2016 POSTSEASON GUIDE





UNIVERSITY OF MISSOURI

Location	Columbia, Mo.
Founded	
Enrollment	35,441 (2014)
Nickname	Tigers
Colors	Old Gold and Black
Affiliation	Division I
Conference	Southeastern (SEC)
Interim President	Mike Middleton
Interim Chancellor	Hank Foley
Director of Athletics	Jim Sterk
Department Phone	573-882-6501
Athletics Website	MUTigers.com

STRATEGIC COMMUNICATIONS

Associate Athletics Director	Chad Moller
Cross Country Contact	Andrew Melroe
Office Phone	573-882-7167
E-Mail	melroea@missouri.edu
Mailing Address	302 Hearnes Center
	Columbia, MO 65211

SOCIAL MEDIA

Track & Field Twitter	@MIZ_TrackField
Track & Field Facebook	MizzouTrack Field
Mizzou Athletics Twitter	@MizzouAthletics
Mizzou Athletics Facebook	Mizzou Athletics

Team Placings at the NCAA

Championships		Women	
Men		1981	9th
1967	6th	1984	7th
1968	11th	1995	22nd
1969	22 nd	1996	21st
1970	6th	1997	15th
1973	19th	1998	21st
1977	18th	1999	23rd
1998	27 th	2000	16th
1999	28th	2002	16th
2000	27 th	2003	12th
		2004	11th

COACHING STAFF



Marc Burns, Head Coach

Years at Missouri: Third Year Event Area: Distance, Mid-Distance Alma Mater: Loyola University, Chicago ('91)



Eileen Halter, Assistant Coach

Years at Missouri: Second Year Event Area: Distance, Mid-Distance Alma Mater: Washington University ('99) University of Miami ('08)



Brett Halter, Track and Field Head Coach

Years at Missouri: 24th Year Event Area: Throws Alma Mater: Indiana University of Pennsylvania ('93)

University of Missouri ('96)

SUPPORT STAFF

Student Coach	Will Crocker
Recruiting Coordinator	Stephen Smith
Director of Operations	Celia M'Boua
Athletic Trainer	Alex Williams
Athletic Trainer	Lauren Shippman
Student Manager	Alex Pierce
Student Manager	
Photographer	Jeff Curry
1 Hotographor	Oon ouny

NCAA All-Americans

1939	
John Munski	2nd
1948	
Bill McGuire	N/A
1952	
John Piper	15th
1955	
Keith Bacon	1st
1956	
John Sanders	13th
1960	
Robert Hannekan	10th
1967	
Glenn Ogden	15th
1972	
Charlie McMullen	13th

1981	
Andrea Fischer	11th
1982	
Sabrina Dorhnoefer	19th
1983	
Sabrina Dornhoefer	5th
Andrea Fischer	6th
1984	
Sabrina Dornhoefer	9th
Andrea Fischer	11th
1989	
Susan Bliss	4th
1990	
Susan Bliss	3rd
2001	
Ann Maries Brooks	29th
2003	
Amanda Bales	23rd

2016 MIZZOU ROSTER

MEN	PRONUNCIATION	YEAR	HOMETOWN (LAST SCHOOL)
Jordan Cook		RS Sr.	Columbia, Mo. (Rock Bridge HS)
Zach Cook		RS So.	Columbia, Mo. (Rock Bridge HS)
Marc Dubrick	Doo-brick	RS Jr.	DeKalb, III (DeKalb HS)
Sheldon Keence	Ken-ce	RS Jr.	St. Charles, Mo. (St. Charles West HS)
Ollie Lockley		Sr.	Colby, Isle of Man
Luca Russo	Lu-cah Rue-so	Sr.	Kent, England
Drew White		RS Sr.	Crystal City, Mo. (Festus HS)
Michael Widmann	WID-man	RS Fr.	Naperville, III. (Neuqua Valley HS)
WOMEN	PRONUNCIATION	YEAR	HOMETOWN (LAST SCHOOL)
Teylar Adelsberger	ADD-els-berger	Sr.	O'Fallon, Mo. (Ft. Zumwalt South HS)
Ellyn Atkinson	•	RS Jr.	Springfield, Mo. (Glendale HS)
Kaitlyn Fischer		RS Jr.	Pevely, Mo. (Herculaneum HS)
Valeska Halamicek	Hall-eh-mah-check	RS Jr.	Welson Spring, Mo. (Francis Howell HS)
Jamie Kempfer		Jr.	Festus, Mo. (Festus HS)
Jordyn Kleve		RS Fr.	Urbandale, Iowa (Johnson HS)
Nicole Mello		Sr.	Columbia, Mo. (Hickman HS)
Karissa Schweizer		Jr.	Urbandale, Iowa (Dowling Catholic HS)
Hannah Thomas		So.	Urbandale, Iowa (Dowling Catholic HS)

2016 SCHEDULE

September 2	Hawkeye Invitational	Iowa City, Iowa
September 17	Commodore Classic	Nashville, Tenn.
October 1	Chile Pepper Festival	Fayetteville, Ark.
October 14	Bradley Classic	Peoria, III.
October 15	Pre-National Invitational	Terre Haute, Ind.
October 28	SEC Championships	Fayetteville, Ark.
November 11	NCAA Midwest Regional Championships	Iowa City, Iowa
November 19	NCAA Championships	Terre Haute, Ind.

2016 MEN'S ROSTER

JORDAN COOK

RS Senior // Columbia, Mo. (Rock Bridge HS) 8,000m PR - 24:09.90 // Pre-National Invitational (10/17/15) 10,000m PR - 31:25.90 // NCAA Midwest Regional (11/13/15)

- ▶ Earned best finish of the year at the Chile Pepper Festival, finishing 36th with a time of 25:07.82
- ▶ Finished third for Mizzou at the Pre-National Invitational





ZACH COOK

RS Sophomore // Columbia, Mo. (Rock Bridge HS) 8,000m PR - 25:39.80 // Commodore Classic (9/17/16)

- ▶ Posted his best 8k time of the season at the Commodore Classic, the 17th-fastest Mizzou 8K time this season
- ▶ Will make his NCAA Midwest Regional debut





MARC DUBRICK

RS Junior // DeKalb, III. (DeKalb HS) 8,000m PR - 24:11.20 // Texas A&M Invite (9/26/15)

- ▶ Has posted four top-five team finishes this season
- ▶ Posted the team's fifth-fastest 8K time of the season at the Chile Pepper Festival, finishing 24th at 24:49.27.





