

MIZZOU_GYMNASTICS



/MIZZOUGYMNASTICS

@MIZZOU GYM

GYMNASTICS



2016 MIZZOU GYMNASTICS MEET NOTES

2016 SCHEDULE

DATE	OPPONENT	RESULT/TIME (CT)	
J8	ILLINOIS!	W, 195.350-195.075	
J10	at Lindenwood	W, 195.200-192.000	
J15	at Alabama*	L, 197.175-196.050	
J22	GEORGIA*#	W, 195,800-195.350	
J30	at Metroplex Challenge -	7 p.m.	
	(vs. LSU, Oklahoma, Stanf	ord, Washington)	
F5	STATE OF MISSOURI M	EET 7 P.M.	
	(vs. Lindenwood, Southeast Missouri State)		
F12	at Kentucky*	6 p.m.	
F19	FLORIDA*	6 P.M.	
F26	at Auburn*	7 p.m.	
M4	ARKANSAS*	7 P.M.	
M11	at Western Michigan	6 p.m.	
M19	at SEC Championships^	TBD	
A2	at NCAA Regional	TBD	
D 111			

Pink Out

* SFC meet

^ SEC Championships in Little Rock, Ark

Bold denotes home, All times central ! Beauty and the Beast

MIZZOU GYMNASTICS

Head Coach	Shannon Welker (3rd season)
Assistant Coach	John Carney (3rd season)
Assistant Coach Cas	ey Jo MacPherson (3rd season)
Volunteer Assistant Coach	Adrianne Perry (2nd season)
Director of Operations	Briana Conkle (1st season)
Home Arena	Hearnes Center (13,611)

PRONUNCIATION GUIDE

Tia ALLBRITTEN	all-BRIT-in
Alyson HEIMSATH	HIME-sath
Madeleine HUBER	HYU-ber
XARRIA Lewis	zaria
MICHAELEE Turner	mick-A-lee
STOREE YZAGUIRRE	story • is-a-GEAR-ee

CONTACT INFORMATION

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Athletics Website	MUTigers.com

INTERVIEWS: All student-athlete and coach interviews must be arranged through the Mizzou Strategic Communications office at least 24 hours in advance.

SOCIAL MEDIA

Twitter	@MizzouGym
Instagram	mizzou gymnastics
Facebook	-07
YouTube	· · · · · · · · · · · · · · · · · · ·

MEET

MU RECORD (RS).

CAREER RECORD

#16 MIZZOU (3-1, 1-1 SEC) AT METROPLEX CHALLENGE

SATURDAY, JAN. 30 // 7 P.M. CT // FORT WORTH, TEXAS // FORT WORTH CONVENTION CENTER



SERIES INFORMATION

SERIES (REGULAR SEASON)... Oklahoma leads 23-8 SERIES (REGULAR SEASON).....LSU leads 16-5 SERIES (REGULAR SEASON)... .season meeting with Stanford and Washington

FOLLOW #MIZZOU

ON TELEVISION	FloGymnastics
ONLINE	@MizzouGym
LIVE RESULTS	Mizzou.Statbroadcast.com

#2 OKLAHOMA	@OU_Wgymnastics
4-1 (1-0 Big 12)	Head Coach KJ Kindler
#6 LSU	@LSUgym
3-0 (1-0 SEC)	Head Coach D-D Breaux
#12 STANFORD	@StanfordWGym
4-1 (1-1 Pac-12)	Head Coach Kristen Smyth
#36 WASHINGT	ON@UWGymnastics
1-2 (1-0 Pac-12)	Head Coach Joanne Bowers

MIZZOU NUMBERS TO KNOW

15-15 (3rd season

Mizzou is ranked 16th in the national polls, marking the third time this season the Tigers are in the top 16

Mizzou's 2016 roster features eight freshmen, which account for more than half the 15-member squad

So far in 2016, 60.4 percent of Mizzou's routines (58-of-96) have come from Tiger

Mizzou has 28 routines of 9.8 or higher so

far this season, compared to 29 through the

first three meets a year ago

MIZZOU STORYLINES

- The No. 16 Mizzou gymnastics team hits the road to take on four of the nation's top programs in the 2015 Metroplex Challenge on Saturday, Jan. 30 in Fort Worth. Texas. The meet pits the Tigers against No. 2 Oklahoma, No. 6 LSU, No. 12 Stanford and No. 36 Washington.
- With the five-team format, Mizzou will start the meet on beam, then move to floor in the second rotation. vault in the third, have a bye, then end on bars.
- The meet will be streamed live by FloGymnastics for a fee.
- The Tigers clock in at No. 16 in this week's national rankings with an average team score of 195.600.
- Freshman Britney Ward earned recognition for the SEC for the second consecutive week as she claimed Freshman of the Week honors on Jan. 26. Last week she was named the SEC Specialist of the Week.
- Mizzou won its first-ever SEC dual meet on Jan. 22 in a 195.800-195.350 win over then-No. 9 Georgia at Mizzou Arena. The Tigers boasted event scores of 49.075 on floor, 49.025 on bars, 48.925 on beam and 48.775 on vault against Georgia.
- Ward took top honors on two events (vault and beam) and sophomore Kennedi Harris won the floor title in the Tigers' win.
- The Tigers closed the meet with a season-high floor score of 49.075.

