



MIZZOU

2017-18 UNIVERSITY OF MISSOURI
TRACK & FIELD MEET NOTES

📍 Sacramento, Calif.

📅 May 24-26

🏟️ Hornet Stadium

📺 FloTrack

📄 flashresults.com

MEET
8

MIZZOU TO HAVE 13 STUDENT-ATHLETES IN ACTION IN SACRAMENTO SEEKING TRIPS TO EUGENE

FULL MEDIA INFORMATION



FLOTRACK (subscription required)

TWITTER: @MIZ_TrackField

LIVE VIDEO: WatchESPN.com

2018 INDOOR SCHEDULE

DATE	MEET	LOCATION
D 8	Missouri Holiday Opener	Hearnes Center
J 12	Arkansas Invitational	Fayetteville, Ark.
J 19-20	Vanderbilt Invitational	Nashville, Tenn.
J 26-27	Columbia Challenge	New York City, N.Y.
F 9-10	Tyson Invitational	Fayetteville, Ark.
F 9-10	Music City Challenge	Nashville, Tenn.
F 16	Missouri Collegiate Challenge	Hearnes Center
F 24-25	SEC Indoor Championships	College Station, Texas
M 9-10	NCAA Indoor Championships	College Station, Texas

2018 OUTDOOR SCHEDULE

M 23-24	Arkansas Spring Invitational	Fayetteville, Ark.
M 30	Stanford Invitational & SFSU Distance Carnival	Palo Alto, Calif.
M 31	Ole Miss Classic	Oxford, Miss.
A 13-14	John McDonnell Invitational	Fayetteville, Ark.
A 20-21	Tom Botts Invitational	Audrey J. Walton Stadium
A 26-28	Drake Relays	Des Moines, Iowa
M 11-13	SEC Outdoor Championships	Knoxville, Tenn.
M 24-26	NCAA West Preliminary	Sacramento, Calif.
J 6-9	NCAA Outdoor Championships	Eugene, Ore.

Bold denotes home

STORY LINES

- Mizzou Track & Field continues with postseason competition as 13 student-athletes qualified for the NCAA West Preliminary Championships, which will be held May 24-26 in Sacramento, Calif. FloTrack will be on-site to provide a live stream of the entire meet for a subscription fee.
- Mizzou is coming off the SEC Outdoor Championships, where the women's team crowned three conference champions and scored the second-most points at an SEC Outdoor meet since joining the conference in 2013. Winning conference titles for Mizzou was senior **Karissa Schweizer** in the 5000m run, redshirt senior **Megan Cunningham** in the 10,000m run and redshirt junior **Gabi Jacobs** in the discus. Schweizer and Jacobs both repeated as conference champions in their respective events, while Cunningham won her first SEC Outdoor conference title.
- Schweizer will be attempting to do something she has not done before in her career, run in two races at the NCAA Outdoor Championships in Eugene, Ore. Schweizer, who finished third in the 2016 NCAA Outdoor 5000m Run and won the National Title in the 5000m Run at the 2017 NCAA Outdoor meet, will run in the 5000m run and 10,000m run in Sacramento. The five-time NCAA Champion already holds the school record in both the 5000m (15:18.69) and 10,000m (32:00.55), and her season-best times of 15:23.21 in the 5000m and 32:00.55 in the 10,000m rank fourth and first in the NCAA, respectively. At the SEC Outdoor Championships, Schweizer won the 5000m run for the second consecutive season with a time of 15:58.14, her eighth career conference title.
- Cunningham will be seeking her first trip to Eugene after winning the 10K at the SEC Outdoor meet. Cunningham returned to competition full-time this season following a horrific car crash in July 2015 that left her neck broken and skull fractured in four places. She proved to be resilient as can be in her return, as she earned NCAA All-Midwest Regional honors in cross country in the fall, then followed up that performance by winning the 5000m run conference title at the SEC Indoor Championships at the 10K at the SEC Outdoor Championships. Cunningham will run in the 10,000m run in Sacramento, a race which she currently owns the 17th-best time in the nation in after winning the Drakes Relays 10K with a time of 33:19.25.
- Jacobs will lead the Mizzou women in field events, as she is set to compete in the discus and shot put in Sacramento. Jacobs scored in both events at the SEC Outdoor Championships, as she won the SEC discus title for a second straight season and placed seventh in the shot put. Prior to finishing fifth in the discus at the 2017 NCAA Outdoor Championships, Jacobs set the school record in the discus at the 2017 NCAA West Preliminary meet with a mark of 58.23m (191-0). This season, Jacobs owns the ninth-best discus mark in the nation with a throw of 58.11m (190-8).
- For the men, junior **Landon Cuskelly** and freshman **Chris Conrad** will lead the way as they compete in the high jump and 800m run, respectively. Cuskelly owns the 10th-best mark in the NCAA West Region this season following a jump of 2.18m (7-1.75) at the Tom Botts Invitational that netted him Most Outstanding Performer honors. Conrad saved his best performance of the outdoor season for his final race at the SEC Outdoor Championships, as he finished fifth in the 800m run with a time of 1:48.68, which ranks 21st in the NCAA West Region. Conrad's fifth-place finish was the highest freshman finish in the 800m run.

MIZZOU ENTRIES

MEN - Track Events

EVENT

800m RUN
400m HURDLES

NAME (PR)

Chris Conrad (1:48.68)
Jerrad Mason (51.24)

MEN - Field Events

EVENT

HIGH JUMP
SHOT PUT
HAMMER THROW

JAVELIN

Landon Cuskelly (2.18m/7-1.75)
Will Fife (18.58m/60-11.5)
Avery Carter (64.18m/210-7)
Patrick Kunza (62.70m/205-8)
Rauno Liitmaa (67.00m/219-9)

WOMEN - Track Events

EVENT

800m RUN
5000m RUN
10,000m RUN

Valeska Halamicsek (2:07.57)
Karissa Schweizer (15:18.69)
Megan Cunningham (33:19.25)
Karissa Schweizer (32:00.55)

WOMEN - Field Events

EVENT

HIGH JUMP
SHOT PUT
DISCUS
HAMMER THROW

Karissa Roman (1.75m/5-8.75)
Gabi Jacobs (15.78m/51-9.25)
Gabi Jacobs (58.23m/191-0)
Becky Keating (63.87m/209-6)

QUICK FACTS

Location _____ Columbia, Mo.
 Founded _____ 1839
 Enrollment _____ 32,777
 Nickname _____ Tigers
 Colors _____ Old Gold and Black
 Indoor Facility _____ Hearnes Center Fieldhouse
 Outdoor Facility _____ Audrey J. Walton Stadium
 Conference _____ Southeastern Conference

THE MIZZOU TIGERS

Head Coach _____ Brett Halter (Eighth season)
 Associate Head Coach (Sprints, Hurdles & Relays) _____
 _____ Natasha Brown (Second season)
 Assistant Coach (Distance, Mid-Distance) _____
 _____ Marc Burns (Fourth season)
 Assistant Coach (Jumps, Multi-Events) _____
 _____ Iliyan Chamov (Third season)
 Assistant Coach (Throws) _____
 _____ Ross Richardson (Second season)
 Assistant Coach (Distance, Mid-Distance) _____
 _____ Stephen Smith (Fourth season)
 Volunteer Assistant Coach (Distance, Mid-Distance) _____
 _____ Teylar Adelsberger (First season)
 Volunteer Assistant Coach (Distance, Mid-Distance) _____
 _____ Will Crocker (Second season)
 Volunteer Assistant Coach (Distance, Mid-Distance) _____
 _____ Eileen Halter (Third season)
 Volunteer Assistant Coach (Sprints, Hurdles & Relays) _____
 _____ Laquisha Jackson (First season)
 Volunteer Assistant Coach (Pole Vault) _____
 _____ Mike Vani (First season)
 Director of Operations _____ Celia M'Boua (Third season)

MIZZOU ADMINISTRATION

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 Chancellor _____ Dr. Alexander Cartwright
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 Athletic Director _____ Jim Sterk
 Department Phone _____ 573-882-6501
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 Assistant Director: _____ Shawn Davis
 Assistant Director: _____ R.J. Layton
 Assistant Director: _____ Andy Oldenburg
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 Digital Media: _____ Ali Fisher
 Graphic Design: _____ Jacob Reeves
 Twitter/Instagram/Facebook _____ @MIZ_TrackField
 Website: _____ mutigers.com

NOTABLES

SCHWEIZER'S CASE FOR THE BOWERMAN

■ Mizou senior **Karissa Schweizer**'s senior campaign has put herself among the nation's best, as she has become a mainstay on *The Bowerman* Watch List, an annual award given to the nation's top male and female collegiate track & field student-athlete. Each time Schweizer has taken the track in 2018 has been a memorable one, as she has wracked up two national titles, three conference titles, two meet records, four collegiate top-10 marks, six school records and seven first-place finishes... so far.

INDOOR SEASON

■ Schweizer began her indoor season at the BU Season Opener (Dec. 2), just under a month before the calendar changed over to 2018, and just two weeks after an All-American performance at the 2017 NCAA Cross Country Championships. Schweizer was determined to avenge what some called a disappointing performance at the NCAA Cross Country meet, as she reset her own school record in a first-place performance in the 5000m run. Schweizer crossed the finish line at 15:17.31, a time which reset her own school record currently ranks fifth all-time in NCAA history. Schweizer was named the USTFCCCA National Athlete of the Week following the performance.

■ The Tiger senior then returned to the track at the Arkansas Invitational (Jan. 12), where she finished first and clocked a time of 2:44.12 in the 1000m run. The event, which isn't ran often at the NCAA-level, was a school record.

■ In the first of back-to-back weekends in the Big Apple, Schweizer finished third in the mile run invitational at the Columbia Challenge (Jan. 27), as she crossed the finish line at 4:27.54. Schweizer's time surpassed Laura Roxberg's 2013 time of 4:34.59 as the top-mark recorded in program history, and is the fifth-fastest time recorded all-time in NCAA history. For her performance in NYC, Schweizer was named the SEC Runner of the Week and the USTFCCCA National Athlete of the Week.

■ Schweizer returned to the Big Apple a week later, as she was invited to the Millrose Games (Feb. 3), a meet reserved mostly for professional runners. The Tiger senior helped steal the show, as she set the 3000m collegiate record in a fourth-place finish filled with professionals, crossing the finish line at 8:41.60. Schweizer's time surpassed Jenny (Barringer) Simpson's 2009 mark of 8:42.03 ran by a collegian, and Sabrina Dornhoefer's 1984 mark of 9:06.39 as the top time in program history.

■ Competition turned to postseason in the indoor season, as Schweizer captured her sixth and seventh conference titles at the SEC Indoor Championships (Feb. 24-25). She started the meet off by setting the SEC meet record in the 3000m run, as she finished at 9:00.56 and smashed the previous record by almost 10 seconds, surpassing Cory McGee's (Florida) 2014 mark of 9:10.48. Schweizer passed up on a chance at another individual conference title the next day, as she chose to anchor Mizou's DMR team. Schweizer took the baton 11 seconds behind first-place, but made up ground quickly, snagging the lead in the final 1000 meters of her 1600-meter leg. The clock stood at 11:08.18 as Schweizer crossed the finish line a full six seconds ahead of the runner-up team from Arkansas (11:14.38). Schweizer's mile run split was 4:25.56 as captured her seventh conference title, matching Sabrina Dornhoefer for the most conference titles by a female in program history.

■ Schweizer became the most decorated student-athlete in terms of national titles in Mizou history at the NCAA Indoor Championships (March 9-10), as she won national titles in the 3000m run and 5000m run. She started it off with a wire-to-wire performance in the 5K, as she pulled away from 2017 NCAA Cross Country Champion Ednah Kurgat (New Mexico) with two laps remaining to finish at 15:43.23 and secure her fourth national title. With the win, the Tiger senior became the fifth female in NCAA

history to win back-to-back indoor 5000m run national championships (event began in 1989), and the first since Dartmouth's Abbey D'Agostino did so in 2013 and 2014. Schweizer followed her performance up with a similar performance in the 3K the next night, as she led for a vast majority of the race and never looked back. Boise State's Allie Ostrander stayed near Schweizer for much of the race before the Tiger senior pulled away in the final lap to take the victory at 8:53.36, the third-fastest 3000m time at the NCAA Indoor meet. With the win, Schweizer became the fifth female in NCAA history to win the 3000m and 5000m national titles in the same NCAA Indoor meet, as she joined Notre Dame's Molly Seidel (2016), Dartmouth's Abbey D'Agostino (2013 & 2014), Texas Tech's Sally Kipyego (2007) and Providence's Kim Smith (2004).

■ For all her accomplishments over the 2018 indoor season, Schweizer was named the SEC Runner of the Year, USTFCCCA Midwest Regional Track Athlete of the Year, and the USTFCCCA National Track Athlete of the Year.

OUTDOOR SEASON

■ Schweizer began in the outdoor season by doing something she had not done in her collegiate career up to that point - run a 10,000m run. Schweizer made her 10K collegiate debut at the Stanford Invitational (March 30), and she did not disappoint, as she set the school record with a third-place finish at 32:00.55 in a heat filled with professionals. Schweizer's time ranked eighth all-time in NCAA history, her fourth all-time collegiate top-10 mark.

■ Next, Schweizer chose to run at Mizou's annual home meet, the Tom Botts Invitational (April 20), as she set her sixth school record (seventh counting indoor 1000m) in the 1500m run, as she crossed the finish line first at 4:12.83. Schweizer was challenged by professional runner Megan Mansy in the race, and just narrowly edged Laura Roxberg's 2013 time of 4:13.53 to claim the school record.

■ Schweizer then returned to her home state of Iowa for the Drake Relays (April 26-28), as the Tiger senior put on a show once again. It began with the distance carnival on Thursday, as Schweizer won her first-ever white flag by setting the 5000m run meet record with a time of 15:23.21. Schweizer surpassed the previous record of 15:31.18, which was set by Wisconsin's Cathy Branta in 1985. Schweizer returned to the track on Saturday, as she chose once again to anchor Mizou's DMR team. In a race reminiscent of Mizou's SEC Indoor title, Schweizer grabbed the baton with the Tigers in fourth-place as she passed Indiana State, Iowa State and South Dakota State's anchor legs to clinch the title as she crossed the finish line at 11:07.59. For her two white flags, Schweizer was chosen as the Women's Most Outstanding Performer of the 2018 Drake Relays.

■ Schweizer became an eight-time conference champion at the SEC Outdoor Championships (May 13), as she won the 5000m run for the second-straight season with a time of 15:58.14. Schweizer's eight conference titles rank second in women's program history behind only Sabrina Dornhoefer's nine. She also finished runner-up in the 1500m run, as she crossed the finish line at 4:19.98.

THE BOWERMAN WOMEN'S WATCH LIST - MAY 16

NAME (YR.)	SCHOOL	EVENTS
Jasmine Camacho-Quinn (Jr.)	Kentucky	Hurdles/Sprints
Kendall Ellis (Sr.)	USC	Sprints
Maggie Ewen (R-Sr.)	Arizona State	Throws
Aleia Hobbs (Sr.)	LSU	Sprints
Lynna Irby (Fr.)	Georgia	Sprints
Lexi Jacobus (Jr.)	Arkansas	Pole Vault
Sydney McLaughlin (Fr.)	Kentucky	Hurdles/Sprints
Keturah Orji (Sr.)	Georgia	Jumps
Karissa Schweizer (Sr.)	Mizzou	Distance
Gabby Thomas (Jr.)	Harvard	Sprints/Jumps



NOTABLES

RISING TO THE TOP OF THE RECORD BOOK

- Mizzou senior **Karissa Schweizer** will go down as one of the most accomplished athletes ever at the University of Missouri, regardless of sport. Below is a breakdown of Schweizer's career accomplishments.

MOST NATIONAL TITLES IN MISSOURI HISTORY

NAME	SPORT	# OF NATIONAL TITLES
Karissa Schweizer	Track & Field/Cross Country	5
J'den Cox	Wrestling	3
Ben Askren	Wrestling	2
Derrick Peterson	Track & Field	2
Dick Cochran	Track & Field	2
Bill Bangert	Track & Field	2

MOST ALL-AMERICA HONORS IN PROGRAM HISTORY (AMONG FEMALES)

NAME	XC	INDOOR	OUTDOOR	TOTAL
Kearsten Peoples	--	5	5	10
Sabrina Dornhoefer	3	3	2	8
Karissa Schweizer	2	4	2	8
Rosalyn Dunlap	--	3	3	6
Natasha (Kaiser) Brown	--	2	4	6
Ashley Wysong	--	4	2	6

MOST CONFERENCE TITLES IN PROGRAM HISTORY (AMONG FEMALES)

NAME	XC	INDOOR	OUTDOOR	TOTAL
Sabrina Dornhoefer	2	3	4	9
Karissa Schweizer	2	4	2	8
Teri LeBlanc	--	3	3	6
Lorinda Richardson	--	3	3	6
Natasha (Kaiser) Brown	--	3	2	5
Kearsten Peoples	--	2	3	5

CUNNINGHAM'S COMEBACK

- After nearly being paralyzed following a horrific car crash in July 2015, Mizzou redshirt senior **Megan Cunningham** has made a remarkable return to the athletic field and has her sights set on finishing her career as an All-American. As she embarked on a family vacation to Montana, Cunningham and her family were involved in a terrible wreck that left Megan with a broken neck and her skull fractured in four places. Her dad is still confined to a wheel chair.
- Cunningham remained determined after the crash, and proved doctors wrong, who thought she may never walk again. She returned occasionally during the 2017 track season, but really made her presence known during the 2017 cross country season, as Megan vaulted to Mizzou's No. 2 runner. Cunningham set a 5K PR at the Commodore Classic (Sept. 16), then closed her season at the NCAA Midwest Regional meet, as she finished 12th at with a 6K personal record of 20:29.8, earning NCAA All-Midwest Regional honors.
- Cunningham was just getting started, however, as personal records continued to fall in the indoor season. She began by setting a personal record in the 3000m run at the Vanderbilt Invitational (Jan. 20), as she finished third at 9:19.07, the fifth-fastest time in program history. Cunningham then set a PR, meet record and facility record in the 5000m run at the Music City Challenge (Feb. 9), as she set the second-fastest time in program history at 15:53.20. The best was yet to come, though, as Cunningham won her first conference title at the SEC Indoor Championships (Feb. 25), as she finished at first in the 5000m run at 15:56.76.
- Success has followed Cunningham in the outdoor season, as she has posted program top-10 marks in both the 5000m run and 10,000m run. First, she won the 5000m at the Gorilla Classic (April 14) with the fourth-fastest time in program history at 16:03.20. Then, Cunningham won a white flag in the 10,000m run at the Drake Relays (April 26), crossing the finish line at 33:19.25, also the fourth-fastest time in program history.

THROWERS MAKING THEIR MARK

- Seven Mizzou throwers have etched their names in the Mizzou record book this outdoor season by posting program top-10 marks.
- Most recently, senior **Rauno Liitmaa** posted the seventh-best javelin throw in program history at the SEC Outdoor Championships (May 11-12). Liitmaa crushed the competition in the javelin portion of the decathlon, as he posted a mark of 67.00m/219-9.
- Redshirt junior **Avery Carter** set his first program top-10 mark with an event win in the hammer throw at the Tom Botts Invitational (April 20). Carter provided the best hammer throw of his career, as he posted the third-best throw in program history at 64.18m (210-7).
- At the Ole Miss Classic (March 31), sophomore **Allie Webb** checked in at No. 8 all-time in the javelin with a mark of 44.11m (144-9).
- At the Arkansas Spring Invitational (March 23-24), redshirt junior **Will Fife** joined the top-10 list at No. 7 in the shot put at 18.58m (60-11.5), while freshman **Megan Haley** set a top-10 mark in the javelin, checking in at No. 9 with a throw of 43.40 (142-5).
- Mizzou's other two top-10 marks came at the CMU Open (March 17), as junior **Becky Keating** posted the second-best mark in program history in the hammer throw at 63.87m (209-6) and redshirt sophomore **Patrick Kunza** posted the eighth-best mark in the men's hammer throw at 62.70m (205-8).

SCHWEIZER, CUNNINGHAM AND JACOBS WIN SEC TITLES

- Mizzou crowned three conference champions at the SEC Outdoor Championships, as senior **Karissa Schweizer** won the 5000m run, redshirt senior **Megan Cunningham** won the 10,000m run and redshirt junior **Gabi Jacobs** captured the discus title.
- Schweizer dominated the 5000m run, as she was the only runner who finished under 16 minutes at 15:58.14. Schweizer will end her career with eight conference titles, as she previously won the 2016 Cross Country, 2017 Indoor Mile Run, 2017 Indoor 3000m Run, 2017 Outdoor 5000m Run, 2017 Cross Country, 2018 Indoor 3000m Run and 2018 Indoor Distance Medley Relay. Schweizer's eight conference titles rank second in women's program history behind only Sabrina Dornhoefer's nine conference titles.
- In the 10K, Cunningham took the lead around two miles into the race, and never looked back, as she finished crossed the finish line at 33:47.05, more than a minute ahead of the runner-up McKenzie Yanek (Alabama), who finished at 35:03.33. Her time was just nine seconds off the SEC Outdoor meet record of 33:38.35, which was set by Kentucky's Chelsea Oswald in 2013. Cunningham becomes the fourth 10K conference champion in program history, as she is joined by Brenda Saunders (1980 Big 8, 1981 Big 8) and teammate redshirt junior Jamie Kemper (Festus, Mo.), who won the SEC title last year in Columbia, S.C.
- Jacobs repeated as discus champion in exciting fashion, as she clinched the title in her final throw with a toss of 55.92m (183-5). Jacobs led the pack after the preliminary three throws with a mark of 54.75m (179-7), but sat in third place before her final throw, which netted her a second consecutive discus title. Coupled with yesterday's seventh-place finish in the shot put, Jacobs scored 12 points overall at the meet.
- With Schweizer's win in the 5000m run and Cunningham's win in the 10K, Mizzou swept the 5K and 10K SEC titles in back-to-back seasons, after redshirt junior **Jamie Kemper** won the 2017 SEC 10K Mizzou is the first team to sweep the women's 5K/10K in consecutive seasons since Arkansas did so in 2014 and 2015.

SEC MEET HISTORY

MEET RESULTS

YEAR	INDOOR	OUTDOOR
2013	T-8th (32 pts)	9th (37 pts)
2014	11th (24 pts)	13th (18.5 pts)
2015	11th (27 pts)	13th (20 pts)
2016	10th (33 pts)	8th (55 pts)
2017	13th (3 pts)	12th (28 pts)
2018	13th (13 pts)	13th (13 pts)

WOMEN

YEAR	INDOOR	OUTDOOR
2013	9th (28 pts)	6th (49 pts)
2014	9th (29.5 pts)	7th (62 pts)
2015	9th (32 pts)	9th (42.66 pts)
2016	13th (17 pts)	12th (29.75 pts)
2017	10th (30 pts)	9th (47 pts)
2018	9th (35.5 pts)	10th (53 pts)

SEC CHAMPIONS

MEN

YEAR	INDOOR/OUTDOOR	EVENT - MARK
2013		
Markesh Woodson	Indoor	60m Dash - 6.60
2016		
Kahmari Montgomery	Indoor	400m Dash - 45.78
Kahmari Montgomery	Outdoor	400m Dash - 45.13
2017		
Ja'Mari Ward	Outdoor	Long Jump - 8.13m/26-8.25

WOMEN

NAME	INDOOR/OUTDOOR	EVENT - MARK
2013		
Kearsten Peoples	Outdoor	Shot Put - 17.79m/58-4.75
2014		
Kearsten Peoples	Indoor	Shot Put - 17.81m/58-5.25
Jill Rushin	Outdoor	Shot Put - 17.19m/56-4.75
2015		
Kearsten Peoples	Indoor	Weight Throw - 22.45m/73-8
Jill Rushin	Outdoor	Shot Put - 17.27m/56-8
Kearsten Peoples	Outdoor	Hammer Throw - 63.30m/207-8
2017		
Karissa Schweizer	Indoor	Mile Run - 4:37.44
Karissa Schweizer	Indoor	3000m Run - 9:18.32
Karissa Schweizer	Outdoor	5000m Run - 15:51.76
Jamie Kemper	Outdoor	10,000m Run - 33:52.19
Gabi Jacobs	Outdoor	Discus - 56.58m/185-7
2018		
Karissa Schweizer	Indoor	3000m Run - 9:00.56
Megan Cunningham	Indoor	5000m Run - 15:56.76
Valeska Halamiccek	Indoor	DMR - 11:08.18
Maya Cody, Karina Liz, Karissa Schweizer		
Karissa Schweizer	Outdoor	5000m Run - 15:58.14
Megan Cunningham	Outdoor	10,000m Run - 33:47.05
Gabi Jacobs	Outdoor	Discus - 55.92m/183-5



NOTABLES

SCHWEIZER NAMED MOP, SEC RUNNER OF THE WEEK AFTER DRAKE RELAYS PERFORMANCE

- Following a stand out performance in her home state, Mizzou senior **Karissa Schweizer** was named the Southeastern Conference Co-Runner of the Week. Schweizer was also named the Women's Most Outstanding Performer at the Drake Relays (April 26-28) following event wins in the 5000m run and distance medley relay.
- The SEC Runner of the Week nod is the first of the 2018 outdoor season for Schweizer, and the eighth overall in her career.
- Running on the Blue Oval, a track she is extremely familiar with from her days at nearby Dowling Catholic High School, Schweizer set the Drake Relays 5000m run meet record on Thursday evening as she crossed the finish line at 15:23.31. Her time is the fastest time ran in the NCAA this season, and the fourth-fastest in the world in 2018. Schweizer followed up her 5K performance on the track by anchoring the Mizzou distance medley relay team which took home the white flag Saturday with a time of 11:07.59. Schweizer ran a 4:32.19 mile split and elevated the Tigers from fourth to first for the victory.

CUNNINGHAM WINS WHITE FLAG AT DRAKE RELAYS

- Redshirt senior **Megan Cunningham** won the 10,000m run at the Drake Relays, becoming Mizzou's first-ever winner in the event. Coupled with Schweizer's win in the 5000m, the duo's first-place finishes mark the second time in Drake Relays history, and the first time since 1994, that a women's team has swept the 5000m and 10,000m races.
- Cunningham won the 10,000m run title in dominating fashion. She led the race from start to finish as she crossed the finish line at 33:19.25, more than two minutes ahead of Wartburg's Ashlyn Bagge who finished second at 35:28.82. Cunningham's time ranks second in Drake Relays history, as it only trails Patty Murray's (Nike) time of 32:57.38 in 1988. In addition to Cunningham's time ranking fourth all-time in program history, it currently ranks seventh in the NCAA West Region and ninth overall in the NCAA this season. Cunningham shaved more than three minutes off her previous personal record of 36:46.41, which she set at the 2015 Drake Relays.

SCHWEIZER SETS SCHOOL RECORD, MIZZOU WINS NINE EVENTS AT TOM BOTTS INVITATIONAL

- At the 21st annual Tom Botts Invitational, Mizzou recorded nine event wins, including a school record performance from five-time NCAA Champion senior **Karissa Schweizer** in the 1500m run.
- Schweizer stayed toe-to-toe with professional runner Megan Mansy throughout the entirety of the race up until the final 200 meters, where Schweizer kicked to cross the finish line at 4:12.83. The time is the fifth-fastest time set in the NCAA West Region this season, the eighth-fastest in the NCAA overall, and surpassed Laura Roxberg's 2013 mark of 4:13.53 as the fastest time in program history. Schweizer now holds six school records, as she previously set the program's top marks in the indoor mile, indoor 3000m, indoor 5000m, outdoor 5000m and outdoor 10,000m.
- In his first Tom Botts Invitational, junior **Landon Cuskelly** had a dominant high jump performance, as his clearance of 2.18m (7-1.75) ranks fifth in school history, matching Steve Herndon's 1966 mark. The jump will likely qualify Cuskelly for the NCAA West Preliminary meet, as it currently ranks seventh in the NCAA West Region and 19th overall in the NCAA this season. Mizzou

took home the top spot in the women's high jump as well, as junior **Karissa Roman** cleared 1.72m (5-7.75) to take first.

- In the men's hammer throw, redshirt junior **Avery Carter** increased his personal record throw by nearly four meters, as he launched a throw of 64.18m (210-7) to win the event. Carter entered the meet with a personal best mark of 60.49m (198-5). His throw ranks third all-time in program history, and 13th in the NCAA West region this season. Setting a personal record for the second time in as many meets, Edwards placed first in the javelin with a mark of 53.69m (176-1).
- Redshirt junior **Gabi Jacobs** set a new meet and facility record in women's discus throw, as the 2017 NCAA All-American recorded an impressive season-best mark of 58.11m (190-7). The throw was an improvement from her mark of 55.42m (181-10) at the John McDonnell Invitational (April 14), and currently ranks eight in the NCAA West region this season.
- Freshman **Chris Conrad** took home two first-place finishes in his first Tom Botts Invite. In the 1500m run, Conrad crossed the finish line at 3:54.49, while in the 800m run, Conrad finished at 1:51.45. In the women's 800m run race redshirt senior **Valeska Halamicek** finished first at 2:10.14.
- Following the meet, Cuskelly was named the Male Most Outstanding Performer of the meet as his jump ranks in the top-20 in the NCAA this season. Schweizer was named the meet's Female Most Outstanding Performer after she set the school and meet record in the 1500m run.

MIZZOU RECORDS FIVE EVENT WINS AT JOHN McDONNELL INVITATIONAL

- Mizzou produced five event wins, all in field events at the John McDonnell Invitational (April 13-14). Coming away with victories for the Tigers was redshirt junior **Gabi Jacobs** in the discus, junior **Becky Keating** in the hammer throw, junior **Karissa Roman** in the high jump, redshirt junior **Will Fife** in the shot put and sophomore **Allie Webb** in the javelin.
- In the women's discus, Jacobs recorded her third discus event win in four meets this season, as she recorded a season-best throw of 55.42m (181-10). Jacobs, the school record holder in the event, produced the throw in her sixth and final throw of the event. The Tiger junior, who entered the meet with the 20th-best discus throw (52.57m/172-6) in the west region, now ranks 12th in discus.
- Keating posted a throw of 58.58m (192-2) in the hammer throw with her fourth toss. It is Keating's third event win in four meets this season, as she also placed first in the hammer throw at the CMU Open (March 17) and Arkansas Spring Invitational (March 23).
- In the women's high jump, Roman placed first as the lone competitor to clear 1.70m (5-7). The event win is her second of the season after she also won the high jump at the Ole Miss Classic (March 31).
- Mizzou finished first and third in the men's shot put, as Fife posted a mark of 17.82m (58-5.75) to finish first, while redshirt junior **Avery Carter** finished third at 16.46m (54-0). In the women's javelin, Mizzou first and second, as Webb produced a mark of 43.74m (143-6), while freshman **Megan Haley** finished second at 40.05m (131-4).

