

General Information

Location	Murfreesboro, Tenn.
Enrollment	23,872
Founded	1911
Nickname	Blue Raiders
Colors	Royal Blue and White
President	Dr. Sidney A. McPhee
Director of Athletics	Chris Massaro
Senior Women's Administrator	Diane Turnham
Main Athletics Phone	615/898-2450
Website	GoBlueRaiders.com
Conference	Sun Belt
Indoor Facility	Murphy Center
Outdoor Facility	Dean A. Hayes
	Track and Soccer Stadium

Athletic Communications

Director	Mark Owens
Track Contact	Christian Lemon
Lemon's e-mail	clemon9@gmail.com
Lemon's Office Phone	615/898-5272
Assistant	Tony Stinnett
Assistant	Jessica Stauffacher
Assistant	Travis Woods
Athletic Communications Fax	615/898-5626
Mailing Address	MTSU Box 20
	Murfreesboro, TN 37132
Overnight Address	1500 Greenland Drive
	Murfreesboro, TN 37132

Head Coach

Head Coach	Dean Hayes
Alma Mater/Year	Lake Forest/1959
Hayes' Office Phone	615/898-2571
Overall Conference Titles	43
Sun Belt Titles	14
All-Americans	48
NCAA Top 25 Finishes	18
Coach of the Year Honors	27

Coaching Staff

Assistant Coach	Roger Kerr
Alma Mater/Year	Iowa/1963
Kerr's Office Phone	615/898-5879
Assistant Coach	Keith Vroman
Alma Mater/Year	Eastern Kentucky/2000
Vroman's Office Phone	615/898-5865
Assistant Coach	Andrew Owusu
Alma Mater/Year	Alabama/1996
Owusu's Office Phone	615/898-5878
Assistant Coach	Laetitia Florimond
Alma Mater/Year	Middle Tennessee/2005
Administrative Assistant	Thomas Keith
Alma Mater/Year	Middle Tennessee/1980
Graduate Assistant	Matt Gooch
Alma Mater/Year	Furman/2005

Middle Tennessee, a Tennessee Board of Regents university, is an equal opportunity, nonracially identifiable, educational institution that does not discriminate against individuals with disabilities.

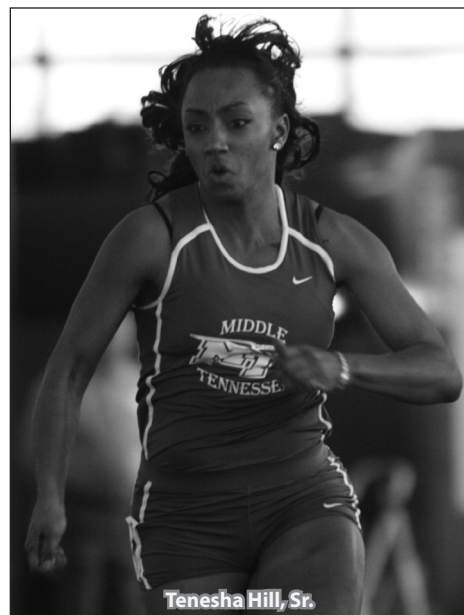
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CREDITS

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Tenesha Hill, Sr.



Roscoe Payne, Jr.

MIDDLE TENNESSEE

STATE UNIVERSITY

MISSION STATEMENT

The Middle Tennessee athletic program is committed to quality athletics that bring the campus community together and promote a sense of pride and tradition in academic and athletic excellence. These programs also bring the University regional and national recognition and provide a link between the University, its alumni and the community at large. They give students, faculty and alumni opportunities for innovative public service activities that better the community. Athletics uses financial and physical resources to maintain and develop sports programs to accomplish the mission of the University.



Throughout the recent history of Middle Tennessee track and field, there have been two constants – veteran coach **Dean Hayes** and a legacy of championship performances. A renowned

track and field coach both in college and professional circles, Dean Hayes has gained great respect since coming to Middle Tennessee 44 years ago.

His men's teams dominated the Ohio Valley Conference, and the women's teams have duplicated that success since Hayes took over the program in 1987. Both squads have continued their successes in the Sun Belt Conference, capturing 14 of the 30 indoor and outdoor titles for which they have been eligible since joining the league seven years ago.

Overall, Hayes has guided the programs to 29 OVC titles, 14 Sun Belt championships, and 18 NCAA Top 25 finishes. Forty-eight of his athletes have earned 82 All-American honors, four have become national champions and a number of them have gone on to compete internationally in the Olympic Games, World University Games and Pan-American Games. There could have been more awards, but Middle Tennessee did not sport a track program from 1987 to 1990.

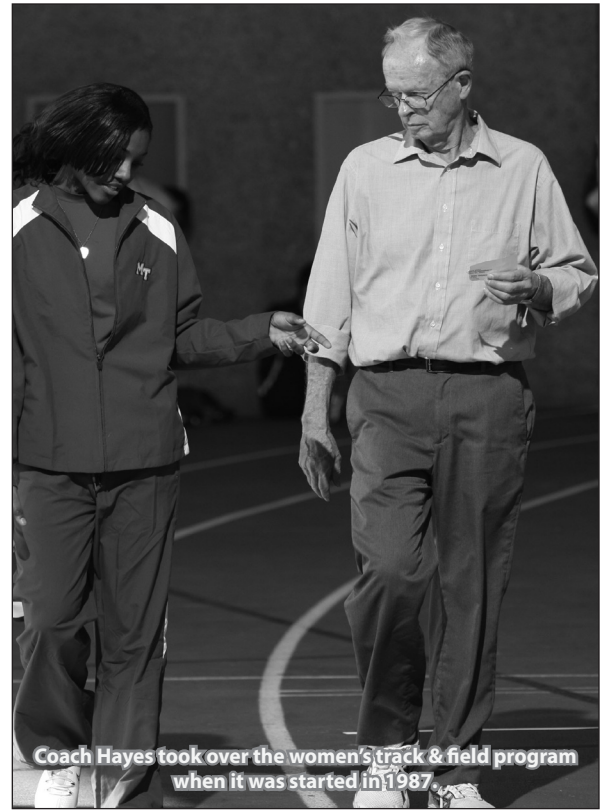
Hayes has added 12 Sun Belt Coach of the Year awards to complement his 15 OVC Coach of the Year honors, which included 10 in a row from 1977 to 1986. He was inducted into the Blue Raider Hall of Fame in 1982 and the Tennessee Sports Hall of Fame in 1994. Hayes became a member of the Illinois Sports Hall of Fame in 1993, was inducted into the Mason-Dixon Athletic Club Hall of Fame in March 2005 and in December 2008 he was inducted into the U.S. Track & Field and Cross Country Coaches Association Hall of Fame.

In May 2009, a formal dedication took place to rename the outdoor track facility in his honor as the Dean A. Hayes Track and Soccer Stadium. The announcement regarding the renaming of the stadium happened earlier in the spring and the dedication was timed to coincide with the Blue Raiders play hosting to the Sun Belt Conference Outdoor Track & Field Championships.

Following the 1981 season, the Division I Track and Field Coaches Association voted Hayes the NCAA Outdoor Coach of the Year. Hayes served as president of the TFCA in 1982-83.

In his first attempt at a Sun Belt Championship, Hayes delivered. The Middle Tennessee women took first place in Miami, Fla., in 2000, and Hayes earned his first Sun Belt Coach of the Year award.

Since taking its place in the Sun Belt full-time prior to the beginning of the 2000-01 academic year, Middle Tennessee has captured 14 of the 30 league titles in indoor and outdoor track and field. Hayes and his charges were instrumental in capturing the school's first-ever Vic Bubas Cup, the league's all-sports trophy, in 2001, when the



HAYES AT A GLANCE

PERSONAL

Birthdate: December 14, 1937
Hometown: Morrison, Ill.
Family: Wife, Jan; daughters, Erin and Kara

EDUCATION

High School: Naperville (Ill.) Central
College: Lake Forest (1959)

HEAD COACH EXPERIENCE (COLLEGE)

Middle Tennessee: 1965 - present

HEAD COACH EXPERIENCE (WORLD)

Goodwill Games: 1998 (New York, N.Y.)
World Championships: 1997 (Athens, Greece)
World Cup: 1994 (London, England)
Goodwill Games: 1990 (Seattle, Wash.)
World University Games: 1985 (Kobe, Japan)

ASSISTANT COACH EXPERIENCE (WORLD)

Olympic Games: 1988 (Seoul, South Korea)
World Championships: 1983 (Helsinki, Finland)
World University Games: 1981 (Bucharest, Romania)

US Olympic Festival: 1978 (Colorado Springs, Colo.)

*Served as referee at 1996 Olympics in Atlanta, Ga.

NCAA TOP 25 FINISHES (18)

Women's Indoor: 1994 - 8th
Men's Indoor: 1971-22nd; 1972 - 7th; 1973 - 8th; 1974 - 14th; 1979 - 20th; 1980 - 19th; 1981 - 11th; 1982 - 11th; 1993 - 21st

Men's Outdoor: 1971 - 25th; 1972 - 22nd; 1973 - 25th; 1974 - 17th; 1976 - 19th; 2003 - 17th; 2007 - 21st
Men's Cross Country: 1966 - 14th

OHIO VALLEY CONFERENCE TITLES (29)

Women's Indoor: 1988, 1991, 1994, 1995, 1996
Men's Indoor: 1979, 1981, 1982, 1983, 1985, 1986, 1991, 1993, 2000
Women's Outdoor: 1991, 1994, 1996
Men's Outdoor: 1977, 1978, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1993, 1994
Men's Cross Country: 1983

SUN BELT CONFERENCE CHAMPIONSHIPS (14)

Women's Indoor: 2001, 2002, 2003, 2004
Men's Indoor: 2001, 2002, 2003, 2004, 2006
Women's Outdoor: 2000, 2005
Men's Outdoor: 2001, 2006, 2007

HONORS

United States Track & Field and Cross Country Coaches Association Hall of Fame: 2008
Mason-Dixon Athletic Club Hall of Fame: 2005
Tennessee Sports Hall of Fame: 1994
Illinois Sports Hall of Fame: 1993
Blue Raider Hall of Fame: 1982
OVC Coach of the Year (15): 1977, 1978, 1979, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1991, 1994, 1995, 1996, 2000
Sun Belt Coach of the Year (12): 2000 (1), 2001 (3), 2002 (2), 2003 (1), 2004 (1), 2005 (1), 2006 (2), 2007 (1)
NCAA Outdoor Coach of the Year: 1981



Coach Hayes giving his acceptance speech at the U.S. Track & Field and Cross Country Coaches Association Hall of Fame ceremony in December 2008.
photo courtesy of the USTFCCA

Games in Bucharest, Romania (1981), the World Championships in Helsinki, Finland (1983), and the Summer Olympic Games in Seoul, South Korea (1988).

In 1996, Hayes served as a referee at the Summer Olympic Games in Atlanta, Ga.

Because of Hayes' international success, numerous foreign athletes have sought out Middle Tennessee as their college of choice.

Hayes' most successful collegiate athletes at Middle Tennessee have competed in the NCAA triple jump, an event in which Hayes specializes.

He coached NCAA champions Tommy Haynes (1974) and Barry McClure (1972, 1973) as well as NCAA high hurdle champion Dionne Rose (1994) and his most recent national champion, Blue Raider Mardy Scales in the 100-meters (2003). Hayes also guided Roland McGhee to nine All-American honors, and both McClure and Greg Artis won All-American

honors seven times.

Hayes earned his B.A. at Lake Forest (Ill.), where he competed in the 800 meters, long jump and triple jump, an event in which he was an NCAA qualifier. After earning his M.S.Ed. at Northern Illinois, Hayes began his coaching career at the high school level in Chicago (three years) and Minneapolis (one year) before returning to Lake Forest and then moving on to Middle Tennessee in 1965.

track programs garnered three SBC titles. The teams played a significant role in Middle Tennessee winning the Bubas Cup in 2004, 2005 and 2007, as well.

Hayes has indeed put Middle Tennessee on the world map in terms of collegiate track and field.

However, Hayes' experience is not limited to the collegiate level. He has coached several teams sponsored by either the United States Olympic Committee or USA Track and Field.

His international experience began at the first Olympic Sports Festival in Colorado Springs, Colo. (1978), and included working as the head coach at the World University Games in Kobe, Japan (1985); Goodwill Games in Seattle, Wash. (1990); World Cup in London, England (1994); World Championships in Athens, Greece (1997); and again at the Goodwill Games in New York City (1998).

The Naperville, Ill., native also has served as an assistant at several international meets. In addition to the first Olympic Sports Festival, Hayes worked as an assistant at the World University



Coach Hayes and his wife of 45 years, Jan

ALL-AMERICANS UNDER HAYES

Greg Artis (7)	1979-81
Ron Bramlett (1)	1999
Jacqui Brown (4)	1994
Jasper Demps (1)	2001
John DoDoo (2)	1978-79
Rayfield Dupree (1)	1977
Sheikh Faye (4)	1976-78
Kim Freeman (1)	2001
Tommy Haynes (3)	1974
Godfrey Herring (5)	2000-02
Dwight Johnson (2)	1984-85
Andre Kirnes (2)	1980, 1983
Eddie Loyd (1)	1982
Garland Martin (1)	2004
Barry McClure (7)	1970-73
Roland McGhee (9)	1991-94
Orestes Meeks (1)	1982
Sarah Nambawa (1)	2008
Christian Nsiah (2)	1996, 1999
Victor Okorie (1)	2003
Brian Oldfield (1)	1965
Micah Otis (1)	1994
Orlando Reid (3)	2006-07
Andreja Ribac (1)	2000
Dionne Rose (4)	1994
Mardy Scales (5)	2002-04
Juan Walker (2)	2006-07
Jimmy Washington (1)	1976
Linnie Yarbrough (1)	2006

1981 Mile Relay (1)

Barry Gambrell, Mike Davidson, Gary Mitchell, Tim Johnson

1982 Mile Relay (1)

Herb Newton, Gary Mitchell, Tim Johnson, Floyd James

1982 Distance Medley (1)

Herb Newton, Joe O'Loughlin, Tim Johnson, John Davis

2003 4x100m Relay (1)

DJ Spann, Mardy Scales, Brad Orr, Pedro Holiday

2004 4x100m Relay (1)

Xavier Darden, Mardy Scales, Wesley Dupar-Scott, JJ Sturm, Pedro Holiday

2007 4x100m Relay (1)

Juan Walker, Orlando Reid, Sean Waller, Samuel Adade



Middle Tennessee assistant track and field coach **Roger Kerr** has quite an extensive resume, which includes more experiences than most head coaches around the country. Then again, Kerr has a solid

history as a head coach.

The former head coach at Arizona State, Illinois State and Evansville is still involved in collegiate track and field competition for one simple reason – the Iowa native enjoys teaching and working with young athletes. In his 11 previous years with the Blue Raiders, Kerr has focused much of his energy on working with sprinters, hurdlers and weights. Kerr also deals with team equipment and helps with recruiting duties.

Kerr earned his bachelor's and master's in physical education at the University of Iowa, where he was a three-year star on the track and field team. By the time Kerr graduated from Iowa in 1963, he held Hawkeye records in the 600 and 660 as well as a share of the indoor and outdoor mile relay. Both the 600 and 660 records stood for more than 20 years.

Upon earning his master's, Kerr became the head coach at the University of Evansville for both men's track and field and cross country before moving on to Purdue University. In his six years at Purdue, Kerr served as head coach of the men's cross country team while working as an assistant to the men's track and field program. Kerr also earned his Ph.D. in educational administration while at Purdue.

Kerr then had a four-year stint at Illinois State, thanks to a recommendation from Dean Hayes. While at ISU, Kerr also served as an assistant to the athletic director.