- Through four meets in 2016, the Tigers have notched 39 individual scores of 9.8 or higher, compared to 29 through the first three meets of 2015.
- The Tigers opened 2016 with a 195.350-195.075 win over No. 15 Illinois on Jan. 8. The score tied the program record for highest opening meet team total in program history. The 2004 squad also opened its season with the same score.
- Against the Illini, Mizzou recorded a 49.175 on bars, the team's highest score on the event since midway through the 2014 season.
- Two days later, Mizzou traveled to Lindenwood and notched a 195.200-192.000 win over the Lions.
- Mizzou scored a season-high 196.050 at Alabama on Jan. 15.
- Head Coach Shannon Welker enters his third season at the helm of the Tiger program. Welker led Mizzou to the nation's biggest improvement in 2015, as the squad finished 21st in the national rankings after coming in 41st at the end of the 2014 campaign.
- Youth will be served in 2016, as over half (eight) the 15-person roster are freshmen. Additionally, 12 of the team's gymnasts are freshmen or sophomores in 2016.
- ▶ The Tigers will face a tough schedule once again, with regular season matchups against seven teams ranked in the preseason coaches poll top 10.



QUICK FACTS

Location	Columbia, Mo.
Founded:	1839
Enrollment:	35,441
Nickname:	
Colors:	Old Gold and Black
Arena (Capacity):	Hearnes Center (13,611)
Conference:	Southeastern
2014 Record:	6-7 (regular season)
SEC Record (Finish):	0-7
Letterwinners Returning / Los	

Mizzou Coaching Staff

Head Coach:	Shannon Welker (3rd Season)		
Alma Mater	Illinois-Chicago, 1998		
Missouri Record (regular season):15-15 (3rd Season)			
Overall Record:	Same		
Assistant Coach:	John Carney (3rd Season)		
Assistant Coach: Cas	ey Jo MacPherson (3rd Season)		
Volunteer Asst. Coach_	Adrianne Perry (2nd Season)		

Mizzou Administration

Interim President:	Michael Middleton	
Interim Chancellor:	Hank Foley	
Director of Athletics:	Mack Rhoades	
Department Phone:	573-882-6501	
Ticket Office Phone:	573-884-7297	

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SEC STANDINGS

TEAM	RECORD (SEC)	AVG.	HIGH
Florida	3-0 (1-0)	197.192	197.675
LSU	3-0 (1-0)	196.450	196.950
Alabama	2-2 (2-1)	196.688	197.175
Arkansas	2-3 (1-1)	196.113	196.700
Georgia	1-3 (1-1)	195.769	196.775
Missouri	3-1 (1-1)	195.633	196.050
Auburn	2-2 (0-2)	196.106	196.275
Kentucky	1-2 (0-2)	195.033	195.175

2016 MIZZOU GYMNASTICS ROSTER

Name	Yr.	Ht.	Pos.	Hometown / Last School
Tia Allbritten	So.	5-2	AA	Garland, Texas / Bridgeway Academy
Allison Bower	Fr.	5-0	AA	Mesa, Ariz. / Basha
Blair Elmore	Sr.	5-6	AA	Houston, Texas / Clear Lake
Kennedi Harris	So.	5-0	AA	Atlanta, Ga. / Milton
Alyson Heimsath	Jr.	5-2	AA	Houston, Texas / Conroe
Madeleine Huber	Fr.	5-5	AA	St. Louis, Mo. / Seton Home Study School
Brooke Kelly	Fr.	5-1	AA	Birmingham, Ala. / Leeds
Angie Kern	Jr.	5-4	AA	Columbia, Mo. / Rock Bridge
Xarria Lewis	Fr.	5-4	AA	Columbia, Mo. / Hickman
Shauna Miller	So.	5-2	AA	Knoxville, Tenn. / Farragut
Morgan Porter	Fr.	5-2	AA	Overland, Mo. / Ritenour
Becca Schugel	So.	5-3	AA	Eagan, Minn. / Eagan
Michaelee Turner	Fr.	5-6	AA	Parkville, Mo.
Britney Ward	Fr.	5-3	AA	Ozark, Mo. / Homeschooled
Storee Yzaguirre	Fr.	5-6	AA	Aubrey, Texas / Aubrey

HEAD COACH: Shannon Welker (3rd season)
ASSISTANT COACH: John Carney (3rd season)
ASSISTANT COACH: Casey Jo MacPherson (3rd season)
VOLUNTEER ASSISTANT COACH: Adrianne Perry (2nd season)

DIRECTOR OF OPERATIONS: Briana Conkle (1st season)

STUDENT COACH: Hannah Finnegan (3rd season) STUDENT COACH: Miranda Eubank (1st season)

STUDENT TEAM MANAGER: Sarah Crayton (1st season)

LAST TIME OUT

- Mizzou earned its first-ever Southeastern Conference dual win as the Tigers posted a 195.800-195.350 win over No. 9 Georgia on Jan. 22 at Mizzou Arena.
- Mizzou trailed by 0.950 heading into the final rotation but scored a season best 49.075 on floor to claim the come-from-behind win.
- Freshman Britney Ward (Ozark, Mo.) and sophomore Kennedi Harris (Atlanta, Ga.) both claimed event titles in the meet. For the second meet in a row, Ward won both beam (9.900) and vault (9.875), while Harris was first on floor (9.925) for the time in four meets this season.
- Overall, Mizzou's freshman contributed 14 of the team's 24 routines in the meet, while the Tigers received eight from the sophomore class and two from the junior class.