SHELDON KEENCE

RS Junior // St. Charles, Mo. (St. Charles West HS) 8,000m PR - 24:16.20 // SEC Championships (10/30/15) 10,000m PR - 31:29.70 // NCAA Midwest Regional (11/13/15)

- Finished fifth for Mizzou the Chile Pepper Festival, helping Mizzou finish third overall
- ▶ Posted his 8K PR at last year's SEC Championships



CROSS COUNTR

OLLIE LOCKLEY

Senior // Colby, Isle of Man 8,000m PR - 24:43.51 // Chile Pepper Festival (10/1/16) 10,000m PR - 32:15.00 // NCAA Midwest Regional (11/13/15)

- ▶ Paced the Tigers at the Commodore Classic, finishing 14th overall with a time of 25:01.2
- ▶ Holds four of Mizzou's top-10 8K times this season





LUCA RUSSO

Senior // Kent, England 8,000m PR - 24:38.80 // Texas A&M Invite (9/26/15) 10,000m PR - 33:15.10 // NCAA Midwest Regional (11/13/15)

- ▶ Ran Mizzou's sixth-fastest 8K time of the season at the Chile Pepper Festival
- ▶ Has finished in Mizzou's top-five in all four of his meets this season





DREW WHITE

RS Senior // Crystal City, Mo. (Festus HS) 8,000m PR - 23:57.99 // Chile Pepper Festival (10/1/15) 10,000m PR - 30:58.00 // NCAA Midwest Regional (11/14/14)

- ▶ Has paced the Tigers in each of the four meets he's competed in
- ▶ Earned an All-SEC Second Team selection by finishing 14th at the SEC Championships.





MICHAEL WIDMANN

RS Freshman // Naperville, III. (Neuqua Valley HS) 8,000m PR - 25:23.59 // Chile Pepper Festival (10/1/15)

- ▶ Made the All-SEC Freshman Team by finishing with the fifth-fastest time among freshman at the SEC Championships
- ▶ Posted the 14th-fastest 8K time at the Chile Pepper Festival





2016 WOMEN'S ROSTER

TEYLAR ADELSBERGER

Senior // O'Fallon, Mo. (Ft. Zumwalt South HS) 5,000m PR - 17:06.94 // Chile Pepper Festival (10/1/16) 6,000m PR - 21:10.30 // NCAA Midwest Regional (11/13/15)

- ▶ Finished 17th at the Chile Pepper Festival, setting a 5K PR in the process
- ▶ Holds the seventh-fastest Mizzou 6K time on the season





ELLYN ATKINSON

RS Junior // Springfield, Mo. (Glendale HS) 5,000m PR - 17:41.38 // Chile Pepper Festival (10/1/16) 6,000m PR - 21:53.60 // Pre-National Invitational (10/15/16)

- ▶ Has set both her 5K and 6K PR's this season
- ▶ Has finished fifth for Mizzou in three meets this season, including a 26th-place finish at the Chile Pepper Festival





KAITLYN FISCHER

RS Junior // Pevely, Mo. (Herculaneum HS) 5,000m PR - 17:37 // Forest Park XC Festival (9/12/14) 6,000m PR - 20:26.40 // NCAA Midwest Regional (11/15/13)

- ▶ Looks to return to NCAA Championships for second time in her career
- ▶ Two-Time All-SEC performer after placing sixth at the 2013 and 2014 SEC Championships





VALESKA HALAMICEK

RS Junior // Welson Spring, Mo. (Francis Howell HS) 5,000m PR - 18:00.05 // Chile Pepper Festival (10/1/16) 6.000m PR - 22:37.20 // Pre-National Invitational (10/15/16)

- ▶ Paced Mizzou at the Hawkeye Invitational, finishing sixth overall
- ▶ Posted back-to-back PR's at Chile Pepper Festival and Pre-National Invitational





JAMIE KEMPFER

Junior // Festus, Mo. (Festus HS) 5,000m PR - 16:55.73 // Chile Pepper Festival (10/1/16) 6,000m PR - 20:43.00 // SEC Championships (10/28/16)

- Earned All-SEC First Team honors with a fifth-place finish at the SEC Championships, settling a 6K PR
- ▶ Has finished in the team top-three at all three races this season.











2016 WOMEN'S ROSTER

JORDYN KLEVE

RS Freshman // Urbandale, Iowa (Johnson HS) 5,000m PR - 18:17.98 // Chile Pepper Festivel (10/1/16) 6,000m PR - 22:02 // Bradley Classic (10/14/16)

- ▶ In second collegiate meet of her career, paced the Tigers at the Bradley Classic, finishing 54th overall
- ▶ Will make NCAA Midwest Regional debut





NICOLE MELLO

Senior // Columbia, Mo. (Hickman HS) 5,000m PR - 17:05.18 // Chile Pepper Festival (10/1/16) 6,000m PR - 21:18.20 // SEC Championships (10/30/15)

- ▶ Holds the fourth-fastest Mizzou 6K time of the season, finishing at 21:21 00 at the Pre-National Invitational
- ▶ Posted a 5K PR at the Chile Pepper Festival





KARISSA SCHWEIZER

Junior // Urbandale, Iowa (Dowling Catholic HS) 5,000m PR - 16:09.83 // Chile Pepper Festival (10/1/16) 6,000m PR - 20:10.60 // SEC Championships (10/28/16)

- ▶ Named SEC Women's Runner of the Year after three meet wins this season, including an SEC Championship
- ▶ Three-time SEC Runner of the Week recipient this season





HANNAH THOMAS

Sophomore // Urbandale, Iowa (Dowling Catholic HS) 5,000m PR - 18:19.92 // Chile Pepper Festival (10/1/16) 6,000m PR - 21:55 // Bradley Classic (10/16/15)

- ▶ Finished second for Mizzou at two meets this season
- Competed in second SEC Championships after making debut last year as a true freshman