TOP-10 PROGRAM MARKS SET IN '18

INDOOR

MEN		
Event	Name	Rank - Mark
3000m Run	Marc Dubrick	6 - 8:12.30
5000m Run	Thomas George	5 - 14:14.79
Long Jump	Ja'Mari Ward	1 - 7.97m/26-1.75
Triple Jump	Ja'Mari Ward	6 - 15.66m/51-4.5
Heptathlon	Rauno Liitmaa	5 - 5,573 pts

WOMEN		
Event	Name	Rank - Mark
60m Dash	Maya Cody	2 - 7.36
60m Dash	Tsai-Anne Joseph	6 - 7.66
200m Dash	Tsai-Anne Joseph	8 - 25.04
1 Mile Run	Karissa Schweizer	1 - 4:27.54
3000m Run	Karissa Schweizer	1 - 8:41.60
3000m Run	Megan Cunningham	5 - 9:19.07
5000m Run	Karissa Schweizer	1 - 15:17.31
5000m Run	Megan Cunningham	2 - 15:53.20
DMR	Halamicek, Cody, Liz, Schweizer	2 - 11:08.18
High Jump	Valeria Kostiuik	1 - 1.83m/6-0
High Jump	Karissa Roman	10 - 1.77m/5-9.75
Shot Put	Gabi Jacobs	7 - 15.54m/51-0
Shot Put	Emily Stauffer	8 - 15.53m/10-11.5
Weight Throw	CeCe Johnson	6 - 18.88m/61-11.5
Weight Throw	Becky Keating	9 - 18.50m/60-8.5

OUTDOOR

MEN		
Event	Name	Rank - Mark
High Jump	Landon Cuskelly	5 - 2.18m/7-1.75
Shot Put	Will Fife	7 - 18.58m/60-11.5
Hammer Throw	Avery Carter	3 - 64.18m/210-7
Hammer Throw	Patrick Kunza	9 - 62.70m/205-8
Javelin	Rauno Liitmaa	7 - 67.00m/219-9
Decathlon	Rauno Liitmaa	5 - 7,524 points

WOMEN		
Event	Name	Rank - Mark
1500m Run	Karissa Schweizer	1 - 4:12.83
5000m Run	Megan Cunningham	4 - 16:03.20
10,000m Run	Karissa Schweizer	1 - 32:00.55
10,000m Run	Megan Cunningham	4 - 33:19.25
3000m SC	Samantha Farmer	10 - 11:05.26
Hammer Throw	Becky Keating	2 - 63.87m/209-6
Javelin	Allie Webb	8 - 44.11m/144-9
Javelin	Megan Haley	9 - 43.40m/142-5



NOTABLES

SCHWEIZER SETS 10,000M SCHOOL RECORD AT STANFORD INVITATIONAL

- Making her collegiate debut in the 10,000m run, Mizzou Track & Field senior **Karissa Schweizer** set the school record in a third-place finish in the 10,000m run at the Stanford Invitational (March 30). Schweizer finished third in the invitational heat behind professional runners Gwen Jorgenson (Nike – Bowerman TC) and Carrie Dimoff (Bowerman TC), crossing the finish line at 32:00.55, the eighth-best all-time mark in NCAA history, according to the USTFCCA.
- Schweizer led for parts and stayed near the front pack for the majority of the race, as her third-place finish at 32:00.55 is the top collegiate performance this season, and is eighth all-time on the collegiate list as she checks in behind Anna Rohrer's (Notre Dame) 2017 time of 31:58.99. Schweizer surpassed teammate redshirt junior **Jamie Kempfer's** previous school record mark of 33:09.67 by more than a full minute, a mark which Kempfer set at last year's Stanford Invitational. Schweizer now holds five school records, as she already holds the outdoor 5000m run (15:18.69), indoor mile run (4:26.54), indoor 3000m run (8:41.60) and indoor 5000m run (15:17.31). Each of Schweizer's indoor marks rank in the top-10 all-time on the collegiate list, while her outdoor 5000m run time ranks 19th.

FIVE SET PERSONAL RECORDS AT SFSU DISTANCE CARNIVAL

- Mizzou had five runners set personal record marks in the 5000m run at the San Francisco State University Distance Carnival (March 30). Three Tigers finished in the top-50 in the women's race, as redshirt sophomore **Jordyn Kleve** finished 24th at 17:23.04, redshirt sophomore **Sophia Racette** finished 35th at 17:32.52 and junior **Hannah Thomas** finished 50th at 17:45.58. Racette and Thomas each set personal records. In the men's race, redshirt junior **Zach Cook** and redshirt sophomore **Michael Widmann** each set personals bests, finishing at 14:50.69 and 14:59.24, respectively.

WEBB AND FARMER POST PROGRAM TOP-10 MARKS AT OLE MISS CLASSIC

- Mizzou headed south for the Ole Miss Classic, where the Tigers recorded 19 top-five finishes, including 13 in field events, and two top-10 program marks. Sophomore **Allie Webb** and redshirt sophomore **Samantha Farmer** each produced program top-10 marks at the meet, as Webb improved her javelin personal record mark which ranks eighth all-time, while Farmer's time in the 3000m steeplechase was good enough to rank 10th.
- Webb notched a third-place finish in the javelin with a toss of 44.11m (144-9), improving on her previous personal best of 43.62m (143-1), which she set at the CMU Open (March 17). The mark is just two inches short of passing Sandra Hampton's 2013 mark of 44.18m (144-11) to rank seventh. In the steeplechase, Farmer shaved six seconds off her personal record to post a time of 11:05.26 to finish third, as she surpasses Carolyn Rauen's 2006 mark of 11:05.46 to join Mizzou's top-10.
- Three Tigers recorded event wins on the day, as redshirt senior **Jerrad Mason** won the 400m dash, junior **Maya Cody** and junior **Karissa Roman** won the high jump. Mason and Roman recorded personal records in their wins, as Mason crossed the finish line at 47.48 and Roman matched her personal best jump at 1.75m (5-8.75), while Cody crossed the finish line first at 11.76.

THROWS GROUP SHINES FOR MIZZOU AT ARKANSAS SPRING INVITATIONAL

- Mizzou wrapped up competition at the Arkansas Spring Invitational with 10 top-three finishes and two top-10 program marks. Mizzou's throws group especially shined for the Tigers, as the group recorded four event wins and seven top-three finishes. In the men's shot put, redshirt junior **Will Fife** recorded the seventh-best throw in program history, while freshman **Megan Haley** posted the ninth-best program throw in the javelin.
- Fife recorded his second personal best in the shot put in as many meets, as the Tiger junior recorded a mark of 18.58m (60-11.5) with his last throw to seal his event win and enter the Mizzou top-10 list at No. 7. Fife's mark surpassed Gene Crews' 1965 mark of 18.44m (60-6) on the Mizzou top-10 list.
- In just her second collegiate meet, Haley posted a top-10 program mark once again in the javelin. Haley finished second in the event with a mark of 43.40m (142-5), which ranks ninth all-time in program history. In her collegiate debut at the CMU Open (March 17), Haley recorded a mark of 41.70m (136-10), which ranked tenth in school history.
- In the women's discus, redshirt junior **Gabi Jacobs** recorded her second event win in as many meets, as she recorded a mark of 47.56m (156-0). Mizzou swept the hammer throw, as redshirt sophomore **Patrick Kunza** posted a mark of 59.17m (194-1), and junior **Becky Keating** recorded a mark of 56.89m (186-7).

MIZZOU SETS FOURTOP-10 MARKS, EIGHT EVENT WINS AT CMU OPEN

- A group of Mizzou throwers opened the outdoor season March 17, as Mizzou recorded eight event wins and four program top-10 marks at the Central Methodist Open. On both the men's and women's side, the Tigers had first-place finishes in the shot put, discus, hammer throw and javelin.
- Joining the top-10 list was junior **Becky Keating** and redshirt sophomore **Patrick Kunza** in the hammer throw, as well as sophomore **Allie Webb** and freshman **Megan Haley** in the javelin.
- Keating posted the second-best hammer throw in program history, as the Tiger junior won the event with a mark of 63.87m (209-6). Keating entered the meet with the fifth-best mark in program history, as she improved on her previous personal best of 58.59m (192-3) from the 2017 NCAA West Preliminary (May 25), and now only trails Kearsten Peoples' 2015 mark of 66.17m (217-1) on Mizzou's top-10 list. In the men's hammer throw, Kunza and redshirt junior **Avery Carter** finished first and second at 62.70m (205-8) and 60.49m (198-5), respectively. Both set personal records, while Kunza's mark was good enough to rank eighth on the top-10 list.
- In the women's javelin, Webb and Haley went 1-2 with marks of 43.62m (143-1) and 41.70m (136-10), respectively. Webb's mark ranks eighth on the top-10 list, while Haley's mark ranks 10th.
- Mizzou also recorded event wins in the men's shot put and discus from redshirt junior **Will Fife**, women's shot put and discus from redshirt junior **Gabi Jacobs**, and men's javelin from senior **Rauno Liitmaa**. Fife recorded a personal record in his performance, as he posted a mark of 17.68m (58-0.25).

USTFCCA TOP-25

MEN

Rank	Team	Points
1	Florida	296.69
2	Texas A&M	264.84
3	Texas Tech	263.33
4	Georgia	243.94
5	Oregon	217.44
6	Alabama	216.58
7	BYU	198.82
8	Houston	193.01
9	Arkansas	168.52
10	LSU	146.19
11	USC	136.64
12	Florida State	135.25
13	Kentucky	112.62
14	Texas	112.61
15	Kansas	110.11
16	Northern Arizona	104.57
17	Illinois	103.08
18	Nebraska	101.86
19	Mississippi State	101.05
20	Ohio State	96.49
21	Wichita State	94.45
22	Penn State	94.22
23	Tennessee	94.10
24	Auburn	91.52
25	TCU	90.77

WOMEN

Rank	Team	Points
1	USC	324.50
2	LSU	272.71
3	Georgia	271.86
4	Texas A&M	265.86
5	Oregon	264.58
6	Stanford	231.23
7	Kentucky	229.84
8	Florida	220.91
9	Arkansas	215.05
10	Tennessee	183.55
11	Minnesota	170.12
12	Arizona State	156.72
13	Texas	156.07
14	Purdue	148.76
15	Kansas State	143.49
16	New Mexico	122.93
17	Virginia Tech	107.84
18	Alabama	102.91
19	Kansas	101.45
20	Baylor	97.31
21	Oklahoma	93.72
22	Ole Miss	90.99
23	Mizzou	89.32
24	UCLA	85.71
25	Boise State	80.24



NOTABLES

SCHWEIZER BECOMES DOUBLE CHAMPION AT NCAA INDOOR CHAMPIONSHIPS

- Mizzou senior **Karissa Schweizer** won her fourth and fifth career national titles at the NCAA Indoor Track & Field Championships, becoming the most decorated national champion in Mizzou history, as she surpassed former wrestler J'den Cox's three national titles. Schweizer became the fifth female in NCAA history to win the 3000m and 5000m national titles in the same NCAA Indoor meet, as she joins Notre Dame's Molly Seidel (2016), Dartmouth's Abbey D'Agostino (2013 & 2014), Texas Tech's Sally Kipyego (2007) and Providence's Kim Smith (2004).
- Schweizer's two national titles led Mizzou to a ninth-place finish with 20 points, its fourth-best finish in program history. The finish only trails Mizzou's seventh-place finish in 2001, and its eighth-place finishes in 1989 and 2017. The ninth-place finish marks the fourth time in the last five seasons Mizzou has finished in the top-20 at the NCAA Indoor Meet, a feat that only 11 female programs have accomplished.
- First, Schweizer led the 5000m race wire-to-wire, as she pulled away from 2017 NCAA Cross Country National Champion Ednah Kurgat (New Mexico) with two laps remaining to finish at 15:43.23 and secure her fourth national title. Schweizer's 2018 title is the fourth 5000m run national title in program history, as she is preceded by Sabrina Dornhoefer's 1985 outdoor title, as well as her own indoor and outdoor titles in 2017. With the win, the Tiger senior becomes the fifth female in NCAA history to win back-to-back indoor 5000m run national championships (event began in 1989), and the first since Dartmouth's Abbey D'Agostino won in 2013 and 2014.
- Next, Schweizer led the 3000m run for a vast majority of the race, as she took the lead a few laps into the 3000m race, and never looked back. Boise State's Allie Ostrander stayed near Schweizer for much of the race before the Tiger senior pulled away in the final lap to take the victory at 8:53.36, the third-fastest 3000m time at the NCAA Indoor meet. Schweizer's title is the first 3000m run national title in program history, and the eighth overall 3000m run All-America honor in program history, as Schweizer is preceded by a Sabrina Dornhoefer (second

at 1984 indoor, fourth at 1984 outdoor), Susan Bliss (eighth at 1990 Indoor, ninth at 1990 outdoor, 11th at 1991 indoor), Ann Marie Brooks (second at 2001 indoor) and herself (second at 2017 indoor). Schweizer's eight overall All-America honors match Dornhoefer for the second-most in program history, regardless of gender, and only trails Kearsten Peoples' 10 All-America honors.

EIGHT FROM MIZZOU EARN ALL-SEC HONORS

- Mizzou garnered eight honors as the Southeastern Conference announced its SEC Indoor. Senior **Karissa Schweizer** earned the SEC Women's Runner of the Year following conference titles in the 3000m run and distance medley relay. This is second consecutive season she's been named the league's top female indoor runner.
- Joining Schweizer with All-SEC first team honors was redshirt senior **Megan Cunningham**, who captured the 5000m SEC title, as well as Schweizer's DMR teammates, junior **Maya Cody**, redshirt senior **Valeska Halamicek** and sophomore **Karina Liz**. Three Tigers, distance runner **Austin Hindman**, jumper standout **Ja'Mari Ward** and thrower **Emily Stauffer** also earned All-SEC Freshman Team honors as the top freshman finisher in their event.
- Mizzou's freshmen set themselves up for a successful future at SEC meets in the Black & Gold, as the Tigers' three All-SEC Freshman Team honors are tied for the second-most in the conference. Ward led the way, as he finished fifth in the long jump (7.75m/25-5.25), while Stauffer finished 11th in the weight throw (17.81m/58-5.25) and Hindman finished 16th in the 3000m run (8:21.48). Ward, the 2017 SEC Outdoor Freshman Field Athlete of the Year, set the school record and posted a NCAA Indoor-qualifying mark at the Missouri Collegiate Challenge (Feb. 16), as he jumped 7.97m (26-1.75).

CUNNINGHAM WINS 5000M SEC TITLE

- Mizzou redshirt senior **Megan Cunningham** claimed her first career conference title in the 5000m run at the SEC Indoor Championships.
- Cunningham jumped out to the front of the pack from the get-go and lead for the majority of the women's 5000m run race, as the Tiger senior claimed her first career conference title with a time of 15:56.76. The Tiger senior demolished the competition in the race, as she finished more than 25 seconds ahead of the runner-up. Kentucky's Katy Kunc (16:20.70). With the win, Cunningham records the first indoor 5000m run conference title in program history, and the fifth overall as Sabrina Dornhoefer (1983-84), Ann Marie Brooks (2001) and Schweizer (2017) captured outdoor 5000m run conference titles.

CUNNINGHAM WINS 5000M RUN AT MUSIC CITY CHALLENGE

- Mizzou redshirt senior **Megan Cunningham** posted an event win in the 5000m run at the Music City Challenge in Nashville on Feb. 9
- Cunningham continued her impressive start to the indoor season by posting her second program top-10 mark of the season. The Tiger senior won the 5000m run with a time of 15:53.20, finishing more than 23 seconds ahead of the runner-up while setting a new facility and meet record. The time ranks second all-time in Mizzou history, and currently stands as the 23rd-best time ran in the NCAA this season.

TEAM SEASON-BESTS BY EVENT

MEN	INDOOR	WOMEN	MEN	OUTDOOR	WOMEN
Jerrad Mason - 6.93	60m DASH	Maya Cody - 7.36	Rauno Liitmaa - 11.33	100m DASH	Maya Cody - 11.76
Jerrad Mason - 22.04	200m DASH	Maya Cody - 24.32	Jerrad Mason - 21.69	200m DASH	Tsai-Anne Joseph - 24.26
Jerrad Mason - 47.12	400m DASH	Karina Liz - 59.79	Jerrad Mason - 47.48	400m DASH	Maya Puller - 1:00.17
Chris Conrad - 1:49.84	800m RUN	Valeska Halamicek - 2:10.72	Chris Conrad - 1:48.68	800m RUN	Valeska Halamicek - 2:08.68
Austin Hindman - 4:12.39	MILE RUN	Karissa Schweizer - 4:27.54	Zach Cook - 3:51.16	1500m RUN	Karissa Schweizer - 4:12.83
Marc Dubrick - 8:12.30	3000m RUN	Karissa Schweizer - 8:41.60	Zach Cook - 14:50.69	5000m RUN	Karissa Schweizer - 15:23.21
Thomas George - 14:14.79	5000m RUN	Karissa Schweizer - 15:17.31	Michael Widmann - 32:05.05	10,000m RUN	Karissa Schweizer - 32:00.55
Rauno Liitmaa - 8.39	60m HURDLES	--	Rauno Liitmaa - 14.91	110m/100m HURDLES	--
(Kuhlmann, Mason, Sheridan, Goodman) - 3:19.01	4x400m RELAY	(Puller, Shonekan, Forbis, Liz) - 4:08.14	Jerrad Mason - 51.28	400m HURDLES	--
(Goodman, Mason, Conrad, Dubrick) - 9:53.73	DMR	(Halamicek, Cody, Liz, Schweizer) - 11:08.18	--	3K STEEPLECHASE	Samantha Farmer - 11:05.26
Landon Cuskelly - 2.10m (6-10.75)	HIGH JUMP	Valeria Kostiuk - 1.83m (6-0)	--	4x100m RELAY	(Joseph, Cody, Shumaker, Mack) - 47.24
Rauno Liitmaa - 4.50m (14-9)	POLE VAULT	--	(Kuhlmann, Conrad, Sheridan, Mason) - 3:19.00	4x400m RELAY	(Liz, Shonekan, Puller, Halamicek) - 3:55.48
Ja'Mari Ward - 7.97m (26-1.75)	LONG JUMP	Arielle Mack 5.77m (18-11.25)	Landon Cuskelly - 2.18m (7-1.75)	HIGH JUMP	Karissa Roman - 1.75m (5-8.75)
Ja'Mari Ward - 15.66m (51-4.5)	TRIPLE JUMP	Arielle Mack - 11.31m (37-1.25)	Jason Edwards/Rauno Liitmaa - 4.50m (14-9)	POLE VAULT	--
Will Fife - 17.71m (58-1.25)	SHOT PUT	Gabi Jacobs - 15.54m (51-0)	Rauno Liitmaa - 6.80m (22-3.75)	LONG JUMP	Keyoni Mbroh - 5.49m (18-0.25)
Patrick Kunza - 19.58m (64-3)	WEIGHT THROW	CeCe Johnson - 18.88m (61-11.5)	--	TRIPLE JUMP	--
Rauno Liitmaa - 5,573 pts	HEPTATHLON / PENTATHLON	--	Will Fife - 18.58m (60-11.5)	SHOT PUT	Gabi Jacobs - 15.75m (51-8.25)
			Will Fife - 52.14m (171-1)	DISCUS THROW	Gabi Jacobs - 58.11m (190-8)
			Avery Carter - 64.18m (210-7)	HAMMER THROW	Becky Keating - 63.87m (209-6)
			Rauno Liitmaa - 67.00m (219-9)	JAVELIN	Allie Webb - 44.11m (144-9)
			Rauno Liitmaa - 7,524 points	DECATHLON / HEPTATHLON	--



KARISSA SCHWEIZER

COMPETING IN:
5000m Run & 10,000m Run

YEAR
Senior

MAJOR
Health Sciences

HOMETOWN
Urbandale, Iowa

HIGH SCHOOL
Dowling Catholic HS

CAREER ACCOLADES

CROSS COUNTRY

- 2016 NCAA Cross Country National Champion
- 2017 NCAA All-American (11th Place)
- 2016 NCAA All-American (1st Place)
- 2014 NCAA Cross Country Championships qualifier
- 2017 NCAA All-Midwest Regional Champion
- 2016 NCAA Midwest Regional Champion
- 2015 NCAA All-Midwest Regional Team (25th)
- 2014 NCAA All-Midwest Regional Team (7th)
- 2017 SEC Cross Country Champion
- 2016 SEC Cross Country Champion
- 2017 USTFCCA Midwest Regional Runner of the Year
- 2016 USTFCCA Women's Cross Country Athlete of the Year
- 2016 USTFCCA Midwest Regional Runner of the Year
- 2017 SEC Women's Runner of the Year
- 2016 SEC Women's Runner of the Year
- 2014 SEC Cross Country Freshman of the Year
- 2017 USTFCCA Cross Country All-Academic Individual
- 2016 USTFCCA Cross Country Scholar Athlete of the Year

INDOOR TRACK & FIELD

- 2018 NCAA Indoor National Champion (3000m Run)
- 2018 NCAA Indoor National Champion (5000m Run)
- 2017 NCAA Indoor National Champion (5000m Run)
- 2018 NCAA Indoor First-Team All-American (3000m Run – 1st)
- 2018 NCAA Indoor First-Team All-American (5000m Run – 1st)
- 2017 NCAA Indoor First-Team All-American (5000m Run – 1st)
- 2017 NCAA Indoor First-Team All-American (3000m Run – 2nd)
- 2018 SEC Indoor 3000m Champion
- 2018 SEC Indoor Distance Medley Relay Champion
- 2017 SEC Indoor 3000m Champion
- 2017 SEC Indoor Mile Champion
- 2018 USTFCCA Women's Indoor Track National Athlete of the Year
- 2018 USTFCCA Midwest Regional Women's Indoor Track Athlete of the Year
- 2018 SEC Runner of the Year
- 2017 USTFCCA Midwest Regional Women's Indoor Track Athlete of the Year
- 2017 USTFCCA Indoor Track Scholar Athlete of the Year
- School Record Holder in the Indoor Mile Run (4:27.54)
- School Record & Collegiate Record Holder in the Indoor 3000m Run (8:41.60)
- School Record Holder in the Indoor 5000m Run (15:17.31)
- No. 2 All-Time in the Indoor Distance Medley Relay (11:08.18)

OUTDOOR TRACK & FIELD

- 2017 NCAA Outdoor National Champion (5000m Run)
- 2017 NCAA Outdoor First-Team All-American (5000m Run – 1st)
- 2016 NCAA Outdoor First-Team All-American (5000m Run – 3rd)
- 2016 NCAA Outdoor First-Team All-American (5000m – 3rd)
- 2018 NCAA West Preliminary qualifier (5000m Run, 10,000m Run)
- 2017 NCAA Championships qualifier (5000m Run)
- 2017 NCAA West Preliminary qualifier (5000m Run)
- 2016 NCAA Outdoor Championships qualifier (5000m Run)
- 2016 NCAA West Preliminary qualifier (5000m Run)
- 2018 SEC Outdoor 5000m Champion
- 2017 SEC Outdoor 5000m Champion
- 2018 All-SEC Outdoor (1500m Run, 5000m Run)
- 2017 All-SEC Outdoor (1500m Run, 5000m Run)
- 2016 All-SEC Outdoor (1500m Run, 5000m Run)
- 2017 USTFCCA Midwest Regional Women's Outdoor Track Athlete of the Year
- 2015 NCAA West Preliminary Round qualifier (5000m Run)
- School Record Holder in the Outdoor 1500m Run (4:12.83)
- School Record Holder in the Outdoor 5000m Run (15:18.69)
- School Record Holder in the Outdoor 10,000m Run (32:00.55)

KARISSA SCHWEIZER

MIZZOU PERSONAL RECORDS

CROSS COUNTRY

5K - 16:09.83 // Chile Pepper Festival (10/1/16)
6K - 19:29.7 // Pre-National Invitational (10/14/17)

INDOOR TRACK & FIELD

800m - 2:12.95 // Border Battle (1/9/16)
Mile Run - 4:27.54 // Columbia Challenge (1/27/18)
3000m Run - 8:41.60 // Millrose Games (2/3/18)
5000m Run - 15:17.31 // BU Season Opener (12/2/17)

OUTDOOR TRACK & FIELD

800m - 2:09.42 // Memphis Invitational (4/30/16)
1500m - 4:12.83 // Tom Botts Invitational (4/20/18)
5000m - 15:18.69 // USA Track & Field Championships (6/23/17)
10,000m - 32:00.55 // Stanford Invitational (3/30/18)

2017-18

CROSS COUNTRY

- Was named the USTFCCA Midwest Regional Women's Runner of the Year and the SEC Women's Runner of the Year, both for the second straight season
- Finished 11th at the NCAA Cross Country Championships (Nov. 18) to record her sixth career All-America honor.
- Won her second straight NCAA Midwest Regional title (Nov. 10) in her home state of Iowa, crossing the finish line at 19:50.9.
- Captured her second consecutive SEC Conference title (Oct. 27), finishing a full 30 seconds ahead of the rest of the field at 19:36.3 to become the sixth runner in program history to repeat as cross country conference champion.
- Finished second at the Pre-National Invitational (Oct. 14), resetting her 6K personal record at 19:29.7 and earning SEC Runner of the Week honors.
- Set the course record at the Commodore Classic (Sept. 16), crossing the finish line in the 5K race at 16:25.4 and earning SEC Runner of the Week and USTFCCA National Athlete of the Week nods.

INDOOR TRACK

- Became the fifth 3K/5K double champion in NCAA history with National Championship performances in the 3000m run and 5000m run at the NCAA Indoor Championships (March 9-10). Schweizer's two national titles give her five career NCAA titles, the most of any Mizzou athlete, regardless of sport. Schweizer's eight career All-America honors rank second-most in program history, and only trail Kearsen Peoples' 10 podium finishes.
- Won two conference titles at the SEC Indoor Championships (Feb. 24-25), setting the meet record in the 3000m run (9:00.56) and anchoring the DMR with a split of 4:25.56.
- Set the collegiate record and school record in the 3000m run at the Millrose Games, finishing fourth in a field full of professionals with a time of 8:41.60.
- Ran the fifth-fastest collegiate time and set the school record in the mile run at the Columbia Challenge (Jan. 27), crossing the finish line at 4:27.54.
- Opened the indoor season by running the fifth-fastest indoor 5000m run time in collegiate history at the BU Season Opener (Dec. 2), crossing the finish line at 15:17.31.

OUTDOOR TRACK

SEASON BESTS - NATIONAL RANK/REGIONAL RANK

1500m - 4:12.83 // Tom Botts Invitational (4/20/18) - 10/6

5000m - 15:23.21 // Drake Relays (4/26/18) - 4/4

10,000m - 32:00.55 // Stanford Invitational (3/30/18) - 1/1

- Won her eighth career conference title in the 5000m run at the SEC Outdoor Championships (May 13), while also finished runner-up in the 1500m run.
- Was named the Drake Relays Most Outstanding Performer after event wins in the 5000m run (April 26) and DMR (April 28). Set the Drake Relays meet record in the 5000m run, crossing the finish line at 15:23.21. Also named SEC co-Runner of the Week for her performance.
- Set her sixth school record and a meet record in the 1500m run at the Tom Botts Invitational (April 20) with a time of 4:12.83.
- Set the 10,000m run school record at the Stanford Invitational (March 30), crossing the finish line third in the invitational heat at 32:00.55.

2016-17

CROSS COUNTRY

- Became the first women's NCAA Cross Country National Champion in program history with a first place finish at the NCAA Championships, passing up four runners in the final 400-meters to take home the crown and finish with a personal-record time of 19:41.60.
- Became the first regional champion in program history with a first-place finish at the NCAA Midwest Regional, helping Mizzou win its first regional title since 2004.
- Won the first individual conference championship since 1997 with an SEC Championship, finishing the 6K race at 20:10.6.
- Placed first in five of six meets on the season, setting and re-setting personal-records in each meet and winning the Commodore Classic, Chile Pepper Festival, SEC Championships, NCAA Midwest Regional and NCAA Championships.

INDOOR TRACK

- Earned two All-America honors in the 5000m run and 3000m run at the NCAA Indoor Championships (March 10-11), winning the national title in the 5000m by setting the school record with a time of 15:19.14 and finishing runner-up in the 3000m run with a time of 9:09.33.
- Won the Cliff Harper Trophy at the SEC Indoor Championships (Feb. 24-25) for being the highest point scorer at the meet after claiming conference titles in the mile run (4:37.44) and 3000m run (9:18.32).
- Won the mile run again at the Razorback Invitational (Jan. 28), crossing the finish line at 4:35.61, the second-fastest time in program history.
- Started the season by setting the school record in the Boston University Season Opener (Dec. 3) in the 5000m run, crossing the finish line at 15:37.4.

OUTDOOR TRACK

- Shattered the 5000m run school record at the USA Track & Field Championships, finishing fourth with a time of 15:18.69.
- Won her third NCAA Title at the NCAA Championships in the 5000m run (June 10), re-setting the school record in the race with a time of 15:38.93 and becoming the first female athlete in Mizzou Athletics history to win multiple NCAA Titles.
- Finished first in the 5000m run at the NCAA West Preliminary (May 27) at 16:24.07 to clinch second consecutive trip to the NCAA Championships.
- Captured her fourth career conference title at the SEC Outdoor Championships (May 12-13), finishing first in the 5000m run with a time of 15:51.76 and second in the 1500m run at 4:18.42.
- Was elevated to the 1500m run invitational at the Drake Relays (April 28), finishing eighth at 4:18.16 in a race which featured 11 professional runners and six Olympians.
- Finished second in the 1500m run at the Crimson Tide Invite (April 8) by running the second-fastest time in program history at 4:15.77.
- Opened the outdoor season by setting the then-school record in the 5000m run at the Stanford Invitational (March 31), crossing the finish line at 15:39.75.

2015-16

CROSS COUNTRY

- Earned an NCAA All-Midwest Regional selection with a 25th-place finish, finishing at 20:59.10.
- Earned second-team All-SEC honors with a 14th-place finish at the SEC Championships, finishing the 6K at 20:23.10.
- Opened the season with a first-place finish at the Forest Park XC Festival, finishing the 5K race at 18:17.

