

MIZZOU\_GYMNASTICS



/MIZZOUGYMNASTICS



@MIZZOU GYM

# GYMNASTICS



2016 MIZZOU GYMNASTICS MEET NOTES

#### 2016 SCHEDULE

DATE	OPPONENT	RESULT/TIME (CT)	
J8	ILLINOIS!	W, 195.350-195.075	
J10	at Lindenwood	W, 195.200-192.000	
J15	at Alabama*	L, 197.175-196.050	
J22	GEORGIA*# W, 195,800-195.350		
J30	at Metroplex Challenge - 5th, 195.825		
	(vs. LSU, Oklahoma, Stanford, Washington)		
F5	STATE OF MISSOURI MEET 7 P.M.		
	(vs. Lindenwood, Southeast Missouri State)		
F12	at Kentucky*	6 p.m.	
F19	FLORIDA*	6 P.M.	
F26	at Auburn*	7 p.m.	
M4	ARKANSAS*	7 P.M.	
M11	at Western Michigan	6 p.m.	
M19	at SEC Championships^	TBD	

Bold denotes home, All times central

at NCAA Regional

! Beauty and the Beast

# Pink Out

A2

\* SFC meet

^ SEC Championships in Little Rock, Ark.

#### MIZZOU GYMNASTICS

Head Coach	Shannon Welker (3rd season)
Assistant Coach	John Carney (3rd season)
Assistant Coach Ca	sey Jo MacPherson (3rd season)
Volunteer Assistant Coach	Adrianne Perry (2nd season)
Director of Operations	Briana Conkle (1st season)
Home Arena	Hearnes Center (13,611)

#### PRONUNCIATION GUIDE

Tia ALLBRITTEN	all-BRIT-in
Alyson HEIMSATH	HIME-sath
Madeleine HUBER	HYU-ber
XARRIA Lewis	zaria
MICHAELEE Turner	mick-A-lee
STOREE YZAGUIRRE	story • is-a-GEAR-ee

#### CONTACT INFORMATION

Gymnastics Contact	Kate Lakin
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Athletics Website	MUTigers.com

INTERVIEWS: All student-athlete and coach interviews must be arranged through the Mizzou Strategic Communications office at least 24 hours in advance.

#### SOCIAL MEDIA

Twitter	@MizzouGym
Instagram	mizzou_gymnastics
Facebook	/MizzouGymnastics
YouTube	/MizzouGymnastics

MEET

CAREER RECORD

TBD

## #16 MIZZOU (3-5, 1-2 SEC) **VS. LINDENWOOD (6-4) / SEMO (7-2)**

FRIDAY, FEB. 5 // 7 P.M. CT // COLUMBIA, MO. // HEARNES CENTER



#### SERIES INFORMATION SERIES (LINDENWOOD)

. Mizzou 195.200-192.000 (Jan. 10, 2015) SERIES (SEMO)..... ...Mizzou leads 28-6 . Mizzou 195.850-193.600 (Jan. 30, 2014)

#### FOLLOW #MIZZOU

ON TELEVISION	.SEC Network +
Meredith Hoenes (PBP) / Sash	a Sander (Analyst)
ONLINE	@MizzouGym
LIVE RESULTS Mizzou.St	atbroadcast.com

LINDENWOOD			
Twitter	@LionsGymnastics		
Head Coach	Jen Kesler		
LU Record (RS)	20-25 (3rd season)		
SOUTHEAST MISSOURI			
Twitter	@SEMOGymnastics		
Head Coach	Kristi Ewasko		
SEMO Record (RS)	68-56		

#### MIZZOU NUMBERS TO KNOW

. 15-19 (3rd season)

Mizzou is ranked 16th in the national polls, 16 marking the fourth time this season the Tigers are in the top 16

Mizzou has 53 routines of 9.8 or higher so far this season, or 44.2 percent of all routines

Mizzou's 2016 roster features eight freshmen, which account for more than half the 15-member squad

So far in 2016, 62 percent of Mizzou's 62% routines (74-of-120) have come from Tiger

#### **MIZZOU** STORYLINES

- The No. 16 Mizzou gymnastics team returns home to the Hearnes Center as the team hosts Lindenwood and Southeast Missouri in the State of Missouri Meet on Friday, Feb. 5 at 5 p.m. The competition will be aired live on SEC Network +.
- The Tigers clock in at No. 16 in this week's national rankings with an average team score of 195.645.
- Mizzou scored a 195.825 at the Metroplex Challenge on Jan. 30. The team tied its season highs on both vault (49.025) and floor (49.075) and tallied its second highest bars score of the year (49.150).
- In the Metroplex Challenge, Missouri compiled a season best 14 scores of 9.8 or higher, including three from freshman Brooke Kelly.
- Mizzou won its first-ever SEC dual meet on Jan. 22 in a 195.800-195.350 win over then-No. 9 Georgia at Mizzou Arena. The Tigers boasted event scores of 49.075 on floor, 49.025 on bars, 48.925 on beam and 48.775 on vault against Georgia.
- Against the Gymdogs, Ward took top honors on two events (vault and beam) and sophomore Kennedi Harris won the floor title in the Tigers' win.
- Freshman Britney Ward has already been recognized twice this season by the SEC. She claimed Freshman of the Week honors on Jan. 26, just one week after she was named the SEC Specialist of the Week.

