

# 2006 Blue Raider Track

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### CREDITS

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### MISSION STATEMENT

The Middle Tennessee athletic program is committed to quality athletics that bring the campus community together and promote a sense of pride and tradition in academic and athletic excellence. These programs also bring the University regional and national recognition and provide a link between the University, its alumni, and the community at large. They give students, faculty and alumni opportunities for innovative public service activities that better the community. Athletics uses financial and physical resources to maintain and develop sports programs to accomplish the mission of the University.

### GENERAL INFORMATION

Location ..... Murfreesboro, Tenn.  
 Enrollment ..... 22,554  
 Founded ..... 1911  
 Nickname ..... Blue Raiders  
 Colors ..... Royal Blue and White  
 President ..... Dr. Sidney A. McPhee  
 Director of Athletics ..... Chris Massaro  
 SWA ..... Diane Turnham  
 Athletics Phone ..... 615/898-2450  
 Website ..... GoBlueRaiders.com  
 Conference ..... Sun Belt  
 Indoor Facility ..... Murphy Center  
 Outdoor ..... MT Track Complex

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### COACHING STAFF

Head Coach ..... Dean Hayes  
 Alma Mater, Year ..... Lake Forest, 1959  
 Track Office Phone ..... 615/898-2571  
 Assistant Coach ..... Roger Kerr  
 Assistant Coach ..... Thomas Keith

Middle Tennessee State University is an equal opportunity, nonracially identifiable, educational institution that does not discriminate against individuals with disabilities. SP027-0206. Questions, comments and corrections should be directed to Jo Jo Freeman at 615/898-5270.

**MIDDLE  
 TENNESSEE**  
 STATE UNIVERSITY

# 2006 Rosters

## MEN

<u>Name</u>	<u>Event (s)</u>	<u>Ht.</u>	<u>Wt.</u>	<u>Cl.</u>	<u>Hometown/High School (Last School)</u>
Samuel Adade	Sprints	6-3	190	FR	Kumasi, Ghana/Prempeah College
Jermaine Barton	Sprints	5-8	140	JR	St. Mary, Jamaica/Vere Tech (Barton County CC)
Derek Carey	Sprints	5-9	172	r-JR	Nassau, Bahamas/Queen's College (Kansas City CC)
Tony Carufe	Distance	6-1	157	JR	Hendersonville, Tenn./Beech HS
Marc Curry	Sprints	6-4	184	JR	Knoxville, Tenn./Farragut HS (Milligan College)
Julius DeFour	High Jump	6-3	192	SR	Spokane, Wash./Lewis & Clark HS (Western Washington Univ.)
Derek Dell	Distance	6-3	140	SR	Lansing, Mich./Holt HS (Lansing CC)
Nick Diel	Throws	6-5	250	SR	Newton, Ill./Newton HS (Rend Lake College)
VanTonio Fraley	Sprints	5-9	155	SR	Seaside, Calif./Killeen [TX] HS (Monterey Peninsula College)
Jonathan Guillou	Distance	5-8	125	r-SR	Gagny, France/Univ. of Marne la Vallee
JaKeith Hairston	Jumps	6-0	182	r-JR	Johnson City, Tenn./Science Hill HS (Milligan College)
Ryan Hood	Distance	6-0	166	FR	Knoxville, Tenn./South Doyle HS
Pierre Ingram	High Jump	6-4	208	r-JR	Stockbridge, Ga./Stockbridge HS
Brandon Jones	Jumps	6-3	162	FR	Arlington, Tenn./Cordova HS
Tavaris Leak	Sprints	5-10	140	r-FR	Charlotte, N.C./Faith Academy (Benedict College)
Jonathan Oliver	Sprints	5-7	158	FR	Dallas, Texas/Carter HS
Willie Parker	Throws	6-0	218	r-JR	Knoxville, Tenn./Farragut HS
Luke Pflieger	Distance	6-2	182	FR	Knoxville, Tenn./Knoxville Catholic HS
Orlando Reid	Sprints	6-2	158	JR	Manchester, Jamaica/Homewood HS (GC Foster College)
Pete Senatus	Hurdles	5-11	165	FR	Ft. Lauderdale, Fla./Plantation HS
JJ Sturm	Jumps	6-1	145	SR	Fairfax, Va./Franklin (TN) HS
Daryl Terrell	Sprints	5-11	190	r-JR	Oakland, Calif./South Gwinnett [GA] HS (CC of San Francisco)
James Thomas	Throws	5-11	283	r-JR	Knoxville, Tenn./Farragut HS
Jeremy Turner	Hurdles	5-9	162	FR	Memphis, Tenn./Overton HS
Juan Walker	Hurdles/Jumps	5-10	174	JR	Picayune, Miss./Hunters Lane [TN] HS (Lindenwood College)
Sean Waller	Sprints/Jumps	5-10	148	r-JR	Madison, Tenn./Hunters Lane HS
Linnie Yarbrough	Hurdles	6-3	190	r-SR	East St. Louis, Ill./Hunters Lane (TN) HS
Matthew Young	Distance	5-8	145	SO	Elizabethton, Tenn./Elizabethon HS

## WOMEN

<u>Name</u>	<u>Event (s)</u>	<u>Ht.</u>	<u>Cl.</u>	<u>Hometown/High School (Last School)</u>
Kerry Barrow	Sprints	5-7	SR	Bon Accord, Tobago/Scarborough Secondary
LaSean Bell	Throws	5-9	SO	Marietta, Ga./Marietta HS
Meaghan Byrd	Throws	5-11	SR	Lake in the Hills, Ill./Huntley HS
Shanna-Kay Campbell	Sprints	5-8	JR	Kingston, Jamaica/Queen's College (Florida Memorial College)
Catherine Chester	Distance	5-4	r-FR	Woodlawn, Tenn./Northwest HS
Ashley Comstock	Distance	5-2	FR	Barrie, Ontario/St. Joan of Arc HS
Sierra Douglas	Jumps	5-6	SO	Beaufort, S.C./Beaufort HS
Lamunika Eberhart	Sprints	5-8	SR	Chattanooga, Tenn./Hunters Lane HS (Chattanooga State CC)
Iceca Epps	Hurdles	5-6	FR	Ft. Worth, Texas/Wyatt Senior HS
Miranda Galloway	Distance	5-8	SO	St. Catharines, Ontario/St. David Catholic HS
TraMayne Gillyard	Sprints	5-6	FR	Jacksonville, Fla./Edward H. White HS
Marjorie Gombert	Middle Distance	5-10	r-SO	Pont Saint Esprit, France/Univ. of Montpellier
Kaitlyn Hammond	Distance	5-6	FR	Bradford, Ontario/Holy Trinity HS
Sara Lunning	Distance	6-0	SR	Ludington, Mich./Ludington HS (Lansing CC)
Tiffany Owens	Sprints	5-8	JR	Hollywood, Fla./Hallandale HS
Erika Palmer	Sprints	5-6	FR	Memphis, Tenn./Memphis East HS
Veronia Patterson	Sprints/Hurdles	5-7	JR	St. Thomas, Jamaica/Vere Tech (Barton County CC)
Candice Robertson	Hurdles	5-10	SR	Memphis, Tenn./Ridgeway HS
Tiffany Sawyer	Distance	5-4	r-FR	Powell, Tenn./Powell HS
Carlissa Shaw	Middle Distance	5-8	FR	Memphis, Tenn./Central HS
Antranette Stringer	Sprints	5-4	SO	Hephzibah, Ga./Cross Creek HS
Stephanie Tamgho	Jumps	5-6	SO	Sevron, France/Ecole Nationale de Commerce
Ashleigh Thaler	Distance	5-1	FR	Franklin, Tenn./Franklin HS



# Coaches and Athletes

# Head Coach Dean Hayes



Throughout the recent history of Middle Tennessee track and field, there have been two constants – veteran coach Dean Hayes and a legacy of championship performances. A

renowned track and field coach both in college and professional circles, Dean Hayes has gained great respect since coming to Middle Tennessee 41 years ago.

His men's teams dominated the Ohio Valley Conference and the women's teams have duplicated that success since Hayes took over the program in 1987. Both squads have continued their successes since joining the Sun Belt Conference, capturing 11 of the 22 indoor and outdoor titles for which they have been eligible since joining the league five years ago.

Overall, Hayes has guided the programs to 29 OVC titles, 11 Sun Belt championships and 17 NCAA Top 25 finishes, while 39 of his athletes have earned 77 All-American honors, four have become national champions, and a number of them have gone on to compete internationally in the Olympic Games,



World University Games and Pan-American Games. There could have been more awards, but Middle Tennessee did not sport a track program from 1987-90.

Hayes has added nine Sun Belt Coach of the Year awards to complement his 15 OVC Coach of the Year honors, including 10 in a row from 1977 to 1986. He was inducted into the Blue Raider Hall of Fame in 1982 and the Tennessee Sports Hall of Fame in 1994. Hayes became a member of the Illinois Sports Hall of Fame in 1993, and he was inducted into the Mason-Dixon Athletic Club Hall of Fame in March of 2005.

Following the 1981 season, the Division I Track & Field Coaches Association voted Hayes the NCAA Outdoor Coach of the Year. Hayes served as president of the TFCA in 1982-83.

In his first attempt at a Sun Belt Championship, Hayes delivered, as the Middle Tennessee women took first place in Miami, Fla., in 2000. For leading the women's team to victory, Hayes earned his first Sun Belt Coach of the

Year award.

Since taking its place in the Sun Belt full-time prior to the beginning of the 2000-01 academic year, Hayes has brought Middle Tennessee 11 of the 22 league titles in indoor and outdoor track and field. He and his charges were instrumental in capturing the school's first-ever Vic Bubas Cup, the league's all-sports trophy, in 2001, as the track programs garnered three SBC titles that year. The teams have also played a significant role in Middle Tennessee winning the Bubas Cup in 2004 and 2005, as well.

Hayes has indeed put Middle Tennessee on the world map in terms of collegiate track and field.

However, Hayes' experience is not limited to the collegiate level. In fact, Hayes has



Coach Dean Hayes and his wife, Jan

## HAYES AT A GLANCE

### PERSONAL

Birthdate: December 14, 1937  
Hometown: Morrison, Ill.  
Family: Wife, Jan; daughters, Erin and Kara

### EDUCATION

High School: Naperville (Ill.) Central  
College: Lake Forest (1959)

### HEAD COACH EXPERIENCE (COLLEGE)

Middle Tennessee: 1965 - present

### HEAD COACH EXPERIENCE (WORLD)

Goodwill Games: 1998 (New York, N.Y.)  
World Championships: 1997 (Athens, Greece)  
World Cup: 1994 (London, England)  
Goodwill Games: 1990 (Seattle, Wash.)  
World University Games: 1985 (Kobe, Japan)

### ASSISTANT COACH EXPERIENCE (WORLD)

Olympic Games: 1988 (Seoul, South Korea)  
World Championships: 1983 (Helsinki, Finland)  
World University Games: 1981 (Bucharest, Romania)  
US Olympic Festival: 1978 (Colorado Springs, Colo.)  
\*Served as referee at 1996 Olympics in Atlanta

### NCAA TOP 25 FINISHES (17)

Women's Indoor: 1994 - 8th  
Men's Indoor: 1971-22nd; 1972 - 7th; 1973 - 8th; 1974 - 14th; 1979 - 20th; 1980 - 19th; 1981 - 11th; 1982 - 11th; 1993 - 21st  
Men's Outdoor: 1971 - 25th; 1972 - 22nd; 1973 - 25th; 1974 - 17th; 1976 - 19th; 2003 - 17th  
Men's Cross Country: 1966 - 14th

### OHIO VALLEY CONFERENCE TITLES (29)

Women's Indoor: 1988, 1991, 1994, 1995, 1996  
Men's Indoor: 1979, 1981, 1982, 1983, 1985, 1986, 1991, 1993, 2000  
Women's Outdoor: 1991, 1994, 1996  
Men's Outdoor: 1977, 1978, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1993, 1994  
Men's Cross Country: 1983

### SUN BELT CHAMPIONSHIPS (11)

Women's Indoor: 2001, 2002, 2003, 2004  
Men's Indoor: 2001, 2002, 2003, 2004  
Women's Outdoor: 2000, 2005  
Men's Outdoor: 2001

### HONORS

Tennessee Sports Hall of Fame: 1994  
Blue Raider Hall of Fame: 1982  
OVC Coach of the Year: 1977, 1978, 1979, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1991, 1994, 1995, 1996, 2000  
Sun Belt Coach of the Year: 2000, 2001 (3), 2002 (2), 2003 (1), 2004 (1), 2005 (1)  
NCAA Outdoor Coach of the Year: 1981

# Head Coach Dean Hayes



**Coach Hayes (right) accepts one of his nine Sun Belt Coach of the Year awards from SBC commissioner Wright Waters. Hayes has earned 24 Coach of the Year awards and won 40 conference championships during his tenure at Middle Tennessee.**

coached several teams sponsored by either the United States Olympic Committee or USA Track and Field.

His international experience began at the first Olympic Sports Festival in Colorado Springs, Colo. (1978), and includes: working as the head coach at the World University Games in Kobe, Japan (1985); Goodwill Games in Seattle, Wash. (1990); World Cup in London, England (1994); World Championships in Athens, Greece (1997); and again at the Goodwill Games in New York City (1998).

The Naperville, Ill., native also has served as an assistant at several international events. Aside from the first Olympic Sports Festival, Hayes worked as an assistant at the World University Games in Bucharest, Romania (1981), World Championships in Helsinki, Finland (1983), and the Summer Olympic Games in Seoul,



South Korea (1988).

In 1996, Hayes served as a referee at the Summer Olympic Games in Atlanta, Ga.

Because of Hayes' international success, numerous foreign athletes have sought out Middle Tennessee as their college of choice.

However, Hayes' most successful collegiate athletes at Middle Tennessee have competed in the NCAA triple jump, an event in which Hayes specializes.

He has coached NCAA champions Tommy Haynes (1974) and Barry

McClure (1972, '73), as well as NCAA high hurdle champion Dionne Rose (1994) and his most recent national champion, Blue Raider Mardy Scales in the 100-meters (2003). Hayes also guided Roland McGhee to nine All-American honors, while both McClure and Greg Artis have won All-American honors seven times.

Hayes earned his B.A. at Lake Forest (Ill.) where he competed in the 800-meters, the long jump and triple jump, an event in which he was an NCAA qualifier. After earning his M.S. Ed. at Northern Illinois, Hayes began his coaching career at the high school level in Chicago (three years) and Minneapolis (one year) before returning to Lake Forest and then moving on to Middle Tennessee in 1965.

## All-Americans Under Hayes

Greg Artis (7) . . . . .	1979-81
Ron Bramlett (1) . . . . .	1999
Jacqui Brown (4) . . . . .	1994
Jasper Demps (1) . . . . .	2001
John DoDoo (2) . . . . .	1978-79
Rayfield Dupree (1) . . . . .	1977
Sheikh Faye (4) . . . . .	1976-78
Kim Freeman (1) . . . . .	2001
Tommy Haynes (3) . . . . .	1974
Godfrey Herring (5) . . . . .	2000-02
Dwight Johnson (2) . . . . .	1984-85
Andre Kirnes (2) . . . . .	1980, '83
Eddie Loyd (1) . . . . .	1982
Garland Martin (1) . . . . .	2004
Barry McClure (7) . . . . .	1970-73
Roland McGhee (9) . . . . .	1991-94
Orestes Meeks (1) . . . . .	1982
Christian Nsiah (2) . . . . .	1996, '99
Victor Okorie (1) . . . . .	2003
Brian Oldfield (1) . . . . .	1965
Micah Otis (1) . . . . .	1994
Andreja Ribac (1) . . . . .	2000
Dionne Rose (4) . . . . .	1994
Mardy Scales (5) . . . . .	2002-04
Jimmy Washington (1) . . . . .	1976

**1981 Mile Relay (1)**  
Barry Gambrell, Mike Davidson, Gary Mitchell, Tim Johnson

**1982 Mile Relay (1)**  
Herb Newton, Gary Mitchell, Tim Johnson, Floyd James

**1982 Distance Medley (1)**  
Herb Newton, Joe O'Loughlin, Tim Johnson, John Davis

**2003 4x100m Relay (1)**  
DJ Spann, Mardy Scales, Brad Orr, Pedro Holiday

**2004 4x100m Relay (1)**  
Xavier Darden, Mardy Scales, Wesley Dupar-Scott, JJ Sturm, Pedro Holiday

# Assistant Roger Kerr



Middle Tennessee assistant track and field coach Roger Kerr has quite an extensive resume, which includes more experiences than most head coaches around the country.

Then again, Kerr has a solid history as a head coach.

The former head coach at Arizona State, Illinois State and Evansville is still involved in collegiate track and field competition for one simple reason -- the Iowa native enjoys teaching and working with young athletes. In his nine previous years with the Blue Raiders, Kerr has focused much of his energy on working with sprinters, hurdlers and weights. Kerr also deals with team equipment and helps with recruiting duties.

Kerr earned his bachelor's and master's in Physical Education at the University of Iowa, where he was a three-year star on the track and field team. By the time Kerr graduated from Iowa in 1963, he held school records in the 600 and 660 as well as a share of the indoor and outdoor one-mile relay. Both the 600 and 660 records stood for more than 20 years.

Upon earning his master's, Kerr became the head coach at the University of Evansville for both men's track and field and cross country before moving on to Purdue University. In his six years at Purdue, Kerr served as head coach of the men's cross country team while working as an assistant to the men's track and field program. Kerr also earned his Ph.D. in Educational Administration while at Purdue.

Kerr then had a four-year stint at Illinois State, thanks in part to Dean Hayes. While at ISU, Kerr also served as an assistant to the athletic

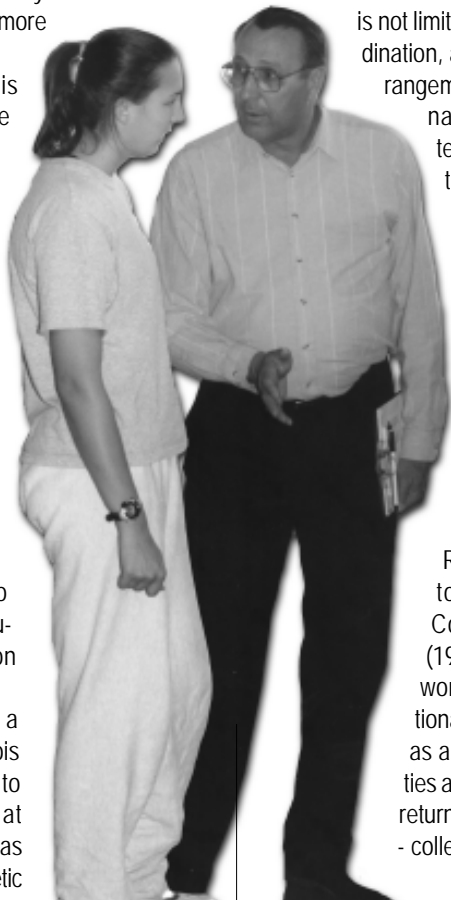
director.

A midwestern boy all his life, Kerr uprooted himself and moved to Tempe, Ariz., where he spent eight years as the head women's track and field coach for the Arizona State Sun Devils, as well as assistant coach for the men's program. While in the "Valley of the Sun," Kerr's teams accumulated five national placings, two conference titles, 12 individual Olympians, two gold medalists and one Olympic silver medalist. At that point, Kerr took his 20 years of coaching experience and 26 years of being involved in track and field at the collegiate level and focused his attention on international competition.

Kerr has worked at both the Summer Olympic Games in Los Angeles ('84) and Atlanta ('96). He has also worked the Winter Olympic Games in Calgary, Alberta ('88) and Lillehammer, Norway ('94), as well as the Pan-American Games in Indianapolis, Ind. ('87), and Buenos Aires, Argentina ('95). With his vast experience at the college level, it should come as no surprise that Kerr has worked at the World University Games in Buffalo, N.Y. ('93) and San Francisco, Calif. ('95).

Kerr's experience includes, but is not limited to, athletic ticket coordination, athletic transportation arrangements, and athletic coordination for ABC and BBC television for post-event interviews at the Summer Olympic Games in Los Angeles. He also has carried out tasks in the areas of administrative preparation and arrangements and equipment and clothing distribution.

He also has taken part in the United States Olympic Festival in Baton Rouge, La. (1985), Houston, Texas (1986), and Colorado Springs, Colo. (1995). During the time Kerr worked at various international events, he also worked as an independent commodities and financial broker before returning to the love of his life -- college track and field.



## KERR AT A GLANCE

### PERSONAL

Birthdate: November 2, 1941  
Hometown: Wapello, Iowa  
Family: Sons - Michael, Richard and James

### EDUCATION

High School: Wapello (IA) High School  
College: Iowa (1963), B.S., M.A.;  
Purdue, Ph.D.

### HEAD COACH EXPERIENCE (COLLEGE)

Arizona State: 1977 - 85 (Women's T&F/XC)  
Illinois State: 1973 - 77 (Men's T&F/XC)  
*Kerr also served as assistant to ISU AD*  
Purdue: 1967 - 73 (Men's XC)  
Evansville: 1965 - 67 (Men's T&F/XC)

### ASST. COACH EXPERIENCE (COLLEGE)

Middle Tennessee: 1997 - present  
Arizona State: 1977 - 79 (Men's T&F/XC)  
Purdue: 1967 - 73 (Men's T&F)  
Evansville: 1965 - 67 (Men's basketball)

### WORLD COMPETITION EXPERIENCE

Olympic Games: 1996 (Atlanta, Ga.)  
Pan-American Games: 1995  
(Buenos Aires, Argentina)  
US Olympic Festival: 1995  
(Colorado Springs, Colo.)  
World University Games: 1995  
(San Francisco, Calif.)  
Winter Olympic Games: 1994  
(Lillehammer, Norway)  
World University Games: 1993  
(Buffalo, N.Y.)  
Winter Olympic Games: 1988  
(Calgary, Alberta, Canada)  
Pan-American Games: 1987  
(Indianapolis, Ind.)  
US Olympic Festival: 1986 (Houston, Texas)  
US Olympic Festival: 1985 (Baton Rouge, La.)  
Olympic Games: 1984 (Los Angeles, Calif.)

### HONORS

- University of Iowa Hall of Fame: 1986
- Finkbine Leadership Award: 1963
- Held records for both the 600 and 660 at the University of Iowa for over 20 years

# Assistant Coaches



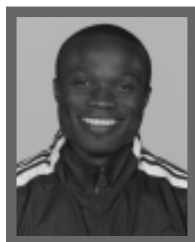
Thomas Keith has been a valuable member of Dean Hayes' track and field coaching staff since 1976.

Known for his positive attitude and uncanny patience, Keith is considered among the nation's top coaches in terms of dealing with athletes.

Exceedingly versatile, Keith is able to run practices, coach events, handle equipment, as well as work with athletes in a professional manner. Keith transferred to Middle Tennessee in the fall of 1976 and immediately went to work as team manager. He has been with the program ever since.

The Tullahoma, Tenn., native currently teaches at Mitchell-Neilson Elementary School in Murfreesboro. Keith, who is single and resides in Murfreesboro, has a daughter, Desiree.

His extensive history with Dean Hayes and the Middle Tennessee track and field program makes him an extremely valuable cog in the machinery of Blue Raider success.

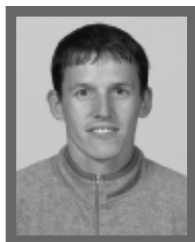


Andrew Owusu serves as a volunteer assistant at Middle Tennessee, bringing a vast amount of experience in the horizontal jumps.

Owusu has been associated with the Middle Tennessee track program since 1999 and his contribution to the program solidifies its position as one of the premier institutions for long and triple jump in the Sun Belt Conference and the nation. Despite being a full-time assistant professor with the Middle Tennessee HHP department, his love for the sport, coupled with the desire to share his experience and expertise in the horizontal jumps, makes him a perfect fit for the track program.

Owusu earned his bachelor's in Biology from Alabama, where he garnered eight All-America honors. He held school records in both the long and triple jump upon graduation. Owusu completed an M.S. Ed. in Sports Administration and Management at Wayne State College, and in 2004 earned a Ph.D. from Middle Tennessee in Human Performance.

Owusu also has a wealth of international experience, including two World Championships, three Olympic games, one World Cup and four All-Africa Games.



Keith Vroman is in his third season as the graduate assistant coach under the tutelage of Dean Hayes. Vroman, currently in his sixth year of coaching, brings with him the experience of two distance running programs steeped in tradition, Eastern Kentucky University and Grand Valley State University. That experience helped guide the Blue Raiders cross country team from eighth place in 2003 to second place in 2004 at the Sun Belt Conference Championships.

Vroman serves as the men's and women's cross country and track distance coach. His other duties include recruiting and meet management.

The Ludington, Mich., native earned his B.S. in Physical Education, M.A. in Health Education and M.S. in Sports Administration at Eastern Kentucky University, where he competed in cross country and the steeplechase. He is currently working on his Ph. D. in Exercise Science at Middle Tennessee.



Aron Downey serves as Middle Tennessee's athletic trainer for track in 2006.

Downey has been a graduate assistant for the Blue Raiders Sports Medicine department since July 2004, assisting with football the past two seasons and track this year.

The Kenton, Ohio, native graduated from Ohio Northern University with a bachelor's in Athletic Training and a minor in Exercise Physiology in November 2003. He was a student trainer for the ONU wrestling team in 2002-03, baseball in 2002 and football in 2003. Downey also helped with track in 2001 and baseball in 2000-01.

Downey has also aided with the NCAA National Wrestling Championships in 2000 and 2003, as well as the National Track Championships in 2002.

He is certified with the American Red Cross in First Aid, CPR, and as a Professional Rescuer. Downey is currently working on his master's in Sports Management at Middle Tennessee.



One of Middle Tennessee's all-time great track performers has returned to assist the track program as a graduate assistant coach. Dionne Rose was a two-time All-

American at Middle Tennessee, earning the honor in hurdles and the long jump in 1994. Rose was the 1994 NCAA national champion in the high hurdles in 1994, and also was named the Ohio Valley Conference Track Woman of the Year in 1994. At one time, Rose held six different school records.

With Rose leading the way, Middle Tennessee won the OVC Indoor and Outdoor Championships in 1994 and also finished eighth at the NCAA Championships. Rose was a semifinalist in the hurdles at the 1992 Olympic Games.

Rose moved to Austin, Texas, in 1995 to train with Beverly Kermey, the women's head coach at the University of Texas. She made the World Championship team for Jamaica and placed seventh in the women's 100-meter hurdles. Rose also was 10th in the world in 1995.

Rose realized a dream in 1996 when she made the Olympic team and placed fifth in the women's 100-meter hurdles. She also was fourth in the world.

Rose changed coaches in 1997 and began working with Dan Phaff, the assistant men's coach at the University of Texas. Rose made the World team that year and finished sixth in the 100 hurdles.

After winning the All-Caribbean Game Championship in 1998, Rose was chosen to represent the Americas at the World Cup, where she placed fourth in the 100 hurdles. The hard-working Rose also made the World team in 1999 and 2001, and she placed fifth at the Goodwill Games in 2001.

Rose returned to Middle Tennessee in 2004-05 to finish her undergraduate degree after running professionally for a decade. She realized her dream, graduating in December 2005 with a bachelor's degree.

Rose married Fredrick Henley in 1997.

# The Blue Raider Women

## Kerry Barrow



**5-7, SR**  
**Bon Accord,**  
**Tobago/**  
**Scarborough**  
**Secondary**  
**Sprints**  
**PR: 11.88/24.46**

### 2002-03

**XC:** Ran in four races, placing in Top 50 in three ... Finished 40th at UTC Opener and 15th at WKU Old Timers Classic ... Ran 27:49.90 at Cardinal Classic and placed 48th at UTC Invitational.

**Indoor:** Posted second fastest time in Sun Belt in 60m for season ... Tied for fifth in 55m and placed sixth in 200m in first collegiate meet, the Middle Tennessee Invitational ... Finished eighth in 60m and was member of second-place 4x400m relay at Kentucky Invitational ... Placed third in 200m and fourth in 400m at Blue Raider Classic ... Finished seventh in 60m and eighth in 200m at Indiana Invitational ... Came in third in 200m with season-best 24.59 and sixth in 400m at Middle Tennessee Classic ... Finished fourth in 55m with season-best 7.13 at Sun Belt Championships.

**Outdoor:** Finished sixth in 100m in 12.03 at Alabama Relays ... Placed third in both 200 and 400m and Mississippi State Invitational ... Ran season-best 56.09 in 400m to take seventh at Yellowjacket Invitational ... Ran 12.05 in 100 and 24.83 in 200m at Sea Ray Relays ... Came in fifth in 200 in season-best 24.45 and seventh in 100m at Vanderbilt Invitational ... Also member of winning 4x100m relay that finished in season-best 45.64 at Vandy ... Member of fifth-place 4x100 as well as 4x400m relay at Penn Relays ... Member of winning 4x400 and fourth-place 4x100m relay at Sun Belt Championships, earning All-SBC honors in 4x400 ... Also placed sixth in 100 and seventh in 200 at SBC meet.

### 2003-04

**XC:** Participated in five meets, finishing 63rd at UTC Opener and 41st at WKU Old Timers Classic.

**Indoor:** Member of Sun Belt Championship-winning mile relay team, helping post time of 3:43.55 ... Member of winning 4x400-meter relay at Indiana Invitational ... Team finished third or higher in five relays (three mile, two 4x400) in which she competed ... Also participated in the 55-, 200- and 400-meters ... Finished in Top 10 on eight different occasions.



**Outdoor:** Strong part of Middle Tennessee relay teams ... Helped lead 4x400-meter relay to Sun Belt Championship with NCAA Regional time of 3:42.32 ... Helped lead 4x100-meter relay team to win at Vanderbilt Invitational and second-place finish at Alabama Relays ... Finished sixth in 400-meters at Sun Belt Championships ... Also ran the 100- and 200-meters.

