



NACDA Senior Administrators Mentoring Institute

September 29 - October 1, 2024

Stony Brook, New York



SUNDAY, SEPTEMBER 29

10:00 a.m. - 5:00 p.m.	NESTRE Health and Performance "Brain Lounge" <i>Pre-Registration Required</i> (Hyatt Regency Long Island - Wind Watch Ballroom)
2:00 - 5:00 p.m.	Registration (Hyatt Regency Long Island - Main Lobby)
5:30 - 7:00 p.m.	Welcome Reception (Hyatt Regency Long Island - Wind Watch Ballroom)


MONDAY, SEPTEMBER 30

**All sessions & events, with the exception of the evening reception, will take place on campus at Stony Brook University in their Student Activities Center (sessions will be held in the Sidney Gelber Auditorium, and meals/breaks will be hosted in Ballroom A). Attendees will not return to the hotel until after the evening reception.*

8:00 a.m.	Buses Depart Hotel for Stony Brook University (Hyatt Regency Long Island - Main Entrance)
8:30 - 9:00 a.m.	Breakfast
9:00 - 9:15 a.m.	Welcome & Opening Remarks Shawn Heilbron, Director of Athletics, Stony Brook University Dr. Tommy Shavers, Founder & CEO, NESTRE Health and Performance
9:15 - 10:30 a.m.	Communicating Through Crisis Jeff Hunt, Partner, Legend Labs
10:30 - 10:45 a.m.	Break
10:45 - 11:30 a.m.	Managing High Level Connections On and Off Campus Ross Bjork, Senior Vice President & Wolfe Foundation-Eugene Smith Endowed Athletics Director, The Ohio State University Justin Fincher, Interim Chief of Staff, President's Office, Stony Brook University Shawn Heilbron, Director of Athletics, Stony Brook University (MODERATOR)
11:30 - 11:45 a.m.	Presidential Perspectives Dr. Richard McCormick, Interim President, Stony Brook University
11:45 a.m. - 12:45 p.m.	Lunch (Attendees are invited to enjoy their choice of outlets in the Stony Brook Student Activities Center Food Court and/or SAC Market)
1:00 - 1:45 p.m.	Creating a Championship Culture: The AD/Coach Relationship George Greene, Senior Associate Athletics Director of High Performance and Competitive Success, Stony Brook University (MODERATOR) Stony Brook University Head Coaches Billy Cosh, Football Geno Ford, Men's Basketball Joy McCorvey, Women's Basketball Joe Spallina, Women's Lacrosse



A Better Mind Starts Here




JAVON JOHNSON JR.
Transforming Your Mind

- Intro to Transform
- Formula: Transcend+Perform+Transform
- A Megatron Mindset
- Power Transitions
- Legends & Legacies

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MALCOLM JENKINS
Controlling Your Thoughts

- Introduction to Controlling Your Thoughts
- Controlling Negative Thought Cycles
- Imagination
- Know Your Avatar
- Hype Man

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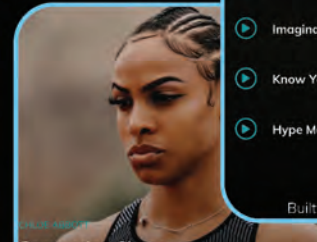


BRITA KELLY
Belief Building

- Inner Beliefs
- Getting in the Space to Believe
- Overcoming Limiting Beliefs of Being a Dropout
- The Impact of Building in Sports

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DYLAN ABBOTT
Conquering Change

- The Start of the Learning Journey
- Being Obsessed with your Passion
- Struggles of Change
- Win from the Journey

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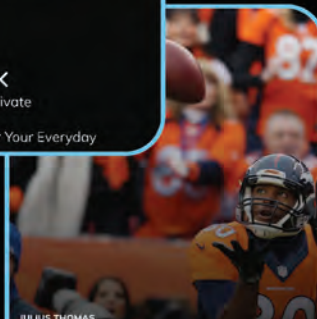


ROBERT GRIFFIN III
Undeniable Impact

- Intro
- Decision : Track And The Field
- Growing Pains
- To Be The Best
- New Beginnings