LOOKING AT THE OPPONENTS

- Mizzou faces three other teams ranked in the top-12 at the Metroplex Challenge, as well the No. 36 team.
- ▶ Oklahoma clocks in at No. 2 nationally, while LSU is No. 6, Stanford is No. 12 and Washington is No. 36.
- ▶ The meet against LSU will count as the annual dual with Mizzou.
- Mizzou has not faced Oklahoma in the regular season since the program entered the SEC for the 2013 season.

UP NEXT

Mizzou returns to the Hearnes Center on Friday, Feb. 5 as the team hosts Lindenwood and Southeast Missouri at 7 p.m. in the State of Missouri Meet.

TIGERS COME IN AT 16TH IN THE NATIONAL RANKINGS

- Mizzou is ranked 16th in this week's national rankings.
- The Tigers were ranked 14th in the first two weeks of the year, the highest for the program since it was ranked 14th on March 5, 2012.
- ▶ The Tigers have steadily climbed in the rankings in Head Coach Shannon Welker's two-plus seasons at Mizzou. Last year in Welker's second year at the helm, the Tigers entered the in-season rankings for the first time since 2012 and ultimately finished 21st in the final team rankings.

BRITNEY WARD NAMED SEC FRESHMAN OF THE WEEK

- One week after claiming SEC Specialist of the Week honors, freshman Britney Ward was named the Southeastern Conference Freshman of the Week, the league announced on Tuesday (Jan. 26).
- ▶ Ward claimed two event titles in Mizzou's win over No. 9 Georgia on Jan. 22. The freshman scored a 9.900 on beam to take the win and earned a 9.875 on yault to tie for the title on that event
- ▶ Her performance comes just one week after winning the same events against Alabama on Jan. 15.
- ▶ In only three collegiate meets, Ward has three vault and three beam titles to her credit. In addition to her wins at Georgia and Alabama, she also won beam in the season opener against Illinois (9.850) and tied for the vault crown at Lindenwood (9.825).

MIZZOU NOTCHES FIRST-EVER SEC DUAL WIN

- Mizzou's 195.800-195.350 win over then-No. 9 Georgia on Jan. 22 marked the program's first-ever Southeastern Conference dual win since the Tigers joined the league for the 2013 season.
- ▶ Missouri has twice beaten Kentucky in the SEC Championships (2013 and 2015) but never defeated an SEC foe during the regular season until last Friday.
- ▶ The Tigers were 0-20 before the win over the Gymdogs.
- The team's narrowest loss in that span was a 194.250-194.125 loss to Arkansas on March 1, 2013.

TIGERS RECORD TOP-10 WIN

- ▶ Mizzou's 195.800-195.350 win over No. 9 Georgia also marked the program's first win over a top-10 opponent since 2012.
- ▶ During that season, the Tigers defeated No. 9 Arkansas, 196.100-195.450, on March 16, 2012 at the Hearnes Center.
- Earlier that season, Missouri also defeated No. 4 Nebraska, 195.725-194.550, on Jan. 28 in Lincoln, Neb.
- Last Friday's win was not the first time the Tigers earned an upset over the Gymdogs. In the 2010 NCAA Columbia Regional, Missouri placed first (196.500) while No. 4 Georgia tied for second (196.275).

MIZZOU POSTS SEASON BEST SCORE AT ALABAMA

- ▶ The Tigers scored a season best 196.050 in the team's SEC opener at Alabama on Jan. 15.
- ▶ The score marked a high for the team in an SEC dual meet since the program joined the league for the 2013 season.
- Mizzou also had season highs on two events (49.075 on beam and 49.025 on vault).
- Last season, the Tigers only scored 196 two times and did not accomplish the feat until the regular season finale against North Carolina State (March 13).
- Ward and freshman Morgan Porter earned wins against the Crimson Tide. Ward took home both the vault and beam titles, while Porter claimed the all-around crown.

JAN. 25 RANKINGS

Rank	Team	Avg.	High
1.	Florida	197.192	197.675
2.	Oklahoma	197.094	197.475
3.	Michigan	196.938	196.975
4.	UCLA	196.758	196.925
5.	Alabama	196.688	197.175
6.	LSU	196.450	196.950
7.	Utah	196.342	196.725
8.	Arkansas	196.113	196.700
9.	Auburn	196.106	196.275
10.	Boise State	196.063	196.425
11.	George Wash.	195.800	196.175
12.	Stanford	195.783	196.675
13.	Georgia	195.769	196.775
14.	Denver	195.642	195.900
15.	Oregon State	195.633	196.350
16.	Missouri	195.600	196.050
17.	Nebraska	195.342	196.150
18.	Minnesota	195.267	195.675
19.	Illinois-Champaign		195.500
20.	Arizona	195.217	196.475
21.	California	195.150	195.650
22.	West Virginia	195.083	195.800
<i>23</i> .	Kentucky	195.033	195.175
24(t).	Eastern Michigan	194.992	195.050
24(t).	Southern Utah	194.992	195.600
26.	New Hampshire	194.919	196.075
27.	Ohio State	194.858	195.275
28.	Western Michigan	194.650	195.275
29.	lowa	194.595	196.375
30.	Sacramento State	194.550	194.900
31.	Utah State	194.458	194.900
32.	Penn State	194.350	194.575
33.	Kent State	194.325	195.150
34.	BYU	194.300	195.475
35.	Central Michigan	194.269	195.275
<i>36.</i>	Washington	194.225	194.650

