

MIZZOU_GYMNASTICS



/MIZZOUGYMNASTICS



@MIZZOU GYM

GYMNASTICS



2016 MIZZOU GYMNASTICS MEET NOTES

2016 SCHEDULE

DATE	OPPONENT	RESULT/TIME (CT)
J8	ILLINOIS!	W, 195.350-195.075
J10	at Lindenwood	W, 195.200-192.000
J15	at Alabama*	L, 197.175-196.050
J22	GEORGIA*#	W, 195,800-195.350
J30	at Metroplex Challenge -	5th, 195.825
	(vs. LSU, Oklahoma, Stanfo	rd, Washington)
F5	STATE OF MISSOURI ME	ET 1st, 196.625
	(vs. Lindenwood, Southe	east Missouri State)

(vs. Lindenwood, Southeast Missouri		east wiissouri State)
F12	at Kentucky*	L, 196.050-194.675
F19	FLORIDA*	6 P.M.
F26	at Auburn*	7 p.m.
M4	ARKANSAS*	7 P.M.

M11 at Western Michigan 6 p.m. TBD M19 at SEC Championships^ A2 at NCAA Regional TBD

Bold denotes home, All times central

! Beauty and the Beast

Pink Out

* SFC meet

^ SEC Championships in Little Rock, Ark.

MEET

#19 MIZZOU (5-6, 1-3 SEC) **VS. #2 FLORIDA (5-1, 3-1 SEC)**

FRIDAY, FEB. 19 // 6 P.M. CT // COLUMBIA, MO. // HEARNES CENTER



SERIES INFORMATION SERIES (REGULAR SEASON)... Florida leads, 12-0Florida, 198.225-195.975 .Feb. 13, 2015 (Gainesville, Fla.)

FOLLOW #*MIZZOU* ON TELEVISION SEC Network Melissa Lee (Play-By-Play) Courtney Kupets Carter (Analyst) @MizzouGym ONLINE LIVE RESULTS..... ..Mizzou.StatBroadcast.com



NUMBERS TO KNOW

Mizzou is ranked 15th in the national polls, marking the sixth time this season the Tigers are in the top 20

76

Mizzou has 76 routines of 9.8 or higher so far this season, or 45.2 percent of all routines

Mizzou's score of 196.625 on Feb. 5 stands as the eight-highest team score in program history and highest since 2010

So far in 2016, 62.5 percent of Mizzou's routines (105-of-168) have come from Tiger freshmen.

MIZZOU GYMNASTICS

Head Coach	Shannon Welker (3rd season)
Assistant Coach	John Carney (3rd season)
Assistant Coach Case	ey Jo MacPherson (3rd season)
Volunteer Assistant Coach	Adrianne Perry (2nd season)
Director of Operations	Briana Conkle (1st season)
Home Arena	

PRONUNCIATION GUIDE

Tia ALLBRITTEN	all-BRIT-in
Alyson HEIMSATH	HIME-sath
Madeleine HUBER	HYU-ber
XARRIA Lewis	zaria
MICHAELEE Turner	mick-A-lee
STOREE YZAGUIRRE	story • is-a-GEAR-ee

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INTERVIEWS: All student-athlete and coach interviews must be arranged through the Mizzou Strategic Communications office at least 24 hours in advance.

SOCIAL MEDIA

Twitter	@MizzouGym
Instagram	mizzou_gymnastics
Facebook	/MizzouGymnastics
YouTube	/MizzouGymnastics

MIZZOU STORYLINES

- The No. 19 Mizzou gymnastics team returns home to the Hearnes Center on Friday, Feb. 19 to host No. 2 Florida at 6 p.m. CT. The meet will be televised live on the SEC Network with Melissa Lee and Courtney Kupets Carter on the call.
- The Tigers clock in at No. 19 in this week's national rankings with an average team score of 195.646.
- Freshman Britney Ward leads the Tigers with eight event wins in 2016, including four each on beam and vault. Her wins include vault and beam crowns against both Alabama and Georgia and the vault title at Kentucky.
- Ward has already been recognized twice this season by the SEC. She claimed Freshman of the Week honors on Jan. 26, just one week after she was named the SEC Specialist of the Week.
- So far in 2016, Tiger freshman have accounted for 62.5 percent of all Mizzou routines, compared to 29.2 percent from sophomores and 8.2 percent from juniors.
- Seven meets into 2016, Mizzou's scoring average stands at 195.646 and its RQS comes in at 195.645. Last season, the Tigers had figures of 194.768 (average) and 194.935 (RQS) through their first seven meets.
- Through seven meets in 2016, the Tigers have notched 76 individual scores of 9.8 or higher, which calculates to 46.5 percent of all routines.
- Freshman Morgan Porter leads the Tigers with 17 scores of 9.8 or higher.

- Mizzou scored a season high 196.625 at the State of Missouri Meet on Feb. 5, a score that stands as the eight-highest in program history and the highest team score since 2010.
- ▶ The Tigers also closed the meet with a 49.475 on floor, a season high by 0.4 and the fifth-best event total in program history.
- Mizzou won its first-ever SEC dual meet on Jan. 22 in a 195.800-195.350 win over then-No. 9 Georgia at Mizzou Arena
- The Tigers opened 2016 with a 195.350-195.075 win over No. 15 Illinois on Jan. 8. The score tied the program record for highest opening meet team total in program history. The 2004 squad also opened its season with the same score.
- Head Coach Shannon Welker is in his third season at the helm of the Tiger program. Welker led Mizzou to the nation's biggest improvement in 2015, as the squad finished 21st in the national rankings after coming in 41st at the end of the 2014 campaign.
- Youth will be served in 2016, as over half (eight) the 15-person roster are freshmen. Additionally, 12 of the team's gymnasts are freshmen or sophomores in 2016.
- The Tigers will face a tough schedule once again, with regular season matchups against seven teams ranked in the preseason coaches poll top 10.