- Through five meets in 2016, the Tigers have notched 53 individual scores of 9.8 or higher, which calculates to 44.2 percent of all routines.
- The Tigers opened 2016 with a 195.350-195.075 win over No. 15 Illinois on Jan. 8. The score tied the program record for highest opening meet team total in program history. The 2004 squad also opened its season with the same score.
- Against the Illini, Mizzou recorded a 49.175 on bars, the team's highest score on the event since midway through the 2014 season.
- Two days later, Mizzou traveled to Lindenwood and notched a 195.200-192.000 win over the Lions.
- Mizzou scored a season-high 196.050 at Alabama on Jan. 15.
- Head Coach Shannon Welker enters his third season at the helm of the Tiger program. Welker led Mizzou to the nation's biggest improvement in 2015, as the squad finished 21st in the national rankings after coming in 41st at the end of the 2014 campaign.
- Youth will be served in 2016, as over half (eight) the 15-person roster are freshmen. Additionally, 12 of the team's gymnasts are freshmen or sophomores in 2016.
- The Tigers will face a tough schedule once again, with regular season matchups against seven teams ranked in the preseason coaches poll top 10.



## **QUICK FACTS**

Location	Columbia, Mo.
Founded:	
Enrollment:	35,441
Nickname:	
Colors:	Old Gold and Black
Arena (Capacity):	Hearnes Center (13,611)
Conference:	Southeastern
2014 Record:	6-7 (regular season)
SEC Record (Finish):	0-7
Letterwinners Returning / Los	

#### **Mizzou Coaching Staff**

Head Coach:	Shannon Welker (3rd Season)
Alma Mater	Illinois-Chicago, 1998
Missouri Record (regula	r season):15-19 (3rd Season)
Overall Record:	Same
Assistant Coach:	John Carney (3rd Season)
Assistant Coach: Cas	ey Jo MacPherson (3rd Season)
Volunteer Asst. Coach_	Adrianne Perry (2nd Season)

#### Mizzou Administration

Interim President:	Michael Middleton	
Interim Chancellor:	Hank Foley	
Director of Athletics:	Mack Rhoades	
Department Phone:	573-882-6501	
Ticket Office Phone:	573-884-7297	

#### Mizzou Strategic Communications

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Website:	mutigers.com

## **SEC STANDINGS**

TEAM	RECORD (SEC)	AVG.	HIGH
Florida	4-0 (2-0)	197.438	198.175
LSU	6-1 (2-0)	196.525	196.950
Arkansas	3-3 (3-1)	196.250	196.700
Georgia	2-3 (2-1)	195.870	196.775
Alabama	2-3 (2-2)	196.855	197.525
Missouri	3-5 (1-2)	195.645	196.050
Auburn	2-3 (1-3)	196.080	196.275
Kentucky	1-3 (0-3)	195.031	195.175

## 2016 MIZZOU GYMNASTICS ROSTER

Name	Yr.	Ht.	Pos.	Hometown / Last School
Tia Allbritten	So.	5-2	AA	Garland, Texas / Bridgeway Academy
Allison Bower	Fr.	5-0	AA	Mesa, Ariz. / Basha
Blair Elmore	Sr.	5-6	AA	Houston, Texas / Clear Lake
Kennedi Harris	So.	5-0	AA	Atlanta, Ga. / Milton
Alyson Heimsath	Jr.	5-2	AA	Houston, Texas / Conroe
Madeleine Huber	Fr.	5-5	AA	St. Louis, Mo. / Seton Home Study School
Brooke Kelly	Fr.	5-1	AA	Birmingham, Ala. / Leeds
Angie Kern	Jr.	5-4	AA	Columbia, Mo. / Rock Bridge
Xarria Lewis	Fr.	5-4	AA	Columbia, Mo. / Hickman
Shauna Miller	So.	5-2	AA	Knoxville, Tenn. / Farragut
Morgan Porter	Fr.	5-2	AA	Overland, Mo. / Ritenour
Becca Schugel	So.	5-3	AA	Eagan, Minn. / Eagan
Michaelee Turner	Fr.	5-6	AA	Parkville, Mo.
Britney Ward	Fr.	5-3	AA	Ozark, Mo. / Homeschooled
Storee Yzaguirre	Fr.	5-6	AA	Aubrey, Texas / Aubrey

HEAD COACH: Shannon Welker (3rd season)
ASSISTANT COACH: John Carney (3rd season)
ASSISTANT COACH: Casey Jo MacPherson (3rd season)
VOLUNTEER ASSISTANT COACH: Adrianne Perry (2nd season)
DIRECTOR OF OPERATIONS: Briana Conkle (1st season)
STUDENT COACH: Hannah Finnegan (3rd season)
STUDENT COACH: Miranda Eubank (1st season)

STUDENT TEAM MANAGER: Sarah Crayton (1st season)

## **LAST TIME OUT**

- Mizzou gymnastics team scored a 195.825 to place fifth at the Metroplex Challenge Saturday night in Fort Worth, Texas. No. 2 Oklahoma won the event with a 197.550, ahead of No. 6 LSU (196.750), Washington (196.175) and No. 12 Stanford (196.075).
- ▶ The Tigers compiled 13 scores of 9.8 or higher on the night, including three from freshman Brooke Kelly.
- The squad closed the meet with a 49.150 on bars in the final rotation, a score that stands as the second highest for the Tigers this season. Porter rocked her routine with a career best 9.900, which is a high for the team in 2015.
- Mizzou also tied season best event scores of 49.075 on floor and 49.025 on vault in the meet.