Leaving the midwest for the first time, Kerr then moved to Tempe, Ariz., where he spent eight years as the head women's track and field coach for the Arizona State Sun Devils and assistant coach for the men's program. While in the "Valley of the Sun," Kerr's teams accumulated five national placings, two conference titles, 12 individual Olympians, two gold medalists and one Olympic silver medalist. At that point, Kerr took his 20 years of coaching experience and 26 years of being involved in track and field at the collegiate level and focused his attention on international competition.

Kerr worked at the Summer Olympic Games in Los Angeles, Calif. (1984) and Atlanta, Ga. (1996). He also worked the Winter Olympic Games in Calgary, Alberta (1988) and Lillehammer, Norway (1994), as well as the Pan-American Games in Indianapolis, Ind. (1987), and



Coach Kerr enters his 12th season with the Blue Raiders in 2009

Buenos Aires, Argentina (1995). With his vast experience at the college level, it should come as no surprise that Kerr has worked at the World University Games in Buffalo, N.Y. (1993), and San Francisco, Calif. (1995).

Kerr's experience includes, but is not limited to, athletic ticket coordination, athletic transportation arrangements and athletic coordination for ABC and BBC television for post-meet interviews at the 1984 Summer Olympic Games in Los Angeles. He has worked in administrative

preparation and arrangements and equipment and clothing distribution.

He also has taken part in United States Olympic Festivals in Baton Rouge, La. (1985), Houston, Texas (1986) and Colorado Springs, Colo. (1995). During the time Kerr worked at various international meets, he also spent time as an independent commodities and financial broker before returning to the love of his life – college track and field.

KERR AT A GLANCE

Personal

Birthdate: November 2, 1941
Hometown: Wapello, Iowa
Family: Sons - Michael, Richard and James

Education

High School: Wapello (Iowa) High School
College: Iowa (1963), B.S., M.A.; Purdue, Ph.D.

Head Coaching Experience (College)

Arizona State: 1977-85 (Women's T&F/XC)
Illinois State: 1973-77 (Men's T&F/XC)
 also served as an assistant to ISU AD
Purdue: 1967-73 (Men's XC)
Evansville: 1965-67 (Men's T&F/XC)

Assistant Coaching Experience (College)

Middle Tennessee: 1997-present
Arizona State: 1977-79 (Men's T&F/XC)
Purdue: 1967-73 (Men's T&F)
Evansville: 1965-67 (Men's Basketball)

World Competition Experience

Summer Olympic Games: 1996 (Atlanta, Ga.)
Pan-American Games: 1995 (Buenos Aires, Argentina)
US Olympic Festival: 1995 (Colorado Springs, Colo.)
World University Games: 1995 (San Francisco, Calif.)
Winter Olympic Games: 1994 (Lillehammer, Norway)
World University Games: 1993 (Buffalo, N.Y.)
Winter Olympic Games: 1988 (Calgary, Alberta)
Pan-American Games: 1987 (Indianapolis, Ind.)
US Olympic Festival: 1986 (Houston, Texas)
US Olympic Festival: 1985 (Baton Rouge, La.)
Summer Olympic Games: 1984 (Los Angeles, Calif.)

Honors

University of Iowa Hall of Fame: 1986
Finkbine Leadership Award: 1963

- Held records for both the 600 and 660 at the University of Iowa for over 20 years



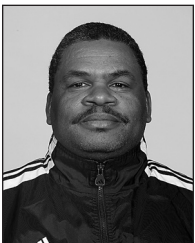
Keith Vroman begins his sixth season at Middle Tennessee and his second as a full-time assistant for the Blue Raiders. Vroman is currently in his ninth year of coaching and brings with

him the experience of two distance running programs steeped in tradition, Eastern Kentucky University and Grand Valley State University.

Vroman's experience in distance running has helped the Blue Raider cross country teams make consistent strides in addition to strong showings during the distance events in the indoor and outdoor track seasons. Seven men and three women have earned All-Sun Belt honors under Vroman's tutelage, including at least one male in each of the last five years.

Vroman was hired full-time during the summer of 2007 and helps in all areas of the program, including recruiting and meet management.

The Ludington, Mich., native earned his bachelor's in physical education, his master's in health education and an M.S. in sports administration at Eastern Kentucky, where he competed in cross country and the steeplechase.



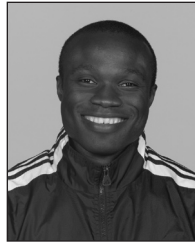
Thomas Keith has been a valuable member of Dean Hayes' track and field coaching staff since 1976.

Known for his positive attitude and uncanny patience, Keith is considered among the nation's top coaches in terms of dealing with athletes.

Exceedingly versatile, Keith is able to run practices, coach Meets and handle equipment as well as work with athletes in a professional manner. Keith transferred to Middle Tennessee in the fall of 1976 and immediately went to work as team manager. He has been with the program ever since.

The Tullahoma, Tenn., native currently teaches at Mitchell-Neilson Elementary School in Murfreesboro. Keith has one daughter, Desiree.

His extensive history with Dean Hayes and the Middle Tennessee track and field program makes him an extremely valuable cog in the machinery of Blue Raider success.



Andrew Owusu serves as an assistant at Middle Tennessee, bringing a vast amount of experience in the horizontal jumps.

Owusu has been associated with the Middle Tennessee track program since 1999, and his contribution to the program solidifies its position as one of the premier institutions for long and triple jump in the Sun Belt Conference and the nation.

Owusu is a full-time assistant professor in the Health and Human Performance Department at Middle Tennessee. He has a wealth of international experience, including two World Championships, three Olympic games, one World Cup and four All-Africa Games.

Owusu earned his bachelor's in biology from Alabama, where he garnered eight All-America honors. He held school records in both the long and triple jump upon graduation. Owusu completed an M.S.Ed. in sports administration and management at Wayne State College and in 2004 earned a Ph.D. from Middle Tennessee in human performance.



Laetitia Florimond begins her fourth season on the Middle Tennessee coaching staff after a successful career as a Blue Raider. She spent the last three years as a graduate

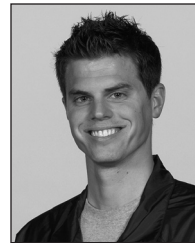
assistant at her alma mater.

Florimond holds the school record in the javelin with a mark of 140-9 and ranks second in the discus (143-6) and fourth in the shot put (47-5.25) on the Blue Raider Honor Roll.

The Gardanne, France, native began her coaching career in 2000 at a primary school in Salon de Provence in her home country. She has overseen the throwers at Middle Tennessee the last three years, including all-conference performers James Thomas, Willie Parker, Meaghan Byrd, Brittany Cox and MeLyn Thompson.

Florimond has taken part in a speed development camp at Texas and was an intern with the Tennessee Secondary School Athletic Association in 2007. She also serves as a unit leader for Girl Scouts of Middle Tennessee.

Florimond graduated from Middle Tennessee with a bachelor's in physical education in 2005 and a master's degree with a concentration in sport management in 2007. She is currently an adjunct professor at Middle Tennessee.



Matt Gooch begins his third season as a graduate assistant at Middle Tennessee.

Gooch has worked exclusively with the distance runners at Middle Tennessee after a college

career in track and cross country at Furman University.

He is a certified strength and conditioning specialist with the National Strength and Conditioning Association and has a level I coaches certification from USA Track and Field.

Gooch was a volunteer assistant for the track and cross country teams at Brentwood High School in Brentwood, Tenn., for the 2005-06 academic year.

Gooch received his bachelor's from Furman in health and exercise in 2005 and is currently working on his master's in exercise science at Middle Tennessee.

Men's Track & Field

<u>Name</u>	<u>Pos.</u>	<u>Ht.</u>	<u>Wt.</u>	<u>Cl.</u>	<u>Hometown (Previous School)</u>
Samuel Adade	Sprints	6-1	185	Sr.	Kumasi, Ghana (Prempeh College)
Philip Benavides	Distance	6-1	165	Jr.	Knoxville, Tenn. (Knoxville Catholic HS)
Malcolm Beyah	Sprints	5-11	182	So.	Chamblee, Ga. (Chamblee HS)
Isaac Biwott	Distance	5-9	130	So.	Burnt Forest, Kenya (Kapngetuny)
Robert Carter	Sprints	5-9	130	So.	Chattanooga, Tenn. (Central HS)
Festus Chemaoui	Distance	5-9	128	So.	Ainobkoi, Kenya (Kapngetuny)
Derrick Crutcher	Throws	5-10	210	Fr.	Chattanooga, Tenn. (Ooltewah HS)
David Emery	Distance	6-3	154	So.	Pinckney, Mich. (Pinckney HS)
Robert Ezell	Sprints	6-1	155	So.	Antioch, Tenn. (Antioch HS)
Greg Franklin	Sprints	5-10	165	Sr.	Prattville, Ala. (Prattville HS [Pratt (Kan.) CC])
Stanley Gbagbeke	Jumps	6-0	154	So.	Oginibo, Nigeria (Oviorie [Delta State])
Rod Isaac	Sprints	5-11	188	Jr.	Miami, Fla. (Miami-Dade Central HS)
Brandon Jones	Jumps	6-3	162	Sr.	Arlington, Tenn. (Cordova HS)
Curtis King	Sprints	5-9	165	Jr.	Montgomery, Ala. (Jefferson Davis HS [Johnson City CC/Pratt CC])
Julius Kirui	Distance	5-9	140	Jr.	Kapsabet, Kenya (Kapsabet Boys HS)
Darnell McCurdy	Middle Distance	5-8	148	Fr.	Memphis, Tenn. (Fayette-Ware HS)
Carl Morgan	Jumps	6-0	178	r-Sr.	Georgetown, Grand Cayman (John Gray HS [Lindsey Wilson College])
Roscoe Payne	Hurdles	6-3	172	Fr.	Flint, Mich. (Carman-Ainsworth HS)
DeRay Sloss	Hurdles	6-2	194	Jr.	Nashville, Tenn. (McGavock HS [Belmont])
William Songock	Distance	5-9	116	Jr.	Moiben, Kenya (Uasin Gishu HS)
Joshua Wheeler	Middle Distance	5-10	155	Jr.	Milwaukee, Wis. (Riverside HS [Concordia (Wis.)])

Women's Track & Field

<u>Name</u>	<u>Pos.</u>	<u>Ht.</u>	<u>Cl.</u>	<u>Hometown (Previous School)</u>
Marla Bailey	Distance	5-9	So.	Barrie, Ontario (Barrie Central HS)
Ashley Comstock	Distance	5-2	Sr.	Barrie, Ontario (St. Joan of Arc HS)
Maité Cortin	Throws	6-0	Sr.	Laval, France (Eastern Michigan)
Brittany Cox	Throws	5-9	Jr.	Antioch, Tenn. (Glencliff HS)
TraMayne Gillyard	Sprints	5-6	Sr.	Jacksonville, Fla. (Edward H. White HS)
Kiara Henry	Sprints	5-8	Fr.	Atmore, Ala. (Escambia County HS)
Tenesha Hill	Sprints	5-3	Sr.	Germantown, Md. (Gaithersburg HS (McKendree College))
Sarah Nambawa	Middle Distance/Jumps	5-5	Jr.	Kampala, Uganda (Ndejje University)
Nicole Neeb	High Jump	5-10	Fr.	Stratford, Ontario (Northwestern Secondary)
Zamzam Sangau	Distance	5-6	Jr.	Kampala, Uganda (Kyambog University)
Jackline Serem	Distance	5-1	Fr.	Rift Valley, Kenya (Sacho HS)
Ashleigh Thaler	Distance	5-1	Sr.	Franklin, Tenn. (Franklin HS)
MeLyn Thompson	Throws	5-6	Jr.	Chattanooga, Tenn. (Girls Preparatory School)
Kortney Thurman	Jumps/Sprints	5-7	So.	Powder Springs, Ga. (McEachern HS)
Kristen Tithof	Distance	5-6	Fr.	Friendsville, Tenn. (William Blount HS)
Nyeisha Wright	Jumps/Sprints	5-7	r-So.	Colorado Springs, Colo. (Widefield HS [Southern Miss])

Head Coach: Dean Hayes

Assistant Coach: Roger Kerr

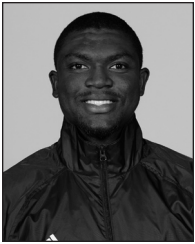
Assistant Coach: Keith Vroman

Administrative Assistant: Thomas Keith

Assistant Coach: Andrew Owusu

Assistant Coach: Laetitia Florimond

Graduate Assistant: Matt Gooch



**Samuel Adade
Sr. • 6-1 • 185 • Sprints
Kumasi, Ghana/
Premph College
2007-08**

Indoor

Earned All-Sun Belt honors in the 200 meters, placing third at the SBC Championships ... Won the 200 in 21.60 and placed second

in the 55 meters in 6.45 at the MT Christmas Invitational ... Came in eighth in the 200 in 22.44 at the Kentucky Invitational ... Won the 200 in 21.44 and placed fourth in the 55 in 6.38 at the Middle Tennessee Classic ... Finished fifth in the 200 in 21.52 and 12th in the 60 meters in 6.83 at the Rod McCravy Memorial ... Placed sixth in the 55 in 6.48 at the MT Valentine Invitational ... Came in third in the 200 in 21.63 and fourth in the 55 in 6.42 at the Sun Belt Championships.

Outdoor

Ranked 37th in the nation on the NCAA descending order list in the 100 meters with a time of 10.36 and 111th in the 200 meters with a time of 21.21 ... Earned All-Sun Belt honors in the 100, placing third at the SBC Championships ... Placed fourth in the 100 in 10.61 and was a member of the third-place 4x200-meter relay (1:26.44) at the Clemson Relays ... Won the 100 in 10.76 at the Yellow Jacket Invitational and was 15th in 10.91 at the Tiger Track Classic ... Member of the sixth-place 4x100-meter relay (41.30) at the Sea Ray Relays ... Finished second in the 200 in an NCAA regional qualifying time of 21.21 and fourth in the 100 at the Vanderbilt Invitational ... Member of the 4x100 and 4x200 squads at the Penn Relays ... Placed third in the 100 in a personal-best 10.36, sixth in the 200 and was a member of the second-place 4x100 relay at the SBC Championships ... Ran 10.39 in the 100 prelims, a personal-best 20.97 in the 200 prelims and was a member of the 4x100 relay at the NCAA Mideast Regional.

2006-07

Indoor

Came in second in the 200 meters in 21.95 at the MT Christmas Invitational ... Placed third in the 400 meters in 49.87 and was a member of the winning mile relay (3:15.20) at the Blue Raider Invitational ... Came in fourth in the 200 in 22.03 at the Carle-Health Alliance Invitational ... Finished third in the 200 in 22.06 and fifth in a personal-best 48.97 in the 400 at the MT Valentine Invitational ... Won the 200 in 21.72 and finished third in the 400 in 48.78 at the Sun Belt Championships.

Outdoor

Part of the second-place 4x200-meter relay (1:23.65) and third-place NCAA regional qualifying 4x400-meter relay (3:08.82) at the Alabama Relays ... Finished eighth in the 100 in 10.65 and was a member of the fourth-place NCAA regional qualifying 4x100-meter relay (39.97) at the Yellow Jacket Invitational ... Came in 15th in the 100 in 10.74 and a member of the second-place 4x200 relay (1:24.10) at the Sea Ray Relays ... Ran fourth in the 100 in 10.61, seventh in the 200 in 21.22 and was a member of the winning 4x100 relay (39.57) at the Vanderbilt Invitational ... Member of the fourth-place 4x100 relay (40.21) and second-place 4x200 relay (1:22.81) at the Penn Relays ... Placed eighth in the 100 in 10.71 and was a member of the winning 4x100 relay (39.84) at the Sun Belt Championships ... Member of the third-place 4x100 relay (39.91) at the NCAA Mideast Regional ... Member of the fifth-place 4x100 relay (39.78) at the NCAA Championships, earning All-America honors.