QUICK FACTS

Location	Columbia, Mo.
Founded:	1839
Enrollment:	35,441
Nickname:	Tigers
Colors:	Old Gold and Black
Arena (Capacity):	Hearnes Center (13,611)
Conference:	Southeastern
2014 Record:	6-7 (regular season)
SEC Record (Finish):	0-7
Letterwinners Returning / Los	st:6/6

Mizzou Coaching Staff

Head Coach:	Shannon Welker (3rd Season)
Alma Mater	Illinois-Chicago, 1998
Missouri Record (regu	lar season): 17-20 (3rd Season)
Overall Record:	Same
Assistant Coach:	John Carney (3rd Season)
Assistant Coach: Ca	asey Jo MacPherson (3rd Season)
Volunteer Asst. Coach	Adrianne Perry (2nd Season)

Mizzou Administration

Interim President:	Michael Middleton
Interim Chancellor:	Hank Foley
Director of Athletics:	Mack Rhoades
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SEC STANDINGS

TEAM	RECORD (SEC)	AVG.	HIGH
Georgia	4-3 (4-1)	196.182	197.525
LSU	7-2 (3-1)	196.721	197.425
Florida	5-1 (3-1)	197.258	198.175
Auburn	5-4 (2-2)	196.353	197.275
Alabama	4-4 (2-3)	196.959	197.525
Arkansas	3-5 (2-3)	196.168	196.775
Missouri	5-6 (1-3)	195.646	196.625
Kentucky	2-4 (1-4)	195.130	196.050

2016 MIZZOU GYMNASTICS ROSTER

Name	Yr.	Ht.	Pos.	Hometown / Last School
Tia Allbritten	So.	5-2	AA	Garland, Texas / Bridgeway Academy
Allison Bower	Fr.	5-0	AA	Mesa, Ariz. / Basha
Blair Elmore	Sr.	5-6	AA	Houston, Texas / Clear Lake
Kennedi Harris	So.	5-0	AA	Atlanta, Ga. / Milton
Alyson Heimsath	Jr.	5-2	AA	Houston, Texas / Conroe
Madeleine Huber	Fr.	5-5	AA	St. Louis, Mo. / Seton Home Study School
Brooke Kelly	Fr.	5-1	AA	Birmingham, Ala. / Leeds
Angie Kern	Jr.	5-4	AA	Columbia, Mo. / Rock Bridge
Xarria Lewis	Fr.	5-4	AA	Columbia, Mo. / Hickman
Shauna Miller	So.	5-2	AA	Knoxville, Tenn. / Farragut
Morgan Porter	Fr.	5-2	AA	Overland, Mo. / Ritenour
Becca Schugel	So.	5-3	AA	Eagan, Minn. / Eagan
Michaelee Turner	Fr.	5-6	AA	Parkville, Mo.
Britney Ward	Fr.	5-3	AA	Ozark, Mo. / Homeschooled
Storee Yzaguirre	Fr.	5-6	AA	Aubrey, Texas / Aubrey

HEAD COACH: Shannon Welker (3rd season)
ASSISTANT COACH: John Carney (3rd season)
ASSISTANT COACH: Casey Jo MacPherson (3rd season)
VOLUNTEER ASSISTANT COACH: Adrianne Perry (2nd season)

DIRECTOR OF OPERATIONS: Briana Conkle (1st season)

STUDENT COACH: Hannah Finnegan (3rd season) STUDENT COACH: Miranda Eubank (1st season) STUDENT TEAM MANAGER: Sarah Crayton (1st season)

LAST TIME OUT

- The Mizzou gymnastics team suffered a 196.050-194.675 loss at Kentucky on Feb. 21
- During the meet, the Tigers notched a season-high vault total of 49.100, bettering the 49.025 the squad notched against Alabama and at the Metroplex Challenge
- Freshman Brittany Ward earned her team-leading eighth event crown of the season after notching a 9.875 on vault to take first. She also placed second on beam with a 9.875 as well
- Freshman Morgan Porter earned scores of 9.850 on vault and bars and 9.800 on floor against the Wildcats, with the vault score standing as a new best
- Additionally, sophomore Becca Schugel tied her beam career high with a 9.825

LOOKING AT THE OPPONENT...FLORIDA

- The Gators enter Friday's meet ranked second in the nation with a 197.258 average
- Last time out, Florida defeated Arkansas, 197.450-195.900
- The team also ranks second nationally on bars and beam, third on vault and fourth on floor

UP NEXT

Mizzou travels to Auburn, Ala., to face the No. 8 Auburn Tigers at 7 p.m. CT on Friday, Feb. 26.

TIGERS COME IN AT 19TH IN THE NATIONAL RANKINGS

- Mizzou is ranked 19th in this week's national rankings.
- The Tigers jumped dropped four spots after tallying a 194.675 at Kentucky last week.
- Missouri has now been ranked in the top 20 in each of the five in-season rankings of 2016. Last season, the Tigers did not crack the top 25 until Feb. 23 when in came in at No. 23.

PORTER ROCKING THE BARS

- ▶ A constant in the bars lineup this season, freshman Morgan Porter has not scored lower than a 9.800 in her freshman campaign
- ▶ The Overland, Mo., native leads the Tigers with a 9.854 average on the event, which ties her for 22nd nationally
- Porter earned a career high 9.900 at the Metroplex Challenge, and also has scores of 9.875 (twice), 8.850) (twice), 9.825 and 9.800.