			MEETS	5																	
	MIZZOU		Location		City, Iowa	Nashv	ville, Tenn.	Favette	eville, Ark.	Peoria	a III	Terre	Haute, Ind.	Favet	teville,	lowa	City, Iowa	Terre	Haute.		
CROSS (COUNTRY		CROSS COUNTRY				Oity, iovva	140011	viiio, ioiiii.	layou	5 v 1110, 7 ti K.	1 00110	, III.	101101	riadio, ma.	Ark.	tovillo,	1000	Oity, iovva	Ind.	ridato,
0040	N 4 = N 1		Host	lowa		Vande	erbilt	Arkans	sas	Bradle	ev			Arkan	sas	lowa					
2016	MEN		Date	Sept.	2	Sept.	17	Oct. 1		Oct. 1		Oct. 1	5	Oct. 2	28	Nov. 11		Nov.	19		
	MIZZ	OU PR'S	Dist.	6000	m	8000r	m	8000m	n	8000	m	8000r	m	80001	m						
NAME	8k	10k		Hawke	ye Invitational	Comm	odore Claaic	Chile P	epper Festival	Bra	dley Classic	Pre-Na	ational Invite	SEC CI	nampionships	Midw	est Regional	NCAA	Championsh		
Jordan Cook RS Sr.	24:09.90	31:25.90	Overall			41st	25:44.3	37th	25:07.82			80th	25:08.5		25:57.8						
Zach Cook			Team Overall	60th		4th 36th		6th		80th		3rd		8th 43rd							
RS So.			Team	4th	19:26.70	3rd	25:39.8	10th	25:57.24	2nd	25:51.3			5th	25:41.7						
Marc Dubrick RS Jr.	24:11.20		Overall			21st	25:21.0	24th	24:49.27			117th	25:23.9	40th	25:34.4						
Thomas George			Team Overall			2nd		3rd				4th		4th							
So.			Team																		
Tyler Gillam			Overall	75th	19:51.20	151st	27:14.6		26:17.14		27:04.5										
RS Fr.			Team	7th	10.01.20	9th	27.11.0	12th	20.77.77	9th	27.01.0										
Ben Goodman RS Jr.	26:14.30		Overall Team	65th 6th	19:35.0			9th	25:31.21	89th 3rd	25:58.4			9th	26:16.1						
Brian Hernan RS Jr.	25:34.00		Overall	51st	19:18.30	70th	26:09.3		25:25.34	110th	26:12.7				27:15.4						
Tim Johnson			Team Overall	3rd 82nd		8th 187th		8th		4th				10th							
RS Sr.	25:45		Team	9th	20:16.50	187th 10th	28:03.7	14th	26:48.22	8th	26:48.1										
Patrick Kearns RS So.	25:34		Overall																		
			Team			68th		33rd				161st		49th							
Sheldon Keence RS Jr.	24:16.20	31:29.70	Overall Team	<u> </u>		7th	26:08.4	5th	24:57.98			6th	25:42.6	7th	25:54.9						
Robert Kuhlmann Fr.			Overall																		
			Team			14th		22nd				70th		23rd							
Ollie Lockley Sr.	25:06	32:15.0	Overall Team			1st	25:01.2	2nd	24:43.51			2nd	<i>25:03.7</i>	2nd	24:59.3						
Justin Loquercio			Overall																		
Fr.			Team																		
Dylan Quisenberry Fr.			Overall Team																		
Luca Russo	24,20.00	33:15.10	Overall			43rd	25,45.2	27th	24:52.39			131st	25,20.4	36th	25:26.5						
Sr.	24:38.80	33.13.10	Team			5th	25:45.3	4th	24.52.39			5th	25:28.4	3rd	23.20.3						
Tyler Schneider RS Sr.	24:02.60	31:31.20	Overall Team	64th 5th	19:34.70																
Evan Schulte	24:23.70		Overall																		
Jr.	24.23.70		Team																		
Jacob Schweiss Fr.			Overall Team																		
Mark Sheridan			Overall						26-21 17	141st	26.20.2										
RS So.			Team	0.				13th	26:21.17	5th	26:39.3										
Taylor Stephen RS So.			Overall Team	81st 8th	20:09.60			15th	27:14.51	146th 6th	26:43.8										
Drew White	25:02	30:58.0	Overall	5th	18:05.60			9th	23:57.99			35th	24:37.5	14th	24:28.6						
RS Sr.	20.02	00.00.0	Team	1st	10.00.00	G1.04		1st	20.07.00	7000		1st	L-T.U1.J	1st	27.20.0						
Michael Widmann RS Fr.			Overall Team	25th 2nd	18:44.50	61st 6th	26:02.8	44th 7th	25:23.59	72nd 1st	25:43.1			46th 6th	25:50.3				-		
Cain Wiebrenner	27:22.10		Overall						26:09.30	148th	26:48.0										
RS Jr.		Janii -	Team idual Winner	Tak	Hardwick	Ealer	in Kibichiy	11th		7th	y Bellemore	Ealer	ırd Cheserek	Α1-	x George						
			ne // School	17:57	lowa State	24:01	Louisville	23:33	x George Arkansas	24:16	Windsor	23:34	Oregon	23:24	Arkansas						
			al Runner-Up		ed Fischer	-	ob Choge		kline Tonui	-	uel de Backer	-	kline Tonui		an Tobin		ı				
			ne // School	17:59	Drake	24:03	MTSU	23:33	Arkansas	24:23	Saint Louis	23:56	Arkansas	23:33	Ole Miss						
		Points // 1	Team Winner	31	Iowa State	63	MTSU	32	Arkansas	103	Saint Louis	85	Oregon	25	Arkansas						
	Po	oints // Tea	m Runner-Up	60	lowa	81	Georgia	115	Wichita St.	128	Windsor	110	Arkansas	38	Ole Miss						
		Points // N	Mizzou Finish	166	6th	150	5th	115	3rd	492	19th	427	13th	156	6th						
USTFCCCA P	re-Meet Rar				N/A	11	1th // NR	11	th // NR	1	1th // NR	1	1th // NR	8	th // NR						
			otal Runners		9		10		15		9		6		10						
			e Gap // 1-3		1:13		0:38		1:44		0:15		0:26		0:58						
Mizzou Time Gap // 1-			Gan // 1-5	l .	1:29	1	0:44	1:52		0:56		0:51		1:13		1		1			
			e Gap // 1-7		1:46		1:07		2:18		1:04		N/A		1:24						