2005-06

Indoor

Posted a second-place finish in the 200 meters at the MT Christmas Invitational and was a member of the second-place mile relay team ... Member of the winning mile relay at the Blue Raider Invitational ... Finished second in the 55 meters and fourth in the 200 at the MT Valentine Invitational.

Outdoor

Posted a season-best 10.54 in the 100-meters at the Sea Ray Relays and finished third in a season-best 21.42 in the 200 meters at the Vanderbilt Invitational ... Placed sixth in the 100, seventh in the 200 and was a member of the winning 4x100-meter relay at the Sun Belt Championships ... Member of the third-place 4x100 in a season-best 39.94 at the NCAA Mideast Regional ... Member of the 4x100 unit with a time of 40.40 in the prelims at the NCAA Championships.

Before Middle Tennessee

Holds the 200 meter record (21.3) for the Kumasi interscholastic schools ... West Africa 100 and 200 champion in 2004 ... Finalist at the World Junior Championships in 2004 in Italy, finishing seventh ... Participated in the Ghana Junior National Championships from 2001-04 ... Member of the Ghana National Team at the 2004 Olympics in Athens, Greece.

Personal

Born Samuel Kwasi Adade on June 16, 1985 ... Son of Graham and Agnes Adade ... Majoring in business.



Samuel Adade, Sr.



**Philip Benavides
Jr. • 6-1 • 165 • Distance
Knoxville, Tenn./
Knoxville Catholic HS
2007-08**

Cross Country

Finished in the top 45 in five of the six events ... Placed 39th at the Belmont Opener in 16:43.71 (5K) and 38th at the UTC Powerade Invitational in 17:08 (5K) ... Finished 43rd at the Old Timers Classic in 28:03.71 (5 miles) and 191st at the Louisville Classic in 27:14.18 (8K) ... Posted an 11th-place showing at the FrontRunner Invitational in 16:59 (5K) and placed 33rd at the Sun Belt Champi-

onships in 27:30.91 (5 miles).

Indoor

Finished sixth in the mile run in 4:33.35 and eighth in 3:45.65 as a member of the mile relay team at the MT Christmas Invitational ... Placed 17th in the mile (4:33.49) at the Kentucky Invitational ... Came in ninth in the 3000 meters in 9:16.45 at the Blue Raider Invitational ... Ran the mile in 4:38.18 at the Middle Tennessee Classic, placing 11th ... Placed 39th in the 3000 in 9:01.95 at the Rod McCravy Memorial ... Finished 21st in the mile run in 4:43.10 at the Sun Belt Championships.

Outdoor

Ran with the 4x1500m relay, finishing third, and distance medley relay in second at the Clemson Relays in times of 16:51.40 and 10:47.37, respectively ... Set a personal best of 4:08.98 in the 1500 meters, placing 34th, at the Tiger Track Classic ... Placed 15th with a personal-best 4:07.14 at the Boston-Moon Classic ... Finished first as member of the 4x1500m relay team at the Sea Ray Relays ... Set a personal best of 15:38.88 in the 5000 meters finishing 21st at the Vanderbilt Invitational ... Came in 13th in the 3000-meter steeplechase in 10:39.33.

2006-07

Cross Country

Finished 39th in 17:29 over 5K at the UTC Opener and 34th in 30:40.70 over 8K at the WKU Old Timers Classic ... Placed 35th in 17:27 over 5K at the Front-Runner Invitational ... Came in 53rd at the Sun Belt Championships in 28:35.48 over 8K.

Indoor

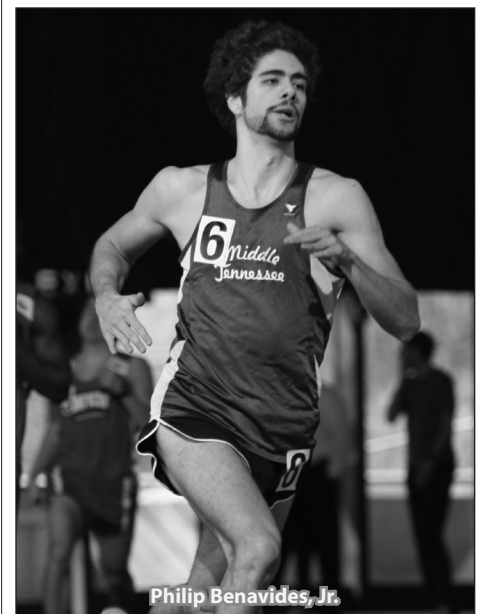
Did not compete.

Outdoor

Placed 30th in the 1500 meters in 4:12.19 at the Yellow Jacket Invitational ... Finished 26th in the 1500 in 4:11.91 and was a member of the eighth-place 4x400-meter relay (3:37.38) at the Tiger Track Classic ... Posted a personal-best 9:08.20, placing 11th in the 3000 meters at the Boston-Moon Classic ... Set another PR in the 3000 in 9:03.67 and ran 800 meters in 2:02.62 at the Vanderbilt Invitational ... Placed 12th in the 5000 meters in 15:40.01 at the Stan Lyons Invitational ... Came in 13th in the 10,000 meters in 36:22.17 at the Sun Belt Championships.

High School

Two-year letterwinner in track and cross country at Knoxville Catholic HS ... Region and metro champion and finished third in state for two miles ... Holds the



Philip Benavides, Jr.

2009 Blue Raiders

school record for two miles ... Also lettered three years in soccer.

Personal

Born Philip Austin Benavides on February 21, 1988 ... Son of Dolly Young and Phil Benavides ... Majoring in business administration.



Malcolm Beyah
So. • 5-11 • 182 • Sprints
Chamblee, Ga./
Chamblee HS

2008-09

Football

Named Third Team All-Sun Belt by Phil Steele, All-Sun Belt Freshman Team by the *Daily News Journal* and *Rivals.com* Sun Belt All-Freshman Team in 2008 ... Played in 12 games with eight starts ... Hauled in 33 receptions and led the Blue Raiders with six touchdown catches and a 16.7 yard per catch average ... Caught a 32-yard Hail Mary on the game's final play to defeat FAU on national TV.

High School

Rated as the 90th best athlete in the nation by *Rivals.com* and No. 186 as a wide receiver by *Scout.com* ... Played offense, defense and special teams for Chamblee High School, which finished No. 3 in the 2007 Georgia Associated Press poll ... Also excelled on the track, where he owned the fastest 200-meter time in the state and the 12th fastest in the nation with a time of 21.46 ... His 55-meter time of 6.48 was the 26th fastest nationally ... Trained with former two-time Olympic gold medalist Antonio McKay ... Clocked in high school at 4.32 and 4.39 in the 40-yard dash.

Personal

Born Malcolm Jamaal Beyah on October 23, 1989 ... Son of Reginald and Carla Beyah.

Isaac Biwott
So. • 5-9 • 130 • Distance
Burnt Forest, Kenya/
Kapngetuny

2008-09

Cross Country

Finished in the top 30 in six out of eight races ... Placed third in 17.49 at the Agnes Scott Invitational (5K) and 18th in 16:04.61 at the Belmont Opener (5K) ... Finished 28th in the Memphis Twilight Classic (8K) coming in at 26:44.91 and at 27:15.20 at the WKU Old Timers Classic (5 miles) ... Came in 11th with a personal-best 15:49 at the UTC Invitational (5K) ... Finished the season running 18th at the Sun Belt Championships (8K).

2007-08

Cross Country

Earned All-Sun Belt honors after placing 10th at the SBC Championships, finishing the five-mile course in 26:09.38 ... Finished in the top 30 in four of the five events ... Placed 23rd at the UTC Powerade Invitational in 16:09 (5K), 27th at the Old Timers Classic in 26:53.24 (5 miles) and eighth at the FrontRunner Invitational in 16:05 (5K) ... Ran 8K at the Louisville Classic in 25:47.68.

Indoor

Placed fourth in the mile run in 4:26.06 and was a member of the eighth-place mile relay (3:45.65) at the MT Christmas Invitational ... Finished 12th in the mile (4:27.75) and was a member of the 10th-place

4x400-meter relay (3:43.27) at the Kentucky Invitational ... Placed fourth in the 800 meters in 1:58.13 at the Middle Tennessee Classic ... Finished 31st in the 800 (2:01.35) and 23rd in the mile (4:20.38) at the Rod McCravy Memorial ... Placed ninth in the 800 in 1:58.91 at the MT Valentine Invitational ... Finished fifth in a personal-best 15:08.14 in the 5000 meters, sixth in the mile in 4:20.28 and was a member of the third-place distance medley relay (10:18.16) at the Sun Belt Championships.

Outdoor

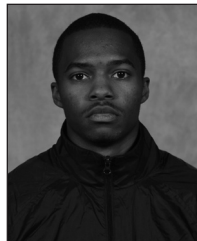
Member of the third-place 4x1500-meter relay (16:51.40) and the second-place distance medley relay (10:47.37) at the Clemson Relays ... Placed fourth and set a personal best in the 5000 meters (14:55.22) at the Vanderbilt Invitational ... Finished second in the 1500 meters at the Coach O Invitational in 3:59.24 ... Placed fourth in the 10,000 meters at the Sun Belt Championships in 32:38.33.

Before Middle Tennessee

Ran track for Elijah Kiprokos and attended Olaare Primary and Kapngetuny HS in Eldoret, Kenya.

Personal

Born Isaac Kiptanui Biwott on August 15, 1986 ... Son of Simion and Sarah Biwott ... Cousin Julius Kosgei was an All-American at Harding University.



Robert Carter
So. • 5-9 • 130 • Sprints
Chattanooga, Tenn./
Central HS

2007-08

Indoor

Placed 13th in the 400 meters in 54.43 at the MT Christmas Invitational ... Finished 14th in the 200 meters in 23.41 and posted a time of 6.84 in the 55 meters at the Blue Raider Invitational ... Placed 13th in the 200 in 23.32 and 12th in the 400 in 54.23 at the Middle Tennessee Classic ... Finished 16th in the 400 in 53.55 at the MT Valentine Invitational and 21st in 52.12 at the Sun Belt Championships.

Outdoor

Posted a 400 meter time of 52.77 at the Yellow Jacket Invitational ... Finished the 200 meters in 23.15 and the 400 in 52.26 at the Tiger Track Classic ... Posted a time of 22.76 in the 200 and 52.69 in the 400 at the Coach O Invitational.

High School

Posted personal-best times of 22.1 in the 200 meters and 11.01 in the 100 meters for coach Reggie Upshaw at Chattanooga Central HS.

Personal

Born Robert Curtis Carter III on March 9, 1989 ... Son of Robert Jr. and Tina Carter.



Festus Chemaoui
So. • 5-9 • 128 • Distance
Ainobkoi, Kenya/
Kapngetuny

2008-09

Cross Country

Finished in the top 10 in five out of eight races ... Won the season opener at the Agnes Scott Invitational in 17:13 and finished ninth at the Belmont Opener (5K) in 15:54.35 ... Came in 25th at the Memphis Twilight Classic (8K) in 26:31.55 and 45th at the Greater Louisville Classic (8K) in 25:00.48 for a season-best time ... Finished the season with two top-10 finishes, coming in eighth at the WKU

Old Timer's Classic (8K) in 26:07.60 and sixth at the UTC Invitational (5K) in 15:28 ... Earned All-Sun Belt honors coming in eighth at the Sun Belt Championships (8K), finishing in 25:57.97.

2007-08

Cross Country

Placed in the top 25 in the first four events of the year, winning twice ... Won his first collegiate event, finishing the 5K course at Belmont Opener in 15:12.45 ... Placed fourth at the Old Timers Classic in 25:27.91 (5 miles) and 23rd at the Louisville Classic in 24:39.38 (8K) ... Won the UTC FrontRunner Invitational in 15:16 (5K) ... Had a mishap at the Sun Belt Championships in which his shoe came off during the race, which pushed him back to 11th in 26:15.91 (5 miles) ... Finished 49th at the NCAA South Regional in 32:33.99 (10K).

Indoor

Garnered Sun Belt Freshman of the Year honors after compiling 18 points at the conference championships, winning the mile run along the way ... Earned All-Sun Belt honors in the mile and also after placing third in the 3000 meters at the SBC Championships ... Won the mile in 4:13.96 and the 3000 in 8:39.29 at the MT Christmas Invitational ... Finished third in the 3000 in a personal-best 8:30.61 at the Kentucky Invitational ... Placed third in the mile in 4:17.55 at the Blue Raider Invitational ... Won the 3000 in 8:49.51 and was fourth in the mile in 4:23.28 at the Middle Tennessee Classic ... Finished 14th in the mile in 4:13.59 and 36th in the 800 meters in 2:04.40 at the Rod McCravy Memorial ... Placed 17th in the 800 in 2:02.95 at the MT Valentine Invitational ... Won the mile in 4:16.81, placed third in the 3000 in 8:31.04 and finished seventh in the 5000 in a personal-best 15:19.66 at the Sun Belt Championships.

Outdoor

Earned Sun Belt Freshman of the Year honors after earning 19 points at the Sun Belt Championships in four events ... Ranked 118th in the nation on the NCAA descending order list in the 3000-meter steeplechase with time of 9:40.33 ... Earned All-Sun



Festus Chemaoui, So.

Belt honors in the steeplechase and 1500 meters, winning the steeplechase and placing third in 1500 at the SBC Championships ... Member of the third-place 4x1500-meter relay (16:51.40) at the Clemson Relays ... Placed third in the steeplechase in 9:45.18

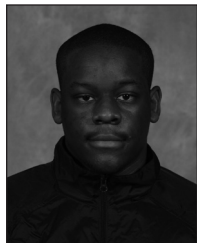
at Yellow Jacket Invitational and third in same event in 9:28.82 at the Tiger Track Classic ... Member of the winning 4x1500 relay (16:23.42) at the Sea Ray Relays ... Set a personal best in the 800 meters (1:57.24) and finished third in the 5000 meters in a personal-best 14:54.48 at the Vanderbilt Invitational ... Won the 1500 in 3:56.34 and placed second in the 800 with another PR (1:54.72) at the Coach O Invitational ... Won the steeplechase at the SBC meet in 9:40.33, placed third in the 1500 (3:57.38), finished seventh in the 5000 (15:34.83) and was eighth in the 800 ... Finished 22nd in the steeplechase at the NCAA Mid-east Regional in 9:40.18.

Before Middle Tennessee

Voted the Cross Country Athlete of the Year twice at Kapngetuny HS and won the secondary schools cross country championship once.

Personal

Born Festus Kipchirchir Chemaoui on November 20, 1986 ... Son of David Chemaoui and Nelly Kiplagat.



Derrick Crutcher
Fr. • 5-10 • 210 • Throws
Chattanooga, Tenn./
Ooltewah HS
High School

Attended Ooltewah High School in Ooltewah, Tenn. ... Lettered in football and track & field ... Coached by Beamy Monroe ... Threw a personal-best 145 feet in

the discus ... Member of the Beta Club and the National Honor Society.

Personal

Born Derrick Crutcher Jr. on March 3, 1990 ... Son of Deborah Menefee ... Majoring in biology.



David Emery
So. • 6-3 • 154 • Distance
Pinckney, Mich./
Pinckney HS
2008-09

Cross Country

Finished in the top 20 in five of eight races ... Came in fourth at the Agnes Scott Invitational (5K) at 18:01 and 11th at the Belmont

Opener finishing in 15:54.87 ... Finished 28th in 26:44.91 at the Memphis Twilight Classic and 17th in 27:38.30 at the WKU Old Timer's Classic ... Placed 63rd at the Greater Louisville Classic (8K) in 25:18.10 and seventh at the UTC Invitational (5K) in 15:29 for a personal best ... Finished ninth at the Sun Belt Championship (8K) in 26:01.54 earning all-conference honors.

2007-08

Cross Country

Did not compete because of injury.