TIGERS GO BIG AT STATE OF MISSOURI MEET

- ▶ The Tigers notched wins over Lindenwood (194.000) and Southeast Missouri (192.300) at the State of Missouri Meet on Feb. 5 as the squad notched a slew of season highs.
- Mizzou's team total of 196.625 marked the highest score for the team since 2010 (when it went 196.875 against Illinois State on Feb. 26) and also stands as the eight-highest score in program history.
- The Tigers closed the meet with a 49.475 on floor thanks to five scores of 9.850 or high and three scores of 9.900 or higher. The tally is the fifth-highest floor total in Mizzou history and the highest since that same meet in 2010 (49.500). The other top three floor scores all came during the 2004 campaign.
- Mizzou also notched a season best 49.250 on bars, which tied for the seventh-highest score in program history. the total was the highest since the Tigers went 49.300 against George Washington on Feb. 21, 2014.
- Individually, eight different Tigers set or tied 11 career marks during the meet. Freshman Allison Bower led the way with highs on all three of her events (9.850 on floor and 9.825 on bars and beam), while classmate Madeleine Huber had two (9.875 on bars and 9.775 on vault.
- Other Tigers who set or tied career highs included freshman Morgan Porter (9.950 on floor), sophomore Kennedi Harris (9.925 on floor), sophomore Becca Schugel (9.900 on bars), freshman Michaelee Turner (9.900 on floor), freshman Britney Ward (9.900 on beam) and freshman Xarria Lewis (9.775 on vault).

MIZZOU CONTINUES TO RISE UNDER WELKER

- Mizzou's rise under third-year Head Coach Shannon Welker continues seven meets into the 2016 campaign.
- ▶ Last season, the Tigers were the nation's most improved team, jumping a full 20 spots (41 to 21) in the 2014 and 2015 rankings.
- ▶ The improvement didn't stop there, as the 2016 Tigers are improved over even the 2015 squad.
- ▶ So far this season, Mizzou owns a scoring average of 195.646 and an RQS (one of the few teams with an RQS at this point of the season) of 195.645.
- ▶ Seven meets into 2015, the Tigers owned a scoring average of 194.768 and an RQS of 194.935, year-to-year improvements of over a full point.

MIZZOU NOTCHES FIRST-EVER SEC DUAL WIN

- Mizzou's 195.800-195.350 win over then-No. 9 Georgia on Jan. 22 marked the program's first-ever Southeastern Conference dual win since the Tigers joined the league for the 2013 season.
- Missouri has twice beaten Kentucky in the SEC Championships (2013 and 2015) but never defeated an SEC foe during the regular season until last Friday.
- The Tigers were 0-20 before the win over the Gymdogs.
- ► The team's narrowest loss in that span was a 194.250-194.125 loss to Arkansas on March 1, 2013.

FEB. 15 RANKINGS

Rank	Team	Avg.	High
1	Oklahoma	197.428	197.925
2	Florida	197.258	198.175
3	Michigan	196.993	197.425
4	Alabama	196.959	197.525
5	Utah	196.729	197.150
6	LSU	196.721	197.425
7	UCLA	196.671	197.475
8	Auburn	196.357	197.275
9	Boise State	196.210	196.425
10	Georgia	196.182	197.525
11	Arkansas	196.168	196.700
12	Stanford	195.971	196.675
13	Denver	195.954	196.675
14	Nebraska	195.875	196.775
15	California	195.730	196.825
16	Oregon State	195.721	196.350
17	George Wash.	195.675	196.175
18	Minnesota	195.658	196.300
19	Missouri	195.646	196.625
20	Arizona	195.442	196.475
21	Eastern Michigan	195.418	196.600
22	Kentucky	195.357	196.050
23	Southern Utah	195.317	195.975
24	lowa	195.272	196.650
<i>25</i>	Illinois-Champaigi	n 195.263	195.725
26	Ohio State	195.250	196.350
27	West Virginia	195.158	195.800
28	Penn State	195.070	195.925
29	New Hampshire	195.018	196.075
30	Washington	194.896	196.250
31	Utah State	194.817	195.425
32	Central Michigan	194.682	195.400
33	Iowa State	194.625	195.650
34	Kent State	194.610	196.050
35	BYU	194.596	195.575
36	Western Michigar	194.375	195.275

Italics denotes 2016 regular season opponent

INDIVIDUAL SEASON AND CAREER HIGHS

	<u>SEASON</u>				<u>CAREER</u>					
	VAULT	BARS	BEAM	FLOOR	AA	VAULT	BARS	BEAM	FLOOR	AA
Tia Allbritten	-	(9.575)	9.800	-	-		(9.575)	9.850	-	-
Allison Bower	-	9.825	9.825	9.850	-	-	9.825	9.825	9.850	
Blair Elmore	-	-	-	-	-	9.650	9.775	9.775	9.775	38.600
Kennedi Harris	9.875	-	-	9.925	-	9.875	-	-	9.925	-
Alyson Heimsath	-	-	-	-	-	9.775	-	9.825	9.900	
Madeleine Huber	9.775	9.875	-	(9.725)	-	9.775	9.875	-	(9.725)	-
Brooke Kelly	(9.625)	9.875	9.875	9.825	38.325	(9.625)	9.875	9.875	9.825	38.325
Angie Kern	9.825	-	-	9.850	-	9.850	-	-	9.875	
Xarria Lewis	9.775	-	-	-	-	9.775	-	-	-	-
Shauna Miller	9.850	9.800	9.750	-	-	9.975	9.900	9.850	9.850	39.325
Morgan Porter	9.850	9.900	9.800	9.950	39.250	9.850	9.900	9.800	9.950	39.250
Becca Schugel	-	9.900	9.825	-	-	9.900	9.900	9.825	9.875	39.300
Michaelee Turner	-	(9.725)	(9.750)	9.900	-		(9.725)	(9.750)	9.900	-
Britney Ward	9.925	-	9.900	-	-	9.925	-	9.900	-	
Storee Yzaguirre	-	-	(9.625)	-	-	-	-	(9.625)	-	