## **LOOKING AT THE OPPONENTS**

- Mizzou faces off against Lindenwood and Southeast Missouri in the State of Missouri Meet on Friday.
- Lindenwood is 6-4 on the season and boasts a scoring average of 193.280.
- ▶ The Lions scored a season best 195.325 in a five-team meet on Jan. 15.
- Southeast Missouri owns a 7-2 record in 2015 and has a scoring average of 192.710.
- Last time out, the Redhawks scored a 2015 high of 193.900 against UW-Whitewater.

#### **UP NEXT**

Mizzou travels to Lexington, Ky., next week to take on No. 25 Kentucky on Friday, Feb. 12 at 6 p.m. CT.

## TIGERS COME IN AT 16TH IN THE NATIONAL RANKINGS

- Mizzou is ranked 16th in this week's national rankings.
- ▶ The Tigers held steady at No. 16 for the second consecutive week after clocking in at No. 14 in the first two in-season rankings of the year.
- The No. 14 ranking was the highest for the program since it was ranked 14th on March 5, 2012.
- The Tigers have steadily climbed in the rankings in Head Coach Shannon Welker's two-plus seasons at Mizzou. Last year in Welker's second year at the helm, the Tigers entered the in-season rankings for the first time since 2012 and ultimately finished 21st in the final team rankings.

#### *MIZZOU G*YMNASTICS

## **BRITNEY WARD TWICE RECOGNIZED BY SEC**

- One week after claiming SEC Specialist of the Week honors, freshman Britney Ward was named the Southeastern Conference Freshman of the Week on Jan. 26.
- ▶ Ward claimed two event titles in Mizzou's win over No. 9 Georgia on Jan. 22. The freshman scored a 9.900 on beam to take the win and earned a 9.875 on yault to tie for the title on that event
- ▶ Her performance came just one week after winning the same events against Alabama on Jan. 15.
- ▶ Ward leads the Tigers with six event wins in 2015, including three on both vault and beam. In addition to her wins at Georgia and Alabama, she also won beam in the season opener against Illinois (9.850) and tied for the vault crown at Lindenwood (9.825).

## MIZZOU NOTCHES FIRST-EVER SEC DUAL WIN

- Mizzou's 195.800-195.350 win over then-No. 9 Georgia on Jan. 22 marked the program's first-ever Southeastern Conference dual win since the Tigers joined the league for the 2013 season.
- ▶ Missouri has twice beaten Kentucky in the SEC Championships (2013 and 2015) but never defeated an SEC foe during the regular season until last Friday.
- ▶ The Tigers were 0-20 before the win over the Gymdogs.
- The team's narrowest loss in that span was a 194.250-194.125 loss to Arkansas on March 1, 2013.

## TIGERS RECORD TOP-10 WIN

- ▶ Mizzou's 195.800-195.350 win over No. 9 Georgia also marked the program's first win over a top-10 opponent since 2012.
- ▶ During that season, the Tigers defeated No. 9 Arkansas, 196.100-195.450, on March 16, 2012 at the Hearnes Center
- ▶ Earlier that season, Missouri also defeated No. 4 Nebraska, 195.725-194.550, on Jan. 28 in Lincoln, Neb.
- Last Friday's win was not the first time the Tigers earned an upset over the Gymdogs. In the 2010 NCAA Columbia Regional, Missouri placed first (196.500) while No. 4 Georgia tied for second (196.275).

## MIZZOU POSTS SEASON BEST SCORE AT ALABAMA

- ▶ The Tigers scored a season best 196.050 in the team's SEC opener at Alabama on Jan. 15.
- ▶ The score marked a high for the team in an SEC dual meet since the program joined the league for the 2013 season.
- Mizzou also had season highs on two events (49.075 on beam and 49.025 on vault).
- Last season, the Tigers only scored 196 two times and did not accomplish the feat until the regular season finale against North Carolina State (March 13).
- ▶ Ward and freshman Morgan Porter earned wins against the Crimson Tide. Ward took home both the vault and beam titles, while Porter claimed the all-around crown.

## **JAN. 25 RANKINGS**

Rank	Team	Avg.	High
1	Florida	197.438	198.175
2	Oklahoma	197.185	197.550
3	Michigan	196.860	196.975
4	Alabama	196.855	197.525
5	UCLA	196.758	196.925
6	LSU	196.525	196.950
7	Utah	196.342	196.725
8	Arkansas	196.210	196.700
9	Boise State	196.175	196.425
10	Auburn	196.080	196.275
11	Georgia	195.870	196.775
12	Stanford	195.856	196.675
13	Denver	195.763	196.125
14	Nebraska	195.700	196.775
15	Oregon State	195.694	196.350
16	Missouri	195.645	196.050
17	George Wash.	195.517	196.175
18	Minnesota	195.469	196.075
19	Illinois-Champaign	195.363	195.725
20	Arizona	195.217	196.475
21	California	195.150	195.650
22	New Hampshire	195.095	196.075
23	West Virginia	195.083	195.800
24	Southern Utah	195.056	195.600
<i>25</i>	Kentucky	195.031	195.175
26	Eastern Michigan	194.938	195.050
27	lowa	194.875	196.375
28	Ohio State	194.869	195.275
29	Washington	194.713	196.175
30	Utah State	194.700	195.425
31	Penn State	194.575	195.025
32	BYU	194.500	195.475
33	Sacramento State	194.475	194.900
34	Central Michigan	194.450	195.275
35	Iowa State	194.431	195.650
36	Maryland	194.350	195.500