Italics denotes 2016 regular season opponent

INDIVIDUAL SEASON AND CAREER HIGHS

		<u>s</u>	<u>EASON</u>				<u> </u>	CAREER		
	VAULT	BARS	BEAM	FLOOR	AA	VAULT	BARS	BEAM	FLOOR	AA
Tia Allbritten	-	-	9.750	-	-	-	-	9.850	-	-
Allison Bower	-	9.750	9.800	9.775	-	-	9.750	9.800	9.775	
Blair Elmore	-	-	-	-	-	9.650	9.775	9.775	9.775	38.600
Kennedi Harris	9.875	-	-	9.925	-	9.875	-	-	9.925	-
Alyson Heimsath	-	-	-	-	-	9.775	-	9.825	9.900	
Madeleine Huber	9.725	9.850	-	-	-	9.725	9.850	-	-	-
Brooke Kelly	9.050	9.875	9.850	9.825	38.325	9.050	9.875	9.850	9.825	38.325
Angie Kern	9.750	-	-	9.825		9.850	-	-	9.875	-
Xarria Lewis	9.775	-	-	-	-	9.775	-	-	-	-
Shauna Miller	9.850	9.800	9.750	-	-	9.975	9.900	9.850	9.850	39.325
Morgan Porter	9.825	9.875	9.800	9.825	39.250	9.825	9.875	9.800	9.825	39.250
Becca Schugel	-	9.800	9.825	-	-	9.900	9.850	9.825	9.875	39.300
Michaelee Turner	-	(9.725)	(9.750)	9.850	-		(9.725)	(9.750)	9.850	-
Britney Ward	9.925	-	9.900	-	-	9.925	-	9.900	-	
Storee Yzaguirre	-	-	-	-	-	-	-	-	-	

Mizzou Gymnastics

2016 INDIVIDUAL HIGHS

VAULT	SCORE	DATE
Ward	9.925	Jan. 15
Harris	9.875	Jan. 15
Miller	9.850	Jan. 8
BARS	SCORE	DATE
Kelly	9.875	Jan. 8
Porter	9.875	Jan. 8
Huber	9.850	Jan. 8
BEAM	SCORE	DATE
Ward	9.900	2x, MR Jan. 22
Kelly	9.850	2x, MR Jan. 15
Schugel	9.825	Jan. 22
FLOOR	SCORE	DATE
Harris	9.925	Jan. 22
Harris	9.875	Jan. 10
Turner	9.850	Jan. 15
ALL-AROUND	SCORE	DATE
Porter	39.250	Jan. 10
Kelly	38.325	Jan. 10

2016 TEAM HIGHS

TEAM Score	Meet
196.050	at Alabama (Jan. 15)
VAULT	
Score	Meet
49.025	at Alabama (Jan. 15)
BARS	
Score	Meet
49.175	vs. Illinois (Jan. 8)
BEAM	
Score	Meet
49.075	at Alabama (Jan. 15)
FLOOR	
Score	Meet
49.075	vs. Georgia (Jan. 22)

MIZZOU WITH 39 9.8 SCORES OR HIGHER ON THE SEASON

- Four meets into the 2016 season, Mizzou has tallied 39 individual scores of 9.8 or higher so far this year.
- Last season, the Tigers accumulated 29 scores of 9.8 or higher in the first three four of the year.
- Freshman Morgan Porter paces the team with nine scores of 9.8 or higher on the young season, while classmates Brooke Kelly is second with seven and Britney Ward is third with six.
- Overall, 40.6percent of the team's scores this season have been 9.8 or higher.

TIGERS OPEN 2016 WITH WIN OVER NO. 15 ILLINOIS

- ▶ Mizzou opened the 2016 season in style with a 195.350-195.075 win over No. 15 Illinois on Jan. 8 at the Hearnes Center.
- ▶ The Tigers' score of 195.350 tied the program's highest opening meet score ever. The team also tallied the same total in the 2004 season opener.
- Mizzou's meet was highlighted by a 49.175 on bars in the second rotation, a total that was the highest for the team since it scored a 49.200 midway through the 2014 campaign.
- ▶ Sophomores Kennedi Harris and Shauna Miller and freshman Britney Ward all won or tied for event titles against the Fighting Illini. Miller claimed top honors on vault after a 9.850, Ward tied for first on beam after a 9.850 and Harris tied for the floor crown after a score of 9.900.
- Overall, Mizzou recorded nine individual scores of 9.800 or higher, including two from Miller and freshman Brooke Kelly.

FRESHMEN MAKING AN IMPACT

- ▶ Through four meets this season, Mizzou's big freshman class has accounted for 58 of the team's 96 routines, or 60.4 percent.
- Freshman Morgan Porter leads the way with 15 routines under her belt as she has competed the all-around in three of the team's four meets.
- ▶ Brooke Kelly is close behind with 13 routines.
- Other freshman contributing routines include Allison Bower (11), Britney Ward (eight), Madeleine Huber (six, Michaelee Turner (four) and Xarria Lewis (one).
- ▶ Sophomores have contributed 31.3 percent (30) of routines, while the juniors 8.3 percent (eight) in the four meets.