### 2004-05

**XC:** Participated in three meets, finishing 54th at WKU Old Timers Classic and 64th at Sun Belt Championships.

**Indoor:** Placed third in 400-meters in 59.40 and fifth in 200-meters in 25.47 at ASU Kickoff Classic ... Finished eighth in 55-meters in 7.47 and member of winning mile relay at MT Christmas Invitational ... Placed ninth in 400 in 57.35 at Kentucky Invitational and second in 400 in 57.34 at Blue Raider Invitational ... Came in fourth in 200, running 24.99 and 25.46 and member of third-place 4x400-meter relay at Hoosier Relays ... Placed third in 200 in 25.62 at Middle Tennessee Open ... Won 200 in 24.81 and came in second in 55 in 7.35 and 7.25 at MT Valentine Invitational ... Finished fourth in 400 in 57.72 and 56.45 and placed sixth in 200 in 24.99 and 24.93 at Sun Belt Championships.

**Outdoor:** Tied for ninth in 100-meters in 12.15 and member of fifth-place 4x100-meter relay at Alabama Relays ... Finished second in 100 in 12.01 and member of winning 4x400-meter relay at Clemson Relays ... Placed eighth in 400-meters in 46.09 at Sea Ray Relays ... Member of fifth-place 4x200-meter relay at Penn Relays ... Finished fourth in 200 in 24.46 and 24.58, member of winning 4x400 relay and placed third in 400 in 55.66 and personal-best 55.48 at Sun Belt Championships.

**2005 XC:** Participated in one event, running 4K in 30:03.00 at Belmont Opener.

**High School:** Graduated from Scarborough Secondary School, where she ran for coach Steven Stanislaus ... Competed in 2002 Carifta Games Secondary School Championships in the Bahamas.

**Personal:** Kerry Shelann Barrow ... Daughter of Esterphan Barrow and Martha Cruickshank ... Born May 21, 1984 ... Majoring in Aerospace.

## LaSean Bell



**5-9, SO**  
**Marietta, Ga./**  
**Marietta HS**  
**Throws**  
**PR: 47-9/149-6**

### 2004-05

**Indoor:** Placed fifth in weight throw at ASU Kickoff Classic and fourth with mark of 48-9 at MT Christmas Invit. ... Came in fourth in weight throw (48-2) and eighth in shot put (32-6) at Blue Raider Invit. ... Posted marks of 47-3.75 and 47-2.5 in weight throw at Hoosier Relays ... Placed third with season-best 50-3.5 in weight throw at Middle Tennessee Open ... Came in fourth in weight throw and ninth in shot put at MT Valentine Invit. ... Placed sixth in weight throw (48-4.5) at Sun Belt Championships.

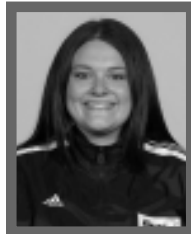
**Outdoor:** Finished seventh in discus with marks of 117-10 and 121-6 at Clemson Relays ... Posted personal-best mark of 135-10 in hammer at Ole Miss Invitational ... Placed second in discus (119-7) and hammer (134-6) at Boston Moon Classic ... Came in 11th in hammer with PR of 137-2 at Vanderbilt Invitational ... Placed fifth in National City Invitational with another PR in hammer (145-0) ... Finished sixth with yet another PR in hammer (149-6) at Sun Belt Championships.

**High School:** Graduated from Marietta High School, where she lettered in track and field two years and also played basketball ... Finished second in the state and first in the region in the discus ... Set Georgia high school record for discus with a mark of 129.

**Personal:** Dawnyel LaSean Bell ... Daughter of Auna M. Bell ... Born June 19, 1985 ... Majoring in Recording Industry Management.

# The Blue Raider Women

## Meaghan Byrd



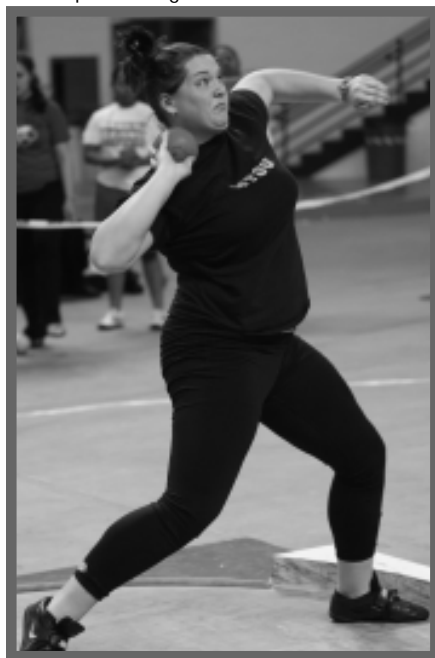
**5-11, SR**  
**Lake in the Hills,**  
**Ill./**  
**Huntley HS**  
**Throws**  
**PR: 45-7.25/134-**  
**0.5/162-5**

**Middle Tennessee:** Played volleyball during 2002 season for the Lady Raiders before concentrating solely on track.

### 2002-03

**Indoor:** Finished fifth in shot put and sixth in weight throw at Middle Tennessee Invitational ... Came in seventh in shot put and set school-record in weight throw with mark of 38-7.5 at Kentucky Invitational ... Placed fourth in shot put and tied school record in weight throw at Blue Raider Invitational ... Won shot put with season-best mark of 42-4.75 and bettered own school record in weight throw with mark of 40-8.25 at Blue Raider Classic ... Placed second in shot put and again set school record in weight throw with mark of 45-2 at Middle Tennessee Classic ... Finished eighth in shot put and sixth in weight throw at Sun Belt Championships.

**Outdoor:** Finished second with personal-best 43-6 in shot put at Mississippi State Invitational ... Also placed seventh in discus at MSU ... Came in third at Boston-Moon Classic and fifth at Vanderbilt Invitational in shot put ... Finished fourth in shot put and eighth in hammer with season-



best 106-10 at Murray State Invitational ... Also placed eighth in hammer and had season-best mark with 119-11 in discus at Sun Belt Championships.

### 2003-04

**Indoor:** Finished second in weight throw with school-record mark of 50-10 at Sun Belt Championships ... Finished third in weight throw at MT Valentine Invitational with mark of 46-5.5 ... Finished sixth at Sun Belt Championships in shot put with season-best 42-6.25 ... Finished sixth or better in shot put in five of seven indoor meets, while finishing sixth or better in weight throw in five of seven meets.

**Outdoor:** Established school record in hammer with mark of 144-10 to finish fourth at Vanderbilt Invitational and bettered her mark with distance of 148-4 to finish fifth at Twilight Meet ... Finished seventh in hammer at Sun Belt Championships with mark of 143-3 ... Finished third in shot put at Vanderbilt Invitational with mark of 42-6.25.

### 2004-05

**Indoor:** Posted school-record throw of 51-8 in weight throw and finished fourth in shot put at ASU Kickoff Klassic ... Won weight throw with mark of 54-7.5 at MT Christmas Invitational ... Placed second in weight throw (50-7) and third in shot put at Blue Raider Invitational ... Tossed 53-0.75 in weight throw prelims and 39-8 in shot put prelims at Hoosier Relays ... Came in fourth in weight throw and third in shot put at Middle Tennessee Open ... Placed second in weight throw (52-0.5) and shot put with season-best mark of 44-7 at MT Valentine Invitational ... Posted season-best mark of 56-3 in weight throw to finish second and came in sixth in shot put (43-1.5) at Sun Belt Championships.

**Outdoor:** Placed eighth in shot put with mark of 42-10.75 at Alabama Relays and ninth with mark of 42-7.5 at Yellowjacket Invitational ... Posted personal-best 134-0.5, winning discus at Boston Moon Classic ... Came in third in shot put with mark of 42-9 at Vanderbilt Invitational ... Posted third-place finish in shot put and sixth in hammer with mark of 143-1 at National City Invitational ... Finished second in shot put with personal-best marks of 45-7.25 and 162-5 in hammer at Sun Belt Championships.

**High School:** Three-year letterwinner in volleyball and basketball and four-year letterwinner in track and field at Huntley HS ... Named All-Area in volleyball in 2000-01 and All-Conference in 2000-01 ... Had 96 blocks and a .350 hitting percentage in 2001 ... Named All-State in track and field in 2001.

**Personal:** Meaghan Marie Byrd ... Daughter of Larry and Donna Byrd ... Born November 14, 1983 ... Majoring in Physical Education.

## Shanna-Kay Campbell



**5-8, JR**  
**Kingston,**  
**Jamaica/**  
**Queen's College**  
**(Florida Memo-**  
**rial College)**  
**Sprints**

**PR: 11.78/23.98**

### 2004-05

**XC:** Turned in a solid season, culminating in a 65th place finish at Sun Belt Championships ... Also finished 55th at WKU Old Timers Classic and 92nd at Cardinal Classic.

**Indoor:** Battled hamstring injuries for much of winter ... Ran 8.75 in preliminaries in 55-meters at ASU Kickoff Klassic and 1:03.60 in 400-meter prelims at Hoosier Relays ... Finished fifth in 400 in 59.56 at Middle Tennessee Open ... Posted times of 59.01 and 59.74 in 400 to place 11th at Sun Belt Championships.

**Outdoor:** Ran 25.74 in 200-meters at Alabama Relays ... Member of winning 4x400-meter relay at Clemson Relays ... Ran 57.28 in 400-meters and member of eighth-place 4x100-meter relay at Sea Ray Relays ... Member of fifth-place 4x200-meter relay at Penn Relays ... Ran 24.54 in 200 prelims, 12.00 in 100-meter prelims, member of winning 4x400-meter relay and fourth-place 4x100-meter relay at Sun Belt Championships.

**Before Middle Tennessee:** Transferred to Middle Tennessee from Florida Memorial College in Miami ... Attended high school at the The Queen's School in Kingston, Jamaica ... Participated in the Carifta Games in 2002 ... Participated in the Junior Panama Games in 1999 ... Participated in the World Juniors in 2001 ... Earned Most Valuable Athlete and Athlete of the Week honors.

**Personal:** Shanna-Kay Campbell ... Daughter of Stephen Campbell and Lorna Martindale ... Born June 23, 1984 ... Majoring in University Studies - Liberal Arts.

# The Blue Raider Women

## Catherine Chester



**5-4, r-FR**  
**Woodlawn Tenn./**  
**Northwest HS**  
**Distance**

**2004-05**

**XC:** Came in 49th in 24:37.10 at WKU Old

Timers Classic and 84th in 24:52.85 at Cardinal Classic, both on 5K courses ... Finished 48th in 15:07 on two-mile course at UTC Invitational ... Placed 62nd in 24:27.9 on 5K course at Sun Belt Championships.

**Indoor:** Finished ninth in mile in 6:43.90 at MT Christmas Invitational.

**2005 XC:** Finished 83rd in 19:47.61 on 4K course at Belmont Opener ... Posted times of 23:46.50 (47th) at WKU Old Timers Classic and 24:15 (21st) at Arkansas State Invitational, both on 5K courses ... Finished 37th in 14:18 on two-mile course at UTC Invitational.

**High School:** Participated in varsity track and cross country and intramural soccer at Northwest HS ... Earned two silver and two gold Academic Excellence Awards as well as a Distinguished Honors Diploma ... Also member of School of Nashville Ballet Youth Ensemble.

**Personal:** Catherine Marie Chester ... Daughter of Don and Diane Chester ... Born June 20, 1986 ... Majoring in Psychology.

## Ashley Comstock



**5-2, FR**  
**Barrie, Ontario/**  
**St. Joan of Arc HS**  
**Distance**  
**PR: 4:44/10:33**

**2005 XC:** Became first

woman to earn all-conference honors since 1992 and first female to win individual medalist honors since 1992 ... Top finisher in all six races for Blue Raiders ... Placed 42nd in 16:00.05 on 4K course at Belmont Opener ... Came in 12th in 12:22 on two-mile course at UTC Opener ... Finished 15th in 18:39.00 on 5K course at WKU Old Timers Classic ... Won 5K event at Arkansas State Invitational in 19:07, becoming first woman to win XC event at Middle Tennessee in over a decade ... Came in fourth in 11:30 on two-mile course at

UTC Invitational ... Finished fifth in 17:59.56 on 5K course at Sun Belt Championships, earning All-Sun Belt honors ... Placed 69th in 22:54.27 on 6K course at NCAA South Regional.

**High School:** Track and cross country letterwinner for coach Dave Small at Joan of Arc HS ... Regional champion in 1500-meters and placed second in 3000-meters in 2004 ... Finished seventh in 3000-meters at Ontario Championships ... Posted times of 4:44 in 1500 and 10:33 in 3000 in track and 18:40 in 5000 in cross country.

**Personal:** Ashley Anne Comstock ... Daughter of Sandy and Kelly Comstock ... Born July 6, 1986.

## Sierra Douglas



**5-6, SO**  
**Beaufort, S.C./**  
**Beaufort HS**  
**Jumps/Hurdles**  
**PR: 18-6/41-3.75**

**2004-05**

**Indoor:** Placed fourth in

long jump and sixth in triple jump at ASU Kickoff Klassic ... Placed second in long jump (18-6.25) and won triple jump with mark of 39-1 as well as placing fifth in 55-meters in 7.41 at MT Christmas Invitational ... Again came in second in long jump (18-6.5) and finished fifth (39-6.5) at Kentucky Invitational ... Placed seventh in long jump and second in triple jump (39-5.25) at Blue Raider Invitational ... Finished fifth in triple jump at Hoo-



sier Relays ... Came in third in long jump and finished third in triple jump with season-best mark of 40-1 at Middle Tennessee Open ... Finished second in long jump with season-best mark of 18-7 and won triple jump (39-7.5) at MT Valentine Invitational ... Placed ninth in long jump and seventh in triple jump at Sun Belt Championships.

**Outdoor:** Member of third-place 4x100-meter shuttle hurdle relay at Alabama Relays ... Placed eighth in long jump and third in triple jump with mark of 38-11.75 at Clemson Relays ... Came in eighth in triple jump, 10th in 100-meter hurdles (14.82) and member of eighth-place 4x100-meter relay at Yellowjacket Invitational ... Placed ninth in triple jump with mark of 37-10.5 and ninth in 100mH in 14.82 at Ole Miss Invitational ... Member of school-record breaking shuttle hurdle relay at Sea Ray Relays ... Jumped season-best 18-6 in long jump (8th) and member of second-place 4x100 relay at Vanderbilt Invitational ... Member of second-place 4x100 relay at National City Invitational ... Jumped season-best 40-11.5 to place fifth in triple jump and member of fourth-place 4x100 relay at Sun Belt Championships.

**High School:** Gatorade High School Player of the Year in South Carolina for the 2001-02 seasons ... Graduated from Beaufort High School in Beaufort, S.C., where she ran track for coach Herbert Glaze ... Participated in the 2002 Adidas Outdoor Track and Field Championships ... Named All-State in the triple jump 2002, 2003, and 2004 ... Named Outstanding Female Athlete in 2002 ... Best times are 41-3.75 in the triple jump, 18-3.25 in the long jump and 14.86 in the 100m hurdles.

**Personal:** Sierra Katrina Lenise Douglas ... Born October 30, 1986 ... Daughter of Kevin D. Sharpe and Kimberly Wright ... Majoring in Recreation & Leisure Services.

# The Blue Raider Women

## Lamunika Eberhart



**5-8, SR**  
**Chattanooga,**  
**Tenn./**  
**Hunters Lane HS**  
**(Chattanooga**  
**State CC)**  
**Sprints**

**Before Middle Tennessee:** Attended Chattanooga State CC before transferring to Middle Tennessee.

**High School:** Attended Hunters Lane HS.

**Personal:** Lamunika Deanne Eberhart ... Daughter of Larry Eberhart and Oriana Rooks ... Born March 5, 1983 ... Majoring in Mass Communication.

## Iceca Epps



**5-6, FR**  
**Ft. Worth, Texas/**  
**Wyatt Senior HS**  
**Hurdles**  
**PR: 14.03**

**High School:** Track letterwinner for coach

Tinesha Brown at Oscar Dean Wyatt HS ... Two-time District and Regional champion ... Finished second at State Championship Meet ... Tied regional time at meet in San Angelo ... Posted times of 14.1 in 100-meter hurdles and 24.8 in 200-meters ... Also volleyball letterwinner, earning team MVP honors ... Recognized *Who's Who Among American Students*.

**Personal:** Iceca Davanne Epps ... Daughter of Jennifer and David Epps ... Born December 16, 1986 ... Uncle, Phillip Epps, played football at TCU and for the Green Bay Packers ... Uncle, Sammy Epps, is a coach at Bowie HS in Grand Prairie, Texas.

## Miranda Galloway



**5-8, SO**  
**St. Catherines,**  
**Canada/**  
**Goveinor Simcoe**  
**Secondary**  
**Distance**  
**PR: 11:37.60**

**2005 XC:** Posted time of 17:21.58 on 4K course to finish 67th at Belmont Opener ... Placed 21st in 13:27 on two-mile course at UTC Opener ... Came in 33rd in 20:07.10 at WKU Old Timers Classic and 12th in 21:16 at Arkansas State Invitational, both on 5K courses ... Placed 23rd in 12:58 on two-mile course at UTC Invitational ... Finished 17th in 18:42.58 on 5K course at Sun Belt Championships.

### 2004-05

**XC:** Participated in four meets, finishing 49th at WKU Old Timers Classic, 84th at Cardinal Classic, 48th at UTC Front Runner and 62nd at Sun Belt Championships.

**Indoor:** Placed fourth in mile in 5:28.78 at ASU Kickoff Classic and seventh at MT Christmas Invitational ... Placed 20th in 5:40.65 at Sun Belt Championships ... Finished eighth in 800-meters in 2:37.46 at Blue Raider Invitational.

**Outdoor:** Posted personal-best 11:37.60 to place seventh in 3000-meter steeplechase at Yellowjacket Invitational ... Came in 13th in 13:08.39 in 3000ST at Sun Belt Championships ... Ran 2:29.82 in 800-meters at Yellowjacket Invitational and 5:14.96 in 1500-meters at Ole Miss Invitational ... Posted time of 11:51.06 in 3000-meters at Vanderbilt Invitational.

**High School:** Ran for coach Stuart Galloway

at Goveinor Simcoe Secondary School ... Competed on Canadian Junior National Track and Field Championships ... Finished first in 1500m steeplechase South Region in 2004.

**Personal:** Miranda Lee Galloway ... Daughter of Stuart and Michele Galloway ... Born January 14, 1986 ... Majoring in Mathematics.

## TraMayne Gillyard



**5-6, FR**  
**Jacksonville,**  
**Fla./**  
**Edward H. White**  
**HS**  
**Sprints**  
**PR: 56.35**

**High School:** Four-sport letterwinner at Ed White HS ... State Championship Meet participant all four years for coach Steven O'Brien ... Won state title as member of 4x400-meter relay and finished third in 400-meters as junior ... Won conference meet in 400 as junior ... Named *Florida Times-Union* First Team in 400 in 2004 ... National Junior Olympian in AAU from 1999-05 and USA Junior Olympian in 2000-01 ... Also lettered in flag football, bowling and weightlifting ... Voted Most Improved Bowler ... Member of Homecoming Court and voted Most Athletic ... Member of Junior Civitan, Creed Club, Project SOS and MLK Club.

**Personal:** TraMayne Fayon Gillyard ... Daughter of Wanda Henderson ... Born April 13, 1987 ... Mother ran track at Bethune-Cookman ... Sister, Trendesha, runs track at Univ. of South Florida.

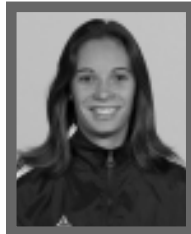
## Track Teams Gather Goods for Katrina Victims

The Middle Tennessee track teams responded in the wake of Hurricane Katrina, raising more than \$1,000 and filling an entire van with non-perishable items for the University of New Orleans track team. Senior VanTonio Fraley led the contingent of tracksters responding for their fellow track members at UNO. The track teams were the first of many from the Middle Tennessee athletic department to donate to Hurricane Katrina relief efforts throughout the country.



# The Blue Raider Women

## Marjorie Gombert



**5-10, r-SO**  
**Pont Saint Esprit,**  
**France/**  
**Univ. of**  
**Montpelier**  
**Middle Distance**  
**PR: 2:14.41**

**2005 XC:** Placed 75th in 18:19.67 on 4K course at Belmont Opener ... Came in 21st in 13:27 on two-mile course at UTC Opener ... Finished 33rd in 20:07.10 at WKU Old Timers Classic and 12th in 21:16 at Arkansas State Invitational, both on 5K courses ... Placed 23rd in 12:58 on two-mile course at UTC Invitational ... Finished 17th in 18:42.58 on 5K course at Sun Belt Championships.

### 2004-05

**XC:** Participated in six meets, finishing 39th at Sun Belt Championships with a time of 21:19.0 ... Also finished 91st at Belmont Opener, 44th at Commodore Invitational, 35th at WKU Old Timers Classic, 53rd at Cardinal Classic and 24th at UTC Front Runner.

**Indoor:** Placed sixth in 800-meters in 2:26.57 at ASU Kickoff Klassic and sixth in mile in 5:46.31 at MT Christmas Invitational ... Ran 5:46.86 in mile at Kentucky Invitational and 2:25.00 in prelims of 800 at Hoosier Relays ... Came in sixth in 800 in 2:22.62 at MT Valentine Invitational ... Posted times of 2:18.03 and 2:18.47 in 800 to finish third at Sun Belt Championships.

**Outdoor:** Placed second in 2:17.43 in 800-meters at Boston Moon Classic ... Came in ninth in 2:18.95 at Vanderbilt Invitational and won in



2:16.01 at National City Invitational ... Posted times of 2:15.85 and personal-best 2:14.41 to place third at Sun Belt Championships.

**High School:** First place in Interregional, Regional and Departmental while participating at Lycee Gerard Philipe in Bagnols, France ... Ran for Club d' Athletisme Spiripontain Club team.

**Personal:** Marjorie Gabrielle Gombert ... Daughter of Charly and Brigitte Gombert ... Born March 2, 1985 ... Majoring in University Studies - Liberal Arts.

## Kaitlyn Hammond



**5-6, FR**  
**Bradford,**  
**Ontario/**  
**Holy Trinity HS**  
**Distance**  
**PR: 10:35.26**

**2005 XC:** Team's second-leading runner in all six races ... Placed 43rd in 16:01.13 on 4K course at Belmont Opener ... Came in 14th in 12:30 on two-mile course at UTC Opener ... Finished 19th in 18:54.30 at WKU Old Timers Classic and second in 19:31 at Arkansas State Invitational, both on 5K courses ... Placed 10th in 12:14 on two-mile course at UTC Invitational ... Finished 11th in 18:25.56 on 5K course at Sun Belt Championships ... Placed 59th in 22:45.43 on 6K course at NCAA South Regional.

**High School:** Track, cross country and tennis letterwinner at Holy Trinity HS ... Regional champion in 3000-meters ... Finished 40th out of 120 runners at 2004 Canadian National XC Championships and 15th at Ontario HS Championships ... Posted times of 10:35 in 3000-meters and 18:54 in 5000-meters for cross country ... Athletic Council Executive.

**Personal:** Kaitlyn Margaret Hammond ... Daughter of Dave and Karen Hammond ... Born November 15, 1987 ... Father participated in Toronto Marathon twice.

## Sara Lunning



**6-0, SR**  
**Ludington, Mich./**  
**Ludington HS**  
**(Lansing CC)**  
**Distance**  
**PR: 11:37.41/**  
**18:45.24**

**2005 XC:** Finished 52nd in 16:37.51 on 4K course at Belmont Opener ... Placed 16th in 12:44 on two-mile course at UTC Opener ... Came in 31st in 19:50.20 at WKU Old Timers Classic and third in 19:54 at Arkansas State Invitational, both 5K courses ... Placed 15th in 12:36 on two-mile course at UTC Invitational ... Finished 24th in 19:05.68 on 5K course at Sun Belt Championships.

### 2004-05

**XC:** Capped season with 37th place finish at Sun Belt Championships with time of 21:03.3 ... Ran in five other meets, finishing 80th in Belmont Opener, 43rd in Commodore Invitational, 32nd in WKU Old Timers Classic, 31st at Cardinal Classic and 23rd at UTC Front Runner.

**Indoor:** Finished third in 3000-meters in 11:12.53 at ASU Kickoff Klassic ... Came in fourth in mile in 5:29.65 and 10th in 800-meters in 2:32.63 ... Finished 33rd in 3000 in 11:23.09 at Kentucky Invitational and seventh in mile in 5:26.34 at Blue Raider Invitational ... Placed sixth in mile in 5:28.48 and 10th in 800 in 2:39.09



# The Blue Raider Women

at Middle Tennessee Open ... Came in eighth in 3000 in season-best 11:00.05 at MT Valentine Invitational ... Finished eighth in mile in 5:22.02 and 11th in 5000-meters in 19:04.83 at Sun Belt Championships.

**Outdoor:** Posted time of 18:55.92 in 5000-meters and 12:01.81 in 3000-meter steeplechase at Alabama Relays ... Finished eighth in personal-best time of 11:43.31 in 3000mST and posted time of 2:27.76 in 800-meters at Yellowjacket Invitational ... Placed sixth in 3000mST in 12:06.54 at Ole Miss Invitational and came in sixth in 800 in 2:28.88 at Boston Moon Classic ... Finished 14th in 3000-meters in personal-best time of 10:51.00 at Vanderbilt Invitational and came in seventh in 3000mST in 12:12.05 at National City Invitational ... Posted personal-best mark of 18:45.24 to place seventh in 5000 and finished sixth in 3000mST in PR time of 11:37.41 at Sun Belt Championships.

**Lansing CC:** Earned Second Team All-America honors in 3000-meters and 3000-meter steeplechase.

**High School:** All-State performer at Ludington HS for coach Ross Donley ... All-State performer in cross country and All-State on the 3200m relay team ... Holds the school record in the 5K and 800m ... Also participated in swimming and volleyball ... Member of National Honor Society.

**Personal:** Sara Jo Lunning ... Daughter of Joseph and Ellen Lunning ... Born October 26, 1983 ... Majoring in Mass Communication.

## Tiffany Owens



**5-8, JR**  
**Hollywood, Fla./**  
**Hallandale HS**  
**Sprints**  
**PR: 11.84**

**2003-04**

**XC:** Placed 43rd at WKU

Old Timers Classic in only meet of season.

**Indoor:** Participated in the 55-, 60-, 200-, 400-meters and mile relay ... Finished first in 55 at MT Christmas Invitational and MT Valentine Invitational ... Came in fifth in 55 at Sun Belt Championships with time of 7.23 ... Finished third in 200 at MT Christmas Invitational and Blue Raider Invitational, where she produced season-best time of 24.96.

**Outdoor:** Tied personal-best of 11.84 in 100-meters at Sun Belt Championships to finish sixth

... Second in 100 at Alabama Relays in 11.84 ... Finished fourth in 200-meters at Vanderbilt Invitational with time of 24.49 ... Also participated on 4x100, 4x200 and 4x400-meter relay teams.

**2004-05**

**Indoor:** Placed second in 55-meters with times of 7.37 and 7.21 and came in third in 200-meters in 25.44 at ASU Kickoff Classic ... Finished second in 55 in 7.20 and member of winning mile relay at MT Christmas Invitational ... Ran 7.93 in 60-meter prelims and posted time of 25.61 in 200 at Kentucky Invitational ... Placed third in 55 with times of 7.32 and 7.26 at Blue Raider Invitational ... Posted times of 7.79 and 7.88 in 60-meters and member of third-place 4x400-meter relay at Hoosier Relays ... Placed second in 55 with times of 7.27 and 7.20 and finished second in 200 in 25.28 at Middle Tennessee Open ... Won 55 with times of 7.16 and 7.17 and was third in 200 in 25.37 at MT Valentine Invitational ... Posted times of 7.21 and 7.24 in 55, finishing ninth at Sun Belt Championships.

**Outdoor:** Posted times of 12.49 in 100-meters and 25.70 in 200-meters and member of fifth-place 4x100-meter relay at Alabama Relays ... Finished ninth in 100 in 12.32 at Clemson Relays ... Posted mark of 24.72 in 200 and member of eighth-place 4x100-meter relay at Yellowjacket Invitational ... Ran 25.02 in 200 and 58.36 in 400-meters at Ole Miss Invitational ... Posted time of 12.89 in 100 and member of second-place 4x100-meter relay at Vanderbilt Invitational ... Finished fourth in 100 in 12.12, sixth in 200 in 25.70 and member of second-place 4x100-meter relay at National City Invita-



tional ... Posted marks of 11.95 and 12.01 in 100 to place eighth, member of winning 4x400-meter relay and member of fourth-place 4x100-meter relay at Sun Belt Championships.

**High School:** Three-year letterwinner for coach John Battle III at Hallandale HS ... Won county, district and region titles as senior in 100, 200 and 4x100 relay ... Ran fastest time in 100 in state of Florida as senior with 11.75 ... Named Broward County Athletic Association Scholar Athlete of the Year ... Also won district and region titles in all three events as junior ... Member of National Honor Society ... Senior Class Secretary and National Congressional Leader of America honoree ... Also cheerleader, band member and member of flag football team member ... Attended South Broward HS in Hollywood, Fla., as freshman and sophomore.

**Personal:** Tiffany Terrell Owens ... Daughter of Sammie and Teri Owens ... Born November 19, 1985 ... Majoring in Finance.

## Erika Palmer



**5-6, FR**  
**Memphis, Tenn./**  
**Memphis East HS**  
**Sprints**  
**PR: 11.86/24.84**

**High School:** Five-

year letterwinner for coach Danny Joe Young at East HS ... Earned All-City, All-Metro, All-Region and All-State as both junior and senior ... Named Best of Preps Female Athlete of the Year as junior and MIAA Athlete of the Year as senior ... All-American and team MVP, posting times of 7.12 in 55-meters and 24.95 in 200 indoors ... Injured most of senior season ... Posted times of 11.86 in 100-meters and 24.24 in 200-meters, both as junior ... Anchor leg on state record holding 4x200-meter relay (1:38.12) as junior ... State champion in 100, 200 and 4x200-meter relay as junior ... Voted Homecoming Queen and Student of the Month ... Honor Roll student ... Recognized *Who's Who Among American Students*.

**Personal:** Erika Tanneze Palmer ... Daughter of Edward Palmer and Frances Collier ... Born June 14, 1987.

# The Blue Raider Women

## Veronia Patterson



**5-7, JR**  
**St. Thomas,**  
**Jamaica/**  
**Vere Tech**  
**( Barton Co. CC )**  
**Sprints/Hurdles**  
**PR: 53.92**

**Before Middle Tennessee:** Attended Barton County CC for two years, earning four All-America honors ... National champion in both 400-meter hurdles and as member of 4x400-meter relay ... Posted times of 53.92 in 400-meters, 58.96 in 400-meter hurdles and 2:15 in 800-meters.