Italics denotes 2016 regular season opponent

## INDIVIDUAL SEASON AND CAREER HIGHS

		<u>s</u>	<u>EASON</u>				<u>.</u>	<u>CAREER</u>		
	VAULT	BARS	BEAM	FLOOR	AA	VAULT	BARS	BEAM	FLOOR	AA
Tia Allbritten	-	-	9.800	-	-		-	9.850	-	_
Allison Bower	-	9.750	9.800	9.775	-	-	9.750	9.800	9.775	_
Blair Elmore	-	-	-	-	-	9.650	9.775	9.775	9.775	38.600
Kennedi Harris	9.875	-	-	9.925	-	9.875	-	-	9.925	
Alyson Heimsath	-	-	-	-	-	9.775	-	9.825	9.900	_
Madeleine Huber	9.725	9.850	-	-	-	9.725	9.850	-	-	
Brooke Kelly	9.050	9.875	9.875	9.825	38.325	9.050	9.875	9.875	9.825	38.325
Angie Kern	9.825	-	-	9.825	_	9.850	-	-	9.875	-
Xarria Lewis	9.775	-	-	-	-	9.775	-	-	-	
Shauna Miller	9.850	9.800	9.750	-	-	9.975	9.900	9.850	9.850	39.325
Morgan Porter	9.825	9.900	9.800	9.825	39.250	9.825	9.900	9.800	9.825	39.250
Becca Schugel	-	9.850	9.825	-	-	9.900	9.850	9.825	9.875	39.300
Michaelee Turner	-	(9.725)	(9.750)	9.850	-		(9.725)	(9.750)	9.850	
Britney Ward	9.925	-	9.900	-	-	9.925	-	9.900	-	_
Storee Yzaguirre	-	-	-	-	-	-	-	-	-	

#### *Mizzou* Gymnastics

## 2016 INDIVIDUAL HIGHS

VAULT	SCORE	DATE
Ward	9.925	Jan. 15
Harris	9.875	2x, MR Jan. 30
Miller	9.850	Jan. 8
BARS	SCORE	<u>DATE</u>
Porter	9.900	Jan. 30
Kelly	9.875	Jan. 8
Huber	9.850	Jan. 8
Schugel	9.850	Jan. 30
BEAM	SCORE	DATE
Ward	9.900	2x, MR Jan. 22
Kelly	9.875	Jan. 30
Schugel	9.825	Jan. 22
FLOOR	SCORE	DATE DATE
Harris	9.925	Jan. 22
Turner	9.850	Jan. 15
Kelly	9.825	Jan. 30
Kern	9.825	Jan. 30
Porter	9.825	3x, MR Jan. 30
ALL-AROUND	SCORE	DATE
Porter	39.250	Jan. 10
Kelly	38.325	Jan. 10
•		

## 2016 TEAM HIGHS

TEAM	
Score	<u>Meet</u>
196.050	at Alabama (Jan. 15)
VAULT	
Score	<u>Meet</u>
49.025	2x, MR at Metroplex Challenge (Jan. 30)
BARS	
Score	Meet
49.175	vs. Illinois (Jan. 8)
BEAM	
Score	Meet
49.075	at Alabama (Jan. 15)
FLOOR	
Score	Meet
49.075	2x. MR at Metropelx Challenge (Jan. 30)

## MIZZOU WITH 53 9.8 SCORES OR HIGHER ON THE SEASON

- Five meets into the 2016 season, Mizzou has tallied 53 individual scores of 9.8 or higher so far this year.
- Those 53 routines mean that 44.2 percent of all Tiger routines have scored a 9.8 or higher in 2015.
- Freshman Morgan Porter paces the team with 11 scores of 9.8 or higher on the young season, while classmate Brooke Kelly is right behind her with 10. Sophomore Kennedi Harris and freshman Britney Ward have both added seven 9.8 or higher routines.
- ▶ Harris and Ward have notched 9.8 scores or higher on 70 percent of their 2015 routines (7-of-10), while Kelly goes for 62.5 percent (10-of-16).

## TIGERS OPEN 2016 WITH WIN OVER NO. 15 ILLINOIS

- ▶ Mizzou opened the 2016 season in style with a 195.350-195.075 win over No. 15 Illinois on Jan. 8 at the Hearnes Center.
- ▶ The Tigers' score of 195.350 tied the program's highest opening meet score ever. The team also tallied the same total in the 2004 season opener.
- Mizzou's meet was highlighted by a 49.175 on bars in the second rotation, a total that was the highest for the team since it scored a 49.200 midway through the 2014 campaign.
- ▶ Sophomores Kennedi Harris and Shauna Miller and freshman Britney Ward all won or tied for event titles against the Fighting Illini. Miller claimed top honors on vault after a 9.850, Ward tied for first on beam after a 9.850 and Harris tied for the floor crown after a score of 9.900.
- Overall, Mizzou recorded nine individual scores of 9.800 or higher, including two from Miller and freshman Brooke Kelly.

## FRESHMEN MAKING AN IMPACT

- Through five meets this season, Mizzou's big freshman class has accounted for 74 of the team's 120 routines, or 61.7 percent.
- Freshman Morgan Porter leads the way with 19 routines under her belt as she has competed the all-around in four of the team's five meets.
- Brooke Kelly is close behind with 16 routines.
- Other freshman contributing routines include Allison Bower (14), Britney Ward (10, Madeleine Huber (eight), Michaelee Turner (five) and Xarria Lewis (two).
- Sophomores have contributed 30.0 percent (36) of routines, while the juniors 8.3 percent (10) in the five meets.

