



Dr. Rick McGuire Invitational

January 30th - January 31st 2026

Updated 1/27/26

ENTRY FEES

\$50.00 per person up to \$1,000 per team per gender

ENTRY DEADLINE

January 1st - Entries Open

January 26th 12:00pm CT - Entries Close

Meet Director: Tanner Anderson - tanneranderson@missouri.edu

Entries will be submitted prior to January 26th at 12:00pm Central Time. You may edit and update your entries online anytime before the entry deadline. Once entries close there will be no additional entries accepted. All submitted entries to Athletic.net by the January 26th deadline will be considered FINAL. There will be NO additions or substitutions on the day of the meet. ONLY scratches can be made. There will be NO additions or substitutions on the day of the meet. ONLY scratches can be made.

FACILITY: 200m, 21m Radius, 12 Degree Banked Mondo Track

Throws: Concrete Ring

Long Jump:

Men- 4.00m board | 56.5m Runway

Women-2.00m board | 52.5m Runway

Triple Jump:

Men- 13.00m board | 47.5m Runway

Women-11.00m board| 43.5m Runway

PV: Runway length: 43m Runway

PRACTICE / FACILITY HOURS:

1/29 - 3:00pm -6:00pm

1/31 - 6:00 am -8:30 am

Meet regulation:

University of Missouri will follow all world athletics guidelines. Please refer to world athletics Book of rules.

<https://worldathletics.org/about-iaaf/documents/book-of-rules>

PACKET PICK UP:

Packets may be picked up day before and of meet and distributed to the first coach who arrives at the packet pick-up area. The packet pick up area is located at the clerking table in the northeast corner of the building. The packet will contain credentials for the entire team. Athletes and Staff will not be permitted entry to the Hearnes Center without appropriate access credential. Please make arrangements to meet your team at a designated location outside the Hearnes Center to distribute credentials if you are planning to arrive at alternative times.

CLERKING

Located in the south east part of the concourse near the athlete entrance to the track

BIB NUMBERS / HIP NUMBERS

Bib numbers are to be worn on athletes front chest. Hip numbers are to be worn on both hips of the athlete.

SPIKES

With the exception of athletes competing in the high jump (3/8" Spikes will be permitted) athletes may only use 1/4" pyramid spikes. Spikes will be checked at clerking and those who do not meet spike regulations must replace spikes with 1/4" pyramid spikes. No pin/needle/christmas tree spikes will be allowed for competition.





RUNNING EVENTS

Athletes will check in at the clerking table at least 1 hour prior to the start of their event. Spikes are required at check in. Athletes must report to the clerk a minimum of 15 minutes prior to the scheduled start time.

FIELD EVENT CHECK-IN

Field participants will check in with the head judge of their event NO LATER THAN 30 MINUTES prior to the start of the event.

IMPLEMENT CERTIFICATION

All implements will be weighed & measured no later than 1 hour prior to the start of the event. Implement weigh-ins will be in the South West corner of the building.

PROGRESSIONS

Event progressions will be released after the entry deadline and prior to meet day. 2 flights of 16 will be run for this meet.

WARM-UP

All warm-ups on the infield are prohibited. Only those competitors who are participating in field events will be allowed on the infield during the meet. The concourse will have designated warm up areas for all athletes. North Concourse Mondo for starts and hurdles.

THROWING | HORIZONTAL JUMPS

Warm up in the throwing area will begin with a 20 minute general warm up followed by a 15 min flight specific warm up.

HIGH JUMP

Student-Athletes in the high jump will check in at their event site, not at the clerk. All competing Student-Athletes will be allowed to begin warm-ups at the site of competition 60 minutes before the scheduled start of the event. All Student-Athletes must be checked-in with the event officials at least 30 minutes before the scheduled start of the competition. At the conclusion of their event, Student-Athletes must depart the competition area.

POLE VAULT WARM UPS

Student-Athletes in the pole vault will check in at the event site, not at the clerk. All competing student-athletes will be allowed to begin warm-ups at the site of competition 90 minutes before the scheduled start of the event. All student-athletes must be checked-in with the event officials at least 30 minutes before the scheduled start of the competition. At the conclusion of their event, student-athletes must depart the competition area.