**High School:** Attended Vere Technical HS in Clarendon, Jamaica ... Voted Student of the Month.

**Personal:** Veronia Annsun Patterson ... Daughter of Solomon and Deneita Bryan Patterson ... Born September 13, 1983 ... Majoring in Aerospace.

## Candice Robertson



**5-10, SR**  
**Memphis, Tenn./**  
**Ridgeway HS**  
**Hurdles**  
**PR: 13.96**

2002-03

**XC:** Finished 16th at WKU Old Timers Classic and ran 28:50.50 at Cardinal Classic.

**Indoor:** Finished third in 55m hurdles and member of third-place 4x400m relay at Middle Tennessee Invitational ... Placed fifth in 55m hurdles at Blue Raider Invitational and third in season-best 8.37 at Blue Raider Classic ... Finished sixth in 55m hurdles at Sun Belt Championships.

**Outdoor:** Ran 15.03 at Alabama Relays and 14.63 at Yellowjacket Invitational in 100m hurdles ... Continued to get better in both hurdles events as season progressed, finishing in 14.57 in 100 and 1:08.77 in 400m hurdles at Sea Ray Relays ... Placed fifth in 1:04.86 in 400m hurdles at Vanderbilt Invitational ... Won 100m hurdles in 14.72 and came in fourth in 400m hurdles at Murray State Invitational ... Ran season-best 14.48 in prelims and finished sixth in 100m hurdle event finals at Sun Belt Championships.

2003-04

**Indoor:** Won Sun Belt Championship in 55-meter hurdles with time of 8.22 and never finished lower than fifth in any of five meets in which she ran the event ... Also participated in 200-meters, 60-meter hurdles and mile relay ... Finished third in 55mH at Middle Tennessee Classic with time of 8.52 ... Posted fourth-place finishes in 55mH at MT Christmas Invitational and Blue Raider Invitational.

**Outdoor:** Finished third at Sun Belt Championships in 100-meter hurdles in 14.16, a personal best ... Won 100mH at Boston Moon Classic with time of 14.84 ... Participated in 400-meter hurdles, finishing seventh at Sun Belt Championships in 1:07.67.

2004-05

**Indoor:** Placed fourth with times of 8.31 and 8.32 in 55-meter hurdles and ran 7.55 in preliminaries at ASU Kickoff Klassic ... Finished second in 55mH in 8.20 and placed 10th in 55 in 7.52 at MT Christmas Invitational ... Posted times of 8.85 and 9.44 in 60-meter hurdles at Kentucky Invitational ... Came in second in 8.26 and 8.16 in 55mH in Blue Raider Invitational ... Posted times of 8.87, 8.76 and 8.59 in finishing second in 60mH at Hoosier Relays ... Also member of third-place 4x400-meter relay at Hoosier Relays ... Won 55mH in three straight races, at Middle Tennessee Open (8.19, 8.11), MT Valentine Invitational (8.22, 8.23) and then at Sun Belt Championships (8.07, 7.96) ... Posted fourth in 200-meters in 25.77 at Valentine Invite and then again in 25.61 at SBC Championships ... Finished second in 60mH with times of 8.61, 8.65 and 8.79 at NCAA Last Chance Meet.

**Outdoor:** Placed sixth in 100-meter hurdles in 14.28 and member of third-place 4x100-meter

shuttle hurdle at Alabama Relays ... Again finished sixth in 100mH in 14.54, posted personal-best 1:03.53 to place third in 400-meter hurdles and member of winning 4x400-meter relay at Clemson Relays ... Placed seventh in time of 14.07 in 100mH at Yellowjacket Invitational ... Posted personal-best time of 14.00 in finishing third in 100mH at Ole Miss Invitational ... Came in 13th in 100mH in 14.14 and member of school-record setting shuttle hurdle relay at Sea Ray Relays ... Posted winning time of 14.28 in 100mH and member of second-place 4x100-meter relay at Vanderbilt Invitational ... Came in second in 14.12 in 100mH and member of second-place 4x100-meter relay at National City Invitational ... Posted NCAA regional qualifying and personal-best time of 13.96 in prelims and winning mark of 14.17 in 100mH at Sun Belt Championships ... Also posted personal-best mark in 400mH in 1:03.32 in placing fourth at SBC Championships ... Posted mark of 14.29 in 100mH prelims at NCAA Mideast Regional.

**High School:** Four-year letterwinner for coach David Maxwell at Ridgeway HS ... Won state title in 100mH in 15.0 as senior ... Member of two state championship teams ... Named Best of Preps all four years ... Lost only one race as senior ... Personal-best is 14.92 ... Owns RHS records in 100mH (14.92) and 300mH (46.2) ... Member of 4x100, 4x200 and 4x400m relay teams ... Recognized *Who's Who Among American High School Students* ... Honor Band Officer and also lettered in cheerleading.

**Personal:** Candice Renae Robertson ... Daughter of James and Linda Robertson ... Born May 6, 1984 ... Majoring in Early Childhood Education.



# The Blue Raider Women

## Tiffany Sawyer



**5-4, r-FR**  
**Powell, Tenn./**  
**Powell HS**  
**Distance**

2005 XC: Posted time of 30:01.00 on 4K course at Belmont Opener ...

Placed 24th in 13:41 on two-mile course at UTC Opener ... Finished 13th in 21:20 at Arkansas State Invitational and 35th in 19:43.56 at Sun Belt Championships, both on 5K courses.

**High School:** Four-year track and cross country letterwinner at Powell HS ... Ran for coaches Steve Cottrell, Paul Klein and Robert Rovere ... Member of school-record breaking 4x800-meter relay ... Served as cross country captain all four seasons and for track team as junior and senior ... Also lettered two years in swimming ... Class Representative, SGA member and Vice President of Y-Teens as junior and senior ... Also member of Annual Staff ... Graduated eighth in class with 4.0 GPA.

**Personal:** Tiffany Renee Sawyer ... Daughter of David and Janet Sawyer ... Born July 16, 1986 ... Majoring in Mass Communication.

## Carlissa Shaw



**5-8, FR**  
**Memphis, Tenn./**  
**Central HS**  
**Middle Distance**  
**PR: 2:23.65**

**High School:** Cross country and track letterwinner for coach Camille Mitchell at Central HS ... Posted times of 58:00 in 400-meters and 2:25 in 800-meters ... Class officer and Honor Roll member ... Recognized *Who's Who Among American Students*.

**Personal:** Carlissa Andranette Shaw ... Daughter of Carl and Debra Shaw ... Born August 23, 1987.

## Antranette Stringer



**5-4, SO**  
**Hephzibah, Ga./**  
**Cross Creek HS**  
**Sprints**  
**PR: 12.06/24.40**

2004-05

**Indoor:** Placed fourth in 55-meters with times of 7.38 and 7.30 and placed fourth in 200-meters in 25.45 at ASU Kickoff Klassic ... Came in fourth in 55 in 7.36 and member of winning mile relay at MT Christmas Invitational ... Posted time of 7.92 in 60-meter prelims at Kentucky Invitational ... Finished third in 200 in time of 25.42 and also third in 400-meters in time of 57.77 at Blue Raider Invitational ... Posted times of 7.93 and 7.82 in 60-meters and member of third-place 4x400-meter relay at Hoosier Relays ... Placed first in 400 in 57.28 at Middle Tennessee Open ... Came in second in 200 in 25.14 and fifth in 55 with times of 7.35 and 7.34 at MT Valentine Invitational ... Finished seventh in 200 with times of 25.30 and 25.16 at Sun Belt Championships.

**Outdoor:** Member of fifth-place 4x100-meter relay at Alabama Relays ... Finished third in 100-meters with personal-best mark of 12.06 and member of winning 4x400-meter relay at Clemson Relays ... Posted personal-best times of 25.04 (8th) in 200 meters and 56.29 (9th) in 400-meters at Yellowjacket Invitational ... Finished eighth in 400 in 46.09 at Sea Ray Relays ... Came in 10th in 100-meters in 12.69 at



Vanderbilt Invitational ... Member of fifth-place 4x200-meter relay at Penn Relays ... Finished eighth with marks of 24.40 and 27.06 in 200 and placed second with times of 56.11 and 55.17 (personal-best) at Sun Belt Championships.

**High School:** Letterwinner in track and field at Hephzibah High School in Hephzibah, Ga. ... Top prep time in 100m was 12:08 and top time in 200m was 24.9 ... Recognized *Who's Who Among American Students*.

**Personal:** Antranette Dakeya Stringer ... Daughter of Don and Annette Stringer ... Born May 23, 1986 ... Majoring in Family & Consumer Studies.

# The Blue Raider Women

## Stephanie Tamgho



**5-6, SO**  
**Sevron, France/  
 Ecole Nationale  
 de Commerce**  
**Jumps**  
**PR: 20-0.25/40-5**

2004-05

**Indoor:** Came in fourth in long jump with mark of 18-4.25 at Kentucky Invitational ... Placed second in long jump with marks of 18-9.75 and 19-1.5 and came in sixth in triple jump with marks of 37-3 and 36-11 at Hoosier Relays ... Finished second in long jump with mark of 18-10 and fifth in triple jump with mark of 39-9 at Middle Tennessee Open ... Came in second in long jump with mark of 18-5 and third in triple jump with mark of 39-0.75 at MT Valentine Invitational ... Finished sixth in long jump with mark of 18-5 and fourth in triple jump with mark of 39-1.25 at Sun Belt Championships.

**Outdoor:** Placed eighth in long jump with mark of 19-0.5 at Alabama Relays ... Finished second in both long jump (19-2) and triple jump (39-3.75) at Clemson Relays ... Came in seventh in long jump with mark of 18-9.75 at Ole Miss Invitational ... Finished fifth with personal-best mark of 39-10.5 at Sea Ray Relays ... Placed second in long jump with mark of 19-6.25 at Vanderbilt Invitational ... Finished fourth in long jump with season-best 19-8 and placed sixth in triple jump with personal-best mark of 40-5 at Sun Belt Championships.



**Personal:** Stephanie Tamgho ... Daughter of Jean and Alice Tamgho ... Born September 20, 1983 ... Majoring in Marketing ... Attended Lycee Blaise Centras High School in Sevrans, France ... Transferred to Middle Tennessee from ENC Bessieres in Paris, France.

## Ashleigh Thaler



**5-1, FR**  
**Franklin, Tenn./  
 Franklin HS**  
**Distance**

2005 XC: Placed 84th on 4K course in 19:55.46 at Belmont Opener ...

Came in 46th in 23:14.60 at WKU Old Timers Classic and 20th in 23:40 at Arkansas State Invitational, both on 5K courses ... Placed 36th in 14:12 on two-mile course at UTC Invitational ... Finished 56th in 20:56.54 on 5K course at Sun Belt Championships.

**High School:** Three-year cross country and four-year track letterwinner for coach Ted Gleason at Franklin HS ... Posted times in cross country of 5:56 for 1600-meters, 12:20 for 3200-meters and 22:40 for 5K ... Placed fourth in two-mile run and third in mile run as a freshman at district championships ... Came in third in both two-mile and mile run as a sophomore at district meet ... Finished second in mile run and first in two-mile run as a junior at district meet ... Placed third in two-mile run and fourth in mile run as a senior at district championships ... Member of FGC and Youth Council ... Captain for cross country two years and distance captain for three years with track ... Also lettered one year in soccer as freshman.

**Personal:** Ashleigh Elisabeth Thaler ... Daughter of Jack and Kristin Thaler ... Born September 16, 1986.

## FORMER TRACKSTER LEADS MOBILE MURAL PROJECT

Former trackster Katie Mirgliotta has made her mark at Middle Tennessee not only on the track but by leading a mural project that involved high school and college artists. The mobile mural was displayed at the Country Music Hall of Fame last year in Nashville, Tenn., and will be opening at the Nashville International Airport beginning in February. Mirgliotta led a compilation of students from the MTSU art department, as well as Oakland and Riverdale High Schools in Murfreesboro, Stratford High School in Nashville and the Watkins College of Art & Design in Nashville. Each student painted a portion of the project, which commemorates the rhythm and blues movement in Nashville. The background of the city's buildings serves as the backdrop. Tobi Hancock, a fellow student and researcher for the project, as well as Dr. Debrah Sickler-Voight and Dr. Ronald Kates all helped Mirgliotta with the exhaustive research and coordination involved.



# The Blue Raider Men

## Samuel Adade



**6-3, 190, FR**  
**Kumasi, Ghana/  
 Prempeah  
 College  
 Sprints**  
**PR: 10.51/21.07**

**Before Middle Tennessee:** Holds 200-meter record (21.3) for Kumasi interscholastic schools ... West Africa 100- and 200-meter champion in 2004 ... Finalist at World Junior Championships in 2004 in Italy, finishing seventh ... Participated in Ghana Junior National Championships from 2001-04 ... Member of Ghana National Team at 2004 Athens Olympics.

**Personal:** Samuel Kwasi Adade ... Son of Graham and Agnes Adade ... Born June 16, 1985.

## Jermaine Barton



**5-8, 140, JR**  
**St. Mary,  
 Jamaica/  
 Vere Tech  
 (Barton Co. CC)  
 Sprints**  
**PR: 21.23/47.13**

**Before Middle Tennessee:** Attended Vere Technical HS in Jamaica ... Played cricket and soccer ... Posted times of 21.23 in 200-meters and 40.43 as part of 4x100-meter relay ... Attended Barton County CC for two years before enrolling at Middle Tennessee.

**Personal:** Jermaine Decorodeva Barton ... Son of Lacell Barton ... Born April 27, 1984 ... Majoring in University Studies – Liberal Arts.

## Derek Carey

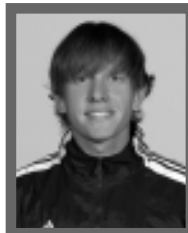


**5-9, 172, r-JR**  
**Nassau,  
 Bahamas/  
 Queen's College  
 (Kansas City CC)  
 Sprints**  
**PR: 10.45/21.3**

**Before Middle Tennessee:** Attended Queens College in Nassau, Bahamas, running for coach Tyrone Burrows ... Two-time national champion as member of 4x400-meter relay ... Runner-up in 100- and 200-meters in 2002 ... Posted times of 10.45 in 100-meters and 21.3 in 200-meters ... Attended Kansas City CC for three years before enrolling at Middle Tennessee.

**Personal:** Derek Gordon Carey, Jr. ... Son of Derek, Sr., and Rosie Carey ... Born March 14, 1985 ... Majoring in University Studies – Liberal Arts.

## Tony Carufe



**6-1, 157, JR**  
**Hendersonville,  
 Tenn./  
 Beech HS  
 Distance**  
**PR: 1:59.16**

### 2003-04

**XC:** Placed 54th at UTC Opener and 50th at WKU Old Timers Classic ... Finished 42nd at Sun Belt Championships.

**Indoor:** Placed seventh at the SBC Championships on the distance medley relay team ... Had his best time in the 800 at the SBC Championships with a 1:58.66 ... Finished sixth at the MT Christmas Invitational in the 800 with a 2:02.77 in the first meet of the season ... Finished seventh at the Blue Raider Invitational and the Middle Tennessee Classic.

**Outdoor:** Finished fifth at Boston Moon Classic in 800-meters in 1:59.16 ... Best time of season was 1:58.97 in 800, good for 26th at Yellowjacket Invitational.

### 2004-05

**XC:** Placed 39th at the SBC Championships ... Finished 59th and 25th at the Belmont Opener and UTC Front Runner, respectively in the 5K ... Placed 57th at the Commodore Invitational in

the 8K, as well as 70th at the Cardinal Classic in the same distance ... Finished 31st at the WKU Old Timers Classic in the 5-mile.

**Indoor:** Finished second as member of Distance Medley Relay at ASU Kickoff Classic ... Placed third in 800-meters in 2:20.62 and member of third-place mile relay at MT Christmas Invitational.

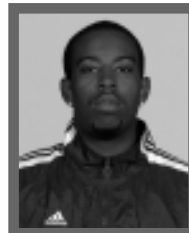
**Outdoor:** Placed 44th in 800-meters at Yellowjacket Invitational and 15th in 4:33.44 at National City Invitational.

**2005 XC:** Placed 46th in 17:14.82 at Belmont Opener and 42nd in 17:39 at UTC Opener, both on 5K courses ... Finished 16th at Arkansas State Invitational in 28:11 on 8K course ... Was 16th again in 17:19 on 5K course at UTC Invitational ... Placed 40th in 27:40.62 at Sun Belt Championships on 8K course.

**High School:** Four-year letterwinner in track and one year in cross country for coach Brice Askren at Beech HS ... Named All-Midstate in 800-meters ... Placed fourth in 800 and 4x800-meter relay at state championships as senior ... Holds school records in 400-meters (50.2), 800-meters (1:57.47) and as anchor of 4x400 and 4x800 relays ... Top 5K time in HS of 16:49.

**Personal:** Anthony Peter Carufe ... Son of Tony and Ruth Carufe ... Born February 8, 1985 ... Majoring in Aerospace.

## Marc Curry



**6-4, 184, JR**  
**Knoxville, Tenn./  
 Farragut HS  
 (Milligan Coll.)  
 Sprints**

**Before Middle Tennessee:** Played basketball at

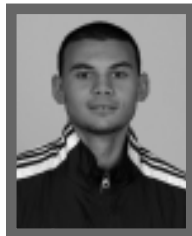
Milligan College, earning All-Freshman and All-Conference honors in 2003.

**High School:** Two-year track letterwinner for coach Scott McKenzie at Farragut HS ... Earned All-District and All-Region honors and participated in state championships as senior ... Also lettered three years in basketball, earning *Knoxville News-Sentinel* Player of the Year as senior ... Voted All-District and All-Region as junior and senior and All-State as senior.

**Personal:** Marc Alan Curry ... Son of Johnny and Anita Curry ... Born June 8, 1984 ... Majoring in Sociology.

# The Blue Raider Men

## Julius Defour



**6-3, 192, SR**  
**Spokane, Wash./**  
**Lewis & Clark HS**  
**(Western Wash-**  
**ington Univ.)**  
**High Jump**  
**PR: 6-8**

2004-05

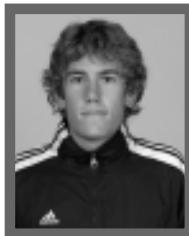
**Indoor:** Cleared 6-4 to place fourth at ASU Kick-off Klassic and 6-2 to finish fifth at MT Christmas Invitational ... Jumped 6-4.75 at Kentucky Invitational ... Won Blue Raider Invitational, clearing season-best 6-8 ... Jumped 6-4 at Hoosier Relays and 6-3 at Middle Tennessee Open ... Finished third at MT Valentine Invitational, clearing 6-5 ... Finished seventh at Sun Belt Championships after jumping 6-4.

**Outdoor:** Jumped 6-6.75, tying for fourth at Alabama Relays ... Tied for fifth at Clemson Relays, clearing 6-5 ... Placed eighth (6-4.75) at Ole Miss Invitational and finished second at Boston Moon Classic with jump of 6-6 ... Came in seventh (6-4) at Vanderbilt Invitational and member of sixth-place 4x100-meter relay (44.11) ... Finished ninth at Sun Belt Championships with mark of 6-6.75.

**High School:** Three-year letterman for coach Hogan Wrixon at Lewis & Clark High School in Spokane, Washington ... Also lettered in basketball and football ... Named Academic All-State in 2001 and 2002 ... Earned All-Region in track and field in 2002.

**Personal:** Julius Edward Defour ... Son of Claude and Connie Defour ... Born Oct. 24, 1983 ... Majoring in University Studies - Liberal Arts.

## Derek Dell



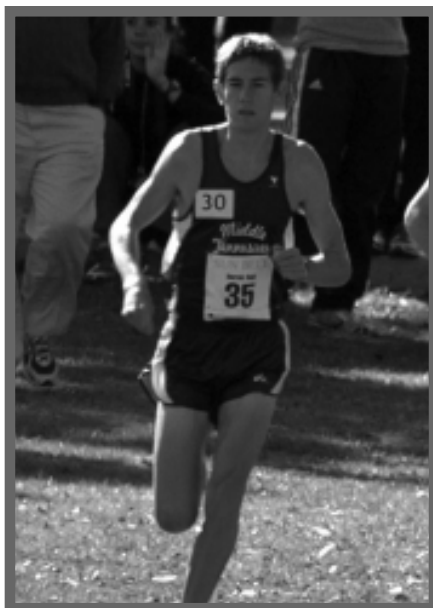
**6-3, 140, SR**  
**Lansing, Mich./**  
**Holt HS**  
**(Lansing CC)**  
**Sprints**  
**PR: 15:17.57**

2004-05

**XC:** Placed fifth at Sun Belt Championships, earning All-SBC honors, with time of 26:16.8, highest finish of season ... Placed 12th at UTC Front Runner in the 5K, as well as 28th at Belmont Opener ... Placed 14th at Commodore Invitational on two-mile course ... Also finished 20th at Cardinal Classic ... Placed 17th at WKU Older Timers Classic on 5K course.

**Indoor:** Placed seventh in 3000-meters in 8:55.63 at ASU Kickoff Klassic ... Finished fourth in mile run (4:32.68) and fifth in 800-meters (2:05.44) at MT Christmas Invitational ... Came in fourth in 5000-meters in 15:38.17 at Hoosier Relays ... Placed fifth in 3000 in 8:49.17 at MT Valentine Invitational ... Finished third in 3000 (8:37.06) and fifth in 5000 (15:16.53) at Sun Belt Championships.

**Outdoor:** Posted personal-best 15:24.80 in 5000-meters at Alabama Relays, finishing ninth ... Bested that mark with time of 15:17.57 at Yellowjacket Invitational ... Posted time of 10:16.62 in 3000-meter steeplechase at Vanderbilt Invitational ... Placed fourth in 5000 in 15:19.36 at National City Invitational ... Placed fifth in 5000 (15:23.53) and third in 10000-meters (32:40.50) at Sun Belt Championships.

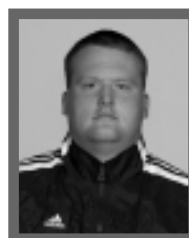


**Lansing CC:** Earned All-American honors in cross-country and track in 2003 and 2004 under coach Chuck Block at Lansing Community College in Lansing, Mich.

**High School:** Earned four letters in cross country and track at Holt HS in Holt, Mich.

**Personal:** Derek Alan Dell ... Son of Dan and Debra Dell ... Born April 5, 1984 ... Majoring in Accounting.

## Nick Diel



**6-5, 250, SR**  
**Newton, Ill./**  
**Newton HS**  
**(Rend Lake**  
**College)**  
**Throws**  
**PR: 44-0/150-11**

2004-05

**Indoor:** Posted mark of 43-4.5 in weight throw at Kentucky Invitational ... Finished fifth with toss of 45-10.5 at Blue Raider Invitational ... Placed third (48-7) in weight throw and fourth in shot put (42-11) at MT Valentine Invitational ... Came in seventh in weight throw with season-best 49-11.25 at Sun Belt Championships.

**Outdoor:** Finished fourth in hammer (141-5.5), discus (123-8.5) and shot put (41-11.25) and was sixth in javelin (129-2.5) at Boston Moon Classic ... Posted personal best 44-0 in shot put at Vanderbilt Invitational ... Placed fifth with personal-best 150-11 in hammer at National City Invitational ... Also came in eighth in javelin with mark of 136-7 ... Placed eighth with mark of 148-4 in hammer at Sun Belt Championships.

**Rend Lake College:** Two-time All-American and six-time All-Region selection at Rend Lake College in Ina, Ill. ... Holds school record in hammer and weight throw.

**High School:** Three-year letterwinner for coach Charles Shackmann at Newton Community HS ... Reached Illinois state finals in 2001-02 and is third best thrower in Newton Community HS history ... Also played football and basketball ... Named all-conference in football in 2001 and 2002 ... *Dekatur Herald* Area Best twice.

**Personal:** Nicholas Benjamin Diel ... Son of Bruce and Sue Diel ... Born January 3, 1984 ... Majoring in Physical Education.

# The Blue Raider Men

## VanTonio Fraley

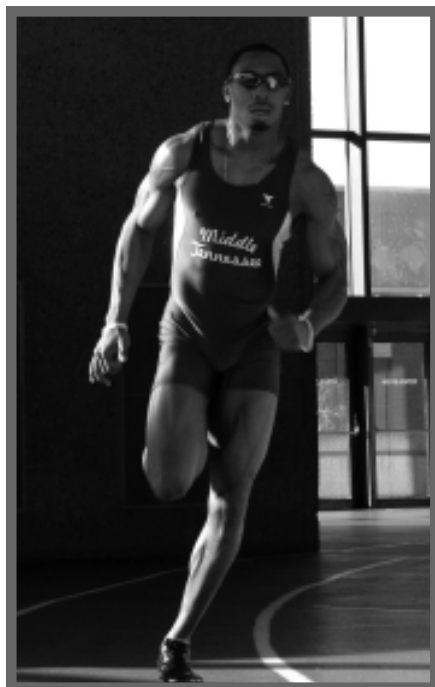


**5-9, 155, SR**  
**Seaside, Calif./**  
**Killeen [TX] HS**  
**(Monterey**  
**Peninsula Coll.)**  
**Sprints**  
**PR: 10.34/20.71**

2004-05

**Indoor:** Placed third in 60-meters in 6.80 and ran 21.70 (10th) at Kentucky Invitational ... Finished second in 6.37 in 55-meters and 22.11 in 200 at Blue Raider Invitational ... Won 60-meters at Hoosier Relays with times of 6.88, 6.81 and 6.81, and was second in 200-meters with marks of 22.29 and 22.24 ... Finished second in 55 in 6.37 and third in 200 in 22.03 at Middle Tennessee Open ... Won 55 in 6.40 at MT Valentine Invitational ... Finished second in 55 with times of 6.33 and 6.37, and placed third in 200 in 21.99 and 21.76 at Sun Belt Championships.

**Outdoor:** Placed second in 100-meters (10.61), sixth in 200-meters (21.51) and member of seventh-place 4x100-meter relay (41.87) at Alabama Relays ... Posted NCAA regional mark of 10.43, finishing second, and member of winning 4x200-meter relay at Clemson Relays ... Came in second in 21.15 in 200 at Yellowjacket Invitational ... Ran 10.72 in 100 at Texas Relays ... Ran 10.49 to place seventh at Sea Ray Relays ... Finished second in 100 (10.74) and member of sixth-place 4x100 (44.11) at Vanderbilt Invita-

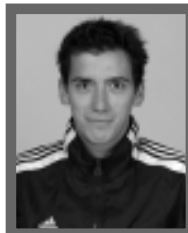


tional ... Won 200 (21.66) and placed fourth in 400-meters (50.44) at National City Invitational ... Posted personal-best of 10.34 in 100 to finish third and NCAA regional mark of 20.97 to place third at Sun Belt Championships ... Ran 10.58 in 100 and 21.25 in 200 in prelims at NCAA Mideast Regional.

**Before Middle Tennessee:** Transferred from Monterey Peninsula College in Monterey, Calif.

**Personal:** VanTonio Louis Fraley ... Son of Tony Fraley and Barbara Bailey ... Born January 20, 1980 ... Majoring in Physical Education.

## Jonathan Guillou



**5-8, 125, r-SR**  
**Gagby, France/**  
**Univ. of Marne la**  
**Vallee**  
**Sprints**  
**PR: 4:00.70/**  
**14:57.39**

**2005 XC:** Placed in Top 20 in six of seven races, earning All-Sun Belt honors at conference championships ... Placed ninth in 15:20.85 at Belmont Opener and 17th in 15:57 at UTC Opener, both on 5K courses ... Finished 10th in 26:20.80 on five-mile course at WKU Old Timers Classic ... Won Arkansas State Invitational in 25:44 on 8K course ... Posted third-place finish in 15:49 (5K) at UTC Invitational ... Earned All-Sun Belt accolades with fifth-place in 25:32.37 on 8K course at Sun Belt Championships ... Came in 38th in 32:02.99 on 10K course at NCAA South Regional.

2004-05

**XC:** Placed 15th at Sun Belt Championships in the 8K, as well as 30th at Commodore Invitational and 22nd at Cardinal Classic ... Placed 22nd at UTC Front Runner in the 5K, as well as 41st at Belmont Opener ... Placed 69th in the 10K at NCAA South Regional.

**Indoor:** Placed third in 3000-meters in 8:50.75 and member of second-place Distance Medley Relay at ASU Kickoff Klassic ... Won mile run in 4:28.28 and 800-meters (2:02.41) at MT Christmas Invitational ... Came in 20th in 3000 at Kentucky Invitational in 8:45.46 ... Finished third in 3000 in 8:37.06 and seventh in mile in 4:25.33 at Sun Belt Championships.

**Outdoor:** Posted personal-best 15:20.02 in 5000 to finish eighth at Alabama Relays ... Came



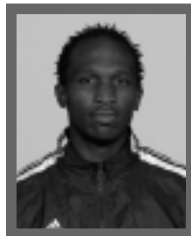
in eighth in personal-best 4:00.70 in 1500-meters at Ole Miss Invitational ... Placed ninth in personal-best 15:17.87 in 5000 at Sea Ray Relays ... Placed fourth in 3000-meters in 8:40.21 and second in 10000-meters in 32:39.32 at Vanderbilt Invitational ... Won 5000 in personal-best 14:57.39 at National City Championships ... Placed third in 5000 at Sun Belt Championships in 15:19.62.

**High School:** Attended University of Marne La Vallee in Champs Marne, France ... Holds high school record in the 1500m, 3000m, 5000m and 10000m.

**Personal:** Jonathan Guillou ... Son of Patrick and Michele Guillou ... Born December 8, 1982 ... Majoring in Finance.

# The Blue Raider Men

## JaKeith Hairston



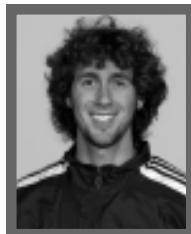
**6-0, 182, r-JR**  
**Johnson City,**  
**Tenn./**  
**Science Hill HS**  
**(Milligan Coll.)**  
**Jumps**  
**PR: 24-0.5/48-4**

**Before Middle Tennessee:** Earned All-American honors in track at Milligan College ... Also voted All-Freshman in basketball.