## MIZZOU MADE ENORMOUS STRIDES IN 2015

- ▶ The Mizzou Tigers were the nation's most improved team in 2015, finishing the season 21st in the national rankings only a year after finishing 41st in 2013. The 20-spot jump was the largest of any women's gymnastics program in the country.
- Mizzou finished the 2015 with a regional qualiying score (RQS) of 195.720, almost a full point better than the team's final 2014 RQS of 194.770.
- ▶ The Tigers scored over 195 in 10 of the team's 13 meets a season ago after reaching the mark only four times combined in the 2013 and 2014 seasons.
- Additionally, Missouri reached the 196 mark twice in 2015, a feat the squad had not accomplished since 2012.
- ▶ Last season also marked Mizzou's return to NCAA competition as the team qualified for its first NCAA Regional since 2012. At the Normal Regional, the Tigers placed fourth with a score of 196.100, the second-highest NCAA Regional score for the program in history.

## **HELLO, HELLO**

- Mizzou welcomes eight newcomers to the program in 2016. The freshman class includes gymnasts from four different states:
- ▶ Allison Bower Mesa, Ariz. // Desert Devils Gymnastics
- ▶ Madeleine Huber St. Louis, Mo. // Team Central Gymnastics Academy
- ▶ Brooke Kelly Birmingham, Ala. // Mountain Brook Gymnastics
- Xarria Lewis Columbia, Mo. // Show-Me Gymnastics
- Morgan Porter Overland, Mo. // Team Central Gymnastics Academy
- ▶ Michaelee Turner Parkville, Mo. // Mercury Gymnastics
- ▶ Britney Ward Ozark, Mo. // Missouri Valley Gymnastics
- Storee Yzaguirre Aubrey, Texas // Achievers Gymnastics

#### TIGERS ON TV

- Mizzou will have five meets televised on the SEC Network this season.
- The Tigers make their TV debut on Friday, Jan. 15 in a 6 p.m. CT meet at Alabama.
- Missouri next appears on the SEC Network on Fri., Feb. 12 as the Tigers travel to Lexington, Ky., to face Kentucky.

#### **MIZZOU** GYMNASTICS

## **TIGERS ON TV (CONT.)**

- ▶ Additionally, the Tigers' home meet against three-time defending national champions Florida on Feb. 19 will be aired live on the network.
- For the first time, both sessions of the 2016 SEC Championships will be aired live after the event was streamed a year ago.
- Additionally, all remaining Tigers' home meets and all SEC away meets will be available on SEC Network + and WatchESPN.

## THE 2016 SCHEDULE

- ▶ Mizzou will host five meets in 2016, including Friday's Beauty and the Beast and a clash against Georgia at Mizzou Arena. Other home competitions include the State of Missouri Meet (against Lindenwood and Southeast Missouri State), Florida and Arkansas.
- Mizzou travels to SEC foes Alabama, Kentucky and Auburn, takes on Oklahoma, LSU, Stanford and Washington in the Metroplex Challenge, and close the year the regular season at Western Michigan.
- Overall, the Tigers face 10 teams ranked in the preseason coaches poll, including seven of the poll's top 10 teams.

## **TIGERS SIGN THREE FOR 2017**

- ▶ Mizzou signed three student-athletes to National Letters of Intent, Head Coach Shannon Welker announced on Thursday, Nov. 12.
- Mizzou's three-member signing class includes Rachel Ley (Trophy Club, Texas), Aspen Tucker (Leigh Acres, Fla.) and Alyssa Johnson (Rogers, Minn.).
- "We are very excited about these future Tigers," Welker said. "They bring a lot of powerful and dynamic gymnastics along with a true passion to compete. We cannot wait to see the positive impact they have on Mizzou Gymnastics and our culture of excellence."

#### **RACHEL LEY**

- Won the beam title at the 2014 Zenith Classic Invitational
- Placed 10th in the all-around at the 2013 JO National Invitational Tournament
- Won the 2011 and 2012 Region 9 Championships
- Finished fourth in the all-around at the 2011 Western Championships
- ▶ Boasts best Level 10 scores of 37.725 in the all-around, 9.450 on vault, 9.650 on bars, 9.375 on beam and 9.500 on floor

#### **ASPENTUCKER**

- ▶ Tied for seventh on vault at the 2015 Region 8 Championships
- ▶ Placed second on both bars and beam and third in the all-around at the 2015 Florida State Championship
- ▶ Claimed the 2014 Florida State beam title
- Finished third on vault at the 2013 JO National Invitational Tournament
- ▶ Boasts Level 10 career high scores of 38.025 in the all-around, 9.725 on vault, 9.575 on bars, 9.525 on beam and 9.575 on floor
- ▶ Father played professional baseball for seven different teams, including the Kansas City Royals and Atlanta Braves

#### **ALYSSA JOHNSON**

- Two-time Level 10 JO National qualifier
- Placed 10th on vault and 18th in the all-around at 2015 JO Nationals
- ▶ Claimed the all-around and bars titles and placed second on beam, third on floor and fourth on vault at the 2015 Region 4 Championships
- Finishes 10th in the all-around at the 2013 JO National Invitational Tournament
- Won the 2011 and 2012 Level 9 Region 4 bar titles
- ▶ Boasts career best Level 10 scores of 38.000 in the all-around, 9.750 on vault, 9.525 on bars, 9.575 on beam and 9.625 on floor