	- 0		MEETS	5																
MIZ. CROSS C		RY	Location	lowa (City, Iowa	Nash	ville, Tenn.	Fayett	eville, Ark.	Peoria	, III.	Terre	Haute,	1	teville,	Iowa City, Iowa		Terre Haute,		
			Host	Iowa		Vande	arbilt	Arkans	226	Bradle		Ind.		Ark. Arkar	200	lowa		Ind.		
2016 W	'OMEN		Host Date	Sept.	2	Sept.		Oct. 1		Oct. 1		Oct.	15	Oct.		Nov. 11		Nov.	19	
	MIZZ	ZOU PR'S	Dist.	3,000		5,000		5,000		6,000		6,000		6,000						
NAME	5k	6k		Hawke	ye Invitational		odore Classic		epper Festival	Bradl	ey Classic		lational Invite		hampionships	Midw	est Regional	NCAA	Championships	
Taylor Adelsberger Sr.	17:46.80	21:10.30	Overall Team			39th 4th	17:57.4	17th 4th	17:06.94			127th 4th	21:41.4	36th 4th	21:39.7					
Ellyn Atkinson RS Jr.	18:12.10	22:02.30	Overall			64th	18:14.7	26th	17:41.38			160th	21:53.6							
Kaelyn Balch			Team Overall			5th		5th				5th								
RS Jr.	18:36	21:34	Team					13th	20:13.58											
Becca Batliner RS Jr.	19:05	13:54.0	Overall Team																	
Megan Cunningham RS Jr.	18:39	21:59	Overall Team											•••••						
Elly DeTurris So.	19:10.60	22:22	Overall Team																	
Samantha Farmer So.			Overall																	
Kaitlyn Fischer	17:37	20:26.40	Team Overall			36th	17:54.5		18:20.42			202nd	22:13.3	50th	22:04.5					
RS Jr. Susan Forbis	17.37	20.20.40	Team Overall	68th		3rd	17.04.0	9th				6th	۷۷.۱۵.۵	5th	22.04.0					
Fr.			Team	5th	11:34.40			14th	20:19.98											
Michaela Hackbarth Fr.			Overall Team																	
Emmie Hahn So.	19:07.40	21:46.80	Overall Team					11th	19:28.32	187th 3rd	24:08.5									
Valeska Halamicek RS Jr.	19:42	24:07.10	Overall Team	6th 1st	10:29.0	110th 6th	18:43.4	32nd 6th	18:00.05			273rd 7th	22:37.2	84th 7th	23:07.2					
Bailey Hession RS Jr.	18:50.70	22:50	Overall Team																	
Kelli Jackson So.	17:57.60	21:16.50	Overall																	
Jamie Kempfer	17:38	20:59.60	Team Overall					13th	- 16:55.73			96th	21:23.8	5th	20:43.0					
Jr. Jordyn Kleve	77.00	20.00.00	Team Overall					2nd 50th		54th		3rd	21.20.0	2nd 52nd						
RS Fr. Karina Liz			Team Overall					7th	18:17.98	1st	22:02			6th	22:06.6					
Fr.			Team																	
Bianco Mello RS Jr.	18:51.20	22:42	Overall Team	49th 3rd	11:11.30	179th 7th	19:35.6	10th	18:52.35	197th 5th	24:49.5									
Nicole Mello Sr.	18:05.10	21:18.20	Overall Team			12th 2nd	17:24.1	3rd 15th	17:05.18			92nd 2nd	21:21.0	33rd 3rd	21:30.6					
Karissa Schweizer Jr.	16:59.30	20:23.10	Overall Team			1st	16:46.7	1st	16:09.83			4th 1st	20:14.0	1st	20:10.6					
Faramola Shonekan Fr.			Overall	80th	12:01.10	244th	21:11.2		19:28.32	192	24:25.3									
Kate Smith RS Fr.	18:09.60	21:11.20	Team Overall	6th		9th		12th		4th										
Hannah Thomas	18:35.30		Team Overall	17th	10:39.90				18:19.92	135th	22:58.3				23:23.2					
So. Carolyn White		21:55	Team Overall	2nd 63rd		212th		8th	10.13.32	2nd	22.08.3			8th	Z3.Z3.Z					
So.	19:25.70		Team	4th	11:28.30	8th	20:13.3	μ. ·	- C-h :		Law To ord		Fair Fire	p	- C-t -:					
			idual Winner ne // School	10:24	Wilberding Iowa	16:46	a Schweizer Mizzou	Kariss 16:09	a Schweizer Mizzou	20:38	ler Tuttle Colorado	19:44	Erin Finn Michigan	20:10	sa Schweizer Mizzou		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			
			al Runner-Up		e Gibbons	_	as Wasike		vin Clark		Schmelzle	_	rin Clark		evin Clark		i			
			ne // School Feam Winner	10:24 47	Iowa State Iowa	16:59	Louisville E. Mich.	16:19 22	Arkansas Arkansas	20:51	N. Illinois Colorado	20:08	Colorado Colorado	20:18	Arkansas Arkansas					
	P		m Runner-Up	79	Creighton	87	Ohio State	72	Mizzou	108	N. Illinois	_	Oregon	76	Ole Miss		5 5 6 8 8 8 8 8 8 8 8 8 8			
			Mizzou Finish	164	7th	148	5th	72	2nd	765	28th	479	12th	125	3rd					
USTFCCCA P	re-Meet Ra				N/A	6	ith // RV	6	th // NR	61	h // NR		6th //NR	-	4th //NR					
			otal Runners		6		9		14		5		7		8					
			Gap // 1-3 Gap // 1-5		0:42		1:08		0:56		2:06		1:09		1:20					
			Gap // 1-7				2:49		2:08	-	N/A		3:23		2:57					
			ime Average		11:14		18:40.1			+	23:40.7		21:37.76		21:50.66		+			