INDOOR TRACK

- Ran the then-second-fastest time in program history in the mile run at the Tyson Invitational, finishing third at 4:39.87.

OUTDOOR TRACK

- Earned All-America honors by finishing third in the 5,000m at the NCAA Championships, finishing at 16:02.82.
- Finished third in the 1,500m and the 5,000m at the SEC Championships, crossing the finish line at 4:29.08 and 16:17.82, respectively.

2014-15

CROSS COUNTRY

- She closed her season in Terre Haute, Ind., for the national championship meet, placing 155th in the elite field with a final crossing of 21:36.20.
- Karissa led the Tigers once again during the NCAA Midwest Region Championships, timing through in 20:25.60 to earn seventh overall, good for an All-Midwest Regional honor and qualification into the NCAA Championships.
- She was 17th overall, second for the Tigers, during the SEC Championships, crossing as the first freshman in the field with a final time of 20:41.20 on the 5000m course and earning SEC Freshman of the Year honors.

INDOOR TRACK

- Karissa closed her season at the SEC Championships, where she was eighth in the 3000m run (9:40.20) and fifth for the DMR (11:30.08)

OUTDOOR TRACK

- Karissa closed her freshman year with another NCAA Championships qualification, making the cut for the West Preliminary Round in the 5000m run with a 32nd-place finish (16:56.61).
- Karissa donned the black and gold for the SEC Championships, taking 14th in the 1500m and seventh in the 5000m in PR time (16:32.91)
- She was part of the 12th-place DMR team at the Drake Relays, and earned 21st as an individual in the 5000m run.
- She was second in the 1500m run at the Tom Botts Invitational, clocking a new PR of 4:26.34

HIGH SCHOOL

- Competed for Dowling Catholic HS under coaches Fr. James Kirby.
- She was a 12-time IAHSAA All-State athlete in cross country and track.
- Helped lead her team to three IAHSAA cross country titles in 2010-11, and 2013
- She was the IAHSAA Cross Country Championships runner-up in 2013, third in 2012, seventh in 2011, and fifth in 2010
- She was the 2011 IAHSAA Champion for 3000m, and took third in both the 1500m and 800m.



MEN'S ENTRIES



AVERY CARTER

R-Junior | Throws
Lee's Summit, Mo. | Lee's Summit West HS

Competing in: **Hammer Throw**

OUTDOOR CAREER BESTS

Shot Put: 17.02m (55-10.25) at Tom Botts Invitational, 4/21/18

Hammer Throw: 64.18m (210-7) at Tom Botts Invitational, 4/21/18

OUTDOOR SEASON BESTS

Shot Put: 17.02m (55-10.25) at Tom Botts Invitational, 4/21/18

Hammer Throw: 64.18m (210-7) at Tom Botts Invitational, 4/21/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

Shot Put: 17.02m (55-10.25) - 125/70

Hammer Throw: 64.18m (210-7) - 42/16

NOTES

- No. 3 all-time in the hammer throw (64.18m/210-7)
- Won the hammer throw at the Tom Botts Invitational (April 20) with a throw of 64.18m (210-7)
- Set a PR in the shot put at the Tom Botts Invitational (April 21), finishing seventh at 17.02m (55-10.25)



CHRIS CONRAD

Freshman | Mid-Distance
O'Fallon, Ill. | O'Fallon Township HS

Competing in: **800m Run**

OUTDOOR CAREER BESTS

800m: 1:48.68 at SEC Outdoor Championships, 5/13/18

1500m: 3:54.49 at Tom Botts Invitational, 4/20/18

OUTDOOR SEASON BESTS

800m: 1:48.68 at SEC Outdoor Championships, 5/13/18

1500m: 3:54.49 at Tom Botts Invitational, 4/20/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

800m: 1:48.68 - 142/21

1500m: 3:54.49 - 500+/273

NOTES

- Finished fifth in the 800m run at the SEC Outdoor Championships (May 13), crossing the finish line at 1:48.68.
- Won the 800m run (1:51.46) and 1500m run (3:54.49) at the Tom Botts Invitational (April 20-21)
- Finished 10th in the 800m run (1:51.38) at 2018 SEC Indoor Championships (Feb. 24).



LANDON CUSKELLY

(coo-skel-E)
Junior | Jumps
El Dorado, Kan. | Butler CC

Competing in: **High Jump**

OUTDOOR CAREER BESTS

High Jump: 2.18m (7-1.75) at Tom Botts Invitational, 4/21/18

OUTDOOR SEASON BESTS

High Jump: 2.18m (7-1.75) at Tom Botts Invitational, 4/21/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

High Jump: 2.18m (7-1.75) - 25/10

NOTES

- No. 5 all-time in the high jump (2.18m/7-1.75)
- Named Most Outstanding Performer at Tom Botts Invitational after winning the high jump (2.18m/7-1.75)
- Three-time NJCAA All-American
- 2016 NJCCA Outdoor Runner-up in the High Jump
- 2016 NJCAA Region VI Field Athlete of the Year



WILL FIFE

R-Junior | Throws
Jefferson City, Mo. | Helias Catholic HS

Competing in: **Shot Put**

OUTDOOR CAREER BESTS

Shot Put: 18.58m (60-11.5) at Arkansas Spring Invitational, 3/24/18

Discus: 52.14m (171-1) at John McDonnell Invitational, 4/13/18

OUTDOOR SEASON BESTS

Shot Put: 18.58m (60-11.5) at Arkansas Spring Invitational, 3/24/18

Discus: 52.14m (171-1) at John McDonnell Invitational, 4/13/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

Shot Put: 18.58m (60-11.5) - 38/17

Discus: 52.14m (171-1) - 127/75

NOTES

- No. 7 all-time in the shot put (18.58m/60-11.5)
- Has finished first in the shot put in three of six meets this season.
- Finished first in the shot put 17.62m (57-9.75) at the Missouri Collegiate Challenge (Feb. 16).



PATRICK KUNZA

R-Sophomore | Throws
Wentzville, Mo. | Timberland HS

Competing in: **Hammer Throw**

OUTDOOR CAREER BESTS

Hammer Throw: 62.70m (205-8) at CMU Open, 3/17/18

OUTDOOR SEASON BESTS

Hammer Throw: 62.70m (205-8) at CMU Open, 3/17/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

Hammer Throw: 62.70m (205-8) - 66/32

NOTES

- No. 9 all-time in the hammer throw (62.70m/205-8)
- 2017 SEC Outdoor All-Freshman Team (Hammer Throw)



RAUNO LIITMAE

(RAH-no) (leet-may)
Senior | Multi-Events
Estonia | Tallinn

Competing in: **Javelin, Decathlon (In Eugene)**

OUTDOOR CAREER BESTS

Javelin: 67.00m (219-9) at SEC Outdoor Championships, 5/12/18

Decathlon: 7,524 points at SEC Outdoor Championships, 5/11-12/18

OUTDOOR SEASON BESTS

Javelin: 67.00m (219-9) at SEC Outdoor Championships, 5/12/18

Decathlon: 7,524 points at SEC Outdoor Championships, 5/11-12/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

Javelin: 67.00m (219-9) - 52/26

Decathlon: 7,524 points - 20/12

NOTES

- Finished fifth in the decathlon at the SEC Outdoor Championships (May 11-12) with 7,524 points
- No. 5 all-time in the outdoor decathlon (7,524 points)
- No. 5 all-time in the indoor heptathlon (5,573 points)
- No. 7 all-time in the outdoor javelin (67.00m/219-9)



MEN'S ENTRIES

**JERRAD MASON**

(Ger-AHD)

R-Senior | Sprints

Bridgetown, Barbados | Harrison Prep

Competing in: **400m Hurdles****OUTDOOR CAREER BESTS****100m:** 10.73 at Arkansas Spring Invitational, 3/26/16**200m:** 21.69 at Arkansas Spring Invitational, 3/24/18**400m:** 47.48 at Ole Miss Classic, 3/31/18**400mH:** 51.24 at Tom Botts Invitational, 4/15/17**OUTDOOR SEASON BESTS****200m:** 21.69 at Arkansas Spring Invitational, 3/24/18**400m:** 47.48 at Ole Miss Classic, 3/31/18**400mH:** 51.69 at Drake Relays, 4/28/18**OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS****200m:** 21.69 - 485/211**400m:** 47.48 - 178/89**400mH:** 51.69 - 46/31**NOTES**

- No. 2 all-time in the indoor 400m dash (46.89)
- No. 4 all-time in the outdoor 400m hurdles (51.24)

WOMEN'S ENTRIES

**MEGAN CUNNINGHAM**

R-Senior | Distance
Eureka, Mo. | Eureka HS

Competing in: **10,000m Run**

OUTDOOR CAREER BESTS

1500m Run: 4:57.44 at Beach Invitational, 4/19/14

5000m Run: 16:03.20 at Gorilla Classic, 4/14/18

10,000m Run: 33:19.25 at Drake Relays, 4/26/18

OUTDOOR SEASON BESTS

5000m Run: 16:03.20 at Gorilla Classic, 4/14/18

10,000m Run: 33:19.25 at Drake Relays, 4/26/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

5000m Run: 16:03.20 - 43/28

10,000m Run: 33:19.25 - 17/12

NOTES

- 2018 SEC Outdoor 10,000m Champion
- 2018 SEC Indoor 5000m Champion
- 2017 NCAA All-Midwest Regional honoree in cross country
- No. 4 all-time in the outdoor 5000m run (16:03.20)
- No. 4 all-time in the outdoor 10,000m run (33:19.25)

**VALESKA HALAMICEK**

(HAL-ah-MAH-check)

R-Senior | Mid-Distance
Weldon Spring, Mo. | Francis Howell HS

Competing in: **800m Run**

OUTDOOR CAREER BESTS

800m Run: 2:07.57 at SEC Championships, 5/12/16

1500m Run: 4:26.44 at Drake Relays, 4/26/18

OUTDOOR SEASON BESTS

800m Run: 2:08.68 at SEC Outdoor Championships, 5/11/18

1500m Run: 4:26.44 at Drake Relays, 4/26/18

INDOOR SEASON NATIONAL RANKINGS

800m Run: 2:08.68 - 144/66

1500m Run: 4:26.44 - 213/87

NOTES

- 2018 SEC Indoor DMR Champion
- No. 10 all-time in the outdoor 800m run (2:07.57)
- No. 10 all-time in the indoor 800m run (2:09.25)

**GABI JACOBS**

R-Junior | Throws
Bloomington, Ill. | Normal University HS

Competing in: **Shot Put, Discus**

OUTDOOR CAREER BESTS

Shot Put: 15.78m (51-9.25) at NCAA West Preliminary, 5/27/17

Discus: 58.23m (191-0) at NCAA West Preliminary, 5/27/17

OUTDOOR SEASON BESTS

Shot Put: 15.75m (51-8.25) at SEC Outdoor Championships, 5/11/18

Discus: 58.11m (190-8) at Tom Botts Invitational, 4/21/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

Shot Put: 15.75m (51-8.25) - 60/31

Discus: 58.11m (190-8) - 9/9

NOTES

- 2018 SEC Outdoor Discus Champion
- 2017 NCAA Outdoor First Team All-American (Discus)
- 2017 SEC Outdoor Discus Champion
- School Record Holder in the outdoor discus (58.23m/191-0)
- No. 7 all-time in the outdoor shot put (15.78m/51-9.25)

**BECKY KEATING**

Junior | Throws
Reading, England

Competing in: **Hammer Throw**

OUTDOOR CAREER BESTS

Hammer Throw: 63.87m (209-6) at CMU Open, 3/17/18

OUTDOOR SEASON BESTS

Hammer Throw: 63.87m (209-6) at CMU Open, 3/17/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

Hammer Throw: 63.87m (209-6) - 19/13

NOTES

- No. 2 all-time in the outdoor hammer throw (63.87m/209-6)
- No. 9 all-time in the indoor weight throw (18.50m/60-8.5)

**KARISSA ROMAN**

(ROH-men)

Junior | Jumps
Kewanee, Ill. | Wethersfield HS

Competing in: **High Jump**

OUTDOOR CAREER BESTS

High Jump: 1.75m (5-8.75) at Ole Miss Classic, 3/31/18

OUTDOOR SEASON BESTS

High Jump: 1.75m (5-8.75) at Ole Miss Classic, 3/31/18

OUTDOOR SEASON NATIONAL/REGIONAL RANKINGS

High Jump: 1.75m (5-8.75) - 78/47

NOTES

- No. 10 all-time in the indoor high jump (1.77m/5-9.75)
- 2017 NCAA West Preliminary qualifier (High Jump)

NCAA WEST PRELIMINARY CHAMPIONSHIPS SCHEDULE



All times listed are Pacific
Schedule subject to change

THURSDAY - MAY 24

TRACK EVENTS

Time	Event	Division	Round
4:30 PM	400 Hurdles	Men	First Round
5:00 PM	400 Hurdles	Women	First Round
5:30 PM	1500 Meters	Men	First Round
6:00 PM	1500 Meters	Women	First Round
6:30 PM	100 Meters	Men	First Round
6:55 PM	100 Meters	Women	First Round
7:20 PM	400 Meters	Men	First Round
7:45 PM	400 Meters	Women	First Round
8:10 PM	800 Meters	Men	First Round
8:35 PM	800 Meters	Women	First Round
9:00 PM	10,000 Meters	Men	Semifinal
9:40 PM	10,000 Meters	Women	Semifinal

FIELD EVENTS

Time	Event	Division	Round
12:00 PM	*Hammer	Men	First Round
12:00 PM	*Javelin	Women	First Round
4:00 PM	High Jump	Women	First Round
4:30 PM	*Shot Put	Women	First Round
4:30 PM	Long Jump	Men	First Round
4:30 PM	Pole Vault	Men	First Round
7:30 PM	Long Jump	Women	First Round

FRIDAY - MAY 25

TRACK EVENTS

Time	Event	Division	Round
4:30 PM	110 Hurdles	Men	First Round
5:00 PM	100 Hurdles	Women	First Round
5:30 PM	400 Meters	Men	Quarterfinal
5:45 PM	400 Meters	Women	Quarterfinal
6:00 PM	100 Meters	Men	Quarterfinal
6:15 PM	100 Meters	Women	Quarterfinal
6:30 PM	800 Meters	Men	Quarterfinal
6:45 PM	800 Meters	Women	Quarterfinal
7:00 PM	400 Hurdles	Men	Quarterfinal
7:15 PM	400 Hurdles	Women	Quarterfinal
7:30 PM	200 Meters	Men	First Round
7:55 PM	200 Meters	Women	First Round
8:20 PM	3000 Steeplechase	Men	Quarterfinal
9:00 PM	3000 Steeplechase	Women	Quarterfinal

FIELD EVENTS

Time	Event	Division	Round
12:00 PM	Discus	Men	First Round
4:30 PM	Discus	Women	First Round
4:30 PM	Pole Vault	Women	First Round

SATURDAY - MAY 26

TRACK EVENTS

Time	Event	Division	Round
6:00 PM	4x100 Relay	Men	Quarterfinal
6:15 PM	4x100 Relay	Women	Quarterfinal
6:30 PM	1500 Meters	Men	Quarterfinal
6:45 PM	1500 Meters	Women	Quarterfinal
7:05 PM	110 Hurdles	Men	Quarterfinal
7:20 PM	100 Hurdles	Women	Quarterfinal
7:35 PM	200 Meters	Men	Quarterfinal
7:50 PM	200 Meters	Women	Quarterfinal
8:05 PM	5000 Meters	Men	Semifinal
8:45 PM	5000 Meters	Women	Semifinal
9:25 PM	4x400 Relay	Men	Quarterfinal
9:45 PM	4x400 Relay	Women	Quarterfinal

FIELD EVENTS

Time	Event	Division	Round
12:00 PM	*Hammer	Women	First Round
12:00 PM	*Javelin	Men	First Round
4:00 PM	High Jump	Men	First Round
4:30 PM	*Shot Put	Men	First Round
4:30 PM	Triple Jump	Women	First Round
7:30 PM	Triple Jump	Men	First Round

* Hammer, Javelin & Shot Put for both men & women will be conducted outside the stadium.



NCAA WEST PRELIMINARY CHAMPIONSHIPS SCHEDULE

FIELD EVENTS

THURSDAY (PT)

HAMMER THROW, MEN

12:00 p.m.

Avery Carter, R-Jr. 64.18m (210-7)

Patrick Kunza, R-So. 62.70m (205-8)

JAVELIN, WOMEN

12:00 p.m.

HIGH JUMP, WOMEN

4:00 p.m.

Karissa Roman, Jr. 1.75m (5-8.75)

SHOT PUT, WOMEN

4:30 p.m.

Gabi Jacobs, R-Jr. 15.78m (51-9.25)

LONG JUMP, MEN

4:30 p.m.

POLE VAULT, MEN

4:30 p.m.

LONG JUMP, WOMEN

7:30 p.m.

TRACK EVENTS

THURSDAY (PT)

400m HURDLES FIRST ROUND, MEN

4:30 p.m.

Jerrad Mason, R-Sr. 51.24

400m HURDLES FIRST ROUND, WOMEN

5:00 p.m.

1500m RUN FIRST ROUND, MEN

5:30 p.m.

1500m RUN FIRST ROUND, WOMEN

6:00 p.m.

100m DASH FIRST ROUND, MEN

6:30 p.m.

100m DASH FIRST ROUND, WOMEN

6:55 p.m.

400m DASH FIRST ROUND, MEN

7:20 p.m.

400m DASH FIRST ROUND, WOMEN

7:45 p.m.

800m RUN FIRST ROUND, MEN

8:10 p.m.

Chris Conrad, Fr. 1:48.68

800m RUN FIRST ROUND, WOMEN

8:35 p.m.

Valeska Halamiccek, R-Sr. 2:07.57

10,000m RUN SEMIFINAL, MEN

9:00 p.m.

10,000m RUN SEMIFINAL, WOMEN

9:40 p.m.

Megan Cunningham, R-Sr. 33:19.25

Karissa Schweizer, Sr. 32:00.55



NCAA WEST PRELIMINARY CHAMPIONSHIPS SCHEDULE

FIELD EVENTS

FRIDAY (PT)

DISCUS, MEN

12:00 p.m.

DISCUS, WOMEN

4:30 p.m.

Gabi Jacobs, R-Jr. 58.23m (191-0)

POLE VAULT, WOMEN

4:30 p.m.

TRACK EVENTS

FRIDAY (PT)

110m HURDLES FIRST ROUND, MEN

4:30 p.m.

100m HURDLES FIRST ROUND, WOMEN

5:00 p.m.

400m DASH QUARTERFINAL, MEN

5:30 p.m.

400m DASH QUARTERFINAL, WOMEN

5:45 p.m.

100m DASH QUARTERFINAL, MEN

6:00 p.m.

100m DASH QUARTERFINAL, WOMEN

6:15 p.m.

800m RUN QUARTERFINAL, MEN

6:30 p.m.

800m RUN QUARTERFINAL, WOMEN

6:45 p.m.

400m HURDLES QUARTERFINAL, MEN

7:00 p.m.

400m HURDLES QUARTERFINAL, WOMEN

7:15 p.m.

200m DASH FIRST ROUND, MEN

7:30 p.m.

200m DASH FIRST ROUND, WOMEN

7:55 p.m.

3000m STEEPLECHASE, MEN

8:20 p.m.

3000m STEEPLECHASE, WOMEN

9:00 p.m.



NCAA WEST PRELIMINARY CHAMPIONSHIPS SCHEDULE

FIELD EVENTS

SATURDAY (PT)

HAMMER THROW, WOMEN

12:00 p.m.

Becky Keating, Jr. 63.87m (209-6)

JAVELIN, MEN

12:00 p.m.

Rauno Liitmaa, Jr. 67.00m (219-9)

HIGH JUMP, MEN

4:00 p.m.

Landon Cuskelly, Jr. 2.18m (7-1.75)

SHOT PUT, MEN

4:30 p.m.

Will Fife, R-Jr. 18.58m (60-11.5)

TRIPLE JUMP, WOMEN

4:30 p.m.

TRIPLE JUMP, MEN

7:30 p.m.

TRACK EVENTS

SATURDAY (PT)

4x100m RELAY QUARTERFINAL, MEN

6:00 p.m.

4x100m RELAY QUARTERFINAL, WOMEN

6:15 p.m.

1500m RUN QUARTERFINAL, MEN

6:30 p.m.

1500m RUN QUARTERFINAL, WOMEN

6:45 p.m.

110m HURDLES QUARTERFINAL, MEN

7:05 p.m.

100m HURDLES QUARTERFINAL, WOMEN

7:20 p.m.

200m DASH QUARTERFINAL, MEN

7:35 p.m.

200m DASH QUARTERFINAL, WOMEN

7:50 p.m.

5000m RUN SEMIFINAL, MEN

8:05 p.m.

5000m RUN SEMIFINAL, WOMEN

8:45 p.m.

Karissa Schweizer, Sr. 15:18.69

4x400m RELAY QUARTERFINAL, MEN

9:25 p.m.

4x400m RELAY QUARTERFINAL, WOMEN

9:45 p.m.



MEN'S PERSONAL RECORDS

BOLD - PR set in 2018 | D - Set during a Decathlon event | * - School Record | ^ - Top-10 Program Mark

RUNNING EVENTS

<i>Athlete</i>	<i>100m</i>	<i>200m</i>	<i>400m</i>	<i>800m</i>	<i>1500m</i>	<i>5000m</i>	<i>10,000m</i>	<i>110mH</i>	<i>400mH</i>	<i>3K SC</i>
Jayson Ashford (Fr.)	--	--	--	--	--	--	--	--	--	--
Chris Conrad (Fr.)	--	--	--	1:48.68	3:54.49	--	--	--	--	--
Zach Cook (R-Jr.)	--	--	--	--	3:51.15	14:50.69	--	--	--	--
Marc Dubrick (R-Sr.)	--	--	--	--	3:51.78	14:24.05	--	--	--	9:14.76
Jason Edwards (Fr.)	11.36 D	--	52.35 D	--	5:19.23 D	--	--	16.04 D	--	--
Thomas George (Jr.)	--	--	--	--	3:51.16	15:16.04	--	--	--	--
Ben Goodman (R-Sr.)	--	--	--	1:52.01	3:55.12	--	--	--	--	--
Austin Hindman (Fr.)	--	--	--	--	--	--	--	--	--	--
Patrick Kearns (R-Jr.)	--	--	--	2:04.49	4:19.83	15:50.33	--	--	--	--
Alfred Kimaiyo (R-Fr.)	--	--	--	--	--	--	--	--	--	--
Robert Kuhlmann (R-Fr.)	--	--	--	1:52.95	--	--	--	--	--	--
Rauno Liitmaa (Sr.)	11.33 D	--	51.60 D	--	4:48.54 D	--	--	14.91	--	--
Justin Loquercio (R-Fr.)	--	--	--	--	4:11.52	--	--	--	--	--
Jerrad Mason (R-Sr.)	10.73	21.69	47.48	--	--	--	--	--	51.24^	--
Stephen Mugeche (R-So.)	--	--	--	--	3:52.84	14:58.14	--	--	--	--
Dylan Quisenberry (R-Fr.)	--	--	--	--	4:06.64	--	--	--	--	--
Evan Schulte (R-Jr.)	--	--	--	--	4:00.03	--	--	--	--	--
Jacob Schweiss (R-Fr.)	--	--	--	--	--	15:35.05	--	--	--	--
Eric Scott (R-Fr.)	--	--	--	--	--	--	--	--	--	9:26.40
Mark Sheridan (Sr.)	--	--	--	1:52.18	3:56.90	--	--	--	--	--
Taylor Stephen (R-Jr.)	--	--	--	1:56.28	4:03.92	--	--	--	--	--
Ja'Mari Ward (So.)	10.56	--	--	--	--	--	--	--	--	--
Michael Widmann (R-So.)	--	--	--	--	4:09.42	14:59.24	32:05.05	--	--	--
Cain Winebrenner (R-Sr.)	--	--	--	1:49.95	3:55.42	--	--	--	--	--

FIELD EVENTS

<i>Athlete</i>	<i>HJ</i>	<i>PV</i>	<i>LJ</i>	<i>TJ</i>	<i>SP</i>	<i>DT</i>	<i>HT</i>	<i>JT</i>	<i>DEC</i>
Avery Carter (R-Jr.)	--	--	--	--	17.02m/ 55-10.25	--	64.18m/ 210-7^	--	--
Landon Cuskelly (Jr.)	2.18m/7-1.75^	--	--	--	--	--	--	--	--
Jason Edwards (Fr.)	1.88/6-2 D	4.50m/14-9 D	6.61m/21-8.25	--	12.22m/40-1.25 D	31.72m/104-1	--	55.55m/ 182-3 D	6,569 points
Will Fife (R-Jr.)	--	--	--	--	18.58m/ 60-11.5 ^	52.14m/171-1	--	--	--
Ethan Hanson (Fr.)	--	--	--	--	--	--	--	--	--
Sean Harrell (R-Sr.)	--	--	--	--	--	--	52.66m/ 172-9	--	--
Patrick Kunza (R-So.)	--	--	--	--	--	--	62.70m/ 205-8^	--	--
Rauno Liitmaa (Sr.)	1.97m/6-5.5 D	4.50m/14-9 D	6.80m/22-3.75 D	--	14.27m/ 46-10 D	41.68m (136-9)	--	67.00m/ 219-9^ D	7,524 points^
Ja'Mari Ward (So.)	--	--	8.13m/ 26-8.25^	15.44m/50-8^	--	--	--	--	--
Jake Wirthwein (Fr.)	--	--	--	--	--	--	--	--	--



WOMEN'S PERSONAL RECORDS

BOLD - PR set in 2018 | H - Set during a Heptathlon event | * - School Record | ^ - Top-10 Program Mark

RUNNING EVENTS

Athlete	100m	200m	400m	800m	1500m	5000m	10,000m	100mH	400mH	3K SC
Ellyn Atkinson (R-Sr.)	--	--	--	--	--	16:21.61	35:21.46	--	--	--
Richelle Bain (Fr.)	--	--	--	--	--	--	--	--	--	--
Kaelyn Balch (R-Sr.)	--	--	--	--	--	17:38.92	--	--	--	--
Shannon Browning (Fr.)	--	--	--	2:17.10	4:42.39	--	--	--	--	--
Maya Cody (Jr.)	11.72 ^	23.99 ^	54.49 ^	--	--	--	--	--	--	--
Megan Cunningham (R-Sr.)	--	--	--	--	4:57.44	16:03.20^	33:19.25^	--	--	--
Kiley Deain (R-Fr.)	--	--	--	--	--	--	--	--	--	--
Elly DeTurris (Jr.)	--	--	--	2:27.56	4:51.23	--	--	--	--	--
Samantha Farmer (R-So.)	--	--	--	--	4:53.13	17:47.34	--	--	--	11:05.26^
Susan Forbis (R-Fr.)	--	--	--	2:23.95	4:51.99	--	--	--	--	--
Kayla Funkenbusch (R-So.)	--	--	--	--	4:39.17	--	--	--	--	--
Kayla Glowacki (Fr.)	--	--	--	--	--	--	--	--	--	--
Michaela Hackbarth (R-Fr.)	--	--	1:02.36	--	--	--	--	--	--	--
Emmie Hahn (R-So.)	--	--	--	--	--	--	--	--	--	--
Valeska Halamicek (R-Sr.)	--	--	--	2:07.57^	4:26.44	--	--	--	--	--
Vivien Jepkemoi (R-Fr.)	--	--	--	--	--	--	--	--	--	--
Tsai-Anne Joseph (R-Jr.)	11.91	24.26	--	--	--	--	--	--	--	--
Jamie Kempfer (R-Jr.)	--	--	--	--	--	16:09.59^	33:09.67^	--	--	--
Jordyn Kleve (R-So.)	--	--	--	--	4:48.50	16:58.26	--	--	--	--
Karina Liz (R-Fr.)	--	--	--	2:08.77	4:35.54	--	--	--	--	--
Jenna Lutzow (Fr.)	--	--	--	--	--	--	--	--	--	--
Arielle Mack (Fr.)	12.20	--	--	--	--	--	--	--	--	--
Lexi Maddox (Fr.)	--	--	--	--	5:03.26	--	--	--	--	--
Melissa Menghini (R-Fr.)	--	--	--	2:16.62	4:35.59	17:51.35	--	--	--	11:29.69
Maya Puller (Fr.)	--	25.95	1:00.17	--	--	--	--	--	--	--
Sophia Racette (R-So.)	--	--	--	2:26.63	4:49.54	17:24.95	--	--	--	--
Erica Rideout (Jr.)	--	--	--	2:24.34	--	--	--	--	--	--
Karissa Schweizer (Sr.)	--	--	--	2:09.42	4:12.83*	15:18.69*	32:00.55*	--	--	--
Faramola Shonekan (So.)	--	--	--	2:16.78	--	--	--	--	--	--
Jazmyn Shumaker (Fr.)	12.20	24.93	--	--	--	--	--	--	--	--
Kate Smith (R-So.)	--	--	--	--	4:43.15	17:29.38	--	--	--	--
Hannah Thomas (Jr.)	--	--	--	--	4:41.78	17:45.58	--	--	--	11:17.94
Carolyn White (R-So.)	--	--	--	2:19.22	--	--	--	--	--	--



WOMEN'S PERSONAL RECORDS

BOLD - PR set in 2018 | H - Set during a Heptathlon event | * - School Record | ^ - Top-10 Program Mark

FIELD EVENTS

<i>Athlete</i>	<i>HJ</i>	<i>PV</i>	<i>LJ</i>	<i>TJ</i>	<i>SP</i>	<i>DT</i>	<i>HT</i>	<i>JT</i>	<i>HEPT</i>
Megan Haley (Fr.)	--	--	--	--	--	--	--	43.40m/ 142-5^	--
Gabi Jacobs (R-Jr.)	--	--	--	--	15.78m/ 51-9.25^	58.23m/ 191-0*	--	--	--
CeCe Johnson (Jr.)	--	--	--	--	11.31m/ 37-1.25	53.41m/ 175-3	51.99m/ 170-7	--	--
Becky Keating (Jr.)	--	--	--	--	--	--	63.87m/ 209-6^	--	--
Valeria Kostiuk (Jr.)	1.76m/5-9.25	--	--	--	--	--	--	--	--
Arielle Mack (Fr.)	--	--	5.34m/17- 6.25	--	--	--	--	--	--
Keyoni Mbroh (R-Jr.)	--	--	5.49m/18- 0.25	10.37m/ 34-0.25	--	--	--	--	--
Jordan McClendon (Jr.)	--	--	--	--	13.92m/45-8	45.77m/ 150-2	57.02m/ 187-1	--	--
Cameron Meyer (Fr.)	--	--	--	--	--	--	--	--	--
Sydney Oberdiek Fr.)	--	--	--	--	--	--	--	--	--
Karissa Roman (Jr.)	1.75m/5-8.75	--	--	--	--	--	--	--	--
Jordan Speer (Fr.)	--	--	--	--	--	--	--	--	--
Emily Stauffer (So.)	--	--	--	--	15.25m/ 50-0.5	--	47.58m/ 156-0.25	--	--
Allie Webb (So.)	--	--	--	--	--	--	41.55m/ 126-3.75	44.11m/ 144-9^	--
Blair Widmer (Fr.)	--	--	--	-	--	--	--	--	--

MEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

JAYSON ASHFORD // FR

AVERY CARTER // R-JR

SHOT PUT

Previous PR - 15.01m (49-3)

Meet	Mark	Place
CMU Open (3/17/18)	16.19m (53-1.5)	3rd
Arkansas Spring Invitational (3/24/18)	16.83m (55-2.75)	3rd
Ole Miss Classic (3/31/18)	16.84m (55-3)	4th
John McDonnell Invitational (4/14/18)	16.46m (54-0)	3rd
Tom Botts Invitational (4/21/18)	17.02m (55-10.25) PR	7th
Drake Relays (4/27/18)	16.97m (55-8.25)	12th
SEC Outdoor Championships (5/12/18)	15.89m (52-1.75)	16th

HAMMER THROW

Previous PR - 42.85m (140-7)

Meet	Mark	Place
CMU Open (3/17/18)	60.49m (198-5)	2nd
Arkansas Spring Invitational (3/23/18)	57.57m (188-10)	4th
Ole Miss Classic (3/31/18)	60.45m (198-4)	4th
John McDonnell Invitational (4/14/18)	59.94m (196-8)	2nd
Tom Botts Invitational (4/21/18)	64.18m (210-7) PR, #3	1st
Drake Relays (4/28/18)	62.76m (205-11)	5th
SEC Outdoor Championships (5/11/18)	62.85m (206-2)	13th

CHRIS CONRAD // FR

800 METER RUN

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	1:50.00	1st
Ole Miss Classic (3/31/18)	1:50.63	2nd
John McDonnell Invitational (4/14/18)	1:51.26	3rd
Tom Botts Invitational (4/21/18)	1:51.46	1st
Drake Relays (4/28/18)	1:52.22	10th
SEC Outdoor Championships (5/11/18)	1:50.46 p	4th
SEC Outdoor Championships (5/13/18)	1:48.68 f PR	5th

1500 METER RUN

Meet	Mark	Place
Tom Botts Invitational (4/20/18)	3:54.49 PR	1st

ZACH COOK // R-JR

1500 METER RUN

Previous PR - 3:54.71

Meet	Mark	Place
Tom Botts Invitational (4/20/18)	3:55.62	4th
SEC Outdoor Championships (5/12/18)	3:51.15 p PR	9th
SEC Outdoor Championships (5/13/18)	3:55.76 f	16th

5000 METER RUN

Previous PR - 14:58.79

Meet	Mark	Place
SFSU Distance Carnival (3/30/18)	14:50.69 PR	56th
Kip Janvrin Open (4/27/18)	15:56.07	6th

LONDON CUSKELLY // JR

HIGH JUMP

Previous PR - 2.17m (7-1.5)

Meet	Mark	Place
Ole Miss Classic (3/31/18)	2.01 (6-7)	5th
John McDonnell Invitational (4/13/18)	2.11m (6-11)	3rd
Tom Botts Invitational (4/21/18)	2.18m (7-1.75) PR, #5	1st
Drake Relays (4/27/18)	2.08m (6-9.75)	5th
SEC Outdoor Championships (5/13/18)	2.16m (7-1)	11th

MARC DUBRICK // R-SR

1500 METER RUN

Previous PR - 3:51.78

Meet	Mark	Place
Tom Botts Invitational (4/20/18)	4:07.07	12th
SEC Outdoor Championships (5/12/18)	3:57.67 p	17th
SEC Outdoor Championships (5/13/18)	4:02.57 f	18th

5000 METER RUN

Previous PR - 14:24.05

Meet	Mark	Place
Drake Relays (4/26/18)	15:33.80	25th

3000 METER STEEPLECHASE

Previous PR - 9:14.76

Meet	Mark	Place
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MEN'S PERFORMANCE LIST (BY ATHLETE)

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M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

JASON EDWARDS // FR

100 METER DASH

Meet	Mark	Place
SEC Outdoor Championships (5/11/18)	11.36 M (W: 1.1)	7th

400 METER DASH

Meet	Mark	Place
SEC Outdoor Championships (5/11/18)	52.35 M	7th

1500 METER RUN

Meet	Mark	Place
SEC Outdoor Championships (5/12/18)	5:19.23 M	7th

110 METER HURDLES

Meet	Mark	Place
Ole Miss Classic (3/31/18)	16.16 (W: 1.7)	8th
Tom Botts Invitational (4/21/18)	16.69 (W: -0.5)	8th
SEC Outdoor Championships (5/12/18)	16.04 M PR	7th

HIGH JUMP

Meet	Mark	Place
SEC Outdoor Championships (5/11/18)	1.88m (6-2) M	6th

POLE VAULT

Meet	Mark	Place
SEC Outdoor Championships (5/12/18)	4.50m (14-9) M	4th

LONG JUMP

Meet	Mark	Place
Ole Miss Classic (3/31/18)	6.57m (21-6.75) (W: 1.2)	8th
Tom Botts Invitational (4/20/18)	6.61m (21-8.25) (W: 2.0) PR	5th
SEC Outdoor Championships (5/11/18)	6.54m (21-5.5) (W: 3.0) M	7th

DISCUS

Meet	Mark	Place
CMU Open (3/17/18)	31.72m (104-1) PR	17th
Tom Botts Invitational (4/21/18)	29.72m (97-6)	14th
SEC Outdoor Championships (5/12/18)	28.88m (94-9) M	7th

SHOT PUT

Meet	Mark	Place
SEC Outdoor Championships (5/11/18)	12.22m (40-1.25) M	6th

JAVELIN

Meet	Mark	Place
CMU Open (3/17/18)	47.38m (155-5)	5th
John McDonnell Invitational (4/14/18)	50.92m (167-1)	6th
Tom Botts Invitational (4/20/18)	53.69m (176-2)	1st
SEC Outdoor Championships (5/12/18)	55.55m (182-3) M PR	5th

DECATHLON

Meet	Mark	Place
SEC Outdoor Championships (5/11-12/18)	6,569 points	7th

WILL FIFE // R-JR

SHOT PUT

Previous PR - 17.31m (56-3.25)

Meet	Mark	Place
CMU Open (3/17/18)	17.68m (58-0.25)	1st
Arkansas Spring Invitational (3/24/18)	18.58m (60-11.5) PR, #7	1st
Ole Miss Classic (3/31/18)	17.08m (56-0.5)	3rd
John McDonnell Invitational (4/14/18)	17.82m (58-5.75)	1st
Tom Botts Invitational (4/21/18)	17.74m (58-2.5)	4th
Drake Relays (4/27/18)	18.09m (59-4.25)	4th
SEC Outdoor Championships (5/12/18)	17.65m (57-11)	12th

DISCUS

Previous PR - 50.23m (164-9)

Meet	Mark	Place
CMU Open (3/17/18)	49.36m (161-11)	1st
Arkansas Spring Invitational (3/24/18)	46.51m (152-7)	5th
Ole Miss Classic (3/31/18)	49.13m (161-2)	4th
John McDonnell Invitational (4/13/18)	52.14m (171-1) PR	2nd
Tom Botts Invitational (4/21/18)	49.25m (161-7)	4th
Drake Relays (4/28/18)	43.04m (141-2)	24th
SEC Outdoor Championships (5/13/18)	49.96m (163-11)	18th

THOMAS GEORGE // JR

1500 METER RUN

Previous PR - 3:51.16

Meet	Mark	Place
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3000 METER RUN

Previous PR - 8:36.12

Meet	Mark	Place
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5000 METER RUN

Previous PR - 15:16.04

Meet	Mark	Place
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BEN GOODMAN // R-SR

800 METER RUN

Previous PR - 1:52.01

Meet	Mark	Place
Ole Miss Classic (3/31/18)	2:05.08	26th
Tom Botts Invitational (4/21/18)	1:56.92	17th
Drake Relays (4/26/18)	1:53.60	14th

1500 METER RUN

Previous PR - 4:05.38

Meet	Mark	Place
Ole Miss Classic (3/31/18)	4:01.99	14th
John McDonnell Invitational (4/14/18)	3:55.89	16th
Tom Botts Invitational (4/20/18)	3:55.12 PR	2nd
SEC Outdoor Championships (5/12/18)	3:54.69 p PR	--

ETHAN HANSON // FR

SEAN HARRELL // R-SR

HAMMER THROW

Previous PR - 52.49m (172-2.5)

Meet	Mark	Place
Arkansas Spring Invitational (3/23/18)	52.11m (170-11)	7th
Ole Miss Classic (3/31/18)	52.47m (172-2)	8th
John McDonnell Invitational (4/14/18)	50.99m (167-3)	6th
Tom Botts Invitational (4/21/18)	52.66m (172-9) PR	6th

AUSTIN HINDMAN // FR



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M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

PATRICK KEARNS // R-JR**800 METER RUN**

Meet	Mark	Place
Tom Botts Invitational (4/21/18)	2:04.49	23rd

1500 METER RUN

Meet	Mark	Place
John McDonnell Invitational (4/14/18)	4:19.83	26th

3000 METER RUN*Previous PR - 9:12.26*

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	9:18.72	12th

5000 METER RUN*Previous PR - 15:57.28*

Meet	Mark	Place
Tom Botts Invitational (4/14/18)	15:50.33 PR	9th

ALFRED KIMAIYO // R-FR**ROBERT KUHLMANN // R-FR****800 METER RUN**

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	1:56.76	12th
Ole Miss Classic (3/31/18)	2:00.39	20th
John McDonnell Invitational (4/14/18)	1:57.71	10th
Tom Botts Invitational (4/21/18)	1:54.34	6th
Drake Relays (4/26/18)	1:52.95 PR	9th
SEC Outdoor Championships (5/11/18)	1:58.56 p	26th

PATRICK KUNZA // R-SO**HAMMER THROW***Previous PR - 60.86m (199-8)*

Meet	Mark	Place
CMU Open (3/17/18)	62.70m (205-8) PR, #9	1st
Arkansas Spring Invitational (3/23/18)	59.17m (194-1)	1st
Ole Miss Classic (3/31/18)	59.45m (195-8)	5th
John McDonnell Invitational (4/14/18)	58.89m (193-2)	3rd
Tom Botts Invitational (4/21/18)	58.99m (193-6)	3rd
Drake Relays (4/28/18)	59.90m (196-6)	10th
SEC Outdoor Championships (5/11/18)	57.81m (189-8)	17th

RAUNO LIITMAE // SR**100 METER DASH***Previous PR - 11.50 M*

Meet	Mark	Place
SEC Outdoor Championships (5/11/18)	11.33 (W: 1.1) M, PR	6th

400 METER DASH

Meet	Mark	Place
SEC Outdoor Championships (5/11/18)	51.60 M	5th

1500 METER RUN

Meet	Mark	Place
SEC Outdoor Championships (5/12/18)	4:48.54 M	3rd

110 METER HURDLES

Meet	Mark	Place
Ole Miss Classic (3/31/18)	14.91 (W: 2.1)	8th
SEC Outdoor Championships (5/12/18)	15.19 M	5th

HIGH JUMP

Meet	Mark	Place
SEC Outdoor Championships (5/11/18)	1.97m (6-5.5) M	T-1st

POLE VAULT

Meet	Mark	Place
SEC Outdoor Championships (5/12/18)	4.50m (14-9)	5th

LONG JUMP*Previous PR - 6.25m (20-6) M*

Meet	Mark	Place
Ole Miss Classic (3/31/18)	6.74m (22-1.5) (W: 1.0) PR	5th
SEC Outdoor Championships (5/11/18)	6.80m (22-3.75) (W: 1.1) M, PR	5th

SHOT PUT*Previous PR - 12.70m (41-8) M*

Meet	Mark	Place
SEC Outdoor Championships (5/11/18)	14.27m (46-10) M, PR	2nd

DISCUS

Meet	Mark	Place
Tom Botts Invitational (4/21/18)	41.68m (136-9)	9th
SEC Outdoor Championships (5/12/18)	39.15m (128-5) M	5th

JAVELIN

Meet	Mark	Place
CMU Open (3/18/17)	60.40m (198-2)	1st
SEC Outdoor Championships (5/12/18)	67.00m (219-9) M PR, #7	1st

DECATHLON

Meet	Mark	Place
SEC Outdoor Championships (5/11-12/18)	7,524 points PR, #5	5th

JUSTIN LOQUERCIO // R-FR**1500 METER RUN**

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	4:11.52	25th



MEN'S PERFORMANCE LIST (BY ATHLETE)

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M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

JERRAD MASON // R-SR**100 METER DASH****Previous PR - 10.73**

Meet	Mark	Place
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200 METER DASH

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	21.69 (1.4)	8th
John McDonnell Invitational (4/13/18)	21.47 W (6.0)	13th

400 METER DASH**Previous PR - 47.49**

Meet	Mark	Place
Ole Miss Classic (3/31/18)	47.48 PR	1st

400 METER HURDLES**Previous PR - 51.24, #4**

Meet	Mark	Place
John McDonnell Invitational (4/14/18)	52.25	3rd
Tom Botts Invitational (4/21/18)	51.92	2nd
Drake Relays (4/28/18)	51.69	7th
SEC Outdoor Championships (5/11/18)	51.31 p	6th
SEC Outdoor Championships (5/13/18)	51.28 f	6th

STEPHEN MUGECHÉ // R-SO**1500 METER RUN****Previous PR - 3:52.84**

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	4:10.75	20th
Tom Botts Invitational (4/20/18)	4:10.42	14th

3000 METER RUN

Meet	Mark	Place
John McDonnell Invitational (4/14/18)	9:11.40	12th

5000 METER RUN**Previous PR - 14:58.14**

Meet	Mark	Place
Kip Janvrin Open (4/27/18)	15:36.67	28th

DYLAN QUISENBERRY // R-FR**1500 METER RUN**

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	4:10.88	21st
Ole Miss Classic (3/31/18)	4:20.87	31st
John McDonnell Invitational (4/14/18)	4:08.66	24th
Tom Botts Invitational (4/20/18)	4:06.64 PR	11th

EVAN SCHULTE // R-JR**1500 METER RUN****Previous PR - 4:00.03**

Meet	Mark	Place
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JACOB SCHWEISS // R-FR**3000 METER RUN**

Meet	Mark	Place
John McDonnell Invitational (4/14/18)	9:16.67	13th

5000 METER RUN

Meet	Mark	Place
Tom Botts Invitational (4/20/18)	15:35.05	4th
Kip Janvrin Open (4/27/18)	15:37.27	29th

ERIC SCOTT // R-FR**3000 METER RUN**

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	9:26.40	13th

MARK SHERIDAN // SR**800 METER RUN****Previous PR - 1:52.18**

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	1:55.76	9th
Ole Miss Classic (3/31/18)	1:58.58	18th
John McDonnell Invitational (4/13/18)	2:00.81	4th
Tom Botts Invitational (4/21/18)	1:53.66	4th
Drake Relays (4/26/18)	1:53.89	16th
SEC Outdoor Championships (5/11/18)	1:57.63	24th

1500 METER RUN**Previous PR - 3:56.90**

Meet	Mark	Place
Ole Miss Classic (3/31/18)	4:01.13	12th
John McDonnell Invitational (4/14/18)	4:03.18	20th

TAYLOR STEPHEN // R-JR**800 METER RUN****Previous PR - 1:56.28**

Meet	Mark	Place
Tom Botts Invitational (4/21/18)	2:04.39	22nd

1500 METER RUN**Previous PR - 4:05.17**

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	4:07.84	16th
Ole Miss Classic (3/31/18)	4:03.92 PR	15th
Tom Botts Invitational (4/20/18)	4:19.11	18th

JA'MARI WARD // SO**100 METER DASH****Previous PR - 10.56 (W: 2.3)**

Meet	Mark	Place
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LONG JUMP**Previous PR - 8.13m (26-8.25) W: 0.0, #2**

Meet	Mark	Place
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TRIPLE JUMP**Previous PR - 15.44m (50-8) W: 1.1, #8**

Meet	Mark	Place
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MICHAEL WIDMANN // R-SO**1500 METER RUN****Previous PR - 4:09.42**

Meet	Mark	Place
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5000 METER RUN**Previous PR - 15:30.40**

Meet	Mark	Place
SFSU Distance Carnival (3/30/18)	14:59.24 PR	84th
Tom Botts Invitational (4/20/18)	15:08.52	2nd

10,000 METER RUN

Meet	Mark	Place
Drake Relays (4/26/18)	32:05.05	20th



MEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
 M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

CAIN WINEBRENNER // R-SR

800 METER RUN

Previous PR - 1:49.95

Meet	Mark	Place
John McDonnell Invitational (4/14/18)	1:55.36	6th
Tom Botts Invitational (4/21/18)	1:53.38	2nd
Drake Relays (4/28/18)	1:53.17	14th
SEC Outdoor Championships (5/11/18)	1:55.15 p	21st

1500 METER RUN

Previous PR - 3:55.42

Meet	Mark	Place
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JAKE WIRTHWEIN // FR

RELAYS

4x100-METER RELAY

Meet	Mark	Place
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4x400-METER RELAY

Meet	Mark	Place
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(Robert Kuhlmann, Chris Conrad, Mark Sheridan, Jerrad Mason)		
Arkansas Spring Invitational (3/24/18)	3:19.80	9th
(Robert Kuhlmann, Chris Conrad, Mark Sheridan, Jerrad Mason)		
Ole Miss Classic (3/31/18)	3:21.19	6th
(Robert Kuhlmann, Chris Conrad, Mark Sheridan, Jerrad Mason)		
Tom Botts Invitational (4/21/18)	3:20.19	4th
(Cain Winebrenner, Ben Goodman, Taylor Stephen, Patrick Kearns)		
Tom Botts Invitational (4/21/18)	3:38.62	6th

4x800-METER RELAY

Meet	Mark	Place
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(Ben Goodman, Mark Sheridan, Chris Conrad, Robert Kuhlmann)		
Drake Relays (4/27/18)	7:31.30	3rd



MEN'S PERFORMANCE LIST (BY EVENT)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

100 METER DASH

Mizzou Record: 10.00 - Chidi Imoh (1986)

Name	Meet	Mark	Place
Rauno Liitmaa	SEC Outdoor Championships (5/11/18)	11.33 M, PR	6th
Jason Edwards	SEC Outdoor Championships (5/11/18)	11.36 M	7th

200 METER DASH

Mizzou Record: 20.34 - Izaq Adeyanju (1988)

Name	Meet	Mark	Place
Jerrad Mason	John McDonnell Invitational (4/13/18)	21.47 W	13th
Jerrad Mason	Arkansas Spring Invitational (3/24/18)	21:69	8th

400 METER DASH

Mizzou Record: 45.13 - Kahmari Montgomery (2016)

Name	Meet	Mark	Place
Jerrad Mason	Ole Miss Classic (3/31/18)	47.48 PR	1st
Rauno Liitmaa	SEC Outdoor Championships (5/11/18)	51.60 M	5th
Jason Edwards	SEC Outdoor Championships (5/11/18)	52.35 M	7th

800 METER RUN

Mizzou Record: 1:45.18 - Derrick Peterson (2000)

Name	Meet	Mark	Place
Chris Conrad	SEC Outdoor Championships (5/13/18)	1:48.68 f PR	5th
Chris Conrad	Arkansas Spring Invitational (3/24/18)	1:50.00	1st
Chris Conrad	SEC Outdoor Championships (5/11/18)	1:50.46 p	4th
Chris Conrad	Ole Miss Classic (3/31/18)	1:50.63	1st
Chris Conrad	John McDonnell Invitational (4/14/18)	1:51.26	3rd
Chris Conrad	Tom Botts Invitational (4/21/18)	1:51.46	1st
Chris Conrad	Drake Relays (4/28/18)	1:52.22	10th
Robert Kuhlmann	Drake Relays (4/26/18)	1:52.95 PR	9th
Cain Winebrenner	Drake Relays (4/28/18)	1:53.17	14th
Cain Winebrenner	Tom Botts Invitational (4/21/18)	1:53.38	2nd
Ben Goodman	Drake Relays (4/26/18)	1:53.60	14th
Mark Sheridan	Tom Botts Invitational (4/21/18)	1:53.66	4th
Mark Sheridan	Drake Relays (4/26/18)	1:53.89	16th
Robert Kuhlmann	Tom Botts Invitational (4/21/18)	1:54.34	6th
Cain Winebrenner	SEC Outdoor Championships (5/11/18)	1:55.15 p	21st
Cain Winebrenner	John McDonnell Invitational (4/14/18)	1:55.36	6th
Mark Sheridan	Arkansas Spring Invitational (3/24/18)	1:55.76	9th
Robert Kuhlmann	Arkansas Spring Invitational (3/24/18)	1:56.76	12th
Ben Goodman	Tom Botts Invitational (4/21/18)	1:56.92	17th
Mark Sheridan	SEC Outdoor Championships (5/11/18)	1:57.63 p	24th
Robert Kuhlmann	John McDonnell Invitational (4/14/18)	1:57.71	10th
Robert Kuhlmann	SEC Outdoor Championships (5/11/18)	1:58.56 p	26th
Mark Sheridan	Ole Miss Classic (3/31/18)	1:58.58	18th
Robert Kuhlmann	Ole Miss Classic (3/31/18)	2:00.39	20th
Mark Sheridan	John McDonnell Invitational (4/13/18)	2:00.81	4th
Taylor Stephen	Tom Botts Invitational (4/21/18)	2:04.39	22nd
Patrick Kearns	Tom Botts Invitational (4/21/18)	2:04.49	23rd
Ben Goodman	Ole Miss Classic (3/31/18)	2:05.08	26th

1500 METER RUN

Mizzou Record: 3:41.89 - Will Crocker (2016)

Name	Meet	Mark	Place
Zach Cook	SEC Outdoor Championships (5/12/18)	3:51.16 p PR	9th
Chris Conrad	Tom Botts Invitational (4/20/18)	3:54.49 PR	1st
Ben Goodman	SEC Outdoor Championships (5/12/18)	3:54.69 p	--
Ben Goodman	Tom Botts Invitational (4/20/18)	3:55.12 PR	2nd
Zach Cook	Tom Botts Invitational (4/29/18)	3:55.62	4th
Zach Cook	SEC Outdoor Championships (5/13/18)	3:55.76 f	16th
Marc Dubrick	SEC Outdoor Championships (5/12/18)	3:57.67 p	17th
Ben Goodman	John McDonnell Invitational (4/14/18)	3:59.58	16th
Mark Sheridan	Ole Miss Classic (3/31/18)	4:01.13	12th
Ben Goodman	Ole Miss Classic (3/31/18)	4:01.99 PR	14th
Marc Dubrick	SEC Outdoor Championships (5/13/18)	4:02.57 f	18th
Mark Sheridan	John McDonnell Invitational (4/14/18)	4:03.18	20th
Taylor Stephen	Ole Miss Classic (3/31/18)	4:03.92 PR	15th
Dylan Quisenberry	Tom Botts Invitational (4/20/18)	4:06.64 PR	11th
Marc Dubrick	Tom Botts Invitational (4/20/18)	4:07.07	12th
Taylor Stephen	Arkansas Spring Invitational (3/24/18)	4:07.84	16th
Dylan Quisenberry	John McDonnell Invitational (4/14/18)	4:08.66	24th
Stephen Mugeche	Tom Botts Invitational (4/20/18)	4:10.42	14th
Stephen Mugeche	Arkansas Spring Invitational (3/24/18)	4:10.75	20th
Dylan Quisenberry	Arkansas Spring Invitational (3/24/18)	4:10.88	21st
Justin Loquercio	Arkansas Spring Invitational (3/24/18)	4:11.52	25th
Taylor Stephen	Tom Botts Invitational (4/20/18)	4:19.11	18th
Patrick Kearns	John McDonnell Invitational (4/14/18)	4:19.83	26th
Dylan Quisenberry	Ole Miss Classic (3/31/18)	4:20.87	31st
Rauno Liitmaa	SEC Outdoor Championships (5/12/18)	4:48.54 M	3rd
Jason Edwards	SEC Outdoor Championships (5/12/18)	5:19.23 M	7th

5000 METER RUN

Mizzou Record: 13:43.38 - Dan Quigley (2013)

Name	Meet	Mark	Place
Zach Cook	SFSU Distance Carnival (3/30/18)	14:50.69 PR	56th
Zach Cook	Kip Janvrin Open (4/27/18)	14:56.07	6th
Michael Widmann	SFSU Distance Carnival (3/30/18)	14:59.24 PR	84th
Michael Widmann	Tom Botts Invitational (4/20/18)	15:08.52	2nd
Marc Dubrick	Drake Relays (4/26/18)	15:33.80	25th
Jacob Schweiss	Tom Botts Invitational (4/20/18)	15:35.05	4th
Stephen Mugeche	Kip Janvrin Open (4/27/18)	15:36.67	28th
Jacob Schweiss	Kip Janvrin Open (4/27/18)	15:37.27	28th
Patrick Kearns	Tom Botts Invitational (4/20/18)	15:50.33	9th

10,000 METER RUN

Mizzou Record: 29:15.61 - Max Storms (2012)

Name	Meet	Mark	Place
Michael Widmann	Drake Relays (4/26/18)	32:05.05	20th

110 METER HURDLES

Mizzou Record: 13.53 - Dan Lavitt (1980)

Name	Meet	Mark	Place
Rauno Liitmaa	Ole Miss Classic (3/31/18)	14.91w	8th
Rauno Liitmaa	SEC Outdoor Championships (5/12/18)	15.19 M	5th
Jason Edwards	SEC Outdoor Championships (5/12/18)	16.04 M	7th
Jason Edwards	Ole Miss Classic (3/31/18)	16.16	13th
Jason Edwards	Tom Botts Invitational (4/21/18)	16.69	8th



MEN'S PERFORMANCE LIST (BY EVENT)

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M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

400 METER HURDLES

Mizzou Record: 48.88 - Henry Amike (1985)

Name	Meet	Mark	Place
Jerrad Mason	SEC Outdoor Championships (5/13/18)	51.28 f	6th
Jerrad Mason	SEC Outdoor Championships (5/11/18)	51.31 p	6th
Jerrad Mason	Drake Relays (4/28/18)	51.69	7th
Jerrad Mason	Tom Botts Invitational (4/21/18)	51.92	2nd
Jerrad Mason	John McDonnell Invitational (4/14/18)	52.25	3rd

3000 METER STEEPLECHASE

Mizzou Record: 8:35.90 - Ryan Pirtle (2000)

Name	Meet	Mark	Place
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4x100 METER RELAY

Mizzou Record: 39.32 (1985)

Name	Meet	Mark	Place
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4x400 METER RELAY

Mizzou Record: 3:06.42 (1985)

Name	Meet	Mark	Place
Kuhlmann, Conrad, Sheridan, Mason	Arkansas Spring Invitational (3/24/18)	3:19.00	9th
Kuhlmann, Conrad, Sheridan, Mason	Tom Botts Invitational (4/21/18)	3:20.19	4th
Kuhlmann, Conrad, Sheridan, Mason	Ole Miss Classic (3/31/18)	3:21.19	6th
Winebrenner, Goodman, Stephen, Kearns	Tom Botts Invitational (4/21/18)	3:38.62	6th

HIGH JUMP

Mizzou Record: 2.28m/7-5.75 - Nat Page (1979)

Name	Meet	Mark	Place
Landon Cuskelly	Tom Botts Invitational (4/21/18)	2.18m (7-1.75) PR, #5	1st
Landon Cuskelly	SEC Outdoor Championships (5/13/18)	2.16m (7-1)	
Landon Cuskelly	John McDonnell Invitational (4/14/18)	2.11m (6-11)	3rd
Landon Cuskelly	Drake Relays (4/27/18)	2.08m (6-9.75)	5th
Landon Cuskelly	Ole Miss Classic (3/31/18)	2.01m (6-7)	5th
Rauno Liitmaa	SEC Outdoor Championships (5/11/18)	1.97m (6-5.5) M	T-1st
Jason Edwards	SEC Outdoor Championships (5/11/18)	1.88m (6-2) M	6th

POLE VAULT

Mizzou Record: 5.46m/17-11 - Matt Ludwig (2016)

Name	Meet	Mark	Place
Jason Edwards	SEC Outdoor Championships (5/12/18)	4.50m (14-9) M	4th
Rauno Liitmaa	SEC Outdoor Championships (5/12/18)	4.50m (14-9) M	5th

LONG JUMP

Mizzou Record: 8.27m/27-1.75 - Yussuf Alli (1990)

Name	Meet	Mark	Place
Rauno Liitmaa	SEC Outdoor Championships (5/11/18)	6.80m (22-3.75) M, PR	5th
Rauno Liitmaa	Ole Miss Classic (3/31/18)	6.74m (22-1.5)	5th
Jason Edwards	Tom Botts Invitational (4/20/18)	6.61m (21-8.25) w	5th
Jason Edwards	Ole Miss Classic (3/31/18)	6.57m (21-6.75)	8th
Jason Edwards	SEC Outdoor Championships (5/11/18)	6.54m (21-5.5) w	7th

TRIPLE JUMP

Mizzou Record: 16.96m/55-7.75 - Ajayi Agebaku (1984)

Name	Meet	Mark	Place
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SHOT PUT

Mizzou Record: 21.62m/70-11.25 - Christian Cantwell (2002)