## **2016 EVENT WINS**

#### BRITNEY WARD (6)

Vault: Lindenwood, Alabama, Georgia Beam: Illinois, Alabama, Georgia

#### MORGAN PORTER (4)

All-Around: Lindenwood, Alabama

Vault: Lindenwood Bars: Lindenwood

#### KENNEDI HARRIS (3)

Floor: Illinois, Lindenwood, Georgia

#### SHAUNA MILLER (1)

Vault: Illinois

#### CAREER EVENT WINS

#### SHAUNA MILLER: 13

All-Around: 3 Vault: 4 Bars: 3 Beam: 2 Floor: 1

#### BECCA SCHUGEL: 7

All-Around: 3 Vault: 1 Bars: 1 Beam: 1 Floor: 1

#### KENNEDI HARRIS: 6

Floor: 6

#### BRITNEY WARD: 6

Vault: 3 Beam: 3

#### MORGAN PORTER: 4

All-Around: 2 Vault: 1 Bars: 1

#### ALYSON HEIMSATH: 1

Beam: 1

## MIZZOU GYMNASTICS

# 2016 MEET BY MEET RESULTS

	Overall: 3-5 Season High: 196.050	SEC: 1-2 Vault High: 49.025	Home: 2 Bars Hi	2-0 gh: 49.175	Away: 1-1 Beam High: 49.		al: 0-4 High: 49.075	
DATE	TEAMS	RESULT	TOTAL	VAULT	BARS	BEAM	FLOOR	ATT.
Jan. 8	Missouri		195.350	48.600	49.175	48.625	48.950	2,828
	Illinois	W	195.075	48.325	48.825	48.950	48.975	
Jan. 10	Missouri		195.200	48.750	48.825	48.700	48.925	1,062
	Lindenwood	W	192.000	48.125	47.450	48.450	47.975	
Jan. 15	Alabama	L	197.175	49.350	49.175	49.150	49.500	10,860
	Missouri		196.050	49.025	49.050	49.075	48.900	
Jan. 22	Missouri		195.800	48.775	49.025	48.925	49.075	3,059
	Georgia	W	195.350	49.275	49.175	47.675	49.225	
Jan. 30	Oklahoma	L	197.550	49.325	49.525	49.200	49.500	
	LSU	L	196.750	49.450	49.325	48.600	49.750	
	Washington	L	196.175	48.800	49.150	49.250	48.975	
	Stanford	L	196.075	48.900	49.300	49.300	48.575	
	Missouri		195.825	49.025	49.150	48.575	49.075	

# **2016 INDIVIDUAL STATISTICS**

#### **TIA ALLBRITTEN**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	-	9.675	-	-
at Lindenwood	-	-	9.750	-	-
at Alabama	-	-	9.750	-	
Georgia	-	-	9.750	-	_
at Metroplex Challenge	-	-	9.800	-	_
Lindenwood/SEMO	-	-	-	-	_
at Kentucky	-	-	-	-	_
Florida	-	-	-	-	_
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	_
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	_
Average	-	-	9.745	-	
ROS	-	-	-	-	_
Season High	-	-	9.800	-	_
Career High	-	-	9.850	-	

## **ALLISON BOWER**

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Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	9.550	(9.700)	9.375	
at Lindenwood	-	9.750	9.750	9.775	
at Alabama	-	9.725	9.800	9.600	_
Georgia	-	9.750	9.675	9.675	-
at Metroplex Challenge	, -	9.750	9.800	9.775	
Lindenwood/SEMO	-	-	-	-	_
at Kentucky	-	-	-	-	-
Florida	-	-	-	-	
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	_
Average	-	9.705	9.756	9.64	_
RQS	-	-	-	-	_
Season High	-	9.750	9.800	9.775	_
Career High	-	9.750	9.800	9.775	-
-					

## **KENNEDI HARRIS**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.675	-	-	9.900	-
at Lindenwood	9.775	-	-	9.875	
at Alabama	9.875	-	-	9.850	_
Georgia	9.750	-	-	9.925	
at Metroplex Challenge	e 9.875	-	-	9.850	
Lindenwood/SEMO	-	-	-	-	_
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	-
Average	9.790	-	-	9.880	
RQS	-	-	-	-	
Season High	9.875	-	-	9.925	
Career High	9.875	-	-	9.925	

#### **MADELEINE HUBER**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.700	9.850	-	-	
at Lindenwood	-	9.750	-	-	
at Alabama	9.725	9.825	-	-	
Georgia	-	9.800	-	-	
at Metroplex Challeng	e 8.825	9.750	-	-	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.417	9.795	-	-	
ROS	-	-	-	-	
Season High	9.725	9.850	-	-	
Career High	9.725	9.850	-	-	_

## **BROOKE KELLY**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	9.875	9.275	9.800	
at Lindenwood	9.050	9.750	9.850	9.675	38.325
at Alabama	-	9.825	9.850	9.775	
Georgia	-	9.850	8.900	9.825	
at Metroplex Challeng	e -	9.850	9.875	9.800	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.050	9.830	9.550	9.775	38.325
RQS	-	-	-	-	
Season High	9.050	9.875	9.875	9.825	38.325
Career High	9.050	9.875	9.875	9.825	38.325