**High School:** Lettered in track and field for coach Ernest Hill at Science Hill HS ... All-Conference performer all four years ... Earned All-Region and All-State honors as senior ... Also named All-American in 2002 ... Won state titles in long and triple jump ... Also lettered in basketball and football ... Garnered Second Team All-Conference and All-Region accolades in basketball as member of state runner-up as senior.

**Personal:** JaKeith Lemar Hairston ... Son of Bobby "Chucky" and Marshal Hairston ... Born December 11, 1983 ... Majoring in University Studies - Liberal Arts.

## Ryan Hood



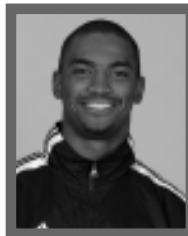
**6-0, 166, FR**  
**Knoxville, Tenn./**  
**South Doyle HS**  
**Distance**  
**PR: 2:03.95**

**2005 XC:** Placed 65th in 20:44.33 on 5K course at Belmont Opener and 36th in 33:28.10 in five miles at WKU Old Timers Classic ... Came in 33rd in 33:37 on 8K course at Arkansas State Invit. ... Finished 29th in 19:55 on 5K course at UTC Invitational ... Placed 64th in 33:05.60 on 8K course at Sun Belt Championships.

**High School:** Four-year letterwinner for coach Don Madgett at South Doyle HS ... Earned All-Region honors as senior, posting time of 2:00 in 800-meters ... Voted Class Officer as freshman ... Recognized *Who's Who Among American Students* all four years.

**Personal:** Ryan Patrick Hood ... Son of Donna Hood and the late Patrick Hood ... Born September 12, 1986.

## Pierre Ingram



**6-4, 208, r-JR**  
**Stockbridge, Ga./**  
**Stockbridge HS**  
**High Jump**  
**PR: 6-10**

2002-03

**Indoor:** Tied for first, clearing 6-2 in high jump at Middle Tennessee Invitational ... Cleared 6-6 to finish fifth at Kentucky Invitational ... Won with mark of 6-6 at Blue Raider Classic ... Again cleared 6-6 to finish sixth at Sun Belt Championships.

**2004-05**

**Indoor:** Placed third at ASU Kickoff Classic and MT Christmas Invitational, clearing 6-4 ... Came in fourth with jump of 6-3 at Middle Tennessee Open.

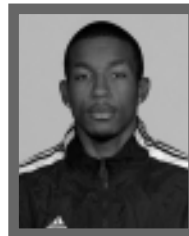
**2003-04:** Did not compete during indoor or outdoor season after sustaining a season-ending injury during the football season.

**Football:** Played in 25 games in three seasons, blocking two extra points, partially blocking an extra point and blocking one field goal ... Registered seven catches for 86 yards and one TD in career, playing in 10 contests ... Broke his foot in 2003.

**High School:** Lettered in football, basketball and track at Stockbridge HS ... Registered 32 catches for 678 yards as senior ... Had four touchdowns on kickoff returns, including a 98-yarder against Starrs Mills ... Also registered 86 receiving yards and game-saving interception in win over Starrs Mills ... Won state high jump as senior (6-10) ... Third in state in high jump (6-8) and earned team MVP honors in track as junior ... Earned All-Region AAAAA honors and All-County accolades.

**Personal:** Pierre LaRue Ingram ... Born May 15, 1984 ... Son of Sabastian and Shelia Ingram ... Redshirted in football for the Blue Raiders in 2002.

## Brandon Jones



**6-3, 162, FR**  
**Arlington, Tenn./**  
**Cordova HS**  
**Jumps**  
**PR: 45-4**

**High School:** Three-year letterwinner for coach Jerry Mershon at Cordova HS ... Named 2005 All-Metro and All-State in triple jump and member of 4x400-meter relay ... Jumped 45-2 in triple jump, 6-1 in high jump and 21-0 in long jump ... Recognized *Who's Who Among American Students*.

**Personal:** Brandon Jermaine Jones ... Son of Sylvester Jones and the late Gwendolyn Crawford ... Born November 24, 1986.

## Tavaris Leak



**5-10, 140, r-FR**  
**Charlotte, N.C./**  
**Faith Academy**  
**(Benedict Coll.)**  
**Sprints**

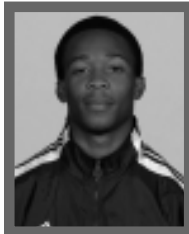
**Before Middle Tennessee:** Attended Benedict College in Columbia, S.C., for two years ... Earned Dean's List and National Dean's List honors both years.

**High School:** Played football at Faith Academy in Loganville, Ga.

**Personal:** Tavaris Montre' Leak ... Son of Ramona McClure and the late Michael Leak ... Born September 28, 1985.

# The Blue Raider Men

## Jonathan Oliver

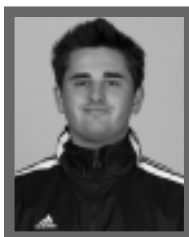


**5-7, 158, FR**  
**Dallas, Texas/**  
**Carter HS**  
**Sprints**  
**PR: 10.62/21.63**

**High School:** Track and football letterwinner at Carter HS ... Earned First Team All-District honors as defensive back ... Ran track for coach Scott E. Jackson.

**Personal:** Jonathan Devantae Oliver ... Son of Melissa Brown ... Born April 19, 1987.

## Willie Parker



**6-0, 218, r-JR**  
**Knoxville, Tenn./**  
**Farragut HS**  
**Throws**  
**PR: 50-7.25/**  
**146-4**

**2002-03**

**Indoor:** Finished fifth in both shot put and weight throw at Middle Tennessee Invitational ... Placed fifth in shot put at Blue Raider Invitational and fourth at Blue Raider Classic ... Again placed fifth in shot put at Middle Tennessee Classic ... Placed eighth in both shot put (43-10) and weight throw (35-5.5) at Sun Belt Championships.

**Outdoor:** Placed fifth in shot put and eighth in



discus at Mississippi State Invitational ... Finished third in shot put, fourth in hammer and fifth in discus at Boston Moon Classic ... Had season-bests marks in shot put (45-9) and hammer (132-2) at Vanderbilt Invitational ... Placed sixth in discus and seventh in both shot put and hammer at Murray State Invitational ... Finished eighth in hammer and posted season-best mark in discus (130-10) at Sun Belt Championships.

**2003-04**

**Indoor:** Placed fourth at Sun Belt Championships in shot put with a mark of 38-9.5 ... Had four top three finishes in shot put, including third at MT Christmas Invitational, third at Blue Raider Invitational, first at Middle Tennessee Classic with a personal-best (49-11.5) and second at MT Valentine Invitational ... Finished seventh in weight throw at SBC Championships with mark of 43-5.25 ... Placed third at MT Christmas Invitational, third at Blue Raider Invitational and third at Middle Tennessee Classic.

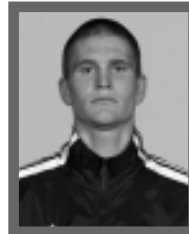
**Outdoor:** Placed sixth at Sun Belt Championships in hammer with mark of 143-1 ... Finished second in hammer at Boston Moon Classic, fourth at Twilight Meet and fifth at Vanderbilt Invitational ... Placed first in shot put at the Boston Moon Classic and Vanderbilt Invitational.

**2004-05:** Redshirted.

**High School:** Three-year letterwinner for coach Scott McKenzie at Farragut HS ... Earned All-Knoxville Interscholastic and All-Region as senior ... Finished third at state meet in discus as senior ... Personal-bests include 50-8.5 in shot put and 160-10 in discus ... Also earned two letters in basketball ... Set FHS freshman record for most three-pointers in game ... Freshman Class Treasurer.

**Personal:** Willie Sanders Parker III ... Son of Bill, Jr., and Jane Parker ... Born September 5, 1984 ... Majoring in Entrepreneurship.

## Luke Pflieger



**6-2, 182, FR**  
**Knoxville, Tenn./**  
**Knoxville**  
**Catholic HS**  
**Distance**

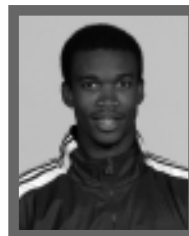
**2005 XC:** Placed 59th in 18:46.37 at Belmont

Opener and 47th in 18:42 at UTC Opener, both on 5K courses ... Ran five miles at WKU Old Timers Classic in 31:50.80 ... Finished 24th in 30:21 on 8K course at Arkansas State Invitational ... Came in 27th in 18:28 on 5K course at UTC Invitational ... Placed 62nd in 30:39.32 on 8K course at Sun Belt Championships.

**High School:** Two-year track and one-year cross country letterwinner for Diane Dietrich and Lawrence Johnson at Knoxville Catholic HS ... Also lettered four years in basketball and two years in baseball ... Member of National Honor Society for two years and recognized *Who's Who Among American Students* twice.

**Personal:** Lucas William Pflieger ... Son of Chad and Lila Pflieger ... Born November 26, 1986.

## Orlando Reid



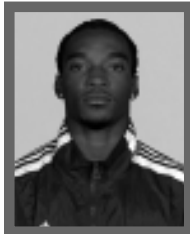
**6-2, 158, JR**  
**Manchester,**  
**Jamaica/**  
**Homewood HS**  
**(GC Foster Coll.)**  
**Sprints**  
**PR: 46.73**

**Before Middle Tennessee:** Ran track at Homewood Technical HS in Manchester, Jamaica, for coach Murice Wilson ... Attended GC Foster College in Spanish Town, St. Catherines, Canada, for two years ... Won 400-meters at intercollegiate competition ... Participated in U-23 games in Canada in 2004, placing second as member of 4x400-meter relay ... Participated in Pan American Games in 2004 ... Finished second in Pan Am trials in Jamaica in 2001.

**Personal:** Orlando Oneil Reid ... Son of Mosses and Paulette Reid ... Born March 7, 1982 ... Majoring in Physical Education.

# The Blue Raider Men

## Pete Senatus

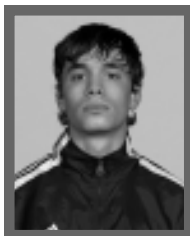


**5-11, 165, FR**  
**Ft. Lauderdale,**  
**Fla./**  
**Plantation HS**  
**Hurdles**  
**PR: 14.08/**  
**37.12 (300H)**

**High School:** Four-year letterwinner for coach Darrell Wright at Plantation HS ... Finished fourth as member of 4x400-meter relay at state championship as sophomore ... Won state title in 300-meter hurdles as junior ... All-District and All-Region selection as senior, coming in second in 300mH, third in 110-meter hurdles and third as member of 4x100-meter relay at state championship meet ... Holds school records in 300mH and as member of 4x100-meter relay ... Posted times of 14.07 in 110-meter hurdles and 37.12 in 300-meter hurdles, both as junior ... Ranked seventh in nation in hurdles as junior ... Captain of track team as junior and senior and named team MVP both years ... Recognized *Who's Who Among American Students*.

**Personal:** Peterson Senatus ... Both parents are deceased, Pierre and Celie Senatus ... Born June 30, 1986.

## JJ Sturm



**6-1, 145, SR**  
**Fairfax, Va./**  
**Franklin [ TN ] HS**  
**Jumps**  
**PR: 24-5.75/**  
**47-5.75**

**2002-03**

**Indoor:** Placed fifth in long jump at Middle Tennessee Invitational, Blue Raider Invitational and Blue Raider Classic ... Finished eighth in long jump and seventh in triple jump with season-best 42-9 at Indiana Invitational ... Also came in eighth in long jump at Middle Tennessee Classic ... Placed sixth with season-best mark of 22-11.5 in long jump at Sun Belt Championships.

**Outdoor:** Finished seventh in long jump at both Alabama Relays and Mississippi State Invitational ... Placed fifth at Vanderbilt Invitational and won event at Murray State Invitational with mark of 23-8 ... Came in eighth at Sun Belt Championships ... Finished third at Georgia Tech Invita-

tional ... Jumped 23-0.75 at NCAA Mideast Regional ... Placed fourth with mark of 23-9 at USA Junior Track & Field Championships.

**2003-04**

**Indoor:** Finished fourth in long jump at Sun Belt Championships ... Placed first in long jump at MT Christmas Invitational and Indiana Invitational ... Came in second in long jump at Blue Raider Invitational and Middle Tennessee Classic ... Finished in top five in each of six meets in which he participated ... Also participated in the 55-meters, placing fifth at Middle Tennessee Classic; and the 60m and triple jump ... Placed 12th at SBC Championships in triple jump.

**Outdoor:** Earned All-American honors as member of 4x100-meter relay team that finished sixth at NCAA Championships ... Placed fourth in triple jump and long jump at Sun Belt Championships ... Placed second in long jump at Vanderbilt Invitational, third at Bulldog Invitational, fifth at Yellowjacket Invitational, sixth at Alabama Relays and seventh at Georgia Tech Invitational ... Finished fifth at Vanderbilt Invitational, eighth at both Bulldog Invitational and Yellowjacket Invitational and 15th at Alabama Relays in triple jump.

**2004-05**

**Indoor:** Placed second in long jump with mark of 23-6.75 and came in eighth at ASU Kickoff Classic ... Finished seventh in 55-meters in 6.60, was third in long jump and third in triple jump at MT Christmas Invitational ... Came in second in long jump at Kentucky Invitational ... Jumped 22-8 in long jump and 45-1.75 in triple jump at Hoosier Relays ... Finished third with season-best mark of 23-7 at Middle Tennessee Open ... Placed second in both long jump (23-4.25) and triple jump (46-2.5) at MT Valentine Invitational ... Finished fourth in long jump and sixth in triple



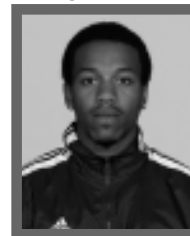
jump with season-best mark of 46-4 at Sun Belt Championships.

**Outdoor:** Tied for first with personal-best mark of 47-2.25 and also member of winning 4x200-meter relay at Clemson Relays ... Jumped 23-3.25 to finish fifth in long jump at Yellowjacket Invitational ... Came in seventh in triple jump at Ole Miss Invitational with mark of 46-10.25 ... Set PR again in triple jump with mark of 47-5.75 (8th) and came in sixth in long jump with season-best mark of 23-4.5 at Sea Ray Relays ... Placed sixth in long jump at Vanderbilt Invitational before injuring knee and missing rest of season.

**High School:** Four-year letterwinner for coach Jan Sadler at Franklin HS in Nashville ... Earned All-District honors as senior ... Finished seventh in long jump in 2002 and eighth in 2001 at Nike Indoor Classic ... Won long jump at Vanderbilt Great Eight ... Owns FHS long jump record at 22-8 ... Also owns Scott Hartman Meet record at 22-4 ... Member of Honor Roll and graduated with honors ... Also received President's Award ... Lettered one year in wrestling.

**Personal:** Jonathan James Sturm ... Son of Jim and Beth Sturm ... Born January 17, 1984 ... Majoring in Psychology.

## Daryl Terrell



**5-11, 190, r-JR**  
**Oakland, Calif./**  
**South Gwinnett**  
**[ GA ] HS**  
**( CC of San**  
**Francisco)**  
**Sprints**

**PR: 46.93**

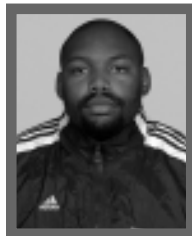
**Before Middle Tennessee:** Attended City College of San Francisco for two years before enrolling at Middle Tennessee.

**High School:** Four-year track letterwinner at South Gwinnett HS in Snellville, Ga.

**Personal:** Daryl Machon Terrell ... Son of Patricia Sparks ... Born June 18, 1983 ... Majoring in University Studies - Liberal Arts.

# The Blue Raider Men

## James Thomas



**5-11, 283, r-JR**  
**Knoxville, Tenn./**  
**Farragut HS**  
**Throws**  
**PR: 58-0/**  
**163-1.75**

2003-04

**Indoor:** Placed second at Sun Belt Championships in weight throw with school-record mark of 51-5.5 and sixth in shot put with mark of 46-11.75 ... Established school record in weight throw in first collegiate meet with mark of 50-8.5 to place second at MT Christmas Invitational ... Bested record with a mark of 51-4 to win Blue Raider Invitational ... Also won Middle Tennessee Classic and MT Valentine Invitational ... Placed second at Middle Tennessee Classic in shot put with mark of 44-1 ... Placed fourth in shot put at MT Christmas Invitational and Blue Raider Invitational ... Finished sixth in shot put at MT Valentine Invitational.

**Outdoor:** Participated in four events - hammer, shot put, discus and javelin ... Finished fourth in hammer at Sun Belt Championships with mark of 148-11, fifth in shot put with mark of 49-5.5 and sixth in discus with mark of 152-6 ... Set school record in hammer to finish 17th at Alabama Relays with mark of 139-0 ... Bettered his record mark at Boston Moon Classic with mark of 152-6.5 to finish first and set new school record of



152-11 to win Twilight Meet ... Finished sixth in hammer at Vanderbilt Invitational ... Placed second in shot put at Boston Moon Classic with mark of 47-9.25, was third at Vanderbilt Invitational with 48-0.5 and fourth at Twilight Meet ... Won Boston Moon Classic in discus with mark of 150-6 ... Placed fifth at Twilight Meet and seventh at Bulldog Invitational ... Finished fifth in javelin at Boston Moon Classic with season-best mark of 104-11.

2004-05

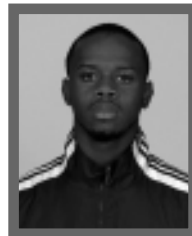
**Indoor:** Bested own school record with mark of 52-5 to finish fourth in weight throw at ASU Kick-off Classic ... Placed third in shot put and second in weight throw (49-5) at MT Christmas Invitational ... Finished second in shot put (48-7) and fourth in weight throw (50-8) at Blue Raider Invitational ... Posted season-best marks of 48-9.5 and 48-11.75 to place 11th in shot put at Hoosier Relays ... Also bested school record with mark of 52-5.25 in prelims at Hoosier Relays ... Came in fifth in shot put and set school record for second straight week with mark of 52-7 to place second in weight throw at Middle Tennessee Open ... Came in second in shot put at MT Valentine Invitational ... Placed seventh in shot put with mark of 46-2.5 at Sun Belt Championships.

**Outdoor:** Placed fifth in discus (160-7) and set school record with mark of 159-6 to finish sixth in hammer at Alabama Relays ... Came in fourth in shot put (49-5.75) at Clemson Relays ... Finished fifth in discus (155-6) and ninth in hammer (156-10) at Ole Miss Invitational ... Placed second in shot put (47-3.25) and discus (147-8) and won hammer with another school record (163-1.75) at Boston Moon Classic ... Finished fifth in shot put (48-10.75) at Vanderbilt Invitational ... Placed fourth in shot put with personal-best 49-7.25 and also placed fourth in discus (155-5) and hammer (155-0) at National City Invitational ... Came in sixth in shot put (48-0.5), fifth in discus (154-2), sixth in hammer (162-10) and 13th in javelin (122-2) at Sun Belt Championships.

**High School:** Football and track letterwinner at Farragut HS ... Named All-KIL as senior ... Finished second in Junior Olympics in shot put in 2002 ... Holds school records in shot put (58-0) and discus (161-0).

**Personal:** James Arthur Thomas ... Son of Ron and Nancy Allen ... Born September 12, 1983 ... Majoring in University Studies - Basic & Applied Sciences.

## Jeremy Turner



**5-9, 162, FR**  
**Memphis, Tenn./**  
**Overton HS**  
**Hurdles**  
**PR: 40.38 (300H)**

**High School:** Team MVP as senior for coach

Ronnie Copeland at Overton HS ... Finished third in city track meet ... Also lettered in football ... Member of Key Club International and SECME ... Recognized Who's Who Among American Students.

**Personal:** Jeremy Edward Turner ... Son of Melvin and Sandra Turner ... Born July 9, 1987.

## Juan Walker



**5-10, 174, JR**  
**Picayune, Miss./**  
**Hunters Lane**  
**[ TN ] HS**  
**(Lindenwood**  
**College)**  
**Hurdles/Jumps**

**PR: 25-7/51-4/14.10**

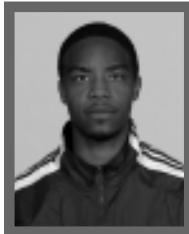
**Before Middle Tennessee:** Attended Lindenwood University in St. Louis, Mo., for two years ... Won NAIA National Titles in 55-meter hurdles, pentathlon and as member of 4x100-meter relay, and runner-up in 110-meter hurdles and 400-meter hurdles ... Posted times of 14.10 (110mH), 51.6 (400mH), 25-8 in long jump, 49-0 in triple jump, 6-8 in high jump, 3890 points in pentathlon, 39.40 as member of 4x100-meter relay, 7.40 in 55-meter hurdles and 7.96 in 60-meter hurdles ... Ranked fifth nationally in long jump in January 2005 with mark of 25-8.

**High School:** Won state title in 300-meter hurdles for coach Chuck Lewis at Hunters Lane HS ... Member of team state championships as sophomore and junior.

**Personal:** Juan Anthony Walker ... Son of Janice Anderson ... Born August 19, 1985 ... Majoring in University Studies - Liberal Arts.

# The Blue Raider Men

## Sean Waller



**5-10, 148, r-JR**  
**Madison, Tenn./**  
**Hunters Lane HS**  
**Sprints/Jumps**  
**PR: 46.43/24-6**

2002-03

**Indoor:** Posted fastest time in Sun Belt in 400-meters and second-best mark in long jump for season ... Won 400 in 47.99, set personal-best in finishing second in long jump with mark of 24-1 and member of winning mile relay at Middle Tennessee Invitational ... Won again in 400 in 47.69 and tied for first with personal-best 24-6 in long jump at Blue Raider Classic ... Picked up another victory in 400 and member of winning 4x400m relay at Indiana Invitational ... Named Sun Belt Track Performer of the Week after winning at IU ... Finished third in long jump at Middle Tennessee Classic ... Won 400m in 47.95, placed third in long jump and member of winning 4x400m relay at Sun Belt Championships, earning All-SBC honors in all three events.

**Outdoor:** Posted fastest time in Sun Belt in 400-meters ... Placed fourth in 400 (47.73) and sixth in long jump (23-2.75) at Alabama Relays ... Finished second in personal-best and regional qualifying time of 47.03 in 400 and also member of winning 4x400m relay at Yellowjacket Invitational ... Member of fourth-place 4x400m relay at Sea Ray Relays ... Again set personal-best with 46.72 in winning 400 and also member of winning 4x400m relay at Vanderbilt Invit. ... Member of second-place 4x400m relay at Penn Relays, earning Sun Belt Athlete of the Week honors ... Set personal-best again with 46.43 in winning 400 and also member of winning 4x400m relay at Sun Belt Championships ... Placed third in 400 in 46.48 at Georgia Tech Invitational ... Ran 47.23 in 400 prelims and member of 4x400m relay at NCAA Mideast Regional.

2003-04

**Indoor:** Placed third in 400-meters in 47.36 at Kentucky Invitational and fourth in 48.20 at Blue Raider Invitational ... Posted times of 48.93 and 48.60 to finish third at Indiana Invitational ... Won 400 with times of 47.71 and 47.25, finished sixth in long jump with mark of 23-8 and member of winning mile relay at Sun Belt Championships ... Finished sixth in 400 in NCAA provisional mark and personal-best time of 47.23 at NCAA Last Chance Meet.

**Outdoor:** Finished second in 400-meters in

47.14, member of school-record setting and winning 4x400-meter relay, winning 4x200-meter relay and second-place 4x100-meter relay, with all four NCAA regional qualifying marks, at Alabama Relays ... Member of second-place 4x200-meter relay and seventh-place 4x400-meter relay at Texas Relays ... Placed second in 400 in 47.24, fourth in long jump with mark of 23-5.5 and member of second-place 4x100-meter relay at Vanderbilt Invitational ... Finished fourth in 400 with times of 47.58 and 47.93 and member of second-place 4x400-meter relay at Sun Belt Championships ... Member of second-place 4x400-meter relay at NCAA Mideast Regional ... Member of 4x400-meter relay at NCAA Championships that posted time of 3:06.72 in prelims.

2004-05

**Indoor:** Placed sixth in long jump with mark of 22-10.75 and came in fourth in 400-meters in 48.74 at ASU Kickoff Classic ... Won long jump with mark of 23-4.75 and finished third in 200-meters in 22.13 at MT Christmas Invitational ... Academically ineligible after fall semester – did not participate for rest of the year.

**High School:** Earned All-Midstate and Region 6-5A Offensive Player of the Year honors in 2001 for Hunters Lane HS ... Averaged 10.0 yards per rush over his last two seasons ... Rushed for 1,600 yards on 168 carries (9.5) and 19 touchdowns in leading Hunters Lane to 8-3 mark and berth in state playoffs ... Also tallied 11 receptions for 210 yards and one TD, along with two interceptions on defense ... Guided Warriors to state playoffs his junior year after rushing for 1,847 yards on 178 carries and 17 touchdowns ... Also a gifted track athlete, winning the 100m (10.86), 200m (personal best 21.25), and 400m (47.21) to lead Hunters Lane to 2002 AAA State Championship ... Waller's 52 points in state meet was more than any other team had combined ... Named 2002 Tennessean Track Athlete of the Year ... Earned 2001 and 2002 Gatorade Tennessee Athlete of the Year award in track after leading Hunters Lane to state championship ... Won 200m as junior (21.74) while finishing runner-up in 100 and 400 at state meet ... Ranked 13th nationally in 400m with time of 47.04 ... Won 400m as sophomore and holds freshman school records at HLHS in long jump, high jump, 100m, 200m and 400m ... Also holds school record in high jump at 6-4.

**Personal:** Sean Andre Waller ... Son of Wanvelyn Waller ... Born October 31, 1982 ... Majoring in University Studies – Liberal Arts.

## Linnie Yarbrough



**6-3, 190, r-SR**  
**East St. Louis, Ill./**  
**Hunters Lane**  
**[ TN ] HS**  
**Sprints**  
**PR: 13.69/13.57w**

2002-03

**Indoor:** Posted second fastest times in Sun Belt in both 55 and 60m hurdles for season ... Won 60m hurdles and member of third-place 4x400m "B" relay at Kentucky Invitational ... Placed third in 55m hurdles at Blue Raider Invitational and first in same event in season-best 7.41 at Blue Raider Classic ... Came in third in 55m hurdles at Middle Tennessee Classic and second at Sun Belt Championships, earning All-SBC honors.

**Outdoor:** Placed second in 110m hurdles in 14.25, seventh in 400m hurdles and member of winning shuttle hurdle relay at Alabama Relays ... Again came in second in 110m hurdles at Mississippi State Invitational ... Member of third-place shuttle hurdle relay at Sea Ray Relays ... Finished fifth in 110m hurdles in 14.18 and sixth in 400m hurdles in 54.11 at Vanderbilt Invitational ... Won 100m hurdles and placed second in 400m hurdles at Murray State Invitational ... Ran season-best 14.12 in 110m hurdle prelims before taking second in finals ... Ran 14.15 in 110m hurdle prelims at NCAA Mideast Regional.

2003-04

**Indoor:** Finished fourth at the SBC Championships in the 55-meter hurdles with a 7.42 ... Also in the 55mH, placed first at the Middle Tennessee Christmas Invitational, the Blue Raider Invitational, the Middle Tennessee Classic and the Middle Tennessee Valentine Invitational ... Highest finish in the 200m was sixth at the Middle Tennessee Christmas Invitational ... Placed



# The Blue Raider Men

eighth in the 200m at the Blue Raider Invitational ... Placed fourth in the 60-meter hurdles at the Indiana Invitational and sixth at the Kentucky Invitational ... Helped lead the mile relay team to a third-place finish at the Middle Tennessee Classic.

**Outdoor:** Set a school record in the 110-meter hurdles with a 13.76 to win the SBC Championships and bettered his record at the NCAA National Championships with a 13.69 in the prelims ... Won the event at the Vanderbilt Invitational, finished third at the Alabama Relays and fourth at the Yellowjacket Invitational ... Placed seventh at the Penn Relays ... Placed ninth in the 400 hurdles at the Vanderbilt Invitational.

## 2004-05

**Indoor:** Won 55-meter hurdles in 7.39, finished fourth in 200-meters in 22.28 and member of third-place mile relay at MT Christmas Invitational ... Placed third in 60-meter hurdles at Kentucky Invitational, running 8.02 in prelims and 7.92 in finals ... Posted times of 7.39 and 7.36 in 55mH, winning event again at Blue Raider Invitational ... Finished fourth in 60mH at Hoosier Relays, posting times of 8.01, 7.93 and 8.07 ... Won 55mH for third time, running 7.30 and 7.36 at Middle Tennessee Open ... Won 55mH in 7.31 at MT Valentine Invitational ... Posted times of 7.37 and 7.35 in 55mH at Sun Belt Championships, finishing second ... Won 60mH at Last Chance Meet with times of 7.87, 7.88 and 7.81.

**Outdoor:** Finished third in 400-meter hurdles with personal-best time of 53.09 and member of seventh-place 4x100-meter relay at Alabama Relays ... Won 110-meter hurdles with NCAA regional qualifying time of 13.79 and placed third in 400mH (53.80) at Clemson Relays ... Also member of winning 4x200-meter relay at Clemson ... Posted personal-best, wind-aided



time of 13.57 in 110mH at Yellowjacket Invitational, finishing second ... Finished with pair of 13.70 times in 110mH at Texas Relays, wind-aided in the finals to finish second ... Won 110mH at Vanderbilt Invitational and member of sixth-place 4x100-meter relay ... Posted times of 13.74 and 13.87 to place fourth in 110mH at Penn Relays ... Won 110mH at Sun Belt Championships with times of 13.95 and 13.73 and placed sixth in 400mH with marks of 54.73 and 59.07 ... Also participated in long jump for first time in his career, leaping 23-11.5, a personal-best, to place fourth ... Ran times of 13.96 and 13.89 in 110mH to finish fifth at NCAA Mideast Regional ... Posted times of 13.83 and 13.79 in preliminaries and semifinals of 110mH, respectively, before false-starting in finals at NCAA Championships.

**High School:** Two-year letterwinner for coach Chuck Lewis at Hunters Lane HS in Nashville ... Voted First Team All-State and All-Midstate as senior ... Won state title as senior and finished third as junior in 100mH at state meet ... Named Second Team All-State and All-Midstate as junior ... Broke HLHS record in 110mH with 14.2 as senior ... Ran personal-best 14.10 in 2001 ... Finished fifth at 2001 USA Junior Olympics ... Also four-year letterwinner at quarterback.