MIZZOU GYMNASTICS

2016 INDIVIDUAL HIGHS

VAULT	SCORE	DATE
Ward	9.925	Jan. 15
Harris	9.875	2x, MR Jan. 30
Miller	9.850	Jan. 8
Porter	9.850	Feb. 12
BARS	SCORE	DATE
Porter	9.900	Jan. 30
Schugel	9.900	Feb. 5
Huber	9.875	Feb. 5
Kelly	9.875	Jan. 8
- /		
BEAM	SCORE	DATE
Ward	9.900	2x, MR Jan. 22
Kelly	9.875	Jan. 30
Bower	9.825	Feb. 5
Schugel	9.825	Jan. 22
<u>FLOOR</u>	SCORE	DATE
Porter	9.950	Feb. 5
Harris	9.925	2x, MR Feb. 5
Turner	9.900	Feb. 5
ALL-AROUND	SCORE	DATE
Porter	39.250	Jan. 10
Kelly	38.325	Jan. 10
Rolly	00.020	Juli. 10

2016 TEAM HIGHS

TEAM Score	Meet
196.050	at Alabama (Jan. 15)
VAULT	
Score	Meet
49.100	at Kentucky (Feb. 12)
BARS	
Score	Meet
49.175	vs. Illinois (Jan. 8)
BEAM	
Score	Meet
49.075	at Alabama (Jan. 15)
FLOOR	
Score	Meet
49.075	2x, MR at Metropelx Challenge (Jan. 30)

MIZZOU WITH 76 9.8 SCORES OR HIGHER ON THE SEASON

- ▶ Seven meets into the 2016 season, Mizzou has tallied 76 individual scores of 9.8 or higher so far this year.
- Those 76 routines mean that 45.2 percent of all Tiger routines have scored a 9.8 or higher in 2016.
- Freshman Morgan Porter paces the team with 17 scores of 9.8 or higher on the young season, while classmate Brooke Kelly has 11. Sophomore Kennedi Harris and freshman Britney Ward both have 10.
- Additionally, the Tigers have notched 10 scores of 9.900 or higher, led by four from Ward (three on beam, one on vault) and three from Harris (all on floor).

TIGERS RECORD TOP-10 WIN

- Mizzou's 195.800-195.350 win over No. 9 Georgia also marked the program's first win over a top-10 opponent since 2012.
- ▶ During that season, the Tigers defeated No. 9 Arkansas, 196.100-195.450, on March 16, 2012 at the Hearnes Center.
- Earlier that season, Missouri also defeated No. 4 Nebraska, 195.725-194.550, on Jan. 28 in Lincoln, Neb.
- ▶ The win was not the first time the Tigers earned an upset over the Gymdogs. In the 2010 NCAA Columbia Regional, Missouri placed first (196.500) while No. 4 Georgia tied for second (196.275).

BRITNEY WARD TWICE RECOGNIZED BY SEC

- One week after claiming SEC Specialist of the Week honors, freshman Britney Ward was named the Southeastern Conference Freshman of the Week on Jan. 26.
- Ward claimed two event titles in Mizzou's win over No. 9 Georgia on Jan. 22. The freshman scored a 9.900 on beam to take the win and earned a 9.875 on vault to tie for the title on that event
- ▶ Her performance came just one week after winning the same events against Alabama on Jan. 15.
- ▶ Ward leads the Tigers with seven event wins in 2015, including four on beam and three on vault. In addition to her wins at Georgia and Alabama, she also won beam in the season opener against Illinois and at the State of Missouri Meet and tied for the vault crown at Lindenwood (9.825).

FRESHMEN MAKING AN IMPACT

- ▶ Through seven meets this season, Mizzou's big freshman class has accounted for 105 of the team's 168 routines, or 62.5 percent.
- Freshman Morgan Porter leads the way with 26 routines under her belt.
- ▶ Brooke Kelly is close behind with 22 routines.
- Other freshman contributing routines include Allison Bower (20), Britney Ward (14), Madeleine Huber (12), Michaelee Turner (seven) and Xarria Lewis (four).
- ▶ Sophomores have contributed 29.2 percent (49) of routines, while the juniors 8.3 percent (14) in the five meets.

TIGERS OPEN 2016 WITH WIN OVER NO. 15 ILLINOIS

- ▶ Mizzou opened the 2016 season in style with a 195.350-195.075 win over No. 15 Illinois on Jan. 8 at the Hearnes Center.
- ▶ The Tigers' score of 195.350 tied the program's highest opening meet score ever. The team also tallied the same total in the 2004 season opener.
- Mizzou's meet was highlighted by a 49.175 on bars in the second rotation, a total that was the highest for the team since it scored a 49.200 midway through the 2014 campaign.
- ▶ Sophomores Kennedi Harris and Shauna Miller and freshman Britney Ward all won or tied for event titles against the Fighting Illini. Miller claimed top honors on vault after a 9.850, Ward tied for first on beam after a 9.850 and Harris tied for the floor crown after a score of 9.900.
- Overall, Mizzou recorded nine individual scores of 9.800 or higher, including two from Miller and freshman Brooke Kelly.