Name	Meet	Mark	Place
Will Fife	Arkansas Spring Invitational (3/24/18)	18.58m (60-11.5) PR, #7	1st
Will Fife	Drake Relays (4/27/18)	18.09m (59-4.25)	4th
Will Fife	John McDonnell Invitational (4/14/18)	17.82m (58-5.75)	1st
Will Fife	Tom Botts Invitational (4/21/18)	17.74m (58-2.5)	4th
Will Fife	CMU Open (3/17/18)	17.68m (58-0.25)	1st
Will Fife	SEC Outdoor Championships (5/12/18)	17.65m (57-11)	12th
Will Fife	Ole Miss Classic (3/31/18)	17.08m (56-0.5)	3rd
Avery Carter	Tom Botts Invitational (4/21/18)	17.02m (55-10.25) PR	7th
Avery Carter	Drake Relays (4/27/18)	16.97m (55-8.25)	12th
Avery Carter	Ole Miss Classic (3/31/18)	16.84m (55-3)	4th
Avery Carter	Arkansas Spring Invitational (3/24/18)	16.83m (55-2.75)	3rd
Avery Carter	John McDonnell Invitational (4/14/18)	16.46m (54-0)	3rd
Avery Carter	CMU Open (3/17/18)	16.19m (53-1.5)	3rd
Avery Carter	SEC Outdoor Championships (5/12/18)	15.89m (52-1.75)	16th
Rauno Liitmaa	SEC Outdoor Championships (5/11/18)	14.27m (46-10) M, PR	2nd
Jason Edwards	SEC Outdoor Championships (5/11/18)	12.22m (40-1.25) M	6th

DISCUS THROW

Mizzou Record: 61.52m/201-10 - Ben Plunkett (1979)

Name	Meet	Mark	Place
Will Fife	John McDonnell Invitational (4/13/18)	52.14m (171-1) PR	2nd
Will Fife	SEC Outdoor Championships (5/13/18)	49.96m (163-11)	18th
Will Fife	CMU Open (3/17/18)	49.36m (161-11)	1st
Will Fife	Tom Botts Invitational (4/21/18)	49.25m (161-7)	4th
Will Fife	Ole Miss Classic (3/31/18)	49.13m (161-2)	4th
Will Fife	Arkansas Spring Invitational (3/24/18)	46.51m (152-7)	5th
Will Fife	Drake Relays (4/28/18)	43.04m (141-2)	24th
Rauno Liitmaa	Tom Botts Invitational (4/21/18)	41.68m (136-9)	9th
Rauno Liitmaa	SEC Outdoor Championships (5/12/18)	39.15m (128-5) M	5th
Jason Edwards	CMU Open (3/17/18)	31.72m (104-1)	17th
Jason Edwards	Tom Botts Invitational (4/21/18)	29.72m (97-6)	14th
Jason Edwards	SEC Outdoor Championships (5/12/18)	28.88m (94-9) M	7th

HAMMER THROW

Mizzou Record: 71.92m/235-11 - Chris Rohr (2009)

Name	Meet	Mark	Place
Avery Carter	Tom Botts Invitational (4/21/18)	64.18m (210-7) PR, #3	1st
Avery Carter	SEC Outdoor Championships (5/11/18)	62.85m (206-2)	13th
Avery Carter	Drake Relays (4/28/18)	62.76m (205-11)	5th
Patrick Kunza	CMU Open (3/17/18)	62.70m (205-8) PR, #9	1st
Avery Carter	CMU Open (3/17/18)	60.49m (198-5)	2nd
Avery Carter	Ole Miss Classic (3/31/18)	60.45m (198-4)	4th
Avery Carter	John McDonnell Invitational (4/14/18)	59.94m (196-8)	2nd
Patrick Kunza	Drake Relays (4/28/18)	59.90m (196-6)	10th
Patrick Kunza	Ole Miss Classic (3/31/18)	59.65m (195-8)	5th
Patrick Kunza	Arkansas Spring Invitational (3/24/18)	59.17m (194-1)	1st
Patrick Kunza	Tom Botts Invitational (4/21/18)	58.99m (193-6)	3rd
Patrick Kunza	John McDonnell Invitational (4/14/18)	58.89m (193-2)	3rd
Patrick Kunza	SEC Outdoor Championships (5/11/18)	57.81m (189-8)	17th
Avery Carter	Arkansas Spring Invitational (3/24/18)	57.57m (188-10)	4th
Sean Harrell	Tom Botts Invitational (4/21/18)	52.66m (172-9)	6th
Sean Harrell	Ole Miss Classic (3/31/18)	52.47m (172-2)	8th
Sean Harrell	Arkansas Spring Invitational (3/24/18)	52.11m (170-11)	7th
Sean Harrell	John McDonnell Invitational (4/14/18)	50.99m (167-3)	6th



MEN'S PERFORMANCE LIST (BY EVENT)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
 M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

JAVELIN

Mizzou Record: 77.47m/254-2 - Macauley Garton (2015)

Name	Meet	Mark	Place
Rauno Liitmaa	SEC Outdoor Championships (5/12/18)	67.00m (219-9) M PR, #7	1st
Rauno Liitmaa	CMU Open (3/17/18)	60.40m (198-2)	1st
Jason Edwards	SEC Outdoor Championships (5/12/18)	55.55m (182-3)	5th
Jason Edwards	Tom Botts Invitational (4/21/18)	53.69m (176-2)	1st
Jason Edwards	John McDonnell Invitational (4/14/18)	50.92m (167-1) PR	6th
Jason Edwards	CMU Open (3/17/18)	47.38m (155-5)	5th

DECATHLON

Mizzou Record: 8,018 points - Hans Uldal (2006)

Name	Meet	Mark	Place
Rauno Liitmaa	SEC Outdoor Championships (5/11-12/18)	7,524 points PR, #5	5th
Jason Edwards	SEC Outdoor Championships (5/11-12/18)	6,569 points	7th

NON-NCAA EVENTS**3000 METER RUN**

Mizzou Record:

Name	Meet	Mark	Place
Stephen Mugeche	John McDonnell Invitational (4/14/18)	9:11.40	12th
Patrick Kearns	John McDonnell Invitational (4/14/18)	9:16.67	13th
Patrick Kearns	Arkansas Spring Invitational (3/24/18)	9:18.72	12th
Eric Scott	Arkansas Spring Invitational (3/24/18)	9:26.40	13th

4x800 METER RELAY

Mizzou Record:

Name	Meet	Mark	Place
Goodman, Sheridan,	Drake Relays (4/27/18)	7:31.30	3rd
Conrad, Kuhlmann			



WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

ELLYN ATKINSON // R-SR**3000 METER RUN****Previous PR - 10:27.87**

Meet	Mark	Place
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5000 METER RUN**Previous PR - 16:21.61**

Meet	Mark	Place
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10,000 METER RUN**Previous PR - 35:21.46**

Meet	Mark	Place
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RICHELLE BAIN // FR**KAEYLN BALCH // R-SR****3000 METER RUN****Previous PR - 10:24.01**

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	10:29.57	13th
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John McDonnell Invitational (4/14/18)	10:26.55	8th
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5000 METER RUN**Previous PR - 17:38.92**

Meet	Mark	Place
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Ole Miss Classic (3/31/18)	18:26.13	3rd
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Tom Botts Invitational (4/20/18)	17:51.22	10th
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SHANNON BROWNING // FR**800 METER RUN**

Meet	Mark	Place
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Tom Botts Invitational (4/21/18)	2:17.10	10th
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1500 METER RUN

Meet	Mark	Place
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Ole Miss Classic (3/31/18)	4:43.73	18th
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John McDonnell Invitational (4/14/18)	4:44.50	23rd
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Tom Botts Invitational (4/20/18)	4:42.39 PR	11th
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SEC Outdoor Championships (5/12/18)	4:45.36	24th
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MAYA CODY // JR**100 METER DASH****Previous PR - 11.42 (W: 2.8) // 11.72 (W: 1.4), #5**

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	11.81 (W: 1.6)	12th
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Ole Miss Classic (3/31/18)	11.76 (W: 0.9)	1st
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200 METER DASH**Previous PR - 23.68 (W: 4.4) // 23.99, #6**

Meet	Mark	Place
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400 METER DASH**Previous PR - 54.49, #8**

Meet	Mark	Place
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MEGAN CUNNINGHAM // R-SR**1500 METER RUN****Previous PR - 4:57.44**

Meet	Mark	Place
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5000 METER RUN**Previous PR - 16:45.48**

Meet	Mark	Place
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Gorilla Classic (4/14/18)	16:03.20 PR FR, #4	1st
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10,000 METER RUN**Previous PR - 36:46.41**

Meet	Mark	Place
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Drake Relays (4/26/18)	33:19.25 PR, #4	1st
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SEC Outdoor Championships (5/11/18)	33:47.05	1st
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KILEY DEAIN // R-FR**ELLY DETURRIS // JR****800 METER RUN****Previous PR - 2:27.56**

Meet	Mark	Place
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Tom Botts Invitational (4/21/18)	2:29.25	31st
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1500 METER RUN**Previous PR - 4:51.23**

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	4:59.42	18th
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John McDonnell Invitational (4/14/18)	5:01.66	37th
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Tom Botts Invitational (4/20/18)	4:59.17	23rd
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SAMANTHA FARMER // R-SO**1500 METER RUN**

Meet	Mark	Place
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John McDonnell Invitational (4/14/18)	4:53.13	29th
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3000 METER RUN

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	10:29.77	14th
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5000 METER RUN

Meet	Mark	Place
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Tom Botts Invitational (4/20/18)	17:47.34	9th
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3000 METER STEEPLECHASE**Previous PR - 11:11.35**

Meet	Mark	Place
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Ole Miss Classic (3/31/18)	11:05.26 PR, #10	3rd
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Drake Relays (4/26/18)	11:13.05	15th
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SUSAN FORBIS // R-FR**800 METER RUN**

Meet	Mark	Place
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Ole Miss Classic (3/31/18)	2:26.07	21st
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Tom Botts Invitational (4/21/18)	2:23.95 PR	26th
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1500 METER RUN

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	5:00.13	22nd
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Ole Miss Classic (3/31/18)	4:58.28	27th
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John McDonnell Invitational (4/14/18)	4:55.14	33rd
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Tom Botts Invitational (4/20/18)	4:51.99 PR	20th
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WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
M - multi | p - prelim | f - final | w - 2.1-4.0 mph | W - 4.0+ mph

KAYLA FUNKENBUSCH // R-SO**1500 METER RUN***Previous PR - 4:39.17*

Meet	Mark	Place
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KAYLA GLOWACKI // FR**MICHAELA HACKBARTH // R-FR****400 METER RUN**

Meet	Mark	Place
Tom Botts Invitational (4/21/18)	1:02.36	8th

EMMIE HAHN // R-SO**3000 METER RUN**

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	11:22.59	32nd

VALESKA HALAMICEK // R-SR**800 METER RUN***Previous PR - 2:07.57, #10*

Meet	Mark	Place
Ole Miss Classic (3/31/18)	2:17.21	8th
Tom Botts Invitational (4/21/18)	2:10.14	1st
SEC Outdoor Championships (5/11/18)	2:08.68 p	8th
SEC Outdoor Championships (5/13/18)	2:15.94 f	8th

1500 METER RUN*Previous PR - 4:26.59*

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	4:44.05	13th
Ole Miss Classic (3/31/18)	4:40.52	13th
John McDonnell Invitational (4/14/18)	4:34.40	8th
Drake Relays (4/26/18)	4:26.44 PR	1st
SEC Outdoor Championships (5/12/18)	4:26.66 p	8th
SEC Outdoor Championships (5/13/18)	4:27.11 f	6th

MEGAN HALEY // FR**JAVELIN**

Meet	Mark	Place
CMU Open (3/17/18)	41.70m (136-10)	2nd
Arkansas Spring Invitational (3/24/18)	43.40m (142-5) PR, #9	1st
Ole Miss Classic (3/31/18)	40.42m (132-7)	4th
John McDonnell Invitational (4/14/18)	40.05m (131-4)	2nd
Tom Botts Invitational (4/20/18)	43.06m (141-3)	3rd
Drake Relays (4/27/18)	39.43m (129-4)	11th
SEC Outdoor Championships (5/12/18)	38.41m (126-0)	16th

GABI JACOBS // R-JR**SHOT PUT***Previous PR - 15.78m (51-9.25), #7*

Meet	Mark	Place
CMU Open (3/17/18)	15.07m (49-5.5)	1st
Arkansas Spring Invitational (3/24/18)	14.92m (48-11.5)	2nd
Ole Miss Classic (3/31/18)	15.26m (50-0.75)	4th
Drake Relays (4/27/18)	14.61m (47-11.25)	10th
SEC Outdoor Championships (5/12/18)	15.75m (51-8.25)	7th

DISCUS THROW*Previous PR - 58.23m (191-0), SR*

Meet	Mark	Place
CMU Open (3/17/18)	52.57m (172-6)	1st
Arkansas Spring Invitational (3/24/18)	47.56m (156-0)	1st
Ole Miss Classic (3/31/18)	52.03m (170-8)	3rd
John McDonnell Invitational (4/14/18)	55.42m (181-10)	1st
Tom Botts Invitational (4/21/18)	58.11m (190-8) MR, FR	1st
Drake Relays (4/27/18)	55.26m (181-3)	2nd
SEC Outdoor Championships (5/13/18)	55.92m (183-5)	1st

VIVIEN JEPKEMOI // R-FR**CECE JOHNSON // JR****SHOT PUT***Previous PR - 11.31m (37-1.25)*

Meet	Mark	Place
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DISCUS*Previous PR - 53.41m (175-3)*

Meet	Mark	Place
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HAMMER THROW*Previous PR - 51.99m (170-7)*

Meet	Mark	Place
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TSAI-ANNE JOSEPH // R-JR**100 METER DASH***Previous PR - 11.79 (W: 4.1) // 11.91 (W: 1.7)*

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	12.01 w (2.8)	15th
Ole Miss Classic (3/31/18)	12.12 (0.9)	8th
John McDonnell Invitational (4/13/18)	11.66 W (6.5)	10th
Tom Botts Invitational (4/21/18)	12.13 (-1.3)	3rd
Drake Relays (4/27/18)	12.12 w (2.6)	22nd
SEC Outdoor Championships (5/12/18)	12.18 (1.1)	34th

200 METER DASH

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	24.85 w (2.0)	15th
Ole Miss Classic (3/31/18)	25.44 (1.3)	18th
John McDonnell Invitational (4/13/18)	24.67 w (3.2)	18th
Tom Botts Invitational (4/21/18)	24.26 w (2.2)	2nd
SEC Outdoor Championships (5/11/18)	24.98 p (1.9) PR	31st

BECKY KEATING // JR**HAMMER THROW***Previous PR - 58.59m (192-3), #5*

Meet	Mark	Place
CMU Open (3/17/18)	63.87m (209-6) PR, #2	1st
Arkansas Spring Invitational (3/23/18)	56.89m (186-7)	1st
Ole Miss Classic (3/31/18)	60.75m (199-4)	4th
John McDonnell Invitational (4/14/18)	58.58m (192-2)	1st
Tom Botts Invitational (4/20/18)	60.18m (197-5)	2nd
Drake Relays (4/28/18)	59.90m (196-6)	4th
SEC Outdoor Championships (5/11/18)	60.55m (198-8)	4th



WOMEN'S PERFORMANCE LIST (BY ATHLETE)

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M - multi | p - prelim | f - final

JAMIE KEMPFFER // R-JR**5000 METER RUN***Previous PR - 16:09.59, #5*

Meet	Mark	Place
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10,000 METER RUN*Previous PR - 33:09.67, #2*

Meet	Mark	Place
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JORDYN KLEVE // R-SO**1500 METER RUN**

Meet	Mark	Place
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Tom Botts Invitational (4/20/18)	4:48.50	15th
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5000 METER RUN*Previous PR - 17:15.20*

Meet	Mark	Place
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SFSU Distance Carnival (3/30/18)	17:23.04	24th
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Drake Relays (4/26/18)	16:58.26 PR	9th
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SEC Outdoor Championships (5/13/18)	17:23.36	21st
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VALERIA KOSTIUK // JR**HIGH JUMP***Previous PR - 1.76m (5-9.25)*

Meet	Mark	Place
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John McDonnell Invitational (4/14/18)	1.65m (5-5)	4th
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Tom Botts Invitational (4/21/18)	1.67m (5-5.75)	4th
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Drake Relays (4/28/18)	1.70m (5-7)	9th
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SEC Outdoor Championships (5/13/18)	1.75m (5-8.75)	6th
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KARINA LIZ // R-FR**800 METER RUN**

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	2:10.08	2nd
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Ole Miss Classic (3/31/18)	2:11.11	3rd
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John McDonnell Invitational (4/14/18)	2:10.78	3rd
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Tom Botts Invitational (4/21/18)	2:13.97	3rd
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Drake Relays (4/26/18)	2:08.77 PR	3rd
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SEC Outdoor Championships (5/11/18)	2:10.97 p	11th
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1500 METER RUN

Meet	Mark	Place
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Tom Botts Invitational (4/20/18)	4:35.54	3rd
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JENNA LUTZOW // FR**ARIELLE MACK // FR****100 METER DASH**

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	12.20 (W: 2.7)	20th
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Ole Miss Classic (3/31/18)	12.27 (W: 1.6)	11th
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LONG JUMP

Meet	Mark	Place
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Ole Miss Classic (3/31/18)	5.34m (17-6.25)	12th
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LEXI MADDOX // FR**1500 METER RUN**

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	5:09.20	27th
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Tom Botts Invitational (4/20/18)	5:03.26 PR	25th
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RACHEL MARLAR // JR**KEYONI MBROH // R-JR****LONG JUMP***Previous PR - 5.33m (17-6)*

Meet	Mark	Place
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Ole Miss Classic (3/31/18)	5.49m (18-0.25) PR	8th
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Tom Botts Invitational (4/20/18)	5.45m (17-10.75) (W: 1.9)	7th
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TRIPLE JUMP*Previous PR - 10.37m (34-0.25)*

Meet	Mark	Place
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JORDAN MCCLENDON // JR**SHOT PUT***Previous PR - 13.92m (45-8)*

Meet	Mark	Place
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DISCUS*Previous PR - 45.77m (150-2)*

Meet	Mark	Place
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HAMMER THROW*Previous PR - 57.02m (187-1)*

Meet	Mark	Place
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MELISSA MENGHINI // R-FR**800 METER RUN**

Meet	Mark	Place
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John McDonnell Invitational (4/13/18)	2:21.09	7th
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Tom Botts Invitational (4/21/18)	2:16.62 PR	5th
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1500 METER RUN

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	4:41.51	1st
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John McDonnell Invitational (4/14/18)	4:39.34	12th
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Tom Botts Invitational (4/20/18)	4:35.59 PR	4th
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SEC Outdoor Championships (5/12/18)	4:49.45	25th
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5000 METER RUN

Meet	Mark	Place
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Drake Relays (4/26/18)	17:51.35	17th
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SEC Outdoor Championships (5/13/18)	18:04.25	36th
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3000 METER STEEPLECHASE

Meet	Mark	Place
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SFSU Distance Carnival (3/30/18)	11:29.69	37th
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CAMERON MEYER // FR**SYDNEY OBERDIEK // FR**

WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
M - multi | p - prelim | f - final

MAYA PULLER // FR

200 METER DASH

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	26.88 (1.7)	31st
Ole Miss Classic (3/31/18)	27.01 w (2.4)	31st
Tom Botts Invitational (4/21/18)	25.95 (0.8) PR	22nd

400 METER DASH

Meet	Mark	Place
Tom Botts Invitational (4/21/18)	1:00.17	7th

SOPHIA RACETTE // R-SO

800 METER RUN

Previous PR - 2:26.63

Meet	Mark	Place
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1500 METER RUN

Previous PR - 4:49.54

Meet	Mark	Place
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3000 METER RUN

Previous PR - 10:39.36

Meet	Mark	Place
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5000 METER RUN

Previous PR - 18:50.96

Meet	Mark	Place
SFSU Distance Carnival (3/30/18)	17:32.52	36th
Tom Botts Invitational (4/20/18)	17:30.09	5th
Drake Relays (4/26/18)	17:24.95 PR	13th

ERICA RIDEOUT // JR

800 METER RUN

Meet	Mark	Place
Tom Botts Invitational (4/21/18)	2:24.34	27th

KARISSA ROMAN // JR

HIGH JUMP

Previous PR - 1.75m (5-8.75)

Meet	Mark	Place
Ole Miss Classic (3/31/18)	1.75m (5-8.75) PR	1st
John McDonnell Invitational (4/14/18)	1.70m (5-7)	1st
Tom Botts Invitational (4/21/18)	1.72m (5-7.75)	1st
Drake Relays (4/28/18)	1.74m (5-8.5)	4th
SEC Outdoor Championships (5/13/18)	1.70m (5-7)	8th

KARISSA SCHWEIZER // SR

800 METER RUN

Previous PR - 2:09.42

Meet	Mark	Place
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1500 METER RUN

Previous PR - 4:15.77, #2

Meet	Mark	Place
Tom Botts Invitational (4/20/18)	4:12.83 PR, SR, MR	1st
SEC Outdoor Championships (5/12/18)	4:21.53 p	4th
SEC Outdoor Championships (5/13/18)	4:19.98 f	2nd

5000 METER RUN

Previous PR - 15:18.69, SR

Meet	Mark	Place
Drake Relays (4/26/18)	15:23.21 MR	1st
SEC Outdoor Championships (5/13/18)	15:58.14	1st

10,000 METER RUN

Meet	Mark	Place
Stanford Invitational (3/30/18)	32:00.55 PR, SR	3rd

FARAMOLA SHONEKAN // SO

800 METER RUN

Previous PR - 2:20.82

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	2:21.72	8th
Ole Miss Classic (3/31/18)	2:17.42	9th
John McDonnell Invitational (4/13/18)	2:20.45	5th
Tom Botts Invitational (4/21/18)	2:16.78 PR	6th
SEC Outdoor Championships (5/11/18)	2:20.47 p	19th

JAZMYN SHUMAKER // FR

100 METER DASH

Meet	Mark	Place
Arkansas Spring Invitational (3/24/18)	12.20 w (2.7) PR	19th
Ole Miss Classic (3/31/18)	12.25 (1.6)	10th
John McDonnell Invitational (4/13/18)	12.08 W (6.6)	16th
Tom Botts Invitational (4/21/18)	12.48 (-1.3)	5th
SEC Outdoor Championships (5/12/18)	12.32 (0.5)	35th

200 METER DASH

Meet	Mark	Place
Ole Miss Classic (3/31/18)	25.84 (1.3)	23rd
John McDonnell Invitational (4/13/18)	25.54 w (2.6)	30th
Tom Botts Invitational (4/21/18)	24.93 w (2.0) PR	9th
SEC Outdoor Championships (5/11/18)	25.35 p w (3.1)	33rd

KATE SMITH // R-SO

1500 METER RUN

Previous PR - 4:43.15

Meet	Mark	Place
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3000 METER RUN

Previous PR - 9:54.79

Meet	Mark	Place
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5000 METER RUN

Previous PR - 17:29.38

Meet	Mark	Place
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JORDAN SPEER // FR



WOMEN'S PERFORMANCE LIST (BY ATHLETE)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
M - multi | p - prelim | f - final

EMILY STAUFFER // SO

SHOT PUT

Previous PR - 15.25m (50-0.5)

Meet	Mark	Place
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HAMMER THROW

Previous PR - 47.58m (156-0.25)

Meet	Mark	Place
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RACHEL TAYLOR // JR

HANNAH THOMAS // JR

1500 METER RUN

Previous PR - 4:41.78

Meet	Mark	Place
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Arkansas Spring Invitational (3/24/18)	4:44.37	4th
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3000 METER RUN

Previous PR - 10:06.88

Meet	Mark	Place
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5000 METER RUN

Previous PR - 17:52.85

Meet	Mark	Place
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SFSU Distance Carnival (3/30/18)	17:45.58 PR	50th
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3000 METER STEEPLECHASE

Previous PR - 11:17.94

Meet	Mark	Place
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ALLIE WEBB // SO

HAMMER THROW

Previous PR - 41.55m (126-3.75)

Meet	Mark	Place
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JAVELIN

Previous PR - 37.38m (122-7.5)

Meet	Mark	Place
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CMU Open (3/17/18)	43.62m (143-1)	1st
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Arkansas Spring Invitational (3/24/18)	42.45m (139-3)	4th
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Ole Miss Classic (3/31/18)	44.11m (144-9) PR, #8	3rd
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John McDonnell Invitational (4/14/18)	43.74m (143-6)	1st
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Tom Botts Invitational (4/20/18)	43.52m (142-9)	2nd
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Drake Relays (4/27/18)	41.63m (136-7)	6th
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SEC Outdoor Championships (5/12/18)	43.43m (142-6)	13th
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CAROLYN WHITE // R-SO

800 METER RUN

Previous PR - 2:19.22

Meet	Mark	Place
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BLAIR WIDMER // FR

AMANDA WOOD // SO

SARA YOUNG // SR

RELAYS

4x100 METER RELAY

Meet	Mark	Place
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(Tsai-Anne Joseph, Maya Cody, Jazmyn Shumaker, Arielle Mack)		
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Arkansas Spring Invitational (3/24/18)	47.24	6th
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4x400 METER RELAY

Meet	Mark	Place
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(Maya Puller, Maya Cody, Karina Liz, Faramola Shonekan)		
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Arkansas Spring Invitational (3/24/18)	3:55.99	5th
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(Maya Cody, Karina Liz, Maya Puller, Valeska Halamiccek)		
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Ole Miss Classic (3/31/18)	3:56.80	8th
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(Karina Liz, Faramola Shonekan, Maya Puller, Valeska Halamiccek)		
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Tom Botts Invitational (4/21/18)	3:55.48	3rd
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(Michaela Hackbarth, Melissa Menghini, Shannon Browning, Susan Forbis)		
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Tom Botts Invitational (4/21/18)	4:15.32	6th
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DISTANCE MEDLEY RELAY

Meet	Mark	Place
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(Valeska Halamiccek, Tsai-Anne Joseph, Karina Liz, Karissa Schweizer)		
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Drake Relays (4/28/18)	11:07.59	1st
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WOMEN'S PERFORMANCE LIST (BY EVENT)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
M - multi | p - prelim | f - final

100 METER DASH

Mizzou Record: 11.42 - Lorinda Richardson (1987)

Name	Meet	Mark	Place
Tsai-Anne Joseph	John McDonnell Invitational (4/13/18)	11.66 W	10th
Maya Cody	Ole Miss Classic (3/31/18)	11.76	1st
Maya Cody	Arkansas Spring Invitational (3/24/18)	11.81	12th
Tsai-Anne Joseph	Arkansas Spring Invitational (3/24/18)	12.01 w	15th
Jazmyn Shumaker	John McDonnell Invitational (4/13/18)	12.08 W	16th
Tasi-Anne Joseph	Drake Relays (4/27/18)	12.12 w	22nd
Tsai-Anne Joseph	Tom Botts Invitational (4/21/18)	12.13	3rd
Tsai-Anne Joseph	SEC Outdoor Championships (5/12/18)	12.18 p	34th
Tsai-Anne Joseph	Ole Miss Classic (3/31/18)	12.25	8th
Jazmyn Shumaker	Arkansas Spring Invitational (3/24/18)	12.20 w	19th
Arielle Mack	Arkansas Spring Invitational (3/24/18)	12.20 w	20th
Jazmyn Shumaker	Ole Miss Classic (3/31/18)	12.25	10th
Arielle Mack	Ole Miss Classic (3/31/18)	12.27	11th
Jazmyn Shumaker	SEC Outdoor Championships (5/12/18)	12.32 p	35th
Jazmyn Shumaker	Tom Botts Invitational (4/21/18)	12.48	5th

200 METER DASH

Mizzou Record: 23.10 - LaQuisha Jackson (2016)

Name	Meet	Mark	Place
Tsai-Anne Joseph	Tom Botts Invitational (4/21/18)	24.26 w PR	2nd
Tsai-Anne Joseph	John McDonnell Invitational (4/13/18)	24.67 w	18th
Tsai-Anne Joseph	Arkansas Spring Invitational (3/24/18)	24.85 w	15th
Jazmyn Shumaker	Tom Botts Invitational (4/21/18)	24.93 w PR	9th
Tsai-Anne Joseph	SEC Outdoor Championships (5/11/18)	24.98 p	31st
Jazmyn Shumaker	SEC Outdoor Championships (5/11/18)	25.35 w, p	33rd
Tsai-Anne Joseph	Ole Miss Classic (3/31/18)	25.44	18th
Jazmyn Shumaker	John McDonnell Invitational (4/13/18)	25.54 w	30th
Jazmyn Shumaker	Ole Miss Classic (3/31/18)	25.84	23rd
Maya Puller	Tom Botts Invitational (4/21/18)	25.95 PR	22nd
Maya Puller	Arkansas Spring Invitational (3/24/18)	26.88	31st
Maya Puller	Ole Miss Classic (3/31/18)	27.01 w	31st

400 METER DASH

Mizzou Record: 50.86 - Nastasha (Kaiser) Brown (1989)

Name	Meet	Mark	Place
Maya Puller	Tom Botts Invitational (4/21/18)	1:00.17	7th
Michaela Hackbarth	Tom Botts Invitational (4/21/18)	1:02.36	8th

800 METER RUN

Mizzou Record: 2:02.94 - Ashley Wysong (2000)

Name	Meet	Mark	Place
Valeska Halamicek	SEC Outdoor Championships (5/11/18)	2:08.68 p	8th
Karina Liz	Drake Relays (4/26/18)	2:08.77 PR	3rd
Karina Liz	Arkansas Spring Invitational (3/24/18)	2:10.08	2nd
Valeska Halamicek	Tom Botts Invitational (4/21/18)	2:10.14	1st
Karina Liz	John McDonnell Invitational (4/14/18)	2:10.78	3rd
Karina Liz	SEC Outdoor Championships (5/11/18)	2:10.97 p	11th
Karina Liz	Ole Miss Classic (3/31/18)	2:11.11	3rd
Karina Liz	Tom Botts Invitational (4/21/18)	2:13.97	3rd
Valeska Halamicek	SEC Outdoor Championships (5/13/18)	2:15.94 f	8th
Melissa Menghini	Tom Botts Invitational (4/21/18)	2:16.62 PR	5th
Faramola Shonekan	Tom Botts Invitational (4/21/18)	2:16.78 PR	6th
Shannon Browning	Tom Botts Invitational (4/21/18)	2:17.10 PR	10th
Valeska Halamicek	Ole Miss Classic (3/31/18)	2:17.21	8th
Faramola Shonekan	Ole Miss Classic (3/31/18)	2:17.42	9th
Faramola Shonekan	John McDonnell Invitational (4/13/18)	2:20.45	5th
Faramola Shonekan	SEC Outdoor Championships (5/11/18)	2:20.47 p	19th
Melissa Menghini	John McDonnell Invitational (4/13/18)	2:21.09	7th
Faramola Shonekan	Arkansas Spring Invitational (3/24/18)	2:21.72	8th
Susan Forbis	Tom Botts Invitational (4/21/18)	2:23.95	26th
Erica Rideout	Tom Botts Invitational (4/21/18)	2:24.34	27th
Faramola Shonekan	Ole Miss Classic (3/31/18)	2:26.07	21st
Elly DeTurris	Tom Botts Invitational (4/21/18)	2:29.25	31st