**Personal:** Linnie Earl Yarbrough ... Son of Linnie, Sr., and Mary Yarbrough ... Born September 9, 1982 ... Majoring in University Studies - Liberal Arts.

## Matthew Young



**5-8, 145, SO**  
**Elizabethton,**  
**Tenn./**  
**Elizabethton HS**  
**Distance**  
**PR: 10:35.98**

**2005 XC:** Placed 53rd in 17:55.46 at Belmont Opener and 44th in 18:21 at UTC Opener, both 5K courses ... Finished 30th in 29:56.90 on five-mile course at WKU Old Timers Classic ... Came in 17th in 28:33 on 8K course at Arkansas State Invitational ... Placed 22nd in 18:03 on 5K course at UTC Invitational ... Finished 58th in 29:52.69 on 8K course at Sun Belt Championships.

## 2004-05

**XC:** Placed 58th at Sun Belt Championships to cap strong freshman campaign ... Also finished 28th at UTC Front Runner, 34th at WKU Old Timers Classic, 55th at Belmont Opener and 66th at Commodore Invitational.

**Indoor:** Finished 16th in 9:45.78 in 3000-meters at ASU Kickoff Classic ... Placed fifth in 800-meters in 2:12.79 and eighth in mile in 4:51.40 at MT Christmas Invitational.

**Outdoor:** Member of seventh-place Distance Medley Relay at Alabama Relays ... Finished 13th in 11:17.98 in 3000-meter steeplechase at Yellowjacket Invitational ... Placed 25th in 5000-meters in 17:01.47 at Ole Miss Invitational ... Posted personal-best mark of 10:35.98, winning steeplechase at Boston Moon Classic ... Came in 20th in steeplechase in 11:12.40 at Vanderbilt Invitational ... Placed 10th in steeplechase in 10:44.00 and 17th in 5000 in 16:58.24 at Sun Belt Championships.

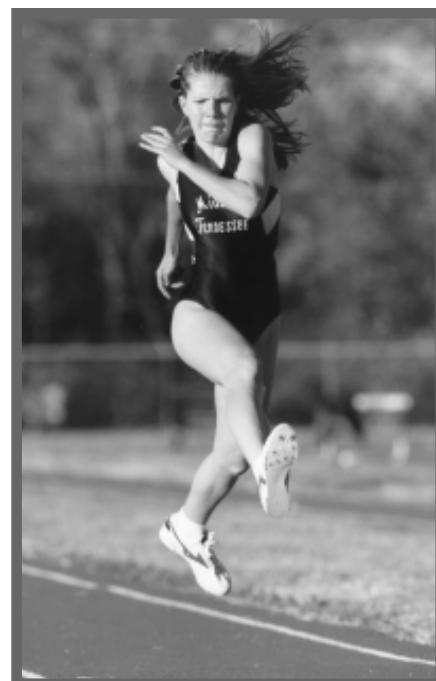
**High School:** Conference and Region Champion in the 3200m at Elizabethton High School in Elizabethton, Tenn. ... All-Region in cross country three straight seasons ... Mountain Lakes Conference record holder in the 3200m ... Earned Eagle Scout.

**Personal:** Matthew Ryan Young ... Son of George and Pam Young ... Born September 11, 1985 ... Majoring in Plant & Soil Science.

# Blue Raider Records - Women

## BLUE RAIDER INDOOR RECORDS

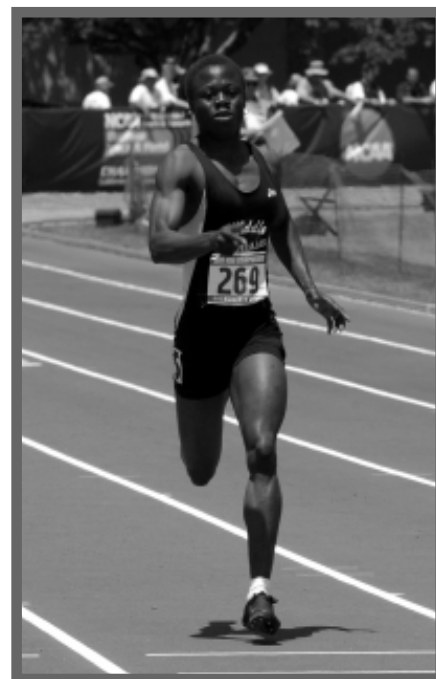
EVENT	RECORD HOLDER	RECORD	YEAR
Long Jump	Dionne Rose	20-8.25	1994
Triple Jump	Andreja Ribac	43-7.25	2000
Shot Put	Shelly Johnson	48-7.25	1996
High Jump	Veronica Tipton	5-8	1991
	Mia Florence	5-8	1995
Pole Vault	Jennifer Howard	10-8.25	2003
<b>Weight Throw</b>	<b>Meaghan Byrd</b>	<b>56-3</b>	<b>2005</b>
55 Meters	Dionne Rose	6.89	1994
55M Hurdles	Dionne Rose	7.59	1994
200 Meters	Nadia Graham	23.54	1996
400 Meters	Rosemary Okafor	52.41	2004
800 Meters	Kapreia Kirk	2:13.95	2000
Mile Run	Dianne DeOliveira	5:01.73	1991
3000 Meters	Kiya Thomas	10:21.57	1990
5000 Meters	Lea White	18:46.26	1992
4x400M Relay	George, Gray, Okafor, Holmes	3:38.18	2002
Distance Medley Relay	Barnes, McGill, Smith, DeOliveira	12:22.45	1992



Andreja Ribac jumped 43-7.25 in 2000 to set the Lady Raider triple jump mark.

## BLUE RAIDER OUTDOOR RECORDS

EVENT	RECORD HOLDER	RECORD	YEAR
Long Jump	Dionne Rose	21-9	1994
Triple Jump	Andreja Ribac	43-7.5	2000
High Jump	Veronica Tipton	5-10.5	1992
Shot Put	Laetitia Florimond	47-5.25	2005
Discus	Shelly Johnson	168-5	1995
Javelin	Laetitia Florimond	140-9	2005
Pole Vault	Jennifer Howard	10-0.5	2003
<b>Hammer Throw</b>	<b>Meaghan Byrd</b>	<b>162-5</b>	<b>2005</b>
100 Meters	Natalie Douglas	11.34	1994
	Rosemary Okafor	11.34	2003
200 Meters	Rosemary Okafor	23.18	2003
400 Meters	Rosemary Okafor	52.29	2004
800 Meters	Rosemary Okafor	2:10.03	2004
1500 Meters	Dianne DeOliveira	4:35.09	1991
3000 Meters	Sharon Smith	10:21.74	1989
5000 Meters	Joan Becker	18:01.70	1986
10000 Meters	Lea White	37:38.5	1992
100M Hurdles	Dionne Rose	13.14	1994
400M Hurdles	Kishara George	58.72	2005
4x100M Relay	Douglas, Rose, Brown, Watson	44.87	1994
<b>4x200M Relay</b>	<b>Barrow, Owens, George, Okafor</b>	<b>1:34.74</b>	<b>2004</b>
4x400M Relay	George, Gray, Okafor, Holmes	3:39.35	2002
4x800M Relay	Smith, Barnes, DeOliveira, Weathers	9:06.63	1992
4x1500M Relay	Barnes, Smith, DeOliveira, Thomas	19:57.23	1991
Sprint Medley Relay	Jarrett, Blander, Gray, Parker	4:01.92	2002
Distance Medley Relay	Barnes, McGill, Smith, DeOliveira	12:07.74	1991
Shuttle Hurdle Relay	Anderson, Brown, Douglas, Robertson	57:69	2005



Rosemary Okafor owns the 100-, 200- and 400-meter outdoor records at Middle Tennessee, as well as being a member of the 4x200 and 4x400-meter teams.

### NCAA Champions

DIONNE ROSE  
1994 NCAA 55m Hurdle Champion

### Other Honors

NADIA GRAHAM  
1996 OVC Female Athlete of the Year

DIONNE ROSE  
1994 OVC Track Woman of the Year

# Blue Raider Honor Roll - Women

EVENT	NAME	RECORD	YEAR	EVENT	NAME	RECORD	YEAR	
Long Jump	1. Dionne Rose	21-9	1994	200 Meters	1. Rosemary Okafor	23.18	2003	
	2. Jacqui Brown	21-3.25	1994		2. Willisa Heintz	23.35	2001	
	3. Michelle Welch	20-5	1990		3. Nadia Graham	23.54	1996	
	4. Sherrie Bingham	20-2	1987		4. Dionne Rose	24.02	1994	
	5. Kim Freeman	20-1.5	2002		5. Kishara George	24.12	2002	
Triple Jump	1. Andreja Ribac	43-7.5	2000	400 Meters	1. Rosemary Okafor	52.29	2004	
	2. Jacqui Brown	43-1	1994		2. Kishara George	53.29	2005	
	3. Kim Freeman	42-4.25	2001		3. Nadia Graham	53.30	1996	
	4. Stephany Reid	41-10.25	2002		4. Bromeka Holmes	53.59	2001	
	5. Letitia Eady	41-5.25	2002		5. Naomi Ansah	54.22	2000	
High Jump	1. Veronica Tipton	5-10.5	1992	800 Meters	1. Rosemary Okafor	2:10.03	2004	
	2. Ursula Langford	5-8.5	1989		2. Kapreia Kirk	2:11.64	2000	
	3. Mia Florence	5-8	1994		3. Leigh Weathers	2:13.15	1991	
	4. Krista Hare	5-6.5	1989		4. Coleen Parker	2:13.42	2002	
	t5. Koko Rowley	5-6	1992		5. Sabrina Smith	2:13.90	2000	
	t5. Amanda Forrester	5-6	2001-02	1500 Meters	1. Dianne DeOliveira	4:35.09	1991	
t5. LaToya Brown	5-6	2003	2. Sharon Smith		4:43.11	1990		
Shot Put	1. Shelly Johnson	48-7.25	1996		3. Karen Barnes	4:44.90	1992	
	2. Laetitia Florimond	47-5.25	2005		4. Kiya Thomas	4:50.33	1991	
	3. Rhonda Hall	47-0.5	1995		5. Sharon Johnson	4:50.94	1981	
	4. Shauntel Jennings	44-9	1999	3000 Meters	1. Kiya Thomas	10:21.57	1990	
	5. Meaghan Byrd	43-6	2003		2. Sharon Smith	10:21.74	1989	
Discus	1. Shelly Johnson	168-5	1997		3. Karen Barnes	10:22.37	1992	
	2. Laetitia Florimond	143-6	2005		4. Dianne DeOliveira	10:29.06	1991	
	3. Tina Rumsey	139-6	1993		5. Vicki Wells	10:39.24	1981	
	4. Katie Mirgliotta	135-9	2004	3000 Meter Steeplechase	1. Sara Lunning	11:37.41	2005	
	5. Meaghan Byrd	134-0.5	2005		2. Miranda Galloway	11:37.60	2005	
Weight Throw	1. Meaghan Byrd	54-0	2005	5000 Meters	1. Joan Becker	18:01.72	1986	
	2. LaSean Bell	50-3.5	2005		2. Lea White	18:27.01	1992	
	3. Katie Mirgliotta	47-9.25	2004		3. Sara Lunning	18:45.24	2005	
	4. Laetitia Florimond	43-11.75	2005		4. Lisa Mitchell	18:47.68	1982	
	5. Kelley Enoch	42-1	2005		5. Robin Moses	18:48.34	1981	
Hammer	1. Meaghan Byrd	162-5	2004	10000 Meters	1. Lea White	37:38.8	1992	
	2. LaSean Bell	149-6	2005		2. Debbie Morrison	38:33.09	1986	
	3. Katie Mirgliotta	148-7	2004		3. Lisa Mitchell	39:46.32	1982	
	4. Laetitia Florimond	105-2	2005		4. Robin Moses	40:01.30	1981	
	5. Kelley Enoch	80-6	2005		Pole Vault	1. Jennifer Howard	10-8.25	2003
Javelin	1. Laetitia Florimond	140-9	2005	Heptathlon		1. Jerkita McClorin	4774 pts	2003
	2. Kelley Smith	127-3	2000			2. Kelley Smith	4675 pts	2002
	3. Tracy Edens	124-6	1989			3. LaToya Brown	4365 pts	2003
	4. Dara McLean	121-5	2002			4. Ayana Riviere	3471 pts	2003
	5. Tori Blander	118-1	2002		4x100M Relay	1. Douglas, Rose, Brown, Watson	44.87	1994
100M Hurdles	1. Dionne Rose	13.14	1994	2. Cain, Heintz, Davis, Holmes		44.99	2001	
	2. Jerkita McClorin	13.46	2001	3. Okafor, George, Barrow, Jarrett		45.64	2003	
	3. Sherrie Bingham	13.90	1987	4. Deckard, Francis, Marcus, Owens		45.66	2004	
	4. Candice Robertson	13.96	2005	5. Okafor, George, Barrow, Owens		45.79	2004	
	5. Jessica Anderson	14.00	2005	4x400M Relay	1. George, Gray, Okafor, Holmes	3:38.18	2002	
400M Hurdles	1. Kishara George	58.37	2004		2. Barrow, Owens, George, Okafor	3:39.75	2004	
	2. Tori Blander	59.78	2000		3. Barrow, George, Freeman, Okafor	3:40.15	2003	
	3. Contrena Brown	1:01.74	2004		4. Barrow, Brown, George, Okafor	3:40.71	2004	
	4. Alicia Moore	1:01.78	2000		5. Barrow, Owens, Campbell, George	3:40.84	2005	
	5. Saran Dunmore	1:02.07	1996	100 Meters	t1. Natalie Douglas	11.34	1994	
100 Meters	t1. Rosemary Okafor	11.34	2003		3. Willisa Heintz	11.47	2001	
	3. Willisa Heintz	11.47	2001		4. Nadia Graham	11.67	1995	
	4. Nadia Graham	11.67	1995		5. Kim Watson	11.79	1994	
	5. Kim Watson	11.79	1994					

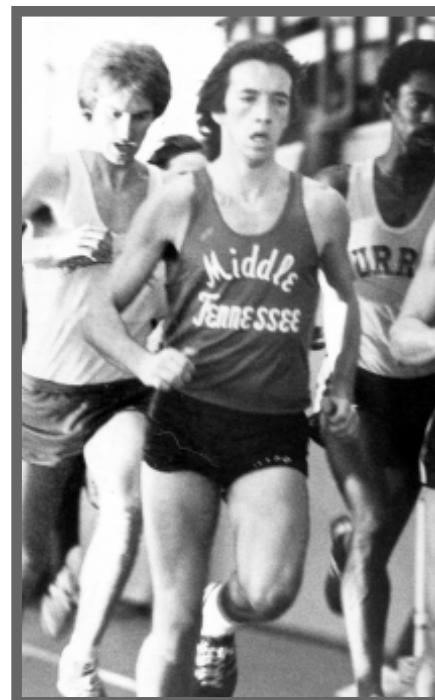
# Blue Raider Records - Men

## BLUE RAIDER INDOOR RECORDS

EVENT	RECORD HOLDER	RECORD	YEAR
Long Jump	Roland McGhee	27-0.75	1993
Triple Jump	Tommy Haynes	54-6.5	1974
Shot Put	Brian Oldfield	57-7	1966
Pole Vault	Tom Yelverton	15-8.5	1981
High Jump	Alex Pruitt	7-1.5	2005
<b>Weight Throw</b>	<b>James Thomas</b>	<b>54-0</b>	<b>2005</b>
55 Meters	Mardy Scales	6.14	2003
55M Hurdles	Micah Otis	7.23	1992
200 Meters	Mardy Scales	20.84	2004
400 Meters	Godfrey Herring	46.36	2001
800 Meters	Dennis Votava	1:51.84	1977
Mile Run	Joe O'Loughlin	4:03.47	1982
3000 Meters	Joe O'Loughlin	8:12.64	1981
5000 Meters	Geoffrey Lagat	14:39.99	2001
Mile Relay	Ellis, Newton, Johnson, Mitchell	3:09.93	1983
<b>4x400 Relay</b>	<b>Okorie, Darden, Hicks, Waller</b>	<b>3:08.32</b>	<b>2004</b>
Distance Medley Relay	Johnson, Mitchell, Davis, O'Loughlin	9:48.04	1981

## BLUE RAIDER OUTDOOR RECORDS

EVENT	RECORD HOLDER	RECORD	YEAR
Long Jump	Roland McGhee	27-6	1993
Triple Jump	Eddie Loyd	55-2	1982
Shot Put	Brian Oldfield	59-2	1966
Discus	Harrison Salami	182-9	1977
Javelin	Jeff Sims	220-11	1984
Pole Vault	Tom Yelverton	16-0	1985
High Jump	Chris Koger	7-1.75	2002
<b>Hammer Throw</b>	<b>James Thomas</b>	<b>163-1.75</b>	<b>2005</b>
100 Meters	Mardy Scales	10.07	2004
200 Meters	Roland McGhee	20.44	1994
400 Meters	Godfrey Herring	45.35	2001
110M Hurdles	Miguel Williams	13.69	1983
	<b>Linnie Yarbrough</b>	<b>13.69</b>	<b>2004</b>
400M Hurdles	Victor Okorie	49.19	2003
800 Meters	Jerry Singleton	1:49.6	1969
1500 Meters	Gary Perry	3:42.9	1977
3000M Steeplechase	Danny Green	9:08.37	1986
5000 Meters	Ross Dowland	14:20.84	1981
10000 Meters	Robert Willis	30:51.20	1983
4x100M Relay	Spann, Scales, Orr, Holiday	38.94	2003
4x200M Relay	Lloyd, McGhee, Gupton, Otis	1:21.17	1994
<b>4x400M Relay</b>	<b>Darden, Scales, Dupar-Scott, Waller</b>	<b>3:05.65</b>	<b>2004</b>
4x800M Relay	Yates, Anderson, Bandy, Singleton	7:34.4	1967
4x1500M Relay	Green, Flint, Burn, Porter	16:13.80	1985
Sprint Medley Relay	Shannon, Mitchell, T. Johnson, Davis	3:20.68	1982
Distance Medley Relay	Lawrence, Farris, Davis, O'Loughlin	9:50.64	1982
Shuttle Hurdle Relay	R. Davis, Kirnes, Nesbitt, Williams	56.73	1983



Joe O'Loughlin holds the Blue Raider indoor records in the mile run and 3000 meters.



Roland McGhee holds three indoor and four outdoor Blue Raider records, including the long jump mark of 27-6.

### NCAA Champions

#### BARRY MCCLURE

1972-73 NCAA Triple Jump Champion  
Set Collegiate Records at 52-10.5 and 54-1.75

#### TOMMY HAYNES

1974 NCAA Triple Jump Champion  
Set Collegiate Record at 54-6.75 (1974) and American Record at 56-5.25 (1975)

#### MARDY SCALES

2003 NCAA Outdoor 100m Champion

### Other Honors

#### BRIAN OLDFIELD

Set Professional Shot Put World Record at 75-0 (1974) and American Record at 72-9.75 (1984)

#### GREG ARTIS

1981 OVC Athlete of the Year and OVC Indoor/Outdoor Trackman of the Year

#### MARDY SCALES

2003-04 Sun Belt Athlete of the Year

# Blue Raider Honor Roll - Men

EVENT	NAME	RECORD	YEAR	EVENT	NAME	RECORD	YEAR
Long Jump	1. Roland McGhee	27-6	1993	400 Meters	1. Godfrey Herring	45.35	2001
	2. Tommy Haynes	26-8.5	1974		2. Kenden Maynard	46.12	1997
	3. Greg Artis	26-7.5	1981		3. Sean Waller	46.43	2003
	4. Dwight Johnson	26-6	1985		4. Ed Stegall	46.44	1977
	5. Andre' Kirnes	26-3.5	1982		5. Tim Johnson	46.78	1983
Triple Jump	1. Eddie Loyd	55-2	1982	800 Meters	1. Jerry Singleton	1:49.74	1969
	2. Tommy Haynes	54-6.75	1974		2. John Davis	1:49.96	1981
	3. Barry McClure	54-4.5	1973		3. Gary Perry	1:50.34	1977
	4. Roland McGhee	54-4	1993		4. Dana McCutcheon	1:50.84	1978
	5. John DoDoo	54-0.5	1979		5. Dennis Votava	1:50.94	1977
High Jump	1. Chris Koger	7-1.75	2002	1500 Meters	1. Gary Perry	3:42.9	1977
	2. Alex Pruitt	7-1.5	2005		2. Joe O'Loughlin	3:44.8	1982
	3. Skipper Willbanks	7-1	1985		3. Dennis Votava	3:46.0	1977
	4. Roscoe Kidd	7-0	1978		4. Dana McCutcheon	3:52.0	1980
	4. Linwood Harris	7-0	1984		5. Charles Dahlgren	3:54.5	1967
	4. Sean Smith	7-0	1985				
Pole Vault	1. Tom Yelverton	16-0	1982	3000 Meter Steeplechase	1. Danny Green	9:08.37	1986
	2. David Cleveland	15-7	1978		2. Levi Sybert	9:10.14	2003
	13. Jack Warner	15-6	1976-77		3. Eric Kiauka	9:24.34	1998
	13. Scott Ellis	15-6	1981		4. Anthony McGary	9:29.97	2002
	5. Mike Stevens	14-9	1967		5. Zack Wood	9:36.30	2003
Shot Put	1. Brian Oldfield	59-2	1966	5000 Meters	1. Ross Dowland	14:20.84	1981
	2. Ted Hausauer	56-10.75	1976		2. Joe O'Loughlin	14:21.80	1981
	3. Steve McQuiston	55-7.5	1985		3. Geoffrey Lagat	14:33.40	2000
	4. Buck Edwards	53-5	1970		4. Jeff Skinner	14:44.24	1982
	5. James McClellan	53-1	1982		5. Richard Russo	14:48.44	1972
Discus	1. Harrison Salami	182-9	1977	10000 Meters	1. Robert Willis	30:51.20	1983
	2. Steve McQuiston	167-1	1985		2. Geoffrey Lagat	30:52.70	2001
	3. Brian Oldfield	166-5	1966		3. Jeff Skinner	31:01.44	1984
	4. Buck Edwards	162-9	1970		4. Jeff Lingwall	31:50.94	1993
	5. James Thomas	160-7	2005		5. Jonathan Guillou	32:39.29	2005
Weight Throw	1. James Thomas	54-0	2005	110M Hurdles	t1. Linnie Yarbrough	13.69	2004
	2. Nick Diel	51-0	2005		t1. Miguel Williams	13.69	1983
	3. Brandon Parker	45-9.25	2002		3. Ron Bramlett	13.72	1999
	4. Willie Parker	43-5.25	2004		4. Jasper Demps	13.75	2001
	5. Jesse Newsome	37-3.25	2003		5. Micah Otis	13.90	1993
Hammer	1. James Thomas	163-1.75	2004	400M Hurdles	1. Victor Okorie	49.14	2003
	2. Nick Diel	150-11	2005		2. Russell Holloway	50.14	1977
	3. Willie Parker	146-4	2004		3. DJ Spann	50.55	2003
	4. Lindsay Sims	89-6.75	2005		4. David Wyatt	50.84	1970
	5. Brandon Parker	79-5	2002		5. Kenny Nesbitt	50.97	1984
Javelin	1. Jeff Sims	220-11	1984	4x100M Relay	1. Spann, Scales, Orr, Holiday	38.94	2003
	2. Harrison Salami	217-0	1976		2. Darden, Scales, Dupar-Scott, Holiday	39.02	2004
	3. Lindsay Sims	200-8	2005		3. Spann, Scales, Braimah, Herring	39.30	2001
	4. Keith Cromartie	198-0	1974		4. Lloyd, McGhee, Gupton, Otis	39.55	1993
	5. Bill Elmer	197-8	1976		t5. Darden, Scales, Dupar-Scott, Sturm	39.57	2004
				t5. Spann, Scales, Dupar-Scott, Herring	39.57	2002	
100 Meters	1. Mardy Scales	10.07	2004	4x400M Relay	1. Darden, Scales, Dupar-Scott, Waller	3:05.65	2004
	t2. Roland McGhee	10.24	1994		2. Darden, Scales, Hicks, Waller	3:06.40	2004
	t2. Ron Lloyd	10.24	1994		3. Dupar-Scott, Spann, Williams, Herring	3:06.48	2002
	4. Xavier Darden	10.31	2004		4. Darden, Dupar-Scott, Hicks, Waller	3:06.72	2004
	5. VanTonio Fraley	10.34	2005		5. All, Williams, Jordan, Herring	3:07.03	2002
200 Meters	1. Roland McGhee	20.44	1994				
	2. Mardy Scales	20.52	2004				
	3. Dwight Johnson	20.65	1985				
	t4. Tanko Braimah	20.77	2001				
	t4. Godfrey Herring	20.77	2002				

# Track & Field History

The track and field program at Middle Tennessee has been in existence for 50 years and has utilized this time to become the school's most dominant athletic program.

Blue Raider and Lady Raider track has racked up 17 NCAA Top 25 finishes, 39 conference titles and 11 Olympians. During this span, 37 individuals have brought 77 All-American awards back to the Murfreesboro campus.

There have been only two coaches in the history of the program. Joe Black Hayes got the program started in 1954, heading the program for a decade before a new coach was named in 1965.

A young head coach named Dean Hayes, no relation to the previous track and field coach, took over the program during that year. During the 1965 campaign, Middle Tennessee began to garner national attention with Brian Oldfield's second-place finish in the NCAA shot put. Oldfield

would go on to set a world record with a throw of 75-0 and compete for the United States in the 1972 Olympics in Munich, Germany.

The Blue Raiders' march toward track and field supremacy continued during the 1970s. Barry McClure became the first Middle Tennessee athlete ever to earn All-American honors at the Division I level in 1970. McClure went on to further greatness in the triple jump by becoming the NCAA champion in the event in 1972 and 1973. He set the NCAA record for the triple jump during this span, also.

Tommy Haynes followed up McClure's success by breaking all of his triple jump records. He earned All-American honors in both the long jump and triple jump in 1974. He went on to set the NCAA and American records in the triple jump before competing for the United States in the 1976 Olympics in Montreal.

The first indoor meet in the Ohio Valley Conference was held in the Murphy Center in 1976, and the event was a watershed

moment for the NCAA. The current qualifying system for the NCAA championships was derived from this event.

The Blue Raiders won their first OVC Outdoor title in 1977 and returned with another outdoor championship in 1978. The squad took home its first OVC Indoor championship in 1979. From there the championships came at a fast and furious pace. The Blue Raiders and Lady Raiders would go on to capture a combined 29 titles in OVC competition.

Greg Artis would become one of the most decorated track and field athletes ever to participate at Middle Tennessee during the early 1980s. Artis became a seven-time All-American in the long jump and triple jump and was named the Ohio Valley Conference Athlete of the Year in 1981.

During this boom period for the track and field program, a very quiet championship was won that has not yet been repeated at Middle Tennessee. The 1983 men's cross country team won its only conference championship that season. Success in the cross country realm would not again be repeated until Geoffrey Lagat won the first-ever individual title in the sport at the 2000 Sun Belt Conference meet. Lagat repeated as Sun Belt champion in 2001, as well.

The 1988 Olympics in Seoul, South Korea, perhaps shed the best light on the Middle Tennessee program, as Dean Hayes was afforded the privilege of serving the United States Olympic Team as an assistant coach.

The Lady Raiders would burst upon the scene, winning the 1988 women's indoor OVC title following Dean Hayes' ascension to the helm of the

program that year. However, that women's championship would be the only one for the program until 1991. The men's program was discontinued following the 1986 season and was not revived until 1990.

Dionne Rose would become the first female at Middle Tennessee to earn All-American honors with her performances in the long jump and the 55m hurdles in 1994. In fact, she won the NCAA Indoor title in the 55m hurdles. Rose would go on to compete for her native Jamaica in both the 1996 Olympics in Atlanta and the 2000 Games in Sydney, Australia. Rose is one of four female All-Americans in the history of the program.

The 1996 campaign would see yet another outstanding individual performance for the Lady Raiders, as Nadia Graham took home OVC Female Athlete of the Year honors.

The 1990s proved to be a solid decade for Middle Tennessee track and field. The Blue Raiders and Lady Raiders combined to win 11 OVC titles during this span and saw the men's 4x200m relay team ranked No. 1 in the NCAA in 1994. That year, the 4x200 team captured the title at the prestigious Penn Relays.

The 2000 season would be the last in the OVC for Middle Tennessee and both squads went out in style. Both teams placed well in both the indoor and outdoor meets, with the men taking the indoor title for the first time in seven years. However, the events that followed put the track and field program on the fast track in the school's new league.

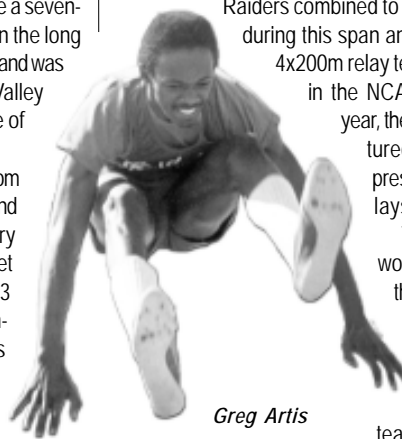
Middle Tennessee announced that it would move into the Sun Belt Conference for the 2000-01 season during the fall of 1999, but the track team got a call that it did not expect as the 2000 track and field season wound down.

Both the men's and women's teams were invited to participate in the 2000 Sun Belt Outdoor Championships in Miami, Fla., and the women's team responded by winning the championship, giving the school its first-ever SBC title.

Both squads would continue a reign of supremacy in the Sun Belt by taking both the men's and women's indoor titles and the men's outdoor championship in 2001. At the end of the 2004 track and field season, Middle Tennessee had captured 10 of the 18 championships for which it was eligible. Both squads continued to win titles last season, with the men's and women's squads taking the SBC Indoor Championships for the fourth straight year.



Dionne Rose was featured in this photo in *Sports Illustrated* during the Atlanta Gran Prix just prior to her appearance in the 1996 Olympics.



Greg Artis



The 1994 4x200m relay team won at the Penn Relays.

