meter Relay	HS Boys
1:15 pm	A&T Senior Recognition	
1:30 pm	1500 Meter Run	Women
1:40 pm	1500 Meter Run	Men
1:50 pm	4 x 100 Meter Relay	Women
2:00 pm	4 x 100 Meter Relay	Men
2:45 pm	4 x 200 Meter Relay	HS Girls
3:00 pm	4 x 200 Meter Relay	HS Boys
3:10 pm	4 x 200 Meter Relay	Women
3:20 pm	4 x 200 Meter Relay	Men
3:30 pm	800 Meter Run	Women
3:40 pm	800 Meter Run	Men
3:55 pm	400 Meter Hurdles Finals	Women
4:10 pm	400 Meter Hurdles Finals	Men
4:25 pm	400 Meter Dash Finals	HS Girls
4:35 pm	400 Meter Dash Finals	HS Boys
4:45 pm	3000 Meter Run	Women
5:00 pm	3000 Meter Run	Men
5:15 pm	200 Meter Dash Timed Finals	Women
5:25 pm	200 Meter Dash Timed Finals	Men
5:35 pm	4 x 400 Meter Relay	HS Girls
5:50 pm	4 x 400 Meter Relay	HS Boys
6:05 pm	4 x 400 Meter Relay	Women
6:20 pm	4 x 400 Meter Relay	Men