2016 TOP TIGER TIMES

MEN'S 8,000m			
NAME	MEET	PLACE AT MEET (TEAM, OVERALL)	TIME
1. Drew White	Chile Pepper Festival	1st, 9th	23:57.99
2. Drew White	SEC Championships	1st, 14th	24:28.60
3. Drew White	Pre-National Invitational	1st, 35th	24:37.50
4. Ollie Lockley	Chile Pepper Festival	2nd, 22nd	24:43.51
5. Marc Dubrick	Chile Pepper Festival	3rd, 24th	24:49.27
6. Luca Russo	Chile Pepper Festival	4th, 27th	24:52.39
7. Sheldon Keence	Chile Pepper Festival	5th, 33rd	24:57.98
8. Ollie Lockley	SEC Championships	2nd, 23rd	24:59.30
9. Ollie Lockley	Commodore Classic	1st, 14th	25:01.20
10. Ollie Lockley	Pre-National Invitational	2nd, 70th	25:03.70
11. Jordan Cook	Chile Pepper Festival	6th, 37th	25:07.82
12. Jordan Cook	Pre-National Invitational	3rd, 80th	25:08.50
13. Marc Dubrick	Commodore Classic	2nd, 21st	25:21.00
14. Michael Widmann	Chile Pepper Festival	7th, 44th	25:23.59
15. Marc Dubrick	Pre-National Invitational	4th, 117th	25:23.90
16. Brian Hernan	Chile Pepper Festival	8th	25:25.34
17. Luca Russo	SEC Championships	3rd, 36th	25:26.50
18. Luca Russo	Pre-National Invitational	5th, 131st	25:28.40
19. Ben Goodman	Chile Pepper Festival	9th	25:31.21
20. Marc Dubrick	SEC Championships	4th, 40th	25:34.40
20. Maic Dublick	SEC Championships	401, 4001	23.34.40
WOMEN'S 6,000m			
NAME	MEET	PLACE AT MEET (TEAM, OVERALL)	TIME
1. Karissa Schweizer	SEC Championships	1st, 1st	20:10.50
2. Karissa Schweizer	Pre-National Invitational	1st, 4th	20:14.00
3. Jamie Kempfer	SEC Championships	2nd, 5th	20:43.00
4. Nicole Mello	Pre-National Invitational	2nd, 92nd	21:21.00
5. Jamie Kempfer	Pre-National Invitational	3rd, 96th	21:23.80
6. Nicole Mello	SEC Championships	3rd, 33rd	21:30.60
7. Teylar Adelsberger	SEC Championships	4th, 36th	21:39.70
8. Teylar Adelsberger	Pre-National Invitational	4th, 127th	21:41.40
9. Ellyn Atkinson	Pre-National Invitational	5th, 160th	21:53.60
10. Jordyn Kleve	Bradley Classic	1st, 54th	22:02.00
11. Kaitlyn Fischer	SEC Championships	5th, 50th	22:04.50
12. Jordyn Kleve	SEC Championships	6th, 52nd	22:06.60
13. Kaitlyn Fischer	Pre-National Invitational	6th, 202nd	22:13.30
14. Hannah Thomas	Bradley Classic	2nd, 135th	22:58.30
15. Valeska Halamicek	SEC Championships	7th, 84th	23:07.20
16. Hannah Thomas	SEC Championships	8th	23:23.20
17. Valeska Halamicek	Pre-National Invitational	7th, 273rd	23:37.20
18. Emmie Hahn	Bradley Classic	3rd, 187th	24:08.50
19. Faramola Shonekan	Bradley Classic	4th, 192nd	24:25.30
20. Bianca Mello	Bradley Classic	5th, 197th	24:49.50
WOMEN'S 5,000m			
NAME	MEET	PLACE AT MEET (TEAM, OVERALL)	TIME
1. Karissa Schweizer	Chile Pepper Festival	1st, 1st	16:09.83
2. Karissa Schweizer	Commodore Classic	1st, 1st	16:46.70
3. Jamie Kempfer	Chile Pepper Festival	2nd, 13th	16:55.73
4. Nicole Mello	Chile Pepper Festival	3rd, 15th	17:05.18
5. Teylar Adelsberger	Chile Pepper Festival	4th, 17th	17:05.16
6. Nicole Mello	Commodore Classic		17:06.94
		2nd, 12th	
7. Ellyn Atkinson	Chile Pepper Festival Commodore Classic	5th, 26th	17:41.38
8. Kaitlyn Fischer		3rd, 36th	17:54.50 17:57.40
9. Teylar Adelsberger	Commodore Classic	4th, 39th	17:57.40
10. Valeska Halamicek	Chile Pepper Festival	6th, 32nd	18:00.05

CONFERENCE MEET HISTORY (since 1996)