# Track & Field Facilities



*Middle Tennessee's Outdoor Track and Field Complex played host to the 2000 Ohio Valley Conference Championships.*

Middle Tennessee's track and field teams benefit from some of the finest facilities in the Southeast.

The Blue Raiders and Lady Raiders utilize an outdoor complex that is in only its sixth year of use. The Olympic-size track is certified by a United States Track and Field Association official and was the host site of the 2000 Ohio Valley Conference Outdoor Championships. The facility has also been mentioned as a potential site for the Sun Belt Championships in the future.

The running surface features eight lanes measuring 42 inches each, which allows ample



*Head Coach Dean Hayes monitors the photo finish area in the Murphy Center Indoor Track.*

space for each competitor without feeling closed in by other runners.

Like the running surface, the infield portion of the complex is user-friendly. It features the unique aspect of having two long jump runways, allowing both the men's and women's team to either compete or practice at the same time.

A pole vault

runway, javelin runway, high jump area, and a hammer/discus cage is also located in the infield area.

Middle Tennessee's track and field teams consider themselves doubly lucky when considering the Murphy Center Indoor Track and Field facility.

Located on the upper level of the Murphy Athletic Center, the Indoor Track is one of only two such facilities in the Sun Belt Conference.

Murphy Center played host to the 2002 and 2004 Sun Belt Indoor Track and Field Championships. The Indoor Track is no stranger to championship competition, as it played host to numerous Indoor Championships in the Ohio Valley Conference.

The Indoor Track facility measures a staggering 50,000 square feet and is capable of hosting every track and field event. The six-lane, sixth-of-a-mile long oval features two photographic finish lines.

The Murphy Center, built in 1972, also serves as the home of Middle Tennessee's men's and women's basketball teams. The Monte Hale Arena seats 11,520 fans. It is also the location of the athletic department offices, the HHP department, and the Blue Raider Athletic Association office.

Murphy Center features two auxiliary gyms for team practices or physical education classes, racquetball courts, and two dance studios. It is also home to an Athletic Training Room that features state-of-the-art modalities for the treatment and care of athletic injuries.

Murphy Center has a long and storied history in high school athletics, as well. The facility has long been host to the Tennessee Secondary School Athletic Association boys and girls state basketball championships, the state volleyball championships, and the state cheerleading finals.

Aside from athletics, the facility has staged countless concerts for some of the world's most renowned artists, including Elvis Presley, Elton John, U2, The Judds, and three consecutive sold-out shows by country music superstar Garth Brooks.

Throughout the year, Murphy Center is also the site for several large conventions and trade shows and is the site for Middle Tennessee's commencement ceremonies three times a year.



*The Murphy Center boasts one of only two indoor track facilities in the Sun Belt Conference.*

# All-Americans



Andreja Ribac  
Triple Jump  
Outdoor 2000

Godfrey Herring  
400m  
Indoor 2000-02  
Outdoor 2001-02



Jimmy Washington  
Triple Jump  
Outdoor 1976



Sheikh Faye  
Long Jump  
Outdoor 1976-78  
Indoor 1976



Rayfield Dupree  
Triple Jump  
Indoor 1977



John DoDoo  
Triple Jump  
Outdoor 1978-79



Greg Artis  
Long Jump  
Outdoor 1979-81  
Indoor 1979-81  
Triple Jump  
Indoor 1981



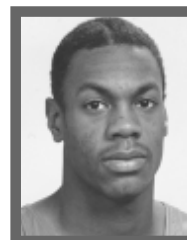
Andre Kirnes  
Long Jump  
Outdoor 1980, '83



Eddie Loyd  
Triple Jump  
Outdoor 1982



Orestes Meeks  
Long Jump  
Indoor 1982



Dwight Johnson  
Long Jump  
Indoor 1984-85



Roland McGhee  
Long Jump  
Indoor 1991-94  
Outdoor 1991-92, '94  
55m  
Indoor 1993-94



Jacqui Brown  
Triple Jump  
Indoor 1994  
Outdoor 1994  
Long Jump  
Indoor 1994  
Outdoor 1994



Dionne Rose  
55m Hurdles  
Indoor 1994  
Outdoor 1994  
Long Jump  
Indoor 1994  
Outdoor 1994

'94 NCAA LJ Champ



Micah Otis  
Long Jump  
Indoor 1994



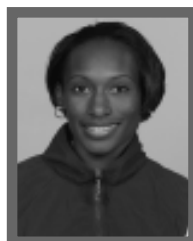
Christian Nsiah  
200m  
Indoor 1996  
60m  
Indoor 1999



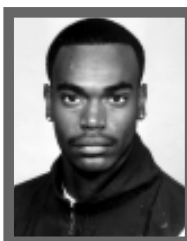
Ron Bramlett  
110m Hurdles  
Outdoor 1999

## MIDDLE TENNESSEE'S OLYMPIANS

*Sheikh Faye, Gambia, 1972, 1976*  
*Brian Oldfield, United States, 1972*  
*Tommy Haynes, United States, 1976*  
*Rayfield Dupree, United States, 1976*  
*Dean Hayes, US Assistant Coach, 1988*  
*Albert Agyemang, Ghana, 1996, '00*  
*Christian Nsiah, Ghana, 1996, '00, '04*  
*Dionne Rose, Jamaica, 1996, '00*  
*Tanko Braimah, Ghana, 2000, '04*  
*Andrew Owusu, Ghana, 2000, '04*  
*Rosemary Okafor, Nigeria, 2000*



Kim Freeman  
Triple Jump  
Indoor 2001



Jasper Demps  
60m Hurdles  
Indoor 2001



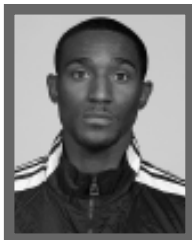
Mardy Scales  
60m  
Indoor 2002-04  
100m  
Outdoor 2003-04  
4x100 Relay  
Outdoor 2003-04

'03 NCAA 100 Champ

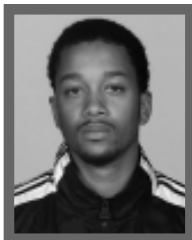


Victor Okorie  
400m Hurdles  
Outdoor 2003

# All-Americans



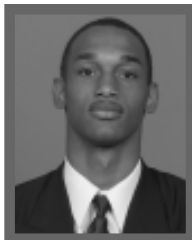
Xavier Darden  
4x100 Relay  
Outdoor 2004



Wesley Dupar-Scott  
4x100 Relay  
Outdoor 2004



JJ Sturm  
4x100 Relay  
Outdoor 2004



Pedro Holiday  
4x100 Relay  
Outdoor 2003-04



1981 Mile Relay Team  
Barry Gambrell, Mike Davidson, Gary Mitchell,  
Tim Johnson



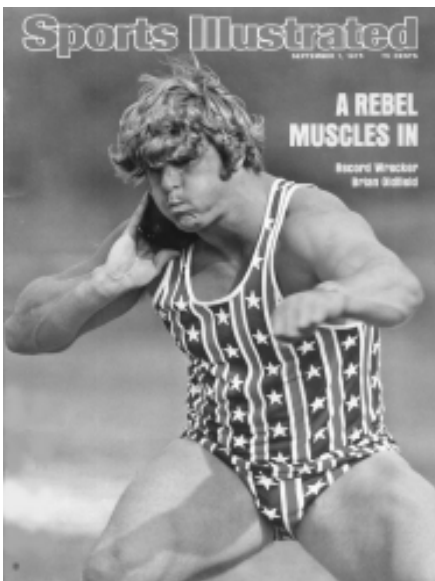
1982 Distance Medley Team  
Herb Newton, Joe O'Loughlin, Tim Johnson,  
John Davis (inset)



Garland Martin  
60m Hurdles  
Indoor 2004



2003 4x100m Relay Team  
Pedro Holiday, Brad Orr, Mardy Scales,  
DJ Spann



Brian Oldfield  
Shot Put  
Outdoor 1965  
World Record (ITA) 75-0  
Olympic Team 1972



Barry McClure  
Triple Jump  
Outdoor 1970-73  
Indoor 1971-73  
Collegiate Record  
NCAA Champion 1972-73 - Triple Jump



Tommy Haynes  
Long Jump  
Outdoor 1974  
Triple Jump  
Outdoor 1974  
Indoor 1974  
Collegiate Record  
American Record  
Olympic Team 1976  
NCAA Champion 1974 - Triple Jump



1982 Mile Relay Team  
Herb Newton, Gary Mitchell, Tim Johnson,  
Floyd James

# Indoor Records - Women

## Conference Championships

1988, 1991, 1994, 1995, 1996, 2001, 2002, 2003, 2004

## Dean Hayes - Coach of the Year

1991, 1994, 1995, 1996, 2001, 2002, 2004

## OVC Athlete of the Year

Dionne Rose, 1994

Mia Florence, 1995

Nadia Graham, 1996

## SBC Most Outstanding Field Performer

Kim Freeman, 2001

Kim Freeman/Letitia Eady, 2002

## SBC Most Outstanding Track Performer

Rosemary Okafor, 2003

## Individual Champions

### 55 Meters

1996	N. Graham/N. Ralls, MT	7.06
1997	Nekeya Ralls, MT	7.01
1999	Stacy Acklin, MT	7.06
2000	Willisa Heintz, MT	7.02
2001	Willisa Heintz, MT	6.99
2003	Rosemary Okafor, MT	6.94
2004	Rosemary Okafor, MT	6.93

### 55 Meter Hurdles

1992	Koko Rowley, MT	8.03
1994	Dionne Rose, MT	7.59
1996	Nekeya Ralls, MT	7.84
1997	Nekeya Ralls, MT	7.82
1998	Nekeya Ralls, MT	8.09
2001	Jerkita McClorin, MT	7.88
2004	Candice Robertson, MT	8.22
2005	Candice Robertson, MT	7.96

### 200 Meters

1995	Nadia Graham, MT	24.79
1996	Nadia Graham, MT	23.94
2000	Willisa Heintz, MT	24.14
2001	Willisa Heintz, MT	24.03
2003	Rosemary Okafor, MT	23.85

### 400 Meters

1995	Nadia Graham, MT	56.17
1996	Melanie Hall, MT	56.60
2002	Kishara George, MT	55.87
2004	Kishara George, MT	54.26
2005	Kishara George, MT	54.58

## OVC RECORDS (Through 2004-05)

Event	Record	Individual	Year
Long Jump	20-5	Michelle Welch, Middle Tennessee	1990
Triple Jump	42-2	Jacqui Brown, Middle Tennessee	1994
55M Hurdles	7.59	Dionne Rose, Middle Tennessee	1994
200 Meters	23.54	Nadia Graham, Middle Tennessee	1996

### Retired Events

Two Mile Relay	9:24.28	Middle Tennessee (DeOliveira, Barnes, Weathers, Smith)	1992
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## SBC RECORDS (Through 2004-05)

Event	Record	Individual	Year
Triple Jump	42-4.25	Kim Freeman, Middle Tennessee	2001
55 Meters	7.88	Jerkita McClorin, Middle Tennessee	2001

### 1000 Yards

1986	Debbie Morrison, MT	2:45.24
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### Mile Run

1991	Dianne DeOliveira, MT	5:01.73
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### 4x400m Relay

1996	Middle Tennessee	3:48.06
2002	Middle Tennessee	3:44.69
2003	Middle Tennessee	3:43.94
2004	Middle Tennessee	3:43.55
2005	Middle Tennessee	3:45.43

### Two Mile Relay

1990	Middle Tennessee	9:28.89
1991	Middle Tennessee	9:28.19
1992	Middle Tennessee	9:24.28

### Shot Put

1995	Shelly Johnson, MT	46-1
1996	Shelly Johnson, MT	46-10
1997	Shelly Johnson, MT	46-0
1998	Shelly Johnson, MT	45-2.25

### Long Jump

1986	Sherrie Bingham, MT	18-8
1988	Sherrie Bingham, MT	20-0.5
1989	Ursula Langford, MT	19-5.5
1990	Michelle Welch, MT	20-5
1991	Jacqui Brown, MT	19-10
1992	Jacqui Brown, MT	19-5.25
1993	Jacqui Brown, MT	20-2.5
1994	Dionne Rose, MT	20-4.5
1995	Mia Florence, MT	18-10
1996	Bianca Conley, MT	19-4.25
1997	Nekeya Ralls, MT	19-8.25
2001	Jerkita McClorin, MT	19-11.5
2002	Letitia Eady, MT	19-11.75
2003	Kim Freeman, MT	18-10

### Triple Jump

1985	Sherrie Bingham, MT	36-6
1989	Kyieta Beason, MT	38-9
1992	Jacqui Brown, MT	40-2
1993	Jacqui Brown, MT	39-11
1994	Jacqui Brown, MT	42-2
1995	Mia Florence, MT	38-6.75
1996	Mia Florence, MT	39-3
1999	Andreja Ribac, MT	40-4.75
2000	Andreja Ribac, MT	41-10.75
2001	Kim Freeman, MT	42-4.25
2002	Kim Freeman, MT	41-10.75
2003	Kim Freeman, MT	39-5

### High Jump

1986	Ursula Langford, MT	5-6
1988	Ursula Langford, MT	5-5
1991	Veronica Tipton, MT	5-6
1992	Veronica Tipton, MT	5-8
1993	Veronica Tipton, MT	5-8
1994	Mia Florence, MT	5-6
1995	Mia Florence, MT	5-8
2002	Amanda Forrester, MT	5-6

### SBC Track Performers of the Week

Willisa Heintz	January 16, 2002
Kelley Smith	January 22, 2002
4x400m Relay	February 5, 2002
Rosemary Okafor	January 22, 2003
Rosemary Okafor	February 20, 2003
Kishara George	December 10, 2003
Rosemary Okafor	January 27, 2004
Rosemary Okafor	February 3, 2004
Kishara George	February 10, 2004

### SBC Field Performers of the Week

Stephany Reid	January 29, 2002
Kim Freeman	February 13, 2002

# Outdoor Records - Women

## Conference Championships

1991, 1994, 1996, 2000, 2005

## Dean Hayes - Coach of the Year

1996, 2000, 2005

## OVC Athlete of the Year

Nadia Graham, 1996

## SBC Most Outstanding Performer

Willisa Heintz, 2001

Stephany Reid, 2002

## Individual Champions

### 100 Meters

1995	Nadia Graham, MT	11.67
1996	Nadia Graham, MT	12.12
1999	Stacy Acklin, MT	11.83
2001	Willisa Heintz, MT	11.47
2003	Rosemary Okafor, MT	11.64
2004	Rosemary Okafor, MT	11.43

### 100 Meter High Hurdles

1992	Latonia Jackson, MT	14.51
1993	Nadrian McGill, MT	14.58
1994	Nadrian McGill, MT	14.57
1996	Nekeya Ralls, MT	14.74
2005	Candice Robertson, MT	14.17

### 200 Meters

1981	Donna Sims, MT	24.56
1996	Nadia Graham, MT	24.17
2000	Willisa Heintz, MT	24.22
2001	Willisa Heintz, MT	23.35
2003	Rosemary Okafor, MT	23.64
2004	Rosemary Okafor, MT	23.49

### 400 Meters

1982	Jackie Wilbert, MT	56.71
1996	Melanie Hall, MT	56.62
2005	Kishara George, MT	53.29

### 400 Meter Intermediate Hurdles

1994	Nadrian McGill, MT	1:02.31
1996	Sarah Dunmore, MT	1:02.07
1999	Tori Blander, MT	1:01.97
2000	Tori Blander, MT	1:00.34
2000	Tori Blander, MT (SBC)	59.78
2003	Kishara George, MT	59.67
2005	Kishara George, MT	58.72

### 800 Meters

1991	Leigh Weathers, MT	2:13.15
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## OVC RECORDS (Through 2004-05)

Event	Record	Individual	Year
Long Jump	20-6.5	Sherrie Bingham, Middle Tennessee	1988
Triple Jump	43-7.25	Andreja Ribac, Middle Tennessee	2000

## SBC RECORDS (Through 2004-05)

Event	Record	Individual	Year
400 Meters	52.61	Rosemary Okafor, Middle Tennessee	2003
Triple Jump	43-6.5	Andreja Ribac, Middle Tennessee	2000

### 10000 Meters

1982	Lisa Mitchell, MT	39:46.8
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### 400 Meter/440 Yard Relay

1981y	Middle Tennessee	47.14
1994m	Middle Tennessee	45.70
1995m	Middle Tennessee	46.72
1996m	Middle Tennessee	46.84
2001m	Middle Tennessee	44.99

### 1600 Meter/4x440 Yard Relay

1981y	Middle Tennessee	3:58.36
1996m	Middle Tennessee	3:50.97
2003m	Middle Tennessee	3:41.55
2004m	Middle Tennessee	3:42.32
2005m	Middle Tennessee	3:40.84

### Discus

1993	Tina Rumsey, MT	139-6.5
1995	Shelly Johnson, MT	147-5
1996	Shelly Johnson, MT	151-2
1997	Shelly Johnson, MT	147-0
1998	Shelly Johnson, MT	144-4

### High Jump

1986	Ursula Langford, MT	5-6
1988	Ursula Langford, MT	5-6
1989	Krista Hare, MT	5-6
1991	Veronica Tipton, MT	5-6
1992	Veronica Tipton, MT	5-5
1993	Veronica Tipton, MT	5-6
1994	Mia Florence, MT	5-8
1995	Mia Florence, MT	5-6
1996	Mia Florence, MT	5-4

### Long Jump

1985	Sherrie Bingham, MT	19-0
1986	Sherrie Bingham, MT	19-3.25
1988	Sherrie Bingham, MT	20-6.5
1991	Jacqui Brown, MT	19-10.75
1992	Jacqui Brown, MT	19-11.5
1993	Jacqui Brown, MT	20-0.5
1994	Jacqui Brown, MT	20-3
1996	Nekeya Ralls, MT	20-0
2000	Kim Freeman, MT (SBC)	19-4.75

### Triple Jump

1991	Jacqui Brown, MT	40-3
1992	Jacqui Brown, MT	40-4.25
1993	Jacqui Brown, MT	40-5
1994	Jacqui Brown, MT	42-5.5
1999	Andreja Ribac, MT	42-5.25
2000	Andreja Ribac, MT	43-7.25
2000	Andreja Ribac, MT (SBC)	42-4
2002	Stephany Reid, MT	41-10.75

### Javelin

2000	Kelley Smith, MT	125-11
2005	Laetitia Florimond, MT	140-9

### Shot Put

1995	Shelly Johnson, MT	46-4.5
1996	Shelly Johnson, MT	46-0
1997	Shelly Johnson, MT	44-1.5

### Heptathlon

2003	Jerkita McClorin	4774 pts
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### SBC Track Performers of the Week

Rosemary Okafor	March 26, 2002
Rosemary Okafor	April 2, 2003
Rosemary Okafor	March 23, 2004
Kishara George	April 6, 2004
Rosemary Okafor	April 13, 2004
Rosemary Okafor	April 20, 2004
Kerry Barrow	March 29, 2005
Candice Robertson	April 12, 2005

### SBC Field Performers of the Week

Letitia Eady	March 19, 2002
Kim Freeman	April 23, 2003

# Indoor Records - Men

## Conference Championships

1979, 1981, 1982, 1983, 1985, 1986, 1991, 1993, 2000, 2001, 2002, 2003, 2004

## Dean Hayes

### Coch of the Year

1979, 1981, 1982, 1983, 1985, 1986, 2000, 2001, 2002, 2003

## OVC Athlete of the Year

Greg Artis, 1980-81  
Kenny Nesbitt, 1985  
Roland McGhee, 1994  
Rob Jordan, 2000

## SBC Most Outstanding Track Performer

Mardy Scales, 2003  
Mardy Scales, 2004

## Individual Champions

### 55 Meters/60 Yard Dash

1982y	Kenny Shannon, MT	6.33
1984y	Kenny Shannon, MT	6.41
1985y	Mike Pittman, MT	6.42
1986y	Dwight Johnson, MT	6.41
1991m	Walter Dunson, MT	6.35
1992m	Roland McGhee, MT	6.34
1993m	Roland McGhee, MT	6.27
1994m	Roland McGhee, MT	6.25
1995m	Keith Watkins, MT	6.29
1996m	Christian Nsiah, MT	6.39
1998m	Christian Nsiah, MT	6.27
1999m	Christian Nsiah, MT	6.24
2000m	Albert Agyemang, MT	6.31
2002m	Mardy Scales, MT	6.32
2003m	Mardy Scales, MT	6.31
2004m	Mardy Scales, MT	6.34

### 55 Meters/60 Yard High Hurdles

1979y	Ed Thomas, MT	7.59
1983y	Miguel Williams, MT	7.29
1984y	Ron Davis, MT	7.44
1985y	Kenny Nesbitt, MT	7.30
1991m	Vince Parks, MT	7.44
1992m	Vince Parks, MT	7.60
1993m	Micah Otis, MT	7.30
1994m	Micah Otis, MT	7.34
1995m	Micah Otis, MT	7.47
1996m	Carlos Clardy, MT	7.51
1998m	Haneef Sharif, MT	7.39
1999m	Ron Bramlett, MT	7.28

## OVC RECORDS (Through 2004-05)

Event	Record	Individual	Year
Long Jump	26-6.5	Greg Artis, Middle Tennessee	1981
Triple Jump	53-0.5	Greg Artis, Middle Tennessee	1981
55 Meters	6.24	Christian Nsiah, Middle Tennessee	1999
55M Hurdles	7.23	Micah Otis, Middle Tennessee	1993
200 Meters	21.00	Roland McGhee, Middle Tennessee	1993
Mile Relay	3:11.86	Middle Tennessee (Ellis, Newton, Johnson, Mitchell)	1983

### Retired Events

500 Meters	1:03.21	Perald Ellis, Middle Tennessee	1986
60 Yard Hurdles	7.29	Miguel Williams, Middle Tennessee	1983
300 Yard Dash	30.46	Dwight Johnson, Middle Tennessee	1984

## SBC RECORDS (Through 2004-05)

Event	Record	Individual	Year
60 Meters	6.60	Mardy Scales, Middle Tennessee	2003
55M Hurdles	7.23	Jasper Demps, Middle Tennessee	2001
60M Hurdles	7.75	Jasper Demps, Middle Tennessee	2001
200 Meters	21.12	Tanko Braimah, Middle Tennessee	2001
400 Meters	46.41	Godfrey Herring, Middle Tennessee	2002
4x400M Relay	3:08.32	Middle Tennessee (Okorie, Darden, Hicks, Waller)	2004

2000m	Jasper Demps, MT	7.35
2001m	Jasper Demps, MT	7.31

### 200 Meters/300 Yard Run

1984y	Dwight Johnson, MT	30.46
1985y	Dwight Johnson, MT	30.82
1986y	Dwight Johnson, MT	30.88
1992m	Roland McGhee, MT	21.15
1993m	Roland McGhee, MT	21.00
1994m	Roland McGhee, MT	21.04
1995m	Micah Otis, MT	21.59
1996m	Christian Nsiah, MT	21.38
1999m	Christian Nsiah, MT	21.79
2000m	Albert Agyemang, MT	21.36
2001m	Tanko Braimah, MT	21.12
2003m	Mardy Scales, MT	21.16
2004m	Mardy Scales, MT	21.00

### 400 Meters/440 Yard Run

1978y	J.T. Musgrove, MT	48.05
1979y	Ed Stegall, MT	47.4HT
1980m	Ed Stegall, MT	48.08
1983y	Tim Johnson, MT	47.5HT
1984y	Tim Johnson, MT	48.64
1999m	Godfrey Herring, MT	48.28
2000m	Godfrey Herring, MT	46.66
2001m	Godfrey Herring, MT	46.98
2002m	Fred Williams, MT	47.95
2003m	Sean Waller, MT	47.95
2004m	Sean Waller, MT	47.25

### 3000 Meters/Two Mile Run

1985y	Danny Green, MT	9:12.25
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### 5000 Meters/Three Mile Run

1993m	Jeff Lingwall, MT	15:19.79
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### Distance Medley Relay

1982m	Middle Tennessee	9:48.6HT
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### Mile/1600 Meter Relay

1978y	Middle Tennessee	3:14.3HT
1979y	Middle Tennessee	3:15.0HT
1980m	Middle Tennessee	3:15.9HT
1981m	Middle Tennessee	3:12.1HT
1983m	Middle Tennessee	3:11.86
1984m	Middle Tennessee	3:14.97
1985m	Middle Tennessee	3:15.15
1986m	Middle Tennessee	3:13.98
1996m	Middle Tennessee	3:15.77
2000m	Middle Tennessee	3:13.74
2003m	Middle Tennessee	3:16.42
2004m	Middle Tennessee	3:10.15

### Shot Put

1976	Ted Hausauer, MT	56-1
1984	Steve McQuiston, MT	52-11.5
1985	Steve McQuiston, MT	52-5
1986	Steve McQuiston, MT	51-10.5
1994	Melvin Stevenson, MT	50-0.5

# Indoor Records - Men

## Pole Vault

1976	Jack Warner, MT	15-6
1980	David Cleveland, MT	15-0

## Long Jump

1979	Greg Artis, MT	25-3.25
1980	Greg Artis, MT	26-0.5
1981	Greg Artis, MT	26-6.5
1982	Andre' Kirnes, MT	25-0
1983	Andre' Kirnes, MT	25-6.75
1986	Malcolm Branham, MT	25-2.5
1991	Roland McGhee, MT	25-4.25
1992	Roland McGhee, MT	26-2.5
1993	Roland McGhee, MT	26-3.75
1994	Roland McGhee, MT	26-2.75
1997	Boniface Amuzu, MT	24-1.5
1998	Boniface Amuzu, MT	24-10.5
1999	Rob Jordan, MT	24-1.5
2000	Rob Jordan, MT	25-1.25

## Triple Jump

1976	Jimmy Washington, MT	51-3.25
1977	Rayfield Dupree, MT	51-9.75
1978	John DoDoo, MT	52-0.75
1979	John DoDoo, MT	52-3.75
1981	Greg Artis, MT	53-0.5
1982	Eddie Loyd, MT	52-9.25
1983	Eddie Loyd, MT	52-10.5
1986	William Beasley, MT	50-2
1991	Roland McGhee, MT	49-10
1992	Roland McGhee, MT	49-7.25
1993	Roland McGhee, MT	51-0.75
1994	Roland McGhee, MT	51-6
1997	Jahez Salahuddin, MT	49-11.75

## High Jump

1984	Linwood Harris, MT	6-11
1986	Sean Smith, MT	6-9
1991	Vince Parks, MT	6-4
1994	Marlin Cobwell, MT	6-4
1995	Torrence Riley, MT	6-8
1997	Jahez Salahuddin, MT	6-8
2001	Chris Koger, MT	6-9.75
2002	Chris Koger, MT	7-0

## RETIRED EVENTS

### 500 Meters

1984	Gary Mitchell, MT	1:04.51
1985	Perald Ellis, MT	1:04.02
1986	Perald Ellis, MT	1:03.21

### 600 Yards

1979	J.T. Musgrove, MT	1:10.3HT
1983	Herb Newton, MT	1:10.12

## CROSS COUNTRY RECORDS

### Middle Tennessee Men's

#### Top 10 Conference Championship Finishes

##### 1966 - 4 miles

5.	Michael Haddock, MT	21:45
6.	Charles Dahlgren, MT	21:48

##### 1967 - 4 miles

6.	Charles Dahlgren, MT	20:37
10.	Gary Robinson, MT	21:29

##### 1968 - 4 miles

9.	Charles Dahlgren, MT	19:46
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##### 1971 - 6 miles

6.	Rick Russo, MT	32:22
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##### 1978 - 10K

6.	Gary Perry, MT	31:00
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##### 1979 - 10K

5.	Joe O'Loughlin, MT	31:33
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##### 1980 - 10K

8.	Joe O'Laughlin, MT	35:48
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##### 1982 - 10K

5.	Jeff Skinner, MT	32:16
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##### 1983 - 10K

#### Conference Champion

2.	Jeff Skinner, MT	32:44
3.	Danny Green, MT	32:51
4.	Robert Willis, MT	33:19

##### 1984 - 5 miles

2.	Robert Willis, MT	25:40
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##### 1992 - 5 Miles

7.	Jeff Lingwall, MT	26:46
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##### 1996 - 8K

8.	Curt Arthur, MT	26:22.8
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##### 1997 - 8K

4.	Dave Milne, MT	26:10
7.	Eric Kiauka, MT	26:27

### 1000 Yard/1000 Meter Run

1985	Billy Porter, MT	2:15.25
1986	Jerry Malone, MT	2:16.15

### SBC Track Performers of the Week

Mardy Scales	January 15, 2002
Mardy Scales	January 22, 2003
Linnie Yarbrough	February 6, 2003
Sean Waller	February 13, 2003
Jasper Demps	February 20, 2003
Mardy Scales	January 20, 2004

### 2000 - 8K

1.	Geoffrey Lagat, MT	25:07
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### 2001 - 8K

1.	Geoffrey Lagat, MT	25:14.63
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### 2002 - 8K

2.	Geoffrey Lagat, MT	26:22.63
10.	Levi Sybert, MT	27:13.34

### 2004 - 8K

4.	Geoffrey Lagat, MT	26:11.2
5.	Derek Dell, MT	26:16.8

### 2005 - 8K

5.	Jonathan Guillou, MT	25:32.37
7.	Derek Dell, MT	25:42.23

### Middle Tennessee Women's

#### Top 10 Conference Championship Finishes

##### 1981 - 5K

9.	Lisa Mitchell, MT	19:29
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##### 1982 - 5K

4.	Sharon Johnson, MT	19:12
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##### 1988 - 5K

9.	Sharon Smith, MT	19:45
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##### 1989 - 5K

4.	Kiya Thomas, MT	18:40
9.	Karen Barnes, MT	19:40

##### 1990 - 5K

4.	Karen Barnes, MT	18:48
10.	Dianne DeOliveira, MT	19:17

##### 1991 - 5K

2.	Kiya Thomas, MT	18:19
4.	Karen Barnes, MT	18:32

##### 1992 - 3.1 Miles

9.	Dianne DeOliveira, MT	20:14
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##### 2005 - 5K

5.	Ashley Comstock	17:59.56
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Pedro Holiday . . . . . January 27, 2004

