



# MISSOURI INVITATIONAL

Friday January 15<sup>th</sup>, 2016  
Hearnes Center Fieldhouse // Columbia, Mo.

## TENTATIVE MEET SCHEDULE

### FIELD EVENTS

2:00 p.m.	Men's Weight Throw	(Women to Follow)
	Women's Long Jump	(Men to Follow)
	Men's Pole Vault	(Women to Follow)
	Women's High Jump	(Men to Follow)
To Follow WT	Men's Shot Put	(Women to Follow)
To Follow LJ	Women's Triple Jump	(Men to Follow)

### RUNNING EVENTS

Rolling Schedule

3:15 p.m.	60m Hurdles - PRELIM	Men will go first in all running events, women will follow
	60m Dash - PRELIM	
	Mile Run	
	60m Hurdles - FINAL	
	400m Dash	
	60m Dash - FINAL	
	800m Run	
	200m Dash	
	3000m Run	
	4x400m Relay	

### Minimum Marks

\* Use of minimum marks will be dependent on field size

### Progressions

Men's High Jump 1.87m (6-1.50) 1.92m 1.97m 2.02m 2.07m 2.12m + 3cm	Women's High Jump 1.56m (5-7) 1.61m 1.66m 1.71m 1.76m 1.81m + 3cm	Men's Pole Vault 4.00m (13-1.50) 4.15m 4.30m 4.45m 4.60m 4.75m 4.90m 5.05m 5.20m + 10cm	Women's Pole Vault 3.06m (10-0.50) 3.21m 3.36m 3.51m 3.66m 3.81m 3.96m 4.06m + 10cm	Men's Shot Put 13.50m (44-3.50) Women's Shot Put 12.00m (39-4.50) Men's Weight Throw 14.00m (45-11) Women's Weight Throw 13.50m (44-3.50)
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