MIZZOU MADE ENORMOUS STRIDES IN 2015

- ▶ The Mizzou Tigers were the nation's most improved team in 2015, finishing the season 21st in the national rankings only a year after finishing 41st in 2013. The 20-spot jump was the largest of any women's gymnastics program in the country.
- Mizzou finished the 2015 with a regional qualiying score (RQS) of 195.720, almost a full point better than the team's final 2014 RQS of 194.770.
- ▶ The Tigers scored over 195 in 10 of the team's 13 meets a season ago after reaching the mark only four times combined in the 2013 and 2014 seasons.
- Additionally, Missouri reached the 196 mark twice in 2015, a feat the squad had not accomplished since 2012.
- Last season also marked Mizzou's return to NCAA competition as the team qualified for its first NCAA Regional since 2012. At the Normal Regional, the Tigers placed fourth with a score of 196.100, the second-highest NCAA Regional score for the program in history.

HELLO, HELLO

- Mizzou welcomes eight newcomers to the program in 2016. The freshman class includes gymnasts from four different states:
- Allison Bower Mesa, Ariz. // Desert Devils Gymnastics
- Madeleine Huber St. Louis, Mo. // Team Central Gymnastics Academy
- ▶ Brooke Kelly Birmingham, Ala. // Mountain Brook Gymnastics
- Xarria Lewis Columbia, Mo. // Show-Me Gymnastics
- Morgan Porter Overland, Mo. // Team Central Gymnastics Academy
- Michaelee Turner Parkville, Mo. // Mercury Gymnastics
- ▶ Britney Ward Ozark, Mo. // Missouri Valley Gymnastics
- ▶ Storee Yzaguirre Aubrey, Texas // Achievers Gymnastics

TIGERS ON TV

- Mizzou will have five meets televised on the SEC Network this season.
- ▶ The Tigers make their TV debut on Friday, Jan. 15 in a 6 p.m. CT meet at Alabama.
- Missouri next appears on the SEC Network on Fri., Feb. 12 as the Tigers travel to Lexington, Ky., to face Kentucky.
- Additionally, the Tigers' home meet against three-time defending national champions Florida on Feb. 19 will be

MIZZOU GYMNASTICS

TIGERS ON TV (CONT.)

aired live on the network.

- For the first time, both sessions of the 2016 SEC Championships will be aired live after the event was streamed a year ago.
- Additionally, all remaining Tigers' home meets and all SEC away meets will be available on SEC Network + and WatchESPN.

THE 2016 SCHEDULE

- Mizzou will host five meets in 2016, including Friday's Beauty and the Beast and a clash against Georgia at Mizzou Arena. Other home competitions include the State of Missouri Meet (against Lindenwood and Southeast Missouri State), Florida and Arkansas.
- Mizzou travels to SEC foes Alabama, Kentucky and Auburn, takes on Oklahoma, LSU, Stanford and Washington in the Metroplex Challenge, and close the year the regular season at Western Michigan.
- ▶ Overall, the Tigers face 10 teams ranked in the preseason coaches poll, including seven of the poll's top 10 teams.

TIGERS SIGN THREE FOR 2017

- ▶ Mizzou signed three student-athletes to National Letters of Intent, Head Coach Shannon Welker announced on Thursday, Nov. 12.
- Mizzou's three-member signing class includes Rachel Ley (Trophy Club, Texas), Aspen Tucker (Leigh Acres, Fla.) and Alyssa Johnson (Rogers, Minn.).
- We are very excited about these future Tigers," Welker said. "They bring a lot of powerful and dynamic gymnastics along with a true passion to compete. We cannot wait to see the positive impact they have on Mizzou Gymnastics and our culture of excellence."

RACHEL LEY

- ▶ Won the beam title at the 2014 Zenith Classic Invitational
- Placed 10th in the all-around at the 2013 JO National Invitational Tournament
- ▶ Won the 2011 and 2012 Region 9 Championships
- Finished fourth in the all-around at the 2011 Western Championships
- ▶ Boasts best Level 10 scores of 37.725 in the all-around, 9.450 on vault, 9.650 on bars, 9.375 on beam and 9.500 on floor

ASPENTUCKER

- ▶ Tied for seventh on vault at the 2015 Region 8 Championships
- Placed second on both bars and beam and third in the all-around at the 2015 Florida State Championship
- Claimed the 2014 Florida State beam title
- Finished third on vault at the 2013 JO National Invitational Tournament
- Boasts Level 10 career high scores of 38.025 in the all-around, 9.725 on vault, 9.575 on bars, 9.525 on beam and 9.575 on floor
- ▶ Father played professional baseball for seven different teams, including the Kansas City Royals and Atlanta Braves

ALYSSA JOHNSON

- ▶ Two-time Level 10 JO National qualifier
- Placed 10th on vault and 18th in the all-around at 2015 JO Nationals
- Claimed the all-around and bars titles and placed second on beam, third on floor and fourth on vault at the 2015 Region 4 Championships
- Finishes 10th in the all-around at the 2013 JO National Invitational Tournament
- ▶ Won the 2011 and 2012 Level 9 Region 4 bar titles
- ▶ Boasts career best Level 10 scores of 38.000 in the all-around, 9.750 on vault, 9.525 on bars, 9.575 on beam and 9.625 on floor

2016 EVENT WINS

BRITNEY WARD (6)

Vault: Lindenwood, Alabama, Georgia Beam: Illinois, Alabama, Georgia

MORGAN PORTER (4)

All-Around: Lindenwood, Alabama

Vault: Lindenwood Bars: Lindenwood

KENNEDI HARRIS (3)