TEAM CAMP

Team camps will be located in the main arena seating with designated team areas. There will be NO access to the main floor of the arena.

ENTERING AND EXITING THE COMPETITION TRACK

Only competing student-athletes and track & field officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance. Coaches are permitted to coach within the coaches boxes located on the home stretch and back stretch of the track. Instruction is not permitted in the infield or outside of the coach boxes.

SPORTS MEDICINE

Athletic training staff will be available prior to, during, and after the competition. The training room is located in Room 282 on the Field House level. Ice and acute care services available for athletes. Reach out to Samantha Visco or Jake Coffman with any questions. Contact info: Jake Coffman - jtcoffman@missouri.edu | Samantha Visco - svisco@missouri.edu

PARKING

Team Drop Off - Press entrance East side of the Hearnes Center

1/30 - Lots M, L, Taps

1/31 - Lots M, L, Taps

QUESTIONS / CONCERNS || Tanner Anderson - cell: 573-239-9501 email: Tanneranderson@missouri.edu





HOTEL & DINING INFORMATION

MIZZOU TIGERS TRAVEL CENTER

Or:



Hotel listing guide and contact information:

www.visitcolumbiamo.com/section/stay/



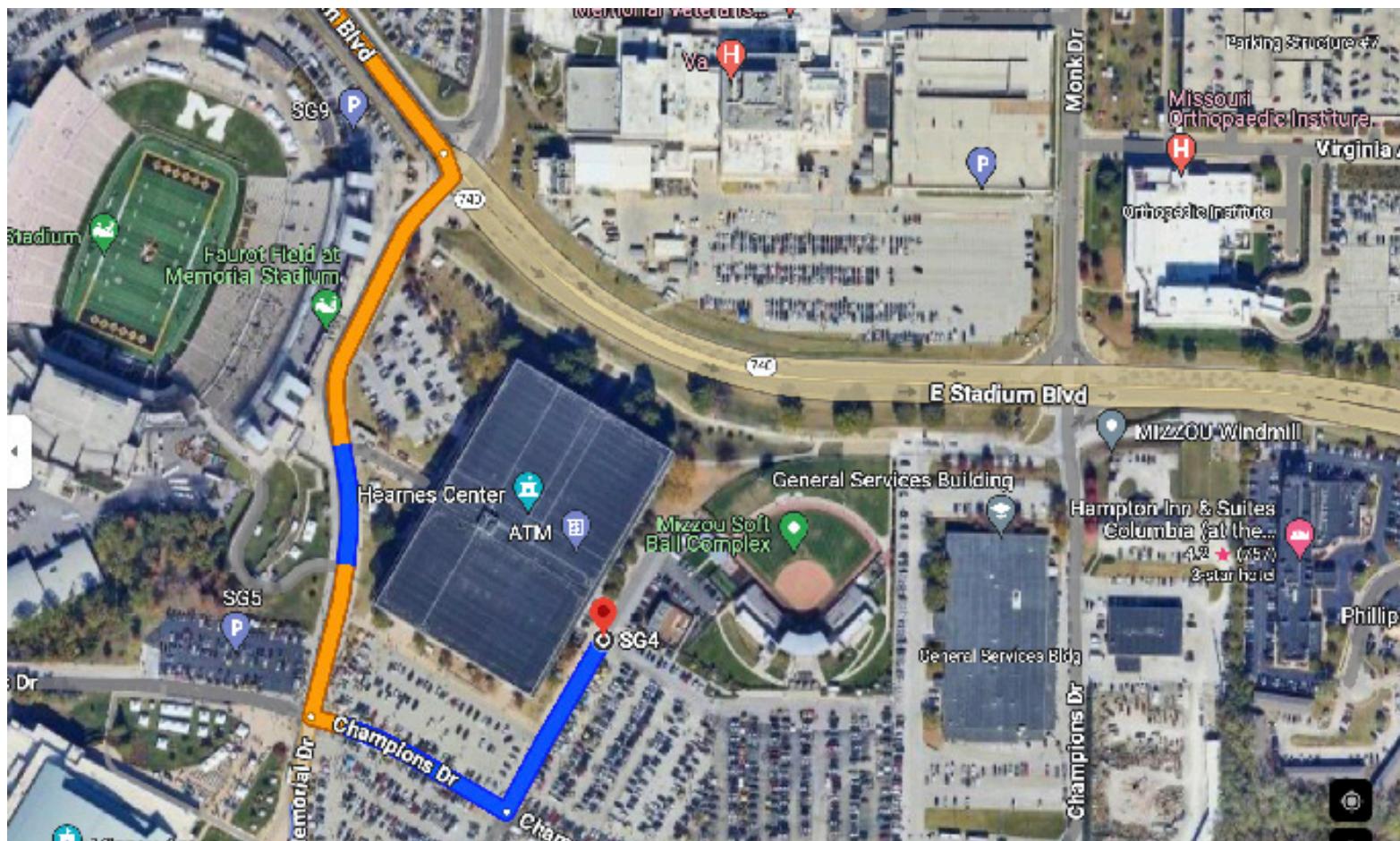
Restaurant listing guide and contact information:

www.voxmagazine.com/food/

LOCATION AND DIRECTIONS

Parking is available on the East side of the Hearnes Center. Parking is free of charge and open to the general public.

Driving Directions: www.maps.google.com/, enter "Hearnes Center Columbia, MO 65211".



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Final Schedule of Events

Updated 1/27/26

Friday Running Events

1:55 pm	-	National Anthem
2:00 pm	W	5000m
2:30 pm	M	5000m
3:00 pm	W	Pentathlon 800m
3:15 pm	W	60 Hurdles Prelim
3:25 pm	M	60 Hurdles Prelim
3:35 pm	W	60m Prelim
3:45 pm	M	60m Prelim
3:55 pm	W	Distance Medley Relay
4:15 pm	M	Distance Medley Relay
4:30 pm	W	200m
4:45 pm	M	200m

Friday Field Events

10:00 am	M	Weight Throw
10:30 am	W	Pole Vault
11:30 am	W	Long Jump
	M	Long Jump
2:30 pm	M	Pole Vault
3:30 pm	W	Weight Throw

Friday Pentathlon:

9:45 am*	W	Pentathlon 60m Hurdles
10:35 am *	W	Pentathlon High Jump
12:35 pm*	W	Pentathlon Shot Put
2:00 pm*	W	Pentathlon Long Jump
3:00 pm*	W	Pentathlon 800m

Friday Heptathlon

9:00 am*	M	Heptathlon 60 Meters
9:45 am*	M	Heptathlon Long Jump
11:15 am*	M	Heptathlon Shot Put
1:00 pm*	M	Heptathlon High Jump

* Approximate Start Time



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Saturday Running Events

11:00 am*	M	Heptathlon 60m Hurdles
11:15 am	-	Senior Day
12:00 pm	-	National Anthem
12:05 pm	W	Mile
12:25 pm	M	Mile
12:45 pm	W	60m Hurdles Finals
12:50 pm	M	60m Hurdles Finals
12:55 pm	W	400m
1:15 pm	M	400m
1:35 pm	W	60m Finals
1:40 pm	M	60m Finals
1:45 pm	W	800m
2:00 pm	M	800m
2:15 pm	W	3000m
2:40 pm	M	3000m
3:05 pm *	M	Heptathlon 1000m
3:15pm	W	4x400m Relay
3:30 pm	M	4x400m Relay

Saturday Heptathlon

11:00 am*	M	Heptathlon 60m Hurdles
12:15 pm *	M	Heptathlon Pole Vault
3:05 pm *	M	Heptathlon 1000m

* Approximate Start Time

Saturday Field Events

11:00 am	W	Shot Put
12:00 pm	M	Triple Jump
	W	Triple Jump
1:00 pm	M	Shot Put
2:30 pm	W	High Jump
	M	High Jump