MEN'S					
YEAR	CONF.	8K FINISH	POINTS	FINISHER POINTS	NOTABLE INDIVIDUAL FINISHES
1996	Big 12	4th	140	21-25-28-29-37-46-50	
1997	Big 12	5th	121	14-23-27-28-29-30-34	
1998	Big 12	3rd	98	14-15-16-26-27-31-42	
1999	Big 12	3rd	103	11-18-21-26-26-32-36	
2000	Big 12	3rd	113	12-17-25-28-31-46-48	
2001	Big 12	9th	246	16-45-54-65-66-68-69	
2002	Big 12	9th	218	11-46-52-53-56-62-73	
2003	Big 12	8th	161	14-30-37-38-42-54-61	
2004	Big 12	5th	157	6-15-35-49-52-54-58	Tim Ross (5th, 24:52.98)
2005	Big 12	5th	182	21-35-39-40-47-48-49	
2006	Big 12	6th	156	15-24-25-40-52-57-61	Tim Ross (15th, 25:12.00)
2007	Big 12	6th	195	18-36-39-48-54-59-63	
2008	Big 12	5th	155	16-31-34-35-39-44-46	
2009	Big 12	8th	237	29-42-43-54-69-72-81	
2010	Big 12	11th	320	39-52-72-75-82	
2011	Big 12	6th	170	24-23-34-41-46-50-53	
2012	SEC	T-3rd	80	8-9-11-25-27-30-32	Hayden Legg (8th, 24:08.24), Max Storms (9th, 24:10.07)
					Bryant Blahnik (11th, 24:14.02)
2013	SEC	4th	107	11-22-23-25-26-30-44	Sam Dickerson (11th, 24:16.27)
2014	SEC	4th	87	5-14-18-24-26-39-49	Tyler Schneider (5th, 24:30.34), Dan Roe (14th, 24:55.42)
2015	SEC	6th	146	22-24-31-33-36-59-66	17101 00111101001 (0011, 21.00.01), 20111100 (11111, 21.00.12)
2016	SEC	6th	156	14-23-36-40-43-46-49	Drew White (14th, 24:28.60)
2010	OLO	our	130	14 20 00 40 40 40 40	516W Willie (14til, 24.20.00)
WOME	N'S				
YEAR	COME	CI/ FIBURII	DOINTO	EINICHED DOINTS	
IEAN	CONF.	6K FINISH	POINTS	FINISHER POINTS	NOTABLE INDIVIDUAL FINISHES
1996	Big 12	2nd (5K)	78	6-8-10-21-33-48-53	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
					Erin Windler (6th, 18:06), Rebecca Davis (8th, 18.09)
1996	Big 12	2nd (5K)	78	6-8-10-21-33-48-53	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18.09) Kristen Allen (10th, 18:23)
1996 1997	Big 12 Big 12	2nd (5K) 3rd (5K)	78 110	6-8-10-21-33-48-53 1-15-18-24-52-57-58	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09) Kristen Allen (10th, 18:23) Erin Windler (1st, 17:29)
1996 1997	Big 12 Big 12	2nd (5K) 3rd (5K)	78 110	6-8-10-21-33-48-53 1-15-18-24-52-57-58	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09) Kristen Allen (10th, 18:23) Erin Windler (1st, 17:29) Kim Moore (8th, 17:54.20), Katie Meyer (9th, 17:55.90)
1996 1997 1998	Big 12 Big 12 Big 12	2nd (5K) 3rd (5K) 3rd (5K)	78 110 106	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09) Kristen Allen (10th, 18:23) Erin Windler (1st, 17:29) Kim Moore (8th, 17:54.20), Katie Meyer (9th, 17:55.90) Ann Marie Brooks (10th, 17:57.80)
1996 1997 1998 1999	Big 12 Big 12 Big 12 Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K)	78 110 106 119	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09) Kristen Allen (10th, 18:23) Erin Windler (1st, 17:29) Kim Moore (8th, 17:54.20), Katie Meyer (9th, 17:55.90) Ann Marie Brooks (10th, 17:57.80) Anna Gullingsrud (8th, 17:26)
1996 1997 1998 1999 2000	Big 12 Big 12 Big 12 Big 12 Big 12 Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 3rd (5K)	78 110 106 119 100	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09) Kristen Allen (10th, 18:23) Erin Windler (1st, 17:29) Kim Moore (8th, 17:54.20), Katie Meyer (9th, 17:55.90) Ann Marie Brooks (10th, 17:57.80) Anna Gullingsrud (8th, 17:26) Kerry Hils (10th, 21:01)
1996 1997 1998 1999 2000 2001	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th	78 110 106 119 100 166	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd	78 110 106 119 100 166 107	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09) Kristen Allen (10th, 18:23) Erin Windler (1st, 17:29) Kim Moore (8th, 17:54.20), Katie Meyer (9th, 17:55.90) Ann Marie Brooks (10th, 17:57.80) Anna Gullingsrud (8th, 17:26) Kerry Hils (10th, 21:01) Ann Marie Brooks (6th, 21:05.1) Valerie Lauver (5th, 20:58.52)
1996 1997 1998 1999 2000 2001 2002 2003	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd	78 110 106 119 100 166 107 88	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09) Kristen Allen (10th, 18:23) Erin Windler (1st, 17:29) Kim Moore (8th, 17:54.20), Katie Meyer (9th, 17:55.90) Ann Marie Brooks (10th, 17:57.80) Anna Gullingsrud (8th, 17:26) Kerry Hils (10th, 21:01) Ann Marie Brooks (6th, 21:05.1) Valerie Lauver (5th, 20:58.52) Amanda Bales (3rd, 21:36.00)
1996 1997 1998 1999 2000 2001 2002 2003	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd	78 110 106 119 100 166 107 88	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd	78 110 106 119 100 166 107 88 59	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th	78 110 106 119 100 166 107 88 59 117 169	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th	78 110 106 119 100 166 107 88 59 117 169 193	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th	78 110 106 119 100 166 107 88 59 117 169 193 284	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th 9th	78 110 106 119 100 166 107 88 59 117 169 193 284 212	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72 11-40-45-56-60-71-74	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th 9th 11th	78 110 106 119 100 166 107 88 59 117 169 193 284 212 271	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72 11-40-45-56-60-71-74 31-42-53-70-75-82-83	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011	Big 12	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th 9th 11th 4th	78 110 106 119 100 166 107 88 59 117 169 193 284 212 271 125	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72 11-40-45-56-60-71-74 31-42-53-70-75-82-83 14-18-21-35-37-39-48	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012	Big 12 SEC	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th 9th 11th 4th 13th	78 110 106 119 100 166 107 88 59 117 169 193 284 212 271 125 296	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72 11-40-45-56-60-71-74 31-42-53-70-75-82-83 14-18-21-35-37-39-48 35-50-60-67-84-86-87	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013	Big 12 SEC SEC	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th 9th 11th 4th 13th 7th	78 110 106 119 100 166 107 88 59 117 169 193 284 212 271 125 296 178	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72 11-40-45-56-60-71-74 31-42-53-70-75-82-83 14-18-21-35-37-39-48 35-50-60-67-84-86-87 6-34-35-46-57-63-72	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014	Big 12 SEC SEC SEC	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th 9th 11th 4th 13th 7th 4th	78 110 106 119 100 166 107 88 59 117 169 193 284 212 271 125 296 178 142	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72 11-40-45-56-60-71-74 31-42-53-70-75-82-83 14-18-21-35-37-39-48 35-50-60-67-84-86-87 6-34-35-46-57-63-72 6-17-36-40-43-47-51	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015	Big 12 SEC SEC SEC SEC	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th 9th 11th 4th 13th 7th 4th 8th	78 110 106 119 100 166 107 88 59 117 169 193 284 212 271 125 296 178 142 228	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72 11-40-45-56-60-71-74 31-42-53-70-75-82-83 14-18-21-35-37-39-48 35-50-60-67-84-86-87 6-34-35-46-57-63-72 6-17-36-40-43-47-51 14-43-45-61-65-71-89	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)
1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014	Big 12 SEC SEC SEC	2nd (5K) 3rd (5K) 3rd (5K) 3rd (5K) 7th 2nd 3rd 2nd 4th 7th 10th 12th 9th 11th 4th 13th 7th 4th	78 110 106 119 100 166 107 88 59 117 169 193 284 212 271 125 296 178 142	6-8-10-21-33-48-53 1-15-18-24-52-57-58 8-9-10-38-41-42-73 8-18-27-30-36-39-42 10-11-23-26-30-46-47 6-30-40-42-48-51-54 5-23-24-26-29-37-38 3-11-14-29-31-33-50 6-7-8-18-20-23-26 9-20-26-29-33-35-36 17-24-37-42-49-65-72 26-31-37-49-50-51-53 47-50-59-61-67-68-72 11-40-45-56-60-71-74 31-42-53-70-75-82-83 14-18-21-35-37-39-48 35-50-60-67-84-86-87 6-34-35-46-57-63-72 6-17-36-40-43-47-51	Erin Windler (6th, 18:06), Rebecca Davis (8th, 18:09)