Mardy Scales . . . . . February 10, 2004

Linnie Yarbrough . . . . . February 9, 2005

Linnie Yarbrough . . . . . February 15, 2005

### SBC Field Performers of the Week

Alex Pruitt . . . . . February 1, 2005

# Outdoor Records - Men

## Conference Championships

1977, 1978, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1993, 1994, 2001

## Dean Hayes - Coach of the Year

1977, 1978, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1993, 1994, 2001

## OVC Athlete of the Year

Tommy Haynes, 1974  
John DoDoo, 1977  
Ed Thomas, 1980  
Greg Artis, 1981  
Dwight Johnson, 1984-86  
Roland McGhee, 1993-94  
Micah Otis, 1995  
Jahez Salahuddin, 1998  
Rob Jordan, 1999

## SBC Most Outstanding Performer

Godfrey Herring, 2001-02  
Mardy Scales, 2004

## Individual Champions

### 100 Meter/100 Yard Dash

1958y	Ray Purvis, MT	9.90
1960y	Ray Purvis, MT	9.90
1970y	Charles Wilson, MT	9.60
1980	Andre' Kirnes, MT	10.62
1981	Andre' Kirnes, MT	10.32
1983	Orestes Meeks, MT	11.22
1984	Kenny Shannon, MT	10.42
1985	Dwight Johnson, MT	10.47
1986	Dwight Johnson, MT	10.73
1991	Roland McGhee, MT	10.94
1992	Roland McGhee, MT	10.80
1993	Roland McGhee, MT	10.58
1994	Roland McGhee, MT	10.00
1995	Keith Watkins, MT	10.48
1996	Dave Creary, MT	11.29
1999	Albert Agyemang, MT	10.37
2000	Albert Agyemang, MT	10.33
2003	Mardy Scales, MT	10.35
2004	Mardy Scales, MT	10.12

### 200 Meter/220 Yard Dash

1980	David Robinson, MT	21.10
1981	Barry Gambrell, MT	21.10
1982	Mike Farris, MT	21.30
1984	Dwight Johnson, MT	20.90
1985	Dwight Johnson, MT	20.56
1986	Dwight Johnson, MT	21.00
1991	Roland McGhee, MT	21.53
1992	Micah Otis, MT	21.38
1993	Micah Otis, MT	21.24

## OVC RECORDS (Through 2004-05)

Event	Record	Individual	Year
Long Jump	26-8.5	Tommy Haynes, Middle Tennessee	1974
Triple Jump	54-0.5	John DoDoo, Middle Tennessee	1979
100 Meters	10.24	Roland McGhee, Middle Tennessee	1994
		Ron Lloyd, Middle Tennessee	1994
110M Hurdles	13.89	Ron Bramlett, Middle Tennessee	1999
200 Meters	20.56	Dwight Johnson, Middle Tennessee	1985
400M Hurdles	50.14	Russell Holloway, Middle Tennessee	1977
4x100M Relay	40.01	Middle Tennessee (Shannon, Gambrell, Artis, Kirnes)	1981

### Retired Events

440Y Hurdles	50.0	Russell Holloway, Middle Tennessee	1977
Mile Relay	3:10.5	Middle Tennessee (Bandy, Wyatt, Scott, Singleton)	1969
		Middle Tennessee (Robinson, Cotton, Musgrove, Stegall)	1977

## SBC RECORDS (Through 2004-05)

Event	Record	Individual	Year
100 Meters	10.02	Mardy Scales, Middle Tennessee	2004
200 Meters	20.37	Mardy Scales, Middle Tennessee	2004
400 Meters	45.35	Godfrey Herring, Middle Tennessee	2001
4x100M Relay	38.94	Middle Tennessee (Spann, Scales, Orr, Holiday)	2003

1994	Roland McGhee, MT	20.40
1995	Micah Otis, MT	21.36
1997	Kenden Maynard, MT	21.04
1999	Albert Agyemang, MT	20.81
2000	Albert Agyemang, MT	20.90
2001	Mardy Scales, MT	20.65
2002	Godfrey Herring, MT	20.77
2003	Mardy Scales, MT	20.78
2004	Mardy Scales, MT	20.52

### 400 Meter/440 Yard Dash

1967y	Jerry Singleton, MT	47.20
1978	Ed Stegall, MT	46.50
1979	Ed Stegall, MT	47.33
1984	Tim Johnson, MT	47.71
1985	Perald Ellis, MT	47.14
1986	Perald Ellis, MT	47.00
1993	Carlos Gupton, MT	46.99
1997	Kenden Maynard, MT	46.12
2001	Godfrey Herring, MT	45.55
2002	Godfrey Herring, MT	45.68
2003	Sean Waller, MT	46.43

### 800 Meter/880 Yard Run

1969y	Jerry Singleton, MT	1:53.60
1979	Dana McCutcheon, MT	1:52.73
1980	Dana McCutcheon, MT	1:51.20

### 1500 Meters/Mile Run

1961y	Tom Cannon, MT	4:25.50
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### 5000 Meter/Three Mile Run

1985	Danny Green, MT	15:31.60
2001	Geoffrey Lagat, MT	14:41.22

### 10000 Meters

1984	Jeff Skinner, MT	31:15.85
1985	Robert Willis, MT	31:26.76
1992	Jeff Lingwall, MT	33:47.00
1993	Jeff Lingwall, MT	32:29.00
2001	Geoffrey Lagat, MT	30:52.70

### 110 Meter/120 Yard High Hurdles

1961y	Ray Cooper, MT	15.10
1963y	Ray Cooper, MT	15.50
1970y	Lonnell Poole, MT	14.30
1980	Ed Thomas, MT	14.34
1981	Miguel Williams, MT	14.18
1983	Kenny Nesbitt, MT	14.64
1984	Kenny Nesbitt, MT	14.00
1985	Kenny Nesbitt, MT	14.03
1993	Micah Otis, MT	14.24
1994	Micah Otis, MT	14.20
1995	Micah Otis, MT	14.32
1998	Haneef Sharif, MT	14.16
1999	Ron Bramlett, MT	13.94
2000	Haneef Sharif, MT	14.20
2000	Jasper Demps, MT (SBC)	14.06
2001	Jasper Demps, MT	13.97
2004	Linnie Yarbrough, MT	13.76
2005	Linnie Yarbrough, MT	13.73

### 400 Meter/440 Yard Intermediate Hurdles

1967y	Don Jones, MT	54.30
1970y	David Wyatt, MT	52.50
1972y	Myles Maillie, MT	52.00
1977	Russell Holloway, MT	50.00
1978	Russell Holloway, MT	51.00
1980	Ed Thomas, MT	51.54

# Outdoor Records - Men

1981	Pete Williams, MT	52.70
1982	Herb Newton, MT	52.09
1983	Kenny Nesbitt, MT	51.95
1984	Kenny Nesbitt, MT	51.52
1985	Kenny Nesbitt, MT	51.92
1986	Deric Haynes, MT	53.40
1992	Tom Hampton, MT	51.70
1993	Tom Hampton, MT	51.85
1994	Tom Hampton, MT	51.55
1998	Mario Paul, MT	52.02
2000	DJ Spann, MT	51.55
2001	DJ Spann, MT	50.75
2003	Victor Okorie, MT	50.53
2004	Victor Okorie, MT	51.87

## 400 Meter/440 Yard Relay

1973y	Middle Tennessee	41.00
1980	Middle Tennessee	40.12
1981	Middle Tennessee	40.01
1982	Middle Tennessee	40.03
1983	Middle Tennessee	40.26
1984	Middle Tennessee	40.65
1985	Middle Tennessee	40.66
1986	Middle Tennessee	40.60
1992	Middle Tennessee	40.68
1993	Middle Tennessee	40.12
1995	Middle Tennessee	40.22
1997	Middle Tennessee	40.65
1999	Middle Tennessee	40.71
2000	Middle Tennessee (SBC)	40.00
2001	Middle Tennessee	39.59
2002	Middle Tennessee	39.76
2003	Middle Tennessee	40.19
2004	Middle Tennessee	40.15

## 1600 Meter/Mile Relay

1969y	Middle Tennessee	3:10.50
1973y	Middle Tennessee	3:12.70
1977y	Middle Tennessee	3:10.50
1978y	Middle Tennessee	3:14.20
1979y	Middle Tennessee	3:15.68
1981y	Middle Tennessee	3:11.64
1983y	Middle Tennessee	3:12.06
1984y	Middle Tennessee	3:12.68
1985	Middle Tennessee	3:14.19
1993	Middle Tennessee	3:09.38
1994	Middle Tennessee	3:09.13
1999	Middle Tennessee	3:12.69
2002	Middle Tennessee	3:09.47
2003	Middle Tennessee	3:09.03

## High Jump

1957	Jerry Hurst, MT	6-0
1960	Troy Haydon, MT	6-3
	Frank Halliburton, MT	
1978	Rosco Kidd, MT	6-11
1985	Skipper Willbanks, MT	6-10
1996	Marlin Cobwell, MT	6-8

1997	Torrence Riley, MT	6-9.75
1998	Torrence Riley, MT	6-10
2002	Chris Koger, MT	6-9.75
2005	Alex Pruitt, MT	6-10.75

## Long Jump

1959	Ray Purvis, MT	22-11.5
1960	Ray Purvis, MT	22-9.5
1973	Tommy Haynes, MT	23-7
1974	Tommy Haynes, MT	26-8.5
1977	Sheikh Faye, MT	25-6.25
1978	Sheikh Faye, MT	25-25
1979	Greg Artis, MT	25-8.5
1980	Andre Kirnes, MT	24-7.5
1981	Greg Artis, MT	26-2.5
1982	Andre Kirnes, MT	25-6.75
1983	Orestes Meeks, MT	25-7.25
1984	Dwight Johnson, MT	25-5
1985	Malcomb Branham, MT	25-1.25
1986	Malcolm Branham, MT	26-0.5
1991	Roland McGhee, MT	25-8.75
1992	Roland McGhee, MT	25-4.75
1993	Roland McGhee, MT	25-7
1994	Roland McGhee, MT	26-2.25
1995	Micah Otis, MT	24-11.5
1997	Jaz Salahuddin, MT	24-1.75
1998	Jaz Salahuddin, MT	24-6.5
1999	Rob Jordan, MT	25-9.75
2000	Rob Jordan, MT	25-5.5
2003	Rob Jordan, MT	25-2.5

## Triple Jump

1971	Barry McClure, MT	50-9.75
1973	Barry McClure, MT	52-6
1974	Tommy Haynes, MT	52-3.5
1976	Jim Washington, MT	52-11.75
1977	John DoDoo, MT	52-2.5
1978	John DoDoo, MT	51-11.25
1979	John DoDoo, MT	54-0.5
1980	Greg Artis, MT	50-11.75
1981	Greg Artis, MT	52-11.25
1982	Eddie Loyd, MT	51-8
1983	Eddie Loyd, MT	52-2
1984	Linwood Harris, MT	50-11.75
1986	Williams Beasley, MT	50-11.75
1991	Roland McGhee, MT	46-11
1993	Roland McGhee, MT	51-3.5
1994	Roland McGhee, MT	51-4.75
1997	Jaz Salahuddin, MT	49-11.25
1998	Jaz Salahuddin, MT	49-6.25
1999	Rob Jordan, MT	51-10
2000	Rob Jordan, MT	51-8.5

## Pole Vault

1980	David Cleveland, MT	15-0
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## Discus

1968	John Edwards, MT	154-11
1974	Harrison Salami, MT	155-3
1976	Harrison Salami, MT	167-2
1977	Harrison Salami, MT	168-3
1986	Steve McQuiston, MT	153-1

## Javelin

1983	Jeff Sims, MT	208-1
1984	Jeff Sims, MT	220-11
1985	Jeff Sims, MT	205-11
2005	Lindsay Sims, MT	200-8

## Shot Put

1964	Brian Oldfield, MT	53-4
1965	Brian Oldfield, MT	52-3.75
1966	Brian Oldfield, MT	54-5.75
1983	Jim Fitch, MT	49-8.75
1984	Steve McQuiston, MT	52-6.5
1985	Steve McQuiston, MT	53-8
1986	Steve McQuiston, MT	54-2.5
1993	Melvin Stevenson, MT	46-3.25

## RETIRED EVENTS

### 220 Yard Low Hurdles

1957	Ed Carson, MT	25.20
1961	Ray Cooper, MT	25.40

### 3000 Meters/Two Mile Run

1956y	Milner Carden, MT	10:23.00
1962y	Porter Maxwell, MT	10:15.5

## Broad Jump

1960	Ray Purvis, MT	22-11 5/8"
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## SBC Track Performers of the Week

Godfrey Herring	April 18, 2000
Mardy Scales	March 18, 2001
Godfrey Herring	March 26, 2001
4x100m Relay	April 8, 2001
Mardy Scales	April 22, 2001
4x100m Relay	April 29, 2001
DJ Spann	March 26, 2002
Godfrey Herring	April 16, 2002
Sean Waller	April 9, 2003
Mardy Scales	April 23, 2003
4x400 Relay	April 30, 2003
4x400 Relay	March 23, 2004
Mardy Scales	April 13, 2004
Mardy Scales	April 20, 2004
Linnie Yarbrough	March 29, 2005
Linnie Yarbrough	April 26, 2005

## SBC Field Performers of the Week

Chris Koger	March 18, 2001
Chris Koger	March 19, 2002

# Conference Championships

## INDOOR RESULTS

Year	Winner - Women	Winner - Men	Site	MT Women	MT Men
1976	---	W. Kentucky, 68	Murfreesboro	---	3rd, 39
1977	---	Morehead St., 60 1/3	Morehead, Ky.	---	5th, 29
1978	---	Austin Peay, 94	Johnson City, Tenn.	---	4th, 82.5
1979	---	MT, 127.5	Murfreesboro	---	1st, 127.5
1980	---	Murray State	Murfreesboro	---	3rd, 104
1981	---	MT, 145.5	Morehead	---	1st, 145.5
1982	---	MT, 162.5	Murfreesboro	---	1st, 162.5
1983	---	MT, 151	Murfreesboro	---	1st, 151
1984	---	E. Kentucky, 181.5	Murfreesboro	---	2nd, 178.5
1985	E. Kentucky, 111	MT, 93	Murfreesboro	4th, 19	1st, 93
1986	E. Kentucky, 137	MT, 84	Murfreesboro	3rd, 38	1st, 84
1987	---	Championships Not Held	---	---	---
1988	MT, 130	---	Murfreesboro	1st, 130	---
1989	Murray State, 81	---	Murfreesboro	3rd, 44	---
1990	Murray State, 75.5	---	Murfreesboro	2nd, 63	---
1991	MT, 81	MT, 68	Murfreesboro	1st, 81	1st, 68
1992	Murray State, 61	Murray State, 98.5	Murfreesboro	2nd, 57	2nd, 73.5
1993	E. Kentucky, 133	MT, 152	Murfreesboro	3rd, 84.5	1st, 152
1994	MT, 112	E. Kentucky, 136	Murfreesboro	1st, 112	2nd, 136
1995	MT, 140	E. Kentucky, 153	Murfreesboro	1st, 140	3rd, 114.5
1996	MT, 146	SE Missouri, 162	Murfreesboro	1st, 146	2nd, 155
1997	SE Missouri, 134	E. Illinois, 174	Charleston, Ill.	3rd, 111	2nd, 104
1998	SE Missouri, 126.5	E. Illinois, 166	Murfreesboro	3rd, 95	2nd, 122.5
1999	E. Kentucky, 109.5	E. Illinois, 176	Charleston, Ill.	5th, 63	2nd, 122
2000	SE Missouri, 103	MT, 146	Murfreesboro	3rd, 86	1st, 146
2001	MT, 102.5	MT, 104	Jonesboro, Ark.	1st, 102.5	1st, 104
2002	MT, 138	MT, 126	Murfreesboro	1st, 138	1st, 126
2003	MT, 108	MT, 157	Jonesboro, Ark.	1st, 108	1st, 157
2004	MT, 124	MT, 124	Murfreesboro, Tenn.	1st, 124	1st, 124
2005	South Alabama, 138	North Texas, 111	Jonesboro, Ark.	3rd, 96	3rd, 76.5

## OUTDOOR RESULTS

Year	Winner - Women	Winner - Men	Site	MT Women	MT Men
1955	---	Morehead St., 64.5	Bowling Green, Ky.	---	6th, 5.5
1956	---	Morehead St., 61	Bowling Green, Ky.	---	6th, 14
1957	---	E. Kentucky, 38.5	Murfreesboro	---	5th, 31.5
1958	---	Murray State, 48.3	Cookeville, Tenn.	---	4th, 33.3
1959	---	Murray State, 68	Murray, Ky.	---	5th, 24
1960	---	Murray State, 66 3/7	Murfreesboro	---	2nd, 48 6/7
1961	---	Murray State, 75	Cookeville, Tenn.	---	2nd, 55
1962	---	Murray State, 101.3	Richmond, Ky.	---	4th, 33.3
1963	---	Murray State, 102	Murray, Ky.	---	4th, 26

Year	Winner - Women	Winner - Men	Site	MT Women	MT Men
1964	---	W. Kentucky, 91	Murfreesboro	---	5th, 24
1965	---	W. Kentucky, 77.5	Morehead, Ky.	---	6th, 17.5
1966	---	W. Kentucky, 82	Richmond, Ky.	---	4th, 34
1967	---	W. Kentucky, 89	Ft. Campbell, Ky.	---	5th, 30
1968	---	W. Kentucky, 96	Johnson City, Tenn.	---	5th, 22
1969	---	W. Kentucky, 102	Bowling Green, Ky.	---	4th, 27
1970	---	W. Kentucky, 71.5	Murfreesboro	---	3rd, 52
1971	---	W. Kentucky, 88	Cookeville, Tenn.	---	5th, 34
1972	---	W. Kentucky, 85.5	Johnson City, Tenn.	---	4th, 39
1973	---	W. Kentucky, 90	Morehead, Ky.	---	2nd, 58
1974	---	W. Kentucky, 166	Murray, Ky.	---	2nd, 107
1975	---	W. Kentucky, 171	Richmond, Ky.	---	4th, 42
1976	---	Austin Peay, 119	Clarksville, Tenn.	---	2nd, 87
1977	---	MT, 113	Bowling Green, Ky.	---	1st, 113
1978	---	MT, 119	Murfreesboro	---	1st, 119
1979	E. Kentucky, 216	W. Kentucky, 166	Cookeville, Tenn.	6th, 14	2nd, 105.5
1980	E. Kentucky, 188	MT, 155	Morehead, Ky.	5th, 18	1st, 155
1981	Murray State, 179	MT, 162	Murray, Ky.	4th, 107	1st, 162
1982	Murray State, 100	MT, 153	Richmond, Ky.	4th, 28	1st, 153
1983	E. Kentucky, 177	MT, 203	Murfreesboro	4th, 18	1st, 203
1984	E. Kentucky, 184	MT, 233.5	Murray, Ky.	5th, 12	1st, 233.5
1985	E. Kentucky, 140	MT, 120	Akron, Ohio	4th, 14	1st, 120
1986	E. Kentucky, 152	MT, 84	Clarksville, Tenn.	4th, 40.3	1st, 84
1987	---	Championships Not Held	---	---	---
1988	E. Kentucky, 199.5	---	Richmond, Ky.	3rd, 102	---
1989	Murray State, 125	---	Murray, Ky.	3rd, 56	---
1990	E. Kentucky, 64.5	---	Richmond, Ky.	3rd, 34	---
1991	MT/Murray State, 88	Murray State, 164	Murray, Ky.	1st, 88	2nd, 45
1992	EKU, Murray St., 74	Murray State, 108	Richmond, Ky.	3rd, 64	2nd, 59
1993	E. Kentucky, 178	MT, 165	Cape Girardeau, Mo.	3rd, 110	1st, 165
1994	MT, 133	MT, 159	Murray, Ky.	1st, 133	1st, 159
1995	SE Missouri, 193.5	SE Missouri, 178	Cape Girardeau, Mo.	2nd, 149.5	3rd, 128
1996	MT, 180	SE Missouri, 190.5	Cookeville, Tenn.	1st, 180	2nd, 169
1997	SE Missouri, 201	E. Illinois, 203	Charleston, Ill.	3rd, 89	2nd, 147
1998	SE Missouri, 157	E. Illinois, 205	Clarksville, Tenn.	5th, 66.5	2nd, 114
1999	E. Kentucky, 142	E. Illinois, 206	Richmond, Ky.	5th, 70	2nd, 144
2000	SE Missouri, 136	E. Illinois, 222	Murfreesboro	2nd, 111	2nd, 153.5
2000	MT, 103	North Texas, 122	Miami, Fla.	1st, 103	3rd, 112
2001	Arkansas St., 124	MT, 154	New Orleans, La.	3rd, 99	1st, 154
2002	N. Mexico St., 138	North Texas, 148.25	New Orleans, La.	2nd, 119	4th, 116.5
2003	W. Kentucky, 171	North Texas, 179.67	Denton, Texas	5th, 95	2nd, 163
2004	N. Mexico St., 175	W. Kentucky, 147	Denton, Texas	3rd, 114	3rd, 123
2005	MT, 153.5	Arkansas St., 146.5	New Orleans, La.	1st, 153.5	5th, 96



*Middle Tennessee's women claimed the 2005 Sun Belt Conference Outdoor Track & Field Championships at Tad Gormley Stadium in New Orleans, La. It was the women's second SBC Outdoor title and first since 2000.*



**University**

# The University



Founded on September 11, 1911, Middle Tennessee State University is the oldest, largest, and fastest-growing public university in central Tennessee. For the past eight years, MTSU has been the number-one college choice of midstate high school valedictorians and salutatorians in an independent survey.

The University has a long history of and commitment to educating middle Tennesseans. With a current enrollment of over 22,000 students, MTSU educates more people in this region than any other school. More than 90 percent of students are Tennessee residents, and the majority remain in middle Tennessee after graduation. Of almost 70,000 alumni, approximately 77 percent live in Tennessee.

Since its establishment, the University has changed considerably, growing from a 100-acre campus with 125 students and 19 faculty members to a 500-acre campus with more than 850 faculty members.

A comprehensive university, MTSU offers more than 140 undergraduate programs in its five colleges—Basic and Applied Sciences, Business, Education and Behavioral Science, Liberal Arts, and Mass Communication—and some 65 graduate programs, including doctoral degrees.

Middle Tennessee State University has revised its comprehensive, institution-wide Academic Master Plan to achieve three primary objectives: attainment of notable academic quality, development of a student-centered learning environment, and establishment of partnerships with institutions and businesses.

Over \$200 million in construction projects have been completed on campus during the past ten years. The newest endeavor, the Paul W. Martin Sr. Honors Building, opened in January, 2004.

A teachers college in its earliest days, MTSU still educates more teachers than any other school in Tennessee. The University also

has one of the largest recording industry programs in the nation; strong programs in business, aerospace, and agriscience; and a nationally recognized graduate program in public history. Among MTSU's graduates are a Nobel Laureate; a National Teacher of the Year; a U.S. Senator; U.S. Congress members; state legislators; scientists; artists; engineers; and Grammy, Emmy, and Peabody award winners. A May 2000 music graduate, Alysa Cannon, holds the distinction of being the first MTSU student to participate in the Fulbright Scholar Program; she completed a year of research and study in Spain. Biology major Eric Freundt recently became the first MTSU graduate to be admitted to the graduate program at the University of Oxford in Great Britain.

Academic programs are enriched through the establishment of chairs dedicated to the support of particular disciplines. Funded by gifts to the University Foundation, the Martin Chair of Insurance and the Weatherford Chair of Finance are administered through the Economics and Finance Department. MTSU houses nine Chairs of Excellence, established with a combination of private, University, and state funds. They are the Jennings A. Jones Chair in Free Enterprise, the Jennings and Rebecca Jones Chair in Urban and Regional Planning, the John Seigenthaler Chair in First Amendment Studies, the Dr. Carl Adams Chair in Health Care Services, the National HealthCare Chair in Nursing, the Robert E. and Georgianna West Russell Chair in Manufacturing Excellence, the Katherine Davis Murfree Chair in Dyslexic Studies, the John C. Miller Chair in Equine Reproductive Physiology, and the Mary E. Miller Chair in Equine Health.

MTSU is also the site of two Centers of Excellence established by the Tennessee General Assembly—the Center for Historic Preservation and the Center for Popular Music. Another boon to scholars is the Albert Gore Sr. Research Center, a repository of manuscripts and other materials.



# The University

## University's Top Ten List

1. MTSU has been the number-one choice of midstate valedictorians and salutatorians for eight straight years.
2. The McLean School of Music is the first and only institution in Tennessee to be designated an "All-Steinway School."
3. Graduates excel at the highest levels and include Nobel Prize-winner James McGill Buchanan ('40) and the late U.S. Senator Albert Gore Sr.
4. Blue Raiders compete in Division I-A in the Sun Belt Conference for all sports, and numerous MTSU athletes have competed professionally and at the Olympics.
5. MTSU's regional economic impact exceeds \$250 million. Students add an estimated \$60 million to the local economy, and a quarter-million visitors generate an additional \$12 million yearly.
6. The new state-of-the-art Paul W. Martin Sr. Honors Building houses the state's first Honors College and provides talented students with the atmosphere of a small, select college within the confines of a major university.
7. Nationally recognized programs in Aerospace, Recording Industry, and Concrete Industry Management attract students from all over the world.
8. The Jennings A. Jones College of Business is one of largest in nation with 3,000 majors and approximately 400 students in the M.B.A. program.
9. The College of Education and Behavioral Science educates more teachers than any other university in Tennessee, graduating over 500 new teachers annually.
10. MTSU offers a safe, friendly environment and a diverse student body (54 percent female, 12 percent minority, and students from 70 countries).

## Famous Alums

- Andy Adams ('68, '71)  
Founder of National HealthCare Corp.
- John Bragg ('40)  
Former State Representative
- James M. Buchanan, Ph.D. ('41)  
1986 Nobel Laureate in Economic Sciences
- George S. Clinton ('69)  
Composer and musician
- Bart Dodson ('88)  
8 Gold Medals in 1992 Paralympics
- Pete Fisher ('87)  
Manages the Grand Ole Opry
- Rep. Bart Gordon ('71)  
U.S. Congressman
- Albert Gore, Sr. ('32)  
Former U.S. Senator
- John W. Hendrix ('77)  
Four Star General, U.S. Army
- Kelly Holcomb ('94)  
NFL Quarterback
- Brian Oldfield ('71)  
Track and Field Olympian
- Billy Pittard ('78)  
Designs film and TV credits; Emmy winner
- George R. Stotser ('77)  
Three Star General, U.S. Army
- Randy Wachtler ('82)  
Owner of 615 Music Prod.; Emmy winner
- Terry Weeks ('72, '74)  
1988 National Teacher of the Year
- Andy Womack ('70)  
Former State Senator
- Karla Winfrey ('82)  
TV Journalist
- Pam Wright ('73)  
President and CEO of Wright Travel



## Did You Know ...

- Middle Tennessee was the second school in the nation to participate in "Up Til Dawn," a fundraiser for St. Jude Children's Hospital.
- Of students receiving bachelor's degrees, 58% are female, 42% are male. Master's, 65% female, 35% male. Doctoral, 33% female, 67% male.
- 1,300 members make up 27 fraternities and sororities on campus who contribute more than 20,000 hours of community service each year.
- Middle Tennessee has over 70,000 alums and nearly 25,000 live in Davidson (11,614) and Rutherford Co. (13,139) combined.
- MTSU offers 54 majors at the graduate level, 5 doctoral tracks (including Ph.D.), and 37 graduate-level minors.
- The aerospace program accepted a gift from Federal Express in the form of a 727-100 jet plane. The plane will be used as a teaching tool and will not be flown again. The program added 25 new planes in 2003 at a cost of over \$4.8 million.
- There are over 200 registered student organizations.

# University President



Dr. Sidney A. McPhee is the tenth president of Middle Tennessee State University. Prior to his appointment at MTSU in 2001, he was executive vice chancellor at the Tennessee Board of Regents (TBR) in Nashville. In addition, he served as chief academic officer and interim chancellor for the Board of Regents System. Before his appointment at TBR, McPhee served in various administrative capacities at several major universities including University of Louisville and University of Memphis.

McPhee earned his B.A. degree from Prairie View A&M University; a master's degree from the University of Miami, Coral Gables, Fla.; and a doctorate in Applied Behavioral Studies in Education from Oklahoma State University. He is also a graduate of the Harvard University Management Development Program and has completed professional development programs at St. Mary's University of San Antonio, Texas, and Colorado College in Colorado Springs, Colo.

As an academician, President McPhee's scholarly publications and presentations are extensive. His publications have appeared in local, national, and international professional journals. In addition, he is the senior author of a college textbook, *Understanding the Campus Culture: An Introduction to College*, and has co-authored a chapter for a major college textbook on academic advising. McPhee's scholarly pursuits include several international visits and presentations in locations such as Beijing, China; Penang, Malaysia; Tokyo and Osaka, Japan; Seoul, Korea; Jerusalem and Tel Aviv, Israel; Antwerp, Belgium; Montreal, Canada; Oxford, England; and Nassau, Bahamas.

McPhee currently serves on the NCAA Division I Board of Directors and the NCAA Executive Committee. In May 2005, he was appointed to the NCAA Presidential Commission

on the Future of Intercollegiate Athletics. In 2002, President George W. Bush appointed him to serve on the National Council for the Humanities, and the U.S. Senate confirmed him. McPhee is a member of the Rutherford

County Chamber of Commerce and chairs its Membership Council. He is a member of the SunTrust Bank Board of Directors (Nashville), SunTrust Regional Bank Board of Directors (Murfreesboro), Adventure Science Center Board, Middle Tennessee Medical Center Board, Murfreesboro Noon Rotary, and the Middle Tennessee Council Boy Scouts of America Executive Board. He is co-chair of the Tennessee Legislative Retreat Task Force on Higher Education.



Since McPhee's arrival at MTSU, the University has experienced significant growth in student enrollment and new academic degrees at the undergraduate and graduate levels. Guiding these changes is a new academic master plan focusing on three strategic areas: strengthening academic quality, forging partnerships with business and industry, and creating a student-centered environment. For the first time in the history of the University, four



Ph.D. programs were established: in Economics, English, Human Performance, and Public History. New undergraduate programs include Art History; Concrete Industry Management Production, Sales, and Service; and Sports Management. Since 2001, MTSU has seen an increase in research funds, federal funding, and in philanthropic donations.