1500 METER RUN

Mizzou Record: 4:12.83 - Karissa Schweizer (2018)

Name	Meet	Mark	Place
Karissa Schweizer	Tom Botts Invitational (4/20/18)	4:12.83 PR, SR, MR	1st
Karissa Schweizer	SEC Outdoor Championships (5/13/18)	4:19.98 f	2nd
Karissa Schweizer	SEC Outdoor Championships (5/12/18)	4:21.53 p	4th
Valeska Halamicek	Drake Relays (4/26/18)	4:26.44 PR	1st
Valeska Halamicek	SEC Outdoor Championships (5/12/18)	4:26.66 p	8th
Valeska Halamicek	SEC Outdoor Championships (5/13/18)	4:27.11	6th
Valeska Halamicek	John McDonnell Invitational (4/14/18)	4:34.40	8th
Karina Liz	Tom Botts Invitational (4/20/18)	4:35.54	3rd
Melissa Menghini	Tom Botts Invitational (4/20/18)	4:35.59 PR	4th
Melissa Menghini	John McDonnell Invitational (4/14/18)	4:39.34	12th
Valeska Halamicek	Ole Miss Classic (3/31/18)	4:40.52	13th
Melissa Menghini	Arkansas Spring Invitational (3/24/18)	4:41.51	1st
Shannon Browning	Tom Botts Invitational (4/20/18)	4:42.39 PR	11th
Shannon Browning	Ole Miss Classic (3/31/18)	4:43.73	18th
Valeska Halamicek	Arkansas Spring Invitational (3/24/18)	4:44.05	13th
Hannah Thomas	Arkansas Spring Invitational (3/24/18)	4:44.37	4th
Shannon Browning	John McDonnell Invitational (4/14/18)	4:44.50	23rd
Shannon Browning	SEC Outdoor Championships (5/12/18)	4:45.36 p	24th
Jordyn Kleve	Tom Botts Invitational (4/20/18)	4:48.50	15th
Melissa Menghini	SEC Outdoor Championships (5/12/18)	4:49.45 p	25th
Susan Forbis	Tom Botts Invitational (4/20/18)	4:51.99 PR	15th
Samantha Farmer	John McDonnell Invitational (4/14/18)	4:53.13	29th
Susan Forbis	John McDonnell Invitational (4/14/18)	4:55.14	33rd
Susan Forbis	Ole Miss Classic (3/31/18)	4:58.28	27th
Elly DeTurris	Tom Botts Invitational (4/20/18)	4:59.17	23rd
Elly DeTurris	Arkansas Spring Invitational (3/24/18)	4:59.42	18th
Susan Forbis	Arkansas Spring Invitational (3/24/18)	5:00.13	22nd
Elly DeTurris	John McDonnell Invitational (4/14/18)	5:01.66	37th
Lexi Maddox	Tom Botts Invitational (4/20/18)	5:03.26 PR	25th
Lexi Maddox	Arkansas Spring Invitational (3/24/18)	5:09.20	27th



WOMEN'S PERFORMANCE LIST (BY EVENT)

PR - Personal Record | SR - School Record | MR - Meet Record | FR - Facility Record | CR - Collegiate Record | # - Top-10 Program Mark
M - multi | p - prelim | f - final

5000 METER RUN

Mizzou Record: 15:18.69 - Karissa Schweizer (2017)

Name	Meet	Mark	Place
Karissa Schweizer	Drake Relays (4/26/18)	15:23.21 MR	1st
Karissa Schweizer	SEC Outdoor Championships (5/13/18)	15:58.14	1st
Megan Cunningham	Gorilla Classic (4/14/18)	16:03.20 PR, #4	1st
Jordyn Kleve	Drake Relays (4/26/18)	16:58.26 PR	9th
Jordyn Kleve	SFSU Distance Carnival (3/30/18)	17:23.04	24th
Jordyn Kleve	SEC Outdoor Championships (5/13/18)	17:23.36	21st
Sophia Racette	Drake Relays (4/26/18)	17:24.95 PR	13th
Sophia Racette	Tom Botts Invitational (4/20/18)	17:30.09	5th
Sophia Racette	SFSU Distance Carnival (3/30/18)	17:32.52	35th
Hannah Thomas	SFSU Distance Carnival (3/30/18)	17:45.58 PR	50th
Samantha Farmer	Tom Botts Invitational (4/20/18)	17:47.34	9th
Kaelyn Balch	Tom Botts Invitational (4/20/18)	17:51.22	10th
Melissa Menghini	Drake Relays (4/26/18)	17:51.35	17th
Melissa Menghini	SEC Outdoor Championships (5/13/18)	18:04.25	36th
Kaelyn Balch	Ole Miss Classic (3/31/18)	18:26.13	3rd

10,000 METER RUN

Mizzou Record: 32:00.55 - Karissa Schweizer (2018)

Name	Meet	Mark	Place
Karissa Schweizer	Stanford Invitational (3/30/18)	32:00.55 SR	3rd
Megan Cunningham	Drake Relays (4/26/18)	33:19.25 PR, #4	1st
Megan Cunningham	SEC Outdoor Championships (5/11/18)	33:47.05	1st

100 METER HURDLES

Mizzou Record: 13.18 - Valerie Thames (2016)

Name	Meet	Mark	Place
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400 METER HURDLES

Mizzou Record: 57.16 - Valerie Thames (2016)

Name	Meet	Mark	Place
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3000 METER STEEPLECHASE

Mizzou Record: 10:08.61 - Kerry Hils (2001)

Name	Meet	Mark	Place
Samantha Farmer	Ole Miss Classic (3/31/18)	11:05.26 PR, #10	3rd
Samantha Farmer	Drake Relays (4/26/18)	11:13.05	15th

4x100 METER RELAY

Mizzou Record: 44.54 - Maya Cody, LaQuisha Jackson, Alyssa Felton, Jacqueline Obi (2016)

Name	Meet	Mark	Place
Joseph, Cody, Shumaker, Mack	Arkansas Spring Invitational (3/24/18)	47.24	6th

4x400 METER RELAY

Mizzou Record: 3:35.97 - Maya Cody, Valerie Thames, LaQuisha Jackson, Ayo Adewole (2016)

Name	Meet	Mark	Place
Liz, Shonekan, Puller, Halamicek	Tom Botts Invitational (4/21/18)	3:55.48	3rd
Puller, Cody, Liz, Shonekan	Arkansas Spring Invitational (3/24/18)	3:55.99	5th
Cody, Liz, Puller, Halamicek	Ole Miss Classic (3/31/18)	3:56.80	8th
Hackbarth, Menghini, Browning, Forbis	Tom Botts Invitational (4/21/18)	4:15.32	6th

HIGH JUMP

Mizzou Record: 1.86m/6-1.25 - Hanne Skei Anderson (1994)

Name	Meet	Mark	Place
Karissa Roman	Ole Miss Classic (3/31/18)	1.75m (5-8.75) PR	1st
Valeria Kostiuk	SEC Outdoor Championships (5/13/18)	1.75m (5-8.75)	6th
Karissa Roman	Drake Relays (4/28/18)	1.74m (5-8.5)	4th
Karissa Roman	Tom Botts Invitational (4/21/18)	1.72m (5-7.75)	1st
Karissa Roman	John McDonnell Invitational (4/14/18)	1.70m (5-7)	1st
Valeria Kostiuk	Drake Relays (4/28/18)	1.70m (5-7)	9th
Karissa Roman	SEC Outdoor Championships (5/13/18)	1.70m (5-7)	8th
Valeria Kostiuk	Tom Botts Invitational (4/21/18)	1.67m (5-5.75)	4th
Valeria Kostiuk	John McDonnell Invitational (4/14/18)	1.65m (5-5)	4th

POLE VAULT

Mizzou Record: 4.35m/14-3.25 - Katrine Haarklau (2013)

Name	Meet	Mark	Place
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LONG JUMP

Mizzou Record: 6.51m/21-4.25 - Lorinda Richardson (1986)

Name	Meet	Mark	Place
Keyoni Mbroh	Ole Miss Classic (3/31/18)	5.49m (18-0.25) PR	8th
Keyoni Mbroh	Tom Botts Invitational (4/20/18)	5.45m (17-10.75)	7th
Arielle Mack	Ole Miss Classic (3/31/18)	5.34m (17-6.25)	12th

TRIPLE JUMP

Mizzou Record: 12.71m/41-8.5 - Hedvig Glomsroed (2007)

Name	Meet	Mark	Place
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SHOT PUT

Mizzou Record: 18.22m/59-9.5 - Kearsten Peoples (2012)

Name	Meet	Mark	Place
Gabi Jacobs	SEC Outdoor Championships (5/12/18)	15.75m (51-8.25)	7th
Gabi Jacobs	Ole Miss Classic (3/31/18)	15.26m (50-0.75)	4th
Gabi Jacobs	CMU Open (3/17/18)	15.07m (49-5.5)	1st
Gabi Jacobs	Arkansas Spring Invitational (3/24/18)	14.92m (48-11.5)	2nd
Gabi Jacobs	Drake Relays (4/27/18)	14.61m (47-11.25)	10th

DISCUS THROW

Mizzou Record: 58.23m/191-0 - Gabi Jacobs (2017)

Name	Meet	Mark	Place
Gabi Jacobs	Tom Botts Invitational (4/21/18)	58.11m (190-8) MR, FR	1st
Gabi Jacobs	SEC Outdoor Championships (5/13/18)	55.92m (183-5)	1st
Gabi Jacobs	John McDonnell Invitational (4/14/18)	55.42m (181-10)	1st
Gabi Jacobs	Drake Relays (4/27/18)	55.26m (181-3)	2nd
Gabi Jacobs	CMU Open (3/17/18)	52.57m (172-6)	1st
Gabi Jacobs	Ole Miss Classic (3/31/18)	52.03m (170-8)	3rd
Gabi Jacobs	Arkansas Spring Invitational (3/24/18)	47.56m (156-0)	1st

HAMMER THROW

Mizzou Record: 66.17m/217-1 - Kearsten Peoples (2015)

Name	Meet	Mark	Place
Becky Keating	CMU Open (3/17/18)	63.87m (209-6) PR, #2	1st
Becky Keating	Ole Miss Classic (3/31/18)	60.75m (199-4)	4th
Becky Keating	SEC Outdoor Championships (5/11/18)	60.55m (189-8)	4th
Becky Keating	Tom Botts Invitational (4/20/18)	60.18m (197-5)	2nd
Becky Keating	Drake Relays (4/28/18)	59.90m (196-6)	4th
Becky Keating	John McDonnell Invitational	58.58m (192-2)	1st
Becky Keating	Arkansas Spring Invitational (3/23/18)	56.89m (186-7)	1st



WOMEN'S PERFORMANCE LIST (BY EVENT)

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M - multi | p - prelim | f - final

JAVELIN

Mizzou Record: 51.17m/167-10.5 - Hailey Twietmeyer (2014)

Name	Meet	Mark	Place
Allie Webb	Ole Miss Classic (3/31/18)	44.11m (144-9) PR, #8	3rd
Allie Webb	John McDonnell Invitational (4/14/18)	43.74m (143-6)	1st
Allie Webb	CMU Open (3/17/18)	43.62m (143-1)	1st
Allie Webb	Tom Botts Invitational (4/20/18)	43.52m (142-9)	2nd
Allie Webb	SEC Outdoor Championships (5/12/18)	43.43m (142-6)	13th
Megan Haley	Arkansas Spring Invitational (3/24/18)	43.30m (142-5) PR, #9	1st
Megan Haley	Tom Botts Invitational (4/20/18)	43.06m (141-3)	3rd
Allie Webb	Arkansas Spring Invitational (3/24/18)	42.45m (139-3)	4th
Megan Haley	CMU Open (3/17/18)	41.70m (136-10)	2nd
Allie Webb	Drake Relays (4/27/18)	41.63m (136-7)	6th
Megan Haley	Ole Miss Classic (3/31/18)	40.42m (132-7)	4th
Megan Haley	John McDonnell Invitational (4/14/18)	40.05m (131-4)	2nd
Megan Haley	Drake Relays (4/27/18)	39.43m (129-4)	11th
Megan Haley	SEC Outdoor Championships (5/12/18)	38.41m (126-0)	16th

HEPTATHLON

Mizzou Record: 5,805 points - Teri LeBlanc (1989)

Name	Meet	Mark	Place
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NON-NCAA EVENTS

3000 METER RUN

Name	Meet	Mark	Place
Kaelyn Balch	John McDonnell Invitational (4/14/18)	10:26.55	8th
Kaelyn Balch	Arkansas Spring Invitational (3/24/18)	10:29.57	13th
Samantha Farmer	Arkansas Spring Invitational (3/24/18)	10:29.77	14th
Emmie Hahn	Arkansas Spring Invitational (3/24/18)	11:22.59	32nd

DISTANCE MEDLEY RELAY

Name	Meet	Mark	Place
Halamicek, Joseph, Liz, Schweizer	Drake Relays (4/28/18)	11:07.59	1st



MEET-BY-MEET RESULTS

2018 OUTDOOR SCHEDULE

DATE	MEET	LOCATION
March 23-24	Arkansas Spring Invitational	Fayetteville, Ark.
March 30-31	Stanford Invitational	Stanford, Calif.
March 31	Ole Miss Classic	Oxford, Miss.
April 13-14	John McDonnell Invitational	Fayetteville, Ark.
April 20-21	Tom Botts Invitational	HOME
April 26-28	Drake Relays	Des Moines, Iowa
May 11-13	SEC Outdoor Championships	Knoxville, Tenn.
May 24-26	NCAA West Preliminary	Sacramento, Calif.
June 6-9	NCAA Outdoor Championships	Eugene, Ore.

MEET-BY-MEET RESULTS

MEN'S RESULTS

CMU OPEN

March 17 // Fayette, Mo.

SHOT PUT

1. Will Fife (R-Jr.)	17.68m (58-0.25) PR
3. Avery Carter (R-Jr.)	16.19m (53-1.5) PR

DISCUS

1. Will Fife (R-Jr.)	49.36m (161-11)
17. Jason Edwards (Fr.)	31.72m (104-1)

HAMMER THROW

1. Patrick Kunza (R-So.)	62.70m (205-8) PR, #8
2. Avery Carter (R-Jr.)	60.49m (198-5) PR

JAVELIN

1. Rauno Liitmaa (Sr.)	60.40m (198-2)
5. Jason Edwards (Fr.)	47.38m (155-5)

WOMEN'S RESULTS

CMU OPEN

March 17 // Fayette, Mo.

SHOT PUT

1. Gabi Jacobs (R-Jr.)	15.07m (49-5.5)
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DISCUS

1. Gabi Jacobs (R-Jr.)	52.57m (172-6)
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HAMMER THROW

1. Becky Keating (R-So.)	63.87m (209-6) PR, #2
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JAVELIN

1. Allie Webb (So.)	43.62m (143-1) PR, #8
2. Megan Haley (Fr.)	41.70m (136-10) PR, #10



MEET-BY-MEET RESULTS

ARKANSAS SPRING INVITATIONAL
March 23-24 // Fayetteville, Ark.
200 METER DASH

8. Jerrad Mason (R-Sr.) 21.69 (W: 1.4)

800 METER RUN

9. Mark Sheridan (Sr.) 1:55.76

12. Robert Kuhlmann (R-Fr.) 1:56.76

800 METER RUN INVITATIONAL

1. Chris Conrad (Fr.) 1:50.00

1500 METER RUN

16. Taylor Stephen (R-Jr.) 4:07.84

20. Stephen Mugeche (R-So.) 4:10.75

21. Dylan Quisenberry (R-Fr.) 4:10.88

25. Justin Loquercio (R-Fr.) 4:11.52

3000 METER RUN

12. Patrick Kearns (R-Jr.) 9:18.72

13. Eric Scott (R-Fr.) 9:26.40

4x400 METER RELAY

9. Robert Kuhlmann (R-Fr.), Chris Conrad (Fr.),
Mark Sheridan (Sr.), Jerrad Mason (R-Sr.) 3:19.80

SHOT PUT

1. Will Fife (R-Jr.) 18.58m (60-11.5) PR, #7

3. Avery Carter (R-Jr.) 16.83m (55-2.75) PR

DISCUS

5. Will Fife (R-Jr.) 46.51m (152-7)

HAMMER THROW

1. Patrick Kunza (R-So.) 59.17m (194-1)

4. Avery Carter (R-Jr.) 57.57m (188-10)

7. Sean Harrell (R-Jr.) 52.11m (170-11)

ARKANSAS SPRING INVITATIONAL
March 23-24 // Fayetteville, Ark.
100 METER DASH

12. Maya Cody (Jr.) 11.81 (W: 1.6)

15. Tsai-Anne Joseph (R-Jr.) 12.01 (W: 2.8)

19. Jazmyn Shumaker (Fr.) 12.20 (W: 2.7)

20. Arielle Mack (Fr.) 12.20 (W: 2.7)

200 METER DASH

15. Tsai-Anne Joseph (R-Jr.) 24.85 (W: 2.0)

31. Maya Puller (Fr.) 26.88 (W: 1.7)

800 METER RUN

8. Faramola Shonekan (So.) 2:21.72

800 METER INVITATIONAL

2. Karina Liz (R-Fr.) 2:10.08

1500 METER RUN

1. Melissa Menghini (R-Fr.) 4:41.51

4. Hannah Thomas (Jr.) 4:44.37

18. Elly DeTurris (Jr.) 4:59.42

22. Susan Forbis (R-Fr.) 5:00.13

27. Lexi Maddox (Fr.) 5:09.20

1500 METER RUN INVITATIONAL

13. Valeska Halamicek (R-Sr.) 4:44.05

3000 METER RUN

13. Kaelyn Balch (R-Sr.) 10:29.57

14. Samantha Farmer (R-So.) 10:29.77

32. Emmie Hahn (R-So.) 11:22.59

4x100 METER RELAY

6. Tsai-Anne Joseph (R-Jr.), Maya Cody (Jr.),
Jazmyn Shumaker (Fr.), Arielle Mack (Fr.) 47.24

4x400 METER RELAY

5. Maya Puller (Fr.), Maya Cody (Jr.),
Karina Liz (R-Fr.), Faramola Shonekan (So.) 3:55.99

SHOT PUT

2. Gabi Jacobs (R-Jr.) 14.92m (48-11.5)

DISCUS

1. Gabi Jacobs (R-Jr.) 47.56m (156-0)

HAMMER THROW

1. Becky Keating (Jr.) 56.89m (186-7)

JAVELIN

1. Megan Haley (Fr.) 43.40m (142-5) PR, #9

4. Allie Webb (So.) 42.45m (139-3)



MEET-BY-MEET RESULTS

SAN FRANCISCO STATE UNIVERSITY DISTANCE CARNIVAL
March 30 // San Francisco, Calif.**5000 METER RUN**

56. Zach Cook (R-Jr.)	14:50.69 PR
84. Michael Widmann (R-So.)	14:59.24 PR

STANFORD INVITATIONAL
March 30 // Palo Alto, Calif.**10,000 METER RUN INVITATIONAL**

3. Karissa Schweizer (Sr.)	32:00.55 PR, SR
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SAN FRANCISCO STATE UNIVERSITY DISTANCE CARNIVAL
March 30 // San Francisco, Calif.**5000 METER RUN**

24. Jordyn Kleve (R-So.)	17:23.04
36. Sophia Racette (R-So.)	17:32.52 PR
50. Hannah Thomas (Jr.)	17:45.58 PR

3000 METER STEEPLECHASE

37. Melissa Menghini (R-Fr.)	11:29.69
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MEET-BY-MEET RESULTS

OLE MISS CLASSIC
March 31 // Oxford, Miss.
400 METER DASH

1. Jerrad Mason (R-Sr.) 47.48 PR

800 METER RUN

2. Chris Conrad (Fr.) 1:50.63
 18. Mark Sheridan (Sr.) 1:58.58
 20. Robert Kuhlmann (R-Fr.) 2:00.39
 26. Ben Goodman (R-Sr.) 2:05.08

1500 METER RUN

12. Mark Sheridan (Sr.) 4:01.13
 14. Ben Goodman (R-Sr.) 4:01.99 PR
 15. Taylor Stephen (R-Jr.) 4:03.92 PR
 31. Dylan Quisenberry (R-Fr.) 4:20.87

110 METER HURDLES

8. Rauno Liitmaa (Sr.) 14.91 (W: 2.1)
 13. Jason Edwards (Fr.) 16.16 (W: 1.7)

4x400 METER RELAY

6. Robert Kuhlmann (R-Fr.), Chris Conrad (Fr.),
 Mark Sheridan (Sr.), Jerrad Mason (R-Sr.) 3:21.19

HIGH JUMP

5. Landon Cuskelly (Jr.) 2.01m (6-7)

LONG JUMP

5. Rauno Liitmaa (Sr.) 6.74m (22-1.5) (W: 1.0) PR
 8. Jason Edwards (Fr.) 6.57m (21-6.75) (W: 1.2)

SHOT PUT

3. Will Fife (R-Jr.) 17.08m (56-0.5)
 4. Avery Carter (R-Jr.) 16.84m (55-3) PR

DISCUS

4. Will Fife (R-Jr.) 49.13m (161-2)

HAMMER THROW

4. Avery Carter (R-Jr.) 60.45m (198-4)
 5. Patrick Kunza (R-So.) 59.65m (195-8)
 8. Sean Harrell (R-Sr.) 52.47m (172-2)

OLE MISS CLASSIC
March 31 // Oxford, Miss.
100 METER DASH

1. Maya Cody (Jr.) 11.76 (W: 0.9)
 8. Tsai-Anne Joseph (R-Jr.) 12.12 (W: 0.9)
 10. Jazmyn Shumaker (Fr.) 12.25 (W: 1.6)
 11. Arielle Mack (Fr.) 12.27 (W: 1.6)

200 METER DASH

18. Tsai-Anne Joseph (R-Jr.) 25.44 (W: 1.3)
 23. Jazmyn Shumaker (Fr.) 25.84 (W: 1.3)
 31. Maya Puller (Fr.) 27.01 (W: 2.4)

800 METER RUN

3. Karina Liz (R-Fr.) 2:11.11
 8. Valeska Halamicek (R-Sr.) 2:17.21
 9. Faramola Shonekan (So.) 2:17.42 PR
 21. Susan Forbis (R-Fr.) 2:26.07

1500 METER RUN

13. Valeska Halamicek (R-Sr.) 4:40.52
 18. Shannon Browning (Fr.) 4:43.73
 27. Susan Forbis (R-Fr.) 4:58.28 PR

5000 METER RUN

3. Kaelyn Balch (R-Sr.) 18:26.13

3000 METER STEEPLECHASE

3. Samantha Farmer (R-So.) 11:05.26 PR, #10

4x400 METER RELAY

8. Maya Cody (Jr.), Karina Liz (R-Fr.),
 Maya Puller (Fr.), Valeska Halamicek (R-Sr.) 3:56.80

HIGH JUMP

1. Karissa Roman (Jr.) 1.75m (5-8.75) PR

LONG JUMP

8. Keyoni Mbroh (R-Jr.) 5.49m (18-0.25)
 12. Arielle Mack (Fr.) 5.34m (17-6.25)

SHOT PUT

4. Gabi Jacobs (R-Jr.) 15.26m (50-0.75)

DISCUS

3. Gabi Jacobs (R-Jr.) 52.03m (170-8)

HAMMER THROW

4. Becky Keating (Jr.) 60.75m (199-4)

JAVELIN

3. Allie Webb (So.) 44.11m (144-9) PR, #8
 4. Megan Haley (Fr.) 40.42m (132-7)



MEET-BY-MEET RESULTS

JOHN MCDONNELL INVITATIONAL
April 13-14 // Fayetteville, Ark.**200 METER DASH**

13. Jerrad Mason (R-Sr.) 21.47 (W: 6.0)

800 METER RUN

4. Mark Sheridan (Sr.) 2:00.81

800 METER RUN INVITATIONAL

3. Chris Conrad (Fr.) 1:51.26

6. Cain Winebrenner (R-Sr.) 1:55.36

10. Robert Kuhlmann (R-Fr.) 1:57.71

1500 METER RUN

16. Ben Goodman (R-Sr.) 3:59.58 PR

20. Mark Sheridan (Sr.) 4:03.18

24. Dylan Quisenberry (R-Fr.) 4:08.66 PR

26. Patrick Kearns (R-Jr.) 4:19.83

3000 METER RUN

12. Stephen Mugeche (R-So.) 9:11.40

13. Jacob Schweiss (R-Fr.) 9:16.67

400 METER HURDLES

3. Jerrad Mason (R-Sr.) 52.25

HIGH JUMP

3. Landon Cuskelly (Jr.) 2.11m (6-11)

SHOT PUT

1. Will Fife (R-Jr.) 17.82m (58-5.75)

3. Avery Carter (R-Jr.) 16.46m (54-0)

DISCUS

2. Will Fife (R-Jr.) 52.14m (171-1) PR

HAMMER THROW

2. Avery Carter (R-Jr.) 59.94m (196-8)

3. Patrick Kunza (R-So.) 58.89m (193-2)

6. Sean Harrell (R-Sr.) 50.99m (167-3)

JAVELIN

6. Jason Edwards (Fr.) 50.92m (167-1)

JOHN MCDONNELL INVITATIONAL
April 13-14 // Fayetteville, Ark.**100 METER DASH**

10. Tsai-Anne Joseph (R-Jr.) 11.66 (W: 6.5)

16. Jazmyn Shumaker (Fr.) 12.08 (W: 6.6)

200 METER DASH

18. Tsai-Anne Joseph (R-Jr.) 24.67 (W: 3.2) PR

30. Jazmyn Shumaker (Fr.) 25.54 (W: 2.6) PR

800 METER RUN

5. Faramola Shonekan (So.) 2:20.45

7. Melissa Menghini (R-Fr.) 2:21.09

800 METER RUN INVITATIONAL

3. Karina Liz (R-Fr.) 2:10.78

1500 METER RUN

8. Valeska Halamicek (R-Sr.) 4:34.40

12. Melissa Menghini (R-Fr.) 4:39.34 PR

23. Shannon Browning (Fr.) 4:44.50

29. Samantha Farmer (R-So.) 4:53.13

33. Susan Forbis (R-Fr.) 4:55.14 PR

37. Elly DeTurris (Jr.) 5:01.66

3000 METER RUN

8. Kaelyn Balch (R-Sr.) 10:26.55

HIGH JUMP

1. Karissa Roman (Jr.) 1.70m (5-7)

4. Valeria Kostyuk (Jr.) 1.65m (5-5)

DISCUS

1. Gabi Jacobs (R-Jr.) 55.42m (181-10)

HAMMER THROW

1. Becky Keating (Jr.) 58.58m (192-2)

JAVELIN

1. Allie Webb (So.) 43.74m (143-6)

2. Megan Haley (Fr.) 40.05m (131-4)

GORILLA CLASSIC
April 14 // Pittsburg, Kan.**5000 METER RUN**

1. Megan Cunningham (R-Sr.) 16:03.20 PR, #4



MEET-BY-MEET RESULTS

TOM BOTTS INVITATIONAL
April 20-21 // Columbia, Mo.

800 METER RUN

1. Chris Conrad (Fr.)	1:51.45
2. Cain Winebrenner (R-Sr.)	1:53.38
4. Mark Sheridan (Sr.)	1:53.66
6. Robert Kuhlmann (R-Fr.)	1:54.34 PR
17. Ben Goodman (R-Sr.)	1:56.92
22. Taylor Stephen (R-Jr.)	2:04.39
23. Patrick Kearns (R-Jr.)	2:04.49

1500 METER RUN

1. Chris Conrad (Fr.)	3:54.49
2. Ben Goodman (R-Sr.)	3:55.12 PR
4. Zach Cook (R-Jr.)	3:55.62
11. Dylan Quisenberry (R-Fr.)	4:06.64 PR
12. Marc Dubrick (R-Sr.)	4:07.07
14. Stephen Mugeche (R-So.)	4:10.42
18. Taylor Stephen (R-Jr.)	4:19.11

5000 METER RUN

2. Michael Widmann (R-So.)	15:08.52
4. Jacob Schweiss (R-Fr.)	15:35.05
9. Patrick Kearns (R-Jr.)	15:50.33

110 METER HURDLES

8. Jason Edwards (Fr.)	16.69 (W: -0.5)
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400 METER HURDLES

2. Jerrad Mason (R-Sr.)	51.92
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4x400 METER RELAY

4. Robert Kuhlmann (R-Fr.), Chris Conrad (Fr.), Mark Sheridan (Sr.), Jerrad Mason (R-Sr.)	3:20.19
6. Cain Winebrenner (R-Sr.), Ben Goodman (R-Sr.), Taylor Stephen (R-Jr.), Patrick Kearns (R-Jr.)	3:38.62

HIGH JUMP

1. Landon Cuskelly (Jr.)	2.18m (7-1.75) #5
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LONG JUMP

5. Jason Edwards (Fr.)	6.61m (21-8.25) (W: 2.0)
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SHOT PUT

4. Will Fife (R-Jr.)	17.74m (58-2.5)
7. Avery Carter (R-Jr.)	17.02m (55-10.25) PR

DISCUS

4. Will Fife (R-Jr.)	49.25m (161-7)
9. Rauno Liitmaa (Jr.)	41.68m (136-9)
14. Jason Edwards (Fr.)	29.72m (97-6)

HAMMER THROW

1. Avery Carter (R-Jr.)	64.18m (210-7) PR, #3
3. Patrick Kunza (R-So.)	58.99m (193-6)
6. Sean Harrell (R-Sr.)	52.66m (172-9) PR

JAVELIN

1. Jason Edwards (Fr.)	53.69m (176-2)
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TOM BOTTS INVITATIONAL
April 20-21 // Columbia, Mo.