NCAA MIDWEST REGIONAL MEET HISTORY (since 2003)

MEN'S	3				
YEAR	REGION	10K FINISH	POINTS	FINISHER POINTS	NOTABLE INDIVIDUAL FINISHES
2003	Midwest	7th	191	12-24-33-45-77-79-94	Tim Ross (12th, 31:33), Chase Hall (24th, 32:02)
					Matt Noonan (33rd, 32:13)
2004	Midwest	6th	177	8-9-41-51-68-69-84	Tim Ross (8th, 30:53.64), Matt Noonan (30:54.65)
2005	Midwest	6th	192	3-33-37-57-62-83-84	Matt Noonan (3rd, 30:58), Garett Jeffries (33rd, 32:12)
					Colten Green (37th, 32:23)
2006	Midwest	4th	122	5-16-20-41-42-57-71	Tim Ross (5th, 30:50.84), Dan Hedgecock (16th, 31:21.54)
					Garett Jeffries (20th, 31:24.99)
2007	Midwest	8th	239	13-44-56-59-67-69-95	Dan Hedgecock (13th, 30:24)
2008	Midwest	5th	168	16-25-32-37-57-75-86	Garett Jeffries (16th, 31:34.80),
				N	Michael Pandolfo (25th, 32:02.25), Phillip King (32nd, 32:13.75
					Dan Quigley (37th, 32:17.65)
2009	Midwest	11th	302	34-59-67-68-74-103-111	Michael Pandolfo (31:59.4)
2010	Midwest	18th	517	51-62-91-154-159-161	
2011	Midwest	7th	210	20-40-42-54-57-100-151	Hayden Legg (20th, 31:44.32), Dan Quigley (40th, 32:23.24)
2012	Midwest	5th	173	18-30-33-34-58-70-91	Max Storms (18th, 30:47.4), Bryant Blahnik (31:08.8)
0010	B.4: 1	0.1	010	00 04 47 54 55 50 400	Merid Selshi (33rd, 31:10.0), Hayden Legg (34th, 31:11.6)
2013	Midwest	8th	212	22-34-47-54-55-59-139	Hayden Legg (22nd, 31:00.4), Tim Carey (34th, 31:13.3)
2014	Midwest	17th	451	45-82-88-90-146-182	
2015	Midwest	11th	342	42-56-59-82-103-136-138	
WOMI	-N'C				
AAGIAII	<u> </u>				
YFAR	REGION	6K FINISH	POINTS	FINISHER POINTS	NOTABLE INDIVIDUAL FINISHES
YEAR 2003	REGION Midwest	6K FINISH 2nd	POINTS 63	FINISHER POINTS 1-4-7-13-38-57-73	NOTABLE INDIVIDUAL FINISHES Amanda Bales (1st. 21:18), Serena Ramsey (4th. 21:28)
YEAR 2003	REGION Midwest	6K FINISH 2nd	POINTS 63	FINISHER POINTS 1-4-7-13-38-57-73	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28)
					Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28)
					Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41)
2003	Midwest	2nd	63	1-4-7-13-38-57-73 4-5-12-14-17-27-45	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28)
2003	Midwest	2nd	63	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59)
2003	Midwest	2nd	63	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65)
2003	Midwest Midwest	2nd 1st	63 52	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kri:	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90)
2003 2004 2005	Midwest Midwest	2nd 1st 7th	63 52 204	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90) Valerie Lauver (12th, 21:22), Kristin Hansen (34th, 22:17)
2003 2004 2005	Midwest Midwest	2nd 1st 7th	63 52 204	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90) Valerie Lauver (12th, 21:22), Kristin Hansen (34th, 22:17) Amanda Bales (15th, 21:34.12), Kate Greer (24th, 21:51.72)
2003 2004 2005 2006	Midwest Midwest Midwest Midwest	2nd 1st 7th T-6th	63 52 204 205	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88 15-24-40-54-72-90-91	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90) Valerie Lauver (12th, 21:22), Kristin Hansen (34th, 22:17) Amanda Bales (15th, 21:34.12), Kate Greer (24th, 21:51.72) Ellen Ries (40th, 22:12.02) Kate Greer (27th, 21:11), Kinsey Farren (38th, 21:28)
2003 2004 2005 2006 2007	Midwest Midwest Midwest Midwest	2nd 1st 7th T-6th 8th	63 52 204 205 241 291 202	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88 15-24-40-54-72-90-91 27-38-56-57-63-66-87	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90) Valerie Lauver (12th, 21:22), Kristin Hansen (34th, 22:17) Amanda Bales (15th, 21:34.12), Kate Greer (24th, 21:51.72) Ellen Ries (40th, 22:12.02)
2003 2004 2005 2006 2007 2008	Midwest Midwest Midwest Midwest Midwest Midwest	2nd 1st 7th T-6th 8th 10th	63 52 204 205 241 291	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88 15-24-40-54-72-90-91 27-38-56-57-63-66-87 42-57-66-71-76-94-100 7-31-49-56-59-105-121	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90) Valerie Lauver (12th, 21:22), Kristin Hansen (34th, 22:17) Amanda Bales (15th, 21:34.12), Kate Greer (24th, 21:51.72) Ellen Ries (40th, 22:12.02) Kate Greer (27th, 21:11), Kinsey Farren (38th, 21:28)