Indoor

Placed fifth in the 3000 meters in 9:09.79 at the MT Christmas Invitational ... Finished 14th in the mile run in 4:29.93, 20th in the 800 meters in 2:03.63 and was a member of the 10th-place 4x400-meter relay (3:43.27) at the Kentucky Invitational ... Placed fifth in the mile in 4:25.66 at the Blue Raider Invitational and fourth in the 3000 in 8:55.87 at the Middle Tennessee Classic ... Finished 26th in the mile in 4:20.94 and 34th in the 800 in 2:02.25 at the Rod McCravy Memorial ... Placed 10th in the 3000 in 9:04.46 at the MT Valentine Invitational ... Finished eighth in the mile run in 4:22.84, 21st in the 5000 meters in 16:55.60 and was a member of the third-place dis-

tance medley relay (10:18.16) at the Sun Belt Championships.

Outdoor

Member of the third-place 4x1500-meter relay (16:51.40) and the second-place distance medley



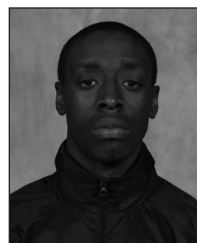
relay (10:47.37) at the Clemson Relays ... Member of winning the 4x1500 relay (16:23.42) at the Sea Ray Relays ... Placed fifth in the 800 meters in 1:56.16 at the Coach O Invitational ... Finished fourth in the 1500 meters in 3:59.62 and seventh in the 800 in 1:59.82 at the Sun Belt Championships.

High School

Ran three years of cross country and four years of track for coach Tom Carney ... Won the 2006 state cross country individual championship and was a member of the cross country state team championships as junior and senior ... Individual state champion in the 3200 meters and runner-up in the 1600 meters as senior and also All-American in the 4xMile relay ... Top times included a 1:56.6 in the 800 meters, 4:12.2 in the 1600, 9:22.02 in the 3200 and 15:34 in the 5000 meters ... Also lettered three years in swimming.

Personal

Born David Curtis Emery on March 1, 1989 ... Son of Donald and Kimberly Emery.



Robert Ezell
So. • 6-1 • 155 • Sprints
Antioch, Tenn./
Antioch HS
2007-08

Indoor

Placed 13th in the 200 meters in 23.11 and 11th in the 400 meters in 53.62 at the Middle Tennessee Classic ... Finished 24th in the 200 in

22.56, 43rd in the 400 in 54.41 and was a member of the 17th-place 4x400-meter relay (3:25.81) at the Rod McCravy Memorial ... Placed 13th in the 200 in 23.14 and posted a prelim time of 6.60 in the 55 meters at the MT Valentine Invitational ... Finished 10th in the 55 in 6.60 and posted a prelim time of 23.69 in the 200 at the Sun Belt Championships.

Outdoor

Did not compete.

High School

Basketball and track letterwinner at Antioch HS ... Earned all-state honors as senior in the 100 meters, 200 meters, 400 meters and on the 4x100-meter relay ... Garnered all-region accolades in the 100 and 200 ... Participated in the 2007 Junior Olympics ... Top times included a 10.6 in the 100 and a 21.8 in the 200.

Personal

Born Robert Isaac Ezell Jr. on August 20, 1989 ... Son of Robert Sr. and Annie Ezell.



Greg Franklin
Sr. • 5-10 • 165 • Sprints
Prattville, Ala./
Prattville HS/
Pratt (Kan.) CC
2007-08

Indoor

Earned All-Sun Belt honors in the 55 meters, placing third at the SBC Championships ... Placed third in the

55 in 6.46 and fourth in the 200 meters in 22.52 at the MT Christmas Invitational ... Finished third in the 200 in 21.82 and sixth in the 400 meters in 49.05 at the Kentucky Invitational ... Placed third in the 200 in 22.33 at the Blue Raider Invitational ... Placed second in the 55 in 6.36, fourth in the 200 in 22.07 and was a member of the third-place mile relay (3:18.71) at the Middle Tennessee Classic ... Finished seventh in the 200 in 21.64 and 16th in the 60 meters in 6.91 at the Rod McCravy Memorial ... Placed third in the 55 in 6.41 and third in the 200 in 22.00 at the MT Valentine Invitational ... Finished third in the 55 in 6.40 at the Sun Belt Championships.

Outdoor

Did not compete.

Before Middle Tennessee

A three-time All-American at Pratt CC in Kansas, earning accolades in indoor 200 meters and outdoor 100 and 200 ... Two-time all-conference in indoors and outdoors ... Lettered in track and basketball at Prattville HS ... Earned all-metro accolades in basketball and won the 55-meter state indoor championship in track.

Personal

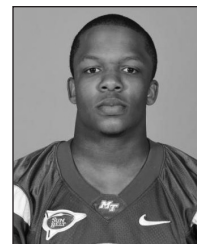
Born Greg Charles Franklin on December 1, 1986 ... Son of Angie Cromer and the late Lorenzo Pickett ... Majoring in liberal studies.



Stanley Gbagbeke
So. • 6-0 • 154 • Jumps
Oginibo, Nigeria/
Oviorie/
Delta State

Personal

Stanley Gbagbeke ... Son of Jo Gbagbeke ... Transferred from Delta State.



Rod Isaac
Jr. • 5-11 • 188 • Sprints
Miami, Fla./
Miami-Dade Central HS

2008-09

Football

Saw action in 10 games with seven starts ... Ranked eighth on the team with 32 tackles in addition to his

two tackles for a loss, two pass breakups, an inter-

ception, a fumble recovery and a forced fumble ... Voted the most improved cornerback in strength and conditioning in the spring ... Collected a career-best six tackles in the win over ULM.

2007-08

Football

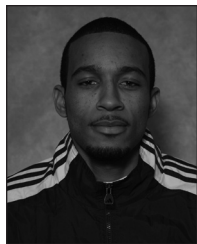
Played in 11 games with five starts ... Finished with 31 tackles, three pass breakups, an interception and a fumble recovery for a touchdown ... Returned the fumble for 42 yards and a score against Arkansas State ... First career interception came at home versus Louisiana-Lafayette.

High School

Voted All-Dade Second Team in 2006 ... Named to the Dade-Broward County All-Star Team ... Helped lead Miami-Dade to an 11-2 record in 2006.

Personal

Born Roderick Devone Issac on February 20, 1989 ... Son of Roy and Mamie Issac ... Major is undecided.



Brandon Jones
Sr. • 6-3 • 162 • Jumps
Arlington, Tenn./
Cordova HS
2007-08

Indoor

Placed fourth in the triple jump (44-6) at the MT Christmas Invitational and 10th (45-1) at the Kentucky Invitational ... Finished

ninth in the long jump with a personal-best mark of 21-10.25 at the Blue Raider Invitational ... Placed third in the triple jump with a personal-best mark of 46-10 at the Middle Tennessee Classic ... Finished sixth in the triple jump (46-3.25) and 29th in the long jump (19-10.25) at the Rod McCravy Memorial ... Placed 14th in the long jump (20-8) at the MT Valentine Invitational ... Finished seventh in the triple jump with a personal-best mark of 47-6.25 at the Sun Belt Championships.

Outdoor

Placed sixth in the long jump (21-3.25) and the triple jump (44-10.75) at the Clemson Relays ... Finished fourth in the triple jump in a personal-best 47-8, seventh in the long jump with another PR (22-3.75) and was a member of the third-place 4x100-meter relay (43.97) at the Boston-Moon Classic ... Placed eighth in the triple jump (47-0.75) at the Vanderbilt Invitational ... Won the triple jump (47-6.5), placed ninth in the long jump (22-0.25) and was a member of the fourth-place 4x100 relay (42.76) at the Coach O Invitational.

2006-07

Indoor

Finished eighth in the triple jump with a personal-best mark of 46-3 at the MT Christmas Invitational and came in 16th (44-3.5) at the Kentucky Invitational ... Placed fifth (45-9.25) at the Blue Raider Invitational and seventh (43-4.25) at the Carle-Health Alliance Invitational ... Finished eighth (43-7) at the MT Valentine Invitational and ninth (44-7.5) at the Sun Belt Championships.

Outdoor

Placed sixth with a personal-best 46-6 in the triple jump at the Alabama Relays ... Finished 10th with a mark of 43-1.75 at the Tiger Track Classic and 19th with a mark of 43-8.5 at the Vanderbilt Invitational ... Placed 12th in the long jump with a mark of 21-3.5 and 11th in triple jump with mark of 41-7.25 at Stan Lyons Invitational ... Finished 12th in triple jump with mark of 45-7.25 at Sun Belt Championships.

2005-06

Indoor

Finished third in the triple jump with mark of 46-0.25 at the MT Christmas Invitational ... Jumped 44-7.25, placing seventh in the triple jump at the Blue Raider Invitational ... Posted an eighth-place finish with a triple jump mark of 42-5 at the MT Valentine Invitational.

Outdoor

Set a personal-best time of 57.05 in the 400-meter hurdles at the Vanderbilt Invitational ... Posted a season-best mark of 20-11.25 in the long jump at the Boston-Moon Classic and 44-8.75 in the triple jump at the Sun Belt Championships ... Member of the fourth-place 4x400-meter relay at the National City Invitational.

High School

Three-year letterwinner for coach Jerry Mershon ... Named 2005 all-metro and all-state in the triple jump and a member of the 4x400-meter relay ... Jumped 45-2 in the triple jump, 6-1 in the high jump and 21-0 in the long jump ... Recognized in *Who's Who Among American Students*.

Personal

Born Brandon Jermaine Jones on November 24, 1986 ... Son of Sylvester Jones and the late Gwendolyn Crawford ... Majoring in exercise science.



Curtis King
Jr. • 5-9 • 165 • Sprints
Montgomery, Ala./
Jefferson Davis HS/
Johnson County CC/
Pratt CC

Before Middle Tennessee

Started collegiate career in 2007 at Pratt Community College before transferring

to Johnson County Community College for 2007-08 ... Finished as the 2008 indoor 200-meter National Champion ... Selected as a track All-American ... Competed in football and track for coach Jeff Stanton in high school.

Personal

Born Curtis King II on October 4, 1988 ... Son of Cynthia White and Curtis King ... Majoring in athletic training.



Julius Kirui
Jr. • 5-9 • 140 • Distance
Kapsabet, Kenya/
Kapsabet Boys HS
2008-09

Cross Country

Finished in the top 35 six of the eight races ... Started the season finishing fifth at the Agnes Scott Invitational (5K) in 18:02 and 32nd at

the Belmont Opener, coming in 16:31.02 ... Finished 27th at the Memphis Twilight Classic (8K) in 26:38.37 and 13th at the WKU Old Timers Classic (5M) in 27:38.30 ... Placed 73rd at the Greater Louisville Classic (8K) in 25:25.92 and 14th at the UTC Invitational (5K) 16:02 ... Came in 11th at the Sun Belt Championships (8K) with a time of 26:08.52.

2007-08

Cross Country

Placed in top 30 in five of the six meets, including three races in the top 15 ... Finished 16th at the Belmont Opener in 15:52.16 (5K) and 27th at the UTC Powerade Invitational in 16:18 (5K) ... Posted an 18th-place showing at the Old Timers Classic in 26:25.27 (5 miles) and was 85th at the Louisville Classic in 25:42.19 (8K) ... Finished seventh at the Front-



Julius Kirui, Jr.

Runner Invitational in 16:02 (5K) and 14th at the Sun Belt Championships in 26:18.10 (8K).

Indoor

Placed second in the mile run in 4:22.16 and third in the 3000 meters in 8:45.79 at the MT Christmas Invitational ... Finished 15th in the mile in 4:32.50 at the Kentucky Invitational and seventh in 4:29.81 at the Blue Raider Invitational ... Placed fifth in the 3000 in 8:59.65 and seventh in the mile in 4:27.58 at the Middle Tennessee Classic ... Finished 21st in the 3000 in a personal-best time of 8:40.70 at the Rod McCravy Memorial ... Placed 12th in the 800 meters in 2:00.08 at the MT Valentine Invitational ... Finished sixth in the 3000 in 8:41.61 and sixth in the 5000 meters in a personal-best 15:15.82 at the Sun Belt Championships.

Outdoor

Earned All-Sun Belt honors in the 3000-meter steeplechase, placing third at the SBC Championships ... Placed fourth in the 5000 meters in 16:09.43 at the Clemson Relays and fourth in the 3000 meters in 9:05.72 at the Boston-Moon Classic ... Set a personal best in the steeplechase, finishing ninth in 9:47.60 at the Vanderbilt Invitational ... Placed fourth in the 3000 in 8:49.36 at the Coach O Invitational ... Finished third in the steeplechase in 9:48.24 and fifth in the 5000 in 15:24.72 at the Sun Belt Championships.

2006-07

Indoor

Participated in just two events after arriving on campus for the spring semester ... Finished 10th in the 3000 meters in 9:01.34 at the MT Valentine Invitational ... Placed sixth in the 3000 in 8:52.48 and sixth in the 5000 meters in 15:30.66 at the Sun Belt Championships.

Outdoor

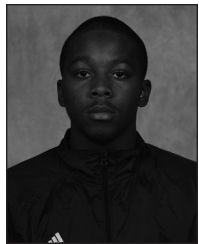
Placed seventh in the 3000-meter steeplechase in 10:09.22 and was a member of the sixth-place distance medley relay (10:45.01) at the Alabama Relays ... Finished 17th in the 5000-meters in 15:50.05 at the Yellow Jacket Invitational ... Came in 19th in the 1500-meters in 4:40.73 and was a member of the eighth-place 4x400-meter relay (3:37.38) at the Tiger Track Classic ... Placed 21st in the 5000 in 15:15.45 at the Vanderbilt Invitational and set a personal best in steeplechase, finishing sixth in 9:46.02 at the Stan Lyons Invitational ... Placed eighth in the steeplechase in 9:47.42 and 11th in the 5000 in 15:45.98 at the Sun Belt Championships.

High School

Attended Kapsabet Boys HS, the same secondary school as former Blue Raider Geoffrey Lagat ... Posted times of 15:02 in the 5000 meters, 4:18 in the 1500 meters, 2:03 in the 800 meters and 52.96 in the 400 meters.

Personal

Born Julius Kipngetich Kirui on January 17, 1984 ... Son of Philip K. Langat and Hellen C. Keino.



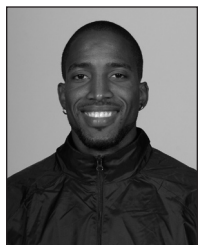
Darnell McCurdy
Fr. • 5-8 • 148 •
Middle Distance
Memphis, Tenn./
Fayette-Ware HS
High School

Attended Fayette-Ware Comprehensive High School in Somerville, Tenn. ... Three-time state cross country qualifier ... A 2007

AAU National Cross Country Qualifier ... Ran a personal-best time of 17:59.00 (5K) ... Coached by Edward Redditt and father Darnell McCurdy Sr.

Personal

Born Darnell McCurdy on March 19, 1990 ... Son of Darnell and Vanessa McCurdy ... Majoring in engineering technology.



Carl Morgan
r-Sr. • 6-0 • 178 • Jumps
Georgetown, Grand Caymen/
John Gray HS/
Lindsey Wilson College
2007-08

Indoor

Voted a Co-Most Outstanding Field Performer at the Sun Belt Championships after winning both the long

jump and triple jump to provisionally qualify for NCAA Championships in the long jump ... Ranked 39th in the nation on the NCAA descending order list in the long jump with a mark of 24-10 ... Placed third in the triple jump (46-6.25) at the MT Christmas Invitational ... Finished eighth in the 400 meters in 49.78 and was a member of the fourth-place 4x400-meter relay (3:23.00) at the Kentucky Invitational ... Won the triple jump (47-10.5) at the Blue Raider Invitational ... Won the triple jump (49-2), placed second



Carl Morgan, r-Sr.

in the 400 in 49.37 and was a member of the third-place mile relay (3:18.71) at the Middle Tennessee Classic ... Finished fifth in the long jump (23-6.5) at the MT Valentine Invitational ... Won the long jump (24-10) and the triple jump (50-1.75) at the Sun Belt Championships with personal bests in both events ... Placed third in the long jump (23-11.5) at the NCAA Last Chance Meet.