## **ANGIE KERN**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.725	-	-	9.725	
at Lindenwood	9.700	-	-	9.775	
at Alabama	9.750	-	-	8.950	
Georgia	9.600	-	-	9.825	
at Metroplex Challeng	e 9.825	-	-	9.825	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	_
Average	9.720	-	-	9.620	
RQS	-	-	-	-	
Season High	9.825	-	-	9.825	
Career High	9.850	-	-	9.875	

# **2016 INDIVIDUAL STATISTICS**

## **XARRIA LEWIS**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	-	-	-	
at Lindenwood	-	-	-	-	
at Alabama	-	-	-	-	
Georgia	9.775	-	-	-	
at Metroplex Challenge	e 9.775	-	-	-	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.775	-	-	-	
RQS	-	-	-	-	
Season High	9.775	-	-	-	
Career High	9.775	-	-	-	

## **SHAUNA MILLER**

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Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.850	9.800	9.750	-	
at Lindenwood	9.625	9.775	9.550	-	-
at Alabama	9.700	9.750	-	-	-
Georgia	9.650	9.725	9.775	-	
at Metroplex Challeng	e -	9.800	-	-	-
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.706	9.770	9.692	-	
ROS	-	-	-	-	
Season High	9.850	9.800	9.775	-	
Career High	9.975	9.900	9.850	9.850	39.325

## **MORGAN PORTER**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.650	9.875	9.650	9.725	38.900
at Lindenwood	9.825	9.800	9.800	9.825	39.250
at Alabama	9.750	9.850	9.775	9.825	39.200
Georgia	9.725	9.825	-	9.825	
at Metroplex Challenge	e 9.775	9.900	9.250	9.825	38.750
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.745	9.850	9.619	9.805	39.025
ROS	-	-	-	-	
Season High	9.825	9.900	9.800	9.825	39.250
Career High	9.825	9.900	9.800	9.825	39.250

## **BECCA SCHUGEL**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	9.775	9.700	-	-
at Lindenwood	-	9.725	-	-	-
at Alabama	-	9.800	9.700	-	-
Georgia	-	9.800	9.825	-	-
at Metroplex Challenge		9.850	9.200	-	-
Lindenwood/SEMO	-	-	-	-	-
at Kentucky	-	-	-	-	-
Florida	-	-	-	-	-
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	-
Average	-	9.790	9.606	-	_
ROS	-	-	-	-	
Season High	-	9.850	9.825	-	
Career High	9.900	9.850	9.825	9.875	-

# MICHAELEE TURNER

<u>Meet</u>	Vault	Bars	Beam	Floor	AA
Illinois	-	(9.725)	-	9.800	-
at Lindenwood	-	-	-	9.175	-
at Alabama	-	-	-	9.850	-
Georgia	-	-	(9.750)	9.625	-
at Metroplex Challenge		-	-	9.775	-
Lindenwood/SEMO	-	-	-	-	-
at Kentucky	-	-	-	-	-
Florida	-	-	-	-	-
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	-
Average	-	9.725	-	9.645	-
ROS	-	-	-	-	-
Season High	-	-	-	9.850	-
Career High	-	(9.725)	(9.750)	9.850	-

#### **BRITNEY WARD**

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.250	-	9.850	-	_
at Lindenwood	9.825	-	9.500	-	
at Alabama	9.925	-	9.900	-	
Georgia	9.875	-	9.900	-	_
at Metroplex Challenge	9.775	-	9.850	-	-
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	_
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	_
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	_
Average	9.730	-	9.800	-	
RQS	-	-	-	-	
Season High	9.925	-	9.900	-	
Career High	9.925	-	9.900	-	