100 METER DASH

3. Tsai-Anne Joseph (R-Jr.)	12.13 (W: -1.3)
5. Jazmyn Shumaker (Fr.)	12.48 (W: -1.3)

200 METER DASH

2. Tsai-Anne Joseph (R-Jr.)	24.26 (W: 2.2) PR
9. Jazmyn Shumaker (Fr.)	24.93 (W: 2.0) PR
22. Maya Puller (Fr.)	25.95 (W: 0.8)

400 METER DASH

7. Maya Puller (Fr.)	1:00.17
8. Michaela Hackbarth (R-Fr.)	1:02.36

800 METER RUN

1. Valeska Halamicek (R-Sr.)	2:10.14
3. Karina Liz (R-Fr.)	2:13.97
5. Melissa Menghini (R-Fr.)	2:16.62 PR
6. Faramola Shonekan (So.)	2:16.78 PR
10. Shannon Browning (Fr.)	2:17.10
26. Susan Forbis (R-So.)	2:23.95 PR
27. Erica Rideout (Jr.)	2:24.34
31. Elly DeTurris (Jr.)	2:29.25

1500 METER RUN

1. Karissa Schweizer (Sr.)	4:12.83 PR, SR, MR
3. Karina Liz (R-Fr.)	4:35.54
4. Melissa Menghini (R-Fr.)	4:35.59 PR
11. Shannon Browning (Fr.)	4:42.39 PR
15. Jordyn Kleve (R-So.)	4:48.50
20. Susan Forbis (R-Fr.)	4:51.99 PR
23. Elly DeTurris (Jr.)	4:59.17
25. Lexi Maddox (Fr.)	5:03.26 PR

5000 METER RUN

5. Sophia Racette (R-So.)	17:30.09 PR
9. Samantha Farmer (R-So.)	17:47.34
10. Kaelyn Balch (R-Sr.)	17:51.22

4x400 METER RELAY

3. Karina Liz (R-Fr.), Faramola Shonekan (So.), Maya Puller (Fr.), Valeska Halamicek (R-Sr.)	3:55.48
6. Michaela Hackbarth (R-Fr.), Melissa Menghini (R-Fr.), Shannon Browning (Fr.), Susan Forbis (R-Fr.)	4:15.32

HIGH JUMP

1. Karissa Roman (Jr.)	1.72m (5-7.75)
4. Valeria Kostiuik (Jr.)	1.67m (5-5.75)

LONG JUMP

7. Keyoni Mbroh (R-Jr.)	5.45m (17-10.75) (W: 1.9)
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DISCUS

1. Gabi Jacobs (R-Jr.)	58.11m (190-8) MR, FR
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HAMMER THROW

2. Becky Keating (Jr.)	60.18m (197-5)
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JAVELIN

2. Allie Webb (So.)	43.52m (142-9)
3. Megan Haley (Fr.)	43.06m (141-3)



MEET-BY-MEET RESULTS

DRAKE RELAYS

April 26-28 // Des Moines, Iowa

800 METER RUN

10. Chris Conrad (Fr.)	1:52.22
14. Cain Winebrenner (R-Sr.)	1:53.17

800 METER RUN (unseeded)

9. Robert Kuhlmann (R-Fr.)	1:52.95 PR
14. Ben Goodman (R-Sr.)	1:53.60
16. Mark Sheridan (Sr.)	1:53.89

5000 METER RUN (unseeded)

25. Marc Dubrick (R-Sr.)	15:33.80
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10,000 METER RUN

20. Michael Widmann (R-So.)	32:05.05
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400 METER HURDLES

7. Jerrad Mason (R-Sr.)	51.69
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4x800 METER RELAY

3. Ben Goodman (R-Sr.), Mark Sheridan (Sr.), Chris Conrad (Fr.), Robert Kuhlmann (R-Fr.)	7:31.30
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HIGH JUMP

5. Landon Cuskelly (Jr.)	2.08m (6-9.75)
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SHOT PUT

4. Will Fife (R-Jr.)	18.09m (59-4.25)
12. Avery Carter (R-Jr.)	16.97m (55-8.25)

DISCUS

24. Will Fife (R-Jr.)	43.04m (141-2)
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HAMMER THROW

5. Avery Carter (R-Jr.)	62.76m (205-11)
10. Patrick Kunza (R-So.)	59.90m (196-6)

KIP JANVRIN OPEN

April 27 // Indianola, Iowa

5000 METER RUN

6. Zach Cook (R-Jr.)	14:56.07
28. Stephen Mugeche (R-So.)	15:36.67
29. Jacob Schweiss (R-Fr.)	15:37.27

DRAKE RELAYS

April 26-28 // Des Moines, Iowa

100 METER DASH

22. Tsai-Anne Joseph (R-Jr.)	12.12 (W: 2.6)
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800 METER RUN (unseeded)

3. Karina Liz (R-Fr.)	2:08.77 PR
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1500 METER RUN (unseeded)

1. Valeska Halamicek (R-Sr.)	4:26.44 PR
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5000 METER RUN

1. Karissa Schweizer (Sr.)	15:23.21 MR
9. Jordyn Kleve (R-So.)	16:58.26 PR
17. Melissa Menghini (R-Fr.)	17:51.35

5000 METER RUN (unseeded)

13. Sophia Racette (R-So.)	17:24.95 PR
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10,000 METER RUN

1. Megan Cunningham (R-Sr.)	33:19.25 PR, #4
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3000 METER STEEPLECHASE

15. Samantha Farmer (R-So.)	11:13.05
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DISTANCE MEDLEY RELAY

1. Valeska Halamicek (R-Sr.), Tsai-Anne Joseph (R-Jr.), Karina (R-Fr.), Karissa Schweizer (Sr.)	11:07.59
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HIGH JUMP

4. Karissa Roman (Jr.)	1.74m (5-8.5)
9. Valeria Kostuk (Jr.)	1.70m (5-7)

SHOT PUT

10. Gabi Jacobs (R-Jr.)	14.61m (47-11.25)
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DISCUS

2. Gabi Jacobs (R-Jr.)	55.26m (181-3)
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HAMMER THROW

4. Becky Keating (Jr.)	59.90m (196-6)
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JAVELIN

6. Allie Webb (So.)	41.63m (136-7)
11. Megan Haley (Fr.)	39.43m (129-4)



MEET-BY-MEET RESULTS

SEC OUTDOOR CHAMPIONSHIPS
May 11-13 // Knoxville, Tenn.

800 METER RUN

5. Chris Conrad (Fr.)	1:48.68 PR (1:50.46 Q) // 4 points
21. Cain Winebrenner (R-Sr.)	1:55.15
24. Mark Sheridan (Sr.)	1:57.63
26. Robert Kuhlmann (R-Fr.)	1:58.56

1500 METER RUN

16. Zach Cook (R-Jr.)	3:55.76 (3:51.16 Q)
18. Marc Dubrick (R-Sr.)	4:02.57 (3:57.67 Q)
-- Ben Goodman (R-Sr.)	3:54.69

400 METER HURDLES

6. Jerrad Mason (R-Sr.)	51.28 (51.31 Q) // 3 points
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HIGH JUMP

11. Landon Cuskelly (Jr.)	2.16m (7-1)
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SHOT PUT

12. Will Fife (R-Jr.)	17.65m (57-11)
16. Avery Carter (R-Jr.)	15.89m (52-1.75)

DISCUS

18. Will Fife (R-Jr.)	49.96m (163-11)
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HAMMER THROW

13. Avery Carter (R-Jr.)	62.85m (206-2)
17. Patrick Kunza (R-So.)	57.81m (189-8)

DECATHLON

5. Rauno Liitmaa (Sr.)	7,524 points #5 // 4 points
100m Dash	6th - 11.33 (789 points)
Long Jump	5th - 6.80m/22-3.75 (767 points)
Shot Put	2nd - 14.27m/46-10 PR (745 points)
High Jump	T-1st - 1.97m/6-5.5 (776 points)
400m Dash	5th - 51.60 (742 points)
110m Hurdles	5th - 15.19 (827 points)
Discus	5th - 39.15m/128-5 (647 points)
Pole Vault	5th - 4.50m/14-9 (760 points)
Javelin	1st - 67.00m/219-9 PR, #7 (844 points)
1500m Run	3rd - 4:48.54 (627 points)
7. Jason Edwards (Fr.)	6,569 points // 2 points
100m Dash	7th - 11.36 (782 points)
Long Jump	7th - 6.54m/21-5.5 (707 points)
Shot Put	6th - 12.22m/40-1.25 PR (620 points)
High Jump	6th - 1.88m/6-2 (696 points)
400m Dash	7th - 52.35 (709 points)
110m Hurdles	7th - 16.04 PR (728 points)
Discus	7th - 28.88m/94-9 (442 points)
Pole Vault	4th - 4.50m/14-9 (760 points)
Javelin	5th - 55.55m/182-3 (671 points)
1500m Run	7th - 5:19.23 (454 points)

SEC OUTDOOR CHAMPIONSHIPS
May 11-13 // Knoxville, Tenn.

100 METER DASH

34. Tsai-Anne Joseph (R-Jr.)	12.18 (W: 1.1)
35. Jazmyn Shumaker (Fr.)	12.32 (W: 0.5)

200 METER DASH

31. Tsai-Anne Joseph (R-Jr.)	24.98 PR (W: 1.9)
33. Jazmyn Shumaker (Fr.)	25.35 (W: 3.1)

800 METER RUN

8. Valeska Halamicek (R-Sr.)	2:15.94 (2:08.68 q) // 1 point
11. Karina Liz (R-Fr.)	2:10.97
19. Faramola Shonekan (So.)	2:20.47

1500 METER RUN

2. Karissa Schweizer (Sr.)	4:19.98 (4:21.53 Q) // 8 points
6. Valeska Halamicek (R-Sr.)	4:27.11 (4:26.66 Q) // 3 points
24. Shannon Browning (Fr.)	4:45.36
25. Melissa Menghini (R-Fr.)	4:49.45

5000 METER RUN

1. Karissa Schweizer (Sr.)	15:58.14 // 10 points
21. Jordyn Kleve (R-So.)	17:23.36
36. Melissa Menghini (R-Fr.)	18:04.25

10,000 METER RUN

1. Megan Cunningham (R-Sr.)	33:47.05 // 10 points
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HIGH JUMP

6. Valeria Kostjuk (Jr.)	1.75m (5-8.75) // 3 points
8. Karissa Roman (Jr.)	1.70m (5-7) // 1 point

SHOT PUT

7. Gabi Jacobs (R-Jr.)	15.75m (51-8.25) // 2 points
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DISCUS

1. Gabi Jacobs (R-Jr.)	55.92m (183-5) // 10 points
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HAMMER THROW

4. Becky Keating (Jr.)	60.55m (198-8) // 5 points
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JAVELIN

13. Allie Webb (So.)	43.43m (142-6)
16. Megan Haley (Fr.)	38.41m (126-0)



MEN'S OUTDOOR RECORDS

EVENT	ATHLETE	MARK	DATE	MEET // LOCATION
100m Dash	Chidi Imoh	10.00	08/15/1986	Berlin ISATF // Berlin, Germany
200m Dash	Iziah Adeyanju	20.34c	05/14/1988	Big 8 Championships // Ames, Iowa
400m Dash	Kahmari Montgomery	45.13	05/12/2016	SEC Championships // Tuscaloosa, Ala.
800m Run	Derrick Peterson	1:45.18	06/02/2000	NCAA Championships // Durham, N.C.
1500m Run	Will Crocker	3:41.89	06/18/2016	Princeton Qualifier II // Princeton, N.J.
5000m Run	Dan Quigley	13:43.38	04/18/2013	Mt. SAC Relays // Walnut, Calif.
10,000m Run	Max Storms	29:15.61	04/19/2012	Mt. SAC Relays // Walnut, Calif.
110m Hurdles	Dan Lavitt	13.53	04/18/1980	Baylor Invitational // Waco, Texas
400m Hurdles	Henry Amike	48.88	05/31/1985	NCAA Championships // Austin, Texas
3k Steeplechase	Ryan Pirtle	8:35.90	05/21/2000	Big 12 Championships // Columbia, Mo.
High Jump	Nat Page	2.28m // 7-5.75	06/01/1979	USOC Olympic Festival // Colorado Springs, Colo.
Pole Vault	Matt Ludwig	5.46m // 17-11	04/30/2016	Memphis Tiger Invitational // Memphis, Tenn.
Long Jump	Yussuf Alli	8.27m // 27-1.75	08/01/1990	African Championships // Cairo Egypt
Triple Jump	Ajayi Agbebaku	16.96m // 55-7.75	08/01/1984	African Championships // Rabat, Morocco
Shot Put	Christian Cantwell	21.62m // 70-11.25	07/15/2003	Diputation de Salamanca // Salamanca, Spain
Discus	Ben Plunkett	61.52m // 201-10	05/29/1979	USATF Championships // Eugene, Ore.
Hammer Throw	Chris Rohr	71.92m // 235-11	04/25/2009	Drake Relays // Des Moines, Iowa
Javelin	Macauley Garton	77.47m // 254-2	05/14/2015	SEC Championships // Starkville, Miss.
Decathlon	Hans Uldal	8018w	04/14/2006	Audrey Walton Combined Events // Columbia, Mo.
4x100m Relay		39.32	05/31/1985	NCAA Championships // Austin, Texas
4x400m Relay		3:06.42	04/06/1985	Texas Relays // Austin, Texas



MEN'S OUTDOOR TOP-10 LIST

100-METER DASH

1.	Chidi Imoh	10.00	08/15/86
2.	Markesh Woodson	10.05	06/08/16
3.	Victor Edet	10.14	04/22/88
	Iziah Adayanju	10.14c	07/02/88
5.	Ed Ofili	10.19	05/15/76
6.	Peter Ifeduba	10.24c	05/14/88
7.	Chuks Olisah	10.41	1982
8.	Greg Bracey	10.45	05/12/07
9.	Tre Chambers	10.49	05/13/11
10.	Kahmari Montgomery	10.57	03/26/16

1500-METER RUN

1.	Will Crocker	3:41.89	06/18/16
2.	Charles McMullen	3:41.90	07/09/73
3.	Robin Lingle	3:42.24c	06/20/64
4.	Brian Graybill	3:42.80	06/13/09
5.	Bill Wells	3:43.6h	06/15/68
6.	Tipper O'Brien	3:44.14	05/06/05
7.	Tim Cornell	3:44.15	05/08/09
8.	Mark Kennard	3:44.73	04/16/82
9.	Ray Hughes	3:45.07	05/02/99
10.	Lars Stromo	3:45.23	05/01/84

400-METER HURDLES

1.	Henry Amike	48.88	05/31/85
2.	Daniel Ogidi	49.96	03/23/85
3.	Dean Fogarty	51.17	05/23/80
4.	Jerrad Mason	51.24	04/15/17
5.	Chris Davis	51.34	05/26/11
6.	Drake Stuedemann	51.73	05/16/15
7.	Dele Udo	51.74c	05/19/78
8.	Gladstone Agbamu	52.02	05/14/76
9.	Kellyn Fogarty	52.17	05/13/11
10.	Victor Moore	52.28	05/11/85

200-METER DASH

1.	Iziah Adayanju	20.34c	05/14/88
2.	Chidi Imoh	20.36	05/18/86
3.	Victor Edet	20.54c	1985
4.	Dan Fortune	20.71	05/09/81
5.	Peter Ifeduba	20.74c	05/14/88
6.	Kahmari Montgomery	20.80	06/28/16
7.	Dan Lavitt	20.84c	05/12/78
8.	Ed Ofili	20.85	1976
	Markesh Woodson	20.85	05/12/16
10.	Marquis Davis	20.89	05/14/05

5000-METER RUN

1.	Dan Quigley	13:43.38	04/18/13
2.	Ryan Hampton	14:05.66	03/25/05
3.	Kerry Hogan	14:06.4h	05/13/72
4.	Tyler Schneider	14:08.11	04/17/14
5.	Garett Jeffries	14:09.41	05/04/08
6.	Max Storms	14:09.52	04/19/13
7.	Dan Hedgecock	14:09.58	05/04/08
8.	Tim Ross	14:12.23	03/26/04
9.	Tim Cornell	14:13.09	03/26/10
10.	Steve Fisher	14:13.8h	03/31/79

3000-METER STEEPLECHASE

1.	Ryan Pirtle	8:35.90	05/21/00
2.	Ray Hughes	8:41.4h	04/18/98
3.	Ron Harmon	8:44.6h	05/21/77
4.	Paul Skei	8:46.0h	05/12/84
5.	Sam Dickerson	8:51.69	04/03/15
6.	Steve Fisher	8:52.4h	04/14/79
7.	Matt Noonan	8:53.58	03/31/06
8.	Sheldon Keence	8:55.29	03/31/17
9.	Brad Reese	8:59.7h	05/01/77
10.	Jeff Dick	8:59.94	05/14/89

400-METER DASH

1.	Kahmari Montgomery	45.13	05/14/16
2.	Dele Udo	45.34c	05/15/76
3.	Mike Norman	46.14c	05/20/72
4.	Rob Collier	46.36	1988
5.	John Okoye	46.54c	05/16/87
6.	Henry Amike	46.54c	05/11/85
7.	Michael King	46.84c	05/20/90
8.	Daniel Ogidi	46.98	03/22/85
9.	Jesse Lane	47.02	05/18/93
10.	Scott Davis	47.28	05/09/81

10,000-METER RUN

1.	Max Storms	29:15.61	04/19/12
2.	Nick Smith	29:20.27	04/27/00
3.	Ollie Lockley	29:24.18	03/31/17
4.	Josh Davis	29:27.99	03/31/06
5.	Chase Hall	29:29.18	03/26/04
6.	Steve Fisher	29:31.1h	04/15/76
7.	Tim Ross	29:32.41	04/15/05
8.	Drew White	29:41.10	04/27/17
9.	Adam MacDowell	29:41.67	03/30/02
10.	Phillip King	29:42.39	03/26/10

4x100-METER RELAY

1.		39.32	05/31/85
2.		39.77	05/12/84
3.	Woodson, Mathis, Montgomery, Holder	39.87	04/16/16
4.		40.07	06/05/86
5.		40.16	05/16/87
6.		40.20	05/19/79
6.		40.33	05/14/83
8.		40.68	03/25/15
9.	Woodson, Sweeney, Mathis, Holder	40.75	04/09/16
10.	Holder , Mathis, Montgomery, Mason	41.19	04/15/17

800-METER RUN

1.	Derrick Peterson	1:45.18	06/02/00
2.	Scott Davis	1:46.30	06/03/83
3.	Scott Clark	1:46.40	06/20/81
4.	Ricky West	1:46.47	06/08/12
5.	Aaron Dixon	1:47.39	05/28/10
	Timothy Dunne	1:47.39	05/28/10
7.	Craig Endicott	1:47.40	1969
8.	Blake Irwin	1:47.53	05/28/10
9.	Marcus Mayes	1:47.71	05/26/07
10.	Neville Miller	1:47.99	06/22/06

110-METER HURDLES

1.	Dan Lavitt	13.53	04/18/80
2.	Malcolm Dixon	13.54	05/28/83
3.	Godwin Obasogie	13.55	05/15/76
4.	Albert Lane	13.61	06/02/84
5.	Bruce Cockrell	14.01	05/21/88
6.	Cliff Mundy	14.06	05/11/85
7.	Nick Adcock	14.07	04/30/10
8.	Nat Page	14.09	04/20/79
9.	Victor Moore	14.13	05/11/85
10.	Otto Nichols	14.2h	05/01/70

4x400-METER RELAY

1.		3:06.42	04/06/85
2.		3:07.43	05/16/81
3.		3:07.63	05/12/84
4.		3:08.25	05/23/98
5.		3:08.73	05/23/99
6.		3:08.88	05/17/98
7.		3:09.73	05/17/09
8.		3:09.83	05/15/05
9.		3:10.07	04/27/07
10.		3:10.23	05/28/05



MEN'S OUTDOOR TOP-10 LIST

HIGH JUMP

1.	Nat Page	2.28m//7-5.75	06/01/79
2.	Ben Lucero	2.25m//7-4.50	06/02/82
3.	Jesse Sims	2.20m//7-2.50	04/13/02
	Jay Meystedt		05/12/01
5.	Steve Herndon	2.18m//7-1.75	06/04/66
	Landon Cuskelly		04/21/18
7.	Daniel Hunter	2.15m//7-0.50	05/16/09
8.	Jason Jones	2.14m//7-0.25	05/16/98
	Gene Hansbrough		05/01/74
10.	Jason Edmonds	2.13m//6-11.75	03/30/02

SHOT PUT

1.	Christian Cantwell	21.62m//70-11.25	07/15/03
2.	Russ Bell	19.54m//64-1.25	05/11/02
3.	Conrad Woolsey	19.41m//63-8.25	05/14/05
4.	Nate Englin	19.04m//62-5.75	05/02/08
5.	Rick Lyle	18.75m//61-6.25	05/17/83
6.	Steve Moore	18.61m//61-0.75	05/20/78
7.	Will Fife	18.58m//60-11.5	03/24/18
8.	Gene Crews	18.44m//60-6	06/01/65
9.	Dave Frieze	18.36m//60-3	05/20/72
10.	Harold Cronin	18.16m//59-7	04/19/96

DECATHLON

1.	Hans Uldal	8018w	04/14/06
2.	Lars Rise	7942	06/10/11
3.	Nick Adcock	7704	05/15/10
4.	Knut Sommerfeldt	7685	05/17/03
5.	Rauno Liitmae	7524	05/12/18
6.	Ser Whitaker	7488	05/13/16
7.	Espen Strindeberg	7355	05/16/98
8.	Bjorn Sommerfeldt	7337w	05/13/06
9.	Curt Brand	6835	05/14/88
10.	Brandon Goebbert	6773	04/15/05

POLE VAULT

1.	Matt Ludwig	5.46m//17-11	04/30/16
2.	Brian Hancock	5.36m//17-7	04/08/11
3.	Tom Jordan	5.35m//17-6.50	05/20/93
4.	Kyle Wessel	5.30m//17-4.50	05/25/13
5.	Bryan Dwight	5.00m//16-4.75	04/02/94
	Stuart Hall		05/13/83
7.	Andy Zawislak	4.98m//16-4	04/14/79
	Leland Fletcher		05/17/75
9.	Justin Calame	4.97m//16-3.50	05/02/98
10.	Hans Uldal	4.95m//16-2.75	04/14/06
	David Brodacker	4.95m//16-2.75	05/01/83

DISCUS

1.	Ben Plunkett	61.52m//201-10	05/29/76
2.	Russ Bell	60.28m//197-9	03/30/02
3.	Christian Cantwell	59.32m//194-7	04/07/01
4.	Rob James	58.84m//193-0	04/21/84
5.	Dick Cochran	58.40m//191-7	07/01/60
6.	Phil Hartung	57.46m//188-6	04/11/81
7.	Scott Harrell	57.18m//187-7	05/23/80
8.	Bobby Musil	56.36m//184-11	05/06/06
9.	Chris Rohr	55.97m//183-7	05/16/09
10.	Dave Borchardt	54.90m//180-1	05/26/06

HAMMER THROW

1.	Chris Rohr	71.92m//235-11	04/25/09
2.	Jason Morris	68.41m//224-5	04/26/08
3.	Avery Carter	64.18m//210-7	04/20/18
4.	Micah Shanks	64.04m//210-1	03/23/02
5.	Russ Bell	63.74m//209-1	04/13/02
6.	Bobby Musil	63.72m//209-0	05/12/06
7.	Tyler Dailey	63.64m//208-9	05/31/08
8.	Chris Holly	63.32m//207-9	04/27/11
9.	Patrick Kunza	62.70m//205-8	03/17/18
10.	Nate Englin	62.56m//205-3	04/12/08

LONG JUMP

1.	Yussuf Alli	8.27m//27-1.75	08/01/90
2.	Ja'Mari Ward	8.13m//26-8.25	05/12/17
3.	Peppie Whitaker	8.04m//26-4.75	05/20/77
4.	Ajayi Agbebaku	7.94m//26-0.75	08/02/79
5.	Mel Gray	7.91m//25-11.50	05/15/70
6.	Malcolm Pennix	7.82m//25-8	05/11/12
7.	Yemi Alde'fa	7.74m//25-4.75	05/21/90
8.	Bob Teel	7.65m//25-1.25	06/04/48
9.	Gary Rainwater	7.62m//25-0	03/30/68
10.	John Warren	7.58m//24-10.50	05/12/16

JAVELIN

1.	Macauley Garton	77.47m//254-2	05/14/15
2.	Reinhard Van Zyl	77.20m//253-3	05/11/17
3.	Alex Pascal	75.38m//247-4	06/07/17
4.	Darin File	74.56m//244-7	05/17/98
5.	Lars Rise	71.71m//235-3	07/29/10
6.	Gary File	69.60m//228-4	05/30/02
7.	Rauno Liitmae	67.00m//219-9	05/12/18
8.	John Thies	65.41m//214-7	05/09/09
9.	Knut Sommerfeldt	65.28m//214-2	04/12/03
10.	Jim Young	63.12m//207-1	04/22/86

TRIPLE JUMP

1.	Ajayi Agbebaku	16.96m//55-7.75	08/01/84
2.	John Warren	16.27m//53-4.50	05/28/16
3.	Barry Davis	16.25m//53-3.75	1982
4.	Tony Carodine	16.14m//52-11.50	05/28/16
5.	Larry Gray	15.91m//52-2.50	05/18/73
6.	Jonathan Ilori	15.89m//52-1.75	05/31/14
7.	Jonathan Gentry	15.64m//51-3.75	04/06/74
8.	Ja'Mari Ward	15.44m//50-8	04/22/17
9.	Chris Thomas	15.34m//50-4	05/17/98
	Jeremy Lampley		05/24/12



WOMEN'S OUTDOOR RECORDS

EVENT	ATHLETE	MARK	DATE	MEET // LOCATION
100m Dash	Lorinda Richardson	11.42	05/16/1987	Big 8 Championships // Lawrence, Kan.
200m Dash	LaQuisha Jackson	23.10	04/01/2016	Florida Relays // Gainesville, Fla.
400m Dash	Natasha Kaiser	50.86	06/03/1989	NCAA Championships // Provo, UT
800m Run	Ashley Wysong	2:02.94	06/02/2000	NCAA Championships // Durham, N.C.
1500m Run	Karissa Schweizer	4:12.83	04/20/2018	Tom Botts Invitational // Columbia, Mo.
5000m Run	Karissa Schweizer	15:18.69	06/23/2017	USATF Championships // Sacramento, Calif.
10,000m Run	Karissa Schweizer	32:00.55	03/30/2018	Stanford Invitational // Palo Alto, Calif.
100m Hurdles	Valerie Thames	13.18	05/14/2016	SEC Championships // Tuscaloosa, Ala.
400m Hurdles	Valerie Thames	57.16	05/12/2016	SEC Championships // Tuscaloosa, Ala.
3k Steeplechase	Kerry Hils	10:08.61	06/01/2001	NCAA Championships // Eugene, Ore.
High Jump	Hanne Skei Anderson	1.86m // 6-1.25	06/02/1994	NCAA Championships // Boise, ID
Pole Vault	Katrine Haarklau	4.35m // 14-3.25	06/07/2013	NCAA Championships // Eugene, Ore.
Long Jump	Lorinda Richardson	6.51m // 21-4.25	05/03/1986	National Invitational // Indianapolis, Ind.
Triple Jump	Hedvig Glomsroed	12.71m // 41-8.50	05/13/2007	Big 12 Championships // Lincoln, Neb.
Shot Put	Kearsten Peoples	18.22m // 59-9.50	06/29/2012	U.S. Olympic Trials // Eugene, Ore.
Discus	Gabi Jacobs	58.23m // 191-0	05/26/2017	NCAA West Preliminary // Austin, Texas
Hammer Throw	Kearsten Peoples	66.17m // 217-1	05/01/2015	Tom Botts Invitational // Columbia, Mo.
Javelin	Hailey Twietmeyer	51.17m // 167-10.50	04/12/2014	Missouri Relays // Columbia, Mo.
Heptathlon	Teri LeBlanc	5805	06/14/1989	TAC Championships // Houston, Texas
4x100m Relay	Maya Cody , LaQuisha Jackson, Alyssa Felton, Jacqueline Obi	44.54	04/23/2016	John McDonnell Invitational // Fayetteville, Ark.
4x400m Relay	Maya Cody , Valerie Thames, LaQuisha Jackson, Ayo Adewole	3:35.97	04/02/2016	Florida Relays // Gainesville, Fla.