Outdoor

Ranked 15th in the nation on the NCAA descending order list in the long jump with a mark of 25-8 and 24th in the triple jump with a mark of 51-8.25 ... Voted the Most Outstanding Field Performer at the Sun Belt Championships after winning the triple jump and placing second in the long jump ... Also finished sixth in the javelin and was a member of the second-place 4x100-meter relay, earning 23 points at the meet ... Won the triple jump (48-2.75), placed fourth in the javelin (173-11) and was a member of the third-place 4x200-meter relay (1:26.44) and seventh-place 4x400-meter relay (3:24.15) at the Clemson Relays ... Finished fifth in the long jump (22-7.75) and seventh in the 100 meters (11.11) at the Yellow Jacket Invitational ... Placed second in the long jump (24-0.75) and ninth in the javelin (171-10) at the Tiger Track Classic ... Finished seventh in the long jump (24-9.75) with an NCAA regional qualifying mark, 16th in the triple jump (47-4.5) and was a member of the sixth-place 4x100-meter relay (41.03) at the Sea Ray Relays ... Posted a personal-best 25-2.75 in the long jump, placing second, and finished fourth in the javelin (178-0) and fifth in the triple jump (48-1.75) at the Vanderbilt Invitational ... Member of the 4x100 (41.18) and 4x200 (1:25.34) relays at the Penn Relays ... Won the triple jump (51-8.25) with an NCAA regional qualifying mark, placed second in the long jump (25-8) with another personal best, finished sixth in the javelin (186-7) and member of the second-place 4x100 relay (40.53) at the SBC Championships ... Placed ninth in the triple jump (50-8.75), fouled all three attempts in the long jump and was a member of 4x100 relay (40.80) at the NCAA Mideast Regional.

2006-07

Indoor

Finished seventh in the triple jump in a personal-best 48-4.5 at the Kentucky Invitational before getting hurt and missing the rest of the year.

Outdoor

Did not compete.

Before Middle Tennessee

Competed two years at Lindsey Wilson College ... Won the 200 meter, 400 meter and long jump at the conference championships ... Attended John Gray HS in the Cayman Islands.

Personal

Born Carl Ernest Morgan on August 25, 1986 ... Son of Neville Morgan Sr. and Stephanie Henry ... Majoring in exercise science.



Roscoe Payne
Fr. • 6-3 • 172 • Hurdles
Flint, Mich./
Carman-Ainsworth HS
High School

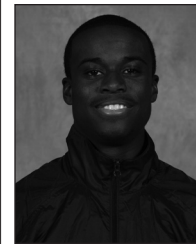
Attended Carman-Ainsworth HS ... Four-year letterwinner in varsity track and field ... Team captain sophomore, junior and senior years ... Junior and

senior regional champion in the 110M hurdles ... An all-state pick his junior year in the 110M hurdles, 4x200M relay and 4x400M relay ... State champion

during his senior year in the 110M hurdles, 300M hurdles, 4x200M relay and 4x400M relay ... Won the 2008 Midwest Meet of Champions in the 300M hurdles ... Set personal bests in the 110M hurdles (13.80), 300M hurdles (36.86), 400M (48.5) and 200M (21.7).

Personal

Born Roscoe Payne on September 9, 1989 ... Son of Tonya Payne and Tyrone Brown.



DeRay Sloss
Jr. • 6-2 • 194 • Hurdles
Nashville, Tenn./
McGavock HS/Belmont
2007-08

Indoor

Earned All-Sun Belt honors in the 55-meter hurdles, placing third at the SBC Championships ... Placed third in the 55 hurdles in

7.52, seventh in the 200 meters in 22.87 and was a member of the fourth-place mile relay (3:18.99) at the MT Christmas Invitational ... Finished seventh in the 60-meter hurdles in 8.24 at the Kentucky Invitational ... Won the 55 hurdles in 7.50, placed second in the 200 in 22.29 and was a member of the fourth-place mile relay (3:24.84) at the Blue Raider Invitational ... Won the 55 hurdles in 7.52 at the Middle Tennessee Classic ... Placed ninth in the 60 hurdles in 8.18 and 28th in the 200 in 22.66 at the Rod McCravy Memorial ... Finished third in the 55 hurdles in personal-best 7.45, eighth in the 200 in 22.67 and seventh in the long jump with a 22-9.5 at the MT Valentine Invitational ... Placed third in the 55 hurdles in 7.51 and sixth in the long jump (23-1.75) at the Sun Belt Championships.

Outdoor

Ranked 106th in the nation on the NCAA descending order list in the 110-meter hurdles with a time of 14.29 and 70th in the 400-meter hurdles with a time of 51.92 ... Earned All-Sun Belt honors in the 400 hurdles, placing second at the SBC Championships ... Placed second in the long jump in a personal-best 23-6.75, finished third in the 400 hurdles (54.77) and seventh in the 110 hurdles (15.53) at the Clemson Relays ... Finished 23rd in the high hurdles in 14.65 and was a member of the sixth-place 4x100-meter relay (41.30) at the Sea Ray Relays ... Placed second in the high hurdles in a personal-best NCAA regional qualifying time of 14.29 and finished ninth in the long jump (23-5.25) at the Vanderbilt Invitational ... Finished second in the high hurdles (14.39), third in the long jump (23-0) and was a member of the fourth-place 4x100 relay (42.76) at the Coach O Invitational ... Placed second in the 400 hurdles in 52.52, just one-tenth of a second from a regional qualifying time, at the Sun Belt Championships ... Also finished seventh in the high hurdles and 15th in the long jump (22-4.5) ... Posted an NCAA regional qualifying time of 51.92 in the 400 hurdles, placing ninth, at the Georgia Tech Last Chance Invitational ... Posted times of 14.72 in the high hurdles and 52.31 in the 400 hurdles preliminaries at the NCAA Mideast Regional.

Before Middle Tennessee

Spent one season at Belmont ... Placed third in the 400-meter hurdles, fourth in the 110-meter hurdles and was member of the third place 4x400-meter relay at the Atlantic Sun Championships.

High School

Track and cross country letterwinner for coach Ronnie Smith ... An all-state honoree in the 300-meter hurdles as a sophomore and junior and in the 110-



DeRay Sloss, Jr.

meter hurdles as a junior ... Ran the fastest 300 hurdle time in the state as a senior ... Best times and marks included 14.3 in the 110 hurdles, 37.7 in the 300 hurdles, 48.7 in the 400 meters, 22-5 in the long jump and 6-6 in the high jump ... Also played football and basketball.

Personal

Born DeRay Sloss on December 8, 1987 ... Son of Samuel and Traci Sloss.



William Songock Jr. • 5-9 • 116 • Distance
Moiben, Kenya/
Uasin Gisha HS
 2008-09

Cross Country

Finished the season with five top-10 finishes out of the six races ... Finished second at both the Agnes Scott Invitational (5K) with

a time of 17:31 and the Belmont Opener (5K) with a time of 15:15.89 ... Came in 10th at the Memphis Twilight Classic (8K), coming in 25:28.74, and sixth at the WKU Old Timers Classic (5M) with a time of 25:50.80 ... Placed 15th at the Greater Louisville Classic (8K), coming in 24:22.33, and fifth with a personal best at the UTC Invitational (5K) in 15:20 ... Suffered an injury at the Sun Belt Championships and was not able to finish.

2007-08

Cross Country

Finished in top 20 in five of the seven meets and earned All-Sun Belt honors for second-straight season ... Placed 14th at the Belmont Opener in 15:51.63 (5K) and 19th at the UTC Powerade Invitational in 15:59 (5K) ... Posted a 20th-place showing at the Old Timers Classic in 26:26.15 (5 miles) and was 55th at the Louisville Classic in 25:16.20 (8K) ... Finished fifth at the FrontRunner Invitational in 15:45 (5K) and placed eighth at the SBC Championships in 26:01.49 (5 miles) ... Finished 73rd at the NCAA South Regional in 33:29.94 (10K).

Indoor

Placed second in the 3000 meters in 8:44.50 and third in the mile run in 4:23.06 at the MT Christmas Invitational ... Finished fifth in the mile in a personal-best 4:19.22 and 19th in the 800 meters in 2:02.13 at the Kentucky Invitational ... Placed third in the 3000

in 8:43.57 at the Blue Raider Invitational and second in 8:50.72 at the Middle Tennessee Classic ... Posted times of 4:20.49 in the mile and 2:03.08 in the 800 at the Rod McCravy Memorial ... Placed 15th in the 800 in 2:00.29 at the MT Valentine Invitational ... Finished fourth in the 5000 meters in a personal-best 15:06.02 and fifth with a PR of 8:34.80 at the Sun Belt Championships.

Outdoor

Ranked 107th in the nation on the NCAA descending order list in the 5000 meters with a time of 15:02.87 ... Earned All-Sun Belt honors in two events at the SBC Championships, winning the 5000 and placing second in the 10,000 meters ... Placed second in the 5000 in 15:49.50 at the Clemson Relays and posted a personal best in the 1500 meters (4:03.41) at the Tiger Track Classic ... Member of the winning 4x1500-meter relay (16:23.42) and the eighth-place distance medley relay (10:32.47) at the Sea Ray Relays ... Finished eighth in the 5000 in a personal-best 15:00.72 at the Vanderbilt Invitational and won the 3000 meters in 8:35.13 at the Coach O Invitational ... Won the 5000 in 15:02.87 and placed second in the 10,000 in 31:54.10 at the Sun Belt Championships.

2006-07

Cross Country

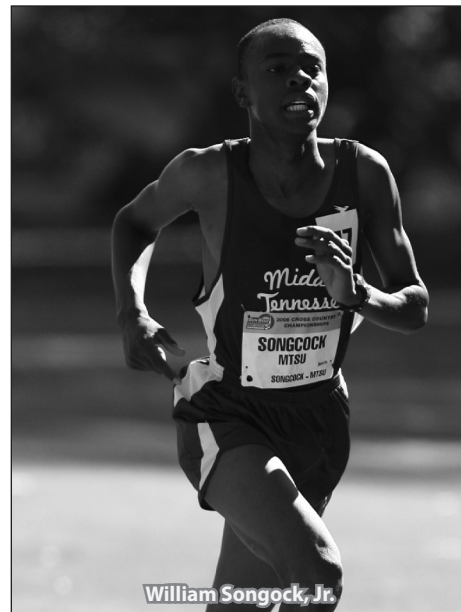
Leading runner in all three meets in which he participated ... Placed second in 25:13.94 over 8K at his first collegiate event at the Louisville Classic ... Came in second again, this time in 15:22 over 5K at the FrontRunner Invitational ... Earned All-Sun Belt honors after placing seventh in 25:09.62 over 8K at the Sun Belt Championships, recording the fastest time by a Blue Raider harrier in more than six years.

Indoor

Won his only race of the season, the mile run in 4:24.99, at the MT Christmas Invitational.

Outdoor

Placed 14th in the 5000 meters in 15:56.99 and was a member of the sixth-place distance medley relay (10:45.01) at the Alabama Relays ... Came in 19th in the 5000 in 15:58.05 at the Yellow Jacket Invitational and 22nd in the 1500 meters in 4:07.32 at the Tiger Track Classic ... Finished 66th in the 800 meters in 2:00.73 and fourth in the 3000 meters in 8:46.34 at the Vanderbilt Invitational ... Placed 19th in the 5000 in 15:54.21 at the Stan Lyons Invitational ... Finished 14th in the 5000 in 16:00.69 and 11th in the 10,000 meters in 34:34.01 at the Sun Belt Championships.



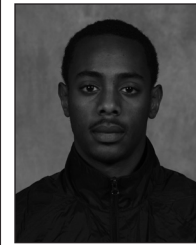
William Songock, Jr.

Before Middle Tennessee

Member of the track and handball teams at Uasin Gishu HS in Eldoret, Kenya ... Ran best times in both the 400 and 800 meters during his high school career ... Top times included 4:20 in the 1500 meters, 15:09 in the 5K and 9:09 in the 3K ... Academic representative, chair of the Science Club and vice president of the Adventist Society.

Personal

Born William Kipkosgei Songock on July 5, 1986 ... Son of Jonah Songock and Monica Keter ... Uncle Martin Tabutt was named the best jumper and 800 meter runner in high school ... Majoring in nursing.



Joshua Wheeler Jr. • 5-10 • 155 • Middle Distance
Milwaukee, Wis./
Riverside HS/
Concordia (Wis.)
High School

Attended Riverside High School ... Lettered in cross country, basketball and track ... Coached by Andrea

Gremer ... Tabbed as an all-conference selection in cross country.

Personal

Born Joshua Wheeler on August 11, 1987 ... Son of Deborah Wheeler ... Mother is an assistant principal ... Majoring in accounting ... Transferred from Concordia University in Mequon, Wis.

Men's Roster Breakdown:

By Class

Seniors (4): Samuel Adade, Greg Franklin, Brandon Jones, Carl Morgan

Juniors (7): Philip Benavides, Rod Isaac, Curtis King, Julius Kirui, DeRay Sloss, William Songock, Joshua Wheeler

Sophomores (7): Malcolm Beyah, Isaac Biwott, Robert Carter, Festus Chemaoui, David Emery, Robert Ezell, Stanley Gbagbeke

Freshmen (3): Derrick Crutcher, Darnell McCurdy, Roscoe Payne

By Event

Sprints (7): Samuel Adade, Malcolm Beyah, Robert Carter, Robert Ezell, Greg Franklin, Rod Isaac, Curtis King

Hurdles (2): Roscoe Payne, DeRay Sloss

Middle Distance (2): Darnell McCurdy, Joshua Wheeler

Distance (6): Philip Benavides, Isaac Biwott, Festus Chemaoui, David Emery, Julius Kirui, William Songock

Jumps (3): Stanley Gbagbeke, Brandon Jones, Carl Morgan

Throws (1): Derrick Crutcher



Marla Bailey
So. • 5-9 • Distance
**Barrie, Ontario/
 Barrie Central HS**
 2008-09

Cross Country

Finished in the top 20 in five of the eight races ... Came in third at the Agnes Scott Invitational (5K) in 21:17 and Belmont Opener (4K)

in 15:16.10 ... Finished 42nd at the Memphis Twilight Classic (5K) in 19:57.18, 13th at the WKU Old Timers Classic (5K) 19:23.20 and 70th in the Greater Louisville Classic (5K), posting a personal best of 18:45.34 ... Placed seventh at the UTC Invitational (2 miles) in 11:43 ... Finished the season in 11th at the Sun Belt Championships with a time of 19:12.71.

2007-08

Cross Country

Earned SBC Freshman of the Year honors after placing 13th at the Sun Belt Championships ... Finished in top 40 in four of the five events ... Placed 25th at the UTC Powerade Invitational in 12:26 (2 miles) and 36th at the Old Timers Classic in 19:43.27 (5K) ... Finished 72nd at the Louisville Classic in 19:08.80 (5K) and eighth at the FrontRunner Invitational in 11:47 (2 miles) ... Posted a 13th-place showing at the Sun Belt Championships in 18:50.22 (5K).

Indoor

Placed seventh in the 3000 meters in 10:44.66 at the MT Christmas Invitational ... Posted times of 5:26.64 in the mile run and 2:40.01 in the 800 meters at the Kentucky Invitational ... Won the 3000 in 10:35.22 at the Blue Raider Invitational and placed 30th in 10:35.66 at the Rod McCravy Memorial ... Posted a personal-best 5:21.27 in the mile at the MT Valentine Invitational ... Finished 10th in the 3000 in 10:39.42 and posted a personal-best 18:55.16 in the 5000 meters at the Sun Belt Championships.