# TEAM AND INDIVIDUAL RECORDS

		<u>TEAM</u>		INDIVIDUAL			
TOTA					-AROUND	Carab Chira va Illinai- Ct-t-	0/00/40
		at Texas Women's Invite		1			
2	197.350	at Cat Classic	2/6/04		39.675		
		at Mizzou Invitational		3	39.650		
		vs. Oklahoma		_		Alisha Robinson at Cat Classic	
5	196.875	vs. Illinois State	2/26/10	5	39.625		
		at Big 12 Championship				Sarah Shire at Oklahoma	
7	196.675	at Michigan	3/16/07	7	39.600		
8	196.625	vs. Illinois	2/13/09			Sarah Shire vs. Iowa State	1/22/10
		vs. Arkansas					
	196.500			VAU	LT		
		vs. SEM0		1	9.975		2/20/15
VAUL	т		.,, .,, .,,			Alisha Robinson at Nebraska	1/31/04
		-+ T \\\/'- \'+-	2/12/04			Alisha Robinson vs. Arkansas	
j. —	49.375	at Texas Woman's Invite	3/12/04	4.	9.950	Shauna Miller vs. Kent State/Towson	
Z	49.350		4/3/04	-		Rachel Updike at Nebraska	
		vs. Arkansas				Rachel Updike at Winterfest	
		at Nebraska	1/31/04			Sarah Shire at Columbia Reg.	4/10/10
5	49.300	at Columbia Regional	4/10/10			Sarah Shire vs. SEMO	2/6/00
		at Cat Classic	2/6/04				2/0/09
7	49.275	at Arkansas				Adrianne Perry vs. SEMO	2/9/07
		at SEM0				Alisha Robinson at Arkansas	2/13/05
		vs. SEM0				Alisha Robinson at TWU Invite	
		at Nebraska				Alisha Robinson at Big 12 Champ	3/20/04
		at Nobraska	1/20/12				
UNE	/EN BARS				VEN BARS 9.950	Sarah Shire at Lady Luck Invite	1/15/10
1.	49.400	at Texas Woman's Invite	3/12/04	·· –	3.330	Alisha Robinson vs. Illinois	2/11/05
	49.375	vs. Centenary				Alisha Robinson vs. Illinois	2/11/05
	49.350	at Northeast Regional				Alisha Robinson at TWU Invite	
		vs. Illinois				Jodie Heinicka at Cat Classic	2/6/04
۳	43.323			5	9.925	Mary Burke at Lady Luck Invite	
c	40.000	vs. Arkansas	2/13/04			Sarah Shire vs. Centenary	3/21/10
	49.300	vs. George Washington	2/21/14			Sarah Shire at Illinois	3/13/10
/	49.250					Sarah Shire vs. Oklahoma	2/19/10
		at Utah State	2/20/04			Adrianne Perry vs. Centenary	
		at Cat Classic				Jodie Heinicka vs. SEMO	3/17/06
		at Pittsburgh	3/3/07			Jodie Heinick vs. Iowa State	
						Jodie Heinicka at Nebraska	
RΔIΔ	ANCE BEAM					Jodie Heinicka at Centenary	
1,		vs. Illinois	2/11/05			Jodie Heinicka at Centenary Jodie Heinicka vs. Arkansas	1/12/06
',	+0.020	at Mizzou Invitational					
						Andrea Nervig vs. Iowa State	
,	40.075	vs. Oklahoma				Alisha Robinson at Utah State	
	49.275	vs. SEM0	1/25/04			Alisha Robinson vs. Ball State	
5		vs. Illinois				Shannon Brown at Corvette Cup	3/5/00
6	49.225	at Utah State					
		at Cat Classic	2/6/04	BAL	ANCE BEAM		
8	49.175	at Cat Classic		1	10.000	Lauren Schwartzman at TWU	3/12/04
		at Cat Classic	2/24/06			Lauren Schwartzman vs. ISU	1/11/04
		at Centenary	1/20/06	3.	9.975	Lauren Schwartzman vs. Illinois	2/11/05
		vs. Illinois State	1/20/03	4.	9.950	Sarah Shire vs. Centenary	
						Sarah Shire vs. Illinois State	
EL 0.0	D EVEDELEE					Lauren Schwartzman at Cat Classic	
	R EXERCISE	4 B M2	0/0/04			Lauren Schwartzman vs. ISU	
1	49.575	at Mizzou Invitational					
		at Cat Classic	2/6/04			Lauren Schwartzman at Cent.	1/20/00
3		at Texas Women's Invite				Lauren Schwartzman vs. Okla.	2/29/04
4	49.500	vs. Ilinois State					
5	49.400	vs. Arkansas	3/16/12		<u>OR EXERCISE</u>		
		vs. Iowa State	1/22/10	1	9.975		2/26/10
		vs. SEM0	125/04			Sarah Shire vs. Illinois State	2/26/010
8.	49.350	at Michigan	3/16/07			Alisha Robinson at Cat Classic	2/6/04
		vs. Oklahoma	2/29/04			Lauren Schwartzman at Cat Classic	2/6/04
		vs. Iowa State	3/17/02	5.	9.950	Sarah Shire at SEMO	
		vs. iuvva state	3/11/UZ	J	0.000	Sarah Shire lowa State	
						Adrianne Perry at Big 12 Champ.	3/21/09
						Lauren Schwartzman vs. SEMO	3/4/05
						Lauren Schwartzman vs. Okla.	
							2/11/05
						Alisha Robinson at Mizzou Invite	
						Δlisha Rohinson at RVII	2/23/04

Alisha Robinson at BYU

Alisha Robinson at Big 12 Champ. \_

Alisha Robinson vs. Iowa State

2/23/04

3/29/03

3/17/02

# **MIZZOU TV ROSTER**



**Tia Allbritten** So. • 5-2 • AA Garland, Texas



Allison Bower
Fr. ● 5-0 ● AA
Mesa, Ariz.



Blair Elmore
Sr. • 5-6 • AA
Houston, Texas



**Kennedi Harris** So. • 5-0 • AA Atlanta, Ga.



Alyson Heimsath Jr. ● 5-2 ● AA Houston, Texas



Madeleine Huber Fr. • 5-5 • AA St. Louis, Mo.



**Brooke Kelly**Fr. • 5-1 • AA
Birmingham, Ala.



**Angie Kern**Jr. • 5-4 • AA
Columbia, Mo.



Xarria Lewis
Fr. • 5-4 • AA
Columbia, Mo.



Shauna Miller
So. • 5-2 • AA
Knoxville, Tenn.



Morgan Porter
Fr. • 5-2 • AA
Overland, Mo.



**Becca Schugel** So. • 5-3 • AA Eagan, Minn.



Michaelee Turner
Fr. • 5-6 • AA
Parkville, Mo.



**Britney Ward**Fr. • 5-3 • AA
Ozark, Mo.



Storee Yzaguirre
Fr. • 5-6 • AA
Aubrey, Texas



**Shannon Welker**Head Coach
Third Season



**John Carney** Assistant Coach Third Season



Casey Jo MacPherson
Assistant Coach
Third Season