WOMEN'S OUTDOOR TOP-10 LIST

100-METER DASH

1.	Lorinda Richardson	11.42	05/16/87
2.	Rufina Ubah	11.43	08/01/91
3.	LaQuisha Jackson	11.47	03/31/16
4.	Ramona Riley	11.54	04/03/82
5.	Maya Cody	11.72	04/08/17
6.	Natasha Kaiser	11.75	05/20/89
7.	Alyssa Felton	11.85	04/09/16
8.	Jessica Stockard	11.94	05/03/03
9.	Avis Evans	11.96	05/20/00
10.	Angela Moore	11.96	05/02/87

200-METER DASH

1.	LaQuisha Jackson	23.10	04/01/16
2.	Natasha Kaiser	23.53	05/17/86
3.	Willetta Page	23.76	05/05/79
4.	Lorinda Richardson	23.88	05/14/88
5.	Rufina Ubah	23.98	03/24/84
6.	Maya Cody	23.99	04/22/16
7.	Teri LeBlanc	24.04	05/31/89
8.	Pam Page	24.08	04/12/80
9.	Lana Mims	24.09	04/30/10
10.	Rosalyn Dunlap	24.13	05/05/84

400-METER DASH

1.	Natasha Kaiser	50.86	06/03/89
2.	Rosalyn Dunlap	52.20	06/02/82
3.	LaQuisha Jackson	53.50	04/15/17
4.	Rose Jackson	53.57	05/11/84
5.	Sandrae Farquharson	53.70	04/16/16
6.	Ayo Adewole	54.08	05/03/15
7.	Nicol Hodges	54.48	05/18/93
8.	Maya Cody	54.49	04/16/16
9.	Willetta Page	55.0h	05/05/79
10.	Whitney Stuart	55.33	05/01/04

800-METER RUN

1.	Ashley Wysong	2:02.94	06/02/00
2.	Ashley Patten	2:04.04	05/15/05
3.	Trisa Nickoley	2:04.07	06/22/07
4.	Shannon Leinert	2:05.53	06/17/09
5.	Dana Glidden	2:05.6h	05/26/79
6.	Sunny Gilbert	2:06.03	05/06/00
7.	Lynn Biggs	2:07.05	05/12/84
8.	Nicki Webber	2:07.13	07/09/93
9.	Cyd Thomas	2:07.53	04/18/86
10.	Valeska Halamicek	2:07.57	05/12/16

1500-METER RUN

1.	Karissa Schweizer	4:12.83	04/20/18
2.	Laura Roxberg	4:13.53	04/27/13
3.	Ann Marie Brooks	4:18.66	05/04/01
4.	Amanda Bales	4:18.79	05/15/05
5.	Sabrina Dornhoefer	4:19.01	04/10/85
6.	Rebecca Davis	4:19.76	04/20/97
7.	Jessica Haremza	4:21.14	05/09/97
8.	Erin Windler	4:23.13	04/20/97
9.	Katie Meyer	4:23.65	05/20/00
10.	Cyd Thomas	4:24.02	05/03/86

5000-METER RUN

1.	Karissa Schweizer	15:18.69	06/23/17
2.	Sabrina Dornhoefer	15:42.22	06/01/85
3.	Ann Marie Brooks	15:50.36	06/22/02
4.	Megan Cunningham	16:03.20	04/14/18
5.	Jill Kinsbury	16:05.7h	04/25/85
6.	Jamie Kempfer	16:09.59	04/27/17
7.	Kaitie Vanatta	16:16.52	04/19/12
8.	Nicole Mello	16:22.17	04/27/17
9.	Serena Ramsey	16:22.67	04/27/06
10.	Amanda Bales	16:24.21	03/25/05

10,000-METER RUN

1.	Karissa Schweizer	32:00.55	03/30/18
2.	Jamie Kempfer	33:09.67	03/31/17
3.	Kaitlyn Fischer	33:12.37	06/12/14
4.	Megan Cunningham	33:19.25	04/26/18
5.	Serena Ramsey	33:52.59	06/08/06
6.	Valerie Lauver	34:07.04	03/25/05
7.	Kinsey Farren	34:37.70	04/06/12
8.	Andrea Fisher	34:39.90	05/19/83
9.	Jill Kingsbury	34:47.3h	04/25/85
10.	Brenda Saunders	34:55.1h	05/23/80

100-METER HURDLES

1.	Valerie Thames	13.18	05/14/16
2.	Pam Page	13.48	04/19/80
3.	Alyssa Felton	13.49	05/28/16
4.	Fiona Asigbee	13.61	05/30/03
	Teri LeBlanc		04/28/89
6.	Felecia Allen	13.68	04/27/91
7.	Kaela Rovig	13.79	05/15/09
8.	Ja'Nay Woolridge	13.82	04/18/09
9.	Michelle Moran	13.96	05/19/00
10.	Rannveig Kvalvik	14.09	04/10/99

400-METER HURDLES

1.	Valerie Thames	57.16	05/12/16
2.	Leslie Farmer	57.80	05/11/12
3.	Felecia Allen	1:00.54	04/17/87
4.	Margaret Ibe	1:00.55	05/15/04
5.	Comfort Ibe	1:00.80	05/07/04
6.	Rannveig Kvalvik	1:01.17	
7.	Sha'Rone Greenlaw	1:01.19	04/06/13
8.	Rosalyn Dunlap	1:01.3h	05/28/81
9.	Erin Moses	1:01.43	04/15/06
10.	Andrea Seabaugh	1:01.73	05/14/89

3000-METER STEEPLECHASE

1.	Kerry Hils	10:08.61	06/01/01
2.	Teylar Adelsberger	10:12.39	04/14/16
3.	Courtney Wood	10:21.32	05/17/14
4.	Jill Petersen	10:34.46	04/29/05
5.	Katie Meyer	10:35.57	04/06/01
6.	Angela Potrykus	10:42.11	04/30/10
7.	Madison Waymire	10:49.26	05/03/15
8.	Ellen Ries	10:51.81	04/05/08
9.	Liz Reid	11:02.66	05/13/12
10.	Samantha Farmer	11:05.26	03/31/18

4x100-METER RELAY

1.	Cody, Jackson, Felton, Farquharson	44.31	06/08/16
2.	Cody, Jackson, Felton, Obi	44.54	04/23/16
3.	Cody, Jackson, Joseph, Farquharson	44.59	05/27/17
4.		45.02	04/30/88
5.		45.17	04/16/88
6.	Cody, Jackson, Felton, Obi	45.12	04/09/16
7.	Cody, Jackson, Felton, Obi	45.48	03/31/16
8.		45.59	04/25/79
9.		45.81	05/14/89
10.		45.87	04/07/84



WOMEN'S OUTDOOR TOP-10 LIST

4x400-METER RELAY

1.	Cody , Thames, Jackson, Farquharson	3:34.10	05/28/16
2.	Farquharson, Thames, Jackson, Adewole	3:34.20	05/04/16
3.	Cody , Thames, Jackson, Adewole	3:35.97	04/02/15
4.	Farquharson, Jackson, Wells, Thames	3:37.00	05/13/17
5.	Farquharson, Jackson, Obi, Thames	3:38.44	03/26/16
6.	Thames, Farquharson, Wells, Adewole	3:40.11	04/16/16
7.	Adewole, Lark, Jackson, Thames	3:40.68	05/16/15
8.		3:40.86	05/17/09
9.		3:41.12	05/21/00
10.		3:41.16	05/03/03

HIGH JUMP

1.	Hanne Skei Andersen	1.86m//6-1.25	06/02/94
	LaTonya Tatum		04/08/89
3.	Christi Myers	1.83m//6-0	05/11/02
4.	Helen Ogar	1.81m//5-11.25	03/20/82
5.	Jenny Bybee	1.80m//5-10.75	05/03/03
	Mary Cragoe		04/19/80
7.	Michelle Moran	1.79m//5-10.50	05/19/00
	Angela Beckett		05/18/92
9.	Teri LeBlanc	1.78m//5-10	04/16/88
	Morgan Whitson		03/28/14

POLE VAULT

1.	Katrine Haarklau	4.35m//14-3.25	06/07/13
2.	Alyssa Applebee	4.22m//13-10	05/27/16
3.	Jennifer Bennett	4.12m//13-6.25	05/30/03
4.	Heather Green	4.04m//13-3	05/29/14
	Rayce Albino		04/23/16
6.	Maggie Givens	4.01m//13-1.75	05/15/15
7.	Bri Gibbs	3.89m//12-9	04/23/16
8.	Lyndsey Tait	3.80m//12-5.50	04/09/05
9.	Liz Peterson	3.70m//12-1.50	04/17/04
10.	Tommie Powers	3.68m//12-0.75	05/02/08

LONG JUMP

1.	Lorinda Richardson	6.51m//21-4.25	05/03/86
2.	Felecia Allen	6.45m//21-2	04/06/91
3.	Teri LeBlanc	6.36m//20-10.50	04/08/89
4.	Lana Mims	6.27m//20-7	04/30/10
5.	Kellee Eubanks	6.22m//20-5	04/24/82
6.	JaNay Woolridge	6.20m//20-4.25	05/30/08
7.	Linda Spent	6.12m//20-1	04/11/81
8.	Rose Jackson	6.05m//19-10.25	04/13/84
9.	Lynnsey Brim	6.02m//19-9	04/16/16
10.	Kaela Rorvig	6.01m//19-8.75	04/16/09

TRIPLE JUMP

1.	Hedvig Glomsroed	12.71m//41-8.50	05/13/07
2.	Mollie Gribbin	12.61m//41-4.5	05/27/17
3.	Danielle Williams	12.51m//41-0.50	05/28/16
4.	Lindsey Miller	12.38m//40-7.50	05/23/99
5.	Shammai Ilis	12.31m//40-4.75	03/26/15
6.	Dawn Huff	12.16m//39-10.75	04/04/92
7.	Angela Monroe	12.06m//39-6.75	05/02/87
8.	Shawnte Middlebrook	12.00m//39-4.50	04/23/11
9.	Eli Sommerfeldt	11.97m//39-3.25	05/05/01
10.	Felecia Allen	11.90m//39-0.50	05/20/91

SHOT PUT

1.	Kearsten Peoples	18.22m//59-9.50	06/29/12
2.	Jill Rushin	17.72m//58-1.75	05/02/15
3.	Shernelle Nicholls	17.14m//56-2.75	05/13/07
4.	Janae Strickland	16.92m//55-6.25	05/01/04
5.	Krishna Lee	16.29m//53-5.50	05/17/09
6.	Katie Evans	15.96m//52-4.50	05/17/14
7.	Gabi Jacobs	15.78m//51-9.25	05/27/17
8.	Cortni Ervin	15.65m//51-4	04/25/12
9.	Elizabeth Robe	15.44m//50-8	03/25/06
10.	Elisha Hunt	15.27m//50-1.25	05/17/08

DISCUS

1.	Gabi Jacobs	58.23m//191-0	05/26/17
2.	Kearsten Peoples	57.31m//188-0	04/23/14
3.	Jill Rushin	53.39m//175-2	04/23/14
4.	Shernelle Nicholls	52.00m//170-7	03/29/08
5.	Melanie Uher	50.77m//166-7	05/28/05
6.	Krishna Lee	50.67m//166-3	04/24/09
7.	Erica Brooks	50.50m//165-8	05/02/92
8.	Mary Hyder	50.30m//165-0	05/15/82
9.	Lindsey Markworth	50.07m//164-3	04/23/05
10.	Stephanie Stean	49.92m//163-9	04/11/92

HAMMER

1.	Kearsten Peoples	66.17m//217-1	05/01/15
2.	Becky Keating	63.87m//209-6	03/17/18
3.	Krishna Lee	63.77m//209-2	05/15/09
4.	Holly Scherder	60.76m//199-4	04/29/04
5.	Elisha Hunt	58.80m//192-11	05/16/08
6.	Shernelle Nicholls	58.21m//190-11	04/19/07
7.	Melissa Coil	57.18m//187-7	04/25/12
8.	Cortni Ervin	56.92m//186-8	04/25/12
9.	Bethany Pfeiffer	55.48m//182-0	04/20/13
10.	Megan Collins	55.19m//181-0	05/11/12

JAVELIN

1.	Hailey Twietmeyer	51.17m//167-10.5	04/12/14
2.	Katrine Haarklau	49.56m//162-7	04/27/13
3.	Hope Harris	46.70m//153-2	04/05/08
4.	Bethany Pfeiffer	45.67m//149-10	05/25/13
5.	Eli Sommerfeldt	45.36m//148-10	05/17/01
6.	Ally Zerbe	45.11m//148-0	03/26/15
7.	Sandra Hampton	44.18m//144-11	04/13/13
8.	Allie Webb	44.11m//144-9	03/31/18
9.	Megan Haley	43.40//142-5	03/24/18
10.	Jennifer Berilla	41.78m//137-1	04/18/15

HEPTATHLON

1.	Teri LeBlanc	5805	06/14/89
2.	Rannveig Kvalvik	5594	06/06/99
3.	Michelle Moran	5590	05/20/00
4.	Fiona Asigbee	5583	05/18/03
5.	Eli Sommerfeldt	5463	05/17/01
6.	Jessica Stockard	5378	04/30/04
7.	Katrine Haarklau	5374	04/13/13
8.	Kaela Rorvig	5372	05/16/09
9.	Jill Aholt	5339	05/20/00
10.	Morgan Whitson	5273	04/16/14



2018 ROSTER

Men's Roster

Name	Events	ITF / OTF Year	Hometown / Last School
Jayson Ashford	Sprints	Fr. / Fr.	Fairview Heights, Ill. / St. Louis University HS
Avery Carter	Throws	R-Jr. / R-Jr.	Lee's Summit, Mo. / Lee's Summit West HS
Chris Conrad	Distance	Fr. / Fr.	O'Fallon, Ill. / O'Fallon HS
Zach Cook	Distance	R-Jr. / R-Jr.	Columbia, Mo. / Rock Bridge HS
Landon Cuskelly	Jumps	Jr. / Jr.	El Dorado, Kan. / Butler CC
Marc Dubrick	Distance	R-Sr. / R-Sr.	DeKalb, Ill. / DeKalb HS
Jason Edwards	Multi-Events	Fr. / Fr.	Eldon, Mo. / School of the Osage HS
Will Fife	Throws	R-Jr. / R-Jr.	Jefferson City, Mo. / Helias Catholic HS
Thomas George	Distance	Jr. / Jr.	Gloucester, England / Marling School
Ben Goodman	Mid-Distance	R-Sr. / R-Sr.	Colorado Springs, Colo. / Palmer HS
Ethan Hanson	Throws	Fr. / Fr.	Palatine, Ill. / Fremd HS
Sean Harrell	Throws	R-Sr. / R-Sr.	Springfield, Mo. / Parkview HS
Austin Hindman	Distance	Fr. / Fr.	Wildwood, Mo. / Lafayette HS
Jonathan Holder	Sprints	R-Sr. / --	Trinidad & Tobago
Patrick Kearns	Distance	R-Jr. / R-Jr.	New York City, N.Y./Fiorello H. LaGuardia HS
Sheldon Keence	Distance	-- / R-Sr.	St. Charles, Mo. / St. Charles West HS
Alfred Kimaiyo	Distance	R-Fr. / R-Fr.	Kenya
Robert Kuhlmann	Distance	So. / R-Fr.	Lake Villa, Ill. / Lakes Community HS
Patrick Kunza	Throws	R-So. / R-So.	Wentzville, Mo. / Timberland HS
Rauno Liitmaa	Multi-Events	Sr. / Sr.	Estonia / Tallin University
Justin Loquercio	Distance	So. / R-Fr.	Mt. Prospect, Ill. / Wheeling HS
Jerrad Mason	Sprints / Hurdles	R-Sr. / R-Sr.	Bridgetown, Barbados / Harrison College
Stephen Mugeche	Distance	R-So. / R-So.	Blue Springs, Mo. / Arkansas / Blue Springs HS
Dylan Quisenberry	Distance	So. / R-Fr.	Wildwood, Mo. / Lafayette HS
Evan Schulte	Distance	R-Jr. / R-Jr.	Columbia, Mo. / Rock Bridge HS
Jacob Schweiss	Distance	R-Fr. / R-Fr.	St. Louis, Mo. / Festus HS
Eric Scott	Distance	R-Fr. / R-Fr.	Kenya
Mark Sheridan	Mid-Distance	Sr. / Sr.	Ballwin, Mo. / Marquette HS
Taylor Stephen	Distance	R-Jr. / R-Jr.	Nixa, Mo. / Nixa HS
Ja'Mari Ward	Jumps	R-Fr. / So.	Cahokia, Ill. / Cahokia HS
Michael Widmann	Distance	R-So. / R-So.	Naperville, Ill. / Neuqua Valley HS
Cain Winebrenner	Mid-Distance	-- / R-Sr.	Kansas City, Mo. / Park Hill HS
Jake Wirthwein	Throws	Fr. / Fr.	Warrensburg, Mo. / Warrensburg HS

Women's Roster

Name	Events	ITF / OTF Year	Hometown / Last School
Ellyn Atkinson	Distance	R-Sr. / R-Sr.	Springfield, Mo. / Glendale HS
Richelle Bain	Distance	Fr. / Fr.	St. Louis, Mo. / Parkway Central HS
Kaelyn Balch	Distance	R-Sr. / R-Sr.	Wichita, Kan. / Bishop Carroll Catholic HS
Shannon Browning	Distance	Fr. / Fr.	Burke, Va. / Lake Braddock HS
Maya Cody	Sprints	Jr. / Jr.	St. Louis, Mo. / Lutheran South HS
Megan Cunningham	Distance	R-Sr. / R-Sr.	Eureka, Mo. / Eureka HS
Kiley Deain	Distance	R-Fr. / R-Fr.	Peculiar, Mo. / South Florida
Elly DeTurris	Distance	Jr. / Jr.	Naperville, Ill. / Naperville HS
Samantha Farmer	Distance	R-So. / R-So.	Columbia, Mo./South Carolina/Rock Bridge
Kaitlyn Fischer	Distance	R-Sr. / --	Pevely, Mo. / Herculeaneum HS
Susan Forbis	Distance	R-Fr. / R-Fr.	Lewisville, Texas / Lewisville HS
Kayla Funkenbusch	Distance	R-So. / R-So.	Columbia, Mo. / Kansas / Rock Bridge HS
Kayla Glowacki	Distance	Fr. / Fr.	Naperville, Ill. / Naperville North HS
Michaela Hackbarth	Mid-Distance	R-Fr. / R-Fr.	Downers Grove, Ill. / Downers Grove HS
Emmie Hahn	Distance	R-So. / R-So.	Homer Glen, Ill. / Lockport Township HS
Valeska Halamicek	Mid-Distance	R-Sr. / R-Sr.	Weldon Spring, Mo. / Francis Howell HS
Megan Haley	Throws	Fr. / Fr.	Lancaster, Mo. / Schuyler R-1 HS
Gabi Jacobs	Throws	R-Jr. / R-Jr.	Bloomington, Ill. / Normal University HS
Vivien Jepkemoi	Distance	R-Fr. / R-Fr.	Kenya
CeCe Johnson	Throws	R-So. / Jr.	St. Louis, Mo. / Tulsa
Tsai-Anne Joseph	Sprints	R-Jr. / R-Jr.	St. Augustine, Trinidad & Tobago
Rebecca Keating	Throws	R-So. / Jr.	Reading, England
Jamie Kempfer	Distance	R-Jr. / R-Jr.	Festus, Mo. / Festus HS
Jordyn Kleve	Distance	R-So. / R-So.	Urbandale, Iowa / Johnson HS
Valeria Kostiuk	Jumps	Jr. / Jr.	Kiev, Ukraine / Butler CC
Karina Liz	Mid-Distance	So. / R-Fr.	Aurora, Ill. / Aurora Central Catholic HS
Jenna Lutzow	Distance	Fr. / Fr.	Belvidere, Ill. / Belvidere North HS
Arielle Mack	Jumps	Fr. / Fr.	El Paso, Texas / El Paso Burges HS
Lexi Maddox	Distance	Fr. / Fr.	Riverside, Mo. / Park Hill South HS
Rachael Marlar	Distance	Jr. / Jr.	Stigler, Okla. / Eufaula HS
Keyoni Mbroh	Jumps	R-Jr. / R-Jr.	Oklahoma City, Okla. / Putnam City North HS
Jordan McClendon	Throws	Jr. / Jr.	Black Jack, Mo. / LSU / John Burroughs School
Melissa Menghini	Distance	R-Fr. / R-Fr.	Fenton, Mo. / New Hamp. / Rockwood Summit HS
Cameron Meyer	Throws	Fr. / Fr.	California, Mo. / California HS
Sydney Oberdiek	Throws	Fr. / Fr.	Platte City, Mo. / West Platte HS
Maya Puller	Sprints / Hurdles	Fr. / Fr.	San Antonio, Texas / San Antonio Brandeis HS
Sophia Racette	Distance	R-So. / R-So.	St. Louis, Mo. / Southern California
Erica Rideout	Distance	Jr. / Jr.	Chatham, Ill.
Karissa Roman	High Jump	Jr. / Jr.	Kewanee, Ill. / Wethersfield HS
Karissa Schweizer	Distance	Sr. / Sr.	Urbandale, Iowa. / Dowling Catholic HS
Faramola Shonekan	Distance	So. / So.	Columbia, Mo. / Rock Bridge HS
Jazmyn Shumaker	Sprints	Fr. / Fr.	Cedar Hill, Texas / Cedar Hill HS
Kate Smith	Distance	R-So. / R-So.	Ankeny, Iowa / Ankeny Centennial HS
Jordan Speer	Throws	Fr. / Fr.	Dighton, Kan. / Dighton HS
Emily Stauffer	Throws	R-Fr. / So.	Reinholds, Penn. / Cocalico HS
Rachel Taylor	Distance	Jr. / Jr.	Portland, Maine
Hannah Thomas	Distance	Jr. / Jr.	Urbandale, Iowa / Dowling HS
Allie Webb	Javelin	R-Fr. / So.	Platte City, Mo. / St. James Academy
Carolyn White	Distance	R-So. / R-So.	Festus, Mo. / Festus HS
Blair Widmer	Throws	Fr. / Fr.	Columbia, Mo. / Father Tolton HS
Amanda Wood	Distance	So. / So.	Valley Park, Mo. / Parkway South HS
Sara Young	Distance	Sr. / Sr.	Bristol, Minn.

Coaching Staff

Head Coach _____ Brett Halter (Eighth Season)
 Associate Head Coach (Sprints, Hurdles and Relays) _____ Natasha Brown (Second Season)
 Assistant Coach (Distance, Mid-Distance) _____ Marc Burns (Fourth Season)
 Assistant Coach (Jumps, Multi-Events) _____ Iliyan Chamov (Third Season)
 Assistant Coach (Throws) _____ Ross Richardson (Second Season)
 Assistant Coach (Distance, Mid-Distance) _____ Stephen Smith (Fourth Season)

Volunteer Assistant Coach (Distance, Mid-Distance) _____ Teylar Adelsberger (First Season)
 Volunteer Assistant Coach (Distance, Mid-Distance) _____ Will Crocker (Second Season)
 Volunteer Assistant Coach (Distance, Mid-Distance) _____ Eileen Halter (Third Season)
 Volunteer Assistant Coach (Sprints, Hurdles and Relays) _____ LaQuisha Jackson (First Season)
 Volunteer Assistant Coach (Pole Vault) _____ Mike Vani (First Season)
 Director of Operations _____ Celia M'Boua (Third Season)
 Student Manager _____ Alex Pierce (Second Season)



MEN'S ROSTER

**JAYSON ASHFORD**

FR / FR

Fairview Heights, Ill.
St. Louis University HS**AVERY CARTER**

R-JR / R-JR

Lee's Summit, Mo.
Lee's Summit West HS**CHRIS CONRAD**

FR / FR

O'Fallon, Ill.
O'Fallon HS**ZACH COOK**

R-JR / R-JR

Columbia, Mo.
Rock Bridge HS**LANDON CUSKELLY**

JR / JR

El Dorado, Kan.
Butler CC**MARC DUBRICK**

R-SR / R-SR

DeKalb, Ill.
DeKalb HS**JASON EDWARDS**

FR / FR

Eldon, Mo.
School of the Osage HS**WILL FIFE**

R-JR / R-JR

Jefferson City, Mo.
Helias Catholic HS**THOMAS GEORGE**

JR / JR

Gloucester, England
Marling School**BEN GOODMAN**

R-SR / R-SR

Colorado Springs, Colo.
Palmer HS**ETHAN HANSON**

FR / FR

Palatine, Ill.
Fremd HS**SEAN HARRELL**

R-SR / R-SR

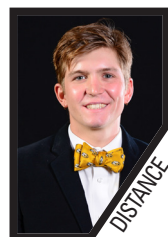
Springfield, Mo.
Parkview HS**AUSTIN HINDMAN**

FR / FR

Wildwood, Mo.
Lafayette HS**JONATHAN HOLDER**

R-SR / --

Trinidad & Tobago

**PATRICK KEARNS**

R-JR / R-JR

New York City, N.Y.
Fiorello H. LaGuardia HS**SHELDON KEENCE**

-- / R-SR

St. Charles, Mo.
St. Charles West HS**ALFRED KIMAIYO**

R-FR / R-FR

Kenya

**ROBERT KUHLMANN**

SO / R-FR

Lake Villa, Ill.
Lakes Community HS**PATRICK KUNZA**

R-SO / R-SO

Wentzville, Mo.
Timberland HS**RAUNO LIITMAE**

SR / SR

Estonia
Tallinn University**JUSTIN LOQUERCIO**

SO / R-FR

Mt. Prospect, Ill.
Wheeling HS**JERRAD MASON**

R-SR / R-SR

Bridgetown, Barbados
Harrison College**STEPHEN MUGECHÉ**

R-SO / R-SO

Blue Springs, Mo.
Arkansas**DYLAN QUISENBERRY**

SO / R-FR

Wildwood, Mo.
Lafayette HS**EVAN SCHULTE**

R-JR / R-JR

Columbia, Mo.
Rock Bridge HS**JACOB SCHWEISS**

R-FR / R-FR

St. Louis, Mo.
Festus HS**ERIC SCOTT**

R-FR / R-FR

Kenya

**MARK SHERIDAN**

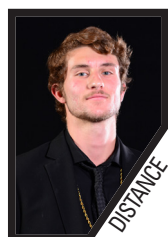
SR / SR

Ballwin, Mo.
Marquette HS**TAYLOR STEPHEN**

R-JR / R-JR

Nixa, Mo.
Nixa HS**JA'MARI WARD**

R-FR / SO

Cahokia, Ill.
Cahokia HS**MICHAEL WIDMANN**

R-SO / R-SO

Naperville, Ill.
Neuqua Valley HS**CAIN WINEBRENNER**

-- / R-SR

Kansas City, Mo.
Park Hill HS**JAKE WIRTHWEIN**

FR / FR

Warrensburg, Mo.
Warrensburg HS

WOMEN'S ROSTER

**ELLYN ATKINSON**

R-SR / R-SR

Springfield, Mo.
Glendale HS**RICHELLE BAIN**

FR / FR

St. Louis, Mo.
Parkway Central HS**KAELYN BALCH**

R-SR / R-SR

Wichita, Kan.
Bishop Carroll Catholic HS**SHANNON BROWNING**

FR / FR

Burke, Va.
Lake Braddock HS**MAYA CODY**

JR / JR

St. Louis, Mo.
Lutheran South HS**MEGAN CUNNINGHAM**

R-SR / R-SR

Eureka, Mo.
Eureka HS**KILEY DEAIN**

R-FR / R-FR

Peculiar, Mo.
South Florida**SAMANTHA FARMER**

R-SO / R-SO

Columbia, Mo.
South Carolina**KAITLYN FISCHER**

R-SR / --

Pevely, Mo.
Herculeaneum HS**SUSAN FORBIS**

R-FR / R-FR

Lewisville, Texas
Lewisville HS**KAYLA FUNKENBUSCH**

R-SO / R-SO

Columbia, Mo.
Kansas**KAYLA GLOWACKI**

FR / FR

Naperville, Ill.
Naperville North HS**MICAHELA HACKBARTH**

R-FR / R-FR

Downers Grove, Ill.
Downers Grove HS**EMMIE HAHN**

R-SO / R-SO

Homer Glen, Ill.
Lockport Township HS**VALESKA HALAMICEK**

R-SR / R-SR

Weldon Spring, Mo.
Francis Howell HS**MEGAN HALEY**

FR / FR

Lancaster, Mo.
Schuyler R-1 HS**GABI JACOBS**

R-JR / R-JR

Bloomington, Ill.
Normal University HS**VIVIEN JEPKEMOI**

R-FR / R-FR

Kenya

**CECE JOHNSON**

R-SO / JR

St. Louis, Mo.
Tulsa**TSAI-ANNE JOSEPH**

R-JR / R-JR

St. Augustine, Trinidad & Tobago

**BECKY KEATING**

R-SO / JR

Reading, England

**JAMIE KEMPFER**

R-JR / R-JR

Festus, Mo.
Festus HS**JORDYN KLEVE**

R-SO / R-SO

Urbandale, Iowa
Johnson HS**VALERIA KOSTIUIK**

JR / JR

Kiev, Ukraine
Butler CC**KARINA LIZ**

SO / R-FR

Aurora, Ill.
Aurora Central Catholic HS**JENNA LUTZOW**

FR / FR

Belvidere, Ill.
Belvidere North HS**ARIELLE MACK**

FR / FR

El Paso, Texas
El Paso Burges HS**LEXI MADDOX**

FR / FR

Riverside, Mo.
Park Hill South HS**KEYONI MBROH**

R-JR / R-JR

Oklahoma City, Okla.
Putnam City North HS**JORDAN MCCLENDON**

JR / JR

Black Jack, Mo.
LSU**MELISSA MENGHINI**

R-FR / R-FR

Fenton, Mo.
New Hampshire**CAMERON MEYER**

FR / FR

California, Mo.
California HS**SYDNEY OBERDIEK**

FR / FR

Platte City, Mo.
West Platte HS**MAYA PULLER**

FR / FR

San Antonio, Texas
San Antonio Brandeis HS**SOPHIA RACETTE**

R-SO / R-SO

St. Louis, Mo.
Southern California

WOMEN'S ROSTER



KARISSA ROMAN

JR / JR

Kewanee, Ill.
Wethersfield HS



KARISSA SCHWEIZER

SR / SR

Urbandale, Iowa
Dowling Catholic HS



FARAMOLA SHONEKAN

SO / SO

Columbia, Mo.
Rock Bridge HS



JAZMYN SHUMAKER

FR / FR

Cedar Hill, Texas
Cedar Hill HS



KATE SMITH

R-SO / R-SO

Ankeny, Iowa
Ankeny Centennial HS



JORDAN SPEER

FR / FR

Dighton, Kan.
Dighton HS



EMILY STAUFFER

R-FR / SO

Reinholds, Pa.
Cocalico HS



HANNAH THOMAS

JR / JR

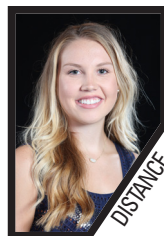
Urbandale, Iowa
Dowling Catholic HS



ALLIE WEBB

R-FR / SO

Platte City, Mo.
St. James Academy HS



CAROLYN WHITE

R-SO / R-SO

Festus, Mo.
Festus HS



BLAIR WIDMER

FR / FR

Columbia, Mo.
Father Tolton HS

COACHING & SUPPORT STAFF



BRETT HALTER
Head Coach



NATASHA BROWN
Associate Head Coach
(Sprints, Hurdles
& Relays)



MARC BURNS
Assistant Coach
(Distance, Mid-Distance)



ILIYAN CHAMOV
Assistant Coach
(Jumps, Multi-Events)



ROSS RICHARDSON
Assistant Coach
(Throws)



STEPHEN SMITH
Assistant Coach
(Distance, Mid-Distance)



TEYLAR ADELSBERGER
Volunteer Assistant Coach
(Distance, Mid-Distance)



WILL CROCKER
Volunteer Assistant Coach
(Distance, Mid-Distance)



EILEEN HALTER
Volunteer Assistant Coach
(Distance, Mid-Distance)



LAQUISHA JACKSON
Volunteer Assistant Coach
(Sprints, Hurdles
& Relays)



MIKE VANI
Volunteer Assistant Coach
(Pole Vault)



CELIA M'BOUA
Director of Operations



ALEX PIERCE
Student Manager



SARAH REESMAN
Sport Administrator



ALEX WILLIAMS
Athletic Trainer



LAUREN SHIPMAN
Athletic Trainer



JUSTIN MIDYETT
Massage Therapist



JEFF CURRY
Photographer



ANDREW MELROE
Sports Information
Director