MIZZOU MADE ENORMOUS STRIDES IN 2015

- ▶ The Mizzou Tigers were the nation's most improved team in 2015, finishing the season 21st in the national rankings only a year after finishing 41st in 2013. The 20-spot jump was the largest of any women's gymnastics program in the country.
- ▶ The Tigers scored over 195 in 10 of the team's 13 meets a season ago after reaching the mark only four times combined in the 2013 and 2014 seasons.
- Additionally, Missouri reached the 196 mark twice in 2015, a feat the squad had not accomplished since 2012.
- Mizzou also returned to NCAA competition as the team qualified for its first NCAA Regional since 2012. At the Normal Regional, the Tigers took fourth with a score of 196.100, the second-highest NCAA Regional score ever.

MIZZOU GYMNASTICS

TIGERS ON TV

- Mizzou will have five meets televised on the SEC Network this season.
- The Tigers make their TV debut on Friday, Jan. 15 in a 6 p.m. CT meet at Alabama.
- Missouri next appears on the SEC Network on Fri., Feb. 12 as the Tigers travel to Lexington, Ky., to face Kentucky.
- Additionally, the Tigers' home meet against three-time defending national champions Florida on Feb. 19 will be aired live on the network.
- For the first time, both sessions of the 2016 SEC Championships will be aired live after the event was streamed a year ago.
- ▶ Additionally, all remaining Tigers' home meets and all SEC away meets will be available on SEC Network + and WatchESPN.

THE 2016 SCHEDULE

- Mizzou will host five meets in 2016, including Friday's Beauty and the Beast and a clash against Georgia at Mizzou Arena. Other home competitions include the State of Missouri Meet (against Lindenwood and Southeast Missouri State). Florida and Arkansas.
- Mizzou travels to SEC foes Alabama, Kentucky and Auburn, takes on Oklahoma, LSU, Stanford and Washington in the Metroplex Challenge, and close the year the regular season at Western Michigan.
- Overall, the Tigers face 10 teams ranked in the preseason coaches poll, including seven of the poll's top 10 teams

TIGERS SIGN THREE FOR 2017

- Mizzou signed three student-athletes to National Letters of Intent, Head Coach Shannon Welker announced on Thursday, Nov. 12.
- Mizzou's three-member signing class includes Rachel Ley (Trophy Club, Texas), Aspen Tucker (Leigh Acres, Fla.) and Alyssa Johnson (Rogers, Minn.).
- We are very excited about these future Tigers," Welker said. "They bring a lot of powerful and dynamic gymnastics along with a true passion to compete. We cannot wait to see the positive impact they have on Mizzou Gymnastics and our culture of excellence."

RACHEL LEY

- ▶ Won the beam title at the 2014 Zenith Classic Invitational
- Placed 10th in the all-around at the 2013 JO National Invitational Tournament
- ▶ Won the 2011 and 2012 Region 9 Championships
- Finished fourth in the all-around at the 2011 Western Championships
- ▶ Boasts best Level 10 scores of 37.725 in the all-around, 9.450 on vault, 9.650 on bars, 9.375 on beam and 9.500 on floor

ASPENTUCKER

- ▶ Tied for seventh on vault at the 2015 Region 8 Championships
- Placed second on both bars and beam and third in the all-around at the 2015 Florida State Championship
- ▶ Claimed the 2014 Florida State beam title
- Finished third on vault at the 2013 JO National Invitational Tournament
- ▶ Boasts Level 10 career high scores of 38.025 in the all-around, 9.725 on vault, 9.575 on bars, 9.525 on beam and 9.575 on floor
- ▶ Father played professional baseball for seven different teams, including the Kansas City Royals and Atlanta Braves

ALYSSA JOHNSON

- ▶ Two-time Level 10 JO National qualifier
- Placed 10th on vault and 18th in the all-around at 2015 JO Nationals
- ► Claimed the all-around and bars titles and placed second on beam, third on floor and fourth on vault at the 2015 Region 4 Championships
- Finishes 10th in the all-around at the 2013 JO National Invitational Tournament
- ▶ Won the 2011 and 2012 Level 9 Region 4 bar titles
- ▶ Boasts career best Level 10 scores of 38.000 in the all-around, 9.750 on vault, 9.525 on bars, 9.575 on beam and 9.625 on floor

2016 EVENT WINS

BRITNEY WARD (8)

Vault: Lindenwood, Alabama, Georgia, Kentucky Beam: Illinois, Alabama, Georgia, Lindenwood/ SFMO

MORGAN PORTER (6)

All-Around: Lindenwood, Alabama Vault: Lindenwood, Lindenwood/SEMO

Bars: Lindenwood

Floor: Lindenwood/SEMO

KENNEDI HARRIS (4)

Vault: Lindenwood/SEMO

Floor: Illinois, Lindenwood, Georgia

BECCA SCHUGEL (1)