In addition to the increase in new academic programs, the University has been successful in raising admission standards, resulting in an increase in high-quality students. For the past eight consecutive years, MTSU has been the institution of choice for midstate valedictorians and salutatorians. During the past two years, MTSU has enrolled a significant number of National Merit scholars and Achievement scholars. Great progress has been made in academic accomplishments of student athletes. The graduation rate for athletes exceeds that of the general student population and several conference championships have been won in a variety of sports.

McPhee's tenure has seen major improvements in campus facilities.

A ten-year, \$70 million housing renovation project is in its second year and includes the refurbishing of all residential facilities. Over \$9 million was spent to renovate Todd Hall, which now houses the Art Department and has state-of-the-art equipment for its students and faculty. New facilities completed include "Tennessee" Miller Coliseum, the Paul W. Martin Sr. Honors Building, the Kennon Sports Hall of Fame, and the Wood-Stegall Building, housing the Office of Development. Presently, the University is involved in proposed or active capital projects totaling nearly \$300 million.

Additionally, McPhee and Director of Athletics Chris Massaro worked extensively with the City of Murfreesboro to secure a \$5.5 million gift in late August to improve the soccer and track complex, as well as a major upgrade to the Reese Smith baseball facility.

President McPhee is married to Elizabeth McPhee and they have two children, Seneca and Sidney-Anthony.

# Director of Athletics



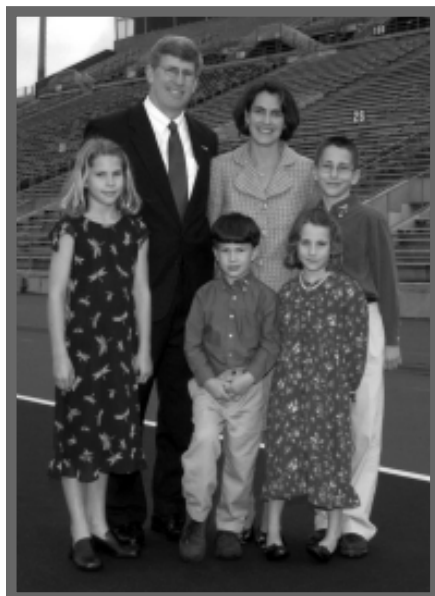
Chris Massaro, who spent 20 years at the University of South Carolina, was named the sixth director of athletics in school history on April 8, 2005. In a short time, Massaro has made a huge impact

by hiring a new head football coach, announcing the school's first-ever capital campaign for athletics, and initiating a series of major renovations to existing athletic facilities.

On December 12, 2005, Massaro made his highest profile hire when he selected Rick Stockstill to take over the football program. Stockstill became just the second head coach in the I-A era at Middle Tennessee.

There was little time for Massaro to take a break from the rigors of the previous hectic months because in February 2006 – still less than a year from his hiring date – the ambitious administrator unveiled the first capital campaign for Blue Raider athletics. This vigorous campaign will lead to a multi-million dollar renovation to Reese Smith Field, which is home to the Blue Raider baseball team, and will provide the opportunity for economic impact and national exposure as it allows Middle Tennessee the possibility of hosting national tournaments.

This would not be the first time Massaro had been involved in a project that would lead to Middle Tennessee entering into a lucrative agreement that would benefit the Blue Raider athletics department. Massaro and President



**The Massaro Family (L to R): Lainey, Chris, Ben, Cindy, Rachel and Hank.**

Sidney McPhee worked extensively with the City of Murfreesboro to secure a \$5.5 million gift to improve the soccer and track complex, and assist with the renovation to the baseball stadium.

Hitting the ground running has pretty much been the trademark of Massaro's first year at Middle Tennessee.

Two days following his hiring, Massaro was pressed into action working on finding a replacement to lead the nationally recognized women's basketball program. Massaro made his first hire when he brought on board legendary high school coach Rick Insell to take over the women's basketball program.

If the business of hiring coaches, fundraising, and running the day-to-day operation of the athletic department wasn't enough to keep him busy, Massaro also has made a significant upgrade in the Blue Raider football schedule. During the summer of 2005, Massaro announced a home game that would make Virginia the first team from the highly-regarded ACC to visit Floyd Stadium. On his 100th day on the job, Massaro made one of his biggest announcements: a five-year contract with the University of Memphis to play football. The series will get underway in 2007. Part of this contract includes Memphis playing in Floyd Stadium, becoming the first in-state Division I-A football team to play the Blue Raiders in Murfreesboro.

The summer months were anything but a vacation for Massaro who remained busy making hires and working to generate additional exposure for the athletic program.

Massaro quickly made his second hire in early June when he brought on board a new women's tennis coach in Alison Ojeda and developed a new radio deal to bring Blue Raider football and men's basketball back to local station WGNS 1450. Massaro also worked out an agreement with television station WB 58 in Nashville to become the "Home of the Blue Raiders." WB 58 carries a weekly magazine show and the Rick Stockstill and Kermit Davis coaches' shows while cross-promoting Blue Raider athletics across three stations (WB 58, Fox 17, and UPN 30).



As senior associate athletic director at South Carolina, Massaro provided significant leadership to the department. He became a senior staff member in 1994.

At South Carolina, Massaro oversaw the men's basketball program and all aspects of the department's ticket operations and group sales; helped coordinate the department's marketing efforts; and was involved in all aspects surrounding the planning, building, marketing, and opening of the \$60 million 18,000-seat Carolina Center. Massaro also was responsible for football scheduling and negotiating game contracts.

The Glenwood Springs, Colo., native joined the Gamecock staff under the Ohio University sport administration program in 1985. Massaro worked in virtually every area of the Gamecock Athletic Department and was part of its tremendous growth and rise to national prominence. During his time at USC, Massaro helped usher the Gamecocks into the Southeastern Conference and learned under legendary athletic director Dr. Mike McGee.

Massaro earned his bachelor's degree in business administration from the University of Northern Colorado in 1983 and his master's degree in sport administration from Ohio University in 1986. At UNC, Massaro was a five-year football team member.

A 1994 graduate of the Sports Management Institute, Massaro has had experience in developing SMI's class programming on different occasions while also serving on the Executive Committee. The SMI is a cooperative educational effort between the Schools of Business and the Athletic Departments from Notre Dame, Texas, Michigan, Southern California, North Carolina, and South Carolina.

Massaro and his wife, Cindy, have four children: Hank, Lainey, Rachel, and Ben.

# Academic Center



Director  
Jeanne Massaquoi



Asst. Director  
Wynnfired Counts



Asst. Director  
Debbie Carroll



Asst. Director  
Lewis Gray



The Student-Athlete Enhancement Center at Middle Tennessee houses the academic support system and the Blue Raider Athlete Skills for Success (B.R.A.S.S.) Life Skills Program for all 17 Division I-A sports. The center is housed at Johnny "Red" Floyd Football Stadium on Raider Drive.

The facility opened its doors on January 4, 1999, to the delight of student-athletes, coaches, and administrators.

Blue Raider student-athletes can take advantage of the library-like atmosphere as they report for their required study hall hours under the watchful eyes of the director, Jeanne Massaquoi, assistant director and coordinator of B.R.A.S.S., Wynnfired Counts, and newly hired

**Middle Tennessee had 114 student-athletes on the Sun Belt Conference Commissioner's List and Honor Roll in 2004-05, including seven men's and nine women's track team members.**

## B.R.A.S.S. Program

The B.R.A.S.S. program is another vehicle that encourages student-athletes to become involved in service activities. The MT athletic department, through the B.R.A.S.S. program, became the state's first to take an active role in the Special Olympics. This relationship is strengthened every year, as the student-athletes begin to look as forward to working with the Special Olympians as much as the Olympians look forward to interacting with college athletes.

assistants Debbie Carroll and Lewis Gray. The center consists of administrative offices, fully equipped individual and group tutoring rooms, a computer center, and spacious study carrels equipped with task lighting. Services provided by the center include help with registration and

preregistration, help with study skills, and updates on NCAA legislation.

The center uses an innovative time-clock system

activated by the student's ID card for daily and weekly reports. Tutors in various subjects are scheduled in the tutoring rooms throughout all hours of operation, and all tutoring takes place at the center.

The mission of the center is to help student-athletes take skills learned on the field and turn them into positive preparation for life after college. The center is also committed to meeting the changing needs of student-athletes. It continues to promote partnerships between the University, the NCAA, and the Murfreesboro community to help achieve its goals.

In addition to providing the academic support needed to be successful in the classroom, the center is committed to meeting the needs of student-athletes in life skills development through the very popular B.R.A.S.S. Program.

As B.R.A.S.S. coordinator, Wynnfired

Counts is dedicated to helping prepare student-athletes for life after college. Blue Raiders volunteer, when possible, to help teachers and students at elementary and middle schools throughout Rutherford County during the academic year.

In the spring of each year, Special Olympics at MT uses Blue Raider student-athletes to run each event. Career night and substance and alcohol abuse seminars are yearly, well-attended events. Social events such as the Spring Student-Athlete Ball are eagerly anticipated as the only time during the year when all student-athletes can be together.

The Student-Athlete Enhancement Center is just one way that Middle Tennessee is helping to prepare student-athletes for life after college.

**On May 27, 2005, Middle Tennessee inducted 26 student-athletes into the Chi Alpha Sigma National College Athlete Honor Society. Chi Alpha Sigma is a nonprofit organization established to recognize college students who earn varsity letters in at least one sport while maintaining a 3.4 or higher cumulative grade-point-average throughout their junior and senior years. The goal of the organization is to recognize academic achievement by intercollegiate athletes.**

# Sports Medicine



*Joe-Joe Petrone*  
Head Athletic Trainer



*Drew Shea*  
Asst. Athletic Trainer



*Alison Ness*  
Asst. Athletic Trainer

Health care is one of the most important aspects of a student-athlete's life, and no university is more committed to keeping athletes healthy than Middle Tennessee. The Sports Medicine facility underwent a \$1 million renovation in 2001, giving MT student-athletes one of the finest athletic training facilities in the nation.

"This state-of-the-art facility makes it easy to get our student-athletes back out on the field or the court," said head athletic trainer Joe-Joe Petrone. "Along with the excellent facility and equipment at our disposal, we also have outstanding people here in Sports Medicine taking care of our student-athletes. We're all committed to helping players stay as healthy as possible during their stay at Middle Tennessee."

According to Petrone, the Sports Medicine staff has set liberal hours to make sure each student-athlete has his or her needs met. The Sports Medicine facility opens at 6 a.m. each



morning and doesn't close until all student-athletes have been treated.

With the 2001 renovation, the Sports Medicine area tripled in size and vastly improved health care for each Blue Raider and Lady Raider program. The Sports Medicine facility contains a complete injury rehabilitation center, new rehab equipment, two full-sized whirlpools, a dressing area for athletes, and a private office for the team physicians.

There is no waiting in the Sports Medicine facility since there are nine taping stations, eight state-of-the-art modalities, and a brand-new rehabilitation area. All of the equipment in the facility is top of the line. Athletes can use a full-stride treadmill, stairmaster and exercise bike during

their rehabilitation. One of the most recent additions to the equipment in the Sports Medicine facility is a Cybex muscle performance-testing machine, which allows the staff to accurately monitor the progress of a student-athlete's rehabilitation.

The latest piece of equipment that aids the Sports Medicine staff is a new state-of-the-art computer system that tracks injuries, rehab protocols, medications, and surgeries. The new computer system allows each athletic trainer to keep student-athlete rehabilitation programs moving forward at as rapid a pace as possible.

The facility also contains a fully stocked physicians examination room for the resolution of any minor issues that a student-athlete may encounter without having to take more time-consuming measures.

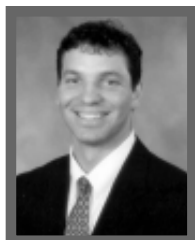
Petrone and his assistants each have an office in the Sports Medicine facility, and there is workspace for the nine graduate assistants. Each office is self-contained, allowing for private consultations with injured student-athletes.



# Sun Belt Conference



Commissioner  
Wright Waters



Associate Commissioner  
Shane Bellanger



Associate Commissioner  
Helen Grant



Associate Commissioner  
Jim Carabin



Assistant Commissioner  
Chris Jackson



Director of Media  
Relations  
Rob Broussard

The Sun Belt Conference is celebrating its 30th anniversary this year.

And what a 30 years it has been.

From its beginnings as one of the top basketball leagues in the country to its current status as one of the few leagues offering competition at the highest level in every sponsored sport, the Sun Belt Conference continues to shine.

On the field, Sun Belt schools have developed champions including Major League Baseball All-Stars, NFL Pro Bowlers and PGA Tour winners.

However, the league continues to make its mark off the field as well.

The Sun Belt Conference strives to make sure its student-athletes are just that: STUDENT-athletes. Eleven Sun Belt Conference schools are graduating its student-athletes at a higher rate than their school's student body.

The league makes sure it competes at the highest level, while showcasing its talents to the country and the world.

Currently, the Sun Belt Conference spon-

sors 19 sports - nine for men and 10 for women. The men's sports include baseball, basketball, cross country, football, golf, tennis, indoor track and field, outdoor track and field and swimming and diving.

The women's sports include basketball, cross country, golf, soccer, softball, swimming and diving, tennis, indoor and outdoor track and field, and volleyball.

On the playing field, the Sun Belt is one of only 11 leagues in the nation that plays all of its sports at the Division I-A collegiate level. And the conference is making sure the world can see them.

This past year, the league signed a contract with XOS Technologies, Inc., giving the conference and its schools the opportunity to broadcast its events on the internet. The broadcasts allow Sun Belt student-athletes to be shown not just to the country, but also to the world.

The league also has a television contract with ESPN and ESPNU, allowing the conference to receive more national and regional TV exposure than ever before. The agreement with ESPN continues the longest conference relationship for the sports television leader.

In recent years, the league has seen incredible progress in all sports - particularly football.

The Sun Belt is one of only 11 conferences to play Division I-A football. This gives each conference school the opportunity to play in the Bowl Championship Series and a chance at a national championship.

In just four seasons, the league has secured a bowl win (2002 New Orleans Bowl), had multiple teams reach the postseason (2004 - North Texas and Troy) and had Troy's Demarcus Ware chosen as the 11th overall pick in the 2005 NFL Draft by the Dallas Cowboys.

The accomplishments have not gone unnoticed, as the league continues to see attendance boosts at all of its institutions. Since Sun Belt football began in 2001, overall home attendance has jumped 57 percent.

The conference is not limited to just football success.

In the first 30 years of existence, the league has boasted national champions in both team and individual sports. Sun Belt schools have produced Olympic medallists like Earl Bell, Tom Hill and Al Joyner (Arkansas State), Hollis

Conway (Louisiana-Lafayette) and Tayna Lawrence (Florida International).

Sun Belt teams have participated in the biggest events, like the NCAA Men's and Women's Final Fours, the College World Series and the Women's College World Series.

Off the field, the Sun Belt continues to make even greater strides. More and more student-athletes are graduating. For the fifth straight season, the league has had an Academic All-American in men's basketball. In 2004, the Sun Belt also produced its first ever football and volleyball Academic All-Americans.

The conference continues to honor its best student-athletes by awarding postgraduate scholarships and conference medallions, as well as recognition on the Commissioner's List and Academic Honor Roll for all student-athletes achieving a grade point average of 3.0 or higher.

The Sun Belt also awards a Male and Female Student-Athlete of the Year honor, as well as numerous sporting behavior awards.

The league is led by Commissioner Wright Waters, who is in his seventh full year as commissioner. He is the fourth Sun Belt commissioner, following Vic Bubas (1976-90), Jim Lessig (1990-91) and Craig Thompson (1991-98). The Sun Belt all-sports award, the Vic Bubas Cup, is named after the first commissioner of the league.

The Sun Belt is headquartered in downtown New Orleans and has been in the New Orleans area since 1991. Before settling in its current home, the office was located in suburban Metairie. Prior to moving to the "Big Easy," the league was based in Tampa, Fla., from 1977 to 1991. The original office was located in Charlotte, N.C., during the 1976-77 academic year.



# Dining Facilities

## Eating ... Blue Raider Style



The cafeteria at Corlew allows students to sample an all-you-can-eat buffet of their favorites.

Middle Tennessee offers five different on-campus dining areas, with the most popular being the Keathley University Center (KUC) Grill and the Cyber Café.

The KUC is located in the center of campus and is a major intersection for student activities. The Grill is located on the second floor and features Pizza Hut, Starbucks, Grille Works, Salad Garden, Chick-Fil-A, and Quizno's. The KUC Grill is open from 6:30 a.m. to 6:30 p.m. Monday–Thursday and is open until 5 p.m. on Fridays.

The Cyber Café is the first of its kind in the Tennessee Board of Regents system, offering a futuristic and efficient way for students to dine. Students are able to eat and e-mail or search the Web at the same time on eight computers with access to the World Wide Web.

Gyros, Burger King, and Taco Bell serve students until 10 p.m. during the week and 7 p.m. on Fridays. Six 32-inch televisions suspended from the ceiling also catch students up on events around the world. Sofas and armchairs also make the Cyber Café a great place to relax between classes with coffee or Ben and Jerry's ice cream. A popular event for stu-



The Cyber Cafe at Woodmore allows students to check their email or watch TV while eating lunch.

dents is open mic night when live music is performed during the dinner hour. This weekly event fills the cafe to capacity. The café also features a wide array of items traditionally found in convenience stores.

Student-athletes can start the day with biscuits and gravy and an omelet from McCallie Dining in Corlew Hall. This is a favorite spot because of the fun atmosphere and all-you-can-eat dining selections. Student-athletes get a chance to relax and socialize with each other while feasting on subs, pizza, grill works, fresh-made pasta, and a salad bar. Thursday nights in McCallie are theme nights featuring, for example, tastes of the bayou on

Cajun night or a feast of egg rolls and fried rice on Far East night. No matter what is served, the fellowship among athletes and students is always enjoyable.

A great spot for lunch is the James Union Building. Students can enjoy foods at the Terrace Food Court from Subway, pizza and pasta, sweet things, Salad Garden, and Café Features.

Finally, snack favorites can be found in the Mass Communication and Business and Aerospace buildings.



# Strength & Conditioning

One of the biggest changes in college athletics over the past few years has been the attitude toward strength and conditioning. Performing in the weight room has become just as important as on-the-field competition, and Middle Tennessee has one of the very best staffs in the nation and is committed to making student-athletes the best they can be.

It all happens in the Blue Raiders' 10,000-plus square foot weight room facility located adjacent to the north end zone of Floyd Stadium and designed for use by all Middle Tennessee student-athletes. It is a strength training area that rivals any in the country. The weight room has been described by many people as better than any in the immediate area, including those at SEC and Conference USA schools.

The facility, which opened in January of 1999, greets student-athletes with over 20,000 pounds of plates and dumbbells, but the sheer volume of weights is not the most impressive aspect of the room. It is equipped with nine full power racks, nine elevated platforms, and nine half-racks. Hammer strength equipment rounds out the room with five ground-base jammers, a dead lift, a leg press, a leg curl, and a leg extension. Other Hammer strength equipment in the facility includes a bench press, a military press, a rowing machine, neck machine, pull-up, and pull-over.

An impressive array of dumbbells is also provided for the student-athletes' use. Two sets each of dumbbells ranging from five to 150 pounds are kept on racks around the room. Mirrors ring

the walls of the room to help student-athletes ensure that they are using proper form throughout their workouts. Cardiovascular equipment, such as treadmills and stationary bikes, is also available in the facility.

Fringe benefits may also be found in the weight room. A television with cable and a state-of-the-art sound system has been installed for the enjoyment of the student-athletes. Three offices for the strength coaches are located in the facility, along with restrooms and a small hospitality area. The weight room also provides direct access to the football stadium, gameday room, and individual meeting rooms. The gameday room is used not only by the Blue Raider football team on game days and for film breakdown, but also for press conferences, HPERS classes, and other functions. The meeting room is fully equipped with high-tech audio/visual equipment to enhance learning.

The weight room is supervised by head strength coach Matt Riley and assistants Cedric Walthaw, Jason Spray and Chris Dickson.



**The weight room contains an assortment of free weights, including a dumbbell area and workout benches.**

Tech in 1989 and 1990 before taking over the same role at Southern Miss in 1991 and 1992. The former Blue Raider oversees programs for both the men's and women's tennis programs and baseball.

Every member of the staff is highly respected and very knowledgeable in the field, which is a big reason Middle Tennessee athletes are in better shape today than in years past.



Riley, a former Middle Tennessee football player, oversees the entire operation and was responsible for the design and layout of the facility. Following his graduation from Middle Tennessee in 1988, Riley was the head strength and conditioning coach at Tennessee



# GoBlueRaiders.com

Regardless of where you are or what time of day it is, you can access up-to-date information on your favorite Blue Raider sports or athletes. GoBlueRaiders.com is a fast and accurate Internet source for official coverage of Blue Raider athletics.

GoBlueRaiders.com averages more than 7 million page views a year, with the average visitor spending in excess of six minutes on the site each day.

After two years of operation under a national sports website provider, GoBlueRaiders.com moved to a total in-house operation with a new design and format. Since 2001, the athletic media relations office has managed the site and been responsible for all content, designs, services, and updates.

Thanks to members of the media relations staff, pre-game releases, game stories, features, and up-to-date statistics, photos, and results for the 17 Blue Raider sports are posted to the site, providing the most complete source of information about Middle Tennessee athletics anywhere.

The website has become a valuable tool in promoting each and every Middle Tennessee scholarship sport. Custom sites for recent standouts such as Dewon Brazelton, Courtney Mitchell and Dwone Hicks have been integrated into the GoBlueRaiders.com website.

The site also carries monthly calendars of upcoming events, press conference audio, photo galleries of various events and games, complete bios on coaches and players, and online broadcasts of football, men's and women's basketball, and baseball games.

## WORLDWIDE LIVE!

All Middle Tennessee football basketball and baseball games can be heard live via the Internet on GoBlueRaiders.com and Yahoo! Broadcast. A LIVE link will appear on the GoBlueRaiders.com home page prior to each contest and will allow anyone, regardless of where they are in the world, to hear the radio broadcasts of Middle Tennessee events. Photo galleries and live links are also available for track and other Blue Raider sports.



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Track - January 25, 2006

### Scales, Herring, Freeman Named to Sun Belt's 30th Anniversary Team MT Media Relations

MURFREESBORO, Tenn. - Three former Middle Tennessee All-Americans were named to the Sun Belt Conference 30th Anniversary Indoor Track & Field Team, announced by the conference office this week.



Hardy Scales, Godfrey Herring and Kim Freeman were all named to the Sun Belt team after stellar careers for the Blue Raiders, including earning 12 All-America honors and one national championship.

A five-time All-American, Herring was the 2001 and 2002 Outdoor Most Outstanding Track Performer and won a total of six events during his career in the SBC Outdoor Championships.

The 2001 400-meter indoor winner at the SBC Championships, Herring is the current SBC record holder in the 400 meters indoors and outdoors, while also owning the SBC Championship record in both events. Herring was also the anchor leg of the SBC record-holding 4x100-meter relay team.



Herring earned All-America honors indoors in the 400-meters from 2000-02, and garnered All-America accolades outdoors in the 400 in 2001-02.

The Middle Tennessee track teams under coach Dean Hayes have a history of outstanding runners, many of whom stay around the program after the conclusion of their careers and pursue professional opportunities as well as educational advancement. Herring says the experiences gained from those individuals is one of the most unique things about the Blue Raider track program.

"We all like being together, all of the guys like Roland [McGhee] and Christian [Nisiah]. That's one of the reasons why I still hang around," Herring says. "Those guys and people like Andrew [Owusu] really are able to give out a lot of information from past experiences and races, but those guys also know how to work. It gives guys an example so you know how to train. They step up their work and you mimic that to have the success they had."

Freeman was a 2001 All-American indoors in the triple jump. She was the 2001 and 2002 Sun Belt Indoor Most Outstanding Field Performer, helping the Blue Raiders to a pair of team titles in the squad's first two years in the league. The Mobile, Ala., native won three events at the SBC Outdoor Championships and four events at the SBC Indoor Championships. She was also a 2001 SBC Academic Honor Roll member.



Freeman says she came to Middle Tennessee with little knowledge of the program or the school, but left with a wealth of knowledge about the sport of track and field that evolved throughout her four years as a Blue Raider.

"Coach Hayes and the other coaches and teammates really taught me how to study the sport and not just work off pure talent like I did in high school," Freeman said. "I really learned how to focus and concentrate and how to perfect a craft. I came in not knowing how to improve but left with a great knowledge of how to do that and more."

Freeman also said she had many of other opportunities at SEC schools but chose Middle Tennessee because of one factor - Dean Hayes.

"My high school coach knew of Coach Hayes but I had never heard of Middle Tennessee," she said. "I came on a visit and felt very comfortable. I turned down scholarships to Georgia and Alabama and Auburn because Coach Hayes specialized in coaching the jumps."

Freeman and her teammates helped usher in the Sun Belt era for the Blue Raiders, the start of four straight SBC Indoor titles. She feels like the squad put Middle Tennessee back on the winning track, something she is very proud of.

"I think my group really helped put Middle Tennessee back on the map and back on top. We wanted to make a name of our own and not live off the previous success in the program. We wanted to continue the winning reputation and tradition. You really take

**Track Quick Links**

- 2005-06 Schedule
- 2005-06 Women's Roster
- 2005-06 Men's Roster
- 2005-06 Indoor Performance List (PDF - Jan. 16)
- Home Meet Schedule of Events
- Middle Tennessee Open Results
- 2006 NCAA Indoor Qualifying Standards (PDF)
- Track Questionnaire
- Team History/ Archives



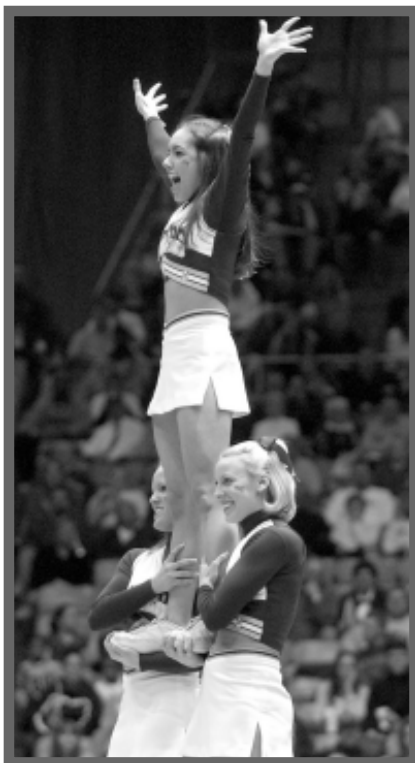
# Traditions

## LEGEND OF LIGHTNING

In Greek mythology, the winged horse possessed superior cunning and speed. The thundering horse of the gods was entrusted to carry awesome lightning bolts and could only be harnessed by a noble being with a pure heart. Character, talent, and strength were required to mount and ride the fabled winged horse.

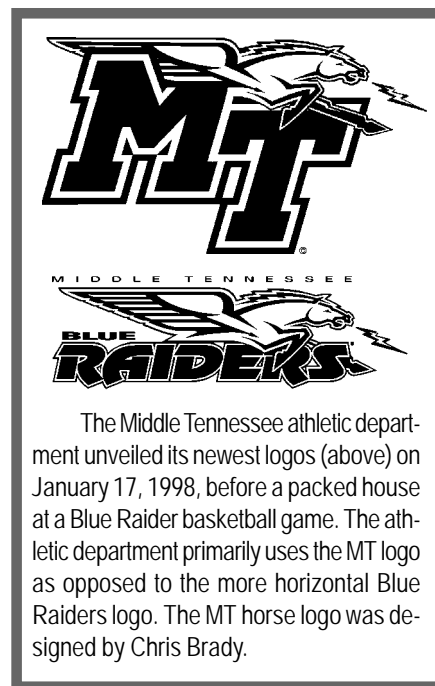
Today, this winged horse is a fitting symbol of a university that has earned its wings and excels in many academic arenas, including historic preservation, teacher training, aerospace, political science, horse science, and recording industry. But the winged horse is more than a symbol of physical accomplishment; it's also a symbol of character and the responsible wielding of power.

The challenge of all great universities and university athletic departments is to help stu-



dent-athletes build character as well as strength. This winged horse, Lightning, is a symbol to Middle Tennessee students, athletes, and alumni of the soaring school spirit they experience at sporting events.

For its nobility and character, the winged horse was immortalized in the stars. Now, with breathtaking speed and thundering, unbridled power, Lightning strikes, forevermore, fear in the hearts of Blue Raider opponents and leads Middle Tennessee to victory!



The Middle Tennessee athletic department unveiled its newest logos (above) on January 17, 1998, before a packed house at a Blue Raider basketball game. The athletic department primarily uses the MT logo as opposed to the more horizontal Blue Raiders logo. The MT horse logo was designed by Chris Brady.

Tennessee football player and later principal at White County High School in Sparta, Tenn., won the \$5 prize for his entry of "Blue Raiders." Sarver later indicated he had "borrowed" the nickname of the Colgate Red Raiders, but substituted MTSU Blue for Colgate Red. Ever since then, Middle Tennessee athletic teams have been known as the Blue Raiders.

For a time, the "unofficial" mascot for the Blue Raiders was a costumed, cartoon-like dog. A reasonable facsimile of a bluetick hound,

the affable character was dubbed "Ole Blue."

On January 17, 1998, the current mascot, "Lightning," was born. The mascot was unveiled, along with an attractive eye-catching

logo, at a basketball game in Murphy Center. The introduction of Lightning gave a new identity to the nickname Blue Raiders.

## BLUE RAIDER NICKNAME

In the early days of athletics at Middle Tennessee State University, the teams were known by several nicknames. Among these were Teachers, Normalites, and Pedagogues.

In 1934, it was decided that the school needed a specific nickname. During football season that year, the Murfreesboro *Daily News Journal* held a contest to name the team.

The late Charles Sarver, then a Middle



## Fight Song

Blue Raiders ride on to vic-t'ry  
Never failing in the fight  
Upholding honor and tradition  
Of the name's that's held most high

M-T-S-U marching onward  
This will be our battle cry  
For the one, true pride of the Blue  
M-T-S-U Raiders Ride!

## Alma Mater

We sing thy praises,  
faithful guide of youth,  
Through all the ages  
affirmed and strong in truth.  
Alma Mater, Middle Tennessee  
We proudly offer  
our hearts in loyalty.