Outdoor

Member of the school-record 4x1500-meter relay (19:45.74) at the Clemson Relays ... Placed third in the 3000-meter steeplechase in 11:47.50 at the Tiger Track Classic ... Member of the fifth-place 4x1500 relay (20:16.78) and eighth-place distance medley relay (12:44.24) at the Sea Ray Relays ... Finished third in the 3000 meters at the Coach O Invitational ... Placed sixth in the 5000 meters in a personal-best



Marla Bailey, So.

18:26.78 at the SBC Championships.

High School

Ran track and cross country for coach Dave Small ... Placed first in the GBSSA as a freshman and sophomore and 10th at the Canadian XC meet in 2004 ... Finished first in the 1500 and 3000 meters at the GBSSA and 5th at the OFSSA as freshman ... Came in 21st at the OFSSA as a junior and 9th at the OFSSA in 3000 as a senior ... Best times included a 4:52 for the 1500, 10:27 for the 3000 and 18:57 for the 5000 meters ... Student Council President and member of the Honor Roll.

Personal

Born Marla Blair Bailey on May 22, 1989 ... Daughter of Joe and Lori Bailey ... Mother went to the world championships in mountain biking, finishing seventh, and father is ranked in the Top 3 in Canada in mountain biking ... Brother Mitchell is a Canadian mountain biking champion for under 16.



Ashley Comstock
Sr. • 5-2 • Distance
**Barrie, Ontario/
 St. Joan of Arc HS**
 2008-09

Cross Country

Finished in the top 40 in six of the seven races ... Finished second at the Agnes Scott Invitational (5K) 20:53 and 22nd at the Belmont Opener (4K) 15:20.40

... Placed 36th at the Memphis Twilight Classic (5K) 19:47.12 and a season-best 19:02.20 at the WKU Old Timers Classic (5K) ... Went to the Greater Louisville Classic (5K) and finished 78th in 18:50.96 ... Earned All-Sun Belt Conference honors after finishing ninth at the SBC Championships.

2007-08

Cross Country

Finished in top 35 in five of the six meets ... Placed 31st at the Belmont Opener in 15:36.30 (4K) and 21st at the UTC Powerade Invitational in 12:03 (2 miles) ... Posted a 34th-place showing at the Old Timers Classic in 19:27.23 (5K) and 65th at the Louisville Classic in 19:03.80 (5K) ... Finished eighth at the FrontRunner Invitational in 11:40 (2 miles) and 16th at the Sun Belt Championships in 19:06.75 (5K).

Indoor

Placed fourth in the mile run in 5:16.62 at the MT Christmas Invitational ... Finished 25th in the mile in 5:19.36 and 30th in the 800 meters in 2:28.42 at the Kentucky Invitational ... Placed third in the mile in 5:16.62 at the Blue Raider Invitational and fourth in the 3000 meters in a personal-best 10:28.84 at the Middle Tennessee Classic ... Finished 26th in the mile in 5:11.80 and 30th in the 800 in 2:22.77 at the Rod McCravy Memorial ... Placed third in the 3000 in 10:30.86 at the MT Valentine Invitational ... Finished fifth in the mile in personal-best 5:08.88, ninth in the 5000 meters in 18:28.97 and was a member of the winning and school-record setting distance medley relay (12:07.87) at the Sun Belt Championships.

Outdoor

Member of the school-record 4x1500-meter relay (19:45.74) and first-place distance medley relay (12:34.46) at the Clemson Relays ... Placed 10th in the 1500 meters in 4:46.94 at the Yellow Jacket Invitational before an ankle injury sidelined her the rest of the season.

2006-07

Cross Country

Battled injuries for most of the season ... Came in 85th in 21:40.40 over 5K at the Louisville Classic and

33rd in 12:58 over two miles at the FrontRunner Invitational ... Finished 55th in 20:24.85 over 5K at the Sun Belt Championships.



Ashley Comstock, Sr.

Indoor

Finished 12th in the 3000 meters in 11:25.81 at the MT Christmas Invitational and 12th in the same event in 11:17.43 at the Blue Raider Invitational ... Placed 10th in the mile run in 5:26.16 and 16th in the 800 meters in 2:30.66 at the MT Valentine Invitational ... Finished 13th in the mile in 5:30.76 and was a member of the seventh-place distance medley relay (12:41.86) at the Sun Belt Championships.

Outdoor

Placed 17th in a personal-best 18:59.40 and was a member of the second-place distance medley relay (12:15.62) at the Alabama Relays ... Posted a personal-best 2:22.54 in the 800 meters at the Sea Ray Relays and set a PR in the 3000 meters at the Vanderbilt Invitational in 10:36.04, placing 14th ... Placed 12th in the 1500 in 5:01.00 and 25th in the 5000 in 20:36.48 at the Sun Belt Championships.

2005-06

Cross Country

Became the first MT woman to earn all-conference honors and the first female to win individual medalist honors since 1992 ... Top finisher in all six races for the Blue Raiders ... Placed 42nd in 16:00.05 on a 4K course at the Belmont Opener ... Came in 12th in 12:22 on the two-mile course at the UTC Opener ... Finished 15th in 18:39.00 on the 5K course at the WKU Old Timers Classic ... Won the 5K event at the Arkansas State Invitational in 19:07, becoming first woman to win a cross country event at Middle Tennessee in over a decade ... Came in fourth in 11:30 on the two-mile course at the UTC Invitational ... Finished fifth in 17:59.56 on the 5K course at the Sun Belt Championships, earning All-Sun Belt honors ... Placed 69th in 22:54.27 on the 6K course at the NCAA South Regional.

Indoor

Placed fifth in the mile run in 5:20.30 at the MT Christmas Invitational ... Member of the fourth-place 4x800-meter relay at the Indiana Invitational ... Member of the fifth-place distance medley relay at the MT Valentine Invitational.

Outdoor

Did not compete.

2009 Blue Raiders

High School

Track and cross country letterwinner for coach Dave Small ... Regional champion in the 1500 meters and placed second in the 3000 meters in 2004 ... Finished seventh in the 3000 at the Ontario Championships ... Posted times of 4:44 in the 1500 and 10:33 in the 3000 in track and 18:40 in the 5000 in cross country.

Personal
Born Ashley Anne Comstock on July 6, 1986 ... Daughter of Sandy and Kelly Comstock ... Majoring in nutrition and food science.



Maité Cortin
Sr. • 6-0 • Throws
Laval, France/
Eastern Michigan

2007-08

Indoor

Placed eighth in the weight throw (46-1.5) and 11th in the shot put (36-4) at the MT Christmas Invitational ... Finished 22nd in both

the weight throw (43-1.75) and the shot put (34-9) at the Kentucky Invitational ... Placed fourth in the weight throw (45-8) and 13th in the shot put (33-8) at the Blue Raider Invitational ... Finished 15th in the weight throw (48-0.5) and 21st in the shot put (35-0.25) at the Rod McCravy Memorial ... Placed fourth in the weight throw (49-6) and 14th in the shot put (34-3) at the MT Valentine Invitational ... Finished seventh in the weight throw with a personal-best 51-1 mark and 20th in the shot put (35-2) at the Sun Belt Championships.

Outdoor

Set a school record in the hammer throw in the third meet of the season, only to have it broken later by teammate Brittany Cox ... Finished second in the hammer (155-4) and fourth in the javelin at the Clemson Relays ... Set a personal best in the hammer with mark of 162-7 at the Tiger Track Classic ... Placed eighth in the hammer (158-2) at the Vanderbilt Invitational and third (155-8) at the Coach O Invitational ... Finished sixth in the hammer (161-2) at the Sun Belt Championships.

Before Middle Tennessee

Spent two years at Eastern Michigan, setting the school record in the hammer throw with a mark of 166-6.

Personal

Born Maité Cortin on July 23, 1986 ... Daughter of André and Henriette Cortin ... Majoring in liberal studies.



Brittany Cox
Jr. • 5-9 • Throws
Antioch, Tenn./
Glenciff HS

2007-08

Indoor

Broke her own school record in the weight throw during the season ... Earned All-Sun Belt honors in the shot put, placing second at

the SBC Championships ... Placed fourth in the shot put (45-11) and sixth in the weight throw (46-7.5) at the MT Christmas Invitational ... Finished sixth in the shot put (47-3.75) and eighth in the weight throw (52-8) at the Kentucky Invitational ... Placed third in the shot put (45-3.5) at the Blue Raider Invitational and (45-1) at the Middle Tennessee Classic ... Broke her own school record and posted a personal-best mark of 59-0.25 in the weight throw to finish fifth



Brittany Cox, Jr.

and also was 10th in the shot put (46-8.25) at the Rod McCravy Memorial ... Won the weight throw (57-10.5) and the shot put (43-1) at the MT Valentine Invitational ... Finished second in the shot put with a mark of 46-4.75 but fouled on all three attempts in the weight throw at the Sun Belt Championships.

Outdoor

Set the school record three times in the hammer throw and posted personal bests in the shot put, hammer, discus and javelin during the season ... Ranked 68th in the nation on the NCAA descending order list in the shot put with a mark of 49-0.25 and 101st in the discus with a mark of 153-11 ... Earned All-Sun Belt honors in the discus and shot put, winning the discus and placing second in the shot put at the SBC Championships ... Won the hammer (161-1) and placed second in the shot put (44-8) and javelin (96-5) at the Clemson Relays ... Placed third in the shot put with a PR and an NCAA regional mark of 48-3.5 at the Yellow Jacket Invitational ... Set a PR in the hammer with a mark of 158-7 at the Sea Ray Relays ... Placed third in the hammer with a mark of 162-11 and finished second in the shot put at the Vanderbilt Invitational ... Placed second in the hammer with a mark of 164-2, finished second in the shot put with another PR (49-0.25) and was fourth in the discus at the Coach O Invitational ... Won the discus with a personal-best 153-11, placed second in the shot put (47-8) and fifth in the hammer with another school record (165-4) at the Sun Belt Championships ... Also posted a PR in the javelin (107-1) at the SBC meet ... Placed 29th in the shot put (45-8.5) and the discus (136-11) at the NCAA Mideast Regional.

2006-07

Indoor

Posted three victories and five second-place finishes, including a first and a second at the Sun Belt Championships ... Won the shot put in her first collegiate meet with a mark of 46-5 and finished second in the weight throw with a mark of 54-9 at the MT Christmas Invitational ... Finished eighth with a mark of 56-6 in the weight throw at the Kentucky Invitational ... Placed second in the shot put (44-9.5) and won the weight throw (54-9.5) at the Blue Raider Invitational ... Came in second in the shot put (44-9.5) and finished third in the weight throw (56-8) at the Carle-Health Alliance Invitational ... Finished second in the shot put (45-0.5) at the MT Valentine Invitational ... Won the shot put with a mark of 46-10 and broke the

school record in the weight throw for a third time, placing second with a mark of 56-10.25 at the SBC Championships.

Outdoor

Placed ninth with a personal-best 143-0 in the discus, sixth in the shot put (44-7) and 11th in a personal-best 149-10 in the hammer at the Yellow Jacket Invitational ... Finished seventh in the shot put with a mark of 45-9 at the Tiger Track Classic ... Came in eighth in the discus (137-8) and 11th in a personal-best 152-1 in the hammer at the Sea Ray Relays ... Placed seventh in the shot put (45-10.5) at the Vanderbilt Invitational ... Finished fourth in a personal-best 46-4.75 in the shot put and was seventh in the hammer with a PR of 154-1 at the Stan Lyons Invitational ... Placed third with an NCAA regional mark and a PR of 48-2.5 in the shot put at the Sun Belt Championships ... Placed 26th at the NCAA Mideast Regional in the shot put (42-6.75).

High School

Competed in four sports at Glencliff HS - volleyball, softball, basketball and track and field ... Voted the District MVP in volleyball and Offensive Player of the Year in softball ... Junior Olympic champion ... Elected the Homecoming Queen.

Personal

Born Brittany Jenea Cox on April 18, 1988 ... Daughter of Tina Cox and Ricky Cox ... Majoring in athletic training.



TraMayne Gillyard
Sr. • 5-6 • Sprints
Jacksonville, Fla./
Edward H. White HS

2008-09

Cross Country

Ran in four races including the Sun Belt Championships (5K), where she finished 67th in 24:18.12 ... Finished 74th in 21:46.71

at the Belmont Opener (4k) and came in 27th at the WKU Old Timers Classic (5K) in 24:43.90.

2007-08

Indoor

Won the 200 meters in 25.11 and placed third in the 400 meters in a time of 56.08 at the MT Christmas Invitational ... Posted times of 25.57 in the 200 and 56.68 in the 400 at the Kentucky Invitational ... Finished second in the 400 in a PR of 56.05, fourth in the 200 in 25.21 and was a member of the winning mile relay (3:49.77) at the Blue Raider Invitational ... Placed second in the 400 in 56.42 and fourth in the 200 in 25.38 at the Middle Tennessee Classic ... Posted a time of 55.81 in the 400 at the Rod McCravy Memorial ... Placed fourth in a personal-best 25.04 in the 200 at the MT Valentine Invitational ... Finished fourth in a personal-best 55.41 in the 400, placed eighth in the 200 in 24.96 following a personal-best 24.85 in the prelims and was a member of the second-place mile relay (3:48.25) at the Sun Belt Championships.

Outdoor

Member of the winning 4x400-meter relay (3:52.71) and distance medley relay (12:34.46) at the Clemson Relays ... Placed fifth in the 400 meters in 55.86 at the Yellow Jacket Invitational.

2006-07

Indoor

Finished third in the 400 meters in 57.65 and was a member of the fifth-place mile relay (4:06.44) at the Blue Raider Invitational ... Came in eighth in the 400 in 58.15 and was a member of the fourth-place 4x400-meter relay (3:55.10) at the Carle-Health Al-

liance Invitational ... Placed seventh in the 400 in 57.67 at the Indiana Relays ... Won the 400 in 57.19 and finished second in the 200 meters in 25.42 at the MT Valentine Invitational ... Member of the fourth-place 4x400 relay (3:53.07) and the seventh-place distance medley relay (12:41.86) at the Sun Belt Championships.

Outdoor

Finished ninth in a time of 56.66 in the 400 meters and was a member of the school-record NCAA regional qualifying 4x400-meter relay (3:38.12) at the Alabama Relays ... Ran a time of 56.56 in the 400 and was a member of the second-place 4x400-meter relay 3:41.95 at the Yellow Jacket Invitational ... Member of the second-place 4x200-meter relay (1:40.26) at the Texas Relays and fifth-place 4x200 (1:37.98) at the Sea Ray Relays ... Posted a PR in the 400 in 55.32 at the Vanderbilt Invitational ... Member of the second-place 4x400 relay (3:39.23) at the Penn Relays ... Posted a personal-best 24.89 in the 200, was a member of the sixth-place 4x100-meter relay (46.92) and the fifth-place 4x400 relay (3:50.03) at the Sun Belt Championships.

2005-06

Indoor

Placed fourth in the 400 meters and was a member of the fourth-place mile relay at the MT Christmas Invitational ... Finished third in the 400 in 57.33 and was a member of the fourth-place mile relay at the Blue Raider Invitational ... Placed third again in the 400 in 57.75 at the Middle Tennessee Open ... Member of the winning mile relay at the MT Valentine Invitational ... Finished seventh in the 400 in a season-best 57.07 and was a member of the second-place mile relay at the SBC Championships.

Outdoor

Set personal bests in both the 200 meters (24.94) and 400 meters (56.22) at the Yellow Jacket Invitational ... Member of the fifth-place 4x100-meter relay at the Sun Belt Championships and the winning 4x200-meter relay at the Clemson Relays ... Member of the winning 4x400-meter relay at the Yellow Jacket Invitational and the SBC meet in a season-best time of 3:41.37.