Bars: Lindenwood/SEMO

CAREER EVENT WINS

SHAUNA MILLER: 13

All-Around: 3 Vault: 4

Bars: 3

Beam: 2 Floor: 1

BECCA SCHUGEL: 8

All-Around: 3

Bars: 2 Vault: 1 Beam: 1

Floor: 1

BRITNEY WARD: 8

Beam: 4 Vault: 4

KENNEDI HARRIS: 7

Floor: 6 Vault: 1

MORGAN PORTER: 6

All-Around: 2

Vault: 1 Bars: 1 Floor: 1

ALYSON HEIMSATH: 1

Beam: 1

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MIZZOU GYMNASTICS

2016 MEET BY MEET RESULTS

	Overall: 5-6 Season High: 196.625	SEC: 1-3 Vault High: 49.100	Home: ⁴ Bars Hi	l-0 gh: 49.250	Away: 1-2 Beam High: 49		al: 0-4 High: 49.475	
DATE	TEAMS	RESULT	TOTAL	VAULT	BARS	BEAM	FLOOR	ATT.
Jan. 8	Missouri		195.350	48.600	49.175	48.625	48.950	2,828
	Illinois	W	195.075	48.325	48.825	48.950	48.975	
Jan. 10	Missouri		195.200	48.750	48.825	48.700	48.925	1,062
	Lindenwood	W	192.000	48.125	47.450	48.450	47.975	
Jan. 15	Alabama	L	197.175	49.350	49.175	49.150	49.500	10,860
	Missouri		196.050	49.025	49.050	49.075	48.900	
Jan. 22	Missouri		195.800	48.775	49.025	48.925	49.075	3,059
	Georgia	W	195.350	49.275	49.175	47.675	49.225	
Jan. 30	Oklahoma	L	197.550	49.325	49.525	49.200	49.500	
	LSU	L	196.750	49.450	49.325	48.600	49.750	
	Washington	L	196.175	48.800	49.150	49.250	48.975	
	Stanford	L	196.075	48.900	49.300	49.300	48.575	
	Missouri		195.825	49.025	49.150	48.575	49.075	
Feb. 5	Missouri		196.626	48.850	49.250	49.050	49.475	1,201
	Lindenwood	W	194.000	48.425	48.700	48.500	48.375	
	Southeast Missouri	W	192.300	47.725	48.250	48.025	48.600	
Feb. 12	Kentucky	L	196.050	48.925	48.900	49.200	49.025	
	Missouri		194.675	49.100	48.800	48.625	48.150	

2016 INDIVIDUAL STATISTICS

TIA ALLBRITTEN

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	-	9.675	-	-
at Lindenwood	-	-	9.750	-	_
at Alabama	-	-	9.750	-	-
Georgia	-	-	9.750	-	_
at Metroplex Challenge	-	-	9.800	-	_
Lindenwood/SEMO	-	-	9.750	-	_
at Kentucky	-	-	9.575	-	-
Florida	-	-	-	-	_
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	_
at Western Michigan	-	-	-	-	_
SEC Championship	-	-	-	-	-
Average	-	-	9.721	-	_
RQS	-	-	-	-	_
Season High	-	-	9.800	-	_
Career High	-	-	9.850	-	

ALLISON BOWER

		_	_		
Meet	Vault	Bars	Beam	Floor	<u>AA</u>
Illinois	-	9.550	(9.700)	9.375	
at Lindenwood	-	9.750	9.750	9.775	
at Alabama	-	9.725	9.800	9.600	_
Georgia	-	9.750	9.675	9.675	
at Metroplex Challenge	, -	9.750	9.800	9.775	_
Lindenwood/SEMO	-	9.825	9.825	9.825	_
at Kentucky	-	9.650	9.725	9.725	_
Florida	-	-	-	-	
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	-
Average	-	9.714	9.763	9.682	
ROS	-	-	-	-	
Season High	-	9.825	9.825	9.850	
Career High	-	9.825	9.825	9.850	
-					

KENNEDI HARRIS

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.675	-	-	9.900	-
at Lindenwood	9.775	-	-	9.875	
at Alabama	9.875	-	-	9.850	_
Georgia	9.750	-	-	9.925	
at Metroplex Challenge	e 9.875	-	-	9.850	
Lindenwood/SEMO	9.800	-	-	9.925	_
at Kentucky	9.850	-	-	8.975	
Florida	-	-	-	-	
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	_
Average	9.800	-	-	9.757	
RQS	-	-	-	-	
Season High	9.875	-	-	9.925	-
Career High	9.875	-	-	9.925	

MADELEINE HUBER

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.700	9.850	-	-	
at Lindenwood	-	9.750	-	-	
at Alabama	9.725	9.825	-	-	
Georgia	-	9.800	-	-	
at Metroplex Challenge	8.825	9.750	-	-	
Lindenwood/SEMO	9.775	9.875	-	-	
at Kentucky	9.725	9.750	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
<u>Average</u>	9.550	9.800	-	-	
RQS	-	-	-	-	
Season High	9.775	9.875	-	-	
Career High	9.775	9.875	-	-	

BROOKE KELLY

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	9.875	9.275	9.800	
at Lindenwood	9.050	9.750	9.850	9.675	38.325
at Alabama	-	9.825	9.850	9.775	
Georgia	-	9.850	8.900	9.825	
at Metroplex Challeng	e -	9.850	9.875	9.800	
Lindenwood/SEMO	-	9.325	9.825	9.750	
at Kentucky	-	9.675	8.550	9.750	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
<u>Arkansas</u>	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.050	9.736	9.596	9.768	38.325
RQS	-	-	-	-	
Season High	9.050	9.875	9.875	9.825	38.325
Career High	9.050	9.875	9.875	9.825	38.325

ANGIE KERN

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.725	-	-	9.725	
at Lindenwood	9.700	-	-	9.775	
at Alabama	9.750	-	-	8.950	
Georgia	9.600	-	-	9.825	
at Metroplex Challeng	e 9.825	-	-	9.825	
Lindenwood/SEMO	9.700	-	-	9.850	
at Kentucky	9.800	-	-	9.750	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	_
Average	9.729	-	-	9.671	
RQS	-	-	-	-	
Season High	9.825	-	-	9.850	
Career High	9.850	-	-	9.875	

