



MISSOURI INVITATIONAL

Friday January 20th, 2017
Hearnes Center Fieldhouse // Columbia, Mo.

TENTATIVE MEET SCHEDULE

FIELD EVENTS

2:00 p.m.	Men's Weight Throw	(Women to Follow)
	Women's Long Jump	(Men to Follow)
	Men's Pole Vault	(Women to Follow)
	Women's High Jump	(Men to Follow)
To Follow WT	Men's Shot Put	(Women to Follow)
To Follow LJ	Women's Triple Jump	(Men to Follow)

RUNNING EVENTS

Rolling Schedule

3:00 p.m.	60m Hurdles - PRELIM	Men will go first in all running events, women will follow
	60m Dash - PRELIM	
	Mile Run	
	60m Hurdles - FINAL	
	400m Dash	
	60m Dash - FINAL	
	800m Run	
	200m Dash	
	3000m Run	
	4x400m Relay	

Minimum Marks

* Use of minimum marks will be dependent on field size

Progressions

Men's High Jump	Women's High Jump	Men's Pole Vault	Women's Pole Vault	Men's Shot Put
1.87m (6-1.50)	1.56m (5-1)	4.00m (13-1.50)	3.06m (10-0.50)	13.50m (44-3.50)
1.92m	1.61m	4.15m	3.21m	Women's Shot Put
1.97m	1.66m	4.30m	3.36m	12.00m (39-4.50)
2.02m	1.71m	4.45m	3.51m	Men's Weight Throw
2.07m	1.76m	4.60m	3.66m	14.00m (45-11)
2.12m	1.81m	4.75m	3.81m	Women's Weight Throw
+ 3cm	+ 3cm	4.90m	3.96m	13.50m (44-3.50)
		5.05m	4.06m	
		5.20m	+ 10cm	
		+ 10cm		