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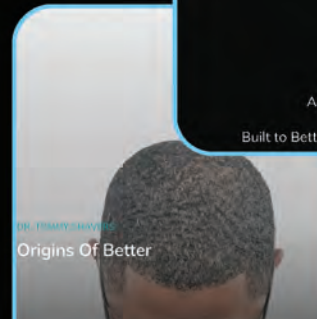


JULIUS THOMAS
Mastery

- Introduction to Mastery
- Ep 1 : Commitment
- Ep 2 : Discipline
- Ep 3 : Guidance
- Ep 4 : Quality Support

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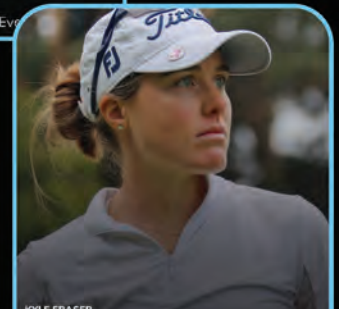


DR. TIMMY HAYWARD
Origins Of Better

- Unexpected Crisis
- Fatalistic Narrative
- Fighting Fears
- Discovering Hope
- Unstoppable Impact

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KYLE FRASER
Dream Chasing

- Introduction to Dream Chasing
- Dream Chasing
- Going Against the Odds
- Staying the Course

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MONDAY, SEPTEMBER 30

1:45 - 2:30 p.m.	Maximizing Campus Partnerships to Support Student-Athlete Growth and Development Debbie DeJong, Deputy Athletics Director/Senior Woman Administrator/Deputy Title IX Coordinator, Stony Brook University (MODERATOR) Rick Gatteau, Vice President for Student Affairs, Stony Brook University Shantey Hill, Vice President for Student Life and Campus Services, St. Joseph's University
2:30 - 2:45 p.m.	Break
2:45 - 3:30 p.m.	Real Talk From Student-Athletes George Greene, Senior Associate Athletics Director of High Performance and Competitive Success, Stony Brook University (MODERATOR) Stony Brook University Student-Athletes Jonas Bickus, Men's Soccer Taylor Bolesta, Football Jaelyn Davis, Women's Track & Field Torri Henry, Women's Volleyball
3:30 - 3:45 p.m.	Open Discussion/Wrap-Up
3:45 - 5:00 p.m.	Stony Brook Athletics Facilities Tour
5:00 p.m.	Depart Stony Brook University for the Danfords Hotel, Marina & Spa
5:30 - 7:00 p.m.	Reception (Danfords Hotel, Marina & Spa - Brookhaven Ballroom)
7:00 p.m.	Buses Depart the Danfords Hotel, Marina & Spa to Return to the Hotel

TUESDAY, OCTOBER 1

**All sessions & events will take place at The Wind Watch Golf & Country Club. The Wind Watch Golf & Country Club is located next door to the Hyatt Regency. Attendees will walk across the parking lot to the meeting space.*

8:00 - 8:30 a.m.	Breakfast
8:30 - 9:15 a.m.	Aligning Athletics Fiscal Responsibility with Campus Leadership Neftali Collazo, College Associate Dean of Athletics and Special Events, Suffolk County Community College Patrick Carlucci, Associate Athletics Director for Business & Finance, Stony Brook University Rob Emmerich, Deputy Director of Athletics, Stony Brook University (MODERATOR) Danny McCabe, Director of Athletics & Campus Recreation, Adelphi University
9:15 - 10:00 a.m.	Strategic Planning & Establishing Your Leadership Team Rick Cole Jr., Vice President & Director of Athletics, Hofstra University Melody Cope, Director of Athletics & Recreation, St. Joseph's University Debbie DeJong, Deputy Athletics Director/Senior Woman Administrator/Deputy Title IX Coordinator, Stony Brook University (MODERATOR) Noreen Morris, Commissioner, Northeast Conference
10:00 - 10:15 a.m.	Break
10:15 - 11:15 a.m.	The Science of Leadership/Leadership IP Dr. Tommy Shavers, Founder & CEO, NESTRE Health and Performance
11:15 - 11:30 a.m.	Open Discussion/Wrap-Up
11:30 a.m.	Adjournment

END OF PROGRAM