2016 INDIVIDUAL STATISTICS

XARRIA LEWIS

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	-	-	-	
at Lindenwood	-	-	-	-	
at Alabama	-	-	-	-	
Georgia	9.775	-	-	-	
at Metroplex Challeng	e 9.775	-	-	-	
Lindenwood/SEMO	9.775	-	-	-	
at Kentucky	9.725	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.762	-	-	-	
RQS	-	-	-	-	
Season High	9.775	-	-	-	
Career High	9.775	-	-	-	

SHAUNA MILLER

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.850	9.800	9.750	-	
at Lindenwood	9.625	9.775	9.550	-	-
at Alabama	9.700	9.750	-	-	_
Georgia	9.650	9.725	9.775	-	_
at Metroplex Challenge) -	9.800	-	-	-
Lindenwood/SEMO	-	9.775	9.750	-	_
at Kentucky	-	9.800	9.625	-	_
Florida	-	-	-	-	-
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	_
at Western Michigan	-	-	-	-	_
SEC Championship	-	-	-	-	
Average	9.706	9.775	9.690	-	
RQS	-	-	-	-	_
Season High	9.850	9.800	9.775	-	
Career High	9.975	9.900	9.850	9.850	39.325

MORGAN PORTER

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.650	9.875	9.650	9.725	38.900
at Lindenwood	9.825	9.800	9.800	9.825	39.250
at Alabama	9.750	9.850	9.775	9.825	39.200
Georgia	9.725	9.825	-	9.825	
at Metroplex Challeng	e 9.775	9.900	9.250	9.825	38.750
Lindenwood/SEMO	9.800	9.875	9.175	9.950	38.800
at Kentucky	9.850	9.850	-	9.800	_
Florida	-	-	-	-	_
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	_
at Western Michigan	-	-	-	-	_
SEC Championship	-	-	-	-	_
Average	9.768	9.854	9.530	9.825	38.980
ROS	-	-	-	-	
Season High	9.850	9.900	9.800	9.950	39.250
Career High	9.850	9.900	9.800	9.950	39.250

BECCA SCHUGEL

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	9.775	9.700	-	-
at Lindenwood	-	9.725	-	-	-
at Alabama	-	9.800	9.700	-	-
Georgia	-	9.800	9.825	-	-
at Metroplex Challenge	-	9.850	9.200	-	-
Lindenwood/SEMO	-	9.900	-	-	-
at Kentucky	-	9.725	9.825	-	-
Florida	-	-	-	-	-
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	-
Average	-	9.796	9.650	-	
RQS	-	-	-	-	
Season High	-	9.900	9.825	-	
Career High	9.900	9.900	9.825	9.875	-

MICHAELEE TURNER

<u>Meet</u>	Vault	Bars	Beam	Floor	AA
Illinois	-	(9.725)	-	9.800	-
at Lindenwood	-	-	-	9.175	-
at Alabama	-	-	-	9.850	-
Georgia	-	-	(9.750)	9.625	-
at Metroplex Challenge	-	-	-	9.775	-
Lindenwood/SEMO	-	-	-	9.900	-
at Kentucky	-	-	-	9.125	-
Florida	-	-	-	-	-
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	-
Average	-	9.725	-	9.607	-
RQS	-	-	-	-	-
Season High	-	-	-	9.900	-
Career High	-	(9.725)	(9.750)	9.900	-

BRITNEY WARD

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.250	-	9.850	-	-
at Lindenwood	9.825	-	9.500	-	-
at Alabama	9.925	-	9.900	-	
Georgia	9.875	-	9.900	-	-
at Metroplex Challenge	9.775	-	9.850	-	-
Lindenwood/SEMO	9.225	-	9.900	-	_
at Kentucky	9.875	-	9.875	-	_
Florida	-	-	-	-	-
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	-
Average	9.671	-	9.825	-	-
RQS	-	-	-	-	-
Season High	9.925	-	9.900	-	
Career High	9.925	-	9.900	-	