Floor: Illinois, Lindenwood, Georgia

SHAUNA MILLER (1)

Vault: Illinois

CAREER EVENT WINS

SHAUNA MILLER: 13

All-Around: 3 Vault: 4 Bars: 3 Beam: 2 Floor: 1

BECCA SCHUGEL: 7

All-Around: 3 Vault: 1 Bars: 1 Beam: 1 Floor: 1

KENNEDI HARRIS: 6

Floor: 6

BRITNEY WARD: 6

Vault: 3 Beam: 3

MORGAN PORTER: 4

All-Around: 2 Vault: 1 Bars: 1

ALYSON HEIMSATH: 1

Beam: 1

MIZZOU GYMNASTICS

2016 MEET BY MEET RESULTS

	Overall: 3-1 Season High: 196.050	SEC: 1-1 Vault High: 49.025	Home: 2 Bars Hi	?-0 gh: 49.175	Away: 1-1 Beam High: 49.		al: 0-0 High: 49.075	
DATE	TEAMS	RESULT	TOTAL	VAULT	BARS	BEAM	FLOOR	ATT.
Jan. 8	Missouri		195.350	48.600	49.175	48.625	48.950	2,828
	Illinois	W	195.075	48.325	48.825	48.950	48.975	
Jan. 10	Missouri		195.200	48.750	48.825	48.700	48.925	1,062
	Lindenwood	W	192.000	48.125	47.450	48.450	47.975	
Jan. 15	Alabama	L	197.175	49.350	49.175	49.150	49.500	10,860
	Missouri		196.050	49.025	49.050	49.075	48.900	
Jan. 22	Missouri		195.800	48.775	49.025	48.925	49.075	3,059
	Georgia	W	195.350	49.275	49.175	47.675	49.225	

2016 INDIVIDUAL STATISTICS

TIA ALLBRITTEN

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	-	9.675	-	-
at Lindenwood	-	-	9.750	-	-
at Alabama	-	-	9.750	-	
Georgia	-	-	9.750	-	_
at Metroplex Challenge	-	-	-	-	_
Lindenwood/SEMO	-	-	-	-	-
at Kentucky	-	-	-	-	_
Florida	-	-	-	-	_
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	_
at Western Michigan	-	-	-	-	_
SEC Championship	-	-	-	-	_
Average	-	-	9.731	-	_
ROS	-	-	-	-	_
Season High	-	-	9.750	-	
Career High	-	-	9.850	-	-

ALLISON BOWER

	-				
Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	9.550	(9.700)	9.375	
at Lindenwood	-	9.750	9.750	9.775	
at Alabama	-	9.725	9.800	9.600	_
Georgia	-	9.750	9.675	9.675	-
at Metroplex Challenge	9 -	-	-	-	
Lindenwood/SEMO	-	-	-	-	_
at Kentucky	-	-	-	-	-
Florida	-	-	-	-	
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	_
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	-	9.694	9.742	9.6-6	
RQS	-	-	-	-	
Season High	-	9.750	9.800	9.775	
Career High	-	9.750	9.800	9.775	
-					

KENNEDI HARRIS

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.675	-	-	9.900	-
at Lindenwood	9.775	-	-	9.875	
at Alabama	9.875	-	-	9.850	
Georgia	9.750	-	-	9.925	
at Metroplex Challenge	e -	-	-	-	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	-
Average	9.769	-	-	9.888	
RQS	-	-	-	-	
Season High	9.875	-	-	9.925	
Career High	9.875	-	-	9.925	

MADELEINE HUBER

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.700	9.850	-	-	
at Lindenwood	-	9.750	-	-	
at Alabama	9.725	9.825	-	-	
Georgia	-	9.800	-	-	
at Metroplex Challeng	e -	-	-	-	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.713	9.806	-	-	
ROS	-	-	-	-	
Season High	9.725	9.850	-	-	
Career High	9.725	9.850	-	_	-

BROOKE KELLY

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	9.875	9.275	9.800	_
at Lindenwood	9.050	9.750	9.850	9.675	38.325
at Alabama	-	9.825	9.850	9.775	-
Georgia	-	9.850	8.900	9.825	
at Metroplex Challeng	e -	-	-	-	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	9.050	9.825	9.469	9.769	38.325
ROS	-	-	-	-	
Season High	9.050	9.875	9.850	9.825	38.325
Career High	9.050	9.875	9.850	9.825	38.325

ANGIE KERN

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.725	-	-	9.725	
at Lindenwood	9.700	-	-	9.775	
at Alabama	9.750	-	-	8.950	
Georgia	9.600	-	-	9.825	
at Metroplex Challenge	e -	-	-	-	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	_
Average	9.694	-	-	9.569	
RQS	-	-	-	-	
Season High	9.750	-	-	9.825	
Career High	9.850	-	-	9.875	

2016 INDIVIDUAL STATISTICS

XARRIA LEWIS

Meet	Vault	Bars	Beam	Floor	AA
Illinois	-	-	-	-	
at Lindenwood	-	-	-	-	
at Alabama	-	-	-	-	
Georgia	9.775	-	-	-	
at Metroplex Challenge) -	-	-	-	
Lindenwood/SEMO	-	-	-	-	
at Kentucky	-	-	-	-	
Florida	-	-	-	-	_
at Auburn	-	-	-	-	
<u>Arkansas</u>	-	-	-	-	
at Western Michigan	-	-	-	-	_
SEC Championship	-	-	-	-	_
Average	9.775	-	-	-	
RQS	-	-	-	-	
Season High	9.775	-	-	-	_
Career High	9.775	-	-	-	_