High School

Four-sport letterwinner ... a state championship meet participant all four years for coach Steven O'Brien ... Won the state title as a member of the 4x400-meter relay and finished third in the 400 meters as junior



... Won the conference meet in the 400 as a junior ... Named to the *Florida Times-Union* First Team in the 400 in 2004 ... National Junior Olympian in AAU 1999-2005 and USA Junior Olympian 2000-01 ... Also lettered in flag football, bowling and weightlifting ... Voted the Most Improved Bowler ... Member of the Homecoming Court and voted the Most Athletic ... Member of Junior Civitan, Creed Club, Project SOS and MLK Club.

Personal

Born TraMayne Fayon Gillyard on April 13, 1987 ... Daughter of Wanda Henderson ... Mother ran track at Bethune-Cookman, sister Trendesha ran track at USF ... Majoring in business administration.



Kiara Henry
Fr. • 5-8 • Sprints
Attmore, Ala./
Escambia County HS
High School

Attended Escambia County High School ... Ran track and played basketball and volleyball ... Also was a cheerleader ... Two-time 4A track state champion... Voted the Most Athletic

and Most School Spirited.

Personal

Born Kiara Henry on December 14, 1989 ... Daughter of Sharon Henry and the late Kenneth Henry ... Majoring in criminal justice administration.



Tenesha Hill
Sr. • 5-3 • Sprints
Germantown, Md./
Gaithersburg HS/
McKendree College
2006-07

Indoor

Finished 10th in the 60 meters in 7.66 and 14th in the 200 meters in 25.08 at the Kentucky Invitational ... Placed third in the 55 meters in 7.21 and third in the 200 in 25.57 at the Blue Raider Invitational ... Came in sixth in the 60 in 7.66 and seventh in the 200 in 25.08 at the Carle-Health Alliance Invitational.

Placed third in the 55 meters in 7.21 and third in the 200 in 25.57 at the Blue Raider Invitational ... Came in sixth in the 60 in 7.66 and seventh in the 200 in 25.08 at the Carle-Health Alliance Invitational.

Outdoor

Member of the fifth-place 4x100-meter relay (46.32) at the Yellow Jacket Invitational ... Placed fourth in the 100 meters in 11.97 and 13th in the 200 meters in 25.19 at the Tiger Track Classic ... Came in second in the 100 in 11.87 and fourth in the 200 in 24.74 at the Boston-Moon Classic ... Finished fourth in the 100 in 11.84 at the Vanderbilt Invitational.

Before Middle Tennessee

Spent one year at McKendree College in Lebanon, Ill. ... State champion in the 100 meters at Gaithersburg HS ... Finished second in the 200 meters at the Maryland state meet.

Personal

Born Tenesha Juanita Hill on May 12, 1987 ... Daughter of Cassandra and Darryl Haywood ... Majoring in social work.



Sarah Nambawa
Jr. • 5-5 • Middle Distance/
Jumps
Kampala, Uganda/
Ndejje University

2007-08

Cross Country

Participated in four events, finishing 56th at the UTC Powerade Invitational in 13:58 (2 miles) and 82nd at the Old Timers Classic in 22:18.10 (5K).



Indoor

Earned All-America honors in the triple jump and broke the school record in the same event ... Ranked fourth in the nation on the NCAA descending order list in the triple jump with a mark of 44-8.25 ... Voted the Most Outstanding Field Performer at the Sun Belt Championships after winning the triple jump and placing second in the long jump ... Won the triple jump with an NCAA provisional mark of 42-11.5, placed second in the long jump (18-4.75) and second in the 400 meters in 56.05 at the MT Christmas Invitational ... Won the triple jump with an NCAA mark of 43-1.75, finished seventh in the long jump (18-1) and also seventh in the 400 in 56.67 at the Kentucky Invitational ... Won the triple jump (41-7), finished third in the 400 in 57.19 and was a member of the winning mile relay (3:49.77) at the Blue Raider Invitational ... Won the 400 in 56.42, placed second in the long jump (18-3.75) and third in the 200 meters in 25.37 at the Middle Tennessee Classic ... Finished third in the triple jump (40-9.5), fifth in the long jump with mark of 18-7.25 and 19th in the 200 with a PR of 25.10 at the Rod McCravy Memorial ... Won the long jump with a mark of 19-0 and also won the triple jump (42-3) as well as placing sixth in the 200 in 25.17 at the MT Valentine Invitational ... Broke the school record winning the triple jump (44-8.25), placed second in the long jump with a PR of (19-7.5), finished eighth in the 400 in 56.79 and was a member of the second-place mile relay (3:48.25) at the Sun Belt Championships ... Placed eighth in the triple jump (43-10.5) at the NCAA Championships, earning first career All-America honor.

Outdoor

Became the first Blue Raider female to participate in the NCAA Championships since 2004 after winning the triple jump at the NCAA Midwest Regional ... Ranked 39th in the nation on the NCAA descending order list with a mark of 20-5.25 and 10th in the triple jump with a mark of 44-4 ... Voted the Most Outstanding Field Performer at the Sun Belt Championships after winning the triple jump and placing second in the long jump ... Also placed eighth in the

2009 BlueRaiders

400 meters and was a member of the fourth-place 4x100-meter relay, compiling 20 points ... Won the long jump (19-1.5) and the triple jump (42-5.5) and was a member of the winning 4x400-meter relay (3:52.71) at the Clemson Relays ... Placed third in the long jump (19-0) and the triple jump (42-0) at the Tiger Track Classic ... Finished fourth in the triple jump (41-7.25) and 13th in the long jump (19-1.25) and was a member of the eighth-place distance medley relay (12:44.24) at the Sea Ray Relays ... Won the triple jump (43-1.5) with an NCAA qualifying mark and placed third in the long jump (19-6) at the Vanderbilt Invitational ... Won the triple jump with a mark of 44-2 and placed second in the long jump with her mark of 20-5.25, both NCAA qualifying marks ... Her long jump mark was the third best in school history ... Also placed eighth in the 400 and was a member of the fourth-place 4x100-meter relay (46.27) ... Won the triple jump with a wind-aided mark of 44-5.5 but also posted a legal mark of 44-4, another school record, at the NCAA Mideast Regional ... Placed 21st in the long jump (19-0.75) at the NCAA Mideast Regional ... Posted a mark of 43-1.5 in the prelims and finished 12th overall with mark of 42-2.25 at the NCAA Championships in the triple jump.

2006-07

Indoor

Placed third in the triple jump with a mark of 39-7.5, second in the 800 meters in 2:24.93 and was a member of the winning mile relay (3:53.15) at the Blue Raider Invitational ... Finished seventh in the long jump with a mark of 17-1.25, fifth in the triple jump (38-2.75) and sixth in the 600 meters in 1:39.46 at the Carle-Health Alliance Invitational ... Came in sixth in the triple jump (38-0.75) at the Indiana Relays ... Finished second in the triple jump with a season-best mark of 39-10 and also second in the 800 (2:19.44) at the MT Valentine Invitational ... Placed third in the triple jump (39-7.25), second in the 800 (2:17.86) and was a member of the fourth-place 4x400-meter relay (3:53.07) at the Sun Belt Championships.

Outdoor

Placed 14th with a season-best 18-5.25 in the long jump, second with a mark of 41-7.75 in the triple jump, sixth with a time of 56.11 in the 400 meters and was a member of the school record and NCAA regional qualifying 4x400-meter relay (3:38.12) at the Alabama Relays ... Finished eighth in a season-best 55.61 in the 400 and was a member of the second-place 4x400 relay (3:41.95) at the Yellow Jacket Invitational ... Member of the second-place 4x200-meter relay (1:40.26) at the Texas Relays ... Placed seventh in the triple jump (40-0.75) and was a member of the fifth-place 4x200 (1:37.98) at the Sea Ray Relays ... Won the triple jump with a season-best mark of 41-10.75, placed fourth in the long jump with a mark of 18-7 and was seventh in the 800 meters in 2:12.11 at the Vanderbilt Invitational ... Member of the second-place 4x400 relay (3:39.23) at the Penn Relays ... Placed ninth in the triple jump with a mark of 39-0.25 at the SBC Championships and 13th with a mark of 41-2.25 at the NCAA Mideast Regional.

High School

Attended Masindi Academy for coach Pkanya Patrick ... Posted best times of 57.26 in the 400 meters, 2:13 in the 800 meters and marks of 17-3 in the long jump and 37-10 in the triple jump ... Also attended Ndejje University for one year.

Personal

Born Sarah Nambawa on September 23, 1985 ... Daughter of Kalanda Paul and Namutebi Immaculate ... Majoring in liberal studies.



Nicole Neeb
Fr. • 5-10 • High Jump
**Stratford, Ontario/
Northwestern Secondary HS**

High School

Registered a high of 1.7m in the high jump ... Named the 2005 Female Athlete of the Year at Northwestern Secondary ... Received

Track Athlete of the Year honors all four years ... Also played on the volleyball team each of her four years.

Personal

Born Nicole Dawn Neeb on February 3, 1989 ... Daughter of Kim and John Neeb ... Major is undecided.



Zamzam Sangau
Jr. • 5-6 • Distance
**Kampala, Uganda/
Kyambog University**
2008-09

Cross Country

A Two-time Sun Belt Runner of the Week who finished no lower than 16th in all eight races ... Won the Agnes Scott Invitational (5K)

in 20:30 and finished seventh at the Belmont Opener (2 miles) 14:50.81 ... Placed fifth at the Memphis Twilight Classic (5K) in 18:09.78 and second at the WKU Old Timers Classic (5K) in 17:55.10 ... Came in 13th at the Greater Louisville Classic (5K), posting a season best in 17:44.07 and won the UTC Invitational (2 miles) in 11:07 ... Finished the season second at the Sun Belt Championships (5K), earning all-conference honors in 17:45.89 ... Came in 16th at the NCAA Regionals (6K) in Maryville, Tenn., in 21:33.69.

2007-08

Cross Country

Finished in the top 20 in all seven events, earning All-Sun Belt honors as well as All-South Region accolades ... Placed 12th at the Belmont Opener in 15:01.35 (4K) and fourth at the UTC Powerade Invitational in 11:23 (2 miles) ... Finished 13th at the Old Timers Classic in 18:17.31 (5K) and 14th at the Louisville Classic in 17:50.13 (5K) ... Won the FrontRunner Invitational in 11:01 (2 miles) ... Finished third at the SBC Championships in 18:01.50 (5K) and came in 19th at the NCAA South Regional in 21:26.55 (6K).

Indoor

Set school records in three events and also was a member of a record-setting relay ... Earned All-Sun Belt honors in three events after winning the mile run, placing second in the 800 meters and finishing third in the 5000 meters at the SBC Championships ... Won the mile in 5:09.04 and the 3000 meters in 10:21.75 at the MT Christmas Invitational ... Placed 13th in the mile in a school-record time of 5:00.69 and 12th in the 800 in 2:16.99 at the Kentucky Invitational ... Won the 800 in a school-record 2:12.63 and was a member of the winning mile relay (3:49.77) at the Blue Raider Invitational ... Won the 3000 in a school-record 10:17.08 and placed second in the mile in 5:04.54 at the Middle Tennessee Classic ... Set a school record in the mile at the Rod McCravy Memorial, finishing fourth in 4:48.37 ... Won the 800 in 2:15.77 at the MT Valentine Invitational ... Scored in five events at the Sun Belt Championships, netting a combined 28.5 points: winning the mile in 4:55.17, placing second in the 800 in 2:16.13, finishing third in 17:54.42 in the 5000 meters and also was a mem-

ber of the record-setting distance medley relay (12:07.87) and the second-place mile relay (3:48.25) ... Placed fifth in the mile in 4:55.04 at the NCAA Last Chance Meet.

Outdoor

Set the school record in the 3000 meters during the season, her fourth individual school record during the 2007-08 academic year ... Ranked 117th in the nation on the NCAA descending order list in the 1500 meters with a time of 4:33.79 ... Earned All-Sun Belt honors in three events at the SBC Championships, winning the 1500 and placing second in the 800 meters and the 5000 meters ... Member of the school-record 4x1500-meter relay (19:45.74) as well as the winning distance medley relay (12:34.46) and the winning 4x400-meter relay (3:52.71) at the Clemson Relays ... Set a school record and a personal best in the 3000 in 10:07.40, placed third at the Tiger Track Classic ... Finished 31st in the 1500 in 4:49.42 and was a member of the fifth-place 4x1500 relay (20:16.78) and the eighth-place distance medley relay (12:44.24) at the Sea Ray Relays ... Placed sixth in 4:31.99 at the Vanderbilt Invitational ... Finished second in a personal-best 2:10.40 in the 800 at the Coach O Invitational ... Won the 1500 in 4:33.79, placed second in the 800 in 2:11.82 and second in the 5000 in 17:51.86 at the Sun Belt Championships ... Qualified for the NCAA Mideast Regional in the 1500 but did not participate because of injury.

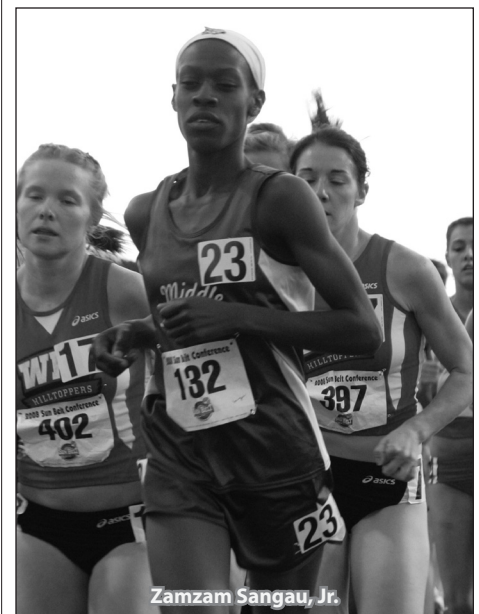
2006-07

Indoor

Finished 10th in the mile run in 5:25.14 at the MT Christmas Invitational ... Placed 26th in the mile in 5:17.88 and 20th in the 800 meters in 2:24.79 at the Kentucky Invitational ... Came in eighth in the mile in 5:25.83 and eighth in the 600 meters in 1:43.35 at the Carle-Health Alliance Invitational ... Placed 10th in the mile in a personal-best 5:13.75 at the Indiana Relays and second in the 3000 meters in a personal-best 10:26.92 at the MT Valentine Invitational ... Finished fourth in the mile in a PR of 5:13.16, fifth in the 3000 in a school record 10:20.49 and sixth in the 5000 meters in 19:01.20 at the Sun Belt Championships.

Outdoor

Placed fourth in 2:13.88 in the 800 meters, 11th in a 4:50.05 in the 1500 meters and was a member of the second-place distance medley relay (12:15.62) at the Alabama Relays ... Set the school record in the 5000



meters in 17:50.43 at the Yellow Jacket Invitational ... Finished 12th in a PR of 4:39.41 in the 1500 at the Tiger Track Classic and 32nd in 4:40.73 in the 1500 at the Sea Ray Relays ... Placed sixth in a personal-best 2:12.03 in the 800 and broke the school record again in the 5000, coming in third in 17:21.42 at the Vanderbilt Invitational ... Won the 1500 in a time of 4:38.74 and the 5000 in 17:39.43 at the Stan Lyons Invitational ... Won the 1500 in a PR of 4:36.73, placed third in the 800 in 2:16.46 and third in the 5000 in 18:07.54 at the SBC Championships.

Before Middle Tennessee

Attended Kyambogo University for one year ... Participated in track, cross country and volleyball ... Named Outstanding Sports Women in all three sports at the Kibuli Primary Teachers School ... Best times included 4:45 in the 1500 meters.