TEAM AND INDIVIDUAL RECORDS

<u>TEAM</u>			INDIVIDUAL				
OTAL				ALL-	AROUND		
	197.475	at Texas Women's Invite		1			
	197.350		2/6/04		39.675	Sarah Shire at SEMO	
	197.125			3	39.650	Alisha Robinson at Mizzou Invite	3/6/
	197.000		2/29/04			Alisha Robinson at Cat Classic	
	196.875	vs. Illinois State		5	39.625		
	196.700	at Big 12 Championship				Sarah Shire at Oklahoma	
	196.675	at Michigan	3/16/07	7	39.600		
		vs. Lindenwood/SEMO				Sarah Shire vs. Iowa State	1/22/
	196.625	vs. Illinois	2/13/09				
)	196.600	vs. Arkansas	2/13/04	VAU			
				1	9.975	Shauna Miller vs. Auburn	2/20/
AULT						Alisha Robinson at Nebraska	
	49.375	at Texas Woman's Invite	3/12/04		0.050	Alisha Robinson vs. Arkansas	
	49.350		4/3/04	4	9.950	Shauna Miller vs. Kent State/Towson	1/9
		vs. Arkansas	2/13/04			Rachel Updike at Nebraska	
		at Nebraska				Rachel Updike at Winterfest	
	49.300	at Columbia Regional	4/10/10			Sarah Shire at Columbia Reg	
		at Cat Classic				Sarah Shire vs. SEMO	
	49 275	at Arkansas	3/13/05			Adrianne Perry vs. SEMO	
	49 250	at SEMO	1/30/15			Alisha Robinson at Arkansas	2/13
	40.200	vs. SEMO	2/6/00			Alisha Robinson at TWU Invite	3/12
		at Nebraska				Alisha Robinson at Big 12 Champ	
		at iveniaska	1/20/12				
				UNE	VEN BARS		
	I BARS	. T NA	0/40/04	1	9.950	Sarah Shire at Lady Luck Invite	1/15
	49.400	at Texas Woman's Invite				Alisha Robinson vs. Illinois	
	49.375	vs. Centenary				Alisha Robinson at TWU Invite	3/12
	49.350	at Northeast Regional				Jodie Heinicka at Cat Classic	2/6
	49.325		2/11/05	5.	9.925	Mary Burke at Lady Luck Invite	1/15
		vs. Arkansas				Sarah Shire vs. Centenary	
	49.300	vs. George Washington	2/21/14			Sarah Shire at Illinois	
	49.250	vs. Lindenwood/SEMO	2/5/16			Sarah Shire vs. Oklahoma	
		vs. Oklahoma	2/29/04			Adrianne Perry vs. Centenary	
		at Utah State	2/20/04			Jodie Heinicka vs. SEMO	
		at Cat Classic				Jodie Heinick vs. Iowa State	
		at Pittsburgh				Jodie Heinick vs. 10wa State	
			0,0,0.			Jodie Heinicka at Nebraska	
	T DEAM						
	E BEAM	ne :	0/44/05			Jodie Heinicka vs. Arkansas	
	_49.325	vs. Illinois	2/11/05			Andrea Nervig vs. Iowa State	
		at Mizzou Invitational				Alisha Robinson at Utah State	
		vs. Oklahoma				Alisha Robinson vs. Ball State	2/1/
	_49.275	vs. SEM0				Shannon Brown at Corvette Cup	3/5
	49.250	vs. Illinois					
	49.225	at Utah State		BAL	ANCE BEAM		
		at Cat Classic	2/6/04	1	10.000	Lauren Schwartzman at TWU	3/12
	49.175	at Cat Classic	2/23/07			Lauren Schwartzman vs. ISU	
		at Cat Classic	2/24/06	3	9.975	Lauren Schwartzman vs. Illinois	2/11
		at Centenary	1/20/06	4	9.950	Sarah Shire vs. Centenary	3/21
		vs. Illinois State				Sarah Shire vs. Illinois State	
		vo. minoro otato	1/20/00			Lauren Schwartzman at Cat Classic	2/24
00D E	VEDOLOE					Lauren Schwartzman vs. ISU	2/3
	XERCISE					Lauren Schwartzman at Cent.	
	_49.575	at Mizzou Invitational				Lauren Schwartzman vs. Okla.	2/29
		at Cat Classic	2/6/04			Edulen Conwartzman vo. Okta.	2/20
	_49.550	at Texas Women's Invite	3/12/04	FLOC	OR EXERCISE		
	49.500	vs. Ilinois State	2/26/10	1	9.975	Mary Burke vs. Illinois State	2/26
	49.475	vs. Lindenwood/SEMO	2/5/16	1	9.970		
	49.400	vs. Arkansas	3/16/12			Sarah Shire vs. Illinois State	
10.100	vs. Iowa State	1/22/10			Alisha Robinson at Cat Classic	2/0	
		vs. SEM0	125/04	-	0.050	Lauren Schwartzman at Cat Classic	
49.350	49.350	at Michigan	3/16/07	5	9.950	Morgan Porter vs. Lindenwood/SEMO	
		vs. Oklahoma	2/29/04			Sarah Shire at SEMO	
		vs. Iowa State				Sarah Shire Iowa State	
		vs. 10Wa รเลเซ	3/11/02			Adrianne Perry at Big 12 Champ	
						Lauren Schwartzman vs. SEMO	3/4
						Lauren Schwartzman vs. Okla	2/29
						Alisha Robinson vs. Illinois	2/11
						Alisha Robinson at Mizzou Invite	3/6
					Alisha Robinson at BYU	2/23	
					Alisha Robinson at Big 12 Champ.	3/20	
						Alisha Robinson vs. Iowa State	3/17
						Andrea Nervig at Mizzou Invite	
						ATIGICA INCINIU AL IVIIZZUU IIIVILU	3/0

Alisha Robinson vs. Iowa State Andrea Nervig at Mizzou Invite

_3/6/04

MIZZOU TV ROSTER



Tia Allbritten So. • 5-2 • AA Garland, Texas



Allison Bower
Fr. • 5-0 • AA
Mesa, Ariz.



Blair Elmore
Sr. • 5-6 • AA
Houston, Texas



Kennedi Harris So. • 5-0 • AA Atlanta, Ga.



Alyson Heimsath Jr. ● 5-2 ● AA Houston, Texas



Madeleine Huber Fr. • 5-5 • AA St. Louis, Mo.



Brooke KellyFr. • 5-1 • AA
Birmingham, Ala.



Angie KernJr. • 5-4 • AA
Columbia, Mo.



Xarria Lewis
Fr. • 5-4 • AA
Columbia, Mo.



Shauna Miller
So. • 5-2 • AA
Knoxville, Tenn.



Morgan Porter
Fr. • 5-2 • AA
Overland, Mo.



Becca Schugel So. • 5-3 • AA Eagan, Minn.



Michaelee Turner
Fr. • 5-6 • AA
Parkville, Mo.



Britney WardFr. • 5-3 • AA
Ozark, Mo.



Storee Yzaguirre
Fr. • 5-6 • AA
Aubrey, Texas



Shannon WelkerHead Coach
Third Season



John Carney Assistant Coach Third Season



Casey Jo MacPherson
Assistant Coach
Third Season