SHAUNA MILLER

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.850	9.800	9.750	-	_
at Lindenwood	9.625	9.775	9.550	-	
at Alabama	9.700	9.750	-	-	
Georgia	9.650	9.725	9.775	-	_
at Metroplex Challenge	e -	-	-	-	_
Lindenwood/SEMO	-	-	-	-	_
at Kentucky	-	-	-	-	_
Florida	-	-	-	-	_
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	_
SEC Championship	-	-	-	-	
Average	9.706	9.763	9.692	-	
ROS	-	-	-	-	
Season High	9.850	9.800	9.775	-	
Career High	9.975	9.900	9.850	9.850	39.325

MORGAN PORTER

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.650	9.875	9.650	9.725	38.900
at Lindenwood	9.825	9.800	9.800	9.825	39.250
at Alabama	9.750	9.850	9.775	9.825	39.200
Georgia	9.725	9.825	-	9.825	-
at Metroplex Challeng	e -	-	-	-	
Lindenwood/SEMO	-	-	-	-	-
at Kentucky	-	-	-	-	-
Florida	-	-	-	-	-
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	-
Average	9.738	9.838	9.742	9.800	39.117
ROS	-	-	-	-	
Season High	9.825	9.875	9.800	9.825	39.250
Career High	9.825	9.875	9.800	9.825	39.250

BECCA SCHUGEL

Meet	Vault	Bars	Beam	Floor	<u> </u>
Illinois	-	9.775	9.700	-	_
at Lindenwood	-	9.725	-	-	
at Alabama	-	9.800	9.700	-	
Georgia	-	9.800	9.825	-	_
at Metroplex Challenge		-	-	-	
Lindenwood/SEMO	-	-	-	-	_
at Kentucky	-	-	-	-	
Florida	-	-	-	-	
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	
at Western Michigan	-	-	-	-	
SEC Championship	-	-	-	-	
Average	-	9.775	9.742	-	
RQS	-	-	-	-	
Season High	-	9.800	9.825	-	
Career High	9.900	9.850	9.825	9.875	-

MICHAELEE TURNER

<u>Meet</u>	Vault	Bars	Beam	Floor	AA
Illinois	-	(9.725)	-	9.800	-
at Lindenwood	-	-	-	9.175	-
at Alabama	-	-	-	9.850	-
Georgia	-	-	(9.750)	9.625	-
at Metroplex Challenge	-	-	-	-	-
Lindenwood/SEMO	-	-	-	-	-
at Kentucky	-	-	-	-	-
Florida	-	-	-	-	-
at Auburn	-	-	-	-	-
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	-
Average	-	9.725	-	9.613	-
RQS	-	-	-	-	-
Season High	-	-	-	9.850	-
Career High	-	(9.725)	(9.750)	9.850	-

BRITNEY WARD

Meet	Vault	Bars	Beam	Floor	AA
Illinois	9.250	-	9.850	-	-
at Lindenwood	9.825	-	9.500	-	-
at Alabama	9.925	-	9.900	-	_
Georgia	9.875	-	9.900	-	-
at Metroplex Challeng	e -	-	-	-	-
Lindenwood/SEMO	-	-	-	-	_
at Kentucky	-	-	-	-	-
Florida	-	-	-	-	-
at Auburn	-	-	-	-	_
Arkansas	-	-	-	-	-
at Western Michigan	-	-	-	-	-
SEC Championship	-	-	-	-	-
Average	9.719	-	9.788	-	-
RQS	-	-	-	-	-
Season High	9.925	-	9.900	-	
Career High	9.925	-	9.900	-	-