2003 2004 2005 2006 2007 2008 2009 2010	Midwest Midwest Midwest Midwest Midwest Midwest Midwest Midwest Midwest	2nd 1st 7th T-6th 8th 10th 7th 12th	52 204 205 241 291 202 321	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88 15-24-40-54-72-90-91 27-38-56-57-63-66-87 42-57-66-71-76-94-100 7-31-49-56-59-105-121 23-28-40-113-117-125-129	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90) Valerie Lauver (12th, 21:22), Kristin Hansen (34th, 22:17) Amanda Bales (15th, 21:34.12), Kate Greer (24th, 21:51.72) Ellen Ries (40th, 22:12.02) Kate Greer (27th, 21:11), Kinsey Farren (38th, 21:28) Katie Vanatta (7th, 21:01.8), Ellen Ries (21:49.5) Bailey Belvis (23rd, 20:48.66), Kinsey Farren (28th, 20:57.36) Laura Roxberg (40th, 21:12.66)
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2003 2004 2005 2006 2007 2008 2009 2010 2011 2012	Midwest	2nd 1st 7th T-6th 8th 10th 7th 12th 7th 16th	63 52 204 205 241 291 202 321 238 389	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88 15-24-40-54-72-90-91 27-38-56-57-63-66-87 42-57-66-71-76-94-100 7-31-49-56-59-105-121 23-28-40-113-117-125-129 19-32-53-63-71-86-95 30-44-95-108-112-129-202	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90) Valerie Lauver (12th, 21:22), Kristin Hansen (34th, 22:17) Amanda Bales (15th, 21:34.12), Kate Greer (24th, 21:51.72) Ellen Ries (40th, 22:12.02) Kate Greer (27th, 21:11), Kinsey Farren (38th, 21:28) Katie Vanatta (7th, 21:01.8), Ellen Ries (21:49.5) Bailey Belvis (23rd, 20:48.66), Kinsey Farren (28th, 20:57.36) Laura Roxberg (40th, 21:12.66) Bailey Belvis (19th, 21:35.09), Courtney Wood (22:06.27) Bailey Belvis (30th, 21:37.4)
2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013	Midwest	2nd 1st 7th T-6th 8th 10th 7th 12th 7th 16th 6th	63 52 204 205 241 291 202 321 238 389 261	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kri: 12-34-49-54-55-60-88 15-24-40-54-72-90-91 27-38-56-57-63-66-87 42-57-66-71-76-94-100 7-31-49-56-59-105-121 23-28-40-113-117-125-129 19-32-53-63-71-86-95 30-44-95-108-112-129-202 6-56-57-62-80-81-96	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28) Valerie Lauver (7th, 21:33), Jill Petersen (13th, 21:28) Kristin Hansen (38th, 22:41) Serena Ramsey (4th, 20:37.23), Jill Petersen (5th, 20:45.59) alerie Lauver (12th, 21:05.30), Amanda Bales (14th, 21:07.65) stin Hansen (17th, 21:14.06), Maddie Schuler (27th, 21:35.90) Valerie Lauver (12th, 21:22), Kristin Hansen (34th, 22:17) Amanda Bales (15th, 21:34.12), Kate Greer (24th, 21:51.72) Ellen Ries (40th, 22:12.02) Kate Greer (27th, 21:11), Kinsey Farren (38th, 21:28) Katie Vanatta (7th, 21:01.8), Ellen Ries (21:49.5) Bailey Belvis (23rd, 20:48.66), Kinsey Farren (28th, 20:57.36) Laura Roxberg (40th, 21:12.66) Bailey Belvis (19th, 21:35.09), Courtney Wood (22:06.27) Bailey Belvis (30th, 21:37.4) Kaitlyn Fischer (6th, 20:26.4)
2003 2004 2005 2006 2007 2008 2009 2010 2011 2012	Midwest	2nd 1st 7th T-6th 8th 10th 7th 12th 7th 16th	63 52 204 205 241 291 202 321 238 389	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88 15-24-40-54-72-90-91 27-38-56-57-63-66-87 42-57-66-71-76-94-100 7-31-49-56-59-105-121 23-28-40-113-117-125-129 19-32-53-63-71-86-95 30-44-95-108-112-129-202 6-56-57-62-80-81-96 7-21-35-60-82-99-137	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28)
2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014	Midwest	2nd 1st 7th T-6th 8th 10th 7th 12th 7th 16th 6th 6th	63 52 204 205 241 291 202 321 238 389 261 205	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kri: 12-34-49-54-55-60-88 15-24-40-54-72-90-91 27-38-56-57-63-66-87 42-57-66-71-76-94-100 7-31-49-56-59-105-121 23-28-40-113-117-125-129 19-32-53-63-71-86-95 30-44-95-108-112-129-202 6-56-57-62-80-81-96 7-21-35-60-82-99-137	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28)
2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013	Midwest	2nd 1st 7th T-6th 8th 10th 7th 12th 7th 16th 6th	63 52 204 205 241 291 202 321 238 389 261	1-4-7-13-38-57-73 4-5-12-14-17-27-45 V Kris 12-34-49-54-55-60-88 15-24-40-54-72-90-91 27-38-56-57-63-66-87 42-57-66-71-76-94-100 7-31-49-56-59-105-121 23-28-40-113-117-125-129 19-32-53-63-71-86-95 30-44-95-108-112-129-202 6-56-57-62-80-81-96 7-21-35-60-82-99-137	Amanda Bales (1st, 21:18), Serena Ramsey (4th, 21:28)