

MEDICAL RELEASE FORM

Camper's Name: _____

Parent's Name: _____

Policy Holder's Social Security Number:

Name and Address of Insurance Company:

Insurance Co. Telephone: _____

Policy Number: _____

Group Number: _____

Name & Address of Employer: _____

I verify the camp applicant is in good health and suffers from no illness, disability or condition that requires the taking of medication on a regular basis, unless the condition is disclosed and approved. I hereby authorize the Directors of MSU Track & Field Camp to act for me according to their best judgment in any emergency requiring medical attention.

If the camper should disregard the said rules, neither the camper, parent, nor guardian of the camper may hold Adam Kiesler, The Murray State Track & Field camp, Murray State University, or it's staff responsible for resulting consequences.

I, the undersigned hereby expressly agree to be responsible for any medical bill incurred in the treatment, or any illness, or accident (mental or physical). Also, as a condition of admittance as a camper, and on behalf of the applicant, I hereby release Adam Kiesler, Murray State University, all other employees/agents of the camp from any and all liability from injuries.

Please note: A copy of Murray State University's Annual Security Report can be obtained by contacting the Murray State Police Department at (270) 809-2222 or by accessing it through www.murraystate.edu.

Parent/Guardian Signature: _____

Date: _____

DIRECTIONS

FROM THE EAST OR WEST VIA I-24

Take the Purchase Parkway at exit 25A and proceed south approximately 15 miles. Exit onto HWY 641 (sign marked "Murray State University-US HWY 641 SPUR") and drive south to Murray. Turn right onto HWY 121 and take a left at the next stop light onto Gilbert Graves Cir. Stadium and track is located on the left.

FROM THE EAST OR WEST VIA I-40

Take I-40 to HWY 641 and proceed north to Murray. Continue on HWY 641 (12th St) approximately two miles to Chestnut, turn left onto Chestnut, travel approximately two blocks and turn right onto Gilbert Graves Dr. Travel approximately .25 miles and the stadium and track is located on the right.

FROM SOUTHEAST MISSOURI VIA I-57

Take the Charleston/Wyatt exit and proceed east on HWY 60/62. In Wickliffe, KY, take HWY 121, which will take you through Mayfield, KY and on to Murray. Continue on HWY 121 until you reach Gilbert Graves Cir. And turn right at that stoplight. Stadium and track is located on the left.

FROM THE EAST OR WEST VIA HWY 68/80

From I-24, take the exit for Cadiz/Hopkinsville (Exit 65) and proceed west approximately 15 miles. Remain on Route 80 and proceed approximately 15 miles to Murray. Turn left onto HWY 641 and travel approximately two miles. Turn right at stop light onto HWY 121. At the next stoplight turn left onto Gilbert Graves Cir. Stadium and track is located on the left.

Adam Kiesler Camps & Clinics

Track & Field & Cross Country

Open to all Entrants Grades 6-12

Camp Dates July 8-11th



Adam Kiesler—Head Cross Country & Track & Field Coach at Murray State University. In his eight years at MSU, Kiesler has coached an All-American, NCAA Indoor and Outdoor Qualifier, a 2012 Olympic Trials Qualifier, 14 school records have been broken and he has coached 41 All-OVC Performers and 17 OVC Champions.



A graduate from the University of Michigan, he competed in the multi-events for the Wolverines. Kiesler coaches the sprints, hurdles and throws at MSU

Kelsey Riggins— Assistant Cross Country & Track & Field Coach at Murray State University. Before coming to MSU Riggins was the Director and Head Coach for Track at Waldorf University. There, she coached 10 athletes to All-Conference performances. A graduate of the University of Minnesota, Riggins was a member of the 2006, 2007 and 2008 Big Ten Conference championship teams. As an assistant coach for MSU, Riggins coaches the Multi's and Jumps where she coached an athlete to a fourth and third place finish at the 2017 and 2018 OVC Indoor Championships in the Multi respectively.



Jordan Wallace—Assistant Cross Country & Track & Field Coach at Murray State University. Before MSU Wallace coached at the University of Illinois. Wallace was a 3x National qualifier at Saint Xavier in undergrad and broke the 3,000 meter run record while attending grad school at Eastern Illinois University.



Adam Kiesler Track & Field & Cross Country Camp

Registration: July 8, 4-5:00 PM
Camp Concludes July 11, 11:00 AM

TRACK & FIELD DAILY PLAN:

8:00-9:00 AM Breakfast
9:30-11:30 AM Session 1
11:45-12:30 PM Lunch
12:45-1:30 PM Guest Speaker
2:00-4:30 PM Session 2
5:00-6:00 PM Dinner
6:30-8:00 PM Session 3

CROSS COUNTRY DAILY PLAN:

8:00-9:00 AM Breakfast
9:30-11:30 AM Trail Run/LBL
11:45-12:30 PM Lunch
12:45-1:30 PM Guest Speaker
2:00-4:30 PM Discussion (Training)
5:00-6:00 PM Dinner
6:30-8:00 PM Track Workout

FOR MORE INFORMATION

Contact Assistant Track & Field Coach,
Adam Kiesler at 270-809-5435 or
akiesler@murraystate.edu
Visit www.GoRacers.com to learn more
about Murray State University's Cross
Country, Track & Field program.

RACERS™

REGISTRATION FORM

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Phone: _____ Age: _____

Team/Group Members (if applicable):

Gender: Male or Female (Circle One)

T-Shirt Size: (Circle One)

Youth S M L XL

Adult S M L XL

Parent/Guardian Information

Name: _____

Cell Phone: _____

Email: _____

Emergency Contact

Name: _____

Cell Phone: _____

Event Group (Circle One)

(can change at a later time if needed)

Sprints/Hurdles XC High Jump

Throws Long Jump/Paul Vault

Cost/Housing Option (Circle One)

Single Room (\$325)

Shared Room (\$275)

Commuter/Food Included (\$200)

Team/Group (3 or more, Single \$275, Shared

\$225, Commuter \$175)

Please fill out and return with camp fee to:

Adam Kiesler

217 Stewart Stadium

Murray, KY 42071

Please make checks payable to Adam Kiesler Camps & Clinics. Please have registration form and camp fee postmarked by Monday, July 2nd, 2018.

Detach and Return Here