TEAM AND INDIVIDUAL RECORDS

		<u>TEAM</u>		INDIVIDUAL			
TOTA					-AROUND	Carab Chira va Illinai- Ct-t-	0/00/40
		at Texas Women's Invite		1			
2	197.350	at Cat Classic	2/6/04		39.675		
		at Mizzou Invitational		3	39.650		
		vs. Oklahoma		_		Alisha Robinson at Cat Classic	
5	196.875	vs. Illinois State	2/26/10	5	39.625		
		at Big 12 Championship				Sarah Shire at Oklahoma	
7	196.675	at Michigan	3/16/07	7	39.600		
8	196.625	vs. Illinois	2/13/09			Sarah Shire vs. Iowa State	1/22/10
		vs. Arkansas					
	196.500			VAU	LT		
		vs. SEM0		1	9.975		2/20/15
VAUL	т					Alisha Robinson at Nebraska	1/31/04
			2/12/04			Alisha Robinson vs. Arkansas	
j. —	49.375	at Texas Woman's Invite	3/12/04	4.	9.950	Shauna Miller vs. Kent State/Towson	
Z	49.350		4/3/04	-		Rachel Updike at Nebraska	
		vs. Arkansas				Rachel Updike at Winterfest	
		at Nebraska	1/31/04			Sarah Shire at Columbia Reg.	4/10/10
5	49.300	at Columbia Regional	4/10/10			Sarah Shire vs. SEMO	2/6/00
		at Cat Classic	2/6/04				2/0/09
7	49.275	at Arkansas				Adrianne Perry vs. SEMO	2/9/07
		at SEM0				Alisha Robinson at Arkansas	2/13/05
		vs. SEMO				Alisha Robinson at TWU Invite	
		at Nebraska				Alisha Robinson at Big 12 Champ	3/20/04
		at Woodaaka	1/20/12				
UNE	/EN BARS				VEN BARS 9.950	Sarah Shire at Lady Luck Invite	1/15/10
1.	49.400	at Texas Woman's Invite	3/12/04	١٠	9.900	Aliaha Dahinaan ya Illinaia	2/11/05
	49.375	vs. Centenary				Alisha Robinson vs. Illinois	2/11/05
	49.350	at Northeast Regional				Alisha Robinson at TWU Invite	
		vs. Illinois				Jodie Heinicka at Cat Classic	2/6/04
4	43.323			5	9.925	Mary Burke at Lady Luck Invite	
	40.000	vs. Arkansas	2/13/04			Sarah Shire vs. Centenary	3/21/10
	49.300	vs. George Washington	2/21/14			Sarah Shire at Illinois	3/13/10
/	49.250					Sarah Shire vs. Oklahoma	2/19/10
		at Utah State	2/20/04			Adrianne Perry vs. Centenary	
		at Cat Classic	2/6/04			Jodie Heinicka vs. SEMO	3/17/06
		at Pittsburgh	3/3/07			Jodie Heinick vs. Iowa State	
						Jodie Heinicka at Nebraska	
RΔIΔ	NCE BEAM						
1,		vs. Illinois	2/11/05			Jodie Heinicka at Centenary	1/20/00
',	43.323					Jodie Heinicka vs. Arkansas	
		at Mizzou Invitational				Andrea Nervig vs. Iowa State	
		vs. Oklahoma				Alisha Robinson at Utah State	
	49.275	vs. SEM0	1/25/04			Alisha Robinson vs. Ball State	
5		vs. Illinois				Shannon Brown at Corvette Cup	3/5/00
6	49.225	at Utah State	2/20/04				
		at Cat Classic	2/6/04	BAL	ANCE BEAM		
8	49.175	at Cat Classic	2/23/07	1.	10.000_	Lauren Schwartzman at TWU	3/12/04
		at Cat Classic	2/24/06			Lauren Schwartzman vs. ISU	
		at Centenary	1/20/06	3	9.975	Lauren Schwartzman vs. Illinois	2/11/05
		vs. Illinois State	1/20/03	4	9.950	Sarah Shire vs. Centenary	
		vo. minoro otato	1/20/00	٠	3.330	Sarah Shire vs. Ullinois State	
<u>FL00</u>	R EXERCISE					Lauren Schwartzman at Cat Classic	
1	49.575	at Mizzou Invitational	3/6/04			Lauren Schwartzman vs. ISU	
		at Cat Classic	2/6/04			Lauren Schwartzman at Cent	1/20/06
3	49.550	at Texas Women's Invite	3/12/04			Lauren Schwartzman vs. Okla.	2/29/04
4.	49.500	vs. Ilinois State					
5.	49.400	vs. Arkansas		FL00	OR EXERCISE		
		vs. Iowa State	1/22/10	1.	9.975	Mary Burke vs. Illinois State	2/26/10
		vs. SEM0	125/04	_		Sarah Shire vs. Illinois State	
8.	49.350	at Michigan	3/16/07			Alisha Robinson at Cat Classic	2/6/04
J	40.000	at Michigan	2/20/04			Lauren Schwartzman at Cat Classic	2/6/04
		vs. Oklahoma	2/29/04	_	0 050		
		vs. Iowa State	3/17/02	5	9.950	Sarah Shire at SEMO	
						Sarah Shire Iowa State	1/21/10
						Adrianne Perry at Big 12 Champ.	
						Lauren Schwartzman vs. SEMO	3/4/05
						Lauren Schwartzman vs. Okla	2/29/04
							2/11/05
						Alisha Robinson at Mizzou Invite	3/6/04
						Δlisha Rohinson at RVII	2/23/04

Alisha Robinson at BYU

Alisha Robinson at Big 12 Champ. _

Alisha Robinson vs. Iowa State

2/23/04

3/29/03

3/17/02

MIZZOU TV ROSTER



Tia Allbritten So. • 5-2 • AA Garland, Texas



Allison Bower
Fr. ● 5-0 ● AA
Mesa, Ariz.



Blair Elmore
Sr. • 5-6 • AA
Houston, Texas



Kennedi Harris So. • 5-0 • AA Atlanta, Ga.



Alyson Heimsath Jr. ● 5-2 ● AA Houston, Texas



Madeleine Huber Fr. • 5-5 • AA St. Louis, Mo.



Brooke KellyFr. • 5-1 • AA
Birmingham, Ala.



Angie KernJr. • 5-4 • AA
Columbia, Mo.



Xarria Lewis
Fr. • 5-4 • AA
Columbia, Mo.



Shauna Miller
So. • 5-2 • AA
Knoxville, Tenn.



Morgan Porter
Fr. • 5-2 • AA
Overland, Mo.



Becca Schugel So. • 5-3 • AA Eagan, Minn.



Michaelee Turner
Fr. • 5-6 • AA
Parkville, Mo.



Britney WardFr. • 5-3 • AA
Ozark, Mo.



Storee Yzaguirre
Fr. • 5-6 • AA
Aubrey, Texas



Shannon WelkerHead Coach
Third Season



John Carney Assistant Coach Third Season



Casey Jo MacPherson
Assistant Coach
Third Season