Personal

Born Zamzam Sangau on April 8, 1987 ... Daughter of Sangau and Marian Abdul ... Brother Rajab plays volleyball, handball and basketball, and brother Ahmed plays cricket and runs track ... Majoring in liberal studies.



Jackline Serem
Fr. • 5-1 • Distance
**Rift Valley, Kenya/
Sacho HS**

Personal

Born Jackline Serem ... Daughter of David and Elizabeth Serem ... Attended Sacho High School ... Lettered in track running the 3000 ... Majoring in nursing.



Ashleigh Thaler
Sr. • 5-1 • Distance
**Franklin, Tenn./
Franklin HS**

2008-09

Cross Country

Finished in the top 60 in five of the seven races ... Finished ninth at the Agnes Scott Invitational (5K) in 23:36 and 57th at the

Belmont Opener (4K) in 17:05.92 ... Placed 91st at the Memphis Twilight Opener (5K) in 21:16.61 and 22th at the WKU Old Timers Classic (5K) in 21:07.90 ... Finished 147th at the Greater Louisville Classic in 19:46.84 posting a season best and 15th at the UTC Invitational (2 miles) in 12:20 ... Finished 32nd at the Sun Belt Championships (5K) in 20:17.92.

2007-08

Cross Country

Finished in top 50 in four of the five meets ... Placed 75th at the Belmont Opener in 17:42.24 (4K) and 43rd at the UTC Powerade Invitational in 13:15 (2 miles) ... Finished 47th at the Old Timers Classic in 20:48.08 (5K) and 20th at the FrontRunner Invitational in 13:15 (2 miles) ... Placed 46th at the Sun Belt Championships in 20:32.00 (5K).

Indoor

Placed eighth in the 3000 meters in 10:49.26 at the MT Christmas Invitational ... Set a PR in the 3000, placing 30th in 10:47.05 at the Kentucky Invitational ... Placed 41st in the 3000 in 11:18.00 at the Rod McCravy Memorial ... Finished 12th in the 5000 meters in a personal-best 18:50.60 at the Sun Belt Championships.

Outdoor

Placed fifth in the 5000 meters in 19:51.02 at the

Clemson Relays and eighth in the 1500 meters in 5:14.11 at the Boston-Moon Classic ... Finished 14th in the 5000 in 18:35.46 at the Vanderbilt Invitational and posted a personal-best 5:06.26 in the 1500 at the Coach O Invitational ... Placed fourth in the 10,000 meters in a personal-best 39:20.32 at the Sun Belt Championships.

2006-07

Cross Country

Placed 34th in 13:51 over two miles at the UTC Opener and 51st in 24:05.00 over 5K at the WKU Old Timers Classic ... Came in 37th in 20:41.76 over 5K at the Louisville Classic and 27th in 12:44 over two miles at the FrontRunner Invitational ... Finished 33rd in 19:34.10 over 5K at the Sun Belt Championships.

Indoor

Finished 13th in the 3000 meters in 11:35.96 at the MT Christmas Invitational and 38th in a personal-best 11:18.17 at the Kentucky Invitational ... Placed ninth in 11:18.90 at the MT Valentine Invitational ... Finished 22nd in the 5000 meters in 20:00.07 at the Sun Belt Championships.

Outdoor

Placed 20th in a time of 19:27.85 in the 5000 meters at the Alabama Relays and another PR of 19:23.15, finishing 24th at the Yellow Jacket Invitational ... Finished seventh in a time of 19:04.03 in the 5000 at the Tiger Track Classic and 10th in a personal-best 11:00.33 in the 3000 meters at the Boston-Moon Classic ... Posted a PR of 18:26.57 in the 5000 and 800 meters in 2:29.91 at the Vanderbilt Invitational ... Placed eighth in the 5000 in 18:32.02 at the Stan Lyons Invitational ... Finished 11th in the 10,000 meters at the Sun Belt Championships in 41:20.02.

2005-06

Cross Country

Placed 84th on the 4K course in 19:55.46 at the Belmont Opener ... Came in 46th in 23:14.60 at the WKU Old Timers Classic and 20th in 23:40 at the Arkansas State Invitational, both on 5K courses ... Placed 36th in 14:12 on a two-mile course at the UTC Invitational ... Finished 56th in 20:56.54 on a 5K course at the Sun Belt Championships.

Indoor

Placed 10th in the 3000 meters in 12:29.08 at the MT Christmas Invitational ... Finished 39th in the 3000 in 11:42.31 and was a member of the seventh-place 4x800-meter relay at the Kentucky Invitational ... Came in 10th in a time of 11:35.88 at the Middle Tennessee Open and bettered that mark to 11:19.77, finishing 24th at the Indiana Invitational ... Again set a PR in the 3000 in 11:12.82, placing 11th at the MT Valentine Invitational ... Set a personal best in the 5000 meters in 19:59.47, finishing 17th at the Sun Belt Championships.

Outdoor

Finished eighth in 11:43.20 in the 3000 meters at the Boston-Moon Classic ... Bested that mark with a time of 10:56.74 at the Vanderbilt Invitational ... Placed second in the 10,000 meters in 42:14.18 at the Clemson Relays and posted a PR in the event at the Sun Belt Championships, finishing ninth in 40:40.51.

High School

Three-year cross country and four-year track letterwinner for coach Ted Gleason ... Posted times in cross country of 5:56 for the 1600 meters, 12:20 for the 3200 meters and 22:40 for the 5K ... Placed fourth in the two-mile run and third in the mile run as a freshman at the district championships ... Came in third in both the two-mile and mile runs as a sophomore at the district meet ... Finished second in the mile and first in two-mile run as a junior at the district meet ... Placed third in the two-mile and fourth in the mile run as a senior at the district champion-

ships ... Member of FGC and Youth Council ... Captain for cross country two years and distance captain for three years with track ... Also lettered one year in soccer as freshman.

Personal

Born Ashleigh Elisabeth Thaler on September 16, 1986 ... Daughter of Jack and Kristin Thaler ... Majoring in liberal studies.



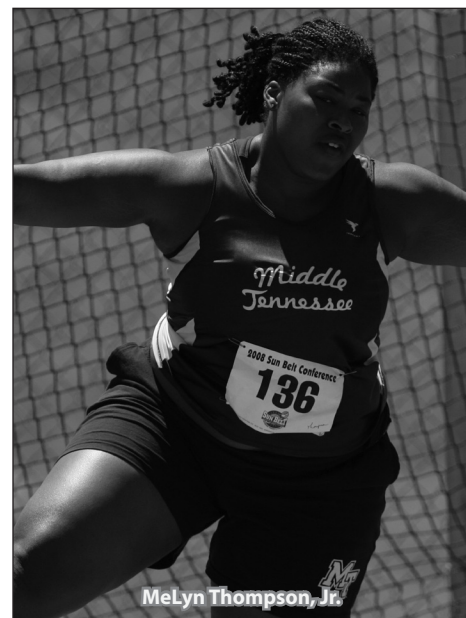
MeLyn Thompson
Jr. • 5-6 • Throws
**Chattanooga, Tenn./
Girls Preparatory School**

2007-08

Indoor

Won the shot put (47-6) and placed 10th in the weight throw (43-5.5) at the MT Christmas Invitational ... Finished fourth in the shot put (47-11.25) at the

Kentucky Invitational ... Won the shot put (46-10) and placed ninth in the weight throw (38-7) at the Blue Raider Invitational ... Finished fourth in the shot put (43-3) and eighth in the weight throw (36-10.5) at the Middle Tennessee Classic ... Placed second in the shot put (45-2) and 12th in the weight throw (39-2) at the MT Valentine Invitational ... Finished fourth in the shot put (45-4.25) at the Sun Belt Championships.



Outdoor

Ranked 90th in the nation on the NCAA descending order list in the shot put with a mark of 47-11.75 ... Earned All-Sun Belt honors after winning the shot put at the SBC Championships ... Won the shot put (46-9) and placed third in the hammer throw with a mark of 129-1 at the Clemson Relays ... Placed seventh in the shot put (46-3.25) at the Yellow Jacket Invitational and ninth (42-11) at the Tiger Track Classic ... Finished 35th in the shot put (41-9.75) at the Sea Ray Relays ... Placed eighth in the shot put (44-0.75) and 25th in the hammer (124-3) at the Vanderbilt Invitational ... Finished third in the shot put (46-9), fifth in the discus with a personal-best 132-8 and eighth in the hammer with PR of 138-4 at the Coach O Invitational ... Won the shot put with a mark of 47-11.75 at the Sun Belt Championships ... Placed 35th in the shot put (44-2) at the NCAA Midwest Regional.

2009 BlueRaiders

Indoor

Placed second in the shot put with a mark of 45-11 and placed 10th in the weight throw with a mark of 35-2 at the MT Christmas Invitational ... Finished eighth in the shot put (44-8) and 25th in the weight throw with personal-best 44-11 at the Kentucky Invitational ... Came in fourth in the shot put (41-6) and weight throw (42-9.5) at the Blue Raider Invitational ... Won the shot put with a personal-best 46-6.75 at the Carle-Health Alliance Invitational ... Finished second in the shot put (45-4.5) at the Indiana Relays ... Placed third in the shot put (45-0) and sixth in the weight throw (44-5) at the MT Valentine Invitational ... Finished 10th in the shot put (41-1.75) and 14th in the weight throw (44-3.25) at the Sun Belt Championships.

Outdoor

Placed ninth in the shot put with a mark of 43-3 at the Alabama Relays and eighth with a mark of 43-9.75 at the Yellow Jacket Invitational ... Finished second in the shot put (40-11.75), seventh in the hammer throw (122-0) and 10th in the discus (93-2) at the Boston-Moon Classic ... Placed 10th in the shot put (43-7) and 23rd in the hammer with a personal-best 132-2 at the Vanderbilt Invitational ... Won the shot put with a mark of 49-5.75 at the Stan Lyons Invitational ... Also placed 18th in the discus (122-8) and 23rd in the hammer (116-11) at the Stan Lyons meet ... Set a school record again in shot put, winning event at the Sun Belt Championships with a mark of 50-8.75 ... Came in 15th in the discus (123-11) and 14th in the hammer (118-1) at the SBC Championships ... Placed 10th in the shot put with a mark of 48-10.25 at the NCAA Mid-east Regional.

High School

Was the state title winner in both the shot put and discus as a senior at Girls Preparatory School ... Winning marks were 44-4.25 in the shot put and 124-4 in the discus ... Set a personal best in the discus as a senior at the Division II East Sectional meet with a mark of 125-0.5 and a PR in the shot put at the GPS home meet with a mark of 45-2.

Personal

Born MeLyn Marie Thompson on October 12, 1987 ... Daughter of Melvin and Gwendolyn Thompson ... Majoring in interdisciplinary studies (early childhood education).



Kortney Thurman
So. • 5-7 • Jumps/Sprints
Powder Springs, Ga./
McEachern HS
2007-08

Indoor

Earned All-Sun Belt honors in the long jump, placing third at the SBC Championships ... Placed 10th in the long jump (17-9.75) at the

Kentucky Invitational and fourth (17-1.5) at the Blue Raider Invitational ... Finished third in the long jump (17-8) and seventh in the 200 meters in 26.69 at the Middle Tennessee Classic ... Placed sixth in the long jump (18-7.25) and posted a time of 26.44 in the 200 at the Rod McCravy Memorial ... Finished seventh in the long jump (17-8.75) at the MT Valentine Invitational ... Placed third in the long jump (19-4.75) and 17th in the triple jump (35-8.75) at the Sun Belt Championships.

Outdoor

Placed second in the long jump (18-11.25) at the Clemson Relays and fourth (17-4.75) at the Tiger Track Classic ... Finished 14th in the long jump (19-



Associate AD/SWA Diane Turnham (left) and Kortney Thurman, So.

0.75) and 30th in the triple jump (33-10) at the Sea Ray Relays ... Placed eighth in the long jump (18-7.25) and 20th in the 100 meters (12.58) at the Vanderbilt Invitational ... Won the long jump with a personal-best mark of 19-6.25 and placed fourth in the 100 in 12.15 at the Coach O Invitational ... Finished fourth in the long jump (19-4) and was a member of the fourth-place 4x100-meter relay (46.27) at the Sun Belt Championships.

High School

Four-year letterwinner for coach Michael Taylor ... State champion in the long jump as a senior and the region champion as a freshman, sophomore and senior ... Best times included 11.97 in the 100 meters, 24.37 in the 200 meters and best marks included a 18-11 in the long jump and 38-7 in the triple jump.

Personal

Born Kortney Chanelle Marie Thurman on July 8, 1989 ... Daughter of Brian and Gwen Mason.



Kristen Tithof
Fr. • 5-6 • Distance
Friendsville, Tenn./
William Blount HS
2008-09

Cross Country

Finished in the top 50 in six of the seven races ... Came in fourth at the Agnes Scott Invitational (5K) in 22:15 and 47th at the Belmont

Opener in 16:04.06 ... Finished 47th at the Memphis Twilight Classic (5K) in 20:04.73 and 18th at the WKU Old Timers Classic (5K) in 20:10.50 ... Placed 14th at the UTC Invitational (2 miles) in 12:23 ... Finished the season with a season-best time of 19:45.18 at the Sun Belt Championships.

High School

Attended William Blount High School ... Lettered in track & field all four years of high school and lettered in cross country from her sophomore through senior years under coach Chris Frary ... Was the cross country regional champion in 2005 and 2006 ... an all-region cross country selection in 2007 ... Tabbed to the all-state cross country team in 2005, 2006 and 2007 ... All-state track member in 2006 ... Graduated in the top 10 in her class.

Personal

Born Kristen Tithof on November 16, 1989 ... Mother

is a professor of veterinary science at Tennessee ... Majoring in biology.



Nyeisha Wright
r-So. • 5-7 • Jumps/Sprints
Colorado Springs, Colo./
Widefield HS/
Southern Miss

2007-08

Redshirted after transferring from Southern Miss.

Indoor

Did not compete.

Outdoor

Competed unattached in one meet, placing 16th with a mark of 17-8.75 in the long jump and fouling on her three attempts in the triple jump at the Vanderbilt Invitational.

Before Middle Tennessee

Spent one season at Southern Miss.

High School

Four-year track letterwinner for coach Fred Marjerson at Widefield HS ... Won the state championship in the triple jump as a sophomore and the state titles in the long jump and triple jump as a senior ... Earned all-state honors in the 400 meters as a sophomore and junior ... Region and CSML champion as a junior and senior ... Selected as the 2006 Gatorade Athlete of the Year for Colorado ... Top times include 11:54 in the 100 meters, 23.67 in the 200 meters, 54.23 in the 400, and top marks included 20-10.5 in the long jump and 42-8.75 in the triple jump.

Personal

Born Nyeisha Olivia Wright on September 6, 1988 ... Daughter of Dons Wright and Corey Wright.

Women's Roster Breakdown:**By Class**

Seniors (5): Ashley Comstock, Maité Cortin, TraMayne Gillyard, Tenesha Hill, Ashleigh Thaler

Juniors (4): Brittany Cox, Sarah Nambawa, Zamzam Sangau, MeLyn Thompson

Sophomores (3): Marla Bailey, Kortney Thurman, Nyeisha Wright

Freshmen (4): Kiara Henry, Nicole Neeb, Jackline Serem, Kristen Tithof

By Event

Sprints (5): TraMayne Gillyard, Kiara Henry, Tenesha Hill, Kortney Thurman, Nyeisha Wright

Hurdles (0)

Middle Distance (1): Sarah Nambawa

Distance (6): Marla Bailey, Ashley Comstock, Zamzam Sangau, Jackline Serem, Ashleigh Thaler, Kristen Tithof

Jumps (4): Sarah Nambawa, Nicole Neeb, Kortney Thurman, Nyeisha Wright

Throws (3): Maité Cortin, Brittany Cox, MeLyn Thompson

